

The Catoctin Banner

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ST. JOSEPH'S MINISTRIES RECEIVES TOP RATINGS IN 2013 NURSING FACILITY SURVEY

by Deb Spalding

Recently, St. Joseph's Ministries that encompasses the neighborhoods of St. Catherine's and St. Vincent's in Emmitsburg, was named one of the top nursing facility among its peers in the State of Maryland for 2013. The Maryland Health Care Commission (MHCC) conducted its annual Maryland Nursing Facility Family Survey for which it invited every patient, or patient's family, to evaluate their experience after having received more than 100 days of care at St. Joseph's. Survey results reflected a 75 percent response rate from those surveyed and rated St. Catherine's a 9.4 out of 10 for overall care, 3.9 out of 4 for staff and administration, and showed a 100 percent referral rate.

About the survey, John Henry, CEO of St. Joseph's Ministries in Emmitsburg, said, "During renovations this past year, there have been inconveniences like jack hammers going off, the air conditioning shut off for a couple of hours, and the water being shut off briefly. So, I was a little worried about the results of our surveys this year. It meant a lot that we exceeded every nursing home that we are compared with—in just about every category. Clearly, family members and residents saw what we were doing to provide the best patient care."

Henry said, "Out of a scale of 10, the average rating at St. Joseph's Ministries was 9.4. That is



At St. Catherine's Nursing Home, staff are shown making themselves "right at home" in the Family Suite: (in back) John Henry, CEO of St. Joseph's Ministries; (front, from left) Cathy Jo Frye, GNA; Amanda Snedegar; Heather Myers; and Chelsey O'Brien, GNA.

astonishingly high." Henry partly attributed the grade to the staffing ratio target at St. Catherine's. At 4.0 per patient day, St. Catherine's exceeds the mark at other facilities, which is usually close to 3.0. The facility's advocate with the Frederick County Office of Aging calls St. Catherine's neighborhood "The best kept secret in Frederick County." Henry said, "We're trying to make sure it's not a secret anymore."

In 2011, there was a restructuring of staffing during which the administration of the two operations—the elderly care for the Sisters of Charity under St. Vincent's and elderly care for the general public under St. Catherine's—were combined under one administration. The new administration is now called St. Joseph's Ministries and

the two missions are referred to as "neighborhoods" under this singular administration.

Capacity in St. Catherine's neighborhood is 83 public patients, while St. Vincent's holds 23 sisters. Every room on the rehabilitation floor is a private room. Part of the best kept secret is that patients receive state-of-the-art rehabilitation services. Henry said, "We really have a great group here and a lot of people don't realize it."

Shannon Arnsperger is the Director of on-site rehabilitation services that are contracted through a company called Flagship. Flagship staff receive in-house continuing education for electrical stimulation, neuro re-ed, pain management, stroke recovery, wound healing, gait analysis, and more. Patients benefit from this knowledge, as it is used on the patient with state-of-the-art, clinically-based equipment, including an e-stim machine, ultrasound machine, and short-wave diathermy machine.

All of the knowledge and tools are utilized to provide the best patient care with speech therapy, physical therapy, and occupational therapy. An activities-of-daily-living suite is part of the rehab room. It is there that patients practice in-home skills to make sure that they are ready to remain independent when they are at home. The hot water therapy pool is another asset for rehabilitation. This standard-sized swimming pool is soothing and can have a dramatic effect on patients' recovery and spirits.

St. Joseph's Ministries
— Continued on page 11



Halloween Activities

Thurmont

October 26 — Halloween in the Thurmont Community Park, Frederick Road, Thurmont, at 6:00 p.m. Admission is a canned food donation plus \$2.00 (rain date: November 2)

October 31 — Trick or Treating, from 6:00 p.m.-7:30 p.m.

Emmitsburg

October 31 — Trick or Treating, from 5:00-7:00 p.m.

October 31 — Emmitsburg Parade, Line Up at Federal Avenue & Depaul Street, at 6:30 p.m.

October 31—Emmitsburg Halloween Party, Vigilant Hose Company, W. Main Street, Emmitsburg, at 7:00 p.m.



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From the Publisher

Dear Reader:

As usual, I am in utter disbelief at how swiftly time is passing. With Thanksgiving celebrations taking place this month, Christmas and a new year will be upon us soon. I hope that you each take time to enjoy the beauty of the colors and the crisp weather of Autumn. It was interesting to note that the shed pictured in our ‘Where Am I?’ photo in last month’s issue blew over in the wind shortly after the issue was released. The shed was located at the corner of Kelbaugh Road and Orchard Road in Thurmont. We hope the old shed enjoyed the extra attention in its final days.

This past month has been one where I have encountered many individuals who are passionately dedicated to our communities. With town elections taking place in Thurmont and Emmitsburg, it is interesting to see the political sparring that takes place—all with the objective to make our towns better places to live. While attending the Emmitsburg High School Alumni Banquet, graduates across the years gave comment to continuing the celebration and making sure historical facts are as correct as possible. Carlton Harbaugh called me to discuss ways to outreach to new leaders for the Northwest Civic Association so that the organization can continue to thrive.

As you can see, I encountered just a handful of the people who are dedicated to taking in various ways for the good of our communities. Keep in mind that we encourage the use of The Catoctin Banner Newspaper as a tool to communicate the good news and good endeavors of our community. Send in your good news!

As always, I urge you to patronize the advertisers who reach out to you through *The Catoctin Banner*.

—Deb Spalding, Publisher

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The Catoctin Banner

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The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment.

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Classified advertising costs 40¢ per word with a minimum of \$10.00 for line listings. Photo classifieds are \$20 per ad limited to 1" in height. Send your written listing, photo and payment to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or call 301-447-2804 with credit card payment and email wording to ads@thecatoctinbanner.com.

POLICY: The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is no later than the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

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Happy Thanksgiving!

—from all of us at

The Catoctin Banner





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**9141 Longs Mill Rd.
Rocky Ridge - \$549,000**

This spacious farmette offers 3 bedrooms, 2 full baths, an expansive living room with hardwood floors and gas fireplace with french doors that walk out to a 20 x 40 in ground swimming pool and maintenance free deck! Custom bath just off the pool w/gorgeous walk in shower! New Roof!! 5.25 acres, 30 x 60 barn w/ 10 Ft. overhang, fenced pastures, run in shed



13626 Catoctin Furnace Road - \$189,900

Spacious home on over 3/4 of an acre, currently 3 separate units. Could easily be returned to a single family. Roof, baseboard heat, electric, updated in the last 10 years. Unit A offers 2 bedrooms, Kitchen, Living and Dining (or could be 3rd bedroom), Unit B offers 2 bedrooms, Kitchen and Living Room and Unit C offers Kitchen, Living Room and Bedrooms/Loft. Great rental history! AS-IS.



**817 Company Farm Rd
Aspers, PA - \$326,500**

This stately country home offers 5 bedrooms, 2.5 baths, a spacious kitchen with ceramic tile, an office, family room, living room, mud room and wonderful sun-room that overlooks the private, 2 acre woodland setting and pool. Finished attic with 5th bedroom and storage, unfinished lower level and laundry hook up in Mud Room. New Roof to be installed in July/August. This is a must see!



**8710 Hampton Valley Rd
Emmitsburg - \$349,900**

Lovely Colonial on 5 acres of serenity! 4 bedrooms, 2.5 half baths with full bath rough-in in lower level. Spacious home with hardwoods, main level laundry, partially finished lower level with walk out and wood stove. Stone fireplace in Family Room! Eat in Kitchen, Mud Room and main level Laundry! Attached 2 car garage and a detached 2 car garage, shed and partially wooded lot!



**15517 Motters Station Rd.
Rocky Ridge - \$249,900**

Solid brick rancher on 2.6 acres! 3 bedrooms, 2 full baths with hardwood floors throughout and 2 fireplaces! One in living room and one in unfinished basement! Spacious kitchen with built in China Closet and table space. New roof, newer windows, updated water heater, pressure tank and well pump. 2 Car attached garage and detached 1 car garage w/loft & electric. Fenced pasture and run in shed!



**102 W. Main St.
Thurmont - \$214,900**

This gorgeous home is a must see! 3 bedrooms, 2.5 baths, hardwood floors, 2 enclosed porches, a dressing room and spacious master suite on 3rd level! Newer windows and siding, landscaped and fenced rear yard with pond, flower gardens and stone fireplace! Adorable log storage shed with fenced vegetable garden, off street parking and large garage!



**Foxville Church Road
Sabillasville**

3 bedroom 2 bath home, partially finished basement with storage room and shop. Floored attic, ready to be finished into bedrooms, etc. Laundry on first floor, off kitchen. Open floor plan. Large 58X28 shed with 12 cord woodshed, full garage bay, tool room and over head storage. A real nice property, ideal for hobby farm on almost 13 acres.



**Gladhill Road
Blue Ridge Summit**

3 bedroom, 2 1/2 bath two story. Fireplace in living room. Sun room with built in cupboard with display shelves off kitchen. Beautiful country kitchen. Laundry on first floor. Master bedroom with walk in closet, full bath with tub with jets. Wrap around porch. Great landscaping on 22 acres.



**LOTS - 13430 & 13312
Jimmie Rd., Thurmont**

Two Gorgeous perched lots (sand mound) 3.88 Acres (\$165,000) and 2.11 Acres (\$155,000) both with 15 GPM wells! Beautiful views all around and just seconds from town with no town taxes! Time to build that dream home and take advantage of historically low interest rates! Call for plat today!



**14144 E. Buchanan Trail
Waynesboro - \$116,900**

Lovely cottage style rancher with 3 bedrooms, 1 full bath and newer carpet. Spacious master bedroom with walk in closet with entrance from front porch. Open family room with vaulted ceilings and french doors at either end, sunny kitchen and separate dining room! 2 Decks, fenced yard, a shed, circular driveway and additional paved parking area on a large lot.



**Clifton Drive - 164,900
Williamsport, MD**

Call to see this cute 3 bedroom brick rancher with one car garage, Great back yard, full unfinished basement with washer and dryer. Convenient to Rt 81 and 70.



**Deep Powder Trail - \$209,900
Carroll Valley Pa.**

3 bedroom 2 bath home on 1/2 acre. You must see this like new home. Just painted inside thru out, new carpet in master bedroom, new front porch, New landscaping, Deck off dining area and deck off family room on lower level. 2 car garage. This is a move in condition home. Call Bonita Smith



**306 East Main St.
Thurmont - \$344,900**

Brick Colonial offers 5 BR/2.5 BA and has been restored and updated! Hardwood floors throughout. Lower level offers a sunny family room and office along with an expansive storage area! Gorgeous Screened rear porch, wrap front porch and in-ground swimming pool!



**10108 Mumma Ford Rd.
Rocky Ridge, Md - \$249,900**

Spacious A-frame home offers 4 bedrooms, 1 and 1/2 baths (plumbing for master is in but not completed), main level laundry, decking and renovated guest house with 1 bed, full bath, kitchen and living room! Partially fenced pastures, above ground pool, barn/machine building, kennels, sheds, all on 6.8 acres! AS-IS.



Beautiful Lots!

3 gorgeous building lots. (\$199,900- 13.35 Acres, 6 BR, perc, well) (\$149,900- 5 Acres, 5 BR, perc, well) (\$159,900- 5.57 Acres, 6 BR, perc, 2 wells)



**54 E. Moser Rd.
Thurmont - \$315,000**

This spacious 4 level split is a rare find! 3 bedrooms, 2 full baths on upper level with super bath in master with sunken tub! Living, Dining and Kitchen on main level with hardwood floors and French doors to pool! 1st lower level offers family room, laundry, full bath and possible 4th bedroom and lower level 2 has a den, exercise room and office space! Lovely landscaped yard with pool and patio!

Emmitsburg October 2013

Election Results

Emmitsburg has two newly elected Commissioners: Glen Blanchard and Jennifer Mellor. Blanchard previously served as Commissioner. Mellor is a first time Commissioner, previously serving on the Parks and Recreation Committee. They will serve a three-year term.

Lions Club Holiday Food Drive Event

The Lions Club is sponsoring a large Bake Sale on November 23, 2013, at the Emmitsburg Jubilee Foods, from 9:00 a.m. until sold out.

In addition, boxes for food donations are set up at Jubilee Foods, Zurgables, and many other businesses around town to benefit the Food Basket Fund that helps provide holiday dinners to about sixty families. The Lions Club recommends canned fruits and vegetables for the donation boxes.

Thanksgiving Day 5th Annual Emmitsburg Turkey Trot Event and Fundraiser

The 5th Annual Turkey Trot Fundraiser, also referred to as the "Wattle Waddle" will be held on Thanksgiving Day, Thursday,

town hall reports

by Michele Cuseo

November 28, 2013, at the Community Park.

This event features a 1-mile walk/run and/or a 5-mile run. Proceeds will benefit the non-profit Seton Center, Inc., which provides support to families in need in our area. Your participation will help contribute to the charity via a registration charge of: \$5.00 for a family on the 1-mile Walk/Run, and \$25.00 for a runner in the 5-mile Run contest. To register log on to <http://www.emmitsburgturkeytrot.com/>

For more information about the Town of Emmitsburg, log onto www.emmitsburgmd.gov or call 301-600-6300.

Thurmont October 2013

Holiday Games and Contest Event in Thurmont — December 7

The Main Street Thurmont First Business organization has their Annual Holiday Game Contest event planned for Saturday, December 7, 2013. The day starts at 10:00 a.m., with Santa and the kids. Kids can get

free photos with Santa and cookies as well. The town Commissioners are asking if people would take the opportunity to bring a canned food item for the food bank and/or a gently used jacket or coat as a donation.

The Main Street Contest involves getting credit for visiting local businesses throughout the day, with prizes given out to participating visitors at the end of the day.

Participants need to pick up a Game Form at the downtown square to play. Some prizes from previous years' games included items such as sleds, bikes, gift certificates, jewelry, train sets, and pizza.

Possible Special Election this Winter

A possible Special Election may be needed for a Town Commissioner's seat after the October elections have been held. One Commissioner, John Kinnaird, is running for Mayor. If he should win, his Commissioner seat would then be open. The town officials would then arrange to have a special election giving notice to its citizens and possible candidates within a thirty-

day time frame. Information will be available for citizens, if needed, via cable channel 99 and/or local newspapers.

Yard Waste Drop-Off — November 16

Residents can drop off their yard waste (grass, brush, weeds, leaves, clippings, tree limbs – no larger than 4" in diameter) at the Moser Road drop off location on November 16, 2013.

View the Town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

Looking for Something Fun to Do?

Check the **Community Calendar** on page 39 to view events of interest, including bingos, breakfasts, dinners, programs, benefits, and more!

Classifieds in The Catoctin Banner

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Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* Newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@thecatoctinbanner.com to record your guesses. Please don't forget to leave your name and phone number.

Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was at the corner of Kelbaugh Road and Orchard Road in Thurmont. Last month's winner is Lori Miller.

Photo by Irene Matthews



Hidden Object Game

Last month's Hidden Object was a purple field hockey stick. It was located on page 25 in the Gateway Automotive advertisement. The winner of the Hidden Object Game is Jason Kaas. If the winner has not been contacted, please call us to claim your prize. This month's Hidden Object is a pink piggy bank with \$100 bills coming out of the top.

If you see your name listed as a winner, please email us at news@thecatoctinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.

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NEW YEAR'S EVE BINGO BASH

**FOUR - \$1,000.00
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\$200.00 EACH!
& a Meal**

Emmitsburg Vol. Ambulance Co.,
17701 Creamery Rd.,
Emmitsburg, MD

December 31, 2013

Doors open @ 6 p.m. • Games @ 8 p.m.
Cost: \$50.00 (Includes 50 games)

For Tickets or Info:

Mary Lou - 240-285-3184

Pam - 717-642-9335

Diane - 301-748-6894

All tickets must be purchased by Dec. 13th as we will be closed for Christmas after this date.
All tickets sold after this date will be \$60. No group reservations will be taken after
Dec. 13th. All mailed checks must be received by the 13th.

HOLIDAY BAZAAR

Crafts • The Pampered Chef • Thirty-One
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Food Available!

Saturday, November 9, 2013
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Guardian Hose Company Activities Building

For more info, contact
Patty 301-271-6990 or
Tisha 301-271-3954

Benefits Guardian Hose Vol. Fire Co.

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At the Fire House
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Thurmont American Legion Aud.

November 1-2 & 8-9 @ 8PM

November 3 & 10 @ 2PM

Dinner Theatre Nov 9 @ 6:30PM

"MUSICAL COMEDY MURDERS OF 1940"

Directed by Michael Brown



MYSTERY!
+
Comedy!

Co-starring:

MSM Sophomore: Rosalyn Smaldone

Bill Collins **Paul Smaldone**

Holly Rife **Jennifer Brown**

Ben Mathis **Nicole Carrington**

Kyle Tirak **Eileen Collins**

And introducing MSM's Frederick Campus Dean
Dr. Greg Ochoa in the role of "Sergeant Kelly"

Show Tickets \$15. Dinner Theatre Sat. Nov. 9 @ 6:30PM—\$35.

CALL AT (301) 271-7613 FOR RESERVATIONS/INFO.

Bring a copy of this ad to any performance of "Musical Comedy Murders of 1940" and receive a \$5.00 discount on our January show.





Start Pulling Out Your Holiday Decorations!

The Catoctin Banner's Holiday Home Decorating Contest

Will your home sparkle and shine in celebration of the holiday season? Be festive, creative, and use your imagination when decorating, then enter *The Catoctin Banner's* Holiday Home Decorating Contest. Nominate your own home or a home you think could win by Sunday, December 15, 2013. *The Catoctin Banner* will judge only the homes you nominate on December 17 & 18, so please leave your lights on for us between the hours of 6:00 and 8:00 p.m.

Please email *The Catoctin Banner* at news@thecatocinbanner.com to give the address of the home you are nominating. Homes must fall within the coverage area of the newspaper, which includes zip codes 21780, 21719, 21787, 21788, and 21727. We will feature a photo of the winning house in the January 2014 issue. Cash prizes will be awarded to the winner of the Decorating Contest, as well as to the runner-up. Happy Decorating!

EVAC Bingo Notice

Starting November 4, 2013, the Emmitsburg Volunteer Ambulance Company will host an all new Monday Afternoon Bingo. Games begin at 2:00 p.m.. For more information, visit www.emmitsburgems.org or call 301-447-6626.



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AROUND town

Gateway Liquors Moving Sale

In preparation for Gateway Liquors' move to the opposite end of their current facility—allowing them to double in space—they are holding a Moving Sale on November 6-17, 2013. Customers can receive 10% off all liquor and wine (beer not included). Customers must present their advertisement coupon to receive discount. View their advertisement on page 10 for more information and to cut out their coupon.

Thurmont Thespians Bring *Musical Comedy Murders of 1940* to Thurmont

Don't miss Thurmont Thespians' production of *Musical Comedy Murders of 1940* at the Thurmont American Legion, located at 8 Park Lane in Thurmont. This mystery-spoof by John Bishop is directed by Michael Brown, a 1990 Catoctin High School graduate and 1994 Mount St. Mary's graduate in Theatre Arts. Performances are November 1-2 and 8-9, 2013, at 8:00 p.m.; November 3 and 10, 2013, at 2:00 p.m.; and the Dinner Theatre on November 9, 2013, at 6:30 p.m. Come on out and see this murder-mystery thriller.

View their advertisement on page 6 for more information and bring a copy of their advertisement to any performance and receive a \$5.00 discount on their January show!

Christ's Community Church's Light the Park

Bring the whole family out for the free community party, "Light the Park!" on November 1, 2013, at the Emmitsburg Community Park, from 6:00-9:00 p.m. The event is sponsored by Christ's Community church and features games, crafts, bounce house, good food, and much more! View their advertisement on page 23 for more information.

New Year's Eve Bingo Bash

Save the Date! Emmitsburg Volunteer Ambulance Company will be holding a New Year's Eve Bingo Bash on December 31, 2013, at 17701 Creamery Road in Emmitsburg. Doors will open at 6:00 p.m., with games beginning at 8:00 p.m. The Bingo Bash will feature four \$1,000 Jackpots; all other games will pay out \$200 each, and a meal. The cost of tickets are \$50.00 each (includes 50 games). View their advertisement on page 5 for more information.

