Eatoctin Colorfest Celebrating 50 Years of Service to the Thurmont Community

by Valerie and Randy Nusbaum

www.thecatoctinbanner.com www.epluspromotes.com

The Catoctin Colorfest started in 1963 as a nature walk led by Thurmont's own John Brown to view the beautiful fall colors, but Catoctin Colorfest has grown into a nationally-recognized juried arts and crafts show. Artists, vendors and shoppers from all over the country flock to Thurmont on the second weekend in October each year to sell, browse, shop and eat.

This year, on October 12 and 13, Catoctin Colorfest will celebrate its 50th anniversary. Commemorative 50th anniversary wooden ornaments will be available for purchase at the Colorfest information booths located in the Community Park. The ornaments were designed and handmade by Colorfest board member Mac Ancarrow.

Catoctin Colorfest has proudly served the Thurmont community for the past fifty years by awarding scholarships to graduating



Saturday in the Park, Colorfest 2012.

students at Catoctin High School. Scholarship donations total more than \$140,000 since the scholarships were established. In addition, Colorfest regularly donates funds to the Guardian Hose Company, Thurmont Community Ambulance, the Thurmont Police Department,

the Thurmont Public Library, and the Thurmont Food Bank. Colorfest has furnished holiday decorations to the town of Thurmont, and purchased benches and the flag pole for the Community Park, as well as sponsoring the Family Movie Night in the summer, and participating

in the children's Halloween party in October. The new sign at the Thurmont town office was donated by Catoctin Colorfest.

Total Print Run: 11,500

Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

Each year, the event is organized and executed by a team of volunteers, headed by current Colorfest President, Carol Robertson. The group begins preparations for the next year's show as soon as the current show ends, and works throughout the year processing and jurying applications, preparing advertising materials, and readying the Community Park for the show. Donations and gifts are awarded annually at the Catoctin Colorfest banquet held in November, but Colorfest continues to help out both the town of Thurmont and individuals or organizations in need throughout the year. Cash and food donations to the Thurmont Food

Colorfest

— Continued on page 37

The 57th Annual Thurmont & Emmitsburg Community Show



This doggie was decked out for a day at the beach during the costume contest at the Community Show

Ashley McAfee was named FFA Ambassador during opening ceremonies. She is shown with the outgoing Ambassador, Shelly Hahn



Photos

The 57th AnnualThurmont & Emmitsburg Community Show was held at Catoctin High School in Thurmont on September 6-8, 2013. This annual Community Show is the largest in the State of Maryland.



Merle McCleaf. Dawn Hobbs baked the Grand Champion Cake that was purchased by Mountain Gate Restaurant.



thecatoctinbanner. com by scanning the QR tag with our mobile device.

Pictured from left are Ashley McAfee, Dawn Hobbs and

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From the Publisher

Dear Reader:

On my way to the copy center to work on this issue the Sunday before we went to print, I was almost to the store when my travels took me up the mountain, down the mountain, back to my house in Thurmont, to the grocery store in Thurmont, to Gettysburg Outlets, to downtown Gettysburg, to Walmart in Gettysburg, then finally to the copy center in Emmitsburg. It was a beautiful and perfect Sunday. I saw many people I know, tons of tourists, bicyclists all over the mountain, and beautiful scenery everywhere. It was one of those days that makes a person take notice and appreciate where they are, where they live, and the amazing people and places they see often, and often take for granted. It is a goal of this newspaper to give the reader a feel-good, make-you-smile "ride" as you read this publication. This month, enjoy the "ride" as we take a look at what happened at the annual Thurmont & Emmitsburg Community Show in September, and prepare to celebrate the 50th Catoctin Colorfest in October. You'll also read about several business updates and local history from a Ritchie Boy.

I almost forgot to tell you: With 48 pages, this issue is the biggest issue we've ever printed! Enjoy!

As always, I urge you to patronize the advertisers who reach out to you through The Catoctin Banner. It has existed due to the advertising support of those featured in each publication. All of our advertisers, especially those who have been on board long-term, are greatly appreciated!

—Deb Spalding, Publisher

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POLICY: The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is *no later than* the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

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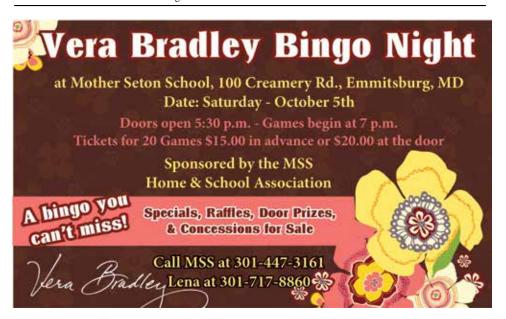
Community Remembrance Tree

Stauffer's Funeral Home and Thurmont PNC Bank are partnering with the Thurmont Lions Club to present the 4th Annual Community Remembrance Tree. Visit Thurmont PNC Bank to purchase a blank disk (\$3.00) and decorate it in honor of, or in memory of, a loved one in any way you would like. Return the completed disk to Thurmont PNC Bank no later than November 1, 2013. Your disk will be assembled inside a clear, weather-resistant globe and hung on the Community Remembrance Tree, which will be dedicated during Christmas in Thurmont on Saturday, December 7, 2013. Visit www. thurmontlionsclub.com for more information.

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We Invite You to Share Your Good News!

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Seeking Emmitsburg High School **Graduation Pictures**

The Emmitsburg Alumni Association is compiling materials for a book of Emmitsburg High School's history. Class graduation pictures have been obtained for the years from 1939 to 1968 (when the high school closed). The association asks your assistance in locating the following class graduation photos: 1922-1927; 1930; 1935; 1937; and 1938. Pictures of school groups prior to the opening of the Emmitsburg High School in 1922 would also be appreciated.

The 175-page paperback book will be available in October 2013, costing \$15.00. Shipping cost is \$5.00. For more information, contact Joyce Bruchey at 410-775-7921 or jbruchey6444@gmail.com. Photos may be sent to Joyce at 6444 Middleburg Road, Keymar, MD 21757.





Emmitsburg September 2013

Cast Your Vote—Emmitsburg's Election on October 1

The following candidates are running for a Commissioner's seat for the town Election this year: Glen Blanchard, Joyce Rosensteel, Jennifer Mellor and Pat Joy. Only two Commissioner seats are available. The election location is 22 East Main Street (the former town hall building, currently used as the community deputy's office) and is open from 7:00 a.m.-8:00 p.m. Each term lasts for three years. See detailed information on page 5 to find out more about the Candidates.

Update on New Wastewater Plant and Proposed Solar Farm

The new wastewater treatment plant is on task to be complete and functional by the year 2015. Implementation of the new plant was a requirement by the State of Maryland in order to comply with environment standards that protect the Chesapeake Bay. Funding for the plant is coming from grants, loans, and an increase in water and sewer bills for citizens of Emmitsburg. In order to cut the costs of the treatment plant, a proposal to build a solar energy farm at the waste water treatment site has been put on the table. The

town hall reports

by Michele Cuseo

proposal includes installing solar panels to generate enough electricity to more than compensate for the increase in electric usage. The solar power generated would be fed into the general power grid and the town would then receive credit toward the electric usage. Town officials have not yet approved the proposal.

Trick or Treat—October 31

Thursday, October 31 is the official trick or treat day in Emmitsburg. Driver's please take care on your way home from work as the children come out to enjoy their evening of trick or treat.

For more information about the Town of Emmitsburg, log onto www. emmitsburgmd.gov or call 301-600-*6300*.

Thurmont September 2013

Halloween in the Park—October 26 The annual Halloween in the Park event will begin at 6:00 p.m. on October 26 at the Community Park on Frederick Road in Thurmont (Rain date: November 2, 2013).

Changes to Ordinance for Swimming **Pools**

The Ordinance that manages the operation of in-ground or aboveground pools has been updated to include required maintenance during off-summer months. The main issues deal with neglect of a pool that becomes a health issue due to mosquito infestations and any other public health concerns. The Ordinance streamlines the procedures for correcting these issues. Any property owner who does not comply with the ordinance runs the risk of being billed by the town of Thurmont to have the pool sprayed for mosquitos, etc.

Funding for Colorfest Expenses Approved

Costs for sanitation, cleanup, buses, and security have been approved by the town officials for the upcoming Colorfest. Costs included the following: Trash/Porta-Pots: \$14,750; Bus Service: \$16,432; and Security: \$11,200. The town expects to be able to pay for these expenses from the funds collected for Colorfest permit fees.

Main Street Headquarters Bid Award A bid award was given to Lonestar Construction in the amount of \$59,744 to repair the Main Street Headquarters building on Water Street (located at the old Library

building). The bid covers repair to the roof, third floor damages, installation of steel support columns and foundations, and installation of ADA (Americans with Disabilities Act) compliant restrooms.

View the Town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

Farmer's Markets

Thurmont • (through September) Saturdays, 9:00 a.m.-Noon, Carnival Grounds, East Main Street, Thurmont.

Emmitsburg • (through October) Fridays, 3:00-7:30 p.m., South Seton Avenue, Emmitsburg.

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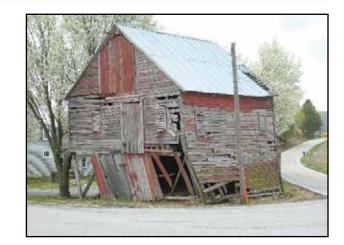




Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of The Catoctin Banner Newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@thecatoctinbanner.com to record your guesses. Please don't forget to leave your name and phone number.

Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and



www.TheCatoctinBanner.com

everywhere around and in-between.

Last month's "Where Am I?" photo was taken at Mount Moriah Lutheran Church in Foxville, Maryland. Last month's winner is Susan Harrison.

Hidden Object Game

Last month's Hidden Object was a blue 1st place ribbon. It was located on page 6 in the Beth Sholom Community Center advertisement. The winner of the Hidden Object Game is Catherine Bryan. If the winner has not been contacted, please call us to claim your prize. This month's Hidden Object is a purple field hockey stick.

If you see your name listed as a winner, please email us at news@ thecatoctinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.

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Test Your Word Power



- 1. Perpetual (adi.)
 - a) Continuing without interruption
 - b) Stunned: dazed
 - c) Wise; sensible
- 2. Discern (v.)
 - a) Regulate; direct b) Differentiate; recognize
 - c) Passing; brief

- 3. Enviable (adj.)
 - a) Rigid; fixed
 - b) Worthy of envy; desirable
- c) Compact; close together
- Nettlesome (adj.)
 - a) Authentic; real b) Low spirits; depressed
 - c) Annoying; pesky
- 5. Which word above would work best in this sentence? People who meditate regularly feel an _____sense of calm.

Emmitsburg Residents Vote for Commissioners

by James Rada, Jr.

What began as a six-person race for two seats on the Emmitsburg Town Council is now only four people as election day approaches.

The two seats open for this election are those currently held by Patrick Joy and James Hoover. Election Day is Tuesday, October 1, 2013, from 7:00 a.m.-8:00 p.m., at 22 East Main Street in Emmitsburg (current community deputy office).

The candidates who have filed to run for election for three-year terms are: Patrick Joy, Glenn Blanchard, Joyce Rosensteel, and Jennifer Mellor.

Joy is an incumbent on the council who was first elected in 2010. He and his family moved to Emmitsburg in 2003, and he is a member of St. Mary's Catholic Church. Besides being a council member, he was also chairman of the Parks and Recreation Committee and the secretary of the Planning Commission.

Joy wrote that his priorities as a commissioner are to reduce/maintain the town budget, reduce property taxes, foster a better environment for business/commercial developments, complete the multi-user trail project, and maintain a responsive/transparent town government.

Joyce Rosensteel is a life-long resident of Emmitsburg and a former member of the town council. She is currently a member of the Emmitsburg Planning Commission.

"I have experience and I want to give back to the town," Rosensteel said. She said that one of the things she would like to push for is a bypass to alleviate the rush hour traffic and backups at the town square during rush hours.

Glenn Blanchard is a former member of the town council. He had been elected in 2005, but had to resign earlier this year for health reasons. He was also a member of the town's Parks and Recreation Committee, liaison to the Planning

Commission, and the town treasurer.

Blanchard priorities if he is elected are to continue to improve the town's parks and trails, try to help people who need it with services, and be vigilant as growth starts again in the

"Development in Frederick County is starting to heat up again, and we need to make sure that we don't go off the deep end with development," Blanchard said.

Jennifer Mellor is the only candidate who is not a former or current member of the town council. She is currently a member of the Emmitsburg Parks and Recreation Committee. She did not get back to the Banner in time for publication with what her priorities as a town commissioner would be.

Rosario Benvengi and Denise Etris had also filed to run for election, but had to withdraw for family issues. Hoover, who is a former mayor and commissioner of Emmitsburg, did not file to run to maintain his seat on council. He had been appointed to the council when Blanchard resigned.

The winners of the election will be sworn in and begin their duties on the town council on October 7, 2013.

Thurmont Town Elections

Elections for two Commissioner positions and the Mayor position for the Town of Thurmont will be held October 29, 2013, at the Fireman's Activity Building. Polls will be open from 7:00 a.m.-8:00 p.m. The last day to register for the Town Election is October 1, 2013. The Nominating Convention for individuals to run in the election was held September 24, 2013, at 7:00 p.m. at the Thurmont Town Office. For more information about the candidates or election, visit www.thurmont.com







The Catoctin Banner Newspaper

Make A Joyful Noise to the Lord!

All are invited to a combined Concert/Worship Service at 10:00 a.m. on Sunday, October 6, 2013, at St. Stephen's United Church of Christ, 25445 Highfield Road, Cascade, Maryland. Popular band leader, Rocky Birely, will present instrumental music with flute and saxophone, accompanied by Organist Lana Sorenson Emery. Singers Carole Dion, Kathleen Renninger, and Patrick O'Kelly will offer vocal selections.

The concert includes: Pie Jesu (Requiem Mass by Faure), More Precious Than Silver, When I Survey the Wondrous Cross, El Shaddai, He is Exalted, O For a Thousand Tongues to Sing, Let There be Peace on Earth, Fairest Lord Jesus, and The Lord's Prayer.

The worship portion will include scripture readings, reflection, prayers, hymns sung by the congregation, and blessing. A free-will offering will be shared with the community's Help Hotline Food Bank. Please also bring canned food items. Call Rev. Sandy Price at 301-476-1801. View their advertisement on page 29.

Patronize our Advertisers in The Catoctin Banner!





AROUND town

50th Annual Catoctin Colorfest Comes to Town

www.TheCatoctinBanner.com

The Catoctin Colorfest is coming to Thurmont on October 12-13, 2013, from 9:00 a.m.-5:00 p.m. The Catoctin Colorfest features juried arts and crafts, great food, shuttle bus service, and much more! Admission is free. View their advertisement on page 19 for more information. Visit www.colorfest.org.

8th Annual Lacie's Legacy Memorial Walk

The 8th Annual Lacie's Legacy Memorial Walk will take place on Saturday, October 19, 2013, at Carroll Valley Park in Fairfield, Pennyslvania. Registration will begin at 10:00 a.m.; the Walk will start at 11:00 a.m. (rain or shine). The cost is \$10.00 per participant, with lunch included. Bring the whole family—event features raffles, door prizes, silent auctions, and more fun activities! All proceeds will be donated to NTSAD for research and education of Tay Sachs Disease in memory of Lacie Wivell.

View their advertisement on page 10 for more information.

Vera Bradley Bingo Night at MSS

Mother Seton School (MSS) is hosting a Vera Bradley Bingo Night on Saturday, October 5, 2013, at Mother Seton School, located at 100 Creamery Road in Emmitsburg. Doors will open at 5:30 p.m.; games will begin at 7:00 p.m. The cost of a ticket (20 games) is \$15.00 in advance, or \$20.00 when purchased at the door. The Bingo Night is sponsored by the MSS Home & School Association. The event will feature raffles, door prizes, and more! View their advertisement on page 3 for more information.

Christ's Community Church's Movie Night

Bring the whole family to Movie Night at Christ's Community Church (CCC) on Friday, October 4, 2013, at Emmitsburg Community Park, from 6:00-9:00 p.m. The featured movie is The Emperor's New Groove. Bring a covered dish to share and lawn chairs. View their advertisement on page 6 for more information and for days and times of Services.

In addition, Christ's Community Church is holding auditions for their CCC Drama Program on October 25-26, 2013. They are offering FREE drama classes, where you or your child will be able to learn acting, stage makeup, stage prep, prop design, publicity, and much, much, more! The CCC Drama Group is for ages 8-19. We will be performing Peter and Wendy at the end of the school year.

Auditions will be held on Friday, October 25, from 4:00-6:00 p.m., and Saturday, October 26, from 2:00-4:00 p.m. Please bring a monologue to read to the judges. Christ's Community Church is located at 303 W. Lincoln Avenue in Emmitsburg. Practices will start on November 7, 2013, and run from 4:00-5:30 p.m. Contact Director Clair Talcott at clairmarie18@gmail.com or by phone at 717-778-1640 for more information and to sign up.

Brookfield Pumpkins

Brookfield Pumpkins is open from September 28 through October 31, 2013, and offer free admission and free hayrides (Friday-Sunday). They also offer a petting zoo, face painting, corn maze for the cure. Proceeds benefit breast cancer research. View their advertisement on page 4 for more information.

Lawyer's Moonlight Maze

Visit Lawyer's Moonlight Maze for a night of fun—featuring their adventurous corn maze, indoor playground, indoor hay maze, food vendors, pumpkin cannons, and much more! Admission is \$7.00 per person (ages 5 and under are free). Lawyers Moonlight Maze is located at 13003 Creagerstown Road in Thurmont. View their advertisment on page 17 for more information and for their hours.

All American Hot Dog and Ice Cream

On October 6, 2013, All American Hot Dog and Ice Cream will be holding their Grand Opening, at 2:00 p.m. They are located on 17400 Tract Road, just outside of Emmitsburg. View their advertisement above for more information.

Emmitsburg Lions Club's Chicken BBQ & **Yard Sale**

The Emmitsburg Lions Club is hosting a Chicken BBQ and Yard Sale on October 5, 2013. The yard sale will begin at 6:00 a.m. The Chicken BBQ will be for sale at 11:00 a.m. until they are sold out! Show up that morning for yard sale spaces—there is plenty of space for everyone. View their advertisement on page 7 for more information.

Big Bucks Bingo at Beth Sholom Community Center

Play Bingo on Sundays and Mondays at the Beth Sholom Community Center, located at 1101 N. Market Street in Frederick, Maryland. Doors open at 5:00 p.m., with games beginning at 7:00 p.m. Bingo games feature \$1,000 and \$500 jackpots! Regular games pay \$100; refreshments available. Don't miss their Holiday Bonanza on October 21 and 27, 2013.

Bring in their advertisement, located on page 27, for a FREE Jackpot!

Save the Date for Thurmont Guardian Hose Holiday Bazaar

The Thurmont Guardian Hose Company will hold their Holiday Bazaar on November 9, 2013, from 9:00 a.m.-2:00 p.m., at the Thurmont Fireman's Activities Building at the Carnival Grounds in Thurmont. View their advertisement on page 5 for more information.

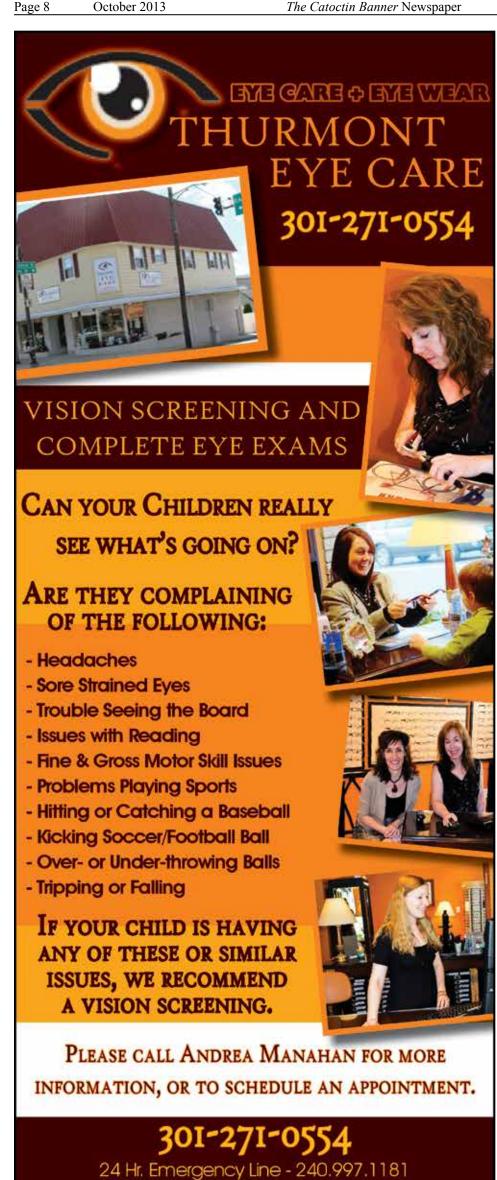
Emmitsburg Volunteer Ambulance Company's Bingo Bash

On November 9, 2013, the **Emmitsburg Volunteer Ambulance** Company will hold a Bingo Bash, at 17701 Creamery Road in Emmitsburg. Doors will open at 4:00 p.m., with games beginning at 7:00 p.m. Bingo Bash will feature 22 games, paying \$250 each, plus three big Jackpots and a meal! Tickets are \$35.00 in advance; \$45.00 at the door. View their advertisement on page 40 for more information.

