

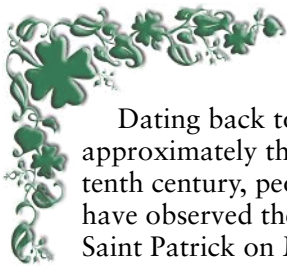
The Catoctin Banner

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Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

HAPPY SAINT PATRICK'S DAY AND GOOD LUCK TO YOU

by Joseph Kirchner



Dating back to approximately the ninth or tenth century, people in Ireland have observed the feast day of Saint Patrick on March 17, since Saint Patrick is believed to have died on this date back in 461. Interestingly, the first parade to honor St. Patrick's Day took place not in Ireland, but in the United States, way back in 1762. Today, people of all backgrounds celebrate St. Patrick's Day. The mythology surrounding Saint Patrick has become ingrained not just in Irish culture, but all over the world.

Perhaps the most well-known legend of Saint Patrick is that the saint explained the Holy Trinity using the three leaves of a native Irish clover: the shamrock. Adherents of St. Patrick (the patron saint of Ireland) adopted the four-leaf clover as a symbol of Irish luck due to the fact that clovers are abundant in the hills of Ireland. A very old Irish verse describes why: "One leaf is for fame, and one leaf is for wealth, and one is for a faithful lover, and one to bring you glorious health, and all are in the four-leafed clover." The four-leaf clover is only but one of the many "good luck charms" that are woven into every culture. We love our good

luck charms and superstitions!

Many good luck charms and superstitions relate to animals. Crickets are considered good luck in Asia. Ladybugs are considered good luck. A ladybug in your house means you will soon find money, and if a ladybug lands on you, you have received good luck. Dolphins are considered lucky in many different cultures, including the ancient cultures of Greece, Egypt, and Rome. Tortoises are considered a good luck symbol in Feng-Shui decorating. Tigers are considered lucky in Chinese astrology, and elephants are widely-considered good luck in most cultures. Pigs are considered a symbol of good luck in Germanic cultures, a sentiment shared by Jaime Andrew of Emmitsburg. She has kept a small stuffed pig, given to her by her daughter, hanging from the rear view mirror in her car for the past ten years!

However, it seems that not all animals are considered lucky. Brenda Sites of Emmitsburg makes sure to make the sign of the cross on her windshield whenever a black cat crosses her path.

Of course, in addition to animals, many objects—like the previously mentioned four-leaf clover—are considered to be good luck. In Norse

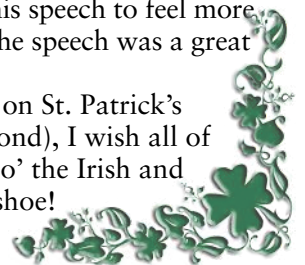
culture, both the acorn and its bearer, the oak tree, bring good fortune. Rainbows are considered lucky, because we all know that if we find the end of the rainbow, we will find a pot of gold. Horseshoes are thought to bring good fortune when they are hung on the wall of a home or above a doorway. The "lucky rabbit charm" was incorporated into American culture by African slaves who were brought to the Americas. Barnstars (prevalent in these parts) bring good luck, and nautical stars are thought to provide guidance and bring good fortune to sailors.

No discussion of good luck charms or superstitions would be complete without mentioning lucky/unlucky numbers. The number seven is widely considered to bring good luck, and is considered a "perfect number" in Christian circles. The number eight (which sounds like the Chinese word for "fortune") is considered good luck in Chinese culture. And most of us have heard that the number thirteen is considered unlucky; some hotels don't even have a thirteenth floor. And, of course, we all know about "Friday the thirteenth." However, one man I spoke to told me that he bowled his high game on lane thirteen and that three times he lived at addresses of

"113," so it seems the number thirteen is good luck for him.

Apparently, we possess a nearly infinite number of superstitions. For example, if you blow out all of the candles on your birthday cake with the first breath, you will get whatever you wish for (I hope so!), and, likewise, if you make a wish when you see a falling star. Athletes and sports fans are notoriously superstitious. I know a serious (very serious) Redskin fan whose family absolutely prohibits his daughter from watching any "Skins" games with them, because every time she has in the past, the team made terrible mistakes. Some intrepid folks, like Dr. Michael Hargadon of Emmitsburg, create their own superstitions. It seems he had to give an important political speech and was quite nervous about it. Remembering being at the shore and how relaxed he felt with his feet in the sand, he decided (ingeniously) to put sand in his shoes before his speech to feel more relaxed, and the speech was a great success.

In closing, on St. Patrick's Day (and beyond), I wish all of you the Luck o' the Irish and sand in your shoe!



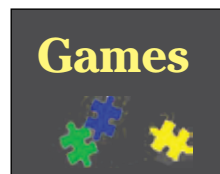
Read about
Bean the
Gibbon

Page 19



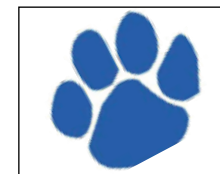
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Page 5



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Local
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THE POSTAL CUSTOMER



— Thurmont Businesses —
Get Ready for the 10th Annual
Business Expo on March 21

From the Publisher

Dear Reader:

First, I'd like to give a special thank you to my mother. She helps with this newspaper as a volunteer. Each month, she and her sister, Joan Fry, contribute, distribute, proofread, tell me people's names, and research at my beck and call. Last month, unknown to me, she enlisted help for our flier-stuffing party for the last issue. She summoned her brother, Jim Bittner, at daybreak. He then, also unknown to me, enlisted the help of his friend, Peggy Elgin, to help as well. To top it all off, Uncle Jim showed up with some pot pie and cole slaw for all of us. These people are just plain sneaky, sneaky, sneaky—in a good way. Thanks for all you do!

In the mission of publishing a good news newspaper, it is our intent to showcase and celebrate all of the good things that take place in our communities. But, have you ever wondered why you often see some of the same organizations repeatedly represented with stories in *The Catoctin Banner* Newspaper month after month? It's because they send in their good news—consistently. We'd love to send someone to every newsworthy activity, event, or request. But, we can't do that all by ourselves because, honestly, we'd go out of business—fast. Thus, we rely heavily on community members to share their news and many do. You are invited to do the same.

This month, we will weave between seasons. As I said last month, I like seasons to act like seasons. But my "Deb calendar" defines winter as December, January, and February. Those months are done, so if you ask me, it's spring! Enjoy! Have some green beer and a lucky charm!

As always, I urge you to patronize the advertisers who reach out to you through *The Catoctin Banner*. Our mission would not be possible without their support.

—Deb Spalding, Publisher

 Happy St. Patrick's Day! 

—from all of us at
The Catoctin Banner

That's Country Livin'

It's throwback March! Re-presenting the first Gnarly Banner Cartoon ever! Originally published Nov 2007

by John Nickerson



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The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment.

AD/CONTENT DEADLINE: On or before the 15th of month prior to issue month. **YEARLY SUBSCRIPTIONS:** \$15.00

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Graceanne Eyler and Allison Rostad, Advertising Design; Michele Tester, Managing Editor and Layout Design; Danielle Hoff, Advertising Specialist; Deb Spalding, Publisher

Classified Ads in *The Catoctin Banner*

Classified advertising costs 40¢ per word with a minimum of \$10.00 for line listings. Photo classifieds are \$20 per ad limited to 1" in height. Send your written listing, photo and payment to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or call 301-447-2804 with credit card payment and email wording to ads@thecatoctinbanner.com.

POLICY: The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is no later than the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

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Coupon must be presented at time of write-up. Shop supplies, hazardous waste removal, synthetic oil and tax additional. Discounts apply to actual service cost prior to tax and fees. "Pick Your Coupon" not valid with oil change or tire rotation. Cannot be combined with any other discount or special. Offer Expires 3-31-14.



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Emmitsburg Vol. Ambulance Co., 17701 Creamery Rd., Emmitsburg

BINGO BASH

22 Games Paying \$250.00 EACH!
THREE \$1000.00 Jackpots & a Meal!

March 8th, 2014

Doors open @ 4 p.m.

Games @ 7 p.m.

\$35.00 in Advance

Cost: \$45.00 at the Door

Bingo!

For Tickets or Info:
Mary Lou - 240-285-3184
Diane - 301-748-6894

All Group reservations must be made by Feb 28, 2013. No Add ons or exeptions after this date.

Any tickets being paid for at the door will not include a saved seat! No Exceptions!

Ticket must be paid for by Feb. 28th to be entered to win \$100 CASH!

SENIOR TAX CREDIT SEMINAR

Come and find out
if you qualify!



Get Signed up!

Tuesday, March 4, 2014

Starting at 1:30 p.m.

Presentation by Diane Fox,
Director of Frederick County
Treasury Department

Thurmont Senior Center

(301) 271-7911 • 806 E Main St. • Thurmont, MD 21788

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town hall reports

by Michele Cuseo

Thurmont

February 2014

Town Electrical Upgrade

The town of Thurmont will install a secondary feed line to their electric substation in June 2014. The purpose of the secondary feed line is to prevent loss of power when the initial power line is lost. This service will only serve the citizens of Thurmont.

Annual Business Expo in March

The 10th Annual Thurmont Business Expo will be held on Friday evening, March 21, 2014, at Catoctin High School. Citizens can learn what businesses and services are available in our local area, and local businesses can market their services and products to the public. For more information, call Diane Stull at 301-271-7565.

Lions Club Scholarships Available for Local Students

Lion's Club Scholarships: A total of three \$1,000 scholarships will be awarded to graduating Catoctin High School Seniors or any student of a graduating state accredited home-schooled program on May 14, 2014. The due date for scholarship application is April 1. These scholarships are awarded competitively based on academic achievement, participation in activities, and financial need. Go to www.thurmontlionsclub.com to access the application/information.

New Chief Administrative Officer Hired

The town of Thurmont chose Jim Humerick to fill the position of Chief Administrative Officer. Humerick beat out forty other applicants. His background includes working for the Maryland Capitol Parks and Planning Commission and other administrative management positions. The Chief Administrative Officer is responsible for running the day-to-day operations of the town.

Town Square Plans

A packed house of citizens and town officials met on February 19, 2014, to review the proposed plans to modify the town square area. Discussion surrounded beautification, safety, parking, lights, construction, grants, and budgeting for the change to the town square area. The town is required to work with the State Highway Administration to coordinate the change. The town council will need to review and approve the plan before submitting the plan to the State. Citizen input and participation has been encouraged by the town officials. To review the proposed design and plan go to www.townofemmitsburg.com.

Permanent Drug Drop-Off Box at Thurmont Police Department

The Thurmont Police Department has a permanent drug drop-off box in the front lobby. The lobby is open Monday through Friday, from 8:00 a.m.-4:00 p.m.

The following is a list of what is accepted for drop off and what is prohibited. **Acceptable items:** prescription medicines, over-the-counter medicines, medical samples, pet medications, medicated ointments, and lotions; **Not acceptable:** thermometers, IV bags, infectious waste, business medical waste, syringes, oxygen tanks, blood products.

Emmitsburg

February 2014

Floodplain Management

Town Mayor and Commissioners are consulting with state officials of the Department of Natural Resources to discuss finding a solution to the flooding issue in the Flat Run area of Emmitsburg. The flooding affects the areas of Emmit Gardens, North Gate, and east end of DePaul Street. State officials recommended applying for grants to help pay for any solution to the flash flooding issues. Another idea proposed was to include a walking trail along the creek area, much like Frederick City's Carroll Creek promenade.

For more information about the Town of Emmitsburg, log onto www.emmitsburgmd.gov or call 301-600-6300.

Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* Newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@thecatocinbanner.com to record your guesses by the 15th of each month. Please don't forget to spell your name and leave your phone number.

Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken (you might even know who is pictured). It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.



Last month's "Where Am I?" photo was taken at the former C. A. Harner Grocery store that was located in what is now the main dining room of The Ott House in Emmitsburg. Last month's winner is Alice Boyle.

Hidden Object Game

Last month's Hidden Object was a smiling cell phone character with green gloves and green shoes. It was located on page 5 in the E Plus Copy Center advertisement. The winner of the Hidden Object Game is Erin Birkmire. If the winner has not been contacted, please contact us to claim your prize.

This month's Hidden Object is a rainbow-colored fish with bubbles coming out of its mouth.

If you see your name listed as a winner, please email us at news@thecatocinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.

PATRONIZE OUR ADVERTISERS!

The Catoctin Banner

The Catoctin Banner exists due to the advertising support of those featured in each issue.



Test Your Word Power

(Answers on page 38)

1. **Adherent** (n.)
a) Disarray; puzzlement
b) Surprise; curiosity
c) Supporter; follower

2. **Derisive** (adj.)
a) Unsure; doubtful
b) Expressing contempt; mocking
c) Sociable; festive

3. **Intrepid** (adj.)
a) Self-centered; selfish
b) Fearless; daring
c) Stubborn; persistent

4. **Venerate** (v.)
a) Carelessness; negligent
b) Preserve; continue
c) Respect; revere

5. Which word above would work best in this sentence?

After the speech, feel free to leave your congratulatory or _____ comments below.

GRACEHAM VOL. FIRE CO.
18
INDOOR\OUTDOOR YARD SALE
Fundraiser to benefit
GRACEHAM VOLUNTEER FIRE COMPANY
Saturday & Sunday
March 21st & 22nd, 2014
8am-4pm
Located at **GRACEHAM FIRE STATION**
14026 Graceham, Rd. Thurmont, Md.
For more information contact:
Kim Beard at 240-285-6875

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Excellence in Nail & Foot Care
Anne Scott

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Baltimore City &
Emmitsburg for
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- Night Guards • Extractions
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9 East Main Street
Emmitsburg, MD 21727

ads@thecatocinbanner.com

Thurmont First presents the
10TH ANNUAL!
Thurmont Business EXPO

Shop Local! Shop Local!

Friday, March 21
6 - 8:30 pm
Catoctin High School

Bring a food or cash donation for the Thurmont Food Bank

Come out & support your Thurmont Businesses-
You'll be pleasantly surprised to find what's right here
in your community!

For more information:
Diana Stull- 301.271.7565, dianasbeautyparlor@yahoo.com
Vickie Grinder- 301.748.5876, vgrinder@thurmontstaff.com
Any Business located in the 21788 zip code can apply!

MARCH SNOW BLOWOUT SPECIAL

No Insurance? No Problem!
15% off any Rec Specs, Sunglasses, Safety Glasses, and
transition lenses with scratch protection.



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& REPAIRS**

**DIABETIC &
GLAUCOMA**
Eye Care

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Woodsboro, Taneytown, Rocky Ridge, Smithsburg
and Walkersville North

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Tues. & Fri. • 9 am - 5 pm | Sat. • 8 am - 2 pm

WILEY
EYEWEAR

Vera Bradley

NIKEVISION

24 Hr. Emergency Line - 240.997.1181
2 East Main St. • Thurmont, MD 21788

WHILE IN TOWN PLEASE VISIT

- Silver Bakery - (301) 271-2914
120 Frederick Road
- Timeless Trends - (240) 288-8226
21 East Main Street
- Gateway Printing - (301) 271-4685
603 E Main St
- Anytime Fitness - (301) 271-0077
Anytime Fitness
- Catoclin Dental - (301) 271-2811
10 Water St
- Gateway Orthodontics - (301) 271-4685
603 East Main Street
- Thurmont Feed Store - (301) 271-7321
36 Walnut St
- Catoclin Veterinary Clinic - (703) 777-8447
4 Paws Place
- Tracy's Auto Repair - (301) 271-0050
101 Apples Church Road
- ESP Dance Studio - (301) 271-7458
15 Water Street
- Senior Benefits Service - (301) 271-5050
60 Water Street
- Lorraine Shorb Photography - (301) 271-2857
#3 East Main Street

LIVE LOCAL, SHOP LOCAL, SUPPORT YOUR COMMUNITY

AROUND town

The Rock and Roll Relics Return To Emmitsburg

On March 29, 2014, from 8:00 p.m.-midnight, the Emmitsburg Lions Club will sponsor an evening of music and dancing at the Emmitsburg Ambulance facility, located on Creamery Road. Highlighting the evening will be the great sounds of the Rock and Roll Relics band. The cost of tickets are \$15.00 if purchased in advance, and \$20.00 if purchased at the door.

View their advertisement on page 28 for more information.

Senior Tax Credit Seminar

Find out if you qualify for a senior tax credit on Tuesday, March 4, 2014, at the Thurmont Senior Center. There will be a presentation by Diane Fox, Director of Frederick County Treasury Department. The seminar starts at 1:30 p.m.

View their advertisement on page 4 for more information.

