

# The Catoctin Banner

www.thecatoctinbanner.com www.epluspromotes.com Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

## 2013 Business Expo Celebrated 'Roaring' 1920s Theme

by Ann Marie Bezayiff

What do Gold Rush apples, home parties, Girl Scouts, and the Wizards' schedule have in common? These were just some of the items I found in my goodie bag during my visit to the Thurmont Economic Development Committee's 2013 Thurmont Business Expo at Catoctin High School on Friday, March 15, 2013. We were greeted at the door by "flappers" dressed in vintage 1920s apparel, handing out goodie bags and fliers that listed the gold and silver sponsors of the exposition.

People wandered throughout the floors of two gymnasiums, where rows of displays representing various Thurmont businesses and services were ready for public view. Samples of edible treats included: apple dumplings, candy, root beer cake, and a variety of other cakes. Flappers, gangsters and other characters handed out key chains,



Photo by John Nickerson

### Best Decorated Booth Award — Woodsboro Bank

Pictured far left, Expo Chairperson Diana Stull, is shown presenting the 2013 Thurmont Expo's Best Decorated Booth Awards to Woodsboro Bank representatives (front row) Consie Meyers; (back row) Erin Dieterich, Kathy Wortz, Angie Fitzgerald, and Heidi Hurley.

note pads, magnets, business cards, coupons, fliers, beads, and even feathers to catch the attention—and potentially the future business—of those in attendance. Everyone was part of the fun.

An incentive to all vendors participating this year was a chance to win a free booth at the 2014 Expo. The winner for Best Dressed Costume went to Wayne and Sharon Martin from Rock Creek Realty, while the Best Booth winner went to Woodsboro Bank. Entertainment was provided by Elower- Silica Productions.

This was the second year attending for Silver Bakery. They came prepared and excited to share their array of baked goods. They went home empty-handed, as was their mission, and they look forward

### Business Expo

— Continued on page 23

## Beulah Viola Zentz, A Living Icon in Thurmont History

by Joseph Kirchner

How rare it is in this journey of life to cross paths with someone who embodies the living history of her times. But that was my distinct privilege just recently, when I had the occasion to converse with Beulah Viola Zentz, who will turn ninety-seven this coming May. Still quite healthy and quick-witted, Beulah fondly recalled much earlier memories of her life, which turns out

to form part of Thurmont history as well.

Born on May 26, 1916 in Franklin County, Pennsylvania near Chambersburg, Beulah Viola Spangler was one of ten children, of which she is the sole survivor. As a young girl, Beulah lived simply but worked very hard on her family farm. In those days, farmers had strong backs, as nearly everything was

done by hand. In that era, for example, all the laundry was done manually by washboard, a quite exhausting chore. The young Beulah gained vast experience in living the rugged farm life, and developed the work ethic and self-sufficiency which would mark her future life in Maryland.

### Beulah Viola Zentz

— Continued on page 11



Courtesy Photo

Beulah Spangler and Albert Zentz on their wedding day, February 24, 1936.

### Notice Cleaner Roads Along Route 550?

Read about Wayne "Buster" Wilhide, Unofficial Mayor of Slab Town, and a True Volunteer Who Goes the Extra Mile

— Page 12



PSRST STD  
ECRWS  
U.S. POSTAGE  
PAID  
EDDM

The Catoctin Banner Newspaper • 515B East Main Street • Emmitsburg

POSTAL CUSTOMER



# From the Publisher

## Dear Reader:

As we're working on this issue, Spring has sprung, but the winter chill is still lingering. It's been cold and it has snowed. I'm looking forward to warmer weather.

This issue brings a few new things. First, a couple of new writers debut this month. Ann Marie Bezayiff is a talented writer who just moved to Sabillasville from California. She contributes a "Recycled Recipes from Vintage Boxes" column to several newspapers. She's contributing to *The Catoctin Banner* as our "Mountain Talk" columnist, as well as a feature writer. Welcome aboard, Ann Marie! We also welcome a local resident, Angie Speak, who joins us to share her passion for animals while giving us helpful tips to help pets, care for pets, and find pets. We give a shout out to Lisa Cantwell. She wrote for our poetry column until last month, but has moved on to new ventures. Good luck to you, Lisa. Banner poetry readers, do not be disheartened. With this issue, the poetry column has expanded to become an art and entertainment section. While we can't promise to publish everything, especially if we have a large response, we invite you to send your artistic achievements such as poetry, short stories, awesome photos, and other visual arts.

As always, I urge you to patronize the advertisers who reach out to you through *The Catoctin Banner*. It has existed due to the advertising support of those featured in each publication. All of our advertisers, especially those who have been on board long-term, are greatly appreciated!

Deb Spalding,  
Publisher

## Table of Contents

Around Town .....	6,7	In Their Own Words.....	26
Arts & Entertainment.....	22,23	Looking Back.....	25
Business News .....	8,9	Our Neighborhood Veterans.....	28
Catoctin Chronicles.....	19	Pet Corner .....	27
Community Calendar.....	35	Mountain Talk.....	20
Community News .....	10-12	School News .....	16,17
Community Veteran Event Board.....	29	Senior Moments.....	31
Classified ads .....	34	Sports News .....	15
Fitness Matters.....	14	Tickling Our Tastebuds.....	30
Happily Ever After.....	18	Town Hall Reports.....	4
Health Jeanne.....	20	Where Am I? Contest.....	5
Hidden Object Contest.....	5	Your Public Library.....	34

### That's COLLEGE Livin'

©2013 John Nickerson

more cartoons at [gnarlyartly.com](http://gnarlyartly.com)  
Facebook: [Gnarly Artly Design Shop](https://www.facebook.com/gnarlyartlydesignshop)

Please Help!

It's for a GOOD CAUSE!!

Looky there- Some youngsters helpin' t' save the world!

Noble youth! Helping to spread the largess of the fortunate to enrich the common good

100% of all donations go to the needy!

"Taking on the task that's been borne by many- To give aid & comfort to make the world A Better Place!"

Hey! I'd be glad to!

All donations go to the POOR, DISENFRANCHISED College Sports Fans to empower them to enjoy the BIG GAME!!!

or Maybe Not!

COLLEGE UNIVERSITY FUNDRAISER  
**CANNED BEER DRIVE**

SCREENPRINTING • GRAPHIC DESIGN • MURALS • ART!  
[gnarly@gnarlyartly.com](mailto:gnarly@gnarlyartly.com)....301-271-3726

## The Catoctin Banner

Serving Northern Frederick County, Maryland  
515B E. Main Street • Emmitsburg, MD 21727  
Phone: 240-288-0108 Message Line  
301-447-2804 Store • Fax: 301-447-2946  
[www.TheCatoctinBanner.com](http://www.TheCatoctinBanner.com)  
email: [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com)  
**CIRCULATION:** 11,500 copies mailed to all homes in Thurmont, Lewistown, Rocky Ridge, Cascade, Sabillasville & Emmitsburg, MD and hand outs in surrounding areas.  
Published as a project of  
E Plus Copy Center & Promotions

The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

**Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment.**

**AD/CONTENT DEADLINE:** The 20th of month prior to issue month. **YEARLY SUBSCRIPTIONS:** \$15.00

**The Banner Crew:** Barbara Abraham, Ann Marie Bezayiff, Jeanne Angleberger, Michele Cuseo, Helen Deluca, Joan Fry, John Kinnaid, Joseph Kirchner, Jim Houck, Jr., Labella Kreiner, John Nickerson, Valerie Nusbaum, Jim Rada, Jr., Robert Rosensteel, Sr., Carie Stafford, Maxine Troxell, Denise Valentine.

Graceanne Schramm, Advertising Design; Michele Tester, Managing Editor and Layout Design; Danielle Hoff, Advertising Specialist; Deb Spalding, Publisher

**Classified Ads in *The Catoctin Banner***

Classified advertising costs 40¢ per word with a minimum of \$10.00 for line listings. Photo classifieds are \$20 per ad limited to 1" in height. Send your written listing, photo and payment to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or call 301-447-2804 with credit card payment and email wording to [ads@thecatoctinbanner.com](mailto:ads@thecatoctinbanner.com).

**POLICY:** The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

# We Invite You to Share Your Good News!

[news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com) • Message Line 240-288-0108 • Publisher's Line 301-447-2804 • Fax 301-447-2946

## Advertiser Index

Affordable Self Storage .....	21	Lawyer's Automotive.....	30
Allen's Bail Bonds .....	20	Long and Foster Realty, Kimberly Clever .	13
Anytime Fitness .....	32	L & S Furniture .....	31
At Home Primitives .....	18	Main Street Groomers.....	5
Baker Tree Service.....	16	Main Street Upholstery .....	21
Bark Busters.....	8	Marie's Beauty Salon.....	30
Barrick & Sons, LLC.....	6	Masonic Lodge Open House.....	11
Baumgardner Farms.....	32	Melissa M. Wetzel CPA, P.C.....	32
Beth Sholom Bingo.....	14	McDonald's.....	13
Bill's Auto Body .....	33	McLaughlin's Heating Oils & L.P. Gas ....	17
Bollinger Homes .....	32	Miami Glo Tanning/Spa Parties.....	5
Bring Simon Home, Lost Dog .....	5	Mike's Auto Body .....	20
C&K Grooming .....	22	Mother Seton School Recruitment.....	9
Carriage House Inn .....	4	Mother Seton School Vera Bradley Bingo..	11
Catoctin Mountain Spa & Tub .....	30	Mountaindale Convenience Store .....	25
Catoctin Veterinary Clinic.....	29	Mountain View Lawn Service .....	33
CJ's Tuxedos .....	33	Mountainside Farm .....	27
CLC Pet Sitting Service.....	18	Nationwide Insurance .....	26
Craig's Mower & Marine Service.....	28	Nails By Anne.....	13
Crouse Ford.....	10	Nusbaum & Ott, Inc. Painting .....	30
DPI, Decks Patios & Improvements .....	20	Ott House Pub .....	14
Delphey Construction .....	21	Passport to Wealth Kick Off .....	9
E Plus Copy Center & Promotions .....	36	Powell Insurance Company .....	13
East Park Automotive .....	25	Quit Smoking, Fred. Co. Health Dept.....	13
Elower-Sicilia Dance Productions .....	13	ReMax, Peggy Koontz.....	33
Embrace Home Loans.....	25	Rock N Roll Relics Dance, Ebg Lions.....	11
Emmitsburg Ambulance Company .....	29	Rocky Ridge Vol. Fire Co. Cash Bingo ....	31
Emmitsburg Auction Service .....	12	Senior Benefit Services.....	31
Emmitsburg Early Learning Ctr.....	27	Shank & Associates.....	25
Emmitsburg Lions Club BBQ/Yard Sale ...	10	Stone Worx.....	26
Gary the Barber.....	34	Susquehanna Bank .....	4
Gateway Automotive .....	30	T&M Crane.....	32
Gateway Printing .....	27	Tahiti Sun, LLC .....	29
Gear Up – Join Fire and Rescue .....	11	Thurmont Business Expo Thank You .....	23
Gilland Memorial Works.....	14	Thurmont Eye Care.....	19
Good News Baptist Church .....	27	Thurmont Eye Care Lasik Consultation ....	21
Guardian Hose Company, Flower Sale .....	5	Thurmont Feed Store .....	29
Guardian Hose Company, BBQ/Yard Sale ..	5	Thurmont Leo's Club Spaghetti Dinner.....	4
Harrington's Equipment Company .....	8	Timeless Trends Boutique.....	18
His Place, Inc. ....	24	Twice Is Nice Second Hand Store.....	19
His Place Car Show .....	26	Tracy's Auto Repair .....	20
Hobbs' Hardware .....	32	Vigilant Hose Company Spring Fling.....	36
Indian Lookout Conservation Club.....	9	Walkersville Feed Company .....	33
J&B Real Estate, Cindy Grimes .....	3	Window Worx .....	26
JCA Archery.....	8	Zurgable Brothers Hardware.....	9
Ken's Lawn Service .....	21		





## Cindy Grimes

301- 271-3487, x24

301-788-5354

Cindy\_Grimes@msn.com

frederickcountyhomefinder.com

## J & B Real Estate

13½ Water St.  
Thurmont, MD

*For All Of Your Real Estate Needs!*



**468 Frick Ave.,  
Waynesboro - \$154,900**

Beautiful 3 bedroom 2 1/2 bath end unit town house, Beautiful kitchen with lovely cabinets and appliances. great master bedroom with walk in closet and full bath, laundry room on 2nd floor, one car garage. This is a fantastic home for the price.



**9 Blackford Circle  
Thurmont-\$262,500**

Well maintained and nicely decorated this 3 bedroom, 2 full bath split foyer has freshly painted walls, new roof, updated appliances, central vac and laminate floor in Kitchen. Bright and sunny Living, Dining, Kitchen and 3 bedrooms/bath on main level with a spacious Family Room w/fireplace, full bath and Storage area in lower level. Deck, Carport and private backyard make this a must see!



**13 Ironmaster Dr.  
Thurmont - \$259,900**

This 4 bedroom, 2 full bath Split Foyer offers a large dining room/sun room addition. Newer hardwood floors in living, dining and kitchen! Newly renovated lower level bath with ceramic tile. Spacious lower level family room with fireplace with wood stove insert. Great fenced in back yard with above ground pool and deck. This is a must see!



**217 E. Main St.  
Emmitsburg - \$155,000**

Fantastically renovated cottage style colonial with 2 bedrooms and 2 full baths. Nothing to do here! Central heat and air, newer carpet, laminate, Maple Cabinets in Kitchen with Granite counter Spacious Living and Dining room with new pellet stove and lovely rear yard with off street parking!



**8607 Crystal Fountain Rd.  
Emmitsburg - \$309,900**

Lovely 3 bedroom, 2 full bath, stone rancher located on over eight beautiful acres nestled in the Catoctin Mountains, close to Rt. 15 and Mount St. Mary's. Property includes a 2 car garage, gleaming hardwood floors throughout, and a stone fireplace on BOTH levels! New roof in 2010. Adjacent to watershed conservation. A must see, call Cindy Today!



**9322 Links Road  
Walkersville - \$179,900**

Lovely stone rancher on .92 of an acre surrounded by farm land! 3 bedrooms, 1 bath, sunny kitchen with table space and built in china cabinet, large living room with picture window and brick fireplace! Hardwoods throughout. Lower level offers a family room, laundry room and tons of storage! Carport, front porch, stone shed and a beautiful view!



**109 Old Oak Place  
Thurmont - \$129,900**

The 3 bedroom, 1 1/2 bath townhouse will surprise you! Spacious kitchen with island that opens to dining area and wonderful laundry/mud room with cabinets and laminate floor. Well cared for with updated windows, new sliding door, newer flooring throughout and gorgeous back yard with paver patio, shed and vinyl fence.



**14635 Hilltop Road  
Cascade - \$199,900**

Charm and character fill this beautiful Colonial with 5 bedrooms, 3 full baths, hardwood floors, fireplace, and wraparound porch it has so much to offer! Spacious living area and lots of original architecture! Lovely yard and 3 car detached garage! As-is property. Third party approval required.



**Hemler Road  
Thurmont - \$258,900**

3 bedroom, 2 bath rancher on almost one acre. Family room with gas fireplace, living room with wood burning fireplace, master bedroom with full bath, club room with wet bar, 3 sheds, above ground pool, brick bar-b-que. Nice peaceful setting.



**9 West Main St.  
Thurmont - \$279,000**

This home has been completely remodeled inside with a new kitchen, bathrooms, carpeting, etc. Can also have business in home. Property to right, 7 West Main St. is also included, but needs TLC. Could be apartment or store front. Garage in rear. Call Bonita Smith!



**125 Cody Dr. #12  
Thurmont - \$140,000**

This is a great 2 bedroom, 2 bath condo with lots of personal touches. Windows were replaced 2-1/2 years ago, toilets and exhaust fans replaced in both bathrooms, beautiful wood floors, separate storage room. A must see! You won't be disappointed! Call Bonita Smith! **PRICE REDUCED!**



**306 East Main St.  
Thurmont - \$349,900**

Brick Colonial offers 5 BR/2.5 BA and has been restored and updated! Hardwood floors throughout. Lower level offers a sunny family room and office along with an expansive storage area! Gorgeous Screened rear porch, wrap front porch and in-ground swimming pool!



**10655 Bailey Springs Ln. #38  
Waynesboro - \$51,000**

Very well cared for 2005 manufactured home on lovely lot in Ashton Heights. Spacious home offers 3 bedrooms, 2 full baths, large living room and family room! Fully equip kitchen with separate dining space and laundry/mud room with door to rear yard. Wonderful master bath with soaking tub and separate shower!

### PRICE REDUCED



**\$169,000  
Tower Road  
Thurmont Area**

3 bedroom, 1 1/2 bath rancher, attached garage plus large storage shed/garage, on 1.09 acre wooded lot. Needs a little TLC. Call Bonita Smith



**\$41,000  
Old Frederick Rd.  
Rocky Ridge, MD  
Lot For Sale!**

1.73 acre Building Lot with 4 Bedroom Conventional perc! Winter views of Loys Station Covered Bridge!! Call today for Plat!

### PRICE REDUCED



**\$99,000  
25441 Cascade Rd.  
Cascade, MD**

Three bedroom one bath cottage, Nice size shed on almost 1 1/2 acres. This home is in good condition for the price. Call Bonita Smith for details!



**3 Lots - Wigville Rd.  
Thurmont, MD**

3 gorgeous building lots just minutes from Cunningham Falls State Park. (\$199,900- 13.35 Acres, 6 BR, perc, well) (\$149,900- 5 Acres, 5 BR, perc, well) (\$159,900- 5.57 Acres, 6 BR, perc, 2 wells)



Earn cash when you SPEND.

Earn cash when you SAVE.

Stellar Checking

WITH *Smart Rewards*

A BETTER-THAN-FREE CHECKING ACCOUNT

No minimum daily balance    Annual Loyalty Reward

No monthly service fee        FREE Mobile Deposit

To open your account, visit us:

Smithsburg Branch

22940 Jefferson Boulevard

Smithsburg, MD

301.824.2071

Rouzersville Branch

12875 Washington Township Blvd.

Waynesboro, PA

717.762.0273

Susquehanna Bank

Learn more at [susquehanna.net/stellar](http://susquehanna.net/stellar) | Member FDIC

GET RESULTS!

ADVERTISE IN...

THE CATOCTIN BANNER

• Full Color •

Affordable • Effective

Local Advertising for Your Business or for your Event!

Call 301-447-2804 or email [ads@thecatocinbanner.com](mailto:ads@thecatocinbanner.com)

5 Course Beer Dinner

Featuring Goose Island's Vintage Ales

Saturday April 13th at 7:00 In JoAnn's Ballroom

First Course:

Farm Fresh Local Brie with Black Raspberry Melba

Paired with Sophie, Farmhouse Ale

Second Course:

Halibut Wrapped with Apricot Brandy Soaked Leeks

Paired with Matilda, Belgian Style Pale Ale

Third Course:

Espresso Rubbed Pork Tenderloin with Gruyere Brussels Sprout and Grill Rutabaga

Paired with Pepe Nero, Farmhouse Ale

Fourth Course:

Stilton Bleu Cheese and Fontina with dried Apricots and Fig

Paired with Pere Jacques, Abbey Ale

Fifth Course:

Dessert with Bitter Chocolate & Toffee Brittle

Paired with Big John, Imperial Stout

\$60.00 per person inclusive of tax and gratuity

Reservations Required 301-447-2366

[www.carriagehouseinn.info](http://www.carriagehouseinn.info)

200 S Seton Avenue, Emmitsburg, MD • 301-447-2366

town hall reports

by Michele Cuseo

Emmitsburg

March 2013

Farmers Market—June 14-September 27

The Emmitsburg Farmer's Market is actively seeking more vendors for this summers' season. They are hoping for a local egg vendor and a bakery vendor. Other vendors are also welcome and there is no vendor charge. This year marks the 10th anniversary of the Emmitsburg Farmer's market. The market will again be set up on Fridays, from 3:00-6:30 p.m. on South Seton Avenue in Emmitsburg. For more information, call Amy Naill at 301-600-6300.

Dogs, Cats and Chickens

The town of Emmitsburg has moved closer to allowing chickens within the town limits, following the discussion of the subject at a March town hall meeting. Originally brought to the town's attention by Adam Leverette, Age 12, the commissioners gave serious consideration to the proposal to allow chickens within the town limits. Arguments in favor of allowing chickens included comments that hens are in keeping with sustainable agricultural practices, caring for chickens is a healthy activity (compared to playing video games for instance), and a chicken can be a pet like a dog or cat. Under the proposed amendment to allow chickens, only hens (not roosters) would be allowed and would have the same rules applied as dogs and cats (like dog houses). The board agreed to review another draft of the amendment before sending it to the planning commission for recommendation.

For more information about the Town of Emmitsburg, log onto [www.emmitsburgmd.gov](http://www.emmitsburgmd.gov) or call 301-600-6300.

Thurmont

March 2013

Farmer's Market—New Vendors Welcome

The Thurmont Farmer's Market will start in June. New vendors are welcome. Fruit, vegetables, baked goods, eggs, and flea market vendors are all welcome. The market is open every Saturday from 9:00 a.m. to noon at the Thurmont Carnival Grounds. To find out more, call Karen Kinnaird at 301-271-4811.

Amish Help Catoctin Park and Serve Country

A group of Amish men from Indiana are working with the National Park Service to help restore historic cabins in the Catoctin Mountain Park. They are working on 29 wood and stone cabins built in the Depression era. They are using historically accurate techniques and materials. These Amish workers are participating in a program that allows them to serve their country without joining the military. The Amish are referred to as "Conscientious Objectors" by the Military, meaning they won't serve in the military based on their religious beliefs, but will perform other civilian work to fulfill their service to the country.

Town Hall Moving to New Location

The town has purchased the former Dailey Funeral Home to house a new town hall location. The new town hall will be designed to hold the town staff, a public meeting room, a conference room and workspace for town officials. The increased storage space was much needed and will be used to store necessary documents. Another benefit of the move will be more ample parking for both staff and citizens visiting the town office. The present town office will be used for the Thurmont Food Bank. The timeline for renovations and transition may take up to 12 months.

View the Town of Thurmont's website at [www.thurmont.com](http://www.thurmont.com) or call the town office at 301-271-7313 for more information.

TMS LEO's Club Fundraiser

ALL YOU CAN EAT

Spaghetti Dinner

Enjoy a Fresh Spaghetti Dinner at

ROCKY'S ITALIAN RESTAURANT

Orchard Hill Shopping Ctr., Thurmont, MD

April 15, 2013 • 5 p.m. - 9 p.m.

FOR TICKETS

Adults: \$10.00 • Kids: \$5.00

Call 301-271-6965 or Purchase @ the Door

LEO's Club is Sponsored by Thurmont Lion Club Benefiting the Community & other Non-Profit Organizations

Classifieds in The Catoctin Banner

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Photo Classified are \$20 per ad limited to 1" height. Send your written listing, photo and payment to: The Catoctin Banner at 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788. Call 301-447-2804 or email [ads@thecatocinbanner.com](mailto:ads@thecatocinbanner.com).



## Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* Newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com) to record your guesses. Please don't forget to leave your name and phone number.

### Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo above and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was taken at Catoctin High School in Thurmont. Last month's winner is Dan McAfee.

Photo by Irene Matthews



### Hidden Object Game

Last month's Hidden Object was a picture frame. It was located on page 11 in the Bollinger Homes, LLC advertisement. The winner of the Hidden Object Game is Suzanne Garver. If the winner has not been contacted, please call us to claim your prize. This month's Hidden Object is a parrot.

*If you see your name listed as a winner, please email us at [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com) with your Name, Address, and the Name of the Advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.*

### PATRONIZE OUR ADVERTISERS!

**The Catoctin Banner**

The Catoctin Banner exists due to the advertising support of those featured in each issue.

## Bring Simon Home! LOST DOG - \$600.00 REWARD



**240-405-2536 OR  
301-271-0765**

SIMON is a friendly 75 lb. hound/shepherd mix who is missed by his family in northwestern Frederick County. Simon has been lost since January 19th, and is likely to be cautious or skittish now. Please do NOT yell at or chase him. Get a good look (and photo, if you can), speak calmly, offer food if possible, and call his family right away!

**Saturday June 1, 2013**  
**Yard Sale & BBQ**  
 Yard Sale  
 8 am - 1 pm  
 Chicken BBQ  
 12 pm til  
**SOLD OUT!**  
**Guardian Hose Co.**  
 Thurmont Carnival Grounds  
**SPACES AVAILABLE!**  
 10'x10' Spot - \$15.00  
 10'x20' - \$25.00  
**TO RENT A SPACE PLEASE CALL**  
**Lori: 240-575-5469**

Mother's Day is on it's way...  
 Don't forget to bring her to our -  
**Flower Sale**  
 Large Assortment of...  
 Hanging Baskets  
 Bedding Plants  
 Potted Plants  
**Sale Hours:**  
 Fri., May 10 • 4 PM - 7 PM  
 Sat., May 11 • 8 AM - 1 PM  
**Sponsored by**  
**Guardian Hose Co.**  
 Located at the Fire Station  
 21 N. Church St., Thurmont MD

**Mobile Spray Tanning & Spa Parties!**  
 Great for Bridal • Birthday • Prom Parties  
 & Other Special Occasions  
 Host a Party of 6 or more guests,  
 and receive **FREE Service!**  
 Sunkissed Spray Tans  
 Spa Facials - Spa Pedicures  
 Shellac Manicures  
 Available by Appointment!  
 Call Leah at 717-816-8548  
[mobitemiamiglo@gmail.com](mailto:mobitemiamiglo@gmail.com)  
 Check us out on Facebook!

