

The Catoctin Banner

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Summer Fun in Full Swing at Local Events



Photo by Deb Spalding

Pictured above, a patriotic entry cruises through Thurmont's Guardian Hose Company's Parade on July 12, 2012; pictured above center, London Ruffner drives a horse on a carnival ride at Thurmont's Guardian Hose Company's Carnival on July 12, 2012; pictured below, an antique fire truck, complete with dalmation and driver have the sirens blasting in Thurmont's Guardian Hose Company's Parade on July 12, 2012.



Photo by Deb Spalding



Photo by Aaron J. Heiner

Pictured above, youngsters wave as floats pass by during the Mountaintop Heritage Days Parade on June 30, 2012.



Photo by Elizabeth Hoover

Pictured left, Rose Samples, and Grace Schramm attempt to capture the pig in Emmitsburg Community Day's Greased Pig Contest on June 30, 2012

Summer Fun Photos

— Continued on page 25



Photo by Deb Spalding



Matt Lind (above) and Ben Lind (right) were fishing on the Chesapeake Bay in Arnold, Maryland, on June 15, 2012. Matt is 19 years old and attends Shepherd University in West Virginia. Ben is 15 years old and attends Catoctin High School.



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See pages 14 & 15 for more "Fishy Pics"

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Thurmont First Welcomes Two Businesses to the Community

Thurmont First, Inc. and the Thurmont Economic Development Committee recently welcomed two businesses to the community with the customary ribbon-cutting ceremony: Fedora Café (see article on page 10) and Twice is Nice.



Courtesy Photo

Pictured (from left) are Thurmont Mayor Martin Burns, Main Street Manager Cindy McKane-Wagester, Lillian Angell, Thurmont EDC Board Member Carol Robertson, Vicki Angell, Owner Jay Angell, Thurmont EDC Board Member Bill Blakeslee, Thurmont Commissioner John A. Kinnaird, and Thurmont EDC Chairwoman Stacie Zelenka.

Twice is Nice was located for approximately three years at 6 North Church Street, and recently made a move to their new location at 5 A East Main Street in Thurmont. Be sure you stop in to congratulate them on their recent move and browse the shop for great deals.

For additional information on Thurmont's Main Street Program, please contact Cindy McKane-Wagester, Main Street Manager, at 301-271-7313 ext. 212 or via email at cindy@thurmontstaff.com or visit the websites www.thurmontfirst.com or www.thurmont.com.

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Reunions

Long Reunion

The R.D. Long Reunion will be held on September 23, 2012 at the Creagerstown Parish Hall starting at 1:00 p.m. Details are the same as years before. Please reply to 301-271-7975.

Keilholtz Reunion

The 68th Keilholtz Reunion will be held on Sunday, September 2, 2012, at the Thurmont Community Park. President Bobby Myers extends an invitation to all descendants of John David and Anna Missouri Bell Keilholtz to come for the 12:30 p.m. covered dish dinner and fellowship. Families are asked to bring two favorite foods to go with fried chicken, their own place-settings, beverages, and a two dollar wrapped gift for bingo.

Lewistown Ruritan Golf Tournament

The annual Lewistown Ruritan Golf Tournament is scheduled for September 7, 2012 at Maple Run Golf Course in Thurmont beginning at 8:00 a.m. All proceeds from this tournament go to the scholarship fund for area students. This year, sixteen scholarships were awarded by the Lewistown Ruritan.

For more information on the golf tournament, contact Harold Staley, Chairman, at HMSPutter@aol.com or 301-748-1708.

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Thurmont Economic Development Committee

Emmitsburg, July 2012

Sustainable Community Application Accepted for Emmitsburg

Emmitsburg has been granted the opportunity to benefit from the Maryland Sustainable Communities Act of 2010. Emmitsburg can now get grants and low interest loans for sustainable improvements. This program is geared toward helping towns and cities implement improvements to buildings, general beautification, going green with lighting, insulation, and much more. The purpose of the state program is to strengthen existing communities, stimulate local economies, create construction jobs, and reduce unemployment. Mayor Briggs is very pleased that Emmitsburg has been accepted for this program and thinks it will help to beautify and improve the economic status of the town.

The Thurmont & Emmitsburg Community Show

Our local Community Show this year will be held September 7, 8, and 9 at Catoctin High School.

Children and Adults can enter items for exhibits for show and prizes in many categories. Entries can be submitted between 6:00 p.m. and 9:00 p.m. on Thursday evening, September 6, or Friday morning, September 7, from 8:30 to 11:00 a.m. at the Catoctin High School

by Michele Cuseo

town hall reports

Gym. Livestock and farm-related entries should go to the Ag Center Area at the rear of Catoctin High School. FFA and 4-H participants will show off their livestock, including goats, sheep, pigs, and cows for the Fitting and Showing Contest on Saturday. There will also be a petting zoo and a pet show for the kids. Lots of handmade crafts and beautiful flowers and vegetables will be on display, and prizes awarded for the best entries. The traditional Turkey & Ham supper will be served family-style by the Thurmont Grange on Saturday and a chicken barbeque by the Catoctin FFA Alumni on Sunday. Free Admission and Parking!

For more information about the town of Emmitsburg, log onto www.emmitsburgmd.gov.

Thurmont, July 2012

Town Approves Sale of Land to DNR

The Department of Natural Resources has offered 1.4 million dollars to purchase about 400 acres from the town of Thurmont.

The land would become part of the Cunningham Falls State Park.

Town officials approved of the sale but Mayor Burns asked for a review to be made on the value of the land to ensure the town is receiving the fair amount for the land before a final transaction is made. The money made from the sale is slotted for the town water fund.

Planning & Zoning Review Proposed Housing Unit

The Planning & Zoning Commission is considering the request to build 24 Housing units by River Run Farms.

Final approval has not yet been granted. Concerns expressed by the commission involve the plans for a narrow road and lack of lighting.

There is a bridge on the road, as well as a portion of the road that would cross the Trolley Trail—a busy path used by bicyclists and pedestrians.

Citizens will have an opportunity to make public comment on the proposal.

Back to School August 27

Frederick county schools will be back in full swing on Monday, August 27. Parents can go online to access school supply lists and back to school information at <http://www.fcps.org/>.

There is a back to school section that provides information about the new calendar, parent-teacher conferences, orientation, and important forms. School lunch prices will remain the same, and parents can pre-pay for lunches by going on line to <http://www.cafeprepay.com/>. Another important program for parents is the emergency notice program called FindOutFirst. Parents can receive emergency notices and regular email updates. To subscribe, go to the home page <http://www.fcps.org/> to access the program.

View the town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

Farmer's Markets:

- Thurmont (through September 22)—Saturdays, 9:00 a.m. to Noon, Carnival Grounds, East Main Street, Thurmont.

- Emmitsburg (through October)—Fridays, 3:00 to 7:30 p.m., South Seton Avenue, Emmitsburg.

Check the Calendar

Be sure to check the calendar on page 35 for bingos, breakfasts, dinners, programs, benefits, and other events of interest.



Peggy Koontz

www.frederickcountyrealtor.com Peggy@mrisc.com

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Popular Open, Split Bedroom Floor Plan, Hardwood floors, fireplace, 3 full baths, family room, den, office, 2 car garage. Must see this fine home!



2.4 Acre Stream Setting - \$324,500
This 4 br, 3 bath brick rancher boasts and open floor plan, hw floors, breakfast rm w/ octagon cathedral ceiling, lower level finished w/walk-out, 2 car garage. Want privacy? This is it!!



SOLD
1.77 Acres \$279,900
Gorgeous wooded lot on Pryor Rd., \$169,000!



3 BR Charming Cape Cod \$149,900



SOLD
Open Floor Plan! \$129,900

Lots for Sale

Two 1 acre lots, perced with wells, \$82,500 ea. or both for \$159,000!



Easy St. Condo - \$169,900
This unit feature 2 large BR's, 2 BA's. Eat-in kitchen w/ breakfast nook w/ access to the patio, living room w/ french door to patio, dining area, master suite w/ spacious walk-in closet and bath w/ whirlpool, sep shower, double sinks, laundry storage area, 1 CG.



Exellent Condition!
Just Move In - \$159, 900
This colonial is move-in ready, wood floors, 3 brs, plus office, finished attic w/full bath! 2-car garage/workshop.



Brick Colonial - \$138,000
Update and Enjoy!!- \$138,000
4 br, 2 baths, front and rear staircases, 2 non-working fireplaces, wood floors, newer roof Mixed Village Use Zoning! Off Street Parking.

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217 E. Main St.

Emmitsburg - \$159,900
Fantastically renovated cottage style colonial with 2 bedrooms and 2 full baths. Nothing to do here! Central heat and air, newer carpet, laminate, Maple Cabinets in Kitchen with Granite counter Spacious Living and Dining room with new pellet stove and lovely rear yard with off street parking!



516 W. Main St.-Thurmont-\$224,900-

This lovingly cared for home offers 3 bedrooms, 2 full baths, eat-in Kitchen and separate Dining Room. Beautiful stone fireplace in Living Room and spacious lower level Family Room with walk out to expansive rear yard (over 3/4 acre). Deck, shed, carport, view of



NEW PRICE!

125 Cody Dr. #12

Thurmont-\$169,900
This is a great 2 bedroom, 2 bath condo with lots of personal touches. Windows were replaced 2-1/2 years ago, toilets and exhaust fans replaced in both bathrooms, beautiful wood floors, separate storage room. A must see! If you are thinking of moving to a condo don't miss looking at this one! You won't be dissatisfied! Call Bonita Smith.



9141 Longs Mill Rd.

Rocky Ridge - \$549,900
This spacious farmette offers 3 bedrooms, 2 full baths, an expansive living room with hardwood floors and gas fireplace with french doors that walk out to a 20 x 40 in ground swimming pool and maintenance free deck! Custom bath just off the pool



3 E. Main St.

Thurmont- \$149,900
Excellent opportunity to own a retail storefront with 2 one bedroom apartments upstairs, laundry on second floor for tenants. Store front now rented! Possible owner financing! "Motivated Seller"! \$149,900. Call Bonita Smith!



**PRICE
REDUCED**

Tower Road,
Thurmont Area
3 bedroom, 1 1/2 bath rancher, attached garage plus large storage shed/garage, on 1.09 acre wooded lot. Needs a little TLC.

Call Bonita Smith



17124 Harbaugh Valley Rd.

Sabillasville - \$219,000
Nice secluded rancher on 2.25 acres. Enjoy complete privacy on newer deck off living room. Beautiful hardwood floors in living room and dining room. Ceramic tile in kitchen. Wood stove and full bath in basement. Call Bonita Smith!



306 East Main St.

Thurmont - \$355,000
Brick Colonial offers 5 BR/2.5 BA and has been lovingly restored and updated! Hardwood floors throughout the house. Lower level offers a sunny family room and office along with an expansive storage area! Gorgeous Screened rear porch, wrap front porch and in-ground swimming pool!



17774 Harbaugh Valley Rd.
Sabillasville - \$349,900

A must see! Charming rancher on 11 acres. Privacy and tremendous views. Over the garage are two finished rooms that are ideal bedrooms with electric. Beautiful stone fireplace, new water heater, 24'x36' Pole Building, Great Sun Room to watch the deer. One of a kind property. Call Bonita Smith



9 W. Main St. , Thurmont - \$289,000

This home has been completely remodeled inside with a new kitchen, bathrooms, carpeting, etc. Can also have business in home. Property to right, 7 West Main St. is also included, but needs TLC. Could be apartment or store front. Call Bonita Smith!



Wigville Rd, Thurmont

3 gorgeous building lots just minutes from Cunningham Falls SP.
(\$199,900- 13.35 Acres, 6 BR, perc, well)
(\$149,900- 5 Acres, 5 BR, perc, well)
(\$159,900- 5.57 Acres, 6 BR, perc, 2 wells)



13884 Moser Rd., Thurmont - \$449,900
This spacious 4 bedroom, 2.5 bath Colonial sits on 7.5 acres. Home offers a large sunny kitchen that opens to the family room with a fireplace and hardwood floors, formal living and dining with moldings and hardwoods. 4 bedrooms and large finished basement. 4 fenced paddocks, 4 stall horse barn w/tack room and barnyard! Fabulous!



**UNDER
CONTRACT**

13508 Motters Station Rd., Rocky Ridge - \$94,000

This 3 bedroom, 1.5 bath Vintage 1920's Craftsman Colonial retains so much of its original architecture! Hardwoods throughout with original trim and gorgeous pocket doors between living and dining! Spacious foyer with gracious staircase! Large living spaces and walk up attic! Needs a little TLC. Lovely rear yard with in-ground swimming pool. Priced well so hurry!! This is a must see! Sold As-Is.



**30x40
WORKSHOP!**

22 Altamont Ave., Thurmont - \$289,900

This Spacious 1920 Bungalow offers high ceilings, 3 bedrooms, 2 full baths, fireplace, hardwoods, window seats, transoms, sunny kitchen, inviting sun room and a master suite on upper level. Tons of original character with wonderful new renovations including windows, roof, geo thermal heat, central A/C, etc.



17241 Bollinger School Rd., Emmitsburg - \$309,900

This affordable farmette has everything to get you started! Lovely brick colonial with 3 spacious bedrooms, 1 1/5 baths, hardwoods, large, sunny kitchen and dining room with french doors to deck. Updated windows, new metal roof, 2 car garage, front porch to enjoy the views. Large machine shop, 4 stall horse barn, 2 fenced pastures set on over 5.5 acres of scenic grounds. Beautiful setting!

Plan Your Entry for the 56th Annual Thurmont & Emmitsburg Community Show

The Thurmont & Emmitsburg Community Show will be held at Catoctin High School in Thurmont, Maryland on September 7-9, 2012.

The time for entering exhibits is as follows: Thursday night, September 6—*6:00 to 9:00 p.m.; Friday, September 7—8:30 a.m. to 11:30 a.m. (*Please note the time change on the entering of exhibits on Friday.) You may also visit the Community Show's website at www.thurmontemmitsburgcommunityshow.webs.com to view the premium list for 2012 and the community show booklet. The booklet will be available in local grocery stores, banks, and restaurants sometime in early August.

Judging will begin at 12:30 p.m. on Friday and is closed to the public. Commercial exhibits may be entered on Friday, September 7, from 3:30 p.m. to 5:30 p.m. The show will open to the public at 6:00 p.m. There is no admission charge to the event; however, a silver offering will be collected.

Over 3,000 farm and garden, household, quilt, livestock, machinery and commercial displays can be seen during the three-day event.

On Friday night beginning at 7:00 p.m. in the auditorium, a bagpipe processional by Bill, Alexander, and Andrew Douwes will be performed at the beginning of the community and civic flag ceremony. This year, the show committee will honor the 125th anniversary of the Guardian Hose Company and the 100th anniversary of the Girl Scouts. Also on Friday night, the 2012-2013 Catoctin FFA Chapter Ambassador will be announced. Immediately following the program (at approximately 8:15 p.m.), an auction of all baked goods exhibited at the show will be held in the auditorium. All grand champion and reserve champion baked goods will be sold

at 9:00 p.m.

On Saturday, September 8, 2012, the show opens at 9:00 a.m. to 10:00 p.m. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8:00 a.m. to 2:00 p.m. at the Ag Center area, as well as a pet show, beginning at 10:30 a.m. in front of the school. Entries can be entered on the terrace in front of the school. The pet show is also open to area residents. Categories are: Cat with Prettiest Eyes; Cat with Longest Whiskers; Cutest Cat; Best Trained Pet; Dog with Wiggliest Tail; Prettiest Dog (25 pounds and under); Prettiest Dog (26 pounds and over); Best Costumed Pet; Pet with Most Spots; Largest Pet (by height); Most Unusual Pet; Smallest Pet.

The petting zoo and pony rides will also be held on Saturday and Sunday. There will also be an exhibit of Alpacas by Lynn Cherish; Cane and Abel Steers, by the Biser Family; Emu's by the Royer family and a sow and litter of pigs by Phil Wivell and pony rides by Niki Eyler.

The Thurmont Library will again have books for sale in the old gymnasium. Persons wishing to donate books for the library sale can drop them off at the school, while entering exhibits at the show on Thursday night or on Friday morning. Also in the old gymnasium, John Kinnaird will have old pictures of Thurmont, and Helen Mackley will have her display of old buttons and emblems. The Community Show will also have on display old photographs and displays of past years in the old gymnasium.