Graceham Fire Company Indoor/Outdoor Yard Sale

On March 22-23, 2014, Graceham Volunteer Fire Company will be holding an Indoor/Outdoor Yard Sale, from 8:00 a.m.-4:00 p.m. Graceham Fire Station is located at 14026 Graceham Road in Thurmont.

View their advertisement on page 5 for more information.

Take-A-Tour Tuesday at MSS

Take a guided tour at Mother Seton School (MSS) in Emmitsburg on March 4, March 18, and March 25, 2014. The tour times are 10:00 a.m.-1:00 p.m. and 7:00-8:00 p.m.

View their advertisement on page 34 for more information.

Pancake Dinner to Support the Alzheimer's Association

HeartFields Assisted Living at Frederick is holding a Make a Difference on Mardi Gras Pancake Dinner to support the Alzheimer's Association on Tuesday, March 4, 2014. The event will be held at HeartFields Assisted Living, located at 1820 Latham Drive in Frederick, Maryland, at 5:00 p.m. The cost is \$5.00 (RSVP to 301-663-8800 by February 28).

View their advertisement on page 15 for more information and to find out how you can donate to the Alzheimer's Association.

Spring Shopping Bazaar

The Woodsboro American Legion Auxiliary is holding a Spring Shopping Bazaar on Sunday, April 6, 2014, from 11:00 a.m.-4:00 p.m. The Bazaar features over forty vendors, along with raffles and door prizes.

View their advertisement on page 28 for more information.

5th Annual His Place Car Show

The 5th annual His Place Car Show will take place on Saturday, May 3, 2014, at Mother Seton School in Emmitsburg. Registration will be from 8:00 a.m.-12:00 p.m., judging from 12:00-2:00 p.m., and awards at 3:00 p.m. Entry fee is \$15.00 at door; \$12.00 pre-registration. Flea Market spaces available.

View their advertisement on page 9 for more information.

All You Can Eat Italian Night

Rocky Ridge Fire Company is holding an Italian Night on Friday, April 4, 2014, from 5:00-8:00 p.m. All you can eat Spaghetti, pizza, salad, and more! Proceeds benefit Rocky Ridge Junior Fire Company.

View their advertisement on page 31 for more information.

Rocky Ridge Cash Bingo

The Rocky Ridge Volunteer Fire Company will be holding a Cash Bingo on Sunday, May 4, 2014, featuring twenty regular games and two special games, jackpots, door prizes, and more. Tickets are \$20.00 in advance or \$25.00 at the door.

View their advertisement on page 17 for more information.

10th Annual Thurmont Business Expo

The annual Thurmont Business Expo will be held at Catoctin High School on Friday, March 21, 2014, from 6:00-8:30 p.m. Come on out and support Thurmont businesses. For more information, contact Diana Stull at dianasbeautyparlor@yahoo.com or 301-271-7565.

View their advertisement on page 5 for more information.

2014 Celtic Concert

Don't miss the popular Celtic Concert on Monday, March 17, 2014, at the Marion Burk Knott Auditorium at Mount St. Mary's University in Emmitsburg (on the west side of US 15). Seating begins at 6:30. Admission and parking are free. The concert features Lúnasa, a world-renowned Irish instrumental band. Tickets are required for entry. Pick up your free tickets in advance at Thurmont and Emmitsburg libraries beginning March 1.

View their advertisement on page 29 for more information.

EVAC Bingo Bash

You won't want to miss Bingo Bash on March 8, 2014, at the Emmitsburg Volunteer Ambulance Company (EVAC), located at 17701 Creamery Road in Emmitsburg. Bingo features 22 games (paying \$250 each), three big jackpots, and a meal. Doors will open at 4:00 p.m. Games will begin at 7:00 p.m. Tickets are \$35.00 in advance or \$45.00 at the door. Tickets must be purchased by March 1 to be entered to win \$100 cash!

View their advertisement on page 4 for more information.

MSS Coach & Vera Bradley Bingo

Mother Seton School (MSS) will be holding a Coach & Vera Bradley Bingo on Saturday, March 29, 2014. Doors open at 5:30 p.m., with games starting at 7:00 p.m. The Bingo features specials, raffles, door prizes, and more! Tickets are \$20.00 in advance or \$25.00 at the door.

View their advertisement on page 19 for more information.

Mark Your Calendars Now for the Annual Spring Fling

The Vigilant Hose Company's Annual Spring Fling will be held on Saturday, May 17, 2014, at Mount St. Mary's University Echo Field in Emmitsburg. This annual event features horseshoes, great food, live music, 50/50 tip jars, and much more! Tickets are \$60.00 each, which are good for two people.

View their advertisement on page 15 for more information and to find out where you can get your tickets for this family-fun event!

Check the Community Calendar on Page 39



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BUSINESS news

The Palms Restaurant Sponsors 8th Grade Catoclin Boys Basketball Team

The Varsity Mid Maryland 8th Grade Catoclin Boys Basketball Team received a generous \$150 sponsorship from The Palms Restaurant in Emmitsburg. Terry Ryder and Doug Long, owners and residents of Emmitsburg, presented the check. The Palms Restaurant, located off the square in Emmitsburg, is open Wednesday through Saturday, 7:30 a.m.-9:00 p.m., and Sundays, serving breakfast only, 7:30-11:30 a.m. Stop by The Palms Restaurant to check out their daily lunch and dinner specials or enjoy a homemade soup or desert. For more information, contact The Palms Restaurant at 301-447-3689.



Courtesy Photo

Pictured from left are: (Back Row) Coach Jim Weddle, Gavin Palmer, Bradley Tyner, Noah Wivell, Dylan Reid, J.C. McMannis, Conner Orndorf, Doug Long, Terry Ryder, and Coach Brian Burdette; (Front Row) Joey Fogel, Brandon Morgan, Ryan Fisher, Connor Cramer, and Nathan Rednowers.

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At Home Primitives Now Open

by Carie Stafford

Photo by Carie Stafford



Brenda and John Seiss are shown standing in their new store, At Home Primitives.

Primitive is characterized by simplicity or simple by design, which is the perfect definition of the style in the new At Home Primitives store in Thurmont. At Home Primitives is a store specializing in country primitive-style home décor, hand-crafted wood furniture, hand-sewn treasures, table-top arrangements, repurposed one-of-a-kinds, and much more.

John and Brenda Seiss of Graceham, and long-time members of the Thurmont community, have been crafting gifts for family and friends for over twenty years. The gifts were unique and appreciated, so the recipients suggested the couple grow their hobby into a business. Now with years of craft shows and consignments under their belt, and their two children making their way into adulthood, they have ventured on their own to open the store.

They thoroughly enjoy bringing their customers something special. Their goal is to help their customers turn their place of dwelling into a warm and cozy home of which they are proud. Custom requests are especially welcome, so they can provide what suits specific needs and wants.

Are you looking for something particular and can't seem to find it? Are you considering having something made and want a special character to it that you cannot find in the regular retail stores? Stop by and see what John and Brenda can do for you. Their genuine enjoyment

of what they do will make you feel at home.

If you're looking to rid your home of unwanted household items such as decorations—or good ole' junk—without the hassle of setting up a yard sale, call or take it by the shop and let Brenda's imagination work for you. If she is able to transform or repurpose it, she'll make you an offer.

Along with offering their own crafted items, their goal for the shop is to consign antiques of the primitive nature, provide other craft items, and provide those hard-to-find craft supplies that are not available in big-box chain stores. If you are interested in consigning, please call.

At Home Primitives is located in the Gateway Market complex (on the left side when facing the building), at 14802 N Franklinville Road in Thurmont. Phone: 301-271-2524. Hours: Monday-Closed; Tuesday-Thursday, 11:00 a.m.-5:00 p.m.; Friday and Saturday, 11:00 a.m.-7:00 p.m.; and Sunday, noon-5:00 p.m. (hours subject to change with the seasons). Visit them on Facebook at www.facebook.com/AtHomePrimitives.

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Commodore Recording Studio

by Joseph Kirchner

In October 2013, Doug Benson (a professional recording engineer and musician) opened Commodore Recording Studio in Thurmont, the capstone achievement of twenty years of service in the Catoctin area. Back in 1992, Doug opened Harvest Recording, a two-room studio that he ran successfully for ten years, engineering and producing over one-hundred independent CD releases, and establishing a loyal client base. He moved the studio in 2003 and changed the name to Catoctin Mountain Recording. Known internationally for his audio restoration/remastering work, Doug has also taught college-level music courses, worked as a full-time musician and a videographer, and gained extensive experience in all aspects of arranging, recording, and music production.

Commodore Recording Studio is the fruit of over thirty years of experience. The studio provides an affordable, professional environment that is both comfortable and performance-friendly. First, Commodore's unusually shaped recording rooms are designed specifically with sound in mind. From

the symmetrically-played walls and ceiling of the control room to the non-parallel surfaces of the live room (a spacious 390 square feet) and booths, the wonderful acoustics inspire great performances and facilitate more accurate playback. The floor plan accommodates a 30 square ft. vocal/amp booth, a 68 square ft. drum/vocal room with gorgeous vintage Vistalite kit, a 170 square ft. control room with Neumann monitors and reclining sofa and the expansive live room, featuring a 12' ceiling, oak floor and Yamaha grand piano. In addition, Doug provides a separate lounge area with cable TV and a rehearsal piano. This beautiful, comfortable environment will inspire musicians to produce their best recordings!

The facilities are top-notch,



Photo by Joseph Kirchner

Doug Benson, owner of Commodore Recording Studio in Thurmont.

but most importantly Doug brings to the table over thirty years of recording experience that no amount of equipment could make up for. He offers a full range of services, including audio recording (both standard and multi-track), on-location recording of live and session-style events, excellent mixing, editing and mastering, transfer of material from obsolete formats to digital, voice-over work and commercial production, MIDI track production and sequencing, custom song arrangements and CD/DVD replication. In addition, Commodore offers world-class

audio restoration; historical and family heirloom recordings can be digitized, cleaned and enhanced with remarkable clarity. Many people own records and magnetic tapes that have degraded just from being stored, and Commodore has the expertise to rescue them while they're still playable.

Commodore Recording Studio offers an affordable mid-ground option between "budget" recording studios and ultra-studios. Doug provides a world of expertise and great equipment in a comfortable, performance-friendly environment that assures great recordings. Commodore's rates are very reasonable as well. For your recording or audio restoration needs, call Commodore first.

Commodore Recording Studio is located at 204 East Main Street in Thurmont. Phone: 301-271-2435; Web: www.commodorestudio.com. Also find Doug on Facebook.

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via bkuhn3@yahoo.com
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Info: Call Bill Kuhn at 800.529.5835 or stop by His Place Inc. at 20 Creamery Way, Emmitsburg, MD

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COMMUNITY news

Jim Humerick Hired as Thurmont Chief Administrative Officer

by James Rada, Jr.

Thurmont resident Jim Humerick will now be running the day-to-day operations of Thurmont as the new chief administrative officer.

Mayor John Kinnaird expressed that he expects Humerick to fill the position with skill and dedication, just like the other chief administrative officer and town clerks who have come before him.

"Jim's a good guy," Kinnaird said. "He's a hard worker and he'll do a good job for the town of Thurmont. He lives in Thurmont. He understands what life is like in Thurmont, and he'll offer an honest and caring ear to listen to people when they come in."

Kinnaird said that he was impressed with Humerick's experience with budgets, grants, and personnel.

More than forty applications—including five from Thurmont residents—were received throughout the region from people interested in filling the position.

Humerick worked for the Maryland National Capitol Parks

and Planning, which is funded by Montgomery and Prince George's counties. He worked there twenty-eight years and served as a regional operations manager and an administrative manager. Prior to that, he worked for Frederick County government for a short time. "I'm actually going to be retiring to come to work for Thurmont," stated Humerick.

Humerick was hired to fill the position left open when Bill Blakeslee left the position in October 2013. Blakeslee ran an unsuccessful campaign to be a town commissioner.

Humerick said that he will start off in his new job observing and learning how things work in the town's operations. He has done some of that already and noted, "I'm impressed with the efficiency and effectiveness of the town staff. My goal is to not get in their way and help them continue their high-quality work."

Humerick began his new position on February 24, 2014.

Emmitsburg Lions Club Celebrates Charter Night

Courtesy Photos

On January 31, 2014, the Emmitsburg Lions Club held its annual Charter Night event at the Carriage House Inn in Emmitsburg. In attendance—in addition to Emmitsburg Club members—were District 22W Governor Kent Eitemiller and several other past and present Lions Club dignitaries. Highlights of the evening were the renewal of the Club's charter and the announcement of Lion Bill Wivell as recipient of the Emmitsburg Lions Clubs "2013 Lion of the Year" award.

Pictured are Bill Wivell (left) and District 22W Governor Kent Eitemiller (right).



Pictured from left are Rachel Wivell, Bill Wivell, District 22W Governor Kent Eitemiller, Emmitsburg Club President Cliff Sweeney, Jennifer Joy, and Pat Joy.

Also during the event, three new members were officially inducted into the Club. Overseeing the induction of Lion Rachel Wivell, Lion Jennifer Joy, and Lion Pat Joy was Lions Club District 22W Governor Kent Eitemiller. In addition to welcoming the new Lions, the District Governor also thanked their sponsors for helping the Club to

grow by sharing the Lions story with others, as well as through their personal service to the community.

Recognition of Service

Recently, Tom's Creek United Methodist Church in Emmitsburg, under the leadership of Pastor Timothy Kromer (pictured right), honored Ernest Staub, a member since the late 1970s (pictured left), for his dedication and service to his church—extraordinary service given in many, many ways.



Courtesy Photo

50th Wedding Anniversary Celebration

On February 15, 2014, Luke and Judy Humerick celebrated their 50th Anniversary with friends and family at the Thurmont Activities Building. Pictured (below) are five generations of the Humerick Family.



Photo by Grace Eyler

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16626 Toms Creek Church Rd. Emmitsburg, MD - \$249,900

Well Cared for Cape Cod offers living room w/hardwood floors and woodstove, eat in kitchen with custom oak cabinetry and door to deck! Main level master bedroom, full bath and den (possible 4th bedroom)! Upper level offers 2 bedrooms and a full bath! Hardwood floors throughout! 1 car attached garage and detached garage/workshop/greenhouse! Metal Roof has lifetime warranty! Gorgeous Views!



13626 Catoctin Furnace Rd. Thurmont, MD - \$189,900

Spacious home on over 3/4 of an acre, currently 3 separate units. Could easily be returned to a single family. Roof, baseboard heat, electric, updated in the last 10 years. Unit A offers 2 bedrooms, Kitchen, Living and Dining (or could be 3rd bedroom), Unit B offers 2 bedrooms, Kitchen and Living Room and Unit C offers Kitchen, Living Room and Bedrooms/Loft. Great rental history! AS-IS.



7 Emmitsburg Rd. Thurmont, MD - \$249,900

This 3 Bedroom, 2 full bath colonial has been completely renovated! Laminate floors throughout, main level laundry, updated HVAC with an oil furnace back up, lovely sunny kitchen that opens to large dining room, spacious living and an office/den! Attached apt/in law with Kitchen, full bath, bedroom and living room that has been renovated. Fenced yard, plenty of parking and a deck for entertaining! This is a must see!



Elm Street Thurmont, MD - \$229,900

4 bedroom 1 1/2 bath home. Family room with wood stove, One car garage and shed with electric. Great back yard, Nice deck, on a nice mature street. This home has been very well taken care of. Very clean and cozy. Move in ready.



14330 Pleasant Valley Rd Smithsburg, MD - \$289,900

A MUST SEE! This gorgeous 4 bedroom, 2 1/2 bath colonial features hardwood floors, tile floor in kitchen, granite counter tops, washer and dryer and new windows in 2008 except bay window was reglazed. Water heater 5 years old, A/C installed in 2013, and furnace 4 years old. Perfect for the nature lover/hunter. Move-in ready! Closet door in bedroom will be installed.



Main Street Thurmont, MD - \$259,900

4 Unit apartment plus Store front. Property was renovated in 2007. Lead free certificate. Coin operated laundry on first floor. Property consists of 2- 2 bedroom apartments, and 2 -1 bedroom apartments.



12804 Quirauk School Rd. Sabillasville - \$234,900

Log home with 3 bedrooms, 2.5 baths, an attached garage and detached 2 car garage! Open kitchen with an island, maple cabinets, and granite countertops! Spacious living room and dining area! Lower level has 3rd full bath and family room! 1+ Acre lot just minutes over the Frederick County line!