Check the Community Calendar on page 47







2 East Main St. • Thurmont, MD 21788

Business news

Where Patriots Come to Meet and Eat – All American Hot Dogs and Ice Cream

Jack and Dana Collins, and their daughters, Faith and Cheryl, wanted a family business that would offer the community a place to relax and have a good hot dog, sausage, snowkone, milkshake, or soft serve ice cream in a patriotic atmosphere. They also wanted to support local and national charities.

Amid last minute construction of the hot dog stand and improvements to the grounds, their
All American Hot Dogs and Ice Cream business opened September 7, 2013, just west of Emmitsburg, at the corner of Route #140 and Tract Road. After a few days in operation, Jack found a new source of food and supplies at the local grocery store, Jubilee Foods. They gave the best prices, from which the Collins were able to lower prices to the customers.

Jack said, "Building this 'hot dog and ice cream shack' took a lot of hard work from a few people in the community and family." First on the scene, and throughout the process, was Terry McNair, Terry Jr., and their crew who moved the building in place, supplied rock and gravel, apron and driveway improvements, and more. As for the building, deck and handicap ramp, the builders were Jack's step-son Ernie Kingan, Jack's brother-in-law Mike Anthony, and Mike Mister. Jack said, "I owe a lot to these guys and to their employer, Eric Moore, who owns a local construction company. They busted their butts to get this place ready." Electrician, Wade Joy, did a great job getting power to the building and adding inside circuits for equipment. Jack's brother, Joe (Army Vet) gave a hand, too. In the eleventh hour, days before opening, the cavalry arrived—members of the local VFW-Marty, Gene, Bob, Tony and Louis (Try the VFW dog!) Jack said, "True All Americans. I thank them all!"

All American will hold a Grand opening on October 6, 2013, at 2:00 p.m. Emmitsburg's Mayor Briggs and the Emmitsburg town commissioners, as well as two Frederick County All Americans, Blaine Young and Sheriff Chuck Jenkins (two delicious and



Pictured from left are Jack Collins; Dana Collins; their daughter, Faith; and Sophia Perez with her granddaughter,
Maria Perez.

popular dogs named after them), and VFW President Marty Williams. A portion of the day's proceeds will benefit Mother Seton School. This is the first of many fundraisers All American will sponsor.

All American hot dogs have been named after great and local All Americans who epitomize good American values like The Good Ole Boy (Blaine Young), The Top Dog (Sheriff Chuck Jenkins), and The VFW (Marty Williams and friends). The Steve Collins is named after Jack's younger brother who was killed while serving his country. The McNair, The Commander, The New Yorker, Dave's Buffalo Blue Warrior Dog and the Sister Louis are named for local All Americans. Jack said, "Our values are what guide us and determine where we, and eventually, our nation will go in life. Values tend to influence attitudes and behavior. And in this day and age, it is hard to stick to the All American values that made us the greatest nation in history: Love of God, country and family and the actions and sacrifices needed to achieve the best for each. But, with the decay of morals and government-mandated decay of our society, many no longer strive to be their best, using the God-given talents we were born with. Many find it easier to let the government take care of you, feed you, house you and tell you what is right or wrong by passing laws that weaken the strong and hard workers while artificially strengthening the lazy. We all have the potential to succeed, it is our responsibility to make it happen."

With that said, All American also offers the 'Dark Side Dogs', such as the Obama, the Michelle, the Biden,

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American Hot Dogs — Continued from page 8

the Pelosi and the O'Malley (more to come). These dogs are not edible and are too expensive for the middle class

All American places special emphasis on honoring those who serve, have served, or made the ultimate brave sacrifice for our country. Jack said, "We will never forget or leave you behind."

The Collins Family welcomes All Americans who share our values, and those who do not. They want to offer a place to network, share values, and help each other become better Americans for our family and

All American plans to continue improving their location, providing their customers with great comforts such as a new pavilion, landscaping, and games for all ages! Jack recently

purchased a Cornhole and Ring Toss game for the little ones to play—and that's only the beginning! In the near future, they also plan to expand their menu and hours of operation, create a webpage (featuring a directory of services for customers), and have a Facebook page listing updates and specials. All American will even feature live entertainment. Jack also mentions, "We are privledged to be featuring local music talents, such as Bo Hek - Rock-N-Blues and Ron Ogle, of Gypsy Box Productions."

Jack said, "We want to support each other in our quest to make this a better town, state, and country for our families and countrymen."

All American's hours of operation are Fridays, from 4:00-8:00 p.m; Saturdays, from 11:00 a.m.-8:00 p.m.; Sundays, from 12:00-6:00 p.m.

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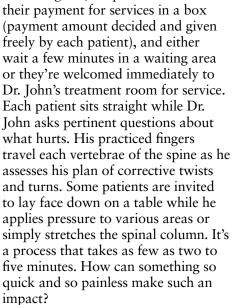




Center of Life Chiropractic Center Celebrates 20 Years

by Deb Spalding

Dr. John Hagemann (Dr. John), proprietor and chiropractor of the Center of Life Chiropractic Center in Thurmont, has worked chiropractic miracles over the course of his twenty years in business. Those who visit him for service sign in, drop



For twenty years, Dr. John Hagemann has been making an impact, indeed. Over 30,000 people have walked into his office at least once to receive chiropractic adjustments. Many are in need of immediate relief from pain while others visit regularly to maintain spinal health.

Located at the corner of Park Lane and Water Street in Thurmont, The Center of Life Chiropractic also houses massage services, yoga and Pilates classes, and general health and wellness resources.

On the 118th birthday of chiropractic, September 18, 2013, the Center of Life held an open house to celebrate their 20th anniversary. Though Dr. John was raised on the Jersey Shore, his schooling at Mount St. Mary's College allowed him time to explore the Catoctin area. After graduating from MSM in 1988, not only did he decide to open the Chiropractic office in Thurmont in 1993, he bought a home and became a local. He said, "The choice that I made to come to Thurmont was a great decision. I was welcomed by the community right away. They helped me start and spread the

Within a few years of opening, Dr. John noticed that not all people could afford chiropractic or they

Photo by Deb Spalding Dr. John Chiro with Noah Stone, a Catoctin High School Track athlete.

felt intimidated by the process. He wanted to eliminate the barriers to chiropractic service so that any person could access the benefits. He took a gamble and pioneered a new process. He stopped accepting insurance in favor of a fully accessible office where the patient has more freedom and control. A patient simply drops in during operating hours, decides how much they can afford to pay for service, and slips in for a few moments with Dr. John. This philosophy is in keeping with his mission work in Brazil, El Salvador, and Mother Theresa's home in Calcutta. Mission work has impacted Dr. John's life in many ways. He met his wife, Marcia, in Brazil while on a mission trip.

Lately, Dr. John's mission trips have been put on the back burner as his practice has become more demanding. The practice grew in popularity by word of mouth. He said he, "takes care of people like they are part of the family. When treated like family, people are going to tell their friends.'

Dr. John said, "You can treat back ailments with drugs and drugs and more drugs. I have an aversion to that system. It is fascinating how the body changes. People come in here in pain and miracles happen in here every day." Dr. John has treated many who couldn't walk into the Center but who, after treatment or a succession of chiropractic treatments, walked out on their own.

In the future, Dr. John's goal for the center is to have more multidiscipline practitioners. He said, "While we have massage therapists, I'd like to add acupuncturists. Another chiropractor would be great!" He added, "I don't know how I do it, but it works. The energy that happens here overrides any physical discomfort. It's all about love and gratitude in the Center of Life office. That is the secret of success!"

www.TheCatoctinBanner.com

Photo by Gracie Eyler

From the Woods to the Wall

by Grace Eyler

Many whom partake in the sport of hunting, wait all year for three special months to arrive in hopes of "getting the big one." Much of a sportsman's free time is spent scouting in the woods, strategically placing cameras on deer trails, and luring deer into their hopeful honey hole. All the man hours put in can come down to a few seconds, when that trophy buck steps into their sight. But after the cleaning process, what do you do with the remains? Assuming it's a trophy of some sort—the first of the season, your child's first buck, or that big one you've been watching for three years on your trail cam-most would like to take it to a taxidermist to have a shoulder mount. Unfortunately, these mounts tend to be pricey, rarely costing under \$250. That's were Danny Stockslager, an avid sportsman, and outfitter comes into play.

A few years ago, Danny had become fed up with the boiling process to achieve his own European skull mounts. Danny decided to purchase a very small colony of flesh eating beetles to do the work. After the first hunting season while having the beetles, Danny decided that the process didn't pay for itself with the few skulls he would do for himself during a season. In 2010, he obtained his taxidermist license and opened up his home as Quirauk Skull Works.

Most hunters have attempted (at least once) to let nature or the stove do the work on getting the pretty white skull mount from their hunt. Danny explained, "I've heard of guys boiling skulls in their kitchen, and their wives put a stop to that real quick!" While boiling a skull (especially inside), a putrid smell is released that most don't appreciate. Turning this into a do-it-yourself project can damage the skull, making it weak and brittle. Also, many attempt to use bleach to achieve a bright white coloration.

If you bring your kill to Quirauk Skull Works, you don't worry about a thing. Danny strictly does European skull mounts, an economical way to preserve your hunt. We could say that Danny does the dirty work, but really, it's his flesh eating beetles. Please keep in mind, these aren't "Return of the Mummy" flesh eating beetles. They are very small and harmless to anything living. However, if they were in a home with skin/fur mounts, they would happily chow down. Once Danny learned that, and also discovered that they have a natural rotten smell, it was time for the beetles to find a new home outside of his house. Beetles must be maintained in a warm environment. This required Mr. Stockslager to designate a special



Danny Stockslager of Quirauk Skull Works is shown with an elk and deer mounts.

heated building, far away from his living quarters, just for the beetles.

The building is very clean and even heated, just to make sure they don't incur bad weather conditions through the winter months. Along with the occasional help of his son, Dustin, and grandson, Hunter's help, the Stockslager's maintain three colonies. Danny agreed that they are like highmaintenance pets. Danny explains, "The beetles constantly regenerate themselves, but are vulnerable to parasites carried by flies, and power outages where they may lose their heat." Mr. Stockslager found out the wrong way, when one of his three colonies was wiped out due to a bacterial or parasite infestation. He also stated, "It takes about two years for a colony to rebuild itself." If that happens, it can really put a halt on the production line!

So, why is this process so appealing to his customers? It's easy! For one hundred dollars, the hunter drops off his animal head with the hide intact; Danny will store it for them in one of his commercial grade coolers until the beetles work up an appetite. He requests that they aren't brought to him pre-skinned and frozen, because it actually causes more work for him and the beetles, and slows them down. The beetles can devour everything but the skull in less than a week. Generally, Danny says the wait can be around a month, depending on how many are in the fridge. You can bring anything from a raccoon to a elkbeetles are not picky eaters.

Quirauk Skull Works is located off of Ritchie Road in Cascade (just look for the giant flat rock by a tree with an elk engraved into it). If he isn't leading an outfitted hunt in Colorado, he will happily help you anytime, but call ahead. From the woods to the wall, Quirauk Skull Works produces a great trophy every time—guaranteed. Please see his advertisement on page 12.

Here's Clyde's Welcomes New Stylist

by Grace Eyler

Those at Here's Clyde's Family Hair Care have taken on a new member of their team! Her name is Maria Morgan. Maria has fourteen years of experience in the cosmetology field, and previously worked at Thurmont Barber & Styling for ten years. Maria specializes in men's haircuts, foils, long haircuts, updo's, and also loves to work with children. To make an appointment with Maria, call Here's Clyde's at 301-271-4479. She is available on Mondays, Tuesdays, Wednesdays, and Saturdays.

View their advertisement on page





Lawyer's Moonlight Maze is In Season by Deb Spalding

Father and son, Jan and Hunter Lawyer, along with other family and friends, spend year-round preparing the elaborate props, themes, and event areas for the family's annual Moonlight Maze in Thurmont. This year, the corn maze theme celebrates the 150th Anniversary of the Civil War Battle at Gettysburg. The corn maze gobbles a 6.2 mile treck through the corn, and when viewed from above, shows the spectacle of soldiers, a horse, a cannon, a flag, and more. The design is cut into the maze when the corn is young.

Lawyer's Moonlight Maze is the largest corn maze in Maryland. This season, it will remain open through November 3. Highlights include

towering Transformers that serve as cannon targets, a new Military Duece pumpkin cannon, a 30-foot hay bale movie screen, a bonfire in a teepee, and an indoor maze and playground.

Maze ticket hours are Fridays, from 5:00-10:00 p.m.; Saturdays, from noon-10:00 p.m.; and Sundays, from noon-5:00 p.m. Group discounts and private bonfires are available. Lawyer's Moonlight Maze is located at 13003 Creagerstown Road in Thurmont. Visit their website at www. LawyersMoonlightMaze.com. Call 240-315-8611 for more information or view their advertisement on page

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COMMUNITY news

Emmitsburg's First Motorized Fire Engine Back in Town

The Catoctin Banner Newspaper

Courtesy of the Rocky Ridge Volunteer Fire Company, Emmitsburg's first motorized fire engine is again back in town, being featured on temporary loan at the Frederick County Fire/Rescue Museum and National Fire Heritage Center facility (former ambulance building) on South Seton Avenue. It arrived on Saturday, September 7, 2013, and was delivered via a roll-back unit from Bill's Auto Body of Creagerstown, then backed into the building by RRVFC Chief Alan Hurley. Past Vigilant Hose Company Chief John Hollinger was invited to come inspect the recently completed major renovation and was very pleased to see it again. Chief Hollinger had driven it many times during its more than two decades of active service here, and he proudly recalled its service to the community. The unit was sold to the newly organized RRVFC in 1951, thus making it their first motorized unit as well.

Frederick County Fire Rescue Muser
National Fire Heritage Center

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The following signage is posted in the Museum along with the unit:

Rocky Ridge Volunteer Fire Company's First Motorized Fire Apparatus — Built by the Prospect Fire Engine Company of Ohio, this 1930 Ford Model AA pumper was purchased by the Vigilant Hose Company here in Emmitsburg at a cost of \$3,160.00. With a Barton Front-Mounted Rotary-Gear Pump, it had a rated capacity of 300 gallons per minute. Its water tank held 90 gallons. The unit remained in service just up the street until sold to the then newly-formed neighboring Rocky Ridge Volunteer Fire Company in 1951; they own it still today. During its first 30 years of service, it did not have a windshield—Rocky Ridge added the windshield seen here. During 2012-13, the rig was beautifully restored by Bill's Auto Body in nearby Creagerstown, working together with the proud members of the Rocky Ridge VFC.

<u>PATRONIZE OUR ADVERTISERS!</u>



The Catoctin Banner exists due to the advertising support of those featured in each issue.





Catoctin Colorfest Committee Donates to

Library

The Catoctin Colorfest Committee made a generous donation to the Thurmont Regional Library to enhance the Early Literacy Area. This section of the library helps kids develop some of the skills that will help them become better readers once they are in school.

Carol Robertson is shown with her grandson presenting the check to children's librarian Shelba Bollinger.



Thurmont Resident Wins Summer Reading Program Grand Prize



Thurmont resident Kyle Cantwell was the lucky winner of a Kindle Fire from Frederick County Public Libraries. Kyle registered for the Summer Reading program at the Thurmont Library, which automatically entered him into the grand prize drawings. Children's librarian Jeanne Read is presenting the Kindle to Kyle (shown left).

Photo by Tara Lebherz

Special Guest Speaker at Graceham Moravian Church

Trish Sowers, a missionary in Honduras will speak at the Graceham Moravian Church, located at 8231-A Rocky Ridge Road in Thurmont, on Sunday, September 15, 2013, at the 8:00 a.m. and 10:30 a.m. worship services and to Sunday School classes at 9:15 a.m. Ms. Sowers, with her husband Allen and their six children, have served in Honduras for more than ten years. They are originally from this area. Trish will speak about the ministry in Honduras and the recent ordeal of the kidnapping and release of her son. The family's ministry is supported by a number of churches in Frederick County.





The Return of a Ritchie Boy

by James Rada, Jr.

Cascade may be a small community nestled in the mountains, but what happened there seventy-five years ago helped change the world.

Guy Stern (pictured right) fled Nazi Germany in 1937 as a young man of 15. He left behind his parents and two siblings.

"I made efforts to get the papers for my family to emigrate and I almost succeeded, but in the end it did not work," said Stern in an interview with the *Waynesboro Record Herald*. Stern's family eventually perished in the Holocaust.

Meanwhile, Stern attended St. Louis University and was drafted into the U.S. Army in 1942. Only a few months after his basic training in Texas, he received secret orders to transfer to Camp Ritchie in 1943.

Because of his German heritage, he had been selected as part of a military intelligence training program. Using the knowledge of the German language and culture that men like Stern had, they were trained in interrogation, psychological warfare, and counter-intelligence. About 9,000 mostly Jewish soldiers went through the training and became known as the Ritchie Boys.

Stern was trained in interrogation



techniques, the evaluation of enemy documents, psychological warfare, German propaganda, and ancillary skills that every soldier needs. The training could also be physically demanding with long, nighttime marches.

"I earned by Ph.D. at college, but nothing I had done at college was as difficult or intense as training at Camp Ritchie," Stern told *The Catoctin Banner*.

However, Stern was also able to appreciate the beautiful mountain setting. He enjoyed swimming in, and canoeing on, the lake.

The training at Camp Ritchie lasted for three months. His group

was then sent to Louisiana for maneuvers that tested whether they had learned the skills they would need in Europe. Stern and other Ritche Boys were then shipped across the Atlantic. They initially landed in Birmingham, England.

The Catoctin Banner Newspaper

While in England, the Ritchie Boys participated marginally in the D-Day invasion planning. Stern said that they were in charge of how prisoners captured in the invasion would be handled. Once the invasion began, the Ritchie Boys landed three days later to begin their prisoner interrogations.

"Within the first half-hour of being on the beach, we began interrogating people and tinkering with psychological warfare," Stern told the *Record Herald*.

One of their tactics was to play on the fears of German prisoners. When the Ritchie Boys discovered that German soldiers feared being turned over to Russians, Stern began dressing up in the uniform of a Russian officer. Another Ritchie Boy would lead the prisoner into a tent decorated with Russian posters and mementos. Stern would then interrogate the prison in character as a German.

One of Stern's coups was when an Austrian deserter gave him a diary that the deserter had kept from the Battle of the Bulge to his capture at the Rhine River. Stern said that between his interrogations and the diary, he believed that the information was correct and useful. It contained information on German morale, plans for troop retreats, and hints to the dispersion of other units.

"We could use the information to form the basis of how we directed our propaganda," Stern told *The Catoctin Banner*.

Stern returned to Camp Ritchie on September 21 and found it very different, at least until sunset. At that time, Lakeside Hall returned to look very much the way it had when it had been an officer's club during World War II.

As part of the Sunset on the Mountain event, the hall was given a period makeover. USO Canteen-style food was served and 1940s music played. Sunset on the Mountain also featured an auction with Fort Ritchie and World War II experiences, including a ride in an open-cockpit PT-19 trainer aircraft, courtesy of the Hagerstown Aviation Museum, a catered dinner at Fort Ritchie's famed Castle, and autographed memorabilia.

The proceeds from the event benefitted the Fort Ritchie Community Center, which is seeking to get a permanent exhibit in the center that features the Ritchie Boys and Camp Ritchie's history.

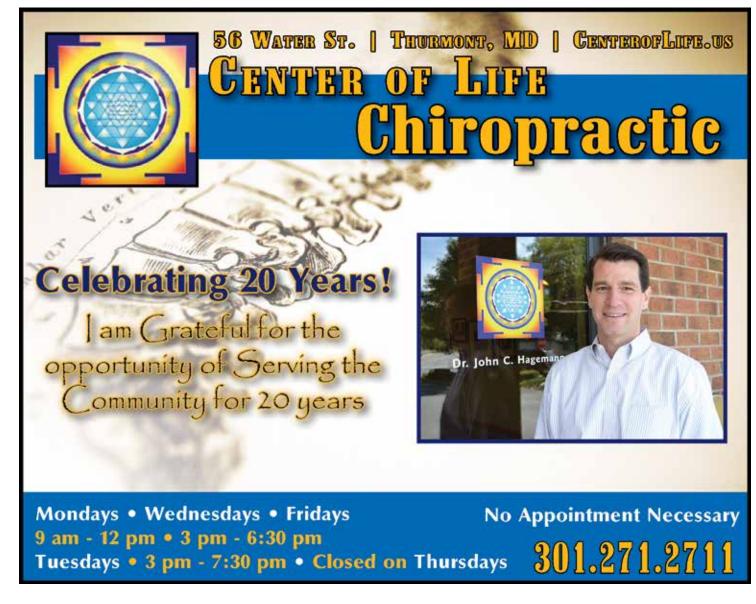
Who Will Be the 2013 Thurmont Volunteer of the Year?