*Looking their best is our business!*  
**Main Street Groomers**  
 Judy Cochran, Owner  
 All Breeds Welcome!  
 3 Convenient Locations!  
 Friendly Service & Caring Staff  
 Full Service Grooming & Doggie Salon  
 Doggie Dental Care • Nail Trimming  
 Flea Baths • Full Grooming Available  
 Open Tuesday Thru Saturday at 8:30 a.m.  
 \*By Appointment Only\*  
 Walk-In's Accepted for Nail Trims  
**NEW MIDDLETOWN LOCATION!**  
 17 W. Frederick Street  
 Walkersville, MD  
 301-845-6888  
 405 W Main Street  
 Middletown, MD  
 301-371-6501  
 129 E. Main Street  
 Thurmont, MD  
 301-271-0568



## Cash Bingo at Rocky Ridge Volunteer Fire Company

On Sunday, May 5, 2013, Rocky Ridge Volunteer Fire Company Auxiliary will hold a Cash Bingo, featuring a \$500 Jr. Jackpot and a \$1,000 Jackpot. Twenty regular games paying \$50, and two special games paying \$200. Tickets are \$20.00 in advance; \$25.00 at the door. Doors will open at 11:30 a.m.; Games will begin at 1:00 p.m. View their advertisement on page 31 for more information.

## 5th Annual Spring Fling

Get your tickets now for the Vigilant Hose Company's 5th Annual Spring Fling, which will be held on May 18, 2013, at Mount St. Mary's University Echo Field in Emmitsburg. The Spring Fling features live music, horseshoes, food, 50/50 tip jars, and much more—\$30,000 given in prizes! Spring Fling benefits Vigilant Hose Company and VHC Explorers Post. View their advertisement on page 36.

## EVAC's Bingo Bash

On May 25, 2013, the Emmitsburg Volunteer Ambulance Company (EVAC) will be holding a Bingo Bash, featuring 22 games paying \$250 each, plus three big jackpots and a meal. Doors will open at 4:00 p.m.; games will begin at 7:00 p.m. Tickets are \$35.00 in advance; \$45.00 at the door. Ticket must be paid for by May 17 to be entered to win \$100 cash! View their advertisement on page 29 for more information.

## Pa\$\$port To Wealth Kick Off

The United Way of Frederick will hold a Passport to Wealth Kick Off Session called "Living a Wholesale Life in a Retail World" at Mount St. Mary's Knott Auditorium on April 6, 2013, at 12:00 p.m. This event is free to the public. The whole family is welcome. Get a free copy of your credit report. In addition, there will also be kids activities. Visit [www.unitedwayfrederick.org/passport](http://www.unitedwayfrederick.org/passport) for more information or view their advertisement on page 9.

## Outdoor School Reunion at Camp Greentop

For many years, Frederick County Public School sixth grade students attended Camp Greentop for an overnight week of camp during the school year. This experience was anticipated eagerly and, after attending, the memories of the week of camp were savored. Catoctin Mountain Park is partnering with Catoctin High School to present a reunion of the Frederick County Outdoor School alumni as part of the National Park Foundation's Park Stewards program. The Park Stewards Program that launched in 2009 gives high school teachers and students the opportunity to explore how national parks are a relevant part to their lives. High school teachers and park rangers work together to develop curriculum and service-learning activities benefiting the students and the parks. The Catoctin High students will apply academic knowledge and critical thinking skills to collect oral histories documenting the history and impact of the Frederick County Outdoor School Program that operated at Camp Greentop from 1957 until 1996.

The Outdoor School Reunion will be held on April 6, 2013, at Camp Greentop, from 9:00 a.m.-3:00 p.m. The event will provide opportunities for Outdoor School alumni to revisit Camp Greentop, share their outdoor school memories, and tour this special place with family and friends.

Catoctin High School National Park Club members will be on-site to conduct oral history interviews with alumni willing to record their memories as a way of documenting the activities and impact of the Outdoor School program. Former Outdoor School principal Eddie Main will staff a display of Camp Greentop memorabilia collected throughout the history of the residential camp. The day will feature opportunities to interact with former Outdoor School teachers and principals and to participate in activities reminiscent of camp activities. Former teacher Matt Gilford will lead a hike to Wolf Rock at 10:00 a.m. Hike participants will meet at the Wolf Rock Parking lot approximately .4 mile north of the Visitor Center on Park Central Road. Former teacher Avadna Coghill, known to many as "Pocahontas" will tell Ken the Wardog and other stories. Sharing begins at the Rec Hall at 1:00 p.m. Selected camp buildings will be open for self-guided tours throughout the event.

Outdoor School alumni willing to share pictures, letters, or other memorabilia from their experiences at Camp Greentop are encouraged to bring these items to the reunion. Catoctin High Students will scan the pictures and documents and photograph other memorabilia. The electronic versions will become part of the Catoctin Mountain Park Historic Archive. All items will remain in the possession of their owners. For more information, call 301-663-9388.

**Looking for Something Fun to Do?**

**Check the Community Calendar on page 35.**

**CREATING** your outdoor living space.



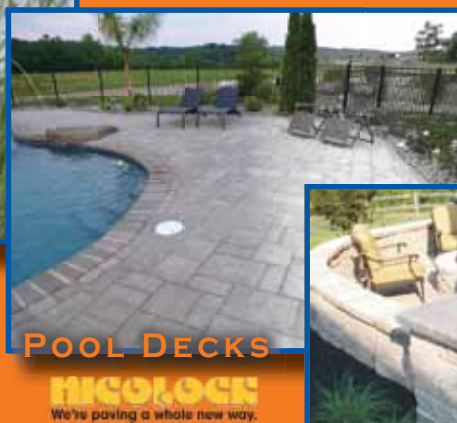
LANDSCAPE LIGHTING

MD MHIC: # 121497 • MDA: # 28703 • WV: #WV043559

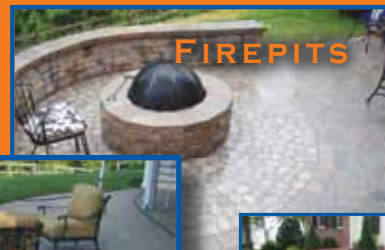
**BARRICK & SONS, LLC**  
LANDSCAPE & HARDSCAPE DIVISION

## FULL DESIGN & INSTALLATION SERVICES AVAILABLE

Master Plans • Hardscapes • Landscapes  
Water Features • Retaining & Sitting Walls • Irrigation Systems • Fireplaces/Firepits • Landscape Lighting  
Concrete & Paver Patios • Outdoor Kitchens  
Nightscapes • Pool Decks • Driveways • Walkways & More!



POOL DECKS



FIREPITS



PATIOS



STAIRS



WALKWAYS

**Techo-Bloc**

RECEIVE  
**\$500 OFF**  
A CONTRACT\*  
\* OF \$5,000 OR MORE.

To view our Portfolio,  
please check us out at....

[WWW.BARRICKANDSONS.COM](http://WWW.BARRICKANDSONS.COM)

LOCATED IN WALKERSVILLE, MARYLAND 301.898.8031 ESTABLISHED IN 1989



## Mother Seton School's Take-A-Tour Tuesday and Supper & A Show

You can tour Mother Seton School on Take-A-Tour Tuesday, being held on April 16 and April 23, 2013, at convenient morning and evening times: 10:00 a.m.-1:00 p.m. and 7:00-8:00 p.m. Mother Seton School is also hosting a free Supper & A Show, featuring "It's a Big, Big World" for Pre-K through Grade 2, on April 17, 2013; Supper will be at 6:00 p.m., with show starting at 7:00 p.m. Call to RSVP at 301-447-3161 by April 16, 2013. View Mother Seton School's advertisement on page 9 for additional information.

## Mother's Day Flower Sale

The Guardian Hose Company is hosting a Mother's Day Flower Sale on May 10 and 11, 2013, at the Fire Station, located at 21 North Church Street in Thurmont. The times of the sale are as follows: Friday, May 10, from 4:00-7:00 p.m.; Saturday, May 11, from 8:00 a.m.-1:00 p.m. The Flower Sale will feature a large assortment of hanging baskets, bedding plants, and potted plants. View their advertisement on page 5 for more information.

## Guardian Hose Company Yard Sale and Chicken BBQ

On Saturday, June 1, 2013, the Guardian Hose Company is sponsoring a Yard Sale and Chicken BBQ at the Thurmont carnival grounds, from 8:00 a.m.-1:00 p.m. (Chicken BBQ, 12:00 p.m. until sold out). Breakfast and lunch foods will also be available. View their advertisement on page 5 for more information. To rent a space, please call 240-575-5469.

## Trolley Trail Spruce-Up Day

Join the Thurmont Lions Club and Boy Scout Troop 270 for Trolley Trail Spruce-Up Day on Saturday, April 13, 2013. For this wonderful community project, bring along a friend and enjoy a day in the sun as you help with weeding, planting, mulching, and picking up trash. Meet at Park Lane (directly behind Memorial Park along the Trolley Trail) in Thurmont at 9:00 a.m. If convenient, please bring rakes, diggers, clippers, gloves, shovel, or just show up willing to help.

## 4th Annual His Place Car Show

The 4th Annual His Place Car Show will be held on May 11, 2013, at Mother Seton School, located at 100 Creamery Road in Emmitsburg. Registration begins at 8:00 a.m. Dash plaques will be given to the first 200 cars to arrive. Featuring food, raffles, door prizes, music, and more! Entry is \$15.00 at the door; \$12.00 pre-registration via bkuhn3@yahoo.com. Event benefits Mother Seton School and the Emmitsburg Osteopathic Primary Care Center. View their advertisement on page 26 for more information.

## Masonic Lodge Open House

Visit the Thurmont and Emmitsburg Masonic Lodges during their open house on April 6, 2013, from 10:00 a.m.-3:00 p.m. Stop by at one location or both: the Acacia Masonic Lodge on East Main Street in Thurmont; the Tyrian Masonic Lodge on East Main Street in Emmitsburg. This open house is free to all who are interested. For more information, call John Hagemann of the Acacia Lodge in Thurmont at 301-748-6713 or Fred Bower of the Tyrian Lodge in Emmitsburg at 301-447-2347. View their advertisement on page 11.

## Benefit Spaghetti/Pizza Dinner

Rocky Ridge Volunteer Fire Company is holding a Benefit Spaghetti/Pizza Dinner to help raise funds for Brooke Riggs of Rocky Ridge. Brooke is 21 months old and was diagnosed in January of this year with stage 4 high-risk Neuroblastoma. The Benefit Spaghetti Dinner will be held on April 5, 2013, from 5:00-8:00 p.m. at the Rocky Ridge Volunteer Fire Company, located at 13516 Motters Station Road in Rocky Ridge. Tickets are \$8.00 per adult; \$4.00 for children ages 5-12; and free for children under 5 years of age.

Brooke Riggs is the daughter of Becky and Chuck Riggs and the granddaughter of Charlie and Pat Riggs, who are very active members of the Rocky Ridge Fire Company. Contact Paulette Mathias at 271-2666 for more information.

## Emmitsburg Lions Club Car Wash

On April 27, 2013, from 9:00 a.m. to 3:00 p.m., the Emmitsburg Lions Club is holding a car wash on the back parking lot of the Carriage House Inn, located at 200 South Seton Avenue in Emmitsburg. All proceeds from this event support charitable activities in our community.

# AROUND town

## Emmitsburg Lions Club "Rock & Roll" Dance

The Emmitsburg Lions Club is sponsoring a "Rock & Roll" Dance on April 13, 2013, at the Emmitsburg Ambulance Company building, located at 17701 Creamery Road in Emmitsburg. The Dance will feature sounds from the 50s and 60s, played from 8:00 p.m. until midnight, by the band Rock & Roll Relics. The cost of tickets is \$15.00 per person if purchased in advance; and \$20.00 if purchased at the door. To purchase tickets in advance, contact Zurgable Hardware at 301-447-2020 or Sharon Hane at 301-447-2401. This is a "BYOB" event. All proceeds support charitable events in the Emmitsburg area. View their advertisement on page 11.

## Sunday & Monday Night Bingo

Play Sunday & Monday Night Bingo at Beth Sholom Community Center, located at 1011 N. Market Street in Frederick, Maryland. Doors open at 5:00 p.m., with Bingo starting at 7:00 p.m. Regular games pay \$100; featuring \$1,000 Jackpot and \$500 Jackpot! No Bingo on March 31, 2013. View their advertisement on page 14 for more information and visit their website at [www.bethsholomfrederick.org](http://www.bethsholomfrederick.org).

## Emmitsburg Lions Club BBQ & Yard Sale

On May 4, 2013, the Emmitsburg Lions Club will hold a chicken barbeque and yard sale on South Seton Avenue near Route 15. Chicken dinners include half a chicken, potato salad, applesauce and a roll. Dinners will be on sale from 11:00 a.m. until they're gone. The yard sale will be held from 8:00 a.m.-5:00 p.m. and table space can be reserved (\$5.00 fee) by calling Zurgable Hardware at 301-447-2020. View their advertisement on page 10.

## Support the TMS Leo Club

The Thurmont Middle School (TMS) Leo Club is holding an All-You-Can-Eat Spaghetti Dinner at Rocky's Italian Restaurant on April 15, 2013, from 5:00-9:00 p.m. Tickets are \$10.00 for adults and \$5.00 for kids. Rocky's is located at 209 Tippin Drive in Thurmont. The TMS Leo Club is sponsored by the Thurmont Lions Club. View their advertisement on page 4 for more information.

## Vera Bradley Bingo Night at Mother Seton

Mother Seton School is hosting a Vera Bradley Bingo Night on Saturday, April 13, 2013. Doors will open at 5:00 p.m. Games will start at 7:00 p.m. Tickets are \$15.00 in advance or \$20.00 at the door. Mother Seton School is located at 100 Creamery Road in Emmitsburg. View their advertisement on page 3 for more information.

## 3D Target Shoots at Indian Lookout

Every Thursday night, starting April 18, 2013, through September 6, 2013, Indian Lookout Conservation Club in Emmitsburg will hold 3D Target Shoots. View their advertisement on page 9 for more information.

## Good News Baptist Church Turns One Year Old

On Easter Sunday, April 8, 2012, a baby church was born in Cascade, Maryland. In the Fort Ritchie Community Center, Pastor Kurt Schroder and a nucleus of people began meeting for weekly church services. Now the public is invited to join in a special celebration of one year of ministry in the mountaintop area. The First Anniversary Service will be held at 3:00 p.m. on Sunday, April 7, 2013, at the Fort Ritchie Community Center. Refreshments will follow. Good News Baptist Church exists for the purpose of helping people have assurance of heaven by believing in Jesus' death and resurrection as payment for their sin. They also want to enable those who believe to grow in their understanding of the Bible and obedience to its message. Over the past year the church has been involved in Mountain Top Heritage Days, Vacation Bible School, Good News Club at the Cascade Elementary School, and both a Christmas pageant and a two-day marriage conference held at the Community Center. Services are being held at the Community Center each Sunday morning at 10:30 a.m. Wednesday evening home Bible studies are at 6:30 p.m. For more information on the Anniversary Service or general information about Good News Baptist Church, please call Pastor Kurt Schroder at 301-241-5058 or visit the church website: [www.goodnewsmountainvalley.com](http://www.goodnewsmountainvalley.com). View their advertisement on page 9.



# BUSINESS news

## Maryland SportsCare & Rehab of Emmitsburg

by Joseph Kirchner

From recreational student to professional athlete, and all of those in between, if you are looking to improve your overall wellness or need treatment for a sport or non-sport related injury, then join me in meeting Ashley Johnson, DPT, Clinic Director for the Maryland SportsCare and Rehab facility in Emmitsburg. At Maryland SportsCare and Rehab, you'll discover comprehensive physical therapy options. Your path to wellness begins here!

A sports lover from her early youth, Ashley developed an interest in the sports medicine field while in high school. In her sophomore year at Cedar Cliff High School (Camp Hill, Pennsylvania), Ashley took a course in sports medicine, which deepened her interest in the field. Even at a rather young age, the future clinic director helped athletic trainers and physical therapists with such tasks as taping ankles and applying heat/ice to athlete's injuries. But it was working two internships in her senior year that really cemented her career choice and prompted her to apply to a combined undergraduate/Doctorate program at Slippery Rock University. At Slippery Rock, Ashley played varsity field hockey and earned her Doctorate of Physical Therapy (DPT) in 2009.



Photo by Joseph Kirchner

Ashley Johnson, DPT, Clinic Director for the Maryland SportsCare and Rehab in Emmitsburg.

After gaining some experience in her field, Ashley was hired by Maryland SportsCare and Rehab, where she has worked for the past three years, serving as clinic director at the Emmitsburg branch since August 2012. Maryland SportsCare and Rehab is a comprehensive sports medicine network with eighteen locations throughout Maryland, which provides a great variety of services, specializing in general orthopedics, sports medicine, manual therapy, post-operative care, total joint rehab, spine rehab, arthritis

and pain management, work injuries, wellcare, and fitness.

Maryland SportsCare and Rehab in Emmitsburg has a full-time physical therapist and physical therapist assistant, assuring the clients that they will be provided with superior individualized service and care. Ashley and her staff are committed to working with the highest standard of ethics. Moreover, they possess the professional ability to identify and treat the critical aspects necessary to restoring normal, pain-free function and returning every patient to a full and active life. Ashley emphasizes that she and her staff "go out of our way to make people better in whatever way possible, and we always strive to give the best possible individualized care." This client-centered orientation applies to the rehab programs as well as the wellness programs, which are dedicated to providing each client with a personalized exercise program specific for their individual needs and goals. The staff at Maryland SportsCare and Rehab is truly dedicated to making their wellness programs a pleasant, productive, and rewarding experience for you!

Ashley and her staff are proud to be active members of the Emmitsburg and Frederick communities, for which they generously provide various forms of public service. In October, the staff collected money and wore pink polos for Breast Cancer Awareness Month. In addition, they collect food for the Seton Center in Emmitsburg, and

have volunteered for the MS Walk in Frederick in April.

If you are a candidate for physical therapy or desire to begin your personal wellness program, why wait? Call or visit today!

Maryland SportsCare and Rehab of Emmitsburg is located at 17750 Creamery Road, Seton Square, Suite B7, Emmitsburg. Call 301-447-1670 for more information, or to find other Maryland SportsCare and Rehab locations, visit [www.mdsportscare.com](http://www.mdsportscare.com) or [www.ptnetwork.us](http://www.ptnetwork.us).

### Need to Place a Classified?

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Photo Classified are \$20 per ad limited to 1" height. Send your written listing, photo and payment to: *The Catoclin Banner* at 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788. Call 301-447-2804 or email [ads@thecatoclinbanner.com](mailto:ads@thecatoclinbanner.com)

Want a Happy, Well-Behaved Dog?



**BARK BUSTERS**  
HOME DOG TRAINING  
Contact Your Local Trainer  
Maxine and John  
301.271.3030

a d s @ t h e c a t o c l i n b a n n e r . c o m

JCA Archery

14 Fox Trail  
Fairfield, PA 17320  
**717-642-6564**

**ONE STOP ARCHERY SHOP**  
3-D Animal & Bag Targets  
Crossbows & Accessories  
Custom Handmade Strings & Arrows  
Sights • Rests • Release Aides  
Broadheads • Tree Stands & More!  
Business hours: M-F 4-7pm Sat 9-1pm  
We accept Cash • Visa • MasterCard • Discover

**HOT DEALS ON NEW HUSTLER MOWERS**

\*Some restrictions apply, see your Hustler Dealer for Details.

**0% FOR 48 MONTHS**

**Harrington's Equipment Company**  
475 Orchard Road | Fairfield, PA 17320  
717-642-6001 • 410-756-2506  
[www.harringtonsequipment.com](http://www.harringtonsequipment.com)

**HUSTLER**  
[hustlerturf.com](http://hustlerturf.com)



## Local Bodyshop Takes It to the Next Level

by Deb Spalding



Courtesy Photo

Pictured left to right are Jason Wachter, Amy Wachter McAfee, Janie and Bill Wachter, and Judy and David Ridenour.

For over thirty years, Bill Wachter, his wife, Janie, and his family have provided auto body, auto repair, and towing services at Bill's Auto Body in Creagerstown. Bill has been a prominent supporter of many organizations over the years, including many of our local fire companies and ambulance companies. He's been consistently vocal about supporting local businesses, police, doctors, nurses, and those who serve our country in the military.

Bill and the team at Bill's Auto Body have been diligent about

providing a high standard of customer service. Bill said, "Customer service is first on my list and that's how we've stayed strong." Recently, Bill and Janie have been going through a transition in order to address some of Bill's health issues and to allow him to spend more time with his grandchildren. With a smile while holding her grandchild on her lap, Janie said, "I can't wait to do more traveling and make Bill a To-Do List."

As of March 1, 2013, Bill and Janie have been working with David Ridenour and his wife, Judy (of

Tracy's Auto Repair in Thurmont), to share some of the duties at Bill's Auto Body as the Ridenours purchase the company. Bill said, "I want people to know that I am working WITH David. I'll still be around. As a 'consultant'. We have the same faces, the same service and the same commitment and standard of care." Bill added, "It took a while to find someone I could trust to carry on our values. Dave will be able to take the business to the next level."

Bill and Janie started Bill's Auto Body themselves in Emmitsburg, but after the first year, they moved to the current facility, formerly known as Pedro's, in Creagerstown.

David and Judy Ridenour are, as David said, "finally able to own a business in the industry we love—a dream come true, an auto body shop with a bonus of a mechanical shop and towing business." For twenty-nine plus years, David has been honing his skills through training: starting at Lincoln Technical Institute right out of high school, followed by manufacturer training including GM, and most recently,

Toyota certification. His industry certifications include I-Car, PPG paints, ASE Automotive Service Excellence, Chief and Car-O-Liner Frame Certification. David's career over the past twenty-nine plus years includes working at various shops in the area as an autobody technician: Grimm's Automovation, Creative Colours, Advanced Collision, Modern Autobody, and (for the last four years) commuting to Koons Toyota as a certified Toyota Collision Technician/Shop Foreman on West Street in Annapolis.

David and Judy are excited about the opportunity to continue the service of Bill's Auto Body, Inc. They look forward to supporting the community, providing excellent service, and working with their friends at other auto shops around the area. Having already worked with Bill for several months, David said, "I have seen the quality and honesty in the employees that Bill has instilled here. Our plan is not to change, but to compliment what he already has in place." Emphatically he added, "Stop by and see us!"

**Indian Lookout Conservation Club**  
17107 Riffle Road Emmitsburg, MD  
301-447-2568

**3D Target Shoots**  
Every Thursday Night  
Starting April 18 - September 6  
Registration 5 p.m. - Dusk  
\$5.00/Adults • FREE/ 12 & Under  
(with attending adult)  
A variety of 3-D targets.

**Zurgable Brothers**

Serving our community with quality service since 1946

**Lumber Hardware Plumbing Red Wing Boots Garden Supplies Valspar Paint Propane Holland Gas Grills**

Mon. - Fri. 7 a.m. - 6 p.m.  
Sat. 8 a.m. - 5 p.m. | Sun. Closed  
Emmitsburg, MD  
**301-447-2020**

**HARDWARE**

**PA\$\$PORT TO WEALTH**

**FREE to the Public...**

**Bring your Friends and Family!**

**The Ultimate Cheapskate Presents,**  
"Living a Wholesale Life in a Retail World"  
**Announcement of Poster Contest Winners!**  
**Credit Cafe - Get a Free Copy of Your Credit Report!**  
**...Even Kids Activities!**

**Saturday, April 6, 2013**  
**Mt. St. Mary's Knott Auditorium • Doors open at 12:00 PM**

Don't forget to check us out on Facebook!  
[www.unitedwayfrederick.org/passport](http://www.unitedwayfrederick.org/passport)

**KICK OFF**

Call for a personal tour TODAY 301.447.3161

**MOTHER SETON SCHOOL**  
**PRE-K - GRADE 8**  
Yes! You CAN afford MSS! Come see us.  
**Take-A-Tour Tuesday**  
April 16 & April 23  
10:00 - 1:00 p.m. & 7:00 - 8:00 pm

Join us for a **FREE Supper & a Show**  
For Pre-k - Grade 2  
Wednesday, April 17  
6 p.m. - Supper 7 p.m. - Show  
**RSVP: 301-447-3161 by Apr. 16**

**"It's a Big, Big, World"**  
Performed by Jenni Joy

Outstanding Academics . Affordable . Catholic Values . Bus Service Before/After Care . Extra Curricular Clubs & Activities

**All are welcome . Tuition assistance available**



# COMMUNITY news

## John's Wheels for Wishes—September 21, 2013

John's Wheels for Wishes was founded in 2009 when John Wantz passed away from cancer. This annual fundraiser provides funds to other families who need help. John's Wheels for Wishes began following the loss of the most amazing father, pap pap, son, brother, uncle, and friend. John Wantz lost his battle with cancer on December 2008. John loved riding his motorcycle and doing any and everything to help anyone in need. So his children—Laurie, Kevin, and Holly—started John's Wheels for Wishes to help families in need.