62 Robindale Dr. Emmitsburg - \$169,900

Sunny and bright! This lovely 3 bedroom, 2 full bath duplex has had many upgrades including newer (2012) Trane HVAC, expansive deck and patio, newer shed, fully fenced rear yard, updated flooring throughout (laminate, carpet and hardwood), vaulted ceiling in living room, new French door from kitchen to deck and so much more! One car garage that has a rear entrance to patio! Gorgeous views! As-Is



Deep Powder Trail

Carroll Valley, PA - \$209,900
3 bedroom 2 bath home on 1/2 acre. You must see this like new home. Just painted inside thru out, new carpet in master bedroom, new front porch, New landscaping, Deck off dining area and deck off family room on lower level. 2 car garage. This is a move in condition home. Call Bonita Smith



11 E. Moser Rd.

Thurmont - \$192,000-

This cottage is just beautiful! Gorgeous new custom oak kitchen with spotless new appliances! Laminate floors in living, dining and kitchen! Updated wiring, plumbing, new HVAC and drywall! Pretty new bath with dual sinks w/ solid surface countertop and ceramic floor! 3 Spacious bedrooms and large laundry/utility room with cabinets for storage. This is a must see! Nothing to do here but move in!



10108 Mumma Ford Rd.

Rocky Ridge, MD - \$217,500

Spacious A-frame home offers 4 bedrooms, 1 and 1/2 baths, main level laundry, sun porch, decking and out building with bath and kitchenette. Partially fenced pastures, above ground pool, barn/machine building, kennels, shed, all on 6.1 acres! Bedroom addition not included in tax record sq ft. As-Is. Will not qualify for government financing! Seller to repair septic prior to closing.



Cliffton Dr. - \$159,900 Williamsport, MD

Call to see this cute 3 bedroom brick rancher with one car garage. Great back yard, full unfinished basement with washer and dryer. Convenient to Rt 81 and 70.

Beautiful Lots!

16.2 Acres Lot Ward Kline Rd Myersville - \$225,000

Lovely, wooded 16.2 acre building lot with well (8 gallons per minute) and 7 bedroom perc. Build your dream home and enjoy nature! Secluded setting with abundant wildlife including deer and turkey. Log road cut in to top of lot. Call for Plat.



LOTS - 13430 & 13312 Jimmie Rd., Thurmont, MD

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• (\$159,900 - 5.57 Acres, 6 BR, perc, 2 wells)

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Norman Shriver, Jr. Receives Thurmont Grange Community Citizen Award

The evening of January 27, 2014, was one of celebration by the Thurmont Grange, as they announced the recipient of their annual Community Citizen Award. Norman Shriver, Jr. of Shriver Meats in Emmitsburg was the recipient of this award. Shriver Meats is well known for quality beef throughout Maryland and neighboring states. They harvest corn, barley, and hay, and raise beef cattle.

Mr. Shriver graduated from Emmitsburg High School in 1959. While in high school, he enjoyed playing soccer and basketball and also participated in FFA. He was president of his school's FFA his senior year. He married Sandy Pittinger, and they recently celebrated their 51st wedding anniversary. They have three children and four grandchildren. Mr. Shriver gives credit to Mr. Walter Simpson as the person responsible for sparking his interest in the meat processing business. Mr. Simpson asked Norman to help him part-time in 1963, and Norman started his own business in 1964 in a summer house.

In his first year in business, he processed fifty cattle. The Shriver family built a processing and packaging facility on the farm in 1975. Today, they process 1,600 cattle per year, which includes slaughtering, cutting, wrapping, and freezing. The Shriver Meats have several dedicated employees who, along with their son David, have many years of meat processing experience. The Shriver's grandchildren also work on the farm and in the facility. The Shriver family has often happily assisted our local community, schools, and agricultural programs.

During the Thurmont Grange Banquet, Bob Wiles, Cliff Stewart, Bill Powell, and Jacob Shriver (Mr. Shriver's grandson), spoke about Mr. Shriver and lightly "roasted"



(left)
Grange Membership Awards
Pictured from left are Jane Savage, Peggy Royer, Rodman Myers, and Roger Troxell.



(below)
Grange Community Citizen Award
Pictured from left are Helen Troxell, Barb Maley, Sandy Shriver, Jacob Shriver, Norman Shriver III, Norman Shriver, Jr., and Bob Wiles.

Courtesy Photos

him. Bob Wiles spoke highly of Mr. Shriver as a neighbor, supporter of FFA, and businessman; Bill Powell shared a humorous encounter that he had with him; Cliff Stewart spoke highly of Mr. Shriver as a neighbor, supporter of FFA, and business owner; and grandson, Jacob Shriver, said that he and his sister, Elizabeth, have been blessed with agriculture in their lives as third generation farmers. Jacob added that he looks forward to carrying on the family tradition of providing quality services for the customer.

Mr. Shriver and his wife, Sandy, both expressed appreciation at being recognized. Each referenced their loyal family—which includes Shriver Meats' long-standing employees—for the success they've had.

Also during the banquet, members shared letters from community members expressing thanks and appreciation. Thurmont Grange membership awards were presented by Grange Master Rodman Myers to: Peggy Royer with 50 years, Roger Troxell with 40 years, Dallas McNair with 55 years, and Marie McNair with 55 years.

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Rocky Ridge 4-H Club Community Service

The Rocky Ridge 4-H Club's community service for January 2014 was to serve the Rocky Ridge Volunteer firemen at their annual banquet. The banquet was held on January 23, 2014, at the Rocky Ridge firemen's activity center in Rocky Ridge, Maryland.

This was a big evening, as the Club served over 150 people, with the 4-H members' families assisting. Patty Kerns was in charge of the kitchen for the evening.

The 4-H'ers who helped serve were: Stacie Burst, Nikita Miller, Brandon Benitez, Megan Millison, Brittini Brown, Kaitlyn Neff, Wesley Brown, Austin Ridenour, Taylor Clarke, Lauren Schur, Addison Eyler, Margo Sweeney, BreAnn Fields, Payton & Kelsey Troxell, Ashley Lescalleet, Kolton & Brayden Whetzel, Logan Long, Ashley & Justin McAfee, and Dakota Bittner.

Courtesy Photo



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Rocky Ridge Volunteer Fire Company Holds Annual Banquet

The Rocky Ridge Volunteer Fire Company, Inc. held its annual Awards Banquet on January 23, 2014, at the Rocky Ridge firemen's activity center in Rocky Ridge, Maryland.

Various fire companies from around the county sent representatives as guests. Members of the Rocky Ridge 4-H Club served the banquet. The Master of Ceremonies was Company President, Dale Kline. Chief Alan Hurley presented awards to the top 10 responders and introduced his line officers for the year.

Top 10 Responders

1. Leon "Buddy" Stover Jr., with 101 calls; 2. Christina Hurley; 3. Alan Hurley; 4. Matt Moser; 5. Kevin Albaugh; 6. Bonnie Hurley; 7. Luke Humerick; 8. John Reese; 9. Jim Rice; 10. Donnie Kaas.

2014 Officers

Administrative Officers include: President, Dale Kline; Vice President, Dennis Mathias; Secretary, Paulette Mathias; Assistant Secretary, Melissa Mathias; Treasurer, Bun Wivell; Assistant Treasurer, Heather Mathias; Directors: Robert Eyler, Ronnie Eyler, Jamison Mathias, Andrew Mathias, Donnie Kaas, Charlie Riggs, and Alan Brauer.

Awards

The Honor Member of the Year was awarded to Leon "Buddy" Stover, Jr. The President's Award was presented to the Rocky Ridge 4-H. The Charles Mumma Firefighter of the Year Award was presented to Captain Kevin Albaugh, and the Robert Albaugh Volunteer of the Year Award was given to Christina Hurley. The Ladies Auxiliary presented a check to the Fire Company in the amount of \$13,000. Junior member of the year was Josie Kaas.



Rocky Ridge Administrative Officers

Pictured from left are Jamison Mathias (Director), Melissa Mathias (Asst. Secretary), Heather Mathias (Asst. Treasurer), Andrew Mathias (Director), Donnie Kaas (Director), Charlie Riggs (Director), Dale Kline (President), Denny Mathias (Vice President), and Paulette Mathias (Secretary). Not pictured: Directors, Robert Eyler, Ronnie Eyler, and Alan Brauer; Treasurer, Bun Wivell.

Photos by Danielle Hoff



Rocky Ridge Junior Firefighters

Pictured from left are Josie Kaas, Kelly Kaas, Sadie Finnyfrock, Kelsey Mathias, Breezy Combs, Robert Albaugh.



Rocky Ridge Ladies Auxiliary

Pictured from left are Patt Riggs, Nancy Baker, Betty Ann Mumma, Nancy Summers, Betty Lee Mumma, and Emily Grant.

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Smoke on the Mountain Comes to Thurmont in April

Hold onto your seats because the Thurmont Thespians are preparing for a rousing Saturday Night Gospel Sing with their latest production of *Smoke on the Mountain*, set to be performed the first two weekends in April at the American Legion in Thurmont.

Smoke on the Mountain is set in North Carolina's Smoky Mountains in 1938, and tells the story of the Sanders family, a traveling bluegrass group, who are enlisted by the local pastor to bring his tiny congregation into "the modern world." Between songs, each family member tells a story about an important event in their life, often revealing their true and hilariously imperfect natures.

Continuing the Thurmont Thespians mission of bringing all aspects of community theatre to Thurmont, *Smoke on the Mountain* is being directed by long-time Thurmont Thespian, Kelli Donaghue of Woodsboro. Donaghue has performed, worked back stage, or choreographed countless Thurmont Thespian shows. "When Beth (Watson) caught me after church and asked me to take over directing the show for her, I answered a yes without hesitation, which was most unusual for me," said Donaghue. *Smoke on the Mountain* is being dedicated to the memory of Dr. Spence Watson, co-founder of the Thurmont Thespians and husband of Beth Watson, who died suddenly in December 2013. "When Spence died, our happy, escape from the world and into Thurmont Thespians work also died. It stopped for a bit. I wondered, as well as did all of my former cast and crew mates: what will happen now? We are still wondering and will undoubtedly be searching and feeling lost for quite some time," continued Donaghue.

Joining Donoghue are cast members Joshua Flanick, Norman Gibat, Steve Hess, Lori Hockley, Kathy Jenkins, Harriette Mathews, Anna Perry, Annabelle Perry, Travis Sanders, and Taylor Wiles. Musical Director is Matt Albright, Set Designers are Rich Friis and Michael Brown, and Lighting Designer is Michael Brown.

Opening night for *Smoke on the Mountain* is Friday, April 4 at 8:00 p.m. Performances will continue on Saturday, April 5 at 8:00 p.m. and Sunday, April 6 at 2:00 p.m. The show will resume on Friday, April 11 at 8:00 p.m., with a Dinner Theatre on Saturday, April 12 at 6:30 p.m. and a closing show on Sunday, April 13 at 2:00 p.m. Tickets are \$15.00 each and are on sale now by calling Becky Urian, Box Office Manager, at 301-271-7613.



Smoke on the Mountain cast (from left): Anna Perry, Joshua Flanick, Travis Sanders, Lori Hockley, Norman Gibat, Steve Hess, and Annabelle Perry, (front) Matt Albright, Musical Director.

Courtesy Photo

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Scout Receives Award

During a recent meeting of the Thurmont Lions Club, Jared Snyder was presented with the 2014 Ross Smith Sr. Scouting Award. Jared first joined the scouts as a Tiger Scout in 2001. He progressed rapidly through the Cub Scouts and joined the Boy Scouts in 2006. He earned an impressive forty-two merit badges and earned his Eagle in 2012. His Eagle project involved fixing a horse trail at Catoclin Mountain Park. He has demonstrated leadership skills and a willingness to help others and support his community. The Thurmont Lions Club has sponsored Troop 270 since 1932.



Pictured from left are Lions Ross Smith and Don Keeney with Scout Jared Snyder.

Klondike Derby



(left)

Pictured is Carson Marrow, Doug Isanogle, Devin Wine, Dalton Wine, Keegan Coolidge, Danny Dutrow, Michael Goldberg, and Kyle Cover from Boy Scout Troop 270, as the dogs pull their handmade sled during the Klondike Derby on February 25, 2014.

(right)

Pictured are members of Venturing Crew 270 achieving one of the many goals during the Klondike Derby held at the Walkersville Watershed on February 25, 2014: Balancing seven people on a board balanced on a log (Bottom up) are Jared Snyder, Trevor Bostian, Peter Wright, Dominic Neild, Drew Bramson, Alex Mayhew, and Devin Stafford.



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Thurmont Lions Club Awarding Three Scholarships

The Thurmont Lions Club is pleased to announce that the TLC Foundation will award three \$1,000 scholarships to graduating Catoclin High School seniors again this year. These scholarships are awarded competitively based on academic achievement, participation in activities, and financial need.

Information and applications for these scholarships are available at the Catoclin High School office and on the Thurmont Lions Club website, www.thurmontlionsclub.com. Completed applications and all documentation must be submitted by April 1, 2014.

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Help for the Jobless at the Thurmont Regional Library

by James Rada, Jr.

With the high rate of unemployment and millions of people who have simply given up looking for work, job seekers need all the help they can get to find a job.

In Thurmont, they can find that help at the Thurmont Regional Library. Once a month, Goodwill of Monocacy Valley offers free job counseling at the library. Patie Elsberry runs the program on the third Wednesday, from 2:00-4:00 p.m. "We used to have them weekly, but we cut back to once a month when the weather got cold," Elsberry said. "Hopefully, when it warms up again, we can go back to weekly."

The program allows people to come to the library and get help with resume writing, filling out applications, hunting for jobs, and interviewing.

"Patie came to us initially and asked if we would be interested in having job assistance at the library, and we were happy to do it," said Library Manager Erin Dingle. "For many years, people needed to run to Frederick for everything, but by having a Regional Library in the community, they can now find what they need right here. And we're always seeking other opportunities in the community for partnerships," added Dingle.

The library has been hosting the program for about two years, and job hunters have found it helpful. "Patie will work with someone until they find a job, and she doesn't consider it a success until the person does find a job," stated Dingle.

One of the useful things that Elsberry does is help attendees put together a master resume, a generic resume that the person fills out and then Elsberry reviews and types. This aids the job seeker in having something to refer to when they are filling out a resume that contains all of the needed information. She will also guide them through the process of filling out an online application and conduct mock interviews. "If they get a job, I follow up to see how they are doing," Elsberry said.

She has seen success in helping people not only find jobs but upgrade their work or even switch careers. "It's nice to know there's someone out there to help you through the process," Elsberry said.

If you are interested in getting job assistance, but can't make it out to the program, Elsberry leaves job assistance packets at the library that can be picked up during library hours. You can also call her for more information at Goodwill of Monocacy Valley at 301-662-0622, x209.

Related to the job assistance program, the library also offers a monthly computer basics class.

"People can learn how to use computers, set up e-mail accounts, and take care of computers," Dingle said. The class is taught by Mike Mathis, a computer programmer who lives locally. The workshops are held the first Wednesday of each month. You can call the library at 301-600-7172 to find out more about the workshop.

A Scout is Reverent

Adult Scouts, Girl Scouts, Cub Scouts from Pack 270, Boy Scouts from Troop 270, and Venturing Scouts from Crew 270 attended service at Thurmont United Methodist Church on February 2, 2014, to celebrate Scout Sunday. Scout Sunday recognizes the official Birthday of Scouting.



Courtesy Photo

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Courtesy Photo



Siblings, Jaden (8 years old) and Claire (2 years old), pose for a picture while playing in the snow.

Monster Snowman built by John and Silas Nickerson.



Photo by John Nickerson



Tree behind the post office at the American legion in Thurmont.

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Meet Bean the Gibbon

by James Rada, Jr.

A zoo in the southwest sold Bean nearly twenty years ago because they had enough gibbons. Bean wound up in Fairfield, Pennsylvania, where, there, she is quite unique.

"Bean has been at the Rescue longer than any person or animal that is currently here, by far. She came here many years ago when it was still Gettysburg Game Park," said Melissa Bishop with the East Coast Exotic Animal Rescue.

The Gettysburg Game Park changed its name to the East Coast Exotic Animal Rescue in 1998. It is now a non-profit animal sanctuary, dedicated to providing animals with a permanent home. This is an important mission since exotic animals that have been born in or raised in captivity are rarely able to survive in the wild. These animals have never learned the skills needed to live in the wild, and some have been declawed or had their canine teeth removed. They would be unable to hunt or protect themselves in the wild.

"Our goal is to provide lifelong sanctuary to all of the animals that come to us," Bishop said.

Bean can play outdoors in the warm weather in her 40 foot by 60 foot area, which is two stories tall. She also has an indoor area where she spends rainy or cold days. "In the wild, she would spend most of her life in the treetops," said Bishop.