Nominate someone who is making a difference in the lives of others: working with children in the schools or helping at the food bank; a member of a service organization or church; a special neighbor who is always there to help whenever needed. Candidates must do their volunteer service in zip code 21788 and may not be members of the Thurmont Lions Club. Nominations are due October 1, 2013. Forms are available at the Thurmont Regional Library, the Thurmont Town Office, or online at www.thurmontlionsclub. com. Coordinated by the Thurmont Lions Club; Follow them on Facebook.



The Catoctin Banner.

Your Good News Community Newspaper Serving Northern Frederick County, Maryland, Since 1995



Make A Difference Day 2013 — Beautify Our Town

by Theresa Dardanell

October 2013

Drive down Main Street in Thurmont and take a good look at the trolley and the building next to it. The trolley and the transfer station (or sub-station) are an important part of the history of Thurmont. The Hagerstown and Frederick Railway electric trolley system included a station in Thurmont on Main Street. The original depot is gone, but the transfer station remains. The trolley rests on the spot where the depot was located. The trolley system provided residents with an alternative method of travel in the early 1900s. The scenic trip between Thurmont, Frederick, and Hagerstown was more pleasant than travel on unpaved mud roads. It was a great way to travel for work, shopping, or relaxation at local parks. Transportation by car made the trolley system obsolete in 1954.

Watch for lots of activity at this location during the month of October. The trolley and the transfer station will get a fresh coat of paint. Local artist, Yemi, will be creating a mural for the transfer station that will be unveiled on Saturday, October 26, 2013, during "Make A Difference Day," a community project coordinated by the Thurmont Lions Club and made possible from personal donations. The ceremony will be held at 1:00 p.m. at the entrance to the carnival grounds (in case of inclement weather, it will be moved to the Our Lady of Mt. Carmel Social Hall). The original artwork will be auctioned during the program and commemorative gift items will be available for purchase. Awards for Volunteer of the Year and Police Officer of the Year will be presented. Light refreshments will be available after the program.

The trolley trail—which follows part of the original path of the trolley from Main Street to Moser Road—and the trolley car on Main Street remind us of the rich history of Thurmont. The mural will enhance the appearance of the transfer station, while giving us a glimpse of the past.

Catoctin Breeze Vineyard to Release Award-Winning 2012 Reserve Cabernet Franc to the Public

Catoctin Breeze Vineyard, on Roddy Road in Thurmont, will release its 2012 Reserve Cabernet Franc on Saturday, September 28, 2013. The 2012 Reserve Cabernet Franc recently received a silver medal at the 2013 Maryland Governor's Cup Competition. This medium-bodied, dry wine displays subtle notes of cherry with soft tannins and a smooth finish. Guests are invited to bring a picnic and enjoy live music on the patio to celebrate the release. Wines will be available for purchase by the glass or by the bottle. Locally made cheeses will also be available for tasting and purchase.

Catoctin Breeze is a boutique vineyard and winery operation, producing small lots of fine quality Maryland wines, and is a member of the Frederick Wine Trail. For more information, visit www.catoctinbreeze.com or email info@catoctinbreeze.com.





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Sherald Inducted into St. John's HS Sports Hall of Fame

by Deb Spalding

Raised in Frederick, Tom Sherald played baseball and basketball while attending St. John's High School at Prospect Hall. Recently, he was inducted into the St. John's High School Sports Hall of Fame. This is but one accomplishment in a stack of many that were achieved before, during, or after, his 39 years of service as a teacher, coach, and athletic director in Frederick County Public Schools. His most recent term of service was that of Athletic Director at Catoctin High School from 1991 to his retirement in 2011.

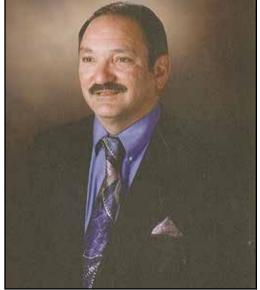
As a young athlete Sherald played some basketball, but focused on baseball as a 4-year starter at St. John's earning the All Blue Ridge League designation in 1965, 1966 and 1967. He played for the Francis Scott Key American Legion where his team earned the State Championship in 1965. He played one year of baseball at the University of Maryland after graduating from St. John's High School. He transferred to Frostburg State College. He was a country boy at heart and Frostburg's rural campus suited him. At Frostburg, he was a 3-years starter and participated in the NAIA World Series in Phoenix, Arizona.

He met his wife, Peggy, at Frostburg. In 1972, he selected Physical Education as his degree even though, "Teaching physical education was the farthest thing from my mind. Everybody said I would never get a job," he said. As luck would have it, the teaching avenue was the road that both he and Peggy would take as they both started teaching in Frederick County.

Sherald was initially hired as an elementary school physical education teacher, but then assisted at Thomas Johnson (TJ) as Assistant Baseball Coach with Tim Ambrose in 1973. He then served as Head Baseball Coach TJ from 1974-1980 followed by Head Baseball Coached at Mount St. Mary's University from 1981-1991. He took on a baseball coaching job at Catoctin in 1999. He was happy to sign on as Athletic Director at Catoctin in 1993 after Paul Nolan retired.

He and Peggy had a son, Patrick, and later a daughter, Laura, who died at age four from an infection she obtained after having surgery for a heart condition. The loss was tragic for the Sherald's, but her name lives on in a scholarship in her name at Mount St. Mary's.

Patrick played sports locally and excelled in baseball. Patrick graduated from Catoctin in 1997. He has also followed a path rich in baseball and coaching baseball like his father.



Courtesy Photo

While accumulating his tenure in the FCPS system, Sherald refereed basketball, coached baseball, helped with CYA football, held Cal Ripken Baseball School at Mount St. Mary's, and helped with CYA youth track. He was named the 1997 Frederick County Coach of the Year.

He retired with 39 years of service in Frederick County Public Schools. His wife, Peggy, also retired with 35 years of service. Sherald said, "It all went by so fast. Some things feel like they were two years ago, and they were actually thirty years ago."

Sherald is most proud of awards that he received that were from his peers. In 2006, he received the Jim Riggleman Coaching Achievement Award by the Frostburg State University Baseball Alumni. In 2000, he was inducted into the Maryland State High School Baseball Coaches Hall of Fame and then the Frederick County Sports Hall of Fame in 2002.

About his accomplishments, Sherald said, "It's not where you start, it's where you finish." He speaks proudly of the growth of the baseball program at Catoctin during his time there. "The program wasn't in very good shape in the late 80s. Lefty Ridenour built the dugouts and put the back stops up," he said. "It was gratifying to see players grow into their careers," he added.

Also at Catoctin, with the help of Brenda Woelfel and Kim Flabbi, the field hockey program was reestablished. He said, "Field hockey was a tradition that got away from Catoctin for a while. It's a good, fun sport."

Sherald enjoyed watching kids that played for him go through their careers. He said he, "enjoyed having parents and then their children go through the programs. It was a neat experience. Some will say it's not a good thing, but I enjoyed teaching in the neighborhood where I live. A lot more good than bad comes out of that."

2013 Christmas Ornament Sale

The Thurmont Lions Club is now taking orders for the ornament, "Angels By Day," the second in a two-part series featuring artwork by local artist Rebecca Pearl. The haunting image of American soldiers standing in Memorial park reminds us of the sacrifice they and their families have made over the years, especially at Christmas time.

Visit www.thurmontlionsclub.com to view the ornament. Contact Lion Joann Miller at 301-271-3913 to order.

Thespians Serve Up A Mystery/Comedy at Thurmont Legion in November

Next month's 2013-1014 season opener for the Thurmont Thespians will be *Musical Comedy Murders of 1940*. This mystery-spoof by John Bishop takes a satirical look back on the pre-war Broadway musical theatre scene, with a sharp twist—there's a homicidal maniac (or maybe two?) roaming the Mansion of a wealthy producer "angel" during a "backer's audition," while uncaught Nazi spies roam the hidden passageways. It seems the last show this creative team had three fatal stabbings of its chorus girls on its pre-Broadway run-up and the identity of the "Stage Door Slasher," as the killer became known in the New York Press, was never found. Thurmont native Michael Brown, a 1990 Catoctin High School graduate and 1994 Mount St. Mary's graduate in Theatre Arts, is directing this diabolical plot-line that will open for six performances, starting Friday-Sunday, November 1-3 and November 8-10, 2013, at the American Legion Auditorium, located at 8 Park Lane in Thurmont. Friday and Saturday evening performances begin at 8:00 p.m.; Sunday matinees begin at 2:00 p.m.

The cast co-stars current Mount St. Mary's sophomore, Rosalyn Smaldone, as "Nikki," a budding actress and dancer. The role of Sargeant Kelly, an undercover New York policeman is played by Catoctin High School graduate, Dr. Greg Ochoa, currently Dean of Academic Affairs at the Mount St. Mary's Frederick campus, living in Waynesboro, Pennsylvania. Also featured in the role of "Marjorie," is producer, Eileen Collins of Thurmont. Paul Smaldone plays the role of "Roger," the Broadway musical composer.

Also featured in the cast are Kyle Tirak of Frederick, who plays "Eddie," a Broadway comedian; Bill Collins of Thurmont plays Hollywood director, Ken DelaMaize; O'Reilly, the Irish tenor, is played by Catoctin High School graduate, Ben Mathis; Elsa Grossenknutten is played by Holly Rife of Sabillasville, who in real life is the Chief Ranger at the Catoctin Mountain Park; Jennifer Brown of Woodsboro plays the role of Bernice, the production lyricist; and newcomer Nicole Covington from Braddock Heights plays the various reincarnations of Helsa, a German Maid with a very interesting family.

Tickets for *Musical Comedy Murders of 1940* are only \$15.00 (including free intermission snacks and refreshments at every performance except the dinner theater). There will be one dinner theatre evening on Saturday, November 9, starting at 6:30 p.m., catered by Mountain Gate Restaurant with a cash bar open before and during the show for \$35.00 (including the show and dinner). Early reservations for all seats and the dinner theatre evening may be made by calling Mrs. Urian at 301-271-7613.

Thurmont Thespians upcoming fall production of *Musical Comedy Murders of 1940* co-stars (from left): Eileen Collins of Thurmont; Greg Ochoa of Waynesboro, PA; Rosalyn Smaldone; and (below) Paul Smaldone of Emmitsburg. The show opens November 1, 2013, for two weekends at the American Legion Auditorium, 8 Park Lane in Thurmont. Call 301-271-7613 for reservations.

Courtesy Photo



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Community Show Highlights Region's Best

by James Rada, Jr.

On one end of Catoctin High School, students spread out artwork, agricultural items and baked foods in the large gym. On the opposite end of the school, other students groomed animals preparing to show them. The 57th Annual Thurmont and Emmitsburg Community Show was getting ready to open.

"We've got a tremendous amount of new people this year both visiting and showing," said President Rodman Myers with the Thurmont Grange. "They are the future of agriculture."

Though events occurred throughout the weekend of Sept. 6-8, Friday evening's opening night activities draw the largest crowd.

The line for the Thurmont Regional Library's annual used book sale began forming even before the 6:00 p.m. start time. Members of the Friends of the Thurmont Library had to shoo away anxious people who wanted a jump on their favorite books. "This is the only fundraiser that the Friends of the Thurmont Library does," said Friends' of the Thurmont Library President Ann Miller. "We earn more than \$2,000 from it." The members of the Friends of the Thurmont Library spend about 70 hours in the weeks leading up to the show sorting books in warehouse space donated by Bill Eyler of Spacecrafters in Thurmont. The money earned is used to help the library with supplies and programs.

The Catoctin Banner Newspaper

Between the animals and the exhibits in the large gym, more than 3,000 entries were shown at this year's Community Show. It was the best work of people living in the Catoctin district. "People don't really come for the premiums, they are more interested in getting the ribbons," Myers said.

During this year's opening ceremony, the 50th Anniversary of Catoctin Colorfest was celebrated, Town of Emmitsburg and Town

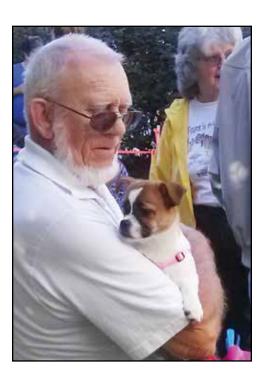
of Thurmont staff members were acknowledged and celebrated, and former FFA Ambassadors were reunited. Following the opening of the show, an auction of all the baked good entries was held. Mountain Gate Restaurant bought the grand champion cake for \$950. Dawn Hobbs baked the winning chocolate cake with peanut butter icing.

The animal fitting and showing competitions for goat, beef sheep and swine were held throughout the day on Saturday. Between the major events, visitors enjoyed a petting zoo, martial arts demonstration, antique

vehicles, pet show and a Thurmont Thespians musical performance.

The Thurmont Historical Society had a table with a photo of the Thurmont Minutemen blown up and allowed visitors to try and help identify some of the men in the photograph. Beside that table, visitors also flipped through hundreds of historic photos of the area from John Kinnaird's collection.

The Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, and the Maryland State Agricultural Fair Board.





(above)

CHS FFA members cheer and chant to encourage bidders to bid on baked goods in the baked goods auction.

(far left)

Far left shows Raymond Bentz with his little dog at the Pet Show.

Left Shelby Hahn and FFA Ambassador Ashley McAfee.







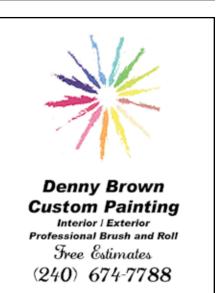
www.TheCatoctinBanner.com

Horseshoe Tournament: Johnny Buhrman, Donnie Kaas, Gary Willard, Scott Hurley, Roy Wivell, Rick Wivell, Richard Willard, Bernie Hobbs, Dave Wivell, Justin Willard, Vince Reaver, Jason Kaas, Dale Kaas, Richard Brown, Dick Glass, Dan Hobbs, Jordan Kaas, Ben Ogle. Missing from lineup is Gary Hoffmaster.



Catoctin Colorfest's 50th Anniversary was commemorated during the Opening Cermony

Pictured from left are: (First row) Ted Zimmerman, Carol Robertson, Ashley McAfee, and Carol Neumann: (Back row) Brian Hendrickson, Rodman Myers, John Brown, Mayor Martin Burns, Mark Zienda (attended in memory of his mother, Beverly Zienda), Bob Valentine, Butch West, Steve Neumann, Dave Harman, and Amy Jo Poffenberger.



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Junior Division **Grand Champion** Cake — Chocolate Cake with peanut butter icing. Wolfe Industrial was the buyer and Paige Baker (age 9, from Thurmont) is the baker of the cake.

Pictured are Randy Wolfe, Page Baker, and the FFA Ambassador Ashlev McAfee.



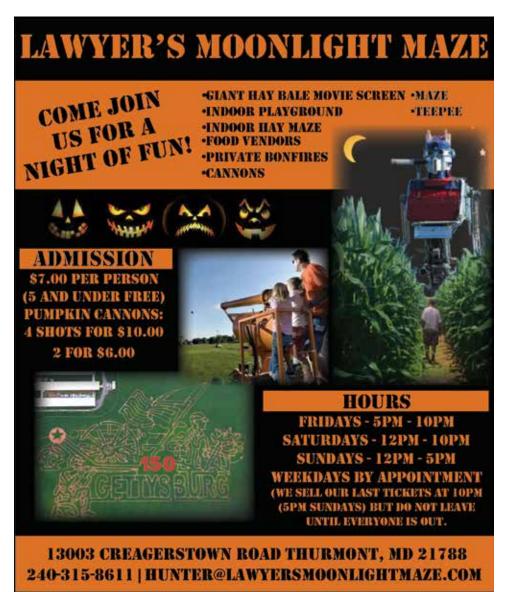
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SCHOOL news

2013 Fall Leadership Program

The Rotary Club of Carroll Creek is holding a Fall Youth Leadership Program for four consecutive Mondays in October and November, and finishing on a Wednesday morning. The program can accommodate up to twenty students who are interested in exploring the dynamics and day-to-day challenges of contemporary leaders in our community.

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Packets can be found in the cafeteria at Catoctin High School or from Mr. Zimmerman in the Career Center.

The application deadline is Wednesday October 2, 2013.

College Night at FCC Open to Area High School Students

Frederick Community College (FCC) will host admissions representatives from more than 100 colleges and universities at its annual College Night on Wednesday, October 2, 2013. Area high school students and their parents are invited to attend the event in the Field House, from 6:30 p.m.-8:30 p.m.

"This is a great opportunity to speak with representatives and gather information from a variety of colleges and universities all in one evening," said Marie Staley, FCC's assistant director of admissions.

We host this event so students in Frederick County have an opportunity to make a first contact with someone from the college they hope to attend. They can ask questions and get immediate feedback.

Last year's College Night attendance exceeded 2,500. The FCC Admissions Office expects another large turnout and recommends participants enter FCC's north entrance (across from Monocacy Middle School) for parking. Coming from Highway 15, this is the second entrance to the campus.

For more information or to find out which colleges plan to attend College Night, contact the FCC Admissions Office at 301-624-2716 or check their website at www.frederick.edu.





Mother Seton School Students Send 1,000 Paper Cranes to Newtown

Mother Seton School students were moved to do something after the tragedy in Newtown, Conneticut, last December to show their love and support for that community. They first created and hung twenty angels on the Christmas tree in downtown Emmitsburg. Now, to let the Newtown community know that they are still in their hearts and prayers, students are sending 1,000 origami paper cranes they folded as part of the school's 7th annual International World Peace Day celebration, which they held last September. The cranes were on display to welcome visitors throughout the

Art teacher Karolyne Myers worked with students on the project to fold the origami cranes. As the students folded the cranes, they learned about Sadako Sasaki, a survivor of Hiroshima, who, along with the paper cranes she folded before her untimely death from Leukemia in 1955, became a symbol of innocent victims. "For International World Peace Day, I like to integrate art, peace, faith, culture, and citizenship in a meaningful project that not only educates, but inspires," Myers said. She hopes the cranes will help inspire peace as the Newtown community continues to heal.

Students at Mother Seton School sent 1,000 origami paper cranes they folded to Newtown, CT, in a gesture of love and peace. Pictured from left are: (Front row) Haleigh Bowling, Nathan Shields. Eliiah Archie. Hannah Hartness Kimberlee Ahlers, Jack Walker; (Back row) Julia Laug, Maria Torborg, Tara O'Donnell, Max Kirby, and Grace Mazaleski



2014 Catoctin Safe & Sane

Remember to encourage your friends and family to park at Weis Parking lot in Thurmont during Colorfest weekend for \$10.00 per vehicle. The Safe & Sane Committee will receive proceeds from this event and all fundraisers that will go directly towards giving the Class of 2014 a wonderful, safe celebration on graduation night.

A Cash Bingo is scheduled for Sunday, October 20, 2013, at the Vigilant Hose Company in Emmitsburg. Doors will open at 12:30 p.m., and games will begin at 2:00 p.m. Tickets will be \$25.00 per person.

There is a Gun Raffle Dinner scheduled for Saturday, November 2, 2013, at Vigilant Hose Company in Emmitsburg. Doors will open at 5:00 p.m., and dinner will begin at 6:00 p.m. Tickets are \$25.00 per person.

Also, the Safe and Sane Committee is planning a Wing Night on Friday, November 22, 2013, at the Vigilant Hose Company in Emmitsburg. Doors will open at 4:00 p.m., and the meal will begin at 6:00 p.m. Tickets are \$20.00 per person.

The next Safe and Sane meeting will be held on October 9, 2013. All meetings start at 7:00 p.m. in the CHS Media Room (Upstairs in the Library). Event announcements and meeting minutes can be seen on the website at http://catoctinsafeandsane.com.

Essay Contest

The National Society Daughters of the American Revolution is holding an essay contest open to 9-12th graders. The title of the essay is "How do Americans View Christopher Columbus and George Washington Today."

The length of the essay has to be between 800-1200 words. The entry deadline is December 2, 2013. If interested see Mr. Zimmerman in the career center at Catoctin High School. Visit their website at www.education.fcps.org/chs.

FCPS Named School System of the Year & Catoctin Wins School of the Year Award

Frederick County Public Schools (FCPS) is receiving the 2013 School System of the Year award from the Maryland Center for Character Education at Stevenson University (MCCE). In addition, the MCCE named Catoctin High a 2013 School of the Year. School staff will attend the statewide 2013 awards conference Thursday, October 3 at Stevenson University's Rockland Center in Owings Mills, Maryland.

FCPS and Catoctin High won the prestigious state-level awards for developing, instituting and continuing comprehensive character-education initiatives in their school communities. In a letter to Catoctin High, MCCE President Timothy Hayden recognized the school's efforts and accomplishments in helping students "develop into their full potential as adults and citizens."

Although the MCCE emphasizes that the most important reward is the satisfaction of observing the strengthening of character in Maryland's youth, each winner will receive a specially designed School of the Year Character-Education banner to proudly display along with an MCCE certificate of recognition.

"Janet Shipman, our Counseling and Student Support coordinator, deserves praise and congratulations," said her supervisor, Kathleen Hartsock. "She provides excellent leadership for our schools in positive character education and anti-bullying efforts."

