

# The Catoctin Banner

[www.thecatoctinbanner.com](http://www.thecatoctinbanner.com)
[www.epluspromotes.com](http://www.epluspromotes.com)

Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

## Raising Dogs to Help the Blind

James Rada, Jr.

Five young Labrador retrievers bounded into the Frederick Youth Center on a cold Thursday night, pulling their trainers behind them. Still puppies, they wanted to romp, play, and explore. They slid on the wooden floor, as they strained their leashes to visit nearby people or other puppies.

This wasn't a play-date for them, though. Pretty soon, they were calmed down and one-by-one they were asked to show their mastery of basic commands. They had to go to their rug and lay down on command and come to their trainer on command. They were also walked around the room to experience different smells and tactile sensations.

These puppies are destined for bigger things than chasing squirrels around a yard. They are only puppies now, but in a couple of years they will help blind people lead independent lives. These puppies are part of the Guiding Eyes For The Blind Program.

"Our job is to raise the puppies to be sent to New York, where they can be trained to be guide dogs," said Beth Propps of Emmitsburg.

She and her family have raised three dogs, from approximately eight weeks old until they are eighteen months old. Propps first got involved with the program in 2009, when she saw a newspaper ad asking for volunteers.

"We do miss the puppies when they leave—they're all such



Photo by James Rada, Jr.

Puppy-in-training, Endora, is shown with her raiser, Susan Allen.

characters—but we know going in we're only going to have them for a short time," Propps said.

Guiding Eyes has been around since 1954, so they have developed a program based on seeing what has worked in the past. Since all of the puppies that the organization trains each year can't be trained in New York, where the Guiding Eyes headquarters is, local organizations like Guiding Eyes Catoctin have been set up to handle the pre-training of puppies.

"They tell you exactly what needs to be done each day," Propps

said. "Then the puppies are evaluated weekly to see how they are doing."

The pre-training involves things that are good for every dog to know. House manners. Obey voice commands. Control their youthful exuberance. The local families also make sure to expose the dogs to a variety of stimuli, such as train noises, crowds, and farm animals.

Not all dogs are cut out to be guide dogs, though. When the dogs are eighteen months old, they are evaluated for the New York program, and again upon completion of the program. Those dogs that don't make the cut are often used as companions for autistic children or police dogs to be trained to sniff out drugs or bombs. A few might be used in a Guiding Eyes breeding program. If none of those options work, then the dog is adopted out to a loving family.

Guiding Eyes depends on volunteer puppy raisers to provide the love, support, and direction the puppies need to prepare them for formal training as future guide dogs. No prior experience is necessary, as Guiding Eyes provides training and support for raisers; raisers attend local classes and puppy evaluations.

For more information or if you are interested in becoming a volunteer puppy raiser or simply want to learn more, take a look at these websites: Guiding Eyes Catoctin: [guidingeyescatoctin.org](http://guidingeyescatoctin.org) and Guiding Eyes For the Blind: [guidingeyes.org](http://guidingeyes.org).



Scan our QR code with your mobile device to link directly to our website.

### Inside Issue

Thurmont Moves Forward on The Gateway Trail

-Page 3



Legend of the Leprechaun on Old Frederick Road

-Page 18



Dedication Ceremony of Thurmont Municipal Building

-Page 16



Hashing Out St. Patrick's Day

-Page 34



Catoctin Mountain Park Ranger Wins Award

-Page 11



Emmitsburg's and Lewistown's Annual Banquets

-Page 14 &amp; 15



PSRST STD  
ECRWS  
U.S. POSTAGE  
PAID  
EMMITSBURG

The Catoctin Banner Newspaper • 515B East Main Street • Emmitsburg

POSTAL CUSTOMER



Dear Reader:

We hope everyone had a great Valentine’s Day and got lots of loving from that special someone in your life.

While it’s still cold outside, because that darned groundhog saw his shadow, we can at least dream of the warmer weather that may come by the end of this month. Thurmont is working in conjunction with the National Park Service to develop the new Gateway Trail, from the town to Catoctin Mountain Park.

I’d also like to call your attention to an issue that Thurmont Commissioner Burns brought up during a recent town meeting. The Frederick County Board of Education has talked about closing Sabillasville Elementary School. It’s not the first time this topic has come up and it probably won’t be the last. Since this is not an editorial, I’m not going to take a position one way or the other. However, I would urge any of you with opinions on the matter to please let the Board of Education members know your views. Your best chance of getting the decision you want in the matter is to make sure that the Board is as informed as it can be about why Sabillasville Elementary is or isn’t needed in the community.

Meanwhile, in this issue, you’ll find a mix of our regular columns featuring new business, local history, arts and entertainment, and town hall goings on. It’s your most-complete snapshot of the Catoctin region for March.

We continue to try and pack the pages with stories that won’t leave you finishing reading the paper and feeling depressed or discouraged.

We’d also like to thank all of our advertisers, and you should, too. Why? Because it is through their support that we are able to bring you *The Catoctin Banner* each month. You can show your support by shopping at our advertisers and mentioning their ads in *The Catoctin Banner* when you do.

—James Rada, Jr., Contributing Editor



Table of Contents

Around Town .....	7	On the Wild Side .....	35
Arts & Entertainment.....	28	Our Neighborhood Veterans.....	32
Business News .....	8	Mountain Talk .....	27
Community Calendar .....	39	School News .....	20
Community News .....	11	Senior Moments, Senior News .....	37
Community Veteran Event Board .....	33	Sports News .....	23
Classified Ads.....	38	Tickling Our Tastebuds .....	34
Fitness Matters .....	25	Town Hall Reports .....	4
Happily Ever After .....	30	Where Am I? Contest.....	5
Health Jeanne.....	26	Word Power Test.....	5
Hidden Object Contest.....	5	Your Public Library.....	38
Looking Back.....	36		

Advertiser Index

Affordable Self Storage .....	18	L&S Furniture.....	10
Anytime Fitness .....	25	Lawyer’s Automotive.....	10
Baker Tree Services .....	23	Long and Foster Realty, Kim Clever .....	9
Bills Auto Body.....	12	Long and Foster Realty, Taylor Huffman.....	29
Blue Ridge Sportsmen’s Association .....	26	Main Street Groomers.....	25
Bollinger Homes, LLC.....	12	Main Street Thurmont.....	30
C&K Grooming .....	34	Main Street Upholstery .....	23
Carriage House Inn .....	16	Marie’s Beauty Salon.....	21
Catoctin Church of Christ .....	4	Melissa M. Wetzel CPA, PC .....	20
Catoctin Mountain Graphics .....	8	McDonald’s.....	35
Catoctin Mountain Spa & Tub .....	6	McLaughlin’s Heating Oils & L.P. Gas .....	10
Catoctin Veterinary Clinic.....	21	Mike’s Auto Body .....	30
Celtic Concert: The ShamRogues .....	3	MorningStar Family Church.....	18
Craig’s Mower & Marine Service.....	9	MorningStar Family Church.....	20
Criswell Chevrolet of Thurmont.....	13	Mother Seton School.....	24
Critter Care by Greta.....	6	Mountain View Lawn Service.....	4
Crouse Ford.....	26	Moving Sale & Flea Market .....	29
Decks, Patios & Improvements, LLC.....	11	Nails By Anne.....	7
Delphey Home Improvement Specialist .....	14	Nusbaum & Ott, Inc. Painting.....	6
Denny Brown Custom Painting .....	5	Ott House Pub .....	28
Dha Dental .....	3	Palms Restaurant.....	8
E Plus Copy Center & Promotions .....	3	Pivot Physical Therapy .....	19
East Park Automotive .....	19	Public Health.....	36
Elower-Sicilia Dance Productions .....	10	RW Doney Welding .....	23
Emma Jean’s General Store .....	4	Real Estate Appraiser/Consultant .....	16
Emmitsburg Antique Mall.....	26	ReMax Results, Peggy Koontz .....	16
Employment Plus .....	20	Roddy Creek Automotive .....	24
EVAC Bingo Bash .....	6	Senior Benefit Services .....	36
Eyler Stables Flea Market.....	9	Shamrock Restaurant .....	10
Fort Ritchie Community Center.....	27	Shank & Associates Realty, LLC.....	23
Frederick County Chimney Sweeps.....	14	St. John’s UCC Spaghetti Dinner.....	6
Gary the Barber.....	17	T&M Crane.....	32
Gateway Candyland .....	5	Tahiti Sun .....	29
Gateway Automotive .....	25	Telegia Communications .....	19
Gateway Orthodontist Ticket Contest.....	17	The Taisey Agency LLC .....	24
Gateway Printing .....	22	Thurmont Eye Care.....	40
Gene’s Towing .....	10	Thurmont Feed Store .....	6
Gettysburg Day Spa .....	17	Thurmont Food Bank Grand Opening.....	8
Getz Computers & Communications .....	10	Thurmont Lions Club Bingo.....	6
Good News Baptist Church .....	12	Thurmont Thespians Production .....	23
Hazel’s Thrift Store.....	16	Tracy’s Auto Repair .....	8
Help Wanted.....	27	Trinity United Church of Christ.....	9
His Place .....	17	Twice is Nice.....	14
Indoor Yard Sale at Elias Lutheran .....	14	Website Design, E Plus Copy Center.....	33
J&B Real Estate, Cindy Grimes.....	31	Woodsboro American Legion Bazaar .....	9
KLS Home Improvement.....	21	Woodsboro Dental.....	9
Kountry Kitchen.....	29	Zurgable Brothers Hardware.....	13
L&E Construction, Inc.....	9		

**Corrections:** In last month’s article, “Jen’s Cutting Edge Moves to New Location,” we did not state the address of the new location. Jen set up shop at 12917 Catoctin Furnace Road, next to Mike’s Auto Body. The correction has been made online for public reference at [www.TheCatoctinBanner.com](http://www.TheCatoctinBanner.com). Also, in the Wivell Family Christmas photo, one Wivell brother was left out of the identification list, Roy Wivell. Our apologies to Roy and the family!



## Thurmont Moves Forward on The Gateway Trail

James Rada, Jr.

You may notice some new road signs in Thurmont indicating that you are on The Gateway Trail.

The signs were approved by the Thurmont Mayor and Board of Commissioners in January, as a way to start promoting the new hiking and biking trail before the weather turns warm.

Thurmont Main Street Manager Vickie Grinder told the commissioners that the idea was "to create a buzz" about the trail.

In 2012, Catoctin Mountain Park had nearly 250,000 visitors, but only a small portion of those visitors extended their visit into Thurmont, according to Grinder. She believes that The Gateway Trail will help encourage visitors to come into town after their visit to the park.

The trail begins at the Trolley Trail in town. From Memorial Park, it runs along Park Lane to Frederick Road to South Altamont and west

along West Main Street. At that point, the trail will tie in with a trail that the National Park Service is developing down to the Lewis Property. Once complete, visitors will be able to hike from Thurmont up onto Catoctin Mountain and back.

Eventually, the goal is to run the trail through Community Park and build a bridge at the back of the park that crosses the highway and ties into the Lewis Property from that direction.

The mayor and commissioners approved \$350 for up to twelve signs to mark the trail. This would allow people to start using the trail this season. Grinder said that it would put the trail "on the map" for possible funding for trail improvements next year.

"This can work," Grinder told the commissioners. "It will work. It is just going to take a concerted effort by all parties."

### PATRONIZE OUR ADVERTISERS!

*The Catoctin*  
**Banner**

The Catoctin Banner exists due to the advertising support of those featured in each issue.

Serving Carroll Co.,  
Baltimore City &  
Emmitsburg for  
over 30 Years!



**Dha Dental**

Dentistry Services include:

- General Diagnostics
- Cleanings • Restorative
- Crowns • Fixed Bridges
- Night Guards • Extractions
- Specialist Referrals

**Schedule your Appt. Today!**



Dha Dental now has newly extended hours on Wednesday Evenings & Saturdays!



We are Handicap accessible!

**301-447-3585**  
9 East Main St. • Emmitsburg, MD

## E PLUS COPY CENTER & Promotions

Bring Us **ALL**

Of Your Everyday Returns!

We'll take care of them for you.



Providing  
USPS, FedEX & UPS Services!

## FREE PRE-PAID PACKAGE DROP OFF



**301-447-2804**

**515 B East Main St.  
Emmitsburg, MD**

*Monday-Friday 9am-5pm*



**Frederick County Public Libraries**

*Celtic Concert*  
*The Sham Rogues*  
Thursday, March 19, 7 pm  
Marion Burk Knott Auditorium,  
Mount St. Mary's University  
(on the west side of US 15, not at the sports complex)

Underwritten by: The C. Burr Artz Trust

Presented annually by: Emmitsburg and Thurmont Branches

**THE C. BURR ARTZ TRUST**

**TICKETS ARE REQUIRED**

Pick up your **FREE** advance tickets (limit four/person while supplies last)  
at the Emmitsburg or Thurmont Libraries beginning March 2 @ 10:00 am

Patrons with advance tickets will be seated between 6:30-6:45 pm. Seats are not guaranteed after 6:45 pm for advance ticket holders. Patrons **without** advance tickets are strongly encouraged to pick up numbered standby tickets in the concert hall lobby beginning at 6 pm. Any unoccupied seats, if available, will be filled by standby ticket holders between 6:45 pm and 7 pm. Due to no-shows, some seats are always available.

**For details, go to [fcpl.org](http://fcpl.org) or call 301-600-6329**



# town hall reports

by James Rada, Jr.

## Emmitsburg February 2015

### Emmitsburg Considering a Dog Park

There is interest among the Emmitsburg Mayor and Town Commissioners to see if a dog park would be feasible in town.

Mayor Don Briggs said things are still very early in the process. He equated it to “sticking your toe in the pool to see if the water is warm,” during the February 2 town meeting.

The park would probably need approximately 12,000 square feet and would contain a fountain that the dogs could drink from. However, no location for the park was mentioned at this early stage.

For more information about the Town of Emmitsburg, log onto [www.emmitsburgmd.gov](http://www.emmitsburgmd.gov) or call 301-600-6300.

## Thurmont February 2015

### Thurmont Fine Tunes Food Bank Agreement

The Thurmont Mayor and Commissioners went over the memorandum of understanding between the town and Thurmont Ministerium for the use of the old town office as the location for the Thurmont Food Bank. The Food Bank moved into its new home on February 21. The grand opening will be held on March 7 at 10:00 a.m.

### Thurmont Changes Planning and Zoning Commission

Because of difficulties in sometimes having a quorum of members of the Thurmont Planning and Zoning Commission present for meetings, Mayor John Kinnaird introduced changes that would form the commission

with five members rather than seven. If a three-member quorum can’t be made, then the alternate member will be able to vote, and if the alternate member is not present or regular members of the commission are absent, the commissioner liaison will be able to vote.

Kinnaird said it was “embarrassing to have residents come in when there’s not enough members to vote.”

The commissioners voted unanimously to enact the change.

### Commissioner Urges Residents to Speak up to Support Sabillasville Elementary

Although the Frederick County Board of Education has taken closing Sabillasville Elementary School off the table for now, the Thurmont Mayor and Commissioners seem to feel it’s only a matter of time before the topic is reintroduced.

During a recent town meeting, Commissioner Martin Burns urged residents to let the Board of Education know that they don’t want to see the school closed. He also is planning to write a letter to the state delegation that the mayor and commissioners can sign, explaining the town’s position on the issue.

Commissioner Wayne Hooper said that although the Board has said that it is developing a policy to deal with when a school should be closed, he feels that because of the timing of it, the conditions of policy might be structured so that it targets Sabillasville Elementary. This would then give the Board an excuse to close the school other than saying it is for budgetary reasons.

View the Town of Thurmont’s website at [www.thurmont.com](http://www.thurmont.com) or call the town office at 301-271-7313 for more information.

**The Catoctin Banner**  
[www.TheCatoctinBanner.com](http://www.TheCatoctinBanner.com)

Your Good News  
Community Newspaper  
Serving Northern Frederick  
County, Maryland, Since 1995

**Emma Jean's**  
**GENERAL STORE**  
*Authentic 1800's General Store*  
8636 Blacks Mill Road • Thurmont, MD  
(Next to New Bill's Auto)  
240-288-8778 • [emmajeansgeneralstore@gmail.com](mailto:emmajeansgeneralstore@gmail.com)

*Everyone Welcome!!*

ANTIQUES

CANDIES + SODA  
POP

LIGHT/ESSENTIAL  
GROCERIES

Stop by & meet  
Emma Jean!

Beer & Wine  
Coming Soon!

*Store Hours:*  
Monday & Tuesday: By Chance  
Wednesday - Sunday: 9AM-6PM

[ads@thecatocinbanner.com](mailto:ads@thecatocinbanner.com)

**Catoctin Church of Christ**  
140 North Carroll Street Thurmont, Md 21788  
**We speak only where the Bible speaks!**  
Sunday Bible Study 9 AM  
Worship 10 AM  
301-271-2069

**Attention Ladies!**  
Please join us for our **2<sup>nd</sup> Annual Ladies Day**  
**Saturday, April 25th, 2015**  
**Topic: A Precious Gift**  
**Speaker: Janet Dill**  
**9 AM—2 PM**  
(Registration & light breakfast begins at 8 am)  
There will be spiritual encouragement, prayer,  
songs, food & Christian fellowship.  
Bring your friends, family and neighbors.  
Please RSVP by April 21<sup>st</sup> via e-mail  
[CatoctinCOC@gmail.com](mailto:CatoctinCOC@gmail.com) or call us 301-271-2069.

**Mountain View  
Lawn Service, Inc.**

*Happy St. Patrick's Day!*  
Mowing  
Trimming  
Mulching  
Yard Clean-up  
Hauling

**We Now Sell Mulch!**  
Delivery or Pick-Up

**MTVIEWLAWNS@AOL.COM**  
Thurmont, Maryland  
**301-271-2832**



# Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@thecatocinbanner.com to record your guesses by the 15th of each month. Please don't forget to spell your full name and leave your phone number.

## Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was the weather vane on top of the High's Store in Thurmont.

The winner of the "Where Am I?" game is Chad Hahn.

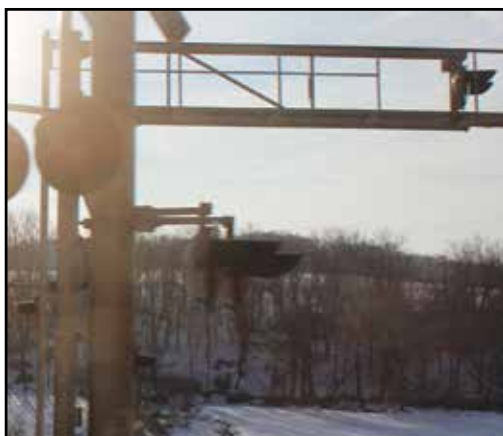


Photo by Grace Eyster

## Hidden Object Game

Last month's Hidden Object was a penguin wearing a tuxedo. It was located on page 15 in the Mother Seton School advertisement. The winner of the Hidden Object game is Veronica McIntyre. If the winner has not been contacted, please contact us to claim your prize.

This month's Hidden Object is a black frying pan with the words *The Catoctin Banner* in blue.

Note: Hidden Object is always hidden in one of our advertisers.

If you see your name listed as a winner, please email us at news@thecatocinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.



## Test Your Word Power

(Answers on page 38)

1. **Epitome** [i-'pi-ta-mē] (n.)
  - a) Embodiment; perfect example of
  - b) Allurement; enticement
  - c) Moral excellence; righteousness
2. **Decadent** [de-ka-dant] (adj.)
  - a) Awkward; clumsy
  - b) Corrupt; immoral
  - c) Meek; unassuming
3. **Rudiment** [rū-da-mant] (n.)
  - a) Mixed feelings or emotions
  - b) Shrewdness; insight
  - c) Most basic form; undeveloped

4. **Peremptory** [puh-rem-puh-ree] (adj.)
  - a) Straightforward; direct
  - b) No opportunity for denial; required
  - c) Detached; distant
5. **Rebuke** [ri-byook] (v.)
  - a) To express stern disapproval
  - b) To grow and flourish
  - c) To destroy or ruin
6. **Deduce** [dih-dooz] (v.)
  - a) Irritate; make worse
  - b) Conclude; determine
  - c) Reject with contempt

7. Which word above would work best in this sentence?

Even under extreme pressure, the emergency room doctor was the \_\_\_\_\_ of professionalism.

## The Catoctin Banner

Serving Northern Frederick County, Maryland  
515B E. Main Street • Emmitsburg, MD 21727  
Phone: 240-288-0108 Message Line  
301-447-2804 Store • Fax: 301-447-2946  
www.TheCatoctinBanner.com

email: news@thecatocinbanner.com

**CIRCULATION:** 11,500 copies mailed to all homes in Thurmont, Lewistown, Rocky Ridge, Cascade, Sabillasville & Emmitsburg, MD and hand outs in surrounding areas.

Published as a project of  
E Plus Copy Center & Promotions


The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment. **AD/CONTENT DEADLINE:** On or before the 15th of month prior to issue month. **YEARLY SUBSCRIPTIONS:** \$15.00

**The Banner Crew:** Barbara Abraham; Susan Allen; Jeanne Angleberger; Pam Robbins; Joan Fry; Jim Houck, Jr.; Joseph Kirchner; Christine Maccabee; Ashley McGlaughlin; John Nickerson; Valerie Nusbaum; Chris O'Connor; Carie Stafford; Maxine Troxell; Buck Reed; and Denise Valentine.