Bean is a 33-year-old gibbon, which is the smallest type of ape. Wild gibbons are found in the jungles of Southeast Asia. She is about two-and-a-half feet tall and weighs roughly twenty-five pounds. Gibbons will live, on average, twenty-five years in the wild.

"There are fifteen species of gibbon, all but one of which is endangered or critically endangered," Bishop said.

Bean, like many gibbons, is a social animal. In the wild, she would be part of a troop, but since she is alone at the sanctuary, she enjoys interacting with people.

"You may see her playing and swinging, especially if there is a small child around. Or she may seem to be contemplating the universe," Bishop

Photo Courtesy of the East Coast Exotic Animal Rescue



Bean, a 33-year-old gibbon, resides at the East Coast Exotic Animal Rescue in Fairfield, Pennsylvania.

said. "Generally, she's a very quiet and gentle soul. You can't spend any time with her without wondering 'what is she really thinking?'"

Years ago, when Bean's long-time companion, Freda, died, Bean became depressed and grieved the loss of her friend. The staff at the sanctuary researched ways in which they might be able to cheer up the gibbon and decided to find her new friends.

"She has two bunnies that live with her now that provide some company," Bishop said. "She seems to enjoy their presence, and has been seen offering them an occasional treat."

Though Bean was sold as "surplus" from a zoo (a fairly common practice among zoos to generate money), she was lucky in one aspect. She was healthy. She did not have to be surrendered or confiscated from her owner because of her condition.

Bean eats primarily fruits and vegetables at the sanctuary. However, as a treat, she sometimes gets granola bars or marshmallows.

You can meet Bean and her friends at the East Coast Animal Exotic Animal Rescue at 320 Zoo Road in Fairfield, Pennsylvania. The rescue will be open weekends beginning in May.

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SCHOOL news

Mother Seton School Students Spell Their Way into Countywide Bee

Courtesy Photo



Mother Seton School students, Stephen Hochschild (left) and Emma Wivell (right), emerged as the winners at the schoolwide Spelling Bee. Stephen will represent Mother Seton School at the Frederick County Spelling Bee in March. Emma will serve as his alternate.

represent Frederick County in the National Spelling Bee in Washington, D.C., scheduled for May 25-31, 2014.

It was a harrowing eleven rounds, but 8th grade student, Stephen Hochschild, managed to secure a spot representing Mother Seton School in the Frederick County Spelling Bee to be held March 15, 2014. His championship word was quite apt for a Catholic school student: pontiff. Emma Wivell, a 4th grade student, was runner-up and will serve as Stephen's alternate in the County Bee. Ten students from grades four through eight competed for the opportunity.

The Spelling Bee is sponsored by the E.W. Scripps Company. The winner of the Frederick County Spelling Bee will go on to

Thurmont Middle School LEOs Dedicated to Helping the Community

by James Rada, Jr.

The members of the Thurmont Middle School (TMS) LEO Club aren't part of the club for just themselves. They are part of something much bigger, designed to help and lend a hand to others in their community.

LEO stands for Leadership, Experience, and Opportunity, and the LEO Club provides all three, as the service organization for students under the direction of the Thurmont Lions Club. According to the Thurmont Lions Club website, "The Club provides the Thurmont Middle School youth with an opportunity for development and contribution, individually and collectively, as responsible members of the local, national, and international communities."

The group of about two dozen middle school students meets twice a month after school to plan out their projects.

"They've raised money for therapeutic riding and sold candy bars to raise \$1,013 for the Jeremy Hahn fund," said Joyce Anthony, the Thurmont Lions Club advisor. "They are also going to be doing Hoops for Heart and Teens for Jeans. We do quite a few things for the community," Anthony added.

Eighth-grader Alex Bolinger serves as the president of the LEO Club. For her, service runs in the family. "Some of my family were in the Lions Club," she said. "When I came to middle school, I heard about the Club and came to a few meetings. It seemed like a lot of fun and I got to help the community." She has now been a member of the LEO Club since the sixth grade. Her favorite project that she has participated in so far was a collection the club members made for the Frederick County Animal Shelter. "We put boxes around town and people donated

Photo Courtesy of Joyce Anthony



2013 Leo Induction Ceremony of the new TMS Leos.

blankets, towels, dog food, dog treats, and dog toys for the animals," Alex said. "I liked it because I like animals and loved doing something for them."

Treasurer Samantha Grimes said that her favorite project so far was when the Club members acted as the wait staff at a local restaurant that provided a spaghetti dinner fundraiser. "We have a lot of fun doing things and we help people," Samantha said.

Thurmont Middle School has had its LEO Club since October 2009, and, in that time, it has done a lot of work to help improve Thurmont and the surrounding communities.

Alex said that she believes the LEO Club is having an impact on the community for the better. The members have even become a resource for other local organizations when they need volunteers to help with activities.

"When we participate in the same things as other schools, we usually raise the most," Alex said. "We are out there helping, and we do about fifteen projects a year."

Secretary Avie Hopcraft joined the LEO Club, because Alex recruited her when Avie's family moved to Thurmont from Florida.

"It's really, really fun, and we get to pick projects that interest us. If you like doing something, we can find a way to use it to help people," Avie said.

While the Club is about service, they will also do fun things as a way to thank their members for helping. This might include pizza parties or even a trip to Hershey Park.

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2014 CHS Safe and Sane Activities

The 2014 Catoctin Safe & Sane Graduation Committee is holding a meeting of interested parents of the graduating class of 2014 on Wednesday, March 12, 2014, at 7:00 p.m. in the media center at Catoctin High School. All help is needed to make this a very successful event for the seniors. Event announcements and meeting minutes can be seen on their website at <http://catoctinsafeandsane.com>.

Mark your calendars for some fun upcoming events: March 14—Crab Cake Dinner, Vigilant Hose Company in Emmitsburg, dinner served from 4:00-7:00 p.m., cost is \$15.00 per person (carryouts available); senior students can help serve dinner, donations of desserts and sodas are welcome; March 29—Sportsman's Dinner, Vigilant Hose Company in Emmitsburg, doors open at 5:00 p.m. and games begin at 7:00 p.m., cost is \$25.00 per person (includes dinner and beverages), must be 16 years old to attend, donations of desserts, soda and water are welcome; April 5—Wing Night, Vigilant Hose Company in Emmitsburg, doors open at 5:00 p.m., cost is \$20.00 per person (\$10/ages 10 and under; free/ages under 3), donations of desserts, soda and water are welcome; April 12—Cash and Sportsman's Bingo, Lewistown Fire Hall, 11101 Hessong Bridge Road in Thurmont, doors open at 5:00 p.m., Bingo starts at 7:00 p.m., cost is \$35.00 per person (includes 20 games w/ two jackpots, meal, soda and water and adult beverages), no one under 16 is admitted, donations of desserts, soda and water are welcome.

For ticket information, contact Lisa White at lmwhite88@msn.com or 240-367-6996, or Laura Imes at imesla@yahoo.com or 301-788-6458.

Shannon Burke, the memory room chairperson, has asked that each senior or their family provide her with their senior picture and three to four additional pictures taken in the years 2013-2014 for the senior video. Please email the pictures to Shannon at sburke1974@msn.com and include the name of the student. You can also mail pictures to Shannon at 35 Pleasant Acres Drive, Thurmont, MD 21788. Please include a self-addressed stamped envelope to have pictures returned.

The committee is also selling garden stones (cougar paw) at a cost is \$5.00, \$10.00, \$15.00 (or \$25.00 for a set) and will be holding 50-50 raffles at sporting events and other activities at the school.

There are approximately 240 seniors at Catoctin High School. If you are interested in volunteering and/or donating needed items, please contact anyone of the persons listed above. Remember – nobody can do everything, but everyone can do something.

EHS Alumni Association Offers Scholarships

The Emmitsburg High School (EHS) Alumni Association is accepting scholarship applications. Four \$1,000 scholarships will be awarded in May to deserving students. Any Catoctin High School senior or graduate who is enrolled in an institution of higher learning is eligible if he/she resides in the Emmitsburg School District. This includes Emmitsburg 21727, Rocky Ridge 21788, and Taneytown 21787 (Taneytown boundary is determined by Bridgeport on route 140). Applicants may apply each year as long as they are enrolled in an institution of higher learning.

Selection is based on having a 3.0 or higher grade point average, being a full-time student, presenting two letters of recommendation, and pursuing higher education (technical school, four-year college, or community college).

Applications may be obtained by contacting the guidance department at Catoctin High School at 240-236-8082. All applications must be received by May 1, 2014.

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Who will be the 2014 Teacher of the Year?

Do you know a teacher who goes beyond what is expected? Is there a teacher who has made an impact on your life or your child's life? It's time to recognize these special teachers by nominating them for the Thurmont Lions Club Teacher of the Year Award. Anyone, including parents, students, and fellow teachers, may nominate a teacher.

This award is open to Pre-K through Grade 12 full-time teachers in the Catoctin feeder school system: Catoctin High, Thurmont Middle, Thurmont Primary and Elementary, Sabillasville Elementary, Lewistown Elementary, Emmitsburg Elementary, and Mother Seton School.

One finalist from each of the eight schools will be announced during a reception at Catoctin High School in April. The Teacher of the Year will be selected from these finalists by a committee of community leaders and will be announced at the Thurmont Lions Club's Education Night on May 14, 2014.

Nomination forms are available at www.thurmontlionsclub.com and at the Thurmont Regional Library. Nominations are due by Wednesday, March 26, at 5:00 p.m.

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SPORTS news

Welcome to Thurmont Little League and Babe Ruth 2014

by Joseph Kirchner

This year marks the seventy-fifth anniversary of Little League Baseball in the United States, a great American institution. Thurmont Little League celebrates sixty-one glorious years of playing America's pastime, with expectations for a great 2014 season! From its humble beginnings way back in 1953—when they played on just one field located near the old shoe factory on Apples Church Road—to today's beautiful Thurmont Little League Complex with five fields, this enterprise owes a great debt of gratitude to its founding fathers, namely Daniel Waybright, Ray Felix, Paul Hahn, Doug Buchanan, Paul Schaefer, John Strine, and Charles "Hamp" Spalding. Today, President Mike Randall and Vice-President Ed Lowry provide enthusiastic, dedicated leadership to build upon the strong foundation laid by their predecessors.

Thurmont Little League has a very rich history. It is currently the largest youth sports association in Northern Frederick County, boasting active spring and fall seasons and a membership of over three-hundred area boys and girls, ranging in age from 4-18 years old. Not only does it offer a wonderful opportunity to develop teamwork, sportsmanship, and a strong sense of community, the Thurmont Little League also enjoys a great tradition of success, having won numerous

District Titles, as well as its most recent State Title in 2005.

Mike Randall and Ed Lowry have had an extremely busy "off-season," making countless capital improvements to the clubhouse and to the playing fields, as well as organizing registration for what is certain to be the biggest year ever. With the help of generous volunteers (who are always greatly appreciated by the hardworking officers), new electrical services are in place and several completed clubhouse projects now make this venue both safer and more attractive. The playing fields are also greatly enhanced by the completion of many major renovations, including upgrades to the batting cages, 1,500 pounds of clay added to the Minor/Major Fields, drainage added to the Minor Field, re-cuts on both the Major/Minor infields, newly installed home plates and bases, and newly built pitcher's mounds and batter's boxes on the Minor/Major Fields. All in all, the Complex is in great condition for the upcoming 2014 season.

Both Ed and Mike are quick to point out that as important as these capital projects are, the heart and soul of Thurmont Little League is the wonderful friendships it encourages. With a sixty-one year history, many of today's players are the third and fourth generations to participate in the rich tradition of Thurmont Little League. Here is where cherished,



2013 District Champions

lifelong memories are made. Mike proudly proclaims, "This is an exciting opportunity where you can come with a four-year-old child to play T-ball, and play the sport of baseball until you're eighteen years old, all here in your hometown with great competition and your friends right here in your backyard."

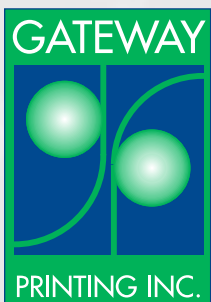
Significantly, the officers make sure that no one is turned away from Thurmont Little League. All are invited and all are guaranteed the wonderful opportunity to play baseball. The Thurmont Little League is a proud partner with the District 2 Challenger League, which provides support for players with physical or developmental disabilities to participate in baseball to the maximum of their individual abilities. In fact, the 2006 Thurmont Civitan Challenger team was selected by President and Mrs. Bush to play T-ball at the White House with Willie Mays as Commissioner.

Moreover, in 2012, Thurmont was proud to host the Maryland State Challenger Jamboree.

Whether you are a native to this area or a newcomer, Mike and Ed invite you to sign up for the 2014 season. Opening Day on Saturday, April 12, 2014, will be an all-day affair, marked by many festivities at the Thurmont Little League Complex. Of course, if you would like to coach or volunteer to help in any way, Mike and Ed would love to hear from you.

Online registration is available at their websites: <http://www.eteamz.com/thurmont> for Little League and www.eteamz.com/thurmontbaberuthleague for Babe Ruth. You may contact President Mike Randall by phone at 301-271-3958 or by e-mail at Michael.randall@bea.gov.

Also visit "Thurmont Little League and Babe Ruth" on Facebook.



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The Sport of Lacrosse Gaining Popularity in the Catoctin Area

Catoctin Youth Association Lacrosse (CYA LAX) is a youth program that participates in the Western Maryland Youth Lacrosse League (WMYL). Currently, CYA LAX fields four teams: one each in age groups U9, U11, U13, and U15. All four age groups play in the B Division. As it stands right now, CYA Lacrosse teams are all in the boy's league of WMYL. This means that tough Catoctin girls are playing alongside the boys, as the program currently does not have any girl's teams.

CYA LAX has been around for years, but has lately seen a resurgence in participation and interest in the sport as a whole. CYA coaches are Level 1 certified by US Lacrosse and take great pride in making these teams top-notch. Last season, the CYA LAX U11, U13, and U15 teams went undefeated. U15 won the B Division title in the end-of-year WMYL tournament last season.

CYA LAX volunteers emphasize the importance of marketing the sport to youngsters in order to field a steady stream of at least twenty-five to thirty U9 players every year. In turn, these skilled players will move up to help maintain and grow participation numbers as they move on to high school and college teams. Lacrosse is a popular spring sport for boys and girls at Catoctin High School.

With participation growth in mind, CYA LAX is conducting an outreach to the community for financial sponsorship and support.

League President Ryan Loher said, "We are in a real need to get our sponsorship and donation dollar totals on the rise. While we do fundraising, we mainly get our money through dues that are collected to help us pay for all fees and expenses that come up through the season. Lacrosse can be a costly sport to start for an athlete and his/her parents. So, as an organization, we work with families to get them the necessary equipment and assist with registration fees as much as possible."

Without additional sponsorship, the league will be unable to reach and assist all of the kids that may be interested in playing as this sport grows. They ask for community support in order to achieve their next goal, which is to provide the majority of the equipment and quality uniforms for players. At a minimum, they aim to provide a standard uniform, from the jersey to the socks. At the present time, the organization can only afford to provide a jersey. They are also seeking a donation of a shed to be placed on Eyler Field to store equipment.

The league's long-term goal is to form a girl's side of the organization. This means increasing the number of females participating from a young age. The game of girl's/women's lacrosse differs significantly from men's lacrosse. Women's rules are specifically designed to allow less physical contact between players. The pockets of women's sticks are shallower than those of the men,

making the ball harder to catch and more difficult to shoot at a high speed. Women players may only check using the side of their stick, and when the check is directed away from the ball carrier's head. It is

important to make sure the girls learn to play the same style of game that they will play in high school.

From a player's perspective, lacrosse is one of the most physically demanding, high-impact, constant-action sports that a kid can play. Lacrosse is often said to be the fastest game on two feet. With this constant movement and action, kids quickly fall in love with the sports flow. As a former player, Loher said, "Lacrosse is easier to get involved in than baseball because there are fewer pauses and downtime. I think it is more exciting than football because play is not interrupted when a player is tackled or loses the ball. In lacrosse, play continues uninterrupted for the most part until



Courtesy Photo

a goal is scored. Then play is quickly resumed again."

The cost for registration in CYA LAX is \$85.00 plus the cost of equipment which is typically about \$250.00 at a minimum for new players. For information on registering, check out the CYA LAX Website www.leaguelineup.com/catlax for forms. Send payment to Laurie Wilhelm, ATTN: CYA LAX, 5149 Wigville Rd, Thurmont, Maryland 21788. Checks should be made out to CYA LAX. Call Ryan Lohan at 301-418-2338, Laurie Wilhelm at 301-748-7597 or email CYALacrosse@gmail.com for information. Also, you can visit them on Facebook username CYA Lacrosse.