The Thurmont Grange will again serve their Turkey and Ham dinner in the school cafeteria from 3:00 to 7:00 p.m. on Saturday night. Prices are: Adults/\$12.00; Children under 12/\$6.00; and Children under 5/\$5.00; Carryouts/\$13.00.

A martial arts program, under

the direction of Lynn Folk, will be performed in the old gymnasium at 5:00 and 6:00 p.m. on Saturday evening.

The 37th annual Catoctin FFA Alumni Goat, Beef, Sheep & Swine sale will begin at 7:00 p.m. in the Ag Center area on Saturday night. Entertainment featuring 50s and 60s music performed by the Thurmont Thespians will begin at 7:00 p.m. in the auditorium. There is no admission charge.

Activities begin on Sunday, September 9, at 9:00 a.m. with the Goat Show, followed by the Dairy Show and Decorated Animal Contest. The decorated animal contest will begin at noon and \$50.00 in prize money will be awarded. Categories are: Dairy, Beef, Sheep, Swine, Poultry, Rabbits, and Goats.

At 12:00 noon, the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria. Prices are: Adults/\$8.50; Children under 12/\$6.00; Carryouts/\$9.50.

The 33rd annual horse shoe pitching contest will begin at 1:00 p.m. The Log Sawing Contest will also begin at 1:00 p.m. under the show tent in the Ag Center area.

The Barnyard Olympics for children will again be held on Sunday afternoon, beginning at 1:00 p.m. Age groups are (5-6), (7-8), (9-10) and (11-13). The event will be expanded because of increased participation by the children and premiums will be awarded.

A martial arts demonstration by the Thurmont Academy of Self Defense will be performed in the old gymnasium beginning at 1:30 p.m. Also on Sunday afternoon at 1:30 p.m., the Catoctin Aires will perform on stage in the school auditorium.

Exhibits must be removed on Sunday, September 19, 2012, from 3:00 p.m. to 6:00 p.m.

The Community Show is

sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, and the Maryland State Agricultural Fair Board.

Residents of the Catoctin feeder area are urged to enter and be a part of the Community Show, the largest in the State of Maryland. Some minor additions and deletions will be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department.

Come and see the farm, garden, household, canned goods, flowers, baked products, quilts, sewing exhibits, and animals exhibited by the residents of the Catoctin High School area. There is no admission charge, and there will be plenty of good food, entertainment, free parking, and door prizes, donated by area businesses.

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AROUND town

Sabillasville Annual Community Picnic

The Annual Sabillasville Community Picnic, sponsored by St. John's United Church of Christ, will be held on Saturday, August 18, 2012, at Willard Pavilion. The pavilion is located off of Harbaugh Valley Road behind the church. The picnic will begin at 3:00 p.m. and will feature food and drinks, fresh-made French fries, and games for the kids, plus a bake table. Music will be provided by Dave Snader and his guitar. There will be a cruise-in for old/classic vehicles. Bring an old tool, small machine, or kitchen utensil to display and receive free hand-made ice cream. For more information, contact Joan Fry at jofry241@yahoo.com or call 301-241-3295.

3rd Annual Cake and Pie Auction

Want to win a ribbon, some money, and make a donation to the Rocky Ridge Volunteer Fire Company all at one time? If so, all you have to do is bake a cake or pie (no meringue or custard pie) and bring it to the Rocky Ridge Fire Company activities building (13516 Motters Station Road), on Sunday, August 12, 2012, from 3:00-5:00 p.m., or Monday, August 13, 2012, from 10:00 a.m.-noon.

Next, tell all your friends and neighbors that you baked something, and they can come and buy it on Monday, August 13, 2012, at 7:00 p.m. at the Rocky Ridge carnival. For more information, you can call Paulette Mathias at 301-271-4252.

Join Thurmont for their Saturday Stroll

The Saturday Stroll in Thurmont will be held on Saturday, August 18, 2012, from 1:00-4:00 p.m. (rain or shine) in the Main Street area of Thurmont. Don't miss this Saturday Stroll "Pack-a-Back-Pack." Come enjoy live music, great food, games and prizes for the children, face painting, clowns, and more!

There is so much to enjoy along Main Street. Each participating business will give out school supplies and backpacks donated by the Economic Development Committee (EDC). School children can fill a backpack to keep, and adults can fill one to donate back to the EDC to distribute to local children in need. In addition to the Stroll activities, many Main Street businesses will offer special promotions. Shop the local crafters and artists who will line the downtown streets. Be sure to check out the historical display of school items and photos at the Historical Society's Creeger House.

For more information, visit www.thurmontfirst.com or call Cindy at 301-271-7313 ext. 212 or Virginia at 240-288-8226.

The 8th Annual Run for Life 5K Run/Walk

Catocin Pregnancy Center's 2012 Run for Life will take place on Saturday, September 15, 2012, in memory of Father Darin Didier. The 8th Annual Run for Life, 5K/1-Mile Race/Walk will begin at Mount Saint Mary's University in Emmitsburg, Maryland. Registration/Package pickup will begin at 7:30 a.m. at the PNC Sports Complex on Mount Saint Mary's campus at the west entrance. The 1-Mile Fun Run/Walk will begin at 9:00 a.m., with the 5K Run/Walk starting at 9:30 a.m. Entry Fees are: \$25.00 (includes shirt); \$15.00 (without shirt). Family Rate is \$50.00 per family, plus \$10.00 for each shirt. Shirt only is \$25.00 (includes mailing); \$20.00 (if picked up at race). Send completed entry form and check or money order to the Catocin Pregnancy Center, P.O. Box 1168, Emmitsburg, MD 21727. Make checks payable to CPC.

In lieu of the Registration Fee, runners/walkers may solicit sponsors to support their participation (\$25 minimum sponsorship). We encourage all participants to solicit as many sponsors as possible to assist the women, babies, and families that come to the Pregnancy Center.

Awards will be given to the first male and female finishers and first male and female Master finishers of the 5K Run. Awards will also be presented to the top three finishers in 5-year age groups. All 10-and-under participants will receive medals in the 1-Mile Fun Run. Age-group winners 10 and under will also receive awards. Fruit and drinks after the race and water at the finish line will be provided.

To volunteer or for more information, call Jim Lowrie at 717-642-0196 or email him at jimlow@embarqmail.com. The forms can also be downloaded from the Frederick Steeplechasers website: <http://www.steeplechasers.org/PDF/Run4Life5Kreg12>.

news@thecatocinbanner.com

4th Annual John's Wheels for Wishes

The 4th Annual John's Wheels for Wishes ride will take place on Saturday, September 22, 2012. This year, John's Wheels for Wishes will be hosting a poker run to raise money for Sierra Coulbourne, age 16, diagnosed with Lupus in October 2011. Prior to being diagnosed with Lupus, Sierra suffered from Reflex Sympathetic Dystrophy (RDS) due to a surgery that went wrong. Sierra spent over two months in Johns Hopkins Hospital. Within ten days of her first symptoms, Sierra was left paralyzed and was running high fevers; her muscles began deteriorating and she suffered a lung collapse and kidney failure. She is currently taking dozens of medications and undergoing Chemo Therapy, along with monthly injections to try and save her organs. Sierra has aspirations of becoming a police officer and is currently involved in the Frederick County Sheriff's Youth Explorer Program. She also enjoys hunting and riding motorcycles, especially her dirt bike! Her mom, a single mother, is working four jobs to try and make ends meet, and keeping Sierra as healthy as possible.

Registration will be held at Frederick Harley Davidson in Frederick, Maryland. The ride will leave at 11:00 a.m. and head to Thurmont, continuing through parts of Western Maryland, and ending at the Emmitsburg Ambulance Company (located on Creamery Road in Emmitsburg) for an after-party. Music will be provided by the one-and-only Wylde Fire; raffles and more will be held during the party. Food will be served at 4:00 p.m. If you can't participate in the ride, the after-party is open to everyone! Tickets will be sold for \$15.00.

Pre-registration information for the ride: driver/\$20; rider/\$15. Checks are to be made out to: Wheels for Wishes and mailed to: PO Box 1052 Emmitsburg, MD 21727 (Must be received prior to September 1, 2012; All pre-registrations include: one poker hand sheet, one t-shirt, and one meal ticket).

On-site registration available from 9:00-10:45 a.m.: driver/\$25; rider/\$20. Rider can ride without paying but will not receive poker hand or meal ticket.

For the registration form or for more information, check out their Facebook page: John's Wheels for Wishes or email them at ws4ws2009@yahoo.com.

Blessings in a Backpack Basket Bingo

Blessings In a Backpack is a "neighbor-helping-neighbor" program that is designed to help meet the nutritional needs of children and families in need. Blessings in a Backpack and Thurmont Primary School have partnered with Wegmans to provide eligible students on the Free and Reduced Meal Plan with food on the weekends in the upcoming 2012-2013 school year.

A "Blessings in a Backpack Basket Bingo" is being held on Saturday, August 4, 2012, at Thurmont Primary School, from 5:00-9:00 p.m., with 20 bingo games starting at 6:00 p.m. Prizes include Vera Bradley Ensembles, Tastefully Simple Baskets, \$100 Restaurant.com e-Gift Cards, a Kindle e-Reader, iPod Shuffle, Two Brad Paisley Concert Tickets, and more! Additional raffle prizes above and beyond bingo games are also available. Cost is \$30 per ticket—pre-sale by August 1; \$40 per ticket—at the door the night of the event. All ticket prices are tax deductible. Please contact Laura Krauss at laura.krauss@hotmail.com or 301-514-6672 to reserve your tickets today!

Are You Looking for Something Fun to Do?

Check the **Community Calendar** on page 35 to view the calendar for events of interest, including bingos, breakfasts, dinners, programs, benefits, and much more!

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Steam Train

by Aaron Heiner

It is a typical hot and humid afternoon at the train station, with cicadas chirping and children heard playing nearby. The whistle of the one o'clock local can be heard in the distance, signaling that the Pennsylvania local for Frederick will soon be arriving from points north.

Fast forward sixty years.

On Saturday, June 23, 2012, some unsuspecting passengers expecting the typical modern diesel powered trains were greeted by a special treat as Flagg Coal Company engine #75 pulled up to the station. This was the first steam train to arrive in Frederick County in over half a century.

"Look, mommy, at all the smoke!" a small child excitedly yelped from the station platform, pointing to the steam train as it crossed Pennsylvania Avenue nearing the station.

As the train neared the station, the click of dozens of cameras from area shutterbugs could be heard from all directions to record the historic event.

For many of the passengers and the steam train crew, the importance of riding one of the first steam trains to run in to Walkersville since the 1950s was not lost on them.

Most everybody at the station was ecstatic about the opportunity to step back in time and ride under the smoke from a bygone era—a part of American history.

Thrilled to finally have steam trains running again in Frederick County, Wayne Kirchoff, President of the Walkersville Southern Railroad, spent the entire first day of steam operations either at the throttle of the



locomotive or flagging the crossings, so the special excursion train could proceed without fear of automotive traffic crossing in front of its mighty cow catcher.

"The sound, the smell, the feel of the engine running up the track is something you read about, but until you really ride it, it is something entirely else," said Kirchoff, who was engineer on the 1:00 p.m. train on the first day of operations.

Kirchoff was not the only one excited about the steam train. Veteran train buff and fireman, Paul Kovalchik, spent much of the day shoveling coal into the firebox.

While the train was between runs, Kovalchik would demonstrate to visitors the manual labor involved in keeping even a small steam locomotive's boilers hot.

Brothers Sam and Jack Levine, both age 11, were passing through the area on their way to see an evening Keys game in Frederick and were fortunate enough to get to go up to the cab where Kovalchik

Author's Note: George Wireman was a 15-year veteran of the Walkersville Southern Railroad. It had always been George's dream that one day steam trains would again run on the rail line. The author of this article dedicates this story to George.

Flagg Coal #75 (left), with Wayne Kirchoff as engineer, pours on the smoke as she runs southbound though Glade Road on a "rare mileage" railfan trip on June 23, 2012.

Photos by Aaron J. Heiner

Anna Tillis (5 years old) and her brother Zach (3 years old), pictured below, pop their heads out of the train window at Walkersville Station as the steam train arrives after it's 80-minute, round-trip ride to Frederick.



showed them how the locomotive worked.

"I like how the engine works because my friends and I made a diagram of them [for school]," Jack said.

"I like how fast it [the train] goes and to see all the scenery go by," Sam added. "I want to see if everything is all blurry as it goes by."

Kovalchik noted that having the opportunity to spend time working on a steam engine was great; but that he also enjoyed showing the engine off to those who visit the railroad.

However, not all passengers who came to the railroad to see the steam engine run were families. Many railfans (also known as train buffs or railroad enthusiasts) showed up as well to witness the historic event.

After the three public runs were concluded for the day, the Walkersville Southern Railroad ran a special railfan trip. It included rare mileage, which involves running trains over track that are not normally used for general excursion trains. It also featured photo run-bys, which included the opportunity for railfans to alight from the train so they could photograph or videotape the train passing points of interest. Then they reboarded the train to continue on their trip.

Matthew Abbot from Annapolis, Maryland, was on an evening railfan trip, riding in the Pullman car, *George Wireman*. He was dressed in a shirt with a steam train on it and wore a Canon camera around his neck. Like many railfans, his hobby includes photographing, video-taping and riding excursion trains. Like most of the other passengers on the

special run, Abbot came out to see Flagg Coal #75 in action and was enjoying the ride.

"I try to do so [go on railfan trips] whenever I can," Abbot said. He has traveled all over the country riding excursion trains. He entered the hobby because his grandfather had worked for the railroad. Abbot found out about the steam train through the Walkersville Southern's Facebook page.

Some railfans enjoy the hobby so much that they buy their own steam train, as was the case with Flagg Coal Company engine #75.

Purchased by John and Barney Gramling in 1999, Flagg Coal engine #75 is an 80-year-old coal-burning steam locomotive that spent most of its life in quarry service. As train fans themselves, the Gramlings travel the U.S. in a motorhome visiting excursion railroads, with the steam locomotive being transported by a low-boy trailer.

John Gramling noted it was his son, Barney's, idea to buy the locomotive. According to Gramling, his son thought he could restore the engine, so he went along with it. "It was a hobby that got out of hand... way out of hand."

"It took about ten years to restore it. We hauled it home in pieces," Gramling chuckled.

However, Gramling noted when it comes to having a hobby of this scale, he spends a lot of time away from home.

"I'll be gone between five and six months [with the locomotive]; not all at one time," Gramling noted. "For us, home is northeast Indiana. We've been to 15 states. The furthest so far has been south of Tampa, Florida."

By the date this issue of *The Catocin Banner* hits the streets, the Gramlings have since loaded Flagg Coal #75 on to the back of the low-boy trailer and have headed to another railroad somewhere in the country.

The last run of Flagg Coal #75 at the Walkersville Southern Railroad for the 2012 schedule was on July 8. With the success of this year's steam train weekends, the Walkersville Southern Railroad hopes that it will be able to run steam excursions again next year. The railroad will, however, continue to run with its unique and rare historic diesel locomotives through Christmas of 2012.

For more information on the Walkersville Southern Railroad and Flagg Coal #75, please visit: <http://www.wssr.org> or the railroad's Facebook page at: <https://www.facebook.com/pages/Walkersville-Southern-Railroad-and-Museum/121211234616402>.

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Hidden Object Game, "Where Am I?" Photo Game & "Who Am I?" Game Winners



Photo by Irene Matthews

From the July issue of *The Catocin Banner*, Ann Wiles was the winner of the Hidden Object Game (\$25 gift certificate to the advertiser of his choice from the July issue). The fire rocket was hidden in the sub in the Thurmont Beer & Deli ad on page 12. This month's Hidden Object is a walking pencil.

Last month's "Where Am I?" photo was submitted courtesy of Arthur Gernand and photographed by Phil Rogers around 1920. It showed a 1920s view of Route #77 West around Camp Penile. Austin Fogle was the winner of the "Where Am I?" Game (\$10 gift certificate to the advertiser of his choice from the July issue). For the "Where Am I?" Photo contest, take a look at the photo and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown and everywhere around and in between. Call 240-288-0108 to leave a message or e-mail news@thecatocinbanner.com. Don't forget to leave your name and phone number.