Graceanne Eyster and Allison Rostad, Advertising Design; Michele Tester, Managing Editor and Layout Design; James Rada, Jr., Contributing Editor; Lindsay Brandt, Photojournalist

**POLICY:** The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is no later than the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.



# Movie TRIVIA

...the 90's

Do you know from what movie the following quote derives?

*"Mama always said life was like a box of chocolates. You never know what you're gonna get."*

Answer on page 38

Locally Owned & Operated for 32 Years!

# Gateway Candyland

Candy • Ice Cream • Crafts • Fresh Fruits

**Check out our...**

- Unique Easter Novelties
- Homemade Easter Candles
- Spring Gifts
- Handmade Easter Chocolates
- Easter Cookie Cutter & Spring Decorets
- Large Selection of Mary Sue Easter Eggs

## EASTER EGG HUNT

Sunday,  
March 29<sup>th</sup>  
1:00 P.M.

Ages 10 & Under  
\*Weather Permitting

**Make Your Own Easter Candy!**



Candy Making  
Chocolates Featuring:  
Merckens Chocolate!



**Easter Flowers & Perennials For Sale!**

**Rt. 15 & N. Franklinville Rd, Thurmont 301-271-2322**  
**Open Sun.-Thur. 8am-7pm; Fri. & Sat. 8am-9pm**



NUSBAUM & OTT, INC.

Painting Contractors  
Wall Coverings  
MHIC #221

Westminster: 410-848-8543  
Fax: 301-447-2779  
Emmitsburg: 301-447-6517

262 E. Green Street  
Westminster, MD 21157

P.O. Box 475  
Emmitsburg, MD 21727



Spaghetti Dinner

April 25<sup>th</sup>, 2015 • 4 PM - 7 PM

St. John's UCC Parish Hall

Sabillasville, MD

Homemade meatballs,  
homemade bread, salad,  
dessert & drinks

Adults \$10 • Children 5-12 \$5 • 5 & Under FREE

Carry out available with separate charge.

## The Thurmont Thespians Present: Meshuggah-Nuns: The Ecumenical Nunsense

Courtesy Photo



The Thurmont Thespians are bringing back the Little Sisters of Hoboken this winter with *Meshuggah-Nuns! The Ecumenical Nunsense*. Pictured from left are Emily Cofer as Sr. Amnesia, Allison Banzhoff as Reverend Mother, Anna Perry as Sr. Hubert, Travis Sanders as Howard Listz, Kelli Donaghue as Sr. Robert Ann, and Jessica Paguingan as Sr. Gnu.

In 2007, the Thurmont Thespians started the Nunsense series with the original *Nunsense*, which was a huge success for the local theater group. They followed that up in 2009 with *Nunsense 2: The Second Coming*, which was also well received by the area theater goers. Now six years later, they are bringing another hilarious entry from the *Nunsense* series back to the stage with *Meshuggah-Nuns: The Ecumenical Nunsense*, and will once again be directed by Steven Ross.

Playing the part of Reverend Mother is Allison Banzhoff from Hagerstown, Maryland, making her debut with the Thurmont Thespians. Kelli Donaghue from Woodsboro, Maryland, will be playing Sister Robert Anne, and Travis Sanders from Fairfield, Pennsylvania, will be taking on the role of Howard Listz. Making her stage debut is Jessica Paguingan from Thurmont, playing Sister Gnu and understudying the role of Sister Amnesia. Rounding out the cast are Thurmont natives Anna Perry as Sister Hubert and Emily Cofer as Sister Amnesia.

*Meshuggah-Nuns* sets sail for laughs and fun on the high seas with the Little Sisters of Hoboken attempting to put on a show for the Faiths of All Nations cruise. They are joined by Howard Liszt, the only cast member from the ship's production of "Fiddler on the Roof" not affected by sea sickness. Hilarity ensues when these characters join forces to put on a wacky-review show that is part Catholic, part Jewish, and part disaster movie, with a little "Gilligan's Island" thrown in to top it off.

The show dates are March 20, 21, 27, and 28 at 7:30 p.m.; and March 22 and 29 at 2:00 p.m. Tickets are \$15.00 per person. Dinner theater is on March 28 at 6:00 p.m. and is \$35.00 per person.

All shows are presented at the Thurmont American Legion, located at 8 Park Lane in Thurmont. Reservations can be made by calling 301-271-7613.

View their advertisement on page 23 for more information.

Emmitsburg Vol. Ambulance Co., 17701 Creamery Rd., Emmitsburg

BINGO BASH

22 Games Paying \$250.00 EACH!

THREE \$1000.00 Jackpots & a Meal!

March 21, 2015

Doors open @ 4 p.m.

Games @ 7 p.m.

\$40.00 in Advance

Cost: \$50.00 at the Door

Bingo!

For Tickets or Info:

Mary Lou - 240-285-3184

Diane - 301-748-6894

Seating is first come, first served.

Critter Care

by Greta

I don't just provide - I Care!

At your house or mine.

Full service care for all domestic & farm animals.

Dog Walking  
Now Available!

Will consider all requests.

Call for Quote!

Prices based on individual needs

240.367.0035

Come see me at Main Street Groomers!

Catoctin Mt.

SPA & TUB

Spas & Accessories

We Service all makes & models

Spa Chemicals with FREE DELIVERY!

Call Us Today!

14135 Graceham Rd.

Thurmont, MD

301.271.4704

THURMONT LIONS CLUB

B-I-N-G-O

Featuring

Beautifully Filled Longaberger Baskets & Coach Purses

\$20.00 in advance; \$25.00 at the door everyone must have a ticket to the event

Also featuring: King Tut, Tip Jars, Specials, Raffles, Door Prizes

Friday, March 27, 2015

Doors open at 5:PM - Bingo starts at 6:45PM

Guardian Hose Company Activities Building

To reserve tickets please contact: Paul or Jo Ann Cannada at 301-271-2924

LIONS

L

INTERNATIONAL

Bring used pair of glasses to donate & get an extra door prize ticket!

Food available!

Is it Spring Yet?

Get Your Lawn & Garden Supplies Now!

LIME • FERTILIZER • GRASS SEED

ONION SETS • SEED ENVELOPES

COMMON GARDEN SEEDS in Bulk

... AND MORE!!!

Thurmont Feed Store, LLC

301-271-7321 • 36 Walnut Street, Thurmont MD

—OPEN—

M-F 8 a.m. - 4:30 p.m.

Sat 8 a.m. - 12 p.m.



## Indoor Yard Sale at Elias Lutheran Church

Catch the Indoor Yard Sale, taking place at Elias Lutheran Church in Emmitsburg, on March 5-7, from 10:00 a.m.-4:00 p.m. They will be hosting a Church Supper on March 7, starting at noon. View their advertisement on page 14 for more information.

## EVAC Bingo Bash

Don't miss Bingo Bash at Emmitsburg Volunteer Ambulance Company (EVAC) on March 21, 2015. Doors will open at 4:00 p.m., with games beginning at 7:00 p.m. Tickets are \$40.00 if purchased in advance, and \$50.00 if purchased at the door the night of the event. Bingo features twenty-two games, paying \$250 each, with three \$1,000 jackpots, plus a meal. View their advertisement on page 6 for more information and where to purchase your ticket.

## Save the Date for The Rock & Roll Relics

Enjoy original rock and roll sounds from the 50's and 60's on Saturday, March 14, 2015, from 8:00 p.m.-12:00 a.m., at the Emmitsburg Volunteer Ambulance Company building, located at 17701 Creamery Road in Emmitsburg. Tickets are \$15.00 when purchased in advance; \$20.00 when purchased at door the night of the event. View their advertisement on page 9 for more information and how to get your tickets.

## Gateway Candyland's Easter Egg Hunt

Don't miss the Easter Egg Hunt (ages 10 and under) at Gateway Candyland, located at Rt. 15 and North Franklinville Road in Thurmont, on March 29, 2015, at 1:00 p.m. (weather permitting). View their advertisement on page 5 for more information.

## Ladies Spa Day for the Eyes at Thurmont Eye Care

You won't want to miss Ladies Spa Day for the Eyes (ages fourteen and up) at Thurmont Eye Care on May 2, 2015, from 2:00-5:00 p.m. The event is free, but RSVPs are preferred. They will have drinks and appetizers, gift bags, and prizes, eye make-up application lessons, and much more! View their advertisement on page 40 for more information.

## Thurmont Lions Club Bingo

The Thurmont Lions Club is holding a Bingo on Friday, March 27, 2015, at the Guardian Hose Company Activities building in Thurmont. Doors will open at 5:00 p.m., with bingo starting at 6:45 p.m. Tickets are \$20.00 when purchased in advance; \$25 when purchased at the door the night of the event. Bingo features beautifully filled Longaberger baskets and Coach purses, door prizes, and more! Bring a pair of glasses to donate and receive an extra door prize. View their advertisement on page 6 for more information.

## Speaker at Morning Star Family Church

Guest speaker, Dr. Gail Januskiewicz, Professor, Faith School of Theology, will be at Morning Star Family Church on Sunday, March 22, 2015, at 10:45 a.m. View their advertisement on page 18 for more information.

## St. John's UCC Spaghetti Dinner

Mark your calendar for a Spaghetti Dinner, being held at St. John's United Church of Christ (UCC) Parish Hall in Sabillasville on Saturday, April 25, 2015. The church is located at 16923 Sabillasville Road in Sabillasville. The cost is \$10.00 for adults; \$5.00 for children, ages 5-12; free for children, ages 5 and under. View their advertisement on page 6 for more information.

## His Place Car Show

Mark your calendar for the 6th Annual His Place Car Show, being held on Saturday, May 2, 2015, at Mother Seton School, located at 100 Creamery Road in Emmitsburg. Event features three awards each, for five categories; raffle, food, door prizes, and more. View their advertisement on page 17 for more information.

## Annual Ladies Day

Join Catoctin Church of Christ for their Annual Ladies Day on Saturday, April 25, 2015, from 9:00 a.m.-2:00 p.m. Guest speaker will be Janet Dill. Registration and light breakfast begins at 8:00 a.m. View their advertisement on page 4 for more information.

# AROUND town

## Thurmont Food Bank's Grand Opening

The public is invited to the Thurmont Food Bank's Grand Opening celebration on Saturday, March 7, 2015, at its new location at 10 Frederick Road in Thurmont, from 10:00 a.m.-noon. Enjoy refreshments, door prizes, and a tour of the new facility. Please bring food donation to place on new shelves. View their advertisement on page 8 for more information.

## Woodsboro American Legion Spring Bazaar

The Woodsboro American Legion is holding a Spring Bazaar on Sunday, March 29, 2015, from 11:00 a.m.-4:00 p.m. Bazaar will feature over fifty crafters and vendors, food, baked goods, and more! Event benefits the Woodsboro American Legion 282 Auxiliary Community Service Program. The Woodsboro American Legion is located at 101 W. Elizabeth Street in Woodsboro, Maryland. View their advertisement on page 9 for more information.

## FRCC 2015 Bass Fishing Series

Fort Ritchie Community Center (FRCC) is holding a 2015 Bass Fishing Series, sponsored by Cobblestone Hotel & Suites, on March 28, April 11, and May 24, with the championship on June 20 (event winners qualify for championship; must be 18 years of age or older). The cost per event is \$15.00 for youth, and \$35.00 for adults. Register for all three events by March 6. View their advertisement on page 27 for more information.

## Blue Ridge Sportsmen's Events

The Blue Ridge Sportsmen's Association in Fairfield will host the following events in March 2015: March 1—Cash Bingo at 1:00 p.m.; March 6, 13, 20—Bar Bingo at 7:00 p.m.; March 7 and 21—Wagner Shoot; March 14 and 28—Meat Shoot; March 21—Steak & Shrimp Feed, 4:00-7:00 p.m.; March 27—Meat Raffle and Buffet; March 28—Hunter Safety Course. View their advertisement on page 26 for more information.

## Celtic Concert: The ShamRogues

The Emmitsburg and Thurmont Libraries present Celtic Conert: The ShamRogues on Thursday, March 19, 2015, at 7:00 p.m., in the Marion Burk Knott Auditorium at Mount St. Mary's University in Emmitsburg. Tickets are required. You can pick up your free tickets (limit four/person while supplies last) at Emmitsburg or Thurmont Libraries, beginning on March 2 at 10:00 a.m. View their advertisement on page 3 for more information.

## Vigilant Hose Company's Annual Spring Fling

The Vigilant Hose Company will host their annual Spring Fling event on May 16, 2015, on the grounds of Mount St. Mary's University. It's time to get your ticket. Contact Chris Stahley at 301-447-3081, John Glass at 301-447-3648, Gabe Baker at 301-447-2212, or Bill Boyd at 717-6423-9717 for more information or to arrange your purchase.

Play Our Games on page 5! You could win a gift certificate to one of our advertisers!

*Nails  
by Anne*

Excellence in Nail & Foot Care  
Anne Scott

**301-271-2247**

Evening and Weekends Available

**March Special**

**\$2.00 Off ANY Service**

13 Water Street in Thurmont



**Denny Brown  
Custom Painting**

Interior | Exterior  
Professional Brush and Roll

Free Estimates

(240) 674-7788



Catoctin Mountain Graphics llc.

MORE THAN 20 YEARS EXPERIENCE

Serving all of Maryland for any signage need!

Contact Us For A Free Estimate

240-288-8089

Check us out on Facebook!

Thurmont, MD • Mon. - Fri. 9AM-5PM

Tracy's Auto Repair

101 Apples Church Road

Thurmont, MD

Heavy Truck & Auto Repairs

Welding • Exhaust • A/C • Tires

Engine • Transmission • Brakes

ALL MAKES & MODELS WELCOME!

Phone: 301.271.0050

Fax: 301.271.0051

GRAND OPENING!

Thurmont Food Bank

Opening in its new home at 10 Frederick Road, Thurmont.

Hours:

Tuesday: 5-7:30PM Friday: 4-6:00PM

You Are Invited!

Grand Opening Celebration

Sat., March 7th • 10a.m-noon

Please bring food to fill the shelves and enjoy refreshments, door prizes and a tour of the new facility.

The Palms Restaurant

Special:

Shriver Burger - \$6.95

(301) 447-3689

16-20 W. Main St.

Emmitsburg, MD

# BUSINESS news

## The Palms Restaurant Adds New Hours

Deb Spalding

Terry (Orndorff) Ryder and Doug Long, proprietors of The Palms Restaurant, located at 16-20 West Main Street in Emmitsburg, will now open the restaurant on Tuesdays, from 11:00 a.m.-9:00 p.m.

Customer hours the rest of the week remain the same: Wednesdays through Saturdays, 7:30 a.m.-9:00 p.m.; Sundays 7:30-11:30 a.m., with only breakfast served; Closed on Mondays.

Terry has a long history at the restaurant. She was hired in 1981 by Adam Mott, and worked there full-time for seven years. She left for a job at the Provincial House.

“In 1999, Frank Davis talked me into coming back full-time,” said Terry. His mother, Dot Davis, needed the help, so she worked with Frank and his wife, Julie, to run the establishment. In August of 2001, Terry and Doug purchased the business.

The restaurant stands on a solid reputation for good food. “Everything is homemade,” said Terry.

Customer favorites include soups, crab cakes, the crab & cheddar melt, the real hot turkey sandwich with fries, and the desserts. Despite the chilly weather, the soft ice cream machine is up and running for hot fudge brownie sundaes and pie a-la-mode. Breakfast is also popular at The Palms Restaurant.

“On Sundays, if you get in before the door locks, you will get your breakfast,” said Terry.

The bar at The Palms is also open. Stop by for the popular Orange Crush that also comes in Ruby Red Grapefruit, Orange Cranberry, and Watermelon flavors. When the restaurant is open, The Palms’ bar is also open. Stop in until

10:00 p.m. on Wednesdays; 11:00 p.m. on Thursdays; and 12:00 p.m. on Fridays and Saturdays.

Specials this month include Roast Turkey on Thursdays and Pan Fried Chicken on Wednesdays.

Call 301-447-3689 for carryout. View their advertisement below.



Pictured are Terry Ryder and Doug Long, owners of The Palms Restaurant in Emmitsburg.

## Main Street Groomers Open Shop in Emmitsburg

Deb Spalding

Judy Cochran opened the first Main Street Groomers shop with her twin sister, Cindy Grimes, in Thurmont a few years ago.

Since that first opening, Cindy has shifted her attention to her real estate business, while Judy has opened additional shops on several Main Streets: Taneytown, Walkersville, Middletown, and, most recently, Emmitsburg.

Greta Gray is the full-time groomer at the Emmitsburg location. She’s been grooming for over a year, having completed her training at the Thurmont shop.

Main Street Groomers is a full-service groomer for dogs and cats. They will give your pet a bath, a shave, a haircut, a clipping, a nail trim, clean their ears, brush their teeth, and so on.

“Most people will choose their groomer by location. We have a great reputation for being a full-service, friendly groomer. We take



Greta Gray at Emmitsburg Main Street Groomers with Shay Gray and Koolie Lewis.

very good care of our dogs and cats,” said Gray.

Shop owner Judy Cochran said, “It’s important to me to ensure that our customers receive the best of care. Our pets are members of our families, and we treat them as part of our family while they visit.”

Customer, Eric Lewis of Emmitsburg, took his boxer named Koolie to the Emmitsburg Main

Street Groomers, because he received their colorful flier in the mail. “I chose this groomer because of location. Greta is doing a great job,” said Lewis.

Emmitsburg’s Main Street Groomers is open Tuesdays through Saturdays, from 8:30 a.m. until the last appointment. Appointments are requested for all services, except nail clipping. Walk-ins are accepted for nail clippings for \$10.00 (mornings are recommended).

Please ask about their Bath Therapy program for dogs with allergies or skin issues!

Pets of all sizes, colors, breeds, and temperaments are welcome to the shop. All pets

will be pampered equally. Services start at \$25.00, but specific prices will be determined when the scope of services is defined.

Stop by 321 West Main Street, Suite 1, in Emmitsburg, or call 301-447-3100 for more information. Find Main Street Groomers on Facebook and online at [www.MainStreetGroomers.net](http://www.MainStreetGroomers.net).



## Seton Village Now Fully Leased

James Rada, Jr.

It didn't take long for the new Seton Village Apartments in Emmitsburg to fill up. The apartments were open for occupancy in November 2014 and the last of the forty-three units was occupied in early February 2015.

"The people who are moving in love the property, and they love the community," said Karen Williams, the community manager for Humphrey Management, who handles the leasing of the apartments.

Homes for America, a non-profit housing development corporation, redeveloped one wing of the Daughters of Charity Provincial House and converted the A wing into forty-three senior apartments. The apartment sizes range from 600 square feet to 900 square feet. They include a mix of one-bedroom, two-bedroom, and handicap-accessible designs.

Homes for America is based in Annapolis, Maryland. It specializes in creating affordable housing for low- and moderate-income households, in particular those that include seniors or people with special needs. Since 1994,

Homes for America has created 67 housing communities that contain 5,258 rental units in Maryland, Pennsylvania, Virginia, and Delaware.

Williams said that the apartments and its residents have integrated well with the other non-profit and business operations in the building. The apartments share their building with the National Shrine of Saint Elizabeth Ann Seton, the Daughters of Charity Archives, and St. Joseph's Ministries.

While some of the residents in Seton Village already lived locally and simply relocated, other residents moved into the community from out of state.

"We have residents from Massachusetts, Florida, and Texas," Williams said. "With the family from Texas, their family lived locally and was able to relocate them here when they heard about the apartments."

Seton Village, which began two years ago, received a federal loan to help purchase the property. As long as the community continues to meet certain conditions, the loan will not have to be repaid.