John's Wheels for Wishes is currently searching for that special person or family that need their help and to benefit from their charity ride, being held on September 21, 2013. Please send all information to John's Wheels for Wishes, c/o Holly Wantz, to P.O. Box 562 Thurmont, MD 21788. All inquiries need to be received no later than April 30, 2013. Their decision will be made shortly after that date, and that person or family will be notified. Please visit them on Facebook at John's Wheels.

## Dairy Princess Candidates Sought

The Frederick County Maryland Dairy Princess Committee is seeking candidates for Frederick County Maryland Dairy Princess. Candidates must: Maintain residency in Frederick County, Maryland (they may attend an out-of-state college); Be a daughter of one of the following: dairy farmer, dairy farm manager or herdsman, employee in a dairy related industry (farm store, cooperative, DHIA, feed supplier, veterinarian, milk inspector, etc.), be employed herself as one of the above; the owner of at least one dairy animal in a 4-H or FFA project and/or enrolled in a dairy-related project for at least two years, including dairy foods, dairy judging and/or dairy leasing programs (NOT dairy goats and dairy steers); be 16 years old or turn 16 during 2013 and must not reach her 22nd birthday by December 31, 2013; candidate may not hold a farm queen or dairy breed queen title that would cross over for more than three months. The dairy princess is also expected to attend the Dairy Princess Seminar in Pennsylvania, which will be held July 9-12, 2013.

A completed resume, two recipes with dairy ingredients, a professional picture (jpeg.), and letter of interest is due to Johanna Allen, 5185 St. Marks Road, Jefferson, Maryland 21755, by April 24, 2013.

The committee is also looking for Dairy Maids to represent Frederick County, Maryland. The Dairy Maid program prepares future princesses and provides promotional opportunities for younger dairy enthusiasts. Eligible young ladies turning 13 during 2013 through age 16 may become a dairy maid. For more information, call Johanna Allen at 301-834-5358 or e-mail Johanna at mjkrallen@comcast.net.

The contest will be held at 7:00 p.m. on Sunday, May 19, 2013, at the Woodsboro Fire Hall, 2 South Third Street, Woodsboro, Maryland. The Dairy Princess chosen will represent Frederick County at the Maryland State Dairy Princess Contest on July 16-17, 2013, at the Holiday Inn in Frederick, Maryland.

## Thurmont Lions Club Trolley Trail Clean-up

The Thurmont Lions will be coordinating a clean-up along the Trolley Trail (one mile long) on Saturday, April 13, 2013. They will be sprucing up for spring by picking up trash, weeding, planting, mulching, and so on. Preliminary plans are to meet at Park Lane (directly behind Memorial Park along the Trolley Trail) at 9:00 a.m.

If convenient, please bring rakes, diggers, clippers, gloves, shovels, or just show up. Please mark your calendar now and encourage others to come out and assist with this community project.

## Last Chance Bonanza Raises Over \$10,000 for Fort Ritchie Community Center

Fort Ritchie Community Center would like to thank the community for its overwhelming support of the 2nd Annual Last Chance Bonanza! The event took place Saturday, February 23, 2013, in the gymnasium at Fort Ritchie Community Center, with almost 300 people in attendance.

Guests enjoyed a variety of drawings and games, a live and silent auction, dinner provided by GT's, and dancing until midnight. There were many winners during the evening, but the biggest payout went to Mary Bowers, with the \$500.00 Last Chance ticket. Bev Coyle, FRCC Public Relations Manager and event organizer, said, "We are so grateful to have members of the community volunteer for and participate in this event. It was a wonderful, fun night and a successful fundraiser."

Many area businesses donated items and supported the bonanza through table sponsorships, including McLaughlin's Heating Oils, Specialty Granules, Inc., GT's, Mainline Hobby, H&R Block-Vicki Sanders, Rolling Mill Restaurant, One Mountain Foundation, Rocky's New York Pizza, Gilland's Memorials, Mountain Gate Restaurant, Cavetown Ace Home Center, Cavetown Planing Mill, Sanders' Market, FRCC Fierce Cheer Team, and American Legion Ladies Auxiliary-Cascade Post 239. Special thoughts and thanks go to the entire Coyle family, who volunteered for the event despite the loss of their beloved brother the day before.

Funds raised benefit the Fort Ritchie Community Center and its programming and mission. FRCC provides technology access to underserved area youth, free community holiday parties, low-cost access to fitness and health services, senior-specific programming, an eight week education-based summer camp, arts and cultural events, and much more. Visit their website at [www.TheFRCC.org](http://www.TheFRCC.org).

[www.thecatocinbanner.com](http://www.thecatocinbanner.com)

Your Good News Community Newspaper  
Serving Northern Frederick County, Maryland, Since 1995

Patronize the Advertisers in *The Catoctin Banner!*

**Emmitsburg Lions Club presents...**

**Chicken BBQ & Yard Sale**

**SATURDAY May 4, 2013**

**YARD SALE SPACES AVAILABLE**  
Show up that morning...  
There's plenty of space  
for everyone!  
A \$5.00 Donation  
is appreciated!

**CHICKEN BBQ SALE**  
11 A.M. til  
We're Sold Out!  
**YARDSALE**  
Starts at 6 A.M.

Located Across from Getty Mart,  
next to Zurgables Hardware (At the Corner of Rte. 15)

**Crouse Ford** Celebrating 72 Years with FORD

**2013 F-150 PICK UP**  
Maximum MPG w/ twin-turbo ECO-Boost Engine

**2013 ESCAPE**  
America's Affordable Mid-Size SUV  
Up to 33 MPG!

Check our inventory online! Visit us at... [WWW.CROUSEFORD.COM](http://WWW.CROUSEFORD.COM)

**2013 FUSION**  
All New Design!

**2013 FOCUS**  
Newest Arrival - 40 MPG!

Rt. 140 | Taneytown, MD  
410-756-6655  
Toll Free 1-888-209-5389  
Mon-Fri | 9am-8pm | Saturdays | 9am-4pm

Only 10 minutes from  
Emmitsburg,  
20 minutes from Thurmont



**Beulah Viola Zentz** — *Continued from cover page*

When a teenager, she moved to the "Manshour" dairy farm outside Thurmont, where she performed the endless chores of farm life: gardening, canning vegetables, taking care of horses, pigs, and chickens, and milking cows, to name a few. She made butter, and bottled milk, which were delivered by horse and buggy. For all her hard work seven days a week, she received the handsome sum of three dollars a week! But life on the farm wasn't all work. Beulah met a handsome young man named Albert who also worked at the Manshour farm. The teenagers developed a budding romance that was soon tested when Beulah returned back to her native home in Pennsylvania so that she could make more money. It was while working at The Stanley Manufacturing Company in Chambersburg that her young suitor visited her once a week to keep their romantic flame alive.

Apparently, Albert could not wait to be with his love and did what only a young impassioned lover would do. The story goes that on a cold, snowy February night in 1936, Albert had to abandon his vehicle and walk through fields and snow drifts to Beulah's home. Tired of the long trips, and weary from the inclement weather, Albert took Beulah back to his home in Thurmont, where he lived with his parents. Needless to say, Albert's parents were most surprised when he arrived home with Beulah and her suitcases. Albert's dad queried his son regarding his intentions, and without hesitation, Albert replied that he was going to marry his great love. Then the very next day, February 24, 1936, Albert made good on that promise! The couple tied the knot in the local church and honeymooned for four days in Virginia.

Following their honeymoon, Albert and Beulah moved into his parent's home on 158 North Carroll Street in Thurmont, where Albert had lived his entire life. Remarkably, it is still the

place that Beulah calls home, where she has lived for the past seventy-seven years since her marriage to Albert! Albert and Beulah would have four children (Jean, Viola, Mary Ellen and Wendell) and begin the family tree that now boasts seventeen great-great grandchildren. Albert himself spent his entire eighty-nine year life at this same address, having passed away in 2003.

Life was very active for Albert and Beulah! Of course, they worked the family farm with its nearly endless chores. But Albert was a prodigious worker: he also opened The Sunrise Cafeteria in the early forties (which he transformed into apartments in 1949), bought and sold many properties in Thurmont, and did an endless array of odd jobs. Known as "the farmer on Carroll Street," Albert cut down trees, tore down old buildings, plowed family gardens, and provided a moving service as well, among other things. He was also the sexton for his local church and gave most generously in this capacity. Beulah raised her children, worked the farm, and found time to work outside the house as well.

All in all, it has been a long, fascinating and fruitful life for Beulah. Married to her beloved Albert for sixty-seven years, she is truly part of one of the "founding families" of Thurmont. Nearly everyone with any knowledge of Thurmont history still tells stories about the Zentz family and "the house on Carroll Street." As for Beulah today, she is in quite good health as she approaches her ninety-seventh birthday. In fact, it was just two years ago that this remarkable woman finally stopped volunteering at the Thurmont Senior Center and only then because she stopped driving. We may safely say that the people of Thurmont have been richly blessed by the Zentz family and we wish Beulah good health and peace for years to come.

## Masonic Lodge OPEN HOUSE

**Everyone is invited! Open to All!**

**Saturday, April 6, 2013 - 10:00 a.m. - 3:00 p.m.**

### Acacia Lodge

12 East Main Street  
Thurmont, MD 21788

Call Fred Bower  
301-447-2347 for more info!



### Tyrian Lodge

303 East Main Street  
Emmitsburg, MD 21727

Call John Hageman  
301-748-6713 for more info!

The Emmitsburg Lions Club Presents...

## The Rock N' Roll Relics

**April 13, 2013  
8:00 pm - Midnight**

**Emmitsburg Vol.  
Ambulance Co. Bldg**  
17701 Creamery Rd.,  
Emmitsburg, MD

**\$15.00/Advance Ticket  
\$20.00/ At the Door**

All proceeds support Lions Club charitable activities in our community.

Enjoy Original Rock & Roll  
Sounds from the  
50's & 60's!

For Tickets Call...  
**Zurgable Bros.: 301-447-2020**  
**Sharon Hane: 301-447-2401**

## Vera Bradley Bingo Night

at Mother Seton School, 100 Creamery Rd., Emmitsburg, MD

**Date: Saturday - April 13, 2013**

Doors open 5:30 p.m. • Games start at 7 p.m.

Tickets for 20 Games \$15.00 in advance or \$20.00 at the door

**A Bingo you can't miss!**  
Specials • Raffles • Door Prizes  
Concessions for Sale

Call MSS at 301-447-3161  
Lena at 301-717-8860

Sponsored by the MSS  
Home & School Association

## GEAR UP

Join the Excitement!

[www.GearUpFireRescue.com](http://www.GearUpFireRescue.com)

**Firefighters • EMS • Auxiliary**

## VOLUNTEERS NEEDED

**No Experience Necessary**

**Training is FREE**

**Make a Difference in  
Frederick County**

**VOLUNTEER TODAY!**

**Frederick County Volunteer  
Fire & Rescue Services**  
**301-600-2281**



## Apples UCC Ordained Laura Robeson as Pastor—First Ordination in More Than 250 Years of Existence

A major event in the life of Apples United Church of Christ (UCC) in Thurmont took place on March 10, 2013. The church requested and was granted approval to Ordain into ministry Laura (Lauretta) Robeson. As far as anyone knows, this is the first time that Apples UCC has had an ordination of their own pastor in their more than 250 years of existence.

The Ordination Service and Installation Service for Laura Robeson took place at Glade UCC in Walkersville, Maryland, on Sunday, March 10, 2013. Members of the Catoctin Association of the United Church of Christ, as well as friends and family of Laura Robeson, were in attendance. The sermon was given by Andrew Robeson, Director of Youth Ministries, Camp Hill United Methodist Church, Pennsylvania, and son of Laura.

The Apples Church Choir and a Dance Ministry from Jubilee United Church of Christ in Lanham, Maryland, provided musical interludes during the service and a dinner reception followed the service.

Laura Robeson and Dwight, her husband of thirty-seven years, have lived in Thurmont for five years.

Laura grew up near Baltimore, Maryland, and attended First and St. Stephens Evangelical and Reformed Church, which became First and St. Stephens United Church of Christ (UCC). She was a member of Amistad St. Paul United Church of Christ in Lanham, Maryland. Laura has been a member of and active in the UCC for all of its fifty-two years.

Her undergraduate degree was from the University of Maryland, College Park in Secondary Education, Social Studies. Her first Master's degree was in Secondary Education



Courtesy Photo

Laura (Lauretta) Robeson, Ordained into Ministry by Apples United Church of Christ, on March 10, 2013.

from Bowie State University in 1982. She then attended Howard University School of Divinity in Washington, D.C., where she was awarded the Master of Divinity degree in May 2007.

Prior to her entering seminary in 2004, Minister Robeson taught for thirty years in the Montgomery County Public Schools in Maryland. She had retired in 2002 and had hoped to travel, relax, read, and do needlepoint. Through her service in various offices of the church, in a number of settings, Laura has gained knowledge of what it takes to lead others and to train others to be leaders by being active in her local church. She has been called to be Co-Pastor at Apples United Church of Christ in Thurmont, where she has been a member for four years, and preaching for over a year.

Laura is married to Dwight Robeson, celebrating over thirty-seven years of marriage. They have a daughter, Sarah, who is working at Stanford University Hospital in California, in Bone Marrow Transplant research. Their son, Andrew, is working as Youth Director at Camp Hill United Methodist Church in Pennsylvania. He is married to Jenny, Children's Ministry Director at the same church, and they have given her three grandchildren: Jordyn (age 7), Sadie (age 5), and Eli (age 2).

### Emmitsburg Auction Service

17319 N. Seton Ave.  
Emmitsburg, MD 21727

**COMPLETE AUCTION SERVICES**

**Real Estate • Estates  
Old Toys • Antiques  
Household • Coins  
Guns • Vehicles**

**AUCTIONS EVERY SUNDAY  
@ 10:00 A.M.**

**Call us at 301.447.2300  
Bruce & Barb May, Prop.**

### Classifieds in The Catoctin Banner

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Photo Classified are \$20 per ad limited to 1" height. Send your written listing, photo and payment to: *The Catoctin Banner* at 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788. Call 301-447-2804 or email ads@thecatoctinbanner.com.

## Slab Town's Master Recycler

by Deb Spalding



Photo by Deb Spalding

Wayne "Buster" Wilhide, Slab Town's Master Recycler, is shown with his bike, already getting filled up with the cans he picks up to keep our roads cleaner.

Wayne Wilhide, unofficial mayor of Slab Town (the stretch of houses along Route 550, about midway from Thurmont to Sabillasville), goes by the nickname "Buster." If you ride the roads out that way, you've probably seen Buster riding his bike while collecting aluminum cans. He starts out around 7:00 a.m. every morning, except in extreme weather conditions, such as ice or snow. He travels up and down Route 550, then through the back roads of Eyler's Valley and Sabillasville. He said alternate roads like Route 77 are very dangerous. Many will agree that the roads he travels are noticeably cleaner and more natural looking because of his efforts.

Buster sells his collection of cans once every year. With the money from the cans, he buys things he uses to live day to day. Every couple of years, he buys a new bike. He is currently driving a Trek "coaster bike." He prefers bicycles that have only one gear, even though half of his daily travels are spent pedaling up some pretty steep hills. He said that he has wrecked his bike only one time, and that was while riding

a bike that had gears. He said he, "went into a gutter and skun my chin and hit the road hard," adding "I hit it real hard!" Now he stays away from bikes with gears.

Buster is full of life and has the pedigree of a true local. He identifies places by referencing the people who own the property or work at the business. He visits "Bernie's" (Direct To You Gas Station), Dave's (Gateway Auto Repair), and the fellas at the feed store (Thurmont Feed) on a regular basis.

On the wall in Fratelli's Italian Pizza in Thurmont hangs a plaque designating Wayne "Buster" Wilhide as "Master Recycler." This designation was bestowed upon Buster by the folks with the Northwestern Frederick County Civic Association. The honor is appropriate.

As many true volunteers do, Buster volunteers in other areas of his life. He parks cars at Eyler's Valley Chapel during Christmas Services, and he helps out at his church, Deerfield United Methodist. When he's not collecting cans or volunteering, Buster loves Nascar.

*"A successful man is one who can lay a firm foundation with the bricks others have thrown at him."*

~ David Brinkley



**Looking for a deal?** *Here it is!*

**99¢ Kid's Meals**

**Join Us from 5:00 p.m. to 8:00 p.m. - Dine In Only**

**Hamburger • Cheeseburger**

**4 pc. Chicken Nuggets**

Includes child size fry, apple slices, and small soft drink. (Toy not included) **for only 99¢**

**Mondays McDonald's in Emmitsburg**

**Tuesdays McDonald's in Thurmont**

**Wednesdays McDonald's in Walkersville**



ads@thecatoctinbanner.com

**Nails by Anne**

Excellence in Nail & Foot Care  
Anne Scott

**301-271-2247**

Evening and Weekends Available

**April Special**  
**\$2.00 off Any Service**

13 Water Street in Thurmont

**ESP Flower-Sicilia Productions**

Serving the Community Since 1970

*Of Dance & Music*  
Tap • Ballet • Jazz • Hip Hop

Pre-School Creative  
Lyrical  
Acrobatics  
Modern  
Musical Theater  
Ages 3 to Adult

For more information  
**301.271.7458**  
**www.ESPdance.com**

Home of the National Award winning E.S.P. Performing Company

Maryland's  
1-800  **QUIT NOW**  
SmokingStopsHere.com

When you are ready to quit, call...  
**1-800-784-8669**  
Enjoy a new way to live smoke-free.

The Frederick County Health Department has **FREE** classes. Call **301-600-1755** for more information

**FREE NICOTINE PATCHES AVAILABLE**

This is a free service provided by the MD Department of Health and Mental Hygiene

**BETTER REAL ESTATE INFORMATION. BETTER REAL ESTATE DECISIONS.**

THE LONG & FOSTER 

Looking for current statistics on our local market? Check out the L&F Market Minute on my website.

**SOLD**

**Kimberly Clever, Realtor**  
(C) 443.604.4162 (O) 301.694.8000  
kimberly.clever@longandfooster.com  
**www.kimberlyclever.lnf.com**



# Life Insurance

**Home, auto, business and life insurance**

(That's easy on your wallet)



**Erie Insurance®**

## Powell Insurance

Janice Fisher

janice@powell-insurance.com

Virginia Harne

virginia@powell-insurance.com

Joanne Patenaude

joanne@powell-insurance.com

130 Frederick Rd., Suite B, Thurmont, MD | **www.powell-insurance.com** | 301-662-1144



**Like us on Facebook!**

Like us on Facebook, and we will donate \$1 to the National Breast Cancer Foundation or Golden Retriever Rescue Education and Training!



EMMITSBURG, MARYLAND



## Spring In To... The Ott House Pub

**Mondays' Wing Night!**  
A variety of Wing flavors for everyone!

**Wednesdays' Trivia Night!**  
Starting at 8 p.m.

**Entertainment Schedule**  
April 5 & 6 - JJam  
April 12 & 13 - Wildfire  
April 19 & 20 - Sticktime  
**April 20 - Safe and Sane Night**  
Proceeds benefit CHS Class of 2013  
April 26 & 27 - Karma Sharks

**Fridays and Saturday Nights**  
Serving the best Prime Rib in Town!

Visit us at the Square of Emmitsburg!

**301-447-2625**

5 West Main St.  
Emmitsburg  
Maryland

Advertise! [ads@thecatocinbanner.com](mailto:ads@thecatocinbanner.com)

**Come Play With Us!**

**Sunday & Monday Bingo**

Doors Open at 5 PM  
Games Begin at 7 PM

**\$1000 Jackpot • \$500 Jr. Jackpot**  
Regular games pay \$100  
Winner-Take-All • (2) 50/50's • U-Pik-Em  
Smokeless • Refreshments Available  
**Holiday Bonanza Goes Off - April 22, 2013**

 **Beth Shalom Community Center**  
1011 N. Market St. | Frederick, MD | 21701  
**301-663-0267**  
[www.bethsholomfrederick.org](http://www.bethsholomfrederick.org)

**NO BINGO APRIL 1, 2013** We reserve the right to reduce payouts if fewer than 100 players.

Visit us! [www.thecatocinbanner.com](http://www.thecatocinbanner.com)

**GILLAND MEMORIAL WORKS**

## Check out our full line of Columbariums!

**"Remember, Monuments Are Our Only Business."**

- Full Indoor Display of Memorials & Markers
- Granite, Marble & Bronze Memorials
- We also carry a Full Pet Memorial Line!

**As always... Senior Citizen & Veterans discount applies!**

**"Leave Us Reflect Your Life In Stone"**

Located along Rt. 16, Blue Ridge Summit PA 17214

(P) 717-794-2981  
(F) 717-794-5689  
[gillandmem@innernet.net](mailto:gillandmem@innernet.net)

14902 Buchanan Trl. East  
PO Box 400 • Blue Ridge Summit, PA 17214

Mon - Fri 8:00 a.m. - 4:30 p.m.  
Sat. 8:00 a.m. - 12:00 p.m.  
After Hours by Appointment

**The Area's LARGEST Selection of Monuments & Markers**

We Accept: MasterCard, Visa & Discover



## fitness matters

*Expert Answers to your Health and Wellness Questions*  
by George Puvel, Anytime Fitness Owner

**Question:** Does cooking food in a microwave cause nutrient loss?

**Answer:** This is a great question because microwaves are pervasive throughout society. In fact, they're a staple in almost every kitchen. Despite their popularity, many people are convinced that radiation from microwaves destroys nutrients. Thankfully, research does not back this up. The primary determinants of nutrient loss are cook time, cook temperature, and the amount of liquid used. In other words, any form of cooking can lead to nutrient loss, but microwaving is actually a BETTER option. Microwaves do a great job of heating your food very quickly, and microwaves heat at temperatures that are lower than most other forms of cooking. The water-soluble vitamins, B-complex and C, are easily the most susceptible to heat, and are commonly found in beans, fruits, and vegetables. Bottom line—use the microwave as often as you need to, but try to avoid using water in the cooking process to avoid leaching those water-soluble vitamins.

**Question:** I've never been the best sleeper. Is this having a negative impact on my overall health?

**Answer:** Unfortunately, yes, it probably is! There is a lot of emerging research revolving around sleep (or the lack thereof) and its associated health implications. There's some data now indicating that those who get just one night of poor sleep end up with abnormal lab values indicative of pre-diabetes. That's right, pre-diabetes! Folks with poor sleep cycles can end up with suppressed insulin secretion after a meal, which leaves them with elevated blood sugar levels for far too long. They also have lowered resting metabolic rates, which could ultimately contribute to weight gain as well. Other researchers have discovered that hundreds of genes get disrupted after just one week of suboptimal sleep, thereby impairing the body's ability to heal

itself. Chronic sleep problems have been associated with heart attacks, stroke, diabetes, and obesity for years, but now we're starting to see direct observations in the laboratory setting. In the end, optimal sleep is just as important as your fitness level and your nutritional status when it comes to overall health, so try to get at least 8 hours a night, and more when you can.

**Question:** I lift 5 days per week consistently, but my strength gains have flat-lined. How do I continue to get stronger?

**Answer:** Despite not having much industry information to go on here, let's see if I can provide some insight. First of all, there's the possibility that you're working out too much. Maybe your volume (the combination of sets and reps) is too high—a common problem for those looking to gain strength as quickly as possible. And how long has it been since you've taken some time off to allow your body to fully recuperate from the stress of exercise? Some much-needed rest may do the trick, and amazingly, people often come back even stronger. I also wonder if you're changing up your workouts enough. Many people get into a habit of using machines or free weights, but don't incorporate other forms of exercise. Cables, tubing, bands, kettle bells, medicine balls, and even bodyweight exercises can all increase strength, so you should try to vary your routine. Lastly, you have to remember that strength doesn't just increase exponentially on a continual basis. There is a threshold that you'll reach at some point, and you could be there already. If you feel like you need help with your current program, talk to a certified personal trainer.

*About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at [ThurmontMD@anytimefitness.com](mailto:ThurmontMD@anytimefitness.com).*

## Share Your Good News With The Catoctin Community!

Send your community news and photographs to share with others in your community. If you would like your name listed as contributor or photographer of your information, please include it in your email or mail.

Send your news to: *The Catoctin Banner*, 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788  
[news@thecatocinbanner.com](mailto:news@thecatocinbanner.com) ♦ [www.thecatocinbanner.com](http://www.thecatocinbanner.com)  
240-288-0108 message line; 301-447-2804 phone; 301-447-2946 fax



# SPORTS news

## Mid-Maryland Varsity Boys Basketball Team Earns 2013 Division Championship



Photo by Kellie Beavin

Photo of the Mid-Maryland Varsity Basketball Team / Piedmont Division Champs for 2013: (back row, from left) Noah Wivel, Coach Brian Burdette, Cory Worth, Nick Cool, Mikey Tylicki, Jarend Pawlus, Sid Beavin, and Cyrus Staub; (front row, from left) Paul Bello, Nate Rednowers, Dylan Reid, Gavin Palmer, and Joey Fogel.

This is the first winning record (10-8) in Catoctin Cougar Varsity Basketball history! The team was comprised of 7th and 8th grade students from Thurmont Middle School in Thurmont, and one student from Mother Seton School in Emmitsburg. Congratulations!