Test Your Word Power

(Answers on page 34)

- | | |
|---|--|
| <p>1. Purported (adj.)
a) Rejected; denied
b) Claimed; alleged
c) Familiarized; educated</p> | <p>3. Invidious (adj.)
a) Resentful; envious
b) Valuable; desirable
c) Flashy; gaudy</p> |
| <p>2. Candor (n.)
a) Disgraceful action
b) Frankness; sincerity
c) Riddle; brainteaser</p> | <p>4. Illiberal (adj.)
a) Charitable; tolerant
b) Believable; plausible
c) Narrow-minded; bigoted</p> |

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BUSINESS news

Thurmont Eye Care

by Olivia Sielaff

Local husband and wife duo, Brian and Molly Carren, are bringing their expertise to Thurmont with their new business, Thurmont Eye Care. The official ribbon-cutting and grand opening will be August 29, 2012.

The Carrens are both veterans of the military. Dr. Molly Carren provided optometric services while in the military for five years, as well as served as a military contractor optometrist. She additionally worked as the Clinical Director for a LASIK center. Although Dr. Carren has worked with many eye care practices, this is the couple's first self-owned practice. The Carrens are members of the Lions Club, Thurmont Economic Development Committee, and the Main Street Community.

The Carrens purchased the location for Thurmont Eye Care on 2 E. Main Street in Thurmont, and have been renovating it since December 2011, with Clabaugh Construction as the general contractor. Other contractors that

have helped put together the new clinic have been: MD Toms (who are painting the outside of the building), C.I. Eakin (plumbing), Gateway Printing, Dovetail Signs, and Dynamark Security (alarm and sound system).

At Thurmont Eye Care, Dr. Carren will be the optometrist, and Chris Gallahan will be the Store Manager and optician. Thurmont Eye Care will provide complete eye care, including eyeglass exams, contact lens exams, LASIK consultation with pre- and post-op LASIK care, emergency eye service, as well as basic eye glass adjustment and repair. The shop will offer a large selection of eyeglass frames, sunglasses, safety glasses, and sports glasses—most of which can be made with your prescription. They accept many insurances. The Carrens are happy to be opening their business in Thurmont, and they look forward to serving the community.

To contact Thurmont Eye Care, call 301-271-0554. Appointments for after August 29 will be made starting August 1. Walk-ins will be accepted as the schedule permits. Their hours are Monday—10:00 a.m.-8:00 p.m.; Tuesday—9:00 a.m.-5:00 p.m.; Wednesday—7:00 a.m.-1:00 p.m.; Thursday—10:00 a.m.-8:00 p.m.; Friday—9:00 a.m.-3:00 p.m.; Saturday—8:00 a.m.-12:00 p.m.; Sunday—emergencies only.

Please feel free to visit after August 29 and check out their new place!

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Photo Classified are \$20 per ad limited to 1" height. Send your written listing, photo and payment to: *The Catocin Banner* at 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788. Call 301-271-1050 or email ads@thecatocinbanner.com

Fedora Café Comes to Thurmont

by Olivia Sielaff

"Back in the day, cafés were a place to come in, sit down, and get to know people," explained Matthew Eavey, who hopes to reinvent that same atmosphere with his new business, Fedora Café. June 25, 2012 marked the soft opening of Fedora Café; the ribbon-cutting ceremony was held on July 14, 2012, with town commissioners, delegates, and the Thurmont mayor all present.

Combining twenty-two years of experience in food service and a love for fedoras (his favorite hat), Eavey said opening this business was something he has always wanted to do. Eavey began working at the Cozy Restaurant in Thurmont as a bus boy for numerous years, then was a multi-unit manager at the Burger King in Thurmont. From his experience, he learned the logistics of running a business and has worked with all different food styles.

Eavey's parents, Mike and Pat; his aunt, Barbara; and girlfriend, Michelle, make up the family business. With over sixty years of experience, Pat and Barbara use family recipes and do the daily baking at the café. Fedora Café provides Panini's, which are made fresh on the spot with homemade in-house white bread. Their menu also includes sandwiches, wraps, baked goods, bottled Pepsi products, and Arabica blend coffee. "Instead of being stale, Fedora Café likes to experiment with new recipes to tailor

the menu to their customers' likings. You can expect your favorites, but the baked goods will change from day to day," states Eavey.

The Eavey family at Fedora Café is dedicated to providing fresh, local products at an affordable price. Their fedora inspiration gives the café a nostalgic feel, reminiscent of the 1940s and 1950s. There is a wall of photos of famous people all wearing—you guessed it—fedoras; even the Eavey's wear the trademark



Photo by Olivia Sielaff
Matthew Eavey, owner of Fedora Café, stands in front of his wall of Famous Fedoras at his new café in Thurmont.

hat in the café. Matthew Eavey hopes that Fedora Café will provide "reminders in thought and taste" for all who visit. Their tagline says it all: "With Food this good, don't keep it under your Hat!"

Fedora Café is located on 425A N. Church Street in Thurmont. They are happy to take phone-in orders but do not cater or deliver. Their hours are Monday-Saturday, 8:00 a.m.-6:00 p.m. and Sunday, 11:00 a.m.-7:00 p.m.; they will adopt winter hours in October. Call them at 240-529-2751 or check out their Facebook page at www.facebook.com/FedoraCafe.

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Shriver Meats

by Olivia Sielaff

"I don't even carry a wristwatch; I've got so much to do," Norman Shriver said with quietude about his agricultural trade. He and his wife, Sandy, are certainly busy running their family farm and business, Shriver Meats. Since 1964, the Shrivs have been raising and processing cattle for local farmers and for customers looking for quality meat and cuts.

When Norman and Sandy were married fifty years ago in their early twenties, they had beef to be harvested. Norman helped a Mr. Walter Simpton do the job. "I never cut meat before that. It was just going to be a part-time winter job," Norman explained. However, farming was always a part of life for Norman and Sandy, who both grew up on their local family farms. In fact, Norman's grandfather owned the current Shriver farm. Now, the Shrivs are passing down their passion for farming to their son, David, and grandchildren. That "part-time job" turned into a source of income and, moreover, a way of life for Norman and his family.

Within the first year of Shriver Meats, 50 cattle were processed for other farmers. The following year, up to 1,500 cattle were processed. "We just kept growing," Sandy said. Currently, the Shrivs harvest 1,600 cattle a year, including their own cattle.

Norman was proud to show off his farm, buildings, and equipment when interviewed. He explained that they started Shriver Meats in their summer house. With the growth of their business, they built harvesting and packaging facilities in 1975—a



Photos by Olivia Sielaff

much-needed upgrade. Also, the various rooms with different temperatures throughout the process allow for proper cooling.

The 250-acre farm includes three barns in which the Shriver's cattle are raised. Every week, new cattle at 6 months of age and 600 pounds are bought from surrounding auctions. The cattle are weighed every forty days and moved to different barns throughout their growth. Then, once a week, year-round, the cattle are harvested at 9 to 12 months of age and 1,000-1,100 pounds. In order to feed their cattle, the Shrivs grow corn, grain, and barley on their farm. In addition, Dennis Jones, a USDA inspector—whose office is on the farm—monitors the Shriver's cattle and those on three other farms. Norman said there were "hardly any regulations when they started. But we have had to do a lot of things we never did before, like blue prints, E. coli test, etc." However, the Shrivs understand that this is part of how they can provide the best products for their customers. "We have an understanding of what it takes to

Pictured are Norman and Sandy Shriver, owners of Shriver Meats.



The Shrivs are thankful for all the help they have in running the farm and business. Norman is especially thankful for his wife's help. "She's good with the books, and I get to do what I like working on the farm," he said. When asked what he likes the most about his life on the farm, Norman answered: "Watching the animals. I try to give them a better home than they had. Also, we get to meet and work with a lot of farmers in the area and talk about farming. We're just doing something we like to do and providing protein to people's diet."

Shriver Meats will harvest, cut, package, and freeze other farmers' cattle. The Shrivs offer all breeds of beef; Angus is their most popular. They are happy to customize any order, but do not deliver. The farm and office are located at 16436 4 Points Bridge Road in Emmitsburg. Their office hours are Monday through Friday—7:00 a.m.-5:00 p.m.; Saturday—7:00 a.m.-12:00 p.m.; Sunday—closed. To contact the Shrivs, call 310-447-2255.

make a good animal at a reasonable price," Norman said.

Apart from their son and grandchildren helping on the farm, the Shrivs have very dedicated employees, some of whom have been with them for over thirty years. Also, the Shrivs offer a high school work-study program during the summer. Because it takes about one to two years to learn, many of the students continue working at Shriver Meats after graduating high school.

"Many of life's failures are people who did not realize how close they were to success when they gave up."

~ Thomas A. Edison

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Thurmont Lions Club New Members

The Thurmont Lions Club recently inducted two new members. Visit our website at www.thurmontlionsclub.com or follow us on Facebook to see the many ways we proudly serve our community.



Courtesy Photo

Pictured (left to right) are Immediate Past President Ross Smith, new members Molly and Brian Carren, and sponsoring Lion Joyce Anthony.

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Thurmont Lions Club Presents Melvin Jones Fellowship Award

Ross Smith (pictured right), Immediate Past President of the Thurmont Lions Club, was recently presented with a Melvin Jones Fellowship in honor of his outstanding service to the community. Being named a Melvin Jones Fellow is one of the highest honors a Lion can receive. Lion Ross has been a member for thirty-three years and has served as President twice. During his 2011-2012 year as President, the club raised over \$35,000 that was subsequently donated to many community and vision-related organizations.

Courtesy Photo



Thurmont Lions Club – United in Service

Club President Tim Stuart has adopted the motto, “United in Service” and plans to continue the Thurmont Lions Club tradition of making a difference in our community and our world. Check us out on the web: www.thurmontlionsclub.com and follow us on Facebook: www.facebook.com/ThurmontLionsClub.



Courtesy Photo

2012-2013 Thurmont Lions Club Officers and Board of Directors (left to right): Standing—Ross Smith Jr., Allen Krenzer, Margarito Ochoa, Doug Favorite, Don Keeney, Mike Irons, Alban Little, Joyce Anthony, Tim Stuart. Seated—Shirley Long, Joann Miller, Kimbra Grimm, JR Wantz. Not available for photo: Wes Hamrick, Charlie Frey, and Bill Reckley.

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PEOPLE making news

Thurmont Lions Club Award Presented

Joann Miller was selected as the 2011-2012 Thurmont Lions Club Lion of the Year for her contributions to the club and to the community. Joann has shown a devotion to the care of the members as Co-Chair of the Sunshine Committee—sending cards, making phone calls, delivering care packages and well wishes to those members in need. Joann contributes to the maintenance of the flower beds on the Trolley Trail in Thurmont. She also has volunteered many hours at Lions Club fundraising activities, including Pit Beef Sandwich Sales, Colorfest, Community Show, Business Expo, and Christmas House Tours. In addition, she helped with the recent G8 conference, serving food to the Secret Service and Park Police at Camp Greentop. Most important, Joann does all of this with a positive attitude and a joyful spirit.



Courtesy Photo

Thurmont Lions Club President Ross Smith (right) presents award to Lion Joann Miller (left).

Thurmont High School Class of 1952

The Thurmont High School Class of 1952 held a 60th Class Reunion at Mountain Gate Family Restaurant on June 1, 2012.



Photo by John Kinnaird

THS Class of 1952 (left to right): First Row—Carroll Fraley, John Gearhart, Betty “Baker” Trite, Mildred “Snyder” Elower, Patricia “Smith” Bass; Second Row—Nancy “Specht” Lee, Jean “Wolfe” Cline, Doris “Nunamaker” Dougherty, Virginia “Deweese” Portner, Dottie “Jackson” Ramsburg, Harold Long, Earl Buhrman, Barbara “Bittner” Abraham, Bernard Whipp; Third Row—Sylvester Hann, Eugene Schoonover, Rodman Myers, Charles Portner, Laura “Clabaugh” Tenney, Beth “Royer” Watson. Not in attendance: Janet “Fry” Trimble and Sarah “Warrenfeltz” Gernand.

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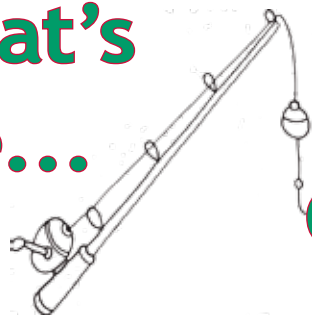
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What's the...



Catch?

Thank you to all who sent in their “fishy pics”! We were thrilled at how many we received, and we hope you enjoy viewing them as much as we did. Since we were not able to fit all the photos in this issue, we will be featuring more “fishy pics” in the September issue. So, if you don’t see your photo in this issue, please look for it in our next issue. Happy Fishing!

Pictured are four generations of Crouse fisherman at the Camp Airy ponds: Ed Sr., Ed Jr., Matt, and Joshua Crouse.



Arielle Mumm, age 11 (left), & Haleigh Bowling (right) with Arielle's catch off Kelbaugh Road.



Chris Yingling (left) of Thurmont with his catch at Bentz Pond in Thurmont. The trout was 23 ½” and 5.2 lbs. Chris is 15 years old and attends Catoctin High School.

Mike Dewees (below) with his catch in Orrtanna.



Alex Wright (above) with her catch.



Peter Wright (below) with his catch.



Chris Beard (below) with his catch.



Brenda Suit's son, Joe Hall (left) who lives near Annapolis, shouts, “Look! I caught a BIG one!!”



Kyle Cover (above) with his catch.



Pictured (above, left to right) are Brenda Suit, Mike Kegley, Michael Kegley, Joe Hall, Gary Suit, Jared Suit, and Rachel Turner, on a charter fishing trip with “Koon Dog,” out by the Bay Bridge

**Have a Safe and
Happy Summer!**

—from all of us at
The Catoctin Banner



Robbie Wantz (right), son of Jessica and Robert Wantz, is pictured with his 4 lbs. 3oz. catfish caught at the fishing derby on Saturday June 2, 2012, which was put on by American Legion Post 121.

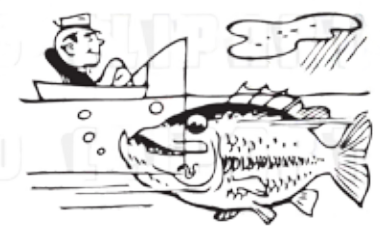


Eric Hansen and James Hansen on a "secret" pond in Thurmont. Photo taken by Rachele (sister of Eric and James).

Skyleigh Miller (pictured on right) of Thurmont caught her first fish ever on June 24, 2012, in Emmittsburg at Kumps Dam. Also pictured is her nephew, Curtis Heath IV (pictured left).



Dani Drager (below), age 12, caught a fish at Camp Airy during Brotherhood of the Jungle Cock sponsored Disabled Veterans Day.



David Randall Young (age 13) of Thurmont is shown (left) with the catch of the day: a 4-pound bass that he hooked on a spinner bait in Fair Hill, Maryland. David is the son of Lance A. Young and Patty Long-Young of Thurmont, and the grandson of Harold and Peggy Long of Thurmont and Norma Jean of Walkersville.

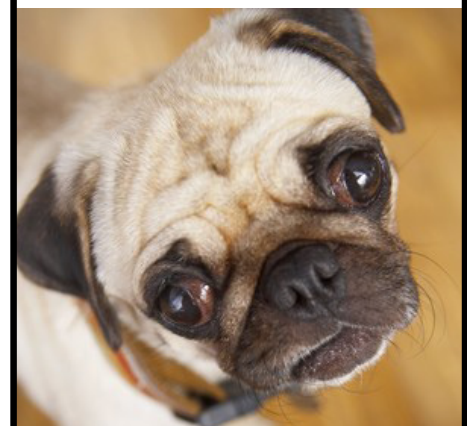


Three happy trout fisherman: Ethan Crocker (on left) and his friends Trevor Jenkins and Mason Jenkins.

Mark Crocker (right) caught a sailfish, Costa Rica, Pacific Ocean.



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Catching Many Fish...

A fisherman returned to shore with a giant marlin that was bigger and heavier than he. On the way to the cleaning shed, he ran into a second fisherman who had a stringer with a dozen baby minnows.

The second fisherman looked at the marlin, turned to the first fisherman and said, "Only caught one, eh?"

Announcements in The Catocin Banner

Send us the exact wording you would like to appear in your announcement (along with a photo if you choose) to news@thecatocinbanner.com or Fax to 301-447-2946.

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catoctin voices

Your Place for Poetry & Verse

by L. Claire Cantwell

As summer drifts ever so slowly into August, we anticipate more hot days and more opportunities to move slower, take more naps, and eat lighter—if only to stay calm and cool. Here are two poems by authors that seem to grasp the sweetness of retarding the frantic pace of life, long enough to reflect on a grandfather's hat and a log cabin in the woods. Many of us had granddaddys that wore hats way back when and who took us fishing on hot afternoons, when watching TV was a last resort during the heydays of summer. Once upon a time, summer was synonymous with outdoor fun.

