

The Catoctin Banner

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by Deb Spalding

It is a tradition in Jean (McCleaf) Brown's family to attend the annual Rocky Ridge Big Picnic on the second Saturday in August. She has attended faithfully for 84 of her 86 years. She said, "I only missed two: when I was in Arizona with my husband for health reasons...I felt like telling our hostess that I wanted to go on a plane to go home to Rocky Ridge for the picnic. The second time was in 1998 when my husband had a heart attack."

Jean's grandparents, James and Emma Angell, of Rocky Ridge, raised Jean's mother, Bessie (Angell) McCleaf and her four brothers: Charles, Arnold, Guy, and Ralph, to attend the picnic. So, when Bessie married, it only made sense that she would expect her daughter, Jean, to attend as well. The Big Picnic is an annual social appointment that has stayed the passing of time.

Jean remembers her Great-aunt, Kate Clem, working the sandwich stand so many years ago. Jean said, "I sure do remember the fried chicken and that country ham. With corn from the field, the table was laden with fresh fruit and vegetables." She remembers running with her friend Vivian (Smith) Clipp [who was later the owner of Rosebud Salve] to her Uncle Guy and Aunt Beatrice Angell's land that bordered

A Big Picnic Tradition



Circa 1944, members of the Angell family are pictured at the Rocky Ridge Park (left to right): Back row—Great Aunt Kate Clem, Mrs. Charles Angell, Mrs. Edna Clem, Jane (Angell) Meirs, guest Margaret Gosnell, Dolores Angell, Shirley (Angell) Riffle, Mrs. Arnold Angell; Front row—Charles Angell, Albaugh, Jean (McCleaf) Brown, Bessie (Angell) McCleaf, Olivia (Angell) Bankert, Lillian Clem, Beatrice Angell.

the train tracks near the park. They enjoyed an occasional glimpse of a train tramp walking through. She and her friend would search the park grounds after the picnic in hopes of finding some coins. "We loved that," expressed Jean.

She also remembers the early days of the Big Picnic when they had contests like the Hog Calling Contest, the long-standing Baby Contest,

and even the Prettiest Farmer's Wife Contest. There was a women's hog calling category in the Hog Calling Contest. The judges would go beyond the sliding board to listen, so they couldn't see the contestants. During the Prettiest Farmer's Wife Contest, she remembers the farmers' wives walking in a circle and recalls her mother and Aunt Beatrice wanting to see who entered.

Referencing her mother's dedication, Jean said, "It was important to my mother [Bessie Angell] that she attended every year. After father passed, mom had a stroke. But, when the picnic rolled around, she wanted to go. After the it was over, she'd say, 'Well, nobody's left that I know anymore. We won't have to go next year.' When next year rolled around, she'd want to go shopping for a new dress, and you know where she was going to wear it."

Jean has lived her life in Taneytown, Maryland, where she and her late husband, Keith, raised one son, Brad. The tradition continues, as for the past two years, Brad has said, "I'll be out to take you to the picnic, Mom." Jean hopes to see you next year on the second Saturday of August, where you may still see the "cutest babies" and their families enjoying the bountiful feast at the annual annual Big Picnic.

The Big Picnic has been held annually since the 1920s. It is one of several events and hymn sings hosted by the Mt. Tabor Lutheran Church and United Church of Christ in Rocky Ridge to raise money to maintain the church, the park, and the great wooden slide. Ridgefest will be held there October 12 and 13, 2012. See more information on page 9.

The 56th Annual Thurmont & Emmitsburg Community Show



The Pet Show was another huge success this year. Look for highlights in our next issue.

Photos by Liz Hoover



Photos

The 56th Annual Thurmont & Emmitsburg Community Show was held at Catoctin High School in Thurmont on September 7-9, 2012. This annual Community Show is the largest in the State of Maryland.



Photo by Deb Spalding
Catoctin FFA members cheer and chant to raise money during the baked-goods auction.



Visit www.thecatocinbanner.com by scanning the QR tag with your mobile device.

Enjoy More Community Show Photos!

—Continued on page 15

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CHS Class of 1997 Reunion

Catoctin High School (CHS) Class of 1997 15-year reunion will be held on November 3, 2012. For details, email catocinhighclassof97@gmail.com.

Emmitsburg High School Banquet

The Emmitsburg High School (EHS) 87th Annual Alumni Banquet will be held on Saturday, October 6, 2012. All graduates of Emmitsburg High School, and all who attended the school at some time, are invited. They are asked to seek out classmates and encourage them to attend.

The event will be held at the Emmitsburg Ambulance Center, located at 17701 Creamery Road in Emmitsburg, and is being catered by Mountain Gate Restaurant. Social Hour will begin at 5:00 p.m., followed by dinner at 6:00 p.m. Cost for the dinner is \$20.00. Honored classes are 1937, 1942, 1947, 1952, 1957, 1962, and 1967. Anyone who has ANY material related to Emmitsburg High School is asked to contact Joyce Bruchey at 410-775-7921 or at jbruchey6444@gmail.com. The committee hopes to organize available memorabilia into souvenir booklets for present and future honored class. The EHS Alumni executive committee is asking for addresses of former EHS teachers to invite. Banquet information may be obtained by contacting Becky Kile at 410-775-2783 or at kilefarm@aol.com.



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Candidates Forum

by Rosemary McDermott

Something that could shake up Frederick County Government and the State of Maryland is happening on November 6, 2012. That day is Election Day. We all know that voters will be electing a President of the United States and members of Congress. However, many are unaware that a new Congressional Representative will be taking the place of Roscoe Bartlett.

While we were sleeping, the State changed us from District 6 (Roscoe Bartlett's District) into District 8. Two candidates are vying for the District 8 seat in Congress: the present Representative, Chris Van Hollen, and a new candidate, Ken Timmerman. Who are these individuals and what do they stand for? Do you know?

In addition to voting for a new Representative, we voters will also be deciding how we want our county to be run. Do we want the same type of government with five commissioners? Or, do we want a Charter Government? What exactly is a Charter Government?

And now comes in the real controversy. Last year, the State of Maryland passed two laws that have caused a great deal of concern. A number of citizens were outraged by the laws, so they gathered enough petitions to have these two issues on the ballot for a referendum. One issue deals with in-state tuition for children of immigrants. The other issue on the ballot deals with the issue of marriage. What do these laws mean? Do you want these two laws to remain or to be defeated? What is your opinion, and how will you vote?

As a service to the community, the Thurmont Lions Club will be hosting a forum at the Thurmont Regional Library on Saturday, October 20, 2012, from 2:00-4:30 p.m. Come meet the candidates and learn what's going to be on the ballot. Come to the Forum and encourage your friends to do likewise. An informed citizenry will guard the law of the land. Be an informed citizen.

Have a Safe & Happy Halloween!

—from all of us at *The Catoctin Banner*



49th ANNUAL
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Sat. & Sun., from 9:00 a.m. - 5:00 p.m.

- Home-cooked Food
- Handcrafted Items for Sale
- Moonbounce for Kids
- Car Show on Sunday
- Baked Goods
- Live Bluegrass Music



VENDOR SPACE AVAILABLE!
Call 301-241-3997 (after 6:00 p.m.)



29TH ANNUAL CAR SHOW
SUNDAY, 11 A.M. - 3:00 P.M.
Registration from 9:00 a.m. - 12 p.m.
\$10.00 ENTRY FEE
All proceeds will benefit auto industry scholarships for area students!

Sponsored by Northwestern Frederick County Civic Association

Emmitsburg, September 2012

Note: See the election information under the Thurmont Summary as it also applies to Emmitsburg.

Emmitsburg Receives Grant Award

The Town of Emmitsburg received a grant award for \$28,000 from the Heart of the Civil War Heritage. The grant is meant to help pay for Emmitsburg to revitalize the downtown square area. The grant is a 50/50 State/Town matching grant, so the town will need to contribute the other half. Due to the town's contributing staff time and "in-kind" contributions, the amount needed from Emmitsburg will only be \$20,694.

Town Water/Sewer Bill Rates Ordinance

The town of Emmitsburg sewer rates were increased, starting with the April-June 2012 water/sewer bills. The minimum for using the first 6,000 gallons is now \$89.00. Additional usage for each 1,000 gallons is \$2.50 up to 10,000 gallons, and then increases to \$4.50 per 1,000 gallons for over 10,000 gallons. These rates will increase again in 2014, with the minimum for the first 6,000 gallons up to \$113.00.

by Michele Cuseo

town hall reports

You can access information online at <http://www.townofemmitsburg.com/> to review details in the ordinance. For ways to reduce your water/sewer bill, log on to <http://wateruseitwisely/100-ways-to-conserve/>.

For more information about the Town of Emmitsburg, log onto www.emmitsburgmd.gov.

Thurmont, September 2012

General Election Information for November 6

Thurmont (and Emmitsburg) are now part of Congressional District 8. The Presidential general election will be held on November 6, 2012, for the following seats: President/Vice President of the United States; U.S. Senator; Representative in Congress Congressional District 8; Judge of the Circuit Court Judicial Circuit 6; Judge, Court of Appeals Appellate Circuit 3; Judge, Court of Special Appeals at Large and Board of Education.

Also on the ballot will be eight questions that include three statewide constitutional amendments, three referendum petitions, and

a referendum on the expansion of gambling. Last on the ballot is Question A that references the Adoption of a County Charter for Frederick County.

To find out more about the Election and get answers to your questions about the laws to be voted on, log onto <http://www.frederickcountymd.gov/>. You will be able to view the district maps, find locations of voting areas, find out about absentee voting, get voter registration requirements, as well as other useful information. You can print out a sample ballot of the candidates and questions from this site. To find out more about the candidates, you can search online or contact your representatives for more information.

County Charter for Frederick County

The Town of Thurmont had an opportunity to learn more about the proposed Frederick County Charter at a town hall meeting in September. The County Charter would change the way Frederick County government runs. According to the Charter Education Coalition,

it would offer Frederick County an opportunity for Home Rule. For citizens who would want to learn more about the Charter before Election Day, they can view the Charter on the Town of Thurmont's website <http://www.townofthurmont.com/>.

View the Town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

Farmer's Market: Emmitsburg (through October)—Fridays, 3:00 to 7:30 p.m., South Seton Avenue, Emmitsburg.



Try the New

Tuscan Chicken Melt



OCTOBER

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(301)271-4239

Emmitsburg Subway
101 Silo Hill Rd
Emmitsburg, MD 21727
(301)447-2059

HOURS OF OPERATION
7 a.m. - 10 p.m., Mon - Fri ** | 8 a.m. - 11 p.m., Sat ** | 9 a.m. - 9 a.m. Sun
**Thurmont Subway Closes @ 10 p.m.

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217 E. Main St.

Emmitsburg - \$159,900
Fantastically renovated cottage style colonial with 2 bedrooms and 2 full baths. Nothing to do here! Central heat and air, newer carpet, laminate, Maple Cabinets in Kitchen with Granite counter Spacious Living and Dining room with new pellet stove and lovely rear yard with off street parking!



3 E. Main St.

Thurmont- \$149,900
Excellent opportunity to own a retail storefront with 2 one bedroom apartments. Store front and both apartments are now rented, getting approx \$1845 a month income. Possible owner financing. Motivated Seller. Call Bonita Smith



9141 Longs Mill Rd.

Rocky Ridge - \$559,900
This spacious farmette offers 3 bedrooms, 2 full baths, an expansive living room with hardwood floors and gas fireplace with french doors that walk out to a 20 x 40 in ground swimming pool and maintenance free deck! Custom bath just off the pool w/gorgeous walk in shower! 5.25 acres, 30 x 60 barn w/ 10 Ft. overhang, fenced pastures, run in shed, manure building and gorgeous views!

**PRICE
REDUCED**



Tower Road,
Thurmont Area

3 bedroom, 1 1/2 bath rancher, attached garage plus large storage shed/garage, on 1.09 acre wooded lot. Needs a little TLC.

Call Bonita Smith



NEW PRICE!

125 Cody Dr. #12

Thurmont-\$155,000

This is a great 2 bedroom, 2 bath condo with lots of personal touches. Windows were replaced 2-1/2 years ago, toilets and exhaust fans replaced in both bathrooms, beautiful wood floors, separate storage room. A must see! If you are thinking of moving to a condo don't miss looking at this one! You won't be disappointed! Call Bonita Smith.



17124 Harbaugh Valley Rd.

Sabillasville - \$219,000

Nice secluded rancher on 2.25 acres. Enjoy complete privacy on newer deck off living room. Beautiful hardwood floors in living room and dining room. Ceramic tile in kitchen. Wood stove and full bath in basement. Call Bonita Smith!



OPEN HOUSE

Oct 7th, 1 p.m. - 3 p.m.

306 East Main St.

Thurmont - \$349,900

Brick Colonial offers 5 BR/2.5 BA and has been lovingly restored and updated! Hardwood floors throughout the house. Lower level offers a sunny family room and office along with an expansive storage area! Gorgeous Screened rear porch, wrap front porch and in-ground swimming pool!



17774 Harbaugh Valley Rd.

Sabillasville - \$349,900

A must see! Charming

rancher on 11 acres. Privacy and tremendous views. Over the garage are two finished rooms that are ideal bedrooms with electric. Beautiful stone fireplace, new water heater, 24'x36' Pole Building, Great Sun Room to watch the deer. One of a kind property. Call Bonita Smith



7901 Black Rd., Thurmont -
\$259,900

2 bedroom, 1 bath single wide mobile home with cedar siding and asphalt shingle roof, sitting room addition w/wood stove and laundry/utility room. Spacious front porch and rear deck all on a gorgeous 13.79 beautifully landscaped lot. Large machine shop w/electric & water hydrant right out front. Newly subdivided & recorded so tax record is incorrect!



7037 Blue Mountain Rd.,
Thurmont-\$189,900

Spacious 2 bedroom, 1 bath rancher with updated kitchen, ceramic bath, hardwood floors in dining room, fresh paint and carpet! Newer siding, windows and roof! Owner has made many upgrades including newly installed drain tile and water heater! Lovely porch with vinyl rails and expansive fenced backyard with play set! This is a must see!

Lot 2 Old Frederick Rd

**-Rocky Ridge-\$59,000-
1.73 acre Building Lot with
4 Bedroom Conventional
perc! Well to be installed by
seller prior to closing. Winter
views of Loys Station Covered
Bridge!! Call today for Plat!**



9 W. Main St., Thurmont -
\$289,000

This home has been completely remodeled inside with a new kitchen, bathrooms, carpeting, etc. Can also have business in home. Property to right, 7 West Main St. is also included, but needs TLC. Could be apartment or store front. Call Bonita Smith!



**UNDER
CONTRACT**

516 W. Main
St., Thurmont-\$224,900

This lovingly cared for home offers 3 bedrooms, 2 full baths, eat-in Kitchen and separate Dining Room. Beautiful stone fireplace in Living Room and spacious lower level Family Room with walk out to expansive rear yard (over 3/4 acre). Deck, shed, carport, view of Bentz Pond and just minutes to Rt. 15 and the State and National Park! A must see!



**UNDER
CONTRACT**

22 Altamont Ave., Thurmont -
\$289,900

This Spacious 1920 Bungalow offers high ceilings, 3 bedrooms, 2 full baths, fireplace, hardwoods, window seats, transoms, sunny kitchen, inviting sun room and a master suite on upper level. Tons of original character with wonderful new renovations including windows, roof, geo thermal heat, central A/C, etc.



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(\$199,900- 13.35 Acres, 6 BR, perc, well)
(\$149,900- 5 Acres, 5 BR, perc, well)
(\$159,900- 5.57 Acres, 6 BR, perc, 2 wells)

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- The Bartholomew family

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49th Annual Catoctin Colorfest

The 49th Annual Catoctin Colorfest will take place on October 13 & 14, 2012, in the Community Park on Frederick Road. The hours of operation are 9:00 a.m. to 5:00 p.m. each day. Admission is free. A morning prayer service will be held in the Park on Sunday morning at 8:00 a.m., and breakfast will be available from various food vendors starting at 7:00 a.m.

Demonstrations by various crafters will be taking place throughout the two days, including: glass blowing, broom making, wood turnings, dulcimer crafting and wood carvings of flowers.

Shuttle Bus service is available throughout the day from 8:00 a.m. to 6:00 p.m. Admission is free to Colorfest, but a nominal fee is charged at the parking locations throughout the town. View their advertisement of page 3.

Save the Date for Carriage House Inn's 2012 Fall Wine Dinner

On November 17, 2012, The Carriage House Inn will be holding their 2012 Fall Wine Dinner. Enjoy the culinary offerings of their wonderful chefs, paired with some of the nations finest vineyards. Limited seating available. See their advertisement on page 25.

Tom's Creek Turkey and Oyster Supper

Tom's Creek United Methodist Church, located off Rt. 140 on Tom's Creek Church Road in Emmitsburg, is hosting a Turkey and Oyster Supper on Saturday, November 3, 2012, from 12:00 p.m. to 5:00 p.m. The menu includes oysters, turkey, stuffing, gravy, mashed potatoes, green beans, sauerkraut, cranberry sauce, peaches, pickles, celery, cracker pudding, rolls, coffee, and ice tea. There will also be a bake table. The cost is \$16.00 for adults; \$7.00 for children 5-10 years of age; and free for children under the age of 5. For more information, call Dottie Davis at 301-447-2403 or 301-693-1505. View their advertisement of page 28.

Bingo Bash at Emmitsburg Ambulance Co.

A Bingo Bash will take place on Saturday, November 10, 2012, at the Emmitsburg Ambulance Company, located at 17701 Creamery Road in Emmitsburg. Doors will open at 4:00 p.m.; Games will begin at 7:00 p.m. All inclusive 9 pack includes 22 games paying \$250.00, and three \$1,000.00 jackpots, as well as a meal! Tickets are \$35.00 in advance and \$45.00 at the door. All group reservations must be made by November 2, 2012. Tickets must be paid for by November 2 to be entered for the \$100.00 cash. For more information or to purchase tickets, call 301-748-6894. View their advertisement on page 30.

Vera Bradley Bingo at Mother Seton School

On October 13, 2012, Mother Seton School, located at 100 Creamery Road in Emmitsburg, will be hosting a Vera Bradley Bingo Night. Doors will open at 5:30 p.m.; Games will begin at 7:00 p.m. (20 games). Tickets are \$15.00 in advance and \$20.00 at the door. There will be specials, raffles, door prizes, and concessions for sale! For more information or to purchase tickets, call 301-447-3161. View their advertisement on page 14.

Support Your Local Fire Company

The Thurmont Fall Festival, sponsored by the Guardian Hose Co., Inc., is being held on October 13-14, 2012, at the Carnival Grounds in Thurmont. Featuring arts, crafts, and a wide selection of food; vendor spaces are still available. For more information, please contact Lori at 240-575-5469. View their advertisement on page 10.