## Patronize Our Advertisers!

*The Catoctin Banner*

*The Catoctin Banner exists due to the advertising support of those featured in each issue. Be sure to patronize our advertisers.*

**Trinity UNITED CHURCH OF CHRIST**  
*Special Music for the month of March:*  
 22nd- Rudy Hormon, Vocalist  
 29th- Carrie & Bill Eyer, Vocalists  
*Sunday Worship*  
**STARTING AT 11:00 AM**  
 No matter who you are or where you are on your spiritual journey you are welcome here.  
**301-271-2305**  
**101 EAST MAIN STREET THURMONT, MD 21788**

**American Legion 282 Auxiliary**  
**Spring Bazaar**  
**Sunday, March 29th**  
**11am-4pm**  
 Woodsboro American Legion  
 101 W. Elizabeth Street  
 Woodsboro, MD  
 Over 50 Crafters and Vendors!  
 Food and Baked Goods!  
 Benefits the  
 Woodsboro American Legion 282 Auxiliary  
 Community Service Program  
 For info contact 301-473-0723

**FLYER The Eyer Stables MARKET**  
 Indoor & Outdoor!! Rain or Shine!!  
**Re-opening March 6th, 2015**  
 Indoor & Outdoor Vendors Welcome!  
 Hand-crafted Items, Furniture, Antiques & Much More!  
 Fri, Sat, & Sun 9am - 4pm  
 eyersflea@gmail.com  
 Call Niki at 301-471-5158  
 Like us on Facebook!  
 137 Emmitsburg Road  
 Thurmont, MD 21788

**CRAIG'S Mower & Marine Service**  
**WE FIX IT ALL! INCLUDING...**  
 Mowers • Chain Saws • Tillers • Trailers  
 Generators • Snow Blowers • Boats  
 Pontoons • Inboards & Outboards  
**OPEN HOUSE**  
**April 25<sup>th</sup>, 2015 • 9 a.m. - 3 p.m.**  
 DEMOS FROM JONSERED, GRASSHOPPER AND EFCO EQUIPMENT.  
 FREE FOOD & REFRESHMENTS!  
 GIVE AWAYS & RAFFLES ALL DAY LONG!  
 SPECIAL SALES ON MARINE PARTS, ACCESSORIES & LAWN EQUIPMENT!  
**TUNE UP TIME!**  
 Get your Crab & Fishing License Here!  
 14736 A MUD COLLEGE RD.  
 THURMONT, MD • 301-271-2196

**Woodsboro Dental**  
 Family Dental Care for Adults & Children  
 New Patients Welcome  
 Offering Preventive & Diagnostic, Restorative, Endodontic (Root Canals), Removable & Fixed Prosthodontics (Dentures & Bridgework), Oral Surgery, and Implant Services.  
 Call Us Today To Schedule Your Appointment!  
**(301) 898-7151**  
 309 S 2nd St • Woodsboro, MD

**The time to buy a home is now!**  
 With low interest rates, competitive pricing and buyer incentives, it's a great time to buy a home.  
**Kim Clever, Realtor, ABR**  
 Long & Foster Real Estate, Inc.  
 (c) 443-604-4162 (o) 301-694-8000  
 kimberly.clever@longandfoster.com  
 www.kimberlyclever.lnf.com

**SAVE THE DATE!** **Sat., Mar. 14, 2015**  
**8:00 pm - 12:00 am**  
**The Rock N' Roll Relics**  
 Enjoy Original Rock & Roll Sounds from the 50's & 60'S!  
**BYOB Event**  
 Tickets are \$15 purchased in advance \$20 at the door.  
 For Information & Tickets Call...  
**Sharon Hane • 301-447-2401 OR Zurgable Hardware • 301-447-2020**  
 Emmitsburg Vol. Ambulance Co. Bldg • 17701 Creamery Road, Emmitsburg, MD 21727

**L&E CONSTRUCTION INC.**  
 Bathrooms  
 Kitchens  
 Basements  
 Decks  
 Ceramic Tile  
 Replacement Windows  
 Laminate Flooring, Painting & more!  
**Your Home Improvement Team**  
 301-271-9900 • Thurmont, MD



**St. Patrick's Celebration**  
**March 6<sup>th</sup> - 22<sup>nd</sup>**

**Mon. March 9<sup>th</sup>** Free Irish Toffee Dessert with Entree

**Tues. March 10<sup>th</sup>** Guinness Glass Giveaway

**Wed. March 11<sup>th</sup>** 1/2 Price Shamrock T-Shirts

**Thurs. March 12<sup>th</sup>** Free Corn Beef Pinwheel

*Live Irish Music Each Night Listed Above!*

**Shamrock Restaurant**  
 Thurmont, MD

**301-271-2912**  
 ShamrockRestaurant.com

## Getz Computers and Communications Opens in Emmitsburg

Deb Spalding

Getz Computers and Communications is now open to service all of your IT needs at 402 West Main Street in Emmitsburg. Proprietor, Brian Getz, of Emmitsburg, has eighteen years of experience in basic networking and cabling, personal computer repair, laser printer repair, laptop repair, virus removal, spyware removal, operating system upgrades, and just about anything to do with a personal computer.

Before opening the store, Brian worked out of his house. He had two reasons for moving into a retail space: (1) Internet service—he did not have good service in his home; (2) Retail inventory—he'd like to sell retail computer items such as mice, keyboards, HP computers, print cartridges, and the like.

Call Brian Getz at the new Getz Computers and Communications shop for all of your IT needs at 301-447-4292. Brian can also help to dispose of old equipment, but he cautions customers that there may be a cost involved, especially when the

Photo by Deb Spalding



Pictured are Brian Getz and his son, Zachary.

customer would like the data on the hard drives to be erased or shredded before a computer is junked.

Brian can also coach computer "dummies" with the basic use and function of their computers. He will go to your location or you can stop by the shop.

There is convenient free parking on both sides of the street outside of his shop.

View Getz Computers and Communications advertisement below.

**L&S Furniture and Mattress Center**  
 Family Owned & Operated

Mon • Tues • Thur 10-5 • Fri 10-7 • Sat 9-3

**FREE DELIVERY!**  
 \*within 30 miles

**LARGEST MATTRESS SELECTION IN THE AREA**

**No Sales Tax**  
 \*for Maryland residents when delivered.

**10% OFF** When you make any purchase of \$400.00 or more! Expires 3/31/15

(717) 762-6939  
 www.lsfurnituresales.com  
 11778 Buchanan Trail • East Waynesboro, PA

**ESP Flower-Sicilia Productions**  
 Serving the Community Since 1970

*Of Dance & Music*  
 Tap • Ballet • Jazz • Hip Hop

Pre-School Creative  
 Lyrical  
 Acrobatics  
 Modern  
 Musical Theater  
 Ages 3 to Adult

For more information  
 301.271.7458  
 www.ESPdance.com  
 Home of the National Award winning E.S.P. Performing Company

**Lawyer's Automotive**

**SPECIALIZING IN ALL TYPES OF AUTOMOTIVE REPAIR**

Strafford H. Lawyer II, Owner

**301-271-2736**  
 13910-B Jilmtown Road  
 Thurmont, MD 21788

Full Road Service & Reasonable Rates

**Gene's Towing**  
 Gene Troxell  
 Owner & Operator

Lock Outs • Flat Tires  
 Out of Gas • Motorcycles

**301-447-2243**

**GETZ COMPUTERS & COMMUNICATIONS**  
 SERVICES INCLUDE:

- Basic Diagnostic Service
- Virus & Spyware Removal
- New Computer Set-Up
- On-Site Service Available
- Software & Hardware Install
- & Much More!

402 WEST MAIN ST. • EMMITSBURG, MD  
**301-447-4292**

**McLaughlin's Energy Services**

1954 - 2014  
 Serving the Area for 60 Years!

Generac Generator Sales, Installation & Service  
 Your turn key solution for all your backup power needs!

717-762-5711 mclheat.com 1-800-463-5711  
 11931 Buchanan Trail East, Waynesboro PA 17268

**GET RESULTS!**

**ADVERTISE IN...**

**THE CATOCTIN BANNER!**

Full Color, Affordable, & Effective

Local Advertising for Your Business!

Call 301-447-2804 or email ads@thecatoctinbanner.com



## COMMUNITY news

### Emmitsburg Lions Club Celebrates Charter Night

On January 30, 2015, the Emmitsburg Lions Club held its annual Charter Night event at the Carriage House Inn in Emmitsburg. In addition to Emmitsburg Lions Club members, in attendance were District 22W First Vice District Governor Bob Mitchell and several other District 22W Lions Club dignitaries. Highlighting the evening was the renewal of the club's charter. This year, the club is celebrating its 32<sup>nd</sup> anniversary.



Pictured from left are Emmitsburg Lions Club President Cliff Sweeney and District 22W First Vice Governor Bob Mitchell.



Pictured from left are First Vice District Governor Bob Mitchell and Lion Joe Ritz.

Also announced during Charter Night was the winner of the Emmitsburg Lions Club's "2014 Lion of the Year" award. The Club's selection was Lion Joe Ritz. Lion Joe is active in many club events, but he has also been especially influential in the eyesight testing of school children and health fairs. The award was presented to Lion Joe by First Vice District Governor Bob Mitchell.

### Meals on Wheels to Deliver a Difference in Lewistown Area

The Meals on Wheels program of Frederick County is expanding home-delivered meals to homebound clients in the areas of Lewistown, southern Thurmont, and Woodsboro.

The program will deliver two meals daily, Monday through Friday, to older adults and adults with disabilities who have limited or no regular daytime assistance and have limited access to shopping and food preparation. Those who meet these guidelines are encouraged to register for the program.

An application and other information are available on the Department of Aging website at [www.FrederickCountyMD.gov/MOW](http://www.FrederickCountyMD.gov/MOW), or by calling 301-600-3524 to complete the application by phone. After the application is received, a Meals on Wheels representative will make a home visit and schedule a start date.

Meal recipients are encouraged to donate as much as they are financially able toward the weekly meal cost. No senior citizen is ever denied meals due to lack of financial resources. In addition to participant contributions, meal costs are funded by the generous support of Friends of Meals on Wheels, other community contributions, as well as local, state, and federal resources.

Meals on Wheels is also seeking volunteers to deliver meals to meal recipients in the Lewistown area. The Meals on Wheels program depends on volunteers to drive to client homes to provide meals and some conversation to our meal recipients. Volunteers gain the satisfaction of knowing that they are delivering a difference to their community, in addition to meeting some wonderful people.

More information about volunteering is available on the website by clicking the volunteer tab at [www.FrederickCountyMD.gov/MOW](http://www.FrederickCountyMD.gov/MOW), or by calling 301-600-6008.

### Catoctin Mountain Park Ranger Don Stanley Wins Regional Award

Donald Stanley, Park Ranger at Catoctin Mountain Park, has been selected to receive the National Capital Region's Harry Yount Award. Named after Harry Yount, the first National Park Ranger, the award recognizes individual excellence in the art and science of rangeland management. The Harry Yount Park Ranger Award is the benchmark of recognition for a National Park Service Ranger.



Don Stanley (left) is shown receiving the National Capital Region's Harry Yount Award from Superintendent Mel Poole (right) at a park ceremony held on January 6, 2015.

"The entire Catoctin Mountain Park staff is proud of Ranger Stanley's accomplishments. He is very deserving of this honor and continues to serve as an example of quality public service to the American public," said Superintendent Mel Poole.

Ranger Stanley is the seventh Catoctin Mountain Park Ranger to win the Regional Harry Yount Award. He began his career with the National Park Service in 1983 at Big Bend National Park, where he worked for three years as a wildland fire fighter. Ranger Stanley returned to the National Park Service at Indiana Dunes National Lakeshore in 1988; he then transferred to the C&O Canal, where he conducted living history accounts of the C&O Canal era as an interpreter and cared for the park's mules.

In 1991, Ranger Stanley moved to Catoctin Mountain to manage the Park's Volunteer Horse Mounted Patrol Program and the recreational riding program for children with special needs. He attended training at the Federal Law Enforcement Training Center in 1992, and added protection of park visitors and resources to his responsibilities.

Ranger Stanley—a Lincoln, Nebraska, native—lives in Thurmont. He is the Fire Management Officer for Catoctin Mountain Park. An Eagle Scout himself, Ranger Stanley works with Boy Scout groups and manages the Annual Order of the Arrow Ordeal work event, held annually at Catoctin Mountain Park. He enjoys hunting, fishing, and gardening in his spare time.

## Decks - Patios & Improvements LLC



We Do...  
 Patios - Pave Driveways  
 Decorate Walls - Stone Fire Pits  
 Concrete - Custom Decks  
 Walkways - Retaining Walls  
 Pool Decks - Treated Decks  
 Drainage & Erosion Control  
 Garages



(301) 271-4263 - [www.frederickpatios.com](http://www.frederickpatios.com)



## EmmitsburgEvents.com Receives HCWHA Grant for Community Heritage Day

On February 2, 2015, the Emmitsburg Lions received \$500 from the Maryland Heritage Area program "Heart of the Civil War Heritage Area" (HCWHA) grant, for use in expanding and growing a website for the Emmitsburg Community Heritage Day: EmmitsburgEvents.com.

"This is exciting news, as we have been trying to grow our event and expand to people outside Emmitsburg. It is such a wonderful festival, and it's the weekend before Gettysburg's big reenactment week!" said Heritage Day Committee Chair, Jennifer Joy. "In fact, we are emphasizing our connection with the Civil War and the battle of Gettysburg by hosting a county-wide art contest for school age children." The contest theme is "Heart of the Civil War in Emmitsburg," and children in grades first through twelfth are encouraged to participate. Prizes in three divisions are: First place—\$500 savings bonds; second place—\$100 savings bonds; third place—\$50 savings bonds.

Emmitsburg Community Heritage Day is an all-day charity festival, sponsored by the Lions Club and other organizations, and provides contributions to many worthy charities, while also providing fun activities and opportunities to explore local history for participants. Besides the art contest, activities included at the event are: vendor/crafter show, kickball tournament, bicycle rodeo/ride, live music, car show, and museum and monument tours, in addition to its traditional field games, parade, and fireworks. Emmitsburg Community Heritage Day is Saturday, June 27, 2015.

To find out more about the contest and other planned activities, go to the new website at [www.emmitsburgevents.com](http://www.emmitsburgevents.com).



**Good News**  
BAPTIST CHURCH

Join us on Sunday Mornings  
Worship Service 10:30 A.M. &  
Wednesday Evenings at 6:30 P.M.

NEW LOCATION! We are now  
meeting at The Fort Ritchie Chapel!

For more information...  
**301-241-5058**  
[www.goodnewsmountainvalley.com](http://www.goodnewsmountainvalley.com)

## 2015 Thurmont Business Expo

The Town of Thurmont Special Events Committee is pleased to announce the 11th Annual Thurmont Business Expo.

This year's expo will be held on Friday March 20, 2015, from 6:00-8:30 p.m., in the Catoctin High School Large Gymnasium. Admission is free for visitors, but you are encouraged to bring non-perishable food or cash donations for the Thurmont Food Bank. A collection area will be located at the Expo entrance. All proceeds from this year's event will also be donated to the Thurmont Food Bank.

For any questions, please email [thurmontbusinessexpo@gmail.com](mailto:thurmontbusinessexpo@gmail.com) or call Heather Dewees at 301-471-7313 or Rob Renner at 301-788-2235.

You can also receive Expo updates and help spread the word by liking their Facebook page: [www.facebook.com/thurmontbusinessexpo](http://www.facebook.com/thurmontbusinessexpo).

## TMS Student Crowned Miss Catoctin-Ettes Queen for 2015

Miss Abigail Adams, great granddaughter of Mr. and Mrs. Edward and Lela Gravatt of Rocky Ridge, was named to the title of Miss Catoctin-Ettes Queen for 2015. She is a student at Thurmont Middle School (TMS) and is the marching group's juvenile leader. She is also a member of the competitive Jr. Pom Team and competes as an individual twirler as well.

The prestigious title of Queen is determined through a voting process within the Catoctin-Ettes Majorette Corps, whereby each member votes for one individual whom they feel would best represent the youth organization in the coming year.

Duties of the Queen include accepting awards earned by the group at various events throughout the marching season, particularly the championship event in September. Adams will also have the opportunity to twirl as the corps' featured twirler in the hometown parade of Emmitsburg.

Miss Adams accepted her 2015 title banner and crown from the 2014 queen, Paula Jean Sharrer.



Courtesy Photo

Abigail Adams, named to the title of Miss Catoctin-Ettes Queen for 2015.

**D & J AUTO ENTERPRISES**  
**NEW BILLS AUTOBODY**  
**TOWING AND REPAIRS**  
**301-898-5080**

**NISSAN**  
CERTIFIED SERVICE  
COLLISION REPAIR NETWORK

**CHRYSLER**  
**Jeep**  
**DODGE**

**CERTIFIED**  
Collision Repair Center

**GM**

**CERTIFIED**  
Collision Repair Center

**Ford**  
**CERTIFIED**  
Collision Repair Center

We are ready for the new **2015 Aluminum F150** and other vehicles rolling off the assembly line. We are now a **Certified Aluminum Repair Facility**. Our technicians have been trained and are Certified through ICAR.

We are Assured Performance™ Certified. The Assured Performance Network is made up of best in class body shops in every community across the country. These shops meet or exceed OE standards for tools, equipment, training and facilities required to properly repair vehicles to manufacturer specification helping to ensure the fit, finish, durability, value and safety.

You can find us on any of the following websites:  
[Autobodylocator.com](http://Autobodylocator.com) – [Nissancertifiedshop.com](http://Nissancertifiedshop.com) – [Fordcertifiedshop.com](http://Fordcertifiedshop.com)  
[Chryslercertifiedshop.com](http://Chryslercertifiedshop.com) – [assuredperformance.net](http://assuredperformance.net)

**ASSURED PERFORMANCE™**  
**COLLISIONCARE**

12440-A Creagerstown Road, Thurmont, MD 21788  
Located at the corner of Rt. 550 & Blacks Mill Rd.

## BOLLINGER HOMES, LLC

**Custom Home Builder & Remodeler**

We specialize in...

**Custom Homes & Remodeling**

Bollinger Homes, LLC have been building custom homes, building additions and remodeling for over 20 years in Maryland, Pennsylvania, Virginia, and West Virginia.

- Additions
- Garages
- Patios
- Decks
- Concrete Walks
- Siding & Roofing

Call for a **FREE ESTIMATE!**

Phone **301.447.6917**  
Fax **301.447.2704**

1 Creamery Way  
Emmitsburg, MD 21727





## Law Enforcement Rangers Retire from Catoctin Mountain Park

Chief Ranger Holly Rife and Law Enforcement Ranger John Kempisty have retired from the National Park Service effective December 31, 2014.

Chief Ranger Holly Rife worked as a Law Enforcement Ranger at the Jefferson Expansion Memorial (St. Louis Arch), Yosemite National Park, and Biscayne National Park before transferring to Catoctin Mountain Park. While working at Catoctin, she provided oversight to the park's Interpretive and Law Enforcement Divisions. Highlights of her time at the park included working on Presidential Security Details, serving as Incident Commander for the G-8 Summit, and organizing an Artist in Residence Program. Rife and her husband, Norman Gibat, are relocating to Ohio.

Law Enforcement Ranger John Kempisty's thirty-one year career included tours at New York's Gateway National Recreation Area, the Great Smoky Mountains National Park, and Independence National Historic Park. He arrived at Catoctin Mountain Park in 1990. While working at Catoctin, John met several U.S. Presidents, international heads of state, and other dignitaries. He assisted at special events, including the 2002 Winter Olympics in Salt Lake City, Utah; the 400th anniversary of Jamestown; and the G-8 Summit. John will be remembered locally for his fire prevention work with Smoky Bear. John will continue to reside in the Thurmont area with his wife, Teresa—who he met while she was working at Catoctin Mountain Park as a purchasing agent—and his sons, Johnnie and Jimmie.

Ranger Michelle Schonzeit has been appointed to act in the Chief Ranger until the position is filled permanently.

Catoctin Mountain Park is one of over 400 units administered by the National Park Service, U.S. Department of the Interior. The park Visitor Center, located on State Route 77 three miles west of Thurmont, Maryland, is open from 10:00 a.m. until 4:30 p.m. daily with the exception of Wednesdays when the office is closed. The Visitor Center will be closed on Federal holidays, November through February.

Correspondence should be addressed to: Superintendent, Catoctin Mountain Park, 6602 Foxville Road, Thurmont, MD 21788. Our website address is [www.nps.gov/cato](http://www.nps.gov/cato). General information can be obtained by calling the Visitor Center at (301) 663-9388.

## Rocky Ridge 4-H Club

Logan Long, Member

The Rocky Ridge 4-H Club started out the month of January by using their hands for larger service. It was an honor to serve the Thurmont Community Ambulance Company Banquet on January 17, 2015. It's always nice to help out those who volunteer and do so much for our community.

For the month of January, our club also collected items such as books, games, craft projects, and other items to donate to the Frederick Memorial Hospital Pediatric Wing.

We are excited to announce and welcome some new members to the club: Jacob and Kendra Keeney, Madison Ohler, Katie Topper, and Katilyn Bentz.

The University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, national origin, marital status, genetic information, political affiliation, and gender identity or expression.

### Zurgable Brothers Hardware

301-447-2020

**Join Us!**

**Saturday, March 3<sup>rd</sup>**

**9:00 am - 2:00 pm**

Live Demo!



We will also have

**Grill Dome**

Ceramic Grills





**The Holland Grill**

**Come and Taste the Holland Difference!**

*It Grills, It Steams and It Smokes*

Mon. - Fri. 7 a.m. - 6 p.m. | Sat. 7 a.m. - 5 p.m. | Sun. Closed

1663 Old Emmitsburg Road | Emmitsburg, MD

## Local Sales and Service in Thurmont

111 FREDERICK ROAD, THURMONT, MARYLAND 21788 • 866.770.6859

FIND NEW ROADS



**TRUCK MONTH**

**Over 150 Chevy SILVERADO Trucks AVAILABLE!** UP TO **\$10,000** IN SAVINGS ON SELECT MODELS

\*For current GM owners who trade in an eligible vehicle on select vehicles in stock. Must be a current owner/lessee of a 1999 model year or newer GM vehicle. Not available with lease, special finance and some other offers. Take delivery by 3/2/15. See Criswell Chevrolet for details.



Plus tax, tags, title, freight and \$300 processing fee. Includes all applicable rebates.