Shipman, in turn, commends Catoctin Principal Bernard Quesada and Character Counts! coordinator Dana Brashear for their success in building a strong school-based character-education program. The MCCE asked Catoctin to create a trifold display with their best practices so other schools can model their success.

This is not the first year that FCPS has won. In 2009, the MCCE issued its first School System of the Year award; FCPS was the winner that year, too.

For more information about the MCCE, please contact Linda Muska at MCCEcharacter@aol.com. For more about FCPS character-education programs, please contact Janet.Shipman@fcps.org, FCPS Counseling and Student Support coordinator.

Send your School news & School photos to: news@thecatoctinbanner.com



First Day of School Spotlight

Luke Bradley is shown on his first day of preschool.

The Catoctin Banner Newspaper



Courtesy Photo



First Day of School Spotlight

Gage Stup (age 4) is shown on his first day of pre-school.



Courtesy Photo



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9141 Longs Mill Rd. Rocky Ridge - \$549,000

This spacious farmette offers Spacious home on over that walk out to a 20 x 40 in ground swimming pool and maintenance free deck! fenced pastures, run in shed



102 W. Main St. Thurmont-\$219,900

This gorgeous home is a must 3 see! 3 bedrooms, 2.5 baths, hardwood floors, 2 enclosed porches, a dressing room and spacious master suite on 3rd level! Newer windows and siding, landscaped and fenced rear yard with pond, flower gardens and stone fireplace! Adorable log storage shed with fenced vegetable garden, off street parking and large garage!



13626 Catoctin Furnace Road - \$189,900

3 bedrooms, 2 full baths, an 3/4 of an acre, currently 3 expansive living room with separate units. Could easily hardwood floors and gas be returned to a single family. fireplace with french doors Roof, baseboard heat, electric, updated in the last 10 years. Unit A offers 2 bedrooms, Kitchen, Living and Dining (or could be 3rd bedroom), Unit Custom bath just off the pool B offers 2 bedrooms, Kitchen w/gorgeous walk in shower! and Living Room and Unit C New Roof!! 5.25 acres, 30 x offers Kitchen, Living Room 60 barn w/ 10 Ft. overhang, and Bedrooms/Loft. Great rental history! AS-IS.



Foxville Church Road Sabillasville

partially finished basement, with story. storage room and shop. Floored room. Sun room with built in attic, ready to be finished into cupboard with display shelves bedrooms, etc. Laundry on first off kitchen. Beautiful country floor, off kitchen. Open floor kitchen. Laundry on first floor. plan. Large 58X28 shed with 12 Master bedroom with walk cord woodshed, full garage bay, in closet, full bath with tub tool room and over head storage. with jets.Wrap around porch. A real nice property, Ideal for Great landscaping on 22 acres. hobby farm on almost 13 acres.



817 Company Farm Rd Aspers, PA-\$326,500

This stately country home offers 5 bedrooms, 2.5 baths. a spacious kitchen with ceramic tile, an office, family room, living room, mud room and wonderful sunroom that overlooks the private, 2 acre woodland setting and pool. Finished attic with 5th bedroom and storage, unfinished lower level and laundry hook up in Mud Room. New Roof to be installed in July/August. This is a must see!



Gladhill Road Blue Ridge Summit

bedroom 2 bath home, 3 bedroom, 2 1/2 bath two Fireplace in living



8710 Hampton Valley Rd Emmitsburg-\$349,900

Lovely Colonial on 5 acres of serenity! 4 bedrooms, 2.5 half baths with full bath rough-in in lower level. Spacious home with hardwoods, main level laundry, partially finished lower level with walk out and wood stove.Stone fireplace in Family Room! Eat in Kitchen, Mud Room and main level Laundry! Attached 2 car garage and a detached 2 car garage, shed and partially wooded lot!



LOTS-13430 & 13312 Jimtown Rd., Thurmont

Two Gorgeous perced lots Lovely cottage style rancher Call for plat today!



15517 Motters Station Rd. Rocky Ridge-\$249,900

Solidbrickrancheron2.6acres! 3 bedrooms, 2 full baths with hardwood floors throughout and 2 fireplaces! One in living room and one in unfinished basement! Spacious kitchen with built in China Closet and table space. New roof, newer windows, updated water heater, pressure tank and well pump. 2 Car attached garage and detached 1 car garage w/loft & electric. Fenced pasture and run in shed!



14144 E. Buchanan Trail Waynesboro-\$116,900

(sand mound) 3.88 Acres with 3 bedrooms, 1 full bath and (\$165,000) and 2.11 Acres newer carpet. Spacious master (\$155,000) both with 15 GPM bedroom with walk in closet wells! Beautiful veiws all with entrance from front porch. around and just seconds from Open family room with vaulted town with no town taxes! ceilings and french doors at Time to build that dream either end, sunny kitchen and home and take advantage of separate dining room! 2 Decks, historically low interest rates! fenced yard, a shed, circular driveway and additional paved parking area on a large lot.



2.5 bath brick front Colonial is so unique! Hardwood floors though

patio, decks and expansive view



in bay windows! Huge master



This spacious 4 level split is a rare Dining and Kitchen on main level with hardwood floors and French possible 4th bedroom and lower



Williamsport, MD

Call to see this cute 3 bedroom garage, Great back yard, full unfinished basement Convenient to Rt 81 and 70.



Cliffton Drive - 164,900 Crawford Ave - \$144,000 **Blue Ridge Summit**

Currenty set up as a duplex Owner gets \$500 per mo for 2 bedroom apartment on floor.Apartment has dining room, living room, 5 closets, storage and laundry, Electric is seperately metered. Good investment property.



306 East Main St. Thurmont - \$344,900

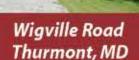
Brick Colonial offers 5 BR/2.5 BA and has been restored and updated! Hardwood floors throughout Lower level offers a sunny family room and office along with an expansive storage area! Gorgeous Screened rear porch, wrap front porch and in-around swimming pool:



North Ave. - \$165,000 Blue Ridge Summit

Cute Chalet nestled in the trees. 3 bedrooms 3 baths, washel and dryer, free standing gas fireplace, beamed ceilinas, mainteance free exterior, Great wrap around deck.A real unusual bonus room on the 2nd floor on almost 1/2 acre.

Beautiful Lots!



(\$199,900- 13.35 Acres, 6 BR, perc, well) (\$149,900- 5 Acres, 5 BR, perc, well) (\$159,900-5.57 Acres, 6 BR, perc, 2 wells)

Come Explore the Emmitsburg Multi-user Trails

by Joseph Kirchner

Many municipal studies have demonstrated that trails are the most coveted commodity desired by their citizens. How fortunate we are that a beautiful new trail system has been built right here in Emmitsburg, and that the future looks even brighter, as more trails are planned to be constructed. Under the capable, determined leadership of Emmitsburg Town Commissioner Tim O'Donnell, the Town of Emmitsburg, in conjunction with Trail Conservancy (aptly led by Austin Steo), has created a stacked-loop network of trails on town-owned land near Rainbow Lake, off Hampton Valley Road.

These trails—the culmination of years of planning and coordination are natural surface trails intended for walkers, hikers, trail runners, and mountain bikers. Thus far, the Beginner Trail (approximately two and a quarter miles in length) and the Intermediate Trail (which adds in excess of three miles of trail with climbs that are somewhat longer and require greater technical skills),

have been completed. The Advanced Trail, a very challenging route that presents veteran riders with some serious climbs—and will offer approximately three more miles of single-track—should be completed next fall. The mountain scenery for all trails is simply spectacular, with many beautiful water features.

Next spring, work will commence on the Town Connector Trail. This link will add four to five more miles of trail to the system, and will allow riders to park in downtown Emmitsburg, ride the trails, and return to park in downtown Emmitsburg, within walking distance of hot showers, public restrooms, restaurants, and the Emmitsburg Community Pool. The Connector Trail is scheduled to be completed in fall 2014.

These new trails—and the ones yet to be built—provide great advantages to our local community. This is the only stacked-loop trail system in this area, providing hikers and mountain bikers of all abilities the flexibility to tackle varied terrains not available on

Emmitsburg Trails Map as of August 30, 2013—Courtesy of Austin Steo Emmitsburg Trail System

other trails. Whether you love simply being out in nature, or are seeking simple recreational benefit or even a serious athletic challenge, these trails are built for you. Lastly, the new trail system will certainly attract countless visitors and provide a great economic boost to our local economy. Due to hunting season, the trails are open on Sundays only until February, when they will be open full-time for your enjoyment! Come out and explore the wonderful trails.

For more information, please contact Town Commissioner Tim O'Donnell at todonnell@ emmitsburgmd.gov. He will be happy to hear from you!



(left)

Austin Steo rides a slick rock section of the intermediate trail on Emmitsburg Trails.



(right) Jake Fields, Justin Griffin, and David McSpaden are shown clearing the corridor on Emmitsburg Trails.





Trail Crew—Todd Fry, Joe Kirchner, and Ron Divel-are shown working through a Rock Garden.

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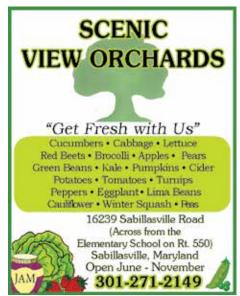
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Sports news

CYA Wrestling Registration

Summer is over, fall is here and football is in the air. That means wrestling season is right around the corner. The Catoctin Youth Association (CYA) board and coaching staff is gearing up for another great year. They have had a very successful past few years as a team, and individuals have accomplished some amazing things. They look forward to keeping it going this year. They will hold two sign-up dates this year, both being held at the Thurmont Public Library: Saturday, September 28, 2013, from 1:00-3:00 p.m.; Sunday, October 6, 2013, from 1:00-3:00 p.m. Please contact Head Coach Mark Small at 410-925-6558 or CYA Wrestling President Tammy Liller at 240-675-1214 if you have any questions. Visit their website at www.eteamz.com/cyawrestling.





The Catoctin Banner Newspaper

2013 CYA Basketball Competitive Travel Team Tryouts

The Catoctin Youth Association (CYA) Competitive Travel Team tryouts will be held on the following dates: Boys JV & Varsity Mid-Maryland League (Middle School Team)—October 6, 1:00-3:00 p.m.; October 7, 7:00-9:00 p.m. Girls JV & Varsity Mid-Maryland League (Middle School Team)—October 3, 7:00-9:00 p.m.; October 5, 5:00-7:00 p.m. Boys U12—October 15, 7:00-9:00 p.m.; October 20—2:00-4:00 p.m. Girls U12—October 17, 7:00-9:00 p.m.; October 19, 5:00-7:00 p.m. All tryouts are at Thurmont Middle School.

The dates for the Elementary League in-person registration are October 9-10, 2013, from 6:00-8:00 p.m., at Thurmont Elementary School.

Checkout their website at www.leaguelineup.com/cyabasketball for additional information.

Catoctin Baseball Club Tryouts

The Catoctin Baseball Club (CBC) is holding tryouts on Sunday, October 20, 2013, at 10:00 a.m. at the Thurmont Little League Complex, located at 275 Westview Drive in Thurmont. Players (ages 7 through 12) are welcome to tryout. The 2014 Teams will be selected in mid/late November.

You can call 267-664-5059 or contact them at catoctinbaseballclub@ hotmail.com with any questions or for more information.

Catoctin High School Boys Soccer Fundraiser

The Catoctin High School Boys Soccer team is holding a fundraiser on October 28, 2013, from 5:00-8:00 p.m., at Rocky's Pizza in Thurmont. All-you-can-eat salad and pizza. The cost is \$10.00 per adult; \$5.00 for ages 12 and under. See any JV or Varsity soccer player for tickets or call 240-258-8208



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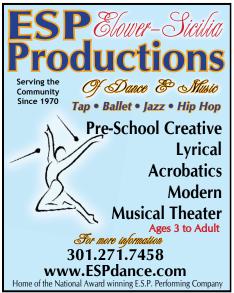








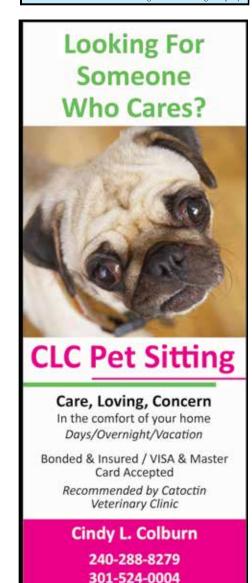




















hot pretzels, even though my waist has decided it has reached its limit—but, I so love them.

We were talking about our plans for the following day on the way home. Bruce was going to continue cementing the stone to the exposed basement walls around the house, which he had started the weekend before. Oh, did I mention, this project has been in the works for maybe nine years?

I have never, nor will ever, harass him that it has taken such a long time, for I love my man with all my heart, and when he gets back into the stone laying, I just praise and praise him.

Our day on Saturday was to witness one of the best 11-yearold soccer players this side of the Mississippi.

First game of the season, and, yes, he is one of our grandsons. Not being partial, mind you, he is playing with sixth, seventh, and eighth graders. I am very anxious to be there, cheer loud, and take a zillion photographs.

Suddenly, our conversation was halted as Bruce yelled, "It's a Panther!"

Something inside of me told me to take my camera with me on the trip, and now I know why. From the left of the road, came this black bear!

I was holding the camera in my lap, so it wouldn't get damaged. I flipped off the lens faster than you could say, "granny git yur gun," turned it on, and pointed the camera at the bear who was running now. Luckily, I had the settings on motion and focused, snapped, focused, snapped, etc.

When I saw that bear slip under the guard rail, my mouth flew open as I looked at Bruce and said, "Did you see how quick that bear went under the guard rail?" Bruce was in awe, then it happened. I looked at my dear sweet husband and said, "Panther?" I could not help myself; I busted out loud into a laughing fit and so did he.

You know, one just never knows what they will see on a pilgrimage to Lowe's and Walmart on a Friday





Happily ever after

by Valerie Nusbaum

A Horror Story

It was a dark and stormy night in Thurmont—Halloween night, to be exact. There was thunder and lightning, wind, but no rain—at least, not yet. The hour was getting late, but there were a few trick-ortreaters still scurrying home along the sidewalks, dragging buckets and pillowcases overflowing with candy, their little fairy wings flapping and superhero muscles bulging.

The week had been long and tiresome, and Randy suggested that we go for a walk to clear our heads. Dry leaves were crackling underfoot as we passed Janis Marshall's house. We smiled at her Halloween decorations—so life-like. There was a screaming woman in her front yard. No...wait. That was Janis giving her Avon deliveryman the what for. We didn't stop to say hello. Some other time, perhaps.

After another block or so, I jumped when I felt a tap on my shoulder. It was Timmy Bentz, and he said, "Come on. We have to hurry or we'll be late." Tim quickly moved past us and that's when I noticed that he was dressed as a cowboy.

Just ahead, we saw Timmy dashing up the driveway to the old funeral home, which is soon to be our town office. There were lights in every window, and we could hear music and the sounds of laughter. I commented to Randy that a party must be going on inside. He gave me his sheepish grin and said, "Oh, yeah, I forgot to tell you about it. We were invited. We should go in."

I pointed out that we weren't wearing costumes, and then he pointed out that we'd forgotten to take off the costumes we'd worn to scare the trick-or-treaters. How had I not noticed that? But, I digress. We were there. We were dressed up. We went inside.

The first person I saw was Mayor Marty Burns. He was dressed as Wayne Hooper. Wayne Hooper was there, too, dressed as Ron Terpko. It all started to make sense to me. Clearly, the theme of the party was "Come as Your Hero." How fortunate for us that Randy and I had worn our Jonas Brothers zombie costumes for trick-or-treat.

Looking around the big room full of people, I saw that Lisa and Jack Simpson were dressed as Pamela Anderson and Tommy Lee, and I was pretty sure Tammy Fulmer was over in the corner wearing a Wonder Woman outfit. I waved and she cracked her whip at me. I would have pointed out that Wonder Woman carried a "lasso of truth" but that whip looked dangerous.

Andy and Kelly Putnam were dressed as a home builder and a banker, respectively, and they were chatting up Bob Abraham, who was covered in bright feathers. I'd never actually seen a junglecock before.

Randy and I stopped to talk with Mac and Marcia Ancarrow, who informed us that they'd gotten married during a recent trip to Tennessee. Marcia showed us her gorgeous ring. We ladies talked about jewelry. The men grumbled something about the honeymoon being over. The Ancarrows were dressed as Lucy and Ricky Ricardo.

Randy wandered off to chat with Kathy and Jack Myrick and Randy Falchick, all of whom were wearing costumes of bright fall leaves.

I was left alone by the punch bowl, so I did some more people-watching and I saw Jennifer Shesman (French maid), Karen Lind (nurse), Michele

Tester (Lois Lane), Maryann Nash (Dale Evans) and Bernie Sweeney (Baby New Year). The costumes at this party were outstanding!

Suddenly, the lights went out. A shot rang out in the dark and someone screamed! There was yelling and shoving and people were pushing toward the door. I thought, surely, someone had been murdered. Then the lights came back on, and I could see what looked like a heap of bodies on the floor. Randy! I couldn't find him and I was terrified, so I rushed over to the pile of people who were starting to untangle themselves. I could hear Randy's voice at the bottom of the pile saying those words he says so often to me, "I'm ok. I'm not hurt much."

That's when the story started to come together. Randy had been talking to some of our Colorfest friends when he'd been blinded by Marcia's new wedding ring for an instant, and he bumped into Carol Robertson who had been opening a bottle of champagne. Randy had grabbed for the wall to steady himself and accidentally grabbed the light switch causing the lights to go out. Meanwhile, Carol had lost her grip on the champagne cork, and it went flying across the room. That explained the bang that I'd thought was a gunshot, and the scream came from Loberta Stahley who had been hit in the eye by the cork. Incidentally, Loberta and Harold were wearing his and her werewolf costumes. Very cute! Carol Robertson had changed her outfit three times in the half hour we'd been there, because as we all know, Carol has a closet-full of costumes and I will say no more.

I figured that we had out-stayed our welcome, so I grabbed Randy and started pulling him towards the door. Where was Bill Blakeslee, you ask? I heard the sound of chains rattling in the basement, but I didn't see Bill at the party.

Have a safe and happy Halloween everyone!







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the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

Do you need reminders to eat more fruits? Today's families are busier than ever with the fast pace, high demands put upon them, so a reminder would be helpful.

We know fruits provide nutrients vital for health such as potassium, dietary fiber, vitamin C, and folate (folic acid). Remember, most fruits are naturally low in fat, sodium, and calories. Another plus is that they contain no cholesterol. They can be fresh, canned, frozen, or dried.

Here are some tips to help you eat more fruits. Perhaps your family is looking for ways to include more fruits in their diet.

Having them visible is a start. Keep a fruit bowl on the table. Yours truly separates washed grapes into small clusters and they're ready to grab & go from the fridge.

Now is the best time to buy fresh fruit. Ripened apples are delicious at Catoctin Mountain Orchard.

You can purchase dried, frozen, or canned fruit to have on hand. This provides a variety of fruit.

As parents, we are a good role model for our children by eating

fruit everyday with meals or as snacks.

Including fruit at breakfast is a great way to start the day. You can top your cereal with bananas, peaches, strawberries, or blueberries. Also, adding fruit to yogurt is another option.

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Even lunchtime can be a fruity opportunity. Try a banana or grapes alone. There are individual containers of peaches and applesauce available, too.

At dinner, adding orange sections, dried cranberries, or grapes to a tossed salad is a way to get a serving of fruit.

Dried fruits are easy to carry and make great snacks. They store well and do not require refrigeration.

Always rinse fruits well before eating them. Yours truly uses a mild cleansing liquid diluted with water for fruit and vegetable washing.

These are simple reminders to help consume more fruits. What is exciting is the health benefits you'll gain by focusing on eating more fruits throughout the day. Healthiness is the ultimate goal!

TMS Student Wins Grand Champion Steer at Frederick Fair

Christopher Coblentz, 12 years old and a 7th grader at Thurmont Middle School (TMS), won the 2013 Grand Champion Steer with his Shorthorn Steer at the Great Frederick Fair on September 18, 2013. Christopher has worked

extremely hard this year, and this was a huge accomplishment for this young man. Christopher also won Intermediate Showman with his Steer on Monday at the Great Frederick Fair.





CHS Field Hockey Discount Cards Now Available

Members of the Catoctin High School (CHS) Field Hockey Team are currently selling the 2014 discount cards at \$5.00 each as a fundraiser. These cards are valid from the time of purchase through December 31, 2014.

The \$5.00 cost of a card quickly pays for itself. Participating vendors are ACE Hardware, Carleo Italian Pizzeria, E Plus Copy Center & Promotions, Gateway Candyland, Hobbs Hardware, Main Street Groomers, Ott House Pub & Restaurant, The Palms Restaurant, Peking Palace, Quiznos, Rocky's Pizza, and Zurgable Bros. Hardware. Please be sure to thank these vendors for their support. Proceeds are used to offset CHS field hockey players' participation in skills camps. To purchase a discount card, please stop by E Plus Copy Center in the lobby of Jubilee Foods in Emmitsburg or by calling 301-271-1050.