## CHS Girls JV Basketball



Photo Courtesy of Lifetouch Photography

### CHS Girls Junior Varsity Basketball Team

The Catoctin High School (CHS) Girls Junior Varsity Basketball team ended their 2012-13 season with fifteen wins and five losses. Pictured from left are: (top row) Coach Sarah Wastler, Madison Wetzel, Maura Williams, Hannah Gray, Lydia Spalding, and Coach Rick Wastler; (middle row) Courtney Topper, Maddie Adams, Emily Kuykendall, Sophie Ureka, and Taylor Zentz; (front row) Morgan Tracey and Meagan Jenkins.

## Youth Dance-Pom Group

The Catoctin-Ettes, Inc., a non-profit youth organization, is forming a dance-pom group for youth, ages five and up. This is a great way to combine pom-pom work with dance. The group plans to have three different age groups of dance-poms, who will compete in pom competitions and perform in local events. Classes are being held at the Emmitsburg Community Center Gym, from 6:15-7:00 p.m.

For more information or for registration, contact 301-271-4326 or 717-334-5567 or email at DONITO@aol.com.

## Growth Year at Catoctin Baseball Club

The 2013 baseball season is here, and the Catoctin Baseball Club (CBC) has doubled in the amount of teams they field. In 2012, the Club offered two opportunities for team play: 9U and 12U. Through the generosity of numerous sponsors, CBC has been able to add two teams at the 8U and 10U divisions. "The outpouring of generosity from the local and county community has been tremendous," stated Ed Lowry, General Manager of the program. "With the expenses and budget we need to secure in order for our kids to play this type of baseball, we could never afford to provide this type of experience for our kids. Our registration fees are minimal, and if it wasn't for our sponsors and boosters, we could never provide our kids these opportunities. We are a self-funded organization and our success is heavily dependent on our ability to finance ourselves. We are truly grateful for each and every one of our sponsors and boosters," Lowry went on to say. A list of the CBC sponsors and boosters can be found at the team's website: [www.catoctinbaseballclub.com](http://www.catoctinbaseballclub.com).

The CBC will be playing in a host of local, state, and regional tournaments, as well as a Sunday league schedule that starts in early April. The teams have been hard at work practicing indoors since the first week of January. One of the preseason highlights for the kids in the program was the opportunity to meet Orioles Hall of Fame catcher, Chris Hoiles, and hear his perspective on hard work, preparation, and commitment to the game of baseball. The CBC spent a couple of Sundays working out at the Gold Glove Academy in York, Pennsylvania, which Hoiles' operates.

The official season for CBC launched for both their 8U and 10U teams as they partook in UMAC's "Melt the Ice" preseason tournament over the weekend of March 23-24, 2013. That tournament will be followed up with the U8 and U9 participating in the state of Maryland's largest youth baseball tournament, "The Upper Chesapeake Baseball Festival" over the weekend of April 6-7, 2013. The 10U participates in Olney's "Mutiny in the Park" that same weekend. The 12U team launches its season on Sunday, April 7, 2013, with league play.

For information about the program and game schedules, please visit [www.catoctinbaseballclub.com](http://www.catoctinbaseballclub.com) or follow them on facebook: Catoctin Cougars Baseball Club.

(below) Dylan Cevario.



Courtesy Photos

(above) Dylan Nicholson.

Send us your Sports news & Sports photos to share in *The Catoctin Banner!*  
[news@thecatocinbanner.com](mailto:news@thecatocinbanner.com)

[www.thecatocinbanner.com](http://www.thecatocinbanner.com)



# SCHOOL news

## MSS Teacher Honored with Friends of Catholic Education Teaching Award for Excellence

If you want to see young chefs creating a recipe for Stone Soup or budding scientists reading the outdoor thermometer to chart the daily temperature, or writers creating an illustrated life of Mother Seton to read to their families, just travel to Connie Richwine's kindergarten class at Mother Seton School.

The veteran educator—she has 24 years of educational experience, six of those at Mother Seton School—is loved by students, staff, and parents alike for her creativity and enthusiasm in teaching. This is one of the reasons she was selected as Mother Seton School's recipient of the Friends of Catholic Education (FOCE) Teaching Award for Excellence. Her skillful combination of experience and current best practices provides a rich learning environment for her students, says school principal, Sister Joanne Goecke, D.C. "She has introduced her students to the world of words, the beauty of the world, the love of God, and so many other experiences that go beyond the standard curriculum."

As the wife of an Air Force officer, Richwine has enjoyed a career that has stretched from serving as a resource teacher in Selma, Alabama to teaching in a one-room schoolhouse five miles from the Canadian border. She previously served as the principal of St. Andrew the Apostle Catholic School in Waynesboro, PA before retiring as an administrator to return to the classroom six years ago. "The classroom was always my first love," she says. "The children are what make this profession the best that life can offer. The quote that the children see at our 'Jesus Table' states 'Let the little children come to me'. That is how I see my profession as a teacher."

It is this love for her students that prompted her fellow teachers to nominate her for the award. "She is truly dedicated," says Mary Jo Burkell, Pre-K teacher at MSS. "She'll often stay late or come in on weekends and holidays to work in the classroom. And it's easy to see how the children benefit from that dedication." Richwine's willingness to make herself available to anyone who needs help is another quality that makes her stand out. "If something needs to get done, no matter what it is, Connie will always raise her hand and ask what she can do," Burkell says. Goecke agrees. "Connie is very generous in assuming extra responsibilities that benefit the school, such as serving as Religion Coordinator and as Unit Leader for Pre-K/Kindergarten," she says. Richwine was one of the leads in implementing a Christian Character program that recognizes individual students for espousing exemplary virtues. She was also integral in coordinating a hands-on science program between MSS and the Renfrew Institute for Cultural and Environmental Studies.

Recipients of the FOCE award are nominated in their respective schools by their peers. Richwine was presented with the FOCE award at its 15th annual teacher appreciation dinner, along with several of her peers from the other area Catholic schools. In attendance were more than 200 teachers, administrators, clergy, and guests of the Archdiocese. The keynote address was given by Sister Bernadette McManigal, Superintendent of Schools in the Arlington Diocese.

Richwine's reaction to her nomination is indicative of the humility her friends and colleagues appreciate. "It was such a surprise and honor to know that people would nominate me for such a special award. It is a very humbling experience and I hope that I am able to measure up to the expectations and qualities that go along with it."



Courtesy Photo

Kindergarten teacher Connie Richwine, recipient of the Friends of Catholic Education Teaching Award for Excellence, is pictured with MSS principal, Sister Joanne Goecke, D.C. (left), Caroline Pugh, Executive Director of the FOCE (right), and Dr. Carol Hinds, President of the FOCE (far right).

## Generous Donation to CHS Athletic Department

The Gregory A. Brashears Memorial Fund donated \$630.00 to the Catoctin High School (CHS) Athletic Department to help students who want to play sports but are unable to due to financial hardships. This year, the Gregory A. Brashears Memorial Fund is also giving out two \$500.00 scholarships to Catoctin High Seniors who plan on attending a trade or vocational school. Please see guidance at CHS for applications. Applications are due to Lori Long by April 30, 2013. For more information, please contact Lori Long at 301-748-6007.



Courtesy Photo

Pictured is Lori Long, founder of the Gregory A. Brashears Memorial Fund and Mr. Bernard Quesada, Principal of Catoctin High School.

## Handmade Scarfs Donated by TMS Students

For their service learning project, Thurmont Middle School's (TMS) Learning for Life Students made fourteen handmade scarfs and donated them to the Heartly House of Frederick County.



Courtesy Photo

Pictured are Mrs. Murrell, David Andrew, Alexis Mbella, Ms. Jo Kerns, Ms. Tammy Keener from the Heartly House, and Dakota Lovejoy.

## PATRONIZE OUR ADVERTISERS!

**The Catoctin Banner**

The Catoctin Banner exists due to the advertising support of those featured in each issue.

**www.bakertreeservices.com**  
**MD Tree Expert Lic. #904 • ISA Cert # MA- 4258A**

**BAKER TREE SERVICES, INC.**  
**Eric Baker - Owner**

Thurmont, MD • **1.800.383.4595** • Licensed & Insured

DISCOVER VISA MasterCard



## Boxtops for Education

by Terry Peter

Do you know what Box Tops are? Most of you probably do not know. That is why we here at Thurmont Elementary and Primary School (TEPS) PTA are promoting Box Tops this month. Box Tops are an easy way to earn money for our local schools. Box Tops for Education has helped schools earn over \$475 million since 1996. It is as easy as clipping box top coupons from participating products, shopping online at Marketplace, entering contests, and playing games. Join us and register on the Box Tops website at [www.boxtops4education.com](http://www.boxtops4education.com). Clipped Box Top coupons can be taken to school or deposited into drop boxes located at our local grocery stores.

Our current goal at TEPS PTA for the 2012-2013 school year is \$3,000.

As of March 2013, we have reached 80 percent of our goal at \$2,401.20. Our school is ranked third in our area, and with your help, we can make that #1. Earnings from Box Tops have given our children so many things. This year, we have purchased school folders and agendas, as well as funded cultural arts events and field trips. TEPS currently have 130 registered supporters online, and I know we can definitely do better than that! As a registered online supporter, you will have access to coupons, recipes, and more.

Please join us and register online to see how easy it is to earn. I have great confidence that we can and will go above and beyond our goal. Together as a community we can do more. Thank you for your support. Keep clipping those Box Tops!

## CHS 2013 Safe and Sane Upcoming Events

The Catoctin High School (CHS) Safe & Sane Committee is holding several upcoming, fun-filled fundraisers!

To all Senior Parents: We are in need of Pictures/Videos of the Class of 2013 for the Memory CD. Please contact Lisa White at 240-367-6996. We ask that the all senior parents try to support the graduating class by selling tickets for these events and fundraisers, to make this the best event for the graduating senior class. Please call Ed Schildt for tickets at 240-285-8079.

A Gun Raffle/Dinner will be held on Saturday, April 6, 2013. Doors will open at 5:30 p.m. at Vigilant Hose Co. Tickets are \$25.00 per person (includes dinner, beverages, door prizes, losers drawing, tips jars, gun jars, 50/50 Raffle). No One Under 18 years old will be admitted.

A Safe & Sane Nite will be held on Saturday, April 20, 2013, at the Ott House in Emmitsburg. Previous Alumni are invited to attend. The event will take place from 8:00 p.m.-1:00 a.m. Music will be by Sticktime. Silent and/or Live Auction. For information, call Jen 301-667-4734.

A Cash Bingo will be held on Sunday, May 5, 2013, at the Thurmont AMVETS Post #7. The Bingo will start at 7:00 p.m. For information, call Karen Schildt at 240-285-8076.

A Wing Nite will be held on May 11, 2013, at the Lewistown Fire Hall beginning at 5:00 p.m. Tickets are \$20.00 per person and includes meal, wings, and beverages. For information, call Lisa White at 240-367-6996 or Brian Smith at 301-748-6230.

A Golf Tournament will be held on May 17, 2013, at the Mountain View Golf Club, beginning at 9:00 a.m. It will be a Shotgun Start. For information, call Laura Knott 240-285-4790.

## Young Thurmont Authors

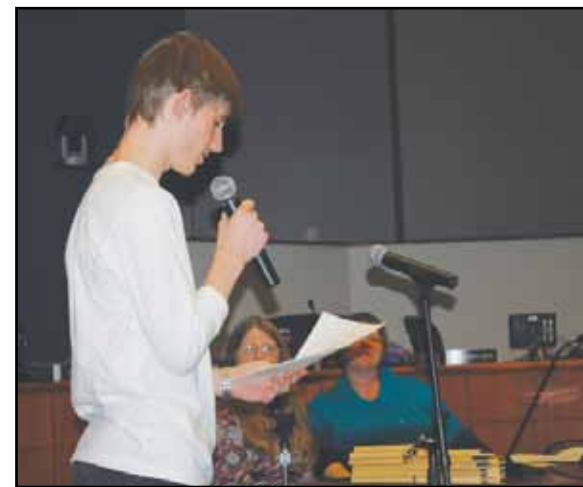
Three local middle school students and one high school student were winners in the 2013 Young Authors Contest, sponsored by the Frederick County Reading Council, the State of Maryland International Reading Association Council, and the Frederick County Public Schools. The four local authors were the first and second-place winners in several school-grade categories of poetry and short story, in a competition in which there were approximately 450 entries.

Catoctin High School junior, Emily Hobbs, was the 11th grade County Winner for her entry, "The Tale of Pestilence," the story of a guard in a northern province who hassles an elderly squatter takes the old man's dagger as his spoils, only to eventually succumb to its mysterious but deadly powers. Thurmont Middle School 6th grade student, Mikaila Risser, was also a County Winner for her essay, "Why We Have Trees." Mikaila's story is a light-hearted look at a bird's solution to its dismay when nests built in bushes on the ground are washed away and those built in mountaintop bushes are blown away. The problem is resolved in Mikaila's essay, where the bird's "nest would stay with no more floods to worry about and no more wind."

Thurmont Middle School 7th grade student, Zachary Carter, placed second for his poem, "Night Wind," a haunting ode to the wind at night, and how "as dark turns to day, the whistle it plays, slowly fades away." Donovan Gibbs, an 8th grade student at Thurmont Middle School, placed second in the 8th grade category for his poetic tribute to his aunt, "Aunt Aimee." Written in the days after the passing of Aunt Aimee last autumn, his poem expresses his sense of loss and longing for her return.

Hobbs, Risser, Carter, and Gibbs joined twenty-three other winners from the county's middle and high schools on March 20, 2013, at a Night of Celebration at the Board of Education building in Frederick, Maryland, as they were presented with certificates for their achievements, and given literary journals and autographed copies of *Stars That Turn*, a book by David Newhouse, an FCPS teacher and local author. Mr. Newhouse was the guest speaker at the event, telling of his struggles as an author and encouraging the winners to pursue their writing ambitions and dreams, and reminding them that even renowned authors like Stephen King and J. K. Rowling (*Harry Potter* series) had their manuscripts oft-rejected before a publisher took a chance on them. Based on his own experience, he reminded the young authors, rejection is simply part of acceptance.

The four local winners all thanked their parents, influential authors, and, among others, their Language Arts teachers at their respective schools, including Thurmont Middle School instructors Melissa Gordan, Lori Regnier, and Melanie Ware, and Catoctin High School teacher Mark Krasnansky.



Courtesy Photo  
Donovan Gibbs presents his winning entry, "Aunt Aimee," to the audience of the Night of Celebration.

Advertise! [ads@thecatoctinbanner.com](mailto:ads@thecatoctinbanner.com)

**McLaughlin's**  
Heating Oils and L.P. Gas — Waynesboro, PA  
"Nothing Heats Like A Flame"

A family owned and operated business  
since 1954. Dedicated to providing your  
Propane Gas and Heating Oil needs!



Over 30 Working Gas Logs,  
Fireplaces and Heaters on Display

Propane gas questions? Just call!

With another company? We'll switch you over for free!

Do you have an unused fireplace? Make it into a heat producing show piece  
with only a push of a button! It's instant, efficient heat that requires no  
electricity to operate! Be prepared for any power outage this heating season.

Propane, Smart Energy!

717-762-5711 | 1-800-463-5711 [mclheat.com](http://mclheat.com)





# happily ever after

## Adventures in Cooking

by Valerie Nusbaum

I nearly titled this column "Recipe for Failure," based on my recent experiments in the kitchen.

Randy and I have been in a food rut. We eat at the same couple of restaurants whenever we eat out. We're so predictable that the waiter at Mamma Lucia knows that I always order the fettuccine a la Bolognese, and doesn't need to ask me what kind of dressing I want on my salad. The waitress at Fajita Grande recently begged me to try something other than the chicken enchiladas, but I wouldn't budge. What can I say? I like what I like. So does Randy. He gets the spaghetti with sausage and a house salad with Caesar dressing at Mamma Lucia, and he alternates between tacos and burritos when we're having Mexican.

I do a lot of cooking at home, but it's always the same dishes. I have about thirty main dishes in my repertoire. I was longing for something new and different and, above all, delicious, so I went through some magazines in search of recipes.

The recipe for "Mexican Casserole" called for ground beef, long grain rice, green beans, and Worcestershire sauce, among other ingredients. I decided to substitute ground turkey for beef and brown rice for long grain, in an effort to be more healthy. The green beans didn't sound quite right to me, so I used chili beans instead. I was out of Worcestershire sauce, so I used a dash of low-sodium soy sauce. Randy asked me why I even bothered with a recipe since I only used one or two of the ingredients it specified. I told him that his mother had called and wanted him to call her back. That wasn't true, but it got him out of the kitchen while I cooked and it gave his mother a chance to talk with him. The Mexican casserole was pretty good, so it went into my recipe collection with notes about substitutions.

Next up was spaghetti squash primavera. We had never had spaghetti squash and wanted to try it. And now we have. Actually, the squash was good on its own, but the primavera sauce didn't make

the grade. This was a meatless dish with a lot of carrots, peppers, and tomatoes. Randy doesn't like vegetables, but he's very polite, so he ate his dinner and didn't complain. Since I did the cooking, I'm allowed to say that we won't be having that dish again. It gave Randy gas.

The barbecued beef briskit was another experiment. I'm embarrassed to admit this but I had never used an oven bag for cooking meat, so this was another "first" for me. Since I wasn't able to get a briskit at the grocery store, I decided to use a London broil. I floured the plastic bag like I was supposed to and added the meat and ingredients for what was promised to be a spectacular barbecue sauce. Not so much. The meat came out tasting more smoky than I like it, and since I'd used a different cut of beef, it wasn't all that tender. I've decided to go back to cooking beef in my slow cooker. It's much better that way, and I like my own recipe for barbecue sauce better than the magazine's.

The search for a new favorite recipe wasn't working out too well. Randy offered to do some of the cooking, but we both agreed that maybe that wasn't such a good idea. The joke around here is that Randy knows the kitchen is the room with the big, white things in it. He knows

that groceries go in there and hot food comes out. He'll be upset with me if I don't mention that he makes great waffles. I got him one of those "motel-style" waffle makers. As long as I make the batter for him, he can do the waffle flip all by himself. I keep reminding myself that this is a grown man who negotiates deals worth millions of dollars on a regular basis.

Anyway, since eating at home wasn't giving us any new taste sensations, we figured we'd try a new restaurant. We tried four of them and couldn't find one that we wanted to add to our list of favorites. I guess there's something to be said for being in a rut after all. At least it's comfortable and familiar. Food is kind of like marriage—you always know what you're going to get and it's the same thing every time. It's good to try something new and different once in a while, but it's rarely as good as the same old thing.

Lastly, I need to give a shout out to Bob Abraham. It was so very kind of you to call Randy and offer your help with his fly-tying. We both appreciate your thoughtfulness, and I'm sure he'll be in touch with you again before too long. I'll even pay you to take him for an afternoon or two!

And to Bill Blakeslee, you're a nice man and a good sport. You owe me twenty dollars.

# AT Home Primitives

BY JOHN & BRENDA SEISS

Home Furnishings made at our home for your home!



Find us on the 2nd floor at

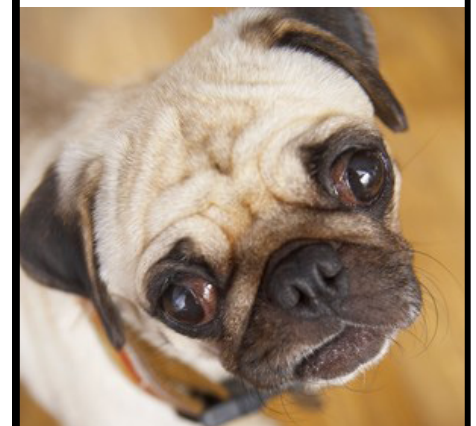
*Timeless Trends Boutique*

21 East Main Street, Thurmont, MD 21788 • 240-288-8226

TUES, FRI, SAT 10 - 5PM • WEDS, THUR 10 - 7PM • SUN 12 - 5PM



## Looking For Someone Who Cares?



## CLC Pet Sitting

### Care, Loving, Concern

In the comfort of your home  
Days/Overnight/Vacation

Bonded & Insured / VISA & Master  
Card Accepted

Recommended by Catoctin  
Veterinary Clinic

**Cindy L. Colburn**

240-288-8279

301-524-0004





## Catoctin Chronicles

by Labella A. Kreiner

### Nationals, Here We Come!

Savannah Steinly loves to run. Spring, summer, autumn, winter—morning or evening, this girl loves to spend her time doing what she has an incredible passion for. Whether it's cold or hot, she's out running. She tries her best and dedicates herself to staying fit all year round, while doing something that compares to nothing else in her eyes. It is truly incredible that she has such a grasp on what she loves.

Savannah competes in running events all year round. From Cross Country in the fall, to Track and Field in the spring, she is always running. No matter what, she tries her best to improve and have fun doing training activities with her team mates. She is also a genuinely fun person to be around, and is one

of the best team mates anyone could ask for. She is amazingly talented, caring, and over-all a wonderful person.

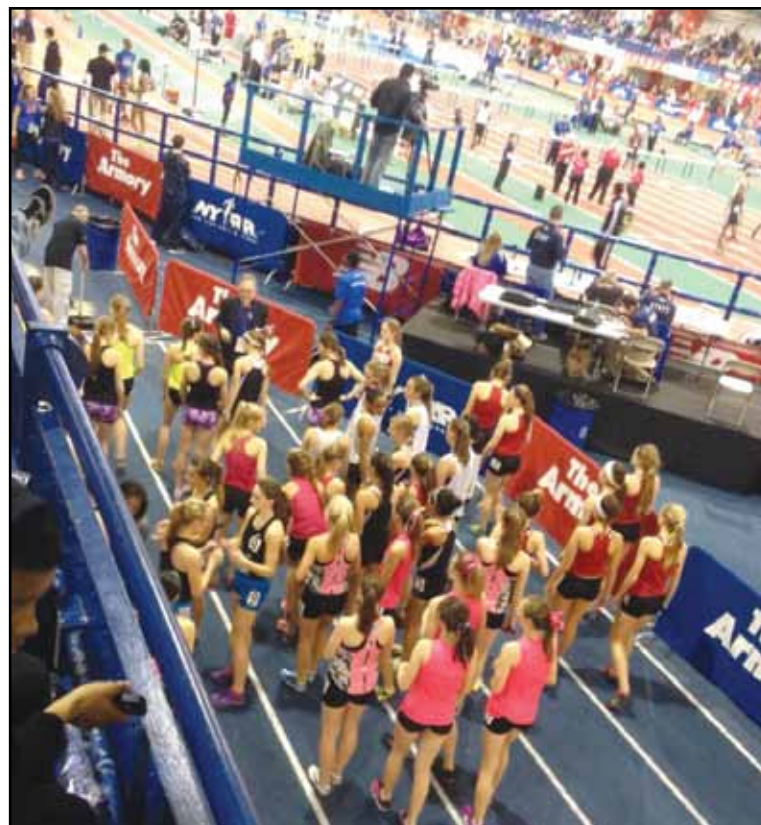
This past month Savannah, Kelsey Valentine, Kristen Myers, and Megan Demarais competed in the New Balance Indoor Nationals in New York. They competed in a 4-800 relay where they ran laps against other high school participants from around the nation. The girls have done an amazing job, pushing themselves to do their best as they put their faith in one another. And going to Nationals itself proves that they tried their best all season.

"It was a great experience. Plus, the hard work paid off!" Savannah told me excitedly. They seemed to be a little disappointed

with their scores. "We didn't run as fast as we wanted to. However, we finished the season strong by competing at Nationals." Considering these girls pushed through impressively, I believe that Savannah is right.

Before the race there are many things that you have to do to prepare your body. During this time, there

Courtesy Photo



Savannah Steinly, Kelsey Valentine, Kristen Myers, and Megan Demarais in New York for the New Balance Indoor Nationals.

are many ways that nervousness can sink in and cause you to doubt yourself and your own talents. For Savannah, nervousness is something that can't be avoided, but she's still able to pull through. "Before the race I try to get focused. I try to think positive thoughts."

Once you're in the race it can be even easier to become doubtful and fall "behind the pack", but not for Savannah. "I try to focus on the person in front of me. I try to keep my eyes on them as I run, and I try not to think at all." When you are running, if you are focused on the steps you take and the speed you're traveling, you can completely "zone out" and your mind can become completely focused on the race.

When they returned from Nationals they were greeted with tons of, "Congratulations!" We are all very proud of the girls and are glad to have them back with us. Even though they might not be truly satisfied with

their scores, it is absolutely amazing that they were able to overcome a tremendous amount of competition and go to Nationals. Keep up the good work Catoctin!

If you have any suggestions for future column topics, email labellakreiner@hotmail.com or call 301-271-7487.

### Thurmont Community Event Friday Night Lights



SPONSORED BY  
**Thurmont Eye Care**

April 26, 2013 • From 4 p.m. - 8 p.m.



CHECK US OUT ON  
FACEBOOK FOR MORE  
UPCOMING EVENTS!

Visit Open local businesses, Meet Local Business Owners, Make New Friends, Support your Community, Enjoy Local Music, Open Bar with Wine & Beer, Catered Food, Sample Table Massages, Local On-Site Vendors!

2 East Main Street, Thurmont MD 21788 • www.thurmonteyecare.com



Thurmont Eye Care

FULL SERVICE EYE CARE

- Eye Examinations

for Glasses or Contact Lenses

- LASIK Consultation

Pre-Op & Post-Op LASIK Care

- Emergency Eye Services

24-Hour Emergency Line/240-997-1181

- Eye Glass Adjustment & Repair

**LASIK Information Night**

April 26, 2013 - 4 p.m to 8 p.m.