**\$29.95**  
**EVERY DAY OIL CHANGE & VEHICLE INSPECTION**

No Appointment Necessary! Check out our Criswell Chevrolet Service.

\*\*\$29.95 Every Day Low Price Oil and Filter Service and Multi-Point vehicle inspection. Prices may vary by model; plus taxes and hazardous waste fees. Synthetic oil is additional.

**CRISWELL**  
**CHEVROLET**  
**OF THURMONT**



[CriswellChevroletOfThurmont.com](http://CriswellChevroletOfThurmont.com)



# Lewistown District Volunteer Fire Department Banquet

The Lewistown District Volunteer Fire Department held its annual banquet in their banquet hall on February 7, 2015.

President Donald Stull, Sr. presented the welcome, Renae Coolidge gave the invocation, and Chief Vicky Martin gave chief's comments. Donald Stull awarded Life Membership to Joe Linton. About Joe, he said, "His pay's about like mine... a big 'Thank you,' but we have a lot of fun!"

This past year, new floors and gear lockers were installed in the department's engine bay. Drills were conducted for water rescue and vehicle entrapment extrication. The company handled 653 calls, more than the previous year.

Eric Smothers of the Frederick County Fire and Rescue Association swore in the officers. He said, "Traveling the county, I know it takes a lot of folks to make a department run. It takes a constant effort to get volunteers across the county and nationally. Thank you all very much for volunteering."

Administrative officers included: President, Donald Stull, Sr.; Vice

President, Chuck Jenkins; Secretary, Karen Stull; Assistant Secretary, Shari Jenkins; Treasurer, Lena Stull; Assistant Treasurer, Delbert Stull; and Board of Directors, Jacob Howell, Donald Martin, Kenny Miller, Scott Stonesifer, Steve Stull, and Wayne Stull.

Line Officers included: Chief, Vicky Martin; Deputy Chief, Wayne Wachter, Jr.; Assistant Chief, Doug Wallick, Jr.; Assistant Chief, Mike Fogle; and Captain, Scott Stonesifer. Scott Martin was assigned as Chair of the Training Committee.

A seven minute video was presented showing a review of the year in pictures. Renae Coolidge held a memorial service for Rosalie Keyser Garver who passed September 12, 2014.

Top Fire Responders were: Mike Stull (46), Lisa Monday (56, 70 EMT), Jake Howell (67), Donald Stull (83), Steve Stull (83, 46 EMT), Frani Wachter (83, 41 EMT), Mike Fogle (91, 41 EMT), Donald Martin (126), Wayne Wachter, Jr. (130, 122 EMT), Wayne Stull (133, 123 EMR), Beth Wachter (136, 122 EMT), and Top Responder Vicky Martin (175,

111 EMT). Also recognized for EMR responses were Brianna Wachter (81) and Stephanie Wachter (93).

Members of the Fire Police were recognized: Steve Stull, Thomas

'Doc' Wachter, Ronnie Myers, Diana Bryant, Mike Toms, and Bobby Black. Also recognized were new Fire Police Donald 'Bud' Howerton, Kenny Miller and Fred Baudrau.

Photos by Deb Spalding



Top Responders



Administrative Officers

*When You Think Of Your Home Think Of Us!*

## DELPHEY CONSTRUCTION INC.

HOME IMPROVEMENT SPECIALIST

About Us:	What We Do:	Contact Us:
<ul style="list-style-type: none"> <li>Locally based company with over 30 years of experience</li> <li>Professional workmanship</li> <li>Fair and competitive pricing</li> <li>Licensed contractor &amp; Fully Insured</li> </ul>	Drywall Laminate Flooring Windows & Doors Kitchens & Bath Finished Basements Garages & Additions Siding & Gutters Roofing Decks & Sun Rooms Painting	Call today for FREE ESTIMATES: 301-271-4850 240-674-4596 Or E-mail us at: DCINC10982@msn.com MHIC 10982

## FREDERICK COUNTY CHIMNEY SWEEPS

MHIC 38691

- Regional Specialist for Vermont Castings® Woodstoves & Harman® Pellet Stoves
- Color Video Chimney Inspections

Same Reputation. Same Owners. Superior Client Satisfaction.

### 301-416-8080

LOCALLY OWNED & OPERATED SINCE 1985

ELIAS LUTHERAN  
CATCH THE GRACE

## Indoor YARD SALE

Thursday Friday & Saturday  
3 Days Only  
March 5th-7th  
10am-4pm

Church Supper • Beef, Turkey, Ham  
Saturday, March 7th • Starting at Noon  
100 North Ave • Emmitsburg, MD

## Twice is Nice

Second Hand Store  
301-271-2403

**We Buy, Sell & Trade!**

- Electronics •
- Toys & Games •
- Household Items •
- Longaberger Baskets •
- Video Games & Systems •
- Airsoft & Paintball Gear •
- Baby Items & Boy's Bears •

**Business Hours**  
 Mon-Tue 10am-6pm, Wed 11am-4pm,  
 Thr-Fri 10am-6pm, Sat 11am-4pm

- 5A East Main Street •
- Thurmont, MD 21788 •



# Emmitsburg Volunteer Ambulance Company Holds 26th Annual Banquet

Allison Rostad

The Emmitsburg Volunteer Ambulance Company held its 26<sup>th</sup> Annual Banquet and Awards Ceremony on Saturday, January 31, 2015, at their station. The event included a social hour with music by Mike Mahoney of Dr. Mudcat's Medicine Show D.J., followed by a dinner buffet provided by Sunnyway Catering Services. Father John Holliday of St. Joseph's Catholic Church led the invocation.

The awards ceremony opened with Eric Stackhouse, assistant chief operational officer and vice president administrative officer, emceeding the program. Stackhouse first introduced guest speaker Clarence "Chip" Jewell, Director/Volunteer Chief with the Division of Volunteer Fire and Rescue Services (DFRS), who gave a presentation on the necessity of having volunteers remain within the field. Following Jewell's presentation, Company President Mary Lou Little, gave her remarks on the past year's trials and tribulations.

"Members have learned to work very well with each other," Little explained about the company and their overall reaction to being placed on second due status this past year. "Our supporters never gave up on us," she continued, "they stuck by us as always." The banquet's underlying message was unity and perseverance.

"Another big challenge we faced was having our county funding withheld, because we're not running first due calls due to the career staff being removed and housed at the fire company," said Little. "We now had to pay 100 percent of all operating costs...we live every day, every week, every month by our original income budget. We raise every dime to continue to save the county millions of dollars."

Although the company was hit with a tough year, they managed to raise over \$5,000 to donate to scholarships to help students at Catoctin High School and Mother Seton School, as well as other non-profit organizations within the community.

Little stated, "It is very important to us to be able to 'give back' to our community." To close her remarks, she asked that each member of the ambulance crew stand so she could recognize them with the 2014 President Award, as it was a "no brainer" for her to choose the entire company for their efforts in keeping the company up and running.

Chief Rose Latini then took the stage to present her remarks on the past year as well, calling the station "The little engine that could."

Although the company was on second due status for the majority of the year, they still managed to gain twelve new operational members, and are still recruiting.

"The past year has been a very rewarding road," Latini explained, referencing Little's statement about losing the career staff. "It allowed us time to take a look into the house and work with DFRS to get things where they are today. We've bonded as an operational team. I realized during that time the passion that our operational members had," added Latini.

She applauded the members and presented the 2014 Chief's Award to all members of the company saying, "There's not one person in this company that did not rise to the occasion."

Stackhouse returned to the stage and began calling the names of every member, as they all were to receive a reward from both the chief and president for their outstanding

achievement throughout the year.

Little then presented Life Membership awards to members who had earned their gold cards: Eric Stackhouse, Beth Ruppel, and John Ruppel. The Training Award was presented to Smiley and Judy White, who came down to the station to help train EVAC members so they could qualify for their certifications.

Dan and Anne Reaver were presented a special award by Little, where she mentioned that the Company, "wouldn't know where they'd be without them."

Stackhouse recognized the Top 10 LOSAP: Pam Bolin (267); Vicki Long (285); Ed Little (349); Diane Kelly (380); John Ruppel (398); Kim Bolin (427); Beth Ruppel (513); Mary Lou Little (572); Dallas Bucheit (582); and Jim Wormley (596).

Top 10 Responders were: (1) Rose Latini; (2) Jennifer Frushour; (3) Eric Stackhouse; (4) Colt Black; (5) John Ruppel; (6) Beth Ruppel; (7) C.N. Burriss; (8) Dallas Bucheit; (9) Brandon Burriss; (10) Lisa Eichelberger.

Lastly, Stackhouse recognized the members of Thurmont Ambulance Company 30 with a bronze plaque of their new social hall being built as a thank you for all their assistance throughout 2014.

As part of closing the ceremony, Stackhouse had a few presentations he wanted to give away himself. He invited both Little and Latini back up to the stage, where he presented each with an award. For Little, the Board of Directors decided to pay for the first month of internet service to be set up at her house, as she's only been able to send and receive emails while at the station. She was also rewarded with a gavel from Stackhouse to have and use at meetings. For Latini, she was awarded a Company 26 winter jacket, as it seems she's always cold. A round of applause was given for both for their hard work and dedication.

Judith White, Secretary of Frederick County Volunteer Fire and Rescue Association, installed officers. Operational Officers: Chief—Rose Latini; Assistant Chief—Eric Stackhouse; Lieutenants—Sara Johnston, Rose Mercandetti, and Rachel Rosebrock; Sergeants—Beth Ruppel and John Ruppel; and Honorary Lieutenant—Ed Little. Administrative Officers: President—Mary Lou Little; Vice President—Eric Stackhouse; Secretary—Vicki Long; Assistant Secretary—Kim Bolin; Treasurer—Pam Bolin; and Assistant Treasurer—Beth Ruppel. Board of Directors: Bob Dinterman—Donna Miller, Diane Kelly, and Ed Little.



Administrative Officers

Photos by  
Allison Rostad



Board of Directors



Thurmont Ambulance Company 30 was presented with a bronze plaque of their new social hall being built as a thank you for all their assistance throughout 2014. Pictured from left are Mary Lou Little, Company 30 Chief Lowman Keeney, and Rose Latini.



Operational Officers



John G. Malachowski

Real Estate Appraiser • Consultant

3120 Stonehurst Court

Emmitsburg, MD 21727

Phone (301)447-2318

Fax (301)447-2319

Cell (301)471-1128



Hazel's

THRIFT STORE

Just around the corner at the Emmitsburg Square

Small Furniture • Collectibles

Electronics • TV & DVD • Books

Gently Used Clothing

Knick Knacks and much more!

301-447-4323

LIKE US ON FACEBOOK!

OPEN MONDAY - FRIDAY 10:00 AM - 6:00 PM



Peggy Koontz

www.HousesByPeggy.com

301-271-2787 / 301-698-5005 (O)

301-514-3322 (C)

Peggy@mris.com

RE/MAX Results

SOLD

6100 Berry Rose Court

SOLD

Maxwell Place #315



\$265,000

106 Ironmaster Drive. 3 br 3 1/2 bath colonial. Fr with fireplace. Patio inground pool. Fencing.



Level, open building lots - 2 adjoining one acre lots both with percs and wells for \$125,000.



The Carriage House Inn

Circa 1857

RESTAURANT & CATERING

St. Patrick's Day

Sunday Brunch Buffet

Sunday March 15th

In Joann's Ballroom from 10:00-1:00



Featuring:

Crab Dip

Carved Prime Rib

Corned Beef and Cabbage

Guinness Irish Beef Stew

Sheppard's Pie

Glazed Carrots

Assorted Artisan Rolls

Made to Order Omelette Station including our featured Omelette of the day: Reuben Omelette

Chef's Tableside Feature

Fruit and Dessert Bar & much more



\$18.95 per person

Reservations Recommended

301-447-2366 www.carriagehouseinn.info

# Town of Thurmont Holds Open House for New Municipal Building

Photo by Allison Rostad

Pictured from left are Town Commissioners Bill Buehrer, Wayne Hooper, Marty Burns, Wes Hamrick, and Mayor John Kinnaird during the Dedication Ceremony for the Town of Thurmont's new Municipal Building on January 31, 2015.

During the Open House and Dedication Ceremony for the Town of Thurmont's new Municipal Building, held January 31, 2015, Thurmont Mayor John Kinnaird was obviously very proud. His message was one of great appreciation for all the parties involved in bringing the project to fruition.

Town Commissioner Wayne Hooper had broached the idea of purchasing the former Daily Funeral Home property, located at 615 East Main Street, and renovating it for use as a new town municipal building. At the time, Town Commissioner Marty Burns was mayor and helped to jumpstart the project. Mayor Kinnaird took office as the bidding process for construction was about to begin. Mayor Kinnaird stayed very involved in the project as it progressed.

Mayor Kinnaird asked former Mayor, now Commissioner, Burns to cut the ribbon. Burns was sure to point out that no one person gets all of the credit for the project. It was truly a combined effort by many, including Bill Blakeslee for applying for the money and grants to purchase the building and completing many of the renovations.

After the ribbon was cut, Mayor Kinnaird welcomed special guests, starting with Frederick County Executive Jan Gardner. Gardner offered congratulations for a beautiful renovation that will serve the community for many years.

Frederick County Councilman Kirby Delauter said, "It's a good day for Thurmont. Congratulations!"

Kinnaird recognized Thurmont Police Chief Greg Eyler; Thurmont Police Lt. Alan Droneburg; Frederick County Sheriff Chuck Jenkins;

Lonestar Builders; Green Brothers Construction; Cornerstone Heating and Air Conditioning; Tier One Technology Partners; Quick Connect Communications; former Mayor Eileen Waesche; Lisa Nolan Humerick; Lowman Keeney with the Thurmont Ambulance Company; former Thurmont Superintendent of Public Works, Joe Fraley; Donna Voellinger, President of the Thurmont Historical Society; Carol Robertson, President of Catoclin Colorfest; Butch West and the Thurmont Public Works Department; Jim Brown, Project Manager; and other Town staff, including Harold Lawson, Randy Eyler, Tim Eyler, Brad Weddle, Dave Stevens, Gary Hodges, Lee Hanvey, and Russell Sanders. Town of Thurmont office staff members were also introduced, including Becky Long, Senior Administrative Assistant; Tracy Schur, Chief Financial Officer; Wanda Stottlemeyer; Melody Dix; Lori Kaas; Debbie Ecker; and Chief Administrative Officer Jim Humerick.

Mayor Kinnaird gave praise to all parties involved and also recognized Jim Castle with the Department of Housing and Community Development, stating that, "We wouldn't have gotten the grant money to purchase the building and complete the project without his help."

A historian at heart, Mayor Kinnaird noted the history of Thurmont Town Offices. They were first housed in the basement of the Thurmont Bank Building on the square, and then moved in 1956 or 1957 to the Frederick Street location. Moving now to a property that was once owned by one of Thurmont's former mayors seems fitting.

The Catoclin

Banner

Patronize our advertisers. The Catoclin Banner exists due to the advertising support of those featured in each issue.



## Vigilant Hose Company Presents Fire Safety Talk to Tyrian Masonic Lodge

On February 12, 2015, Elyssa Cool, the chairperson of Fire Safety and Prevention at Vigilant Hose Company, presented a fire safety talk to members of Tyrian Masonic Lodge. Cool talked about fire safety and prevention in the home, the importance of CO2 detectors, alternative heat sources, and emissions.

Cool presented an excellent question-and-answer session and presented each member with a tote bag and informative brochures to be used in the home. Many thanks to Vigilant Hose Company and Elyssa Cool.

Courtesy Photo



Pictured from left are Don Stultz, Robert Kotchenruether, Roy Burkholder, Elyssa Cool, Mike Reynolds, Ernie Gelwicks, Bill Boyd, and Wayne Mohler.

**HAPPY ST. PATRICK'S DAY!** **SAVE \$1.00**  
**Gary the Barber**

By Appointment & Walk-Ins Accepted

### HOURS

7 a.m. - 9 p.m. (Mon., Tues., Thurs., Fri.)

7 a.m. - 6 p.m. (Weds.)

7 a.m. - 3 p.m. (Sat.) • 1 p.m. - 5 p.m. (Sun.)

Visit me at

101 Tippin Drive, Thurmont, MD

Call (301) 305-7895

for an appointment

**SAVE \$1.00** **Customer Appreciation Coupon**  
 Cannot be used with any other discounts. Coupon good through March 2015.

CURIOUS, INTERESTED OR THINKING ABOUT  
**Longer, Thicker, Fuller Hair?**

**HOT HEADS EXTENSIONS**

- Can be worn 8 to 10 weeks
- Same hair can be reapplied up to 3x
- Can wash, blowdry, curl, & flat iron
- Beautiful hair in less than 1 hr
- NO DAMAGE

Receive: **Hot Heads**  
 20% OFF your first **Extension Service**

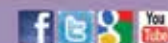
*Plus* Complimentary Hot Heads Home Care Kit

Kit Includes: Hot Heads Shampoo, Conditioner & Brush, a \$45 value  
 Discount Available through 4/30/15



717-334-8423  
 www.gettysburgdayspa.com

730 Chambersburg Rd  
 Gettysburg, PA



DR. MOLES HOT SUMMER CONCERT  
 TICKET CONTEST!

**TAYLOR SWIFT**  
 TUESDAY, JULY 14TH, 7pm Nationals Park  
 4 Seats, Floor Section One!

**VANCE JOY**  
 AND  
**SHAWN MENDES**

### How to WIN...

1. Refer your friends and family to Dr. Moles for Orthodontic treatment by giving them one of your tickets!
2. After your referral begins treatment with Dr. Moles you will receive 1 point.
3. Whoever has the most points by July 1st WINS!!

Visit our Facebook Album  
 Summer Concert to download entry tickets

Dr. Moles offers **Invisalign** as well as, traditional braces. Dr. Moles is the only Frederick County Orthodontist to use the **SureSmile** system which **shortens treatment times up to 40%**! We are also now using the **ITERO digital oral scanner**! No more goopy impressions!! Call our office to find out more about how you can spread the joy of a beautiful smile!

Website



Frederick Office- 301-874-4747/ Villageorthodontist.com  
 Thurmont Office- 240-575-2877/ gwsmls.com



6th Annual  
**His Place Car Show**  
 To benefit Mother Seton School  
 & Hospice Frederick County



301-447-2800 www.hisplaceinc.com

Raffle  
 Food

Saturday, May 2, 2015  
 (Rain date: May 9, 2015)

Door Prizes  
 Music

People's  
 Choice Award

3 AWARDS EACH FOR 5 CATEGORIES

Cars + Trucks + Hot Rods  
 Motorcycles + Tuner Cars

Best of Show  
 Award

\*Dash plaques  
 given to the  
 first 200 cars  
 to arrive

Location: Mother Seton School  
 100 Creamery Road, Emmitsburg, MD 21727  
 Entry Fee: \$15.00 at door; \$12.00 pre-registration  
 via bkuln3@yahoo.com  
 (benefits Mother Seton School  
 and Hospice Frederick County)  
 Info: Call Bill Kuhn at 800.529.5835  
 or stop by His Place Inc. at  
 20 Creamery Way, Emmitsburg, MD

Schedule of Events  
 8-12 Registration  
 12-2 Judging  
 3 p.m. Awards

### Our sponsors



CHRONICLE PRESS  
 PRINTING & GRAPHICS



### Our beneficiaries



\*\* Free Market Spaces Available!  
 Preregister for a 4x8 table for \$10 or \$12 at the door.

\*\*First 10 cars that register get a  
 FREE Crabcake Sandwich!



## The Legend of the Leprechaun on Old Frederick Road



Deb Spalding

It was a thick, foggy summer night in the mid-1980s when I stumbled upon what appeared to me as a leprechaun on Old Frederick Road, near Loy's Station Bridge. According to my mother, my lineage has about one-twelfth Irish heritage on my maternal great-great-grandmother's side, named Flynn. In my opinion, that's hardly enough blood blarney to invite kindred appearances.

It is not intentional that I spin this yarn thirty years later. I've recalled the memory, because I was looking for a different kind of story related to St. Patrick's Day for this March issue of *The Catoctin Banner* newspaper. I thought it would be interesting to see whether any other folks had stumbled upon the same apparition in the region, or if it lived only in my vivid imagination.

You see, on that long-ago summer night, I was just a young girl, driving around with a high school friend, when out of the fog, on the opposite side of the road, I caught a glimpse of what appeared to be a frolicking dark-haired, bearded leprechaun—green suit, hat, and all! I jerked the steering wheel slightly—and safely—to the right. This sudden movement did arouse the question of my friend as to why I jerked the steering wheel, but I don't remember if I told her about what I had seen. I mean, really...would you? The fog was so thick that night, and I was driving slowly.

Leprechauns are said to be as small as a little finger or as large as a small child. My quick glimpse of the leprechaun I thought I spotted stood about a foot to a foot-and-a-half high—definitely no higher than the bumper of the car we were in, which was a Ford LTD.

Online, leprechaun sightings are as rare as fairies and mermaids. Aliens and monsters are much more popular. There seemed to be a leprechaun sighting in Mobile, Alabama, but the witnesses were more interested in the party-like atmosphere it created while looking for the imaginary pot of gold.