Looking for Something Fun to Do? Check the Community Calendar on page 47

When your loved one measures his or her time in weeks, these services become priceless.

"Kline Hospice House's staff met all of our Mom's needs and still had time to lend support to my family. From all of us cooking in the kitchen, watching a movie in the large room downstairs, having shower accommodations, to the late nights when we could not sleep and came to see her, Kline House was a home in every sense of the word."

-Karen Shoemaker

oom and board is private pay at \$200 per day, offered on sliding scale for those in need.

Donations offset hospice services that are not reimbursable.

Help us continue to provide 24-hour, specialized, compassionate care in a comfortable, home-like environment. Your support will help keep the Kline House available for future generations by donating to Hospice's Plan for Living Campaign. Thanks to the community's generosity, we are almost halfway to our \$5m goal.

Donate or make a pledge today!

Call 240-566-3030 or give online at <u>www.hospiceoffrederick.org/campaign</u>.







The 2013 Mountain Fest

We met Coach, George Kuhn, over the internet last year. We needed someone to mow our grass until we could move into our new home in Sabillasville, and I found his name listed in the yellow pages on an internet site.

"How did you ever find me?" He asked, unbelievably. "That's the magic of the Internet," was my response.

Since then, he has taken the time to share stories and some of the history of this part of Frederick County with me. This past week, he introduced me to a fascinating group of people who represent us through a civic organization called Northwestern Frederick County Civic Association (NWFCCA). It's the second oldest group of its kind in the area, serving the community since 1974. In the past, it has tackled issues such as the relocation of Rt. 550, bridges and road repair, area sewer system and Summit Lake Camp. Besides representing all of us at the county level, they provide annual scholarships; over \$40,000 has been raised over the years. Currently they fund the John A Cliber memorial academic scholarship at the high school level, and two non-traditional for older students; one is an Automotive Industry Scholarship.

Their only fundraiser is the Mountain Fest and this year it will be held on the weekend of October 12 and 13 at Sabillasville Elementary School on Rt. 550.

Vendors will be selling home produced crafts, agricultural products

and antiques; NWFCCA has for sale reasonably priced food catered by GT's. A sampling of their menu: pit beef, ham and bean soup, chicken corn soup, ham sandwiches, French fries, ice cream, and drinks, too. Fresh home-baked products from local area churches will be available for purchase. Music will be provided by Buck Fisher & the Pickers on Saturday and Twin Hill Express will perform on Sunday. Bring your lawn chairs and enjoy the music, food and scenery. Lots of room for parking; parking is free. Don't forget to stay for the juried antique car show on Sunday. It's a classic traditional show. The Mountain Fest opens from 9:00 a.m.-5:00 p.m. on Saturday and from 9:00 a.m.-4:00 p.m. on Sunday.

Contact George R. Kuhn at 301-241-3997 if you're interested in a vendor space or to volunteer. Lots of volunteers are needed, so your help will be appreciated. Non-profit organizations are encouraged to set up a booth. Storytellers, theatrical groups and living history exhibits are also invited. Activities for children are also encouraged.

The NWFCCA meets the first Wednesday of every month at 6:30 p.m. at Sabillasville Elementary School. If you have concerns, issues, or questions that pertain to our community, it's important that you attend. Membership is \$5.00 if you'd like to join. Officers are George W. Kuhn, Dorothy Buhrman, Sara Gernand, and Frank Turner.

Hope to see you October 12 and 13 at the Mountain Fest. Should be a mountain of fun.



Mountain Fest at Sabillasville School.

Annual Fall Dinner Theater Presents Gaslight (Angel Street)

The One Mountain Foundation will host their 6th Annual Fall Dinner Theater with a production of *Gas Light* (known in the USA as *Angel Street*), a murder mystery of the 1880s by Patrick Hamilton. The play will be presented by the Blue Ridge Theatre Guild in a dinner theater format to be held at the Blue Ridge Summit, Pennsylvania, Fire Hall on Friday and Saturday evenings, October 4-5. Doors for the shows will open at 6:00 p.m., with dinner served at 7:00 p.m. and the show starting at 8:00 p.m.

Tickets are \$40.00 per person and include a buffet dinner provided by the Mountain Gate Family Restaurant. Tickets are available from any One Mountain Foundation Board member or by calling Alice Humphrey at 717-794-5121 or Nina Rouzer at 717-794-0061. Group advance seating is also available by calling either Alice or Nina.

The plot concerns a husband who attempts to convince his wife and others that she is insane by manipulating small elements of their environment, and subsequently insisting that she is mistaken or misremembering when she points out these changes. The title stems from the dimming of the house's gaslights which happens when the husband is using the gas lights in the attic while searching there for hidden treasure. The wife accurately notices the dimming lights, but the husband insists she is imagining. This exciting production is directed by Hillary Snesrud.

This production is an important event for the One Mountain Foundation with this being the sixth year sponsoring a fall dinner theater on the mountaintop. The Blue Ridge Fire and Rescue Squad donate the use of their building, and Alice and her committee, with the help of the Blue Ridge Garden Club, turn the fire hall into a beautiful theater for the weekend. It's a fun filled evening with the proceeds going to support the One Mountain Foundation Scholarship Fund and the Blue Ridge Theatre Guild.

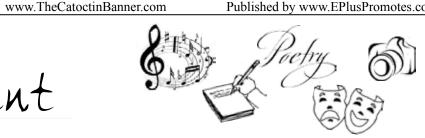
More information about the One Mountain Foundation may be found on the OMF website: www.onemountainfoundation.org.

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Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at news@thecatoctinbanner.com. Let your creativity shine.

Strength From Within

by Linda Calhoun

October 2013

My eyes pop open, a noise I heard. Rose from my bed, upset I was disturbed. Reached for my glasses so I could see. Now find the noise that awakened me. Down the hallway I go a shadow I see. My hands are shaking and so are my knees. A grip I must get, so calm I am. The shadow has stopped, in the corner it stands. The light I switch on and to my great surprise. There is the "dragon" right before my eyes! My sword I grab and raise over my head. I will slay this beast until he is dead! Closer I step, ready to pounce. All of my strength every mighty ounce. The dragon looks around no place to go. He raises his hands, braced for the blow. I look into his eyes and tears I see. You cowardly dragon quit foolin me! Great pain you've caused me now YOU cry! I see you, will slay you, now say your goodbyes. He spoke so softly with voice so calm. We really must talk before the dawn. Please lower your sword and sit yourself down. Many things I must tell you and don't make a sound. Shocked and put out, I did what he said. So very tired, I just wanted my bed. He says, I know you are, am tired too! This will take some time for you have no clue. He says, I feel your pain, Yeah, right, I reply. If you feel my pain, then make it disappear! I would if I could, please trust me I know.

The villain lies within; You can make it go. Hogwash you say, A villain within! Closer he steps on his face a grin. My anger builds up and my hand he takes. Trust me dear child; it's you I don't hate. I am your strength when doctors have failed. I give you courage on your passage through hell. A bit confused I am but it really makes sense. The dragon's my friend; it was just a pretense. Someone to blame and your name so fit. He understood my thinking, but dragons don't hit. Fire we breathe for this you know. But the fire within is your very own soul! Why didn't I think of that, a fool I have been. The dragon within me is really my friend. That's why I am here to help you through. For I am your soul; the enemy is you. Such relief I felt, my mind at ease. The dragon's my friend, I am most pleased. The pain within can be eased a lot Mind over matter; who would have thought. Mr. Dragon I thank you, what a help you've been. To think I almost hurt you; again he just grinned. One question I have before you must go. What took you so long to tell me so. You were struggling for years the time had passed. A little help you needed, long at last. Together we are stronger, mightier than one. I'll help ease the pain until its done. Remember what I've told you, the flame within. I'll be waiting there; so do come in.



When you need the strength, inside I'll be. For I am your friend and will always be. Together we are strong mightier than one. For this you must learn, my little one. Will always be there, so don't you worry. It's you and me kid and the pain will be sorry! Now I must go, it's time you see. Open your soul and make room for me. Close your eyes; relax you must. You have my strength along with my trust. In a blink of an eye, a gentle kiss on my cheek. Within he did leap.... ever so deep. So strong I felt, such warmth inside. My special dragon within me he hides. Strength in numbers within he lies.. Knock on his door, he'll open his eyes. Deep in yourself a dragon resides. The power within, it's no big surprise. Moral of the story tis plain you see. The dragon I fought was only me. Separate yourself; become as two. For the mighty dragon is you.

(Poem and photograph copyrighted@Linda Elaine Calhoun 2000)

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Entertainment

Blue Grass Chapel Band

The Blue Grass Chapel Band will perform on Sunday, November 3, 2013, at St. John's Lutheran Church, located at 8619 Blacks Mill Road in Creagerstown, Maryland, at 7:00 p.m. Refreshments will follow the Service.



Your Creative Share

Email to: news@thecatoctinbanner.com • Fax to: 301-447-2946 Mail to: 515B East Main Street, Emmitsburg, MD 21727

1 Miss You

by Janice Campbell

(Janice is 14 years old. Her poem is about her brother, Jonathan Campbell, who is currently in Afghanistan.)

I miss you:

You don't belong that far away

When you're so close to my heart

You're my older brother and you have been from the start

You've been my stone

That I stand atop of

You've always been there when I felt alone

You kept me steady

When I needed a hand to hold

You walked me up a mountain

And now it's really cold

You've been gone for so long

And the tears in my eyes show it

They stream down my face late at night

And I fall asleep and dream of you

Dream of the days where I woke up and you were there

Dream of the days you dragged me up the stairs

Dream of the days when I never imagined you would leave

Then I'll awake and realize it was just a dream

I wish upon a shooting star

For you really to be seen

So you can hold me in your arms

And to never leave again

Make Life a Dream

by Janice Campbell

Make Life a Dream
I can't lift my eyes
They're planted at the ground
There's noise all around
But I can't hear a sound
Just the beat of my heart
Pounding in my ears
But I think it's time to start
Start a new life
Where life and death are no sy

Start a new life
Where life and death are no such thing
And where distance doesn't sting
But for that to happen you have to forget the past
And let loose the future and make it last

But the hard part is

You have to make what could be

What is, and what happened

What could be

And bring forth a new relationship

A relationship with the earth that no one can erupt

Take advantage and make a change

Because you can't always take the walk of shame

Try to be the best you can

Start over, and make a new plan

"Creativity is a great motivator because it makes people interested in what they are doing. Creativity gives hope that there can be a worthwhile idea. Creativity gives the possibility of some sort of achievement to everyone.

Creativity makes life more fun and more interesting.

~ Edward de Bono

Local Songwriter Meets His Namesake

Local songwriter, Donovan Gibbs, a freshman at Catoctin High School, had the opportunity to meet his namesake, the legendary 60's singer-songwriter Donovan, when the latter performed his only U.S. show earlier this month, in Rockville, Maryland. The older Donovan is a Scottish singer, songwriter, and guitarist, who developed an eclectic and distinctive style that blended folk, jazz, psychedelia and world music, and who rose to stardom in the 1960s. Like Cher and Beyonce, Donovan went only by his first name. His most successful singles in the 1960s included "Catch the Wind," "Colours," "Sunshine Superman," "Mellow Yellow," "Hurdy Gurdy Man," and "There is A Mountain," all of which were top-10 hits for



Singer-songwriter Donovan Gibbs, of Thurmont, meets singer-songwriter Donovan, of Scotland.

Donovan. He became a friend of leading pop musicians including Joan Baez and The Beatles, and, in fact, taught John Lennon a finger picking guitar style in 1968. Donovan was inducted into the Rock and Roll Hall of Fame in 2012.

The younger, local musician, Donovan (Gibbs), has just completed recording an album of all original music, which he hopes to release by Christmas, and which he hopes enjoys the same success as the older Donovan's releases. During their encounter on September 7, 2013, the famous Donovan wished his younger musician-friend, Donovan Gibbs, much luck and success in his budding music career. So wowed was the older Donovan by the fact that a younger guitarist-songwriter with the same name had come to see him perform, that he instructed his tour manager to run back to the stage and retrieve a set list from the concert, as well as a picture, which he bemusedly signed "To Donovan from Donovan." Though he declined to pose for pictures after the show, Donovan did make an

exception and took the time to chat with Donovan Gibbs and pose for several photos together.









Cascade SAL Sponsored Large Fundraiser

by Joan Fry

On Saturday, September 14, 2013, Post 239 Sons of the American Legion (SAL), Cascade, Maryland, held a large fundraiser at the former Fort Ritchie parade ground. Post 239, the Legion Riders, and the Ladies Auxiliary gave full support to the event. The occasion benefited the Fisher House and the local SAL's Someone in Need fund. Nearly 2,000 tickets were sold, and hundreds attended.

At 11:45 a.m., Post 239 Commander, Lynn Fromel, welcomed everyone to the event, followed by a prayer by Warren Suker, Post Chaplain. Commander Fromel introduced Frank R. Scheib, M/SGT USAF (RET) of Waynesboro, who is a Fisher House Volunteer.

The Fisher House program was established by Zachary Fisher and his wife Elizabeth. The first "Zachary and Elizabeth Fisher House" was opened in Bethesda, Maryland, at National Naval Medical Center on June 24, 1990. President George H. W. Bush and Mrs. Barbara Bush opened the second Fisher House at the Walter Reed Army Medical Center in Washington, D.C.

To date, the program consists of more than sixty houses located near Veterans Affairs (VA) hospitals and military installations across the country and in Europe. From these locations, Fisher House serves more than 19,000 military families per year. The Fisher House program

plans to build several more lodging facilities to complete its nationwide support network.

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The SAL's Someone in Need fund provides funds for local residents who are suffering hardships due to unusual circumstances. This event benefited 7-year-old Dylan Seiss, son of Pearl and Rick Seiss, who is suffering from cancer and the treatments that go along with it. He is a student at Cascade Elementary School.

More than sixty volunteers participated for the day—a huge logistical undertaking, efficiently carried out under the management of Jeff Coyle. The SAL especially thanks Pen Mar Development Corporation for the use of the former Fort Ritchie parade field, C. Ely Signs of Waynesboro, Flohr's Hardware of Blue Ridge Summit, and GT's Handimart, Sanders' Market, and Country Spirits all of Cascade for their generous contributions to this occasion. Individuals who gave monetarily are also commended.

Thankfully, the weather cooperated—although cool—since without the large attendance, raising more than \$10,000 would not have been possible.

Prize winners were P. Fleagle, C. Beatty III, R. Angus, J. Tressler, E. Crisp, M. Showe, C. Ely, C. Urey, V. King, T. Voiles, A. Woods, C. Williams, D. Sanders, B. Sweeney, C. Andrew, T. Miller, and M. Showe.







Boy Scout Charged with Eagle

Attaining the rank of Eagle Scout is not an easy task to accomplish. It takes dedication and a willingness to be among the top four percent of Scouts that accept the charge of Eagle Scout

The responsibility of an Eagle Scout "goes beyond your fellow scouts: it extends to your God and your



Pictured from left are Michael Bramson, Robert Bramson, and Jonathan

Country. America has many fine things to offer you and your children after you; but these good things depend for the most part on the quality of her citizens. Our country has a great past. You can help make the future still greater. I charge you to undertake your citizenship with solemn dedication. Be a leader, but lead only toward the best. Lift up every task you do, and every office you hold to the high level of service to God and your fellow men. So, live and serve that those who know you will be inspired to the finest living." An Eagle Scout is charged "to be among those who dedicate their hearts and hands to the common good. Build America on the sound foundations of clean living, honest work, unselfish citizenship, and reverence for God. Then, whatever others do, you will leave behind you a record of which you may be justly proud."

On June 22, 2013, Michael Thomas Keane Bramson, a member of Boy Scout Troop 270 and Order of the Arrow, was charged with his Eagle Scout pledge and accepted the oath of Eagle Scout during his Eagle Court of Honor, held at St. Rita's Parish Hall in Blue Ridge Summit, Pennsylvania.

Michael's family has strong ties to the Scouting traditions: his father, Jonathan "JB" Bramson, and grandfather, Robert Bramson, both are Eagle Scouts, and his mother, Susan Keane, is a Girl Scout leader.

Michael's Eagle Project benefits the children and staff of Thurmont Primary School. Michael—with the assistance of Boy Scout Troop 270, Venturing Crew 270, family, and friends—built two pergolas and landscaped the courtyard of the Thurmont Primary School. It has become a relaxing and inviting space for teachers and students to use in conjunction with their studies.

did you KNOW!

Why Pumpkins Are a Halloween Tradition

Pumpkins being used as lanterns at Halloween is based on an ancient Celtic custom, which was brought to America by Irish immigrants. All Hallows' Eve on October 31 marked the end of the old Celtic calendar year. On that night, hollowed-out gourds with candles inside were placed on windowsills to welcome home spirits of deceased ancestors and to ward off evil spirits, including a restless soul named "Stingy Jack."



IN THEIR OWN WORDS

A Note from Olaf

As we begin a new chapter in our lives, Margaret and I want to thank all of our friends and neighbors for your friendship and prayers, especially during the past four years, when illness and old age have weakened us.

We will be moving to Taneytown for elder care: Margaret to Lorien and I to a private home. Please don't forget us in your prayers.

-Most gratefully, Francis "Olaf" Smith

My Thanks to Emmitsburg Baseball/Softball League

I would like to congratulate the Emmitsburg Baseball/Softball League (EBSL) 12U Baseball All-Star 46/60 Cal Ripken Maryland State Champion players, coaches, and manager. This team should be proud of their accomplishment, as well as the parents, their fans, and the community, on winning the first baseball State Championship for Emmitsburg baseball. This team played in the Mid Atlantic Regional Playoff's at Waynesboro, Pennsylvania, with at least 100 fans to cheer them on. The eight teams that were in the Regional's were very well matched up. The Emmitsburg All-Star team record was one win, two losses, as well as five other teams that played with one and two records. Jersey City, New Jersey, and Metro, New York, were the only teams that were three wins, zero losses, with Metro, New York, winning the tournament to move on to further play.

This marked the fifth consecutive year that EBSL has had a 12U baseball team in the Cal Ripken Maryland State Tournament. This is also an accomplishment for these players, under the guidance of the coaches and manager of these teams, with Emmitsburg being Runner Up last year.

This year, the EBSL hosted the State Tournament, and all the committees and volunteers worked hard to make this a success. I commend you on a job well done. All year, the Volunteers that worked in the Bob Saylor's Concession Stand did a fantastic job keeping the ball players and fans coming back for the Baseball/Softball summer meals.

From the time a boy or girl picks up a ball, bat, and glove to play baseball or softball, so begins the progress to accomplishments of the game and having fun along the way.

From the parents to the coaches and managers, who teach these players of Baseball and Softball the fundamentals and knowledge of the game over and over, again and again, I congratulate you.

Managers, coaches, and others: your dedication, time, and patience to the youth of the community are so appreciated; I am sure you feel that great rewarding feeling.

Baseball and Softball—no matter what the names of the organizations— Baseball and Softball are just that. From T-ball to Little League, Pony, Babe Ruth, Cal Ripken, High School, College, and to the Major Leagues, it is all progress, no filtering down on anything, always moving forward to achieve in the game of Baseball and Softball.

For the few fans that umpired, coached, and managed from the spectator seat—and did a good job—think how much better you could do in that capacity by volunteering your time on the field.

For those who watched these players perform the fundamentals and knowledge of the game and DID NOT have that rewarding feeling of what they accomplished, you must have lost the concept and the meaning for the Love of the game and the kids. It is all about the kids.

To coaches, managers, EBSL Officers, and others, who volunteer time for the youth so they can have fun for the LOVE of the Game, I THANK YOU!!!

I would like to give Special Thanks to the Manager who volunteered and has given his time for the past twenty years to the youth of Emmmitsburg: David Wantz 3rd.

The 1985 Emmitsburg Little League Baseball All Star team won the first District Title, which is also part of Emmitsburg Baseball history. Congratulations to that team, again.

To each and every player on the 2013 Championship Team: Congatulations on giving all of us that rewarding feeling of your accomplishment! You are part of Emmitsburg Baseball HISTORY!!!



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fitness matters Expert Answers to your Health and Wellness Questions

The Catoctin Banner Newspaper

Expert Answers to your Health and Wellness Questions
by George Puvel, Anytime Fitness Owner

Question: I've been having a tough time with my energy levels for my 6:00 a.m. workouts. I was thinking coffee might help with this, but it seems like it's always getting mixed reviews. Any cause for concern before a workout?

Answer: First things first. If you're experiencing low energy levels, and you're not necessarily focused on fat loss, try having a small breakfast, or even a bar or a shake, before you go workout. This will definitely provide the much-needed energy you're looking for. However, if you're trying to drop body fat and you'd like to avoid calories that early in the morning, coffee is an excellent alternative. The caffeine in coffee is considered a central nervous system stimulant and will provide a boost of energy, though the effect varies greatly among individuals. Caffeine is actually considered an ergogenic aid, meaning it enhances physical performance. In the right amounts, caffeine has been shown to reduce the perception of effort during a workout, which means your workout will seem easier than it actually is. Not bad for a little cup o' joe, huh? Keep in mind, coffee does increase heart rate, respiratory rate and blood pressure, and it can make you a bit jittery if you're a newbie. Luckily, these effects are relatively mild, especially for healthy folks. In fact, much of the research these days is focused on the potential health benefits of coffee, rather than any health risks.