Check us out on PAGE 21 for more details!



**301-271-0554**

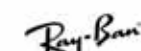
Emergency Contact: 240-997-1181

NIKEVISION

Vera Bradley



Looking for professional & quality care for your vision? Then it's time to meet Dr. Molly Carren, O.D. Over 20 years of experience! in the Optometry Field!



**15% OFF**  
All Sunglasses during the month of April 2013!



We have the most popular brands, including:  
Ray Ban • Wiley X  
Nike Vision • Vera Bradley  
Oakley • Bebe

Mon. & Thurs. 10 am - 8 pm

Weds. - Closed • Tues. & Fri. - 9 am - 5 pm

Sat. - 8 am - 2 pm • Sunday - Closed

Highly Trained Staff • Satisfaction Guaranteed • Great Selection of Any Style

**Twice is Nice**  
Second Hand Store

ELECTRONICS • COLLECTIBLES

BABY ITEMS & TOYS

VIDEO GAMES & SYSTEMS • DVD'S

PAINT BALL EQUIPMENT

HOUSEHOLD ITEMS

**GET 50% OFF**

Buy one Computer Game at regular price and the second one of equal or lesser value for 1/2 price!

**BUY, SELL & TRADE**

**GET 5% OFF!**  
Purchase 3 or more games for Play Station 2. Valid til 4/30/12

**DON'T FORGET WE BUY....**

**Gold & Silver**

Mon, Tues & Thurs 10 AM - 6 PM  
Weds 10 AM - 5 PM • Fri 10 AM - 7 PM  
Sat 10 AM - 4 PM • Sun 12 - 4 PM

**301-271-2403**

5-A East Main Street, Thurmont, MD  
www.tinsecondhand.net



# the health jeanne

by Jeanne Angleberger, *Shaklee Associate for a Healthier Life*

Today, people find themselves frequently serving processed foods to their families. Usually, the reasons being that it can be faster and they lack the time to prepare it from scratch.

Processed foods have less nutritional value, and can cause us many problems. They encompass the foods that have been altered from their natural state.

Why do food manufacturers change a perfectly real food?

Yours truly learned six basic reasons while researching the answer to that question. They are as follows: (1) To improve flavor or color; (2) To balance the acidity or alkalinity; (3) To provide leavening, so flour products, such as cakes and bread, can rise; (4) Preserve freshness, improve taste,

and prevent spoiling; (5) Maintain or improve nutritional value; (6) To maintain consistency of a food's taste and texture.

Begin to educate yourself. Become familiar with the unhealthy ingredients usually found in processed foods. Ones like trans fats, partially hydrogenated and hydrogenated, high fructose-corn syrup, artificial coloring, and MSG, to name a few. Any ingredient you can not pronounce is most likely an additive.

Remember, food manufacturers use man-made ingredients to prolong a food's shelf life. However, we must consider the effect on our health. Creating healthy meals for your family can only be measured in their healthiness!

*"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."*

~ Buddha

**ALLEN'S**  
**BAIL BONDS**  
SERVING ALL OF MARYLAND  
FREDERICK • WASHINGTON  
MONTGOMERY & CARROLL COUNTIES  
• **E-Z PAYMENT PLANS**  
• **24 HOUR SERVICE**  
5257 BUCKEYSTOWN PIKE, #235  
FREDERICK, MD 21704  
CALL US TODAY! **301-271-2122**  
FREEDOM MADE AFFORDABLE

**Tracy's Auto Repair**  
101 Apples Church Road  
Thurmont, MD  
Heavy Truck & Auto Repairs  
Welding • Exhaust • A/C • Tires  
Engine • Transmission • Brakes  
ALL MAKES & MODELS WELCOME!  
Phone: 301.271.0050 Fax: 301.271.0051

**Mike's AUTO BODY**  
Collision & Restoration  
Your friendly neighbors at Mike's Auto Body will help make your auto body repairs and restoration work a breeze!!  
• Professional, courteous service from the office to the shop!  
• **LIFETIME WARRANTY ON ALL REPAIRS**  
• Complete Auto Body and Full-Time Restoration Services  
• All Major Insurance Carriers Accepted  
• Servicing Thurmont for over 20 Years  
• 24-Hour Towing  
• All Makes and Models  
• Car Rentals Available On-Site  
Conveniently Located on along Rt. 15

**YOU BEND 'EM & WE'LL MEND 'EM!**  
Call Mike's Auto Today!!  
**301-271-7626**  
Please be safe...  
**DON'T TEXT AND DRIVE!**  
It's illegal & dangerous.  
12917 Catoclin Furnace Rd., Thurmont, MD



"What's up North, past Sabillasville?" David and I are new to the area and were opening a bank account in Thurmont. Nancy smiled. "You'll find the Mountain," she said. "I was born and raised on the mountain but live in Thurmont now. I got tired of driving the mountain." So began our discovery of South Mountain: Ft. Ritchie, Blue Ridge Summit, Cascade, The Plaza, High Rock, and Pen Mar. The area's history is thick with stories and layered with the lives of generations. It's going to take me a while to explore this area and connect with the people who live here. I have a stack of books from the library and some I've purchased to help me with this project.

Its jurisdiction is complicated. The area straddles the Mason-Dixon Line between two states, Pennsylvania and Maryland, and is part of four different counties. That does confuse things! When we found the Blue Ridge Summit library, formerly a railroad station, I had to apply for another library card since the library is in Pennsylvania. Once inside, it was easy to imagine the comings and goings of train travelers to this area. We had lunch across the street in the former Plaza Restaurant, now called Chapin Gray Grill. Then we began our search for Pen Mar, the summer getaway for city dwellers before the advent of the automobile. We didn't realize the original boarding houses

and inns were gone; all that is left is the community park. We didn't stop but kept driving and found High Rock instead. It was a crisp, cold day but several visitors were sitting at the top in quiet awe. We found our way to the top of the graffiti colored stone and were met with a spectacular, unexpected view of the Cumberland Valley, sitting in a bowl between the Blue Ridge and Alleghenies. Posted signs warned hang gliders to get a permit. A memorial reminded visitors of a family member who died there in the 1960s.

Another time, we stopped at Ft. Ritchie and had a tour of the community center. Impressive. We drove past a man-made lake and stopped at the Pen Mar Community Park, the site of the original park. We walked over the grounds and found the overlook with another remarkable view of the valley below. A wooden sign marks the place where a hand-carved carousel once stood. I heard stories of military towers, Camp David, and hidden tunnels linked to the Pentagon. One morning I met Joan Bittner Fry for breakfast. She shared her writing and her life growing up near the Sanatorium. Excellent resource. Many of us are "newcomers" to the area and I'm counting on the "long-timers" to help me as I explore and write about this unique and rich place called the Mountain. I look forward to some mountain talk.

[www.thecatoclinbanner.com](http://www.thecatoclinbanner.com)

**Decks - Patios & Improvements LLC**  
Patios • Paver Driveways  
Decorative Walls • Stone Fire Pits  
Concrete • Custom Decks  
Walkways • Retaining Walls  
Pool Decks  
Drainage & Erosion Control  
Treated Decks Pole Barns  
Basements • Garages  
Additions, including all types of Home Improvements  
Free Estimates  
MHIC #74344  
**(301) 271-4263**  
[www.frederickpatios.com](http://www.frederickpatios.com)



## Scout News

by Kathleen Knill

### Cub Scout Pack 270 Celebrates 58 Years of Scouting in Thurmont

This year, Boy Scouts of America celebrated 103 years of Boy Scouting in America, and we celebrated 58 years of Cub Scouting in Thurmont. To celebrate, Pack 270 held its annual Blue and Gold Banquet on February 17, 2013, at American Legion Post 168 in Thurmont.

Sheriff Jenkins and Pastor Richard Broome of Weller UMC were special guests for the celebration, which included a pot luck dinner prepared by pack families and a magic show from Illusions by Vic that kept all of the Scouts enthralled. Recognitions were given to Scouts who had earned their rank badges, as well as to those who are continuing on the path to become Tigers, Wolves, Bears or WeBeLoS. A slide show prepared by

pack parents and lots of Blue and Gold cupcakes capped the evening.

The Scouts would like to thank all of the pack committee members, leaders, parents, and volunteers who work so hard during the year to support us in so many different ways. Pack 270 would also like to extend a special thank you to the American Legion Post 168, Thurmont, for supporting Cub Scouting in Thurmont and for making Scouting and so many other opportunities available in our community. Your dedication is reflected in the enthusiasm that Scouts of all ages displayed at the Blue and Gold Banquet.

### Inauguration Made Special for Two Local Scouts

Two graduates of Cub Scout Pack 270, AJ Child and Alex Mayhew, along with Scouter Colby Child, were given the chance among 750 Boy Scouts to be a part of the 44th Inauguration and witness the inauguration of President Barack H. Obama on Monday, January 21, 2013.

AJ and Alex were proud to be among those chosen to take part in the day's events and demonstrate the meaning of Scouting. Scouts helped with crowd control, directing and escorting dignitaries to their seats, and, then, when all of the day's events came to an end, they had the biggest job of all: cleaning up. "Afterwards, we're going to do our best to make it better than it

was before the Inauguration," said AJ. One of the things that scouting teaches is "Leave no Trace."

"One of the things we like to say in Scouting is: the one who passes on with the most stories wins. That's what Scouting is all about, making stories," said Colby. AJ and Alex made memories they will never forget and have stories to tell for years to come. Alex is an Eagle Scout with Boy Scout Troop 270, Thurmont, and serves as Den Chief for Pack 270 Den 3. AJ is a Tenderfoot Scout with Boy Scout Troop 1011, Woodsboro, Maryland. Colby Child serves as Pack 270 Pack Trainer, Troop 1011 Assistant Scoutmaster, and District Trainer for the Catoctin Mountain District of the BSA.

### Scouts Celebrate "Scout Sunday"

Scout Sunday is an opportunity to celebrate the anniversary of the beginning of Scouting in America and for the Scouting family to recognize the contributions of young men and of adults. Boy Scouts of America designates the first Sunday that falls before February 8 as Scout Sunday. This year that date was Sunday, February 3, 2013. Scouts were encouraged to wear their uniforms to church on Sunday to mark this anniversary.

Thurmont United Methodist Church and Weller United Methodist Church were among the local churches that recognized Scouts on Scout Sunday. The sanctuaries

were filled with Scouts and leaders in uniform, as Scout Sunday services were attended by members of Thurmont and Emmitsburg's Girl Scout Troops, Scouts from Thurmont's Pack 270, Venture Crew 270, Varsity Team, and Troop 270, and Scouts from Woodsboro's Troop 1011. During the service, former and present Scouts and leaders were acknowledged and Scouts recounted a story of how the Scouting program was brought to America. Boy Scouts also recited the 12 points of the Scout Law, the 12th point of the Law fittingly being that a Scout is Reverent.

Affordable Self Storage

### Need Room? Too Much Clutter? Let us store it for you!



**NOT JUST FOR PUBLIC!  
FOR BUSINESS TOO! CALL TODAY!**  
Conveniently located on Maple Drive  
Across from Thurmont Feed Store

**301-271-7455**

### PATRONIZE OUR ADVERTISERS!

*The Catoctin  
Banner*

*The Catoctin Banner  
exists due to the  
advertising support of  
those featured in each  
issue. Be sure to patronize  
our advertisers.*

### Now offering Truck Accessories!! MAIN STREET UPHOLSTERY

*Specializing In Custom Interiors*

Convertible Tops • Leather Seats  
Carpets • Headliners

**301.271.2298**  
[mainstreetuph.com](http://mainstreetuph.com)

**HOURS**  
Monday - Friday 8-5  
Saturday by appointment

**FREE ESTIMATES • LOW RATES**

### KEN'S LAWN SERVICE

Serving Northern Frederick County



MOWING  
TRIMMING  
SHRUBBERY  
LEAF REMOVAL

*Quality Service for you  
and your yard!*

**Call 410-984-2183**

Check out our...

### Spring Specials

## R.L. Delphey

Home Improvement Specialist



**Est. 1978**

<b>About Us:</b> <ul style="list-style-type: none"> <li>Locally Based Company with Over 30 years of Experience</li> <li>Professional Workmanship</li> <li>Fair and Competitive Pricing</li> <li>Licensed Contractor &amp; Fully Insured</li> </ul>	<b>What We Do:</b> <ul style="list-style-type: none"> <li>Garages &amp; Additions</li> <li>Painting - Drywall</li> <li>Decks &amp; Sun Rooms</li> <li>Laminate Flooring</li> <li>Windows &amp; Doors</li> <li>Kitchens &amp; Bath</li> <li>Finished Basements</li> <li>Siding &amp; Gutters • Roofing</li> </ul>	<b>Contact Us:</b> <p>Call today! <b>301-271-4858</b> <b>240-674-4596</b> Or E-mail us at: <a href="mailto:DCINC10982@msn.com">DCINC10982@msn.com</a> <b>MHIC10982</b></p>
--	--	--

## LASIK Information Night

**Have you ever thought about LASIK?**

**Ask Questions & Get Answers!**

- Meet with a TLC Laser Center Representative!
- Do you have a current Eye Care Prescription?
- Will your Prescription work with LASIK?
- Find out the costs of LASIK & Financing Options!

**CHECK US OUT ON PAGE 19**

**April 26, 2013 • Thurmont Eye Care**  
4 p.m. - 8 p.m. (DROP IN) For More Info, Call Us Today!  
2 East Main Street • Thurmont, MD 21788 • 301-271-0554



# Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, short stories, art, photography, and the like, we welcome you to send us your entries at [news@thecatoclinbanner.com](mailto:news@thecatoclinbanner.com). Let your creativity shine.

## A Spring Morning

by Dorothy Coyle, Cascade, Maryland

Oh, what a beautiful sunrise,  
the promise of a beautiful day!  
But suddenly clouds move in;  
a storm is on the way.

The lightening flashes across the sky;  
the thunder rumbles close behind.  
In the wake of a sudden downpour  
all God's creatures do shelter find.

The morning brings an overcast sky;  
everything looks dreary.  
But the robins are enjoying their breakfast  
pulling earthworms from the ground.  
I'm sure there's more than enough to go  
around.

## Photographer of the Life Sciences

Steve Ferendo, Photographer of the Life Sciences, was the guest speaker at the 28th Annual Dinner of Friends of Big Hunting Creek, held on Saturday, March 16, 2013, at Green Top in Catoclin Mountain Park. Mr. Ferendo is now a wild life photographer, after recently retiring from his career position as a field photographer with the military. For more information about Mr. Ferendo, please email [steveferendo@hotmail.com](mailto:steveferendo@hotmail.com) or visit <http://naturalworldthroughmycamera.blogspot.com/>.

The Friends of Big Hunting Creek is a group of concerned fly fishermen who work to restore and preserve Big Hunting Creek, trying to ensure the best possible fishing for everyone, now and in the future.

The Friends of Big Hunting Creek will hold a Big Hunting Creek stream clean-up day at 9:00 a.m. on April 20, 2013. For more information about the Friends, please email [friendsofbighuntingcreek@yahoo.com](mailto:friendsofbighuntingcreek@yahoo.com).

(right) According to Steve, "One of the most advantageous traits of the mink is that, like its' cousins, the weasel and wolverine, it is fearless and does not retreat in the presence of humans." In many of the photos Steve has taken, the mink is looking at him with no indication of alarm.



(left) Steve discovered two Black Vultures on a pass through the Catoclin Creek Park and Nature Center, imagining the conversation they would be having if they were human.



(right) A Carolina Wren.

To view more photos by Steve, visit <http://naturalworldthroughmycamera.blogspot.com/>.

## Eulogy Written for Doris Mae (Duke) Suher 1927-2013

by son, Warren

I have a question for you. IS THERE A GOD?

Have you ever looked at a beautiful sunrise or sunset  
And thought THERE MUST BE A GOD!

Have you ever stood awestruck at the majesty of a great mountain range  
And thought THERE MUST BE A GOD!

Have you ever stared at a full moon, or at the stars on a moonless night  
And thought THERE MUST BE A GOD!

Then how much more than all of these is a MOTHER?

A MOTHER is the embodiment of everything that JESUS is and stands for.

She is a teacher of many things. Among them: Love and Compassion.

She is a healer and giver of life. And the list goes on FOREVER.

Just like a MOTHER'S LOVE AND OUR SAVIOR'S LOVE,  
GOD has surely blessed this world with the gift of MOTHERS.

## Art Contest: "The Whole World in His Hands"

Students in grades K-8 are invited to participate in an Art Competition at Harriet Chapel in Thurmont. Items will be displayed at the Sarah's Garden Social on May 11, 2013, and over \$100.00 in prizes will be awarded that day. The theme will be "The Whole World in His Hands." The pieces should reflect the theme, must be self-standing, and must be three-dimensional such as sculptures, dioramas, craft items, etc. Each piece must be an original work, not made from a kit, and must include three items that are "recycled" from around the house such as egg cartons, cans, broken toys, items from the yard, etc. All items must be submitted between May 1-8, 2013. Contact Harriet Chapel at 301-271-4554 or visit the website at [www.harrietchapel.com](http://www.harrietchapel.com) for an entry form and/or for more information.

Cheryl Bottomly - Owner

# C&K Grooming & Doggie Salon

Full Groom - \$35.00

Senior Citizens - \$28.00

Doggie Baths - \$10.00 Nails - \$5.00

Business Hours • 301-271-7813

Mon. - Sat. • 9 AM - 1 PM By Appointment Only

13717 Hillside Ave., Thurmont, MD

\*Please provide 24 hr. notice upon cancellation





## 2013 Thurmont Business Expo — Continued from cover page

to providing the same experience at their store.

There were lots of free drawings. Several historical societies and the Catoctin Wildlife Preserve and Zoo had tables. As a first time attendee, I noticed that this event was a great place to take the entire family on a Friday night. It is a great example of how Thurmont businesses and community members come together to support each other. What a great reminder to shop our local businesses first; their success is the strength of our community.

I would be remiss if I didn't help the Expo Committee and the Thurmont EDC thank those who supported the event. Thurmont Eye Care, Tecjunkies, and Woodsboro Bank were Gold Sponsors, while Silver Sponsors included Kinnaird Memorials, Stauffer Funeral Home, Gateway Printing, Catoctin Mountain Tub & Spa, *The Catoctin Banner*, Speed Sign & Designs, Powell Insurance, and The Tourism Council of Frederick County.



by Alban Little

Nattiest Costumes went to Sharon and Wayne Martin of Rock Creek Realty.

According to the Expo's Chairperson, Diana Stull of The Beauty Parlor, plans will soon be underway for the 10th annual Expo. During the Thurmont EDC's Expo Committee's next planning meeting, a special theme and special activities will be first on the list of things to discuss.

## 2013 Easels in Frederick Expands to All of Frederick County

Thirty professional, juried artists from around the nation will descend upon Frederick County beginning June 18 to paint en plein air (in open air) as part of the third annual Easels in Frederick. The artist's completed works will be judged, exhibited, and sold at the William Talley Recreation Center in Frederick's Baker Park, June 21-22.

While the event's painting area had been limited to downtown Frederick in years past, the 2013 event will allow artists to paint anywhere in Frederick County. "Frederick County has so many diverse and beautiful locations, from the Catoctin Mountains to the rural landscapes and small towns," said Ms. Ginger Edington, who is co-chairing the event with Marita Stup and Connie Schlee. "The committee felt it would be beneficial to the artists, the public, and the community at large to expand the geographic painting area this year."

County residents are encouraged to offer suggestions of locations where artists might paint, whether it be on private or publically-held land.

Following four days of intense painting, artists will submit their paintings for exhibition and judging, vying for cash prizes of \$14,000. Recognized Pennsylvania-based plein-air painter Rob Donoughe will serve as the event judge, determining which work will be the recipient of awards, including the \$5,000 grand prize.

"The exhibition of more than 100 paintings is really an artistic celebration of Frederick County," said Ms. Loose. "There is really something breathtaking about seeing local scenes captured on canvas in a way no one has before. It's a great display for anyone who appreciates art and the area's striking beauty."

Winners will be announced at the Collectors Preview on Friday, June 21, 7:00-9:30 p.m., a \$50 ticketed event with wine and hors d'oeuvres, where ticket-holders have the first opportunity to see and purchase the artwork and to vote for the Collectors Choice winner. On Saturday, from 1:00-6:00 p.m., the exhibit opens to the public free of charge and offers attendees the chance to vote for the People's Choice prize recipient.



Courtesy Photo

Unlike previous years, in which painting was limited to downtown Frederick, Maryland, the 30 juried artists participating in the 2013 Easels in Frederick event will have the opportunity to paint anywhere they choose in Frederick County. Event committee members welcome suggestions from the public for interesting painting locales. More than 100 paintings executed by the artists June 18-21 will be displayed and sold at the Grand Exhibition on June 21-22 at the Wm. Talley Recreation Center at Baker Park in Frederick.

The event also includes a Saturday morning Quick Draw contest on June 22 from 9:30-11:30 a.m., that will take place on six blocks of downtown Frederick and is open to artists of all experience levels. Approximately 70 artists participated in last year's timed "paint against the clock" event. For 2013, the Quick Draw contest will offer \$1,500 in cash prizes and the ability for artists to sell their work on the spot.

Easels in Frederick is produced by a committee of volunteers and made possible financially through art exhibit sales and the financial support of local residents and businesses. Easels in Frederick is a partner of the Frederick Arts Council, a 501(c)(3) organization, making contributions and ticket purchases tax deductible within the limits of the law.

To learn more about sponsorship opportunities, contact Carolyn Greiner at 301-865-0934. To suggest a location for the artists to paint, contact Marita Loose, 301-662-9435 or email [info@easelsinfrederick.org](mailto:info@easelsinfrederick.org).

Registration for the Quick Draw contest and ticket information concerning the Collectors Preview will be available April 1, 2013, on the event website: [easelsinfrederick.com](http://easelsinfrederick.com).

The Thurmont Economic Development Committee presents the:

# 2013 THURMONT Business Expo!

The Expo Committee and the EDC  
Would like to **THANK** our Sponsors!

**GOLD SPONSORS**

**Thurmont Eye Care • Tecjunkies**

**WOODSBORO BANK**

**SILVER SPONSORS**

Kinnaird Memorials • Stauffer Funeral Home  
Gateway Printing • Catoctin Mtn Tub & Spa  
The Catoctin Banner • Speed Sign & Designs  
Powell Insurance • Tourism Council of Fred Co.

**also Thanks! to all the residents who attended and saw our local participating businesses!**

### Share Your Creative Side

Email to: [news@thecatocinbanner.com](mailto:news@thecatocinbanner.com) • Fax to: 301-447-2946

Mail to: 515B East Main Street, Emmitsburg, MD 21727





Photo of cake by John Kinnaird

## Guardian Hose Company, Inc. Holds Annual Banquet, Marking 125 Years of Volunteer Service

The Guardian Hose Company held their annual banquet on March 2, 2013, to mark the completion of 125 years of volunteer service. During the banquet, several members received awards for length of service and for top responders. The year 2012 marked the 125th year milestone for the organization, which was started when Thurmont was known as Mechanicstown. Today, the company has over 200 members, 8 pieces of apparatus, and has responded to over 500 emergency responses during the year.

For the second year in a row, the Guardian Hose Company awarded a Scholarship to two recipients in memory of Past Chief and Life Member, James Mackley. Recipients Kaitlynn Portner and Rachel Fogle both received a \$500.00 scholarship award. The scholarship funds are raised during the annual golf tournament, held at Maple Run Golf course in Thurmont. This year's tournament will be held on September 20, 2013.

### 2013 Officers

The company officers were given the oath and sworn in by Charlie Abrecht, representing the Maryland State Firemens Association. The 2013 Officers of the Guardian Hose Company are: President, Wayne Stackhouse; Vice President, Terry Frushour; Secretary, Robert Oxendale; Assistant Secretary, Lori Brown; Treasurer, Russell Schantz; Assistant Treasurer, William Zentz; Chief, Chris Kinnaird; Assistant Chief, Carroll Brown; Captain, Kevin Welch; Lieutenants, Will Gue and Blaine Schildt.



2013 Officers  
2013 Officers of Guardian Hose Company being sworn in by Charles Abrecht of Maryland State Fireman's Association.

Courtesy Photos

### Looking for Something Fun to Do?

Check the **Community Calendar** on page 35 to view the calendar for events of interest, including bingos, breakfasts, dinners, dances, programs, benefits, and much more!



(Left) Rachel Fogle is presented with a scholarship by Guardian Hose Company President, Wayne Stackhouse.

Scholarships were given in memory of Past Chief and Life Member, James Mackley.

(Below) Kaitlynn Portner is presented with a scholarship by Guardian Hose Company, President Wayne Stackhouse.



## We Invite You to Share Your Good News!

- news@thecatocinbanner.com •
- Message Line 240-288-0108 •
- Publisher's Line 301-447-2804 •
- Fax 301-447-2946 •

## Your community's Trusted Auto Repair since 1969



### QUALITY SERVICE & KNOWLEDGE YOU CAN'T BEAT!

- Complete Automotive Service
- Two ASE Certified Master Techs
- NAPA NIAT Diesel Techs On Hand

Check us out at  
**hisplaceautorepair.com**  
or like us on Facebook!

**SAVE THE DATE**  
Get your ride ready!  
The 4<sup>th</sup> annual His Place  
Car Show is on it's way!  
**MAY 11, 2013**

**Receive 10%  
OFF your Bill!**

Cash Only. Valid until April 30, 2013. Cannot be combined with any other offer.