Country Butchering Pancake Breakfast

On November 16, 2013, Country Butchering will be hosting a Pancake Breakfast, from 6:00-10:00 a.m. at the activity building, located at 13516 Motters Station Road in Rocky Ridge. This event benefits the Rocky Ridge Volunteer Fire Company. Orders must be placed before November 9, 2013. View their advertisement on page 27 for more information.

Looking for Something Fun to Do?
Check the Community Calendar on page 39.

Home for the Holidays

Visit Home for the Holidays, being held on November 7-9, 2013, at 753 McGauglin Road in Fairfield, Pennsylvania. The event features crafts, wreaths, country decor, and much more! View their advertisement on page 10 for more information.

Save the Date for Thurmont Guardian Hose Holiday Bazaar

The Thurmont Guardian Hose Company will hold their Holiday Bazaar on November 9, 2013, from 9:00 a.m.-2:00 p.m., at the Thurmont Fireman's Activities Building at the Carnival Grounds in Thurmont. View their advertisement on page 5 for more information.

Come See Santa

Bring the children (ages up to 10 years old) out to visit Santa Claus at the Guardian Hose Company Fire House, located at 21 N. Church Street in Thurmont, on Saturday December 14, 2013, from 1:00-3:00 p.m. View their advertisement on page 5.

Sunday & Monday Bingo at Beth Sholom Community Center

Play Bingo on Sundays and Mondays at the Beth Sholom Community Center, located at 1101 N. Market Street in Frederick, Maryland. Doors open at 5:00 p.m., with games beginning at 7:00 p.m. Bingo games feature \$1,000 and \$500 jackpots! Regular games pay \$100; refreshments available. Their Holiday Bonanza kicks off on December 9 and 15, 2013.

View their advertisement on page 19 for more information, and bring it in for a FREE Jackpot!

Rebecca Pearl Holiday Open House

On November 16, 2013, visit the Rebecca Pearl Holiday Open House, at 24 West Main Street in Emmitsburg, from 11:00 a.m.-7:00 p.m. They carry a great selection of art, ceramics, greeting cards, and jewelry. View their advertisement on page 35 for more information.

Santa's Christmas Craft Show

On November 23 and 24, 2013, come to Santa's Christmas Craft Show, at Carroll County Agriculture Center, located at 708 Agriculture Center Drive in Westminster, Maryland. Event features photos with Santa, crafts, pit beef, and more! Admission is \$3.00 for adults; children under 15 years old are free. View their advertisement on page 23 for more information.

Don't Forget to Play Our Games!
Hidden Object & Where Am I? on page 5.

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BUSINESS news

Rejuvenate Your Dog at Main Street Groomers

by Joseph Kirchner

What is the best treat you can give to man’s best friend? By now, you know what your dog loves most, especially his special place to nap, his favorite toys, and those delicious treats he gobbles right out of your hand. But if you haven’t taken your canine to Main Street Groomers, then you still haven’t treated him like royalty!

Judy Cochran, the warm and generous owner of Main Street Groomers, has enjoyed a lifelong love affair with dogs. When she was just a little girl, she had great affection for her beagle named Daisy, whom she cherished most, as well as the other dogs beloved by her family. But the real inspiration for her current business is the Scottish terrier, Paddy. Approximately ten years ago, Judy wanted to groom Paddy herself, so she bought many books and learned all about grooming. At first, she groomed Paddy and then many of her friend’s dogs for no charge in the basement of her home. Eventually, after realizing how much she enjoyed grooming and how effective she was, she launched Main Street Groomers in May 2003, using the Scottish terrier logo to honor Paddy.

Judy’s love of dogs, her expertise in grooming, and her generosity to the local community has met with great success, as evidenced by her very loyal clientele, as well as the addition of two more salons: the Walkersville site opened in October 2010 and the Middletown site just

two years later. Judy has contributed mightily to our community in various ways: by doing pro bono work for foster care dogs and those in rescue situations, by donating gift certificates to many local organizations, and by buying socks for the high school lacrosse teams.

Just what can you and your favorite canine expect at Main Street Groomers? You can expect a wonderful experience, where your dog will be treated like royalty. Every dog will have his nails trimmed, his ears cleaned, enjoy a bath and blow-dry, and also have his hair cut or trimmed. On top of that, every dog receives a bandana or bows. Your dog will love the experience and beg you to come back. Moreover, Judy is insistent that she accepts all breeds (such is her expertise), including “special needs” dogs, so your dog will not be turned away. Her staff, now comprising a dozen expert groomers, will treat your dog with great care and provide the individual attention your dog craves.

Now serving area canines for ten years, Judy expresses very heartfelt gratitude for her growing legion of loyal customers. Please visit Judy and Main Street Groomers on her wonderful Facebook page and drop by one of her three convenient locations. Please call to set an appointment, as walk-ins are accepted for nail trims only.

View Main Street Groomers’ advertisement on page 29.

Zurgable Brothers Adds Electronic Supplies

by James Rada, Jr.

Zurgable Brothers Hardware is an old and trusted business name in the Emmitsburg area. Over the past sixty-seven years, their reputation has been built around hardware, but that doesn’t mean that the company isn’t willing to try new things.

Zurgable Brothers Hardware’s owner, Mark Zurgable, has introduced a line of electronic accessories to meet a need that he saw in the community. “There’s a need,” Zurgable said. “The electronic age is here.”

The new line of Zenith electronic accessories includes items like in-line couplers, phone splitters, coaxial cables, cable HDMI, and remote controls. “The Waynesboro Radio Shack is the closest place to get most of these things, and maybe a few of them can be found in Wal-Mart,” Zurgable said.

Mark Zurgable is the second generation running the store. He took over running the store in 1979. Henry Zurgable, Maurice Zurgable, and Roger Zurgable opened their business selling farm machinery, according to Zurgable. “This is the original store that was built by hand,” he added.



Courtesy Photo

Zurgable Brothers Hardware operated as an independent hardware store until 1981, when it became part of the Trustworthy Hardware chain. Along the way, the store has added new lines to meet the needs of its customers.

“We are trying to offer different things to get people in the door,” Zurgable said.

Besides hardware, customers can also purchase paint, keys, bird seed, work boots, garden tools, lighting, grills, automotive supplies, and much more.

Zurgable Brothers Hardware is located just off Route 15, on 16663 Old Emmitsburg Road in Emmitsburg. The phone number is 301-447-2020.

View their advertisement on page 17.

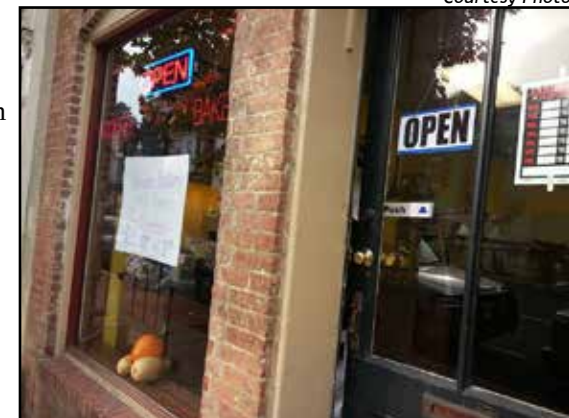
Silver Bakery’s New Location

by Grace Eyler

On October 19, 2013, Silver Bakery opened a new location in Frederick, Maryland. Owners, Mimi and Gyula, are proud to announce their opening of a second location on South Market Street in Frederick.

This location will feature the same scrumptious European desserts and pastries, as well as catering. Silver Bakery offers an extensive line of catering options, including breakfast, lunch, dinner—American cuisine or their renowned Romanian specialties!

Visit Mimi and Gyula in downtown Frederick during the hours of 7:30 a.m.-2:00 p.m.



Courtesy Photo

and 4:00 p.m.-8:00 p.m., Tuesday through Friday; 9:00 a.m.-8:00 p.m., Saturday; and 9:00 a.m.-2:00 p.m., Sunday. Phone: 301-624-0014. View their advertisement on page 5.

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The Catoctin Banner exists due to the advertising support of those featured in each issue.



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Criswell Chevrolet of Thurmont

by Grace Eyler

Many who pass by the local Chevrolet dealer on a daily basis still think of it as Bogley's Chevrolet. For many years, Jamie Bogley and family built a reputation for putting the community in their daily drive. Some people while making their daily commute may not have yet noticed some of the changes that have been made. Window shoppers who may have previously dealt with the Bogley family will now be greeted by the smiling face of Gary Moser, manager of the new Criswell Chevrolet of Thurmont.

Gary re-opened the doors of the dealership under Criswell on October 4, 2013. Many recognize the name of Criswell, known for their enormous auto dealership located in Gaithersburg and Germantown, Maryland. Criswell in Gaithersburg currently stocks hundreds of new and used vehicles from Chevrolet, Dodge, Chrysler, Jeep, Ram, and FIAT. They are also the largest Chevrolet dealership in Maryland, Delaware, and Pennsylvania. Criswell in Germantown carries Honda, Nissan, and Maserati. The new location in Thurmont will exclusively be a Chevrolet dealership.

Gary's career in the auto business has come full circle. He is a Catoctin High School graduate and a lifelong resident of Thurmont. From 2003 to 2004, he was a salesman for Bogley. Gary then went to Gettysburg to work with his dad, Gary Moser, Sr., manager of Renn Kirby Chevrolet. Later, he took a position with Criswell in Gaithersburg and has made the haul to Montgomery County for the past five years. Gary was asked, "Do you drive a Chevy? His response was, "Of course! Chevy has put a roof over my family's head."

Gary has some concerns. "The town may have the perception that Criswell came in and cleaned house, and that's not true." Fortunately, Criswell didn't make any drastic changes to the familiar dealership. When Gary began, there was the salesman/owner, two office staff, service/office manager and technician, all who agreed to stay on board as Criswell employees.

Growing the sales department at the Thurmont location is one goal, but the other focus is the service department. Gary immediately noticed that Greg, the sole mechanic, was swamped with work and asked how he could help. Greg quickly



Pictured are Bob Houck, Doris Lare, and Gary Moser.

replied, "Hire more mechanics." Gary plans on doing so to improve the turnaround time on vehicle repairs and maintenance.

Criswell carries over 600 new Chevrolets at the Gaithersburg location. Local customers can view vehicles online and have their pick of any sedan, hybrid, truck, or SUV. Criswell will be happy to deliver from Gaithersburg to the Thurmont location. Within the next three months, there will be nearly a hundred new and used vehicles spanning the over three-acre lot in Thurmont. Buyers can look forward to competitive pricing and a variety of financing plans that can get most anyone in the driver's seat. Leasing is another option that will be offered by Criswell. "Leasing is ideal for anyone who may not want a higher payment, and wouldn't be obligated with a vehicle for a long period of time," Gary explained.

Criswell Chevrolet of Thurmont is also an authorized Chevy VOLT and Corvette dealer. The VOLT is one of the newest editions to the GM hybrid family, the only one powered by electricity with gasoline backup. Gary was proud to announce, "We will be the only dealer in the area to offer a VOLT charging station!" Best of all, a Volt buyer can return to the dealership and charge it at no cost. In the past year, Chevy has also redesigned the Silverado truck line and the classic Malibu sedan. Looking for a commercial truck or van? You'll find them here, too. Criswell will have it all. Stop in and take a peak at Criswell's line up. The car lot is always open to do a drive-through, or stop in during the new extended office hours— Monday through Thursday, 8:00 a.m.-8:00 p.m., Friday, 8:00 a.m.-6:00 p.m.; and Saturday, 9:00 a.m.-4:00 p.m. Gary and his friendly staff are also available by calling 301-271-2456 or online at criswellauto.com.

View Criswell Chevrolet's advertisement on page 24.

Courtesy Photo



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Announcing Changes at Gateway Candyland & Liquors

John and Maggie Doll, owners of Gateway Candyland & Liquors, are pleased to announce the move of the Gateway Liquor store. In November, the store will move a few hundred feet to the opposite end of their current facility that is located at the intersection of Route 15 and Franklinville Road in Thurmont. This move to, “where the church was,” will allow the store to double in floor space. Renovations will bring new improvements, including self-service premium walk-in coolers and an arbor area where beer, wine, and liquor tastings will be held. Maggie said, “I’m most excited about the walk-in cooler. It’s one of the biggest in the area!”

In preparation for the move, a Moving Sale will be held November 6-17, 2013, during which customers will receive 10% off all liquor and wine (beer is not included). To receive the discount, customers must present the advertisement coupon located below.

Along with any move, there is inconvenience. But, it will be minimized at Gateway. The liquor store will close (Candyland will remain open) on Monday and Tuesday, November 4 and 5, 2013. The liquor store will reopen on



Maggie Doll is shown standing in the space that will be the new Gateway Liquor Store, opening Wednesday, November 6, 2013.

Wednesday morning at 7:00 a.m. A Grand Opening Celebration will be held the week of December 4th through 8th with a different special event featured each night. See the December issue of The Catoctin Banner for details. The same liquor store hours will be observed before and after this transition. They are 7:00 a.m. to 9:00 p.m. Mondays through Thursdays, 7:00 a.m. to 10:00 p.m. Fridays and

Saturdays and 11:00 a.m. to 7:00 p.m. on Sundays (winter Sunday hours observed). This move will create a vacancy in the former liquor store space. The Dolls’ are inviting businesses to lease the space. If you are interested, please call 301-271-2322. Look on Facebook (facebook.com/gatewayliquorsmd) for weekly specials and tasting events. View their advertisement below.

Gateway Liquors

Liquors • Candyland • Ice Cream • Crafts • Fresh Fruits

MOVING SALE!!

Moving to the opposite end of the building!

NOV. 6TH-17TH

10% OFF ALL Liquor & Wine

(Beer NOT Included)
With Coupon ONLY.
Valid November 6th-17th, 2013

We will be CLOSED on Nov 4 & 5th.

We will Reopen the 6th

Rt. 15 & N. Franklinville Rd, Thurmont • 301-271-2322


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The Journey of Pizza Leone

by Grace Eyler

Like any great Italian dish, it takes time to master perfection. With roots in Sicily, Italy, the Monteleone family has a history of creating great Italian cuisine. In the 1980s, Pizza Leone's owner, Giuseppe Monteleone (Joe), traveled to America from Italy, once his father, who had traveled over before him, had earned enough money to bring his family to their new home. Young Giuseppe came to New York at the young age of six, with his three other siblings. His father later opened a small Italian eatery in Biglerville, Pennsylvania. Giuseppe dropped out of school at age sixteen to help his family run the business. The Monteleones have worked very hard throughout their lives to finally open the grand masterpiece of their Italian roots: Pizza Leone, in Fairfield, Pennsylvania.

Many who travel Route 16 on a regular basis may have noticed the transition of businesses occupying the space where Pizza Leones now resides. Snuggled next to the busy thoroughfare, many other restaurants or stores have opened shop for short amounts of time. However, it's safe to say that the Monteleones will be here to stay.

With ample and convenient parking, it's easy to glide off of Route 16 to grab a quick bite. On your way in, take notice to the fresh stone siding and giant lion statues guarding the entrance of the establishment. Giuseppe, with some help from his son, Bernardo, gave the building a complete new look, especially on the inside, during an 11-month renovation.

In most restaurants, customers are greeted by a friendly hostess; at Pizza Leone, customers are greeted by a giant lion protecting his den. The first level of Pizza Leone features a small Italian bakery inside to the left. It is decorated in a manner that takes you right into Sicily. The bakery is manned by Giuseppe's daughter, Christina. At just age eighteen, she has perfected the art of decadent desserts, serving her customers with fresh Pumpkin Whoopie Pies, Mini Chocolate Covered Canolies, and fresh fruit parfaits made daily. Giuseppe explains, "She learned her skills from my mother, and she was the best." Not only does the bakery have fresh tasty Italian goodies, but over forty different varieties of Italian Ice.

A small ramp leads customers into the next level. This level of the restaurant is dedicated to Giuseppe's father—his grand inspiration. He gives much credit to his father for

guiding him throughout life, which has led him and his family down this path. The walls display pictures of Bernardo when he opened his first restaurant—him in uniform when he fought for America, and another very interesting one of his family enjoying the Italian tradition of "Sicilian Macaroni." Giuseppe explains, Macaroni is when the ladies roll handmade noodles, a very long process, but the end result is a very interesting family-style dinner. Then ladies and children eat first, served with silverware and plates. However, the remainder of the pasta is thrown onto a table. The men who eat the fastest, get their fill. This makes for a very interesting Italian buffet of sorts. On the opposing wall in the back corner, he proudly displays a large biography of his father's history. This is one of the many parts of Pizza Leone that customers should take a look at while enjoying their delicious meal.

The third area, which is located next to the kitchen, is the dining area, where customers are able to sit in booths and watch Giuseppe as he and his family work their magic. The kitchen is very open; you can see the top-of-the-line oven Giuseppe purchased straight from New York, which produces a perfect brick oven crust on every pizza. As he pulls out a hot bubbly pie, he proudly says, "I've had no complaints, it's perfect every time."

What sets Pizza Leone aside from other Italian restaurants isn't just the fact that every decoration inside and out has a special meaning or story or that the smell of fresh pizza permeates the entire building, it's the fact that this establishment is as family-owned as it gets. Not only has Giuseppe been brought up with his entire family being in the business, but he has brought his entire family of six, with his wife, Santa, into the tradition of the business as well. It's obvious, they all love and cherish it. Every person plays a key role in the Monteleone business. Christina whipping up some tasty desserts; Giuseppe carefully watching over his oven; Santa on the register; daughter Sonia on the chef's line making fresh pasta; Bernardo quickly folding boxes and preparing for a line of orders; and younger siblings, Arianna, Janaya, and little Leonardo, helping with other small tasks. Unlike most restaurants in this era, at Pizza Leone, there are no TVs in the building. Customers may ask why? Giuseppe states, "We invite everybody in to enjoy themselves. There are no distractions, there is



Shown from left are the Monteleone Lion, Sonia, Giuseppe, Christina, Santa, Ariana, Janaya, Bernardo, and Leonardo ramping up for a busy Saturday afternoon.

no TV or media. We want people to communicate to each other, with us and about the food. We lead by example; we offer an atmosphere, a culture, and a quality food—and that's what we represent."

Join the Monteleone family for lunch or dinner Monday, Wednesday, and Thursday 11:00 a.m.-8:00 p.m., Fridays and Saturdays 11:00 p.m.-8:00 p.m., and Sundays 11:00 a.m.-8:00 p.m. The Pizza Leone menu focuses on special Italian dishes that the family has perfected, as well as

signature dishes, including the "King of the Jungle" and the monster 1 lb. burger, "Burger Leone." Anyone who orders this dish, is forewarned by the server of what they are getting into. With a mound of home-cut fries, 8" wide home-baked buns, and four quarter pounder patties carefully bound together, you feast for only \$12.95. The King of the Jungle can be found on the appetizer menu, and will easily hold a family over with the tower of bread sticks, cheese sticks, french fries, and other finger foods.

St. Joseph's Ministries — Continued from page 1

Henry said, "There is a nice spirit here." Residents are welcome to the activities that take place in the Activity Room, the Cloister, the Basilica, the Courtyard and gardens. Religious services are held regularly in the nursing center and at the Basilica. Basilica services are also televised on cable TV.

"There's nothing like being at home, but we try to be a good strong second!" Henry said. He added, "We

have the same challenges that every nursing home has, but we try to treat everyone warmly, we care deeply and treat everyone like family."

For more information about admissions, call Admissions Director, Ernie Fauble, at 301-447-8044.

Community volunteers are welcome to be part of St. Joseph's Ministries by calling Annie Wantz in the Activities Department at 301-447-2512.

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COMMUNITY news

Lions Club Members Paint Thurmont Trolley

Thurmont Lions Club members gave the trolley on Main Street in Thurmont a fresh coat of paint as a part of the Make A Difference Day project. See the December issue of *The Catoclin Banner* for details about the event and photos of the new mural on the substation next to the trolley.



Photo by Alban Little

Community Remembrance Tree

Stauffer's Funeral Home and Thurmont PNC Bank are partnering with the Thurmont Lions Club to present the 4th Annual Community Remembrance Tree. Visit Thurmont PNC Bank to purchase a blank disk (\$3.00) and decorate it in honor of, or in memory of, a loved one in any way you would like. Return the completed disk to Thurmont PNC Bank no later than November 1, 2013. Your disk will be assembled inside a clear, weather-resistant globe and hung on the Community Remembrance Tree, which will be dedicated during Christmas in Thurmont on Saturday, December 7, 2013. Visit www.thurmontlionsclub.com for more information.