Holiday Bazaar

Thurmont Guardian Hose Company is sponsoring a Holiday Bazaar on November 10, 2012, from 10:00 a.m. to 3:00 p.m., at the Thurmont Fireman's Activities Building. Food will be available. For more information, please call Patty at 301-748-0432. See their advertisement on page 35.

Looking for something to do?

Check the **Community Calendar** on page 35 to view the calendar for events of interest, including bingos, breakfasts, dinners, programs, benefits, and much more!

AROUND town

Thurmont Is Reading

"The more you read, the more things you'll know. The more that you learn, the more places you'll go." ...from *I Can Read With My Eyes Shut!* by Dr. Seuss.

Look around town this month and you will see lots of signs about reading. The Thurmont Community Make A Difference Day project this year is Literacy, and we are looking for books...books...and more books!

Join the Thurmont Lions Club in promoting reading and literacy. Everyone can help—just donate one or more new or gently used children's books (for ages 3-13). Look for donation boxes in and around Thurmont. Many of the local businesses and churches will be participating in this community project. Boy Scout Troop 270 will also be helping with a door-to-door book collection. Bags have been distributed to many of the homes in Thurmont. Just place any new or gently used children's books in the bag and put the bag on your porch on Saturday, October 6, 2012, before 8:00 a.m.

After all of the books have been collected, members of the Thurmont Lions Club will sort the books by grade level. Books will then be donated to Thurmont Primary, Thurmont Elementary, Lewistown Elementary, Sabillasville Elementary, and Thurmont Middle Schools.

Our project will conclude with a special event on Saturday, October 27, 2012, at 1:00 p.m. at the Thurmont Regional Library. The Thurmont Lions Club will present the books to the schools and recognize all of the individuals and groups who made this project possible. Awards for the Volunteer of the Year and Police Officer of the Year will also be announced and all nominees will be recognized for their service to the community.

For more information, visit www.thurmontlionsclub.com and follow [thurmontlionsclub](#) on Facebook.



NWFCCA Mountain Fest & 29th Annual Car Show

On Saturday, October 13, and Sunday, October 14, 2012, the Northwestern Frederick County Civic Association, Inc. (NWFCCA) will be holding Mountain Fest and their 29th Annual Car Show at Sabillasville Elementary School, located at 16210-B Sabillasville Road in Sabillasville.

The Mountain Fest is the sole fundraising activity of NWFCCA. The event offers affordable food and local entertainment. Artisans and organizations are invited to display and sell their handcrafted wares. The event is held at Sabillasville Elementary School, located at 16210-B Sabillasville Road in Sabillasville, from 9:00 a.m. to 5:00 p.m. For more information, call 301-241-3997.

The 29th Annual Car Show will be held on Sunday, October 14, 2012, also at Sabillasville Elementary School, from 11:00 a.m. to 3:00 p.m. Registration will be from 9:00 a.m. to 12:00 noon at \$10.00 per vehicle. Dash plaques will be given to the first 50 entrants. Trophies will be awarded to the Top 30 Voted vehicles. The Award Ceremony will be held at 3:00 p.m. The show features the famous "That Dart" owned by Pete & Jack Toms. View their advertisement on page 3.

Bessie Darling Musical DVD Available

The *Bessie Darling* Musical DVD copies of last spring's Thurmont Thespians production are now available and in stock at Brown's Jewelry Store on Water Street in Thurmont and The Mountain Memories Gift Shop opposite Cozy Inn in Thurmont. This deluxe 2-disc set is priced at \$20.00.

Hunter Safety Course

The Indian Lookout Conservation Club, located at 17107 Riffle Road in Emmitsburg will host a Hunter Safety Course on October 1 and 3, 2012, from 6:00 p.m. to 9:00 p.m., and on Saturday, October 6, 2012, from 8:30 a.m. until participants are done. Pre-registration is required, since seating is limited. Call 301-447-2568 for more information. View their advertisement on page 23.

Have a Safe & Happy Halloween!

Looking their best is our business!

Check out our 3 Convenient Locations!

Main Street Groomers

Judy Cochran, Owner

Full Service Grooming & Doggie Salon

Doggie Dental Care • Nail Trimming • Flea Baths

Full Grooming Available

Open Tuesday Thru Saturday at 8:30 a.m.

By Appointment Only

Walk-In's Accepted for Nail Trims

17 W. Frederick Street
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NEW MIDDLETOWN LOCATION!
Coming Soon - October 2012
405 West Main Street
Middletown, MD

129 E. Main Street
Thurmont, MD
301-271-0568

All Breeds Welcome



BUSINESS news

Thurmont Child Care Center, Inc. and Thurmont School Age Programs, Inc. — 25 Years of History

On September 14, 2012, Thurmont Child Care Center (TCCC) celebrated 25 years of service, offering “Good Old Fashion Quality Care” to the community.

In 1985, Kathy Toomey Foster, Cleta Toomey (Kathy’s mother), and Mr. Wayne Hayden from Frederick County Public Schools, worked together to set up and operate the “pilot program” for before-and after-school child care in Walkersville Elementary School. The concept was a success and was adopted throughout Frederick County public schools.

During that time, the plan for Thurmont Child Care Center, Inc. (TCCC) was started. The land where TCCC is located was at one time a part of Kathy’s dad’s fruit orchard, Toomey’s Orchard. It was designed by Kathy and her mother, Cleta Toomey, and was built in Hagerstown, Maryland. After a few years of preparation, TCCC opened for business on September 14, 1987. The business was licensed by the

state of Maryland for 45 children, ages 2-16 years old. The Center was a childhood dream of Kathy’s, made possible through determination, perseverance, and the support of her parents and husband.

Soon after opening, when Kathy was pregnant with her daughter Sarah, TCCC opened the first licensed Infant Program in Frederick County. In September 1988, the state license expanded to 60 children, ages 6 weeks to 16 years old.

As the number of children enrolled in TCCC increased, they found the need to expand again. Thurmont School Age Program, Inc. (TSAP) was established in 1989. Its first location operated out of Thurmont Elementary School’s cafeteria, licensed for 30 children, ages 5-12 years. In September 1996, TSAP expanded to operate in the cafeteria of Emmitsburg Elementary School (ESAP).

By September 2001, TCCC and TSAP had changed. ESAP was



Photo by Graceanne Schramm

Kathy Toomey Foster shows visitors student work at the Thurmont Child Care Center, Inc. during her Center’s 25th Anniversary Celebration on September 14, 2012

no longer operating and TSAP had expanded to 45 children in Thurmont Elementary School.

In June 2001, TSAP expanded again to 60 children, and in September 2001, Thurmont Primary School Age Program (PSAP) opened, also licensed for 60 children. By September 2001, TCCC and TSAP had three locations in Thurmont. The continued care from 6 weeks to 12 years of age has been a very valuable service to parents throughout the years. In 2005, TSAP expanded again; for two years, it operated a school-age program in Sabillasville Elementary School.

Over the next few years, TCCC and TSAP both operated successfully. They have been especially successful in their ability to maintain a consistent team of teachers. Most of their teachers have been employed by TCCC for twenty or more years, thus enabling them to “grow up together” and create a family atmosphere. In addition, they are proud of becoming accredited by the Maryland State

Department of Education in 2003. In 2005, they were voted one of the top ten “Family Friendly” businesses in the Frederick area.

In July 2008, Kathy Toomey became the sole owner of TCCC and TSAP. At that time, TCCC was licensed for 65 children, and TSAP had three locations, collectively licensed for 150 children. With the struggling economy, TSAP was closed in December 2009. TCCC added openings for 15 school-age children to its license, and once again, became “home” to children, ages 6 weeks to 12 years old. In September 2011, the license changed to include 69 total children, with 27 openings for school-age children.

On September 14, 2012, TCCC celebrated 25 years of continuous service to Thurmont and its surrounding communities. They would like to thank everyone who helped and supported TCCC and TSAP over these 25 years.

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Mountaintop Community Churches to Hold 3rd Annual Community Harvest Celebration

The pastors of nine mountaintop churches in Cascade and Sabillasville, Maryland and Blue Ridge Summit and Fairfield, Pennsylvania will host an old-fashioned community harvest celebration on October 28, 2012 from 2:00 p.m. until 3:00 p.m. at the Fort Ritchie Community Center in Cascade, Maryland. The purpose of the celebration is to recall the many wonderful memories of times gone-by when most churches held festivals in the fall to celebrate the bounty of the harvest and give thanks for the gift of life. This gathering brings the mountaintop communities together to share in a celebratory program of great music, a time of praise and testimony for God's goodness to us, and great tasting seasonal pies. The music planned for the program covers a broad range of appeal, to include: bluegrass, traditional and contemporary worship-style music. A showcase of pies will be available for all to enjoy with lemonade and hot apple cider. The public is invited to join in this celebration for an afternoon of fellowship, great music, and fabulous food. The event is free, but all are requested to bring a donation of non-perishable food or paper product for the Help Hotline (mountaintop community food bank).

The pastors and churches involved are Pastor Janet Comings from St. Mark's Lutheran Church and St. John's United Church of Christ and Pastor Gary Cox from WCF Church, Sabillasville; Pastor Richard Daughtridge from Jacob's Church, Fairfield; Pastor Arietta Grimmett from Cascade Community Fellowship, Pastor Mark Hosler from Germantown Church of God, Pastor Sandy Price from St. Stephen's United Church of Christ, Pastor Kurt Schroder from New Hope Baptist Church, Cascade; Father Robert Malagesi from St. Rita Catholic Church, and Pastor Warren Rice from Living Word Church, Blue Ridge Summit. The Fort Ritchie Community Center, the One Mountain Foundation, and the Sons of the American Legion Post #239 are assisting in support of this celebratory program.

Ridgefest at Mt. Tabor Park

Mt. Tabor Church of Rocky Ridge will have Ridgefest activities at Mt. Tabor Park on October 13 and 14, 2012 (just minutes from Thurmont). There will be an Apple Butter Boiling demonstration (Saturday only); food stands, featuring good home-cooked food (both days); and flea markets. Apple butter will be available for sale after 12:00 p.m. on Saturday. Apple butter will be sold by the pint (all new jars will be provided) and no advance orders will be taken. The food stand will close at 3:30 p.m. on Saturday, and at 2:30 p.m. on Sunday. Of course, the Rocky Ridge Fire Company will be making their famous Fried Ham Sandwiches for sale, and they will remain open until 6:00 p.m. on both days.

For free flea market set-up spaces, call Jeff Sharrer at 301-447-6387. This event is sponsored by the Willing Workers of Mt. Tabor Church.

Pets Have Fun at Furmont Days

It's great to be an animal with hair (dog's, cat's, horses, goats, llamas, alpaca's and sheep), or any other hairy animal these days in Thurmont. Thurmont First, Inc.'s October Main Street celebration will be putting their community and visiting dogs and cats to the test! The annual Furmont Days celebration will take place on Saturday, October 20, 2012, from 9:30 a.m.-2:00 p.m., at the Guardian Hose Carnival Grounds. Visitors please bring your beloved canines and felines for a fun morning of activities, games, and fun for all! This year, new to our program, we encourage everyone to come and see all types of animals from alligators to zebras—A-Z. Thurmont's Furmont Days is expanding to reach all that walk on "all fours"!

Furmont Days is sponsored by the Thurmont First, Inc. Economic Development Committee. The special showing event's are open to all cats and dogs this year. Cat events include: longest whiskers, shortest hair, longest tail, and "meow-iest" kitty. Dog events include: the smallest pup, biggest bruiser, waggiest tail, "barkiest" buddy, best pooch trick, doggie musical chairs, and best animal costume. Registration begins at 9:00 a.m., with cat events starting at 10:00 a.m. Special guests include the Catocin Wildlife Preserve and Zoo. Other organizations such as rescue animal centers and local horse farms will be represented. All participants will receive a special coupon that can be redeemed at the drive-through window of the Thurmont Regional Library on Moser Road. Everyone who visits the window with their pet will receive a treat, a special "doggie bag," and the chance to win a special pet-themed prize. Treats will be handed out until 4:00 p.m.!

Vendor tables are available for \$10.00 each. All Thurmont Businesses and Frederick County Businesses are encouraged to be involved. Even non-animal related businesses. Come out and network your business! You can download the application at www.thurmontfirst.com. For additional information please contact Brian Carren at 240-997-1513 or email bkcmessage@earthlink.net.

Hidden Object Game, "Where Am I?" Photo Game & "Who Am I?" Game Winners

From the September issue of *The Catocin Banner*, Glen Toms was the winner of the Hidden Object Game (\$25 gift certificate to the advertiser of Glen's choice from the September issue). The old-fashioned wheel was hidden in the Decks, Patios & Improvements ad on page 29. This month's Hidden Object is a flying bat.

Last month's "Where Am I?" photo showed a decorated deer mount on Debold Road. The mount has since gone missing. We respectfully ask for the person or people who borrowed it to kindly return it. Bob Grates was the winner of the "Where Am I?" Game (\$10 gift certificate to the advertiser of Bob's choice from the September issue). For the "Where Am I?" Photo contest, take a look at the photo and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown and everywhere around and in between. Call 240-288-0108 to leave a message or e-mail news@thecatocinbanner.com. Don't forget to leave your name and phone number.

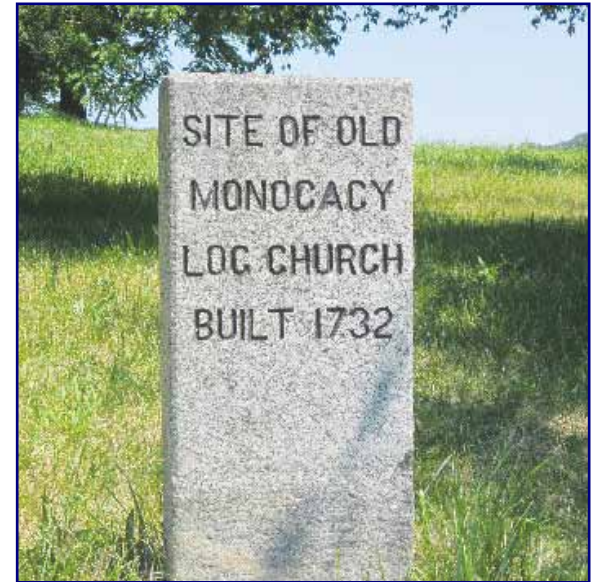


Photo by Irene Matthews



Test Your Word Power

(Answers on page 34)

- | | |
|---|---|
| <p>1. Allocate (v)
a) Designate, assign
b) Refuse; reject
c) Adapt; adjust</p> | <p>3. Vacillate (adj.)
a) Grumpy; ill-natured
b) Trustworthy; believable
c) Indecisive; fluctuate</p> |
| <p>2. Obstinate (adj.)
a) Helpful; accommodating
b) Headstrong; strong-willed
c) Frightful; homely</p> | <p>4. Arbitrary (adj.)
a) Unsupported; chosen at random
b) Slow moving; inactive
c) Uncharitable; stingy</p> |
- 5. Which word above would work best in this sentence?**
She tended to _____ between criticism of others and harsh self-criticism.

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BUSINESS news

Verizon Wireless Store Opens in Thurmont

Ash Thakur has been working in the wireless industry for over ten years. He opened his first location in Hampstead, Maryland, four years ago. Thurmont is his tenth location within the Maryland, Delaware, and Pennsylvania areas. Ash said, "There is a need for wireless retailers in rural areas, such as Thurmont, to make shopping for the residents convenient and helpful."

In the Thurmont store, customers have access to the full wireless experience, including customer service, insurance claims, accessories, data transfer, sales, and of course, the best pricing.

Ash's number one priority is customer service. His team works with customers based on their individual needs. Scott Volway is the Store Manager in Thurmont. He is there to help customers with anything they may need.

Store hours are Monday through Saturday, 10:00 a.m. to 8:00 p.m. and Sunday, 11:00 a.m. to 4:00 p.m. The store is located at 120 Fredrick Road, Suite A, Thurmont. Call 301-271-2290 or stop by for more information. Ash and Scott look forward to helping you!



Photo by Deb Spalding
Verizon Wireless Manager, Scott Volway, is shown with Associate, Quinn Stegman, in the new Thurmont store.

"Forget about all the reasons why something may not work. You only need to find one good reason why it will."

~ Dr. Robert Anthony

Crusaders

Sports lovers should try out the new Crusaders Sports Bar, located on U.S. Route #15 South at the intersection of Biggs Ford Road. Owner, Brian Fox, said that the bar's nine video screens feature a wide variety of sports and pay-per-view events, including WWE contests.

Pool leagues

compete Mondays through Thursdays, DJs entertain on Friday evenings, and live bands entice dancing on Saturday evenings. During the day, a family-friendly menu allows diners to relax for an entertaining meal. The full bar offers a selection of beer, liquor, and local Linganore wines.

Brian said that he, joined by John Jones, Customer Relations Manager; Justin Adler, Bartender; as well as other staff members, has been planning the venture for years. Brian said, "I want people to enjoy the atmosphere of a good sports bar. I like seeing people happy."

The facility features a rustic stone and beam entrance leading to a roomy interior with bar seating, a dining room, and a game room. Crusaders Sports Bar is located at 7800C Biggs Ford Road, Frederick. Operating hours are Sunday through Thursday, noon to 1:00 a.m.; Friday and Saturday, from noon to 2:00 a.m. Like them on Facebook or call 301-898-8700 for more information.

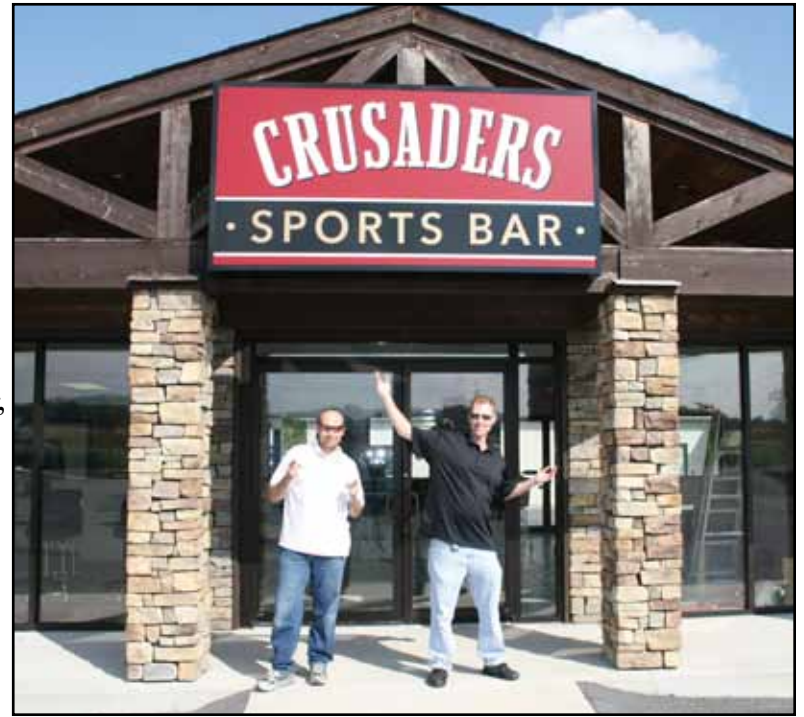


Photo by Deb Spalding
Crusaders Sports Bar Owner, Brian Fox, is shown with Customer Relations Manager, John Jones.