**Don't Forget! Flea Market Spaces Still Available...**  
**Call His Place to reserve your space!**



**Call Us Today!**

**301.447.2800 • 1.800.529.5835**  
**M-F 8:00 a.m. - 5:30 p.m.**



# looking back — 1923

## The Unstoppable Thurmont Sluggers

by James Rada, Jr.

Baseball has always been a popular pastime in Frederick County. The county has had professional, semi-professional, and amateur teams, often engaged in fierce competition for the title of league champion.

In the 1920s, Thurmont had an amateur baseball team that played in an eight-team county league, along with teams from Mt. Airy, Emmitsburg, Point of Rocks, New Market, Woodsboro, Middletown, and Brunswick.

Woodsboro emerged at the top of the heap at the end of the 1922 season. And when the 1923 season started, it was expected that they would again reign victorious. They met with a problem, though. It was Thurmont's baseball team.

Near the end of July 1923, Woodsboro and Thurmont met at the Woodsboro baseball field for their first game against each other during the season. It was one of the largest crowds ever to turn out for a baseball game in Woodsboro. Not only were the two towns close

enough in distance for a large crowd to turn out for the game, but it was a game between the two top teams in the league. Woodsboro was the defending champion and Thurmont was—at this eighth game of the season—still undefeated.

It was expected to be the clash of the titans. Instead, it was a continuation of the juggernaut that was the Thurmont baseball team of 1923. Thurmont "swept the Woodsboro lads entirely off their feet," reported the *Catoctin Clarion*.

Though Woodsboro led at the end of the first inning, 2 to 1, it was the last time they led and also the last time they would score until the eighth inning. The final score was Thurmont, 23 and Woodsboro, 3.

"Sammy" Freeze, pitching for Thurmont, had his opponents entirely at his mercy, allowing but four scattered hits, while Fox, pitching for Woodsboro, was touched for twenty-five hits, many of them being for extra bases," reported the *Catoctin Clarion*.

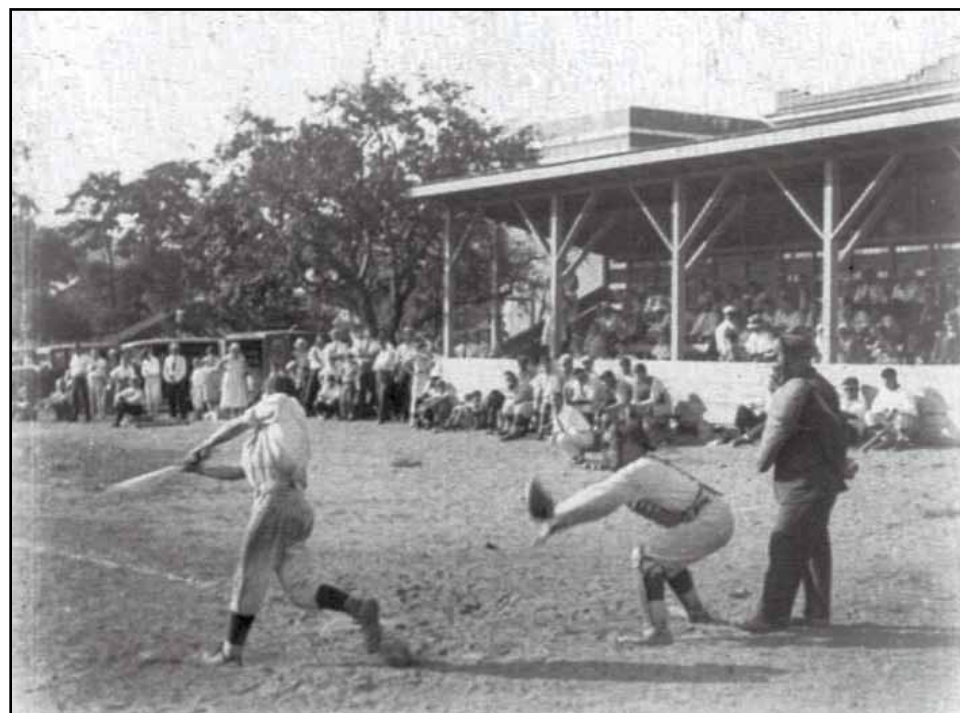


Photo Courtesy of the ThurmontImages.com

Picture shows Thurmont's baseball team playing a game during the early 20th Century.

On the hitting side, shortstop Ed Creeger led the way with six hits out of his seven times at bat.

"Time after time were the locals robbed of what looked like sure hits. So there was only one thing left for them to do and that was slug 'em out over the heads of the outfield—and 'Sammy' wouldn't let 'em do that—so they were sort o' between the devil and the deep sea," the *Catoctin Clarion* reported.

The game lasted 2 hours and 25 minutes, though it was delayed for a few minutes by a bumblebee. It flew into the left armpit of Woodsboro's catcher, Lynn Smith, and decided that it was a fine place to stay, much to Smith's consternation.

Smith was also involved in another unusual incident during the game. "With the bat resting on his shoulder, he stepped forward to

evade a high ball close to his head. The ball hit the bat back of his head and dropped about three feet in front of the plate. Ecken threw him out at first," the *Catoctin Clarion* reported.

Coach "Eddie" Hooper was a very happy man at the end of the game, as Thurmont remained undefeated. In the eight games played so far in that season, Thurmont had scored 127 runs, as opposed to the 27 scored by its opponents.

"But what happened to Woodsboro? Were they over-trained? Was it nervousness or was it their off day?" the *Catoctin Clarion* asked.

Not that the reporter worried much about it. At the end of the day, Thurmont was still undefeated.

### The Oldest Country Store in Frederick County

Located off Rte. 15, from Powell Rd., At the corner of Powell Rd. & Mountaindale Rd.

## Mountaindale Convenience Store

- The best local Country Fried Chicken on demand!
- Fresh made BBQ, Steak & Cheese Subs and Pizza from our Store Deli!
- A large selection of Wines, Liquors, and Beer!

Call us ahead to place an order! **Phone: 301-898-7338**



2 - 16" LARGE PIZZAS  
1 TOPPING INCLUDED  
**\$17.99**

**ATM Machine**



**LOWEST GAS PRICES AROUND!**

## EAST PARK AUTOMOTIVE, INC.

Make sure your vehicle is in tippy top shape for Spring!



**FULL SERVICE AUTO REPAIR**

Tire Repair & New Tire Sales  
Mounting & Balancing  
Hydraulic Hoses & Fittings  
Custom Made Battery Cables • Local Vehicle Pick Up & Delivery • ASE Certified Mechanics  
Certified Diesel Technician  
BG Coolant System Flush & Refill  
BG Transmission Flush & Refill

1 Creamery Way, Emmitsburg, MD

**301-447-3560**

VISA & MASTERCARD ACCEPTED

## Your Hassle - Free Local Home Buying Team



**Rich Shank**  
Broker/Owner

Shank & Associates Realty, LLC  
60 Water St., Thurmont, MD  
301.271.1122 (O) • 301.471.2953 (C) • 240.696.4507 (F)  
Licenced in MD & PA  
www.shankhomes.com

**SHANK & ASSOCIATES**  
REALTY  
PROPERTY SALES & MANAGEMENT




**Kim Delauter**  
Senior Loan Officer

30 West Patrick Street, Suite 300  
Frederick, MD 21701  
301.712.9703 (O)  
301.748.1141 (C)  
kdelauter@embracehomeloans.com



In the Nation, we play favorites.



Instead of one company for auto protection, another for home and another for life, you can just go with the one that offers the protection you need. Where you could **save up to 25%**, just for trusting one company to help protect all the things you love. We put members first, because we don't have shareholders.

Join the Nation of one-stop shoppers.

**Join me in Thurmont**  
**Chester T. Zentz III, LUTCF, CLU**  
**Lori J. Zentz, MBA, CLU**  
**130 E. Main Street, Thurmont**  
**301-271-2438 301-662-9549**



**Nationwide<sup>®</sup>**  
**Insurance**

*Nationwide is On Your Side.<sup>®</sup>*

Products underwritten by Nationwide Mutual Insurance Company and Affiliated Companies, Columbus, Ohio. Savings compared to standard one policy of each auto, home and life policy. Savings based on new customer data from May 2010. Not all Nationwide affiliated companies are mutual companies and not all Nationwide members are insured by a mutual company. Nationwide, Nationwide Insurance, the Nationwide trademark, Nationwide is On Your Side and Join the Nation are service marks of Nationwide Mutual Insurance Company. ©2012 Nationwide Mutual Insurance Company. All rights reserved. NIP-152048 (02/12)




Julie McGhee, Owner

# WINDOW WORX

**Storefront  
Residential  
Window  
Cleaning  
Maintenance  
& Repair  
Eco Friendly**

**Office # 240-818-4377  
Cell # 301-712-8333**

The background of the advertisement is a photograph of stone masonry work, showing various textures and colors of stones. The text is overlaid on this background. The company name 'STONE WORX' is at the top in large, bold, red letters with a 3D effect. Below it, 'Locally Owned' is in a smaller, bold, black font. The next line is 'SPECIALIZING IN STONE VENEER FOR' in a medium-sized, bold, black font. This is followed by 'FIREPLACES, HOUSE FRONTS, FOUNDATIONS, AND CHIMNEYS' in a larger, bold, black font. The phone number '443-536-5902' is prominently displayed in the center in large, bold, black letters. Below the phone number, 'ALL TYPES OF FLAGSTONE' is in a medium-sized, bold, black font, followed by 'WORK FOR WALKS, PATIOS & PORCHES' in a larger, bold, black font. At the bottom, 'Quality Craftsmanship' is in a medium-sized, bold, black font, and 'New Construction & Remodeling' is in a larger, bold, black font.

**STONE  
WORX**

**Locally Owned**  
SPECIALIZING IN STONE  
VENEER FOR  
FIREPLACES, HOUSE FRONTS,  
FOUNDATIONS, AND CHIMNEYS

**443-536-5902**

ALL TYPES OF FLAGSTONE  
WORK FOR WALKS,  
PATIOS & PORCHES

**Quality Craftsmanship**  
New Construction & Remodeling



## Thurmont Lions Club News

Lions Club District 22-W, which includes the Thurmont Lions Club, will soon be receiving special recognition. Watch for an article in the April 21 issue of *USA Weekend* magazine (carried by many newspapers) about Make A Difference Day, the largest national day of helping others. There were many District 22-W Lions Clubs projects, one of which was the Thurmont Lions Club's donation of 3,500 books to local schools. Ten individuals and/or organizations throughout the nation, who stood out as they made a difference for others, have been chosen. The article will announce that Lions District 22-W has been selected as one of those ten award winners throughout the entire United States—each of the ten will receive \$10,000 from Newman's Own for a chosen charity. The money awarded to Lions District 22-W will be donated to the Lions Vision Research Foundation and Lions Saving Kids' Sight.

Patronize the Advertisers in *The Catoctin Banner*!

**You're Invited!**  
Celebrating a Year of Firsts at Good News!  
**1st Anniversary Service**  
**April 7, 2013**  
**Starting at 3:00 p.m.**

**Good News Baptist Church**  
Fort Ritchie Community Center  
14421 Lake Royer Dr., Cascade, MD  
For More Info: 301-241-5058  
www.goodnewsmountainvalley.com

**GET YOUR PLANTS NOW!  
HAVE FRESH  
VEGETABLES ANYTIME!!**

**STOP BY AND VISIT  
OUR 'GREEN' HOUSE!**

Tomatoes, Peppers, Squash, Cabbage,  
Broccoli, Cauliflower, Thyme, Dill,  
Parsley, Rosemary & Much More!

**LANDSCAPING  
SERVICES**  
We have Mulch for Sale!  
Mowing • Brush Removal  
Trimming • Mulching  
Lawn Maintenance

**OPENING APRIL 19<sup>th</sup>  
Fri & Sat 9-5, Sun 10-3**

**MOUNTAINSIDE FARM**  
15038 Kelbaugh Rd • Thurmont, MD • 301-271-7563

**Give your child the head start they need...  
Give them the Gift of Learning.**

**Quality Childcare • Affordable Rates • Flexible Schedules**  
We even offer Transportation to Local Schools!

**18 months to 12 years • Full & Part Time Schedules**  
Preschool Curriculum • Activities  
Nutritious Breakfast, Lunch & Snacks (No Extra Cost)  
Special Center Events • Story Time • Outdoor  
Adventures • Arts & Crafts • Educational Curriculum  
Enroll now & receive your first week's of tuition FREE\*

16840 S. Seton Ave., Emmitsburg, MD 21727  
**Emmitsburg Early Learning Center**  
(301)447-6100 • www.luvyourkids.net • Proud to be a 501(3)(c) Non Profit Agency!

## The Pet Corner by Angie Speak

### GREAT DANE UP FOR ADOPTION

This month's "The Pet Corner" features a 4-year-old male Great Dane up for adoption: Havic.

Havic is a sweet boy looking for a loving owner and home. He is healthy, neutered, and house trained, but needs to get up-to-date on his booster shots. His color is mainly black with some white. He loves to walk along-side of you; however, he needs someone willing to work with him as he is not used to being on a leash or on a chain. He appreciates back rubs and will sit on your lap if you let him. He has a stuffed elephant that he loves and also sleeps with. Havic is very nervous around cats and small children, and sometimes doesn't realize his big size. So, whoever adopts him cannot have small children or cats—teenagers or older would be fine. He has never bitten or snapped at anyone, and he does get along well with other dogs.

He would make a great companion and best friend to someone who has the time for him. If you have room in your heart and



Courtesy Photo

Havic is a 4-year-old Great Dane who is up for adoption.

in your home for Havic or would like to set up a visit with him, please contact Carie at 717-689-5551 or chime115@yahoo.com. Re-homing fee of \$100 applies. Havic presently lives in Emmitsburg.

www.thecatocinbanner.com

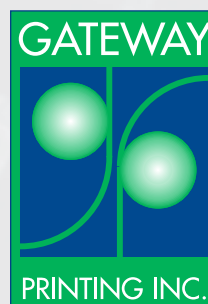
## GET RESULTS ADVERTISING IN...

### THE CATOCTIN BANNER

• Full Color • Affordable • Effective

Phone: 301-447-2804

Email: ads@thecatocinbanner.com



603 East Main Street  
Thurmont, MD 21788

301.271.4685 Ph  
301.271.3634 Fx

mail@gateprint.com  
www.gateprint.com

Gateway Printing, Inc. has been offering quality printing to the area since 1982. We specialize in providing printing and related communication services to individuals and companies through out the tri-state area. Gateway Printing provides a range of graphical services, including one to four color conventional printing, prepress, finishing, and direct mail.

### Call Us Today For Your Free Quote!

Brochures  
Newsletters  
Books  
Letterhead  
Envelopes  
Business Cards  
Flyers  
Labels  
Carbonless Forms

Wedding Invitations  
Rubber Stamps  
Black & White Copies  
Color Copies  
Fax Service  
Full Bindery Service  
Mailing Service  
Graphic Design  
And So Much More!

*Full Service Commercial Printer*



# our neighborhood veterans

by Jim Houck, Jr.

## Francis X. Elder American Legion Post 121 – 77th Birthday Celebration

On Saturday March 9, 2013, Auxiliary Unit 121 held a birthday dinner and program to celebrate the 94th birthday of the National American Legion Organization and also the 77th birthday of Francis X. Elder American Legion Post 121.

Unit 121's President Penelope (Penny) Adams welcomed everyone and then asked everyone to please stand, and with Colors being in place, asked everyone to render a right hand salute to our American Flag. while all were standing Penny asked Rich Kapriva to Bless everyone with an opening prayer. When Rich ended the prayer Penny asked Doug Adams, 1st Vice Commander (Commander Dale Valentine was unable to attend) to lead everyone in The Pledge of Allegiance to our Flag. Doug, after everyone was seated, made some opening remarks about the American Legion as an Organization and some of the accomplishments made in the last 94 years, then he gave a terrific speech about The American Legion and how and why it was formed. After the applause for Doug's speech Penny took the podium. She introduced Unit 121 Officers that were present, Dotty Smith - Historian, Deb Cool - Membership Chair, The Ladies stood as Penny introduced them and they each received a vigorous round of applause. Penny then introduced a special guest, Western Maryland's District President, Marilyn Hembrock. President Hembrock spoke about the 94th Birthday of the American Legion and about the induction of and the importance of the American Legion Auxiliary and the Sons of the American Legion. She gave a very nice presentation and the

audience showed their appreciation with a big round of applause. Penny then introduced me, Jim Houck Jr. Squadron 121 Commander, and I thanked Madame President. I then thanked members and guest for attending our F.X.E. Post 121's 77th Birthday Celebration. I explained that our Post was first chartered in 1920 and was named Francis X. Elder American Legion Post 75. Post 75 was the beginning of American Legion activities in the Emmitsburg community. The members that formed Post 75 did not have a regular post to meet at, so each member took turns holding meetings in their homes. Their charter was revoked because they did not have a stationary post and enough membership.

Francis X. Elder American Legion Post 121 Department of Maryland was organized March 12, 1936 by Lester J. Damuth and his committee. State Commander Charles S. Houck, of Walkersville, addressed the Veterans and assisted in the organization of the new post. Veteran members of Post 121 at that time were John H. Rosensteel Jr., C.C. Combs, Charles J. Rowe, Louis H. Stoner, Clarence Baumgardner, Gerald N. Ryder, Lester J. Damuth, Maurice H. Moser, Clarence G. Frailey, James M. Alvey, J. Ward Kerrigan, George Wagerman, Raymond Baumgardner, Guy C. Angell, and J. Ralph Angell. We at Post 121 can give thanks to our "Founding Fathers" for giving us such a strong base that makes us a strong organization today. I am proud to be a member of this great family at Post 121, and we The Sons Squadron 121, have and will continue to aide in



Photo by Jim Houck, Jr.

Francis X. Elder American Legion Post 121

keeping this post moving in the right direction.

I am very fortunate to have best officers and members a commander could hope to have. We have some members that have been with us since Squadron 121's Charter was formed. I look to my officers and members for guidance in all my decisions for helping improve our unit and our post. I appreciate the support of all my officers. Mark Zurgable - 1st Vice Commander, Mike Hartdagen - 2nd Vice Commander, Gary Stouter - Finance Officer, Fred Hoff - Adjutant, Dick Fleagle - Chaplain, Tim Hane - Sergeant at Arms, Jerry Clem - Historian. I have Certificates of Appreciation to present to all my officers (some were presented at our birthday celebration). I thank all my officers and participating members for making me look good.

Jeff Seiler, Western MD. District Commander was invited but could not attend because of a previous engagement. Bill Hill, SAL Detachment Commander was also invited but was unable to attend because of a previous engagement. They both wish all members a Happy American Legion Birthday.

Doug Adams introduced with honor Louis Smith - SGT. at Arms, Ronnie Cool Jr. - Past Commander, Ronnie Rosensteel - Past Commander and Legionnaire Guest John Sharp - 1st Vice Commander for Western MD. District.

Penny Adams gave some closing remarks and then asked everyone to stand and Deb Cool gave the Benediction. Doug Adams led everyone in Retiring our Flag with a right hand salute. Penny then announced a fifteen minute break so the meal could

be put on the buffet table. After the break, Fred Hoff gave grace and everyone lined up for a bountiful feast. The program was good and the Birthday Dinner even better. We had a very good American Legion birthday cake, baked and decorated by Wanda Valentine. Thank you Wanda I had two pieces and enjoyed both. I can't do that very often or I will ruin my hourglass figure.

I have said it before and I repeat: I am proud to be a member of the great family we have at Post 121 and I thank the Veteran Membership, Auxiliary Unit 121 and especially Sons Squadron 121 for letting me be a part of this great family.

I wish the American Legion a Happy 94th Birthday.

I wish F.X.E. American Legion a Happy 77th Birthday.

God Bless Veterans and The American Legion Family.



Photo by Dotty Smith

Marilyn Hembrock, Western Maryland District President.

### WE FIX IT ALL... INCLUDING...

**CRAIG'S**  
**Mower & Marine Service**

Mowers • Chain Saws • Tillers  
Generators • Snow Blowers  
Boats • Pontoons • Trailers  
Inboards & Outboards

It's the season...  
For Fishing, Mowing &  
BOATING!

Call Craig for all your  
springtime needs!

Get your  
Crab &  
Fishing  
License  
Here!

**Call Craig Today!!**

14736 A MUD COLLEGE ROAD • THURMONT, MD 21788 • 301-271-2196



## community veteran event board

### Send your Veteran Organization's News to:

- Phone 301-447-2804 • Fax 301-447-2946 •
- news@thecatocinbanner.com •

### Thurmont American Legion, Post 168

Spring has sprung! Here at the Legion we are geared up for a fun month.

Our Kitchen, with Vicky and Jimmy, is serving up some pretty good food. There is a different special for Thursday, Friday, and Saturday evenings, as well as the "Best Burger" this side of the Flats. The hours are from 5:00 p.m.-8:00 p.m.

We have several exciting things planned for April. On April 12, 2013, Ralph Gann will be doing Karaoke; on April 26, 2013, DJ Jake will also be treating us to some good sounds from the past and present.

We are pleased to announce that on April 20, 2013, we will have from the Barns at Wolf Trap, RED LINE, a musical powerhouse from the Metro DC Area. Their style of music is classic to modern rock and more. For more information, contact the Legion at 301-271-4411. Come on down, and show these guys from the "city" how we have a fun time!

Thurmont Dance Club will hold their monthly dance on the April 27, 2013. Come on out and see how much fun real dancing can be. In June 2013, the Rock & Roll Relics will be playing for the Dance Club; this should be a really good time for everyone.

Meetings for April 2013 are: SAL—April 11; Vets—April 16; and the Auxiliary—April 18.

We will be doing Karaoke with Ralph Gann on May 10, 2013; on Saturday, May 11, 2013, we will be holding a dance featuring Sticktime—bring a snack and have some fun.

On May 4, 2013, there will be a Steak & Shrimp Feed. Tickets are \$20.00 each, which includes one N.Y. Strip steak and one pound steamed shrimp, baked potato, coleslaw, and rolls. D.J. Don Stone; Cash bar. Doors open at 5:00 p.m. Cut-off date for ticket sales is April 28, 2013. Call 301-271-4411 for more information.

### VFW Men's Auxiliary Post 6658

The VFW Men's Auxiliary Post 6658 will be holding a Steamed Shrimp and Fried Chicken Feed on April 6, 2013, from 4:00 p.m.-7:00 p.m. Shrimp 16-20 Ct. Includes: baked beans, coleslaw, dessert, VFW milk, soda, and milk. Tickets are \$20.00 per person. There will be Karaoke at 8:00 p.m.-12:00 a.m. No Cover Charge. For more information, call 301-447-6141.

### Francis X. Elder Sons of The American Legion Squadron 121

Francis X. Elder Sons of The American Legion Squadron 121 is holding a Snow Crab Clusters and Fried Chicken Dinner on April 20, 2013, from 4:00 p.m.-7:00 p.m. Includes: 3-4 clusters + 3-4 pcs. Chicken, baked beans, coleslaw, dessert, Legion milk, soda, and water, with sit-down dinner at Post home. Tickets are \$20.00 per person (80 tickets will be sold for sit-down meal). Music by DJ Taz, from 9:00 p.m.-12:00 a.m.

Carryout dinners must be called in, giving your name, phone number, and number of individual dinners to be picked up. The carryout meal will include: 3-4 clusters, 3-4 pcs. chicken, baked beans, coleslaw, and dessert for \$16.00 per person. Call-in orders must be In by April 4, 2013. Call 301-447-2274 and leave Information.

## Your Paper — Your News!

Send your community news and photographs to share with others.

- news@thecatocinbanner.com • 301-447-2946 fax •
- 301-447-2804 phone •

## Catoctin Veterinary Clinic

### Are your pets protected?

With the warm weather on the way, get ready for the mosquitoes. It's time to get your dog tested for heartworms and your dogs and cats started on heartworm prevention!



301-271-0156

Office Hours by Appointment:

Mon/Thur 8-7

Tues/Wed/Fri 8-5 • Sat 8-12

Check out our website at...  
www.catoctinveterinaryclinic.com

Jonathan Bramson, VMD

Susan P. Keane, DVM

Brooke Hoffman Ridinger, DVM

4 Paws Place, Thurmont, MD

## TAHITI SUN



Time To Get Tan!

NATURE'S COSMETIC

**15% OFF**  
All Tanning Packages

ex. 04/30/2013. Cash Only.

101 Silo Hill Road

Emmitsburg, MD

301-447-6882

## Is it Spring Yet?

Get Your Lawn & Garden Supplies Now!

LIME • FERTILIZER • GRASS SEED  
ONION SETS • SEED ENVELOPES  
COMMON GARDEN SEEDS IN BULK

... AND MORE!!!

**Thurmont Feed Store, LLC**

301-271-7321 • 36 Walnut Street, Thurmont MD

—OPEN—

M-F 8 a.m. - 4:30 p.m.

Sat 8 a.m. - 12 p.m.

Emmitsburg Vol. Ambulance Co., 17701 Creamery Rd., Emmitsburg

## BINGO BASH

22 Games Paying \$250.00 EACH!  
THREE \$1000.00 Jackpots & a Meal!

May 25<sup>th</sup>, 2013  
Doors open @ 4 p.m.  
Games @ 7 p.m.  
\$35.00 in Advance  
Cost: \$45.00 at the Door



For Tickets or Info:  
Mary Lou - 240-285-3184  
Pam - 717-642-9335  
Diane - 301-748-6894

All Group reservations must be made by May 17, 2013. No Add ons or exeptions after this date.