2013 Christmas Ornament Sale

The Thurmont Lions Club is now taking orders for the ornament, "Angels By Day," the second in a two-part series featuring artwork by local artist Rebecca Pearl. The haunting image of American soldiers standing in Memorial park reminds us of the sacrifice they and their families have made over the years, especially at Christmas time.

Visit www.thurmontlionsclub.com to view the ornament. Contact Lion Joann Miller at 301-271-3913 to order.

Thurmont Lions Club Christmas Tree Sale

Thurmont Lions Club Christmas tree sale begins on November 29, 2013. Find the perfect tree at the Ace Hardware Store, located on N. Church Street in Thurmont. All proceeds support Lions Club projects in the community.

Needed!

The Friends of the Thurmont Regional Library are in need of a dry storage area for boxes of used books. The books are donations for the annual book sale to be held September 2014 at the Community Show. Contact Thurmont Regional Library Manager Erin Dingle at 301-600-7212.

Silver Fancy Garden Club Supports the Community



Courtesy Photo

The Silver Fancy Garden Club recently donated \$200 to the Emmitsburg Branch Library. Members also provide seasonal floral arrangements for the public to enjoy and host instructional nature-related workshops for children at the Emmitsburg Branch Library. Pictured are Ann Ruppert, Club Horticulturist; Cheryl Dillman, Library Children's Library Associate; Cheryl Rippeon, Club Treasurer; Janet Hatter, Club Chair Junior Gardeners; Erin Dingle, Library Manager. Donated funds will support this year's Holiday Tea.

A generous donation was recently presented to the Emmitsburg Branch Library by the Silver Fancy Garden Club. Members of the Club met with Cheryl Dillman, Children's Library Associate, and Erin Dingle, Administrator for Thurmont and Emmitsburg Libraries, to offer \$200 to support library programs and needs. The funds will support this year's "Holiday Tea," hosted by the Friends of the Emmitsburg Library, and the purchase of a puppet theater. A long tradition in Emmitsburg, the tea is for children and will be held on December 7, 2013, at 1:30 p.m. Seating at this popular event fills early, so be sure to register in advance by visiting the Emmitsburg Library page at www.fcpl.org.

This donation is part of a long, generous history of the Silver Fancy Club's support of the Emmitsburg library. Currently, there are eighteen members who donate talent and time to not only this library, but also to the Taneytown Library and to other causes.

Organized in 1954, the Club is very active in both Emmitsburg and Taneytown and always welcomes new members. The long list of projects they undertake in both communities includes beautification projects, a Garden Therapy Program for seniors, and Junior Gardeners programs to educate youth about nature and environmentally safe projects and practices. Also, they create floral arrangements to support the Taneytown Historical Society Auction and Washington County museum of Fine Art "Art in Bloom" project. The group also travels together to gardens or special farms, such as the Gourd Farm in Carlisle.

Janet Hatter, a member for five years, grew up in Emmitsburg. When she retired after thirty-two years from the Department of Defense, she found the Club to be an opportunity to give back to her hometown, as the Emmitsburg Junior Gardener chairperson. Cheryl Rippeon is also a retiree who worked for Frederick County Public Schools. She credits President Joyce Bruchey, also a retired school teacher, for bringing her in to get involved. Ann Ruppert saw the interesting programs the Club was hosting thirteen years ago, and she decided to join and has found the members to be welcoming and friendly. In addition, they emphasize that you can live anywhere and be an active member, not just Emmitsburg or Taneytown.

Upcoming planned programs include holiday arrangement demonstrations in November and December, a trip to Waynesboro for Tea at the "Turn of the Century House," and a potluck lunch.

The Club meets the third Thursday of each month at Trinity Lutheran Church. They are also members of The National Garden Clubs, Inc., The Central Atlantic Region of State Garden Clubs, and The Federated Garden Clubs of Maryland. Call Club President Joyce Bruchey at 410-775-7921 to learn how you can be part of this dynamic group as a member.

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Emmitsburg High School Alumni Reunion Banquet Held

by Deb Spalding

The Emmitsburg High School Alumni held their 89th Annual Banquet at the Emmitsburg Ambulance Company on Saturday, October 19, 2013. Edda Mae Shuff Norris, Mary Gene Matthews Rice, the late Vernon Grayson Keilholtz's wife Bea Long Keilholtz and Thomas Hoke represented the class of 1940, the earliest graduates in attendance at this reunion. The Class of 1940 had 31 graduates. Mr. Jones was their principal at that time.

Mr. Randy Valentine, President of the Emmitsburg High School Alumni Association, was the Master of Ceremonies for the event. He quoted classmate Becky Naill Kile in reference to the purpose of the banquet... "Let's think about why we are an organization... to honor our school and to have fellowship with other alumni members."

Special music was sung by the Martin Family Singers; Susan Martin Allen (Class of 1963), Edith Martin Long (Class of 1967), James Martin (Class of 1965), and John Martin, (Catoctin graduate who said, "I turned out alright!")

Mary Gene Matthews Rice was

the oldest person in attendance (Class of 1940) and Marjorie E. Crist (Class of 1953) who resides in Deland, Florida, traveled the farthest to attend the reunion. The Class of 1969 was the honorary class of this banquet. They were two months and days from graduating from Emmitsburg High School when they were transferred from Emmitsburg High School to Catoctin High School when it was opened. Randy Valentine said, "They felt like a 'man without a country' in the sense that the Emmitsburg School was closed down and they were in a school where they had no roots." Other classes honored were the classes of 1938, 1943, 1948, 1953, 1958, 1963, and 1968.

Shelby Maly, Parker Rohrbaugh, Laken Weaver, Robin Wivell and Bridget Bittner were the recipients of Emmitsburg High School Alumni Scholarships. This was the 20th year that scholarships have been awarded over the years with a total of \$48,000.00 contributed towards the continuing education of our youth.

Joyce Meadows Bruchey has spent countless hours compiling photos,



Members of the Class of 1943

Pictured are George Naylor, from Taneytown, Maryland, and Jane Woods Walker, from South Charleston, West Virginia.

historical facts and comments to include in an Emmitsburg High School Book. As information has been submitted, the book has grown into a binder of 300 pages. For more information about submitting

your material, please call 410-775-7921.

The 90th Banquet of the Emmitsburg Alumni will be held on Saturday, October 18, 2014, at the Emmitsburg Ambulance Company.

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Blanchard, Mellor Win Emmitsburg Council Seats

by James Rada, Jr.

Following the October 1, 2013, Emmitsburg town election, two new members took their seats on the Emmitsburg Town Council on October 7, 2013.

On election day, 185 of Emmitsburg's 1,715 registered voters cast their votes for two seats on the town council. Former commissioner Glenn Blanchard received 124 votes, and newcomer Jennifer Mellor received 103 votes. Commissioner Patrick Joy, who was running for re-election received 84 votes, and former commissioner Joyce Rosensteel received 43 votes.

Blanchard would have been running for re-election, but he resigned his seat in February for health reasons. Former Mayor James Hoover was appointed to fill Blanchard's unexpired term, but he chose not to run for election to continue sitting on the council.

Mellor is a newcomer to the town council, having previously served on the parks and recreation committee and citizens' advisory committee.

Though Hoover was out of town on a scheduled absence on October 7, Joy was on hand to welcome Mellor to the council and show her around the office prior to the meeting. Mayor Don Briggs swore in the new commissioners as their families looked on.

During the meeting, Joy thanked those residents who had voted and said of the winners, "I know they both ran for the right reasons."

Council President Tim O'Donnell thanked Joy for his service and told him that he believed that Joy had achieved many of the goals he had outlined in his vision statement when he originally ran for office. Briggs told Joy that he hoped he would return to serve on the town planning commission when a position opened.

Frederick County Commissioner Kirby Delauter was on hand to present certificates to the incoming and outgoing commissioners for their service to Emmitsburg.

With new commissioners on the council, Briggs presented recommendations for commissioner assignments. His recommendations were: President – Tim O'Donnell; Vice President – Cliff Sweeney; Treasurer – Glenn Blanchard; Citizens' Advisory Committee Liaison – Chris Staiger; Parks and Recreation Committee Liaison – Jennifer Mellor; Planning and Zoning Commission Liaison – Cliff Sweeney.

The council voted 5-0 to accept the mayor's recommendations.

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Thurmont Election on October 29

by James Rada, Jr.

Thurmont will have a new mayor and at least one new commissioner after the town election on Tuesday, October 29, 2013.

Mayor's Race

Commissioner John Kinnaird and newcomer Rosie Bentz are running to become Mayor of Thurmont.

Kinnaird said he's running for the seat because, "I think it's time for a change of pace in the mayor's position and believe that bringing a new personality and point of view to the position will be good for Thurmont."

Prior to serving as a commissioner, Kinnaird served on a number of appointed and voluntary positions, including Chairman of the Media Commission and Chairman of the Planning and Zoning Commission. He said this work gave him a good understanding of how the town works. He also recently graduated as a Fellow in the Academy for Excellence in Governance at the University of Maryland.

Bentz, who is the only woman running for office, said that she hadn't decided to run until the nominating convention on September 24, 2013, and saw that Kinnaird and Mayor Martin Burns just seemed to be trading places.

"It was the same crew," Bentz said. "I think this town needs a choice."

She is active in working with the American Legion, AMVETS, and her church. However, she thinks her role as a mother will help her the most if she becomes mayor. "Running the town is no different than running a family," Bentz said.

Kinnaird said that if he becomes mayor, he wants to make the office more visible and approachable for citizens and their issues. He believes the big challenge the mayor will have to deal with is town wastewater

system infrastructure and the town's drug abuse problem.

He also believes that as the town once again begins to see residential and commercial growth, the commissioners will need to deal with growth proposals.

"It has been my belief that Thurmont should exercise our right to retain our small town charm and way of life through the careful review and open discussion of any annexation or subdivision proposals," Kinnaird said.

Bentz said that the Board of Commissioners needs to stop buying things that aren't needed in order to keep from increasing the town tax rate.

"If we tax people any higher, there's a lot of older people who can't quite make it," Bentz said.

She also feels that she can help bring more harmony to the commissioners because the present board doesn't work well together.

Commissioner's Race

The three people running for the two commissioners seats are: Commissioner Wayne Hooper, Mayor Martins Burns, and Ronald Terpko, Jr.

The new face in the group is Terpko. He is the son of current commissioner Ron Terpko, who is not running for re-election.

"I want to help give back to the community that helped raise me," Terpko said.

Hooper, who has more than twenty years of experience in municipal government, is running to retain his seat on the commission. "I still feel that I can be of service to the citizens of Thurmont, and I want to be able to help Thurmont stay on course, with not only our good financial standing, but also to gain the respect of other municipalities and government entities," Hooper stated.

Burns is stepping down from his role of mayor and running for commissioner of Thurmont. "After three terms as Mayor of Thurmont, it's time for someone else to lead the town. However, I still have a lot to offer and a desire to serve the residents by assisting the new Mayor and board. With my experience, leadership, and relationships at all levels of government, I can continue to assist and serve the residents," stated Burns.

He noted that the commissioners have been successful in providing our residents with "great services, low growth, low taxes, and a fiscally responsible budget. I'd like to continue that with the residents support."

Hooper also is proud of what the board has accomplished so far, but he feels that town government needs to be careful not to pass on more burdens to the taxpayers, as the economy continues to waiver.

Other issues that Burns said he would like to see the new board address include: continuing with the renovation of the new town hall and coordinating with the food bank for their eventual move into the current town hall; continuing work with the county government to get a fair share of tax dollars for Thurmont's fire company, rescue company,

and seniors; seeing the Main Street revitalization project funded and built out; and funding and repairing the town's sewer system.


All of the commissioner candidates feel that the new Board of Commissioners needs to assist police in fighting the town's drug problem.

Terpko said that his youth will help in this effort, because he can bring a new perspective to the problem that may help open up additional ways to address the problem. He also wants to find ways to involve youth in town government, such as forming a youth commission that operates similar to the way the senior commission operates.

When asked if he might have trouble adjusting from being mayor to commissioner if he is elected, Burns replied, "Remember in our town the Mayor is both Executive and Legislator, but I look forward to being able to specifically work on Legislator issues only, without having to be responsible for the executive piece."

If you would like to have a say in the make-up of the new town government, polls will be open from 7:00 a.m.-8:00 p.m. at the Fireman's Activity Building, located at 123 E. Main Street in Thurmont.

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Friday Evening Wine Event to Benefit the Thurmont Food Bank

Catoclin Breeze Vineyard is proud to announce that on every Friday in November, they will host a Wine Tasting to benefit the Thurmont Food Bank, which is run by Pastor Sally Joyner Giffin. Owners, Voytek and Emily Fizyta, have been looking to connect with the community through service, and what better way than to help the Food Bank before the holiday season. Each individual who brings in a donation for the Food Bank will receive a complimentary glass of wine. The tasting room will be open on Fridays, from 3:00-7:00 p.m., so stop by on November 1, 8, 15, and 22, 2013, with a donation for the Food Bank and receive a glass of local wine. Bring a friend and stay awhile. Additional glasses of wine and bottles will be available for purchase. Catoclin Breeze is located at 15184 Roddy Road in Thurmont.

Christian Mystics November Workshop

On Saturday, November 2, 2013, a morning workshop on "Christian Mystics, Cultivating a Life of Closeness with God as exemplified by St. Hildegard of Bingen" will be offered by Pastor Julie Brigham, Spiritual Director, at Mount Moriah Lutheran Church at the Mount Moriah Schoolhouse, located at 14814 Foxville-Deerfield Road in Sabillasville, Maryland. The workshop will be held from 9:00 a.m.-12:00 p.m. The cost is \$40.00. Scholarships are available. For more information, contact Pastor Brigham at 240-405-2173.

Prayer Beads for Healing

Many people at Harriet Chapel, Catoclin Episcopal Parish have struggled with cancer or have a friend or family member who has struggled with it. As a way to support those battling the disease, parishioners are making beautiful prayer beads for anyone with cancer. The beautiful beads are adorned with either a cross or an angel, and they come with a booklet of prayers for healing that may be said at any time. This effort was started by Helen Brandenburg, a breast cancer survivor who makes jewelry as a hobby. The wooden crosses are made by Bob Gray, who lost his daughter to cancer.

The prayer beads are put together by Helen and others in the church, including the Rev. Sally Joyner Giffin (Pastor Sally), who is a breast cancer survivor. The beads are meant to offer hope and comfort and to help the person feel God's presence as they pray. Each Wednesday, Harriet Chapel has a Morning Prayer Service at 8:45 a.m., with prayers, scripture, and a word of comfort. The service closes using the prayer beads. Beads will be available at that service or any Sunday morning at either the 8:00 a.m. or 10:30 a.m. service. The beads are a gift and there is no charge for them. If you cannot make it to a service, please call the church office at 301-271-4554 to arrange to pick up some prayer beads. Harriet Chapel is located at 12625 Catoclin Furnace Road in Thurmont.

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Cozy Restaurant Awarded Constitution Week Certificate

On Monday, September 23, 2013, the Frederick Chapter National Society Daughters of the American Revolution presented a Constitution Week Certificate of Award to Cozy Restaurant owner, Gerald G. Freeze, and the Restaurant. Mr. Freeze, Rebecca Stanley, and Douglas Lee Seiss rang the historic bell in front of the restaurant for Bells Across America. Bells rang simultaneously coast-to-coast at 4:00 p.m. on Monday, September 17, 2013, in celebration of the 226th anniversary of the signing of the U.S. Constitution. The Frederick Chapter DAR has a long standing tradition of holding the September Chapter luncheon meeting at the Cozy Restaurant in Thurmont.

Courtesy Photo



Pictured from left are: (Back row) First Vice-Regent Joanne Baum, Historian Pati Redmond, Secretary Karen Watkins, Regent Teresa Oyler, Russell Welch, and Jean Burden; (Front row) Sara Rusk, Constitution Week Committee Chairman Anna Peterson, Sara Beth Kennedy, General Manager Lee Shifflett, Gerald Freeze, Janet Thompson, Barbara Shealer, and Frances Randall.

Emmitsburg Lions Club Christmas Food Drive

The Emmitsburg Lions Club will hold its annual Christmas Food collection drive between November 29 and December 19, 2013. Food collection boxes will be located at the following: Jubilee in Emmitsburg, Vigilant Hose Company, and at the Carriage House Inn on Christmas Spirit Night. Please: no outdated food items.

Thanksgiving Help for the Thurmont Food Bank

The Thurmont Food bank is providing families in need with a frozen turkey and a box of food to prepare side dishes for a great Thanksgiving dinner. They are estimating it will be about \$25.00 per family. If you are interested in helping and "adopting" a family for Thanksgiving, please send a check for \$25.00 to Thurmont Food Bank, P.O. Box 74, Thurmont, MD 21788. The money will be used to purchase the food for one of the 200 plus families that are expected to request Thanksgiving food. Your help would be greatly appreciated.

Emmitsburg Lions Club Bake Sale

The Emmitsburg Lions Club will hold its annual pre-Thanksgiving-Day Bake Sale on November 23, 2013.

The Bake Sale will start at 9:00 a.m. at the entrance to the Jubilee grocery store in Emmitsburg. The Lions Club uses the bake sale proceeds to help support some of its charitable activities in the Emmitsburg community.

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Colorfest's Economic Impact

by James Rada, Jr.

When we think of the month of October, we think of the leaves on the trees changing and that the streets in Thurmont will be packed on that second weekend. No one argues that Colorfest certainly brings its share of inconvenience and headache for those two days, but it also brings a lot of economic benefit to the town. Just how much that impact is worth is hard to measure, but here's a look at some of the ways that Colorfest shows itself to be a valuable resource to the community.

"For a long time, people didn't realize that, but now they are coming to understand just how much money comes back to the community," said Colorfest President Carol Robertson.

From December 2011 to November 2012, Colorfest Inc. donated \$24,247.50 to the community. Much of the donations help enhance the quality of life in Thurmont, but some help reduce expenses for things that otherwise might have to be paid for by tax dollars.

The following is a list of the direct donations that the organization makes annually:

- Thurmont Food Bank: \$6,000.00
- Catoctin High Scholarships: \$5,500.00
- Guardian Hose Company: \$2,050.00
- Thurmont Ambulance Company: \$2,000.00
- Commissioners of Thurmont: \$2,000.00
- Sign for Town Office: \$1,607.40

- Thurmont Police Department: \$1,500.00
- Catoctin High FFA: \$1,013.70
- Community Movie Night: \$1,000.00
- Thurmont Lions Club: \$500.00
- Town Gardens: \$483.90
- Safe and Sane: \$150.00
- Boy Scouts: \$150.00
- Straw: \$167.50
- Volunteers of the Year: \$100.00
- Memorial Day Observance: \$25.00

"We also try and buy locally for things that we need," said Robertson. These items include things like printing, t-shirts, Christmas decorations, flowers and other materials.

And though the Colorfest crowds can be a "pain in the neck" for area residents and business, the huge number of people represent a large potential fundraising market for local organizations.

The fire company, Mt. Carmel Church, Thurmont Historical Society, and American Legion earn money from renting spaces to vendors. The local PTAs earn money by turning the school lots into the festival parking. The Boy Scouts, Lions Club, and Catoctin High School band also earn money by providing services or selling products to the Colorfest crowds.

"The Colorfest Parking at the high school is the PTSA's only fundraiser, and we are extremely lucky and thankful that we have it available to us," wrote Trisha Valcarcel, president of Catoctin High School's PTSA. She

noted that the thousands of dollars earned from Colorfest allow the PTSA to fund "extra" needs for the teachers, teacher appreciation meals, and about \$3,000 to \$4,000 in graduating senior scholarships.

Colorfest is helping build the Guardian Hose Company (GHC) fire hall. The \$2.4 million building is being paid for through fundraising efforts, and Colorfest represents the company's second-largest annual fundraiser, according to GHC Treasurer Russell Schantz.

Finally, there are also the individual residents who see a benefit when they set up their own yard sales in front of their homes.

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Mr. and Mrs. Jay Angell of Thurmont, Maryland, are pleased to announce the upcoming wedding of their daughter, Kelly Angell to Jonathan Czerkies, son of John and Mary Czerkies of Gettysburg, Pennsylvania, in early November 2013.

Kelly graduated from Freedom Christian Schools in 2004, and currently works for Mountain Manor in Emmitsburg. Jonathan graduated from Francis Scott Key in 2004 and currently is employed with the National Guard. Jon proposed to Kelly on March 2, 2013. The couple plans to honeymoon in Florida and then will reside together in Gettysburg.