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Publisher Speaks at Northwestern Civic Meeting

by Joan Fry

Deb Spalding, publisher of *The Catocin Banner*, was the invited guest at the regular meeting of the Northwestern Frederick County Civic Association (NWFCCA) on September 5, 2012.

Deb told of the beginnings of her business, which is now known as E Plus Copy Center & Promotions, of which *The Catocin Banner Newspaper* is a monthly project. *The Catocin Banner* now prints 11,500 copies monthly and is sustained by faithful advertisers at no cost to readers. At E Plus Copy Center & Promotions, the following services are offered: graphic design, printing, wide format printing, shipping (UPS, FedEx, and USPS), faxing, laminating, bulk-directed mailings, raffle tickets, banners, promotional products, and apparel printing. E Plus Copy Center & Promotions is located in the lobby of the Jubilee Grocery Store in Emmitsburg.

After graduating from Towson University with a Bachelor's Degree in Sports Management, Deb was the Superintendent of Recreation at the Frederick County Department of Parks and Recreation for nine years before resigning to start her

own business. While working and pursuing her Master's Degree in Parks and Recreation Management at Frostburg University, she met and married Mark Spalding. They have two children, Lydia and Hayden.

Following Deb's presentation, George Kuhn, president of NWFCCA, held the monthly business meeting. Plans are being made for the annual fundraiser of the organization, Mountain Fest, which will be held on October 13 and 14, 2012, from 9:00 a.m. to 5:00 p.m. at Sabillasville Elementary School, just off route 550 in Sabillasville. This event offers piping hot affordable food, cold drinks, and local entertainment. Artisans and organizations are invited to display and sell handcrafted wares. For vendor information, call Mr. Kuhn at 301-241-3997.

On Sunday, October 14, 2012, the 29th Annual Car Show will be held at the school, along with Fall Fest. A \$10 entry fee is required. There will be dash plaques to the first 50 entrants and plaques to Best of Show. Trophies will be awarded to the top 30 voted vehicles. Winners will be announced at the award ceremony at 3:00 p.m.

Vintage Tattoos at Red Canary Tattoo Shop in Thurmont

by Chelsea Gorka

Rick Toms is no newcomer to Thurmont. A Catocin High graduate, Toms went on to become an award-winning traditional tattoo artist, winning second place in traditional-style tattooing at the Myrtle Beach Ink Life Convention. Opened in April 2012, Red Canary Tattoo is located above Goodwill in Thurmont at 202, Unit A East Main Street.

When you walk into his shop, there is a subtle transition into an earlier time with antiques, wooden accents, a vintage radio and Mr. Toms himself. Wearing suspenders, boots, and a handlebar mustache, he greets you. The aura of the shop is very traditional, and you can tell that much time and thought has gone into the décor and into the sample tattoos that hang on the walls. Floundering mermaids and busty pin-up beauties look at you, and WWII-reminiscent tattoos grace his leather-bound portfolio.

Toms says that he will soon have guest artists featured at his shop, along with himself. There is no need to worry about cleanliness at Red Canary; Toms uses an autoclave to steam and pressure sterilize all of his equipment. He also tests all equipment regularly for functionality and accuracy. Staying true to his tattoos and style, Toms encourages all of his customers to find an artist that specializes in the style they want, rather than just walk into any old shop. Most of Red Canary Tattoo's customers are travelers seeking him out for that one-of-a-kind creation, specially drawn for them. Toms says he "doesn't want to rush it" when talking about the tattoo process. He makes sure to take time for each individual customer.

Toms has been featured in *Tattoo Envy* magazine's July/August edition,



Courtesy Photo
Pictured is a tattoo done by Rick Toms, owner of Red Canary Tattoo in Thurmont.



Red Canary Tattoo Shop owner, Rick Toms is shown in his store.

with a two-page spread spotlighting his tattoos. He attends tattoo conventions throughout the year to further advance his networks and skills and to stay informed of the latest changes in the industry. He gives back to the community that helped form who he is today. Toms offers gift certificates and door prizes for various fundraisers, and recently took part in the Nationwide March of Dimes "Tattooing to Save Babies" Fundraiser.

If you are interested in Rick Toms doing your next tattoo, set up a consultation appointment where you can discuss what you are seeking. Then, if you decide to proceed, there is a required deposit to hold your appointment; however, the deposit comes off the price of the tattoo. Red Canary Tattoo is open Noon-7:00 p.m., seven days a week; appointments can be scheduled at 301-473-0347 or set up online at www.redcanarytattoo.com.

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PEOPLE making news

Thurmont Lions Club Welcomes New Members

The Thurmont Lions Club recently welcomed three new members. Visit www.thurmontlionsclub.com or follow them on Facebook to see the many ways they proudly serve their community.



Courtesy Photo

Pictured (left to right) are new member, Sharon Ochoa, with her granddaughter, Reagan; Lion Shirley Long standing in for Lion Sharon's sponsor, Margarito Ochoa; new member, George Anzelone, and sponsor, Lion Albie Little; new member, Julie Stellitano, and sponsor, Lion Nancy Dutterer.

View issues of *The Catocin Banner* online at:
www.thecatocinbanner.com

Local Chapter of Blessings in a Backpack Receives Significant Contribution

Principal Debbie Myers from Thurmont Primary School and Local Program Volunteer, Laura Krauss, received an \$800.00 donation from AMVETS President, Tom Joy, to Blessings in a Backpack this past August. Blessings in a Backpack is a results-oriented program designed to feed primary school children whose families qualify for the government subsidized lunches in public schools. Better test scores, improved reading skills, positive behavior, improved health, and increased attendance have all been attributed to the success of this program.



Photo by Deb Spalding

Tom Joy, AMVETS Post #7 Commander presents an \$800.00 donation to the Blessings in a Backpack Program at Thurmont Primary School (TPS). Pictured (left to right) are Debbie Myers, Thurmont Primary School Principal; Tom Joy, AMVETS Post #7 Commander; and Laura Krauss, Blessings in a Backpack Coordinator at TPS.

Quite simply, \$80.00 feeds a primary school child in the program for an entire school year. This equates to less than \$2.15 per week per student. Funds are raised to support the total number of children in the program and 100 percent of the money raised goes directly to food purchased for the backpacks. The national non-profit incurs the initial cost of the backpacks, so all of the money raised can be for the actual food purchase. Wegmans partnered with Thurmont Primary School as the local grocer providing the food supply, in addition to donating fresh fruit on a weekly basis. Every Friday, eligible students receive their bag of food with staples that require little to no preparation. They return to school on Monday morning with their bellies full and ready to learn.

Emmitsburg Glass Company and Woodsboro Bank have also pledged their support this upcoming year with their own contributions. If you are interested in making a personal or business donation to support this worthy cause in our local community, please send your contributions to Blessings in a Backpack c/o Thurmont Primary School, 7989 Rocky Ridge Road, Thurmont, MD 21788. A check may be written directly to Blessings in a Backpack with Thurmont Primary School written in the memo section. All monetary donations are tax deductible, as Blessings in a Backpack is a national 501c3 non-profit.

If you have any questions about the Blessings in a Backpack program or are interested in implementing this at your child's local school, please don't hesitate to contact Laura Krauss at laura.krauss@hotmail.com. Thank you in advance for your support!

"Give thanks for a little and you will find a lot."

~ Hausa of Nigeria



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All four books are 32 pages and are full of captivating and fun color photographs by professional photographer and the books' co-creator Kelly Hahn Johnson of Sharpsburg, Maryland. The easy-to-read text geared toward preschool and elementary-aged children has been selected by numerous Farm Bureau groups, Ag in the Classroom programs, and county and state cattle women's organizations across the country as their "Accurate Ag Book." Most recently, *Star Becomes A Mother* was selected as the 2012 Wyoming Ag Book of the Year, and the Alabama Cattlemen's Association is using the same book as their Ag educational book for October—Beef Month. *Cowgirl Up! Let's Go Ranching* is nominated for the 2012 Nebraska Ag Book of the Year.

All four books and lesson plans have been added to the National Resource Directory for Agriculture in the Classroom. Lesson plans are available in free downloadable form from at www.pabeef.org.

Books are \$12.00 each, or \$40.00 for the four-book "Bundle" special, plus shipping.

For more information or to place an order, call Rebecca at 301-271-2732 or email her at chaneyswalkabout@aol.com. Or you can place an order directly from the website at www.Rebeccalongchaney.com.



Safety Tips for Trick or Treating

According to the Centers for Disease Control and Prevention (CDC), the following are a few Halloween health and safety tips for trick or treaters: swords, knives, and similar costume accessories should be short, soft, and flexible; avoid trick-or-treating alone. Walk in groups or with a trusted adult; fasten reflective tape to costumes and bags to help drivers see you; examine all treats for choking hazards and tampering before eating them; hold a flashlight; only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe; wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls; eat only factory-wrapped treats. Avoid eating homemade treats made by strangers; never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

Fun Halloween Facts

The pumpkin originated in Mexico about 9,000 years ago. It is one of America's oldest known vegetables. Pumpkins generally weigh from 15 to 30 pounds, although some weigh as much as 200 pounds. The majority of pumpkins are orange, but they also can be white or yellow. They are rich in vitamin A, beta-carotene and potassium, and their seeds provide protein and iron.

—candyusa.com

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56th Annual Thurmont & Emmitsburg Community Show Photos — Continued from page 1



Pictured clockwise from top left: The Cat with the Prettiest Eyes is shown with Tina Mumm during the Pet Show on Saturday; kids are shown fetching eggs from their nests during Barn Yard Olympics on Sunday; baked goods are spread out for auction on Friday evening; Apples



Church members display a print for sale at a vendor table on Friday evening; Girl Scouts prepare for the Opening Flag Ceremony on Friday evening; a man talks with his dog during the Pet Show on Saturday; A man pitches a shoe during the Horseshoe Tournament on Sunday.



Photos by Liz Hoover, Graceanne Schramm and Deb Spalding.



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catocin voices

Your Place for Poetry & Verse

by L. Claire Cantwell

Poems arrived this month like a large army of many words, strong voices making demands of space and time. I've surrendered to but a few here as The Catocin Banner is a community newspaper and not exactly a poetry journal. It's as if the poems came marching in full regalia of free verse, couplet, lyric, and rhyme with a shout of "PRINT ME!" I've done my best to negotiate a peace for they all deserve a salute. Thank you to all of the poets who submitted verse this month. I wish that we had space to print them all! For November's column, please include your contact information and a short, two-line bio with each submission. Poems with subjects like Election Day, Veteran's Day, and Thanksgiving will receive first consideration. Now, be sure to take a break from raking leaves and carving pumpkins long enough to hear these "Catocin Voices."

Hurricane Coming

by Sister Anne Higgins

Subtle purple maple sky
Fickle sticking air
slipping away from her
climbing steps from gym to classroom,
roach dance on the musty carpet steps,
roaches roaming the rolls of paper in the closet,
mottle peeling paint,
trickle smell of sulphur detergent.

O Death, I have loved you,
but I have not slept with you.
Were you hiding there,
In the shadows on the landing?

Navy blue sky,
tornado slithering toward her
like a shearing train.

(Sr Anne Higgins teaches at Mount Saint Mary's U. She is the author of five volumes of poetry.)

My Back Road

by Joan Fry

There aren't too many of them left - my road that used to be
Made of dirt and bumps and ruts and puddles to the knee.

In summer we walked to Bible school at the church clear up on top
The way back home was oh so fast - downhill and hard to stop.

Past the Newey murder site I wanted just to race
But someone always told the tale, just to see my face.

My Dad made annual County connections to keep the back road's imperfections
But as soon as Dad left the hollow, outrageous changes began to follow.

Inch by inch without design, asphalt appeared on the incline
No speed limit, no warning signs, today the road still has no lines.

Many decades have come and gone and my back road's still there
It's narrow here and wider there with drop-offs that really scare.

Last week while driving on my road I couldn't believe my eyes
A truck marked "Dollar General" appeared and it was semi-size.

(Joan is a native of Sabillasville. She has self-published two books: "The State Sanatorium at Sabillasville from 1908" and "Part 2 Plus." She is active in her church and is a volunteer at Sabillasville Elementary School.)



Ordinary Life 2012

by Leonora Bernheisel

Ordinary life is chickadees flitting
by a blue backdrop of sky like
ribbons fluttering in the wind-
If we see,
If we hear.

(Lee Bernheisel lives on an organic farm within the Catocin mountains.)

Untitled

by Francis Smith

As the sun sets over the Blue Ridge,
twinkle lights of town
wake to break the gloom
of twilight coming on.
Throbbing din of semis
Mack, Fruehauf, Ford
trucking up Route 15
dwindle in the gloaming
and peace is settling in.
Frantic pace of daylight
flickers to tranquility
after dinnertime
(at home or at McDonald's)
and the restless race to
success slows down to
relax and recoup
energies for another day.

At last, sweet sleep
even overtakes Mary's Mountaineers
carousing after class.

(Francis Smith is the author of "Sunrise, Sunset-Selections from the OLAF Collection" and lives in Emmitsburg.)

Deepest Pain

by Imogene Hunt

(sung to trad. hymn, "Gift of Love")

I have an ache
that will not be stilled,
from darkest days
that come unwilling...

I bring my soul to
the last of night,
and bathe it in
the coming light.

I cast my past and
my fates before,
to the winds aloft
to fear no more...

my soul rebirths
with the morning stars,
and I am healed
of deepest scars.

(Imogene Hunt has been writing for over 55 of her 65 years. Originally from Wisconsin, she lived in Maryland for 46 years and currently resides in Gettysburg.)

Share Your Poems

(by the 20th of each month)

email to: news@thecatocinbanner.com

In Memory of Charles W. Bentz

by Deb Spalding

Charles W. Bentz (Charlie), son of the late Helen and Charles B. Bentz and grandson of Lottie and Harry Groshon, passed away on August 26, 2012, at the age of 84. Charlie was born—and resided his entire life—at his home located at 8224 Rocky Ridge Road in Graceham. He was the loving husband of Beatrice (Stitely) Bentz and loving father to Laura Harbaugh and husband, Rodney, of Rocky Ridge; Carol Ann Minnick and husband, Joe, of Thurmont; Thomas Bentz and wife, JoAnn, of Thurmont; and Timothy Bentz of Thurmont. With a smile, his son, Timmy said, “I’m the smartest one.” Charlie also had seven grandchildren and ten great-grandchildren. Timmy added, “He loved each and every one of them.”

Charlie and Beatrice would have celebrated their 65th wedding anniversary this October. They met while Charlie was still attending Thurmont High School. He worked at Clare Frock in Thurmont after school. It was there that he met his future wife, Beatrice. Charlie held several jobs around his school schedule, including a job at Oaks Wood Products, plus helping on his uncle’s milk truck. After graduating, he also worked part-time at Long Construction. His wife, Beatrice, said, “He was busy!”

He graduated from high school in 1946 and married Beatrice in 1947. He was drafted into the Army in January 1952. He served in Korea, but his tour was relatively short since he returned home in October 1953. He served in the U.S. Army Reserves until his Honorable Discharge in January 1960. While in Korea, he met the man who would become his best friend. When Charlie’s Division first arrived in Korea late at night, they gathered in the mess kitchen when a guy asked where they were all from. When Charlie replied, “Maryland,” George Wills said, “I want to see you, Maryland.” It turns out that George was from Dundalk, Maryland. “Their whole family has

been friends with ours ever since,” said Beatrice.

Upon return from the Army, Charlie gained full-time employment at Moore Business Forms and retired in 1990, after thirty-six and a half years of dedication to the company. All along, Charlie was steadfastly involved in family and community. He was a life member of Thurmont’s Guardian Hose Company, where he helped at events and carnivals for years. He was Head Usher at Graceham Moravian Church from the time he came home from the Army until he was last able. He also served on the Church’s Board of Trustees, helped with the turkey and oyster suppers, and was a grounds keeper. Timmy said, “He loved to mow grass. Even after he was on oxygen, he still mowed at the church.” He was a member of the Edwin C. Creager Post #168 of Thurmont. He also enjoyed attending the County fairs.

Timmy reminisced about the times that his father would take him to Frederick for haircuts, followed by a stop for White Star Hot Dogs. Charlie always drove Timmy to work every day. Charlie learned a love of trains from his grandfather, Harry Groshon. He shared that love with Timmy, as the two rail fans often traveled to ride, visit, and view trains. They watched videos about trains at home. Timmy said, “He’d always fall asleep during the train videos.”

The Bentz Family would like to thank everyone for their support and prayers. Charlie was a special man who is missed by his loving family and friends.



Courtesy Photo
Charles W. Bentz

the book nook



Chapter 2

by Laura Krauss

“Look, Maurice, I don’t want you out there hungry on the nights I don’t see you, so this is what we can do. I can either give you some money for the week—and you’ll have to be really careful how you spend it—or when you come over on Monday night, we can go to the supermarket and I can buy all the things you like to eat and make you lunch for the week. I’ll leave it with the doormen, and you can pick it up on the way to school.”

Maurice looked at me and asked me a question. “If you make me lunch,” he said, “Will you put it in a brown paper bag?”

I didn’t really understand the question. “Do you want it in a brown paper bag?” I asked. “Or how would you prefer it?”

“Miss Laura,” he said, “I don’t want your money. I want my lunch in a brown paper bag.”

“Okay, sure. But why do you want it in a bag?”

“Because when I see kids come to school with their lunch in a paper bag, that means someone cares about them. Miss Laura, can I please have my lunch in a paper bag?”

I looked away when Maurice said that, so he wouldn’t see me tear up. *A simple brown paper bag*, I thought.

To me, it meant nothing. To him, it was everything.

This literary excerpt is taken from Laura Schroff’s national bestselling book called *An Invisible Thread: The True Story of an 11-Year Old Panhandler, A Busy Sales Executive, and an Unlikely Meeting with Destiny*. As a career-focused, New York City sales executive in the mid 1980s, Laura details her chance encounter with Maurice, a young panhandler who asks her for money to buy lunch. Instead of just throwing some pocket change in his direction and going about her way, she stops in her tracks and asks him to lunch at McDonalds. From there, a heart rendering and familial relationship grew from weekly interactions surrounded around getting Maurice something nourishing to eat. The care and concern that Laura had the first day she met Maurice continued for many years, as she ensured Maurice had access to a basic human need: food.

This book focuses on two very different people: a young African American boy who grew up on the streets of impoverished New York City and one Caucasian woman

who had a middle-class upbringing on Long Island. Yet, the two were more similar than they thought, once their relationship had a chance to blossom. They both had abusive parents—one with alcohol and one with the belt. They both had dreams and aspirations—one to become successful in business and the other to just survive and get off the streets. Over time, they both found strength in one another.