In Ireland, folklore says leprechauns are humble cobblers or shoemakers. So humble that they live frugally and far from the elusive pot of gold and riches lifestyle they are said to impart upon those lucky enough to see them. Apparently, it's not in the "seeing" wherein the luck is made, but in the "catching." Good luck with that!

**MorningStar Family Church**  
[www.morningstarfc.org](http://www.morningstarfc.org)  
 14698 Albert Staub Rd.  
 Thurmont, MD 21788  
 301-271-3633

**Sunday, March 22nd, 2015  
 @ 10:45am**

**Guest Speaker:**  
**Dr. Gail Januskiewicz, Professor**  
**Faith School of Theology**  
**Feat. Faith on Fire**  
**Drama Team**

### did you know?

#### *How Did the Shamrock Become Associated with Saint Patrick?*

According to Irish legend, the saint used the three-leafed plant as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.

#### *Irish Blessing*

*For each petal on the shamrock this brings a wish your way. Good health, good luck, and happiness for today and every day.*

## Plans for 59th Annual Thurmont & Emmitsburg Community Show

The Thurmont & Emmitsburg Community Show committee met recently to begin planning the 59th annual Thurmont & Emmitsburg Community Show. The show will be held at Catoctin High School on September 11-13, 2015.

Officers elected at the meeting were: President—Rodman Myers; Vice President—Robert Valentine; Secretary—Brian Hendrickson. Other committee members are Sue Keilholtz, Jessica Valentine, Robert Wiles, David Harman, Cheryl Lenhart, Ray Martin, Humberto Benitez, Michael Lewis, Sharon Lewis, Denise Valentine, Amanda and Paul Dennis, Clifford Stewart, Helen Troxell, Cathy Little, Karen Myers, Sue Sanders, Patty Johnston, Laura Keilholtz, Jim Barth, Kay Barth, Hannah Barth, Thad Bittner, Amy Jo Poffenberger, and Daniel Myers.

On Friday night, the 2015-2016 Catoctin FFA Chapter Ambassador will be announced. The baked goods auction will begin following the program, and the grand champion cake, pie, and bread will be sold at 9:00 p.m.

Entry of exhibits will take place on Thursday evening, September 10, 2015, from 6:00-9:00 p.m., and on Friday, September 11, from 8:30-11:30 a.m., in the new gymnasium and in the agriculture department area. Judging will begin at 12:30 p.m. Commercial exhibits may be entered on Friday, September 11, from 3:30-5:30 p.m. The show will open to the public at 6:00 p.m.

On Saturday, September 12, 2015, the show opens at 9:00 a.m. and closes at 10:00 p.m. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8:00 a.m.-2:00 p.m. at the Ag Center at the school. The Pet Show will be held at 10:30 a.m. outside the front of the school. The petting zoo, farm animals, and pony rides will also be held on Saturday and Sunday.

The Thurmont Grange will serve their Turkey and Country Ham dinner in the school cafeteria from 3:00-7:00 p.m. on Saturday night. The Catoctin Mountain Boys will perform in the auditorium at 7:00 p.m. There will be no admission charged for this entertainment.

The 41st annual Catoctin FFA Alumni Beef, Sheep & Swine sale will begin at 7:00 p.m. in the Ag Center area on Saturday night.

Activities begin on Sunday, September 13, at 9:00 a.m., with the Goat Show, followed by the Dairy Show and Decorated Animal Contest. The decorated animal contest will begin at noon.

At 12:00 p.m., the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria. The 36th annual Robert Kaas horseshoe pitching contest will begin at 1:00 p.m.

The Log Sawing Contest will begin at 1:00 p.m. under the show tent in the Ag Center area. A peddle tractor contest for kids will be held on Sunday afternoon at 1:00 p.m., also in the Ag Center area. The Catoctin Mountain Boys will perform from 1:00-3:00 p.m. in the auditorium.

Exhibits must be removed on Sunday, September 13, 2015, from 3:00-6:00 p.m. Please note the new deadline to pick up items.

If you would like to be a new advertiser in their show booklet, please contact Rodman Myers at 301-271-2104 to obtain advertising information or via email at [thurmontemmitsburgcommunityshow@gmail.com](mailto:thurmontemmitsburgcommunityshow@gmail.com). Past advertisers will be receiving letters for advertisements in the near future. The deadline for advertisements is May 15, 2015. The community show booklets can be found in local Thurmont, Emmitsburg, and surrounding area businesses in late July or early August. New residents of the community are urged to enter and be a part of the Community Show, the largest in the State of Maryland. Some minor additions and deletions will be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department. There is no entry fee. Please visit their website for updated information at [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com).

The Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, the Maryland State Grange, and the Maryland State Agricultural Fair Board.

**Affordable Self Storage**

**Need Room? Too Much Clutter?**

**NEW! PORTABLE STORAGE CONTAINERS**

**Affordable Self Storage can store it for you!**

**CALL FOR MORE DETAILS!**

**301-271-7455** Conveniently located on Maple Dr. Across from Thurmont Feed Store

NOT JUST FOR PUBLIC! For Business Too! Call today!

VISA MasterCard

“A hug is a great gift—one size fits all, and it's easy to exchange. ~ Unknown”



tired  
of **SATELLITE** INTERNET?....

get  
connected.

internet service  
**NOW AVAILABLE**  
for  
**NORTHERN FREDERICK COUNTY**

**telegia**

CONTACT US AT  
**www.telegia.com**

5310 Spectrum Drive, Suite C • Frederick, Maryland 21703

**EAST PARK AUTOMOTIVE, INC.** ASE CERTIFIED

Spring is right around the corner!

**10% OFF**  
Premium  
Wiper Blades  
Includes Free  
Installation

Offer valid until March 31, 2015  
Stop in for a FREE Battery Charging System Test

**FULL SERVICE AUTO REPAIR**

**New Tire Sales - ALL Brands & Sizes!**  
**Mounting & Balancing**  
**Hydraulic Hoses & Fittings • Custom Battery Cables**  
**Local Vehicle Pick Up & Delivery**  
**Certified ASE Mechanics**  
**Certified Diesel Technicians**  
**BG Vital Fluids Flush & Refill**  
**Coolant • Transmission • Brakes • Power Steering**

**1 Creamery Way, Emmitsburg, MD**  
**301-447-3560**  
ALL MAJOR CREDIT CARDS ACCEPTED

**JASPER** ENGINES & TRANSMISSIONS  
**AAA AUTO CARE CENTER**  
**INTERSTATE** BATTERIES & TIRE SERVICE

**PIVOT**  
PHYSICAL THERAPY

**Aches? Pains? Discomfort?**  
**Physical Therapy Can Help!**

Seton Square Center  
17750 Creamery Road, Ste. B7  
Emmitsburg, MD 21727  
**301.447.1670**  
www.pivotphysicaltherapy.com

Don't forget about our  
Wellness Program!  
Call for details!

Call to make  
your appointment!

f t y g p

## Obituary

In  
Loving  
Memory

Marguerite Larue  
"Weetie" Baker



Mrs. Marguerite Larue "Weetie" Baker passed away into the loving arms of God on Wednesday, January 7, 2015, after a brief stay at the Kline Hospice House in Mount Airy, Maryland. She had also resided at Homewood at Crumland Farms since 2009. She was 88 years old.

She was lovingly known by all who knew her as "Weetie" and was the wife of the late William G. (Bill) Baker, whom she married in 1947. They lived most of their life farming in Creagerstown, Maryland.

Born June 1, 1926, in Woodsboro, Maryland, Weetie was the daughter of the late Marshall Warfield Stitely and Belva Llewellyn Fox Stitely of Woodsboro. She was predeceased by one brother, Edward (Buddy) Stitely, and one sister, Dorothy Crawford, son-in-law, Lenny Cross, and her daughter, Katrina Bradshaw.

Mrs. Baker attended school at Woodsboro Elementary School, Frederick High School, and earned an Education Degree at the University of Maryland. She later pursued courses to earn a library science degree and was a librarian at Thurmont Elementary School for twenty-three years.

Mrs. Baker was a member of the Linganore United Methodist Church in Unionville, Maryland, and of the LUMC Women's Group. She was also a member of the Frederick County Public School Retired Teachers Association, the Gamma Chapter of Delta Kappa Gamma, a past member of the ARRC at Mount St. Mary's University, a past member of the Frederick County Public Library Board, and a past member of the Thurmont Public Library Board. As a youth, Weetie loved to ride horses, play the piano, and go dancing. As an adult, she loved to read, go swimming with the arthritis swim class at the ARRC, play bridge with friends, go to the beach, and use humor to co-emcee meetings for different organizations with her husband, Bill. She also wrote a chapter on storytelling in a book called *Mixed-Up Magic*.

Mrs. Baker will be truly missed by her loving family: son, William E. Baker, and wife, Denise; daughter, Rebecca E. Cross; son-in-law, Jerry Bradshaw; grandchildren, Erika Cross, William Cross and wife Caroline, and Nicholas Bradshaw; one sister, Janet Dudderar; and numerous nieces, nephews, and cousins. She will also be missed by her special friends, the caregivers from Right at Home.

A funeral service was held on Monday, January 12, at 11:00 a.m. at the funeral home with Rev. Suzanne Morris, chaplain at Homewood and Rev. David Coakley, her church pastor, officiating. Interment was in Linganore Cemetery, Unionville. In lieu of flowers, donations may be made to the Friends of the Thurmont Regional Library, c/o Child Service, 76 E. Moser Rd., Thurmont, MD 21788. Online condolences may be shared with the family at [www.hartzlerfuneralhome.com](http://www.hartzlerfuneralhome.com).



## Drop Your Change

Don't forget to drop your  
change to benefit area  
food banks.



# SCHOOL news

## Scribbler's Club Good at Finding Just the "Write" Word

James Rada, Jr.

They have a way with words. They are the Scribbler's Club at Mother Seton School in Emmitsburg. This group of third through fifth graders meets on Tuesdays to learn more about writing better and to share their stories.

Whether it is a story about sibling rivalry or a poem about Harry Potter, these young writers are anxious to try new ways to express themselves through the written word.

"This is creative outlet for these kids," says Club Advisor Lynn Tayler. "A lot of kids love to write, and they get to do that here."

She said that her goal is to have the young writers contribute at least one story to an end-of-the-year journal that will show off the best that the Scribbler's Club has to offer.

The club meets on Tuesdays after school in the library. They come in with journals filled with stories, poems, and ideas that they have been working on throughout the week.

"I like writing because it allows you to express your feelings," said Ella Lowry, a third grader.

The club is currently made up of approximately a dozen students.

Photo by James Rada, Jr.



Third through fifth grade students in the Scribbler's Club at Mother Seton School meet every Tuesday to share their stories and to express their ideas and creativity through writing.

About two thirds of them are girls, but the different writing interests are evenly spread among the group members.

Fourth-grader Beckett Taylor likes writing action and adventure

stories. "I like being able to write whatever stories I want and not just what I have to for school," he said.

Club Advisor Lynn Tayler and her co-advisor, Dianne Hoffman, introduce the students to new types of writing and have them experiment with them. It might be through writing prompts or worksheets with examples of different types of writing.

For Valentine's Day, the group experimented writing different types of poetry.

"It exercises my head," said Gray Grube, a third grader. "I like it."

The goal of the club is to encourage these young writers to not only engage their imaginations but to be able to express those ideas.

Fifth-grader Mia Furraro says that she has always loved to write. "I love to express how I feel through words and with my imagination, and I want to get better at it," she said.

## Mother Seton School Alumni Present Gift for Scholarship Fund

The Jack and Shirley Little Scholarship Fund at Mother Seton School (MSS) will help a few more families this year, thanks to the efforts of the Little Family. On December 15, 2014, Tony Little, Mary-Lou Little, and Jane Moore, presented MSS Principal Sr. Brenda Monahan, D.C. with a check for \$10,000 (the proceeds from the annual Angels Above Alumni Golf Tournament). The 2014 event was held on October 3 at the Mountain View Golf Club in Fairfield, Pennsylvania.

The tournament began as a promise made to their dying father that the Little siblings would do something to repay the generosity shown their parents when they sent their six children to MSS in the 1970s and 1980s. Tony, a graduate of MSS in 1978, followed through with that commitment and, with his siblings—Tim, Mary Lou, Pam, Scott, and Ed—launched the golf tournament as a means to raise money for the Jack and Shirley Little Scholarship Fund at Mother Seton School.

To date, the tournament has raised over \$60,000 for the fund and helped numerous families afford the cost of tuition to MSS.

"We want to continue to help Mother Seton School grow and thrive, and not have money be an issue (for families who wish to enroll their children)," Tony Little said.

"We are grateful to the Little Family for their generosity and continued commitment to Catholic education," said Monahan. "Mother Seton School helps students to integrate their faith into every aspect of life. Our students excel academically and have the opportunity to experience a diverse selection of extracurricular activities. Thanks to the support of the Little Family, we can meet the growing demand for financial assistance so that families can choose and remain in a Catholic School."

Tony Little remains humble about his and his siblings contributions. "None of us do this for recognition, only to keep mom and dad's dream alive. For that reason, we will continue our efforts to contribute to the scholarship fund."

The next Angels Above Alumni Golf Tournament will be held on October 2, 2015.

Courtesy Photo



The Little Family donated \$10,000 towards the Mother Seton School scholarship, named for their parents, Jack and Shirley Little. The donation came from proceeds from the annual Angels Above Golf Tournament that the family hosts. Pictured from left are Sr. Brenda Monahan, D.C. (Principal), Mary-Lou Little, Tony Little, and Jane Moore.

Send Us Your Good News to Share in *The Catoclin Banner!*

**MorningStar Family Church**  
[www.morningstarfc.org](http://www.morningstarfc.org)  
*"A Place to Call Home,  
 A Family to Call Your Own."*  
 14698 Albert Staub Rd.  
 Thurmont, MD 21788  
 301-271-3633 • 240-575-1718  
 Sunday AM Service: 10:45am  
 Children's Church: After Worship  
 Wednesday Bible Study: 7pm

**MELISSA M. WETZEL**  
 —CPA, P.C.  
 Certified Public Accountant  
**Individual & Business  
 Tax Returns Consulting  
 Payroll Services & Notary**  
**FREE ELECTRONIC FILING!**  
**301-447-3797**  
 301 West Main Street • P.O. Box 990  
 Emmitsburg, MD 21727 • 0990

**employmentplus**  
 Hiring for successful, local production plant in Thurmont, MD.  
 Sorters, Warehouse, Machine Operators, Audit Control Clerks, Mailroom Clerks & more!  
 Climate controlled facility, family oriented, competitive pay and long term opportunity makes this the perfect employer!  
[www.employmentplus.com](http://www.employmentplus.com)  
 Application website:  
<https://apply.employmentplus.com>  
 Or call us at:  
**301-271-5853**



## CHS Senior Wins First-Place Honors at Art Exhibition

Congratulations to Catoctin High School (CHS) senior Jacob Cool, who won first-place honors at a juried art exhibition at the Reginald F. Lewis Museum in Baltimore, Maryland. The theme of this year's exhibition: "The Flag and the American People: What Does it Mean to Me?"

The exhibition is partnered with the Maryland State Department of Education and Maryland State Education Association. The art work will be on display at the Reginald F. Lewis Museum through March 15, 2015.



Pictured from left are Jennifer Rogers and Jacob Cool.

## 2015 CHS Safe and Sane News

The Catoctin High School Committee for the 2015 Safe and Sane Graduation is winding down their fundraising activities for the year. They would like to thank everyone who has supported them in any way and invite you to join them for their remaining events.

Saturday, February 28 will be Safe & Sane Night at the Ott House Pub in Emmitsburg. The band, Sticktime, will be performing. There will be several drink specials, as well as a live auction at 11:00 p.m. Your \$5.00 donation at the door will benefit Safe & Sane.

On Friday, March 20, there will be a Barbeque Chicken Dinner at Catoctin High School, from 3:00-7:00 p.m. (dine-in or carry-out available). Tickets are \$10.00 each and include quarter chicken, baked beans, cole slaw, roll, drink, and dessert. Please contact Cindy Grimes for tickets or more information at cindy\_grimes@msn.com or 301-788-5354.

On Saturday, April 11, a Cornhole Tournament at the Thurmont American Legion, Pavilion Area, will be held. Registration begins at 9:00 a.m.; tournament begins at 10:00 a.m. Cost is \$30.00 per player and \$15.00 per spectator, and includes lunch, drinks, and snacks. Cash prizes awarded for first, second, and third place teams. Sponsors are also needed, and there are multiple sponsor packages that include custom-made and designed cornhole boards. Register by March 7 to receive a tournament T-shirt. Please contact Cheryl Phelan for more information at bochph@aol.com or 301-524-3106. Registration forms can be found online at [www.catoctinsafeandsane.com](http://www.catoctinsafeandsane.com).

A Golf Tournament at the Links of Gettysburg will be held on Saturday, May 2. Shotgun start at 1:00 p.m. Four-person scramble format. Please contact Lori Zentz for more information at lorizentz@gmail.com or 301-788-0990.

For a full listing of our current events, please "like" them on Facebook: Catoctin High Safe and Sane 2015 or visit their website at [www.catoctinsafeandsane.com](http://www.catoctinsafeandsane.com).

## Car Cruise Fundraiser in Memory of Jacob Loudon

Catoctin High School students, Mikey Clise and Rob Reaver, will hold a Fundraising Car Cruise in memory of senior, Jacob Loudon, who recently passed. Cruisers should meet at Catoctin High School at 11:00 a.m. on Saturday, March 28, 2015. The cruise will begin at noon, and travel towards Frederick.

Memorial decals will be sold for \$7.00 each, and there will be a donation box. Proceeds go to the Loudon Family. Please call Rob Reaver at 717-398-6276 with any questions or text 240-397-3806.

## Microsoft Certification

Congratulations to the following Microsoft Certification Training students who recently passed Microsoft Office Specialist international industry exams: MCT I students earning MOS certification in Excel 2010: Dylan Adelsberger\*, Corey Burke\*, Devin Cash\*, Austin Cramer, Logan Dinterman\*, Collin Edwards\*, Charles Estelle\*, Paige Fauble\*, Malia Grumblatt\*, Devon Hess\*, Avie Hopcraft\*, Emily Keller\*, Evan Keller\*, Courtney Kirby\*, Allison Larochelle\*, Kaylee Leib\*, Tiffany Lenhart\*, Hector Majano\*, Jacob Matthews\*, Georgia Michael\*, Macks Myers\*, Kylie Norwood\*, Noah Olson\*, Cole Payne\*, Michaela Persinger\*, Tyler Price\*, Gage Randall\*, Garrett Ridenour\*, Benjamin Seiss\*, Kimberly Shields\*, Maryori Silva\*, Derek Smith\*, Wilton Smith\*, Hayden Spalding\*, Edward Turner\*, Pearl Umberger\*, Rocky White\*, Kirsten Willhide\*, Marah Williams\*, Noah Wivell\*. (\*This student also earned MOS certification in Word 2010.)

MCT II students earning MOS certification in Access 2010: Kenyon Beeman\*, Colton Bennett\*, Christian Ford\*, Lachlan Ford\*, Kristen Fox\*, Garrett Gorka\*, Whitney Grim\*, Joseph Laamanen\*, Ryan Lookingbill\*, Cheyenne Norwood\*, Remington Oland\*, Harley Rubeck\*, Noah Stone\*, Randy Stull\*, Morgan Tracey\*, Mackenzie Weagley\*, Cortney Wright\*. (\*This student also earned MOS certification in PowerPoint 2010.)

MCT III students earning MOS certification in Expert Excel 2010: Brandon Hasselhoff\*, Molly Janc\*, Justin Study\*, Aaron Stull\*, Michaela Stull\*, Jansen Waltz\*. (\*This student also earned MOS certification in Expert Word 2010; #This student also earned an optional MOS certification in Outlook 2010.)

## Who Will Be 2015 Teacher of the Year?

Do you know a teacher who goes beyond what is expected? Is there a teacher who has made an impact on your life or your child's life? It's time to recognize these special teachers by nominating them for the Thurmont Lions Club Teacher of the Year Award. Anyone, including parents, students, and fellow teachers may nominate a teacher.

This award is open to full-time teachers, pre-K through grade 12, in the Catoctin feeder school system: Catoctin High, Thurmont Middle, Thurmont Primary and Elementary, Sabillasville Elementary, Lewistown Elementary, Emmitsburg Elementary, and Mother Seton School.

One finalist from each of the eight schools will be announced during a reception in April. The Teacher of the Year will be selected from these finalists by a committee of community leaders, and will be announced at the Thurmont Lions Club's Education Night on May 13, 2015. Nomination forms are available at [www.thurmontlionsclub.com](http://www.thurmontlionsclub.com) and at the Thurmont Regional Library. Nominations are due by Wednesday, March 25, 2015, at 5:00 p.m.

**KLs Home Improvement**  
LICENSED AND INSURED  
PA: 066653 • MHIC: 128283

Specializing in Additions, Decks,  
Repairs, Renovations &  
Restorations

Call us for a  
**FREE ESTIMATE**  
on your next  
home improvement!