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Grinder Hitting the Ground Running on Main Street

by James Rada, Jr.

Part of the goals for Maryland's Main Street Communities is to revitalize the downtown areas of Maryland towns. In essence, it harkens back to a time when main streets truly were the center of town life.

Thurmont has been designated a Main Street Community since 2005. Initially, the town saw a lot of benefits from the program. More recently, those benefits have been iffy, so the town commissioners have gone back to the beginnings of Thurmont's Main Street designation to try and reinvigorate the benefits the community gets from being a Maryland Main Street community.

To do so, they have reappointed Thurmont's first Main Street Manager, Vickie Grinder.

"I am trying to get credibility back into the program; get people to buy local and fill some of the vacant store fronts," Grinder said.

After discussions about her goals for the program, Grinder was re-appointed to the position she held from 2005-2008 in June of this year. Besides promoting businesses, having a Main Street designation gives the town a leg up on certain grants for economic development and infrastructure improvements.

One of the first things people can take advantage of in time for Christmas is Thurmont Business

Bucks. Beginning December 1, 2013, you can purchase gift certificates that are good at many different Thurmont businesses, at the town office or the participating businesses. Grinder said that not only do they make a great holiday gift, but they focus on spending locally.

A popular downtown program, Christmas in Thurmont, is being expanded a bit this year. Previously, the drawing for door prizes required people to get stamps at various businesses to be eligible. People used to rush from business to business getting the stamps without spending too much time seeing what the store had to offer. This year, the stamp map will go out with the town's electric bills at the end of November.

"This will allow people a full week to go around to all of the businesses, get the stamps, and have plenty of time to shop," Grinder said.

Beginning next year, you should start seeing some changes to the way Thurmont's downtown area looks—new park benches, trash cans, bicycle racks, lampposts, and hanging baskets will be installed.

"If you have a nice looking area, people pay more attention to it and are willing to spend more time there," stated Grinder.

Another improvement to the downtown area will be the conversion of the old library

storefront into a Main Street Center. The building will have an office for the Main Street manager, tourism information, a display about the history of Thurmont, and an art gallery for professional artists to offer their pieces for sale.

"The gallery creates income for Main Street, because we get a commission on sales and it makes Thurmont a destination site for people to see the artwork," Grinder said. She pointed out that it has worked well in other communities.

Something else in the works is the development of three different day-trip bus tours. They will be marketed to people forty and older who live within forty-five miles of Thurmont. Each trip takes visitors to sites and businesses in the area and includes lunch at a local restaurant.

The work to revitalize Thurmont is not a one-person job. Grinder works with the Thurmont First Board of Directors: Chairman Michael Hobbs; Secretary Karen Kinnaird; Treasurer Kristen Long; and members Virginia LaRoche, John Brown, and Kathy Byrne.

For more information: Thurmont Main Street at www.thurmontfirst.com; Maryland's Main Street Program at www.marylandmainstreet.org.

Scout Pack 270 Annual Toy Drive

Cub Scout Pack 270, following their principle to do a good deed, is launching their annual toy drive to support the Marine Corps Toys for Tots campaign. Last Christmas was made special to many children in Frederick County due to the efforts of the Marine Corps Toys for Tots Foundation, under the direction of SSGT Andrew Langlois.

Thurmont residents and Cub Scout Pack 270 donated over 300 new unwrapped toys. Since 1947, the U.S. Marine Corps has been making Christmas wishes come true for children. The objectives of Toys for Tots Campaign are to help needy children throughout the United States experience the joy of the holidays, and to play an active role in the development of one of our nation's most valuable natural resources: our children. This year, more than ever, they need our help!

Hundreds of drop boxes for donated toys have already begun appearing in stores and other businesses throughout Frederick County. To donate toys, you can bring new unwrapped toys to the Thurmont American Legion Post 168 on the third Monday of November or the second Monday of December. You can also drop off your new unwrapped toys at the Thurmont Scout House on Elm Street in Thurmont on the first and third Monday, as well as the second and fourth Tuesday and Wednesday, in November. Cub Scouts will also be accepting donations now through Sunday, December 9, 2013, at the Mountain Gate Family Restaurant and Food Lion.

On Monday, December 9, 2013, at 6:30 p.m., at the American Legion Post 168, the Cub Scouts will be presenting the toys to the Marine's at their monthly Pack Meeting.

If you would like to make a financial donation to the Marine Toys for Tots, please visit <http://www.toysfortots.org>. For more information on the Toys for Tots program, visit their website at <http://frederickmd.toysfortots.org> or contact Frederick County's Toys for Tots Coordinator: SSgt Andrew Langlois at (301) 401-8654 or Cub Scout Pack T4T's Coordinator Jeanne Norwood by email: norwoodr827@gmail.com or by calling 301-802-4833.

Save the Date: Children's Christmas Party

The Emmitsburg Lions Club will host its annual Children's Christmas Party on December 7, 2013, at the Vigilant Hose Company building, starting at 10:00 a.m. This event is free and will feature children's crafts, face painting, Khan-Du the Magician, and hot dogs and hot chocolate. It is also anticipated that Santa and Mrs. Claus will make an appearance.

Thurmont American Legion

The Thurmont American Legion's Reception Hall is available for Weddings, Birthdays, Dances, and the like. Also available is an enclosed Pavilion with a full kitchen. Catering available. Contact Thurmont American Legion at 301-271-4411.

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Emmitsburg Hosts 5th Annual Wattle Waddle

Local Thanksgiving Day Tradition Raises Funds for Emmitsburg's Seton Center

The 5th Annual Emmitsburg Wattle Waddle will be held on Thanksgiving Day morning, Thursday, November 28, 2013, beginning in the Emmitsburg Community Park, behind the Town Library. A 5-mile Run through the scenic back roads of Emmitsburg and weaving along the base of College Mountain, will begin at 8:00 a.m., followed by a free community breakfast. At the conclusion of the breakfast, a 1-mile Fun Walk through the town will help prepare participants for their Thanksgiving feast. Runners in the 5-miler will receive awards by major category, and for best Thanksgiving-themed costume. Proceeds benefit Seton Center, which is a local nonprofit organization that provides services for people in need living in Northern Frederick County. For more information and to register, go to www.EmmitsburgTurkeyTrot.com.



The 2012 Emmitsburg Wattle Waddle.

Courtesy Photo

Fall Craft Show

Tom's Creek United Methodist Church will host a Fall Craft Show on Saturday, November 9, 2013, from 8:00 a.m.-1:00 p.m., at 10926 Simmons Road in Emmitsburg. Home craft vendors and direct sales vendors will show their products. Representatives from Avon, Cookie Lee, Tastefully Simple, Tupperware, Thirty One, Origami Owl, Mary Kay, Scentsy, Premier Jewelry, Partylite, Younique, and more will be present. Call Christine at 410-756-9279 or email christineshaffer12@yahoo.com for more information.

What is "Scouting for Food"?

Scouting for Food is a national food collection effort carried out by the Boy Scouts of America during the second week of November. On Saturday, November 2, 2013, local Scouting units will go door-to-door to hand out plastic bags for community members to place in food donations.

In Thurmont and nearby communities, Pack 270, Troop 270, and Crew 270 will hand out collection bags between 9:00 a.m.-noon. Scouts will return the following Saturday, November 9, 2013, to collect the donations and transport them to the Thurmont Food Bank. Pick-up will begin at 9:00 a.m., and Scouts have asked that all donations be placed in a visible location such as on a porch, sidewalk, or driveway.

In Thurmont, all of the food Scouts collect during the Scouting for Food campaign will go to the Thurmont Food Bank to help feed the average of 800 families a month who visit the Food Bank. These families depend on our donations of not only non-perishable food, but also household supplies. Look for a list of suggested donations to accompany the Scouting for Food collection bag. Bags will be tied to door handles or placed inside screen doors; Scouts will not ring doorbells and are not permitted to enter homes.

The Thurmont Food Bank accepts community donations on Tuesday, from 6:00-7:30 p.m. and Friday, from 3:30-5:00 p.m. The Food Bank is located across from the Community Park in the Town Office building. On November 9, 2013, a temporary collection location for the Scouting for Food campaign will be set up at St. John's Lutheran Church, located at 15 North Church Street in Thurmont. The temporary location will be open for community donations from 10:00 a.m.-noon. Look for Food Bank collection boxes throughout the year at local businesses and schools.



Cub Scout Pack 270 Wolves & Bear Scouting for Food Collection in 2012.

Courtesy Photo

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SCHOOL news

Catoctin FFA Chapter News

Pet Photos with Santa at Tractor Supply

Bring your pets (on a leash or in a carrier) to have their pictures taken with Santa at the Tractor Supply Store, located at 7631 Devilbiss Bridge Road in Frederick, Maryland, on Friday, November 22, 2013, from 4:00-7:00 p.m., and on Saturday, November 23, 2013, from 10:00 a.m.-3:00 p.m. This activity is being sponsored by the Catoctin FFA Chapter, and members will be assisting with the picture-taking. Photo packages range from \$2.00 to \$20.00. For further information, contact Brian Hendrickson at brian.hendricks@fcps.org or 240-236-8100 x68117 or Amy Jo Poffenberger at amy.poffenberger@fcps.org or 240-236-8100 x68192.

FFA Citrus Sales

The Catoctin FFA Chapter will also be selling citrus. Orders and money are due by November 19, 2013, and fruit will be available for pickup during the week of December 8, 2013.

Fruit prices for Navel Oranges, Red Grapefruit, Tangelos, and Juice Oranges are \$25.00 for a full box; \$15.00 for a half box; and \$10.00 for a quarter box for each variety. Tangerines are \$19.00 for a half box. A Premium Variety Pack—8 navel, 6 grapefruit, 4 red delicious, and 4 pears—is \$20.00 a box. The mixed citrus trio—a gift box of pink grapefruit, navel oranges, and tangelos—is \$20.00 for a half box. The Apple/Orange pack is \$17.00 for a quarter box. The mixed box of the four main varieties—navels, red grapefruit, tangelos, and juice oranges—is \$26.00 for a full box and \$15.00 for a half box.

For more information or to place an order, contact Brian Hendrickson at brian.hendricks@fcps.org or 240-236-8100 x68117 or Amy Jo Poffenberger at amy.poffenberger@fcps.org or 240-236-8100 x68192.

Essay Contest

The National Society Daughters of the American Revolution is holding an essay contest open to 9-12th graders. The title of the essay is: "How do Americans View Christopher Columbus and George Washington Today." The length of the essay has to be between 800-1200 words. The entry deadline is December 2, 2013. If interested, see Mr. Zimmerman in the career center at Catoctin High School. Visit their website at www.education.fcps.org/chs.

Local Student Invited to Sing at State Convention

Katelyn Claxton, a junior at Catoctin High School, was invited to sing the *Star Spangled Banner* at the opening ceremonies and general assembly of the 2013 Maryland State Convention for the Maryland Association of Health, Physical Education, Recreation, and Dance. Congratulations, Katelyn!

Send your School news & School photos to share with the Community:
news@thecatocinbanner.com

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Happy Thanksgiving to All!

Congratulations Zac Angerett!
Recipient of the \$500 Chiropractic Student Scholarship. The money was raised by donations during the 20th anniversary open house. Zac is a graduate of Catoctin High and is attending Life University of Chiropractic in Marietta, Georgia.

Grateful for the opportunity to serve the community for 20 years!

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MSS Opens Its Grounds to the Animal Community for Annual "Blessing of the Animals"

A horse named Taffeta and Shelly the Hermit Crab were among the many creatures—both great and small—participating in Mother Seton School's (MSS) annual Blessing of the Animals. An old Catholic tradition that goes back to the fourth century, MSS is one of the only Catholic schools in the state to host such an event. It is held on or near October 4 each year, in honor of the Feast Day of St. Francis of Assisi, patron saint of animals and the environment.

"It's a great community liturgy," said Shelia Dorsey, an MSS teacher and event coordinator. "I love how it makes you stop and think about the wonderful gifts from God—nature, the animals, each other." Most of the crowd in attendance were families of current students, but many that came were members of the local community or former families and students who remember the event from their time at the school. "It's a tradition that brings people together," Mrs. Dorsey said. Kim Hartness, parent of 7th-grader Hannah and 4th-grader Jacob, agreed. "My kids love this tradition; they would be devastated if they had to miss it," she said. "We have even borrowed pets to take part in the ceremony," she laughed.

Pet owners lined up around the circle in the front of the school and listened to performances by the school chorus and Mrs. Dorsey's first grade class. Students recited the prayer of St. Francis, then Father John J. Dietrich, Director of Spiritual Formation at Mount St. Mary's, gave his blessing. He took care to bless each and every creature—even the stuffed bears for the Kindergarten room—as he walked around the circle. Afterwards, pet owners had the opportunity to show off their beloved pets to the students as they walked around to visit with each one.

The community is welcome and encouraged to attend the next Blessing of the Animals ceremony. A final date will be announced next summer.

2014 Catoctin High School Safe and Sane Activities

The 2014 Catoctin Safe & Sane Committee will hold a meeting of interested parents of the graduating class of 2014 on Wednesday, November 13, 2013, at 7:00 p.m. in the media center at Catoctin High School. There are still committee chairpersons needed for various committees, and any and all help is needed to make this a very successful event for the seniors. For more information, please contact Denise Shriver at 301-447-3640 or Cathy Delauter at 301-271-4917. Event announcements and meeting minutes can be seen on the website at <http://catoctinsafeandsane.com> or visit our Facebook page: Catoctin High Safe & Sane Class of 2014.

A Gun Raffle Dinner is scheduled for Saturday, November 2, 2013, at Vigilant Hose Company, located at 25 West Main Street in Emmitsburg. Doors will open at 5:30 p.m., and the meal will begin at 6:00 p.m. Tickets are \$25.00 per person and include dinner and beverages. Contact Lisa White for tickets (lmwhite88@msn.com).

A Wing Night will be held on Friday, November 22, 2013, at the Vigilant Hose Company in Emmitsburg. Doors will open at 5:00 p.m., and the meal will begin at 6:00 p.m. Tickets are \$20.00 per person and include a meal, wings, and beverages. Contact Lisa White for tickets (lmwhite88@msn.com) or 240-367-6996 or Laura Imes at imesla@yahoo.com or 301-788-6458.

Join the 2014 Safe and Sane Committee and the French Club for "Mr. Catoctin," which will be held on December 5, 2013, at 6:30 p.m., in the auditorium at the high school. Cost is \$8.00 for adults; \$5.00 for students. Light refreshments will be available for sale. Come out and cheer for your seniors.

The committee is also selling garden stones (cougar paw) at a cost of \$5.00 (small), \$10.00 (medium), \$15.00 (large) or \$25.00 for a set of all three. They will also be holding 50-50 raffles at sporting events and other activities at the school.



Father John Dietrich, assisted by altar servers Michael Kiley (right) and Lucas Soter (left), blesses Lori Ferraro's cat, Sophie, during Mother Seton School's annual Blessing of the Animals.

Courtesy Photo

Two CHS Students Awarded Susana de Moya Scholarships

Congratulations are in order for Brandon Ubiera and Johandra Martinez. These two Catoctin High School (CHS) students were recently awarded academic scholarships from the Susana de Moya Foundation. The Susana de Moya Foundation awards scholarships to be used for educational purposes to selected students of Dominican Republic heritage attending middle school or high school, residing in Maryland and the Washington, D.C. metro area. The Foundation only awarded seven scholarships and Catoctin High School had two of the finalists. Congratulations to Brandon and Johandra!

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

~ Oprah Winfrey

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Mashed Potatoes Baked Sweet Potatoes with Maple Walnut Butter
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Adults \$25.95 Children 4-12 \$11.95 **Reservations Required**
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Served Thanksgiving Dinner Menu

Holiday Ham & Turkey Feast
Holiday Turkey & Fried Oyster Feast
Broiled Crab Cakes
Prime Rib
Marinated Fresh Jail Island Salmon
All entrées served with a cup of Apple Buttermilk Soup, Fresh Baked Bread, Homemade Mashed Potatoes and Seasonal Green Beans

Mother Seton School Students Plant "Pinwheels for Peace"

Courtesy Photo



Students at Mother Seton School planted "Pinwheels for Peace" as part of their annual International World Peace Day celebration on September 24, 2013.

On Tuesday, September 24, 2013, students at Mother Seton School (MSS) took part in the school's 8th annual International World Peace Day celebration. The theme this year was "Pinwheels for Peace," which began as an art installation project created by two art teachers from Florida in 2005. Since then, it has grown into an international movement.

The pinwheel was chosen as a symbol of youth and innocence, and participants in the project are asked to decorate pinwheels with their own thoughts and artistic self-expression about peace. Last year, more than four million pinwheels were planted worldwide. This year, Emmitsburg joined places such as Honolulu, Hawaii and Cairo, Egypt, as students at MSS planted their own homemade pinwheels. Karolyne Myers, an art teacher at MSS and project coordinator, says she conceived of the World Peace Day celebration at Mother Seton School as a way to get students thinking about the larger world around them in a creative way. "I wanted to integrate art, culture, faith, and citizenship into a meaningful project that inspires and educates," she said in a written statement.

The students also signed a school climate "Declaration of Peace," modeled after the Declaration of Independence. The Declaration, "To insure a safe and peaceful environment for everyone," included promises to use peaceful language, to seek peaceful ways to settle arguments, to listen to all sides of a story, and to accept people with different points of view. Representatives from each classroom collected student signatures and presented them as part of the ceremony. Beckett Tayler was the representative for his third grade class.

"I think the pinwheels were a cool idea to remind us to pray for peace," Tayler said. "I like our Declaration of Peace because it's really important (for all of us) to get along if we want to have peace. I wish everyone in the world had to sign it."

In addition to this year's Pinwheels for Peace and Declaration of Peace projects, Ms. Myers and her Art Angels club at school sent 1,000 origami cranes to the town of Newtown, Connecticut, as a gesture of goodwill and healing at the start of their new school year.

IN THEIR OWN WORDS

For Evelyn Forrest's Birthday

Attention, Attention! This year, Thanksgiving falls on November 28, and that is Evelyn Forrest's birthday—she will be 90 years old! God has surely blessed her.

Anyone that knows her—family or friend—please take some time to send her a birthday card. Her address is: Evelyn Forrest, c/o St. Joseph's Ministries, 331 South Seton Center, Room 135, Emmitsburg, MD 21727.

— Thank You, Fay Kuhn

www.thecatocinbanner.com

SPORTS news

Boys Soccer Senior Night

On Tuesday, October 1, 2013, the Boys Soccer team recognized their seniors and their parents.

Courtesy Photo



Seniors (front row, from left): Graham Nettleton; Josiah Julian; Nick Lewis; Camden Kilby; Nick Kubala; Tyler Cuffe; Matt Athey; and special recognition for John Thomas, Catoctin High School's exchange student from Costa Rica (Host family Mr. & Mrs. Crone standing behind him).

Field Hockey Senior Night

On Tuesday, October 15, 2013, the JV and Varsity Field Hockey teams recognized their seniors and their families, with a ceremony following Varsity's game and win against TJ High School.

Photo by Grace Eyler



Seniors (front row, from left): Brooke Ridenour, Ashley Rowe, Maddy Harding, Ciara Walters, and Taylor Shank, shown with their supportive families.

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~Samuel Johnson

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Catoctin Sports Boosters to Hold Holiday Open House

The Catoctin Sports Boosters (CHS) will hold its 5th annual Holiday Open House on Saturday, December 7, 2013, from 10:00 a.m.-1:00 p.m. in the CHS cafeteria.

Cougar apparel (youth sizes, from 2T – XL, will also be available), as well as blankets and hats. A new T-shirt style and miscellaneous novelty items will be available for your Christmas shopping. Free gift wrapping service will be provided. In addition, there will be light refreshments and door prizes.

Share Your Sports News with the Community

Send us your Sports news & Sports photos to share in *The Catoctin Banner*!
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Santa's Christmas Craft Show

Location: Carroll County Agriculture Center "Shipley Arena"
708 Agriculture Center Dr. • Westminster, MD 21157

When: Saturday, November 23, 2013
Sunday, November 24, 2013

Time: (Saturday) 9 a.m. - 5 p.m.
(Sunday) 10 a.m. - 3 p.m.

Admission: \$3.00 - Adults
Children 15 & Under - FREE!



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by Valerie Nusbaum

Are You Ready for Some Football?