"You always get a special kick on opening day, no matter how many you go through. You look forward to it like a birthday party when you're a kid. You think something wonderful is going to happen."

~ Joe DiMaggio

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Calling All Catoctin Softball Alumni

The Catoctin Softball Program would like to invite all softball alumni and their families to the 1st Annual Catoctin Softball Alumni Game on Thursday, May 1, 2014, when the Cougars will take on Walkersville High School at 4:45 p.m. They are celebrating the 35th year of the program, and they would like to include all of you! Please email Coach Jessica Valentine at jessica.valentine@fcps.org to be added to the information/email list.

They are looking forward to seeing the history of their success all together!

Atlantic City Bus Trip

The 5th annual Gregory A. Brashears Jr. Memorial Atlantic City Bus Trip will take place on April 12, 2014. The bus will depart from Thurmont Plaza at 7:00 a.m. sharp, and return at 11:00 p.m. The cost of tickets are \$45.00 per person (non-refundable). Participants must be 21 years of age. For tickets, please contact Lori Long at 301-748-6007.

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“In a Word” – A Lenten Sermon Series by the Emmitsburg Council of Churches

Wednesdays During Lent

March 12, 2014 — Elias Lutheran Church, 7:00 p.m., A Contemporary Worship Service + Fellowship. Barbara Anderson will facilitate a conversation on “Sin and Reconciliation.”

March 19, 2014 — Trinity United Methodist Church, 7:00 p.m., A Traditional Worship Service + Fellowship. Rev. Katie Penick preaching on “Service.”

March 26, 2014 — Emmitsburg Presbyterian Church, 7:00 p.m., A Traditional Worship Service + Fellowship. Rev. Timothy Kromer preaching on “Sacrifice.”

April 2, 2014 — St. Joseph’s Catholic Church, 11:45 a.m., A Simple Soup/ Bread Lunch & Conversation. Fr. John Holliday speaking on “Joy.”

April 9 — St. Anthony Shrine, 7:00 p.m., Traditional Worship Service + Fellowship. Rev. Jon Greenstone preaching on “Contentment.”

Easter Sunrise Worship Service

April 20, 2014 — Grotto of Our Lady of Lourdes, 6:00 a.m. Rev. Tiffany Kromer preaching on “Hope.”

What’s New with the Thurmont Ministerium?

The Lenten Season for Christians begins on March 5, with Ash Wednesday. During this time of prayer and reflection, the Thurmont Ministerium is providing combined services at various locations on Monday evenings beginning at 7:00 p.m. Light refreshments will be served following the services: March 10, 2014 — St. John’s Evangelical Lutheran Church; March 17 — St. Paul’s Utica Lutheran Church, Utica; March 24 — Harriet Chapel Episcopal Church, *Taize Service; March 31 — Weller United Methodist Church; April 7 — Thurmont Church of the Brethren; April 14 — Lewistown United Methodist Church.

Check local churches for Good Friday services. The theme is “Sing to the Lord a New Song,” and each church will feature a song or hymn representing the Lenten season. A collection will be taken to benefit the ministries of the Thurmont Ministerium.

What’s a Taize Service?

This worship service was started by Brother Roger, who founded an international, ecumenical community in Taize, France. Brother Roger founded the community in 1940 as a place of refuge, peace, and reconciliation. Today, the Taize community is made up of more than 120 Protestant, Catholic, and Orthodox brothers from twenty-five countries. Brother Roger never advertised his community, but people began to stream in from all over the world, and now, each year, it is visited by more than 100,000 people searching for closeness with God. The service is simple, non-denominational and takes place in a candlelit sanctuary. It consists of a scripture reading, a psalm and prayers set in the midst of repetitive songs.

If you feel you need some peace in your frenzied life, come experience the tranquility of a Taize Service. Taize worship offers an opportunity to listen as God speaks through scripture, music, and in silence. Call Rev. Sally Joyner Giffin for more information at 301-271-4554 or sallyjoynerfiffin@yahoo.com.

Ash Wednesday is March 5, 2014. See individual churches for times and services. However, if you can’t make a service, Pastor Susan Beck will be distributing ashes and sharing a prayer in the downtown Thurmont area. Reverend Sally Joyner Giffin will offer drive-in distributions at 6:30 a.m. and 6:30 p.m. at the Catoctin Episcopal Parish on Catoctin Furnace Road. Just drive into the parking lot, ask to receive a prayer and have ashes placed on your forehead. Regular services with imposition of Ashes follow at 7:00 a.m. and 7:00 p.m.

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fitness matters

Expert Answers to your Health and Wellness Questions

by George Puvel, Anytime Fitness Owner

Question: The holidays are over, yet the stress still seems to be lingering. I feel as if I can't get back on track with a regular schedule. Can you please provide some tips to help me cope with my stress?

Answer: Here are three very simple steps you can do to help you feel stronger, happier, and better able to manage your stress. Begin by eating fresh, wholesome foods that will fuel your brain and boost your mood. Reaching for the junk food might give you instant satisfaction, but will make you feel depleted in the long run. Next, continue to stay physically active, as exercise is known to help reduce stress and clear your mind. And lastly, create an experience of joy somewhere in your day, such as watching a funny movie, or curling up with your favorite book and a cup of tea. Setting aside this time for yourself can help you shift your thinking to feeling good and creating positive thoughts.

Question: Recently while exercising on the cardio machines, my toes went numb within a few minutes of

working out. Any ideas as to what is causing this?

Answer: Numbness in the toes is a common complaint among treadmill and elliptical users. Often, the cause is wearing shoes that are too tight or tying the shoelaces too tight. Feet swell when exercising, so make sure when purchasing shoes you try them on at the end of the day and opt for a wider toe box so toes have room to move. If you believe that your shoes are the correct size, make sure you allow for some time to stretch the foot and lower leg before beginning your workout. Tightness may lead to improper form, which could lead to numbness. If the numbness persists, you may have a nerve issue called Morton's neuroma, where the pressure on the nerves between the 2nd-3rd toes or 3rd-4th toes causes the numbness. In this case it's important to see a podiatrist to help treat the condition.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

Hunting Photos



Phillips first buck, opening day of Maryland Youth season.

Courtesy Photo



Courtesy Photo

Josh Heaphy's 8 point, Youth Day November 16, 2013, in Emmitsburg.





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Seton Center Outreach Success Story

Seton Center, Inc., a non-profit organization in Emmitsburg, assists low-income families in meeting their basic needs by offering supportive human services. Staffed by the Daughters of Charity of St. Vincent de Paul, local residents and a myriad of volunteers, Seton Center, Inc. strives to provide the homeless with resources and keep families in their homes by providing case management and emergency assistance with food, rent, mortgage, utility, transportation, and medical costs.

People who work hard to be self-sufficient sometimes find that even a minor emergency can result in calls from collection agencies or a loss of housing. This was true for Robert Riley, although his emergency was not so minor. Robert is an amazing man of integrity, strength, and God-sized faith. He is a Vietnam veteran, loving husband, father and friend. But one day, Robert found himself in a doctor's office receiving a diagnosis of cancer. This devastating news naturally left him in tears, but because of his strong faith through prayer, in a few days he heard God tell him, "You're going to be all right." He said he realized that, "you need to help yourself before others can help you." For him, that meant putting his pride and feelings of shame aside. The radiation treatments designed to help rid his body of cancer reduced his formerly healthy heart to a 70 percent level of function. Being so ill from treatment, working was out of the question and even minor, personal daily tasks felt like huge hurdles. With no ability to work due to his increasingly poor health, medical bills, mortgage payments, utility and transportation costs were difficult or impossible to make.

To provide for his wife and household, this proud veteran went to the Seton Center to ask for help. Seton Center was able to assist him with getting to the many radiation treatments required; provide caring case management, support him through the Helping Hands program during the holidays, and give him an opportunity to give back. He calls the staff his "angels" who have supported, cared for, walked with, and prayed over his journey.

Even in his fragile physical and financial state, Robert sought out ways to give back, to bless others. He understands that "we can help the world one person at a time." He became a friend to many folks he met in treatment. He visited those who were losing their battles with cancer to give them hope and peace. Robert mentored a young man sent to help him with some strenuous property maintenance through Frederick County's Alternative Sentencing

the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

Juicing is the best way to consume your daily servings of vegetables and fruits, and it is very simple to do.

Yours truly is learning just how easy it can be. There is no specific recipe. The fun part of juicing (making a smoothie) is combining veggies and fruits to suit your taste buds.

If you're ready to learn more about this new and favorite hobby of yours truly, I am anxious to share some of my tasty smoothies.

Combine the following: apple (cored), banana, carrot, orange (peeled), strawberries, fresh pineapple chunks, kale, one-half cup light cranberry juice, three ice cubes, and one scoop of Whey Protein Powder. Raspberries or blueberries can be substituted for

the strawberries. Spinach or romaine lettuce can replace the kale, if you desire.

Choosing the right juicer is important, too. The HealthMaster Elite has a heavy-duty stainless steel blade; it's easy to clean and chops and mixes exceptionally well. However, I would advise researching the different ones on the market before making your purchase.

Getting your family thinking and eating healthy can be fun! Creating different smoothies may introduce them to many new flavors to fruits and vegetables! This is exciting when you realize how many servings of real food you're getting by juicing! Learning about healthy eating is surely a nourishing thought.

program. While he was going through radiation treatments, Robert tended and harvested a garden for Seton Center. The "fruits" of his labors were given to those who were also experiencing financial difficulties.

For anyone facing difficult times, Robert offers these words of encouragement: "I'm kind of proud to have had cancer. God's looking after me...This cancer strengthened my faith. There's no shame in asking for help and it makes me feel good to give back."

For more information about Seton Center, Inc. or to inquire about how to assist their mission, call 301-447-6102 or send an e-mail to setoncenterinc@doc.org.

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Camp David

After spending the day in Thurmont during the Colorfest Celebration, I was driving home along 550 and noticed a "Do Not Enter, Local Traffic Only" sign, where the Foxville-Deerfield Road meets Rte. 550. Later, I heard a rumor that Vice President Biden was at Camp David. Therefore, Foxville-Deerfield Road was off limits.

For us novices to the area, Camp David is a mysterious and curious place, so I did a little research on whitehouse.gov, nps.gov, and frederick.com. Located 62-64 miles from Washington D.C., it is situated on 200 acres in the Catoctin Mountains, near Thurmont. The Camp David Accords and the 38th G8 Summit brought world leaders together in this place. Strange to think that some of the most powerful people in the world gather together to talk, negotiate, or relax in our backyard. In reality, they've been part of the neighborhood since the middle 1800s.

Located 1,800 feet above sea level, the area became a respite from the humid summers of Washington D.C. Dignitaries, ambassadors, and federal personnel spent summers in near-by Cascade and enjoyed visiting Pen Mar and the surrounding area. President Herbert Hoover first visited what is now known as Camp David when his secretary, Larry Ritchie, bought acreage in the Catoctin Mountains near Thurmont.

In 1935, the Works Projects Administration (WPA) began building the Catoctin Recreational Demonstration Area Project near Thurmont, the same area that Hoover had visited. It was built as a demonstration site, an example of how to create parks from over-worked farmland. Completed in 1938, it was named Hi-Catoctin and became a summer camp for federal agents and their families. The property housed several small cabins, a dining hall and a swimming pool.

In 1942, Franklin D. Roosevelt, during a three-day visit, decided to convert the camp into a presidential retreat. He named it Shangri-La for the fictional Himalayan paradise in James Hilton's novel Lost Horizon. He sent instructions for remodeling the lodges and asked for

the construction of a main lodge, which resembled the Roosevelt home in Warm Springs, Georgia. Once constructed, the lodge was named "The Bear's Den."

In 1953, President Dwight D. Eisenhower renamed Shangri-La Camp David in honor of his father and grandson. Today, it is officially known as Naval Support Facility Thurmont, and considered a military installation. It is staffed by the U.S. Navy and the U.S. Marine Corps.

As in the past, Presidents and their staffs are still a part of the scenery. Local residents share family stories of a waving Churchill, as his car made its way to Camp David. There are numerous stories of lunches and teas at the Cozy Inn in downtown Thurmont, where presidents and their first ladies often visited. Dignitaries from around the world, White House staff members, news commentators, and officials have been common visitors to the Thurmont area. Eisenhower's grandson, David, and his wife, Tricia Nixon, spent their honeymoon at Camp David. Gerald Ford rode his snowmobile in the area. President Carter could be found fishing in the local streams. George W. Bush's daughter was married at Camp David in 1992. Clinton played golf at the nearby Maple Run Golf Club. Each president has his own story to tell of his experiences at Camp David.

Through the '50s and '80s, the local young girls often dated the guards and military personnel stationed at Camp David. At that time, visitors and residents could drive to the entrance and even visit the camp with an escort. From those in the know, I've heard the best view for July 4th fireworks is near High Rock on the Camp David grounds. Helicopters carry the dignitaries today. You can see and hear them overhead, and you probably think, "That must be the president going to Camp David."

Now, when I stop where the Foxville-Deerfield meets Rte. 550, I look past the railroad tracks and toward the mountains, looking for signs of visitors from Washington. Perhaps I'll have my own Camp David Story to share someday.

Mountain Business

Introducing Buck Browning

by Ann Marie Bezayiff

Photo by Ann Marie Bezayiff

Buck Browning (pictured right) is the new Executive Director of Fort Ritchie Community Center. He joined the staff in January of 2014. He comes to FRCC with experience in non-profit organizations and community development programs. "When the position came open, I wanted to be a part of this. I feel like all my previous experiences have prepared me for this position," stated Browning.

He's not a stranger to the area. His first contact on the mountain was helping to establish a Boys and Girls Club afterschool program at Cascade Elementary. Originating from Hagerstown, the program grew from one day a month into a full-time program.

He has been a participant in racing triathlons and bicycling events hosted in the area. He has worked with Ken Racine of Racine Multisports. The company sets up racing venues while supporting local charities and non-profits, like FRCC. Browning has served as a spotter for endurance swimmers on Lake Royer as part of the training for triathlons. An avid bicyclist, his goal is to bike from his home in Hagerstown to FRCC.

Asked about plans for FRCC, he doesn't foresee any immediate major changes. For now, his priority is to listen to staff and community members and learn everything he can



about the center and its operations. Summer camp for children, yard sales, and annual events are still on the calendar. He wants to partner with the community and be a good leader. Suggestions and ideas are welcomed.

"I am honored to be part of the community center," he said. "We have a very unique opportunity to impact our community, and I look forward to helping develop programs that benefit people of all ages."

The first time he saw the Cascade and Blue Ridge summit area, the picturesque homes and old luxury hotels reminded him of the Greenbrier luxury hotel near his home in southern West Virginia. Though they never stayed in the hotel as guests, his parents took the family to visit the grounds on special occasions. He is a graduate of Shepherd University. He is married and has one daughter. Browning can be contacted at bbrowning@thefrcc.org.

Seniors Lunch: Keep your eye on the reader board outside of St. Marks in Sabillasville for the next senior lunch gathering. After being shut in from all this ice and snow, lunch and a game of Bingo sound really good.

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Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at news@thecatocinbanner.com. Let your creativity shine.

The Magical Hallway

by Linda Calhoun

When life gets you down and your emotions are whirling
Please take my hand and I will walk you through.
Been there before; have found what works.
Trust me you can; now give me your hand.
Down a hallway we'll go with doors on each side.
These doors hold your emotions, one at a time.
The first door may be anger; we'll open with care.
Now explore all your emotions that deal with this door.
I am angry because my family doesn't care,
I am angry because my old life is gone.
Whatever you feel just let it all out.
For there are no rules behind those doors.
When all said and done and your anger has passed.
You may close the first door; a bit lighter you'll see.
Now comes door two. Which emotion is it?
That's something only you can decide.
When your emotions are plenty, and your at wit's end.
Please picture my hallway with its many doors.
Take one at a time. It's easier that way.
The magical hallway, quite simple you'll see.



(Poem copyrighted@Linda Elaine Calhoun 11/16/01)

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Save the Date for Catoctin High School's Artscape

Catoctin's Artscape will be held on May 14, 2014, from 6:00-8:00 p.m., at Catoctin High School. This is a celebration of the visual and performing arts. The evening includes a visual art exhibition and a variety of live performances throughout the evening. The event is open and free to all.