Any tickets being paid for at the door will not include a saved seat! No Exeptions!

Ticket must be paid for by May 17<sup>th</sup> to be entered to win \$100 CASH!



# Tickling Our Tastebuds

by Denise Valentine



Hello, everyone. It sure seems that the winter weather doesn't want to give in to spring just yet. The conditions outside are still telling me to think hot, tummy warming food. I love a good soup. It compliments the simplest of meals (think soup and salad or soup and a sandwich) to being the lead off appetizer to a 3 or 4 course meal.

I have tried to be a little more diligent to use my slow cooker. I have always had one—we received three as gifts when we got married 30+ years ago—and I have had at least one at all times. The thing that is hardest for me when preparing the meal is to think ahead the night before and get my ingredients out and ready to create the recipe in the morning. That's been an ongoing problem for me, and it probably will not change in the near future.

I don't spend a lot of time in the house...after coming in from the morning milking, it's grab a shower and head out the door to my other day job. Then later, following the afternoon milking, it's grab another shower and we are heading out the door for some activity (meetings, fundraiser, Pampered Chef, or a sporting event), then it's home to bed. I usually take time to make my grocery stops on my way home from somewhere. To help me with my goal, I recently purchased a Slow Cooker cookbook and found this great Chili recipe. I hope you enjoy it!



## Slow-Cooker Chili

- |                               |                            |
|-------------------------------|----------------------------|
| 1 pound ground beef           | 29 ounce can tomato puree  |
| 1 pound bulk pork sausage     | 6 ounce can tomato paste   |
| 1 large onion, chopped        | 2 cloves garlic, minced    |
| 1 large green pepper, chopped | 2 tablespoons chili powder |
| 2-3 stalks celery, chopped    | 2 teaspoons salt           |
| 2 15½ ounce cans kidney beans |                            |

1. Brown ground beef and sausage in skillet. Drain.
2. Combine all ingredients in slow-cooker.
3. Cover. Cook on Low for 8 – 10 hours.

Serving suggestion: Top individual servings with shredded sharp cheddar cheese.

## 2nd Annual Bass Fishing Tournament “Heat One” Winners Announced

Snow, sleet, and rain did not keep the anglers away from Lake Royer on Saturday, March 16, 2013, for “Heat One” of Fort Ritchie Community Center's (FRCC) 2nd Annual Bass Fishing Tournament. A.J. Scott of Waynesboro won \$500 for catching the longest bass at 15 ½ inches, and an additional \$250 in the tagged fish contest. As winner of the first heat's longest bass, Mr. Scott also secured his place in the June 22<sup>nd</sup> “Fish-Off” Championship which will allow boat fishing on the lake for the first time in sixteen years. During the June Fish-Off, one tagged fish will be worth \$10,000!

Jeremy Mackrel's 14 ¾ inch bass caught second place and \$250 on Saturday. Mr. Mackrel fished through the weather with his wife, Kayla, father-in-law, Jeff Oyster, and two young daughters. The third place prize for longest bass was split three ways by Jim Collins, Terry Hurdle, and Brent Golliday, all of Hagerstown.

Two other tagged fish were caught. Duane Potter of Cascade won \$250, while Ryan Kelly of Hagerstown won free registration to the tournament's 2<sup>nd</sup> Heat in April. The \$1,000 tagged fish was not caught; so, in accordance with the rules, the \$1,000 was donated to Fort Ritchie Community Center.

Limited spaces are still available for the second and third heats on April 13, 2013, and May 11, 2013. Bass tournament rules and applications may be found at [www.TheFRCC.org](http://www.TheFRCC.org) or by calling 301-241-5085.



Courtesy Photo

Andrew Emerick of Sabillasville, Maryland, is shown with a string of crappie and bass that he caught during the first heat of Fort Ritchie Community Center's Annual Bass Fishing Tournament on Saturday, March 16, 2013.

Join us on Facebook®...

Catoctin Banner Newspaper



## NUSBAUM & OTT, INC.

**Painting Contractors  
Wall Coverings  
MHIC #221**

**Westminster: 410-848-8543**

**Fax: 410-848-1920**

**Emmitsburg: 301-447-6517**

262 E. Green Street  
Westminster, MD 21157

P.O. Box 475  
Emmitsburg, MD 21727

(p) 301-271-4444 (f) 301-271-4796

**Gateway Automotive**  
inc.

**Check out our NEW  
State of the Art  
4 Wheel Alignment  
Machine**

**JUST  
\$79.99**



Located at:  
210 Boundary Avenue  
Thurmont, MD 21788



## Marie's Beauty Salon

21 Meadow Lane • Thurmont

**301-271-4551**

**Senior Citizen  
Perms \$30**

Tue 1 - 8 p.m. • Thu 7 a.m. - 7 p.m.  
Fri 7 a.m. - 5 p.m. • Sat 7 a.m. - 1 p.m.

Call 301-271-4551 for appointment.  
Please leave message after 4 rings.

## Lawyer's Automotive

**SPECIALIZING IN  
ALL TYPES OF  
AUTOMOTIVE REPAIR**

Strafford H. Lawyer II, Owner

**301-271-2736**

13910-B Jilmtown Road  
Thurmont, MD 21788

## Catoctin Mt. SPA & TUB

- Spas & Accessories
- We Service all makes & models
- Spa Chemicals with FREE DELIVERY!



**Call Us Today!**

14135 Graceham Rd.  
Thurmont, MD **301.271.4704**



# senior moments

by Helen Deluca

Dear Seniors:

Years ago, if you were called a "pick-up," it wasn't very flattering. Today, we are delighted to call you a "pick-up." Just call us at the Center a day ahead, and we will be there with our own van to pick you up for lunch at the Center. Kay, our coordinator, or a volunteer driver, will be available. All drivers and the van are fully screened and insured. The van schedule is usually 11:00 a.m. until 1:30 p.m., but will adjust for Center programs and operations.

A little over a year ago, we came to you with a need for new chairs for our newly renovated Center. The response was overwhelming and far exceeded our expectations. We come to you again. Having our own van comes with operating expenses. Our gas and insurance, and maintenance, are as you know quite costly. We are proud to provide van service to our seniors, but we need your help. The chair that you sponsored has your name on it, but I can't offer you the same promise for the van service. But, I can promise you that your contribution will go into a separate fund that will be used only to provide that service to those in need of a ride to the Center.

Your generosity and our volunteers have made the Thurmont Senior Center a productive and cheerful place for all to share. Since July of 2011 we have served over 5,500 meals. As food prices continue to increase, we are still asking \$5.75 for the lunch catered by Cozy, but we continue to use the honor system as always.

The programs, fund raisers, and activities can be time consuming sometimes. At our last Board of Directors meeting, several committees were set up to cope with various planned projects and we

welcome your help if you would like to volunteer. For instance, would you like to help prepare for the Community Show, or the Colorfest yard sale, "backup" van driver, or kitchen help? Just call or stop in the Center 301-271-7911.

I mentioned the Colorfest yard sale. That will be on October 10-11, 2013. Your donations will be gladly accepted and the Center will also be renting out tables for your use. An 8' table will rent for \$10.

We had a fantastic St. Patrick's Day party and March birthday celebration. We only had one "complaint", couldn't find a parking place! Speaking of parking space, when the lot is full it is legal to park curbside, or behind the Police Dept. When the space was cleared across the front of the building we were expecting 6 additional spaces, but the handicap spaces were painted according to the law. We had no control over that. There is an additional handicap space on the side parking lot. We are fortunate to be ground level and handicap accessible. But you will soon see a reserved sign for the van only in one of the front parking spaces. The side door, due to health department regulations, cannot be used during the hours of 11:00 a.m. to 1:00 p.m. Therefore the van must use the front entrance for lunch pickup and drop off.

Coming up in April 2013, here are some dates to mark on your calendar: April 10 (Wed.)—Fashion Show and Fashion Shopping at 11:00 a.m.; April 17—(Wed.) Bingo at 1:00 p.m.; April 18 (Thurs.)—April birthday party at 1:00 p.m.; May 15 (Wed.)—the annual birthday party at Cozy. Cost is \$13.00, reserve ahead.

On March 19, 2013, we had our first exercise class with Alice Eyler here at the Center. Our group had a

## March Birthdays at Thurmont Senior Center

Pictured from left are Mary McKeever, Anna May, and Clifford Stull.



good workout. Alice will be here every Tuesday at 9:30 a.m. She plans to have a variety of exercises for seniors young and old. Your donation should cover the cost of the class.

Your compliments are always appreciated, but it is your concerns and complaints that make the Center a better place. We have a Care and Concerns Committee. If you have any concerns that we need to know about, call the Center and ask for Mitzi, Lynn, or Helen (that's me). If you have an issue, tell us about it, and we will do our best to fix it. Remember, it's *your* Senior Center—we are here for you.

We welcome Mitzi Band back to the Board of Directors. The past year was not a good year for Mitzi, so it's nice to have her back at the Center. We are sorry to have Ercil Heim leave us. She is moving out of the area, and we will miss her special talent for flower arranging and her gentle personality.

You know, it only takes a moment to smile, but it lasts a lifetime to the one receiving it. That's it! SMILE!



The Thurmont Senior Center van.

All drivers and the van are fully screened and insured. The van schedule is usually 11:00 a.m.-1:30 p.m., but will adjust for Center programs and operations.

## Emmitsburg Senior Center Offers Open Studio Sessions for Artists

Emmitsburg Senior Center is once again offering an opportunity for adult artists and art students to gather at the Senior Center every Monday afternoon, from 1:30-3:30 p.m. to work on individual projects, as well as share knowledge, techniques, and support with one another under the guidance of noted local artist Dorothea Barrick. For additional information, contact Emmitsburg Senior Center Coordinator, Linda Umbel, at 301-600-6350 or [lumbel@frederickcountymd.gov](mailto:lumbel@frederickcountymd.gov).

ROCKY RIDGE VOL. FIRE CO. AUXILIARY  
**CASH BINGO**  
**SUNDAY MAY 5TH 2013**  
20 Regular Games Paying \$50.00 ea.  
2 Special Games Paying \$200.00 ea.  
\$500 JR. JACKPOT • \$1000 JACKPOT  
WINNER TAKE ALL  
KING TUTS • HOLDER JARS • DOOR PRIZES

EXTRA CARDS WILL BE AVAILABLE AT THE DOOR	<b>TICKETS</b> <b>\$20</b> ADVANCE ADMIT ONE	<b>\$25</b> AT DOOR
--	---	------------------------

FOR TICKETS OR INFO CALL:  
BONNY: 301-271-3370  
LINDA: 301-271-9170

**L&S Furniture and Mattress Center**  
Family Owned & Operated  
Mon • Tues • Thur 10-5 • Fri 10-7 • Sat 9-3  
**FREE DELIVERY!**  
\*within 30 miles  
**CUSTOM UPHOLSTERY**  
in just 3 weeks!  
**Receive 5% OFF**  
Your purchase with this ad. Only valid through 6/4/2013  
(717) 762-6939  
[www.lsfurniture.com](http://www.lsfurniture.com)  
11779 Middlebrook Road • Leesburg, VA 22079  
715 • Middlebrook Road • Leesburg, VA  
(717) 630-2801

**Turn Your Retirement Plan into your Own Personalized Pension Plan!**  
Never Outlive Your Money  
10% Premium Bonus Immediately  
No risk/No losses in the Stock Market  
Guaranteed Income for Life  
Penalty Free Withdrawals  
Tax-Deferred Growth  
**That's a Secure Retirement.**

**Senior Benefit Services, Inc.**  
**301-271-4040**  
**60 Water Street • Thurmont, MD**



**T&M**  
Crane Rentals, Inc.



1 Creamery Way  
Emmitsburg, MD 21727

**301-447-3718**  
**FAX: 301-447-1722**

**HOBBS'**  
**HARDWARE**

Check out our full line of  
Yard Care Products!

- Lawn Seed
- Gardening Tools
- Fertilizer & Much More!



Stop into Hobbs' for  
quality colors from Glidden

**Call-301-271-2233**

**OPEN 7 DAYS A WEEK**

15 East Main Street  
Thurmont, Maryland  
(ACROSS FROM PNC BANK)

**ANYTIME FITNESS**

130 Frederick Road, Suite C  
Thurmont, MD 21788  
301-271-0077

Get ready for summer  
.... enough said!



**\$0 Enrollment Fee**  
**Plus First Month**  
**FREE!**

Limited to the first 20  
New Members In April 2013!

*Baumgardner Farms*  
**LANDSCAPING**

Services Include:

- Lawn Care & Maintenance
- Plantings & Bed Installation
- Mulching
- Pond Installation
- Other Services Available

*Contact Information*

10440 Keysville Road  
Emmitsburg, MD 21727  
Chad Knox  
(C) 301.418.1353 • (H) 717.642.5469  
Paul Baumgardner  
(C) 301.676.9847

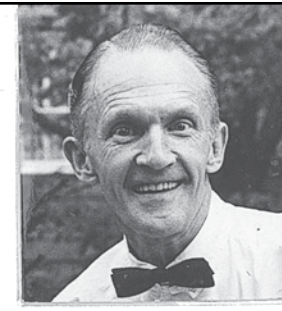
**Hay for Sale!**  
**Call for more info!**



*This and That*

*by*

*George W. Wireman*



*Publisher's note:* As of January 2013, we decided to revise George Wireman's "This and That Column" on a monthly basis, and we have some plans underway to archive George's work for the good of all.

George wrote for various publications, including the *Catoclin Enterprise*, *The Times Monthly*, *The Thurmont Times*, and more, as well as some column articles written for "Then and Now," "This and That," "Did You Know?" George's articles are timeless. Some are historical, some opinionated, some intended to evoke change. We hope that his work will continue to move, educate and inspire you.

#### Faith Is...

#### Assuming It Is Possible

I once heard a minister say that faith is the process of acting upon glorious assumptions. You know, when we attempt to achieve an objective that is easily reached, we find that we are not moving within the circle of faith. In my life I have found that faith is not necessary unless my projects seem humanly impossible.

Unless there is a strong reason to doubt, I find that I am not living in the higher altitude of real faith.

I have found that I must commit myself to projects where there is a possibility of failure before I can claim to really be walking down the road of faith.

Have you ever given thought to the question, 'How does faith move us forward when success seems so uncertain?' Faith moves us onward by giving us the courage to act upon positive assumptions. It is then that we assume that, with the help of God, the impossible can be possible.

Consider, if you will, the fact that there will never be progress

until someone acts upon a grand assumption. Without question, we have the right to assume that God, who made our dreams, will also make it possible for our dreams to come true and to succeed in our projects no matter how impossible they may seem.

We must always keep moving forward, steadily, assuming that when we reach the door it will swing open! Consider Moses, how he moved forward toward the Red Sea, assuming that a way would clear for him to cross it!

Each day we must call upon God to help us. We must have the faith and believe that the impossible can be possible. We must assume that our problems are solvable; that help will be forthcoming; that new breakthroughs will come our way; and that positive and exciting new healings will flow into us. We must have faith and strongly believe that today's assumptions will, with God's help, become tomorrow's grand accomplishments!

*"...but with God all things are possible."* Matthew 19:26

**MELISSA M. WETZEL**  
—CPA, P.C.  
Certified Public Accountant

*Individual & Business Tax Returns*  
*Consulting*  
*Payroll Services & Notary*

**FREE ELECTRONIC FILING!**

**301-447-3797**

301 West Main Street • P.O. Box 990  
Emmitsburg, MD 21727 - 0990



**BOLLINGER HOMES, LLC**  
*Custom Home Builder & Remodeler*

We specialize in...

**Custom Homes & Remodeling**

Bollinger Homes, LLC have been building custom homes, building additions and remodeling for over 20 years in Maryland, Pennsylvania, Virginia, and West Virginia.



- Additions
- Garages
- Patios
- Decks
- Concrete Walks
- Siding & Roofing

Call for a **FREE ESTIMATE!**

Phone **301.447.6917**  
Fax **301.447.2704**

1 Creamery Way  
Emmitsburg, MD 21727



## Kid's Working to Pay for Camp

Student members of the Catoctin Recreation Council (CRC) are looking for some odds and ends jobs to perform at your home or work for donations in order to help pay for their attendance at summer camps. The jobs can include raking leaves, picking up sticks, cleaning out gutters, mulching, or any old job that you are putting off. These students will be supervised by an adult. They will be working through CRC, and they have Frederick County's permission to perform these jobs.

Once your job is completed to your satisfaction, CRC will ask for a donation that will be placed into an account for summer camps. The money will be given out according to the hours the student works.

CRC can arrange for pickup and removal of leaves and sticks for an extra hauling fee. Please look around for any odd job. Call Mick Bailey at 301-241-3762 or email mickbubba@netzero.comhide, so a work day can be scheduled.

## Bible on Tap at the Cozy Pub

by Ann Marie Bezayiff

On the first Thursday evening of each month, members of St. John's Lutheran Church, ELCA, can be found discussing the Bible at the Cozy Pub. Gathered around pub tables and with choice of drink in hand, coffee, root beer, beer or wine, the dialogue, led by Pastor Susan Beck, focuses on the Bible: what it is, where it came from, how we read it and why it is sacred. This past meeting, the conversation lead to questions about the Old

Testament. How exactly does it fit with the New Testament? Where did it originate? As is the case with any Bible discussion, participants left with more questions than answers. Stimulating and thought provoking, open to others who would like to join in for a lively discussion; just show up with your Bible and a thirst for knowledge. The next gathering is scheduled for April 4, 2013. Questions? Call 301-271-7877. Must be 21 years of age.

## Downton Abbey Tea

by Ann Marie Bezayiff

A flavor of the British Isles came to Thurmont when Timeless Trends Boutique hosted a Downton Abby tea and luncheon at its store in downtown Thurmont on Friday, March 1, 2013. Each Guest was met at the door by a butler, dressed in formal attire, and who seated each person. My table included Debbie, and Debbie from Frederick, Bonnie, formally from Rock Ridge and also our butler, and Phyllis from Fairfield. Many guests came in costume, some with furs, others with exotic hats and lots of jeweled bling. Tables were set with center pieces, delicate china cups, saucers, plates and silverware;

tea was served from porcelain teapots placed on each table. Delicate sandwiches, mini quiches, savory shortbread cookies and a variety of sweets were served on antique, three tiered serving dishes. One of my favorites was scones with jam and cottage cream. Dina Hunter catered the event. Prizes were given for the best Downton hat, most glamorous outfit, and best Downton character. Everyone had a wonderful time. So it's nice to be pampered and served such tasty treats on an overcast Friday afternoon. If you'd like to be a guest, you can call 240-288-8226 for more information.

did you know?

### Fun Facts About the Month of April

April is one of only four months that has exactly 30 days. The others are June, September & November.

April begins on the same day of the week as July every single year.

April is when we celebrate National Poetry Month, Earth Day, and of course, April Fools' Day. April 15th is also notorious for being Tax Day.

**CJ's Tuxedo**  
Tuxedo Rentals from Prom to Weddings!

Packages starting at \$60.00

Groom's Tuxedo **FREE!**  
(with 5 Paid Tuxedo Rentals)

Hours:  
Monday 4 p.m. to 7 p.m.  
Tues. & Wed. 1 p.m. to 7 p.m.  
Thursday 4 p.m. - 8 p.m.  
Friday 11 a.m. to 9 p.m.  
Saturday 11 a.m. - 8 p.m.

We also rent Suits!  
Call for Prom Fundraising Opportunity!

Remember CJ's for PROM!  
CJ's Screenprinting  
**301-447-3087**  
Email: cjl1@earthlink.net

[www.thecatocinbanner.com](http://www.thecatocinbanner.com)

Your Good News Community Newspaper  
Serving Northern Frederick County, Maryland, Since 1995

**Peggy Koontz**  
www.frederickcountyrealtor.com  
301-271-2787 / 301-698-5005 (O) Peggy@mrisk.com

**Gorgeous Views!** \$249,900  
Fabulous View! Sunroom! Kitchen w/granite counters, fireplace in living room. Garage & fenced yard.

**Spacious Colonial!** \$159,000  
4 Bedroom Colonial, Vinyl siding, and recent windows, front porch, rear patio w/lawn, great commuter location.

**Country Setting!** \$179,900  
3 br., 1 bath, gleaming hardwoods, adjacent to mountain stream. Great condition.

**Condo on Easy Street in Thurmont** \$107,000  
SOLD!

**Emmitsburg Main Street** \$145,000  
3 br, 2 baths, eat-in kitchen & dining room, tv and family rooms. Off street parking.

**Brick Colonial with Mixed Village Use Zoning** \$129,900

**Lots for Sale**  
Gorgeous wooded lot on Pryor Rd., \$155,900!  
Log Cabin with Mountain Acres! \$88,000  
5 Country Acres in Emmitsburg! \$107,000  
All Brick Rancher \$209,000  
Spacious brick 3 br, rancher w/ h/w floors, fireplace w/gas log, 2 family rooms, fenced rear yard.  
One acre lots \$72,500 or buy 2 one acre lots for \$140,000. 3 acre wooded lot on Pryor Road bordering State Parkland.

**UNDER CONTRACT!**  
The Perfect Farmette!

**MOUNTAIN VIEW LAWN SERVICE, INC.**

- Mowing •
- Trimming •
- Mulching •
- Yard Cleanup •
- Hauling •
- Gutter Cleaning •
- Mulch Delivery •

MTVIEWLAWNS@AOL.COM  
Thurmont, Maryland  
**301-271-2832**

Patronize our Advertisers  
in **The Catoctin Banner!**

**Walkersville FEED COMPANY**  
35 West Pennsylvania Ave., Walkersville, MD

**3 CU. FT. OF MUCHLH \$3.99 PER BAG!**  
Offer expires 04/30/2013

Mon-Fri 9:00 a.m. - 6:30 p.m.  
Sat 9:00 a.m. - 5:00 p.m.  
Closed on Sundays

**301-304-2610**

**WE HAVE A HUGE ASSORTMENT OF NUTRENA FEEDS, MULCHES & WATER SALTS**

Patronize our Advertisers  
in **The Catoctin Banner!**

**Bill's Auto Body**  
YOUR AUTO BODY SPECIALIST

24 Hour Towing Services • Professional Paint  
Quality Service & Reasonable Prices  
All Major Credit Cards & All Major Insurance accepted!

Same Quality!  
Same Craftsmanship!  
Same Honesty!

Stop By and Meet David!

**301-898-5080**  
12440-A Creagerstown Rd., Thurmont  
located at the corner of Rt. 550 & Blacks Mill Rd.



## classifieds

### For Rent

OCEAN CITY, MD RENTALS: 32nd Street Bayside efficiency, sleeps 4, no pets, 2 blocks to beach, 3-night minimum. \$125 per night, tax included. 301-447-2923.

One Bedroom House in rural Thurmont area. \$800/month + \$800/security deposit. Call Janet Lewis at 301-271-4580.

MOON BOUNCE for rent, \$150.00 per day. 240-674-3856.

### Wanted

WANTED: Any unwanted lawn mowers, tillers, snow blowers, or yard items. Will haul. 301-271-4266.

DONATE YOUR CAR: All proceeds benefit the Catoclin Pregnancy Center. 301-447-3391.

WANTED Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection or entire estate. 301-514-2631.

### Notices

Brand New Company, Penelope Ann, beginning April 1, ground floor opportunity, no experience necessary, start your own business for as little as \$99. Call 301-447-2073 or email hgpartygirl62@aol.com

How Would You Like To FEEL 25 Years YOUNGER and LIVE 25 Years LONGER? Go to www.Shaklee.net/JCE NOW! Read how VIVIX Cellular Anti-Aging Tonic is a REVOLUTIONARY BREAKTHROUGH in the fight against cellular aging. All natural. Order yours TODAY! Contact Jeanne at 301-305-1466. www.Shaklee.net/JCE

### Services

FREE PICK UP: Appliances working or not working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

PIANO LESSONS: Experienced professional musician and certified public school teacher. All

ages. Adults welcome. Located in Thurmont. Call or text Beth at 240-529-8108 or email beth@gnarlyartly.com.

GUITAR LESSONS: Acoustic/Electric. Beginners to Advanced. All styles, all ages. Taught by an instructor with over 20 years teaching and performing experience. Call Brent at 240-586-1128 or email brent@brentguitar.com.

DRUM LESSONS: Drum Set and Hand Drum. All ages, levels, styles. Professional educator and performer with over 40 years experience. Call Mr. Paul 301-271-7390.

MATH TROUBLES?? K12 or College. Friendly, patient tutor with advanced Math degree, works with you or child for success. Arithmetic, Algebra, Calculus, more. Plus Test-taking, study tips. Meet at local library. Call Dr Math: 301 271-1080 today!

Rick Hurley & Son Small Engine Repair Service. Call 301-271-2117 or 240-285-2494 (leave message).

Quality wedding invitations/accessories at a discounted price! Joyce at 301-271-1107.

Guided rock climbing, caving, rappelling, kayaking, and other outdoor adventures and parties. Daybreak Excursions 240-731-9936.

### For Sale

Pitbull Puppies for sale. Mother and father both on-site. Puppies available 3/7/13 with first vaccines and deworming. Contact Krystal 301-305-1349.