How many people have you met, who from first glance appear to be so different from you; yet, when you actually put down your defenses and get to know them, they have experienced similar feelings and emotions? I am sure it is many. That’s because we are all born from the same thread—albeit an invisible thread. According to an old Chinese proverb, “an invisible thread connects those who are destined to meet, regardless of time, place, or circumstances. The thread may stretch or tangle but will never break.”

I chose the excerpt for this month’s selection, because it shows the significance of a small act of kindness that had a life-altering impact on a child. The Community Foundation of Frederick County published in their 2011 Human Needs Assessment Study that “caring adults in the lives of youth is the number one youth need in Frederick County.” Surely, there is a child within our local community who could use some love and guidance from your life experiences. Don’t underestimate the power ONE person can have in the lives of our youngsters. Volunteer with your local school’s PTA. Volunteer with your church’s Sunday School program. “Volunteer” with your own child or grandchild and spend some quality time just talking to them about their day. If you don’t know where to start, read this month’s Book Nook – Chapter 2 selection: Laura Schroff’s *An Invisible Thread: The True Story of an 11-Year Old Panhandler, A Busy Sales Executive, and an Unlikely Meeting with Destiny*. I guarantee it will move you—emotionally, spiritually, and physically—into action! Please email me your thoughts to this month’s Book Nook Chapter to: laura.krauss@hotmail.com.

Please email me your thoughts to this month’s Book Nook Chapter to: laura.krauss@hotmail.com.

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SCHOOL news

CHS Wrestlers Gain Big-Match Experience

The success of the Catoctin High School (CHS) wrestling program continues to gain recognition, as three more Thurmont wrestlers achieve All-American status over the summer. Sophomore Charlie Perella, and seniors Tim Nordan and Colin Schildt, each placed at the NHSCA U.S. Open National Wrestling Championships on July 6 and 7, 2012, in Harrisburg, Pennsylvania. Perella, wrestling at 138 pounds, and Schildt, in the 170-pound bracket, both placed 5th, while Nordan, at 126 pounds, secured a 7th place finish. Each place-winner was awarded a framed certificate, as well as recognition as an NHSCA high school All-American in the National High School Sports Hall of Fame in Easton, Pennsylvania. This brings the total number of National high school All-Americans from CHS to five this year, as 9th grader Kevin Simmel and 10th grader Patrick Guilday each placed at the Middle Atlantic Wrestling Association Eastern National Championship in Salisbury, Maryland, earlier this spring.

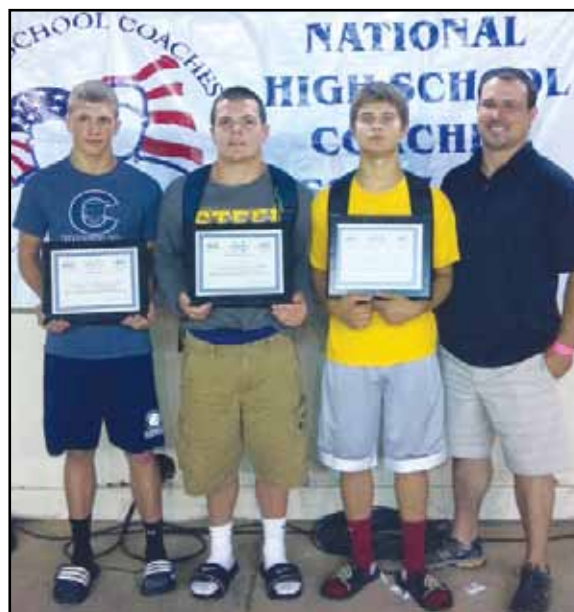
Summer wrestling has become increasingly essential to the overall success of an individual's regular high school season. More and more dedicated wrestlers continue to train well after the season for a chance to compete in premier National events against the most elite and accomplished high school wrestlers in the nation. These prestigious summer tournaments are also the most heavily scouted by college wrestling coaches. The competition is fierce, consisting not only of state place-winners and state champions, but also nationally ranked wrestlers and, in some cases, as our local wrestlers learned, high school graduates who have already committed to wrestle in college. Scoring points against opponents of this caliber, not to mention winning matches, is a remarkable feat at this level of wrestling. The experience gained through months of intense summer training camps and clinics coached by NCAA coaches and Olympians, and by tangling with, arguably, the country's biggest names in high school wrestling, can pay huge dividends come winter.

"I like that these kids are committed to sacrifice their summers to further develop their individual skill-sets," said Ryan Green, Head Wrestling Coach at Catoctin. "It shows me that they're truly dedicated and have the desire to become champions. Winning tight matches and accepting tough losses against high-caliber wrestlers builds character

and prepares a wrestler for the ups and downs of the regular season."

Colin Schildt proved to be a valuable member and key component of the Cavalier Wrestling Club from Carroll County, going undefeated in six matches against some of Pennsylvania's toughest dual teams. Colin was also a member of the elite Pennsylvania dual team Steel, which competed at the AAU Scholastic Duals at the ESPN Center in Disney, June 30 to July 3. Wrestlers at this tournament not only had to submit their seasonal wrestling records and accomplishments to participate, but also a transcript of their grades. In his first appearance at Disney, Schildt wrestled 16 folkstyle, or scholastic-style matches, winning half of them. In each of his losses—including one to a Harvard-bound, four-time Ohio state champ—he was outscored by only one or two points, attributing to the level of wrestling that he has achieved. Team Steel finished in the top third out of 92 teams. "It was an eye-opening experience with out-of-this-world competition, like no tournament I'd been to before," says Schildt who was the 2012 Frederick County champion, 1A-2A West regional champion, and placed 4th in the MPSSAA State championship tournament. He had an extraordinary 42 and 2 record, has over 100 career high school wins, and is well on his way to breaking the all-time win record at CHS. Schildt is currently ranked 15th in the state by the MSWA, which includes not only 1A-2A schools, but also 3A-4A, as well as Maryland's private high schools. He is a senior at CHS and will continue to be a key veteran leader of a young Catoctin squad this winter as he tries to join the ranks of other CHS three-time State qualifiers: Shane Tiffany, Mark Small, Chad Dewees, Todd Krietz and four-time qualifier Jeremy Fuss.

Charlie Perella qualified to wrestle in the Maryland Greco-Roman and freestyle State championships by placing at several required regional events, earning one bronze medal, three silver medals, and one gold medal. At the State championship tournament, Perella was a finalist in the Greco-Roman division and the Maryland State freestyle champion at 145 pounds. Perella made the Maryland Cadet National Team for the second year and traveled to Daytona, Florida, for the Cadet National Duals, June 11-17. He went 3 and 4 in Greco with Team Maryland, finishing 12th out of 44 teams, just missing the medal rounds, and 4 and 4 in freestyle. Perella



Courtesy Photo

Pictured (left to right) are Tim Nordan, Colin Schildt, Charlie Perella, and Coach Ryan Green.

then traveled to Fargo, North Dakota, for the Cadet Greco-Roman and Freestyle National Championships, July 10-22. Wrestling at 138 pounds, Perella made it to the 4th round in a 65 man bracket, winning his first two matches by pin and tech fall. He lost his final Greco match to eventual 5th place finisher, but was able to beat him 6-3 in the first period. In freestyle, Perella posted a 2 and 2 record, again making it to the 4th round before elimination. "The highlight of the Fargo trip was beating a Nationally-ranked, Cadet double All-American from Minnesota by a score of 3-3, 2-0, 3-0 after losing to him in Daytona," said Perella. Team Maryland finished 14th out of 46 states and 9th as a team with 20 pins. Perella was the 2012 Frederick County champion and outstanding wrestler award recipient, a 1A-2A West regional finalist, and placed 4th in the MPSSAA State championship tournament. He had a 37 and 8 record and is currently ranked 13th in the state by the MSWA. He is a sophomore at CHS.

The international styles offer many advantages to the scholastic wrestler. "First and foremost," says Green, "it creates a greater awareness of the hips; the center of gravity. It allows an individual to become a much better counter-wrestler against over-aggressive opponents. It forces them to sharpen their skills in creating scoring opportunities and holding good position. It helps a wrestler evolve into a more confident, composed, methodical, and, therefore, more dangerous opponent."

Tim Nordan traveled to Houston, Texas for the 2012 AAU Junior Olympics, July 28 to August 4. No stranger to the international wrestling styles, Nordan wrestled 15 freestyle

dual matches at 126 pounds and compiled an impressive better-than-.500 record with 9 wins and 6 losses, an astounding display of talent in such a remarkably competitive pool. "The coaching was good," said Nordan, "Each of our coaches were former Fargo All-Americans." His efforts earned him a 4th place finish, and he was awarded a copper medal. His team, Maryland Grey, finished in 10th place out of 19 teams from around the country. "The experience has made me a lot better on my feet," (referring to neutral or starting position), "I take more shots and get more takedowns," says Nordan, a 2012 Frederick County finalist, 1A-2A West regional finalist and MPSSAA State championship qualifier, had a 36 and 3 record and is currently ranked 21st in the state by the MSWA. Nordan is a senior at CHS, where his experience and practice ethic will serve both as an asset and an example to his fellow Cougar teammates.

Catoctin has made huge strides toward becoming a perennial County and regional wrestling power. Coach Green hopes to build on the success of last year's 18-5 dual meet record. "We've made some changes to the schedule to ensure that our wrestlers will have some 35 matches, even before the County championships. I'm excited, and if we can stay healthy throughout and we continue to improve and mature as a unit, I think we'll have a terrific season."

CYA wrestlers Ryan Springer and Payne Harrison made the move to Catoctin High this year. Springer and Harrison are both veteran wrestlers of the Mason-Dixon League, with over ten years of combined experience. Springer placed 7th and Harrison was the champion at the 2012 Mason-Dixon finals.

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CHS Athletic Boosters

The Catocin High School (CHS) Athletic Boosters Club provides an umbrella group for the various sport committees. The committees and boosters provide financial support for all sports programs. The individual committees oversee fundraisers, operate concession stands, provide uniforms every four years for sports teams, and provide overall assistance to the program in a variety of ways.

Membership in the booster club is open to anyone interested in supporting Cougar athletes. Membership is just \$5.00. Meetings are held on the third Wednesday of the month at 7:00 p.m. in the school conference room. Please consider joining the booster club to support the athletic programs at Catocin High School.

Catocin Cougars Travel Baseball Club Conducting Tryouts for the 2013 Season

The Catocin Cougars Travel Baseball Club is holding its second tryouts for the 2013 season on Sunday, October 7, 2012, from 12:00-1:30 p.m. at the Thurmont Little League Complex (Rain Date: Sunday, October 21).

Founded in 2011, the Catocin Cougars Baseball Club is one of Frederick County Maryland's premiere travel baseball clubs that offers travel baseball teams for children ages 7 to 12. Participation in the program is not restricted to geographic location or recreational league affiliation. Indoor workouts will begin in January 2013 at their indoor facility. They will play a Sunday game schedule only, and participate in a variety of preseason and holiday tournaments that will not conflict with recreational league schedules. *Note: U8 players cannot be 9 years old before 4/30/12; U9 players cannot be 10 years old before 4/30/12; U10 players cannot be 11 before 4/30/12; U12 players cannot be 13 before 4/30/12.*

If you are interested in trying out for the Cougars, please contact Ed Lowry at 267-664-5059 with questions, or email the Cougars at Catocinbaseballclub@hotmail.com. Visit and "like" their Facebook page at "Catocin Cougars- Travel Baseball Club" for the most up-to-date information on the Cougars.

Thurmont Little League Fall Registration

Thurmont Little League is pleased to announce that you can now sign-up online for Fall Baseball. They will, again, run teams in the Instructional, Minor, and Little League and Babe Ruth age divisions for the fall. It's a great opportunity to prepare for the spring season.

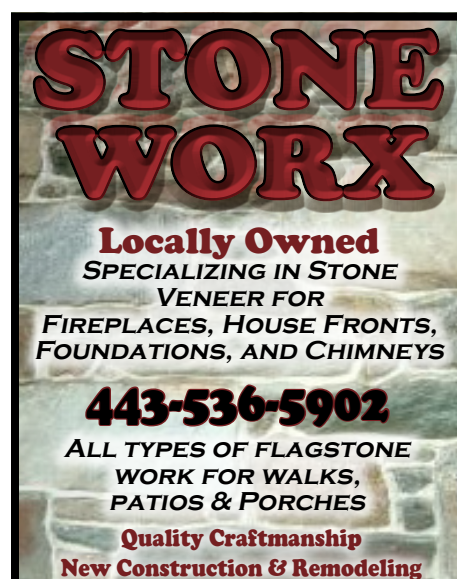
The fall season is traditionally more laid back and truly viewed as a "developmental" season. They play an "estimated" ten games per team (maybe more) and end up traveling locally within District 2, and possibly other places, such as Sharpsburg and Gettysburg. The schedule will be decided by age division.

The fall season is run in the following way: if you are looking to move your child "up" to the next level in the following year, you would play your child in the "next level up" in the fall. For example, a child who played Instructional baseball this past Little League season and is looking to play in the Minor league come spring season, would play in the Minor Fall League.

To register, simply go to their website and click on the registration button: <http://www.eteamz.com/thurmont/>. Any questions, please call 301-271-3958 or email Michael.randall@bea.gov.

2012 CYA Wrestling Registration

Catocin Youth Association (CYA) wrestling registration is open. For a quick registration process, please visit the team website for forms, located under handouts. Have these forms ready at registration: <http://www.eteamz.com/cyawrestling1/>. Registration dates are as follows: September 29—1:00-3:30 p.m., Thurmont Library-Large Conference Room; and October 6—9:00 a.m.-11:30 a.m., Thurmont Ambulance Building. Registration fees are: \$55.00 for 1st child; \$45 for 2nd child; \$35 for 3rd child.



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The 2013 Catocin High School (CHS) Field Hockey Discount Cards feature tremendous savings at local merchants and restaurants all year for just \$5.00 per reusable card. Save money when dining out, at various hair salons, hardware stores, and much more. Contact any Catocin High School Field Hockey player or stop by The Palms Restaurant, Ott House Pub, or E Plus Copy Center & Promotions in Emmitsburg or Shear Magic in Thurmont to purchase your card.

Catocin Rec Council Basketball Registration

Sign-ups for the Catocin Rec Boys and Girls basketball league will be October 6, 2012, from 9:00 a.m. to 12:00 p.m.; and October 13, 2012, from 9:00 a.m. to 12:00 p.m. Sign-ups and registration for both dates are at Thurmont Middle School. Registration forms are being distributed at the schools and via email. Forms will also be available on the nights of registration. Cost: Girls (grades 6-8)—\$60.00 (in-house); Girls (grades 9-12)—\$75.00 (travel U-19); Boys (grades 6-9)—\$60.00 (in-house); Boys (grades 10-12)—\$75.00 (travel U-19). If you cannot make the sign-up dates, registration forms and payment can be mailed to: CRC Basketball, 16835 Skunk Hollow Road, Sabillasville, MD 21780.

2012 CYA Basketball Travel Tryouts

All Catocin Youth Association (CYA) Basketball travel team tryouts are at Thurmont Middle School. Dates and times are as follows: Boys—Mid-MD JV & Varsity Tryouts on Wednesday, October 3, from 7:00-9:00 p.m. and Sunday, October 7, from 5:00-7:00 p.m. Girls—Mid-MD JV & Varsity Tryouts on Thursday, October 4, from 7:00-9:00 p.m. and Saturday, October 6, from 5:00-7:00 p.m. Boys—MYBA Under 12 Tryouts on Wednesday, October 17, from 7:00-9:00 p.m. and Sunday, October 21, from 5:00-7:00 p.m. Girls—MYBA Under 12 Tryouts on Saturday, October 20, from 5:00-7:00 p.m. and Monday, October 22, from 7:00-9:00 p.m.

Elementary In-House Intramural Leagues sign-ups for Grades 1 through 5 are October 17 and 18, in the lobby of Thurmont Elementary School, from 6:00-8:00 p.m.

For more information, please contact Dwight Baumgardner at 301-271-1154 or Dwight.Baumgardner@gmail.com. Visit their website at <http://www.leaguelineup.com/cyabasketball>.

Thurmont Babe Ruth Fall Registration

Online registration for the 2012 Babe Ruth Fall Ball Season is underway. Visit the league website at www.eteamz.com/thurmontbaberuthleague to complete the process for kids that will be 13+ next season. Dates for in-person sign-ups will be announced soon. The cost for the fall season is \$125.00; they are looking to field a 13 Prep team and possibly two 14-15 teams. All players aged 16 will be eligible to play on the 14-15 teams, as long as an older team is not formed. Ages are calculated by birthdate as of March 30, 2013. When completing the registration process, please go to the handouts section of the website and download and fill out the medical release form; this will need to be turned into the league. If you have any questions, please contact Jim Stein at 240-357-4486.



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SCHOOL news

CHS Class of 2013 Safe & Sane Events

The Catoctin High School (CHS) Class of 2013 Safe & Sane Committee announce the upcoming events and fundraisers to benefit the Class of 2013.

There will be a **Golf Outing/Four-Man Scramble** on Saturday, September 29, 2012, at Maple Run Golf Course in Thurmont. Download forms on the website www.catoctinsafeandsane.com or call Laura Knott at 240-285-4790 for further information.

Catoctin High Garden Stones in the shape of a paw (shown right) are for sale: Large Stone/\$15.00; Medium Stone/\$10.00; Small/\$5.00. Purchase a set of all three stones for \$25.00. Paint them, decorate them, personalize them—they make great gifts, too! To purchase these memorable Catoctin High Garden Stones, please contact Ed Schildt at 301-271-2026.



There will be a **Gun Raffle and Dinner** on Saturday, October 27, 2012, at the Vigilant Hose Company in Emmitsburg. Doors will open at 5:30 p.m. Tickets are \$25.00 per person (includes dinner and beverages). For tickets, contact Ed Schildt at 240-285-8079 or Brian Payne at 240-818-3163.

A **Dinner Dance** will take place on November 10, 2012, at the Thurmont AMVETS, from 6:00-11:00 p.m.

A reminder that meetings are held on the second Wednesday of each month at 7:00 p.m. in the CHS Media Center. The Catoctin Safe & Sane Committee is in great need of more parent participation. Come to a meeting and learn how all the pieces come together preparing for and giving the Class of 2013 a wonderful, safe celebration on graduation night.

"Alone we can do so little; together we can do so much."

~Helen Keller

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Community Foundation Presents Half-Million Dollars in Scholarships

The Community Foundation of Frederick County congratulated more than 260 scholars at the e-ventplex at the Frederick Fairgrounds on Sunday, June 10, 2012. Presenting more than \$505,000 in scholarships—the highest in the Community Foundation's history—Trustee and Scholarship Chairman Cynthia Palmer spoke to a crowd exceeding 500.