Rocky Ridge, MD • 301-606-5815  
[klshomeimprovement.com](http://klshomeimprovement.com)

**Catoctin VETERINARY CLINIC**  
**301-271-0156**

Office Hours by Appointment:  
Mon/Thur 8-7  
Tues/Wed/Fri 8-5 • Sat 8-12  
Come see us at the Business Expo!

Like us on Facebook!

Jonathan Bramson, VMD  
Susan P. Keane, DVM  
Brooke Hoffman Ridinger, DVM

4 Paws Place, Thurmont, MD

**Are your pets protected?**  
With the warm weather on it's way -  
make sure your cat or dog is protected  
from Fleas, Ticks, and Heartworm this  
Spring and Summer!

**Can't remember to give your dog their pill?**  
ProHeart 6 Month preventative  
heartworm shot available!  
NexGard We also have chewable flea and  
tick preventative available.

[www.catoctinveterinaryclinic.com](http://www.catoctinveterinaryclinic.com)

**Marie's Beauty Salon**  
21 Meadow Lane • Thurmont

**301-271-4551**

**Senior Citizen  
Perms \$30**

Tue 1 - 8 p.m. • Thu 7 a.m. - 7 p.m.  
Fri 7 a.m. - 5 p.m. • Sat 7 a.m. - 1 p.m.

**Call 301-271-4551 for appointment.**  
Please leave message after 4 rings.



## Mother Seton School Students Recognized for “Responsibility”

Being accountable, doing your best, practicing self-control—these are some of the hallmarks of “Responsibility,” Mother Seton School’s Christian Character Trait for January.

The following students were recognized for exhibiting this commendable behavior: James Bassler, Catalina Caretti, Mya Harrington, and Lia Lowry (Pre-K); William Adams, Elizabeth Iferd, Callan Goodman, and Lane Koenig (Kindergarten); Camila Canadas-Fraga and Thien Y Pham (First grade); Chelsea Asiedu (Second grade); Lauren Hartwich and Caleb Staiger (Third grade); Nathan Kovalcik (Fourth grade); Matthew Knox and Taylor Reisinger (Fifth grade); Gavin Marshall (Sixth grade); Chloe Estrada and Brede Laug (Seventh grade); Elizabeth Buchheister and Fabiano Nogales (Eighth grade).

*Courtesy Photo*



Mother Seton School announces the recipients of the Christian Character Trait Award for January (from left): (front row) Catalina Caretti, James Bassler, Mya Harrington, Lia Lowry; (second row) Callan Goodman, Lauren Hartwich, Chelsea Asiedu, Camila Canadas-Fraga, Lane Koenig, Thien Y Pham; (third row) Elizabeth Iferd, Brede Laug, Caleb Staiger, Nathan Kovalcik, Chloe Estrada, William Adams; (back row) Gavin Marshall, Matthew Knox, Elizabeth Buchheister, Taylor Reisinger, Fabiana Nogales.

## FFA Happenings

*John Kempisty*

On Friday, February 13, 2015, the Catoctin FFA Chapter and Alumni held their annual hog butchering at Catoctin High School in Thurmont.

Members of the Catoctin FFA Alumni, the Catoctin FFA Chapter, and volunteers from Thurmont, Emmitsburg, and surrounding communities, came together for the annual tradition of butchering and processing the hogs. The members spent the day sectioning the hogs into ham, bacon, and other cuts, making and seasoning sausage, cooking and stirring scrapple over wood fires, and pressing crinklings.

At the end of the day, they butchered and processed eighteen hogs, yielding approximately 4,000

pounds of meat. The hog butchering is one of the biggest fundraisers for the Catoctin FFA Chapter, and is unique, as Catoctin is the only chapter that hosts an event of its kind in the state of Maryland, through FFA and the FFA Alumni.

The Catoctin FFA Chapter would like to thank the Catoctin FFA Alumni and everyone who volunteered for their support. There is a lot that goes into keeping this tradition alive every year, and we wouldn’t be able to do it without your help. Thanks also goes out to our many customers who place hundreds of orders every year, which support the Catoctin FFA Chapter and the Catoctin FFA Alumni.

## Mother Seton School Students Write Their Way to the Top in Patriot Pen Essay Contest

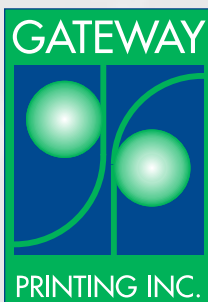
Three Middle School students from Mother Seton School received the top awards in the 2014-2015 Patriot Pen Essay Contest, which is sponsored by Veterans of Foreign Wars (VFW) Post 6658. Eighth grade student Amina Beasley took home first place, and will see her essay move on to the district competition. Receiving the second-place prize was eighth-grader Eilis McCormick, while eighth-grader Alexei Wood received third-place honors. The theme for this year’s essay contest was “Why I Appreciate America’s Veterans.”

The Patriot Pen is an annual nationwide essay contest sponsored by the national VFW. Middle School students are invited to submit an essay based on that year’s theme to their local VFW post. Post winners advance to the VFW District level, then onto the VFW Department level. The first-place winner at the Department level advances into the VFW National competition. The national prizes vary from \$500 for forty-sixth place to \$5,000 for first place.

*Courtesy Photo*



Students from Mother Seton School were awarded top prizes in the VFW Post 6658’s Patriot Pen Essay Contest (from left): Sharon Williams (President, VFW Post 6658 Ladies Auxiliary), Jane Gjerde (Patriotic Instructor, VFW Post 6658 Ladies Auxiliary), Amina Beasley (First Place), Eilis McCormick (Second Place), Alexei Wood (Third Place), Gwen Topper (Secretary, VFW Post 6658 Ladies Auxiliary), Gloria Bauerline (Chaplain, VFW Post 6658 Ladies Auxiliary), and Patrick Gjerde (USAF, Ret., Trustee, VFW Post 6658).



603 East Main Street  
Thurmont, MD 21788  
301.271.4685 Ph  
301.271.3634 Fx  
mail@gateprint.com  
www.gateprint.com

Gateway Printing, Inc. has been offering quality printing to the area since 1982. We specialize in providing printing and related communication services to individuals and companies through out the tri-state area. Gateway Printing provides a range of graphical services, including one to four color conventional printing, prepress, finishing, and direct mail.

**Call Us Today For Your Free Quote!**

Brochures	Wedding Invitations
Newsletters	Rubber Stamps
Books	Black & White Copies
Letterhead	Color Copies
Envelopes	Fax Service
Business Cards	Full Bindery Service
Flyers	Mailing Service
Labels	Graphic Design
Carbonless Forms	And So Much More!

*Full Service Commercial Printer*

**www.thecatocinbanner.com**

**Your Good News Community Newspaper**  
Serving Northern Frederick County, Maryland, Since 1995



## SPORTS news

### Catoctin-Ettes Host Twirling Extravaganza

The Catoctin-Ettes, Inc., recently hosted their annual year-end twirling extravaganza. Members of the organization performed dance-twirl style routines on stage for an audience of family and friends.

Highlights of the show included an awe-inspiring competitive pom pom number by the group's Jr. Pom Team, who captured the 2014 Regional and State Pom Team Championship titles. Members of this group include Abby Adams, Rachel Bechler, Alexis Bond, Kiara George, Shyanne George, Caitlyn Purdum, and Paula Jean Sharrer. The group was coached by Angela Ridenour.

Tiny Tots, Adelaide Flanary, Hannah Gonzales-Diaz, Emily and Lauren Holtzople, and Bethany Study performed a specialty group number to the fun song, "Simon Says."

In an exciting number combining many different levels of baton twirling with a ribbon stick performance, the group's juveniles and complimentary units brought enthusiasm to the evenings' activities. The girls in this number were Abby Adams, Rachel Bechler, Alexis Bond, Gracie Flanary, Kiara and Shyanne George, Tamour-Lin Nanan, Erika Oland, Greta Smith, and Amanda Study. Their musical selection was "Shake It Off."

The organization's most advanced twirlers exhibited a stunning performance with their routine to the music, "Rock and Roll All Night." Members of this group were Caitlyn Purdum, Kelly Reed, Angela Ridenour, Amber Rothhaupt, and Paula Jean Sharrer.

In addition to the group performances, several of the organization's twirlers performed amazing feats of baton twirling and juggling in individual and duet show-twirling numbers.

Following the entertainment portion of the show, the marching corps also presented awards for exceptional performance and attendance throughout the 2014 year.

The Catoctin-Ettes, Inc. is hosting its annual free baton-twirling course for beginner twirlers, ages five and up. The course began on February 17, and will be held on four consecutive Tuesday evenings at the Emmitsburg Elementary School. Classes run for 45 minutes in length; class time will vary according to age.

The course is absolutely free, with batons on loan for class time at no charge. During this course, basic twirling skills and marching are presented by experienced staff coaches of the marching organization. This introductory course is an excellent way to determine a child's interest in twirling with no financial outlay whatsoever.

For more information or registration, please contact the group's director, Donna Landsperger, at 301-271-4326 or email DONITO@aol.com.

### CHS Softball to Hold Crab Cake Dinner

The Catoctin High School (CHS) Softball Team will hold a Crab Cake Dinner Fundraiser on Friday, March 13, 2015, at the fire hall in Emmitsburg (25 West Main Street), from 4:00-7:00 p.m. Dinner includes two crab cakes (a Vigilant Hose Company specialty), baked potato, green beans, roll, drink, and your choice of a dessert. The cost is \$15.00 per dinner (eat in or carryout).

Purchase tickets from any softball player or call Coach Jess at 301-788-0976 or email at jessica.valentine@fcps.org to hold your tickets at the door.

All remaining tickets will be sold at the door until dinners are sold out.

**Now offering  
Truck Accessories!!**  
**MAIN STREET  
UPHOLSTERY**  
*Specializing In Custom Interiors*

Convertible Tops • Leather Seats  
Carpets • Headliners

**301.271.2298**  
**mainstreetuph.com**

**HOURS**  
Monday - Friday 8-5  
Saturday by appointment



**R.W. DONEY**  
WELDING AND FABRICATION



STEEL  
STAINLESS STEEL  
ALUMINUM

MOBILE WELDING REPAIR

**240-818-7874**  
SABILLASVILLE, MD

**www.bakertreeservices.com**  
**MD Tree Expert Lic. #904 • ISA Cert # MA-4258A**

**BAKER  
TREE SERVICES, INC.**  
Eric Baker - Owner





DISCOVER VISA MasterCard

**Thurmont, MD • 1.800.383.4595 • Licensed & Insured**

**thurmont  
thespians  
present**

**Hilarity reigns supreme when four nuns and a Jewish actor attempt to entertain on a cruise ship!**

**The Ecumenical Nunsense # 5**  
**\* MESHUGGAH Nuns!**



Written by  
DAN GOGGIN

All performances held at  
**Thurmont American  
Legion Auditorium**  
8 Park Lane  
Thurmont, MD

For Reservations:  
**301-271-7613**

Like us on Facebook:  
**www.facebook.com/  
ThurmontThespians**

**March 20, 21, 27, & 28**  
7:30 P.M. Show Time

**March 22 & 29**  
2:00 P.M. Show Time  
**\$15 per person**

**Dinner Theater March 28**  
6:00 P.M. Show Time  
**\$35 per person**  
(Dinner and show included)

**Your Hassle - Free Local Home Buying Team**



**SHANK & ASSOCIATES**  
REALTY  
PROPERTY SALES & MANAGEMENT

**Rich Shank**  
Broker/Owner  
Licenced in MD & PA  
**www.shankhomes.com**

**60 Water St., Thurmont, MD**  
301.271.1122 (O)  
301.471.2953 (C)  
240.696.4507 (F)





## The Last Supper Presentation by Rabbi Ted Simon

Rabbi Ted Simon will be explaining the Jewish roots of the Last Supper as part of a Lenten program at Harriet Chapel, Catoctin Episcopal Parish, located at 12625 Catoctin Furnace Road (Rte. 806), just south of Thurmont, on March 25, 2015, at 7:00 p.m.

In a phone interview, Rabbi Simon enthusiastically explained that this presentation is helpful for Christians, Jews, or anyone with questions about the connection between Jewish scriptures and traditions and Christian beliefs and traditions. Rabbi Simon is a Messianic Jew, which means he believes Jesus is the Messiah for all people. Rabbi Simon co-hosts a daily radio show and shares his beliefs through talks and by hosting Seder meals around the country. His energetic presentation makes the Last Supper come alive, as he explains what Jesus' Jewish followers would have understood when Jesus took up a cup of wine after supper and shared unleavened bread. As Rabbi Simon talks the Seder meal will be demonstrated with samples of Passover foods available to guests. Rabbi Simon welcomes questions and would like to invite those who have no experience with either the Jewish or Christian faith to take part. A free-will offering will be taken up to defray Rabbi Simon's expenses.

## Thurmont Ministerium to Sponsor Community Lenten Services

The Thurmont Ministerium will hold its annual Community Lenten services at area churches during the season of Lent. This year's theme is "Earth, Wind, Fire and Water – A Lenten Journey."

The services will be held on Mondays in Lent at 7:00 p.m. as follows: March 2—St. John's Evangelical Lutheran, 15 North Church Street, Thurmont; March 9—Our Lady of Mt. Carmel, Parish Center, 103 North Church, Thurmont; March 16—Harriet Chapel, 12625 Catoctin Furnace Road, Thurmont; March 23—United Church of the Brethren, 14 Altamont Avenue, Thurmont.

St. Paul's Evangelical Lutheran Church, located at 10625 Old Frederick Road in Utica, served as host church for the first service on February 23, 2015. The guest speaker and preacher was Rev. Suzanne Morris, Chaplain of Homewood at Crumland Farms.

To conclude the series, everyone is invited to experience a Seder Meal at Harriet Chapel (12625 Catoctin Furnace Road in Thurmont) on Wednesday, March 25, 2015, at 7:00 p.m. All services are open to all. Free-will offerings for the work of the Thurmont Ministerium will be received at each service. For additional information, please call 301-271-2379, or contact the host church directly.



## Take Us Along!

*Traveling somewhere interesting or maybe just going on a day trip?*

Take *The Catoctin Banner* along with you! Have someone take a photo of you holding *The Catoctin Banner*, and you could be included in our next issue. Email your photo, along with the details of where you traveled, name(s) of person(s) pictured, and any details you would like to add, to [news@thecatocinbanner.com](mailto:news@thecatocinbanner.com).

—The Catoctin Banner staff

**RODDY CREEK AUTOMOTIVE**  
**AUTO SERVICE & SALES**  
**STORAGE UNITS • UHAUL RENTALS**

**2003 CHEVY TRAILBLAZER**

**VISIT US TODAY!**

**1998 GMC SAFARI**

- Highly experienced, ASE Certified Mechanics
- Full Service Repairs - including Oil Changes, Fluid Flushes, Mount Balance/Rotate Tires, Alignments, Brakes, etc.
- Competitive labor rates & great customer service!
- Authorized Uhaul Dealer

**March Deal**

**SPRING INTO SPRING OFF**

**SHOCKS & SPRINGS REPAIR**

Expires: 3/31/15

OPEN MON-FRI 8:30AM-5:30PM & SAT 9AM - 1 PM MUST MENTION THE AD TO RECEIVE DISCOUNT

**WALK-INS WELCOME!**

**240-288-8320**

**WE ARE LOCATED ACROSS FROM GATEWAY CANDYLAND ON RTE. 15 7702 RODDY CREEK RD • THURMONT**

[www.RoddyCreekAuto.com](http://www.RoddyCreekAuto.com)

**MOTHER SETON SCHOOL**  
CELEBRATING CHRISTIAN CHARACTER

*MSS students demonstrate*

### Trustworthiness

- Practice honesty
- Don't cheat or deceive
- Demonstrate reliability
- Show courage to do the right thing

*Come by and visit us! There's no need to pre-register.*

**Take-a-Tour**  
**Tuesday**  
**March 10**  
 10 a.m. - 1 p.m.  
 & 4:30 - 6:30 p.m.

**Did You Know?**

**We welcome students of all faiths!**

*More than a quarter of our families belong to a faith other than Catholic.*

PreK-Grade 8 • Academic Excellence • Catholic Values  
 Bus Accessibility • After-School Activities • After-Care

**MOTHER SETON SCHOOL**  
 301.447.3161  
 100 Creamery Rd. Emmitsburg, MD  
[MotherSetonSchool.org](http://MotherSetonSchool.org)

**THE TAISEY AGENCY LLC**

*A Maryland Investigation & Security Agency*

Maryland License 106-4176

**Specializing in Event Security**

**Fairs \* Festivals \* Concerts \* Weddings \* Private Events**

*Armed/Unarmed Security Officers Uniform/Plain-Clothes*

**800-835-1470**

[www.thetaiseyagency.com](http://www.thetaiseyagency.com)      email: [theagency1@comcast.net](mailto:theagency1@comcast.net)



# fitness matters

by George Puvel, Anytime Fitness Owner



## Expert Answers to Your Health and Wellness Questions

**Question:** Is sweating any indication of how hard I'm working out?

**Answer:** How much you sweat depends on the type of workout and training goal, rather than how hard you're working out. For example, power lifters who train hard and lift heavy need ample rest in between sets and, typically, do not sweat as much as someone moving through an eight-station circuit with little to no rest in-between each exercise.

Both types of workouts are challenging, but the amount of sweat you produce will be very different. Your environmental surroundings can also influence how much you'll sweat. Cooler temperatures or working out in an air-conditioned room will result

in less sweating, while a warmer room, such as a hot yoga studio, will result in the opposite. Keep in mind that sweating is your body's way of cooling itself. Some people are simply more efficient at this than others, thus more sweat! Instead of measuring your sweat to see if you're working hard enough, try using the "talk test" (if you're working hard it should be tough to talk), a heart rate monitor (an indicator of how hard your heart is working), or measure your workload (wattage, mileage, Mets).

**Question:** Since retirement, I have more time on my hands and want to devote a few days a week to working out. But, I've never worked out before. Can you give me some advice to help me get started, so I do not injure myself?

**Answer:** One of the easiest ways to avoid injury when beginning a fitness program is to, first, get clearance from your physician.

It's important, especially if you have been sedentary, to know what you can do based on your current health, age, and overall physical condition.

Next, once you find an activity that you enjoy, make sure to take time to warm up properly to help lubricate joints and slowly increase the demand on the heart and lungs for more intense exercise. If it's cardio you're doing, begin slowly and then increase the speed. If it's a weight workout, lighter weight and smaller range of motion will be appropriate for the warm up.

As well, you'll want to progress slowly with your exercise goals, as the risk of injury is higher when

*To submit a question for future articles, please contact the author at [ThurmontMD@anytimefitness.com](mailto:ThurmontMD@anytimefitness.com).*

you do too much, too soon, too fast.

Remember, fitness is a life-long journey! Lastly, stay hydrated. Proper hydration helps to regulate heart rate and core temperature, as well as replenish lost fluids from exercise.

## We Invite You to Share Your Good News!

- [news@thecatocinbanner.com](mailto:news@thecatocinbanner.com) •
- Message Line 240-288-0108 •
- Fax 301-447-2946 •

Patronize the Advertisers in *The Catoctin Banner*!

Get to a healthier place.

## UNLIMITED DAILY CLASSES

### INCLUDED IN YOUR MEMBERSHIP

in our newly **EXPANDED & RENOVATED** club!

**ZUMBA**  
**Butts + Guts**

**HIGH Intensity INTERVAL CLASS**

**Pilates**

**Yoga**

**Come FREE for 7 days!**

Always open

Welcoming environment

Friendly support

130 Frederick Road  
Thurmont, MD 21788  
301.271.0077  
[anytimefitness.com](http://anytimefitness.com)

**ANYTIME FITNESS**

# Main Street Groomers

*Looking their best is our business!*  
*Judy Cochran, Owner*

**5 Convenient Locations!** **All Breeds Welcome!**

**Friendly Service & Caring Staff**

**Full Service Grooming & Doggie Salon**  
**Doggie Dental Care • Nail Trimming**  
**Flea Baths • Full Grooming Available**

**Now Grooming Cats! Set Up Your Appointment Today!!**

**New Location!**

405 W Main Street Middletown, MD 301-371-6501	52 E. Baltimore Street Taneytown, MD 301-271-0568	321 West Main Street Emmitsburg, MD 301-447-3100
129 E. Main Street Thurmont, MD 301-271-0568	17 W. Frederick Street Walkersville, MD 301-845-6888	

**Open Tuesday Thru Saturday at 8:30 a.m.**

*\*By Appointment Only\* Walk-Ins Accepted for Nail Trims.*



# the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

Fresh vegetables and fruits are definitely the way to go! However, sometimes, time is rushed, so ready frozen meals show up on the dinner table. With an increasing number of working couples trying to fit in daily chores, work, project deadlines, and children's activities, there seems hardly enough time in the day for cooking. This is the time when frozen meals come in handy, such as pizza, burgers, entrees, and the like.

Taking a stroll down the frozen food aisle, you'll find many choices, ranging from comfort food to Italian and Asian fare. The selections will satisfy your taste buds, whether you like chicken, beef, seafood, or a vegetarian meal. The downfall of frozen entrees is that you need to really watch out for the additives.

Nutritionally, how do frozen meals stack up against homemade cooking?