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A Tribute to Pete Seeger (May 3, 1919-January 27, 2014)

Come listen to, play, or sing Pete's music in the historic stone chapel at Catoctin Furnace in Harriet Chapel on Sunday, March 2, 2014, from 5:00-7:00 p.m. There is a \$10.00 suggested donation. Event benefits Thurmont Ministerium Emergency Utility Fund. A soup and sandwich supper will be available. For more than seventy years, Pete Seeger has influenced tens, maybe hundreds of thousands of singers and musicians. Songs like "Where Have All the Flowers Gone?" "Turn, Turn, Turn," and "If I Had a Hammer," served as theme songs to America's coming of age. His passion for justice earned him first a blacklisting, then numerous honors. His music has withstood the whims of society and continues to speak with boldness and clarity about a world of peace, racial, cultural and ecological harmony. Seeger leaves behind an amazing legacy of not only songs but also attitude. Throughout his life he used his music to build communities and to influence lifestyles.



Rick Hill has been singing folk songs for fifty years. The influence of Pete Seeger on both his music and his performance is obvious. His songs are about building caring communities. His performance puts the songs into action as he teaches and leads songs encouraging others to sing along.

Sunday evening's program will include a wide variety of Pete Seeger songs, including songs about peace, ecology, the Hudson River and children's songs. Copies of "Rise Up Singing" will be available so that the audience can sing and play along. Musicians are invited to bring instruments.

For more information, please contact Norman Gibat at 301-471-6416 or Rick Hill at 301-788-0014. Event endorsed by F.A.M.E. (the Frederick Acoustic Music Enterprises), the Thurmont Ministerium, and Harriet Chapel.

IN THEIR OWN WORDS

Cemetery Fence Damaged

On the evening of February 4, 2014, during the ice storm, a vehicle severely damaged the cemetery fence at St. John's United Church of Christ in Sabillasville, along Harbaugh Valley Road, just a few feet from the MD 550 intersection. This was a set-back in St. John's efforts during the past several years to restore the fence that surrounds the church, which was built in 1855. In addition to the fence, several of the oldest headstones in the cemetery were severely damaged. Anyone having information about this accident, please call St. John's Church at 301-241-3488 and your call will be returned.



— Thank You, St. John's United Church of Christ

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Patrons with advance tickets will be seated between 6:30-6:45 pm. Seats are not guaranteed after 6:45 pm for advance ticket holders. Patrons **without** advance tickets are strongly encouraged to pick up numbered standby tickets in the concert hall lobby beginning at 6 pm. Any unoccupied seats, if available, will be filled by standby ticket holders between 6:45 pm and 7 pm. Due to no-shows, some seats are always available.

For details, go to fcpl.org or call 301-600-6329

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Frederick County 4-H Therapeutic Riding Program Offers Volunteer Opportunities

Volunteers are encouraged to sign-up for the Frederick County 4-H Therapeutic Riding Program (FC4HTRP) before Spring Volunteer Training begins on April 5, 2014. Each year seventy-eight students receive therapeutic riding lessons free-of-charge for seven weeks in the spring and seven weeks in the fall. The program, which was established in 1984 with sixteen riders, maintains a waiting list of hopeful riders each year. The FC4HTRP Program's expansion is limited to the number of volunteers who are available to assist with riders and horses, as well as donations received. This year over forty riders are waiting for the opportunity to participate in the program.

The FC4HTRP provides a recreational experience and therapeutic regimen to Frederick County citizens with medically certified mental, physical, and emotional disabilities. Riders must submit physician, therapist, and teacher information about their condition before beginning the program. FC4HTRP therapists and instructors review the riders' medical history and develop a personalized program for each student in collaboration with his/her physician,

therapist, teacher/employer, riding instructor, and family members.

"We are very grateful for the volunteers that commit their time to our program," said Debbie Endlich, president of FC4HTRP.

"Without them we would not be able to offer our riders weekly 45-minute rides during the spring and fall sessions. If more folks are able to join our volunteer program, we would be able to serve more students."

Fee-based classes are also offered during the winter and summer on Saturday mornings, as well as private therapeutic lessons to our students.

"Learning to balance on the horse, to steer, control, and interact with a large animal not only improves muscle tone, balance, and coordination for our riders, but it



Kristofer Schrumpf participating in the Special Olympics in 2012.

also improves their self-confidence and encourages them to excel in other areas of life," said Endlich.

Each year, riders are selected to compete in a horse show at the Frederick Fairgrounds during the Great Frederick Fair and to participate in Special Olympics.

One student, Kristofer Schrumpf, was born with Autism. Frustrated with his inability to communicate, he suffered emotional

outbursts. He also exhibited deficiencies in fine and gross motor skills, making normal sport activities difficult. As a FC4HTRP student, he learned that he had to control his anger when communicating with horses to get a positive response. And, he began to accept instructions from teachers and therapists without angry outbursts. Riding horses

also improved Kristofer's hand-eye coordination and balance, and he now participates and wins in statewide horse shows.

"He is now a college-bound, honors student at Urbana High School, president of the Emerging Leaders Club, and speaks fluent German," said Nancy Schrumpf. "Our family is most grateful to be part of the FC4HTRP family. We thank them and all the generous supporters from the community for improving the life of our son."

Volunteers Needed: To learn more about therapeutic horseback riding or to volunteer visit www.fc4htrp.org.

Donations and Rider and Horse Sponsorships keep this program going. To Sponsor a Rider (\$500 half-year or \$1,000 full-year) or Sponsor a Therapy Horse (\$1,000 yearly), please contact Debbie Endlich, FC4HTRP President, at 301-898-3587.

To make a donation, please send checks or money orders to 11515 Angleberger Road, Thurmont, MD 21788.

Follow them on Facebook: <https://www.facebook.com/FC4HTRP>

The Frederick County 4H Therapeutic Riding Program (FC4HTRP) is a non-profit therapeutic riding program.



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happily ever after

by Valerie Nusbaum

In Like a Lion

Seriously, I don't care how it goes out, so long as it goes. That phrase "In like a lion, out like a lamb" traditionally pertains to just the month of March, but I'm talking about the whole horrible winter that we've been experiencing.

This is how I know I've gotten old. I no longer like snow.

When I was young and foolish, I ran outside to play as soon as the first flakes began to fall. As a child, I prayed for snow days and couldn't wait to build forts and snowmen, spending entire days outdoors and only coming inside when my mother caught me without a hat on my head.

As a young adult, full of romantic notions, I took long walks through the falling snow with the suitor of the moment, and later with Randy after he'd told me that there wouldn't be any more suitors. Randy and I loved playing in the beautiful white stuff. He surprised me once by going outside and drawing a heart in the snow and writing our initials inside. When I looked out the window from upstairs, I saw it and nearly cried. Randy made the heart by mashing down the snow with his boots. I know what you were thinking. He actually tried that other thing once. Hubby decided to write my name, but he only managed the first three letters. He hadn't drunk enough water.

When the Johnsons lived next door to us, Randy and I waited until Jamie took the boys out for a grocery run one snowy day, and we hurried outside and built a ten-foot-tall snowman smack in the middle of their driveway. When Jamie got home and couldn't pull her car into the driveway, she was a good sport about it. We laughed and laughed, even laughed next day when we couldn't open our front door because the Johnsons had piled all their snow on our porch.

Now we're old and grumpy, and we don't play in the snow anymore. The Fulmers live next door now, and we'd never pull those stunts, mostly because Randy is afraid of Steve.

I get anxious when the weather forecasters start predicting snow or ice. What if the power goes out? Will we be able to make it to our doctor's appointments? I hate being this way, and I really miss the carefree, fun girl I used to be. Being cold and wet didn't matter to me in those days. Even if I didn't go outside, it used to be that I could sit

by the window and watch it snow all day while I read a good book or watched somebody slowly go insane on *Lifetime*, cozy beside the fireplace and snug in my blankie. Now I worry about everything. Randy could hurt himself shoveling or get in an accident trying to drive to work. Our parents could slip and fall, or worse.

We have wonderful neighbors who realize that we are old and feeble, and we can't thank them enough for their kindness in clearing our sidewalks and driveway during this awful winter. Thank you, Nancy and Wade and Steve and Brooke. We do appreciate it. Randy and I also appreciate the great job the guys who work for the town of Thurmont do in clearing our streets. Those men are out working in the cold while we're home safe and warm. And we're grateful that when we do need to get out and go somewhere, we're able to do it. Randy wanted me to mention that he would be most appreciative if the snowplow drivers would try to be a little more quiet in the middle of the night. Hubby needs his rest.

As I sit here this morning writing my column, Topper Shutt is predicting a Nor'Easter coming our way. My stomach is in knots.

I need to get to the eye doctor on Thursday, because I really need new glasses. My mother's power was out for days during the ice storm last week, and her furnace was on the fritz, so she stayed with us. Should I go get her and bring her back here now? I might not be able to get there tomorrow. My in-laws lost their phone and cable service last week. They couldn't watch television or talk to anyone but each other. Another day of that, and someone could have gotten killed. All this worrying is making me crazy.

I'm resolving right here and now that if it does snow tomorrow, I'm going outside to play in it, and I'm dragging Randy with me. Maybe Brooke will come out and play with us. Yes, I'll get sick and/or hurt and maybe arrested for throwing snowballs and breaking windows. My aim will be off without my new glasses. None of that matters. For one glorious half hour, I'll be young again. My nose will be running like a faucet, and I'll be wearing several hats. Maybe I'll only stay out for fifteen minutes, but I'll act like a kid and have some fun. Of course, it will take me twenty minutes to put on all my waterproof snow gear; I'll hardly be able to walk, but think of the fun we'll have!

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our neighborhood veterans



James (Jim) Aubrey Houck, Jr.

— A Moment to Thank You —

by Tony Wivell

Surprise! This month I have asked the folks at *The Catoctin Banner* if we can skip one of Jim's famous "Our Neighborhood Veterans" articles to take a moment to honor him and let readers know just how special Jim is to our community. Needless to say, the Banner staff felt Jim was very special also and agreed to post the article. Deb Spalding's (Publisher, *The Catoctin Banner*) comments were as follows: "Jim is a friend to many Veterans and a member of many Veteran organizations. He serves as a glue between them and the community and uses his column to tie the people, the organizations, and the communities together. This is a great gift. He has always had a welcoming personality that puts people at ease. Through Jim's column, we are able to honor people who have contributed to our community and to our country. I find his contribution to *The Catoctin Banner* invaluable."

Many of us—myself included—thoroughly enjoy reading Jim's column and learning about the local Veterans whom many of us know but have never had a chance to hear their stories. These are stories that Jim puts countless hours and effort into, and that are really a great contribution to many.

Not only does Jim put tremendous effort and time in honoring our local Veterans, but he also is, and has been, a vital asset to

several local Veteran organizations. Jim has served as the Senior Vice President for the Emmitsburg VFW Men's Auxiliary, the Commander of the Francis X. Elder Sons of American Legion (SAL), and also holds the Officer position of 3rd Vice Commander at the AMVETS Post 7 in Thurmont.

Jim wears multiple hats in all of these organizations, and wears them very well. Other than official positions held, Jim has many other unofficial positions that are never left short. It's rare that you don't see him at any of the above organizations' many functions, helping out wherever he can.

Jim recently received the Commander's Award for Most Valuable Player. Dale Valentine, Commander of the Francis X. Elder American Legion in Emmitsburg, presented the award to Jim and read its purpose: "In Recognition of Outstanding Leadership and Service as the Leader of the Sons of American Legion Benefiting our Community, State, and Nation."

There are some interesting things about Jim that I was able to obtain thanks to his "also awesome" daughter, Missy Houck. Jim learned to cook in his earlier days and still is a well-trained chef. He was schooled on many types of cuisine, including French and International. At one point, he had his own restaurant and bar located in Taneytown, Maryland. As a youngster, he

used to set up pins at the old Emmitsburg bowling alley. Jim also enjoys fishing. Jim is blessed with two children of his own, as well as six grandchildren and twelve great-grandchildren (with another on the way). In addition, this past November 2013 was Jim's and his lovely wife, Joan's, 50th wedding anniversary.

Jim has an extensive background of the military through close family Veterans of his own, and knows firsthand the sacrifices that have been made by us and our country. Jim never did join the military, despite his best efforts. He's still a very honorable man and, without a doubt, would give you the shirt off his back if you needed it. A recent article written by Jim in January 2013 read: "I now serve the best way I know how by honoring our military Veterans in print, and by having the privilege of interviewing our armed service heroes and informing our community of their life in people's neighborhoods."

There are so many good things to be said about Jim Houck. At seventy years old, Jim is still a huge supporter for many activities that occur locally of which many people are not aware. He's one of the friendliest, most compassionate, honest, humble, and giving persons you will ever encounter. Without him, and the very few supporters like him in the community, many would go without.

So, THANK YOU Jim Houck and thank you to those left out there—like Jim—who find time to be active within our community. Whether your contribution is small or large, your efforts are truly appreciated.

Even though Jim is not technically a Veteran, he is still a hero in my book. Please join me in extending sincere appreciation for all of his personal time, dedication, and his many ongoing efforts.



James (Jim) Aubrey Houck, Jr.

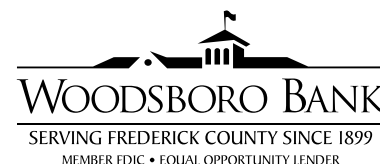
I would like to extend an outreach to our communities for Volunteers. If others don't soon find time in their busy lives to become active within their community, many of the free events and support systems will soon come to a screeching halt. We are lucky we have the volunteers we do. From what I've seen, the majority of people you see out there doing all of these community events are the same ones that have been doing it for twenty, forty, sixty, or more years. The influx of new members stepping up within the community has nearly stopped, and although I'm not one-hundred percent sure of the reason, it's sad and unfortunate that our children in this generation may not have the same experiences growing up that we had. Fireworks, fishing derbies, town parades, fundraisers, and the vital systems that are funded by these non-profit organizations, such as Veterans in need, the food banks, and Pregnancy Center, may no longer exist. Please consider volunteering your time.



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AMVETS Post 7 Thurmont

The Sons of AMVETS Squadron 7 will be holding their annual Catfish and Chicken Fry on Saturday, March 22, 2014, from 4:00-7:00 p.m. Doors will open at 3:00 p.m. The cost is \$15.00 per person. The menu includes fried Catfish, fried Chicken, sides, dessert, soda, and water, as well as can and bottle AMVETS milk.

Bingo: March 5 and 19, 2014.

VFW Post 6658 Upcoming Events

The following are upcoming events at VFW Post 6658 Emmitsburg: Saturday, March 1—DJ Southpaw, 9:00 p.m.-1:00 a.m.; Saturday, March 8—Shuffleboard Tournament, 3:00 p.m., \$5 entry, sign up the day of tournament; Saturday, March 15—Open Jukebox, 8:00 p.m.-12:00 a.m.; Saturday, March 22—DJ Southpaw, 9:00 p.m.-1:00 a.m.; Saturday, March 29—Open Jukebox, 8:00 p.m.-12:00 a.m.; Free line dance class every Monday evening, 7:00-9:00 p.m. Shuffleboard and Dart leagues forming. Stop in or call 301-447-6141.

Sons of the American Legion Post 121 Emmitsburg

On Saturday, March 15, 2014, the Sons of the American Legion Post 121 will host an Old Fashion Pig Roast at the Emmitsburg Ambulance building in Emmitsburg, from 4:00-7:00 p.m. Doors will open at 3:00 p.m. Tickets are: \$25.00 per couple; \$15.00 for children ages 12 and up; free for children under age 12. Menu includes hand-pulled Pork, saurkraut, baked beans, Kaiser rolls, dessert, adult beverage, soda, and water. The event benefits those in the community who are in need.

On Saturday, March 22, 2014, will be the Annual Catfish and Chicken Fry, from 4:00-7:00 p.m. Doors will open at 3:00 p.m. The cost is \$15.00 per person.

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Emmitsburg Masons Installs Officers for 2014

Tyrian Lodge #205 Emmitsburg installed officers for the upcoming year. Pictured from left are: (Front row) Ed Hahn, Senior Warden; Ernie Gelwicks, Worshipful Master; Kevin Poole, Junior Warden; (Second row) Austin Fogle, Senior Deacon; Brian Jests, Secretary; Dave Wilt, Junior Steward; Ron Cool, Junior Deacon; Ron Hedges, Chaplain. Unavailable were Phil Bower, Treasurer, and Ken Livesay, Senior Steward.



Courtesy Photo

Trouts Towne Restaurant Hosts 1Lt Rob Seidel Pancake Supper

An All-You-Can-Eat Pancake Supper, hosted by Trouts Towne Restaurant, will be held on Tuesday, March 4, 2014, from 4:00-7:00 p.m. The restaurant is located at 200 North 2nd Street in Woodsboro, Maryland. The cost is \$8.00 and a non-perishable food item. Food items to benefit Walkersville Food Bank. All proceeds will benefit the 1Lt Rob Seidel Wounded Soldiers. Please come out and support these brave men and women! Call 301-898-5686 for more information.