Question: I was in the gym the other day and I overheard a guy talking about his "No Pain, No Gain" weight-lifting philosophy. Do I need to adopt this attitude for my own workouts to see results?

Answer: No, not necessarily. It is true that weight training sessions

can be intense, resulting in microtears and subsequent muscle soreness for a day or two afterward. This is completely normal, and as the body heals itself, the muscle fibers gradually become larger and stronger. This is the essence of strength training. However, if he was implying that a workout is only effective if pain is involved, he is flat wrong. Mild discomfort is common at the end of a hard set, as fatigue starts to set in, but actual pain is never a good sign during a workout. If you're experiencing this, it usually means you're severely overworking a muscle or you've suffered an injury.

Question: Do I really need to sweat profusely to get in a good workout, or is this another fitness myth?

Answer: Myth all the way! Sweating and the overall quality of your workout do not go hand in hand. Workout quality depends on the type of activity, the intensity and the duration. Sweating is simply a way for your overheated body to cool itself...that's it. Some people sweat from the very beginning of physical activity and others end up doing 30 minutes before the first bead hits the floor. Your environment, specifically the temperature and humidity, certainly plays a role, but the amount you sweat is very individualized as well. When you're physically active, your core body temperature rises and the body looks for an easy way to dissipate heat. So, the next time you're sweating and someone mentions that you look hot, just tell them, "Really, I was just starting to get cool."

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.











Thurmont Native Makes Big Splash in New York City

Internationally acclaimed opera tenor Richard Troxell, a native of Thurmont and graduate of Catoctin High School, is currently appearing with the New York City Opera in the American premiere of Anna Nicole. While in New York, he was featured on Late Night With Jimmy Fallon in the audience question segment.

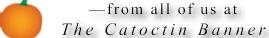
Richard's career has taken him to opera houses in Europe, Asia, Australia, and across the United States and Canada singing roles ranging from Don José in Carmen,



Rodolfo in La Boheme to Roméo in Roméo et Juliette. He has appeared on film in the critically praised Madame Butterfly presented by Martin Scorsese. His B.F. Pinkerton in this filmed opera was deemed by the New York Times as the most "dramatically satisfying vocal characterization in the film."

Outside of the opera house, he is a favorite on concert stages singing pop standards as well as being a regular at Camden Yards singing the National Anthem on Opening Day for his beloved Baltimore Orioles. Links: Richard Troxell website: http://www.richardtroxell.tv/ Late Night with Jimmy Fallon: http://www.youtube.com/watch?v=6iisfAEn7nI

Have a Safe and Happy Halloween!



2006 Catoctin High School Graduate Embarks on Shark Study

Zach Olsen, son of Tim and Lois Olsen, is a 2006 graduate from Catoctin High School and a graduate of Malone University, where he received a Bachelor's Degree in Biology. Olsen then went on to attend University of Southern Mississippi to receive his Masters in Coastal Fisheries at the Gulf Coast Research Lab in Ocean Springs, Mississippi. He then got a job with Texas



Parks and Wildlife, working as the Upper Laguna Madre Eco System/Fisheries Biologist. He resides in Corpus Chrisi, Texas.

Every year, the NOAA (National Oceanic and Atmospheric Administration) takes scientists from different state agencies that border the area being sampled. These are two-and-a-half-week trips to do different studies. Olsen was chosen and conducted a shark study; however, other types of fish were also caught and studied such as the tilefish that is pictured (right).

Olsen was on a 175-foot vessel called the "Oregon II," a very high-tech vessel that contains scientific instrumentation for catching big fish, as well as a "dry lab," where information is entered on each specimen caught. The sharks (many different species) were then cradled, tagged, and then released for possible future reference. They tagged larger sharks with satellite transmitters for tracking to follow how far they travel.

This trip started in Pascagoula, Mississippi, on August 29, 2013, and ended on September 14, 2013, in Galveston, Texas. A seventeen-day trip that traversed much of the Gulf, they worked twelve-hour shifts around the clock. When talking to his mother while at sea, Zach stated, "The accommodations are comfortable and the meals are good. So far, the seas have been calm, except for some five-foot swells on several occasions."



Photo by Jim Houck, Jr.

our neighborhood veterans







October 2013









by Jim Houck, Jr.

This is a story that is long overdue of a very deserving group of "Ladies" that help support our Veteran organizations. The group I am writing about are the Auxiliary Units of the Veterans Posts of the United States of America. This month I am paying tribute to AMVETS Auxiliary Unit 7 of Thurmont, Maryland.

The Veterans of Post 7 Thurmont are proud to have the fine ladies of Auxiliary Unit 7 as an integral part of their family. These ladies are constantly planning and carrying through events to help veterans and their community. They hold bingo games every other Wednesday evening for the community. Unit 7 Ladies hold dances to bring in funds for purchase and distribution of "We Care" packages at Martinsburg VA Center when they pay their quarterly visits. They help with money for the community food banks and help distribute the food. They have scheduled a breakfast and lunch to be served by their ladies on October 12, 2013, during Catoctin Colorfest

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weekend, so please come sit down, relax, and enjoy a nice breakfast and lunch (open from 7:00 a.m.-3:00 p.m.). The Auxiliary Unit 7 will also have a bake sale on Friday evening and Saturday. All proceeds will be used for our community and Veterans in need.

The next scheduled event they will be holding is a Halloween Dance on October 26, 2013, at the Post, from 8:00 p.m.-12:00 a.m. The doors will open at 7:00 p.m. (must be twenty one or older). The DJ/Karaoke will be furnished by Dr. Mudcat, and there will be a contest for the scariest, best couple, and sexiest man and woman. Musical chairs will be played, as well as bobbing for apples and a limbo contest. Light snacks will be available. Door prizes and a 50-50 will be drawn.

A quarter auction (their first) will be their next fundraiser to be held on November 24, 2013, from 1:00-5:00 p.m. at AMVETS Post 7. Many vendors will be there, so come out and get some great Christmas gifts.

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POST 7

AMVETS Post 7 Auxiliary (from left): Ruth Joy (Chaplain), Mary McKinnon (past President), and Diane Kelly (President).



The events listed do not even scratch the surface of the events and help provided by this magnificent group of Ladies from Unit 7. The veteran members of Post 7 reap the benefits of Unit 7 Ladies' tremendous talents in the kitchen and serving lines, as well as cleaning up after an event. These ladies don't just attend a meeting once a month and then forget about what the AMVETS and Post 7 has going on until the next month's meeting. They are on top of things and asking if there is anything the veteran members or the Sons of AMVETS need help with. I can honestly tell you that if they say they will help at an event, they will be there unless an emergency crops up unexpectedly. This is a group that shows their commitment and integrity over and over. AMVETS Unit 7 is a vital and much-needed part of the AMVETS family.

I consider myself to be very fortunate to be able to associate with the great family at AMVETS Post 7. The Veteran members, Auxiliary

Unit 7, and Sons of AMVETS have all worked together to make it the best AMVETS Post in the State of Maryland and, as far as I am concerned, in the United States.

A very special thanks to the Ladies Auxiliary AMVETS Post 7 Thurmont Maryland.

GOD BLESS AMERICA AND OUR VETERANS.

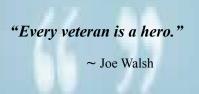
AMVETS Ladies Auxiliary Post 7 Thurmont Upcoming Events

October 12—Catoctin Colorfest, Breakfast sandwiches and lunch served by AMVETS Auxiliary, 7:00 a.m.-3:00 p.m.; Bake Sale on Friday evening & Saturday.

October 26—Halloween Dance, 8:00 p.m.-12:00 a.m., DJ/Karaoke by Dr. Mudcat.

November 24—Quarter Auction,1:00 p.m.-5:00 p.m.

Cash Bingo every other Wednesday: 9/11, 9/25, 10/9, 10/23,11/6, 11/20, 12/4, 12/18.



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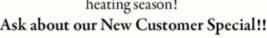
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Save the Date

The American Legion Auxiliary Unit 121's Pub Crawl is set for October 26, 2013, at Post 121, Emmitsburg.

VFW Post 6658 Emmitsburg

A Halloween party will be held on Saturday, October 26, 2013, from 9:00 p.m.-1:00 a.m. Guests welcome, but must sign in. House rules apply to all. Event benefits veterans and local charities.

A Steamed Shrimp & Fried Chicken Feed, sponsored by VFW Men's Auxiliary, will be held on November 9, 2013, from 4:00-7:00 p.m, at the VFW Post 6658 in Emmitsburg. Menu includes 16-20 ct. Shrimp, country fried chicken, baked beans, cole slaw, deserts, VFW milk, soda, and water. Cost is \$20.00 per person.

On November 16, 2013, the Men's Auxiliary is sponsoring a Turkey & Ham Give-a-way, from 6:00-10:00 p.m. A winner will be drawn every half-hour. In addition, there will be chances to win pints of oysters and meat trays in-between drawings.

Francis X. Elder American Legion Post 121, Emmitsburg

A Halloween Party will be held on October 25, 2013, at Post 121 bar & lounge. Members and guests only.

Francis X. Elder American Legion Auxiliary Unit 121

During the annual ALA convention held in Ocean City, Maryland, Unit 121 received six First Place Certificates of Merit from the Dept. of Md. ALA. They are as follows: Veterans Affairs and Rehabilitation (three separate areas)—1. Home Service; 2. Outstanding rehabilitation work; 3. Family Contact; 4. Community Service; 5. Education; 6. Gold Star Program

Unit 121 also received two third place Certificates of Merit from the Department: 1. Children and Youth; 2. Cancer Control.

In addition to the Certificates of Merit, Penny Adams, current President of Unit 121, was elected and installed as department of Maryland Sergeant of Arms.

Dates to be saved are: October 1—Unit Meeting at Post home, 7:00 p.m.; October 26—Fall Poker Pub Crawl, tickets now on sale for \$20.00 at Post 121; November 9—Annual Auction.

Not a member? We would love to share the requirements of joining this great Women's organization. Stop by The American Legion Post 121 for all the details, or you can call Penny Adams at 717-642-9354 for information.

Sons of the American Legion Wing Feed

On November 2, 2013, there will be a Wing Feed at the Ambulance Building, sponsored by Sons of the American Legion Squadron 121, to benefit Mike Hartdagen. Cost is \$15.00 per person and includes food, drink, and performance by Midnight Riders, the Best of Classic Rock, Southern Rock, Blues and Country with Special Guest Rodney Melton.

Sons of the American Legion Squadron 121

The Sons of the American Legion Squadron 121, Emmitsburg, will be holding a Wing Feed Fundraiser for Mike Hartdagen on Saturday, November 2, 2013. Dinner will be from 5:00-8:00 p.m., followed with music by Midnight Riders, from 7:00-10:00 p.m. Tickets are \$15.00 per person. After 8:00 p.m., drinks will be \$1.00 each. Tickets may be picked up at Mountain Liquors, Post 121 bar, Shorty & Ruth Hartdagen, Pam at PNC Bank. Call 717-451-1741 for more information. All proceeds will go to Mike Hartdagen.

We Invite You to Share Your Good News!

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Thurmont American Legion Post 168

We all know what time it is, it is time for Colorfest! Time for all that dreaded traffic and, oh, the mess that our visitors make. We, here at Post 168, are hosting some of the friendliest and best crafters along the Middle East Coast, as well as good food and drinks. What more can you hope for? On Friday, Saturday, or Sunday—you don't have to be a member—come on down for lunch or dinner, enjoy a cold drink, sit inside or outside, watch your favorite football game, and enjoy yourself.

There aren't a whole lot of activities here during October, but we are having a few. The Scouts are having their Fall Camp-Out at our Pavilion, the weekend of October 19-20, 2013. On the October 26, 2013, the Thurmont Dance Club has their monthly dance in our ballroom. Turn off the TV, come on down, have a good time, get some excersise, and learn a new dance.

Karaoke is open for anyone every other Friday -- more often if wanted. On Friday, October 4, 2013, Ralph Gann will be entertaining us with good music and excellent vocals, including yours. On October 18, 2013, "Big Al" is here once again, doing his best to fill the house. Bet there are a lot of you out there who sing in the shower! Well, here is your chance to get out of that shower and show us how well you sound—even if is only to yourself.

Every Thursday, from 7:00-9:00 p.m., there is Bingo. Everybody loves to play Bingo, right? Remember, there is a Winner Every Game and you gotta play to win.

In January, our Sons of the American Legion will be starting a Cornhole League in our hall upstairs. So far, we have about twenty people signed up. Come into the legion and sign up—you need not be a member, and you can sign up as an individual or as a team.

On Thursdays, Fridays, and Saturdays, from 5:00-8:00 p.m., our dining room is open to everyone. Each evening there is a different special, along with Mike's newly expanded menu.

For all of you who attended our annual picnic, we hope you didn't go hungry. It took more then a little effort from quite a few folks to make that a fun day for all. How about a huge round of applause for everyone who helped. Thanks!

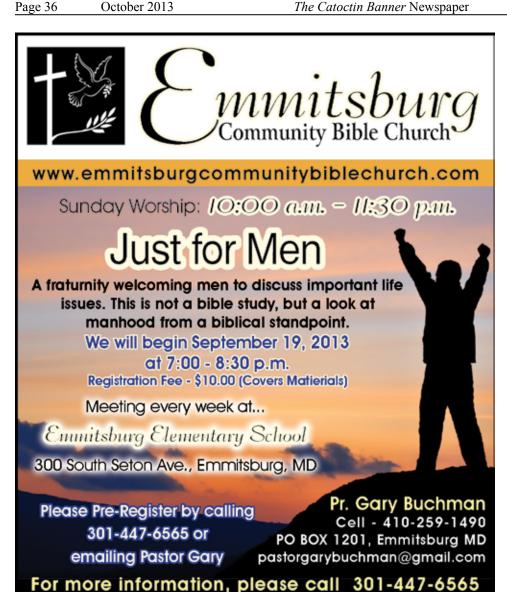
Looking for Something Fun to Do?

Reference the **Community Calendar** on page 47 to view the calendar for events of interest, including bingos, breakfasts, dinners, programs, benefits, dances, shows, library programs, and much more!

Like to Play Games?

Play our Games on page 5. You could win a gift certificate to one of our wonderful advertisers!







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Tickling Our Tastebuds by Denise Valentine

Hello, everyone! Well, the Thurmont & Emmitsburg Community Show has come and gone for another year. Congratulations to all the winners! I will try to secure the recipe for one of the champions for the next issue, so you will have it to try for your holiday gatherings.

For this month, I am a bit stuck in "pumpkin" mode. We had about a dozen pumpkin bread entries at the Community Show, a good number of pumpkins that were entered, and then there was that picture the other day of fair entries with the biggest pumpkin tipping the scales at 225 pounds...that's a lot of pumpkin!

I have this delicious recipe for Pumpkin Roll that I have made a lot of times. I can't share it with you for the Community Show, because it has cream cheese in it (cream cheese is not allowed at the Community Show in icings or fillings, because we have no refrigeration).

This recipe works well for a quick get-together or it will beautifully compliment your holiday dinner. I hope you enjoy it.

P.S. Google: What can you do with pumpkin seeds. There is a trove of ideas, from roasting them with your favorite seasoning to using them for children's artwork to making jewelry—you will be amazed at all the uses for the seeds that you pull out of that jack-o-lantern. Have a fun & safe Halloween.



Pumpkin Roll

2 tsp. Cinnamon 3 Eggs 1 cup Sugar ½ tsp. Nutmeg 2/3 cup Pumpkin ½ tsp. Salt

1 cup Walnuts - chopped fine 1 tsp. Lemon Juice 34 cup Flour 10X Sugar

1 tsp. Baking Powder

Filling: 1 cup 10X Sugar & 1 8 ounce pkg. Cream Cheese

Beat eggs on high for 5 minutes. Fold in sugar & pumpkin. Add lemon juice. In another bowl: combine flour, baking powder, cinnamon, nutmeg & salt. Add dry ingredients to the wet ingredients. Spread into a greased sheet pan (10 x 15). Top with finely chopped walnuts. Bake at 375 degrees for 15 minutes.

Coat a tea towel with 10X sugar. Turn pumpkin roll out onto the towel. Roll up and leave to cool. Unroll the tea towel. Spread the pumpkin bread with filling and roll back up. Refrigerate.

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by Labella A. Kreiner

Catoctin Chronicles

With the start of the new school year, things have been busily progressing as students re-adjust to their schedules and classes. However, for most, the school year just feels like a continuation of the year they left behind in the middle of June. With homework loads finally leveling out, and athletic events for the fall sports season in full sway, the halls at Catoctin High are buzzing once more with the excitement of the autumn season. With school activities like homecoming and this year's lip dub around the corner, our school is full of new ideas and expectant faces.

The Catoctin Varsity Football team had its first home game of the season, and worked hard to try to triumph against Tuscarora High. However, Catoctin ended up with a loss to Tuscarora with a score of 27-12. Still, they had tried their best and had a great opening to the new school year. You go, guys!

The Catoctin Cross Country Varsity teams have both had outstanding scorings for the beginning of the season. At their first invitational at Brunswick High, both the girls' and boys' varsity teams scored first in the small school standings. At their first Mountain Run of the season, the boys' varsity scored fourth overall, with David and Kevin Dorsey as the first and second athletes finishing the course, a 5k race which both of them ran in under 18 minutes! "We've had a great start to the year. Keep it up!"

Coach Gibbons told the teams at a team meeting.

The boys' Varsity Soccer team has suffered all defeats thus far this season. After playing five teams, the guys have lost against all with close scores. On August 24, 2013, the boys lost to Middletown in a nonconference game with a score of 1-0. The scores against Thomas Johnson and Linganore were 2-1, and North Carroll defeated Catoctin with a score 4-1. Despite their difficult start, everyone knows that these boys will be able to improve and end the season with a fantastic comeback.

As for the girls' Varsity Soccer team, they have started their season well. When up against Walkersville, the girls tied with a score of 2-2. Against North Carroll, the girls came up with a win, defeating the other team with a score of 3-0. They have done their best to try to defeat their rivals, and are showing a lot of improvement with each passing game. These girls have worked hard, and are being repaid with their amazing scores.

There are a lot of upcoming events being planned, so stay tuned for more information as the year goes on. Thanks for reading and staying updated on all the various events occurring at our high school. Catch you next month with more news and athletic information. If you would like to see anything in particular posted within this article, please email me at labellakreiner@hotmail.com.

Colorfest — Continued from cover page

Bank have totaled more than \$13,000 over the last two years. For some local churches, and for the Thurmont Community Ambulance Company, Colorfest is their biggest fundraiser. The

Ambulance Company reported sales of over 4,000 apple dumplings last year. Current President Carol

Robertson has been with the organization for more than twenty years. She joined the organization when Beverly Zienda was President, and the two of them worked together to build Colorfest into the event it is today. For Carol, the best part of being involved with Colorfest is being in a position to fill a need in the community, whatever that need may be. Officers and Directors of Catoctin Colorfest for the 2013 season are Thurmont-area residents Mac Ancarrow, Randy Falchick, Kathy Myrick, Randy Nusbaum, Nancy Mooney, Ted Zimmerman, John Corkran, and Terri Bouchillon.

Robertson says, "On Saturday morning, after all the vendors are set up and opening their tents it's as though a whole village is coming to life. I look around the park and I think 'Well, we made it through another year." Many Colorfest

Photo by Randy Nusbaum, Colorfest 2012



vendors come back year after year, with one couple, Carol & Steve Newman, recently celebrating their 40th consecutive year of selling at the popular outdoor festival.

Whether your taste runs to fine art or needlework, woodworking or candles, or if you enjoy sniffing potpourri or sampling food items, Catoctin Colorfest has something for you. Stained glass, tole painting, hand-made soaps – if you can imagine it, it's probably being sold at Colorfest. This year, as you're attending Catoctin Colorfest and munching on something fried on a stick, we hope you'll remember all the work that goes into this show, and all the good that comes out of it. As Carol Robertson says, "When I look out into the street and see that crowd. I know we've thrown one heck of a party and everybody came!

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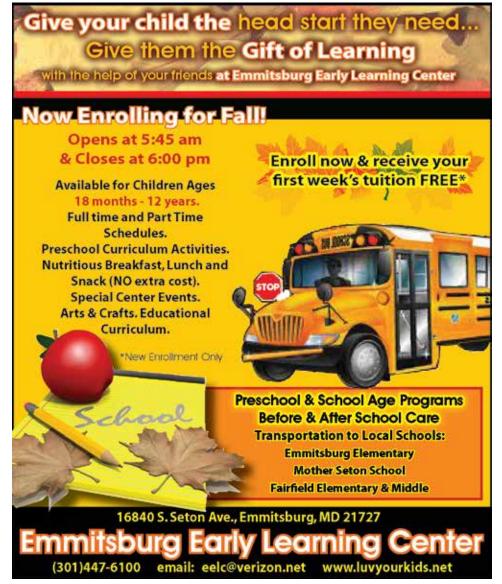


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REMEX Results.









looking back — 1963

Thurmont's Colorfest Turns 50

by James Rada, Jr.