Off Eyler's Valley road in our neck of the woods, a cabin like the one described in the poem "Liberty Cabin" stands abandoned, but just as sure and mysterious. It makes me ponder with the author "the why's of nature's wooden words" and wonder what scents drifted out of its kitchen window over 150 years ago when a family cooked their breakfast over a hearth or wood stove. So, squeeze some lemons, pour a tall glass of lemonade, open *The Catoctin Banner* and enjoy the dog days of August and these two special "Catoctin Voices."

Liberty Cabin

by Dana Sauers

On all three sides
sea-foam lichen
drifts steadily up
the whys of nature's wooden words
Within the hand-hewn banister
walnut coffee comingles
with the smoky dance-
gnarly knuckled fingers
point the way to something close to chance.



(Dana Sauers is an educator, farmer, and author of two published books. She is a Hanover (PA) Poet Laureate)

**Send in your Poems
to Share**

by the 20th of each month:

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Old Straw Hat

by John R. "Jerry" Campbell

The old straw hat that my Granddaddy wore still hangs on a crooked nail by the door.

The crown has a crush, the brim has a crack, the hatband is gray where once it was black.

He wore that straw hat when we went to the pond, or the woods, or the mountain, or even beyond.

As the first rays of sun peeked over the rise, he shoved it forward and shaded his eyes.

He liked to say it shaded his brain and kept his white hair dry in the rain.

As the sun rose higher he'd push the hat back and say he thought it was time for a snack.

He'd reach in his pack and find something to eat, and we'd both sit back and munch on a treat.

He wore that old hat at his old fishing hole, when I caught my first fish on his old bamboo pole.

I can picture the shape of that old straw hat as we went to the bank of the pond where we sat,

And he said to me, "Lad come here and look, and I'll show how to get that worm on your hook".

He taught me how to be patient and wait, and once in a while to check on my bait.

He showed me how to keep my line tight so I could be sure to feel the fish bite.

He taught me the ways to reel a fish in, to play it; to fight it; and finally to win.

He taught me the names of the bass and the trout, and taught me what setting my drag was about.

The years passed on and I saw that old hat, as on the porch, with Grandma he sat,

He had it pushed back, and his thumb in his vest, as they watched the sun sink into the west.

That grand old man taught me a lot; about what was, and about what was not.

Now that old straw hat has collected some dust, the nail where it hangs has collected some rust.

Granddaddy's gone, but that hat hangs there still – hang there it does; and hang there it will.

(John Campbell is a retired Air Force officer who enjoys fishing and volunteering for the Boy Scouts. He has five grandchildren and resides in Waynesboro, PA.)



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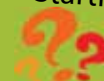


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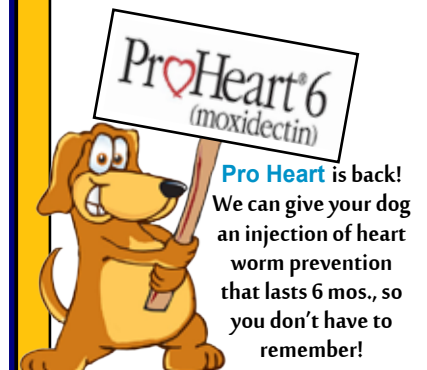
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SPORTS news

Two Catoctin High Wrestlers Crowned All-Americans

Each year, more than 11,000 wrestlers from 34 district tournaments and representing 17 states set their sights on the Middle Atlantic Wrestling Association (MAWA) Eastern National Championship in Salisbury, Maryland. Wrestlers must place in the top three at a district tournament, then place in the top four at one of four regional tournaments. Just getting to the MAWA Nationals is a huge accomplishment, where sixteen of the top wrestlers from each weight class will battle to become All-Americans.

MAWA District place winners were: First Place—Bantam 60 Colby Keilholtz, Advanced 110 Garrett Buckley, Advanced 135 Kevin Simmel, Advanced 140

Charlie Perella, Advanced 145 Patrick Guilday, Elite 160 Colin Schildt; Second Place—Junior 70 pounder Ethan Fuss and Junior 91 pounder Josh Small.

MAWA Regional place winners were: Third Place—Patrick Guilday; Fourth Place—Kevin Simmel and Colby Keilholtz..

MAWA All-Americans: Kevin Simmel, a freshman Frederick County Wrestling Championship place-winner and MPSSAA 1A-2A West Regional qualifier, coasted through the prelims on the first day of competition. Simmel won his first two matches by outscoring his opponents 14 to 2 before pinning them both. On the second day, Simmel lost his next two matches despite scoring five points in each bout. He managed to secure a fifth place finish, the second highest place finish for any Catoctin wrestler. Simmel had a regular high school record of 26 wins and 14 losses and was ranked as high as 25th in the state.

Patrick Guilday, a sophomore Frederick County Champion, 1A-2A West Regional place-winner and Maryland State wrestling Championship qualifier, won his first match by shutting out his opponent 6 to 0. Guilday lost his next match 16 to 2 to the eventual 3rd place finisher. Knowing that another loss would eliminate him from the tournament, a re-focused Guilday edged out an overtime victory against a very talented West Virginia rival. Guilday would lose his next two matches on the second day but managed to secure an 8th place finish. Guilday's high school record was 32 wins and 12 losses, and he is currently ranked 17th in the state. He also took third place at the MSWA



Courtesy Photo
Middle Atlantic Wrestling Association (MAWA) All-Americans, Patrick Guilday (pictured left) and Kevin Simmel (pictured right).

Greco-Roman State qualifier in Harford, Maryland, and third place at the Battle of Gettysburg folkstyle tournament.

Guilday and Simmel became only the fourth and fifth Catoctin wrestlers to place at MAWA Nationals, joining the ranks of three other All-Americans: Seth Chilson 2007, Josh Small 2010, and Charlie Perella 2011.

U8 Catoctin Cougars Place at the Battle of the Bears Cup

The U8 Catoctin Cougars recently competed for the "Battle of the Bears Cup" in Elizabethtown, Pennsylvania, over the weekend of June 29, 2012. The Cougars placed 3rd in their first tournament experience together as a team. The team is comprised of 7 and 8-year-old boys who live in the Thurmont and Emmitsburg area. Congratulations, boys!



Courtesy Photo
Pictured (left to right): Back Row—Assistant, Jessie Williams; Manager, Ed Lowry; Assistant, Mark Halsey; and Assistant, Rich Clingerman; Standing—Owen Liller, Garrett Sullivan, Dalton Williams, E.J. Lowry, Dylan Cevario, Griffin Puvel, and Devin Baxter; Kneeling—Asher Clingerman, Matt Utermahlen, Logan Simanski, Tucker Halsey, and Nathan Marsh.

Thurmont Little League Fall Registration Now Open

Thurmont Little League is pleased to announce that you can now sign up online for Fall Baseball. They will, again, run teams in the Instructional, Minor, and Little League and Babe Ruth age divisions for the fall. It's a great opportunity to prepare for the spring season.

The fall season is traditionally more laid back and truly viewed as a "developmental" season. They play an "estimated" ten games per team (maybe more) and end up traveling locally within District 2, and possibly other places, such as Sharpsburg and Gettysburg. The schedule will be decided by age division.

The fall season is run in the following way: if you are looking to move your child "up" to the next level in the following year, you would play your child in the "next level up" in the fall. For example, a child who played Instructional baseball this past Little League season and is looking to play in the Minor league come spring season, would play in the Minor Fall League.

To register, simply go to their website and click on the registration button: <http://www.eteamz.com/thurmont/>. Any questions, please email Michael.randall@bea.gov or call 301-271-3958.

Thurmont Babe Ruth (age 13+) Fall Registration Now Open

Online registration for the 2012 Babe Ruth Fall Ball Season is underway. Visit the league website at www.eteamz.com/thurmontbaberuthleague to complete the process for kids that will be 13+ next season. Dates for in-person sign-ups will be announced soon. The cost for the fall season is \$125.00; they are looking to field a 13 Prep team and possibly two 14-15 teams. All players aged 16 will be eligible to play on the 14-15 teams, as long as an older team is not formed. Ages are calculated by birthdate as of March 30, 2013. When completing the registration process, please go to the handouts section of the website and download and fill out the medical release form; this will need to be turned into the league. If you have any questions, please contact Jim Stein at 240-357-4486.



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Emmitsburg 10U Cardinals Go Undefeated

Emmitsburg Cardinals 10U team went undefeated with a 12-0 record during the regular season, and then went on to also become undefeated and become the Playoff Champs.



Courtesy Photo

Team members: Kneeling, left to right—Logan Rock, Jordan Gardner, Lucas Royce, Dylan Click, Mason Joy, and Johnny Hoffman. Standing, left to right—Jonathan Glass, Kolbie Romeril, Dylan Cottrell, Jack Harris, Bryson Cabellero, and Tristan Rice. The team was managed by Jim Click and Coaches included Danny Romeril, John Harris, Justin Cabellero, and Russell Rice.

Thurmont Little League's Rangers Celebrate a Winning Season

Thurmont Little League's Minor Rangers went 16-0 in the 2012 season and ended up in First Place. They would like to thank all who supported their Team!



Courtesy Photo

Pictured, Top Row: Coaches—Marco Pizer, Mark Halsey, Ed Lowry, and Mark Wood; Third Row—Owen Liller, Luke Ford, Ayden Shadle, Connor Wood, and Mario Pizer; Second Row—Ryan Fitzgerald, J.J. Zirkle, Mason Boggs, and E.J. Lowry; First Row: Tucker Halsey, Nathan Marsh, and Colton Shadle.

Send your Sports news & Sports photos to share in *The Catocin Banner*!
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"I've missed more than 9,000 shots in my career. I've lost almost 300 games. Twenty-six times I've been trusted to take the game winning shot and missed. I've fouled over and over and over again in my life. And that is why I succeed."

~ Michael Jordan

Catocin Wildcats 10U Softball Team Celebrates Great Season

The Catocin Wildcats 10U Softball Team had an undefeated spring season, going 11-0 during the regular season. They went on to win two playoff games and earned the Championship Title in the 10U Gold Division against Brunswick on Saturday, June 9, 2012.



Courtesy Photo

Pictured (left to right): Bottom Row—Madison Morgan, Ashley Stanley, Rachael Fox, and Kaitlyn Brewster; Middle Row—Hailey Crawford, Zoe Willard, Vanessa Wilmer, Sydney Gray, Kelly Glass, Emma Wivell, and Emma Bentz; Top Row: Coaches—Eric Stanley, Gary Gray, Shawn Fox, Andrew Wivell, Brian Glass, and Calvin Brewster.

Maryland Express Travel Softball Tryouts for 2012/2013

The Maryland Express will be holding tryouts for the 2012/2013 season on the following dates:

12U: August 14, 6:15 p.m., Ballenger Creek Park Field 5; August 16, 6:15 p.m., Ballenger Creek Park Field 5; August 18, 10:30 a.m., Ballenger Creek Park Field 5. Please contact Tracie Lehman at 301-606-5591 for more information. Note: They are also looking at the possibility to add a 10U and/or 11U team if there is a enough interest and talent.

14U: August 18, 8:00 a.m., Ballenger Creek Park Field 5; August 20, 6:15 p.m., Utica Park Field #3. Please contact Mike Taylor at 240-357-1385 for more information. Note: They will consider adding a 13U team if there is enough interest/talented girls.

16U: August 13, 6:15 p.m., Utica Park Field #3; August 19, 10:00 a.m., Ballenger Creek Park Field 5. Please contact Tom Brightshue at 240-626-6528 for more information.

Level of play will be determined based on the team makeup. If you are interested in coaching, email Mike Taylor at MDEXPRESS15@GMAIL.COM.

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The One Mountain Foundation Awards \$5,000 in Scholarships for 2012

The One Mountain Foundation (OMF) awarded five \$1,000 scholarships over the past two months. The recipients were Kortney D. Davis, Living Word Academy in Blue Ridge Summit, Pennsylvania; Susannah A. Marshall, Waynesboro Area Senior High School, Pennsylvania; Reuben E. Scalese, Catoctin High School, Thurmont, Maryland; Sarah C. Stayer, Smithsburg High School, Smithsburg, Maryland; and Alexandra P. Yeager, Fairfield Area High School, Fairfield, Pennsylvania. Four of the five awardees plan to study to become doctors or nurses.

2012 is the first year for the One Mountain Foundation to have a scholarship program to recognize outstanding and deserving students from the schools serving the mountaintop communities of Cascade, Pen Mar, and Sabillasville, Maryland; and Blue Ridge Summit, Fairfield, and Fountaindale, Pennsylvania, and the corresponding areas surrounding those communities. Scholarship eligibility criteria included acceptance at an accredited school or accredited certification program, academic achievement, community involvement, and residence in one of the elementary school districts that serve the mountaintop communities.

The One Mountain Foundation thanks all of their members, friends, sponsors, and the public who supported and donated during the various fundraising activities this past year. A special thank you goes out to Heather Carter for crocheting the many scarves and lap afghans that were given as thank-you gifts for selective levels of donations. The 2013 Scholarship Program kicked off during the 7th Annual Mountaintop Heritage Days on June 30 and July 1, 2012. Event attendees stopped by the One Mountain Foundation Information Tables to donate and select a thank-you gift of a hand-crocheted scarf with a \$5.00 or more donation or lap afghan with a donation of \$30.00 or more.

The One Mountain Foundation is a tax-exempt, non-stock corporation with a focus to promote and support educational programs, historical preservation, community improvement projects, cultural activities, and special projects that benefit the Mountaintop area. The Foundation is celebrating its 10th Anniversary this year.

More information about the One Mountain Foundation, as well as details about OMF's upcoming events, may be found on its website at www.onemountainfoundation.org.

Calling All Parents of CHS Class of 2013

Please come out and join in the fun for creating the best Catoctin High School (CHS) Safe & Sane night for the graduating class of 2013. Meetings are held each month on the second Wednesday at 7:00 p.m. August meetings will be held at Rocky's Pizza in Thurmont; September 2012 through May 2013 meetings will be held at the CHS Media Room. If you have any questions, please call 301-271-9091.

2012 Annual Catoctin Community School Supply Program

Area churches and organizations in Emmitsburg, Lewistown, Sabillasville, and Thurmont are working to provide students in need with school supplies for the 2012-2013 school year. This program is to assist students attending the Catoctin Feeder Schools. Those schools include Emmitsburg Elementary, Lewistown Elementary, Sabillasville Elementary, Thurmont Primary, Thurmont Elementary, Thurmont Middle, and Catoctin High.

The Annual Catoctin Community School Supply Drive is going to be held on Tuesday, August 14, 2012, from 9:00 a.m. until 7:00 p.m. at the Graceham Moravian Church, located at 8231 Rocky Ridge Road in Thurmont.

If you would like to donate to this program, please drop off school supplies, cash donations, or gift cards (Staples or Walmart) to the church on Monday, August 6, 2012, from 10:00 a.m. until Noon.

For more information or if you have any questions, please contact Jennifer Harbaugh at 240-236-1764.

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"It's not that I'm so smart, it's just that I stay with problems longer."

~ Albert Einstein



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Notes from our guests this month:

Monday June 11th
Oh Thank you! Scott and I were very please with everything. Your staff far exceeded our expectations throughout the whole day and night. They went above and beyond their job descriptions to help out and ensure the night went down without any problems.
Needless to say we were very please with the service and our guests were very pleased with the food, drinks and attention to detail. Our guests are still talking about how delicious the food was and we are continually asked who we used. Thank you so much for everything, it was just amazing and allowed us to have the best wedding.
Kristina and Scott Springirth

Monday June 18th:
Thank you so much for the great customer service and quality food provided to our group yesterday!

Everyone raved about the accommodations, service and food. Many commented that they will be coming back on their own and will be bringing other friends with them.