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Tickling Our Tastebuds

by Denise Valentine

Hello, everyone! I Have Had Enough Of This Snow, Ice, And Below-Freezing Temperatures! I am hopeful that by capitalizing that statement, I might scare away the winter weather. I'm sure there are many of you out there who feel the same way. By the time this issue reaches you, the temperatures are supposed to be a bit warmer. Wouldn't that be a wonderful thing? But since the cold weather is holding on, I am still thinking about nice, tummy-warming recipes.

I am going to share a recipe for Lasagna that is simple and easy to prepare. I cut it off a noodle box years ago. And by using prepared spaghetti sauce, I save lots of time and money on extra ingredients and spices. Lasagna will also freeze well. If you shop at Sam's, Costco's, or BJ's, and so on, buy in bulk and prepare several pans at one time. After you make a few, you will get the hang of it, and you can divide ingredients accordingly in different size pans to feed groups of different sizes. For example, a loaf pan works well for "dinner for two" and you will get three pans out of one recipe (give one to a friend).

Easy Lasagna

1 package (16 oz.) lasagna noodles

2 eggs

4 cups (2 lbs.) ricotta cheese

2 tablespoons chopped fresh parsley

2 cups (8 oz.) shredded mozzarella cheese

3 cups (about 26 oz. Jar) spaghetti sauce, divided

1/4 cup grated Parmesan cheese

Cook pasta according to package directions; drain. Lay flat on foil to cool. Heat oven to 350 degrees.

In a large bowl, stir together cheeses, eggs and parsley; add salt and pepper if desired. Spread 1/2 cup of spaghetti sauce in the bottom of 13x9x2 baking dish. Arrange 4 pasta noodles lengthwise over the sauce, overlapping edges. Spread 1/3 of the cheese filling over the pasta; spread with about 2/3 cup of spaghetti sauce. Repeat the layer twice. Cover with pasta and the remaining sauce. Sprinkle with additional Parmesan cheese, if desired; cover with foil. Bake 30 minutes or until hot and bubbly. Remove the foil; bake 15 minutes or until lightly browned. Let stand 15 minutes before cutting. This will make 8 to 10 servings.

*Options: (1) lay spinach leaves on the cheese in each layer; (2) brown 1 pound of lean ground beef, drain and add to sauce.

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did you know?

Fun Facts About Clovers

Legend says that each leaf of the clover means something: the first is for hope, the second is for faith, the third is for love, and the fourth is for luck.

One estimate suggests that there are about 10,000 regular three-leaf clovers for every lucky four-leaf clover.



Catoctin Chronicles

by *Labella A. Kreiner*

Winter Season Closings

With spring just around the corner, the winter sports season is quickly coming to a close. All of our sports teams have competed in their regional meets, trying to leave a mark on the team's final ranking. And all of their hard work and training through these past bitter cold months has paid off. We have many county top-ranked athletes in our school from this season's sports teams.

From the wrestling team, we have seven athletes who are ranked in the top three spots in Frederick County. In the 132 lb. weight class, Garrett Buckley is ranked third overall. Garrett recently won his 100th match on February 1, fighting against South Hagerstown. Wayne Wivell is ranked second in the 138 lb. weight class;

Charlie Perella is ranked first overall in the 145 lb. weight; Patrick Guilday is ranked first in the 152 lb. weight class; Liam Fitzpatrick is ranked third in the 170 lb. weight class; and Ethan Shriner is ranked third in the 182 lb. weight class.

Our basketball teams wrapped up the season well, with the boys team placing seventh in the Antietam Division, with one win eight losses in their league, and two wins fourteen losses overall. Jarrett Shoemaker is ranked in the scoring category, scoring 205 points, with a 14.6 average. Following behind him is Colby Smith, scoring 176 points, with a 14.6 average as well. Jacob Tokar is ranked for his rebounds, scoring 40 rebounds this season, with a 5.7 average. Mark

Speak is also ranked for his rebounds, scoring 76 rebounds this season, with a 5.4 average. And, this past season, Kendall Smith ranked for his assists, with 53 assists and a 4.2 average. Our girls basketball team fought hard this year and placed fourth in the Antietam Division, with four wins and five losses in their league, and seven wins and nine losses overall. Kristy Erfurdt worked amazingly hard this season ranking in the scoring, rebounding, and assisting categories, ending the season with 209 points, 111 rebounds, and 50 assists.

In addition, our track and field team worked very hard at their regional meet. For the boys, Patrick Van Der Cruyssen ranked second in the 500 meter dash and the 800 meter run; David Dorsey ranked first in the 1 mile and 2 mile, second in the 400 meter relay, and first in the 800 meter relay; Cory Rice ranked second in the high jump; Noah Stone ranked seventh in the high jump, followed by

Jacob Larochelle and Jackson Steinly. As for the girls, Jasmine Herman ranked second for the 300 meter dash. All of these top performances landed them the chance to compete at States.

Overall, the winter season came to a magnificent close, and soon the spring season will begin and new records will be made. Plus, graduation is only a few months away; purchases are already being made for class rings, graduation gowns, caps, and tassels. Advanced Placement tests are coming up in May, and students are cramming for their final exams.

Thank you for reading and staying updated with events going on at Catoctin High School!

If you wish to contact me for any information, future article suggestions, or news, please email me at labellakreiner@hotmail.com, and I will try to be in touch with you as soon as I can. Thank you and God bless.

Share Your Good News With The Catoctin Community!

Send your news to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 ♦ news@thecatoctinbanner.com ♦ 240-288-0108 message line ♦ 301-447-2804 phone ♦ 301-447-2946 fax

Looking for Something Fun to Do?

Reference the **Community Calendar** on page 39 to view the calendar for events of interest, including bingos, breakfasts, dinners, programs, benefits, dances, shows, library programs, and much more!

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looking back — 1888

Western Union Plays Hard Ball in Emmitsburg

by James Rada, Jr.

As the school year wound to a close in 1888, students at Mount St. Mary's College and St. Joseph's College began wondering how they were going to get home. The stagecoaches and railroad were running, but the students were waiting on word from their parents about how they were traveling home.

The telegraph office in Emmitsburg had closed up in the beginning of June, leaving students to anxiously await each day's mail to get word from their parents.

The reason for closing the office had been a business decision. It wasn't that people stopped wanting to send telegrams. Emmitsburg received plenty of business, particularly with two colleges nearby with young men and women who needed to communicate with parents (and probably ask for money). No, the business decision that brought about the closure was that the Western Union Telegraph Company had not gotten what it wanted.

The *Emmitsburg Chronicle* reported, "The facts as we have learned them are that this great Company has desired the people of this village and its community to supply a new lot of poles between this place and Mechanicstown, about eight miles distant, and the poles...not being forthcoming and unlikely to be so, under the circumstances, this grinding monopoly, that makes its big dividends from the necessities of the people has shut down on us."

The New York and Mississippi Valley Printing Telegraph Company

opened for business in 1851.

When the company consolidated several telegraph lines in 1856 across the Mississippi River, the company changed its name to Western Union. In 1861, the company created the first transcontinental telegraph line across the country.

According to the *Frederick News*, the Western Union Telegraph Company obtained its right to erect poles to hold the telegraph lines in all post towns of the United States from an act of Congress passed in 1866. This gave the company inroads into every community throughout the country, and it became a major form of communication for Americans. By 1871, Western Union added money transfers to its services.

Western Union was such a large and powerful company that it was one of the original companies included in the Dow Jones Industrial Index.

It wasn't surprising that such a large and powerful company would expect to get what it wanted from a small town of fewer than eight hundred people. The Emmitsburg burgess and commissioners hadn't backed down, though, and Western Union had decided to play hard ball.

The *Frederick News* didn't explain why the Emmitsburg office had closed. It only told its readers that the Emmitsburg office had been closed and any business would have to be transacted through the Frederick office via telephone. The telephone industry was still in its youth, but it was

growing. Incidents like this would only serve to cost Western Union future business.

Frederick City was having its own frustrations with Western Union. The city was in the process of installing electric lights throughout the city limits. The city government asked that the lights be allowed to hang from telephone poles in order to save the taxpayers money. The Western Union Company turned down the request. Because of the congressional mandate, the city couldn't force them to allow it, so Frederick had to pay for additional poles to be erected.

The newspapers don't note who eventually gave in during the Emmitsburg argument, but the *Chronicle* noted, "The movement, to our view, is about the meanest exhibition of overbearing arrogance and contemptible exhibition of greed of which a great corporation could be guilty. Their charges however oppressive have not been disputed, and the attempt to compel the petty concession from

the community which has learned to depend on the facilities attended by telegraphic communication is a petty and contemptible vengeance even for a soulless corporation."

It is also certain that when the office reopened, Western Union had lost much of the goodwill it might have had in the community.



A Western Union telegraph operator in 1908.

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senior moments

by Helen Deluca

Hello, again!

I won't even mention the weather we have experienced so far this winter. We have had enough—just smile and think about spring; it's just a few more weeks away!

There will be some changes at the Thurmont Senior Center. Patt Troxell has resigned as president of the Board of Directors (BoD). Patt, as most of you know, had served as coordinator for many years until she resigned in 1999, coming back to serve again for the past three years. Patt will remain on the Board, but just doesn't have the time or stamina to remain as president. We thank her for all of her efforts and input. George Anzelone will move up from director to the president of the Board. George has been a volunteer at the Center for several years, and has a good sense of what his new position will require.

Our coordinator Kay Knepper has given notice that she will be leaving in March. She accepted a full-time position that she is looking forward to. She is also planning to get her college degree. She has served us well, and we will miss her. We all wish her the very best in whatever she chooses to do.

If you are interested in filling the position of coordinator at the Center, please call 301-271-7911 to set up an appointment for an interview. We are looking for a mature person, with some computer abilities. The hours are 9:00 a.m.-3:00 p.m., Monday through Friday.

I want to also tell you about a Senior Property Tax Credit. Do you know that you may qualify for a senior property tax credit? If you are a resident of Frederick County and 65 years or older, with a gross income of \$60,000 or less, you can qualify.

At the request of the Thurmont Senior Center BoD, Thurmont Commissioner Bill Buehrer arranged for Ms. Diane Fox, Director of Frederick County Treasury, to give an hour Powerpoint presentation at the Center on March 4, 2014, at 1:30 p.m. She can and will tell you how, where, and when you can apply. The necessary forms will be available at the Center and at the Town office. There is no charge. You have nothing to lose but an hour of your time, and you may learn how to take advantage of the tax credit. Pass the word along to your neighbors and friends. Though not required, a call ahead (301-271-7911) if you plan to attend would help us to set up seating space.

The Center is handicapped accessible. In addition to the parking lot, there is handicap and curbside parking. Parking is also available behind the police station, with a walkway leading to the Center.

Mark your calendars now for: March 4—Senior Property Tax Credit information, 1:30 p.m.; March 13—Birthday party, 12:30 p.m.; March 17—St. Patty's Day pot luck, 12:00 p.m.; March 19—St. Patty's Day pot luck, 1:00 p.m., 50/50 Bingo.

The February birthday party had to be rescheduled to February 27. The Valentine's Day pot-luck was canceled due to the white stuff. Just look at the white stuff in the driveway leading to Doris Roman's house (pictured right). I'm looking forward to hearing from some others who can tell us how they managed to make the best of the worst storm we have had in a long time.

In spite of the weather, the Center stays pretty busy. There is an active chapter of the Red Hat Mamas at the Center. Nothing seems to slow them down. They have thirty-plus members in their group, with something in the works all the time: Teas, shows, tours, luncheons, theater, boat trips—one large happy group.

We do put out a monthly flyer with all of the regular and special activities, as well as the menu. The 50/50 Bingo continues to draw a nice group every third Wednesday, so bring a friend. It only costs \$5.00 to play. The prizes are not grand, but it sure is a fun way to spend a few hours.

And speaking of a few hours—if you have some to spare—we sure would welcome you as a volunteer. As always, we appreciate all of our volunteers. We couldn't operate the Center without these volunteers.

(right)

Charter of the Red Hat Mamas at the Thurmont Senior Center, now with thirty-plus members.

Courtesy Photos



DON'T FORGET!

Pick up the Center's monthly flyer, which lists all of their activities and the menu for that month.

And we thank all of those who make contributions to the Center. It's a great help to us, and we hope our 501(c)(3) designation is of some help to them.

A few reminders: VITA income tax help is Monday and Friday, from 9:00 a.m.-12:00 p.m.; a free lunch goes to the oldest and youngest senior who is celebrating their birthday in that month; the Center is closed when the schools are closed because of inclement weather; the Center is open when there is a two-hour delay for the schools.

In the last issue, I told you that Anna May, a regular for many years

here at the Center, had a stroke. Unfortunately Anna will not be able to live alone. She is such a lovely lady, and I know you would make her day if you could send her a card. Address it to Anna May, Room 222, Glade Valley Rehab Center, 56 W. Frederick St., Walkersville, MD 21793.

We send our sincere condolences to the family of Marsha Opel and to the family of De-De Webster.

And always remember: A Simple Act of Kindness has a beauty all its own. Spring is just a few weeks away... SMILE.



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DONATE YOUR CAR: All proceeds benefit the Catoctin Pregnancy Center. 301-447-3391.

Notices

ATTENTION LADIES: Join us on April 26th from 8:00 a.m.-2:00 p.m. for first annual Ladies' Day, Catoctin Church of Christ, 140 N. Carroll St., Thurmont. "Women As Gatekeepers". Speaker, spiritual encouragement, prayer, songs, food, Christian fellowship. Call 301-271-2069.

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by Erin Dingle, Administrator, Thurmont Regional Library/Emmitsburg Branch Library, edingle@frederickcountymd.gov

Celtic Concert Ticket Details

Free tickets are available starting March 1, 2014, at 10:00 a.m., at Emmitsburg and Thurmont libraries, to hear world-renowned Irish instrumental band, Lúnasa, perform at the 2014 Celtic Concert on Monday, March 17, at 7:00 p.m., at the Marion Burk Knott Auditorium at Mount St. Mary's University in Emmitsburg. The free and family-friendly event, underwritten by the C. Burr Artz Trust and Plamondon Hospitality Partners, is presented annually by the Emmitsburg and Thurmont libraries. Tickets are required. Free advance tickets can be picked up (limit four/person while supplies last) at the Emmitsburg or Thurmont Libraries. Patrons with advance tickets will be seated between 6:30-6:45 p.m. Seats are not guaranteed after 6:45 p.m. for advance ticket holders. This is important! Patrons without advance tickets are strongly encouraged to pick up numbered standby tickets in the concert hall lobby, beginning at 6:00 p.m. Any unoccupied seats, if available, will be filled by standby ticket holders between 6:45 p.m. and 7:00 p.m. Due to no-shows, some seats are always available.

The Luck of the Library Friends

The luck of the Irish and just fifty cents gives you a chance to win a beautiful Irish-themed basket that includes four front-row reserved seats to see Lúnasa at Mount St. Mary's. You'll be supporting the good work of the Friends of the Thurmont Regional Library, an organization that plays an important role in the community. The funds raised throughout the year not only sponsor the popular "Music on the Deck" series every summer, but they also support the children's and teen programs that make our library the exciting, fun place families love to visit. There is no fee to join and for just a few hours of your time each year, you could play a role to insure your local library continues to offer cultural and literary events right here in Thurmont. Share your email with us in March to be included in news about the Friends this year.

Check your attic and basement now for the Friends' popular "What's It Worth" event in March. Local antique appraiser, Sam Dressler, can tell you background details about your treasurer, as well as the potential worth in the market today. Save the date to bring your items (limit four) to the library anytime between 10:00 a.m. and 2:00 p.m. on Saturday, March 29. Items will be appraised for only \$5.00

each, and all proceeds support the Friends and your public library.

Must-See Exhibits

This year, we plan to rotate local photographer's work for your viewing pleasure. In March, be sure to visit William (Bill) Riffle's photography exhibit of local rural scenes and landscapes. A longtime resident of Thurmont, former president of the Thurmont Library Board, and winner of numerous ribbons for his photos at the Community Show, Mr. Riffle's appreciation for local country scenes are something you don't want to miss. Also in March, our Teen Library Associate, Clare Bush, is showcasing local teen talent in the library's annual Youth Art Month Exhibit. In the Delaplaine Satellite Gallery, we welcome Brenda Duke Murphy, a children's book illustrator. Her exhibit, "Nature Spirits," features various illustrations inspired by the Sprites, Spirits, & Souls of Nature.