For fifty years now, Colorfest has turned the second weekend in October into an appreciation of beauty, both natural and created. Nowadays, around 125,000 people travel to Thurmont to admire the color of the changing leaves in the Catoctin Mountains and to browse through the art and craftwork of talented artisans.

October 2013

Colorfest boasts 240 juried exhibits, plus many more vendors in and around the town. You can find original paintings, metal sculptures, hand-sewn quilts, homemade soaps, unique jewelry and more.

"People come from all over the country because they like the atmosphere," said Carol Robertson, president of Catoctin Colorfest. "They also like to get their Christmas shopping started."

The festival didn't start out this way, though. In 1963, Colorfest was not much more than a nature walk. The first four Colorfests were nature walks that Catoctin Mountain Park Naturalist Duncan Burchard organized. Those events attracted

about sixty people a year and were centered around Catoctin Mountain Park.

In 1968, art exhibits, church dinners, orchard tours, and apple butter boiling were added to the attractions. At the park, music and exhibits were added, but the focus was still on the leaves on the trees.

"The three-hour walk leads to Thurmont Vista and Wolf Rock, with two of the Park's most scenic views," the *Frederick News* reported.

Attendance grew and buses were used to transport people up to the park. By 1971, 30,000 people were attending the weekend's activities. By 1975, attendance was up to 75,000 people.

"I can remember when it was just a small group of artisans at Memorial Park," Robertson said. "Then we had a few picnic tables in the park with some vendors, and we struggled along until the 80s."

The Thurmont Lions Club was one of the earlier organizations that saw the festival as a fundraising opportunity. The club sells food to Photo Courtesy of Thurmontimages.com



Photo shows a small portion of the displays and concessions at Colorfest in 1975 at the Carnival Grounds.

visitors, including deep-fried Snickers candy bars and deep-fried Twinkies. During the 2007 Colorfest, the Lions raised \$5,700.

Colorfest represents the largest fundraiser of the year for many community organizations. The local school PTAs park cars at the schools and can raise around \$4,000 in a weekend. The American Legion and Guardian Hose Company rent vendor spaces on their property.

Colorfest also donates to town events and supports organizations.

"Last year, we gave over \$24,000 in donations," Robertson said.

Robertson credits long-time president Bev Zienda for growing Colorfest to the size that it is today. Zienda kept the festival going and expanded the marketing to reach more and more people.

At one time, Colorfest had four juried areas: Community Park, Thurmont Middle School, Guardian Hose Company Carnival Grounds, and the American Legion. Though the festival is as large as ever, the Community Park remains the only juried area with 240 vendors.

"Many more vendors applied

this year than we had space for," Robertson said. "We had to turn away about 200."

Outside of the park, yard sales and non-juried craft shows spring up everywhere throughout Thurmont. The town closes off blocks of South Water Street and Frederick Road to accommodate the mass of people. The town government also pays for buses to provide a free shuttle service from various parking areas around town, including the schools.

This year, Colorfest is celebrating its 50th year. While nothing special is planned to commemorate it, you will be able to purchase wooden ornaments with a special scroll saw design at the information booths.

Visit the 2013 Colorfest on October 12 & 13, 2013, from 9:00 a.m.-5:00 p.m. Breakfast is available from some food vendors at 7:00 a.m. Visit their website at www.colorfest.org.

Visit www.jamesrada.com to see info on my books; jimrada.wordpress. com to get a look at the writing life; historyarchive.wordpress.com for interesting and true history.



Play our Where Am I? and Hidden Object games on page 5.





Page 39

senior moments

by Helen Deluca

Hello to all Seniors!

As we, at the Thurmont Senior Center, begin our third year as an independent non-profit organization, the question comes up: Are we doing the right thing? The answer is still, Yes. Being independent allows us the possibilities to schedule our own programs and activities, but, most importantly, it allows us to select a local restaurant (Mountain Gate) to prepare the food for the lunch program. Yet, all of this also comes at a price. We don't have grants or government money to subsidize the lunch costs or operating expenses. If you have been to the super-market lately, you already know how the cost of food has increased, so it is for the Center to face the increased cost of the lunch program. While we ask only for what the lunch costs the Center, we still use the honor system where you pay what you can. We are planning on something new. Beginning in October we are going to have a "lunch special of the week." One day of the week lunch will cost \$5.00. The first lunch special will be October 7, 2013. The "special" day will vary each week and will be printed on the monthly menu that is available at the Center, or you can call the Center at 301-271-7911. We want to make it possible for more seniors to have a good, hot, nourishing meal.

We realize this may mean an added cost to the Center, but we want to give it a try. As I have said before, the Directors and Volunteers appreciate your help and support. We are not perfect and we know there is always room for improvement. We need to have your input—it's your Center: What suggestions or concerns do you have? We really would like to hear from you. We have a survey form available you can use to express your opinion. If you choose to sign your survey form, there will be a monthly drawing for a free meal, or you may choose to remain anonymous. In the meantime, we are trying to please some of the people some of the time, because we know we can't please all of the people all

of the time.

Here's what you can look forward to in October 2013: October 10—12:30 p.m. is the October birthday party; October 10 and 11—the annual yard sale; October 16—1:00 p.m. is 50/50 Bingo, so bring a friend, reserve for lunch, stay to play Bingo, it's open to the public, and it's a great way to spend an afternoon; October 24—Flu shots are from 10:00 a.m.-2:00 p.m., and don't forget your Medicare Card; October 25—Big Cash Bingo, doors open at 5:00 p.m.; October 29—11:00 a.m. is Nurse Steve (everyone looks forward to what Nurse Steve has to say. His presentations on various health issues is always informative).

The Big Cash Bingo on October 25 is a major fundraiser for the Center. The Knights of Columbus Council 11975 is sponsoring a Cash Bingo to benefit the Senior Center. Bingo will be at Our Lady of Mount Carmel Parish Hall, 103 North Church Street in Thurmont. The doors open at 5:00 p.m.; food will be available and games will start at 7:00 p.m. There will be twenty regular games, paying \$100, a small jackpot paying \$250, and large jackpot paying \$500. There will be 50/50 and tip jars. Cost is \$20 and tickets are available now at the Center and will be available at the door. There are plenty of parking spaces and handicap accessible. Join us on Friday, October 25th for an evening of fun. Support your Center.

I also want to tell you the Canaries are back. That's the singing group here at the Center. They are here every Monday at 12:45 p.m. Come and join them if you like to sing.

If the weather has changed and you can't get out to exercise, come to the Center on Tuesday mornings for exercise with an instructor at 9:30 a.m., or come for video aerobics on Thursday at 9:30 a.m.

Have you heard about this? "To save the economy, the Government will announce next month the Immigration Dept. will start deporting seniors (instead of illegals)

September Birthdays

Pictured from left are Nancy Davis, Anna Rollins, Margaret Carbaugh, and Heinz Wilms.

Bingo Players

Pictured from left are Dorthy Buhrman, Nancy Davis, Shirley Brown, Helen Troxell, and Ginny Miller.

Photos by Irene Matthews

in order to lower Social Security and Medicare costs. Older people are easier to catch and will not

remember how to get back home." See you on the bus! Hope you had a good laugh. Keep smiling!

"Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom."

~ Marcel Proust

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Services, Inc.

Mountain Top Seniors

Pot Luck Lunch & Bingo for Fun, one Thursday each month, for folks 50 & above, from the Mountain Top Area of Maryland and Pennsylvania (Blue Ridge Summit, Cascade, Highfield, and Sabillasville). Lunch will be at 11:30 a.m., followed by Bingo for fun. Meat, beverage, and place settings are provided; the rest is potluck. Drivers, grandkids are welcome. Come even if you don't cook. Usual meeting place is St. Mark's Lutheran Church hall in Sabillasville. For more information, call the Church at 310-241-3488.

your public library

Where Community & Ideas Connect

by Erin Dingle, Administrator, Thurmont Regional Library/ Emmitsburg Branch Library, edingle@frederickcountymd.gov

Community Volunteer Fair

Many thanks to the local organizations who participated in our first Community Volunteer Fair last month. The Thurmont Lion's Club and the library planned the event to unite people—young and old—who want to do their part to make the community better every day by donating time to a worthy cause. Whether it's helping the senior community, cleaning up the environment, or joining an organization like the Lion's, your neighbors signed up to do their part. If you are interested in making this an annual event, please let me know. The library is an ideal location to bring people together for a common purpose. We are always interested in helping your organization plan public events for cultural, educational, or entertainment purposes for all ages.

Teens & the Library

A topic under discussion in the community right now is a lack of activities for local teens. I am happy to share that the library has been providing dedicated teen activities and planned events at the library for over ten years, under the direction of Library Associate, Clare Bush. These have included everything from art (tie dying tee-shirts) and popular book parties (learning how to shoot arrows at a Hunger Games party) to music (DJ's playing top hits on the deck). Clare communicates with local schools to advertise the events and descriptions of upcoming events can always be found on our website.

Clare is very happy to hear ideas from teens about their interests. In fact, anyone between the ages of 12 and 18 can participate in the

library's Teen Advisory Group. They not only help plan teen activities, but this group assists with children's activities and creates library displays. Participation is a great way to earn school's service learning hours. They meet at 3:00 p.m. every first Thursday of the month at the library. The next two meetings are on October 3 and November 7, 2013. Encourage your middle or high school student to get involved.

The Catoctin Banner Newspaper

An exciting new event is happening this month for tweens and teens as part of Teen Read Week (October 13-19, 2013). The library is hosting a Teen Comic-Con on Saturday, October 19, 2013, starting a 1:00 p.m. A Comic-Con is simply a large comic book convention, focusing on comic books, science fiction, and fantasy. Although our Comic-Con won't be as large as the original (held since 1970 in San Diego, CA), it will be the perfect chance for teens to have some fun. Dressing like a super hero or other comic book character is central to a Comic-Con and awards will be given for costume creativity. For those who don't want to dress up, come anyway. There's plenty to entertain, including a movie, free comic giveaways, refreshments, and other comic book related fun.

A special presentation will be a comic drawing workshop presented by artist John Nickerson of the Gnarly Artly Design Shop. This is a unique opportunity to learn the art of comic drawing from an experienced artist.

The Thurmont Library Comic-Con is free and there's no need to register.

Your Public Library — Continued on page 44

Emmitsburg Vol. Ambulance Co., 17701 Creamery Rd., Emmitsburg 22 Games Paying \$250.00 EACH! THREE \$1000.00 Jackpots & a Meal! Nov 9th, 2013 For Tickets or Info: Doors open @ 4 p.m. Mary Lou - 240-285-3184 Games @ 7 p.m. Pam - 717-642-9335 \$35.00 in Advance Diane - 301-748-6894 \$45.00 at the Door All Group reservations must be made by Nov 1st, 2013. No Add ons or exeptions after this date Any tickets being paid for at the door will not include a saved seat! No Exeptions! Ticket must be paid for by Nov. 1st to be entered to win \$100 CASH!

Tractor Supply Baking Contest

Entries will be accepted on Saturday, October 19, 2013, from 10:00 a.m.-8:00 p.m., and on Sunday, October 20, 2013, from 10:00 a.m.-2:00 p.m. for the 1st Tractor Supply Baking Contest, which will be held at Tractor Supply, located at 7631 Devilbiss Bridge Road in Frederick, Maryland. Judging will begin at 2:00 p.m. on Sunday, October 20, and an auction of all of the baked goods will be held at approximately 4:00 p.m. Randy Ruby of Wolfe Auctioneers will be the auctioneer. Everyone—including youth, adults (18 and over), and TSC employees—may enter cakes, pies, cookies, breads, and candies. All proceeds will go to the 4-H paper clover program (\$1.00 each), which will benefit local clubs and Frederick County 4-H as part of 4-H Appreciation Month. Paper 4-H clovers will be sold at Tractor Supply from October 9-20, 2013. If you need additional information, please contact the store at 301-898-7594 or by email at STR1466@tractorsupply.com.

FRCC's 5th Annual Craft Show

The Fort Richie Community Center (FRCC) is holding it's 5th annual Craft show on October 19, 2013, from 9:00 a.m.-3:00 p.m. at the Fort Ritchie Community Center in Cascade, Maryland. This year, they are partnering with Sound So Good Audio from Waynesboro, Pennsylvania, and having a huge car/ bike/truck show called "KING of the MOUNTAIN CAR SHOW." Proceeds will benefit Children's Miracle Network and the FRCC. Companies such as Food Lion, Lowes, Beavers Auto Body, Classic Cheville Restorations, all from Waynesboro, Pennsylvania and River Raider Off Road from Chambersburg, are sponsoring the event. We expect to have between 50-60 craft vendors and over 100- 150 vehicles for the show! The time of the car show is from 10:00 a.m.-4:00 p.m. Trophies will be awarded in the car show for the top 50 vehicles, plus seven custom handmade trophies will awarded, which includes the 6-foot tall "King of the MOUNTAIN" trophy! The cost is \$12.00 to enter. Spectators are free for the car show and the craft show! Enjoy great food, music, lots of door prizes, and family friendly activities. There will be a SPL Competition at the car show! For more information on the craft show, please contact Beverly Coyle at 301-241-5085 or for the car show call 717-762-6865 and ask for Ben. Check out the websites www.theFRCC.org or Facebook.com/ ssgcarudio.

Ridgefest to be Held at Mt. Tabor Park

Mt. Tabor Church of Rocky Ridge will have Ridgefest activities at Mt. Tabor Park on October 12 and 13, 2013, just minutes away from Thurmont. There will be an Apple Butter Boiling demonstration (Saturday only); Food Stands, featuring good home-cooked food both days; and Flea Markets. Apple butter will be available for sale on Saturday and Sunday for \$3.50 a pint; all new jars will be provided and no advance orders will be taken.

The food stand will close at 3:30 p.m. on Saturday and at 2:30 p.m. on Sunday. Of course, the Rocky Ridge Fire Company will be making their famous Fried Ham Sandwiches for sale both days and will remain open until 6:00 p.m. on both days.

For free flea market set-up spaces, call Jeff Sharrer at 301-447-6387 or Betty Ann Mumma at 301-271-2135. This event is sponsored by the Willing Workers of Mt. Tabor Church. Directions to Mt. Tabor Park: follow Route 77 East to Rocky Ridge, turn onto Motters Station Road, the park is just ahead on the left.

did you know?

Halloween Fun Facts

The celebration of Halloween started in the United States as an autumn harvest festival. In pioneer days, some Americans celebrated Halloween with corn-popping parties, taffy pulls, and hayrides.

Approximately 72 percent of households will hand out two or three pieces of candy per trick-or-treater.

The word "witch" comes from the Old Saxon word "wica," meaning "wise one." The earliest witches were respected dealers in charms and medicinal herbs and tellers of fortunes.

Patronize the Advertisers in *The Catoctin Banner!*

The Catoctin Banner exists due to the advertising support of those featured in each issue.

A Family's Train Ties

by Deb Spalding

For many of us, our holiday memories include a miniature train circling under the Christmas tree. Timmy Bentz, of Graceham, not only holds dear the memories of the miniature train that circled his family's Christmas tree for well over forty years, he has a collection of memories that spotlight miniature and life-size trains. Trains are a tradition in his family. His great-great grandfather, Harry C. Groshon, retired from the Western Maryland Railroad on June 13, 1947. Harry instilled a love of trains to his family, and so on. Timmy's father, the late Charles W. Bentz, shared the love of trains

with Timmy. After Charles' passing in August 2012, Timmy set about creating a memorial to his father and family that centered around his collections and his memories of riding and learning about trains.

Timmy and his dad had an extensive hobby. They went on train rides, watched train videos, read train books, and collected train memorabilia. These videos, books and memorabilia are part of Timmy's memorial room that is dedicated to his father and great-great grandfather.

Timmy and his friends, Mike Eyler and Francis Tortoro, spent time as youngsters exploring trains and tracks. They found insulators, mile markers, railroad spikes, and ties. These are part of Timmy's memorial room. Thurmont's historian, the late George Wireman, often showed visitors his extensive miniature train setup. Timmy has a few of George's train cars in his memorial room, as well as some of his father's miniature train cars. He even has some of his great-great grandfather's pay stubs and railroad passes from the 1930s. Timmy's Uncle Bob Stitely went to an auction and

bought Timmy a hammer, lanterns. and a C & O oil can to add to the collection. His great-great grandfather's train lantern and bucket are showcased as well.

Timmy started his N Scale miniature train layout



Timmy Bentz is shown with his N Scale miniature train showing his great-great grandfather Groshon's train tickets.

in the 1990s. It shows his version of Graceham complete with town office, post office, and general store. Wooden Cat's Meow cutouts depict houses, including his own—the Groshon/Bentz House. Timmy is shown as a small figurine in the layout.

A ribbon-cutting ceremony was held on Saturday, August 31, 2013, at the Bentz Residence. Those who contributed their time and talent to the project were present, as well as forty friends and family. Special thanks to Rodney Harbaugh (brother-in-law), Laura Harbaugh (sister), Beatrice Bentz (mom), and Chloe and Trey Glass (niece and nephew) who helped with the clean up and construction for the project. For those who attended, Timmy said, "Thanks for coming to my open house and thanks for the gifts."

He made a memorial book that he entered in the Thurmont & Emmitsburg Community Show, where he won first place for a photo story. In the photo book, Timmy showed the process of creating the memorial room from start to finish, along with photos and labeled captions.



A Once In A Lifetime Photo

The Catoctin Banner Newspaper

by Linda Calhoun

I took my camera to the mail box with me on a whim one evening last year. Thank goodness I did!

There were two deer on the right side of the road. The first one ran across the road before I could get the camera from around my neck. Then, out of the corner of my eye, I saw another deer. Two leaps is all it took her to jump across. I had time for two shots. The photo shown is the first click (second click was just

the background). I was so excited when I looked at the photo, thinking that I had indeed caught Prancer (that is what I have named her)—looking like she was suspended in midair.

Photo by Linda Calhoun

No one was around to experience what I just had, I thought to myself, but my proof was on the camera. And I also thought to myself while I was walking back to the house: this IS a once in a lifetime photo.

Oh, by the way, I did forget the mail, but I had one heck of a picture!

69th Annual Keilholtz Reunion

President Bill Keilholtz welcomed seventy-three members and guests to the 69th reunion of the descendants of John David and Missouri Bell Keilholtz on Sunday, September 1, 2013, in the beautiful Thurmont Community Park. Laura Keilholtz offered Grace before the bountiful buffet meal.

In the business meeting, Bill Keilholtz reported that he and Tim Keilholtz repaired the tombstone of John David's father, Benjamin Keilholtz, in the Elias Lutheran Church graveyard in Emmitsburg. Historian Daphne Moehring's report was given by Ann Underwood. The printed list of Family Changes was distributed to families for them to duplicate and give others. There were five marriages, eleven births, seven deaths, and two divorces. A moment of silence was observed in memory of Arlene Knipple Grumbine, who passed away September 12, 2012; Anna Law, September 24; Constance Jean Keilholtz, October 1; Wayne Vernon Holter, October 31; Rosie Ellen Ogle Forney, March 22, 2013; Vernon Grayson Keilholtz April 28; and Bertha K. Toole July 14,

The Keilholtz Family Reunion song was led by the author, Linda Shields. Sue Keilholtz, games and gifts chairman, awarded gift cards to the oldest woman, Bea Keilholtz (90 years old); oldest man, Donald Cecil (83 years old); newest married couple, Andrew and Trisha Montgomery, five years; and coming the fartherest, Ann Underwood, from Columbus, Ohio. Sue led a mixer quiz to find relatives with specific characteristics. Winner was Becky Clarke. The M & M's winner was Amy Cullen. Many enjoyed playing Bingo called by Tim Keilholtz. Treasurer Linda Shields and secretary Roxie Underwood gave their reports.

Present by families were: GRACE: Dale and Linda Shields, Emmitsburg, John and Bonnie Sanders, Rocky Ridge, Travis and Marrie Sanders, Fairfield, PA, John and Roxie Underwood, Jackson, OH, Ann Underwood and nephew Lance Mast, Columbus, OH, Donald and Frances Cecil, Frederick, David Montgomery and Becky Burns, Ijamsville, Scott and Jaxxon Montgomery, Middletown, Amy, Kursten and Mackenzie Cullen, Brunswick, Andrew, Trisha and Jake Montgomery, Middletown, Chester and Jean Zentz, Thurmont, Rodney Jr, Jo, Tom and Joe Bostian, Taneytown, Rodman and Jean Myers, Bobby Myers, Thurmont; LUTHER, Bill and Sue Keilholtz, Laura Keilholtz, Larry and Shirley Tressler, Bryan, Kalip, Kyle and Paige Tressler, all of Frederick, Dave and Brenda Seiss, Bradley and Amber Seiss, Andrew and Katie Eaves, all of Thurmont, Tim, Becky, Jessica and Taylor Clarke, Rocky Ridge; "HARRISON" Robert L. Baumgardner, Jr. Dillsburg, PA, Charles and Nancy Grimes, Emmitsburg, Bill and Regina Dinterman, Rocky Ridge, Blanche Keilholtz, Emmitsburg, Tim and Kurt Keilholtz, Hagerstown, Terry and Carolyn Maddox, Thurmont, Charles Leo and Hazel Stonesifer, Keymar; JOHN BENJAMIN: Mitchell and Beverly Bidle, Myron and Ruth Ann Derr, Middletown, Sarah Holter, George and Joan Blickenstaff, Boonsboro; MAURICE: Joe and Kim Larsen, Hanover, Kenneth Keilholtz, Walkersville, Wilma Fogle, Thurmont, Steve, Kay and Anna Schaller, Emmitsburg.