A special "Thank You" for the way Kristy dealt with the reduced number of expected participants, she was very gracious accepting the reduced number.
Thank you!
Ron Face

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SCHOOL news

TEPS PTA Looks Forward to Another Successful Year

by Laura Krauss

The Thurmont Elementary Primary School (TEPS) PTA would like to welcome everyone to the start of a new school year on Friday, August 24, 2012, with their first annual "PTA 101 Picnic," starting at 5:00 p.m. at Thurmont Primary School. The picnic will begin after the Open Houses commence at both the primary and elementary schools. The purpose of the picnic is to introduce new parents to the PTA, as well as welcome back returning students and their families. Guests will have an opportunity to learn more about all of the programs and events TEPS PTA sponsors throughout the school year, including many favorites such as the Scholastic Book Fairs, Cultural Arts Programs, Muffins for Moms and Donuts for Dads, Family Game Nights, and a brand new event this year—The Winter Carnival. Those interested in learning more about the volunteer opportunities within TEPS PTA can also do so at the picnic. Volunteering can range from serving as a committee chairperson for any of our remaining open positions to simply providing baked goods for events or helping out in the classroom.

Did you know that as a TEPS PTA member, one is also part of the Maryland and National PTA organizations, which entitles members to receive discounts from many companies? Coupons and



Courtesy Photo

TEPS PTA was recognized at the Maryland PTA Convention Awards Dinner on July 13, 2012, for their increase in membership over the previous year, including "The Largest Increase in Membership by Percentage in the County" and "The Largest Increase in Membership by Numbers in the County."

specials range from discounts with Office Max, Hertz, Sharp, T-Mobile, and Met Life, just to name a few. Simply show your membership card at local retailers, and you can receive PTA discounts, as well. Membership information will also be available at the picnic. Last year's TEPS PTA membership grew over 80 percent—from 175 members to 320 members—garnering seven awards at Maryland PTA's Convention in Timonium on July 13, 2012.

Be sure to find the Membership Booth at this year's picnic to help support your local PTA!

If you have any questions regarding TEPS PTA, or if you would like to let us know you'll bring something to eat and share at the picnic, that can be communicated at our new email address: email.teps.pta@gmail. Thank you in advance for your support!

Send your school news to share!
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State-Level SkillsUSA Competition

Thirty Frederick County Public Schools' Career & Technology Center (CTC) students earned first-place gold medals in statewide SkillsUSA competition with more than 1,000 students from 43 schools last month. They qualified to represent Maryland in National Skills USA Championships in Kansas City, Missouri. Among the 120 CTC students who participated in the statewide competition, Catocin High School is proud of the four students who placed in the gold and six in the silver-place medals.

Local gold medal, first-place statewide winners and winning categories are: Bryce Buckley (Catocin) in Audio/Radio Production, Samuel Zanella (Catocin) in Television Video Production, Jacob Wilson (Catocin) in Video Product Development, and David Gros (Catocin) in Web Design.

Local silver medal, second-place winners are: Robert Bodmer (Catocin) in Carpentry, Sarah Weddle (Catocin) in Commercial Baking, Alison Dart (Catocin) in Job Skill Demo A, Hayley Humerick (Catocin) and Molly Noonan (Walkersville) in Nail Care, and Spencer Korb (Frederick) in Technical Drafting.

The FCPS Career & Technology Center offers 21 programs to provide students in grades 10-12 with intensive career-specific education. For more information, please call 240-236-8500 or visit <http://ctc.sites.fcps.org>.

TMS Open House

Thurmont Middle School's (TMS) Open House will be held on Wednesday, August 15, 2012, at 7:00 a.m. to 5:30 p.m. Pick up your student's 2012-13 Schedule; 6th Grade Students may tour the building; purchase your hall lock (\$6); purchase your PE Shirt (\$8 for shirt); get information about lunch, buses, school supplies; sign up for Thurmont FindOutFirst; join the PTA.

If you are unable to attend, schedules only can be picked up on August 16-17, from 7:00 a.m. to 3:00 p.m. in the front office. Schedules, hall locks, and PE uniforms will also be available the first day of school on August 27. If you have any questions, call 240-236-5100.

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SPORTS news



Courtesy Photo

Emmitsburg 12U Baseball All Stars State Semi-Finalists

The Emmitsburg 12U Baseball All Stars team placed second in the Maryland State Championship, falling to Severn 3-19 in the championship game on July 16, 2012 in Lusby, Maryland. The team held the number one seed going into the championship game. On Saturday, both games were ties 9-9. Emmitsburg came from behind 5 runs in both of those games. One rally was in the top of the 6th inning. Coach, Dave Wantz said, "It was unbelievable." They won both of Sunday's games; Smithsburg 6-1 and Calvert 13-8.

Coaches Dave Wantz, T.J. Eiker and Doug Renner are proud of the boys. Team members were Jack Malachowski, Brett Weatherly, Noah Wivell, Alex Wivell, Tyler McKenzie, Timmy Wetzel, Austin Ridenour, Jimi Hoffman, Cody Stahley, Nick Reaver, Justin Reaver, Issiah Wivell.

Two players from each team were selected to participate in the Home Run Contest where approximately 30 boys competed. Emmitsburg's Tyler McKenzie came in 2nd in the contest.

Cougars Travel Baseball Club

The Catoctin Cougars Travel Baseball Club concluded its inaugural year in the Maryland Cal Ripken Travel League. The program competed at the U12 and U9 age divisions, completing an overall very successful first year. The U12 Team finished at the top of their division at 6-1, while the U9 Team finished third in their division at 5-3. Both Teams also competed in the USSSA Maryland State Tournament this year. Follow them on their Facebook page at "Catoctin Cougars Elite-Travel Baseball Club." If you are interested in playing for the Cougars, please contact Ed Lowry at 267-664-5059 or lowry@msmary.edu.

Courtesy Photos



U12 Cougars: Back Row—Manger Jamie Grimes, Coach Les Fisher, Coach Terry Fowler; Top Row—Colton Clark, Thomas Wood, Cory Worth, Jesse Burrier, Tristan Grimes, Brianna Fowler; Bottom Row—Cole Mercer, Gage Randall, Ryan Fisher, Bradley Tyner, Steven Clark. Absent: Darian



Photo by Deb Spalding

Catoctin VS. Catoctin 12U Softball Championship

The Catoctin Thundercats, shown wearing red and black uniforms, and the Catoctin Cougars, shown wearing navy and gold uniforms, battled to the Championship in the 12U Frederick County Girls Softball Gold Division in June.

Thundercats players were Kassidy Tobery, Bree Tingler, Dani Carter, McKenzie Haynes, Jenna Wilber, Jessie Wood, Kirsten Willhide, Lauren Carver, Tara Willhide, Maddy Spisak, Angel Kessler, Jules Ellenberg, Dallis Carter, and Heaven Bradbury. Coaches were Mark Tingler, Bobby Tobery, Leroy Wilber, and Roger Hunter.

Catoctin Cougars players were Taylor Beckley, Jordan Pryor, Emily Robinson, Ashley Mayton, Sydney Ghanayem, Morgan Kock, Jasmine Metal, Lauren Ames, Summer Belanger, Brittan Sweeney, Megan Knipple, and Madison Tobery. Coaches were Craig Beckley, Ted Belanger, Jimmy Pryor, Michele Beckley, and Chris Ghanayem.

"Ability may get you to the top, but it takes character to keep you there."

~ John Wooden



U9 Cougars: Back Row—Coach Rich Clingerman, Manager Ed Lowry, Coach Mark Wood; Top Row—Garrett Mayhew, Connor Wood, JJ Zirkle, Jason Rivera, Matt Rinehart, Dalton Williams, Owen Liller; Bottom Row—Garrett Sullivan, Hayden Dextradeur, Dylan Cevario, Hunter Schaper, Colton Clingerman. Absent: Noah Oleszczuk.

Ask the Anytime Fitness Gal

Expert answers to your health and wellness questions
by Inga Olsen

Question: I'm curious about what dietary changes I should make in order to stave off heart disease? Just trying to be proactive rather than reactive!

Answer: First of all, kudos for focusing on prevention! As far as diet is concerned, there are definitely some modifications you can make, but to be honest, they aren't all that new. For starters, you could try following the DASH diet, which stands for Dietary Approaches to Stop Hypertension. This diet focuses on specific amounts of fruits, vegetables, whole grains, low-fat dairy products, and lean proteins. Sounds pretty healthy, right? In fact, the diet has been shown to reduce hypertension, and can also decrease the risk of heart disease and stroke over time. But even if you don't follow a comprehensive diet, you should still try to limit your sodium intake, reduce your intake of saturated and trans fats, moderate your alcohol consumption (no more than 2 drinks per day for men and 1 drink per day for women), and increase your intake of omega-3 fatty acids. All of these changes will go a long way in helping to protect your heart, and the rest of your cardiovascular system. If you want additional information, check out the American Heart Association website, www.americanheart.org, or consult with a registered dietitian.

Question: I lift 5 days per week consistently, but my strength gains have flat-lined. How do I continue to get stronger? I don't think I can lift any more than I am right now. Help!

Answer: I don't really have much information to go on here, but let's see if I can provide some insight. First of all, there's the distinct possibility that you're working out too much. Maybe your volume (the combination of sets and reps) is too high—a common problem for those

looking to gain strength as quickly as possible. And how long has it been since you've taken some time off to allow your body to fully recuperate from the stress of exercise? Some much-needed rest may do the trick, and amazingly, people often come back even stronger. I also wonder if you're changing up your workouts enough. Many people get into the habit of using machines or free weights, but then never gravitate toward other forms of exercise. Cables, tubing, bands, kettlebells, medicine balls, and even bodyweight exercises can all increase strength, so you should try to change up your routine regularly. Lastly, you have to remember that strength doesn't just increase exponentially on a continual basis. There is a threshold that you'll reach at some point, and you could be there already. If you feel like you need help with your current program, talk to a certified personal trainer.

Question: I see quite a few advertisements for multivitamins these days, but I've never really thought about taking one. Now that I'm the big 4-0, I'm focusing more on my health. Do you think taking a multi is a good idea?

Answer: In a word...yes! Nobody follows a "perfect" diet, so taking one makes sense. There are actually a number of health organizations that currently recommend multivitamin/mineral (MVI) supplements for all individuals. I like to think of an MVI as insurance. You pay insurance for your house and your car, so why not take a multi to ensure that you're getting all the nutrients you need to function and feel well? After all, there's really no downside to taking



one. In most cases, your body will use what it needs, and will eliminate what it doesn't. The hard part is finding the right supplement. You should look for an MVI that is broad-spectrum, meaning it has a comprehensive list of essential nutrients that your body needs on a daily basis. You also want to make sure that the one you take includes these nutrients at functional dosages, which means that the ingredient levels actually affect your health in a beneficial way. Unfortunately, many of the most popular MVI's only contain the Recommended Dietary Allowances, which are nutrient levels designed to prevent deficiency diseases, not necessarily enhance health. You should also look for products that are manufactured by reputable companies that follow good manufacturing practices and FDA regulations. There are plenty of well-formulated products on the market. If you need help choosing the one that's right for you, contact a registered dietitian.

About the author: Inga Olsen is the Club Manager and NSPA Certified Conditioning Specialist and Nutrition and Weight Management Specialist at Anytime Fitness in Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

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senior moments

by Helen Deluca

Hello, again, to all you seniors and soon-to-be seniors.

Can you believe, as of July 1, 2012, it has been a year since the Thurmont Senior Center separated from the Department of Aging (DoA)?

In that year, the Center Board of Directors (BoD)—with the help of 4,000-plus volunteer hours—served 3,412 lunches, maintained activities and programming, and experienced steady growth in attendance. All this without a single paid employee.

The estimated cost to the DoA to operate a senior center is \$115,000 annually. When they made the decision to move out of the Thurmont Center, they withdrew all of their funding, which covered the cost of the lunch program, the coordinator, transportation, and driver. These four issues became quite a challenge to the BoD, especially since the Town budget had just been passed and approved, and Mayor Burns and the Board of Commissioners informed us they could be of little financial help to us. The Frederick County Commissioners did give us \$13,000 from their general fund, as a one time only grant, so we could organize our own lunch program.

The lunch program has always been and still is our primary issue. Under the DoA, the cost of lunch was \$4.85 or a donation toward the cost. The BoD issued proposals to five local restaurants, with a sample of a monthly menu and relative cost. The Cozy Restaurant came in with \$5.00 per lunch and was awarded the contract. The one time grant of \$13,000 is deposited in a

separate account and is used only to subsidize payments to Cozy. We have experienced an increase to \$5.75 for lunch and have served 3,412 lunches. We use the honor system on how much a senior can pay and have subsidized the cost of \$4,603.07 from that separate account.

The second issue: Funding. We are now an independent, non-profit organization and will soon have a 501(c)(3) status. This will allow any donations or contributions to the Center to be tax deductible. After operating a full year, we can now prepare a feasible budget to cover operating expenses, insurance, utilities, and other expenses.

Our third issue: a Coordinator. In September 2011, Shannon Linton, a young single mother of three, came into the Center and volunteered to help us from 9:00 a.m. to 3:00 p.m., while her children were in school. Her energy and ability to organize things provided the continuity that we needed at the front desk. After 10 months as a volunteer, the BoD realized what an asset she is to the Center. To keep her talents at the Center we have agreed mutually as of July 1 to pay her a small salary with no benefits.

The fourth issue: Transportation. This past year, volunteers have been donating their time, vehicles, and gas to pick up those seniors who need a ride to the Center for their meals and companionship. The DoA does have a van in the area that provides that service, but since we are not a part of the DoA, they take the Thurmont and surrounding area seniors to the Emmitsburg Senior Center for lunch, etc. Our tax dollars at work. We need

to provide that service to our seniors. We need a 6 or 7-passenger vehicle. Something small and easily accessible for seniors. We have a qualified volunteer driver ready to help. Is there a car dealer or individual out there who might be able to help us to bring our local seniors to our Center for a good meal and companionship? For the car dealer, it could be a good mobile advertisement.

I do want to thank all of you who responded to our request for a working portable sewing machine for our craft ladies. We received four machines. What a generous community we live in! Many thanks to all of you!

To operate and provide a Senior Center for the Town of Thurmont, it takes many volunteers and financial help from the community. Some ideas for raising funds in the future are: a recipe book, selling Yankee Candles from a catalog, Colorfest sales, and donated automobiles that can bring in some revenue. The Thurmont Ambulance Co. Bingo fundraiser for the Center was a tremendous help to us. We are also planning a yard sale, another silent auction, and applying for any grant money that might be available to us.

When you visit the Center, looking to your left, you will find a set of shelves with pamphlets containing all sorts of information for seniors, as well as the monthly menu and activities sheet. Next, is the lounge and puzzle area, then the computer center where classes are available by appointment with Shannon, and the piano and music area where the Center singing group—the Canaries—rehearse. Next, is the craft area and “Sunshine Corner” where the craft ladies sell their handcrafted items. Then, you come to the gym equipment: two treadmills and a stationary bike. Also, chair and video exercise classes are available on Monday and Thursday. Further on, is another TV for Wii bowling and other games, or just plain sitting and watching. You already passed

several card tables where you can play Bridge, Canasta, 500, Pinochle or Phase 10. Tuesdays and Fridays are busy card-playing days. A lectern is available where visitors are invited to make presentations to the seniors. Nearby, is a huge white board where all the latest happenings are listed. Straight ahead are the recently renovated restrooms, or turn right to the dining area where Cozy lunches are served daily. Following, is a well-equipped clean-up kitchen that meets all Health Department requirements. Last, but not least, is the office area where Shannon and other volunteers, can answer any questions you may have. To rent the Center call 301-271-7911.

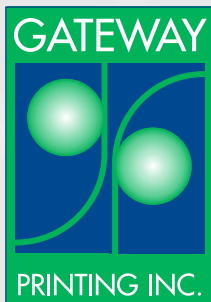
During the summer months, the Center is sharing our space for the Ministerium’s lunch program that is available to youngsters who need and enjoy a good lunch while they are on vacation from school.

Our next monthly birthday party will be August 23. We are planning a “Brown Bag Bingo.” To play bingo and win one of these outrageous prizes, you are asked to bring one item for the Thurmont food bank. Call one day ahead to reserve your lunch as usual or come to celebrate the August birthdays with a cake made by our volunteer retired baker, George Anzelone, or just come to play Brown Bag Bingo.

I like to think of the Center as a “rebounding” and “resounding” place to be. The Center is rebounding from what it was a year ago, and is resounding with the joy of laughter, friendly hellos, wonderful activities, and the anticipation of a good lunch. It’s been a great year, and all of us are working and planning to keep it that way far into the future. We can’t do it without your help.

I hope all of this has answered any questions on why we need your financial help to continue. I’m too tired to write any more, and anyway, I ran out of space!

Just remember: Those that can, DO, those that can DO volunteer.



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Photo by Graceann Schramm

The winners of the Greased Pig Contest are shown with their trophies at Emmitsburg Community Day on June 30, 2012.