Queen size sleeper sofa, Grandfather clock, 14-speed 26" Women's Mountain Bike, 10K Gold Wedding Ring set 1.5 carats size 6. Call and leave message 301-473-1299.

Gas powered Go Kart, Fox. Full roll cage, off-road, single seater. Great condition! \$450.00 OBO. Call 301-271-1050.

Pressure cooker for canning (brand new) \$50.00, electric canine training collar (practically new) in case \$150.00. Call 301-271-1050.

Playstation 3 (like-new; used only a couple of times). Included: (Blu-ray) *The Taking of Pelham 123* and *I, Robot*; & (game) *Resistance 2*. \$200.00/OBO. Call 240-285-6196.

## your public library

Where Community & Ideas Connect

by Erin Dingle, Administrator, Thurmont Regional Library/  
Emmitsburg Branch Library, edingle@frederickcountymd.gov

The library had a fantastic time at this year's Thurmont Business Expo! Hopefully, you got to meet the Marx Brothers. We took advantage of the awesome crowd to share information about all the fantastic performances and exhibits we do at the library, including live storytelling, music on the deck, our own art gallery, and even live animal acts (enjoy those animal crackers we shared). I'd like to send a special thank you to the Cozy Restaurant and Bollinger's Restaurant for donating gift certificates for our grand prize, and also to our volunteer, Judy Ott, for creating our Vaudeville backdrop. See you next year at the Expo!

Here's reminder that you can come hear The Ultimate Cheapskate and how to be "Living a Wholesale Life in a Retail World." Held at Mount St. Mary's University in Knott Auditorium on Saturday, April 6, 2013, this is a free and fun presentation for the entire family. The doors open at 12 noon. Take advantage of a free credit report at the Credit Café, visit with community groups dedicated to improving your financial literacy, and check out activities for the kids. This program kicks off the local Pa\$\$port to Wealth initiative with a variety of activities happening at the Emmitsburg and Thurmont libraries, local schools, the Emmitsburg Senior Center, and Seton Center.

On April 23, 2013, the North County libraries are participating in World Book Night. We'll be spreading the love of reading by leaving twenty copies of a specially-printed, not-for-resale World Book Night titles at various locations in Thurmont and Emmitsburg. Finders keepers, then pass the book along to a book loving friend. There's no due date or overdue fine involved. Consider this a reader's scavenger hunt because you might find the book in a restaurant, a hardware store, or the local gym.

The famous Marx Brothers celebrated their Roaring 20's vaudeville act for the Thurmont Regional Library at the EDC Business Expo. Groucho and brothers encouraged visitors to the booth to visit the library to enjoy live music, story, and other performances through the year and also, cigar in hand, reminded them that "Outside of a dog, a book is man's best friend. Inside of a dog, it's too dark to read."

Courtesy Photo

In conjunction with Frederick Reads 2013 theme, Food for Thought, the Thurmont library will be hosting several food-related children's programs, including "Kitchen Science" for both pre-schoolers (10:30 a.m.) and elementary students (2:00 p.m.) on Monday, April 1, 2013. On Saturday, April 20, 2013, "Loving Lunch!" is a special Saturday story program for ages 2-5, that celebrates lunch with fun stories, active songs, and a craft. In addition, on Tuesday, April 30, 2013, elementary-aged children can join us for "I Love M&Ms" at 3:00 p.m. for some fun with M&Ms to sort, graph, and paint with classic candy. Call 301-600-7214 to register if indicated or go online at www.fcpl.org.

And, finally, it's time! Time to start thinking about how you can enjoy summertime on our beautiful deck this summer. Save your fourth Sunday for our annual "Music on the Deck" series. We are lining up some new music for you to enjoy, courtesy of the Friends of the Thurmont Regional Library. And on the third Thursdays, our family series "Nighttime on the Deck" is being sponsored this year by the Thurmont Lion's Club. More details will be found in this column next month. Many thanks to the Lion's and the Friends for bringing quality entertainment and fun to the community.

Thurmont Regional Library is connected to the community and is ready to welcome you and your family seven days a week. Please contact me at edingle@frederickcountymd.gov to create a partnership with us and discover the many services we provide.

Find FCPL at www.fcpl.org, Facebook, Twitter and Pinterest. Call us anytime at 301-600-7212 for information.



The Brothers are Harpo (Erin Dingle), Groucho (Pat Green), and Chico (Lesa Zuke).

did you  
know?

April 1<sup>st</sup> is commonly known as April Fool's Day or All Fools' Day in most English-speaking countries. The custom is believed to have started in France when the Gregorian calendar was adopted by King Charles IX in 1582. In this calendar, the new year started on January 1. People who did not use the new date but still celebrated on April 1<sup>st</sup> became the butt of jokes.

GET A TRIM FOR SPRING WITH SAVE

Gary the Barber \$2.00  
1st Cut

By Appointment & Walk-Ins Accepted

HOURS

7 a.m. - 9 p.m. (Mon., Tues., Thurs., Fri.)

7 a.m. - 6 p.m. (Weds.)

7 a.m. - 3 p.m. (Sat.) • 1 p.m. - 5 p.m. (Sun.)

Visit me at

101 Tippin Drive, Thurmont, MD

Call (301) 305-7895

for an appointment

SAVE \$2.00 New Client Coupon  
1st Cut

Valid with coupon through April 2013.



# april

- 1.....Kitchen Science & Kitchen Art, Thurmont Regional Library, Thurmont. 10:30-11:15 a.m. (ages: 3-6); 2:00-2:45 p.m. (Grades 1-6). Register 301-600-7214 or fcpl.org by March 27.
- 1.....Thurmont Community Clothes Closet Open Today, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. Provides free baby, youth and adult clothing, shoes, linens and household goods. Donations gladly accepted. 301-271-4511.
- 1.....Pre-K through Grade 8 - New Student Applications Being Accepted at Mother Seton School, 100 Creamery Rd., Emmitsburg. 301-447-3165 or advancement@mothersetonschool.org.
- 3.....Bunny Money with Max & Ruby, Thurmont Regional Library, Thurmont. 2:00-2:45 p.m. Ages: 3-7. Register 301-600-7214 or fcpl.org by April 1.
- 5.....Volunteer Revolution Fair & Luncheon, Volunteer Opportunities for Adults, hosted by Frederick County Department of Aging, Frederick Senior Center, 1440 Taney Ave., Frederick, MD. 10:30 a.m.-12:00 p.m. Free and open to public. Seating limited; reservations required 301-600-1048. (donation of \$8 requested for luncheon/program).
- 6.....Turkey & Oyster Supper, Tom's Creek United Methodist Church, Tom's Creek Church Rd. (off Rt.140 between Taneytown & Emmitsburg). 12:00-6:00 p.m. \$17/adults; \$8/children 5-10; Free/children under 5. \$18/Carryout. Dottie Davis 301-447-2403.
- 6.....Cash Benefit Bingo, Peeps for Mike Case, Relay for Life & American Cancer Society, New Midway Firehall. Doors open 5:00 p.m.; Bingo 7:00 p.m. \$20/ in Advance; \$25/at Door. Marsha 240-285-7669 or Chrissy 301-748-3650.
- 6.....Oyster, Turkey and Country Ham Dinner, served buffet style, Faith United Church of Christ, 9333 Opposumtown Pike, Frederick, MD. 12:00-5:30 p.m. \$16/Adults; \$8/Children 6-12; Free/Children under 6. \$17/Carryout. 301-271-7573.
- 6.....Large Indoor Yard Sale, Lewistown Vol. Fire Dept. Fire Hall, 11101 Hessong Bridge Rd. 8:00 a.m.-1:00 p.m. Tables are available for rent. Breakfast/lunch available. 301-898-9115.
- 6.....Camp Greentop Outdoor School Reunion, Camp Greentop, Catocin Mountain Park. 9:00 a.m.-3:00 p.m. Hike to Wolf Rock 10:00 a.m. Selected camp buildings open for self-guided tours. Outdoor School alumni willing to share pictures, letters, or other memorabilia encouraged to bring items to reunion. 301-663-9388. www.nps.org.
- 6.....Steamed Shrimp and Fried Chicken Feed, VFW Men's Auxiliary Post 6658, Emmitsburg. 4:00-7:00 p.m. \$20/ person. Karaoke 8:00 p.m.-12:00 a.m. No cover charge. 301-447-6141.
- 6.....Open House, Thurmont & Emmitsburg Masonic Lodge, Doors open at the Acacia Masonic Lodge on East Main Stret in Thurmont and the Tyrian Masonic Lodge on East Main Street in Emmitsburg. 10:00 a.m. - 3:00 p.m. Free to all interested. Thurmont - John Hagemann 301-748-6713 or Emmitsburg - Fred Bower 301-447-2347.
- 6.....All You Can Eat Pancake Breakfast, hosted by Kiwanis Club of Frederick, Inc., Homewood@Crumland Farms Main Dining Room, 7407 Willow Rd., Frederick. 7:00-10:30 a.m. \$8/Adults; \$5/Children under 12. Benefits Kiwanis Charities. 240-285-1200.
- 6 .....Bingo for Work Camp 2013, Our Lady of Mt. Carmel at Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors

# community calendar

- open 5:00 p.m.; Games 7:00 p.m. \$30/ advance; \$35/door. Includes spaghetti dinner 5:00-6:00 p.m. John Dowling 301-271-4439.
- 6.....Gun Raffle/Dinner, Vigilant Hose Co., Emmitsburg. Doors open 5:30 p.m. \$25/person (includes dinner, beverages, door prizes, losers drawing, tips jars, gun jars, 50/50 Raffle). No One Under 18 years old will be admitted. Benefits CHS 2013 Safe and Sane.
- 7.....St. Paul's Evangelical Lutheran Church of Utica (Worship Schedule Change), 10621 Old Frederick Rd. (8 miles south of Thurmont). Sunday morning schedule: 8:00 a.m./10:30 a.m. 301-898-9454 or www.splcutica.org.
- 7.....Music Fest, St. John's Union Church, 8619 Black's Mill Rd. (Creagerstown), Thurmont. 3:00 p.m. Freewill offering.
- 7.....2nd Annual Ice Cream Social and Family Game Day, ThorpeWood, 12805-A Mink Farm Road, Thurmont. 2:00-5:00 p.m. Call 301-271-2823 (number attending) or email to info@thorpewood.org.
- 7.....Good News Baptist Church Anniversary Service, Fort Ritchie Community Center, Cascade, MD. 3:00 p.m. Refreshments will follow. Pastor Kurt Schroder 301-241-5058. www.goodnewsmountainvalley.com.
- 10....Fashion Show and Shopping, Thurmont Senior Center, Thurmont. 11:00 a.m.
- 10 ...Northwestern Frederick County Civic Assn. Meeting, Guest Speaker Patt Troxell (Thurmont Senior Center) at Sabillasville Elementary School. 6:30 p.m. President George Kuhn 301-241-3997.
- 12 ...Karaoke with Ralph Gann, Thurmont American Legion, Post 168, 8 Park Lane, Thurmont. 301-271-4411.
- 13....Thurmont Trolley Trail Clean Up, Park Lane at Trolley Trail, Thurmont. 9:00 a.m. Volunteer clean up coordinated by the Thurmont Lions Club.
- 13....Rock & Roll Dance, Emmitsburg Lions Club, Emmitsburg Ambulance Company building, 17701 Creamery Rd., Emmitsburg. 8:00 p.m.-12:00 a.m. Featuring Rock & Roll Relics. \$15/ advance; \$20/door. Advance tickets: Zurgable Hardware 301-447-2020; Sharon Hane 301-447-2401. BYOB. Proceeds support charitable events in Emmitsburg area.
- 13 ... Vera Bradley Bingo, Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m.; Bingo 7:00 p.m. \$15/in Advance; \$20/at door. 301-447-3161 or Lena 301-717-8860.
- 13 ... Oyster, Turkey and Country Ham Dinner, served buffet style, Lewistown Fire Department, 11100 Hessong Bridge Rd., Lewistown, MD. 12:00-5:00 p.m. \$16/Adults; \$8/Children 6-12. \$17/ Carryout. 301-271-7573.
- 15 ... Thurmont Middle School Leo Club All You Can Eat Spaghetti Dinner, Rocky's Pizza, Thurmont. 5:00-9:00 p.m. \$10/ Adults; \$5/Children (12 & under). Purchase tickets at door or call 301-271-6965. Benefits local non-profit organizations.
- 15 ... Networking Event, Emmitsburg Business & Professionals Association with Taneytown Chamber of Commerce and Union Bridge Business Association at Gunner's Grille, Route 140, Taneytown. 6:00-8:00 p.m. \$5.00 for appetizers and cash bar.
- 16 ... Thurmont Community Clothes Closet Open Today, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. Provides free baby, youth and adult clothing, shoes, linens and household goods. Donations gladly accepted. 301-271-4511.
- 16 ... Take-A-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 7:00-8:00 p.m. 301-447-3161 or www.mothersetonschool.org.
- 17 .. Supper & A Show ("It's a Big, Big, World"), Mother Seton School, 100 Creamery Rd., Emmitsburg. For Pre-K through Grade 2. Free event. Supper 6:00 p.m.; Show 7:00 p.m. RSVP at 301-447-3161 by April 16, 2013.
- 18 ... Poetry/Art Collage with Alexandra Zealand, Thurmont Regional Library, 76 E. Moser Rd., Thurmont. 5:00-6:00 p.m. Installation sculptor Alexandra Zealand will lead teens and tweens in creating a piece of art. Free. Clare Bush 301-600-7212.
- 20 ... Dance with RED LINE, Thurmont American Legion, Post 168, 8 Park Lane, Thurmont. Contact Legion 301-271-4411.
- 20 ... 4th Annual Gregory A. Brashears Memorial Atlantic City Bus Trip, leaving from Thurmont Plaza. Depart 7:00 a.m. sharp, return 11:00 p.m. \$42/person, non- refundable. Must be 21 years of age to participate. Lori Long 301-748-6007.
- 20 ... Cash Bingo, Thurmont Fire Co. Activities Building, 123 E. Main Street, Thurmont. Doors open 4:30 p.m.; Bingo starts 6:00 p.m. \$20/in advance; \$25/at door. Proceeds benefit Faith UCC. 301-788-2427.
- 20 ... Safe & Sane Nite, Ott House, Emmitsburg. 8:00 p.m.-1:00 a.m. Alumni invited to attend. Music by Stick Time. Silent and/or Live Auction. Benefits Catocin High School (CHS) 2013 Safe & Sane. 301-667-4734.
- 20 ... Fried Shrimp and Baked Ham Dinner, St. John's Lutheran Church, 8619 Blacks Mill Rd. (Creagerstown), Thurmont. 12:00-5:00 p.m. \$15/Adults; \$7/Children 12 years & under; Free/Children under 5. \$16/Carryout. Proceeds benefit St. John's Lutheran Church.
- 20 ... Stream Clean Up, Friends of Big Hunting Creek, meeting at Catocin Mountain Park Visitor Center. 9:00 a.m. FriendsOfBigHuntingCreek@yahoo.com.
- 20 ... Snow Crab Legs and Fried Chicken Dinner, F.X.E. American Legion Post 121. \$20/person (refreshments included). \$16/Carryout. Food served 4:00-7:00 p.m. Tickets at bar by April 1, 2013.
- 20 ... Snow Crab Clusters and Fried Chicken Dinner, Francis X. Elder Sons of American Legion Squadron 121. 4:00-7:00 p.m. \$20/person (80 tickets will be sold for sit-down meal). Music by DJ Taz (9:00 p.m.-12:00 a.m.). \$16/Carryout (must be called in by April 4). 301-447-2274.
- 20 ... Open House Event for Direct Sales Companies, Thurmont Senior Center, Thurmont. 9:00-1:00 p.m. Thirty One, Pampered Chef, Origami Owl, Scentcy, among others. Free event. Elesha Moser 240-215-5144.
- 20....4th Annual Gregory A. Brashears Memorial Atlantic City Bus Trip, leaving from Thurmont Plaza. Depart 7:00 a.m. sharp, return 11:00 p.m. \$42/person, non-refundable. Must be 21 years of age to participate. Lori Long 301-748-6007.
- 21....Thirty-One Bingo, Emmitsburg Fire Hall, Emmitsburg. Doors open 11:30 a.m.; Bingo 1:30 p.m. \$20/advance; \$25/door. Includes 20 games. Benefits VHC Auxiliary. 301-447-2703.

- 21 ... Thirty-One Bingo, Emmitsburg Fire Hall, Emmitsburg. Doors open 11:30a.m.; Bingo 1:30 p.m. \$20/Advance; \$25/at Door. Includes 20 games. Benefits VHC Auxiliary. 301-447-2703.
- 21 ... Gospel Concert, featuring "Mercy's Vessels," Deerfield UM Church (off 550 North near Sabillasville), 16405 Foxville Deerfield Rd. 10:15 a.m. Everyone welcome. 301-241-3158.
- 21 ... TUMC Community Clothes Closet Dedication Service and Mortgage Burning, 13880 Long Rd. 11:30 a.m.
- 22 ... Red Cross Blood Drive, Our Lady of Mount Carmel Church, 103 N. Church Street, Thurmont. 2:00-8:00 p.m. Terry 301-271-7872 to schedule appt. Walk-ins welcome.
- 23 ... Take-A-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 7:00-8:00 p.m. 301-447-3161 or www.mothersetonschool.org.
- 26 ... Karaoke with DJ Jake, Thurmont American Legion, Post 168, 8 Park Lane, Thurmont. 301-271-4411.
- 27 ... Thurmont Dance Club, Thurmont American Legion, Post 168, 8 Park Lane, Thurmont. 301-271-4411.
- 27 ... Summer Sandwich Sale, hosted by Thurmont Lions Club, Bell Hill Farm, 15202 Catocin Mountain Highway, Thurmont. 10:00 a.m. - 3:00 p.m. (or until sold out). 301-271-0558, www.thurmontlionsclub.com, or "thurmontlionsclub" on Facebook.
- 27 ... Spring Tea, Lewistown United Methodist Church, 11032 Hessong Bridge Rd., Lewistown, MD. Two seatings: 11:00 a.m. /1:00 p.m. \$15/person. Supports the Missions projects of LUMC. Barbara 301-898-5572; Ruby 301-898-7888.
- 27 ... Slippery Turkey Pot Pie Dinner with Turkey & Ham, Woodsboro Evangelical Lutheran Church, 101 S. Main St., Woodsboro, MD. Noon-5:00 p.m. \$11/ Adults; \$5/Children 6-10; Free/Children under 5. \$12/Carryout. Turkey Pot Pie Quarts: \$5. 301-271-3309 (by April 25 to place orders).
- 27 ... Emmitsburg Lions Club Car Wash, back parking lot of the Carriage House Inn, Emmitsburg. 9:00 a.m.-3:00 p.m. Proceeds support charitable activities in our community.
- 27 ... Star Party, ThorpeWood, 12805-A Mink Farm Road, Thurmont. Tri-State Astronomers (TSA). 7:00 p.m. (bring picnic dinner!); 9:00 p.m. Star Party. Free event; donations are welcome. RSVP 301-271-2823 or info@thorpewood.org.
- 27 ... "Green Living" Workshop at Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. 11:00 a.m.-Noon. Free workshop: Learn how to have healthiest body & home environment.

# may

- 4.....Emmitsburg Lions Club BBQ & Yard Sale, S. Seton Ave., Emmitsburg. BBQ 11:00 a.m. until chicken dinners are gone; yard sale 8:00 a.m.-5:00 p.m. Table space/\$5.00. Call Zurgable Hardware 301-447-2020.
- 5.....Boudoir at the Barn by Dawn Kearney Photography. Call 443-975-4356 for more details.
- 5.....Cash Bingo, Thurmont Post #7 AMVETS, Thurmont. 7:00 p.m. Benefits Catocin High School (CHS) 2013 Safe & Sane. Karen Schildt 240-285-8076.
- 11....Wing Nite, Lewistown Fire Hall. 5:00 p.m. \$20/person (includes meal, wings & beverages). Benefits Catocin High School (CHS) 2013 Safe & Sane. Lisa White 240-367-6996 or Brian Smith 301-748-6230.



# VIGILANT HOSE COMPANY #6

## 5TH ANNUAL SPRING FLING

### \$30,000 given in prizes!

Noon.... \$1500 Cash	1:30.... \$400 G. Cert.	2:55.... \$200 Cash	4:20.... \$400 Cash
12:05.... \$200 Cash	Shriver's Meat	3:00.... \$2500 Cash	4:25.... \$200 Cash
12:10.... \$400 Cash	1:35.... \$100 G. Cert.	3:05.... \$200 Cash	4:30.... \$400 Cash
12:15.... \$100 G. Cert.	Carleo's	3:10.... \$400 Cash	4:35.... \$100 G. Cert.
The Palms	1:40.... \$400 Cash	3:15.... \$100 G. Cert.	Stavros Pizza
12:20.... \$400 Cash	1:45.... \$200 Cash	Chubby's Barbeque	4:40.... \$400 Cash
12:25.... \$200 Cash	1:50.... \$400 Cash	3:20.... \$400 Cash	4:45.... \$200 Cash
12:30.... \$400 Cash	1:55.... \$200 Cash	3:25.... \$200 Cash	4:50.... \$400 Cash
12:35.... \$100 G. Cert.	2:00.... \$1000 Cash	3:30.... \$400 G. Cert.	4:55.... \$200 Cash
Ott House	2:05.... \$200 Cash	Jubilee Foods	5:00.... \$1000 Cash
12:40.... \$400 Cash	2:10.... \$400 Cash	3:35.... \$100 G. Cert.	5:05.... \$200 Cash
12:45.... \$200 Cash	2:15.... \$100 G. Cert.	East Park Auto	5:10.... \$400 Cash
12:50.... \$400 Cash	Dave & Jane's	3:40.... \$400 Cash	5:15.... \$200 Cash
12:55.... \$200 Cash	2:20.... \$400 Cash	3:45.... \$200 Cash	5:20.... \$300 Cash
1:00.... \$1000 Cash	2:25.... \$200 Cash	3:50.... \$400 Cash	5:25.... \$200 Cash
1:05.... \$200 Cash	2:30.... \$400 Cash	3:55.... \$200 Cash	5:30.... \$400 Cash
1:10.... \$400 Cash	2:35.... \$100 G. Cert.	4:00.... \$1000 Cash	5:35.... \$200 Cash
1:15.... \$100 G. Cert.	Hillside Restaurant	4:05.... \$200 Cash	5:40.... \$300 Cash
Red's Tavern	2:40.... \$400 Cash	4:10.... \$400 Cash	5:45.... \$200 Cash
1:20.... \$400 Cash	2:45.... \$200 Cash	4:15.... \$100 G. Cert.	5:50.... \$400 Cash
1:25.... \$200 Cash	2:50.... \$400 Cash	Rube's Crab Shack	5:55.... \$200 Cash

**Horseshoes • Food • 50/50 Tip Jars**  
**Live Music • Beverages**  
**& TONS OF FUN!!**  
**\$60.00 per Ticket**  
**Good for two people!**

**Saturday, May 18, 2013 at**  
**Mt. St. Mary's University Echo Field**

*Spring Fling benefits Vigilant Hose  
Company & VHC Explorers Post*

**Get Your Tickets NOW!**

**For Tickets & Info:**

**Chris Stahley • 301-447-3081**

**John Glass • 301-447-3648**

**Gabe Baker • 301-447-2212**

**Bill Boyd • 717-642-9717**

**www.vigilanthose.org**

**Final Drawing**  
**6:00 p.m....**  
**\$4,000**

**See Additional Advertisers' Specials & Coupons Inside!**



## QUALITY PRINTED PRODUCTS

Quick Turnaround • Custom Designs • Friendly Service  
Not sure if we print it? CALL Us to find out!

**GRAPHIC DESIGN...WEBSITES...**

**APPAREL...SHIPPING...**

**COPYING...FAXING...**

**NOTARY...LAMINATING...**

**BLUE PRINTS...WIDE**

**FORMAT COLOR PRINTING &**

**LAMINATING...BANNERS &**

**SIGNS...PHOTO PRINTING...**

**BUSINESS CARDS, FORMS,**

**BROCHURES, MAILERS,**

**ENVELOPES, CHECKS...**

**SHIPPING UPS • FEDEX • POSTAL**

**\$1.00 OFF**  
**YOUR CUSTOM**  
**T-SHIRT!**

Simple Design ONLY. Text & Pictures  
- some exclusions apply. Valid until  
April 30, 2013

**E + COPY CENTER**  
**& Promotions**

**Reasonable Pricing**  
**Reliable Service**

**AS OF APRIL 1<sup>ST</sup> 2013**

**BRING**  
**YOUR**  
**35MM**  
**NEGATIVES**  
**& SLIDES!**  
**WE CAN**

**NOW CONVERT TO FILES & MAKE PRINTS!**

**Camera Slides**  
**& Negatives**

**10% OFF**

**Any order**  
**over 30 pieces!**

Some exclusions may apply.  
Offer valid until April 30, 2013

**KODAK**  
**Photo Kiosk**

**BUY 10**  
**PRINTS & GET**  
**ONE FREE!**

Offer valid until April 30, 2013.  
Valid at E PLUS only.

**Bring Your COUPONS**  
**For Extra Savings!**

**Inside of the Emmitsburg Jubilee**  
**(P) 301-447-2804 • (F) 301-447-2946**  
**epluscopycenter@aol.com**