For the FY2012-2013 academic year, more than 1000 applications were received for the scholarships that the Community Foundation administers. "The Community Foundation continues to be one of the leading local resources helping students achieve their post-secondary education and training," said Ms. Palmer. "More than 260 scholars are receiving 340 scholarships. This represents 60 additional scholarships going out to 60 more students, and the total dollar amount increased by 30 percent."

The scholarship process, which starts in January and culminates with the scholarship reception each June, requires hundreds of volunteer hours to review, score, and finalize the recipients. "The Scholarship Committee takes this process very seriously," said Ms. Palmer. "They really care about the students, and often find the final decisions difficult to make, because so many students have worked very hard and qualify."

This year, students from each Frederick County Public High School and St. John's Catholic Prep are receiving scholarships. In addition, a scholarship has been presented to a home-schooled student, and for the first time, a student who has earned his General Educational Development (GED) certificate. Finally, scholarships were presented to students already enrolled in college, universities, and technical training programs.

Local 2012-2013 scholarship recipients (by city) are: **Emmitsburg**—Andrew Boller, a 2012 graduate of Catoctin High School; Katie Davis, a 2012 graduate of Catoctin High School; Avelina Hemingway, a 2012 graduate of Catoctin High School; Irma Mrkanovic, a 2012 graduate of Catoctin High School; Meghan Stouter, a 2012 graduate of Catoctin High School; Matthew Thompson, a 2012 graduate of Catoctin High School; and Allison Wivell, a 2007 graduate of Catoctin High School. **Lewistown**—Rebecca Rader, a 2011 graduate of Catoctin High School. **Rocky Ridge**—Jessica Clarke, a 2010 graduate of Catoctin High School; and Caitlyn Coddington, a 2012 graduate of Catoctin High School. **Sabillasville**—Karen DeLauter, a 2008 graduate of Catoctin High School. **Thurmont**—Alison Benjamin, a 2011 graduate of Catoctin High School; Karen Crum, a 2009 graduate of Catoctin High School; Abigail Drechsler, a 2012 graduate of Catoctin High School; Victoria Eyler, a 2012 graduate of Catoctin High School; Rachel Fogle, a 2012 graduate of Catoctin High School; Jared Grimm, a 2009 graduate of Catoctin High School; Brooke Kennedy, a 2012 graduate of Catoctin High School; Harlan Lawson, a 2012 graduate of Catoctin High School; Sarah Little, a 2011 graduate of Catoctin High School; Carrie Long, a 2010 graduate of Catoctin High School; Daniel Myers, a 2012 graduate of Catoctin High School; Michael Overzat, a 2012 graduate of Catoctin High School; Brandon Spoor, a 2012 graduate of Catoctin High School; Julia Steinly, a 2012 graduate of Catoctin High School; Kelly Sweeney, a 2010 graduate of Catoctin High School; Andrew Weaver, a 2012 graduate of Catoctin High School; Tyler Wolf, a 2012 graduate of Catoctin High School; and Nolan Scheider, a 2012 graduate of Catoctin High School.

The 2013-2014 Universal Scholarship Online Application will be available in January 2013. Please visit the Community Foundation's website at www.cffredco.org/scholarships this December for information about the application process.

TEPS PTA Events for October

The Thurmont Elementary/Primary School (TEPS) PTA Calendar of Events for October are as follows: **October 4**—PTA Meeting, 6:30 p.m. at TES Media Center; **October 8**—Schools dismiss 2 hours early; **October 13-14**—Colorfest Parking; **October 15-18**—Fall Book Fair at TES; **October 18**—School Opens 4 hours late, Parent/Teacher Conferences in the evening; **October 19**—Schools Closed; **October 22-26**—Red Ribbon Week; **October 25**—Muffins for Mom, 8:00 a.m. at TES; **October 26**—Family Movie Night, 7:00 p.m. at TPS; **October 31**—Schools dismiss 2 hours early; **TBD**—Book Character Day at TPS.

Send your school news to share!
news@thecatoctinbanner.com

School Supplies Donated to Local Schools

After the recent Stuff-A-Backpack Saturday Stroll, the Thurmont Economic Development Committee (EDC) and Thurmont First Main Street presented school supplies to the Thurmont Primary, Elementary, and Middle Schools. The supplies included back packs, note books, pencils, erasers, and other school items. These supplies were donated by Thurmont businesses and will be distributed to children in need of supplies by school staff members. The Thurmont EDC and Thurmont Main Street want to thank all of the businesses and individuals that helped make the 2012 Saturday Strolls a success, and they hope that all Thurmont area students have a successful school year!



Photo by John A. Kinnaird

Pictured (left to right) are Jen Daugherty, School Support Staff at Thurmont Primary School; Stacie Zelenka, EDC member; Virginia LaRoche, Saturday Stroll Chairwoman; and John Nickerson, EDC Chairman.

Catoctin High School Homecoming Shirts

Homecoming t-shirts are now for sale at Catoctin High School. The sale began on September 24, 2012, and will run until October 2, 2012. The shirts are sold during all lunch shifts at Catoctin High School. Short sleeve shirts are \$10.00 and long sleeve shirts are \$15.00. Payment is due at time of order. Shirts will be in for homecoming week! Support our Cougars! Homecoming this year is on Saturday, November 3.

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Expert answers to your health and wellness questions
by Inga Olsen

Question: I keep hearing good things about the Paleo diet. Is this really a sound nutritional plan?

Answer: There's no doubt that the Paleo diet is getting a lot of traction in the media these days. Fans of this diet claim that we should eat more of what our Stone Age hunter-gatherer ancestors ate, and that we should avoid grains, dairy, and legumes, because we simply haven't evolved to consume them. They also argue that the typical Western diet is largely responsible for many of the ills of today, including obesity, heart disease, and diabetes, amongst others. This is certainly hard to dispute! The Paleo plan is made up of meat, fish, shellfish, eggs, tree nuts, roots, fruits, vegetables, and berries. Sounds pretty healthy on the surface, but the restrictions mentioned earlier seem a bit impractical. There is an overwhelming body of research touting the healthful aspects of whole grains, low-fat dairy, and legumes. Many Paleo diet fans are quick to point out that it's the healthiest diet out there; however, I would argue that we simply don't know how it stacks up against a traditional Asian diet, a Mediterranean diet, or any of the various vegetarian plans. And let's not forget the fact that following a true Paleo diet is almost impossible in our current environment. Wild game is not widely available and most plant foods are not grown in the wild either. Even those of us wanting to avoid as many processed foods as possible can find it to be quite a challenge. In the end, the goal of consuming more of your food directly from nature is great, and it certainly beats the traditional Western diet. However, some of the claims about Paleo are a bit far-fetched, with little science to back them up, and you may find it to be needlessly restrictive. Give it a shot though, and see what you think!

Question: I'm an avid runner and I've had sore knees recently. I was told that running on a treadmill or on grass might help with the pain. Is this true?

Answer: This is the prevailing theory; but, unfortunately, this is not the case. Many people think that running on a slightly softer surface will help with knee pain, and that seems to make sense. But it's the force of your overall body mass on your joints that is causing the problem, so running on a treadmill

vs. pavement really doesn't matter. Your best bet would be to change up your modes of exercise and incorporate a little more biking, elliptical, or rowing into your training. This will give your knees some much-needed rest, and then hopefully you can continue to run with little to no pain. Remember, if the pain gets too severe, you may want to take some time off and/or go see a sports physician to see if the pain is stemming from a more serious injury.

Question: I've been having a tough time with my energy levels for my 6:00 a.m. workouts. I was thinking coffee might help with this, but it seems like it's always getting mixed reviews. Any cause for concern before a workout?

Answer: First things first. If you're experiencing low energy levels, and you're not necessarily focused on fat loss, try having a small breakfast, or even a bar or a shake before you go workout. This will definitely provide the much-needed energy you're looking for. However, if you're trying to drop body fat and you'd like to avoid calories that early in the morning, coffee is an excellent alternative. The caffeine in coffee is considered a central nervous system stimulant and will provide a boost of energy, though the effect varies greatly among individuals. Caffeine is actually considered an ergogenic aid, meaning it enhances physical performance. In the right amounts, caffeine has been shown to reduce the perception of effort during a workout, which means your workout will seem easier than it actually is. Not bad for a little cup o' joe, huh? Keep in mind, coffee does increase heart rate, respiratory rate, and blood pressure, and it can make you a bit jittery if you're a newbie. Luckily, these effects are relatively mild, especially for healthy folks. In fact, much of the research these days is focused on the potential health benefits of coffee, rather than any health risks.

About the author: Inga Olsen is the Club Manager and NSPA Certified Conditioning Specialist and Nutrition and Weight Management Specialist at Anytime Fitness in Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.



IN THEIR OWN WORDS

A Heartfelt Thank You

Our lost dog, Francie—the curly-coated Retriever—was found and returned to her home, thanks to the concerted efforts of the Thurmont Community, Animal Care Center of Walkersville, and the Frederick County Animal Control staff. The wayward hunter returned safely home to the Creagerstown Area mid-September.

—Sincerely, Lori Walton

"Silent gratitude isn't much use to anyone."

~ Gladys B. Stern

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senior moments

by Helen Deluca

Hello, again. It's time to tell you what's happening at the Thurmont Senior Center.

I'm sorry to tell you that Shannon is no longer with us. She has moved to Boonsboro, and the commute is just too much. We wish her well and we will miss her.

We had a great time at the Community Show and want to thank all those who bought craft items and raffle tickets for the quilt and cash prizes. Tickets are still available at the Center and will be sold at our Colorfest booth. The drawing will be held on December 1, and you do not have to be present to win. The quilt was made by Pauline Duble. Anyone familiar with quilting will know what an outstanding talent Pauline has for making beautiful quilts.

And speaking of talents, in my last article, I told you about Irene Mattheus. Her latest project was the dolls that she presented to the Thurmont Ambulance Company. She handmade 34 dolls that the Ambulance technicians then give to the children that are temporarily in their care. The Thurmont Ambulance Company has supported us in the past and Irene felt that her dolls were just another way to show our appreciation. Way to go, Irene!

Did you know that the ambulance technicians are available at the Center every Friday morning at 11:00 a.m. to do blood pressure checks (unless they get an emergency call). All seniors are welcome and there is no charge.

There will be flu shots available on October 17, 2012, from 11:00 a.m. to 3:00 p.m. Be sure to bring your insurance and/or Medicare card.

On October 11 and 12, 2012, the Center will be having a yard and bake sale—rain or shine—from 9:00 a.m. to 3:00 p.m. at the Center. If you have any reusable items you wish to donate to the yard sale, you can drop them off at the Center after October 1, or call the Center for help. We, as always, need your support. Any money earned from the sale will go a long way to maintaining the Center.

Look for the Senior Center booth at Colorfest. We will be located at the Stauffer Funeral Home grounds, selling raffle tickets and crafts.

There are many other activities to enjoy in October. The monthly birthday party will be October 26, 2012. Lunch as usual at 12:00 p.m. Cost is \$5.75 or a donation; reserve 24 hours in advance. Cake and ice cream will be served at 12:30 p.m. On Tuesdays and Thursdays at 9:15 a.m., come for video aerobics. On Thursdays at 10:30 a.m. there is Wii bowling. It's a lot of fun, and Ruthye and Tony will be waiting for you. Every 1st and 3rd Tuesday at 1:00 p.m., you can come and join the knitting group.

And now for our special announcement! Mark your calendar for November 3. On Saturday, November 3, 2012, is our Spaghetti Dinner and Cash Bingo. The spaghetti dinner will be served from 4:00 p.m. to 6:00 p.m. Bingo will start at 6:30 p.m. There will be 20 regular games paying \$100.00. The small jackpot is \$250.00. The large jackpot will be \$500.00. 50/50 and jar tickets will be available. The cost for the entire evening will be \$30.00 for advance tickets. Or, if

you prefer, you can pay \$10.00 for dinner only and \$20.00 for Bingo only. Tickets available at the door will be \$35.00. The dinner and Bingo will be held at Our Lady of Mt. Carmel Parish Center, located at 103 N. Church Street in Thurmont. Call the Center at 301-271-7911 for more information and for tickets. This is an important fundraiser for the Center, so join us for a great evening of fun and food.

With elections coming up in November, here is a quotation from Calvin Coolidge: "Patriotism is easy to understand in America. It means looking out for yourself by looking out for your country."

On a personal note, I am happy to say that George and I will celebrate our 66th wedding anniversary on October 5.

Holding quilt are Ercil Heim (left) and Mary Wilhide (right).

Photos by Irene Matthews



Pictured (left to right) are Ercil Heim; David P. Weinman, Career FF/EMT-B; Jason Beard, Career FF/EMT-B; and Joan Follin.

Emmitsburg Ambulance Subscription Club

Did you ever really think about how much it costs to dial 911 for an ambulance? The time to think about that is now, not after you receive your bill following your emergency transport.

The Subscription Club is utilized to offset the cost of any payments, co-payments, and deductibles that you may incur as a result of utilizing ambulance service. The cost to be a member of the Subscription Club for each year is \$25.00 per individual, \$50.00 per household, and \$15.00 per senior citizen.

The Subscription Program is applicable only to EMERGENCY and Medically Necessary Non-emergency Ambulance Transports to any of the surrounding hospitals in our area. Non-members will be obligated to pay all payments, co-payments, and deductibles as required by their health insurance plan. Currently, the basic rate can cost from \$500.00.

Your Subscription Club Brochure should be arriving in your mail anytime from late October through the end of November. Please be watching for your brochure to arrive so you can join the Club that will save you money.

If you do not receive your Subscription Club information by mail, please call the station at 301-447-6626 ext. 105 or stop by and pick one up.

If you live outside the Emmitsburg Area, you will contact your first due Ambulance Transport Company for any information you may need about the Subscription Club Program.

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Medicare Part D Open Enrollment Begins October 15

The annual opportunity to enroll in a Medicare Prescription Drug plan is for a limited time only. Open enrollment begins Monday, October 15, 2012, and ends Friday, December 7, 2012.

Seniors currently enrolled in a Medicare Prescription Plan are encouraged to reexamine their existing plan each year to make sure they have the best plan based on the medications they are taking and the cost of the premiums. By comparing their existing plan with other options, seniors may be able to save money on the monthly premiums and get better overall coverage.

Seniors may complete their own prescription drug plan search during that open enrollment period by going to www.medicare.gov and clicking on the "Find health and Drug Plans."

Individuals who prefer to have Department of Aging staff assist them, may call the Emmitsburg Senior Center at 301-600-6350 to schedule an appointment. Medicare Part D counselors will be at the center on Tuesday, October 30, November 13, and November 20 to provide individual drug plan searches. In addition, counselors will identify programs that may provide assistance with Part D premiums for income eligible seniors.

All Medicare Part D Prescription Drug coverage selected during the open enrollment period will become active effective January 1, 2013.

For additional information about the Emmitsburg Senior Center or Department of Aging services and programs, please call 301-600-6350 or visit online at www.frederickcountymd.gov/aging.

Important Medicare-D Dates:

October 15, 2012 — Annual Coordinated Election Period Begins

December 7, 2012 — Annual Coordinated Election Period Ends

January 1, 2013 — Coverage Begins

What is Medicare Part-D?

Medicare Part-D is prescription drug coverage offered by the federal government.

Medicare recommends you take the time to evaluate your current plan. Cost — will your monthly premium and costs change in 2013? Coverage — Do you need more coverage in 2013, will the prescriptions you take continue to be covered by your current plan?

Call Linda at the Emmitsburg Senior Center to schedule an appointment at 301-600-6350 with a SHIP counselor from the Department of Aging.

"Happiness doesn't depend on any external conditions, it is governed by our mental attitude."

~Dale Carnegie

Play Our Games!

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See page 29 to play the "Who Am I?" game.

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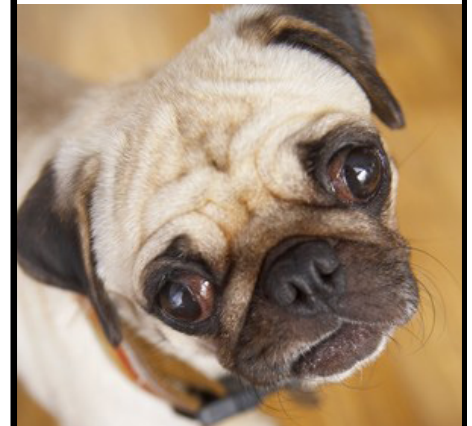
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tickling our taste buds

by Denise Valentine, *A monthly column by a community member who loves to cook!*

Hello, everyone! First of all, I would like to congratulate all of the winners at the Community Show. The baked products department had a lot of wonderful entries. I will share the winners with you next month and hopefully be able to get a few of the Champion recipes to share.

As I thought about what to share with you this month, I remembered that a friend, Deb, had asked me to do some crockpot recipes. As the evenings begin to get a little cooler, I start to think of tummy-warming food. I have been making this recipe for several years now, and I have received many compliments on how delicious it is.

It is a crockpot variation of Au Gratin/Scalloped Potatoes from a box.... yep, that's right....from a box. Instead of the stovetop or microwave directions that take about 15-20 minutes, prepare the recipe in your crockpot, with a few additions, and it will take about 4 hours. The number of servings will vary depending on how many boxes you use. Good luck!



Au Gratin/Scalloped Potatoes (from a box)

When I prepare this recipe I use 2 boxes each of the Au Gratin and Scalloped varieties in a 4-quart crockpot or 3 boxes of each in a 6-quart crockpot. You will need to multiply the ingredients by the number of boxes you use of each flavor.

Heat the water to boiling and pour in your crockpot (use a liner for easy clean-up). Add the butter or margarine and stir carefully until melted. Add the milk. Add the powder flavoring and whisk gently until dissolved. At this time, I add 1 teaspoon each of dried chopped onion and bacon bits per box of potatoes used. Add the potatoes and stir gently until all are in the liquid.

Turn your crockpot to low heat and come back in about 4 hours.

Adults Trick or Treat?

Parents favorite treats to sneak from their kids' trick-or-treat bags are snack-size chocolate bars (70% sneak these), candy-coated chocolate pieces (40% sneak these goodies), caramels (37% swipe these from their kids' bags) and gum (26% swipe this candy).

—candyusa.com

Every Woman Over 18 Should Cast A Ballot November 6!

by Jeanne Angleberger

Elizabeth Dole, NC first female U.S. Senator says "Each time we vote, we celebrate the advances made by the brave women who came before us. Every woman in America should commemorate those achievements by casting a ballot on Election Day. We owe our forebearers nothing less."

Did you know women picketed outside the White House protesting President Wilson's continued refusal to support women's suffrage in July 1917? Finally, the 19th Amendment was ratified August 1920, guaranteeing all American women the right to vote!

Yet, voting percentages are low! The 2008 presidential election records show only 60 percent cast a ballot—115 million women were eligible to vote, but a little more than 70 million did.

Evaluate the candidates. Do your homework. Research the qualities of your presidential choice before election day. Remember to vote on qualifications and not on popularity! Rally other women to get to the polls on election day!

Every woman of voting age must exercise her right to vote on November 6! Remember this was a milestone women achieved for us!

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2012 Christmas Ornament Sale

Thurmont Lions Club is now taking orders for the 2012 Thurmont Christmas Ornament, featuring a new original image by artist Rebecca Pearl. "Angels by Night" depicts a night scene of Memorial Park decorated for the holidays. The ornaments are \$10.00 each, plus tax. Only 350 will be sold, so please reserve yours early. You will be notified to pick them up in November, so you will have plenty of time to decorate with them or give them as gifts. Also available is an artist proof from which the ornament design was taken. This print, which will be the same number as your ornament, is priced at \$60.00. Only 50 artist proofs will be sold. To reserve your ornament and/or print, call Joann Miller at 301-271-3913.

Create Ornament for the 2012 Thurmont Remembrance Tree

Help decorate Thurmont for Christmas and honor someone special at the same time. It's time to create an ornament for the Remembrance Tree that will be dedicated on December 1, 2012, during "Christmas in Thurmont." Creating an ornament is easy. Just pick up a specially-created disk at any Thurmont Lions event or at the Thurmont Branch of PNC Bank or call 301-898-7004. A \$3.00 donation for the disk will help with the cost of the supplies. Personalize your disk with photos, drawings, personal messages, or any other creative expressions of love or special memories. Return your customized disk to the PNC bank before November 15, 2012. Each returned ornament will be placed in a clear plastic 5" globe by the members of the Thurmont Lions Club and hung on the Remembrance Tree. Your ornament, complete with globe, can be claimed in January. The date and time of the pickup will be published in the December issue of *The Catocin Banner*. The Thurmont Lions Club or its members are not responsible for loss or damage and ornaments not claimed will become property of the Thurmont Lions Club. For more information, visit www.thurmontlionsclub.com.



Remembrance Tree, dedicated during Christmas in Thurmont in 2010.

Courtesy Photo

2nd Annual TEDC Raffle

This year the Economic Development Committee is raffling three great prizes, so every ticket purchased has three chances to win: 1st Prize—42" 1080P HDTV; 2nd Prize—Trek 3500 21 Speed Sport Hardtail Mountain Bike (sized to the winner); 3rd Prize—\$100.00 cash. Tickets can be purchased at local businesses (\$1.00 for one or 6 for \$5.00). The winner will be chosen during Christmas in Thurmont on December 1, 2012, at 6:00 p.m. Proceeds benefit Thurmont Economic Development and provides support for community building events and activities in Thurmont. For more information on ticket sales, please contact Bill Gorman, Director EDC, at 301-471-1004 or John Nickerson, Chairman EDC, at 240-529-7814. www.thurmontfirst.com. Thurmont First, Inc. is a 501 C 3.

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the health jeanne

by Jeanne Angleberger, *Shaklee Associate for a Healthier Life*

Reading food labels has become necessary if you care about what your family is eating. You will see many shoppers trying to figure out whether or not to add a product to their cart.

Recently I came across some guidelines in a health magazine which should be helpful the next time you're at the grocery store.

The first ingredient listed should be representative of the product. Example: a package of mango juice should be mangos.

We should recognize the ingredients! The following are safe additives: citric & sorbic acid; a natural source of lactose, gelatin, glycerin; lecithin; natural flavorings; pectin; sorbitol.

Watch out for these food additives! Avoid foods containing hydrogenated fats; artificial food colors; nitrites & nitrates; sulfites;

artificial sweeteners (aspartame, acesulfame-K, and saccharin); MSG; preservatives (BHA, BHT, EDTA, THBQ); artificial flavors; refined flour.

Look for reasonable amounts of sodium and sugars per serving. Depending on the food, the content of sodium and sugar will vary. So, keep in mind the serving size and the kind of food. Yours truly always compares these two ingredients on her food purchases.

There should be optimal amounts of fiber, vitamins, minerals, and nutrients. Once more, it depends on the food; for example, yogurt is high in calcium and whole-grain bread is a good source of fiber.

So, now you're ready to shop with a different list! I believe you will find it most helpful when reading the food labels. Kindly share your shopping knowledge with others.

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Boy Scouts Sell Popcorn for Good Cause

Local Boy Scouts are selling popcorn from August 1 to November 30, 2012, to raise money to attend camps and to participate in fun, character-building activities.

The Boy Scout program offers a wide variety of exciting, action-packed opportunities, such as Appalachian Trail's Day Camp in Jefferson, the weeklong Camp Airy in Thurmont, and high adventure trips to places like Philmont Scout Ranch in New Mexico and Sea Base in Florida. Of course, these experiences cost money and that's why fundraisers are crucial to the operation of the local Boy Scouts of America.

One of the largest Boy Scouts fundraisers is the popcorn sale, which is a crucial source of revenue for the program, with 70 percent of the proceeds going towards Scouting. This money is then put into a unit pool for individual units to use for their Scouts.

Appalachian Trail (AT) District Chairman, Greg Binzer, explains, "Our annual popcorn sale program is a very important source of revenue for our council and district. It is also an outstanding opportunity for AT units and Scouts to raise funds for the operation of their units."

The popcorn sale not only brings money into the program, but it also greatly benefits the Scouts in other ways. As AT Popcorn Kernel, David Dean, notes, "The objectives of the Boy Scouts are to build character, foster citizenship, promote fitness, and develop leadership and teamwork. Selling popcorn in order to earn money allows Scouts and units to pursue these objectives."

Additionally, Scouts that sell more than \$2,500 worth of merchandise have six percent deposited into a Trail's End scholarship fund.

The popcorn sale also benefits the community. As Binzer notes, "The popcorn tastes great, and it is a good holiday gift for those 'hard to buy for' friends and relatives. If a Scout asks you to buy popcorn, please do so!" Prices range from \$9.00 per bag to \$75.00 for gift sets. For added convenience, the popcorn can be purchased online.

For more information about the AT District's popcorn sale, contact David Dean at atpopcorn@comcast.net. For more information about joining all levels of Scouting please go to www.BeAScout.org or contact John Boyd, Appalachian Trail District Executive at 240-422-0706 or john.boyd@scouting.org.



Courtesy Photo

Clayton Dean stands in front of a display of popcorn at a Boy Scout function in Frederick, Maryland, in September.

Adults Trick or Treat?

90% of parents admit to sneaking goodies from their kids' Halloween trick-or-treat bags.

—candyusa.com

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Who Am I?



Who Am I? Next Issue

Your clues are: "Security officer at the Academy for 21 years; St. Joe's grad, Army Vet; pitched a no-hitter in the Emmitsburg Fast Pitch Softball League."

You can submit your answer in either of two ways: call 240-288-0108 and leave a message (with spelling of your name and phone number) or send an e-mail to who@thecatocinbanner.com. Correct answers will be entered into a contest for prizes at the end of the year. Each month's winners will be revealed in the following month's issue. Each month a new "Who Am I?" will be featured, plus we will reveal the answer to the previous month's local mystery figure.

Article and photo by Olivia Sielaff

Your clues were: "Curly; EHS Soccer alumni; Gettysburg Hospital volunteer; plans to just take it easy."

Those who guessed the Who Am I? correctly were Elaine Ebaugh, Gene Fisher, Sara Green, Donna Miller, Ruth Hardigan, Peggy White, Joan Smith, Helen Reaver, Larry Little, Debbie Brannon, Susie Free, and Ralph Whip.

I am Dave Umbel

Dave Umbel never had curly hair. But when he was in high school, he was given the nickname "Curly" after getting a crew cut. "Before I knew it, it caught on. Some people didn't even know my real name," Dave said with a smile. The nickname has stuck ever since.

Dave was born in 1939 in Emmitsburg and has lived there for all seventy-three years of his life. His parents, Wilbur and Helen, raised their family of nine children on N. Seton Avenue. Dave's father worked at East End Garage until 1958, and then ran a dump truck business. Dave's mother was a housewife and had plenty to do looking after her six sons and three daughters: Beatrice, Bill, Ruth, Jack, Dave, Jim, Clarence, Carolyn, and Austin, respectively. Dave said his siblings are thankfully "all in good health" and most are now retired. They've spread out from Emmitsburg, but Dave is still close to his youngest brother, Austin, whom he has found companionship with since their childhood. Reflecting on growing up in Emmitsburg, Dave stated, "It was great. It seemed like

every kid got along; everyone knew each other."

During his high school years, Dave played on the Emmitsburg High School's soccer team. On the team, he traveled to a few high schools for away games. Dave continued playing soccer for a few years after high school. "That was my favorite sport," he explained. Between school work and soccer practice, Dave worked at Crouse's on the square in Emmitsburg at the soda fountain. He remembers a lot of town's people coming in because "back then, there weren't many soda fountains around." One of Dave's favorite memories was when he almost flunked high school. During his senior year in 1956, one of Dave's teachers assigned him to a part in the school play. "She said I had to be in it or she would flunk me," Dave said, laughing. "Of course she was just kidding. Besides, every time she taught, she would fall asleep in class."

After high school, Dave worked in Gettysburg at a shoe factory for one year, then one year at a boot

factory in Taneytown for five days a week. For the next forty-five years, Dave worked at a machine shop in Waynesboro as an inspector and running milling machines. He retired in 2000.

In recent years, Dave volunteered at Gettysburg Hospital from 2006 until this past January 2012. He said he was bored of sitting around, so that compelled him to volunteer. As a volunteer he would work at the dispatch desk, keep family members informed of the whereabouts of patients, and train other volunteers. Dave said he met a lot of people and enjoyed getting to know the doctors, nurses, and patients and their family members.

Now Dave's plans are to "just take it easy." He mentioned that recently his relatives had a large family reunion this past June. "It was a nice turn out," he said. One of his hobbies is woodworking, making cabinets and bookcases. Although it's been harder for him to pursue that hobby, Dave likes to visit his friends at the fire hall and E Plus Copy Center whenever he's out and about. We always enjoy his visits at E Plus and can count on him to stop by and say "Hello."



HAPPY HALLOWEEN

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~ Linus from "It's the Great Pumpkin, Charlie Brown"

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Chubby's BBQ

Dusting off a review that's been sitting in the file folder for a while, this month we look at Chubby's BBQ in Emmitsburg. Chubby's offers a lot of food that should stuff even the biggest bear of an appetite. Easily accessible from U.S. Route #15 at Old Frederick Road in Emmitsburg, it's easy to get in if you're heading North on the highway. If not, you need to go either north or south a ways before hanging a u-turn to get to Chubby's. No fault of Chubby's. The building was there before the u-turns were installed.

On this carry-out visit to Chubby's, I enjoyed the Beef Brisket BBQ (southern style). The fries were hot and fresh. They are the type with the skins on and I will admit that there were a lot of them.

Now for the beef. Man, there was so much meat, it could be described without exaggeration that it was a mountain of meat. While I understand that you need fat for flavor, there was just a little too much of it in this particular sandwich. The sauce was served on the side and I think for a sandwich of this magnitude there should have been a little more than the small 2 ounce cup. Putting this aside, the sandwich was top notch and I would not hesitate to eat this beast again.



Of course, there was so much food. I mean between the fries and the sandwich it was a meal for two people, possibly three. It was certainly worth the cost. At \$12.00 plus tax, the meal may be a bit on the high end of the price scale if you are looking for a quick bite to eat. But, considering the portions, just invite friends to share and the price is fine.

The service was fast, and the place was packed. I haven't tried the table service, and I did not call ahead.

In the end, I really do like the food at Chubby's although my love of quantity kicks my pants size up a bit. At Chubby's quality is not skimping.

Editor's note: All restaurants reviewed in this column are provided at the expense of the reporter. The reporter pays for the products that are reviewed, and the establishments are not notified ahead of time of the visit. Reviews and visits are impromptu. The reviews found in this article are truthful and honest opinions, not advertisements. Opinions found in this article are those of the individual reporter and do not necessarily represent the opinions of *The Catocin Banner* newspaper.

Outdoor Adventures Mix with Technology at Area Scouting Camps

Local Cub Scouts did everything from launching rockets to swimming at the Appalachian Trial (AT) District's annual Summer Day Camp and Camp Airy. Day Camp took place at the Frederick 4-H Center from July 23 to July 27, 2012, while Camp Airy took place near Thurmont from August 13 to August 18, 2012.

The pirate-themed Day Camp offered local Cub Scouts a wide variety of activities. Scouts enjoyed the on-site swimming pool, where they had the opportunity to earn aquatic-related badges. Other activities included archery, arts and crafts, a first-aid station, and a science station, where the Scouts conducted various experiments. One such experiment had the Scouts testing what reactions would occur when various candies, such as Good n' Plenty, were put into a variety of beverages.

Camp Airy, located in the wooded and hilly slopes near Thurmont, also provided Scouts with a fun and engaging week-long experience. Since 1958, Camp Airy has been a local Scout staple, deeply steeped in history and heritage. Generations of Scouts and their families have experienced the camp, and later become camp counselors and adult volunteers.

Camp Airy's legendary history is not the only thing that makes it meaningful to Scouts. It also offers an ever-increasing variety of activities, ranging from



Courtesy Photos
Pictured (left to right) are Spencer Paire, Peter Stern, and John Thomas with robots built as part of the STEM (Science, Technology, Engineering and Math) skills program at Camp Airy near Thurmont this past July.

the traditional forestry, woodcarving, basketry, geo-caching, archery, fire safety, canoeing, swim skills, and fly fishing to STEM (Science, Technology, Engineering and Math) skills such as astronomy, robotics, and computers.

For more information on Scouting or becoming a Scout Leader, contact either Eric Ashbaugh at Eric.Ashbaugh@gmail.com (Cub Scout Program) or William Lohr at wklohr@gmail.com (Boy Scout Program) or visit www.BeAScout.org.



Pictured (left to right) are Ryan Fong Sam, Chris Platt, Cruz Galleos, Mark Thatcher, Will Paire, and Mike Worrell. The Scouts are building a tower in one of the many wooded areas of Camp Airy near Thurmont.

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The Potpourri Experiment

by Valerie Nusbaum

As I'm sure most of you know, my husband, Randy, and I own a small arts and crafts business. We sell our wares at local shows and festivals throughout the area, as well as online. We've participated in Catocin Colorfest for a lot of years for two reasons: (1) we enjoy it; and (2) we live in Thurmont. If we didn't participate in Colorfest, we'd have to leave town for that weekend because of all the crowds and traffic.

Over the years, we've sold—or tried to sell—a variety of products at Colorfest. I didn't do too well with my watercolor prints, and I blamed it on the fact that most of my stuff is too localized to do well with shoppers that come from all over the country. That may not be the reason my prints didn't sell, but it makes me feel better to think that.

I've sold novelty pins sculpted from polymer clay. These were very popular, but I was never able to make enough of those to fill a booth. I had a huge variety of styles, but no matter how many different options I offered, there was always someone who asked for a pin shaped like a purple armadillo. I've made and sold every kind of Christmas ornament and decoration imaginable. I design and make beaded jewelry, too, but there's so much of that at Colorfest that I'd just be one more jewelry vendor.

Randy does woodcrafts in his shop in the backyard. His stools and shelves have sold really well, but he's grown tired of the repetitive work, and he wanted to come up with something new and different. He felt that we should make and sell a consumable product. According to his research, items like soap, candles, and anything food-related were the big sellers. I've made both soap and candles, and didn't have much luck with either of them. My

vigilant hubby noticed that there was a serious lack of potpourri in Colorfest, so he decided that we should sell that this year.

And there began our year-long endeavor into drying everything we could get our hands on, and piling up our basement with all the materials.

We gathered up the pinecones from our pine trees and took them apart. We dried pine, spruce, and cedar. We have buckets of dried holly leaves and berries, as well as a box-full of tiny acorns from our oak trees. We grew bachelor's buttons and a myriad of wildflowers and dried all those, along with rose petals, peony blooms, and every other blossom that was brave enough to sprout in our yard. I harvested lavender from my huge lavender bush, and my basement stairwell is filled with bags of it drying. Randy's flower garden has produced an awful lot of flowers—that's the good part. The bad part is that he planted it right under the bay window at the end of our driveway, and it's visible from the street. He was offended when I called it an "eyesore."

We tried to dry the beautiful purple blooms from my chive plants, but we learned that if it smells like an onion when it's growing, it stinks like a burned onion when it's dried.

Randy and I have taken nature walks around town and in the mountains trying to find things to dry. We found a multitude of teasels, but while we were filling a bag with those, we discovered that snakes like to hang out around the stems, resulting in us only making that pilgrimage once. He's dried apples, oranges, lemons and limes, and accidentally some stink bugs and crickets. I think there might be some leftover turkey somewhere in the basement, but rest assured that it's dry.

Because we want our finished product to look professional, we had to buy nice bags to package it in. Then we needed labels for the bags, so we could tell the shoppers what we were selling. Did I mention that we also bought a new tent this year? And we decided that we needed a new, sturdier display table.

The new table prompted a need for a new table covering. I have bought and returned more sheets than I care to mention, trying to find the thing that will work. I hate to sew, but I'll have a new table cover by the second weekend in October even if it kills me. I've also been sewing sachet bags and catnip toys to sell along with the potpourri. Let me reiterate, I do not like to sew.

We also had to buy the scented oils to make our dried bounty smell nice. We've spent a lot of money to make our products and booth look enticing to buyers, and for only

\$32.95 per bag, they'll be able to own some of our beautiful home-made potpourri. Seriously, I can't possibly see how we're going to make a profit at this.

On any given evening, Randy can be found in our basement drying materials in his new dehydrator, or dying pine shavings lovely pastel shades by dousing it in Kool-Aid. Just be sure to use the unsweetened kind. Why? I have no idea. The wood shavings look pretty, but they're being tracked all over my carpets.

All in all, it's been kind of fun. At least, it was something that we could do together, and we learned a few things. Hopefully, it will pay for itself. If not, everyone we know is getting potpourri for Christmas.

If you happen to visit Colorfest this year and you smell something, it's probably us.

Share Your Good News with the Catocin Community!

Send your community news and photographs to share with others in your community. If you would like your name listed as contributor or photographer of your information, please include that in your email or mail.

Send your news to: *The Catocin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788

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our neighborhood veterans

1st Sergeant Robert David Maddox

by Jim Houck, Jr.

Bob was born December 27, 1954, near Mount St. Mary's College. He grew up with his parents, Charles and Annabelle Baker, and three siblings, Doug, John, and Terry. He attended eight years of education at Emmitsburg High School. Then he was educated at Catocin High School from grade nine through twelve, when he graduated. He worked at Mount St. Mary's in the kitchen while attending school. After graduation, he went to work for Worthington Pump Company in Taneytown, Maryland. He moved to upstate Pennsylvania for a little over a year, and when he returned home to Emmitsburg, he joined the U.S. Army and that was in 1974.

Bob joined as an aircraft crew chief on a Chinook, yet when he got to Fort Hood, they told him they had too many Chinook mechanics and sent him back to Cobra school where he made "distinguished graduate" in his first class and "honor graduate" in his second class. He was promoted after each class. About a month after his graduation, while riding down the street, he saw a sign that read "Explosive Ordinance Disposal." He stopped in and they said "if you would like to volunteer, we take volunteers." Bob volunteered and went to EOD School, which was located in Indian Head, Maryland. He said it was the hardest school he had ever gone to; they teach two years of college-level information in six months. Bob said that the failure rate at that time was at eighty seven percent, and he and one other person were the only ones from the class to be enrolled in another class to finish.

Leaving EOD School in 1976, he and his fiancée (Denise Herring, who Bob met while talking on a CB radio; Denise lived on the Harney Road in Emmitsburg), returned to Fort Hood, Texas, where they were married. They had their daughter, Thea, while at Fort Hood. Shortly thereafter, they left for Germany. When they arrived in Germany, they were at the 636 ordinance Company EOD. It was a chemical company that took care of a classified chemical sight in Clausen, Germany. Bob said evidently at one time, the United States sneaked some chemicals in and they were doing a renovation there. They had to have the EOD personnel there. He was there for about two years, then he



Courtesy Photo

moved up to Giessen, Germany, to the twenty-first explosive detachment. He was there for a little over a year, had their son "Charlie" in 1981, and then came back to Fort Bliss, Texas. He was there only a short period of time, and was then deployed to the Multi National Peace Keeping Force in the Sinai Peninsula in Egypt. Staying there for a little over six months, Bob returned to Fort Bliss, Texas, and received orders to go back to Germany. He went to Kaiserslautern, Germany, where he spent five years. They did a lot of traveling while there. He said it was neat because of all the countries he got to go to in support of the President and the Vice President of the United States while they were visiting. Bob said the EOD Personnel do all the bomb searches prior to all VIP arrivals traveling from country to country.

Bob says it has been an interesting job and that he is on call twenty-four hours a day, seven days a week. He said he is called for terrorist bombs, or the Red Army Faction, or just plain fruitcakes here in the U.S.—such as bomb threats, bank robbery with a bomb threat, or old dynamite with nitro-glycerin making it sweat and needing to be removed; even hand grenades, mortar shells and any other live explosives brought back from war by our fathers as souvenirs. He and his crew go out and take care of bringing it back, saving it, taking it to demolition ranges and destroying it. Bob and his family came back from Keisenslaughter, Germany, in 1989, and on to Andrews Air Force Base and a

Special Improvised Explosive Devise Unit, which were primary responders for improvised nuclear and chemical explosives. They had high tech sensors such as infrared alarm systems that were hooked to these things to protect them. Bob's team had a lot of high tech gear they used in order to prepare for the special improvised explosive device response. Also, being close to D.C. and at Andrews Air Force Base, he and his team did all the bomb searches for the President when he was leaving or arriving at Andrews. Also, there were a lot of very important Person missions in and around Washington D.C. A call could come in and say they didn't have enough protection for the President's arrival in Houston, Texas, or anywhere else. Bob and his team would have to respond to wherever they needed them. He and his team would be sent to unknown destinations, not knowing when they would return. His wife didn't care for that part of his job, because she never knew where he was.

Following two years at Andrews, Bob and his family returned to Manheim, Germany, to an explosive ordinance disposal control detachment that provided evaluations, oversight, and assignments to all the units that were in Europe (EOD Units). He said that was interesting, but they were only there for a couple of years, and then they were sent back to the 67th EOD detachment at Fort McNair in Washington, D.C. Bob retired from the U.S. Army there—the 67th EOD, specifically a Very Important Person Unit that only takes care of movements in D.C. While there, Bob's wife woke him up one night and said, "Hey, they need you to go to work right now. A plane just crashed into the White House, right," Bob got ready to get on the road, and Denise turned on the news. She said if that really happened, it should be all over the news. There was nothing on the news, so Bob got on the road and, it wasn't a half hour later, a news bulletin came on that a plane had just crashed into the White House.

After Bob retired in August 1998, he became a Deputy Fire Marshall for a year, when he got a phone call from the Department of Defense asking him to come back to EOD as a civilian. So, he went into what is called the Technical Escort Unit, which covers all recovered chemical warfare material, whether it be ordinance or a special improvised explosive devise containing chemicals.

Bob does that same job today. He has two remediation response groups that actually go out and dig up the things that the United States buried in the forties and fifties when it was accepted. They are now out there

digging those chemical weapons up to destroy them, keeping them out of the wrong hands. Bob's team also takes care of any bombs or chemicals that may wash up on the beach, and they remove all chemical warfare agents. He has a C12 aircraft, two UA72s, a mobile laboratory that has two light and two heavy mobile labs that can do the analysis for chemical, biological, and everything up to forensic analysis. He has a unit stationed at Pine Bluff (about forty people stationed there), one unit here, a small aviation attachment, and a laboratory. Bob works from Headquarters and is the Unexploded Coordination Manager. Anytime something is found, he photographs, x-rays from high powered x-ray machines that are portable, and uses the isotrofic neutron spectrofac. The latter is a low-level neutron assessment machine that is non-intrusive and emits neutrons that go into the item, excite the atoms which then send off charged electrons that are gathered, transferred to a spectrum and, depending on which item it comes from, it has different energy levels. He can then figure what elements are in it and make a determination. Bob's son, Charlie, works with the team and operates one of the most sophisticated machines they have.

Bob and his team are still on call twenty-four hours, seven days a week. I know it is a very dangerous job and not many people could handle it, but I could tell he wouldn't want to do anything else. I, for one, am thankful that we have someone like Bob Maddox in a position of such importance to the safety of Americans. He told me that he and his team party hard after a mission, and I for one hope they always come back to be able to party hard. Bob lives in Emmitsburg, and I hope you get a chance to meet him, because I think you would want to listen to stories of his dedicated and exciting life for hours.

God Bless Bob, his Team, and the United States of America.

Play Our Games!

See page 9 to take part in our "Where Am I?" and Hidden Object games.

See page 29 to play the "Who Am I?" Game

Call our contest line at 240-288-0108 or Email your guesses to: news@thecatocinbanner.com

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our community veteran event board

American Legion Post 121 Meeting — Tuesday, October 2, 2012, Veterans, Auxiliary and Sons at Post Home, 7:00 p.m.

VFW Post 6658 & Ladies Auxiliary 25 Week Club

VFW & Ladies Auxiliary Post 6658 - 25 Week Club Dinner on Saturday, October 6, 2012, at 5:00 p.m. at Emmitsburg VFW (changed from the Emmitsburg Fire Hall). Tickets are still available at \$25.00 each. DJ Southpaw from 9:00 p.m.-1:00 a.m. All are welcome (non-members must sign guest book, house rules apply to all) 18 and older; after 9:00 p.m. we ID. Call 301-447-6141 for additional information.

Sportsman Bingo, AMVETS Post 7 Ladies Auxiliary

A Sportsman Bingo is being held on October 6, 2012, AMVETS Post 7 Ladies Auxiliary, Post Home, Thurmont. Benefits Scholarship Fund. Doors will open at 5:00 p.m.; Bingo starts at 7:00 p.m.; and Meal will be served from 5:30-6:45 p.m. There will be 10 Games for Guns; 10 Games for Cash; Door Prizes/ Gun Jars/Money Jars; 6 Hard Card Packs/20 Games. Tickets are \$35.00 each (150 tickets must be sold or event will be canceled). We are a non-profit organization.

Men's Auxiliary 6658 Shrimp & Chicken Feed

Men's Auxiliary 6658 Shrimp & Chicken Feed on Saturday, October 27, 2012, 4:00 p.m.-7:00 p.m. at Emmitsburg VFW. Tickets are available at the Post for \$20.00 each. DJ/Karaoke with Bouncin' Bob to follow at 8:00 p.m.-12:00 a.m. All are welcome (non-members must sign guest book, house rules apply to all) 18 or older; after 9:00 p.m. we ID. Call 301-447-6141 for additional information.

Emmitsburg Halloween Parade

Emmitsburg Halloween Parade will be held on October 31, 2012, at 7:00 p.m. Tagging begins at Federal, near De Paul Street, at 6:30 p.m. The Parade Route will be as follows: Federal & DePaul to North Seton, to School Lane at Paul's Pit Stop, follow to cross Lincoln, to back of Vigilant Hose Vol. Fire Company for a party—games, refreshments, and prizes! Judging will include five categories: Cutiest, Ugliest, Scariest, Most Original, and Groups. Sponsored by the VFW 6658, FXE American Legion, Post 121, Emmitsburg Lions Club, EBPA, and Tyrian Lodge #205 (Masons).

Corn Hole Tournament at Emmitsburg VFW

The Corn Hole Tournament will take place on Saturday, October 20, 2012, at 2:00 p.m. Doors will open at 1:00 p.m. The entry fee is \$5.00. Pre-register at the Post or on tournament day. For more information, please call 301-447-6141.

Send your Veteran Organization's News to:

Phone 301-447-2804 • Fax 301-447-2946 • news@thecatocinbanner.com

"The Patriot's Pen," VFW Auxiliary, Post 6658, Emmitsburg

Each year, the VFW sponsors a contest titled "The Patriot's Pen," which is open to students grade 6 through 8. Students are required to do a typed essay of 300-400 words based on the theme: What Would I Tell America's Founding Fathers? Monetary prizes are given to the winners on local, state, and national levels. Judging is based on the knowledge of theme, theme development, and clarity of ideas. If interested in entering, please contact Gwen Topper at 301-447-2713 for an entry form.

VFW Auxiliary, Post 6658, Emmitsburg

Attention all members of VFW, Ladies & Men's Auxiliary, Post 6658: stop in on Saturday to sign the new Saturday book. Winner take all. Stop by the Post or call 301-447-6141 for additional information.

Ladies Auxiliary 6658 is currently taking donations for our veterans in need. Please bring items to the Emmitsburg VFW. They are in need of the following: Sweatshirts/Hoodies—sizes small-XL (pullover & zip-up); Open bottom sweatpants—sizes small-XL; Men's running/trail/walking shoes—size 10-12 (including 1/2 sizes); Plain cotton t-shirts—sizes small-XL; White socks; Boxers/boxer briefs—sizes small-XL; Windbreakers/coats—sizes small-XL; Flip flops/shower shoes; Cotton beanies (hats); Gloves; Men's deodorant; Men's shaving cream/gel; Chapstick; Travel size Q-tips; Nail clippers; Band-aids; Travel size Kleenex; Toothbrushes; Toothpaste; Mouthwash—small size; Body wash—full-size; Shampoo & conditioner—full-size; Lotion—full-size. Cash donations will also be accepted to purchase calling cards and other items for our troops currently serving overseas.

Ladies Auxiliary 6658 is collecting labels for education for our local schools. Please bring the following to the Emmitsburg VFW: UPC codes from the following magazines: *Cooking Light*, *Health*, *People*, *Real Simple*, *Southern Living*, *Time*; UPC codes from Glad bags & reusable containers, Pop Secret popcorn, and any Post cereal labels from all Campbell's soups, Chunky soups, Campbell's beans, SpaghettiO's, and V-8 products (also lids from these).

American Legion News, Edwin C Creeger Post 168

Here at Post 168, October is a busy month. We are having several events; come on down and enjoy. The Sons of the American Legion is having a Raffle; they are selling tickets for two full-size Jukeboxes. Tickets at the Post: \$2.00 each or three for \$5.00. Winners to be selected on November 30.

As we all know, Octoberfest is soon approaching, the weekend of October 13-14, 2012, there will be craft shows and yard sales all over the Thurmont area. Here at the Post, we will be having craft vendors from all over the East Coast. During the Octoberfest weekend, on Friday, we are having Karaoke with Ralph Gann, formally of the Countrymen. Our kitchen will be open, with a special delicious menu: Thursday evening, Friday afternoon and evening, Saturday all day and evening, and on Sunday. Outside, our Ladies Auxiliary is having a bake sale; and in our "Big Tent," there will be football and refreshments. In our pavilion, Randy Bartlet will be offering up some of the best soups and sandwiches available.

Aside from the Octoberfest, we are having Karaoke twice this month: Ralph Gann on the October 12, and DJ Jake on October 26.

On October 20, there will be a dance with the Fabulous, Rock N Roll Relics. This is an event that should not be missed by anyone who enjoys a good time. Tickets will be offered at the Legion, as well as at the door.

On October 27, the area's best Dance Club is having an event in our "Ball Room;" full band, Tux and Gowns for the ladies. If you enjoy DWTS, come on out—you will not be disappointed. Whoever says that dancing isn't a spectator sport is wrong.

After the Dance Club, our Ball Room will be transformed into a Theater for the Thurmont Thespians who will be preparing for their Fall Show in November.

Check the Calendar

Be sure to check the Community Calendar on page 35 for bingos, breakfasts, dinners, programs, dances, benefits, and many other events of interest.



EMMITSBURG, MARYLAND

Annual Halloween Party

October 27, 2012

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Mondays' Wing Night!
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Entertainment Schedule

October 5 - Wylde Fire

October 6 - Fallen Fire

Fighters Weekend

October 12 - Ragged Maggie

October 13 - TBA

October 19 - Rich Man Poor Man

October 26/27 - RedLine

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Maryland

books, nooks, programs and more at the library

by Administrator, Thurmont Regional Library/Emmitsburg Branch
Library, edingle@frederickcountymd.gov

October in the Catocin Mountains is full of community activities, and we are happy to be part of them at the Thurmont Regional Library. Regular story programs are in full gear for autumn, with something for every age group. Our big seasonal events include a Zombie Party for Teens and the Fall Funtime Party for younger children. No registration necessary.

The Zombie Party is on Thursday, October 25, 2012, from 5:00-7:00 p.m. Middle and high school zombies should join us if you dare! Come dressed as the scariest, goriest, undead being ever seen! Make and take mini zombies, zombie dance to music, enjoy zombie food, and win prizes.

The Fall Funtime Party is on Saturday, October 27, 2012, from 2:00-3:30 p.m. for children up to grade five. Miss Lesa and the Children's Department have been hosting this annual, non-scary party for many years. Kids will enjoy seasonal games, crafts, treats, and more. Come in a costume for the parade!

Even adults can join the fun and participate in our Pumpkin Decorating Contest all month. Just bring in a pumpkin decorated like your favorite book character any time between October 1 and October 27, 2012. Pumpkins should not be cut! Judging takes place at the annual Fall Funtime Party and all winners will be featured on the library's Facebook page.

The library will participate in Furmont Days on Saturday, October 20, 2012, in partnership with Thurmont First and many businesses and organizations from the local area. Take your furry pet to the Fireman's Grounds at 10:00 a.m. for all types of pet-related fun and activities, and be sure to pick up your special library coupon. Bring the coupon and your pet to our drive-through window by 4:00 p.m. for a special treat, a "doggie bag" of goodies and the chance to win a pet-related prize, courtesy of the Friends of the Library.

A very special literacy project is going on in Thurmont right now

that you can support. It's the Lion's Club annual Make A Difference Day and the 2012 theme is "Thurmont is Reading." Everyone is invited to donate new or gently used children's books at locations all over Thurmont, including the library lobby. Then join us at the library at 1:00 pm. on Saturday, October 27, 2012, for special presentations of the books to Frederick County Public Schools for children in need, plus the Volunteer of the Year and Thurmont's Police Officer of the year announcements.

Joanie Freeze, Friends book sale chairperson would like to thank everyone who helped at this year's sale, including everyone who donated books throughout the year: Boy Scout Troop #270, Space Crafters, Richard Dix and Patrick Green, other library staff who assisted and everyone who made a purchase. Proceeds from this sale support various needs at the branch, including children's and teen programs at your library. The Friends would like to invite anyone interested in becoming a Friend to the fall planning board meeting on Tuesday, October 16, 2012, at 6:45 p.m. We are seeking members interested in planning activities for the new year, finding someone to serve as treasurer for the group and working with library staff to support the goal of actively supporting the community at the branch.

There's new art in our Delaplaine Satellite Gallery at the Thurmont Regional Library. The gallery is featuring unique fine art photographs by Scott Speck. They will be on display throughout the library through November. Pinhole photography uses no lens, and through manipulation, the photograph becomes surreal. Art can be found throughout the entire gallery and the full gallery show in the library's Community Room. It is open Sundays and Mondays, from 1:00-4:00 p.m.

The Thurmont Regional Library is connected to the community and ready to welcome you and your family seven days a week. Visit us in person or online at www.fcpl.org

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WANTED: Any unwanted lawn mowers, tillers, snowblowers, or yard items. Will pick up. Call 301-271-4266.

DONATE YOUR CAR: All proceeds benefit the Catocin Pregnancy Center. 301-447-3391.

WANTED Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection or entire estate. 301-514-2631.

Notices

FREE PICK-UP: Appliances working or non-working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

NOTICE: Home and Garden Party and Home Interiors have joined together to become "Celebrating Home" bringing families together. To request a new catalog, host a show, schedule a fundraiser, or learn more about starting your own business, please e-mail MaryLou Little at hgpartygirl62@aol.com or call 301-447-2073. Shop with me online at your convenience www.celebratinghome.com/sites/maryloulittle. It's not too late to join my Christmas Club today and have your items shipped directly to your home just in time for Christmas! Call me for all the details.

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E Plus Copy Center and *The Catocin Banner* Newspaper seeking part-time, well-rounded, people-person who enjoys writing, new projects and community interaction. Mondays and Wednesdays 9:00 a.m.-5 p.m. in copy center, plus a few hours on a flexible schedule that may include evenings and weekends. 301-271-1050.

Yard Sale

YARD SALE/FLEA MARKET: 1st & 3rd Sunday of the month, May through October. Corner of US #15 and St. Anthony Road, Emmitsburg. \$10/spot. 240-529-2737.

Halloween Fun Facts

The celebration of Halloween started in the United States as an autumn harvest festival. In pioneer days, some Americans celebrated Halloween with corn-popping parties, taffy pulls, and hayrides.

—candyusa.com

Play Our Games!

See page 9 to take part in our "Where Am I?" and Hidden Object games.