Islam: Art and Architecture

A special art lecture is coming up in our Community Room on Thursday, April 3, 2014, at 6:30 p.m. The public is invited to join Sue Cardella, retired Art History Adjunct Professor, Frederick Community College, for a look at the exquisite art and architecture of the Islamic world. This series has been made possible through a grant from the National Endowment for the Humanities in cooperation with the American Library Association. Our library system is one of just 125 libraries and state humanities councils across the country selected to participate in the project and one of the programs. Please join us. No registration necessary.

Summer Activity Fair

It's not too early to reserve your table at the library's Summer Activity Fair on May 1, 2014. Please call or email Erin Dingle (contact info above). This a special opportunity for you to talk directly to parents and their kids about special summer activities just for kids. If you are hosting a summer class or camp for art, music, sports, science, reading, or plain old fashioned summer fun, just let me know.

Project Runway comes to Thurmont

Hey Teens/Tweens! This unique opportunity is for those who enjoy fashion and design. Sign up for a special two-session Runway chance to showcase creativity working with a partner. Dates and times are: Session 1, Orientation, April 3, 2014, 4:00 p.m.; Session 2, Modeling and Judging, April 26, 2014, 2:00 p.m.

february

- 27.....Elias Lutheran Church Yard Sale, 100 North Ave., Emmitsburg. 10:00 a.m.-4:00 p.m.
- 28.....DJ Jake will be playing all your favorites, Thurmont American Legion, Thurmont. 301-271-4411.
- 28.....St. John's Christian Preschool Open House, 15 North Church St., Thurmont. Information session 9:00 a.m.; Tour 9:30 a.m. 301-271-4109.
- 28.....Elias Lutheran Church Yard Sale, 100 North Ave., Emmitsburg. 10:00 a.m.-4:00 p.m.

march

- 1.....Elias Lutheran Church Yard Sale, 100 North Ave., Emmitsburg. 10:00 a.m.-4:00 p.m.
- 1.....Annual Spring Roast Beef, Turkey and Ham Supper and Bazaar, Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 12:00-5:00 p.m. \$11/Adults; \$4/Children 6-12. \$12/Carryout. 301-447-6239.
- 1.....Mother Seton School Mardi Gras, Carriage House Inn, Emmitsburg. 6:00-10:00 p.m. Cajun menu, cash bar, auction, dancing. \$60/person; \$450/table 8. Sponsorship opportunities available for individuals/businesses. 301-447-3161; www.mothersetonschool.org.
- 1.....Celtic Spring Fling w/ Live Music by Cormorant's Fancy, St. Joseph's Church Parish Center, N. Seton Ave., Emmitsburg. 5:45-9:00 p.m. Pig Roast dinner, auction, desserts, door prizes, dancing. \$35/person (pre-paid admission only). Benefits Emmitsburg Osteopathic Primary Care Center. Bill O'Toole 301-447-2690; otoole@msmary.edu.
- 1.....Soup & Sandwich Sale, St. Johns Lutheran Church, Creagerstown, MD. Chicken noodle, Turkey corn, Vegetable, & Bean. \$5/quart. 12" subs \$5/ea. Pretzel Bread Sandwich \$4. Orders must be in by March 19. Pick-up: March 27. Glenna Willhide 301-271-7851.
- 1.....FCPS All-County Student Art Exhibit, Delaplaine Visual Arts Education Center, 40 S. Carroll St., Frederick, MD. Free to public. 3:00-5:00 p.m. (show continues throughout March at normal business hours). 301-698-0656; www.delaplaine.org.
- 1.....Weekly Money Bingo, Rocky Ridge Vol. Fire Co., Activity Bldg., Rocky Ridge, MD. Doors open 4:30 p.m.; Games 7:00 p.m. rrvfc@rockyridgevfc.com.
- 2.....The Pete Seeger Tribute Sing-a-long, Harriet Chapel, Thurmont. 5:00-7:00 p.m. \$10.00 suggested donation. Event benefits Thurmont Ministerium Emergency Utility Fund. Norman Gibat 301-471-6416; Rick Hill 301-788-0014.
- 3....."Served with Grace" Free Community Meal (first Monday each month), Graceham Moravian Church, 8231 A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All welcome.
- 3.....Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. Serves anyone in need. 301-271-4511.
- 3.....Cash Bingo, Woodsboro Volunteer Fire Company, 10307 Coppermine Rd., Woodsboro, MD. Doors open 5:00 p.m., Games begin 7:00 p.m. Must be 16 years or older.
- 4.....Harriet Chapel's Annual Shrove Tuesday Pancake Supper, 12625 Catoctin Furnace Rd., Thurmont. 5:00-7:00 p.m. \$6/Adults; \$3/Children; Free/Children 4 or under. Proceeds support the ministries of the church.
- 4.....Daytime Grief Support Group, Hospice of Frederick County's Bereavement Program, 516 Trail Ave., Suite A, Frederick, MD. 2:00-3:30 p.m. No-cost. 240-566-3030; lkinna@fmh.org; dwatterson@fmh.org.
- 4.....Pancake Dinner, HeartFields Assisted

community calendar

- Living, 1820 Latham Dr., Frederick, MD. Support Alzheimer's Association. 5:00 p.m. \$5. (RSVP 301-663-8800 by Feb. 28).
- 4.....Shrove Tuesday Pancake Supper Tuesday, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-8:00 p.m. \$7/Adults; \$3/Ages 4-10; Free/Ages 3 & under. Buffet Style-All You Can Eat.
- 4.....Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m./ 7:00-8:00 p.m. 301-447-3161; www.mothersetonschool.org.
- 4.....An All-You-Can-Eat Pancake Supper, hosted by Trouts Towne Restaurant, 200 North 2nd St., Woodsboro, MD. 4:00-7:00 p.m. \$8/person & non-perishable food item. Food items benefit Walkersville Food Bank. All proceeds benefit the 1Lt Rob Seidel Wounded Soldiers. 301-898-5686.
- 5.....Grief Education/Support Group (3 months or less after the death), Hospice of Frederick County, Ste A, 516 Trail Ave., Frederick, MD. 4-weeks. 6:00-7:30 p.m. 240-566-3030. Register by Feb. 28. No charge. www.hospiceoffrederick.org.
- 5.....The Northwestern Frederick County Civic Association Meeting, Sabillasville Elementary School, Sabillasville, MD. 6:30 p.m.
- 8.....Weekly Money Bingo, Rocky Ridge Vol. Fire Co., Activity Bldg., Rocky Ridge, MD. Doors open 4:30 p.m.; Games 7:00 p.m. rrvfc@rockyridgevfc.com.
- 8.....ACS Relay for Life Benefit Dance, Thurmont American Legion, 8 Park Ln., Thurmont. 8:00 p.m.-midnight. Doors open 7:00. Featuring StickTime. \$15/person (must be 21 years of age). Lisa 240-315-533; Lynn 301-447-3060.
- 8.....Tom's Creek United Methodist Church Buffet Breakfast & Pork Sale, Tom's Creek Rd. (off Rt. 140). 6:00-10:00 a.m. \$8/Adults; \$4/ages 5-10; Free/ages under 5. Bake Table. Orders for Sausage/Scrapple/Pork Chops. Orders no later than March 2. 443-605-2995; 301-447-2403; 443-605-2675.
- 8.....Oyster, Turkey and Country Ham Dinner (buffet style), Lewistown Fire Hall, 11101 Hessong Bridge Rd., Thurmont. 12:00-5:00 p.m. \$16/Adults; \$7/Children 6-12. \$17/Carryouts. 301-898-9988.
- 8.....Indoor Yard Sale with Bake Table, St. John's United Church of Christ, 8 North 2nd St., Woodsboro, MD. 8:00 a.m.-1:00 p.m. (Snow date: March 15). Parking in front or rear of church.
- 8.....Frederick County Genealogy Society Meeting, multipurpose room of Homewood at Crumland Farms, 4707 Willow Rd., Frederick, MD. 1:00-3:00 p.m. Guests welcome. Guest speaker, Eileen Souza.
- 9.....All-You-Can-Eat Country Breakfast, Our Lady of Mount Carmel Parish Center, Thurmont. 8:00 a.m.-1:00 p.m. \$7/Adults; \$3/Ages 4-10; Free/Ages 3 & under.
- 10.....Evening Grief Support Group, Hospice of Frederick County's Bereavement Program, 516 Trail Ave., Suite A, Frederick, MD. 5:00-6:30 p.m. No-cost. 240-566-3030; lkinna@fmh.org; dwatterson@fmh.org.
- 10-13.....Science Fair, Mother Seton School, 100 Creamery Rd., Emmitsburg. Public invited. 301-447-3161; www.mothersetonschool.org.
- 12.....Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 7:00 p.m. A Contemporary Worship Service + Fellowship, Barbara Anderson will facilitate a conversation on "Sin and Reconciliation."
- 14.....All You Can Eat Fish Bake Fridays, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/Adults; \$5/Ages 4-12; Free/Ages 3 & under. Sponsored by Father Shaum Knights of Columbus Council 11975.
- 14.....Coffee House at Elias Lutheran Church, 100 W. North Ave., Emmitsburg. Featuring REFUGE and Silver Lining Band. 7:00 p.m. A ministry for teens and adults. Free. 301-447-6239 eliasluth@gmail.com.
- 14,15.....Seton Center Thrift Shop \$5 Bag Sale, 16840 S. Seton Ave., Emmitsburg. March 14—10:00 a.m.-4:00 p.m.; March 15—10:00 a.m.-3:00 p.m. Bags provided. Infant strollers/baby buggies prohibited due to limited space. 301-447-6102; setoncenterinc@doc.org; www.setoncenterinc.org.
- 15.....Last Chance Bonanza, Fort Ritchie Community Center, Cascade, MD. Doors open 5:30 p.m. Dinner, dancing, silent auction. \$35/couple. Proceeds benefit life-changing programs at the Community Center. www.thefcc.org or call 301-241-5085.
- 15.....6th Mountaintop Community Spring Fair, Blue Ridge Fire Hall, Blue Ridge Summit, PA. 9:00 a.m.-3:00 p.m. Singer/song writer Rich Fehle. Collectibles Road Show (\$5 per item) 11:00 a.m. Vendor spaces \$10/8' x 10' (includes 8' table). Proceeds benefit Amanda Bowders Community Memorial Garden. Lynn or Duke Martin 717-642-5645.
- 15.....Weekly Money Bingo, Rocky Ridge Vol. Fire Co., Activity Bldg., Rocky Ridge, MD. Doors open 4:30 p.m.; Games 7:00 p.m. rrvfc@rockyridgevfc.com.
- 15.....Old Fashion Pig Roast, hosted by Sons of the American Legion Post 121, Emmitsburg Ambulance building, Emmitsburg. 4:00-7:00 p.m. Doors open 3:00 p.m. \$25/Couple; \$15/Children 12 and over; Free/Children under 12. Benefits those in the community who are in need.
- 16....."Daystar" for a Gospel Concert, Deerfield U.M. Church, 16405 Foxville Deerfield Rd., Savillasville, MD. 10:15 a.m. Everyone welcome. 301-241-3158.
- 17.....2014 Celtic Concert, Marion Burk Knott Auditorium, Mount St. Mary's University, Emmitsburg. Featuring band, Lúnasa. Seating begins 6:30 p.m. Free Admission. Tickets required; pick up at Emmitsburg or Thurmont Libraries beginning March 1.
- 18.....Daytime Grief Support Group, Hospice of Frederick County's Bereavement Program on-going self-help group, 516 Trail Ave., Suite A, Frederick, MD. 2:00-3:30 p.m. No-cost program. 240-566-3030; lkinna@fmh.org; dwatterson@fmh.org.
- 18.....Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. Serves anyone in need. Donations of clothing, etc. welcome (drop box outside bldg.). 301-271-4511.
- 18.....Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m./ 7:00-8:00 p.m. 301-447-3161; www.mothersetonschool.org.
- 19.....Trinity United Methodist Church, Emmitsburg. 7:00 p.m. A Traditional Worship Service + Fellowship, Rev. Katie Penick preaching on "Service."
- 19.....Pot Pie Dinner, Lewistown United Methodist Church, 11032 Hessong Bridge Rd., Lewistown, MD. Slippery Pot pie w/chicken and ham, green beans, cole slaw, applesauce, drinks and dessert. \$11/Adults; \$6/Children 6-12; \$12/Carryout. 301-898-7888.
- 21.....All You Can Eat Fish Bake Fridays, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/Adults; \$5/Ages 4-12; Free/Ages 3 & under. Sponsored by Father Shaum Knights of Columbus Council 11975.
- 22.....Catfish and Chicken Fry, Sons of AMVETS Squadron 7, Thurmont. 4:00-7:00 p.m. Doors open 3:00 p.m. \$15/person.
- 22.....Weekly Money Bingo, Rocky Ridge Vol.

Fire Co., Activity Bldg., Rocky Ridge, MD. Doors open 4:30 p.m.; Games 7:00 p.m. rrvfc@rockyridgevfc.com.

- 22.....5th Annual Spring Bazaar, Fort Ritchie Community Center, Cascade, MD. Prizes, kids activities, great food. Vendors still welcome, may set up day before the show. 9:00 a.m.-3:00 p.m. 301-241-5085.
- 22-23.....Indoor/Outdoor Yard Sale, Graceham Volunteer Fire Co., 14026 Graceham Rd., Thurmont. 8:00 a.m.-4:00 p.m.
- 24.....Evening Grief Support Group, Hospice of Frederick County's Bereavement Program, 516 Trail Ave., Suite A, Frederick, MD. 5:00-6:30 p.m. No-cost. 240-566-3030; lkinna@fmh.org; dwatterson@fmh.org.
- 25.....Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m./ 7:00-8:00 p.m. 301-447-3161; www.mothersetonschool.org.
- 26.....Emmitsburg Presybyterian Church, Emmitsburg. 7:00 p.m. A Traditional Worship Service + Fellowship, Rev. Timothy Kromer preaching on "Sacrifice."
- 27.....Natural Ways to Boost Your Energy, Hospice of Frederick County, Ste C, 516 Trail Ave., Frederick, MD. No charge. 3:00-4:00 p.m. 240-566-3038; www.hospiceoffrederick.org.
- 27.....Hospice 101 Class, Hospice of Frederick County, Ste C, 516 Trail Ave., Frederick, MD. 9:00-10:00 a.m. 240-566-3030. Registration required by March 20. No charge. www.hospiceoffrederick.org.
- 28,29.SMR 44th Annual Antique Auto Swap Meet, Carroll County AG Center, 706 Agriculture Center Dr., Westminster, MD. Free Admission. 8:00 a.m. Robert Clubb 301-829-2000; smraaca@aol.com.
- 28.....All You Can Eat Fish Bake Fridays, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/Adults; \$5/Ages 4-12; Free/Ages 3 & under. Sponsored by Father Shaum Knights of Columbus Council 11975.
- 28.....Turkey & Oyster Supper, Graceham Moravian Church, 8231A Rocky Ridge Rd., Thurmont. 3:00-7:00 p.m. \$16/Adults; \$8/Children 5-10; Free/Children under 5. 301-271-2379.
- 29.....Turkey & Oyster Supper, Graceham Moravian Church, 8231A Rocky Ridge Rd., Thurmont. 1:00-6:00 p.m. \$16/Adults; \$8/Children 5-10; Free/Children under 5. 301-271-2379.
- 29.....Weekly Money Bingo, Rocky Ridge Vol. Fire Co., Activity Bldg., Rocky Ridge, MD. Doors open 4:30 p.m.; Games 7:00 p.m. rrvfc@rockyridgevfc.com.
- 29.....Feast at the Furnace Open Hearth Cooking Workshop, 12607 Catoctin Furnace Rd., Thurmont. 10:00 a.m.-3:00 p.m. Limited to 20 participants. \$25. 410-243-2626 or www.catoctinfurnace.org.
- 29.....Vera Bradley and Coach Bingo, Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m.; Games 7:00 p.m. \$20/20 games in advance; \$25/at Door. Lena 301-717-8860; 301-447-3161; www.mothersetonschool.org.
- 29.....Easter Bazaar, Woodsboro Fire Co. Activities Bldg., 10307 Coppermine Rd., Woodsboro, MD. 8:00 a.m.-2:00 p.m. Crafts, homemade goodies, slippery pot pie, & more. Benefits Ladies Auxiliary. Rent table: Mary 301-401-2824.

april

- 1.....RSVPs due for Dinner & Dance (April 12), Benefit Disabled American Veterans Chapter #5, Guardian Hose, E. Main St., Thurmont. Dinner 6:00 p.m.; Dance 8:00 p.m.-midnight. Jim Eyler & The Country Ramblers. \$25/person, no alcohol. 301-271-4002, 443-686-1817.

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