Processed foods, such as frozen dinners, are generally higher in sodium. Check out the sodium content and beware of the calories. Usually, frozen meals made with whole grains, lean proteins, and vegetables are more moderate in sodium and calories. By doing some careful reading, you can opt for one

of these convenient meals without the guilt trip.

Here are a few tips to help you when choosing a frozen nutritional meal.

Choose those with at least eight grams of protein and four grams of fiber.

Increase the contents by adding your favorite vegetable. Yours truly always adds steamed veggies to help lower the sodium taste.

Add some fruit to round out your meal. The fiber and protein will also keep you feeling full longer and boost your nutrient intake.

Be sure to check the fine print. Processed foods can also have added saturated fat. Preferably, choose meals with no more than 600 milligrams of sodium and 4 grams of saturated fat. Also, try to avoid frozen meals with any kind of cheese sauce. These meals are high in calories and saturated fat.

Occasionally serving a frozen dinner in today's busy world may be a little more acceptable than in years past. But, remember the guidelines.

Of course, nutritionally, homemade cooking is the best! You can determine the additives. Cooking with nutrition is the way to healthiness!

## Overeaters Anonymous Meetings in Emmitsburg

Do you deal with compulsive overeating, binge eating or other eating disorders? It may be time to try something new. Overeaters Anonymous (OA) meets every Wednesday at 6:30 p.m. at the Elias Lutheran Church, 100 W. North Avenue in Emmitsburg. Meetings are held in the Pastor's Office.

OA is not just about weight loss, weight gain, maintenance, obesity or diets. It addresses your overall physical, emotional, and spiritual well-being. This is not a religious organization and does not promote any particular diet.

There are no membership fees or dues, but is self-supporting through member contributions. OA's primary goal is to help members abstain from compulsive eating and to carry this message to recovery, and to those who still suffer.

They welcome everyone who wants to stop eating compulsively. Together, they can accomplish your goals. For additional information or directions, contact Janise at 717-253-7787 or the Regional Office at 301-694-3554.



**BLUE RIDGE SPORTSMEN'S ASSOCIATION**  
3009 WAYNESBORO PIKE • FAIRFIELD PA 17320  
717-794-5404 • WWW.BRSPORTSMENSCOM.IPAGE.COM

**March Event List**

- 1<sup>st</sup> - Cash Bingo \$25.00 Doors open at 11:30, EB starts at 12:45, Bingo starts at 1:00.
- 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> - Bar Bingo starts 7<sup>PM</sup>
- 7<sup>th</sup> & 21<sup>st</sup> - Wagner Shoot - Call 717-398-7492.  
8:30 registration, 10:00 Start
- 14<sup>th</sup> & 28<sup>th</sup> - Meat Shoot - Call 717-398-7492.  
8:30 Registration, 10:00 Start
- 15<sup>th</sup> - 3D Archery Shoot Registration 8-11 AM
- 21<sup>st</sup> - Steak & Shrimp Feed, 4-7 PM
- 27<sup>th</sup> - Meat Raffle & Buffet
- 28<sup>th</sup> - Hunter Safety Course

Registration link to [pgc.state.pa.us](http://pgc.state.pa.us)

**Hall, Barn & Pavilion rentals available.**



**CROUSE FORD OF TANEYTOWN**  
Since 1941  
Always Worth the Drive  
[www.crouseford.com](http://www.crouseford.com)


11 Antrim Blvd.  
Rt. 140 Taneytown

410-756-6655  
Toll Free 1-888-209-5389

Showroom Hours  
Mon-Fri 9-5, Sat 9-4

**BUILT Ford TOUGH**

 <b>\$45,500</b> '13 Chevy 3500 LT Crew 4x4	 <b>\$23,695</b> '14 Ford Escape SE 4x4	2.0L 4 Cylinder Engine, Moon Roof, SYNC, Alloy Wheels, Keyless Entry, Back Up Camera, Rear Defroster, 17k Miles
 <b>\$21,895</b> '11 Ford Flex SEL	 <b>\$30,900</b> '12 F150 Toyota FJ Cruiser	4.0L V6, Running Boards, Roof Rack, Parking Sensor, Traction Control, 21k Miles
 <b>\$39,595</b> '09 Chevy F150 3500HD LTZ 4x4	 <b>\$16,495</b> '12 Mustang Convertible	3.7L V6, 6 speed manual, Leather Interior, Sync, Black lower tape stripe, rear spoiler, heated seats
 <b>\$18,495</b> '12 Ford Fusion SEL	 <b>\$55,995</b> '13 Mustang Shelby GT500	5.8L V8, 6 speed manual, leather interior, sync, navigation, Recaro Seats, spoiler, white racing stripes, 7k miles
 <b>\$21,695</b> '12 Lincoln MKZ	 <b>\$20,995</b> '14 Honda Civic Si Navi Coupe	2.4L DOHC, 6 speed manual, Moon Roof, HD XM, Navigation, Rear spoiler, Push button start, lane watch, rearview camera, 2k Miles



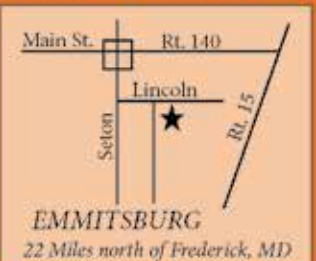
**THE EMMITSBURG ANTIQUE MALL**

in the heart of historic Emmitsburg, Maryland

Open Daily 10 a.m. - 5 p.m.

**Over 120 Booths**


**301-447-6471**



EMMITSBURG  
22 Miles north of Frederick, MD

Over 34,000 square feet displaying antique furniture, linens and quilts, primitives, glassware and china, toys, tools, collectibles and more.

Carpeted • Air Conditioned  
Ample Free Parking  
Buses Welcome





by Chris O'Connor



## mountain talk

### A Sketch of An Artist

Artists are visual historians with the ability to record, enhance, or influence the human condition with a variety of media—paints, charcoal, pencil, pen, ink—on a variety of surfaces, from cave walls to homes to houses of worship to the polished corridors of galleries all over the globe. Steve Burdette is one of those artists.

The artist who greeted me from his front porch the day of my visit was an affable guy, making me laugh within moments of meeting, and quite often throughout our meeting, as he recounted many anecdotes. He was introspective, too; at junctures in our conversation, he yielded to a more serious tone while commiserating about current events.

As I was going through his prints, he took time to explain the painting techniques he had used in one piece or another. He even waxed poetic about his granddaughter's use of color when they spend time together painting in his workspace.

Originally hailing from the rolling farm country of Damascus, Maryland, Steve Burdette spent his formative years instilled with a sense of wonder and appreciation of nature—the outdoors and architecture reflected in his art.

Steve and his wife Kathy have three adult children, two grandchildren, and a grandchild on the way. He and Kathy reside in Blue Ridge Summit, Pennsylvania. Steve remains a working artist, with an extensive and varied portfolio of oils and watercolors and other media. Many works in progress rest around his home studio.

A painting I'm looking forward to seeing upon its completion is of Steve's mom in her garden. He credits her for recognizing his artistic nature when he was just a child, and saving money earned from babysitting to pay Charles Jones, a Damascus, Maryland, art instructor, under whom Steve studied for fourteen years.

The body of Steve's work has something for everyone. There are landscapes and architecture, including a multitude of barns and rural outbuildings. There are tractors, and my personal favorites: the florals and the paper birch trees and creeks in all seasons.

Some of Steve's most evocative works are renderings of his vision of the Battle of Monterey Pass in Blue Ridge Summit. It occurred as the Confederate soldiers were in retreat, following the Battle of Gettysburg.

I first saw prints of Steve's works, including the Battle of Monterey Pass, at the Martin House Bed and Breakfast, although he has had exhibits at venues such as the Weinberg Center for the Arts in Frederick, Maryland. Lynn and Duke Martin, owners of Martin House Bed and Breakfast, proudly display and market prints of Steve's art at their Bed and Breakfast. After seeing Steve's art, I was truly looking forward to meeting the artist who exhibited such a wide range of skill, style, and creativity.

For the Battle of Monterey Pass, Steve spent hours on the old Maria Furnace Road that runs into the forest behind the new museum at Monterey Pass Battlefield Park. He imagined the wagon train of defeated Confederates, many already mortally wounded during battle at Gettysburg, sustaining an attack by Union soldiers. He envisioned the darkness, lightening, thunder, and blinding rain. In his mind's eye, Steve saw that horrible night and painted what he imagined.

Generally, the artistic process for Steve may be the stereotypical one of an artist setting up outdoors and, weather permitting, sketching or painting away. But Steve often asks his wife Kathy, a talented photographer in her own right, to snap scenes or subjects he wants to paint that she later downloads onto the computer. He then sketches the image from the screen and later paints from his sketch.

Steve has enjoyed the support and encouragement of his wife, Kathy, and their three adult children.

At one time, they also had a gallery at Tracey's Corner in Blue Ridge Summit that they decided to close during the nation's economic downturn. It may have been a blessing in disguise, actually benefiting Steve's creativity and, ultimately, all who love and appreciate his art. He believes an artist may overlook a beautiful subject because it may not "sell," and considers that the demise of art.

As the gallery doors drifted to a close, Steve felt his joy of creativity revived and renewed. He felt free to paint subjects that made him happy, rather than subjects he felt compelled to paint to fulfill market demands.

This artist wears yet another other hat, or two.

Steve grew up a firearms enthusiast with his brother, but he put up his guns to gather cobwebs after his brother passed away. But one day Steve decided to remember the years of gun training he had enjoyed with his brother, and chose to carry on their shared legacy and bond, forged in guns and marksmanship. Steve and Kathy joined a gun club, where they can utilize the shooting range; Steve often forays into the deep woods to shoot targets, while stealthily trekking through the timber.

He tells of being "unfriended" on social media by some that are averse to his gun totin' ways. But what an image: a guy in full camo, armed with a 30.06 rifle, juxtaposed to the same man who can paint a soft pink apple blossom in watercolors, or capture the facets of sparkling freshly fallen snow on the forest floor.

Last but not least, the artist and marksman is also a man of deep faith. Steve Burdette is a pastor of a non-denominational church, conducting Sunday service at his and Kathy's home. He also frequently visits other churches to share his ministry.



Pictured is artist Steve Burdette.

He is the proverbial "man for all seasons," a man of faith who treasures his wife and family, and the great outdoors that has inspired his art.

Steve's art will be showcased at the Mountaintop Community Spring Fair on Saturday, March 21, 2015, at Blue Ridge Summit Fire Hall in Blue Ridge Summit, from 9:00 a.m.-3:00 p.m.

• Full Color •  
Affordable • Effective  
[ads@thecatocinbanner.com](mailto:ads@thecatocinbanner.com)

**Fort Ritchie COMMUNITY CENTER**

**Bus Fishing Series 2015**  
Sponsored by Cobblestone Hotel & Suites

**SATURDAY, MARCH 28 • 10AM-3PM**  
**SATURDAY, APRIL 11 • 9AM-2PM**  
**SUNDAY, MAY 24 • 7AM-12PM**

**CHAMPIONSHIP**  
**SATURDAY, JUNE 20**  
Event winners qualify for Championship  
Must be 18 or older for Championship

**PER EVENT**  
**\$15 YOUTH • \$35 ADULT**

**REGISTER FOR ALL 3 EVENTS BY MARCH 6:**  
**\$35 YOUTH • \$85 ADULT**

**Grand Opening of "The Fortress" March 14th**  
The new strength & conditioning area featuring York Barbells & Dumbbells.

**301-241-5085**  
14421 Lake Royer Drive, Cascade MD  
For more information: [www.thefrc.org](http://www.thefrc.org)

**Prefer German speaking**  
writing, computer specialist,  
writer, drives,  
photographer, singer  
\$15 an hour, Saturdays  
410-746-3349 or 717-637-3574  
Lewis, P.O. Box 104  
Glenville, PA 17329



# Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com). Let your creativity shine.

## Call for Artisits in Frederick County

Heartly House, which serves victims and survivors of domestic violence, sexual assault, and child abuse in Frederick County, is hosting a fundraiser and major community event on Thursday, May 7, 2015, titled "Affair of the Heart." The theme of this year's annual event is "The HeArt of Heartly House: New Beginnings," and the program will include both silent and live auctions of artwork inspired by this theme.

Heartly House, in association with the Frederick Arts Council, is soliciting art from county residents, reflecting and inspired by this year's theme. They are asking all artists to use "found items" as the focal point of their pieces to illustrate the idea of the "new life" and "new beginnings" that the clients of Heartly House receive as the result of their life-saving services.

There is no financial compensation for artists; however, each artist will be recognized for his/her contribution in advance of the event on Heartly House and Frederick Arts Council websites and in marketing materials, as well as at the event. Artists will know that they are supporting an extraordinarily important and effective charitable organization in their community, as well as providing art to people who care deeply about Heartly House and its mission.

Specifically, pieces of art are being sought in three categories: Print (paint, drawing, photography and the like); 3-Dimensional (sculpture, pottery, textile/fabric, mosaic, mixed media and the like); and Jewelry. Please note that all print art needs to be framed, as framed work is much more marketable to auction buyers. As mentioned, "found items" (rather than new materials) should be the focal point of each piece.

If you have an interest and willingness to contribute one or more pieces of art to this event, applications needs to be completed and received no later than Friday, March 6. Artists selected to participate will be notified on Friday, March 13, and then they will have until Friday, April 10, to complete and submit their works of art for auction. All questions regarding artwork should be directed to: Stephen R. Parnes, Acting Executive Director, Frederick Arts Council, 11 West Patrick Street, Suite 201, Frederick, MD 21701; 301-662-4190; [sparnes@frederickartscouncil.org](mailto:sparnes@frederickartscouncil.org).

## Prayer From The Apocalypse

 by Francis Smith

Thrice blest art Thou,  
Lord God Almighty!  
Holy hast Thou ever been  
Holy art Thou now  
Holy shalt Thou ever be  
Now and forever more!  
Holy art Thou and worthy  
Receive all glory and honor  
Power and might.

Thou hast brought all creatures  
Into being  
By Thy hands and  
In obedience to Thy Will.  
Blessed art Thou and worthy:  
Take the Book of Life  
And break its seals.  
By Thy death and  
With Thy Blood

hast Thou redeemed us  
and presented us to our God  
from every tribe and tongue and territory;  
a royal priesthood hast Thou made of us  
to serve our God and  
place the  
whole world at His feet.  
Yes, blessed art Thou and worthy:  
receive all power and might  
wisdom and strength  
honor and glory and benediction.  
Thou wast bruised for our offenses,  
Thou was slain to stay our sins.  
To the Lord upon His throne,  
To the Lamb of God,  
All praise and honor  
Glory and thanksgiving  
Now and forevermore.  
Amen.

## Other Voices Theatre

Other Voices Theatre presents the beloved classic *The Wizard of Oz*, from February 27 through March 8, 2015. One of the munchkins that Dorothy will meet over the rainbow is five-year-old Max Owens, who is in Kindergarten at Lewistown Elementary School in Thurmont. Max has been seen on the Weather Channel, Lifetime, ID Channel, and in industrial films and advertisements.

Performances of *The Wizard of Oz* are February 27-28 and March 6-7 at 8:00 p.m.; and March 1 and 8 at 2:00 p.m. Performances are held at The Performing Arts Factory on S. Jefferson Street in Frederick, Maryland.

Call 301-662-3722 for tickets (\$15.00 for students and seniors; \$18.00 for adults). Group rates available. Visit their website at [www.OtherVoicesTheatre.org](http://www.OtherVoicesTheatre.org).

“The arts are not a way to make a living. They are a very human way of making life more bearable. Practicing an art, no matter how well or badly, is a way to make your soul grow, for heaven's sake. Sing in the shower. Dance to the radio. Tell stories. Write a poem to a friend, even a lousy poem. Do it as well as you possibly can. You will get an enormous reward. You will have created something.”

~ Kurt Vonnegut, *A Man Without a Country*



EMMITSBURG, MARYLAND

**Celebrate St. Patty's Day at the Ott House!**

Grab a "Green Beer" with us on our favorite Irish Holiday!

**Monday is Wing Night!**  
1/2 Priced Wings - A variety of flavors for everyone!

**Wednesday is Trivia Night!**  
Starting at 8 p.m.

**Entertainment Schedule**

March 6th-7th - Redline  
March 13th: Carl Hupp  
March 14th: TBA  
March 20th-21st: The Karma Sharkz  
March 28th-29th: TBA

**Fridays and Saturday Nights**  
Serving the best Prime Rib in Town!

Visit us at the Square of Emmitsburg!

**301-447-2625**

5 West Main St. Emmitsburg Maryland



## MOVING SALE & FLEA MARKET

### !! INDOOR SALE !!

**Every Saturday**  
**9:00 AM - 2:00 PM**  
**Cozy Inn**

**Collectibles - Antiques**  
**Office Supplies**

Equipment, Chairs, Tables, Pictures

**Appliances**

Handy Man Equipment & Supplies

Camp David & Cozy Souvenirs

Stained & Etched Glass

Christmas Decorations

Post Office Boxes & Hutches

Assortment of Unique S & P Shakers

### SHOW STOPPER AUTO DONUT FRYER

Great Money Maker • Festivals & Shows

**Cozy: 301-524-8141**  
**103 Frederick Road • Thurmont, MD**

**THURMONT**

# Country Kitchen

**RESTAURANT**  
17 Water Street • Thurmont, MD  
**301-271-4071**

## Weekly Specials

*Sunday*  
Buy (1) Broasted chicken dinner at full price get the second Broasted chicken dinner 1/2 off available 4-8pm

*Monday*  
Kid's night all kids meals \$1.99 with the purchase of an adult meal (limit 3 kids per paying adult) available 4-8pm

*Tuesday*  
Military appreciation day present your ID & receive 10% discount

*Wednesday*  
All You Can Eat Breaded Shrimp and fries includes salad bar, and soup \$16.99 per person

*Thursday*  
Senior Citizen Day 10% discount

**Hours:**  
Mon.-Wed. 6AM-8PM & Thur.-Sat. 6AM-9PM  
Sunday 7AM-8PM

Try our new Crab Pretzels and Potato Skins with Bacon and Cheddar Cheese!


They're Amazing!

*Saturday March 28<sup>th</sup>*  
*& Saturday April 4<sup>th</sup>*  
**9AM - 12PM**

Have Breakfast with the Easter Bunny & have a chance to win something from our prize egg basket!



# TAHITI SUN



Have a safe & happy  
St. Patrick's Day!

## NATURE'S COSMETIC

**\$59.00 ONE MONTH UNLIMITED**  
REGULARLY PRICED \$72.00  
Expires: 3/31/15

101 Silo Hill Road  
Emmitsburg, MD  
**301-447-6882**

[www.TaylorSellsMaryland.com](http://www.TaylorSellsMaryland.com)

<p><b>JUST REDUCED</b></p>  <p><b>\$276,000</b></p> <p>14512 Roddy Rd - Thurmont - 3 bedroom &amp; 3 bath home sitting on a beautiful 1.9ac lot!</p>	<p><b>UNDER CONTRACT</b></p>  <p><b>\$179,900</b></p> <p>25333 Highfield Rd. - Cascade - 3 bedroom &amp; 1 bath 1,700+sqft home on almost 1 acre!</p>	<p><b>NEW LISTING</b></p>  <p><b>\$237,500</b></p> <p>6 Colliery Dr - Thurmont - 3 bedroom rancher with an open layout &amp; a fenced yard!</p>	<p><b>NEW LISTING</b></p>  <p><b>\$549,000</b></p> <p>9141 Longs Mill Road - Rocky Ridge - Spacious split foyer on 5.25ac with a 2-stall barn a run-in and several fenced pastures. An in-ground pool perfect for entertaining and complete with beautiful farm views.</p>	<p><b>NEW LISTING</b></p>  <p><b>\$598,000</b></p> <p>24240 Hipsley Mill Rd - Laytonsville - Well maintained 4bd &amp; 2.5 ba colonial on 2 acres with beautiful farm views just outside of Gaithersburg!</p>
<p><b>NEW LISTING</b></p>  <p><b>\$155,000</b></p> <p>8202 Apples Church Rd. - Thurmont - Level lot with beautiful mountain views. Perc approved and a well in place. Build your dream home! Reforestation fees already paid!</p>	<p><b>NEW LISTING</b></p>  <p><b>\$135,000</b></p> <p>5041 Fox Tower Rd - Smithsburg - Build your dream house on this wooded 5.83ac lot! Perc'd and well installed.</p>	<p><b>Open House</b> <b>March 8<sup>th</sup> 1-4PM</b></p>		

Taylor Huffman  
Realtor, SFR  
Taylor@LNF.com  
**M (240) 315 - 8133 • O (301) 694-8000**



**Long & Foster Real Estate, Inc.**  
5301 Buckeystown Pike • Frederick, MD 21704  
Giving each and every client 120% - everytime.



# happily ever after



## Scenes From A Marriage

by Valerie Nusbaum

I've known and observed a lot of couples who have been married for a long time, and it appears to me that the longer a couple is together, the more they begin to think and act alike. That's certainly true for Randy and me. It's surprising how often we look at each other and utter the same thought. Sometimes we don't speak at all. We can tell by a look or a raised eyebrow what the other is thinking. I'm not sure if this is a good thing or a bad thing. Maybe it's just what happens when two people live together for years.