Our wedding anniversary rolls around each October, and every year I agonize over what to get for Randy. He's the man who has everything, and he's hard to shop for. This year, I made it easy on myself and got him tickets to see the Baltimore Ravens play at home. The tickets were an early gift, because the game was played in September, and I was counting on the weather being warm. You see, there were two tickets, and I knew I'd be going to the game with Hubby. I don't like sitting outside in freezing November weather.

I packed us some healthy, low-fat snacks for a tailgate party, and we left home around 10:00 a.m. on a beautifully warm and sunny Sunday morning. Randy kept saying that we didn't need to be in a hurry. We had plenty of time, since the game didn't start until 1:00 p.m. I suggested we stop at the grocery store and pick up some hot soup, but I had forgotten that I was wearing the bright purple Ravens shirt that Randy had bought for me. Randy was wearing his Ravens shirt, too. I started to feel uncomfortable with the looks people were giving us. So, I began explaining to everyone that we were going to a game, that the tickets were my anniversary gift to Randy, and that he had bought me the shirt and made me wear it.

The traffic was terrible in Baltimore. It was backed up for miles around the stadium. Evidently there are a lot of Ravens fans. We circled around and around, not able to get into the stadium parking lot. Randy was getting frustrated, and I was biting my tongue to keep

from mentioning that I had wanted to leave home earlier than we did. The slow traffic allowed me to read all the billboards, and I saw that Tandoori BBQ was selling Raven kabobs. I actually saw it three times, because that's how many times we circled past. I discovered that I could get a Ravens "fanicure" for my fingers and toes, but since I already had my lovely purple shirt, I figured that was more than enough fanware.

We finally found a parking space for \$20.00 in someone's driveway, a mile from the stadium. I was scared to death to leave the truck there, but Randy told me to stop worrying. No one else was there in the driveway to tailgate with us, but we had to eat something. So, we gulped down some carrot sticks and turkey roll-ups. No party for us. It was nearly 12:30 p.m., and we still had to get to the stadium and find our seats. We jogged the mile over there and shoved our way through the sea of purple. Purple everywhere! I had never seen that many crazy people, except maybe at a Nascar race, but that's a whole different thing.

When we finally got inside, there were ridiculously long lines at the bathrooms, and barely an empty seat in the house. We paid \$4.50 for a bottle of water, and \$7.50 for a Diet Coke in a commemorative cup. I almost got myself a shiny purple cowboy hat to keep the sun off, but then I saw someone else wearing one and elected not to go that route. It was hot, hot, hot in the sun, which made me wish I had opted for the November tickets instead, but it turned out that our seats were in the

shade for the entire second half of the game. They were actually great seats that we purchased from a friend who is a season ticket holder.

The Ravens won the game, but not because they played all that well. Yes, I said it—and yes, men, I do understand the game. The team in the pretty purple shirts scored some home runs and their pants were tight. We particularly enjoyed watching the man wearing the pink "52" shirt and the Ray Lewis mask. He ran up and down the stairs during the entire game, trying to get the crowd stirred up. I thought he had been hired by the team, but it turned out that he was just a fan who attends every home game. In all of the excitement, the guy in front of us dropped his hot dog all over the man in front of him. There was relish, ketchup, mustard and sauerkraut all over the poor man's shirt. The man who dropped the dog didn't apologize or clean it up. He was just mad that he'd dropped his lunch. I know he would have picked it up and eaten it if we hadn't been watching.

Randy and I were hungry, but I don't like hot dogs, and he didn't see anything on the menu that appealed to him. There was no healthy food for sale—not that we always eat as healthfully as we should, but we do try. We figured we'd eat some food when we got back to the truck, since most of our party was still in the cooler.

We walked the mile back to the truck and discovered that not only were we blocking in another car, but we had a flat tire. Poor Randy. It only took him eight minutes to change it, and he had quite an audience. There was applause when he finished.

I had fun. I'll admit it. But more importantly, Randy enjoyed himself. We ate our lunch on the way home.

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the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

Even though this article is non-nutritional, it has a wellness of its own. As parents, how often do we think about helping our children to build healthy self-esteem by them gaining a belief in themselves? After all, we (parents) are our children's first and most impressionable teacher, and there are things we can do to foster their confidence.

So, here is the opportunity to see what exists on a "Parents' Report Card." What are some of the things every parent can give their child? See how your grade adds up as a parent:

(1) Attitude: Try to have an encouraging "you can do it" attitude.

(2) Attention: Focused listening is required; children desire our attentiveness.

(3) Acceptance: Loving our children unconditionally.

(4) Appreciation: Even the smallest and most routine efforts should not be taken for granted.

(5) Applause: Look for opportunities to praise your child. It is better to praise than criticize.

(6) Affection: Express feelings of affection regularly through hugs, kisses, and loving expressions.

(7) Activities: Spending time as a family helps nurture positive family values.

(8) Aspirations: Encourage your children to have some future, attainable, and realistic goals.

If you scored "Straight A's" you are to be congratulated. Parents have a great impact on their child's development at home. Remember, our children's achievement is directly linked to the quality and quantity of A's they receive at home.

Stone Fence Gardens Proudly Presents 2013 Native American Festival

Stone Fence Gardens is excited to announce it will again be hosting a Native American Festival this fall. The Gardens have been offering this Festival for more than ten years and is thrilled to have Tomas Eaglebear and his Apache dancers from Colorado return again on November 16-17, 2013, from 10:00 a.m.-4:00 p.m. each day. Stone Fence Gardens is located at 6610 Mountindale Road in Thurmont.

John Wyvell, owner of Stone Fence Gardens, shares, "I'm eager to see Tomas and his family be with us again. We were not able to do this event last year for a variety of reasons, and it's wonderful to have the Native American dancers and drummers return. I consider my land to be sacred and I've always been drawn to the wisdom and culture of the Native American people. To have the drums beating across the Center's property is a beautiful thing and I love that the Native performers will be here again to share their dances, stories and more."

Tomas Eaglebear's group serves as a connection between Native Americans and non-native peoples. They perform nationwide, providing an insight into the lives of Native American people today. The group expresses the true values of the Native American people: that of cooperation, respect for others, giving a helping hand to our friends and family, listening to our teachers, taking care of our Earth Mother, and living each moment.

The group's presentations are appropriate for all age levels and include drumming, artifact display, and interactive song and dance with the audience along with question and answer.

In addition to Tomas Eaglebear and his dancers, there will be open drum circles during the day (10:00-11:00 a.m. and 1:00-2:00 p.m.), along with craft vendors, a bonfire and delicious food available. This is a family-friendly event that promises to be entertaining and educational. The event is held rain or shine.

Stone Fence Gardens are known for its owner, John Wyvell's, beautiful wood carvings and gift shop with Native American gifts along with other items. There is also an immense stone wall on the property created by one of the original property owners in the late 1800s. For more information, visit their website at www.stonefencegarden.net.



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Frank Feather

I'm fascinated with the impressive red barns that dot the countryside. Gus was doing some work for us last spring in Sabillasville, when he pointed out a couple of barns we could see along the road. He said that if you looked inside, you might find carvings on the beams. He mentioned the name of Frank Feather. "He did a lot of carvings inside barns around here." I had no idea who Frank Feather was, so I did some investigating on the internet and found that Frank Feather was a hobo, but not just any hobo; he's considered an artist, a tramp artist.

Feather was only one of many hobos on the road during the Depression era, about a ten year span. These wandering men traveled by rail throughout the country—searching for a better life, escaping responsibility or the law, or trying to reinvent themselves. As long as the weather was warm, they congregated in hobo jungle camps near railroad yards, where they could jump trains. Other times, they traveled the countryside asking for work in exchange for food and a night's sleep on dry stacks of hay. Fires were always a possibility, so many hobos gave their stash of matches to the farmer for safe keeping before bedding down for the night. Barns along the Maryland and Pennsylvania farms were perfect for the life of a hobo.

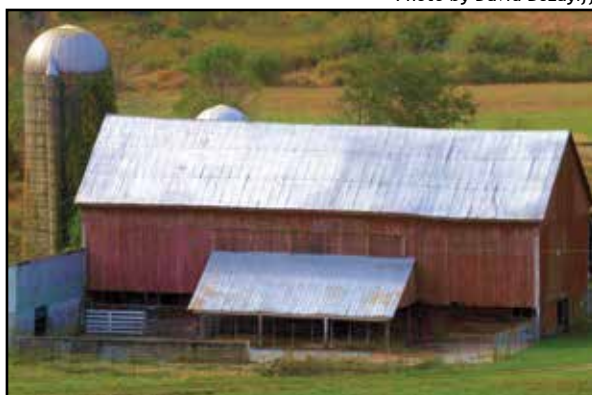
Frank Feather was such a man. His family thought he was lazy and were disappointed in his wayward and itinerant lifestyle.

However, during his lifetime, he left behind some outstanding art pieces: wooden carvings in the form of hand-crafted boxes, canes, racks for papers, letters, combs and brushes, spoons, and wall plaques. He died in 1951, in Frederick, homeless.

Frank Feather is a well-known name around this area. Bonnie and Betty at the Scenic View Orchard added that many of his art pieces bring in thousands of dollars at auctions today; the latest one sold to a collector in California. I found a hand-carved cane on display at the Thurmont Historical Society, one of many displays in the Cumberland Valley.

Not many of us will ever have to sleep on stacks of hay covered over with burlap sacks just to stay warm. Now with this chill in the air, most of us require warmer clothing to go outside. Yet, the Depression homeless managed to survive, but not without the generosity and kindness of others. There were and still are many generous people in the mountain area. They give with their heart. Have an enjoyable Thanksgiving Day. Be thankful.

Photo by David Bezayiff



Hospitality in a Western Maryland Barn.

Opportunities for Sharing

Fort Ritchie Community Center offers a week-long opportunity for Christmas-giving the first week of December. Individual families, school groups, churches, and organizations are welcomed to participate and help put smiles on faces this Christmas.

It all begins on December 1, 2013, and ends on December 8, 2013, with a Christmas Tree Lighting ceremony. December 1 is dedicated as Letters to the Military Day. December 2 is dedicated as Donations for Local Nursing Homes—toiletries, Christmas pins, puzzle books, or stationary are just a few suggestions. December 3 is dedicated as Collecting Coats and Mittens Day. December 4 is dedicated as Pet Day. This is an opportunity to donate pet food and items for local Humane Societies. December 5 is dedicated for collecting clean and gently used baby items for Pregnancy Ministries. December 6 is dedicated as Canned Food Day. All food donations will be given to shelters, including the Hot Line, which serves the mountain area. December 8 is the Holiday Craft Bazar. Son's of the American Legion will have food for sale on that day. This organization raises money throughout the year to buy Christmas gifts for local elementary students.

For more information contact Bev Coyle at www.thefrcc.org or phone 301-241-5081. The Fort Ritchie Community Center is located at 14421 Lake Royer Drive in Cascade, Maryland.

Looking to adopt a mountain child or family for Thanksgiving or Christmas? Call the Mountain Hot line at 717-762-9050. Donations are desperately needed.

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Don't forget to drop your change to benefit area food banks.

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Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at news@thecatoctinbanner.com. Let your creativity shine.

Precious Moments in Time

by Helen Ramsey

The gift of life fades
as quickly as the sun
sets in winter - lovely
rays spread across
western sky - sometimes
leave us breathless -- although
we cannot hold them
they remain in memory
or inspiration, and we rejoice
at their occurrence, remember
how lovely the gifts of nature
that bring such joy to our senses
as we pass through time. We notice
change wherever we look,
the greatest within comes alive,
moves forward into consciousness
makes us seek deeper levels
of meaning and truth. We uncover
new ways, different meanings, new
purpose, unpredictable means of discovery—
“Ego Amo Te, Abba!”

Colors ~ Changes ~ And You

Spectacular beauty, color galore.
Lights up the skies... wishing for more.
A moment in time so blessed am I.
Capturing the warmth; the sky.
Think of the colors as you and I.
Many moods we are, as the sky.
Be sunny or bright, or dark and gloom
The many changes ~ inside.
The orange colored sun, brightly it shines.
So powerful and calm at the same time.
Close your eyes and ponder the fact.
The sky within ~ you and I.
Slowly it descends from its great height.
Not wanting to end, it puts up a fight.
End of the day, our anxious self.
Hesitant in thought... tomorrow.
One last look, the sun and I.
Orange to purple right before my eyes.
Be bold and true for tomorrow awaits.
Colors ~ changes ~ and you.



(Poem and photograph
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Bees Covered in Pollen

by Linda Calhoun

I was outside on a gorgeous Saturday a couple weeks ago, pulling weeds from around my Rose of Sharons, when I noticed many bees—more than I have seen in years. They would fly into the flower and make circles around the center pod. As they would do this, their entire body would become a solid mass of yellow. I have never in my life seen so much pollen covering the bodies of the bees.



Now mind you, I am allergic to bees. However, they were very nice to me while flying around my head.

At one point, while I was concentrating on taking a photo of a bee, I could hear the buzz of another bee extremely close to my ear. I thought to myself, this is it, I am going to get nailed. But, thank goodness, as I stood perfectly still, the bee went about its business. Wow...that was close.

I could just hear my husband if I had gotten stung, “Why in the world were you that close to the bees when you are so highly allergic to them?” Of course, my answer would have been, “Because they are there, and, besides, I was having so much fun taking their pictures I wasn’t even thinking about them stinging me.” Sometimes a bit of a risk pays off.

Follow the pollen falling off the bees, and, I’ll betcha’, you’ll find their nest. Did I follow the bees? Naaaa, I figured I had pushed the limits enough for one day. But, tomorrow is another day.

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The Young Catholic Woman

Carolyn Shields, a senior at Mount St. Mary's University, recently launched a website called: theYoungCatholicWoman.com (YCW). Largely inspired by the popular *Darling* and *Verily* magazines, the YCW serves as a place of encouragement for women as they journey toward Calvary.

YCW claims, "As young women, these are the days when we slave over trying to understand God's will and trying to decide whether or not the 50 cent vanilla shot in our latte is really worth it (it always is). These are the days when 90% of our prayers are about men."

"The idea was formed hours after my boyfriend broke up with me this past summer," Shields said. "I immediately knew that I needed a project to dedicate my heart to, so I wouldn't dwell on its brokenness; but, more so, I didn't want that pain to go to waste. I wanted to create something beautiful from it. When we feel at our lowest, we must make ourselves a gift."

Though certainly not exclusive to Catholic women, the YCW is a host site for trending articles on relevant issues for women. Shields's hope is that it will soon become a hostess to a plethora of original articles, written by her and by contributors.

"I won't pretend that I know it all. I feel like after this summer, more than anything, I've learned that I know next to nothing, which is why I'm directing my audience to other blog posts and promoting other's articles. But I wanted to create a site where all of these articles are in one place," Shields said.

Trending original articles at the moment include, "What to Do When It Hurts like Hell," "Emma Watson Kinda Lies about Modesty," and "Choosing Your Child's Name...Five Years in Advance." The most frequently viewed pages are Relationships, Feminine Beauty, Let's Get Physical, and The Art of Simplicity, a collection which attempts to help women perfect simplicity. Carolyn's Chronicles is still under development but will be an amalgamation of blog posts and lessons that Shields learned in the ten countries she visited, including her recent mission trip to China.

"I want to keep myself backstage," Shields said. "And I want to make it clear that the Young Catholic Woman is not a blog. That's a crucial point I want to make. There is a blog section, but the YCW is a website which serves as a place of feminine insight into the joy, companionship, frustration, heartache, and autonomy on this beautiful journey to Calvary. It is a place of encouragement."

Find the Young Catholic Woman on Facebook. If you are interested in submitting articles, check out the guidelines on the webpage. Questions or comments? Would you like to sponsor this mission? Contact Shields at founder@theycw.com.



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fitness matters

Expert Answers to your Health and Wellness Questions

by George Puvel, Anytime Fitness Owner

Question: What's best for vegetables—fresh or frozen?

Answer: Vegetables are vegetables. The key here is that you're eating them—be it fresh or frozen. When eating fresh vegetables, choose ones that are in season for enhanced flavor. If choosing to cook your vegetables, remember that the vitamin and mineral content of produce is greatly influenced by high temperatures, exposure to light, and acidity. To maximize the nutritional value of cooked vegetables, here are a couple key recommendations:

- Cook your vegetables for as short amount of time as possible. Hallelujah for the microwave!
- Minimize the amount of water used to cook vegetables to prevent leaching of nutrients into cooking water.

As winter approaches and farmer's markets become a fleeting memory, so does access to fresh produce. Turning to frozen vegetables is a viable replacement during those cold winter months, as vegetables are flash frozen at their nutrient rich peak. Maximum nutritional value and a lower price (generally) - you can't beat that!

Question: How do you replace white flour with whole-wheat flour in a baking?

Answer: The major motivator for replacing white flour with whole-wheat flour is the obvious nutritional advantage. Whole grains can help lower blood pressure, reduce risk of chronic disease, aid in weight maintenance, and provide additional fiber. So why not bake a little extra healthiness into your favorite foods? Sounds easy, right? Not exactly. Whole-wheat flour behaves very differently in a recipe than white flour. Therefore, certain adjustments must be made when substituting whole wheat for white. First off, substituting whole-wheat flour for white flour one-to-one is a no go. Whole-wheat flour absorbs much more liquid, so it may be necessary to add more liquid or decrease whole-wheat flour by ¼ cup. Now I must provide this disclaimer - the texture of baked products is altered when whole-wheat flour is used in place of white. When using whole-wheat flour, the product becomes denser. This is because the germ, a component of the wheat that is removed from white flour during milling, inhibits gluten formation.

Gluten is a protein that makes extensive networks, assisting baked products in rising. Less gluten = less rise and therefore a less fluffy product. The food industry and sensory scientists have been working for years to successfully create a whole-wheat product with the same texture as white flour. We're still waiting! In the meantime, a good way to combat this texture issue is to compromise - use half white flour and half whole-wheat flour. You get the added nutritional benefit, and the product remains edible. You can also try adding a tad bit more baking powder or baking soda (other key players in leavening that baked good).

Question: Short of taking pills, powders, and potions, what else can I do to detox my digestive tract?

Answer: We're coming up on that time of year when want to have a rocking bod, but everything is working against us—Halloween, Thanksgiving, Christmas, etc. What do all these things have in common? They all focus on food (and most times, too much food). Luckily there are a handful of yoga postures that can health-ify your gut in no time without the hunger pangs of a juice cleanse. These poses include:

- Paschimottanasana (Seated forward fold): In a seated position with legs long, gently extend arms overhead and reach for toes. Focus on lengthening the chest on inhales and pulling the chest towards thighs on exhales.
- Ushtrasana (Camel pose): Come to your knees with your feet hips-width distance apart. Place hands on lower back as if placing into back pockets. Extend gaze towards the ceiling while gently beginning to lean back.
- Ardha Matsyendrasana (Seated spinal twist): Come to a seated position with your left leg extended long, and right knee bent over left. Gently twist to the left, placing the left arm at the base of the spine, and your right arm on the right knee. Repeat on other side.
- Supine Spinal Twist: In a supine position, hug your right knee into your chest. Gently pull the right knee over the extended left leg, reaching the right arm out to form a "T," and gazing right. Repeat on other side.

Most of the postures focus on one of two movements to the stomach and small intestine: twisting/rinsing, or stretching/lengthening.

When performed together, these movements encourage the body to eliminate toxins. Our digestive tracts go through a lot—that's why it's important to take a second and show our bodies some love. Incorporating some of these yoga poses into your daily routine may aid in digestion,

improve acid reflux, relieve pain, and combat gastrointestinal disturbances.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

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2013 Thurmont & Emmitsburg Community Show

2013 Thurmont & Emmitsburg Community Show Champions

Fresh Fruits - Champion - Martha Hauver (Peaches), Reserve Champion - Wyatt Black (Grapes); Fresh Vegetables - Champion - Nathan May (Potatoes), Reserve Champion - Zack Portner (Red Tomatoes); Home Products Display - Champion - Roxanna Lambert; Reserve Champion - Charlotte Dutton; Canned Fruit - Champion - Linda Franklin (Peach Pie Filling), Reserve Champion - Jackie Troxell (Whole Yellow Cherries).

Canned Vegetables - Champion - Carolyn Hahn (Whole Green Beans), Reserve Champion - Carolyn Hahn (Carrots); Jellies & Preserves - Champion - Roxanna Lambert (Peach Preserves), Reserve Champion - Denise Shriver (Strawberry Preserves); Pickles - Champion - Joyce Glass (Watermelon Pickle), Reserve Champion - Joan Staub (Dill Pickle).