Officers for the 70th reunion, August 31, 2014 are Travis Sanders, president, David Montgomery, vice-president, Joan Mast, secretary, and Linda Shields, treasurer. Sue Keilholtz will continue as gifts and games chairman.

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3 Daycare openings available in Thurmont area. Ages 6 weeks and up welcome! Call Joann for more information at 301-271-2180.

Susan's Family Child Care has opening for ages 2 and up. Located in Thurmont. Please call 301-271-4929. Lic. No. 159600.

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2 NASCAR racing tires made into small tables with legs: 1st tire is an actual Dale Earnhardt Sr. tire with a glass top, with a Dale Earnhardt Sr. silhouette face and the 3# engraved into the glass top; 2nd tire was run at Richmond in the mid 90's by Brett Bodine and the #26 team. This tire also has been made into a table with a Dale Jarrett silhouette engraved into the glass along with the #18, (Joe Gibbs racing). Would prefer tires to be sold together. \$175/OBO. Need to see these collectable's to appreciate. Call 301-271-4280 or 301-788-6417

2008 Honda Civic Si. 2 door. 62,000 miles. 6-speed, 2.0 liter 4 cyl VTEC engine. Asking \$14,000. Call or text 301-473-



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Yard Sale/Moving Sale

Country Antiques Yard Sale, 17058 Harbaugh Valley Road, Sabillasville, MD. Rain or Shine. Colorfest weekend: October 11, 12, 13—8:00 a.m.-5:00 p.m. Follow the signs!

MOVING SALE: Saturday, October 5, 8:00 a.m.-4:00 p.m. (Rain Date: Oct. 6), 12403 Detour Road, New Midway. LR & BR Furniture, desks, dishes, lamps, patio set, yard/garden tools, hand tools, antique garden plow, meat hooks, carriage lantern, lawn mowers. Everything must go.

YARD, FOOD & BAKE SALE: Catoctin Methodist Church of Christ, 7009 Kelly Store Road, Thurmont. October 11 & 12, 7:00 a.m.-4:00 p.m.

Yard sale — LOTS of nice girls clothes (sizes 0-7) and toys, household items, some collectibles. Colorfest- Oct. 10-13. Thurs (8-2), F-Sun (8-4). 9 Windward Lane, Thurmont.

Test Your Word Power - Answers 1. a 2. b 3. b 4. c 5. enviable

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Your Public Library — Continued from page 40

Coming Up!

A new book club for students in grades 1-4 on Wednesdays will be starting on October 9, 2013. Welcome to the Wonderful Wizarding World of Harry Potter is a book club designed as a first step into the first book in the *Harry Potter* series. Read and discuss the book with Mrs. B, and enjoy Potterlike activities that include designing a magical creature and a character dress-up event. Only NEW readers to the series need apply! Register today.

Drop off a pumpkin decorated like your favorite book character anytime between October 12-October 26, 2013. This can be a family or individual entry. Contest judging happens at our popular Fall Funtime party on October 26, 2013. Hosted every year by librarian, Lesa Zuke, this UN-scary Fall party is intended for the younger kids. Kids will enjoy seasonal entertainment, a costume parade, carnival-style games, and easy seasonal crafts. Best for children ages 2-8. No need to register.

Library

On October 18, 2013, kids can show off their favorite stuffed animal at a Stuffed Animal Pet Show. Prizes will be given for best costume, best pet trick, and many other categories. After the pet show, stuffed animals are invited to stay at the library for a sleepover. When the kids pick them up the next day, they'll find out what their stuffed pet did during their night at the library. Ages pre-school through elementary school invited to register.

On November 7, 2013, at 6:30 p.m., save the date for book presentation by local author Elizabeth Anderson Comer as she presents an overview of Furnace history, as well as an introduction to local historian Betty Anderson's newest book: Catoctin Furnace: Portrait of an Iron-Making Village. Meticulously researched and extensively referenced, the book covers Furnace history from 1774 until 1903. Posthumously published, Betty Anderson's manuscript was edited by her daughter, Ms. Comer. This is a program co-sponsored by the Thurmont Center for Regional Agricultural History and The Catoctin Furnace Historical Society.

And finally, Literacy Night for Thurmont Primary School (TPS) is on Tuesday, November 12, 2013, from 6:00-7:45 p.m. A joint venture between school and library staff, this is unique opportunity for TPS families to visit the library together to participate in literacy activities, including a very special puppet show. If you need more information or if your school would like to partner to host a Literacy Night, contact Children's Services Specialist, Tara Lebherz at 301-600-7202.

The Thurmont Regional Library is ready to welcome you and your family to take advantage of our collection, resources and programs seven days a week. Please contact me at edingle@frederickcountymd. gov if you have questions about your public library.



Courtesy Photo

Marlene Bordner, Librarian at Thurmont Regional Library received a Constitution Week Award from Frederick Chapter National Society daughters of the American Revolution for producing several outstanding programs for children and families. The Certificate of Award recognizes her as a special individual for her contributions to Constitution Week education and upholding the ideals of the Constitution. The flag pictured was made during the Library Starlight Storytime on Constitution Day, September 17. The red stripes were printed with children's hand prints in red ink. The poem beneath reads: "Although my hands are very small, I made this flag to fly for all. I might be too young to understand, But I know these colors are very grand. The red, white, and blue, Forever Stand!" For information about Frederick Chapter DAR membership or Education, Historic Preservation, and Patriotsim Committees, contact FrederickDAR@gmail.com. Pictured are Bordner and Frederick Chapter DAR Constitution Week Committee Chairman Anna Peterson.



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september

- 28 Pippinfest Community Yard Sale, Fairfield, PA. 8:00 a.m.-6:00 p.m. Food, craft vendors, Apple Dessert Contest, Fairfield Show Choir. www.pippinfest.com.
- 28 Go Dog Go!, Emmitsburg Branch Library, Emmitsburg. All ages w/adult. 11:00 a.m.-12:00 p.m. Registration ends: Sept. 25 at 5:30 p.m. Julie Scott 301-600-6329.
- 28 All-You-Can-Eat Buffet Dinner, Woodsboro Vol. Fire Co., Coppermine Road, Woodsboro. 12:00-5:00 p.m. \$12.50/plate. 301-898-5100.
- 29ESP Performing Company 3rd Annual Fall 5K Run Fundraiser, Mount St. Mary's University, Emmitsburg. 9:00 a.m. Register: www.espdance.com/ autumn5k/ or at ESP Dance Studio in Thurmont. A portion of proceeds donated in memory of Pamela Grey Hobbs to the Hurwitz Breast Cancer Fund. 301-271-7458.
- 2933rd Annual Pippinfest Craft and Street Festival, Fairfield, PA. 9:00 a.m. 4:00 p.m. Craft vendors, car show, quilt show, food, entertainment. Free parking/admission. www.pippinfest.com.
- 292013 Annual Harbaugh Family Reunion, St. John's Lutheran Church Parish Hall, Blacks Mill Rd., Creagerstown, MD. 12:00 p.m. Please bring a dish for all to share. Chicken, ham, rolls, plates and eating utensils will be provided. Don't forget your items for the door prize table.

october

- Northwestern Frederick County Civic Association meeting, 6:30 p.m. Sabillasville Elementary School. Planning for October 12-13 Mountain Fest. Nice booth spaces still available! Call George Kuhn (301-241-3997) after 6:00 p.m.
- 30-2:30 p.m. 301-447-3161 or www. mothersetonschool.org.
- 46th Annual "Angels Above" Alumni Golf Tournament, Mountain View Golf Club, Fairfield, PA. 12:00 p.m. lunch; 1:00 p.m. tee time; ends w/dinner & ceremony. \$85/person; \$340/foursome. Deadline to register: Sept. 30. Tony Little 301-644-2671 or littlemoore@littlemoore.com.
- 4..... Angels Above Alumni Golf Tournament, Mountain View Golf Club in Fairfield, PA. 12:00 p.m.; Tee time 1:00 p.m. Proceeds benefit Jack and Shirley Little Scholarship Fund at Mother Seton School (MSS). \$85/ person; \$340 for foursome. Tony Little 301-644-2671 or littlemoore@littlemoore.com.
- Mountain View Golf Club, Fairfield, PA. 8:30 a.m. Laura Kott 240-285-4790.
- 4,5 ... Used Book Sale, St. Mary's Church, 256 Tract Rd, Fairfield, PA. 9:00 a.m.-5:00 p.m.
- 4-6...National Fallen Firefighters weekend; FEMA, South Seton Ave., Emmitsburg.
- Oyster, Turkey and Country Ham Dinner (buffet style), Lewistown Fire Department, 11100 Hessong Bridge Rd., Lewistown, MD. 12:00-5:00 p.m. \$16/ Adults; \$8/Children 6-12. \$17/Carryouts. 240-409-2174.
- 5......Morning workshop on "Christian Mystics, Cultivating a Life of Closeness with God as exemplified by St. Francis of Assisi". Offered by Pastor Julie Brigham, Spiritual Director, Mount Moriah

community calendar

- Lutheran Church, 14814 Foxville-Deerfield Rd, Sabillasville, MD. 9:00 a.m.-noon. \$40. Scholarships available. Pastor Brigham 240-405-2173.
- Mal-You-Can-Eat Buffet Breakfast, Tom's Creek United Methodist Church, 10926 Simmons Rd., Emmitsburg. 6:00-10:00 a.m. \$8/Adults; \$4/Children 5-10; Free/under 5. 301-447-3171 or tomscreekumc@gmail.com.
- Wera Bradley Bingo, Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m.; Games 7:00 p.m. \$15/ advance; \$20 /at door. Lena 301-717-8860.
- Mil-You-Can-Eat Breakfast, Woodsboro Vol. Fire Co., Coppermine Rd., Woodsboro, MD. 7:30 a.m.-12:00 p.m.
- 6 Concert/Worship Service, 25445 Highfield Road, Cascade. 10:00 a.m. 301-476-1801.
- 6.....Lewistown Ruritan Chicken Bar-B-Q's, U.S 15 North & Fish Hatchery Road.
- Saint Anthony Shrine, corner of US 15 and St. Anthony Rd., Emmitsburg. \$10/spot. Food sales reserved for St. Anthony Parish. 240-529-2737.
- 6Annual Sea Services Pilgrimage, National Shrine of Saint Elizabeth Ann Seton, the Basilica, 339 S. Seton Ave., Emmitsburg. 3:00 p.m. Honors Saint Elizabeth Ann Seton as Patroness of the Sea Services and asks for her intercession for all the men and women serving in our nation's Sea Services
- 7Free Community Meal Served with Grace, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All welcome.
- 7......Thurmont United Methodist Church, Long Rd., Thurmont. Hours: 6:00-7:00 p.m. All items FREE (clothing, shoes, socks, towels, bed linens, and other items as donated). 301-271-4511.
- 8 Pre-school Story Time, Big Red Barn at Fox Haven Learning Center, 3630 Poffenberger Rd. Jefferson, MD. Theme: Who lives in the meadow? Ages 2 and up w/adult. 9:30-11:00 a.m. \$10/child. Register: email info@ foxhavenlearningcenter.com with dates; www.foxhavenlearningcenter.org to pay.
- 11 ThorpeWood's 2nd Annual Barn Dance, 12805 A Mink Farm Rd., Thurmont. Featuring The Speakeasy Boys. 7:30-10:30 p.m. Light snacks & hot cider provided. BYOB. \$20/person; \$10/under age 15. 301-271-2823 or bchafin@thorpewood.org.
- 11,12...Yard, Food & Bake Sale, Catoctin Methodist Church of Christ, 7009 Kelly Store Rd., Thurmont. 7:00 a.m.-4:00 p.m.
- 12Catoctin Furnace Historical Society's FallFest, Collier's Log House, 12607 Catoctin Furnace Rd., Thurmont. Crafts, gifts, greenery, children's activities, & refreshments. 10:00 a.m.-4:00 p.m. www. catoctinfurnace.org; 410-243-2626.
- 12....Fall Fest Dinner, St. John's Lutheran Church, 8619 Blacks Mill Rd., Creagerstown, MD. 12:00-5:00 p.m. \$14/Adults; \$7/Children (7-10); Free/6 and under. \$15/Carryout. \$5/Quarts of Pot Pie. Bake and Fancy table; Apple butter for sale.
- 12 Yard Sale at Graceham Moravian Church (includes "Fill a Bag w/Clothing for \$5"), 8231 A Rocky Ridge Rd., Thurmont. 7:30 a.m.-4:30 p.m. (Rain or

- shine) Sandwiches/soups available 9:00 a.m.; baked goods. Benefits 2014 Youth Mission Trip to Maysville, Kentucky. 301-271-2379.
- 12,13 Catotin Colorfest, Thurmont. 9:00 a.m.-5:00 p.m.
- 12,13......Mountain Fest, Sabillasville Elementary School, 1621-B Sabillasville Rd., Sabillasville, MD. 9:00 a.m.-5:00 p.m. Benefits Scholarship Fund. Sponsored by the Northwestern Frederick County Civic Association. Nice booth spaces still available! Call George Kuhn (after 6:00 p.m.) 301-241-3997.
- 12,13.....Ridgefest, Mt. Tabor Park, Motters Station Road, Rocky Ridge. Flea market spaces 301-447-6387.
- 1330th Annual Car Show, Sabillasville Elementary School, 16210-B Sabillasville Rd., Sabillasville, MD. 11:00 a.m.-3:00 p.m. Sponsors, donations, and door prizes welcome. Benefits NWFCCA Scholarship Fund; George Kuhn 301-241-3997 after 6:00 PM. P.O. Box 125 Sabillasville, MD 21780.
- 13 Pastor Appreciation Month, MorningStar Family Church, Thurmont. Services: 10:45 a.m. & 6:00 p.m. Oct. 13: Rev. Robson Mulumbe, a.m. Service; Oct. 20: Rev. Joshua Motley, a.m. Service; Oct. 27: Rev. Roger and Nikki Reynolds, a.m. Service/Dr. Gail Januskiewicz and Faith on fire Team, p.m.Service.
- 15 Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. All items FREE (clothing, shoes, socks, towels, bed linens, and other items as donated). Accepting donations of additional items, such as toys in good shape and household goods, in anticipation of Christmas. 301-271-4511.
- 16 Slippery Pot Pie Dinner, Lewistown United Methodist Church, 11032 Hassong Bridge Rd., Lewistown. 12:00-5:45 p.m. Chicken or country ham potpie, green beans, cole slaw, applesauce, drinks, & dessert. \$11/ Adults; \$6/Children 6-12; \$12/Carryouts. 301-898-7888.
- 19....FRCC 5th Annual Craft Show, Fort Ritchie Community Center, Cascade, MD. 9:00 a.m.-3:00 p.m. Plus Car/Bike/ Truck Show (10:00 a.m.-4:00 p.m.). \$12/ entry. Benefits Children's Miracle Network & FRCC. Trophies awarded (top 50 vehicles). Spectators FREE for car show/ craft show. Beverly Coyle 301-241-5085/ Car Show 717-762-6865.
- 19Annual Fall Food Festival, hosted by Thurmont Lions Club, Rt. #15 at Roddy Rd, Thurmont. 10:00 a.m.-3:00 p.m. (until sold out). Smoked turkey leg, fried shrimp, bratwurst, corn dogs, hamburgers, crabcake, soup, apple cider, and more. www.thurmontlionsclub.com.
- 198th Annual Lacie's Legacy Memorial Walk, Carroll Valley Park, Fairfield, PA. Registration 10:00 a.m.; walk starts 11:00 a.m. \$10/walker (includes lunch). Rain or Shine. Proceeds donated to NTSAD in memory of Lacie Wivell. 717-642-6989; email: lisawivell@yahoo.com.
- 19Cash Bingo, Thurmont Fire Co. Activities Bldg., 123 E. Main St., Thurmont. Doors open 4:30 p.m.; Bingo 6:00 p.m. King Tut, raffles, special games w/baskets & bags as prizes. \$20/advance; \$25/door. Proceeds benefit Faith UCC. 301-788-

- 2427 or 301-271-7573.
- 20Music Fest, Union Church in Creagerstown on Black's Mill Road (just off 550). 3:00 p.m. Featuring choirs, bell choir, and instrumentalists. Refreshments follow program. 301-418-1760.
- 20 Yard Sale & Flea Market, Saint Anthony Shrine, corner of US 15 and St. Anthony Rd., Emmitsburg. \$10/spot. Food sales reserved for St. Anthony Parish. 240-529-2737.
- 21Red Cross Blood Drive, Our Lady of Mount Carmel Church, 103 N. Church St., Thurmont. 2:00-8:00 p.m. Call Terry 301-271-7872 to schedule appointment/ more information. Walk-ins welcome.
- 22Pre-school Story Time, Big Red Barn at Fox Haven Learning Center, 3630 Poffenberger Rd. Jefferson, MD. Theme: Who lives in the woods? Ages 2 and up w/ adult. 9:30-11:00 a.m. \$10/child. Register: email info@foxhavenlearningcenter.com with dates; www.foxhavenlearningcenter. org to pay.
- 25Turkey and Oyster Dinner, Graceham Moravian Church, 8231 A Rocky Ridge Rd., Thurmont. 3:00-7:00 p.m. \$16/ Adults; \$7/Children 5-10. \$17/Carryout. 301-271-2379.
- 25Big Cash Bingo, Our Lady of Mount Carmel Parish Hall, 103 N. Church St., Thurmont. Benefits Thurmont Senior Center. Doors open 5:00 p.m.; Games start 7:00 p.m. \$20/person. Tickets available at Center from 9:00 a.m.-3:00 p.m. or at door.
- 26....Turkey and Oyster Dinner, Graceham Moravian Church, 8231 A Rocky Ridge Rd., Thurmont. 1:00-6:00 p.m. \$16/Adults; \$7/Children 5-10. \$17/Carryout. 301-271-2379.
- 26American Legion Auxiliary Unit 121's Pub Crawl, Post 121, Emmitsburg.
- 26....FCF Church Community Closet, Rt 15 Hansonville Rd. Donate items, Get items, or Do both! Drop off at FCF Church: Oct. 13 & 20 (during church) south building parking lot; Oct. 21-25 (9:00 a.m.-8:00 p.m.) north building. FCFchurch.com; 301-620-2255.
- 26....Make a Difference Day, entrance to carnival grounds (inclement weather: event at Our Lady of Mt. Carmel Social Hall). Coordinated by the Thurmont Lions Club. 1:00 p.m. The mural created by local artist, Yemi, will be unveiled. Awards for the Volunteer of the Year and Police Officer of the Year will also be presented. For more information, visit www.thurmontlionsclub.com.
- 27....Fall Basket, Pottery and Money Bingo, Woodsboro Fire Co. Complex, 10307 Coppermine Rd. Woodsboro, MD. \$20/ advance; \$25/door. Includes 25 games. Benefits Woodsboro Vol. Fire Co. Ladies Aux. Food, extra packets, specials, raffles and tip jars available for purchase. Ruth 301-845-8406 or Mary 301-401-2824.
- 28....Catoctin High School Boys Soccer Fundraiser, Rocky's Pizza, Thurmont. 5:00-8:00 p.m. All-you-can-eat salad and pizza. \$10/adult; \$5/age 12 & under. See any JV or Varsity soccer player for tickets or 240-258-8208.

november

- 2......Weekly Money Bingo, Rocky Ridge Vol. Fire Co. Activity Building, Rocky Ridge, MD. (Every Saturday evening, November-April) Doors open 4:30 p.m.; Games 7:00 p.m. Guaranteed Jackpot. rrvfc@rockyridgevfc.com; Facebook.
- 2 Oyster, Turkey and Country Ham Dinner (buffet style), Faith United Church of Christ, 9333 Oppossumtowm Pike, Frederick, MD. 12:00-5:30 pm. \$16/Adults; \$8/Children 6-12; Free/under 6. \$17/Carryouts 301-271-7573.

Outreach to Lewistown for Spaying & Neutering Ferel Cats

The Frederick County Humane Society has won a grant from Pet Smart Charities to spay and neuter 300 cats for FREE in the Lewistown, Woodsboro, and South of Thurmont Areas. They have until July of next year to get these 300 cats spayed or neutered before the grant runs out. For more information please visit www.fchs.org or www. tipmefrederick.org or call 301-694-8300. You must live in the area designated. Help the Frederick County Humane Society help people and their pets! Spread the word!





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ONE DAY MEAT & SEAFOOD SPECIAL

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info@troutsmarket.com

Business Hours

Mon. - Sat.: 7AM - 9PM

Sun.: 8AM - 7PM