Photo by Deb Spalding

Guardian Hose volunteer, Wayne Stackhouse, is shown at the dime pitch during the Thurmont Guardian Hose Company's Carnival on July 12, 2012.



Photo by Aaron J. Heiner

Reenactors are shown during the Mountaintop Heritage Days Festival in Cascade on June 30, 2012.



Photo by Deb Spalding

Pictured above, members of the Children's Praise Choir at Thurmont's Weller United Methodist Church during the Guardian Hose Company's Parade on July 12, 2012.

Pictured above far right, children await the start of a sack race during Emmitsburg Lions Club's Community Day games on June 30, 2012, in Emmitsburg.



Photo by Graceann Schramm

Pictured right, members of Cub Scout Pack 270 march proudly in the Guardian Hose Company's Parade on July 12, 2012, in Thurmont.



Photo by Deb Spalding



Photo by Deb Spalding

Thurmont Town Commissioner, John Kinnaid, remains cheerful despite repeated dousings with toilet water at the dunk tank during the Guardian Hose Company's Carnival in July.

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tickling our taste buds

by Denise Valentine, *A monthly column by a community member who loves to cook!*

Hello, everyone; where is the time going? It seems that I was just reminding you about the upcoming Thurmont & Emmitsburg Community Show a few months ago; but, it's been a year already. In the past, I've given you a few quick and easy recipes to try for the Community Show (brownies, muffins, etc.). This year, I'd like to encourage you to step it up a bit. Why not try a pie? YES....A PIE. When I tell people that pies are my favorite baked product to make, they look at me like I have two heads! I love a good pie and it's not that hard to do. I think the crust is what freaks everyone out. I use the recipe from my Betty Crocker Cookbook. I have always had success with it. Since apple pie is a typical favorite, that's the filling recipe I'm sharing this month. Hope to see you at the Community Show.



Apple Pie

Filling for a 9-inch pie:

¾ cup of sugar	Dash of salt
¼ cup of all-purpose flour	6 cups thinly sliced pared tart apples
½ teaspoon nutmeg	2 tablespoons butter or margarine
½ teaspoon cinnamon	

Heat oven to 425 degrees. Prepare pastry. Stir together dry ingredients; mix with apples. Turn into pastry lined pan; dot with butter.

Pastry recipe for an 8- or 9-inch two-crust pie:

2 cups of all-purpose flour	2/3 cup plus 2 tablespoons shortening
1 teaspoon of salt	4 to 5 tablespoons cold water

Measure flour and salt into bowl. Cut in shortening thoroughly. Sprinkle in water, 1 tablespoon at a time, mixing until all flour is moistened and dough cleans from side of bowl (1 to 2 tsp. water can be added if needed).

Gather dough into a ball; divide in two and flatten on lightly floured pastry mat. With a floured rolling pin, roll dough 2" larger than an inverted pie pan. Gently place crust into pie pan. Trim crust to ½" from rim of pan. Turn desired filling into the pan. Roll second round of dough. Moisten overhang of bottom crust lightly with water. Place second crust on top. Trim crust to 1" from rim of pan. Roll top edge under lower edge, pressing on rim to seal; flute edge of crust. Cut slits in top; cover edge with 3-inch strip of aluminum foil to prevent excessive browning; remove foil last 15 minutes of baking. Bake as directed in recipe.

United Way of Frederick County Summer Service Youth Volunteer at Seton Center

Six young volunteers from the United Way Summer Service Program recently volunteered at Seton Center, Inc., a Ministry of the Daughters of Charity in Emmitsburg. The Summer Serve program offers an opportunity for young people—ages 11-17—to volunteer in various service projects and recreational activities in safe, supervised environments.



Courtesy Photo
Hayley Seger and Andrew Daddone are shown working in the vegetable garden.

"We are grateful to the United Way Summer Serve youths for donating their time and talents to community service at Seton Center," said Sr. Salvatrice Murphy, D.C., Administrator of Seton Center. The volunteers' projects included inside/outside painting, organizing and sorting thrift shop items, cleaning, dusting, and gardening. "I'm particularly grateful for their work in our vegetable garden," said Murphy. "The food grown here will provide fresh vegetables for the food pantry."

The United Way group consisted of Andrew Daddone, Jake Freas, Sean Gribben, Hayley Seger, Becca Mann, and Daija Bettis, led by Counselor Lauren Haines. United Way's Community Impact Director, Brian Duchon, and Seton Center's Tina Lamont scheduled and coordinated the projects for the volunteer day.

"I really like to help people," said Daija Bettis, as she painted walls inside the Thrift Shop. "Daija's joyful spirit and positive approach to the work she was doing was inspiring," said Denise Sauvageau, Case Manager at Seton Center. The program also provides volunteers with certification for all hours completed, which can be used for school service hours. For more information on the Summer Serve Program, please contact Brian Duchon, Community Impact Director at 301-663-4231 or brianduchon@unitedwayfrederick.org.



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Gonzaga College High School Students Volunteer at Seton Center

by Olivia Sielaff

Every year, a group of high school students from Gonzaga College High School for boys in Washington D.C. leaves the noise of the city and comes to the quiet of Emmitsburg. Yet, they certainly aren't there on retreat. This year during the third and fourth week of June, about 20-30 boys braved the heat and volunteered their time at Seton Center Inc., a ministry of the Daughters of Charity. The students completed projects at the Seton Center, as well as homes of local residents in need of assistance and other sites throughout Emmitsburg and surrounding communities. One group of boys helped build a security fence around dumpsters at the Seton Center while the rest of their group were found throughout the Center's Thrift Shop sorting clothes and organizing storage. A second group of the high school students cleared out a big pond, filled it with gravel, and planted grass seed in its place on the grounds of St. Joseph's House. Others did yard work and odd projects at the homes of elderly residents. While in Emmitsburg, the students were housed at the Bellarmine Retreat Center in

Waynesboro, Pennsylvania.

Brendan Glynn, a senior at Gonzaga, explained that seniors need at least 20 hours of service work to graduate. He also mentioned that only three of the students on the trip were seniors; the rest of the boys volunteering were mostly sophomores and juniors. All participating students are required to apply for a spot on the summer volunteer trip. "It's not like we drag them here; the boys come of their own free will," Christian Biskaduros said with a proud smile. Biskaduros is an alumnus of Gonzaga College High School and a recent graduate of Virginia Tech University. He is currently a coach and substitute teacher at Gonzaga, as well as a student leader for the volunteer projects. Biskaduros said, "I was happy to be sent here to volunteer in Emmitsburg."

The high school students weren't the only volunteers, though. Both Bill Wivell, from Habitat for Humanity (and Seton Center Board Member) and Mark Walker, a resident of Emmitsburg, volunteered to manage and supervise the Seton Center security fence project. The experience

taught the students carpentry, teamwork, and collaboration skills. Bill, a long time volunteer at the Seton Center, expressed that the boys were "hardworking and very self-motivated" during the project. Sr. Carroll Ann Kemp and Seton Center staff member, Tina Lamont, scheduled, supervised, and worked with the students to help them complete their projects.

Gonzaga College High School is a Jesuit boys' school for grades 9-12 and includes about 1,000 students. The students who volunteer are sent to various places during the summer, such as South Dakota and the Dominican Republic. Those who are sent to Emmitsburg say they always enjoy the country and small-town feel. In turn, the



Courtesy Photo

Pictured are Brendan Glynn, rising senior (left) and Connor Griffin, sophomore (right).

Emmitsburg residents are thankful for the boys' willingness to help. "These are good kids, and they need to be recognized for the hard work and generous spirit that they offer to our community as they give their time and talents to those in need," said Denise Sauvageau, Seton Center Case Manager.

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the health jeanne

by Jeanne Angleberger, *Shaklee Associate for a Healthier Life*

Students are anticipating the beginning of another school year. Hopefully, they will exceed beyond their own expectations!

Their healthiness is a priority, no matter how busy their school lives become! So, their diets must contain the “real foods” to provide the daily energy their bodies will need to sustain, such as fruits, vegetables, dairy, protein, and grains.

Always start the day with a healthy and nutritious breakfast. It’s a fact that this meal is the most important of the day! It makes sense to renourish your body at the beginning of the day. The brain looks forward to the onset of nutrition. What if your grades improve by starting your day with a healthy breakfast? This would be a good thing!

Lunchtime should be a continuation of “real foods” for your body and mind to thrive.

Yours truly is learning about the National School Lunch Awareness Initiative by Dr. Jane Pentz. Her goal is to educate children on the importance of making healthy choices when eating school lunches or bag lunches. You’ll find the lunch placemat “My Health Is My Responsibility” at www.info@aaasdn.org. AASDN is the American Academy of Sports Dietitians and Nutritionists.

So, when the 2012-2013 school year begins, your health and body will be ready and stay ready throughout the year. Nutrition awareness must be a daily memo! Start with a healthy breakfast and follow it with a “real food” lunch. Your healthiness is the best grade!

Community Women’s Bible Study

Victory Tabernacle invites women of the community to join a daytime Bible Study on Mondays from 10:00 to 11:30 a.m. beginning September 10, 2012. The group will meet in a member’s home in Thurmont. Preregister for free by September 7, 2012 by calling Kathy Jenkins, 301-271-3658.

Thank You - Thank You

Oysters in July? How naïve am I?!

I truly thought I was going to an oyster feed but instead was “extremely surprised” with a patriotic birthday party (70th)! I sincerely thank all of you for being part of it and taking your precious time making it a success. Thanks to my wonderful three sons and their families for the hard work and time put into it, and also “anyone” else involved! I’ve been blessed in many ways but especially blessed with a loving, caring family. There’s no price tag to ever be attached to my family and friends. For they are absolutely “PRICELESS”! May you all be as blessed with “His” love as I have been: I encourage all to “Love – Live – Laugh and Forgive”

– Love and Peace Be With You,

Jerri

P.S. I did get some fried oysters after all!!

WCF Groundbreaking Ceremony



WCF Board Members are pictured (left to right): Bill Bloom, David Cox, Brad Main, Daniel Cox, Steve McCurdy, Gary Cox, David Summers, Dale Frierson, Derrick Comfort, Gideon Baugher.

Walkersville Christian Family Schools (WCFS), which has been providing education for homeschoolers since 1983, held a groundbreaking ceremony on Saturday, July 14, 2012, in Sabillasville. WCFS is part of Walkersville Christian Fellowship Church (WCF) in Sabillasville. WCFS is an umbrella school where home school parents band together under the church to form an education program for their children. WCF is a family integrated, non-denominational church. If you wish to worship with them and Pastor Gary Cox, their service is at 10:00 a.m. on Sundays. WCF Church is located at 16827 Sabillasville Road in Sabillasville. To contact WCF Church, call 301-241-2022. For more information on the Walkersville Christian Family Schools, please visit www.wcfs.edu or call 301-271-0123.

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Who Am I?



Who Am I? Next Issue

Your clues are: *"Kept Thurmont Middle School clean for 20 years; a centurion this September; raised on a 400 acre family farm with a Mountain View; named after a Civil War General."* You can submit your answer in either of two

ways: call 240-288-0108 and leave a message or send an e-mail to who@thecatocinbanner.com. Correct answers will be entered into a contest for prizes at the end of the year. Each month's winners will be revealed in the following month's issue. Each month a new "Who Am I?" will be featured, plus we will reveal the answer to the previous month's local mystery figure.

Article by Olivia Sielaff, photo by Deb Spalding

Your clues were: *"Has a degree in Russian Soviet History; a knight of Pembroke; married to 'Miss Jenni'; a joy to be around; he contracts and plans."* Those who guessed the Who Am I? correctly were Marie Price, Larry Little, Rachel Winfrey, Elaine Ebaugh, Labella Kreiner, L. Ott, Alice E. Boyle and Jim Click.

I am Patrick Joy

Patrick Joy certainly lives up to his name. He's a joy to be around, brings his good mood with him wherever he goes, and the enthusiasm he has for his work and family is catching.

Joy grew up in Olney, Maryland near Washington D.C. and attended Our Lady of Good Counsel High School in Wheaton. His parents are Richard (late) and Carmela Joy, and he has one sibling, Richard Joy III. At the age of 15, Joy's first jobs were janitorial work in his high school and a bank after closing hours. But he noted that his first "real" job was working as a cashier in a pharmacy. Joy attended the University of Maryland and obtained a degree in Russian Soviet History. During his senior year, Joy remembers that the Berlin Wall fell. "People weren't so interested in Soviet Russia after that, but my degree still has come in handy over the years," he mentioned. But, before graduating in 1990, Joy met Jennifer Jolly in 1987; she was his boss at a pizza shop, but would later become his wife. Patrick and Jennifer were married on August

18, 1990. Smiling about their dating years, Joy said, "being young and stupidly in love, we would go out a lot, smoke, and had too much PDA."

The Joys both began working for the Federal Government after they were married; Patrick started out as a secretary and then advanced to a full-time job as a Federal Contracting Officer, which he has been doing for the past 22 years in Rockville, Maryland. In 1993, Patrick and Jennifer moved to Brunswick, Maryland, "to have a house with a yard," he added. They bought a fixer upper but realized they weren't the type to renovate houses. So in 2003 they went looking for a newer home and ended up in Emmitsburg. "We had dinner at The Palm's Restaurant, the people were really friendly, and we just fell in love with the little town."

Once they moved, Joy said they felt more involved with the Emmitsburg community than other places they had lived. Jennifer became part of the Economic Development Commission. Patrick

followed her example and was appointed president of the Emmitsburg Parks Committee by former Mayor Jim Hoover. Then in 2012, he ran for town commissioner on the planning committee. He said, "I was sitting in the back of the room at meetings always wanting to say something but couldn't. I feel like I have something to offer, and now I can do that." As one of the five town commissioners, Joy oversees ordinances, budgets, gives direction to the town government, and promotes the town. Recently, he attended the Municipal League Conference where he was glad to advocate the town of Emmitsburg.

As a Federal Contractor, Joy works for the Department of Health and Human Services, "doing a little bit of everything," he said, from construction, research projects, to making sure everything is done properly and legally. Before the interview, Joy was working on improving security at gates for Navy Facilities around the country.

Joy is also an active member of St. Joseph's Catholic Church in Emmitsburg and of the Knight's of Columbus. He does a lot of volunteer work through the Church and loves helping others. When asked what he does with his free time, Joy responds with a laugh, "If I have free time I like to watch sci-fi TV shows or read sci-fi, philosophy, or history books." He added that he and Jennifer love to golf, but haven't been able to lately. "We actually went on a golfing honeymoon, but it turned out to be too much golfing," Joy remembers.



What seems the most important to Patrick Joy is spending time with his wife and two children: Reagan, age 16, and Rianna, age 14. He supports Jennifer's endeavors with her local choir and teen band, and can be spotted toting around sound equipment for his wife. Patrick praises Jennifer and their daughters' musical talents, but he said, "I have no musical talent; Jenni used to call me 'tone death'." When asked what his daughters think of his job as town commissioner, Joy said, "they think it's weird having a politician as a dad. They used to only see politicians on TV and didn't know that local politicians actually do things." Joy makes sure to work from home once a week and is thankful for the time that he has to be a dad and husband for his family.

If you wish to contact Patrick Joy, call 301-447-6467 or e-mail him at pj@emmitsburg.com.

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Thurmont Bar & Grill

Wanna eat like a local? Then you have to patronize the Thurmont Bar & Grill which is located on East Main Street in Thurmont for that local flavor you just can't get at a local fast food chain. Serving breakfast, lunch, and dinner, the Thurmont Bar & Grill has residents covered. Yet, aside from the food, the Thurmont Bar & Grill is first and foremost a bar that has served locals for many years.

There's no real story behind what led me to this local watering hole for lunch, other than while covering the G8 Summit for this newspaper, some of the locals suggested that I try the Thurmont Bar & Grill.

Upon entering the Thurmont Bar & Grill, I was promptly greeted by Skip, the proprietor. I chose to order an all-American classic: a cheeseburger. There were several other customers at the bar eating, as well. A few minutes later, one piping hot cheeseburger arrived.

Keep in mind that this is a local pub, so don't expect to get a Taurasso Burger like you would at Freez King or a fancy Five Guy's chain take-out burger. What you will get at Thurmont Bar & Grill is genuine pub food, served the pub way—fresh and made-to-order.

The fries were hot, really hot. Of course, I'd much rather have fries hot than cold - like what is often the case at many fast-food joints. The burger was well-seasoned, with the lettuce over American cheese and mayo,

Out front of the Thurmont Bar & Grill.