Some couples complement each other like Yin and Yang. We knew we were perfect for each other the first time we ate broccoli together. I only eat the florets and Randy only eats the stalks. There's no waste at our house! Thankfully, I haven't adopted my hubby's other odd eating habits. Did I ever mention that he puts gravy on macaroni and cheese? Or spaghetti sauce on Brussels sprouts?

Marriage changes people both physically and mentally. We've each

changed a lot from our single days. Before we got married, Randy had horrible sinus and allergy problems. I, on the other hand, had nary a sniffle. I used to be smart. I'm talking high school valedictorian and 4.0 GPA in college smart. Now, he's the one making all A's in graduate school, and I'm the one with the runny nose.

Married couples do things they wouldn't ordinarily do in order to find common ground.

I've been to three NASCAR races. I bought the tickets and took Randy to see The Who because they're his favorite band. I've cooked for hundreds of picnics and dinners, gone to football and baseball games, and clocked a million miles on road trips. Not to mention all the movies and television shows I've watched with Randy because he enjoys them. Truthfully, I've enjoyed most of it right along with him. I like seeing him have a good time.

Randy has taken me to a lot of concerts, too. I had great times, but he seemed to enjoy them more. He

made a friend named Sarge at the Barry Manilow concert and danced with him. He disappeared during the Cher concert, and I saw him on the Jumbotron dancing with the lady who ushered us to our seats. I was eating a giant boat of nachos so I didn't care. Randy did "The Locomotion" with Little Eva, and sang and danced to "YMCA" with the original Village People. He was moving and grooving along with The Temptations, too, but one of them stopped singing long enough to tell Randy to sit down because he was throwing off their rhythm.

Also under the heading of "Things We Do for Love," Randy met Richard Simmons. My friend, Roxann Welch, and I were keeping in shape by working out to Richard's exercise videos (this was back when dinosaurs roamed the earth, ok?), and when we found out that Mr. Simmons was doing a personal appearance at a local mall, we decided to go. Randy went along with us. Richard really seemed to like Randy. I have pictures.

Randy has taken me to see the circus more times than I can count, and he always holds my hand when the clowns come out. I love the aerial acts, but I'm terrified of clowns.

Married people learn to pick their battles. Some things aren't worth fighting about. I remember a yard sale we held a while back. Randy made some signs advertising it, but he didn't put our address on them—just arrows pointing in different directions. No one came. I made him go back downtown and put our address on the signs. He did, and a car pulled up right away. He said "Don't even say it." I held my

tongue, but I gave him the look and lifted my eyebrow.

Even after a lot of years of marriage, spouses can still surprise each other. I was doing the laundry in the basement. I complained to myself—as I do often about so many things—that there just wasn't enough light for me to see what I was doing. Randy was at his workbench fiddling with something, and I assumed he wasn't paying attention to me. A couple of days later, I went to the laundry room to do another load, and there, hanging above the washing machine, was a big fluorescent light fixture with a red bow attached to it. Now, a lot of wives might have gotten upset over that, but not me. I was tickled that Randy had not only heard me, but he'd actually listened. And after only eighteen years, I finally had enough light to do the laundry, which, by the way, Randy still claims he can't sort properly.

Husbands and wives support each other through difficult situations. I don't know what I would do without Randy. He's been in many a waiting room while I've undergone medical tests and waited for results. Years ago, I had to have an MRI of my brain, and the neurologist put me through a battery of tests. I was scared, and we were both relieved to hear that my tests were normal. The doctor, however, did diagnose Randy with a brain disorder, simply from symptoms I was explaining. Someday, I'll tell Randy that we were just messing with him. Hey, married couples get their kicks where they can.

Happy St. Patrick's Day to all of you!

## MAIN STREET THURMONT

Be a part of the progress and momentum that's happening on Main Street and in Thurmont! Through the Main Street program everyone works together and has a unique purpose. See what interests you and be a part of keeping your community thriving!

**DESIGN**

Enhancing the physical appearance of the commercial district by rehabilitating historic buildings, encouraging supportive new construction, developing sensitive design management systems, and long-term planning

**ORGANIZATION**

Building consensus and cooperation among the many organizations and individuals who have a role in the revitalization process

**PROMOTION**

Marketing the traditional commercial district's assets to customers, potential investors, new businesses, local citizens and visitors

**ECONOMIC RESTRUCTURING**

Strengthening the district's existing economic base while finding ways to expand it to meet new opportunities and challenges from outlying development

**CLEAN, SAFE, AND GREEN**

Enhancing the perception of a neighborhood through the principles of Smart Growth and sustainability and making a safer community

Want to make a difference in where you live?

For more information about the Main Street Program designated by the State of Maryland, or to become a volunteer contact:

Michael Hobbs at 301-271-2233 or Vickie Grinder at [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com)

## Mike's AUTO BODY Collision Restoration

**24 HR  
TOWING**  
FOR MEMBERS OF  
MOST MOTOR CLUBS

Your friendly neighbors at Mike's Auto Body will help make your auto body repairs and restoration work a breeze!!

- Professional, courteous service from the office to the shop!
- LIFETIME WARRANTY ON ALL REPAIRS**
- Complete Auto Body and Full-Time Restoration Services
- All Major Insurance Carriers Accepted
- Servicing Thurmont for over 20 Years
- 24-Hour Towing
- All Makes and Models
- Car Rentals Available On-Site

**YOU BEND 'EM & WE'LL MEND 'EM!**

Please be safe...  
**DON'T TEXT AND DRIVE!**  
 It's illegal & dangerous.

Call Mike's Auto Today!!

## 301-271-7626

Conveniently Located along Rt. 15  
 12917 Catoclin Furnace Rd., Thurmont, MD





## Cindy Grimes

301-271-3487, x24

301-788-5354

Cindy\_Grimes@msn.com

frederickcountyhomefinder.com

## J & B Real Estate

13½ Water St.  
Thurmont, MD

*For All Of Your Real Estate Needs!*



**221 W. North St.  
Waynesboro, PA-\$78,900**

Quaint over/under 1/2 duplex. Two units, one 2 bedroom w/ 1 bath and one 1 bedroom with 1 bath. Walk up attic could be finished into 3rd bedroom for upper unit. Newer windows! Fenced yard and Off street parking included!



**6 Tammy Ct.  
Thurmont, MD - \$297,900**

This Bennett Estates rancher offers hardwoods throughout main level, 3 beds, 2 baths, spacious master suite, lovely kitchen & dining with door to deck & office/den. The expansive finished lower level w/ family room, office & exercise room offers another 900+ sq ft of living space. Beautifully landscaped yard, fenced rear yard, deck and patio! Possible 4th bedroom in lower level!



**6347 Debold Rd.  
Sabillasville, MD- \$424,900**

This amazing home has 4 bedrooms, 4.5 baths w/ gorgeous Cherry hardwood floors on main level, a stone fireplace & cathedral ceiling in living room! Incredible views from wrap around front porch!!



**Wigville Road  
Thurmont - \$369,900**

4 bedroom, 3-1/2 bath two story with attached 3 car garage and separate 2 car garage, Kitchen update and stainless appliances installed 2011 Heat pumps/AC installed 2006, Whole house generator installed 2013(propane) Many improvements on over 6 acres. FR 8457727



**6629 Eylers Valley Flint Rd.  
Sabillasville-\$392,000**

Gorgeous woodland setting on 14.5 acres w/ 4 bedroom, 2.5 bath split level which offers 2700 sq ft of living space! Spacious rooms, hardwood floors, ceramic tile, laundry & mud room at kitchen level! Newer carpet in bedrooms, new HVAC system 2012, security system & wired for generator! Lovely screened porch that looks out to garden area, tractor shed, garden shed and work shop w/heat & electric! Surrounded by 241 acres of forest! Beautiful setting and just minutes to town! A must see!



**11743 Cash Smith Rd.  
Woodsboro, MD - \$424,900**

Gorgeous 3 bedroom, 3 full bath colonial w/fantastic views! Main level offers Living, Dining w/hardwoods, crown molding and chair rail, family room w/ gas fireplace & gourmet kitchen. laundry and 1/2 bath. Upper level offers spacious master w/ 2 walk in closets & private bath, 2 large bedrooms & hall bath! Huge rec room w/ full bath in lower level w/ walk up to rear yard! 2 x 6 construction!



**Myers Road  
Rocky Ridge, MD - \$140,000**

Two bedroom mobile home on almost 5 acres. Detached 3 plus car garage with water and electric. Property is partially fenced. Mobile home was renovated a couple of years ago. Nice property.



**501 East Main Street  
Thurmont, MD - \$289,900**

Lovely, spacious colonial w/ 3 bedrooms! Hard wood floors under carpet, updated windows, front porch, detached office/studio w/ heat and electric, walk up attic! Detached two car garage! A must see!



**16432 Sabillasville Rd.  
Sabillasville - \$544,900**

This spectacular 5 bedroom, 4 full bath colonial has so much to offer! 2 master suites (one on main)! Upper level master has a luxury bath and enormous walk in closet! Great deck & fenced yard!



**17037 Sabillasville Rd.  
Sabillasville, MD**

2 bedroom, 1 bath 2 story. Detached 2 car garage. Enjoy the nature setting with apple trees, black berries that backs to woods. Heat pump 2 yrs old, Water heater installed in 2012, well pump and pressure tank installed in 2013. On almost one acre.



**15429 Kelbaugh Rd.  
Thurmont, MD- \$89,900**

2 bedrooms, 1 full bath (on main level), spacious living room and sunny galley kitchen. Central A/C, updated water heater, large deck with gorgeous view of farmland, 2 sheds, garden plot, gorgeous shade trees and old lilacs. Third Party Approval Required. As-Is.



**Pennersville Rd  
Cascade, MD- \$144,900**

Cute brick 2 bedroom one bath home with one car garage, full basement on almost one acre.



**15210 Sabillasville Rd.  
Thurmont-\$429,900**

Unique, secluded property! 28+ beautiful wooded acres, main house w/ 3 bedrooms and 2 full baths, . Tenant house has open floor plan with large master suite on main level!



**Cascade, MD-\$249,900**

4 Bedroom, 2 1/2 bath commercial property. # bedroom 2 bath apartment on 2nd floor with lots of improvements, 1 bedroom 1/2 bath apartment on first floor. Perfect for small business and live upstairs.



**Military Rd.  
Cascade, MD-\$134,900**

2 bedroom brick home, full basement, enclosed front porch, 1 car garage



**231 N. Seton Ave.  
Emmitsburg, MD- \$189,900**

This lovely colonial has 4 bedrooms, 1.5 baths, spacious rooms with walk in bay windows in several rooms! Hardwood floors and pocket doors between dining and living room, walk up attic, beautiful staircase and updated kitchen with double ovens, cooktop, butlers pantry and mud room! Updated windows, spacious detached garage, shed, front porch and wonderful fenced yard! As-is but shows well.



**Old Frederick Rd./  
Loy Station  
Rocky Ridge- \$49,900**

Affordable 1.73 acre lot with endless possibilities! 4 bedroom conventional perc! Seller will drill well at this price prior to closing.. Winter views of the Loys Station Covered Bridge and short walk to Loys Station Park. Easy commute to Rt. 15. Come build your dream home! Take advantage of this affordable price, this won't last!

**Beautiful  
Lots!**



**3 Gorgeous Building Lots  
Wigville Rd., Thurmont, MD**

**3 gorgeous building lots.**

• (\$199,900 - 13.35 Acres, 6 BR, perc, well)

• (\$149,900 - 5 Acres, 5 BR, perc, well)

• (\$159,900 - 5.57 Acres, 6 BR, perc, 2 wells)



# our neighborhood veterans



by Jim Houck, Jr.

## Francis X. Elder Post 121 Celebrates 79<sup>th</sup> Birthday on March 12, 2015

*Note: This is the story titled "History of the Francis X. Elder Post, No. 121 American Legion From its Beginning," as written by "Abigail," a writer for the Emmitsburg Chronicle. The article was published in the Emmitsburg Chronicle in 1940.*

### History of the Francis X. Elder Post, No. 121, American Legion From Its Beginning

*Original Post Founded In 1920. Present One Originated in 1936. Lester J. Damuth and Charles J. Rowe Instrumental In Its Formation.*

*By Abigail*

An American Legion Post was organized here in 1920 for the first time and was named Francis X. Elder Post No. 75. The original Post was the nucleus of American Legion activities in the community and undoubtedly served as an incentive to augment the membership and the splendid spirit that is a part of the present Post.

It was not until March 12, 1936 that the present Francis X. Elder Post, No. 121, Department of Maryland, was organized by Mr. Lester J. Damuth and his committee. State Commander Charles S. Houck, of Walkersville, addressed the veterans and assisted in the organization of the new Post. Those veterans who were members of the organization at that time follow; John H. Rosensteel Jr., C. C. Combs, Charles J. Rowe, Louis H. Stoner, Clarence Baumgardner, Gerald N. Ryder, Lester J. Damuth, Maurice H. Moser, Clarence G. Fraley, James M. Alvey, J. Ward Kerrigan, George Wagerman, Raymond Baumgardner, Guy C. Angell and J. Ralph Angell.

It was agreed to name the Post the Francis X. Elder Post in honor

of the first Emmitsburg boy to enlist and the first to be killed in action. Francis X. Elder, son of the late Mr. and Mrs. James B. Elder, was born in Emmitsburg on June 30, 1893. He enlisted in the service of his country on May 9, 1917. He was in France from June 15, 1918 until death. He was killed in action on October 11, 1918. Others killed in action were Captain Henry Higbee Worthington and Martin Hahn. Killed by accident was first lieutenant John Reading Schley. Died of disease, Charles Francis Gelwicks, Francis Edward Rowe. Robert Bruce Reifsnider, Arthur Bentzel and Vernon Ross Ohler.

The following Officers were elected for the year of 1936-1937; Post Commander, Lester J. Damuth; Post Adjutant, Charles J. Rowe; Vice Commander, Maurice H. Moser; Finance Officer, Louis H. Stoner; Historian, C.C. Combs; Sergeant-at-Arms, George Wagerman; Chaplain (Temporary), Reverend Father Francis Dodd; Membership Chairman, Clarence G. Fraley; Grave Registration Chairman, Gerald N. Ryder; Service Officer, Charles J. Rowe; and Child Welfare Chairman, Clarence Baumgardner. The Executive Committee was composed of John H. Rosensteel Jr., Clarence Baumgardner and James M. Alvey, and was asked by the Post Commander to draw up the by-laws of the newly formed Post.

During the year, the Post took an active part in flood relief by sending food, clothing and money to the relief committee of the Francis Scott Key Post in Frederick. They were one of the first Post to receive the "Community Service Citation".

All veteran's graves were marked and registered this year. In November the by-laws submitted by the above named executive committee were

unanimously approved. The Armistice Day Services were held on November 8 in Saint Joseph's Catholic Church, Rev. Francis Dodd, Post Chaplain was in charge of services.

A military funeral was conducted for John S. Hobbs, a World War veteran, at Saint Joseph's Catholic Church in December of that year.

In February 1937 the Post donated \$47.00 for flood relief in the Kentucky, Mississippi and Ohio River section. The money was sent to the Red Cross. Again the Post received the "Community Service Citation".

In March 1937 the local Legion Post celebrated its first anniversary in the Fireman's Hall with a banquet and dance at which 135 Legionnaires and their guests were present. The Colors of the Legion were presented to the local Post by Bryon Hobbs, Department Commander. At the same time C.L. Shrine, Vice Commander of the Western Maryland District and Morris Frock, Post 42 of Hagerstown, presented the charter and citation. Among the notables present were; Major Elmer J. Munshower, Superintendent of Maryland State Police; Rev. John L. Sheridan, President of Mt. Saint Mary's College; Rev. William J. Groeninger, Pastor of St. Joseph's Catholic Church; Rev. E.L. Higbee, Pastor of the Reformed Church of the Incarnation; Rev. Phillip Bower, Pastor of the Elias Lutheran Church; Rev. Francis Dodd, Chaplain of the local Post; Miss Louise Sebold, President of St. Joseph's College Alumnae; and Mr. John D. Elder, brother of Francis X. Elder and Editor of this paper.

In May of 1937 the Post sponsored the Walk-a-Show, on Decoration Day the services were held in the Methodist Episcopal Church at 3 pm; Rev. Raymond E. Cook, Department Chaplain, delivered the sermon. Charles J. Rowe, Post Adjutant introduced the speakers after a brief talk and introductory remarks.

In July the following Officers were elected for the year 1938; Post Commander, Maurice Moser; Vice Commander, C.C. Combs; Adjutant, C.J. Rowe; Finance Officer, Louis H. Stoner; Sergeant-at-Arms, John Walter; Historian, William S. Sterbinsky; Chaplain, Rev. Francis J. Dodd; Raymond Baumgardner was named to the Executive Committee. A committee of two was named to investigate insurance for the colors, Charles J. Rowe and James Alvey.

In September Adjutant Charles J. Rowe announced that the Mayor and Commissioners granted the Post permission to take over the Doughboy War Memorial. The Armistice Day services were held in the Reformed Church of Incarnation and the Pastor,

Courtesy Photo



Francis X. Elder

the Rev. E.L. Higbee, delivered a very eloquent address for the occasion. About 30 members were present.

In January 1938 the Post took action to reduce hazards to motorists on Tollgate Hill. On January 19, the Legion turned out for the funeral of Mrs. James B. Elder, mother of Francis X. Elder, for whom the Post was named. In March of 1938 about 75 Legionnaires, Ladies of the Auxiliary and friends attended the second annual banquet of the Post held in Hotel Slage. Post Adjutant, Charles J. Rowe, presented two rifles to the Post, purchased by his mother, in memory of her son, Francis Edward Rowe, who died at a Naval Training Station during the war.

The memorial services in this year were held at the Presbyterian Church, with the Pastor, Rev. Irwin N. Morris, delivering the impressive sermon. In June the following Officers were elected for 1939; Commander, C.C. Combs; Vice Commander, Raymond Baumgardner; Adjutant, J.E. Prendergast; Chaplain, Rev. Francis Dodd; Historian, William S. Sterbinsky; Treasurer, Dr. O.H. Stinson; Finance Officer, Charles D. Gillelan. Charles J. Rowe and James Alvey were appointed as delegates to the State convention with C.C. Combs and Allen Rosensteel named as alternates.

In August the newly-elected Officers were installed by the State Commander, Bruce Blair. A bugle was accepted as a gift from Mr. Ralph S. Sperry. In September the Post was honored in having one of its members elected as one of the State's Vice Commanders. This outstanding Legionnaire was Charles J. Rowe. The Armistice Day services were held at Elias Lutheran Church. The Pastor Rev. Phillip Bower, gave a very appropriate and impressive address. In the afternoon the Armistice Day Parade was held with the following

— Continued on page 33 —



**T&M**  
Crane Rentals, Inc.

1 Creamery Way  
Emmitsburg, MD 21727

**301-447-3718**  
**FAX: 301-447-1722**



## Our Neighborhood Veterans — Continued from page 32

Posts represented; Drum Corps of the Francis Scott Key Post No. 11, Frederick, members of the same Post with the Forty and Eight; Members of the Morris Frock Post, Hagerstown; Carroll Post, No. 31, Westminster; Hesson-Snyder Post, No 131, Taneytown; Drum and Bugle Corps of Albert J. Lentz Post, No. 202, of Gettysburg; and the colored Post of Frederick of Frederick with its band. Immediately following the parade all assembled on the local Community Athletic Field where the Hon. Judge J. Fred Johnson, of Washington gave the principle address. State Commander Herbert L. Rhodes, and past State Commander Bruce Blair, both spoke briefly. There was singing by the entire assembly led by Post Historian, William S. Sterbinsky, accompanied by the Fairfield High Band.

On November 20 the Post attended the funeral of Mrs. Edward H. Rowe, the mother of the Vice Commander, Charles J. Rowe, which was held from her home.

On March 23, 1939, the Post celebrated its third anniversary in the Green Parrot Tea Room with about sixty guest present. Lieutenant Colonel Thomas Frailey was the principal speaker and District Vice Commander, Charles J. Rowe, disclosed some interesting information concerning the local Post.

Memorial services were held this year at the United Brethren Church, in Thurmont. The Rev. Ivan Naugle, a recent member, and the Pastor, was in charge of the services. At a meeting held on September 4 the following Officers were elected for the ensuing year of 1940; Commander, Raymond Baumgardner; Vice Commander, L. Mackley; Adjutant, J.E. Prendergast; Treasurer, Lesley Fox; Historian, Allen Rosensteel; Sergeant-at-Arms, Henry Warthen. The new committees were appointed by the Commander.

The Charter Members of the Post follow; James Alvey, Guy Angell, Ralph Angell, Morris Barrick, Clarence Baumgardner, Raymond Baumgardner, C.C. Combs, Lester Damuth, Francis J. Dodd, Lesley Fox, Clarence G. Frailey, William Frailey, Edgar Freeze, David Gall, Vincent Hartdagen, J. Winfield Houser, Luther Kelly, Harry Knight, Arthur Malloy, William Miller, Maurice Moser, Allen Rosensteel, John H. Rosensteel Jr., