

# The Catoctin Banner

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Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

## EBSL 12U Baseball Earns Cal Ripken State Championship Title

by Davy Wantz IV

The Emmitsburg Baseball & Softball League (EBSL) hosted the Cal Ripken 12U 46/60 Maryland State Championship Tournament on July 6 and 7, 2013. Last year, Emmitsburg was the state runner-up in the tournament. With eight returning players from last year's team, Emmitsburg was one of the teams with great expectations.

They opened up with two pool play games on Saturday. The first game was against Charles County during which Brett Weatherly pitched an outstanding game, striking out 14 opposing batters and allowing only one run on four hits. Emmitsburg was tied 1-1 in the third inning, until Timmy Wetzel hit a two-run home run to give Emmitsburg the lead. Emmitsburg scored another run to make it 4-1, after three innings. In the fifth inning, Emmitsburg quickly loaded the bases and Team Manager, Dave Wantz, put Hayden Spalding in to pinch hit with the bases loaded. He crushed a grand slam to give Emmitsburg an 8-1 lead and seal the game one victory.

In the second game against Calvert County, Emmitsburg's lead-off batter, Jack Malachowski, got things rolling right away with a home run. In the second inning, Emmitsburg scored 20 runs on 16 hits, putting the game out



Photo by Mary Ann Wivell

Emmitsburg's Cal Ripken 12U State Tournament Champions (left to right): (Front row) Nick Reaver, Alex Wivell, Issiah Wivell, Dylan Click; (Second row) Manager Dave Wantz, Jack Malachowski, Tristan Grimes, Brett Weatherly, Stevie Wantz, Cody Stahley, Colten Devilbiss, Timmy Wantz, Justin Reaver; (Back row) Coach Doug Renner, Matt Dean, Hayden Spalding, Coach Mark Spalding, Coach TJ Eiker.

of reach, winning 25-0. On Sunday, Emmitsburg played Smithsburg in the Semi-finals. Brett Weatherly and Timmy Wetzel hit home runs in the first inning to give Emmitsburg the 2-0 lead. Later in the third inning, Emmitsburg added some more runs, three coming from a home run by

Nick Reaver. Emmitsburg led 7-0 after three innings. In the fourth inning, Smithsburg scored their only run off of Timmy Wetzel, who only allowed two hits in the game.

In the bottom half of the fourth inning, Jack Malachowski hit a home run and Nick Reaver contributed the

final blow, as he hit a three-run home run to give Emmitsburg the runs they needed to win 13-1 and to advance to the championship.

Emmitsburg faced off against Prince George's County in the title game. After a quick first inning, the game was scoreless, but in the top half of the second, Emmitsburg scored 11 runs on 12 hits. Prince Georges County scored 3 in the bottom half of the inning to make it 11-3 after two innings. In the third inning, Tristan Grimes hit a three-run home run and Nick Reaver hit a two-run home run to make the score 16-3. The score held true and Emmitsburg won its first state championship in the 58 years of the league's existence.

In the tournament, Justin Reaver batted .909. Timmy Wetzel reached base every time as he batted .917. Brett Weatherly tallied 20 strikeouts in his two games pitching. Weatherly was given the tournament game ball by Emmitsburg Baseball's President, Brian Devilbiss.

Emmitsburg now moves on to the Middle Atlantic Regional Tournament in Waynesboro, Pennsylvania, where they open up play Friday, July 26 at 1:30 p.m. against Waynesboro.

*What Church's Bell Tower Was Recently Struck By Lightning?*

See page 10 for the story.



*What Business Is Celebrating One Year on The Square?*

See page 8 for the story.



*What Baseball Great Was Discovered At Mount St. Mary's College On Echo Field?*

See page 22 for the story.



*Were You In The Parade?*

See page 13 for parade photos and pages 12 &amp; 31 for carnival ads.



### August Feature

Your "Fishy Pics" on pages 14 & 15



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POSTAL CUSTOMER

# From the Publisher

## Dear Reader:

This issue is packed with good stuff. I hope you enjoy it. We’ve had a busy summer here at *The Catoctin Banner Newspaper*. In addition to the normal pitter-patter of life, we’ve been enjoying busy times at work in E Plus Copy Center & Promotions. Being a monthly newspaper, readers know that it is very hard to be timely with our news. When we are busy in the copy center and our focus is on work there, it is challenging to get out into the community to keep up with things. With that in mind, we are in need of a ‘beat’ reporter--someone who is community-minded and able to be on location when news is breaking to grab a photo of a newsy tidbit. This month, Natalie Johnson snapped a shot of the bell tower in flames at Mount St. Mary’s. She sent us the pic and we appreciate that tremendously. Thank you, Natalie! Keep it coming.

We also, as usual, have our eyes open for someone who likes to sell advertising (on a very part-time) basis. I’ve changed my approach about this position to become less routine and more laid back. We aren’t looking for a shark, just someone who can share the value of advertising in our little paper with others in a way that compels the others to take action. If you’re that someone, give me a call at 301-271-1050.

As always, I urge you to patronize the advertisers who reach out to you through *The Catoctin Banner*. It has existed due to the advertising support of those featured in each publication. All of our advertisers, especially those who have been on board long-term, are greatly appreciated!

Deb Spalding, *Publisher*

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E Plus Copy Center & Promotions

The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment.

**AD/CONTENT DEADLINE:** On or before the 20th of month prior to issue month. **YEARLY SUBSCRIPTIONS:** \$15.00

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Graceanne Schramm, Advertising Design; Michele Tester, Managing Editor and Layout Design; Danielle Hoff, Advertising Specialist; Deb Spalding, Publisher

**Classified Ads in *The Catoctin Banner***

Classified advertising costs 40¢ per word with a minimum of \$10.00 for line listings. Photo classifieds are \$20 per ad limited to 1” in height. Send your written listing, photo and payment to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or call 301-447-2804 with credit card payment and email wording to ads@thecatoctinbanner.com.

**POLICY:** The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is no later than the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

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## Cindy Grimes

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## J & B Real Estate

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**9141 Longs Mill Rd.  
Rocky Ridge - \$549,000**

This spacious farmette offers 3 bedrooms, 2 full baths, an expansive living room with hardwood floors and gas fireplace with french doors that walk out to a 20 x 40 in ground swimming pool and maintenance free deck! Custom bath just off the pool w/gorgeous walk in shower! New Roof!! 5.25 acres, 30 x 60 barn w/ 10 Ft. overhang, fenced pastures, run in shed



**13721 Jimtown Rd.  
Thurmont - \$325,000**

Fantastic 3 bedroom, 3 full bath rancher on .41 of an acre! So many upgrades including hardwood & laminate flooring, SS appliances & central vac! Freshly painted and well cared for! Walk-out lower level with full kitchen w/ granite counters, large family room and full bath! Walk-up attic above 2 car garage, slate patio, fenced back yard, deck and much more! No HOA!



**NEW LISTING!**  
**817 Company Farm Rd  
Aspers, PA - \$329,500**

This stately country home offers 5 bedrooms, 2.5 baths, a spacious kitchen with ceramic tile, an office, family room, living room, mud room and wonderful sun-room that overlooks the private, 2 acre woodland setting and pool. Finished attic with 5th bedroom and storage, unfinished lower level and laundry hook up in Mud Room. New Roof to be installed in July/August. This is a must see!



**16111 Sabillasville Rd.  
Sabillasville - \$235,000**

Beautiful Cape with yesteryear charm but many modern updates including new roof, central A/C and heat pump installed 2008, refinished hardwoods, updated appliances and baths, some newer windows, etc. 3 Bedrooms, 2 full baths, fireplace, lots of closets, walk up attic, beautiful views all on almost 2 acres! A must see!!



**10655 Bailey Springs Ln. #38  
Waynesboro - \$44,999**

Very well cared for 2005 manufactured home on lovely lot in Ashton Heights. Spacious home offers 3 bedrooms, 2 full BA, large living room and family room! Fully equipt kitchen with separate dining space and laundry/mud room with door to rear yard. Wonderful master bath with soaking tub and separate shower! lot rent of \$317 per month!



**14720 Claude Lane  
Cascade - \$129,900**

Sunlit newer Cape Cod (built in 2009) with master suite on the main level, lovely kitchen with gorgeous backsplash and upgraded appliances with door to new deck with iron detail and built in coy pond. Spacious living room and laundry on the first floor! Upper level offers 2 bedrooms and a full bath. Private rear yard. Third party approval required.



**NEW LISTING!**  
**Foxville Church Road  
Sabillasville**

3 bedroom 2 bath home, partially finished basement, with storage room and shop. Floored attic, ready to be finished into bedrooms, etc. Laundry on first floor, off kitchen. Open floor plan. Large 58X28 shed with 12 cord woodshed, full garage bay, tool room and over head storage. A real nice property, Ideal for hobby farm on almost 13 acres.



**UNDER CONTRACT!**  
**107 Old Oak Place  
- \$139,900**

This spacious 2 level townhome with newer roof (2010) offers 3 bedrooms and 1 1/2 baths. Large living room, kitchen, dining area and laundry on main level with slider (being replaced on 7/23) to deck and lovely back yard that backs to trees! Upper level offers 3 bedrooms and 1 full bath with ample closet space and pull down attic stairs for storage. Standard Sale!!



**LOTS-13430 & 13312  
Jimtown Rd., Thurmont**

Two Gorgeous perced lots (sand mound) 3.88 Acres (\$165,000) and 2.11 Acres (\$155,000) both with 15 GPM wells! Beautiful veiws all around and just seconds from town with no town taxes! Time to build that dream home and take advantage of historically low interest rates! Call for plat today!



**14635 Hilltop Road  
Cascade - \$154,900**

Charm and character fill this beautiful Colonial with 5 bedrooms, 3 full baths, hardwood floors, fireplace, and wraparound porch it has so much to offer! Spacious living area and lots of original architecture! Lovely yard and 3 car detached garage! As-is property. Third party approval required.



**117 Redhaven Ct.  
Thurmont - \$279,900**

This well maintained 3 bedroom, 2.5 bath brick front Colonial is so unique! Hardwood floors though out including Brazilian Cherry and Maple! Custom moldings throughout, stone fireplace in spacious living room. Lower level ready to finish w/ bath rough-in! Incredible 2 car garage with finished attic space and lower level storage/ workshop! Wonderful patio, decks and expansive view.



**11842 S. Baugher Rd.  
Thurmont - \$549,900**

16 + Acres of tranquil woodland setting backing to parkland! This 4 bedroom, 3 full bath, log home offers an open floor plan with gourmet kitchen, gorgeous stone fireplace in living room, loft, main level Master Suite, and a dining room with french doors leading to splendidly landscaped back yard. Lower level offers 4th bedroom and full bath for guests, plenty of room for future expansion and a walk out!



**54 E. Moser Rd.  
Thurmont - \$325,000**

This spacious 4 level split is a rare find! 3 bedrooms, 2 full baths on upper level with super bath in master with sunken tub! Living, Dining and Kitchen on main level with hardwood floors and French doors to pool! 1st lower level offers family room, laundry, full bath and possible 4th bedroom and lower level 2 has a den, exercise room and office space! Lovely landscaped yard with pool and patio!

### Great Location!



**\$164,900**

**Clifton Drive  
Williamsport, MD**

Call to see this cute 3 bedroom brick rancher with one car garage, Great back yard, full unfinished basement with washer and dryer. Convenient to Rt 81 and 70.



**New Listing!**

**Crawford Ave - \$144,000  
Blue Ridge Summit**

4 bedroom 4 bath home. Currenty set up as a duplex. Owner gets \$500 per mo for 2 bedroom apartment on 2nd floor. Apartment has dining room, living room, 5 closets, storage and laundry, Electric is seperately metered. Good investment property.



**UNDER CONTRACT**

**\$149,900**

**3 E. Main St.  
Thurmont, MD**

This property offers a spacious retail store front (Currently Rented) 2 one bedroom apartments with hardwood floors and washer/ dryer on 2nd floor for tenants. Great income property in desirable location! A must see!

### Beautiful Lots!

**Wigville Road  
Thurmont, MD**

3 gorgeous building lots. (\$199,900-13.35 Acres, 6 BR, perc, well) (\$149,900-5 Acres, 5 BR, perc, well) (\$159,900-5.57 Acres, 6 BR, perc, 2 wells)

**Old Frederick Road  
Rocky Ridge - \$34,000**

1.73 acre Building Lot with 4 Bedroom Conventional perc! Winter views of Loys Station Covered Bridge!! Call today!

## Emmitsburg July 2013

**Town Approves Chicken Ordinance**  
What started as a request from 12-year-old citizen, Adam Leverette, has ended with a successful amendment to an ordinance allowing chickens within the town limits of Emmitsburg. Some basic rules governing the ordinance include no more than four chickens (no roosters) per household, a minimum of 25 feet of land clearance from chickens to another property and registration of chickens with the Maryland Department of Agriculture. For complete details, reference the ordinance rules at [http://emmitsburg.net/towngov/regulations/13-06\\_Title\\_6\\_Animals.pdf](http://emmitsburg.net/towngov/regulations/13-06_Title_6_Animals.pdf).

### Did You Know These Five Things?

1. Emmitsburg Food Bank: Wednesday, August 21, from 3:00-7:00 p.m. on East Main Street (near Jubilee Foods).
2. You can recycle your printer ink cartridges at the Town Office front desk.
3. Emmitsburg Yard Waste AND Recycling is Available: 1st & 3rd Saturdays each month, from 9:00 a.m.-noon, at the Sewer Plant on Creamery Road. (Bring your driver's license.)



**T&M**  
Crane Rentals, Inc.

1 Creamery Way  
Emmitsburg, MD 21727

**301-447-3718**  
**FAX: 301-447-1722**

## town hall reports

by Michele Cuseo

4. Doggie Business: Town Code requires dog owners to clean up waste from their dog in all areas of the town (street, park, public lands, sidewalks, your neighbor's yard, etc).
5. There is a Back to School Party: Friday evening, August 2, at the Community Park, from 5:00-8:00 p.m. Food, games, moon bounce, free school supplies. (Sponsored by Knights of Columbus and the Emmitsburg Council of Churches.

For more information about the Town of Emmitsburg, log onto [www.emmitsburgmd.gov](http://www.emmitsburgmd.gov) or call 301-600-6300.

## Thurmont July 2013

**Important Rabies Warning in our Area & Rabies Clinic in September**  
Local residents should be aware that two foxes tested positive for rabies in Thurmont. One fox was located on property located between Thurmont and Graceham (on July 4) and the other fox was on a property on Meadow Lane in Thurmont

(on July 8). If you believe you or your pet came in contact with these foxes, please contact the Health Department at 301-600-1717. Symptoms of rabies may include limping, salivating, unusually friendly or aggressive behavior, and fear of water. Also, animals that normally are out in the evening but are seen during the daylight hours (or vice versa) should be suspect. Frederick County Health Department rabies clinics for dogs, cats and ferrets will be available at the Thurmont Community Park on September 10, 2013, and at Ballenger Creek Park in Frederick on September 12, 2013. Cost of vaccination is \$8.00 and clinic times are 5:00-8:00 p.m. If you see a stray or wild animal acting abnormally, avoid contact and call Animal Control at 301-600-1717.

**Habitat for Humanity Building Homes in Thurmont**  
The non-profit organization, Habitat for Humanity, is helping build homes in Thurmont. Habitat brings together people, communities, and organizations to help build

homes for families living in unsafe, unaffordable, and/or unsanitary conditions. Thurmont had a groundbreaking ceremony for one single-family home on Moser Road in July, and also has plans for four additional units on Brown Avenue in the near future. Habitat's goal is to eliminate homelessness and poverty housing from the world. To find out more about partnerships with Habitat for Humanity, volunteer opportunities, or home ownership, call the Frederick County Habitat office at 301-698-2429 or via online [info@frederickhabitat.org](mailto:info@frederickhabitat.org).

View the Town of Thurmont's website at [www.thurmont.com](http://www.thurmont.com) or call the town office at 301-271-7313 for more information.

## Farmer's Markets

- Thurmont •  
(through September)  
Saturdays, 9:00 a.m.-Noon,  
Carnival Grounds, East Main Street,  
Thurmont.
- Emmitsburg •  
(through October)  
Fridays, 3:00-7:30 p.m.,  
South Seton Avenue, Emmitsburg.

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# Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* Newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email [news@thecatocinbanner.com](mailto:news@thecatocinbanner.com) to record your guesses. Please don't forget to leave your name and phone number.

## Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was taken at the entrance to Apple's Church in Thurmont. Last month's winner is Kathleen Sanders.



Photo by Deb Spalding

## Hidden Object Game

Last month's Hidden Object was a pink flamingo with a pink polka-dotted umbrella, wearing one pink polka-dotted boot. It was located on page 31 in the Shank & Associates advertisement. The winner of the Hidden Object Game is Lisa Walker. If the winner has not been contacted, please call us to claim your prize. This month's Hidden Object is a purple train.

*If you see your name listed as a winner, please email us at [news@thecatocinbanner.com](mailto:news@thecatocinbanner.com) with your Name, Address, and the Name of the Advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.*

## PATRONIZE OUR ADVERTISERS!

**The Catoctin Banner**

The Catoctin Banner exists due to the advertising support of those featured in each issue.



## Test Your Word Power

(Answers on page 38)

- |  |  |
|--|--|
| <p><b>1. Prowess (n.)</b><br/>           a) Mark of social disgrace<br/>           b) Superior skill; courage<br/>           c) Stiffness; moving slowly</p> | <p><b>3. Divisiveness (n.)</b><br/>           a) Repetitive; persistent<br/>           b) Disagreement; dissension<br/>           c) Harmony; balance</p>                              |
| <p><b>2. Interlude (n.)</b><br/>           a) Empty threat<br/>           b) Reckless mischief<br/>           c) Short break; pause</p>                      | <p><b>4. Fortitude (n.)</b><br/>           a) Emotional and mental strength; perseverance<br/>           b) Excited activity; bustle<br/>           c) Outer part of a bird's wing</p> |

5. Which word above would work best in this sentence?

It was only with the greatest \_\_\_\_\_ that the Pilgrims were able to survive their first winter in Plymouth.

**Catoctin Mountain Orchard**

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## Lori Himes, AIFD, To Be Guest Speaker At Silver Fancy Garden Club Meeting

Lori Himes, Association of International Floral Designers, will present a demonstration and talk on floral design at the August 15th meeting of the Silver Fancy Garden Club. The 12:30 p.m. meeting will be held at the Trinity Evangelical Lutheran Church, 36 W. Baltimore St., Taneytown.

Mrs. Himes has participated in the florist industry for 31 years and is the owner of A-Bloom Flower Shop in Walkersville, Md. She has taught many design workshops and was honored in 2004 by the Mid-Atlantic Florist Association as Designer of the Year. She was a part of the award winning AIFD design team at the 2010 and 2011 Philadelphia Flower Shows. Lori's wedding designs will be featured in the up-coming September issue of *Florist's Review* Magazine.

Children in the Taneytown area experienced the beauty of flowers when they participated in the Junior Gardener program provided by the Silver Fancy Garden Club. The group of 16 met at the Taneytown Library and made two floral arrangements: one in a vase focusing on sunflowers and the other a large summer bouquet. Scenic View Orchard in Sabillasville, owned by Richard and Connie Masser, provided a large variety of flowers. The children and parents were pleased with their creations.

Silver Fancy is comprised of members from the Emmitsburg and Taneytown areas and serves both communities. It provides an activity each season for children at both Emmitsburg and Taneytown Libraries. They also provide seasonal Senior Garden Therapy for those attending Taneytown Senior Center. The next project will be on July 31. The group plants flowers at the Emmitsburg Post Office and Taneytown Library each spring. Each spring they sponsor a plant sale in Taneytown. The proceeds from their gardens' bounty allows them to offer community activities.

In an effort to meet the varied interests of the members, workshops, field trips, demonstrations and speakers are planned for the monthly meetings. The club meets in the daytime on the third Thursday of each month. Anyone interested may learn more by contacting Joyce Bruchey, 410-775-7921, jbruchey6444@gmail.com. New members are welcomed!



Courtesy Photo

Pictured from left are: (Front row) Austin Winkelspecht, Joilyn Winkelspecht, Emily Hebron, Annabelle Collins, Sam Smith, Leah Friksa; (Back row) Katie Koutsouradis, Lavender Hill, Jean Pembroke, Kayleigh Lagunas.

## James H. Mackley Golf Day

The Guardian Hose Volunteer Fire Department will host James H. Mackley Golf Day on Friday, September 20, 2013 at the Maple Run Golf Course located at 13610 Moser Road in Thurmont. The event will have a shotgun start at 9:00 a.m. with the best ball played rain or shine.

The Guardian Hose Company thanks supporters from last year. \$500 scholarships were awarded to Catoclin High School 2012 graduates, Kaitlynn Portner and Rachel Fogle, in honor of James H. Mackley. This scholarship opportunity will be offered this coming school year to a graduate who wants to continue an education in Public Safety. Sponsors are encouraged to call Terry Frushour at 301-271-4289 or 240-372-6630.

## Blue Ridge Summit Library Ice Cream Social

Hundreds of adults and children hunted through cardboard boxes of used books for sale on Saturday, July 20, 2013. For months, the staff at the Blue Ridge Summit Library had been collecting book donations and organizing them for this annual fundraiser. The tables of books were set up on the Plaza across the street from the Blue Ridge Summit Library. Local authors were available for book purchases and signings. The Antietam Ice Cream truck was parked next to offerings of funnel cakes, hot dogs, baked goods, and a face painting booth. A stage provided music and entertainment. Everyone seemed to really enjoy themselves, adults and children alike.

View issues of The Catoclin Banner online:  
[www.thecatoclinbanner.com](http://www.thecatoclinbanner.com)

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# AROUND town

## Vacation Bible School

St. John's Lutheran Church of Creagerstown will host a Vacation Bible School (VBS) on Saturday, August 10, 2013, from 9:00 a.m.-2:00 p.m. Lunch will be provided and a VBS offering will go to the Brooke Riggs (young girl with cancer) fund established at PNC Bank.



The theme is Tell It On The Mountain, which will portray Moses and God's care for his people on Mt. Sinai; on Mt. Carmel God gave signs that he is the One True God; Jesus' teaching on the mount; at the Mt. of Transfiguration Jesus is declared to be God's One True Son; Jesus died on the Mt. of Golgatha to save us; on the mountain after the resurrection Jesus gave the great commission to "Go and make disciples of all nations." Get

excited to sing fun songs, do crazy crafts, eat yummy snacks, and more. Plus, you'll learn all about Jesus so that you can go TELL everyone about Him! Can't wait to see you there!

All children ages pre-k through 8th grade are invited to attend Vacation Bible School in Creagerstown on Black's Mill Road, just off Route 550. Pre-registration would be helpful by calling 301-418-1760 or 301-898-9898. Registration is free. Please view their advertisement on page 39 for more information.

## Outreach Youth Group at FBC Thurmont

First Baptist Church (FBC) of Thurmont would like to announce the first meeting of the newly formed Outreach Youth Group on Sunday, September 8, 2013. The group will meet Sunday evenings from 6:00-8:00 p.m. at the church, located on 7 Sunny Way in Thurmont. Whether you already have a church home or have never been to church, Outreach Youth Group welcomes any youth in the community, grades 6-12. Some of the things you might expect are music, games, lessons, snacks, service projects, group activities, and lots of fun in a safe environment. Join them and make sure to bring a friend! For information, please call 301-271-7878, view their advertisement on page 29.

## Awaken Emmitsburg 2013 Event

The Emmitsburg Council of Churches will be holding two days of devotion and service on August 16 and 17, 2013. A prayer meeting will be held at Emmitsburg Community Park, from 7:00-9:00 p.m. On Saturday, August 17, all are welcome for an evening service at Seton Center, from 5:30-7:00 p.m., featuring testimony, devotion, and music from local bands. A car wash will also be held August 17, 2013, from 12:30-4:30 p.m. at Seton Center to benefit a drug rehabilitation fund for the Emmitsburg/Thurmont community.

## Rocky Ridge Carnival

The Rocky Ridge Carnival will be held the week of August 12-17, 2013, at Mt. Tabor Park, Motter Station Road in Rocky Ridge, Maryland. Don't miss the Parade on Wednesday, August 14, at 7:00 p.m. View their advertisement on page 12 for more information.

## EVAC Bingo Bash

On Saturday, September 7, 2013, the Emmitsburg Volunteer Ambulance Company (EVAC) will be holding a Bingo Bash. Doors will open at 4:00 p.m., with games beginning at 7:00 p.m. Bingo Bash will feature 22 games, paying \$250 each! Plus three big jackpots and a meal! Tickets are \$35.00 in advance; \$45.00 at the door. All group reservations must be made by August 30, 2013. View their advertisement on page 4 for more information.

## St. John's UCC Sabillasville Picnic Festival

The Sabillasville Picnic (Festival) by St. John's United Church of Christ (UCC) will be held on Saturday, August 17, 2013, starting at 3:00 p.m. at the church's pavilion (turn off Rte. 550 to Harbaugh Road; at the bottom of hill, turn right into field).

There will be sandwiches, French fries, home style soups, dipped ice cream and other desserts available, plus a bake table, activities for the kids, and live entertainment by the Blue Grass Chapel Band.

## Back to School Party

Christ's Community Church is holding a Community Back to School Party at the Emmitsburg Community Park in Emmitsburg on Friday, August 2, 2013, from 5:00-8:00 p.m. There will be free school supplies, food, games, and a moon bounce. The event is sponsored by Christ's Community Church in partnership with The Knights of Columbus and the Emmitsburg Council of Churches. View their advertisement on page 4 for more information.

## Big Bucks Bingo at Beth Shalom CC

On Sunday, August 25, 2013, come play \$20,000 Big Bucks Bingo (featuring twenty \$1,000 games) at the Beth Shalom Community Center, located at 1101 N. Market Street in Frederick, Maryland. Doors will open at 4:30 p.m., with bingo starting at 6:30 p.m. The cost of tickets are \$100 in advance; \$120 at the door. No telephone reservations; tickets must be purchased at the Center. View their advertisement on page 23 or call 301-663-0267.

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# BUSINESS news

## The Thurmont Eye Care Center Celebrates One Year of Business on the Square

by Deb Spalding

Brian Carren and Dr. Molly Carren, owners of Thurmont Eye Care Center on the square in Thurmont, would like to thank the community, the Town of Thurmont, the surrounding communities, everyone who has come into their clinic for services, and everyone who provided support services over the past year for contributing to the center's first successful year of operation. The concept of Thurmont Eye Care began in January, 2010. The owners, Dr. Molly Carren and her husband Brian Carren, wanted to create an eye center where clients were treated in a professional, respectful, and caring manner, with a second-to-none comprehensive eye exam. The Carrens found the building located at 2 east main street in Thurmont where they knew they could build a practice and provide a much needed service to the residents of the upper Frederick county and surrounding area.

The building where the new eye center is located was built in the late 1800s, and went through an extensive rehab to make the space suitable for the eye center space after its purchase by the Carrens in November, 2011. The Carrens used only local Thurmont contractors for the project in support of local business. The

project was finished in August, 2012, and the Eye Center Grand opening was on August 31, 2012.

Over the past year, the community and the Town of Thurmont have been extremely supportive of the business to help make it successful. Thurmont Eye Care joined the Maryland and Frederick County Chambers of Commerce. Those memberships have helped to define an advertising plan utilizing several other venues

that have helped spread the word to potential customers. Brian said, "It's an on-going process to build a customer base, but we're getting there."

There are several benefits of utilizing Thurmont Eye Care for your eye wellness. Thurmont Eye Care is a family owned business. In addition to the obvious savings in gas for local customers, customer records are easily transferred from

have insurance to set up a payment plan. All other forms of payment are accepted and most major insurance providers (see list on website) are accepted as well.

The eye care center is centrally located for customers as far away as Pennsylvania, Hagerstown, Taneytown, Westminster, and local residents, of course. Customers may park in the Hobb's Hardware lot, use the municipal lot behind the bank or use metered spaces along the street.

Dr. Carren is an Optometrist--an eye doctor--who partners with several Ophthalmologists--the next step up--who are on call for her 24 hours a day to handle eye emergencies. In an emergency, Thurmont Eye Care will even provide transport immediately to an Ophthalmologist, if you don't have a way, so that you receive the best possible care.

All staff at Thurmont Eye Care live locally. The store manager is Andrea Manahan, a Thurmont native who started as an optometric technician was quickly promoted after demonstrating exceptional skills. Associates Tina Cooley/Optometric Technician, Jeni Caron/Optometric Technician, and Carrie Gelwicks/Customer Service Rep, Taylor Cooley/Support Staff, and Brandi Bubczyk/Support Staff are also local residents. They are always willing to help a client and do whatever it takes to make sure the customer is satisfied.

Thurmont Eye Care sponsors "Friday Night Lights" the last Friday of every month. This is an open house for all of the community to enjoy free food, drink, music, and to check out local vendors. The town has opened up Main Street, and attendees can walk up and down the block between Thurmont Eye Care and Timeless Trends, speak with the vendors and enjoy your neighbors.

The hours of operation at Thurmont Eye Care are Mondays and Thursdays 10:00-8:00, Tuesdays and Fridays 9:00-5:00, Saturdays 10:00-2:00. The business is closed Wednesdays and Sundays but, Dr. Carren and her husband live upstairs from the Eye Care Center and are available for emergencies. Now that's convenience! Call 301-271-0554 or visit [www.thurmonteyecare.com](http://www.thurmonteyecare.com) with questions or to schedule an appointment.



Photo by Liz Carren

Members of the Thurmont Eye Care team are pictured (left to right) Carrie Gelwicks, Andrea Manahan, Taylor Cooley, Dr. Molly Carren, Brandi Bubczyk, Tina Cooley, and Jeni Caron.

other providers to Thurmont Eye Care. It's just a matter of filling out a form that Thurmont Eye Care will fax to your previous provider. Brian said, "The most important differences you'll find at Thurmont Eye Care when compared to other offices are customer service, quality of products, and the thoroughness of Dr. Carren's exam. She is adamant about patient care. She spends about 30 minutes with each patient doing a complete exam which includes retinal photos and field vision testing that costs extra at other places but is included in a standard exam for free at Thurmont Eye Care." Thurmont Eye Care is a full-service eye care center. They provide full eye exams for glasses and contacts, diabetic eye exams, LASIK pre- and post-op exams, as well as emergency care. They adjust and repair all eyeglasses free-of-charge, even if they were not purchased at Thurmont Eye Care.

Thurmont Eye Care offers "Care Credit" for customers who don't

## Gospel & Blue Grass Music Festival

Enjoy the Music Festival at Mt. Tabor Gospel & Blue Grass Music Festival at Mt. Tabor Park in Rocky Ridge, Maryland, on September 28, 2013, from 1:00-6:00 p.m. The Music Festival features local talents and fine gospel and blue grass music, plus great food and desserts. Admission is free. View their advertisement on page 22 for more information.

## Businesses & Landmarks

by Ann Marie Bezayiff

Mountain Shadow Diner is the real deal. It's a diner with a traditional breakfast, lunch, and dinner, heaped with a good portion of friendly service. It's like walking into someone's kitchen and being served a good cup of coffee, along with local conversation. Mountain Shadow Diner is located on 14954 Buchanan Trail East, Blue Ridge Summit, Pennsylvania.

Besides its great food and friendly service, the Shamrock Restaurant, north of the 550 turnoff on Hwy 15, is selling traditional Irish gifts and Gettysburg souvenirs for those stopping by for a taste of Ireland. They have a great selection of Irish beers and a wine list featuring local wineries.

We were driving on Old Frederick Road and passed Loy's Station Park and a covered bridge, where a wedding was taking place. What a beautiful site for a wedding! The bridge reminded me of the movie, *Bridges of Madison County*. I've seen

that bridge, too, and this one is just as beautiful, if not more so. Loy's Station Park is a great place for a picnic, with picnic shelters, tables, grills, and play equipment. There's a nice stream for fishing, too. Loy's Station Park is located at 3600 Old Frederick Road in Thurmont. It's a relaxing and peaceful place to spend the afternoon. The park closes at 8:00 p.m.

Great tasting ice cream is definitely a specialty of this region, and I'm enjoying the experience. I got my first taste of Antietam Dairy Ice Cream at the Blue Ridge Mountain Heritage Days this past June. There were too many flavors to choose from, but I decided on a cup of coconut almond chip. I am now a fan. Besides traditional sugar cones, they offer waffle, waffle bowls, pretzel, or chocolate chip cones, in addition to milk shakes and sundaes with all kinds of toppings. Antietam Dairy Ice Cream is located at 834 S Church Street, just off the square in Waynesboro, Pennsylvania. Their number is 717-762-6212.



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We'd like to send  
a special thank  
you for all of our

customers who have given us so much support to make  
Thurmont Eye Care so successful in the past year. We  
look forward to seeing you soon!  
- Your Friendly Staff at Thurmont Eye Care



## Back to School?

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## Friday Night Lights

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# COMMUNITY news



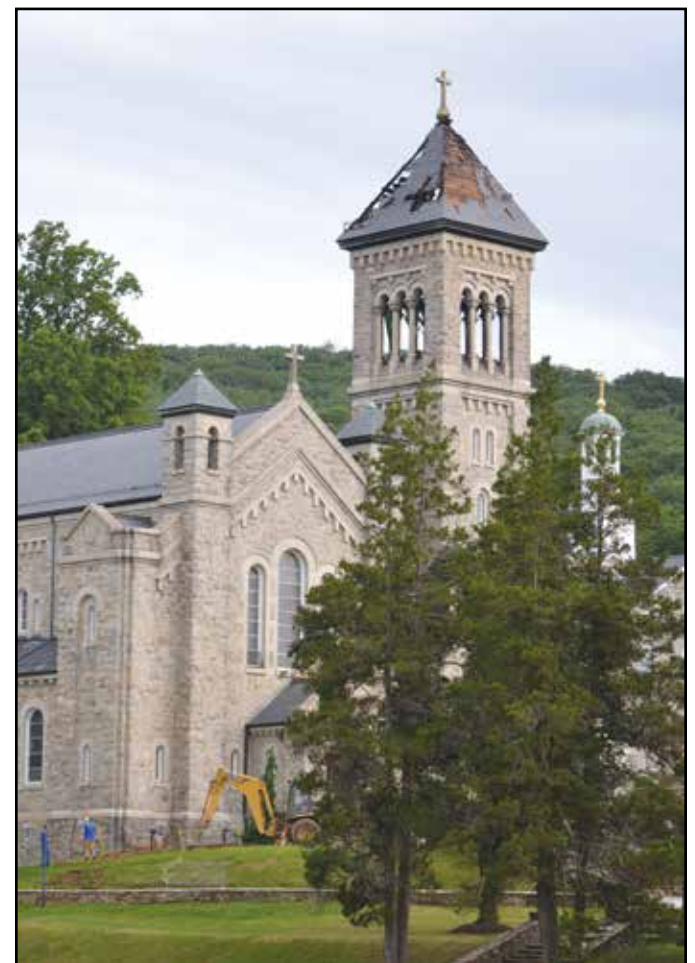
## Lightning Causes Fire in Bell Tower

The bell tower of the Immaculate Conception at Mount St. Mary's University in Emmitsburg caught fire on Friday, July 19, 2013, after being struck by lightning. According to Mount St. Mary's University website, a Mount student witnessed the lightning strike and immediately notified the Mount Office of Public Safety. The Emmitsburg Fire Station 6 responded, along with firehouses from northern Maryland and Southern Pennsylvania. At 10:40 p.m. the fire was contained and believed to have remained within the Chapel's bell tower. No injuries were reported.

Photo (left) shows the bell tower in flames the evening of July 19. Photo (right) shows workers conducting repairs on the bell tower on July 24.

Photo by Deb Spalding

Photo by Natalie Johnson, CHS Student



## Who Will Be the 2013 Thurmont Volunteer of the Year?

Nominate someone who is making a difference in the lives of others: working with children in the schools or helping at the food bank; a member of a service organization or church; a special neighbor who is always there to help whenever needed. Candidates must do their volunteer service in zip code 21788 and may not be members of the Thurmont Lions Club.

Nominations are due October 1, 2013. Forms are available at the Thurmont Regional Library, the Thurmont Town Office, or online at [www.thurmontlionsclub.com](http://www.thurmontlionsclub.com). Coordinated by the Thurmont Lions Club. Follow us on Facebook.

## Keilholtz Reunion

The 69th Keilholtz Reunion will be held on Sunday, September 1, 2013, at the Thurmont Community Park. President Bill Keilholtz extends an invitation to all descendants of John David and Anna Missouri Bell Keilholtz to come for the 12:30 p.m. covered-dish dinner and fellowship. Families are asked to bring two favorite foods to go with fried chicken, their own place settings, beverages, and a two dollar wrapped gift for bingo.

## Donate to the Friends of the Thurmont Regional Library Book Sale

Would you like to donate to the Friends of the Thurmont Regional Library Book Sale? Donations can be left at the Check-Out desk at the Thurmont Regional Library in Thurmont. For donations of more than four large boxes, contact Richard Dix at the library at 301-600-7216. Magazines, textbooks, and encyclopedia sets are not being accepted at this time. Book sale will be held at Catoctin High School at the Thurmont and Emmitsburg Community Show in September 2013.

## Community Notices

**Beginning in August:** Fort Ritchie Community Center is proud to sponsor Fierce Shooting Stars, a special needs, barrier-free competitive cheer program. The cheer program is open to boys and girls of all ages and abilities and will begin meeting in August 2013. Up to fifteen children will be accepted at no cost and on a first-come, first-serve basis. Participants in the Shooting Star Team will travel and compete alongside the rest of the FRCC Fierce teams. Those wishing to contribute may sponsor a child for one full year of special needs cheer, including ten months of weekly instruction by a certified instructor, competition fees, and a beginning cheer outfit, bow, socks, and required shoes for \$150. Checks may be sent to FRCC, 11421 Lake Royer Drive, Cascade, MD 21719. Interested participants may contact Bev Coyle at FRCC at 301-241-5085 or [Bcoyle@TheFRCC.org](mailto:Bcoyle@TheFRCC.org).

**August 11:** The Social Ministry Team at St. John's Lutheran Church in Thurmont is collecting school supplies and donations for needed school items at both services on August 11 or items can be dropped by the office. Many children in our community are in need of basic supplies and this is a chance to help them get off to a good start.



### EMMITSBURG, MARYLAND

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August 16 & 17 - Redline

August 23 & 24 - Phipps the 3rd

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## Thurmont Mountain Heritage Day's Celebration

The Thurmont Historical Society in conjunction with the Thurmont Economic Development Committee sponsored the Thurmont Mountain Heritage Day's Celebration on Saturday, June 15, 2013. As part of the event, the Historical Society had several Civil War themed displays set up in the yard at the Creeger House on North Church Street. Thurmont resident and Civil War buff, Randy Newmann, appeared as a Union soldier, complete with a typical Civil War era uniform, tent, and camp equipment. Randy created the uniform he wore, including the authentic hat. He is pictured (right) in a tin type style photo posing as did many Civil War soldiers, with one hand inside his jacket.



Photo by John Kinnaird

## PATRONIZE OUR ADVERTISERS!

**The Catoctin Banner**

The Catoctin Banner exists due to the advertising support of those featured in each issue.

## New Organization, Project Hope, Plans Alternatives to Drug Use for Local Youth

A new organization, called Project Hope, is based in northern Frederick County. Members seek to provide alternative, enjoyable activities to prevent the temptation of drug use. They also encourage and help anyone who is currently struggling with addiction, to get the help that they need.

Jacque Burrier, President of Project Hope, said, "Our goal is to become a non-profit organization. We are simple moms, dads, sisters, brothers and family members that have had enough of the heroin epidemic in our area." Her son is 19 years of age. The death of six, sadly six, around his age, have died from alcohol or drug-related circumstances. She said, "That is way too many! Even one is way too many!" We live in a close-knit area where everyone knows

everyone. Each and every one of us has been affected.

Project Hope has been on Facebook for about a month, and in that small amount of time they have helped a young man into rehab at Avery Road in Rockville, Maryland. They have also helped three of our local youth that were users of heroin become clean for 3-6 weeks so far. Jacque said, "This is only the beginning for Project Hope. Just think if we all work together -- the amount of HOPE we can spread!"

Project Hope will host an open house to introduce themselves to the community. Everyone is invited. Fundraising has begun in order to hold dances and save towards a Dream Center for our community's youth. We can all try to get our youth heading away from drug and alcohol use.

Join Project Hope at the Guardian Hose Carnival Grounds in Thurmont on Friday, August 2, 2013 from 5:00 to 10:00 p.m. Vendors, games, bouncy houses for the little ones and information on the drugs and the consequences will be featured. If you would like to set up an information table please let us know at [projecthope21788@yahoo.com](mailto:projecthope21788@yahoo.com). Let's all work together to put an end to this horrible epidemic! Look for Project Hope on Facebook!

Pictured left, Becca Bihl and her brother Jonathan reach out to the community about drug prevention while marching in the Thurmont Guardian Hose Company Parade on Thursday, July 11, 2013.

Photo by Grace Eyler



## Ruritan Club Guest Speaker

David Hohman and Bruce Chaney, business partners and hunting buddies, who have been making custom turkey calls since 1999, recently spoke with the Lewistown Ruritan Club. Both men are members of the Monocacy Valley Chapter of the National Wild Turkey Federation. Their business is named "L.J.W.," which stands for "Let Jakes Walk." A Jake is a young male turkey.

Hohman and Chaney displayed turkey calls they made, which were in various stages of production. They recently placed fourth overall in the Division II Hunting Turkey Call Competition at the annual Grand National Wild Turkey Federation Convention and Sport Show in Nashville, Tennessee. Their presentation was followed by a question and answer session.



Courtesy Photo

Pictured from left are David Hohman; Harold Staley, Ruritan Program Chairman; and Bruce Chaney.

## Jenkins Named Man of the Year

Frederick County Sheriff Chuck Jenkins was recently named Man of the Year by the Thurmont Sunday Intellectual Club. Sheriff Jenkins was obviously touched by the honor of being named the club's first Man of the Year, and after thanking the club members for this honor, he told the group that this plaque will occupy a special spot on his office wall. The club meets on Sunday mornings at the Weis Market in Thurmont to discuss current political events and social trends.

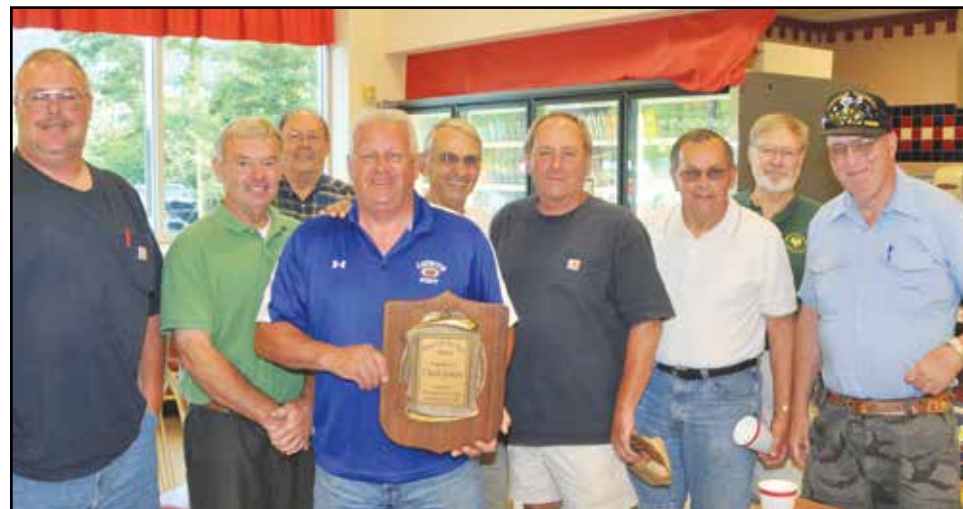


Photo by John Kinnaird

Pictured with Sheriff Jenkins (from left) are Woody Snodgrass, Wayne Peterson, Harvey Yingling, Sheriff Jenkins, Jim Humerick, Bo Haslup, Jim Bostian, Mike Trout and Lee Toms, club member Jim Moser was not present.

## Annual Book Sale

The Friends of the Thurmont Regional Library will be holding their large annual book sale Friday through Sunday during the Thurmont/Emmitsburg Community Show at Catoctin High School September 6:00-8:00 p.m. Book sale chairperson, Joanie Freeze, encourages people to bring donations to the Thurmont Regional Library and she will accept donations of books, CDs and movies at Catoctin High School between 3:00 and 6:00 p.m. on Friday, September 6. Please - no text books, magazines or encyclopedia sets. If you are interested in helping at the weekend sale for a two hour shift, please call the library at 301-600-7212.

## 2013 Thurmont Lion of The Year

Thurmont Lions Club President Tim Stuart recently presented Lion Kimbra Grimm with the 2013 Lion of the Year award for her outstanding work as the club secretary. For more information, follow [thurmontlionsclub](https://www.facebook.com/thurmontlionsclub) on Facebook.



## Dirt Flies at Habitat for Humanity Ground-Breaking Ceremony on Moser Road

A group of residents, Habitat workers, and elected officials gathered on July 10, 2013, for the Habitat for Humanity groundbreaking on Moser Road. Habitat for Humanity is an organization that helps families realize their dream of home ownership.

The Habitat home owners-to-be are Devin and Kassandra Bradshaw and their three children. Their three-bedroom home is being constructed on Moser Road. The Bradshaws' home will be the 32nd home Habitat for Humanity has constructed in Frederick County.

Ron Cramer, Executive Director of the Habitat affiliate, led the ground-breaking event, with ceremonial shoveling assistance from the Bradshaws and their three children.

Guests among the crowd at the event also included Thurmont Mayor Martin Burns, Town Commissioner John Kinnaird, and Chief Administrative Officer Bill Blakeslee.

Other guests included State Delegate Kelly Schwartz, Melissa Joseph, local congressional staffer for U.S. Rep. Chris Van Hollen, and Joe Baldi, president of the local Habitat board of directors.

Local contractors, residents, and the future home owners help keep the constructions cost down by working together to build the home. This is the first of two current Habitat projects scheduled for completion in Thurmont. Anyone interested in making a contribution or helping with this project can contact the Frederick Habitat for Humanity office at 301-698-2449.



Photo by John Kinnaird

Pictured from left are Melissa Philips of St. John's Prep. School; the Bradshaw family; Melissa Joseph, representing Congressman Chris Van Hollen; Joe Baldi, President of Habitat Frederick; Maryland Delegate Kelly Schulz; Thurmont Mayor Martin Burns; and Habitat Executive Director Ron Cramer.

# Rocky Ridge CARNIVAL

**MONDAY 8/12**  
Cake Auction

**TUESDAY 8/13**  
Catoctin Promise Band

**WEDNESDAY 8/14**  
Paul Leford Band  
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**THURSDAY 8/15**  
Roll the Dice

**FRIDAY 8/16**  
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## Visiting Boy Scouts from Scotland and Members of Thurmont Troop 270

During the July 4th holiday, several Boy Scouts from Glasgow, Scotland, visited Thurmont as part of an Eagle Scout expedition. Approximately sixty scouts from Glasgow travelled to the United States to spend two weeks hiking in the mid-Atlantic region before heading to Florida for a weeklong Jamboree. The scouts travelled in groups of three or four and spent evenings with local families as they hiked from Harper's Ferry to Gettysburg. Two groups spent the night of July 4th in Thurmont, courtesy of the Doane and Kinnaird families. Thurmont Scout Troop 270 hosted eleven of the visiting scouts at a traditional 4th of July picnic, complete with a cookout and volleyball. Both groups had a chance to learn about and discuss the similarities and differences in the scouting experience between the two countries.

Before heading off to Gettysburg, the Scouts had a chance to tour the area with stops at Catoctin Furnace, Carroll Valley to see the fireworks display, Catoctin Mountain Park, Thurmont Town Office, and the Thurmont Police Station.

Photo by John Kinnaird



## Fort Ritchie Heritage Day

On Saturday, June 29, 2013, Heritage Day festivities sponsored by One Mountain Foundation (OMF) began at 9:00 a.m., with the 8th Annual Parade. Due to construction work on Route 550 into Ritchie, the parade began at National Book Network (NBN) parking lot, passed the Blue Ridge Library, and ended in Highfield.

Parade Marshals were Roy and Dolly (Buhrman) Sanders, 2013 OMF Community Pillars, who were driven by Jim Bittner, 2012 Community Pillar, in his historic 1929 4-door Model A Ford sedan.

On the parade field at the fort there were Civil War encampments and displays, WWII displays and living historians, craft and food vendors, children's games, kayak, canoe and paddleboat rides, a gas steam engine and tractor show, and fire and ambulance safety instructions with interactive games for children.

On the grass stage there was hip-hop dancing for children, as well as a live

performance of Waynesboro Children's Theatre Troupe. There was the 5th annual Mountain Thunder Car Cruis-In, and at 2:00 p.m., a mock battle between northern and southern Civil War units.

From 8:00-9:15 p.m., there was a Salute to Armed Forces on the main stage, followed by a weather-challenged fireworks display sponsored by PenMar Development Corporation. Before the display, there was a storm with plenty of fireworks in it—thunder and lightning, strong wind, and sheets of rain. It is hoped that those who left early

found a safe place in their cars to watch the fireworks that many said were the best ever.

## Thurmont Guardian Hose Company's Carnival and Parade

The carnival and parade in Thurmont were fun for everyone. See their Thank You ad on page 31 for details about parade and carnival winners, sponsors and more.



Pictured (top right) Blake Cool enjoys the parade; pictured (above) the Catoctin FFA float was really cool; (right) members of the Thurmont Thespian's production of Honk! Jr. wave as they pass.



Photos by Grace Eyler

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## Emmitsburg Celebrates its History “Hometown-Style” at its Annual Community Heritage Day

This year, Emmitsburg’s “hometown” annual celebration was quite a change from the usual event that it has been for the past thirty-two years—the Civil War was a centerpiece for the whole event. Emmitsburg Community Heritage Day was a truly collaborative event, with the involvement of many of the town’s civic organizations, institutions, and businesses coming together to provide visitors and residents alike with historic exhibits and tours of the town and area museums. Museums such as the Frederick County Fire and Rescue Museum and Seton Shrine saw an increase in traffic to their exhibits and tours. The Fallen Firefighters Monument and To Lift A Nation Monuments, as well as the National Shrine Grotto of Our Lady of Lourdes were also open to the public.

The annual event is an important fundraiser for the Emmitsburg Lions Club, who provided old-time field games (greased pig chase, sack races, pie and watermelon eating contests—see winners listed on page

20), organized the annual parade through town, and, of course, sold their famous barbeque chicken dinners. The Vigilant Hose Auxiliary hosted its annual fundraising breakfast; the Emmitsburg Baseball & Softball League hosted a Car, Truck, and Motorcycle show; the Knights of Columbus Bruté Council hosted a day of entertainment at the bandstand; the Frederick County Sheriff’s Office sponsored its annual Deputy Bike Ride; Emmitsburg Professional & Business Association (EPBA) provided the fireworks; and there were over sixty vendors/crafters, craftsmen, and re-enactors to visit.

Added to the event for the first time was a community-wide yard and sidewalk sale, which was not as successful as hoped. “The notices for the yard sale were sent in the water bill and somehow the word just did not get out, and participation was low,” revealed Jennifer Joy from the Emmitsburg Community Heritage Day Committee. “However, it did bring more visitors to town,” Joy

added. Traffic was quite congested all day as people stopped to look at sales. The committee hopes that next year the participation level for the yard sale will be greater; they are looking for other ways to generate interest among residents.

The bandstand, sponsored by the Knights of Columbus Bruté Council, was busy all day with entertainment from the Home Comfort Band, the Frederick School of Rock, the Silver Lining Band, and As of Tuesday. The Catoclin Mountain players cast of “Into the Woods,” which opens August 8, also performed. “These entertainers all volunteer their talents on behalf of the festival,” states Joy, “and we can’t thank them enough for their efforts.” As of Tuesday, a local rock band, has closed out the festival for the past three years, and this year they even provided the sound equipment for the entire day. “The Heritage Day committee and the Knights thank As of Tuesday for the use of their quality sound equipment, as it made the bandstand sound better than ever!”

Although attendance to the festival was double last year’s, the event planners were a little disappointed, as they were expecting even more. “We realized that we

were competing with many other events on the same weekend, but primarily it was the Gettysburg 150th Anniversary event that people were going to,” said Cliff Sweeney, Lions Club President and Heritage Day committee member. “We hope that this year was a good start on a festival we plan to continue to expand upon and improve,” added Jennifer Joy. “We need more participation from the Emmitsburg residents for this event to be a success and welcome anyone who wants to help us with preparing for next year.” To be a part of planning next year’s Emmitsburg Community Heritage Day, please contact Jennifer Joy at eburgheritedays@gmail.com or call 301-447-6467.

The event is also a major fundraiser for the Emmitsburg Lions Club, who award three scholarships each year to local high school students to attend the college of their choice. This year’s recipients are Steven Swanson, Parker Rohrbaugh, and Robin Wivell, who were each honored at the evening memorial program. Each received \$1,000 for college. All proceeds and donations from this year’s community festival will go to fund next year’s awards.



Silver Lining Band

Pictured from left are: Pastor Jon Greenstone, Ty Russell, Bradey Triplett, Jennifer Joy, Seth Doxsey, Reagan Joy, Miriam Warthen, Steven Funk, Thomas Neibecker, Skye Ogle, and Patrick Smatlack on drums.



As of Tuesday

Pictured from left are: Alex Beveridge, Ryan Gabriel, Troy Bennet, and Joe Wolfe.

Courtesy Photos

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## 57th Annual 2013 Thurmont & Emmitsburg Community Show

The Thurmont & Emmitsburg Community Show will be held at Catoctin High School in Thurmont on September 6, 7, and 8, 2013.

The time for entering exhibits is as follows: Thursday, September 5—6:00-9:00 p.m.; Friday, September 6—8:30-11:30 a.m. Please note the beginning time change on entering of exhibits on Friday. You may also visit the Community Show's website at [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com) to view the premium list for 2013 and the community show booklet. The booklet will be available in local grocery stores, banks, restaurants sometime in late July.

Judging will begin at 12:30 p.m. on Friday and is closed to the public. Commercial exhibits may be entered on Friday, September 6, from 3:30-5:30 p.m. The show will open to the public at 6:00 p.m. There is no admission charge to the event; however, a silver offering will be collected.

Over 3,000 farm and garden, household, quilt, livestock, machinery, and commercial displays can be seen during the three-day event.

On Friday night beginning at 7:00 p.m. in the auditorium, a bagpipe processional by Bill, Alexander, and Andrew Douwes will be performed at the beginning of the 37th annual Community and Civic Flag Ceremony. This year, the show committee will honor the 50th anniversary of the Catoctin Colorfest, and also honor past Thurmont & Emmitsburg Community Show Ambassadors from 1995-2009 with sashes. Also held on Friday night, the 2013-2014 Catoctin FFA Chapter Ambassador will be announced. Immediately following the program (at approximately 8:15 p.m.), an auction of all baked goods exhibited at the show will be held in the auditorium. All grand champion and reserve champion baked goods will be sold at 9:00 p.m.

On Saturday, September 7, 2013, the show opens at 9:00 a.m.-10:00 p.m. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8:00 a.m.-2:00 p.m. at the Ag Center area, and a Pet Show at 10:30 a.m. in front of the school. Entries can be entered on the terrace in front of the school. The Pet Show is also open to area residents. Categories are: Cat with Prettiest Eyes; Cat with Longest Whiskers; Cutest Cat; Best-Trained Pet; Dog with Wiggliest Tail; Prettiest Dog (25 pounds and under); Prettiest Dog (26 pounds and over); Best Costumed Pet; Pet with Most Spots; Largest Pet (by height); Most Unusual Pet; Smallest Pet.

The petting zoo and pony rides will also be held on Saturday and Sunday. There will also be an exhibit of Alpacas by Lynn Cherish; the 2,500

lb. steer, Abel, exhibited by the Biser Family; Emu's by the Royer family; a sow and litter of pigs by Phil Wivell; and pony rides by Niki Eyler.

The Thurmont Library will again have books for sale in the old gymnasium. Persons wishing to donate books for the library sale can drop them off at the school while entering exhibits at the show on Thursday night or on Friday morning. In the old gymnasium, John Kinnaird will have old pictures of Thurmont, and Helen Mackley will have her display of old buttons and emblems. The Community Show will also have on display old photographs and displays of past years in the old gymnasium.

The Thurmont Grange will again serve their turkey, country ham, and regular ham dinner in the school cafeteria, from 3:00-7:00 p.m. on Saturday night. New this year is the addition of country ham to the menu. Prices are: Adults—\$13.00; Children under age 12—\$7.00; Carry-outs—\$14.00.

A martial arts program, under the direction of Lynn Folk, will be performed in the old gymnasium at 4:00 p.m. on Saturday.

The 38th annual Catoctin FFA Alumni Goat, Beef, Sheep & Swine sale will begin at 7:00 p.m. in the Ag Center area on Saturday night. Entertainment featuring youth from the musical *Honk! Jr.* performed by the Thurmont Thespians will begin at 7:00 p.m. in the auditorium. There is no admission charge.

Activities begin on Sunday, September 8, at 9:00 a.m. with the Goat Show, followed by the Dairy Show and Decorated Animal Contest. The decorated animal contest will begin at noon, and \$50.00 in prize money will be awarded. Categories are: Dairy, Beef, Sheep, Swine, Poultry, Rabbits, and Goats.

At 12:00 p.m., the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria. Prices are: Adults—\$9.50; Children under age 12—\$9.00; Carry-outs—\$10.00.

The 34th annual Robert Kaas Horse School Pitching Contest will begin at 1:00 p.m. The Log Sawing Contest will also begin at 1:00 p.m. under the show tent in the Ag Center area.

The Barnyard Olympics for children will again be held on Sunday afternoon, beginning at 1:00 p.m. Age Groups are: 5-6, 7-8, 9-10, and 11-13. The event will be expanded because of increased participation by the children, and premiums will be awarded.

Also on Sunday afternoon, a martial arts demonstration by the Thurmont Academy of Self Defense will be performed in the old gymnasium, beginning at 1:30 p.m.

The Catoctin Aires will perform on stage in the school auditorium at 1:30 p.m.

Exhibits must be removed on Sunday, September 8, 2013, from 3:00-6:00 p.m. PLEASE NOTE TIME CHANGE of removal of entries.

The Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, and the Maryland State Agricultural Fair Board.

Residents of the Catoctin feeder area are urged to enter and be a part of the Community Show, the largest in the State of Maryland. Some minor additions and deletions may

be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department, and Youth Department.

Come and see the many animals and items on exhibit by the residents of the Catoctin High School area. There is no admission charge and parking is free.

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# SCHOOL news

## New WCF Church in Sabillasville Holds Open House

by Deb Spalding



Pictured left to right in front of the NEW WCF Center for Ministry & Outreach are Becky Wyand, Nancy Harlan, Donna Fleharty, Nancy Cox, Sally Cox, Gary Cox, and Brad Main.

The WCF Center for Ministry & Outreach is the new home of WCF Church & Walkersville Christian Family Schools (WCFS). WCFS is a premier K-12 Homeschool Academy operating since 1983. The ministry recently relocated their offices from a rented space in Thurmont to the newly purchased property of the former schoolhouse/church located at 16827 Sabillasville Road in Sabillasville.

The folks at WCF held their first official open house on June 29, 2013 to welcome the public into their newly acquired modular offices. Ironically, WCF Church's Pastor and WCFS' Superintendent, Gary Cox, first set eyes on the old school/church building in 1984. He said to himself then that if he ever had a building, he would love for it to be like that one. Gary was just beginning to build the ministry for which people's homes were utilized for meetings and worship. Gary was sent to Frederick County as a church planter and taught at The Frederick Christian Academy. At the time, an administration building, not to mention an actual church, were far from his mind as he focused on growing the ministry. As the saying goes, "The good Lord works in mysterious ways!" The ministry now includes the WCF Church, the WCFS homeschool administration building, and a locally and internationally administered homeschool program.

It is interesting to note that homeschooling was still technically illegal by law 30 years ago when Gary started these outreach ministries. With diligence and patience, the program has grown as homeschooling increased in popularity. Today, all of the academics administered by WCFS are structured just like that in a private Christian school. The office is used to oversee

and mentor homeschool programs as a ministry of the church.

Becky Wyand, well-known for her part in founding the Broadfording Christian Academy and Heritage Christian Academy, is responsible for testing and development at WCFS. Derrick Comfort headed up the capitol campaign for the acquisition of the modular office building that now houses the homeschool administration. The modular was relocated from Kent Narrows, Maryland.

Brad Main, Administrator of WCFS, develops curriculum and programs for high school aged students and helps them as they graduate and pursue college. He oversees individualized curriculum for each family.

WCFS is a resource for families in their own homes or at the School where families visit to make use of resources or take classes. WCFS primarily serves families in Maryland, but they also have families in Virginia, Pennsylvania, and West Virginia, plus two schools in Korea, and one in the Philippines.

Gary said, "Our vision is to treasure God's design for the family. When you look at scripture, the Bible reveals that a Godly family is the foundation to a whole society. The education system is dependent upon a good family--the governmental system, the religious system, it's all built around having quality families. Enjoy family as God designed it." We encourage families to make the most of their homeschool and have a positive impact in the community around the families.

WCFS is supported by tuition fees and donations. Donate by sending a check to WCFS at 16827 Sabillasville Road, Sabillasville, MD 21780. Visit [www.wcfs.edu](http://www.wcfs.edu) for more information.

## Two CHS Students Attend Maryland Boys State

by Christina Ames

Two rising seniors from Catoctin High School (CHS) recently attended Maryland Boys State. JD Wilhelm and Donnie Ames spent a week at Washington College in Chestertown with approximately 180 other students from around the state. Boys State is a program sponsored by the American Legion and is a participation-oriented program. Each attendee becomes part of the operation of a city and is educated about the rights and responsibilities of citizens. The students had visits from various public officials, attended law enforcement



Donnie Ames and JD Wilhelm.

presentations, and toured the State House in Annapolis. The week culminated in a graduation ceremony viewed by family and friends.

## Rocky Ridge 4H Donates School Supplies



Courtesy Photo

For the Rocky Ridge 4H Club's July, 2013 Community Service Project, members donated school supplies to the community to help out the needy for the 2013 school year. Payton Troxell and family were in charge of this project. Club members are pictured above.

## 2013 Annual Catoctin Community School Supply Program

Area churches and organizations in Emmitsburg, Lewistown, Sabillasville, and Thurmont are working to provide students in need with school supplies for the 2013-2014 school year. This program is intended to assist students attending the Catoctin Feeder Schools. Those schools include Emmitsburg Elementary, Lewistown Elementary, Sabillasville Elementary, Thurmont Primary, Thurmont Elementary, Thurmont Middle and Catoctin High.

The Annual Catoctin Community School Supply Drive is going to be held on Tuesday, August 6, 2013, at the Graceham Moravian Church, located at 8231 Rocky Ridge Road in Thurmont, from 9:00 a.m.-7:00 p.m.

If you would like to donate to this program, please drop off school supplies, cash donations, or gift cards (Staples or Walmart) to the church on Monday, July 29, 2013, from 10:00 a.m.-Noon. For more information or any questions, please contact Jennifer Harbaugh at 240-236-1764.

**The 2013-2014 School Year Begins August 19 for students.**

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## READ 25 Challenge

This year, the Thurmont Middle School (TMS) media center challenged their students and staff to read twenty-five books during the school year, and their results were awesome. Sixty TMS students met or exceeded the twenty-five book goal, and twenty-two teachers participated in the challenge. TMS students read a total of 3,551 books this year, beating Walkersville Middle School by over 1,600 books!

The top readers from each grade are: 6th grade – Heidi Selders, 140 books; 7th grade – Kelli Colantonio, 50 books; 8th grade – Nicole Cevario, 132 books.

They are pictured holding cans of whipped cream because three of our teachers volunteered to take a pie in the face if we beat Walkersville and our top readers were the ones who threw the pies.



Courtesy Photo

## Thurmont High School Alumni Association Scholarship Fund Established with Community Foundation

The Thurmont High School Alumni Association has established The Thurmont High School Alumni Association Scholarship Fund to provide assistance with post-secondary and vocational training at any accredited two- or four-year college, university, or trade/technical school. The fund becomes one of more than 640 component funds of The Community Foundation of Frederick County. The fund is also created in honor of Mr. Donald Lewis, a lifelong resident of Thurmont, Thurmont High School graduate, owner of Lewis's Confectionary, and Mayor of Thurmont from 1964 to 1970.

Descendants of Thurmont High School graduates and descendants of Catoctin High School graduates from 1969 through 1972 will be eligible to apply. The scholarship, which was previously administered by the Thurmont High School Alumni Association and was available in May each year, will now be included in the Community Foundation's General Scholarship application process, available between January 15, 2014 and February 15, 2014 for the FY2014/15 academic year.

"Thurmont High School was an integral part of the community when it existed," said Joan Freeze, Thurmont High School Alumni Association President. "We want to help as many young people as we can who are interested in continuing their education. It's a great way to give back to the community, and perpetuate the memory of Thurmont High School."

The Community Foundation of Frederick County is a recognized leader in providing scholarships to area students, made possible by generous donors who establish funds, or add to existing funds. For the 2013-2014 academic year, the Community Foundation provided more than \$504,000 in scholarships to area students. Additional information about the Community Foundation is available at [www.FrederickCountyGives.org](http://www.FrederickCountyGives.org) or by calling 301-695-7660.

## Emmitsburg High School Alumni Association Scholarship Winners

The four winners of 2013 Emmitsburg High School Alumni Association (EHSAA) scholarships were announced at Catoctin High School Awards Ceremony on June 3, 2013. Each recipient received a \$1,000 scholarship. The applicants were judged on involvement in school and community activities. Their academic work, financial need, and honors were also considered, along with their work experience.

Parker Rohrbaugh, son of Mr. and Mrs. Herbert Rohrbaugh, will be entering Penn State University,

studying Pediatric Nursing. Robin Wivell, son of Mr. and Mrs. Eric Wivell, will be attending American University, majoring in International Studies and Environmental Studies. Shelby Maly, daughter of Mr. and Mrs. Scott Maly, plans to attend Shepherd University, pursuing a degree in Sports and Event Management or Sports Marketing. Laken Weaver, daughter of Mr. and Mrs. Conrad Weaver, will enter Furman University, where she plans to study Classical Voice.

An anonymous alumni member

## Maryland Black Eyed Susan Readers

Every year since 1992, students all across Maryland have helped choose the Maryland Black-Eyed Susan book award winner. Ten books are nominated each year, and students get the opportunity to read those books and vote for their favorite. This year at Thurmont Middle School, seven students read all ten of the nominated books and two other students read half of the nominated titles. These students all had the chance to cast their votes in the state contest and helped determine this year's winner: *A Tale Dark & Grimm* by Adam Gidwitz.



Courtesy Photo

These all-star readers (pictured above) are: Skyler Sanders, Kelli Colantonio, Bwari Ogendi, Brietta Latham, Kyle Cover, Mikaila Risser, Avie Hopcraft, and Alyssa Hartwich.

## New FCPS Principals

Frederick County Public Schools (FCPS) recently announced principal transfers and appointments. Six are promotions of individuals new to the position. They are Tracey Franklin, Stacey Hiltner, Jeffrey Marker, Jethro Reid, Kathy Swire and Stephanie Ware. Below is additional information about their backgrounds, followed by brief biographical information about each of the other recently announced principals transferring to a new school.

Cheryl Crawford is Thurmont Elementary's new principal, having served as Orchard Grove Elementary principal since 1999. Before then she was Orchard Grove's assistant principal for two years and reading specialist in Frederick County for 21 years. Ms. Crawford earned her Bachelor of Arts degree in reading at the University of Arizona in 1973.

Kate Krietz is Sabillasville Elementary's new principal, having served as Thurmont Elementary principal since 2005. Employed at FCPS nearly 20 years, Ms. Krietz was also assistant principal at Thurmont Primary, school counselor and teacher. She holds a Bachelor of Science degree in elementary education from the University of Saint Mary in Kansas and a master's in guidance and administration from McDaniel College.

Karen Locke is Thurmont Primary's new principal, having served as Sabillasville principal since 2005. Ms. Locke was assistant principal at Thurmont Elementary from 1999-2001, after working for Washington County Public Schools as Fountaindale Elementary assistant principal. In 2001 she became assistant principal at Myersville Elementary. Ms. Locke received her bachelor's degree in elementary education and her master's degree with a concentration in reading from the California University of Pennsylvania.

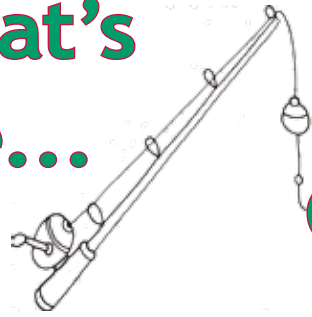
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# What's the...



# Catch?



Thank you to all who sent in their “fishy pics”! We hope you enjoy viewing them as much as we did.

—The Catoclin Banner



Geoff Stup and Keith Rippeon



Pictured are Geoff Stup, Gage Stup, Rob and Justin Reaver, and Colby cray fishing at Loy's station.



Gage Stup



Kaitlyn Schildt from Thurmont fishing on a boat in Dandridge, TN.



Tracy Fuller of Lewistown, Maryland—first fish.



Luke Staley, a sophomore at Liganore High School, recently caught and released this small-mouth bass from the Monocacy River while on a fishing trip with his father, Mark W. Staley, on Father's Day.



Miranda Grimes with her first fish and grandfather Fred Wood.



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### Have a Safe and Happy Summer!

—from all of us at  
The Catoclin Banner



Pictured (from left) are Sandra Smith, Greg Kreitz, Michael Kreitz (Goobar), Andy Kreitz, Butch Kreitz, Joe Smith and David Kreitz at Lake Marrian in Santee, South Carolina, on June 19, 2013.



Geoff Stup



**Laughter is the Best Medicine**

**Taking Your Wife Fishing**

Two guys are talking about fishing. One says to the other, "I am NEVER going to take my wife fishing with me, ever again!" "That bad, huh?" asks the other guy. "Yes...she did everything wrong! She did everything wrong! She talked too much, made the boat rock constantly, tried to stand up in the boat, baited the hook wrong, used the wrong lures and WORST of all... she caught more fish than me!"



Pictured (left) is Jaxson Davis from Catocin Furnace. His parents are Kristin Krenzer and Joey Davis.



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# SPORTS news

## CRC Basketball Camp Participants Say Thanks

Five boys in the Catoctin Rec Council's Basketball Program reached out to the community in order to earn their way to Indiana University's (IU) Hoosier Basketball Camp this summer. CRC players Eli Bailey, Anthony Robertson, Drew Bramson, and Austin Cramer--under the supervision of their coaches--reached out to the Catoctin Community to perform odd jobs for donations. Their efforts were rewarded to the tune of more than \$2,400. The boys spent five days of camp, 9:00 a.m. to 5:00 p.m., doing drills and games. They were introduced by the IU coach to the whole camp as leaders because they earned their way to the camp. They paid for the camp, gas, food, and hotel.

Because of their hard work and your support, they were coached by IU players, and had the privilege of scrimmaging with and against



Courtesy Photos

Pictured (left to right) are Eli Bailey, Anthony Robertson, Drew Bramson, IU Coach Tom Crean, Austin Cramer, and Mick Bailey.

them. They met some of IU's players from NCAA championship teams including Calbert Chaney (a former Washington Bullet) and Wayne Radford.

These boys would like to publicly thank those who supported them: Cathy Haggert, Mark Kennedy, Bo Adams, JB Bramson and Catoctin Vet Clinic, Laura Knot, Ed, Susan and Edison Hatter, Nancy, Lisa, and George. Special thanks to JB Bramson for giving up his vacation and going along on the trip to help supervise the boys.

## Thurmont Little League 9/10 All Stars District Champs



Courtesy Photo

Pictured from left are: (First row) Dalton Williams, Garrett Mayhew, Hunter Schaper, Hayden Dextradeur, Bryson Cabellero, Matt Rinehart, Jason Rivera, J.J. Zirkle, Devon Baxter, Dylan "Pip Pip" Cevario, Colby Horning; (Top row) Manager Rick Mayhew, Coach Jessie Williams, Coach Darryl Dextradeur. (Not in picture: Kolbie Romeril)

The Thurmont Little League 9/10 District All Star Team won the District 2 Championship over the weekend of July 6 and 7, 2013. The team won the District Title in dramatic fashion by coming from behind down three runs to win the game on Bryson Cabellero's single to right field over Brunswick 12-11. The team advanced to the Maryland State Championships conducted over the week of July 15 in Willards, Maryland.

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## Thurmont Minor Division Rangers



Courtesy Photo

Pictured from left are: (First row) Hayden McFarland, Braden Bell, Peyton Castellow, Brandon Davis, Michael Hoffman; (Second row) Colton Shadle, Nathan Black, Carson Keller, Dylan Beckley, Kyle Cantwell, Ayden Shadle, E.J. Lowry; (Third row) Coach Matt Cantwell, Coach Greg Keller, Coach Craig Beckley, Manager Tim Castellow, and Coach Ed Lowry.

The Thurmont Minor Division Rangers concluded the season with a record of 17-1 to win the Thurmont Little League Minor Championship Tournament. The Rangers won in the final game 9-4 over the Tigers. The Thurmont Little League Minor Division consisted of six teams with players ages 7 through 11.

## Thurmont Major Division Cardinals



Courtesy Photo

Pictured from left are: (First row) Nathan Black, Ryan Heiss, Ryan Shipe, Hunter Schaper; (Second row) Jacob Keeney, Kaleb Sellers, Wyatt Black, Mark Rogers, Cameron Andrew, Ryan Fisher, Austin Reed; (Third row) Coach Chris Rogers, Manager Les Fisher, and Coach Lind.

The Thurmont Major Division Cardinals went on an outstanding run to win the Thurmont Little League Major Division Title with a record of 10-2 for the fourth year in a row. The Cardinals also advanced to the District 2 Tournament of Champions Championship game for the third straight year, representing Thurmont against other District 2 League Champions. The team consists of boys ages 9 through 12.

## Free High School Pre-Participation Sports Physicals

Free high school pre-participation sports physicals (all FCPS high schools—all sports) are being offered on Tuesday, August 6, 2013, from 5:00-7:00 p.m., at Orthopedic Specialists of Frederick, located at 52 Thomas Johnson Drive in Frederick, Maryland. Sponsored by Monocacy Health Partners. Participating students must come with FCPS completed physical forms and must be accompanied by a designated guardian. Please RSVP your name and high school to [office@osofdoc.com](mailto:office@osofdoc.com).

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## E Plus Copy Center & Promotions



## Babe Ruth and Mount St. Mary's: A Glorious Part of Baseball History

by Joseph Kirchner

George Herman "Babe" Ruth is widely considered to be the greatest baseball player who ever lived, and certainly the most iconic. His name is practically synonymous with "baseball." Amazingly, the greatest hitter in the game (and also an outstanding pitcher in his own right) was discovered on Echo Field at then Mount St. Mary's College.

Born on February 6, 1895, in Baltimore, Maryland, Ruth's parents were not able to provide for him and sent him to St. Mary's Industrial School for Boys, a reformatory and orphanage, at the age of seven. Ruth would spend twelve years at the school, where he would begin playing the sport for which he would become very famous. Though he played various positions (mostly catcher), eventually Ruth became noted for his throwing arm and switched between pitcher and catcher on the St. Mary's varsity baseball team.

The St. Mary's baseball team made the trip to the Mount in 1913 to play a game versus the Mount St. Mary's freshman baseball team as an opener to an alumni game between the college alumni and the varsity team. Ruth (just eighteen at the time, standing six feet, two inches tall and weighing a scant 170 pounds), put on an amazing pitching display, striking out eighteen of the twenty batters he faced. Ruth's ability caught the attention of Joe Engel, a former Washington Senator's pitcher and scout who would later become

known as one of the most renowned scouts in the game.

On the very same evening, Engel ran into Jack Dunn (owner and manager of the Baltimore Orioles) on a train to Baltimore. The two baseball men knew each other professionally and naturally talked about baseball. It was then that Engel informed Dunn of the stunning performance by Ruth. Though Dunn took note of this conversation, he didn't immediately act on it. However, the astute scout went to St. Mary's Industrial School for Boys the following year and watched Ruth pitch during a half-hour workout. He signed the promising pitcher to a contract for \$250 a month on February 14, 1914. Ruth earned the nickname of "Babe" after teammates referred to him as Jack Dunn's newest "babe." The moniker stuck with Ruth the rest of his life. From this humble beginning arose the greatest baseball career in history.

By July, Ruth was playing for the Boston Red Sox in the major leagues. By 1918, his prodigious hitting was duly recognized and the Red Sox began using him less as a pitcher and more as a hitter. That was the right call: that same year Ruth led the American League in home runs, and the following year the great slugger set his first single-season home run record with 29 home runs. (To the bane of Red Sox fans to this day, Ruth was sold to the hated New York Yankees in December of 1919,

(right) Babe Ruth poses with Monsignor Benjamin Bradley in 1921 on Echo Field at Mount St. Mary's College.

(below) The baseball jersey Ruth wore while playing for the St. Mary's Industrial School for Boys.



where he would have a spectacular career for the pinstripers).

It turns out that in his earlier days visiting the Mount, Ruth became friends with several priests there. So, he returned to the school every several years to put on batting exhibitions on Echo Field. Such was the case on May 7, 1921, when Ruth, now known as the home run king of the American League, returned to Mount St. Mary's to give a hitting demonstration. This event was significant enough that *The Frederick Post*, which did not routinely report on the little town of Emmitsburg, covered the event, much to the joy of

the locals. For nearly an hour, Ruth provided a display of his prodigious hitting power, slamming balls deep and far to all corners of Echo Field. Ruth only stopped because he needed to hit the road to be elsewhere. He was mobbed by fans for pictures and to have the baseball hero sign balls and bats for keepsakes. The fans wouldn't regret their time or treasured souvenirs with Ruth: that year he hit 59 home runs, batted .378, and led the Yankees to their first league championship.

Babe Ruth, the greatest player in the game—who would become the first player in history to hit 60 home runs in a season, who finished his storied career with a .342 batting average and 714 home runs (the record for a very long time until Hank Aaron surpassed him in 1974), and who was one of the first five players inducted into Baseball's Hall of Fame (1936)—was discovered here in our back yard! Thus, Echo Field at Mount St. Mary's has taken its rightful place in the wonderful, colorful history of our nation's favorite pastime.



Courtesy Photos



Names Courtesy of John Hollinger (Pictured front row right)

Photo Courtesy of Gloria (Joy) Bauerline

### Emmitsburg Baseball c. 1946

Pictured (left to right) front row: Charles Eckenrode, Ed Combs, Jack Burick, Jack Rosensteel, Harold Hoke, and John Hollinger; middle row: George Kennell, Tom Combs, Don Smith, George Combs, Tom Hoke, and Gene Newcomer; back row: Leonard Zimmerman, Nino Briscuso, Fred Shank, Dick Harner, Allen Bowey, and Vince Topper.

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# happily ever after

by Valerie Nusbaum

## "Hot Stuff"

I'm hot, y'all! And I don't mean that in a good way. As I'm writing this, our thermometer is reporting the temperature as 104.2 degrees in the sun. It's too blasted hot to do anything fun outside. We're now at that time of year lovingly referred to as the "dog days of summer."

The dates vary depending upon the source, but Dog Days are observed from mid-July until mid-August. Some researchers believe the term originated from the Greeks, but most of the references stem from the Romans. The Romans believed that the oppressive temperatures during the hottest part of the summer were caused by the star known as "Sirius" (or Dog Star). Sirius is the brightest star in the constellation Canis Major, also known as "Large Dog." I thought you'd want to know that. I'm a fount of worthless information.

Anyway, we were tired of sweating, so Randy and I thought that going to Montana to visit my brother and his family would give us a break from the awful heat back here. However, when we got there, Montana was in the throes of a heat wave. The temperature was above ninety degrees every day, and no one out there has air conditioning in their homes, because it doesn't get hot enough to warrant it. Unless, of course, we come for a visit.

The trip was relatively uneventful. My brother John took Randy fishing, and they gleefully reported back that they caught thirty-one fish in just over two hours. I think it's highly possible that they caught the same fish thirty-one times, or they lied. The only proof was a couple of cellphone photos. There were no fish for dinner that night.

I did manage to get into an altercation with a security office at

the Bozeman airport on the way home. According to her, the body scan showed that I had something suspicious in my head. I asked if it could be my glasses or my earrings, but she huffed at me and started digging her fingers through my hair. She didn't find anything, and she didn't think it was funny when I told her that in some countries we'd be legally married now.

When we got home, Randy and I felt that we'd done enough traveling for a while, so we decided to fight the heat and check out some cool local happenings.

When we read that a new winery had recently opened on Roddy Road, we just had to check it out. Randy and I don't drink much. I don't even really like wine, but I love going to wine tastings because I look forward to learning new things. Unfortunately, after attending several tastings, the only thing I've learned is that I don't have a discerning palate. I did learn that wine-makers store their wines in barrels made from different kinds of wood because the wine absorbs some of the woody taste. I laughed out loud when Randy commented that he could taste the "oakiness" in a particular wine. I don't know what oak tastes like. I've never licked a tree.

Randy and I really have missed the annual Thurmont fireworks display, so we were particularly thrilled when, on the 4th of July, we found ourselves sitting on our couch and looking out our bay window at a gorgeous display of pyrotechnics. I don't know exactly where it came from or who was responsible. I realize that it was probably illegal and unsafe, but a

great big ol' THANK YOU to those who set off the display because we sure did enjoy it! I hope no one got hurt or arrested.

The Guardian Hose Company held their annual carnival, and Randy and I ventured down there several times. There's just nothing better than a carnival steamer, and I ate more of them than I should have. Randy likes the chili dogs, and we both enjoyed the French fries and the pizza. My real reason for going to the carnival, though, was that I had heard Bill Blakeslee was going to be in the dunk tank. I had a pocketful of dollar bills, and had spent all day limbering up my pitching arm, but alas, no Bill.

I haven't heard the ice cream truck driving through our neighborhood this summer, and I realized that I'm missing having that darned song get stuck in my head. Thank goodness we're able to get our soft-serve fix at Gateway Farm Market. We went there after the wine tasting.

There's no end to the fabulous edibles in our area. The Silver Bakery has the most delicious stuffed croissants; my favorite is the raspberry cream cheese. So, if you haven't tried them yet, I highly recommend it.

One more thing: If you're left-handed like me, don't forget to celebrate National Left-Handers Day on August 13, and, while you're at it, you have my permission to celebrate my birthday as well. I'm a lucky woman, because I have a husband who remembers important dates all on his own. He never forgets our anniversary or my birthday, and he always gets me presents and cake—honey, in case you're reading this, I need a new portfolio.

Lastly, here's a shout out to Linda Myers for responding to my last column on Ocean City. According to Linda, Boardwalk Elvis is alive and well and still hanging out in Ocean City. Thank you Linda! I'm so happy to hear that.



**Happy Birthday Wishes to Valerie, part of the Banner Crew!**  
—from all of us at The Catoctin Banner

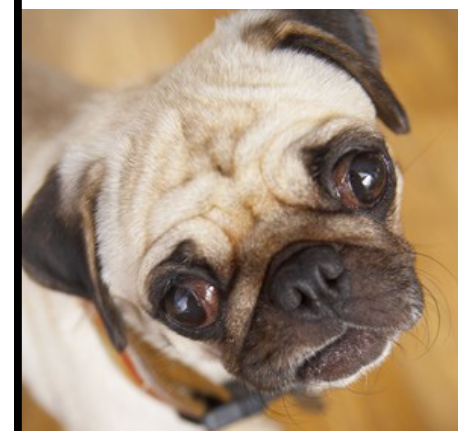
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## Emmitsburg Community Heritage Day Contest Winners

**Grease Pig Chase:** Ages 1-6 — Jack Scaczello; Ages 7-11 — Jacob Wilson; Ages 12-16 — Jacob Daywalt; Ages 17-up — Carey Welch.

**Sack Races—Single:** Ages 1-4 — Payton Myles (1st Place), Erin Smith (2nd Place); Ages 5-8 — Wesley Hahn (1st Place), Joshua Hahn (2nd Place); Ages 9-12 — Kyle Buchheister (1st Place), Jacob Wilson (2nd Place); Ages 13-16 — David Shields (1st Place), Matt Benjamin (2nd Place); Ages 17-up — Bobby Knox (1st Place), Jared Suit (2nd Place).

**Sack Races—Doubles:** Ages 5-8 — Deondre & Adrian Febus (1st Place), Wesley & Joshua Hahn (2nd Place); Ages 9-12 — Josh Maze & Mason Joy (1st Place), Maksanna Stambugh & Madison Flohr (2nd Place); Ages 13-16 — David Shields & Matt Benjamin (1st Place), Michael Donahue & Jack McCarthy (2nd Place); Ages 17-up — Alexis Love & Bridget McCarthy (1st Place), Mary & Bobby Knox (2nd Place).

**Egg Toss:** No winners in the Egg Toss; they had 3 pairs of potential winners at the end but all the eggs broke!

**Water Balloon Toss:** Josh Miller and Cody Houck.

**Pie Eating Contest:** Ages up to 4 — Charlie Scarzello (1st Place), Lacie Hughes (2nd Place); Ages 5-8 — Matthew Knox (1st Place), Adrian Febus (2nd Place); Ages 9-12 — Madison Flohr (1st Place), Kylie Younkens (2nd Place); Ages 13-16 — Jack McCarthy (1st Place), Jacob Daywalt (2nd Place); Ages 17-up — Bobby Knox (1st Place), Elizabeth Hoover (2nd Place).

**Watermelon Eating Contest:** Ages up to 4 — Brooke Shriner (1st Place), Charlie Scarzello (2nd Place); Ages 5-8 — Jack Scarzello (1st Place), Matthew Knox (2nd Place); Ages 9-12 — Madison Flohr (1st Place), McKenzie Kales (2nd Place); Ages 13-16 — Jack McCarthy (1st Place), Lucy Crampton (2nd Place); Ages 17-up — Justin Dawson (1st Place), April Stockman (2nd Place).

**Casting Contest:** Ages up to 4 — Charlie Scarzello (1st Place); Ages 5-8 — Matthew Knox (1st Place); Ages 9-12 — Jacob Smith (1st Place), Cheyene Moser (2nd Place); Ages 13-16 — Austin Staley (1st Place); Ages 17-up — Matt Knox (1st Place).

**Names of 50/50 winners:** John Sanders, Emmitsburg—\$158.00, 1st place; Mike Allen, Taneytown—\$95.00, 2nd place; Mike Castaldi, Emmitsburg—\$64.00, 3rd place (and donated it back to the Lion's Club).

## the health jeanne

by Jeanne Angleberger, *Shaklee Associate for a Healthier Life*

Have you heard about the benefits and nutrition that Coconut Water contains? Neither had I! That is until recently, when I read about it in a health magazine. It is another opportunity to quench your thirst with healthy ingredients!

Coconut water is the liquid that comes from immature green coconuts. It's not to be confused with coconut milk. This beverage is refreshing and has a number of amazing health benefits.

It can help replace lost electrolytes, including potassium, chloride and calcium. It is also rich in amino acids, vitamin C, and fiber. This can be a good source for rehydrating.

The article also remarked that it's packed with B vitamins, which can

help to ease stress. People may find drinking coconut water regularly may help lower blood pressure due to the level of potassium and magnesium it contains.

As an athlete, yours truly is anticipating the rehydration effect coconut water can offer following my workout at the gym. Now I will be alternating my hydration drinks!

You'll find it on the beverage/water shelf at Wal-Mart. Perhaps some grocery chain stores will have it, too.

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## The State Sanatorium at Sabillasville

Traveling north on 550, before passing through the train tunnel, the road splits; 550 North continues left towards Cascade and Fort Richie, while Old Sabillasville Road veers to the right and Blue Ridge Summit. At that division stands an impressive stone building. The first time I passed it, I was fascinated. I was told to get in touch with Joan Fry. Her father had worked there when it was the power house for Maryland's first tuberculosis sanatorium. She has authored a book about the sanatorium and has lived in the Sabillasville area all her life. We met at Chapin Gray's Grill on the plaza for breakfast.

That stone building was built in 1908 in the Renaissance Revival style and locally quarried stone was used in its construction. It was first used as the Power Generating Plant

for Maryland's first tuberculosis sanatorium. From a branch of the mainline railroad track, trains delivered the coal needed to turn the turbines. This supplied power and heat for the needs of the sanatorium. Laundry facilities were housed in the same building. When the sanatorium was closed in 1965, it was sold—along with eleven acres—and now serves as a private residence. It's presently for sale and a virtual tour can be viewed on the internet.

The collection of buildings behind the home was Maryland's first state tuberculosis sanatorium named The State Sanatorium at Sabillasville. Tuberculosis was a frightening word; it was a deadly and extremely contagious disease, and thousands of people in the United States were dying from it at the turn of the 20th century. The state of Maryland

recognized the need for a sanatorium; and wanted to build a treatment facility away from the larger cities. Building began in 1908 on 200 acres near the village of Sabillasville in the Catoctin Mountains. Dr. Victor Cullen began working at the Sanatorium in 1908, and became superintendent in 1909. He served as superintendent for forty years. During his time at the sanatorium, he was responsible for adding patient cottages—sometimes referred to as pavilions or shacks—patient wards, staff residences, a railroad station and post office, a store, an entertainment pavilion, a school, and a working farm. He opened a nursing school to train young women to care specifically for tuberculosis patients. It was renamed the Victor F. Cullen State Hospital after Cullen's death in 1949.

Located sixty-seven miles by railroad from Baltimore, it was a perfect place for the treatment of tuberculosis. The cure at that time called for fresh air, rest, and a wholesome diet. Patients stayed in cottages and wards, which held 520 patients by 1912. Those admitted had to be able to afford the expensive \$3.50 to \$7.00 per week fees, had to be deemed curable, and had to be white citizens who could prove to be residents of the state for at least one year. Other tuberculosis sanatoriums eventually opened; notably the Henryton Tuberculosis Sanatorium, erected in 1922 to treat African American citizens.

With the advent of drug therapy treatments in the 1950s, the number of deaths declined and so did the need for places like the sanatorium. It was closed in 1965 and became a

reform school for boys. Currently, it's a secure treatment facility, completely surrounded by fences. It houses approximately forty-eight males between the ages of 14 and 19.

On a personal note: Joan Bittner Fry writes about her father, Harold Bittner, who worked at the sanatorium powerhouse as an engineer for eighteen months. He shoveled coal, delivered by railroad, into large furnaces that provided power and heat to the hospital. To make extra money, he took orders from patients for sandwiches, baked goods (Thursday was pie day), oyster patties, and bed backs that fit over the top of the bed with pockets to hold small articles. The material for the bed backs came from feed bags. She and her siblings remember making sandwiches from Blue Ribbon bread. Joan reminisced, "We'd spread the bread with colored margarine while mother scrambled eggs and mixed up tuna and chicken salad fillings. The sandwiches were wrapped in waxed paper and stacked into wicker or wire baskets that Dad carried to the TB hospital to sell room to room. The health department didn't seem to mind."

You can find Joan's mother's Lemon Sponge Pie in her book, *The State Sanatorium at Sabillasville from 1908*. Email her at jofry241@yahoo.com. You can also find her recipe in my blog online at Baltimore Post-Examiner, Recycled Recipes from Vintage Boxes.

*Question: What are oyster patties? Does anyone have a recipe for oyster patties from that era?*



Photo by David Bezayiff

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# Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com). Let your creativity shine.

## “Chesapeake Tribute: People and Places” Photography Exhibit Opens

On Saturday, June 29, 2013, a new photography exhibit entitled “Chesapeake Tribute: People and Places” opened in the Van Lennep Auditorium of the Chesapeake Bay Maritime Museum (CBMM) in St. Michaels, Maryland. The show continues through September and is free for CBMM members or with museum admission.

Featuring the work of area photographers Carlton Harbaugh, Bea Poulin, and Joanne Riley, the exhibit includes images that represent an era the photographers believe is fast disappearing from the Chesapeake landscape and seascape. The tribute includes photographs of aging Chesapeake Bay Architecture, Chesapeake Bay Built Waterman Boats, and the Celebration of a Charter Boat Captain's life.

Carlton Harbaugh spent the first twelve years of his life in Havre de Grace, Maryland, along the Chesapeake Bay on a Military Installation of the 29th Div. It was here in Havre De Grace that Carlton became interested in Photography with his parents' Argus 75 twin lens reflex (120 film) camera, a basic 60's camera with fixed lens that was the norm. This is where he saw his first Naval Ship with the crew of Sailors in their Tropical Whites on the deck for their morning quarters and inspection; this was later to

influence his decision to join the U.S. Navy. Also, the morning of the ship departing Havre de Grace, to his surprise, he saw a car driving down the city boat ramp directly into the Chesapeake Bay, his first and only Aqua Car (German Car) that could drive on the highway but also had a propeller and was seaworthy. He then relocated to Harbaugh Valley in Sabillasville, Maryland, where his family and ancestors settled from Germany in the 1730s. In 1974, after graduating from Catoctin High School, he served in the U.S. Navy, working in Photographic Intelligence and serving as original Crew aboard the USS Nimitz CVN-68, and later with Recon Squadrons and Special Forces, supporting many missions, including Bosnia.

In 1986, he relocated to Southern Maryland, along the Chesapeake Bay

while still on active duty.

Carlton saw a way of life disappearing and made it his mission to photograph and capture the life of Watermen and a way of life along the Chesapeake Bay. Carlton retired from the Navy in 1997, and relocated back to Sabillasville in 2010. That was also the year that Carlton's mother was diagnosed with Stage 4 Lung Cancer.

Harbaugh is a member of The Royal Photographic Society, the National Press Photographers Association, a founding member of the Muddy Creek Artists Guild, Member of the Northwestern Frederick County Civic Association, life member of the UDT-SEAL Association, life member of the Disabled American Veterans Association, and a Veterans of the Vietnam War Life Member.

In November 2012, while watching MPTV, Carlton saw a special on the Chesapeake Bay Maritime Museum, where the highlight was a Photographic Exhibition of the Chesapeake Bay. He contacted the Museum Curators and set up an appointment to meet with them about an idea for a Photographic Exhibition of his Bay-related photographs

and invited two of his photographer friends to join in the Exhibition with their own Chesapeake Bay-related Photographs. Their work was reviewed and accepted, and the Exhibit opened on June 29, 2013, and runs until September 29, 2013.

The two photographers, who are also part of the show, are Bea Poulin, founding President of Muddy Creek Artists Guide of Shady Side Maryland, whose photographs include Chesapeake Bay architecture of old farmhouses, abandoned churches, tobacco barns, and more.

Also, Joanne Riley of Churchton, Maryland, a self-taught photographer whose subjects include boat captains, children, charter boats, models, and more. Joanne Riley is also founding member of Muddy Creek Artist Guild.

The exhibit is open daily, from 9:00 a.m.-6:00 p.m. For more information, visit [www.cbmm.org](http://www.cbmm.org) or call 410-745-2916.



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## Thurmont's Top Athletes Are Also Top Artists!

ESP Performing Company is proud to announce an award winning 2012-2013 dance season. Unlike your traditional sport, the season of a dancer performing in a company lasts from August through June. The Elower-Sicilia Productions Performing Company started last August preparing to perform locally and represent Thurmont and Frederick County across the nation. The dancers had an outstanding year picking up numerous awards and accolades along the way. The ESP Company dancers call Elower-Sicilia Productions of Dance and Music their home. They train and rehearse at the studio which has been in existence for 43 years under the direction of Linda Elower-Sicilia, owner of the studio along with her daughter, Kara Sicilia Weedy, director of the performing company. The ESP studio has offered a competitive performance opportunity for local dancers for over 30 years.

The Company dancers have proudly accepted invitations over the past year for many community events. You may have seen them dance at one of the following events: Frederick's In the Street, Colorfest, Furmont Days, Halloween in the Park, Crumland Farms Haunted

Maze, Christmas in Thurmont, A Holiday Spectacular in Washington D.C., TES/TPS Winter Carnival, Thurmont's Business Expo, Mount Saint Mary's Dance Team Showcase, Frederick's Children's Festival, Frederick Keys Game and the Frederick Festival of the Arts. The dancers also received great joy in performing for two local nursing homes, Homewood at Crumland Farms and St. Catherine's in Emmitsburg. The dancers love to share their talents with the local community.

Aside from the local events, the dancers traveled throughout the Northeast for regional competitions and conventions (weekends of classes from master teachers and choreographers across the nation). They traveled to Cleveland, Richmond, Philadelphia, Washington, D.C. and Lancaster this season. The dancers received awards too numerous to mention, but the highlights include the Groove Award which is the award for the top scoring studio at the Groove Competition in Lancaster, PA. They competed against 25 studios to earn this award. They also won the Technique Award at this competition which is usually



"ESP Performing Company 2012-13" shown front to back, left to right are Michael Wilson, Rose Weedy, Makayla Eibert, Ashlyn Summerall, Olivia Ecker, Jack Estep; Lyla Zelenka, Lucy Estep, Aiden Marceron, Emily Mitchner, Catherine Estelle; Brenna Nopenz, Robbie Doyle, Maria Hane, Toni Marceron, Sydney Furr, and Meredith Wilson.

reserved for one dance. However, the ESP dancers' technique was so impressive, the award was given to the entire company. In Cleveland, they won the Capezio Award which was the top scoring group dance of the entire competition. They won this for a dance entitled Stick Up for Yourself which was choreographed by ESP alumnus, Emmitsburg native Megan Adelsberger, who won a choreography award for this dance as well. They wrapped up their season in Las Vegas, Nevada in July. Once again, Thurmont was well represented at the Velocity Nationals Dance Competition at Planet Hollywood. Some of the highlights include Meredith Wilson being awarded the sole scholarship to attend the Rockettes Summer Intensive in New York City during the summer of 2014. Jack Estep was the 2nd Runner Up for the Junior Male Maximum Velocity Artist performing his solo Lion's Roar, choreographed by Kara Sicilia Weedy and Brenna Nopenz. The dance, Fly, which was performed by Olivia Ecker, Lucy Estep, Emily Mitchner and Lyla Zelenka, and choreographed by Kela Sicilia Marceron won the Top Mini Group dance of the competition. As the season comes to a close, ESP Performing Company would like to extend their best wishes to two graduates. Maria Hane will be attending college locally and sharing her hip hop talents and choreography with the dancers at the studio. Brenna Nopenz will be attending the Boston Conservatory. Wow! What a busy season! The ESP Performing Company would also like to extend a heartfelt thanks to all the families, many friends, businesses and organizations that support the dancers throughout the year and make

all this possible.

The dancers have already begun preparation for their upcoming season with classes in tap, jazz, lyrical, hip hop, acro, ballet and pointe. Do you have a budding dancer in your home? Build confidence while having tons of fun! ESP Performing Company provides various levels of opportunity to dancers of all commitment levels. For more information call the studio at 301-271-7458, visit the website at [espdance.com](http://espdance.com) or visit in person at 15 Water Street, Thurmont. Follow us on Facebook! Fall registration is now open.

ESP Performing Company Fall 5K Fundraiser will take place Sunday September 29 at Mount St Mary's. Last year they were able to donate \$600 toward breast cancer research. Ever wanted to run a 5K, but didn't think you could do it? No problem...contact Trainer Anne. She specializes in helping you to cross the finish line. Contact "Trainer Anne" Shubert at 240-274-2239 or [traineranne.com/my-first-5k/](http://traineranne.com/my-first-5k/)

Photos by Andrea Mitchner



"ESP Performing Company, at the National Competition, Planet Hollywood, Las Vegas" shown front to back, left to right are Emily Mitchner, Lucy Estep, Lyla Zelenka, Olivia Ecker, Jack Estep; Linda Elower-Sicilia, Toni Marceron, Maria Hane, Brenna Nopenz, Meredith Wilson, and Kara Sicilia Weedy.

Crickets cricket in the thicket,  
peepers peep down at the pond;  
together raise such a racket  
chattered for miles around.

Summer nights are swollen  
with no voices that abound;  
no other season follows  
with such frantic sound.

Not frantic as in fright  
of something somehow wrong  
but frantic with delight  
to voice their summer song.

So, let the crickets cricket,  
and let the peepers peep;  
nighttime is for sleeping, so  
let us sleepers sleep!

-Olaf

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# IN THEIR OWN WORDS

## Raising Support as a Missionary Friends

by Becca Richards

I am a 22-year-old, recent graduate, of Asbury University in Wilmore, Kentucky, and a 2009 graduate of Catoctin High School. I am about to embark on a year-long ministry internship in Belfast, Northern Ireland, with Christian Fellowship Church (CFC), an interdenominational church in the heart of Belfast. I will be one of a few interns in the Catalyst Academy at CFC who will work in the ministries of the church (with the youth, music, discipleship, etc.), while being mentored and taught by tutors in the academy. I will also have the opportunity to work in Inner East Belfast with a ministry of the church called Oasis, which helps the unemployed and downtrodden of Belfast.

The situation in Ireland continues to be a huge problem for its people. The fighting and nationalism of Catholics and Protestants has continued to cause unrest in the North and the Republic of Ireland (in the south). I am hoping to be a bridge and be a light, as I become a missionary this year.

We will have the opportunity to travel to Dublin (about two hours south of Belfast) and to either Southeast Asia or Africa for mission trips during the year. I will live with a host family from the church and will be fully immersed in Irish culture.

As a missionary, who will not be receiving income, I rely on the providence of God and the generosity and obedience of His people. My goal is to raise \$20,000 for the year. I am more than 20 percent of the way there, but I need all the prayer and support people can give. I am being funded and sent through an organization in Wilmore, Kentucky, called Go InterNational. Go is a 45-year-old organization that has connections in twenty countries and is committed to reaching the world for Christ.

If you would like to help Send Becca to Belfast and fund the mission to Ireland and the world, you can give directly online at GointerNational.org (under the tab "teams," click "Make a team payment"), or you can send a gift to Go International: P.O. Box 123 Wilmore, KY 40390, with Becca's name in a memo line. You can also email Becca at beccanoelle122@gmail to ask questions and/or to join a monthly email newsletter.

## Celebrating 96th Birthday

Mrs. Ruth Richards, formerly of Emmitsburg and now residing at the Brethren Home near New Oxford, Pennsylvania, celebrated her 96th birthday on Saturday, July 13, 2013. On that date, friends and family gathered at the 1863 Restaurant at the Gettysburg Wyndham Hotel to mark the occasion with a festive luncheon. Ruth taught English for well over ten years, first as a substitute teacher in the Emmitsburg High School, and later as a full-time teacher at the Thurmont High School, followed by Catoctin High School after it opened. She retired in 1977.



Courtesy Photo

Pictured are: (seated in front, from left) Betty Meredith and Ruth Richards; (second row, from left) Dr. Bill Meredith, Bo Cadle, Jean Cadle, Dr. Kristin Urban, Marian Williams, Harold Craig, Dick Borst, Dr. Bonnie Portier, Dr. Bill Portier, Lee Borst, Dr. Cathy Bodin, Bill O'Toole, Rita Carroll, Kathy Richards Fishburn, and Dr. Alan Carroll. Attending, but absent from the photo: Dr. Robert Ducharme.

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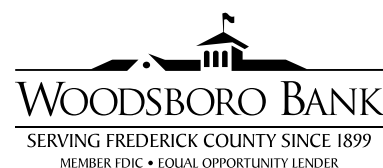
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**fitness matters**  
 Expert Answers to your Health and Wellness Questions  
 by George Puvel, Anytime Fitness Owner

**Question:** I'm curious what dietary changes I should make in order to stave off heart disease? Just trying to be proactive rather than reactive!

**Answer:** First of all, kudos for focusing on prevention! As far as diet is concerned, there are definitely some modifications you can make, but to be honest, they aren't all that new. For starters, you could try following the DASH diet, which stands for Dietary Approaches to Stop Hypertension. This diet focuses on specific amounts of fruits, vegetables, whole grains, low-fat dairy products, and lean proteins. Sounds pretty healthy, right? In fact, the diet has been shown to reduce hypertension, and can also decrease the risk of heart disease and stroke over time. But even if you don't follow a comprehensive diet, you should still try to limit your sodium intake, reduce your intake of saturated and trans fats, moderate your alcohol consumption (no more than 2 drinks per day for men and 1 drink per day for women), and increase your intake of omega-3 fatty acids. All of these changes will go a long way in helping to protect your heart, and the rest of your cardiovascular system. If you want additional information, check out the American Heart Association website, www.americanheart.org, or consult with a registered dietitian.

**Question:** I lift five days per week consistently, but my strength gains have flat-lined. How do I continue to get stronger? I don't think I can lift any more than I am right now. Help!

**Answer:** I don't really have much information to go on here, but let's see if I can provide some insight. First of all, there's the distinct possibility that you're working out too much. Maybe your volume (the combination of sets and reps) is too high—a common problem for those looking to gain strength as quickly as possible. And how long has it been since you've taken some time off to allow your body to fully recuperate from the stress of exercise? Some much-needed rest may do the trick, and amazingly, people often come back even stronger. I also wonder if you're changing up your workouts enough. Many people get into the habit of using machines or free weights, but then never gravitate toward other forms of exercise. Cables, tubing, bands, kettlebells, medicine balls, and even bodyweight

exercises can all increase strength, so you should try to change up your routine regularly. Lastly, you have to remember that strength doesn't just increase exponentially on a continual basis. There is a threshold that you'll reach at some point, and you could be there already. If you feel like you need help with your current program, talk to a certified personal trainer.

**Question:** I see quite a few advertisements for multivitamins these days, but I've never really thought about taking one. Now that I'm the big 4-0, I'm focusing more on my health. Do you think taking a multi is a good idea?

**Answer:** In a word...yes! Nobody follows a "perfect" diet, so taking one makes sense. There are actually a number of health organizations that currently recommend multivitamin/mineral (MVI) supplements for all individuals. I like to think of an MVI as insurance. You pay insurance for your house and your car, so why not take a multi to ensure that you're getting all the nutrients you need to function and feel well? After all, there's really no downside to taking one. In most cases, your body will use what it needs, and will eliminate what it doesn't. The hard part is finding the right supplement. You should look for an MVI that is broad-spectrum, meaning it has a comprehensive list of essential nutrients that your body needs on a daily basis. You also want to make sure that the one you take includes these nutrients at functional dosages, which means that the ingredient levels actually affect your health in a beneficial way. Unfortunately, many of the most popular MVI's only contain the Recommended Dietary Allowances, which are nutrient levels designed to prevent deficiency diseases, not necessarily enhance health. You should also look for products that are manufactured by reputable companies that follow good manufacturing practices and FDA regulations. There are plenty of well-formulated products on the market. If you need help choosing the one that's right for you, contact a registered dietitian.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

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Best Appearing Engine 3<sup>rd</sup> Place - Wolfsville Volunteer Fire Dept.

Best Appearing Engine 2<sup>nd</sup> Place - Union Bridge Volunteer Fire Dept.

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## our neighborhood veterans

### Maryland AMVETS Fire Fighter/EMT of the Year

by Jim Houck, Jr.

Christopher Stahley has fulfilled his dream as a firefighter and EMT. He is a graduate of Emmitsburg Elementary, Thurmont Middle School, and Catoctin High School, where as a senior he attended Vo-Tech for fire fighter training. He joined the Junior Program at the Vigilant Hose Company #6 in Emmitsburg at the age of fourteen, and became a regular volunteer of the Fire Company at the age of eighteen.

For the past twenty years, he has been a faithful member of the Company and for eighteen of those years has been an EMT. He has been an officer for the past fifteen years, holding different positions, including

assistant treasurer, lieutenant, assistant chief, and chief, and has worked at Fort Detrick for eleven years as a Federal firefighter.

His dedication to the community is evident through his volunteering as a Little League coach, removing snow for the elderly in his development, running the Vigilant Hose Company food booth at the Frederick Fair, overseeing the Annual Spring Fling, and coordinating two golf tournaments for the fire company. With all the duties, responsibilities, and community service, there is no question why he was selected as the Maryland AMVETS Fire Fighter/EMT of the Year.



Photo by Ken Simundson

Christopher "Boog" Stahley receives the Maryland AMVETS Firefighter/EMT of the Year Award from AMVETS Post 7 Past Commander Tom Joy.

## AMVETS Post 7 Scholarship Recipients

June 27, 2013, was a great day for two Catoctin graduates and a Hood College sophomore, as they received the annual AMVETS Post 7 Scholarship Award for 2013. All three students maintain a grade point average high enough to be recognized

as honor roll students or on the Dean's List. Lindsey Wilhide will continue her education at Hood College striving for a career helping others as a social worker. Allyson Smith will be attending St. Bonaventure University, pursuing a Triple Certificate in

Early Childhood Education, Elementary Education, and Special Education to make her dream of owning and operating a child care facility a reality. Kaitlynn Portner will begin her adventure of entering into the medical field by majoring in Nursing at Stevenson University. As Commander Shaffer's first action as the New Commander, he was honored to present the scholarships for the Membership at Post 7 to help with the development and education of our communities youth.



Photo by Ken Simundson

Pictured are Lindsey Wilhide, Allyson Smith, Kaitlynn Portner and AMVETS Post 7 Commander Don Shaffer.

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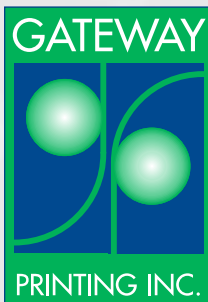
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## community veteran event board

### AMVETS Ladies Auxiliary Classic Car Show

The AMVETS Ladies Auxiliary Classic Car Show will be held on Saturday, September 21, 2013, from 10:00 a.m.-3:00 p.m., at Thurmont Guardian Hose Activities Building Grounds. Cars, trucks, and motorcycles are welcome. The rain date is Saturday, September 28, 2013. Registration is 10:00 a.m.-noon. Awards will begin at 3:00 p.m. There will be live music by Population Three, as well as good food, drinks, homemade soups, and desserts. Proceeds benefit scholarship. Event is sponsored by AMVETS Ladies Auxiliary Post 7. For information, contact Betty at 717-331-1510 or Diane at 301-748-6894. Join them for a great day of fun! See their ad on page 27.

### Thurmont Post 168 American Legion Luau, Luau, Luau

It is over folks, school starts in two weeks, but it is still a little on the warm side. Here at the state convention, the sand is about 170 degrees and the water temperature is 78 degrees—it is great!

We elected some great people for the state offices, mainly Gary Vogt for department commander. Gary has been around for awhile, been through all the offices and now is the number one man. Those of us that went to the convention had a good and a productive time; we attended various classes at the “Legion College,” voted in the election of our new officers, and voted on various new resolutions.

When we return, it will be time to start getting ready for our biggest party of the season: our LUAU. It will be held at our pavilion. There will be a roast pig and all the “fixins.” We are starting at 5:00 p.m.—it’s open for all the kids, and those who think that they are still kids—and we will go on until...!

Our kitchen is still open this summer on Thursday and Friday evenings. Sorry, it’s closed on Saturday, but will reopen on Saturdays in the fall.

The Thurmont Thespians are finished with their summer production, so now our Ballroom is available for your needs, whether it is your daughter’s wedding or birthday party or reunion or maybe a bar-mitzvah. Contact Mac at the lounge for availability. Also available is our pavilion, which offers all the same amenities as our ballroom, but with a little more fresh air.

Our membership meeting for August will be held on Tuesday, August 13, at the pavilion; there are some issues that must be addressed. Anyone who is handy with a hammer is urged to attend.

### Members Crab Feed

The F.X.E. American Legion Post 121 Emmitsburg will hold its annual Members Crab Feed on September 7, 2013, at Kump’s Dam Park, from noon-4:30 p.m. Tickets will be sold to members, and they may bring one guest. Tickets are \$15.00 per person. After August 25, 2013, tickets will go on sale to anyone connected to Post 121. Corn hole and horse shoes and plenty of steamed crabs will be enjoyed! Come out and spend the day with your Post 121 family; they plan to make your day a memory to treasure.

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## Local Author Finds New Theater Company

Emmitsburg resident Leslie Kelly spends most of her time writing novels—some romantic and sexy, some dark and thrilling—that have been published around the world, in dozens of languages, and have landed on the New York Times Bestseller list. But now she has embarked on a different type of creative project. Along with her husband, Bruce, Leslie has founded a new theater troupe, the Catocin Mountain Players, which is staging its first show, the popular Stephen Sondheim musical, *Into The Woods*.

Leslie is no stranger to the stage, having, in recent years, acted in shows with local groups including the Fredericktowne Players and Other Voices Productions. She had never tried her hand at directing, however, until this summer. Because their daughters have always been very active in theater in north Frederick County, the Kellys have come to know many of the “drama kids” in the area. The young performers are often kept busy doing programs at the high school, or with the Thurmont Thespians. Because the Thespians are doing a young children’s show this year—the popular musical, *Honk*—the older students started trying to convince Leslie and her husband to stage a musical for them. After a few tragic losses of some CHS alumni in the spring, the Kellys decided that providing a positive, constructive project for creative teens would be a wonderful use of their time and money, and founded their own company, the Catocin Mountain Players.

Confident in the talent pool in the area, the Kellys decided to tackle one of the most beloved—and difficult—shows of contemporary theater. Stephen Sondheim’s *Into The Woods* is a lively, energetic show that would be challenging for any group. For a brand new one, it was especially daunting. But after engaging the help of Frederick County teacher Roseanne Fraley, who agreed to serve as the musical director, the Kellys scheduled auditions, and were thrilled at the talented teens and young adults who tried out. They cast the show with actors ranging from high school sophomores to grad students, and began rehearsals on Memorial Day.

Per Leslie, “This production came together so beautifully, I’m still a little stunned whenever I watch it. The talent of the cast amazes me and we’ve had so much support from the actors, their families, and other volunteers. We have a gorgeous set, remarkable costumes



Brent Comer as the Baker, Megan Kelly as the Baker’s Wife

courtesy of Frostburg drama student (and CHS alum) Cody Gilliam, who plays our Prince Charming. I think theater-goers are going to be delighted when they experience a trifecta of premier theater: Great show, great actors, great production.

Wanting to give back to the community, and to support a cause they care deeply about, the Kellys pledged all the profits from ticket sales to two groups—the Catocin High School Drama program, and the East Coast Exotic Animal Rescue, a facility in Fairfield, PA, where their middle daughter is a volunteer.

Because *Into The Woods* can sometimes be mistaken for a children’s show, despite the darkness and adult themes in the second act, the Kellys used some creative scheduling in order to appeal to both families and to adult theater-goers. Their opening night performance, on Thursday, August 8, is a special “Kid’s Preview.” All seats are \$8.00, with children aged 6 and under getting in free. The producers hope parents will bring their children to see act one, during which familiar fairy tale characters struggle to achieve their “happily-ever-afters.” The cast will take a bow before intermission, so little ones won’t feel as though they are missing out on anything, and families can take them home. After intermission, the cast will return to perform act two. Parents who wish to come back to a later performance to see the rest of the show can use their “preview” program as a coupon to receive half-off admission.

*Into The Woods* will be performed at the Catocin High School auditorium on August 8, 9, and 10 at 7:00 p.m., and August 11 at 1:00 p.m. Tickets for the regular performances on 8/9-8/11 are \$12.00 for adults, \$10.00 for seniors and students, and \$8.00 for children under ten.

For more information about the group, and the production, visit [www.catocinmountainplayers.org](http://www.catocinmountainplayers.org).



by Labella A. Kreiner

## Catoctin Chronicles

### Wakey Wakey Work Campers!

Summer is more than halfway over, and although most teens are spending their time gaming, sleeping, or constantly spending time on different social media sites, there are a few students at our school that are doing almost the complete opposite. From July 7th to July 13th students in the Thurmont United Methodist Church Youth Group (a.k.a Link'd) traveled to Middletown, Ohio to take part in a Christian work camp sponsored by Group and S.E.L.F. By participating, these lucky teens were able to help those in need, make bonds with fellow Christians, and grow in their faith. The trip was incredible, and many low income families in Ohio were able to have a few of their worries lifted off of their shoulders because of the work provided.

Josh Head, Emily Little, Sam Swanson, Diana Burch, Jacob Dumbroski, and Morgan Kock were able to participate in various activities at their work sites. Scraping houses, painting, organizing, and cleaning are only a few examples of jobs that they had to accomplish on a daily bases

while bonding with the members of their crew, as well as the residents in the area. Back at the Rosa Parks Elementary School (the building that was utilized as living quarters for the 187 people that attended this work camp) the teens were able to wash up, eat with new friends, attend services, and attend devotional meetings. By doing so, many new relationships blossomed between the youth groups and the crews that had been created.

"My favorite part of the trip was being able to meet people. Making new friends is something I really enjoy," Josh Head said after the trip was over. Making new friends was exciting, and since crews were created by the leaders of the work camp, it was amazing to find yourself bonding with your fellow members like you had been friends for your entire life.

Morgan Kock said, "My favorite part of the trip was the services. They were inspiring and they gave me a closer relationship with God." Teens sang, danced, prayed, and shared many feelings with those around them while becoming stronger in their faith.

Every day had a specific question as to which devotions were dedicated. Each one represented questions Jesus asked people on his journeys. Sunday's

theme was, "What do you stand for?" Discussions ranged from things that could be easy to stand for (like peace), to topics that could be difficult to stand for and why they're so difficult. Monday's theme was, "What do you want me to do for you?" During devotions and services the teens talked about what they wanted Jesus to do for them, who they ask the most for favors, why they ask that person so much, and turning to God with their needs and requests. On Tuesday the crews and youth groups discussed why they are afraid of worldly things when Jesus is always with them. By sharing the scariest events in each person's life, bonds became stronger and an understanding was formed between every person.

"Why do you doubt?" was Wednesday's theme, where everyone discussed their doubts in God and how they can overcome those doubts. This allowed everyone to see inside of each other spiritually and to realize the strength of each person's faith. Thursday's theme was, "Do you want to get well?" This allowed every person to pass their hardships and pains to God during services and devotions. By comforting each other, crew mates and youth members came together to share a spiritual longing and a common wish of wellness. And finally, they closed the week off with the question, "Do you see anything?" By looking back on the memories of the week, the work done, and the tears shed, it was possible to

see how God worked through everyone and outside of everyone, to help them change the lives of those around them.

With all of that said, you can tell that the students who attended this spectacular event were able to do a lot of change; not only to themselves, but to the people around that area. And within the next few years, there are thoughts of having a work camp right here in our area! How exciting, right?! I'm certain that many lives will be influenced in positive ways, and many spiritual bonds will be made. Until next time, I hope you all enjoy the rest of your summer. Do you have something you want to see in this article? If so, please email me at [labellakreiner@hotmail.com](mailto:labellakreiner@hotmail.com). Thanks for reading.

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## Thurmont Lions Club Prepares for Another Busy Year

The 2013-2014 Thurmont Lions Club Officers and Board of Directors, along with the members of the club, are looking forward to another successful year. Events this year include the annual Make A Difference Day project, which concludes with the ceremony on October 26, 2013. More information will be in the September issue of the *The Catocin Banner*. The Remembrance Tree dedication will be in December. Children will again be searching for treats at the Easter Egg Hunt in April. Continuing projects include: the Trolley Trail, pre-school vision screenings, the LEO clubs at Thurmont Middle and Catocin High, and Boy Scout Troop 270. Look for the Lions Club food booth at the Community Show and at Colorfest. Christmas ornaments will be on sale soon and Christmas trees will be available in November. Along with the Historical Society, the Lions Club will sponsor the Christmas House Tour. Summer sandwich sales will begin again in April. For more information about the Thurmont Lions Club, visit [www.thurmontlionsclub.com](http://www.thurmontlionsclub.com) or follow the club on Facebook.



Courtesy Photo

2013-2014 Thurmont Lions Club Officers and Board of Directors: Officers — Don Keeney, President; Tim Stuart, Immediate Past President; Mike Irons, 1st Vice-President; JR Wantz, 2nd Vice-President; Sharon Ochoa, 3rd Vice-President; Kimbra Grimm, Secretary; Joann Miller, Assistant Secretary; Doug Favorite, Treasurer; Susan Favorite, Dues Treasurer; Charlie Frey, Tail Twister; Wayne Martin, Lion Tamer; Margarito Ochoa, Membership Chair. Board of Directors — Shirley Long, Bill Reckley, Paul Cannada, and Rosemary McDermott.

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## Tickling Our Tastebuds

by Denise Valentine



This month, I am not going to share a recipe. Instead, I am going to share a couple of tips that I think will make your summer cookouts quicker and easier.

We recently had a family birthday celebration with nearly 100 guests. Those of you who know me personally or have been following my articles know that our family has a dairy farm. When planning an event like this, good food is essential and time spent that day on preparation is at a minimum. We wanted to have a good 'ole country picnic-type of menu.

No matter what, it still had to serve those 100 guests. The guest of honor eats very few vegetables, so corn and potatoes were absolutely necessary. The CORN: we decided to do corn on the cob. When preparing it, we just removed the thick, outer husk, leaving the corn covered with the thin inner layers and tearing off any long, dark silk. We filled a large stock pot half full of water and brought it to a boil, then put in enough ears of corn to fill the pot within 2 inches of the top (to avoid a boil-over). When the water began to boil again, we took the corn out and placed it in a cooler. We repeated the cooking process until all the corn was done.

The corn stayed warm for hours.....yes.....hours. Our corn was all cooked by 6:00 p.m., and at midnight when my husband and I were unloading everything, the corn was still warm. The biggest plus to this way of preparing corn is that you can make it at home and take it to your picnic and it will be like you just took it off of the stove, and when you pull the husk back, all of the silk just peels off.

LIGHT BULB MOMENT: I am going to use this process when I do my corn for the freezer this year.

The POTATOES: Wash your potatoes and wrap them in aluminum foil. Bake in a 350 degree oven for about an hour (depending on the size of your potatoes). We then put them in a cooler to keep the heat. We set up a fixin's area with butter, sour cream, bacon bits and shredded cheddar cheese. A few ideas for the leftover potatoes are: fried potatoes, baked potato wedges with grated parmesan cheese, and potato soup.

I hope you enjoy these suggestions and have a good August.

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## looking back — 1953

### Supreme Court Justice Dedicates Monument Named After a Bird by James Rada, Jr.

On May 23, 1953, about 350 boys and probably just as many adults gathered on the banks of Hunting Creek where the Thurmont Town Office now sits. The boys were at the end of a three-day campout where they were taught how to fly fish.

The adults included men like U.S. Supreme Court Chief Justice William Douglas; U.S. Senators J. Glenn Beall, John M. Butler and A. Willis Robertson; Congressman DeWitt S. Hyde; and former Maryland Governor Preston Lane. They were there to dedicate the monument to the Brotherhood of the Jungle Cock.

While the name of the group sounds like the title to a bad porn movie, Ken Crawford, president of the Jungle Cocks at the time said in *The Frederick Post*, "Our only aim is to teach youngsters the art of fishing. ... We just want to teach them to have more fun while fishing, to observe the rule of the sport, and to take a hand in the conservation of our fish, game and natural resources."

Though the group had been founded in Thurmont in 1939, it had spread to other states. "The concept of teaching youngsters about fishing and conservation of our natural resources was the ground work for the formation of the Brotherhood," Thomas W. Cooney wrote in his article, "A History of the Brotherhood of the Jungle Cock."

The group's earliest roots can be traced to when Joseph W. Brooks,

Jr., J. Hammond Brown and Frank Burt Smoot launched *The Junior Outdoorsman*. The Maryland State Game and Fish Protective Association published the magazine directed specifically at young boys.

Brooks was the chairman of the Fresh Water Committee of the Maryland State Game and Fish Protective Association and Brown was president of the association. Another founding member, Frank L. Bentz, Sr., was the public relations director of the Maryland Game and Inland Fish Commission.

Brooks and Brown encouraged Bentz to arrange a weekend outing on Big Hunting Creek. Invitations were mailed on the letterhead of The Maryland State Game and Fish Protective Association to association members and to the Outdoor Writers Association of America, as well as other guests, according to Cooney.

Twenty-five men attended that first outing on the opening day of trout season in 1939. They were so pleased with the event that they decided to continue it annually as "The Anglers Campfire."

However, the next year, a late snow froze the anglers' fishing lines and so they stayed in their cabins.

"As the men sat in the warmth of the lodge there was talk of fishing and the perpetuation of the sport, the environment, and the conservation of our natural heritage. It was decided that an organization be formed that would address the concerns of the group, and that the focus must be

on tomorrow's inheritors," Cooney wrote.

On May 21, 1940, the anglers met again and voted to call their group, "The Brotherhood of the Jungle Cock". The name refers to the male Asiatic Jungle Fowl, whose feather is highly sought after for fishing flies.

The monument, which was sculpted by William Carter Wescott, showed a man and boy in their fishing gear. The boy is grinning as he displays his trout that he caught on his fly rod. The man is stooping to release the fish from the boy's line.

The figures were cast in bronze and set on a 64-inch high base made of stones from Hunting Creek.

Douglas gave the dedicatory address at the ceremony and then presented the memorial to Crawford. Crawford, in turn, then presented the monument to Thurmont Mayor C. Ray Weddle, who accepted it on behalf of the town. The town had also donated the land where the monument was placed.

The monument still greets visitors who park at the town office.



Photo Courtesy of John Kinnaird

This photo shows the dedication of the Brotherhood of the Jungle Cock Monument on May 23, 1953, with U. S. Supreme Court Chief Justice William O. Douglas standing next to the monument, having just unveiled the bronze statue. Ken Crawford is at the microphone.

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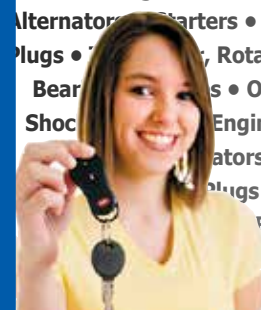
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# senior moments

by Helen Deluca

Hello to all Seniors!

As we at the Thurmont Senior Center begin our third year as an independent, non-profit organization, we recall some of the challenges we had before us. The four major challenges were: (1) the food program; (2) transportation; (3) budget; and (4) coordinator.

It hasn't always been easy, but we are proud of our success and progress.

The first two years, the Cozy Restaurant prepared 6,676 meals, which were served by our many volunteers. We now have Mountain Gate Family Restaurant preparing the meals. All comments have been positive. As one senior put it, "The quality and quantity is super." We all agree and express our thanks to all at Mountain Gate Restaurant for a great job.

We met the transportation issue, first with the help of our volunteer drivers and now with our own van.

The budget will always be an on-going issue. Your continued support of our fundraisers, your contributions, along with the support of the Town, are always appreciated. The budget for the coming year was presented and approved at the Board of Directors meeting.

The fourth major issue was to hire a coordinator who would volunteer to work for minimum wage with no benefits. Sounds impossible, but we found one in Kay Knepper. She is a very young lady to be putting up with us seniors, but she is doing a fine job and we really appreciate her help.

To accomplish all of this and to keep the Center operating five days a week, from 9:00 a.m. to 3:00 p.m., can only be accredited to the dedicated Board of Directors (BoD), the coordinator, and to all of our

volunteers. As I have said before, "It's YOUR CENTER. All are welcome to come eat, laugh, and enjoy."

The BoD has welcomed Irene Matthews as their newest member. Irene, with her knowledge of Thurmont and it's needs, will be a great asset to the Board.

July was a busy month. We had David Wingate, an attorney who specializes in Elder Law, as our guest. He gave a very informative presentation and promises to come back soon. We had a huge birthday party, a 50's Day Party, 50/50 Bingo, and a decorated covered wagon in the Fireman's Parade, plus all the regular activities.

Get you calendars out! Here are some of the special events planned for August:

**August 7**—Pen Mar Picnic, \$13.00 (all you can eat); lunch will be served at 12:00 p.m., but come early to enjoy the park and meet with your friends. Brown Bag Bingo will start after lunch. No charge to play Bingo, but a donation for the Thurmont Food Bank will be appreciated.

**August 15**—August Birthday Party and JR's RoadShow.

**August 21**—50/50 Bingo with proceeds to support the food program.

**August 30**—70's Day; come and reminisce and feel young again.

Coming on September 16, 2013, is a fashion show with 50 percent off on fashions from Taylor Marie. One of our major fundraisers will be on September 21, 2013. A silent auction with silent bidding will begin at 1:00 p.m. until 7:00 p.m. Music and light refreshments will be available throughout the day. Live bidding will begin after 7:00 p.m. Your donations or contributions will be a great help



David Wingate, an attorney specializing in Elder Law, is a guest speaker at the Thurmont Senior Center in July.

Courtesy Photos

June Birthdays at Thurmont Senior Center

Pictured from left are: Roy Clever, Barbara Garber, Ruthye Wilhide, Kay Knepper, and Helen Deluca.



to the success of our fundraiser. Please call the Center at 301-271-7911 to offer your support.

For more information, come to the Center to pick up a flyer that gives a schedule of the month's activities, as well as the menu for the month. Also, you can watch Channel 99 or the large lighted sign in front of the Center.

Also, note the sign regarding the rental of the Center. The Center is a lovely facility that is air conditioned, is handicap accessible, and has plenty of parking space. All of this is available for your special event at a very reasonable rate.

If you're tired of receiving those annoying calls regarding a medical alert service, please go to your AARP Bulletin (page 30). I don't have space to quote the entire article, but I will leave a copy of the AARP Bulletin at the Center. Beware of the scam that is directed mostly to Seniors.

One more request. If you, or someone you know, has a refrigerator with an icemaker or an ice making machine that they can donate to the Center, please call the Center.

And with that, all I can add is: SMILE—cooler days are coming!

**Looking for Something Fun to Do?**

**Check the Community Calendar on page 39.**

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# classifieds

## For Rent

MOON BOUNCE for rent, \$150.00 per day. 240-674-3856.

## Wanted

HOUSING WANTED: Family of four looking to rent home, mobile home, or apartment in the Catoctin School District. Renting Only. Please call 540-250-3840, leave message.

WANTED: Snow Cone Machine, call 301-898-5167.

WANTED: Any unwanted lawnmowers, tillers, snow blowers or yard items. Will haul free. Call 301-271-4266.

WANTED: Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection, or entire estate. 301-514-2631.

DONATE YOUR CAR: All proceeds benefit the Catoctin Pregnancy Center. 301-447-3391.

## Notices


Brand New Company, Penelope Ann, ground floor opportunity, no experience necessary, start your own business for as little as \$99. Call 301-447-2073 or email hgpartygirl62@aol.com.

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## Services

Child Care Openings for ages 2+ available September 3rd. Rural setting but only minutes from Emmitsburg or Taneytown off Route 140. Loving environment with lots of space for indoor and outdoor play, pre-school program, field trips, and nutritious meals/snacks. Wait list started for infants (ages 0-2), spots available March 2014 and June 2014. License #137984. 301-447-3389, krausscindym@gmail.com

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## 4th Annual Tommy West Memorial Ride

The 4th Annual Tommy West Memorial Ride will be held August 24, 2013 for scooters and September 7, 2013 for motorcycles.

Pre-Register by August 8 for \$25/Driver, \$20/Passenger. Registration fees are (9:30 a.m.-10:30 a.m.) \$30/Driver, \$25/Passenger. The ride will begin and end at the Thurmont American Legion. All proceeds go to Mike Grimes who is in need of a kidney transplant.

Contact Johnny West at 240-315-8216 or Billy Newcomer at 301-241-3765.

FREE PICK UP: Appliances working or not working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

Rick Hurley & Son Small Engine Repair Service. Call 301-271-2117 or 240-285-2494 (leave message).

Quality wedding invitations/accessories at a discounted price! Joyce at 301-271-1107.

## For Sale

Craftsman 10" 2HP table saw, \$100/OBO. Craftsman router and table, \$50/OBO. Call 301-271-4235 (leave message).

2 Story apartment house in Hagerstown, MD. 1 bedroom. 1st and 2nd floor apartments. Washer, dryer, stove, refrigerator in each apartment. Electric, heat, very nice lot. Could live in one and rent the other. Call 301-447-2947

Sport Trading Cards: Racing, baseball, football, basketball, etc. Must sell. Over 400,000 cards. Buy entire collection or part. 301-271-7778.

3 year old Chincoteague Bay Gelding. Kind sport pony. Well Started, hand-raised from Chincoteague auction. His name is lucky baby. He was rescued and is ready for a family of his own! Donation required for adoption in the range of \$700+. Call Kitty at 443-848-3101 - Dearbaught Rescue.

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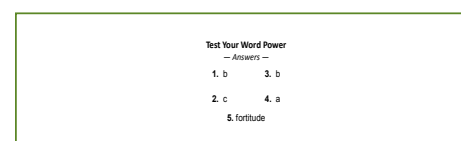
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# your public library

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by Erin Dingle, Administrator, Thurmont Regional Library/  
Emmitsburg Branch Library, [edingle@frederickcountymd.gov](mailto:edingle@frederickcountymd.gov)

## Happy Birthday to Us!

Did you see our purple gorilla in Thurmont's Guardian Hose Parade during carnival week? He and the library staff joined the parade to invite you to celebrate our fifth birthday on August 3, 2013. Can you believe it's been five years since we opened our doors? During those five years, we've seen many of you coming through our doors to pick up your books, attend a program, or to use our free computers. Seven days a week since 2008, it's been our extreme pleasure to provide the community with the very best customer service and make your beautiful library a resource for learning, culture, and fun. We've partnered with a number of community organizations to provide programs, we've introduced the Delaplaine Satellite Art Gallery, and we've had some foot stompin' good times during our annual Music on the Deck series. And, of course, we'll continue to do what we do best, and we hope you take an opportunity to visit us on a regular basis. There's always some great going on at the Thurmont Regional Library.

Our birthday party on Saturday, August 3, 2013, kicks-off at 10:30 a.m., when local children's author John Jurchak introduces his book *Jack and Otis*. Based on John's memories of growing up along the Susquehanna River with his brothers and sisters, the stories of Jack and Otis on the farm include adventures with pet dogs, cattle, sheep, and the fun children have outdoors. A longtime Frederick County teacher and elementary guidance counselor, John will share memories, read a story, and will sign books. The celebration continues with a special birthday craft, available all day and a visit from the Catoctin Mountain Zoo at 1:00 p.m. It's a fun-filled day at your favorite five-year old library!

## Summer Reading Folders Still Available

This is a reminder that you can still participate in Summer Reading, right up until August 10, 2013. It's easy, free, and fun. So, even if you think you've missed out, you haven't. And for those of you finishing up, you have until August 30 to pick up prizes and your grand prize of a book. The announcement for the big prizes follows soon after, with one child or teen winning Great Wolf Lodge \$300 gift card plus \$300 spending money, box seating at the Frederick Keys game on August 18,

a Kindle Fire, or a shopping spree at Dancing Bear Toys. But you know what they say: you have to participate to win. Sign up by August 10!

## Free Magazines through Zinio – A New Library Service!

Frederick County Public Libraries, in partnership with RBDigital from Recorded Books (Prince Frederick, MD), is pleased to announce the availability of Zinio for Libraries, the world's largest newsstand. Now offered through our website, Zinio gives you access to full digital issues of your favorite magazines. You can read them on your computer or mobile device using the Zinio App and your free Zinio Account. All you have to do is create two logins, one for the library and one for Zinio. Be sure to do this before you download the app. The good news is that there is unlimited access and there are no due dates. The magazine stays on your device. To access Zinio, go to [www.fcpl.org](http://www.fcpl.org) and click on Resource Guides and then select Magazine.

## WANTED @ the Library

The Thurmont Regional Library is seeking donations of Thurmont and Catoctin High School yearbooks to be archived for posterity in our history room and available for viewing by the public. We often get requests from people to view yearbooks. Perhaps they're looking for an old friend or just want to walk down memory lane. Our goal is to have a yearbook from each year that Thurmont High School actively produced a book, as well from Catoctin High School 1996/97 through the present. Once a yearbook becomes the property of the library, it will remain in our collection indefinitely for future patrons to enjoy. Many times people who grew up in the area are back for a visit and stop in to see if we have the year they are interested in. Because we're open seven days a week, having a full collection will insure that we can meet requests as they are made. Email me at [edingle@frederickcountymd.gov](mailto:edingle@frederickcountymd.gov) if you'd like to be part of the Library Yearbook Project.

Thurmont Regional Library is connected to the community this summer and we're ready to welcome you and your family seven days a week. Please contact me at [edingle@frederickcountymd.gov](mailto:edingle@frederickcountymd.gov) to create a partnership with us and discover the many services we provide.

## august

- 1 ..... Catriona, the Fairy Godmother, 45-minute program of Peter Pan, Emmitsburg Branch Library, Community Room, Emmitsburg. 10:30-11:30 a.m. Thirty randomly selected children costumed to act out story. All ages w/ adult. Cheryl Dillman 301-600-6329.
- 3 ..... Summer Sandwich Sale, Thurmont Lions Club at Bell Hill Farm, 15202 Catoctin Mountain Hwy, Thurmont. 10:00 a.m.-3:00 p.m. (or until sold out). Benefits local community vision-related causes.
- 3 ..... Catoctin Zoo Comes to Visit, Community Room, Thurmont Regional Library, Thurmont. All ages w/adult. 1:00-2:00 p.m.
- 3 ..... Mt. View Ministries, Church of God Community Picnic, Thurmont Park, Thurmont. Everyone welcome. 3:00-6:00 p.m. 301-271-9088.
- 5 ..... Graceham Moravian Church Offers Free Community Meal "Served with Grace" (first Monday of each month), 8231 A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All welcome. 301-271-2379.
- 5 ..... Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. Open to public; all items FREE, including clothing, linens, shoes, & household items as available. Donations gladly accepted. 301-271-4511.
- 5-9.. Vacation Bible School, Mt View Ministries, Church of God, 103 Apples Church Rd., Thurmont. Whole family invited for a Serengeti Trek. 7:00-8:30 p.m. each night. Classes available for Kindergarten-5th grades. 301-271-9088.
- 6 ..... Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 7:00-8:00 p.m. Pre-K-Grade 8 Catholic school. All welcome/financial aid available. 301-447-3161 or www.mothersetonschool.org.
- 6 ..... Annual Catoctin Community School Supply Drive, Graceham Moravian Church, 8231 Rocky Ridge Rd., Thurmont. 9:00 a.m.-7:00 p.m. Like to donate to this program? Drop off school supplies, cash donations, or gift cards (Staples or Walmart) to the church on Monday, July 29, 2013, from 10:00 a.m.-Noon. Jennifer Harbaugh at 240-236-1764.
- 7.....Pen Mar Picnic, Thurmont Senior Center, 806 E. Main St., Thurmont. \$13 (all you can eat). 12:00 p.m. Bingo after lunch. No charge, donation for Thurmont Food Bank appreciated. 301-271-7911.
- 7 ..... Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m.

## community calendar

- 10 ... Annual Picnic, Mt. Bethel United Methodist Church, Stottlemeyer Rd., near Foxville. 11:00 a.m.-5:00 p.m. Food, drinks, & baked goods available. Entertainment by Chapel Blue Grass Band. 301-271-7961.
- 10 ... Tell It On The Mountain - Vacation Bible School, Creagerstown Lutheran Church, 8619 Blacks Mill RD presents 9:00 a.m. - 2:00 p.m. Pre-k to grade 8. Lunch provided. 301-418-1760.
- 10 ... Rocks Rock, Emmitsburg Branch Library, Emmitsburg. Preschoolers/elementary aged children w/adult. 11:00 a.m.-12:00 p.m. Register by phone 301-600-6329 or fcpl.org.
- 10 ... Picnic in the Park, Baker Park, Frederick, MD (College Ave. and W. 2nd St.). 3:00-8:00 p.m. Bands to perform include the Tropical Beats Steel Drum Band, The Project, & Ashes Remain. FREE picnic/concert. Hosted by Frederick Church of the Brethren. www.fcob.net or Dave Hubner 301-473-0998 or dave.hubner@gmail.com.
- 10 ... Mt Tabor Annual Big Picnic, Mt. Tabor Park, Rocky Ridge, MD. \$10—1/2 Fried Chicken Platter; \$8—1/4 Fried Chicken Platter. 2:00-7:00 p.m. Car Show (12- 4 p.m.); Baby Show-24 months & under (1:00 p.m.); Soup/Sandwiches (11:00 a.m.-9:00 p.m.); JR Country Band (6:00-9:00 p.m.). Everyone welcome.
- 11 ... Lewistown Ruritan Chicken Bar-B-Q, U.S 15 North & Fish Hatchery Road.
- 11 ... School Supplies/Donations Collection (at both Services), Social Ministry Team at St. John's Lutheran Church, 15 North Church Street, Thurmont. Or drop items by office. 301-271-7877.
- 14 ... Preschoolers, Thurmont Regional Library, Thurmont. 6:30-7:15 p.m. Are you ready to start Kindergarten? For kids getting ready to enter Kindergarten.
- 15 ... Nighttime on the Deck at Thurmont Regional Library, 76 East Moser Rd., Thurmont. *Slightly Spooky Stories* with storyteller Kit Bloom. Free admission. Visit fcpl.org or call 301-600-7212.
- 15 .... August Birthday Party and JR's RoadShow, Thurmont Senior Center, 806 E. Main St., Thurmont. 301-271-7911.
- 15 ... Summer Reading Club, Thurmont Regional Library, Thurmont. All ages w/ adult. 2:00-3:00 p.m. Music & games—be forewarned, you'll probably get wet!
- 16 ... Community Night Fundraiser, Hoss's in Gettysburg, PA. Hoss's will donate a total of 20% of your check to Guardian Hose Company. Call Bev Frushour 301-271-4289 or Guardian Hose Co. 301-271-3413 for tickets.
- 16 ... Summer Reading Club, Thurmont Regional Library, Thurmont. All ages w/adult. 11:00-11:30 a.m. Pete the Cat puppet show, a visit from Pete the Cat costume character, and free Rita's ice for everyone.
- 17 ... Fort Ritchie Community Center hosts NFL Punt, Pass & Kick Competition, 14421 Lake Royer Dr., Cascade, MD. 10:00 a.m. Free/open to all boys and girls, ages 6-15. Participants must register at www.nflppk.com to compete (also see rules, registration, and skills curriculum) Contact Kirsten Hubbard 301-241-5085 or KHubbard@TheFRCC.org.
- 17 ... Sabillasville Picnic (Festival) by St. John's UCC (at their pavilion), off Rte. 550 to Harbaugh Road. Sandwiches, French fries, home style soups, dipped ice cream, and other desserts available. Bake Table, activities for the kids, and live entertainment by the Blue Grass Chapel Band.
- 17 ... Meet Pete the Cat, Emmitsburg Branch Library, Emmitsburg. Age Group(s): Children of all ages with an adult. 11:00 a.m.-12:00 p.m. Special stories/songs about picture book character's feline adventures. Make special cat mask. Register for program by phone 301-600-6329 or fcpl.org.
- 17,18 .... WW II Living History Weekend & Rose Hill Day, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD. 11:00 a.m.-4:00 p.m. Displays, activities, demonstrations. Sunday—Ice Cream Social (fee for ice cream/toppings, drinks, & manor); Antique car show (10:00 a.m.-3:00 p.m./ free to spectators) 301-600-1650 or www.rosehillmuseum.com.
- 20 ... Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. Open to public; all items FREE, including clothing, linens, shoes, & household items as available. Donations gladly accepted. 301-271-4511.
- 21 ... Blue Ridge Garden Club Hosting Presentation by Stephanie Cohen (better known as Perennial Diva), Waynesboro Country Club, 11000 Country Club Rd. Waynesboro, PA. 1:30 p.m. Open to Public. \$10/person. Reservations must be made by August 14. Check payable to: The Blue Ridge Garden Club to Mrs. Eunice Statler, 11465 Pine Hill Drive, Waynesboro, PA 17268. Angela Piatt 717-762-9339.
- 21 ... Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m. Tip Jars &

Refreshments Available.

- 21....50/50 Bingo, Thurmont Senior Center, 806 E. Main St., Thurmont. Proceeds to support the food program. 301-271-7911.
- 22-Sept. 2 .....Maryland State Fair, 2200 York Road, Timonium, MD 410-252-0200, www.marylandstatefair.com.
- 23 ... 7th annual Art in the Park night, Harry Grove Stadium, Frederick, MD. Helping the Frederick Keys celebrate 25 years in Frederick. "Tim Kurkjian Bobblehead Night" home game w/fireworks.
- 24 ... 4th Annual Tommy West Memorial Ride —Scooters. Registration 9:30-10:30 a.m. Begins at Thurmont American Legion Pavilion/Parking Lot. Ride ends back at Legion. \$25/driver; \$20/passenger. Johnny West 240-315-8216 or Billy Newcomer 301-241-3765. (Motorcycles - September 7, 2013)
- 24 ... Summertime Cruz-In, St. Anthony Shrine, corner of St. Anthony Road and US Rt. 15. 5:00-8:00 p.m. \$10 to show your car; 2 vehicles split half of gate money. 240-529-2737.
- 25 ... AMVETS Post 7 Thurmont, Longaberger/Cash Bingo. Doors open 12:30 p.m.; Bingo 2:00 p.m. Refreshments/jars/raffles. \$20/ in advance; \$25/at door. Mary McKinnon 717-968-8086. (Regular Bingo: August 14 & 28, 2013.)
- 25 ... Music on the Deck, Thurmont Regional Library, Thurmont. Featuring Mountain Ride, bluegrass tunes. All ages. 2:00-3:00 p.m. Bring snacks & drinks! Courtesy of Friends of the Thurmont Regional Library.
- 25 ... 63rd Annual Guyton Reunion, Mt. Tabor Sunday School Activities Building, 10043 Long's Mill Rd., Rocky Ridge, MD. 1:00 p.m. Each family should bring a meat, covered dish to share, drinks, and place settings.
- 29 ... Bingo, Pampered Chef, Scentsy and Thirty-One, Thurmont Activities Building. Doors open Noon, Games begin 1:30 p.m. \$20/advance; \$25/door. Bev Frushour 301-271-4289.
- 30....70's Day, Thurmont Senior Center, 806 E. Main St., Thurmont. Reminisce and feel young again. 301-271-7911.
- 31 ... Summer Sandwich Sale, hosted by Thurmont Lions Club, Bell Hill Farm, 15202 Catoctin Mountain Hwy, Thurmont. 10:00 a.m.-3:00 p.m. (or until sold out). Benefits local community and vision-related causes.

## september

- 21....Classic Car Show, Thurmont Guardian Hose Activities Bldg Grounds, Thurmont. 10:00 a.m.-3:00 p.m. Cars, Trucks, and Motorcycles Welcome. (raindate: Sept. 28)

**Vacation Bible School**  
**St. Johns Lutheran of Creagerstown**  
 8619 Blacks Mill Rd, Thurmont, MD 21788

**Saturday, August 10, 2013**  
**9:00 AM - 2:00 PM**  
*Pre-K to 8<sup>th</sup> Grade - Everyone is welcome!*

  
**Enjoy Yummy Snacks!**  
**Sing Songs & Make Awesome Crafts!**  
**Learn about Jesus!**

**REGISTRATION IS FREE!**  
 (But please pre-register...301-418-1760)

**Don't Drive to Frederick!**  
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 Office 240 288 8463 • Fax 240 288 8494

Emmitsburg Vol. Ambulance Co., 17701 Creamery Rd., Emmitsburg

**BINGO BASH**

**22 Games Paying \$250.00 EACH!**  
**THREE \$1000.00 Jackpots & a Meal!**



**Sept. 7th, 2013**  
 Doors open @ 4 p.m.  
 Games @ 7 p.m.  
 \$35.00 in Advance  
 \$45.00 at the Door

**For Tickets or Info:**  
 Mary Lou - 240-285-3184  
 Pam - 717-642-9335  
 Diane - 301-748-6894

All Group reservations must be made by Aug. 30, 2013. No Add ons or exceptions after this date.  
 Any tickets being paid for at the door will not include a saved seat! No Exceptions!  
**Ticket must be paid for by Aug. 30<sup>th</sup> to be entered to win \$100 CASH!**

# Jubilee foods

Emmitsburg 301-447-6688

While  
Supplies  
Last

NO  
CARDS  
NEEDED

## 1 Day Meat & Seafood Sale

Friday, August 2, 2013 Only

Choice - Angus - USDA

**Whole Boneless NEW YORK STRIPS** **\$5.50** LB **\*While They Last\***

Taste Our Quality  
CUT FREE

Sauder's  
**Large Eggs**  
\$1.29 Dz.

**Fresh Whole Boneless Pork Loins** **\$1.99** LB **Cut free!**

**Fresh Chemical Free SHRIMP** **\$8.99** LB **Never Frozen Flown In Direct**

Signature  
24 - 16.9 oz.  
**Spring Drinking Water**  
\$2.79/Case

**Kunzler BACON** **\$3.99** LB

**Sliced American CHEESE** **\$12.99** 5 LB

**Tilapia FILLETS** **\$3.99** 1 lb. Bag

**Local Ginger Gold APPLES**  
59¢ LB

**Fresh Grade A CHICKEN DRUMSTICKS** **\$5** LB **FOR \$5.00**

**Country SAUSAGE** **\$5** LB **FOR \$10.00**

Thins, Stix or Cheese  
**Tom Sturgis Pretzels**  
99¢ 7.5-10 OZ.

**Large Peeled Deveined SHRIMP** **\$6.99** LB **Sold in 5 lb. Bags Only**

**Fresh Venezuela LUMP CRABMEAT** **\$9.99** LB

**Kunzler FRANKS** **\$4.99** 3 LB

**Eastern Cantaloupes**  
\$1.99 EA  
As Availability Permits

**Country Chicken NUGGETS Breaded** **\$4.99** 26 oz.

**Weaver's Ring BOLOGNA** **\$2.99** LB

**ICE** **\$2.50** 20 LB

Shurfine  
Square or Round Top  
20 - 22 oz.  
**Loaf Bread**  
49¢ Limit 5 Loaves

**Fresh BABY BACK RIBS** **\$3.88** LB

**LARGE Sea Scallop PIECES** **\$6.99** LB

**Kunzler Boneless HAMS** **\$9.99** 3 LB

From Our DELI  
**Weaver's Sweet Bologna**  
\$3.99 SAVE \$2.00 LB

**Silver Springs Beef Sandwich STEAKS** **\$4.99** 24 oz.

**Fresh USA LUMP Crabmeat** **\$13.99** LB

**Pacific COD FILLET** **\$4.99** LB

From Our Bakery  
**4 Count Asstd. MUFFINS**  
\$1.99 Pack

**Warrington Farms SWEET BOLOGNA CHUBS** **\$3.99** LB

**Kunzler Smoked HAM HOCKS** **\$1.99** LB

**Warrington Smoked Andouille SAUSAGE** **\$3.99** LB

Martin's 8 PK  
**Potato Sandwich Rolls**  
BUY 1 FREE!  
Reg. - \$3.49

**Assorted Varieties Rutter's Teas & Lemonades** **\$1.39** GAL

**Rutter's Milk**  
Vitamin D, 2%, 1% & Skim  
3 Gallons/\$10.00

From Our Deli **Imported Healthy Ham** **\$2.49** LB **99% Fat Free & Lower Salt**  
**While Quantities Last**

While Supplies Last - Meat Sale August 2, 2013 - No Rain Checks!