Photos by Aaron J. Heiner



A yummy cheeseburger and a hefty serving of waffle cut fries.



providing the right combination of crispiness without being dry.

The total cost was just a little over \$5.00, plus the cost of a drink and a tip. Do note, cash is still king in a lot of places, including at the Thurmont Bar & Grill, which does not accept credit cards.

Aside from the made-to-order food, what really makes the Thurmont Bar & Grill stand out is that it is where the local long-time town residents eat. As I looked around the establishment, I could not help but notice that, in all likelihood, the costumers who were having lunch may eat at the Thurmont Bar & Grill several times a week—if not daily—and may have done so for decades.

This leaves you with a sense of family between patron and establishment—something you're not going to see at a fast-food chain. It is also a good part of the charm, and gives you a good sense of what Thurmont is all about.

For anyone who is new to town, or for the long-time residents who just haven't tried the local fare, the Thurmont Bar & Grill would be a good place to start.

Thurmont Bar & Grill
10 East Main Street
Downtown Thurmont
301-271-7422

Check the Calendar

Be sure to check the calendar on page 35 for bingos, breakfasts, dinners, programs, benefits, and other fun events.

George Wireman Memorial Band Concert Held

The Town of Thurmont hosted a Memorial Band Concert in memory of George Wireman in Memorial Park on Sunday, July 22, 2012. The Thurmont AMVETS Post #7's Honor Guard were on hand to celebrate the Honor Guard's 10th Anniversary and to present a plaque to the Wireman Family. Carole Wireman Brown is shown accepting the plaque.

Photo by John Kinnaird



Bobbi Jo 5K Memorial Run/Walk

The third annual Bobbi Jo 5K Memorial Run/Walk was held on Saturday, July 21, 2012, in Thurmont's Eyler Park. The funds raised during this event help to support two deserving seniors with a scholarship for college. Runners and walkers are shown at the start.



Photo by John Kinnaird

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."

~ Judy Garland

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Once Upon A Time

by Valerie Nusbaum

My life isn't always funny. In fact, lately, it's been pretty uneventful. Randy hasn't done anything silly for a long time. Besides, to be perfectly honest with you, I get tired of writing about the same thing month after month. I'd imagine that you get tired of reading it. That being said, I thought I'd do something a little different this month. I hope you'll indulge me.

Randy and I have been watching *Game of Thrones* on HBO for the past two seasons. I've also been reading the series of books that the TV series is based on. This has proven to be quite an undertaking, since each book is around 1,000 pages long. Anyway, reading about all that medieval folklore has gotten me thinking: what would it have been like to live during that time period? In my imagination, it goes something like this...

Once upon a time, high atop a mountain, there was a kingdom called Catocin Forest. Just outside the forest was a lovely village known as Thurmont. The entire area was ruled by benevolent King Wade and his gracious Queen Nancy, and the lands were filled with peaceful and serene—if somewhat mirthless—peoples. You see, Thurmont was a village without an idiot. There was no one to laugh at. Nary a fool could be found on the streets of the town. There was no amusement or merriment within the walls of the kingdom. This problem was quite vexing to the townsfolk and gentry alike, who all wished for some lively entertainment. Thus, the King sent his brave sentries Ser Boomer and Ser Pippin out to deliver a message to the people.

King Wade decreed that he would hold a contest and offer many riches to anyone who could make the people laugh. The town crier, Deb of

Spalding, spread the word to all, and the townspeople commenced, making plans to win the contest amid much excitement.

The town Magistrate, Lord William of Blakeslee, proclaimed that there would be a festival unlike any the village had ever seen before. His beloved Lady Carol declined to organize the festival, because she was already busy working on the Festival of Colors. Nevertheless, Lord Blakeslee's ladies-in-residence took up the task of planning the festivities.

Now, on a corner of the village, there lived a sorceress and her wise wizard of a husband. The sorceress had the power to transform herself into an old crone, whereby she could travel the streets of town unnoticed. The wizard preferred to stay inside their dwelling, where he spent his time in a room from which all sorts of bad smells leaked out. He claimed to be making cheese, but his wife had her doubts. That, however, is another story. These two decided that there was no need for a fool in Thurmont, and began making plans of their own to sabotage the contest. A fool in the village could only mean trouble.

The day of the Fool Contest dawned brightly, and the townsfolk gathered in the square. The minstrel, Harold of Staley, began a song about the lovely Princess Emily, while Lady Loberta greeted everyone. Innkeeper Freeze passed among the throngs, and the baker McCleaf sold his cakes and pies to hungry townspeople.

The gold merchant, Lord John of the Brown House, offered a purse filled with golden coins to the first person who could make the crowd laugh.

The cobbler, David of Bradfield, raised his hand and proclaimed that he was bringing the funny. It was rumored that the family Bradfield were the owners of the wildcat that

had been roaming the village at night, so Sheriff Eyler tossed the man in prison without letting him tell a joke.

Lady Joan of Rice conversed with the Ladies Garman and Stitely, whilst the maids Barbara and Patricia danced a jig around the clock tower; but, no one was laughing yet.

The contest began in earnest. The people were eager to win the gold, but even more eager to enjoy some frivolity. Keeper of the Coin, Steven of House Ott, told a story about a foiled attempt at a robbery; this caused some mild tittering from his Counting Ladies Denise, Kathy, and Ruthie.

On and on it went, long into the night. There were a few chuckles and some smiles, but no one was able to bring forth a righteous laugh. The old crone passed among the townspeople and listened and waited, deciding that she need not try to foil the King's plans. She knew a secret.

In the village, there lived a fair maiden named Brooke and her father, Steven, who was the bringer of milk. Brooke was six years old, and far wiser than her years would indicate. She climbed onto the dais and turned to the crowd.

"I am a little girl, but I know that we don't need to act like fools in order to have a good time. Tonight is balloon night," said the fair Brooke.

"You know what that means, don't you?"

The people of Thurmont shook their heads in bafflement. What was the child speaking of?

Brooke sighed loudly, shook her head and announced for all to hear, "It means BALLOONS!" Honestly, how thick could people be? A cascade of brightly colored balloons fell from the sky (even though balloons may not have existed back then, just go with it and assume the wizard invented them).

There was a moment of stunned silence, and then the crowd began to laugh out loud. Even the old crone joined in. After that, there was music and dancing and merriment far into the next day. And they all lived happily ever after.

The moral of this story—and what the old crone and Brooke already knew—is that some towns just don't need idiots and fools. I'm thinking we should add a line to the new town sign: "Welcome to Thurmont....No Fools Here."

"May you live as long as you wish and love as long as you live."

~Robert A. Heinlein

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our neighborhood veterans

Specialist 4th Class Thomas Eugene Joy, 173rd Airborne Brigade

by Jim Houck, Jr.

Tom Joy was born on December 5, 1948, at Annie M Warner Hospital Gettysburg, Pennsylvania, to Austin L. and Catherine E. (Walter) Joy and was taken home to live with them on East Main Street in Emmitsburg. Tom is the youngest member of his family, having five sisters and two brothers. Tom and his siblings went to St. Euphemia's Elementary School and went on to graduate from St. Joseph's High School. Baseball was Tom's favorite sport and he loved playing the game. He also played basketball while attending high school. He enjoyed fishing and hunting (ask him about chicken hunting) with the friends he went to school with—Terry Myers, Mike Orndorff, John Sherwin, and Eddie Pryor—and he still hunts and fishes with most of them.

Tom, Terry, Mike, Eddie, and a few other friends and classmates went to Trenton, New Jersey, over Christmas vacation one year to some classes to see what it would be like to become a priest. While there, they attended a party and met some girls, thereby deciding to forget the priesthood and go for the girls and fun.

Tom also liked doing donuts in a Volkswagen at the old carnival grounds and hitting phone poles; however, he could never fool his dad with his faulty explanations of why the dents were in the VW. Tom, like so many Emmitsburgians, worked at Mount St. Mary's College (not yet co-ed or a University at that time), washing pots and pans while attending high school. Tom joined the U.S. Army while in high school and wasn't to report until July of 1967. Yet, shortly after graduating



Courtesy Photo

high school in 1967, his recruiting officer contacted him and asked him to report early in June, because they didn't have enough numbers for that month. Tom agreed to report early.

Tom and his friend, Eddie Pryor, left at the same time for basic training to Fort Bragg and from there to Fort Ord for military police training and then Fort Benning Georgia for jump school and paratrooper training. He made five jumps while there.

Tom was sent to the southern part of Vietnam after his training was completed as a military policeman. He was assigned to help guard prisoners of war. Tom said if you heard the bang and the *whoosh whoosh* sound, it meant outgoing mortar, but if you heard *whoosh whoosh whoosh*, find cover

IN THEIR OWN WORDS

Thank You to Jim for His Writing

A reader submitted a letter praising and thanking Jim for his writing. The following is an excerpt from that letter:

"His personal interviews are so interesting and mean so much to us to know how these local veterans served for all of us in times of need... He also writes each article with such great detail about each man that you wish you knew them personally."

—Sincerely, Harold and Loberta Staley

in a bunker fast before the bang because that was incoming.

When he first got to Vietnam, he was assigned to a tact corporation center that was a big area with wire all around it. If any dignitaries were there, they were in this one hooch. If there was incoming fire, he went in and woke the dignitaries to get them into a bunker so no harm came to them. On his first night on watch, sure enough, incoming fire started coming in, so Tom went to the hooch. It was pitch black in there, and he felt around but someone was in the cot, so he hurried to get the heck out of there and find a bunker for himself. In his next bunker, he felt around for hand grenades and shells. When he discovered that he had jumped into an ammo bunker, he said it didn't take him long to get out of there.

Tom recalls a time he got into hot water because he didn't shave even though not shaving was allowed. His C O told him he was an MP and he wanted him to shave every day and to report to him after duty. Tom did, and the C O said to get a shovel and dig a 6 x 6 x 6 hole. He dug the hole and the C O came to inspect it, he said he did a nice job; now fill it back in. With that punishment, Tom learned his lesson and shaved every day there after. Tom was honorably discharged from the army in 1970.

He met Ruth (his soul mate and wife) and they started dating. One day they were in Thurmont, and Tom said he was hungry so he parked

in front of Charlie and Pete Angel's Sweet Shop. He asked Ruth to hold out her hand. She thought he was giving her a ring, but he handcuffed her to the steering wheel—as a joke—while he went in and ate. She thought they were toy handcuffs and tried to pull out of them. But the harder she pulled, the tighter they got, because they were his MP cuffs. By the time Tom came out of the Sweet Shop, they were causing Ruth much pain and she was so mad at him.

Despite the tricks he pulled on her, Tom and Ruth were married and have two beautiful daughters: Lisa (born on Tom's birthday) and Tina. Tom and Ruth lived above Greens Bakery on West Main Street in Emmitsburg by the dough boy when they first got married. A few years later, they moved to Emmet Gardens, where they still reside today.

Tom went to work for Moores Business Forms after he was discharged from the army. He retired from there in May of 1997 after thirty six years of service. He is enjoying every minute of his retirement. Tom is a life member of the VFW and the AMVETS and Post Commander of the AMVETS Post 7 Thurmont and a member of Post 7's Honor Guard. Tom plays a part in most of the functions. He also belongs to Post 121 The American Legion Emmitsburg. Tom does a lot of volunteer time at St. Catherine's Nursing Center in Emmitsburg and at Martinsburg W.V. Veterans Administration. He is also a social member of the Vigilant Hose Company in Emmitsburg.

Tom and Ruth's children and grandchildren—Samantha Star, Nicholas Scott, and Mathew Jacob—all live nearby and they enjoy family functions together. I have been told when you go to a ball game that everywhere you look there are Joys filling the seats.

Tom loves a good joke, but when it comes to volunteering and helping veterans, he is dead serious.

I hope you have had as much joy reading this article as the joy I have had writing this article, and I wish Tom and the entire Joy family a happy and fulfilling future.

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our community veteran event board

Send your Veteran Organization's News to:

Phone 301-271-1050 • Fax 301-447-2946 • news@thecatocinbanner.com

Squadron 7 Sons of Amvets Catfish and Chicken Fry

Squadron 7 Sons of AMVETS, Thurmont, is hosting a Catfish and Chicken Fry at the Post Home on Saturday, August 25, 2012, from 4:00-7:00 p.m. Doors open at 3:00 p.m. The cost is \$15.00/Person. Karaoke/Dr. Mudcat 8:00 p.m.-midnight. Must be 21 or older to attend.

VFW Post 6658 Shuffleboard Tournament

VFW Post 6658, Emmitsburg, is hosting a Shuffleboard Tournament on Saturday, August 11, 2012, at 2:00 p.m. The cost is \$5.00 entry fee per person. Sign up in advance at Post 6658 or by 1:30 p.m. on tournament day. For more information, call 301-447-6141.

VFW Post 6658 Crab Feed

VFW Post 6658, Emmitsburg, is hosting a Crab Feed (includes beverages & sides) on Saturday, September 29, 2012, from 1:00 p.m.-5:00 p.m., at Kump's Dam Park. Tickets are \$25.00 and are available at Post 6658. Tickets are limited; must be purchased by September 22, 2012. For more information, call 301-447-6141.

VFW Post 6658 & Ladies Auxiliary 25 Week Club

VFW Post 6658 & Ladies Auxiliary, Emmitsburg, is hosting 25 Week Club on Saturday, October 6, 2012, at the Vigilant Hose Co. Building. Tickets are available at Post 6658 for \$25.00 each. Drawings are held each week with the final drawing at dinner. Doors open at 5:00 p.m. Chicken & ham dinner includes beverages & sides. All payouts awarded at dinner. For more information, call 301-447-6141.

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~ Henry Ford



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Accepting the Eagle

Marcus Bosche accepted his Eagle Scout rank during his Court of Honor on Sunday, June 3, 2012, at Our Lady of Mt. Carmel Church in Thurmont. Master of Ceremonies was Dwayne Synder, Scoutmaster of Troop 270. Guest speakers were Julie Bostian, Troop 270 Committee Chair; Dr. Steven Vaughn, Troop 270 Chaplain; and Col. Billy Nolan, Troop 270 Committee Member (Marcus's original Scoutmaster of Troop 270).



Courtesy Photo

Keeping the Eagle family tradition alive, Marcus Bosche (center) poses with his uncle Joseph Bosche (left) and his father BJ Bosche (right) during his Eagle COH. Missing from photo is uncle Joseph Corda, also an Eagle Scout.

BJ Bosche, an Eagle Scout himself, pinned his sons' Eagle Scout Medal on him, along with his Eagle Scout slide. Marcus, in turn, pinned his mother, Marjorie Bosche, with the Eagle Scout Medal Mother's pin and his father with the Father's Eagle Scout Medal pin.

Marcus's Eagle Project was a benefit to many people today and those of the past. His project was to clean, repair, straighten or reset grave markers in the oldest section of Weller United Methodist Church cemetery adjacent to Weller United Methodist Church in Thurmont, MD. Boy Scouts from Troop 270 stepped up and assisted Marcus in his project and after approximately 150 hours and 50 grave markers later the project was completed.

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books, nooks, programs and more at the library

by Administrator, Thurmont Regional Library/Emmitsburg Branch
Library, edingle@frederickcountymd.gov

Happy Birthday to us, again! We turn four this month, and on August 4, 2012, we're going to the islands for the party. Join us at 10:30 a.m. for a special Polynesian craft, followed by an energetic presentation from the Pacific Rhythm Polynesian Dancer; then, out to the deck to decorate your very own birthday cupcake.

Our birthday party is part of an exciting, very busy summer at the library. We've had super attendance at our Dream Big Summer Reading Programs and regular storytimes. Music on the Deck was a big success in June and July, and we expect that the Tribute to Elvis with Doug Phoebe on August 12 will also be a hit. Come enjoy the free show at 2:00 p.m. Our popular evening program, Nighttime Nature on the Deck, showcased storytelling and astronomy earlier this summer. In August, Scales and Tales features "The Wetlands Wake Up at Night" on Thursday, August 16, at 6:30. No registration is necessary.

Go to the website to see what else is coming up at <http://www.fcpl.org/information/branches/thurmont/index.php>

The Thurmont library staff has been out and about in the community sharing information about all the great services your public library has to offer. Librarians from the Children's Department visited all of the local schools to promote summer reading right before classes ended. Teen leader, Clare Bush, and the TAG (Teen Advisory Group) kids were spotted in the Thurmont Fireman's parade with the Cat In the Hat. The library had a table at both the Catocin Youth Association

tournament and at the Babe Ruth 5K sponsored by Thurmont Little League.