Meat - (Canned) - Champion - Elmer Titman (Canned Venison), Reserve Champion - Kristen Dugan (Canned Chicken); Meat - (Home Cured) - Champion - Robert McAfee (Ham); Reserve Champion - Catoctin FFA Alumni (Ham).

Baked Products - Bread - Champion - Maxine Troxell (Onion Bread), Reserve Champion - Valerie Cox (Wheat Bread); Cake - Champion - Dawn Hobbs (Chocolate Cake), Reserve Champion - Maxine Troxell (Sponge Cake); Pie - Champion - Denise Shriver (Apple Pie), Reserve Champion - Denise Shriver (Peach Pie), Sugar Free - Champion - Dawn Hobbs (Sugar Free Peach Pie), Reserve Champion - Roxanna Lambert (Diabetic Bread).

Sewing - Champion - Elizabeth Shipps (Knitted Clothing), Reserve Champion - Rae Rippeon (Counted Cross Stitch); Flowers & Plants - Champion - Roxanna Lambert (Wreath), Reserve Champion - Roxanna Lambert (Dining Table Arrangement).

Arts, Painting & Drawings - Champion - Pat Manahan (Painting), Reserve Champion Charlotte Dutton (Watercolor Painting); Crafts - Champion - Charlotte Dutton, (Woodcrafts other than furniture (hand-crafted)), Reserve Champion - Marie McAfee (Wild Grass Basket).

Photography - Champion - Kenneth Trout (Color Photo), Reserve Champion - Erin Merritt (Black and White Photo).

Corn - Champion - Dallas McNair (Corn), Reserve Champion - Richard Manahan (Com); Small Grain & Seeds - Champion - Glenn Eaves, Jr. (Wheat), Reserve Champion - Glenn

Eaves, Jr. (Barley); Eggs - Champion - Nancy Grimes, (Brown Eggs); Reserve Champion - Sheri Kuhn (White Eggs); Nuts - Champion - Edward Hahn (Black Walnuts), Reserve Champion - Charlie Saylor (Shellbarks).

Poultry & Livestock - Champion - Cody Romsburg, (Rooster); Reserve Champion - Cody Romsburg (Bantams- I rooster& I hen); (Rabbit) - Champion - Laura Dutton (Dwarf Rabbit); Reserve Champion - Laura Dutton (Market Rabbit).

Dairy - Champion - Matthew Lenhart (Brown Swiss Summer Yearling); Reserve Champion - Dusty Hahn (Milking Shorthorn); Dairy Goats - Champion - Olivia Dutton - (Goat), Reserve Champion - Laura Dutton (Goat).

Hay - Champion - Charlie Saylor (Mixed Hay), Reserve Champion - Dalton Saylor (Orchard Grass Hay).

Junior Department - Champion - Kaitlyn Solich (Sewn Item), Reserve Champion - Gavin Sanders (Shell Collection); Junior Department Baked Product - Champion - Paige Baker (Chocolate Cake/Peanut Butter Icing), Reserve Champion - Jessica Martin (Yellow Cake/Chocolate Icing); Youth Department - Champion - Taylor Shank (Charcoal Drawing), Reserve Champion - Olivia Dutton (Sewn Item - by hand - felt wool table runner).

Youth Department Baked Product - Champion - Stephanie Kennedy (Lemon Pound Cake), Reserve Champion - Ricky Adkins (Chocolate Cake).

Beef - Champion - Ashley Ridenour, Reserve Champion - Breann Fields; Sheep - Champion - Ashley McAfee, Reserve Champion - Lauren Schur; Swine - Champion - Austin Ridenour, Reserve Champion - Dakota Bittner.

Decorated Animal Contest - Champion - Olivia Dutton (Goat), Reserve Champion Wyatt Davis (Hog).

Pet Show - Champion - Charlie Saylor; Reserve Champion - Arielle Mumm.

Barnyard Olympics - Champion - Brietta Latham, Reserve Champion - Austin Ridenour.

2013 Thurmont & Emmitsburg Community Show Horseshoe Pitching Contest and Log Sawing Contest and Decorated Animal Contest Results

Winners in the 33rd annual Robert Kaas Memorial Horseshoe Pitching Contest were: 1st - Rick Wivell and Johnny Buhrman, 2nd, Dick Wivell and Justin Willard, 3rd Dale Kaas and Gary Willard.

The 33rd annual log sawing contest winners were: Children's Division (14 years old and younger) 1st - Jessica Martin and Ray Martin, IV (3:35:44); Men and Women's Division 1st - Tyler Cole and Bridget Bittner (1:39:09); 2nd - Stacey Ridge and Steve Strickhouser (2:00:00); Men's Division - 1st - Justin McAfee and Jeff McAfee (45:05); 2nd- EicTroxell and ZackWillard (1:19:00); 3rd - Steve Strickhouser and Robert McAfee (2:07:05).

The winners of the Decorated Animal Contest were: Champion - Olivia Dutton (goat), Reserve Champion - Wyatt Davis (hog). Other participants were Jessica Martin (calf, Paige Baker (rabbit), Danielle Baker (chicken), Ryan Martin (calf), Laura Dutton (goat) and Peyton Davis (rabbit). The Judge of the decorated animal contest was David Eigenbrode of Frederick. Each of the contestants received a ribbon and prize money was divided among the eight contestants.

The Pet Show was held on Saturday, September 7, at Catoctin High School. Chairmen for the event were Dave Harman and Dave Johnston. The Judges were Bob Miller and Gail Powell.

They selected a golden retriever dog, owned by Charles Sayler, as Grand Champion of the show. He received a rosette ribbon and gift certificate to the Thurmont Feed Store. The Reserve Champion was a long-haired dachshund, owned by Arielle Mumm. She received a rosette ribbon and gift certificate donated by Main Street Groomers.

Participants received cat and dog food donated by the Thurmont Feed Store and coupons donated by Taco Bell and Kentucky Fried Chicken.

Results of the show listed as first, second, third and honorable mention respectively are as follows; Cat with Prettiest Eyes- Amanda Study; Cat with Longest Whiskers-Peggy King, Amanda

Study; Cutest Cat-Amanda Study, Peggy King, Donna Betteridge.

Best Trained Pet-Debbie Harbaugh, Mary Glenn Crutchley, Stacey Flanigan, Natalie Johnson, Eric Ligsay.

Dog with Wiggliest Tail-

Charles Sayler, Paige-Marie Woods, Maxine Troxell, and Taryn Ligsay. Prettiest Dog (25 pounds and under)- Tyler Donnelly, Raymond Bentz, Cole Hahn, Connor Jessup. Prettiest Dog (26 pounds and over)-Charles Sayler, Taylor Clarke, Kyle Burd, Debbie Howd, Rachel Boggs.

Best Costumed Pet-Arielle Mumm, Danielle Michael, Emily Kline, Natalie Johnson.

Pet with Most Spots-Heather Michael, Mary and Glenn Crutchley, Danielle Michael.

Largest Pet-Danielle Michael, Kelsey Kerns, Taylor Clarke. Most Unusual Pet-Brittany Sweeney, Tierney Monaghan, Danielle Michael.

Smallest Pet-Brittann Sweeney, Amber Michael, Heather Michael, Cole Hahn, Raymond Bentz.

Barnyard Olympics Results

The Barnyard Olympic Competition was held on Sunday, September 8, at Catoctin High School during the Thurmont and Emmitsburg Community Show. Serving as chairmen were Dave and Jared Harman.

Participants' race against time in a course designed to do farm chores, such as gathering eggs, placing ears of corn in small wheelbarrows, and carrying bales of straw.

Winners are listed as first, second, and third place respectively; Ages 5-6-Cole Green, Dallas Baker, Aiden Reese; Ages 7-8-Joel Miller, Peyton Davis, Donovan Baker; Ages 9- 10-Wyatt Davis, Kiandra Strickhouser and Addison Eyler (tie) Danielle Baker; Ages 11-13-Austin Ridenour, Kallan Latham, Laura Dutton; Ages 14 and Over- Brietta Latham.

Selected as Grand Champion was Brietta Latham and Reserve Champion was Austin Ridenour. Each received a rosette ribbon.

Photo by James Rada, Jr.



2013 Pet Show Champions are pictured during the Thurmont & Emmitsburg Community Show.

our neighborhood veterans



by Jim Houck, Jr.

We, the members and volunteers from our neighboring veterans organizations, have had a very busy schedule—aiding veterans, disabled veterans, senior citizens, kids, and our communities, in general—on various events these past few months. We, The Sons of The American Legion Squadron 121, kicked things off on January 12, 2013, with a Pig Roast Fundraiser for our community funds account, and had a great turnout at our Post Lounge. Overall, the guests gave positive feedback, so we agreed to have another pig roast fundraiser as an annual event.

The next fundraising event took place at VFW Post 6658, and was sponsored by The Men's Auxiliary of VFW Post 6658, on January 26, 2013, in our dining hall in the form of a 4-way Oyster Feed, meaning we had them raw, steamed, fried, and stewed. The event was a success. Our guests went away very content, raving about how good the oysters were and how there was no standing in long lines, because the shuckers were so fast. We then decided to make the Oyster Feed an annual event and to hire the same shuckers each year, as long as possible.

The next fundraiser was held at AMVETS Post 7 in Thurmont, and was held by the veteran members of Post 7 on March 2, 2013, in the dining hall in the form of a 4-way Oyster Feed—this is already an annual event. The oysters were very good, and it seemed everyone enjoyed themselves. I know I will try to be there next year, because I enjoy the oysters all four ways; they were excellent.

The next event we had was a Birthday Dinner and Program celebrating the Birthday of The National American Legion Organization and the 77th Birthday of Francis X. Elder American Legion Post 121, held on March 9, 2013 in the Post lounge. President Penny Adams of ALA Unit 121 did a great job of organizing the event, and her ladies prepared and served a very good meal. Penny gave a speech, as well as Doug Adams, who was filling in for Commander Dale Valentine. There were guest speakers, and award certificates were given to officers of The Sons of The American Legion by their Commander Jim Houck, Jr. for great service and being great aides, and who, without their help, he could not do the job.

The Sons of AMVETS Squadron 7 held their annual Fish Fry Fundraiser on March 23, 2013, at the AMVETS Post 7 Dining hall. The Fish was excellent as always, and the crowd was enjoying the food and games and helping build our funds for the various donations we make to Veteran Homes, VA Hospitals, Nursing Homes, and food banks.

ALA Unit 121 held a Pub Crawl fundraiser on April 27, 2013, and I was told it was successful and they were able to donate to the various community programs they had committed to.

The 1st Annual AMVET of the year awards were presented at AMVETS Post 7 Dining Hall on May 4, 2013. The Award for AMVET Veteran Member went to Mike Mahoney and he was overwhelmed by the award and was so choked up he could barely speak. The Award for Auxiliary Unit 7 went to Mary Forrest and she was given a rose by each of her grandchildren. The Award for Sons of AMVETS Squadron 7 went to Richard Fleagle (Uncle Dick), and he was very surprised and thankful. All three awarded were well-deserving of the award and always go above and beyond what is expected of them. I am proud to know all three. The awards were presented by Commander Donny Shaffer and 1st Vice Commander Tom Joy. The colors were presented by Post 7's own Honor Guard led by Ed McKinnon.

Sons of The American Legion Squadron 121 held their annual Fishing Derby for Kids on June 1, 2013 and had a great turnout of kids and parents. We had around 180 kids sign in and they all received a tackle packet when they signed in and got to pick a prize from the prize table. The kids and their families received free hot dogs, snacks, and soda or water. We are looking forward to next year being as great as this year.

The next event was Flag Day celebration in Thurmont's Memorial Park on June 14, 2013 and was a joint effort between Thurmont American Legion, Thurmont AMVETS and Emmitsburg American Legion. They alternate between Emmitsburg and Thurmont each year. All three Color Guards participate in the ceremony. The boy scout troops from Emmitsburg and Thurmont also participate, and at

the end of the ceremony, all of the tattered flags that have been turned in by the people in our community are burned and guarded until the flags are ashes.

On July 11, 2013, the Thurmont Parade was the next event in which The AMVETS from Post 7 marched in lead position. Auxiliary Unit 7's President, Diane Kelly, and other members were in the parade in a covered wagon float throwing candy to the kids and they had some young ladies distributing flags to on-lookers along the parade route. Some other members of the post including SAL Squadron 7's Commander Mark Ziender and some members were tossing candy along the parade route, also.

Sons of the American Legion Squadron 121 had a Wing Feed Fund Raiser for Eddie Little on July 20, 2013, a well respected man in our community who is confined to a wheel chair. The fund raiser was to help buy a generator and help buy materials for a deck for easy access. The fundraiser, chaired by Mike Hartdagen, went very well. The entertainment was donated and performed by The Friends Creek Pickers and they did a great job playing bluegrass and country music. A special thanks to all who participated and due to the generosity of the guests, we were able to add \$2000.00 to Ed's Fund and I understand he has received a new generator and the deck will soon be built. We give a very special thanks to the folks at the Emmitsburg Ambulance Building, and you know who I'm talking about, who helped make this a successful fund raiser.

July 28, 2013 was the annual Post Everlasting Ceremony at AMVETS post 7 in Thurmont. The ceremony pays respect to the members of Post 7 that have passed on in the past year and to their families. This is a beautiful ceremony and is well performed due to the perfection of Ed McKinnon and his award winning Honor Guard. God bless the members and the families of the fallen.

On August 25, 2013, volunteers from FXE American Legion Post 121, VFW Post 6658 and AMVETS Post 7 helped Mary VanBuren, director of activities at the Brethren Home at Cross Keys, with veterans from WWII on a trip to Camden Yards to watch an Orioles game. The WWII veterans ranged in age from 88 to 99 years old and the 99 year old celebrated his 100th birthday October 5, 2013. They all were able to enjoy hot dogs while shouting for the Birds to win. Bob Gebhart is a lifelong fan of the Orioles, but had never been to see them play live and this was a very special day for him.

All WWII veterans were recognized that day, as all were seen on the field screen. I was awed at how much fun they had and seeing some of them wanting to jump up out of their wheelchairs to cheer. It was a fun-filled day for all who participated. This is the reason we members volunteer for these trips.

On August 27, 2013, the volunteers assisted St. Joseph's Ministries (formerly St. Catherine's Center) on a luncheon trip to Golden Coral in Wayne Heights, Pennsylvania. We each asked our assigned resident what they would prefer from the buffet and we then got what they preferred and served them. We got them desert if they wanted and when everyone was satisfied, we volunteers ate. Everyone enjoyed the food, and when it was time to leave, we pushed them in their wheelchairs across the parking lot and into a store so they could shop for some things to take back with them. They talked on the way back about how good the food was and about the things they bought, so I think they had a good time.

On September 6, 2013, we assisted the Brethren Home at Cross Keys PA in taking some residents to The York Fair in York, Pennsylvania. We took them to the buildings with chickens, cows, sheep, goats, pigs, llamas, alpacas, and horses. We seated them at tables and found out what they wanted to eat and got it for them. When they were finished eating, we stopped at some other exhibits on the way to load onto the bus for the ride back. A very enjoyable day was had by all.

On September 7, 2013, F.X.E. America Legion Post 121 held their Annual Members Crab Feed at Kumps Dam Park. The volunteers helping with the event did an excellent job of preparing the food and being ready when the members arrived. Ernie Gelwicks was responsible for ordering food and organizing the feed and he did a great job. The crabs were really good and so was everything else. We had about four bushels of crabs left, but when they went on sale they didn't last long. Games included corn hole and it seemed the sets were constantly being used. A special thanks to all participants helping and attending.

On September 25, 2013, we volunteers assisted The Brethren Home at Cross Keys, Pennsylvania, with a trip to The Franklin D. Roosevelt Memorial in Washington D.C. The residents were taken to each section of the memorial and several pictures were taken of them in front of various scenes. They were then wheeled along the water and, while sitting in the shade of the cherry trees, ate a bag lunch,

Our Neighborhood Veterans — Continued from page 32

prepared for them by the kitchen staff at the Brethren Home. After lunch, we all loaded on the bus and were given a guided tour by the bus driver, Bill. Bill was very knowledgeable about D.C., because he drives for a bus line that give guided tours to D.C. three times a week. The day was filled with enjoyment and knowledge.

On September 26, 2013, we volunteers assisted St. Joseph's Ministries with a trip to Gettysburg, Pennsylvania, to the Gettysburg National Cemetery. We pushed residents in their wheelchairs up hill and down hill, around turns, and stopped to look at markers at various places in the cemetery. We stopped in front of monuments, where pictures were taken of all. When we were done

touring the cemetery, we loaded on the bus and were taken for ice cream. What a wonderful outing this was and, again, a learning experience.

I really enjoy being a volunteer and being able to help those who have given so much of their lives, but are no longer able to do for themselves. I will continue doing this until I can no longer do it. I have such a good time listening and learning from these people, and, after all, one should continue to make life a learning experience. I don't have all of the functions that volunteers have participated in, but I hope I have given everyone an idea of what volunteerism is all about.

God Bless our Veterans, our troops in war zones, and all volunteers.

community veteran event board

Send your Veteran Organization's News

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VFW Post 6658 Emmitsburg

Upcoming Events: Halloween Party/DJ Southpaw on Saturday, October 26, 2013, at 9:00 p.m.; Monthly Meeting Night on November 6, 2013, at 7:00 p.m.; Shrimp and Chicken Feed by the Men's Auxiliary on November 9, 2013, from 4:00-7:00 p.m., followed by DJ Southpaw, from 8:00 p.m.-12:00 a.m.; Turkey and Ham Give-A-Way by Men's Auxiliary on November 16, 2013, from 6:00-10:00 p.m.; Veteran's Day Open House on November 10, 2013, from 1:00-9:00 p.m.; Monthly Meeting Night on December 4, 2013, at 7:00 p.m.; 4-Way Oyster Feed by Men's Auxiliary on January 25, 2014, from 4:00-7:00 p.m.

AMVETS Post 7 Thurmont

Upcoming Events: Halloween Dance on October 26, 2013, from 8:00 p.m.-12:00 a.m.; 125 Club on November 2, 2013, 6:00-9:00p.m., Population 3 Dance, from 9:00 p.m.-12:00 a.m.; Veterans Day Bus Trip to Arlington National Cemetery on November 11, 2013, begins at 7:30 a.m.; Members Chili Cook Off on November 23, 2013, 5:00-8:00 p.m.; Auxiliary Quarter Auction on November 24, 2013, from 1:00-5:00 p.m.; Post 7 Ham and Turkey Give-A-Way on November 27, 2013, from 6:00 -9:00 p.m.; Thanksgiving Day—Post 7 Closed. Auxiliary Bingo: November 6, 20 and December 4, 18, doors open at 5:30 p.m.

F.X.E. Elder American Legion Auxiliary Unit 121

Unit 121 has been busy this past month enjoying a dinner at Hillside honoring our Gold Star Mother.

We had three members attend the Western MD District meeting in Westminster, during which our unit was presented with four second place awards. The awards were in the following programs: Children and Youth, Community Service, Americanism, and Veterans Affairs and Rehabilitation. We had one member attend the Annual Fall Conference in Frederick as well.

We are currently working on our Poker Pub Crawl fundraiser and would like to thank all of our sponsors: The American Legion Post Home, the Ott House, The Palms, the VFW, Reds Tavern, and Stavros.

Dates to save: November 5—Unit Meeting at Post home at 7:00 p.m.; November 9—Annual Auction at 7:00 p.m. (soup, sandwiches, and desserts will be available for purchase); November 11—Veterans Day (Thank a Veteran for their service); December 14—Member Holiday Party at 4:00 p.m. (you must RSVP at the Post home).

If you are not a member and have a father, grandfather, husband, or stepfather who is a Veteran, stop by the Post home and we would be glad to assist you in becoming a member!

Veteran Event Board — Continued on page 35

AMVETS Post 7 Auxiliary Car Show on September 21, 2013, held at Thurmont Carnival Grounds



Winner of the Ladies Auxiliary of AMVETS Post 7 Trophy



Winner of Men of AMVETS Post 7 Trophy



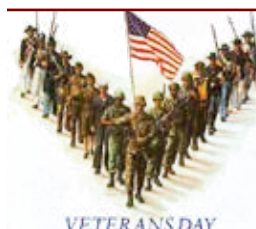
Photos by Jim Houck, Jr.