See page 29 to play the "Who Am I?" Game

Call our contest line at 240-288-0108 or email us at news@thecatocinbanner.com

Test Your Word Power

— Answers —

- | | |
|------|------|
| 1. a | 3. c |
| 2. b | 4. a |

5. vacillate

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september

- 29 ... Crab Feed, VFW Post 6658, Emmitsburg, at Kump's Dam Park. Includes beverages & sides. 1:00-5:00 p.m., Tickets: \$25 (available at Post 6658). Tickets are limited; must be purchased by September 22, 2012. 301-447-6141.
- 29 ... WTHU 45th Anniversary Celebration, Thurmont Carnival Grounds. 10:00 a.m.-6:00 p.m. Music, food, kids zone, vendors, arts, crafts. Free parking. 240-288-8337.
- 29,30 Annual Pippenfest, Fairfield, PA. Apple cooking contests at the festival, music, food, entertainment, and an antique car show. 717-642-5640.
- 29....Pet Fest, Fort Ritchie Community Center (FRCC). 1:00-3:00 p.m. Free Admission. Demos, prizes, photo contest! Send cute photo of your pet to Bcoyle@theFRCC.org & win prize! Prizes/awards given for most unusual, largest, owner/pet look alike, cutest, prettiest, best dressed, smallest and best of show!
- 30 ... Basket Bingo, Thurmont Activities Building, 123 East Main Street, Thurmont. Doors open 12:30 p.m., bingo 2:00 p.m. \$20/advance; \$25/door. 240-409-4496. Benefit: Erin Hogan's eleven month mission trip through Adventures in Missions, The World Race, next year.
- 30 ... Shooting Match, Indian Lookout Conservation Club, 17107 Riffle Road, Emmitsburg. 1:00 p.m. 410 and 12 ga. shoots—no sleeved or modified guns allowed. Shells furnished. 301-447-2568.

october

- 1.....New ministry "Served with Grace," Graceham Moravian Church, 8231 A Rocky Ridge Rd., Thurmont. Free community meal served first Monday of each month. 5:30-7:00 p.m. Open to all. 301-271-2379.
- 1,3,6 Hunter Safety Course, Indian Lookout Conservation Club, 17107 Riffle Road, Emmitsburg. Oct 1 & 3 6:00-9:00 p.m., Oct 6 8:30 a.m. until done. Pre-registration required, 301-447-2568.
- 1-8 .. Christian Store Week Celebration, Morning Star Perfect Gift, 224 N. Church Street, Thurmont. 10:00 a.m.-6:00 p.m. Benefit Thurmont Food Bank. 301-271-3733.
- 2.....American Legion Post 121 Meeting, Veterans, Auxiliary and Sons at Post Home. 7:00 p.m.
- 4.....World Peace Prayer Service and Blessing of the Animals, Mother Seton School, Emmitsburg. Students honor feast day of St. Francis with indoor World Peace prayer service at 1:15 p.m.; annual blessing of animals follows. All animals are welcome to attend the outside blessing. 301-447-3161 or www.mothersetonschool.org.
- 5,6 ..Used Book Sale, St. Mary's Church - McGinley/256 Tract Road Fairfield, PA. 9:00 a.m.-5:00 p.m.
- 6.....Basket Weaving Class, Fort Ritchie Community Center. 1:00-4:00 p.m. Make your own homemade basket for only \$30 (includes materials). Spaces limited to 10! 301-241-5085 or email Bcoyle@theFRCC.org.
- 6.....25 Week Club Dinner, VFW & Ladies Auxiliary Post 6658, Emmitsburg VFW (changed from the Emmitsburg Fire Hall). 5:00 p.m. \$25/person. DJ Southpaw from 9:00 p.m.-1:00 a.m. All welcome (non-members must sign guest book, house rules apply to all) 18 or older; after 9:00 p.m. we ID. 301-447-6141.
- 6.....Buffet Breakfast and Meat Sale, Tom's Creek United Methodist Church (off Rt. 140 on Tom's Creek Church Rd., between Taneytown and Emmitsburg). 6:00-10:00 a.m. \$7/adults; \$3.50/ages

5-10; Free/under 5. Sausage, Scrapple and Pork Chop Sale. Ernie Staub 443-605-2995; Dottie Davis 301-447-2403; or Rose Knox (local for Taneytown) 443-605-2675. Orders should be submitted no later than September 29, 2012.

- 6.....Sportsman Bingo, AMVETS Post 7 Ladies Auxiliary, Post Home, Thurmont. Benefits Scholarship Fund. Doors open 5:00 p.m.; bingo 7:00 p.m.; meal served 5:30-6:45 p.m. \$35/person (150 tickets must be sold or event canceled).
- 6,7 .. Fall Festival, Rose Hill Manor Park, 1611 North Market Street, Frederick, MD (Fred. Co. Div. of Parks & Rec.) Oct. 6—10:00 a.m.-4:00 p.m.; Oct. 7—12:00-4:00 p.m. Toys, games, hands-on crafts; Blacksmith; carriage museum open. Fee for Manor house; Fees for crafts, food, hayride. Sat. morning tractor pull; Sun. cake auction & kiddie pedal tractor pull, food, crafts, & more. Parking donation \$1. 301-600-1650 or www.rosehillmuseum.com.
- 7.....Chicken Bar-B-Q, Lewistown Ruritan Club, U.S. 15 North & Fish Hatchery Road, Lewistown.
- 7.....Hymn Sing, Mt Moriah Lutheran Church, 15116 Foxville Church Rd, Sabillasville. 7:00 p.m. All are welcome. Light refreshment provided. Pastor Julie Brigham 301-824-7774.
- 12 ... Spaghetti Dinner with salad and dessert, Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 4:30-7:30 p.m. Benefits Hope Alive Solar Project. Your Generous Donation or \$7.50/Adults, \$5/Children. Stay for Elias Coffee House featuring Soul'd Out Band and Silver Lining.
- 12,13 Yard, Food, and Bake Sale, Catocin United Methodist Church, 7009 Kelly Store Road, Thurmont. 7:00 a.m.-4:00 p.m. Homemade Vegetable Beef Soup (sold by bowl and quart while it lasts); baked goods; yard sale items. 301-271-7217.
- 13 ... Vera Bradley Bingo Night, Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m.; Games 7:00 p.m. 20 games. \$15/advance; \$20/door. 301-447-3161.
- 13 ... Pub Crawl, Emmitsburg American Legion Auxiliary, N. Seton Ave., Emmitsburg. Noon-4:00 p.m. \$20/person. 301-447-2274.
- 13....Barn Dance, Thorpe Wood, 12805A Mink Farm Rd., Thurmont. 8:00-11:00 p.m. \$35/person. Featuring The Speakeasy Boys. BYOB. Purchase tickets online at website www.thorpewood.org prior to October 11. 301-271-2823.
- 13 ... Fall Fest Dinner, Saint John's Parish House, 8608 Black's Mill Rd., Thurmont. Noon-5:00 p.m. Country ham, chicken pot pie, ham pot pie, vegetables, and dessert. \$13/adults; \$7/7-10 years; Free/under 7. \$14/Carryouts. Baked items and apple butter for sale. Proceeds benefit Creagerstown Lutheran Church.
- 13,14 Catocin Colorfest, Town of Thurmont.
- 13,14 Mountain Fest & 29th Annual Car Show, Sabillasville Elementary School, 16210-B Sabillasville Rd., Sabillasville. Mountain Fest, October 13 & 14—9:00 a.m.-5:00 p.m. Car Show, October 14—registration 9:00-Noon; \$10 entry fee; dash plaques to first 50 entrants, best of show, top 30 voted vehicles; award ceremony 3:00 p.m. 301-241-3997.
- 13,14 Thurmont Fall Festival, Carnival Grounds, East Main Street, Thurmont. Sponsored by the Guardian Hose Co., Inc., Vendor spaces still available. Lori 240-575-5469.
- 13,14 Ridgefest, Mt. Tabor Church of Rocky Ridge, Mt. Tabor Park (just minutes from Thurmont). Apple butter boiling

community event calendar

- demonstration Saturday; flea market; food stands (close 3:30 p.m. Saturday, 2:30 p.m. Sunday). Apple butter for sale. Rocky Ridge Fire Co. Fried Ham Sandwiches for sale. Free flea market spaces, Jeff Sharrer 301-447-6387.
- 14....Shooting Match, Indian Lookout Conservation Club, 17107 Riffle Road, Emmitsburg. 1:00 p.m. 410 and 12 ga. shoots—no sleeved or modified guns allowed. Shells furnished. 301-447-2568.
- 17....Slippery Pot Pie Dinner, Lewistown United Methodist Church, 11032 Hessong Bridge Rd., Lewistown. 12:00-5:45 p.m. Dinner features chicken & ham pot pie, green beans, cole slaw, applesauce, drinks, and dessert. \$11/Adults; \$6/Children 6-12; \$12/Carryouts. 301-898-7888.
- 20 ... Oyster & Shrimp Feed, Thurmont Ambulance Company, N. Church Street, Thurmont. Doors open 5:00 p.m., meal served 6:30 – 8:30 p.m. 301-748-5359 or 301-271-3820. www.thurmontambulance.com
- 20 ... Rock-n-Roll Relics, Thurmont American Legion Post 168, 8 Park Lane, Thurmont. Benefits Veteran's Programs. Tickets on sale at the Bar. \$10/advance, \$12/door. 301-271-4411 or 301-524-1733.
- 20 ... Basket, Vera Bradley and Money Bingo, Thurmont Fire Co. Activities Bldg., 123 E. Main Street, Thurmont. Doors open 4:30 p.m.; Bingo starts 6:00 p.m. \$15/advance; \$20/door. Benefit Faith UCC. 301-788-2427 or 301-271-7573.
- 20 ... Fall Craft Bazaar, Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. 9:00 a.m.-3:00 p.m. Car show—\$5 to register; trophies will be given in several categories! Bev Coyle 301-241-5085; www.theFRCC.org.
- 20 ... Furmont Days, TEDC at Guardian Hose Carnival Grounds, Thurmont. 9:30 a.m.-12:00 p.m. Sponsored by Thurmont First, Inc. Economic Development Committee. Event open to all cats & dogs. Registration 9:30 a.m. Vendor tables \$10/each. Download application www.thurmontfirst.com. Brian Carren 240-997-1513 or email bkcmassage@earthlink.net.
- 20 ... Candidates Forum, hosted by Thurmont Lions Club, at the Thurmont Regional Library, Thurmont. 2:00-4:30 p.m. Meet the candidates and learn what's going to be on the ballot.
- 20 ... Corn Hole Tournament, Emmitsburg VFW. 2:00 p.m. Doors open 1:00 p.m. \$5 entry fee. Pre-register at the Post or on tournament day. 301-447-6141.
- 21 ... The Gospel of Mark presented by internationally-acclaimed storyteller, Dr. Tracy Radosevic, Trinity United Church of Christ, 101 East Main Street, Thurmont. 10:00 a.m. Special service free and open to all; luncheon offered immediately after performance. Free will offering collected to off-set expenses for performance. 301-271-2305.
- 22 ... Red Cross Blood Drive, Our Lady of Mount Carmel Church, 103 N. Church St., Thurmont. 2:00-8:00 p.m. Terry 301-271-7872 Walk-ins welcome.
- 27 ... Annual Fall Food Festival, Bell Hill Farm (1 1/2 miles north of Thurmont, along MD 15), hosted by Thurmont Lions Club. 10:00 a.m.-3:00 p.m. (until sold out). 301-271-0558 or www.thurmontlionsclub.com.
- 27 ... Men's Auxiliary 6658 Shrimp & Chicken Feed, Emmitsburg VFW. 4:00 p.m.-7:00 p.m. Tickets available at the Post. \$20/each. DJ/Karaoke with Bouncin' Bob

8:00 p.m.-12:00 a.m. All welcome (non-members must sign guest book, house rules apply to all) 18 or older; after 9:00 p.m. we ID. 301-447-6141.

- 27 ... Gun Raffle and Dinner, Safe & Sane 2013 at Vigilant Hose Company, Emmitsburg. Doors open 5:30 p.m. \$25/person. Ed Schildt 240-285-8079, Brian Payne 240-818-3163.
- 28 ... Fall Basket & Money Bingo, Woodsboro Fire Co. Complex, 10307 Coppermine Rd., Woodsboro. Doors open 12:00 p.m.; Games 1:30 p.m. \$20/in advance; \$25/door (includes 25 games). Benefits Woodsboro Vol. Fire Co. Ladies Auxiliary. Ruth 301-845-8406 or Mary 301-401-2824.
- 28....3rd Annual Community Harvest Celebration, Fort Ritchie Community Center, Cascade, MD. Hosted by pastors of nine mountaintop churches in Cascade and Sabillasville, Maryland; and Blue Ridge Summit and Fairfield, Pennsylvania. 2:00-3:00 p.m. Free event (all are requested to bring a donation of non-perishable food or paper product for the Help Hotline (mountaintop community food bank)).
- 28 ... Shooting Match, Indian Lookout Conservation Club, 17107 Riffle Road, Emmitsburg. 1:00 p.m. 410 and 12 ga. shoots—no sleeved or modified guns allowed. Shells furnished. 301-447-2568.
- 28,29 October Revival with Pastor Robert Fletcher, Mt View Ministries, 103 Apples Church Rd., Thurmont. October 28—10:30 a.m. & 6:00 p.m.; October 29-31—7:00 p.m.
- 31 ... Emmitsburg Halloween Parade, tagging begins at Federal near DePaul St. at 6:30 p.m. Games, refreshments, prizes at party following parade at VHC. Costume contests. Sponsored by VFW 6658, FXE American Legion, Post 121, Lions Club, EBPA, and Masons.

november

- 3.....Oyster and Country Ham Dinner, Faith United Church of Christ, 9333 Opossumtown Pike, Frederick. Served buffet style 12:00 p.m.-6:00 p.m.. \$15/adults; \$7/Children 6-12. Carryouts \$16. 301-271-7573.
- 3.....Turkey and Oyster Supper, Tom's Creek United Methodist Church, Tom's Creek Rd., Emmitsburg. Noon-5:00 p.m. \$16/Adults; \$7/Children 5-10; Free/Children under 5. \$17/Carryouts. Bake table. Dottie Davis 301-447-2403.
- 3.....Catocin High School Class of 1997 15-year Reunion. For details, email catocinhighclassof97@gmail.com.

Thurmont Guardian Hose Co.
is sponsoring a...

Holiday Bazaar
November 10, 2012
10:00 a.m. – 3:00 p.m

Thurmont Fireman's Activities Building
Food will be available!

Call Patty at 301-788-0432 for more information.



Emmitsburg

Community Bible Church

Sunday Worship:

10:00 a.m. - 11:30 p.m.

Location:

Emmitsburg Elementary School

300 South Seton Ave., Emmitsburg, MD 21727

For more information, please call **301-447-6565**

www.emmitsburgcommunitybiblechurch.com

We would love for you to join us!

Join Us For... **Bible Study!**

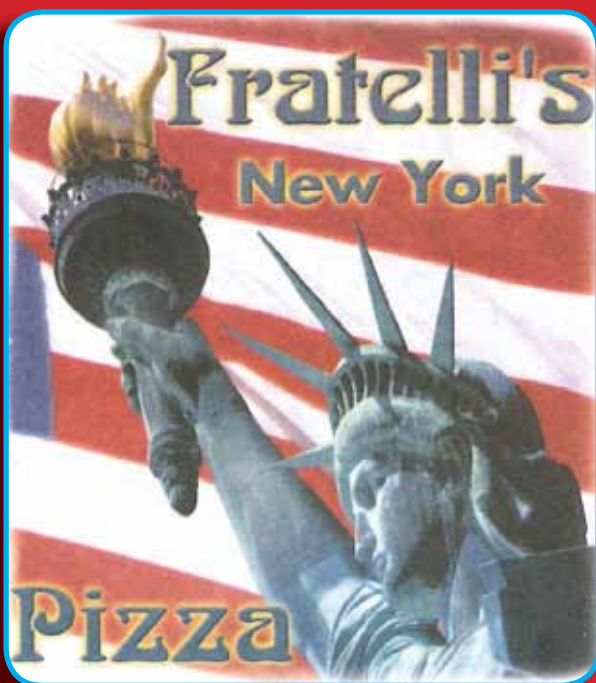
at JD's Family Restaurant

304 East Main Street
Emmitsburg, MD

Wednesday Evenings
6:00 p.m. - 8:00 p.m.
(Ages 12 & Up)



See Additional Advertisers' Specials & Coupons Inside!



Restaurant

Carry Out • Local Delivery

301-271-0272 or 301-271-4158

140 FREDERICK ROAD (OFF RT. 15)
Thurmont, Maryland

Hours: Mon - Sat 11:00 a.m. to 10:00 p.m.
Sun 12:00 p.m. - 9:00 p.m.



Fall Specials

Dine In or Carry-Out

~WING WEDNESDAYS~

50¢/Each - Plain, BBQ, Buffalo or Old Bay
Add a Fountain Drink for 99¢ or a 2 Ltr. for \$1.29
Fratelli's serves Coke Products

SUNDAY:

2 Lg. - 1 Topping Pizzas &
1 - 2 Ltr. Soda - **\$16.99**
1 Lg. - 1 Topping Pizza, 1 - 2 Ltr. Soda &
10 Buffalo Wings - **\$13.99**
Add more wings for just \$4.99

MONDAY:

1 Lg. Cheese Pizza &
1 - 2 Ltr. Soda - **\$6.99**
\$2.00 OFF Any Pasta Dinner
(includes Salad & Bread)

TUESDAY:

\$5.00 Foot-Long
\$1.00 OFF Any Small Sub

WEDNESDAY:

\$2.00 OFF Any Pasta Dinner
(includes Salad & Bread)
Small Meatball & Cheese or Sausage & Cheese Sub **\$3.99**

THURSDAY:

Any Pretzel Melt and Fries - **\$3.99**
Shrimp and Fries - **\$4.99**
Fish & French Fries - **\$4.99**

\$6.99 Lg. Cheese Pizza & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$6.99 Lg. Cheese Pizza & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$6.99 Lg. Cheese Pizza & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>
\$13.99 1 Lg - 1 Topping Pizza a 2 Ltr. Soda & Buffalo Wings Add more wings - \$4.99 <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$13.99 1 Lg - 1 Topping Pizza a 2 Ltr. Soda & Buffalo Wings Add more wings - \$4.99 <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$13.99 1 Lg - 1 Topping Pizza a 2 Ltr. Soda & Buffalo Wings Add more wings - \$4.99 <small>Not valid with any other offers. Offer expires 11/30/12</small>
\$16.99 2 Lg - 1 Topping Pizzas & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$16.99 2 Lg - 1 Topping Pizzas & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>	\$16.99 2 Lg - 1 Topping Pizzas & a 2 Ltr. Soda <small>Not valid with any other offers. Offer expires 11/30/12</small>
ANY DAY! <small>Not valid with any other offers. Offer expires 11/30/12</small>	ANY DAY! <small>Not valid with any other offers. Offer expires 11/30/12</small>	ANY DAY! <small>Not valid with any other offers. Offer expires 11/30/12</small>
\$5.00 FOOT-LONG <small>Any Large Sub Not valid with any other offers. Offer expires 11/30/12</small>	\$5.00 FOOT-LONG <small>Any Large Sub Not valid with any other offers. Offer expires 11/30/12</small>	\$5.00 FOOT-LONG <small>Any Large Sub Not valid with any other offers. Offer expires 11/30/12</small>
\$3.00 OFF ANY PASTA DINNER <small>Includes Salad & Bread Not valid with any other offers. Offer expires 11/30/12</small>	\$3.00 OFF ANY PASTA DINNER <small>Includes Salad & Bread Not valid with any other offers. Offer expires 11/30/12</small>	\$3.00 OFF ANY PASTA DINNER <small>Includes Salad & Bread Not valid with any other offers. Offer expires 11/30/12</small>