We continually seek to support local organizations by participating in events to promote library programs and services to the community. What else do we do for local non-profit groups? We provide a table for non-profit groups to publicize free events, and we offer local non-profits the opportunity to sign up for comfortable meeting spaces that are perfect for group meetings, team sign-ups, day-long retreats, or quick get-togethers. For more information, visit our website or talk to our meeting room coordinator if you're interested in using our rooms at 301-600-7205. Coming up this month, we'll be at the National Night Out event at the Police Station on August 7, so stop and say hello and find out what free services the library offers you and your family.

And finally, look for library staff and lots of library volunteers in September when the Friends of the Library host the annual book sale once again. If you'd like to help this year, send me an email, and we'll set you up for a two-hour shift. This is the Friend's biggest fundraiser and proceeds support Music on the Deck, the purchase of storytime materials, and more. Members and volunteers of the Friends of the Thurmont Regional Library support the success of the library as a fundamental community resource. Want to get involved? The time investment is minimal and the payoff for the library is immense. Pick up a membership flyer in our lobby on your next visit.

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Calendar Advertising is free for non-profit events and Display Advertiser's events.

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Photo Classified are \$20 per ad limited to 1" height. Send your written listing, photo, and payment to: *The Catocin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788. Call 301-271-1050 or email ads@thecatocinbanner.com

classifieds

For Rent

OCEAN CITY, MD RENTALS: 32nd Street Bayside efficiency, sleeps 4, no pets, 2 blocks to beach, 3 night minimum. \$100 per night, tax included. 301-447-2923.

MOON BOUNCE for rent, \$150.00 per day. 301-447-2663.

Wanted

WANTED: Any unwanted lawn mowers, tillers, snowblowers, or yard items. Will pick up. Call 301-271-4266.

DONATE YOUR CAR: All proceeds benefit the Catocin Pregnancy Center. 301-447-3391.

WANTED Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection or entire estate. 301-514-2631.

Notices

FREE PICK-UP: Appliances working or non-working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

NOTICE: Home and Garden Party and Home Interiors have joined together to become "Celebrating Home" bringing families together. To request a new catalog, host a show, schedule a fundraiser, or learn more about starting your own business, please e-mail MaryLou Little at hgparygirl62@aol.com or call 301-447-2073. Shop with me online at your convenience www.celebratinghome.com/sites/maryloulittle.

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Rick Hurley & Son Small Engine Repair, call 301-271-2117 or 240-285-2494 (leave message).

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DAYCARE OPENING: 2 yrs. and up. Emmitsburg area. License #136114. Call Glenda 301-447-3048.

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Private music lessons in piano, guitar, organ, and voice with experienced teacher. Also, music appreciation class is forming. Curious? Call Christina Maccabee at 301-271-2307.

PIANO LESSONS, Fairfield area. Ask for Sally at 717-642-9189.

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1999 Mercury Grand Marquis, \$2,800. 130K. Leather, one family, clean, new fuel pump, newer engine and paint. Emmitsburg. Call 608- 347-3314.

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Motorized Holiday Blow-up Yard Displays: Snow Globe with Santa Snowman/\$50; Snowman/\$25; Halloween/\$25; Easter/\$25. Or Best Offers! Kathy Delauter 301-271-4280 or 301-788-4549.

IMPEX Fitness Powerhouse Club 9 Workout Bench, Full Multi Gym Workout Bench w/ Leg Development Lift and Curl Bar along with 300 LBS of weights w Bar. Bench is adjustable. Plenty of Extra Attachments. Have Owner's manual! \$350/OBO. Please contact 301-788-6417 or 301-271-4280, after 5:00 p.m.

Ceiling Lights: 4 Edison Recessed Lighting, Open Aperture Down Lighting, 7 1/4" Diameter, UL Listed w/ Housing, White trim, Bar Hanger Model # EIT 7300P—\$12 Each/OBO; 2 Crest Recessed Lighting, 8" Round Open, Thermally Protected, UL Listed, Model # 20-204—\$15 Each/OBO. All Lights have never been removed from original packaging...Like New! Please contact 301-788-6417 or 301-271-4280, after 5:00 p.m.

4 cemetery lots at Resthaven in the Garden of Devotion. 301-241-3971.

1995 Chevy Extended Club 5.7 Wagon 3500 1 Ton Work Van with inside shelves and bins. Good condition. \$800. 301-748-0781.

1968 Red Mustang Coupe 6 Cylinder, new paint, new tires, new exhaust, new radio with Ipod & CD hook up. Great weekend car or daily driver. \$7,900. 301-748-0781.

1965 Chevy Nova 4-door. \$1,500/OBO. 301-748-0781.

1998 Audi A6 Quattro, new brakes, many new parts. MD Inspected. \$3,800. 301-271-1050.

2001 Honda accord. 11,7000 miles. 4-cylinder VTEC engine. Automatic. CD, AM/FM radio. AC/Heat. 2 door, power windows and doors. Call or text 301-471-2970 or email dhoff993@hotmail.com. \$3,600/OBO.

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Part-Time Secretary/Bookkeeper. Efficient, computer literate, multitasking, caring individual with good communication skills. Send resume to St. Johns Lutheran Church at pastorsusan@saintjohnlutheran.org.

Sales Clerk to assist Antique Mall customers and rent storage units every weekend, Saturday and Sunday. 1 Chesapeake Ave., Emmitsburg. Apply within only. No phone calls.

Test Your Word Power

— Answers —

- | | |
|------|------|
| 1. b | 3. a |
| 2. b | 4. c |

july

27,28 VBS at Monocacy C.O.B. in Rocky Ridge. July 27—6:00-8:30 p.m. (Starting with a light supper at 5:30 p.m.); July 28—9:00a.m.-3:00 p.m. (Lunch included). 2 to 12 years. Carreanne Eyler at tceyler@comcast.net or 717-387-9368.

28,29 Vacation Bible School, Germantown Church of God, 16924 Raven Rock Rd., Cascade, MD. Children age 4 through Grade 6. Theme will be Rocky Point Lighthouse. July 28—begin 9:00 a.m.; conclude 2:30 p.m. Lunch provided. July 29—morning worship service 9:30 a.m.; following worship, annual Church Picnic. VBS children, parents, and their friends are invited to lunch. Pre-register children, 301-241-3050.

28 ... One Day Vacation Bible School St. Stephen's United Church of Christ, 25445 Highfield Road, Cascade, MD. 9:00 a.m.-4:00 p.m. "Bible Boot Camp—Putting on the Armor of God." Carrie Martz 301-418-8309.

august

1,8,15,22..... St. John's Lutheran Church, 15 N. Church St., Thurmont, offering a light meal and brief family friendly worship service (first four Wednesdays in August). 6:00 p.m. 301-271-7877.

3,4,5 Annie, presented by Valley Theatre. August 3—7:00 p.m.; August 4—2:00 p.m. & 7:00 p.m.; August 5—2:00 p.m. Valley Theatre is a nonprofit performing arts troupe based in Middletown, MD with actors from all over the county. \$10/Adults; \$8/Children, Seniors, & Military. Tickets may be purchased at the door or online at www.ValleyTheatre.org.

4..... Quartermania Bingo, Vigilant Hose Fire Company, Emmitsburg. Doors open 5:30 p.m., bidding begins 7:00 p.m. Sponsored by the Catoclin FFA Alumni to benefit the Catoclin FFA member's trip to the National FFA Convention. \$8/advance, \$10/door. One number included in admission price. Denise Shriver 301-447-3640.

4..... Peach Festival, Graceham Moravian Church, Graceham, Maryland. 4:00-8:00 p.m. Food, games, and music.

4..... Summer Sandwich Sale, hosted by Thurmont Lions Club, Bell Hill Farm, 1 1/2 miles north of Thurmont, along MD 15. 10:00 a.m.-3:00 p.m. (or until

sold out). Call 301-271-0558, visit www.thurmontlionsclub.com, or follow "thurmontlionsclub" on Facebook.

4..... Blessings in a Backpack Basket Bingo, Thurmont Primary School, Thurmont. Doors open 5:00 p.m.; Games 6:00-9:00 p.m. 20 Basket Bingo Games, Additional Raffle Prizes. Tickets: \$30/Advance; \$40/at door. All proceeds go towards Blessings in a Backpack program at TPS. 301-514-6672 or Laura.Krauss@hotmail.com.

4..... Thurmont Regional Library, Polynesian craft, followed by Pacific Rhythm Polynesian Dancer; decorate your very own birthday cupcake. 10:30 a.m.

5..... Chicken Barb-B-Q, Lewistown Ruritan Club, U.S. 15 North & Fish Hatchery Road, Lewistown.

6-10 Vacation Bible School, St. Johns Lutheran Church, 8619 Blacks Mill Rd., Creagerstown, MD. Theme: gospel light's SONRISE national park...point your kids to Jesus. 6:00-8:30 p.m. Sunday, August 12th—VBS/rally day celebration; worship service starts at 9:00 in the chapel church. 301-271-9130 (register); 301-898-5290 (leave message).

11.... MD Crab & Shrimp Feed, Thurmont Ambulance Company, N. Church Street, Thurmont. Doors open 5:00 p.m., meal served 6:30 – 8:30 p.m. 301-748-5359 or 301-271-3820. www.thurmontambulance.com

11.... Picnic in the Woods, Mt. Bethel United Methodist Church, Stottlemeyer Road near Foxville. 10:00 a.m.-5:00 p.m. Entertainment by Chapel Blue Grass Band. 301-271-7961.

11.... Mt. Tabor Annual Big Picnic, Rocky Ridge, MD. One-half Fried Chicken Platter/\$9 (w/choice of 2 sides & roll, peaches & drink)—2:00-7:00 p.m.; Golden Gears Car Show—12:00-4:00 p.m.; Baby Show (24 months & under)—1:00 p.m.; Soup/Sandwiches—11:00 a.m.-9:00 p.m.; JR Country Band—6:00-9:00 p.m. Everyone Welcome!

11.... Shuffleboard Tournament, VFW Post 6658, Emmitsburg. 2:00 p.m. Cost: \$5/ person. Sign up in advance at Post 6658 or by 1:30 p.m. on tournament day. For more information, call 301-447-6141.

community event calendar

12.... Thurmont Regional Library, Music on the Deck, Tribute to Elvis with Doug Phoebus. 2:00 p.m.

13-18 Rocky Ridge Vol. Fire Co. Annual Carnival. August 13—Cake judging and auction (Cakes may be brought to the activity building on August 12, 3:00-5:00 p.m. & August 13, Noon-2:00 p.m.). Auction at 7:00 p.m. August 15—Parade 7:00 p.m.

16.... Thurmont Regional Library, Scales and Tales features "The Wetlands Wake Up at Night." 6:30 p.m. No registration is necessary.

18.... Thurmont Saturday Stroll, Pack a Backpack theme, Main Street, Thurmont. 1:00-4:00 p.m.

18.... Annual Sabillasville Community Picnic, sponsored by St. John's United Church of Christ, at Willard Pavilion (off Harbaugh Valley Rd., behind the church). 3:00 p.m. Food and drinks, fresh-made French fries, games for kids, bake table, Cruise-in, music by Dave Snader and his guitar. Bring old tool, small machine, or kitchen utensil to display and receive free hand-made ice cream.

19.... Rose Hill Day Festival, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick. Ice Cream Social 12:00-3:00 p.m. (fee for ice cream, toppings, drinks, & manor). WWII Timeline of Living American History: 12:00-4:00 p.m. Antique car show: 10:00 a.m.-3:00 p.m.; over 100 antique vehicles (FSK Car Club). Free. 301-600-1650, www.rosehillmuseum.com.

25.... Wing Night, Thurmont Ambulance Company, N. Church Street, Thurmont. Doors open 5:00 p.m., meal served 6:30-8:30 p.m. 301-748-5359 or 301-271-3820. www.thurmontambulance.com.

25 ... Catfish and Chicken Fry, Squadron 7 Sons of AMVETS, Thurmont, at the Post Home. 4:00-7:00 p.m., doors open 3:00 p.m. \$15/person. Karaoke/Dr. Mudcat 8:00 p.m.-midnight. Must be 21 or older to attend.

25 ... St. Anthony Shrine Summertime Cruz-In, corner of St. Anthony Road and US Rt. 15. 5:00-8:00 p.m. \$10/car to show. 240-529-2737.

26 ... Night of Musical Harmony, Weller United Methodist Church, 101 North Altamont Ave., Thurmont. Featuring an array of inspiring musicians. 6:00-7:00 p.m. 301-271-2802.

september

1..... Summer Sandwich Sale, hosted by Thurmont Lions Club, Bell Hill Farm, 1 1/2 miles north of Thurmont, along MD 15. 10:00 a.m.-3:00 p.m. (or until sold out). Pit beef, pork, turkey, and ham sandwiches alone or as a platter (includes cole slaw, drink, & french fries or baked beans. Call 301-271-0558, visit www.thurmontlionsclub.com, or follow "thurmontlionsclub" on Facebook.

7..... Lewistown Ruritan Golf Tournament, Maple Run Golf Course, Moser Road, Thurmont. 8:00 a.m. Benefit scholarships. Harold Staley 301-748-1708.

9..... Chicken Barb-G-Q, Lewistown Ruritan Club, U.S. 15 North & Fish Hatchery Road, Lewistown.

11 ... Rabies Clinic, Thurmont Community Park, Frederick Road, Thurmont. 6:00-8:00 p.m. \$8/immunization. Registration is NOT required. All pets must be properly contained, leashed or in carriers. 301-600-1717.

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Congratulations to our Parade Contestants!!

Fire Department Traveling the Greatest Distance - Potomac Valley Fire Co.

Judge's Award - Uncle Sam & Lady Liberty Harry Welch

President's Award - Best Appearing Fire Department Walkersville Vol. Fire Co.



Best Appearing Adult Entry - 3rd Place - Thurmont Lions Club
Best Appearing Adult Entry - 2nd Place - Korean Veterans
Best Appearing Adult Entry - 1st Place - Golden Gears Car Club
Best Appearing Youth Entry - 3rd Place - Thurmont Thespians
Best Appearing Youth Entry - 2nd Place - Girl Scout Council
Best Appearing Youth Entry - 1st Place - Catoctin Wildcats Softball
Best Appearing Commercial Entry - 3rd Place - Ace Hardware
Best Appearing Commercial Entry - 2nd Place - Digging and Rigging
Best Appearing Commercial Entry - 1st Place - Trout's Market
Best Appearing Color Guard - Amvets Post #7
Best Appearing Marching Unit - Cub Scouts #270
Best Appearing Majorette Unit - Catoctin Aires
Best Appearing Antique Non-Fire Vehicle - 3rd Place - 1921 Ford Model A Coupe Warren Suke
Best Appearing Antique Non-Fire Vehicle - 2nd Place - 1946 Chevy Pickup Mike Moser
Best Appearing Antique Non-Fire Vehicle - 1st Place - 1959 GMC Cannon Ball Mel Fair
Best Appearing Antique Fire Vehicle - 3rd Place - 1973 Pierce Snorkel Bob Dien
Best Appearing Antique Fire Vehicle - 2nd Place - Mike Molden
Best Appearing Antique Fire Vehicle - 1st Place - 1940 Ford Howe - Walkersville Fire Co.
Best Appearing Brush Unit - Liberty Vol. Fire Dept.
Best Appearing Engine - 3rd Place Union Bridge Vol. Fire Dept.
Best Appearing Engine - 2nd Place Potomac Valley Fire Co.
Best Appearing Engine - 1st Place - Independent Hose Co.
Best Appearing Pumper/Tanker 2nd Place - Rocky Ridge Vol. Fire Dept.
Best Appearing Pumper/Tanker - Graceham Vol. Fire Co.
Best Appearing Tanker - Mt. Airy Vol. Fire Co.
Best Appearing Squad - 2nd Place Walkersville Vol. Fire Co.
Best Appearing Squad - 1st Place Vigilant Hose Co.
Best Appearing Aerial Apparatus - Vigilant Hose Co.
Best Appearing Ambulance - 2nd Place - Thurmont Community Ambulance Service
Best Appearing Ambulance - 1st Place - Biglersville Vol. Fire Co.
Best Appearing Special Purpose Unit 2nd Place - Lewistown Vol. Fire Co.
Best Appearing Special Purpose Unit 1st Place - Canteen, Independent Hose Co.



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