Winner of Sons of AMVETS Squadron 7 Trophy



The Catoctin Banner



Observe Veterans Day

November 11, 2013

Thank a Veteran for their Service

FISHY Pic!

Happy fishing!



Maceo Zelenka (8 years old) of Thurmont caught this small mouth bass on the Monocacy River, fishing with his Dad.



The Catoctin Banner

Courtesy Photo

Tickling Our Tastebuds

by Denise Valentine

Hello, everyone! I found this delicious breakfast recipe when I was looking through this cute little cookbook that I purchased last year. It is a pancake variation that is something like you might order at your neighborhood I-Hop—Applesauce Pancakes. And, they are yummy!

With the holidays fast approaching, I thought you might be looking for something new to add to your breakfast/brunch menu. These can be whipped up in no time. I hope you have a great Thanksgiving.



Applesauce Pancakes

- | | |
|------------------------|------------------------|
| 2 cups dry pancake mix | 1 cup applesauce |
| 1 teaspoon cinnamon | 1 teaspoon lemon juice |
| 2 eggs | ½ cup milk |

In a large bowl, combine pancake mix and cinnamon. Form a well in center of mixture and add eggs, applesauce, lemon juice, and milk. Stir until mixture is smooth. Preheat a lightly greased griddle or frying pan to medium high heat. Pour ¼ cup of pancake batter onto hot griddle or pan. Flip pancake to cook both sides. Repeat with remaining batter. Serve hot.

Daybreak Adult Day Center’s Biggest Fundraiser

Daybreak Adult Day Center is pleased to announce their biggest annual fundraiser, “It’s a Wonderful Wreath” event on Saturday, November 23, from 7:00-9:00 p.m. This is both live and silent auction for wreaths, centerpieces, and swags of very unique designs and holiday pairings as well. The evening will include lite refreshments, music, and local celebrities. Tickets are \$12.00 in advance and \$15.00 at the door.

The funds and sponsorships for this event help to provide services to senior citizens and their families in need and who may have financial limitations. Daybreak is proud to have been able to provide Frederick County with safe and stimulating programs for seniors with medical and cognitive limitations, as well as respite care for over twenty-four years. For more information, call Daybreak Adult Day Center at 301-696-0808.

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Nov. 15/16 - Sticktime
Nov. 22/23 - Wyld Fire
Nov. 29 - DJ Solarize
Nov. 30 - Half Serious

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by Labella A. Kreiner

Catoctin Chronicles

These past few months have ended the first marking period of the 2013-2014 school year and things have been, "Wicked awesome!" Our sport teams have been very successful and the coaches are more than just proud. It's amazing to see the potential these teens have and how they strive to do their best with each game or meet. But that's not all that's happening up here at Catoctin. With Homecoming around the corner, things are bound to get very exciting. Plus, club activities have sprung into gear and already there have been a few fundraisers and activities hosted to help change the community.

The S.H.O.P (Students Helping Other People) club hosted a fundraiser called Hats on Day where students could donate a dollar in order to wear a hat around the school for a day. This is looked forward to every year by students and has received great reviews from the teens that contribute. This year the proceeds are to go to our own Learning for Life program to help those students who have special needs. This helps our community a lot and helps pull everyone together as they try to encourage the learning of all. It's amazing to see fellow students donate their spare change in order to change the lives of others.

Did you know that in our county today there are around 275 homeless people living on the streets? This is a 4% decrease in the homeless population in 2012, and I know it can decrease even more! In order to make a difference the S.G.A (Student Government Association) hosted a fundraiser where the winning grade got to pie a teacher in the face. As a new activity hosted by the club, students found it to be hilarious and were happy to support the cause. By donating funds during lunch periods the students helped raise money for our local food bank. No matter how small the donation, the students were gratefully thanked for their support and kindness to those in need.

The Catoctin Leo Club worked very hard with the Thurmont Lions and Thurmont Middle School Leos during Colorfest. For those of you who were able to stop by the food stand and purchase their amazing fried Snickers, you probably saw how hard-working and positive these wonderful teens are. By putting forth the time to help out, they were able to aid the Lions to raise money to put back into the community. By doing so, these teens

started a ripple effect, sharing their happiness in order to make someone else happy. Good work, Leos!

As far as sports are concerned, the varsity football team has a 3-3 win-loss ratio, the girl's varsity volleyball team has a 3-6 win-loss ratio, the girl's soccer team has a 2-4-1 win-loss-tie ratio. These teams are doing great work as they try to better themselves as the season closes and work towards championship seasons. Also, the girls cross country varsity team recently won 1st place at the Keyser Invitational and at the Urbana Invitational, scoring above their top competitors for Regional and State titles. Overall, these teens are facing more challenging competitors as the season progresses.

One of the Cross Country Coaches, Mrs. Gibbons, of our own History department, quoted, "It's really exciting to be stepping into the championship season. Our athletes are highly competitive with MVAL's and with our County meets approaching. Our major focus is on States. The boys varsity team has had two state finals already and we're looking to be competitive again. The girls varsity team has had a very successful season thus far. They're highly competitive and we're looking to have some outstanding performances. I always tell them to, 'Leave it out on the course.'"

As you can see, Catoctin has been full of students with goals and ideas to strive toward. Together they can all shoot for the stars and aim to better themselves and the community around us. With so many opportunities around the corner, they're sure to invoke major changes in our town and area. So, as a challenge this month, I want everyone to look for a single opportunity to help out in our community, take hold of it, and turn it into something amazing. Who knows, you may change a lot of people's lives without knowing it. Pass the ripple of happiness around and see where it ends up taking you. Thanks for reading this month's article, and I hope to catch you up next month with events up at Catoctin. See you all in December with updates on the start of the winter sports season and the end of the fall sports season! If you wish to see a certain topic in this article, you can contact me at labellakreiner@hotmail.com. God bless you all and thanks for your support.

Veteran Event Board — Continued from page 33

F.X.E. American Legion Post 121

Upcoming Events: Wing Feed Fundraiser for Mike Hartdagen on November 2, 2013.

VFW Post 6658

Upcoming Events: Saturday, November 9—DJ Southpaw, from 8:00 p.m.-12:00 a.m., Veteran's Appreciation Night, Please bring travel size toiletries for donation to our veterans in Martinsburg (Over 18 – We I.D. after 9:00 p.m. House rules apply to all); Sunday, November 10—Veteran's Day Open House, from 1:00-9:00 p.m.; Friday, November 22—Live Entertainment with Paul Westin, from 7:00-11:00 p.m. (Over 18 – We I.D. after 9:00 p.m. House rules apply to all).


Thurmont American Legion

Our Annual Oktoberfest is now a wet distant memory. I would like to take this opportunity to extend my thanks to all of the folks who gave up their weekend in order to help things go smoothly.

This month, the Thespians are presenting their fall show during the first two weekends in November. After the Thespians on the November 15, there will be a band "The Crossing" downstairs. They are new to the area, playing some Southern Rock, Country, and some requests. Come on out and give them a big welcome. Membership is not required.

The following week on November 22, we have a Ham & Turkey Night, followed by Ralph Gann and Karaoke. Karaoke is open to everyone. The next evening the Thurmont Dance Club is having their monthly event in our Ballroom. Starting in January 2014, the Sons will be starting their Corn Hole tournament. Until then, there is free play every Wednesday evening, from 7:00-10:00 p.m. Come on and get some free practice upstairs. Need not be a member to attend.

Don't forget BINGO, every Thursday, from 7:00-9:00 p.m., downstairs. No Bingo on Thanksgiving! Our Kitchen is open Thursday, Friday, Saturday, and Sunday. On Thursday and Friday, some of the Specials are: November 1—Steak & Shrimp; November 8—All you can eat Fish & Chips; November 14—a Taco Bar; November 15—Pork Tenderloin; November 21—BLT & Soup; November 22—Buffet. On Saturdays, order from the menu, and on Sunday, only Pizza. Open 5:00-8:00 p.m. We are having a Gun Jar for a Savage XP 270 Win. The Rifle is in our Lounge area, the winner will have to complete the paperwork at Stateline Gun Shop in Emmitsburg.




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looking back — 1790

Was the Snider Family Massacred on Catoctin Mountain?

by James Rada, Jr.

Jacob Snider, one of the early settlers in the area, owned twenty-five acres west of Owens Creek Campground on Catoctin Mountain that he obtained in 1770. The parcel, called "Snider's Gardens," was "at a bounded white oak standing on the North side of a branch that runs into Owens Creek, about 20 perches (330 feet) from said creek," according to the land deed.

Further west, a settlement was established near the mouth of the Conococheague Creek. It could be reached from the Thurmont area by traveling the Monocacy Indian Path. The path ran from Wrightsville, Pennsylvania, to the Shenandoah Valley.

"Like most frontier outposts, the Conococheague Settlement was an occasional target for Indian raids. On one such occasion, a raiding party of Susquehannas captured a young Scotchman named Peter Williamson, and forced him to carry their loot. He later escaped, or was freed, and lived to a ripe old age," Frank Mentzer,

superintendent of Catoctin Mountain Park, wrote in the September 7, 1968, *Catoctin Enterprise*.

Mentzer made the case that the Jacob Snider family was massacred by Indians in the late 1700s. He based his belief on an account written by Williamson called *The Life and Curious Adventures of Peter Williamson, who was Carried Off from Aberdeen, and Sold for a Slave*.

Though the book is inflammatory—which is understandable since it is written by a man who was probably angry about his treatment and seeking a way to vent his anger—it contains Williamson's remembrances of his time with the Indians, including the massacre of the Snider family.

The Joseph Snider family in Williamson's account lived in the Blue Hills area of the Appalachian Mountains. Snider, his wife, five children, and a servant lived in the house.

Williamson and his captors approached the house. "They soon

Courtesy Photo



The photo is a drawing of Peter Williamson dressed as a Delaware Indian, used for his book, which told the story of the Snider Family massacre.

got admittance into the unfortunate man's house, where they immediately without the least remorse and with more than brutal cruelty scalped the tender parents and the unhappy children: nor could the tears the shrieks or cries of these unhappy victims prevent their horrid massacre for having thus scalped them and plundered the house of every thing that was moveable they set fire to the same where the poor creatures met their final doom," Williamson wrote.

The Indians watched the house burn "rejoicing and echoing back in their diabolical manner the piercing

cries heart rending groans and paternal and affectionate soothing which issued from this most horrid sacrifice of an innocent family," according to Williamson.

Mentzer noted in his account that Snider's Gardens was located not too far off the Monocacy Indian Path, so it would not have been unheard of for Indians to pass near the homestead. He also pointed out that while the Joseph Snider family lived near the Blue Hills, Snider's Gardens was just south of an area known as Blue Mountain.

Williamson notes in his account that the Blue Hills were thirty miles from the Conococheague Creek. This is the same distance that Snider's Gardens is from the creek.

Mentzer believed that the small differences that Williamson wrote down can be accounted for by the time between when he experienced things and when he was finally able to write about his captivity.

"It is possible that Jacob and his family lived long and prosperous lives in their 'Garden' on Catoctin Mountain," Mentzer wrote. "It is also possible that they were scalped by a warring party of Susquehanna Indians and consumed in the fire of their burning home."

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senior moments

by Helen Deluca

Hello, again! We made it through another Colorfest weekend. It's always a fun and exciting time—although, this year Mother Nature wasn't very kind. The rain put a real "damper" on so many plans and yard sales. Fortunately, at the Thurmont Senior Center, we were able to have our yard sale indoors. Thanks to the "hale and hearty" who ignored the nasty weather and came out to support the Center. We were really pleased to hear the positive comments about the Center. Some were actually surprised by the size and amenities that were available for the seniors. We thank all of those who made donations even when they couldn't find anything they couldn't live without.

If you are considering supporting the Center and are in the fortunate position of being able to make a donation, remember that the Thurmont Senior Center is an approved 501(c)(3) organization. We are entirely an independent non-profit organization, and depend on your generosity. To raise funds to keep the Center operating, we have yard sales, silent auctions, monthly 50/50 Bingo, raffles, and handmade craft sales. We rent the Center out on weekends. Our volunteers make all of this possible, but it's not enough. We depend on your support and contributions. No amount is too large or too small. To rent the Center, please call 301-271-7911, from 9:00 a.m.-3:00 p.m., for more information.

If you have time on your hands, and are looking for something to do, come to the Center. You may want to volunteer or just come in to share your time and talent with others. Would you like to serve on the Board of Directors? We have two current directors moving out of the area. If you are interested, let us hear from you.

Something new to tell you: Are you thinking about Christmas shopping? The Center will be selling sweatshirts with a Thurmont logo on it (shown right). The picture of the logo shows a nice winter scene.

The shirts are available in three colors: sand, blue, and ash. Children sizes will cost \$15.00; adult sizes (from small to 2X) will cost \$20.00; adult sizes (2XL to 5XL) will cost \$22.00. That's a good price for a sweatshirt, and will



make an ideal Christmas gift. Orders will be accepted until November 27, 2013, with the amount due at the time of the order. The logo was designed by John Nickerson, owner of Gnarly Artly Design Shop.

It's now time to get your calendars out! Here are some of the events planned for November 2013: Friday, November 8—Jewelry Making class with Kathy, 1:00 p.m. (cost is \$10.00, with all supplies being provided. Stop in the Center to see examples of what you can make and sign up for the class); Thursday, November 14—Monthly birthday party after lunch; Wednesday, November 20—50/50 Bingo, 1:00 p.m. (proceeds support the lunch program); Thursday, November 21—St. Joseph Ministries is sponsoring a brown bag Bingo, 1:30 p.m. (they are providing the brown bag prizes and a special prize for the final game); Friday, November 22—Presentation by Gail Lawrence on a procedure and treatment for nerve diseases, so come in and learn how to cope with your aches and pains, 11:00 a.m.

Sometimes this article is due to the Banner before all of the events are scheduled, so check Channel 99, the sign in front of the Center, or come into the Center and pick up the monthly schedule of events and menu for the month. The menu will also tell you what day the \$5 lunch specials are available.

We have received helpful comments on our survey, and we are proud to tell you that Margaret Cornejo has won a free lunch for completing her survey.

The Lion's Club always honors a volunteer of the year. We are proud to tell you that our own Doris Roman is on the list of nominees. Please wish her well; she certainly does so much for so many. She is the driving force that keeps the Center on a roll. If you want to know something or get something done, just ask Doris! Good luck to her.

A special note to all local merchants and to the community: The Senior

Center would like to express their sincere gratitude and appreciation for all of your continuous support.

If you're wondering how your day will be, just think about this. If you are still reading this, it means you are on the green side of the grass—that's a good thing! Smile and be happy!

Senior Benefit Services, Inc. wants you to know...

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Make an appointment today with Karen, Shawn or Phyllis by: calling 301-271-4040 OR stop in and see us at
60 Water Street in Thurmont, Maryland

Senior Benefit Services, Inc.

Photo by Irene Matthews



October Birthdays

Pictured from left are Virginia LaPerche, Donald Weakley, Doris Roman, Joe Eyler, and Harlene Fogle.

Emmitsburg Ambulance Subscription Club

Did you ever really think about how much it costs to dial 911 for an ambulance? The time to think about that is now, not after you receive your bill following your emergency transport. The Subscription Club is utilized to offset the cost of any payments, co-payments, and deductibles that you may incur as a result of utilizing ambulance service. The cost to be a member of the Subscription Club for each year is \$25.00 per individual, \$50.00 per household, and \$15.00 per senior citizen.

The Subscription Program is applicable only to EMERGENCY and Medically Necessary Non-Emergency Ambulance Transports to any of the surrounding hospitals in our area. Non-members will be obligated to pay all payments, co-payments, and deductibles as required by their health insurance plan. Currently, the basic rate can cost from \$500.00.

Your Subscription Club Brochure should be arriving in your mail anytime from late October through the end of November. Please watch for your brochure to arrive, so you can join the club that will save you money.

If you do not receive your Subscription Club information by mail, please call the station at 301-447-6626 ext. 105 or stop by and pick one up. If you live outside the Emmitsburg area, you will contact your first due Ambulance Transport Company for any information you may need about the Subscription Club Program.

Mountain Top Seniors

Pot Luck Lunch & Bingo for Fun, one Thursday each month, for folks 50 & above, from the Mountain Top Area of Maryland and Pennsylvania (Blue Ridge Summit, Cascade, Highfield, and Sabillasville). Lunch will be at 11:30 a.m., followed by Bingo for fun. Meat, beverage, and place settings are provided; the rest is potluck. Drivers, grandkids are welcome. Come even if you don't cook. Usual meeting place is St. Mark's Lutheran Church hall in Sabillasville. For more information, call the Church at 310-241-3488.

classifieds

For Rent

Apartment for Rent just outside of Emmitsburg town limits. 2 bedrooms. Call 301-447-2114 or 301-447-2252.

MOON BOUNCE for rent, \$150.00 per day. 240-674-3856.

Wanted

WANTED: Musicians! Emmitsburg Community Bible Church is an evangelical church that is looking for musicians that can play both traditional and contemporary music for a new Church that is meeting at the Emmitsburg Elementary school at 10:00 each Sunday Morning. Mostly volunteer for now, though some gas money is possible. Applicants must want to honor God and lead worship. Call Pastor Gary @301-447-6565 or write pastorgarybuchman@gmail.com.

WANTED: Any unwanted lawn mowers, tillers, snow blowers or yard items. Will haul free. Call 301-271-4266.

WANTED: Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection, or entire estate. 301-514-2631.

DONATE YOUR CAR: All proceeds benefit the Catoctin Pregnancy Center. 301-447-3391.

Notices

Brand New Company, Penelope Ann, ground floor opportunity, no experience necessary, start your own business for as little as \$99. Call 301-447-2073 or email hgpartygirl62@aol.com.

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Services

Child Care Openings for ages 2+ available. Rural setting, but only minutes from Emmitsburg or Taneytown off Route 140. Loving environment with lots of space for indoor and outdoor play, pre-school program, field trips, and nutritious meals/snacks. Wait list started for infants (ages 0-2), spots available March 2014 and June 2014. License #137984. Contact Cindy at krausscindym@gmail.com or 301-748-0011.

Piano Tuning and Service. Call 301-310-3230.

Bookkeeping / QuickBooks services provided. Very reasonable rates; excellent references. If interested, please call 301-676-0657.

FREE PICK UP: Appliances working or not working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

Rick Hurley & Son Small Engine Repair Service. Call 301-271-2117 or 240-285-2494 (leave message).

PIANO LESSONS: Experienced professional musician and certified public school teacher. All ages. Adults Welcome. Located in Thurmont. Call or text Beth at 240-529-8108 or email beth@gnarlyartly.com.

Quality wedding invitations/accessories at a discounted price! Joyce at 301-271-1107.

GUITAR LESSONS: Acoustic/Electric. Beginners to Advanced. All styles, all ages. Taught by an instructor with over 20 years teaching and performing experience. Call Brent at 240-586-1128 or email brent@brentguitar.com.

Guided rock climbing, caving, rappelling, kayaking, and other outdoor adventures and parties. Daybreak Excursions 240-731-9936.

For Sale

3 male pet goats (18 months old) free to a good home—1 Nubien, 2 LaMancha. Call 301-416-8080, ask for Ann.

FOR SALE - Bushels of black walnuts. \$25.00 each. Call 301-304-2507.

2008 Honda Civic Si. 2 door. 62,000 miles. 6-speed, 2.0 liter 4 cyl VTEC engine. Asking \$14,000. Call or text 301-473-0751 for more info or email dhoff921@hotmail.com.



Sony Cyber-Shot DSC-P73 Digital Camera with case and two memory cards. \$30.00. 240-285-6197.

FREE Friendly Kittens to good home: 2 black with white paws, 1 gray. 9 weeks old. 301-676-0657.

Cracked Black Walnuts—\$8.00/lb. Please call 301-271-2076.

Playstation 3 (like-new; only used a couple of times). Included: *The Taking of Pelham 123* and *I, Robot* (Blu-ray) and Resistance 2 (game). \$185/OBO. 240-285-6197.

your public library

Where Community & Ideas Connect

by Erin Dingle, Administrator, Thurmont Regional Library/
Emmitsburg Branch Library, edingle@frederickcountymd.gov

Literacy Night

Fall is here and school is in full swing. That means...it's time for our fall Literacy Night! Every year, the Thurmont Regional Library partners up with our local primary and elementary schools to host a Literacy Night for area students. Starting at 6:00 p.m. on Tuesday, November 12, 2013, we'll open our library doors to students from pre-K through 1st grade. Literacy Night is one of our favorite nights of the year—it gives us a chance to connect with students and show them everything that we have to offer for kids at the library. It's more than just books—we've got music, movies, games, downloadable e-books, and much more.

If your child is in early elementary (pre-K through 1st grade) and either attends school in the area or is homeschooled locally, please mark your calendars for November 12. They'll have a blast seeing their teachers and friends outside of school. In addition, they will participate in a puppet show, make a fun craft, and have the opportunity to check out some books. We look forward to seeing you then. If you need more information or if your school would like to partner to host a Literacy Night, contact Children's Services Specialist, Tara Leberz at 301-600-7202.

Catoctin Furnace History

On November 7, 2013, at 6:30 p.m., there will be a book presentation by local author Elizabeth Anderson Comer, as she presents an overview of Furnace history, as well as an introduction to local historian Betty Anderson's newest book, *Catoctin Furnace: Portrait of an Iron-Making Village*. Meticulously researched and extensively referenced, the book covers Furnace history from 1774 until 1903. Posthumously published, Betty Anderson's manuscript was edited by her daughter, Ms. Comer. This is a program co-sponsored by the Thurmont Center for Regional Agricultural History and The Catoctin Furnace Historical Society.

Veterans Day

Frederick County Public Libraries will be closed Monday, November 11 in observance of Veteran's Day. The library has many fine military fiction and non-fiction titles available. This year's winner of the W.Y. Boyd Literary Award for Excellence in Military Fiction is

Cain at Gettysburg by Ralph Peters.

It is a detailed account of the events leading up to and including the three days of the Battle of Gettysburg. The author, a retired U.S. Army officer, brings his writing knowledge of the military culture as well as knowledge of the Union and Confederate chain of command and an understanding of the terrain of the Gettysburg battle area. The W.Y. Boyd Literary Award honors the best fiction set in a period when the United States was at war. It recognizes the service of American veterans and military personnel and encourages the writing and publishing of outstanding war-related fiction.

Two Photography Workshops

November's featured artist in the Delaplaine Satellite Art Gallery at the library is Cam Heck. Her exhibit, titled "My Maryland," will only be available until November 31, so be sure to stop soon. A Maryland native, Cam Miller is a photographer who has lived on the Eastern Shore and now resides in New Market, Maryland. The photographs included in this exhibit depict places and scenes that the artist loves about Maryland, from the ocean to the mountains. Miller is the recipient of a number of awards including the Vincent Versace Award for Digital Photographic Excellence. Cam Miller will present workshops on Saturday, November 23, 2013. Children ages 7-11 are invited to register for a unique workshop to learn from this master photographer and will use their digital camera to go on a library scavenger hunt and discover the camera's special features. This workshop will be held from 10:30 a.m.-noon. At 1:00 p.m., Ms. Miller will present "Creative Self Portraits" for middle and high school students, who will use their digital camera and online photo editors to create a self-portrait and special techniques to create a zany piece of photographic art. Registered workshop participants will need to bring a digital camera, blank memory card, and camera cable. No camera phones please. Visit our website to register. Seats are limited.

The Thurmont Regional Library is ready to welcome you and your family to take advantage of our collection, resources and programs seven days a week. Please contact me at edingle@frederickcountymd.gov if you have questions about your public library.

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october

- 25,26.....Boo in the Zoo, The Catoctin Wildlife Preserve and Zoo, US 15, Thurmont. 6:00-10:00 p.m. \$16/trick-or-treaters; \$10/adults; \$10/zoo member. Last entrances 9:00 p.m. Costumes optional but flashlights a must! 301-271-4922; www.cwpzoo.com.
- 26Turkey and Oyster Dinner, Graceham Moravian Church, 8231 A Rocky Ridge Rd., Thurmont. 1:00-6:00 p.m. \$16/Adults; \$7/Children 5-10. \$17/Carryout. 301-271-2379.
- 26American Legion Auxiliary Unit 121's Pub Crawl, Post 121, Emmitsburg.
- 26FCF Church Community Closet, Rt 15 Hansonville Rd. Donate items, Get items, or Do both! Drop off at FCF Church: Oct. 13 & 20 (during church) south building parking lot; Oct. 21-25 (9:00 a.m.-8:00 p.m.) north building. FCFchurch.com; 301-620-2255.
- 26Make a Difference Day, entrance to carnival grounds (inclement weather: event at Our Lady of Mt. Carmel Social Hall). Coordinated by the Thurmont Lions Club. 1:00 p.m. The mural created by local artist, Yemi, will be unveiled. Awards for the Volunteer of the Year and Police Officer of the Year will also be presented. For more information, visit www.thurmontlionsclub.com.
- 27Fall Basket, Pottery and Money Bingo, Woodsboro Fire Co. Complex, 10307 Coppermine Rd. Woodsboro, MD. \$20/advance; \$25/door. Includes 25 games. Benefits Woodsboro Vol. Fire Co. Ladies Aux. Food, extra packets, specials, raffles and tip jars available for purchase. Ruth 301-845-8406 or Mary 301-401-2824.
- 28Catoctin High School Boys Soccer Fundraiser, Rocky's Pizza, Thurmont. 5:00-8:00 p.m. All-you-can-eat salad and pizza. \$10/adult; \$5/age 12 & under. See any JV or Varsity soccer player for tickets or 240-258-8208.
- 30Frederick County Career and Technology Center's Open House, 7922 Opposumtown Pike, Frederick, MD. 6:00-8:00 p.m. 10th, 11th, & 12th graders. 240-236-8500; www.careertech.net.

november

- 1Free Community Party "Light the Park," Emmitsburg Community Park. 6:00-9:00 p.m. Food, games, crafts, Bounce House, Kiddiepillar, Barrel Train rides, children's movie. Sponsored by Christ's Community Church.
- 1Trunk or Treat, Lewistown United Methodist Church, Lewistown, MD. 6:00 p.m. Hot dogs & S'mores by campfire. Kids receive their treat from our trunks. Costumes optional. Kenneth Oland @ k.oland02 @comcast.com.
- 1,2...Thurmont Thespians' *Musical Comedy Murders of 1940*, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m. 301-271-7613.
- 2.....Weekly Money Bingo, Rocky Ridge Vol. Fire Co. Activity Building, Rocky Ridge, MD. (Every Saturday evening, November-April) Doors open 4:30 p.m.; Games 7:00 p.m. Guaranteed Jackpot. rrvfc@rockyridgevfc.com; Facebook.
- 2.....Turkey and Oyster Supper, Tom's Creek United Methodist Church, 10926 Simmons Rd., Emmitsburg. 12:00-6:00 p.m. \$17/Adults; \$8/Children 5-10; Free/Children under 5. \$18/Carryout. 301-447-3171; www.tomscreekumc.org.
- 2Basket Bingo, Woodsboro Lutheran Church, Woodsboro American Legion, 101 W. Elizabeth St., Woodsboro, MD. Doors open 12:00 p.m.; Bingo 1:30 p.m. \$20/person. 20 games, 2 spec, basket King Tut; filled baskets, wrought iron,

community calendar

- pottery. Robin 301-271-3309.
- 2Workshop on "Christian Mystics, Cultivating a Life of Closeness with God as exemplified by St. Hildegard of Bingen", Mount Moriah Lutheran Church, Mount Moriah Schoolhouse, 14814 Foxville-Deerfield Rd., Sabillasville, MD. Offered by Pastor Julie Brigham, Spiritual Director. 9:00 a.m.-12:00 p.m. \$40/person. Scholarships available. Pastor Brigham 240-405-2173.
- 2Harvest Festival, 16924 Raven Rock Rd., Cascade, MD. 1:00-4:00 p.m. Children & Youth. Costume Fashion show, (nothing scary or evil) 301-241-3050.
- 2Slippery Pot Pie Dinner, Trinity United Church of Christ, 101 East Main St., Thurmont. 12:00-4:00 p.m. \$11/Adult, \$5/Children 5-10, Free/Children under 5. \$12/Carryout. \$4/Quart of Pot Pie. Tootie Lenhart 301-271-2305.
- 2Oyster, Turkey and Country Ham Dinner (buffet style), Faith United Church of Christ, 9333 Opposumtown Pike, Frederick, MD. 12:00-5:30 p.m. \$16/Adults; \$8/Children 6-12; Free/under 6. \$17/Carryouts. 301-271-7573.
- 2Yard Sale, Lewistown Fire Hall, 11101 Hessong Bridge Rd., Thurmont. Rent table \$10/each. 8:00 a.m.-1:00 p.m. Food available. 240-684-4688.
- 3Thurmont Thespians' *Musical Comedy Murders of 1940*, Thurmont American Legion, 8 Park Lane, Thurmont. 2:00 p.m. 301-271-7613.
- 3Organ Concert & Open House, Emmitsburg Presbyterian Church, 415 Main St., Emmitsburg. 3:30 p.m. Dr. Elizabeth Krouse, church organist, performs works that include Vivaldi/Bach and Vivaldi/Krouse. Reception follows. 410-756-1919.
- 3Cash Bingo, Blue Ridge Sportsmans, Route #16, Fairfield, PA. Doors open 11:00 a.m.; Early Birds begin 12:45 p.m. Pay at the door for the cards that you play. Open to public. 717-794-5443 or 717-794-2695.
- 3.....Blue Grass Chapel Band, St. John's Lutheran Church, 8619 Blacks Mill Rd., Creagerstown, MD. 7:00 p.m. Refreshments follow Service.
- 3 "Thirty-One Bags" Bingo, Vigilant Hose Company Auxiliary, Emmitsburg Fire Hall, West Main Street, Emmitsburg. All Bags are "Theme" filled. Doors open 11:30 a.m.; Bingo starts 1:00 p.m. \$20/advance; \$25/door. Shirley 301-447-2703.
- 3All-You-Can-Eat Breakfast, Woodsboro Vol. Fire Co., Coppermine Road, Woodsboro. 7:30 a.m.-12:00 p.m.
- 4.....Thurmont Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. All item Free (clothing, shoes, towels, & other items as donated). 301-271-4511.
- 6Northwestern Frederick County Civic Association program by Sarah Ferrall of Partners in Care. Sabillasville Elementary School, 1621-B Sabillasville Road (route 550) Sabillasville. 6:30 p.m.
- 8Jewelry Making Class, Thurmont Senior Center, Thurmont. 1:00 p.m. \$10.
- 8,9...Thurmont Thespians' *Musical Comedy Murders of 1940*, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m. Nov. 9-Dinner Theatre 6:30 p.m. 301-271-7613.
- 9Once Upon a Time Ball Fundraiser (for princesses, ages 4 to 14 w/adult). \$35/couple. Additional princesses \$10 each. Includes buffet and sweet treats. Purchase tickets at Ft. Richie Community Center. Call 301-241-5085.
- 9Fall Craft Show, Tom's Creek United Methodist Church, Fellowship Hall, 10926 Simmons Rd., Emmitsburg. 8:00 a.m.-1:00 p.m. Vendors, face painting, craft items, concessions. 301-447-3171.
- 9Bingo Bash, Emmitsburg Volunteer Ambulance Company, 17701 Creamery Road, Emmitsburg. Doors open 4:00 p.m.; Games 7:00 p.m. \$35/Advance; \$45/at Door. Mary Lou 240-285-3184; Pam 717-642-9335; Diane 301-748-6894.
- 9Oyster, Turkey and Country Ham Dinner (buffet style), Lewistown Fire Hall, 11101 Hessong Bridge Rd., Thurmont. 12:00-5:00 p.m. \$16/Adults; \$7/Children 6-12. \$17/Carryout. 301-898-9988.
- 919th Annual Bazaar, Woman's League of St. Paul's Evangelical Lutheran Church, 10621 Old Frederick Rd., Thurmont. 8:00 a.m.-2:00 p.m. Flea market, crafts, baked goods, homemade soups, & more. Lunch will be served.
- 9Slippery Turkey Pot Pie Dinner, Woodsboro Evangelical Lutheran Church, 101 S. Main St., Woodsboro, MD. 12:00-5:00 p.m. \$11/Adults; \$5/Children 6-10; Free/Children under 5. \$5/Turkey Pot Pie quarts. \$12/Carryout (301-271-3309 by Nov. 7 for orders). 301-845-4533.
- 9Our Lady of Mt. Carmel Parish Center Cash Bingo, 103 Church St., Thurmont. 3:00-8:00 p.m. Doors open 2:00 p.m. \$25/person (includes food/refreshments). Grand prize \$3,000! Only 500 tickets will be sold. 301-447-2367 or 301-271-4439.
- 10Thurmont Thespians' *Musical Comedy Murders of 1940*, Thurmont American Legion, 8 Park Lane, Thurmont. 2:00 p.m. 301-271-7613.
- 10A Harvest Fundraiser, ThorpeWood, 12805-A Mink Farm Rd., Thurmont. Featuring 'Ruut'. 2:00-5:00 p.m. \$25/person. BYOB. Light snacks & hot cocoa. 301-271-2823; www.thorpewood.org.
- 10Annual "Hands of a Child" Christmas Card Project, Incarnation Church, 124 W. Main St., Emmitsburg. Service activity for children/teens. Christmas cards created placed in food boxes given out by Seton Center & Emmitsburg Lions Club. Pizza party follows. 2:00-4:30 p.m. Susan Allen 301-447-6891; susansings@hotmail.com.
- 10-12.....Fall Yard, Food and Bake Sale, St. Anthonys Shrine, Emmitsburg.. 8:30 a.m. Food and bake goods sold on 11th & 12th. Spaces available \$15/day; \$20/two days; \$30/three days. Reservation for spaces not needed. Helen Reaver 301-447-6431.
- 12Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 9:00 a.m.-1:00 p.m./7:00-8:00 p.m. 301-447-3165; www.mothersetonschool.org.
- 13Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m. Tip Jars & Refreshments Available.
- 14Seniors Lunch, St. Mark's Hall, Sabillasville, MD. 11:30 a.m. Turkey lunch provided; bring desserts. Bingo afterwards. 301-241-3287.
- 165th Annual Mother Seton School Fall 5K and 100m Kid Dash, Waldron Stadium, Mount St. Mary's campus, Emmitsburg. Pre-race set-up 7:45 a.m.; Kid Dash 8:50 a.m.; 5K 9:00 a.m. Register by Nov. 4, receive free t-shirt. www.mothersetonschool.org/fallrun; 301-447-3161.
- 16Country Butchering Pancake Breakfast, 13516 Motters Station Road in Rocky Ridge. 6:00-10:00 a.m. Benefits Rocky Ridge Vol. Fire Co. Orders must be placed before Nov. 9.
- 16Rebecca Pearl Holiday Open House, 24 W. Main St., Emmitsburg. 11:00 a.m.-

7:00 p.m. Art, ceramics, greeting, cards, & jewelry, plus book signing. www.rebeccapearl.com; 301-271-2348.

- 16,17.....Native American Festival, Stone Fence Gardens, 6610 Mountaindale Rd., Thurmont. Tomas Eaglebear and his Apache dancers from Colorado. 10:00 a.m.-4:00 p.m.
- 19....Thurmont Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. All item Free (clothing, shoes, towels, & other items as donated). 301-271-4511.
- 20....50/50 Bingo, Thurmont Senior Center, Thurmont. 1:00 p.m.
- 21....Brown Bag Bingo, Thurmont Senior Center, Thurmont. Sponsored by St. Joseph's Ministry. 1:30 p.m.
- 22,23.....Pet Photos w/Santa, Tractor Supply Store, 7631 Devilbiss Bridge Rd., Frederick, MD. Bring your pets (leashed or in carrier). Nov. 22—4:00-7:00 p.m.; Nov 23—10:00 a.m.-3:00 p.m. Sponsored by Catoctin FFA Chapter. Packages range from \$2.00-\$20.00. Brian Hendrickson brian.hendricks@fcps.org or 240-236-8100 x68117.
- 23Pre-Thanksgiving-Day Bake Sale, sponsored by Emmitsburg Lions Club, Jubilee grocery store, Emmitsburg. 9:00 a.m. Proceeds help support charitable activities in the Emmitsburg community.
- 23Daybreak Adult Day Services, Inc. Annual "It's a Wonderful Wreath" Silent/Live Auction. To raise funds for Daybreak Adult Day Center. 7:00-9:00 p.m. Non-profit organization. Lite refreshments, music, & local celebrities. \$12/in advance; \$15/at door. 301-696-0808.
- 23,24.....Foothills Artists Studio Tour. 9:00 a.m.-5:00 p.m. Go to Willow Pond Farm Holiday Open House to pick up map, Fairfield, PA 17320. www.willowpondherbs.com or 717-642-6793.
- 23,24Santa's Christmas Craft Show, Carroll County Agriculture Center, 708 Agriculture Center Dr., Westminster, MD. Nov. 23-9:00 a.m.-5:00 p.m.; Nov. 24—10:00 a.m.-3:00 p.m. \$3.00/adults; Free/children under 15. 717-642-3771.
- 27Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m. Tip Jars & Refreshments Available.
- 285th Annual Emmitsburg Wattle Waddle, Emmitsburg Community Park, Emmitsburg. 5-mile Run 8:00 a.m., followed by a free community breakfast, followed by 1-mile Fun Walk. Awards to 5-mile runners by category, and best Thanksgiving-themed costume. Proceeds benefit Seton Center. www.EmmitsburgTurkeyTrot.com.
- 29Thurmont Lions Club Christmas Tree Sale, Ace Hardware Store, N. Church Street, Thurmont. All proceeds support Lions Club projects in the community.

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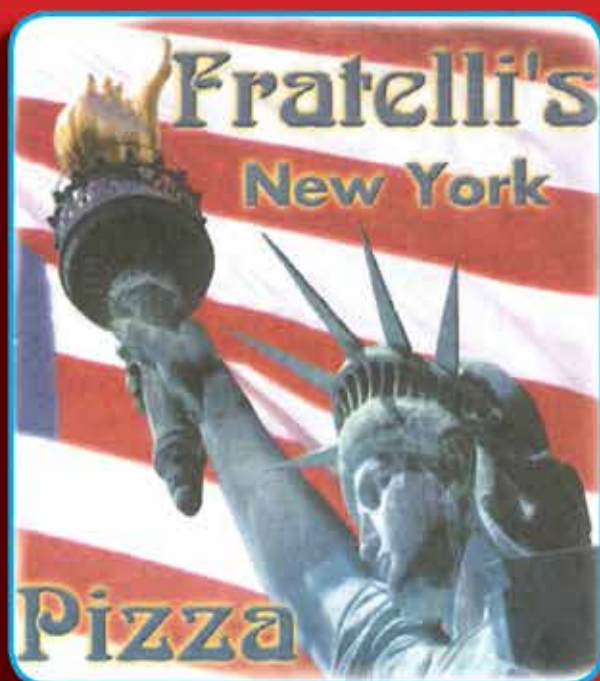
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MONDAY:

1 Lg. Cheese Pizza &
1 - 2 Ltr. Soda - **\$7.99**
\$2.00 OFF Any Pasta Dinner
(includes Salad & Bread)

TUESDAY:

\$5.00 Any Foot-Long Sub

WEDNESDAY:

\$4.99 Fish and french fries
Small Meatball & Cheese
Sub **\$3.99**

~WING WEDNESDAY~

50¢/Each - Plain, BBQ, Buffalo or Old Bay

THURSDAY:

\$2.00 OFF Any Pasta Dinner
Any Pretzel Melt and Fries - **\$4.49**
Shrimp and Fries - **\$4.99**

Specials not valid with any other offers.

B1-G1
1/2 OFF
Any 12" Sub

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

B1-G1
1/2 OFF
Any 12" Sub

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

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Any 12" Sub

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B1-G1
1/2 OFF
Any 12" Sub

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Offer expires 11/30/13

B1-G1
1/2 OFF
Any Pasta
Dinner

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

B1-G1
1/2 OFF
Any Pasta
Dinner

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Offer expires 11/30/13

B1-G1
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Any Pasta
Dinner

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Dinner

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B1-G1
1/2 OFF
Any Pasta
Dinner

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

B1-G1
1/2 OFF
Any Large
Pizza

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

B1-G1
1/2 OFF
Any Large
Pizza

Not valid with any other offers.
Equal or lesser value.
Offer expires 11/30/13

B1-G1
1/2 OFF
Any Large
Pizza

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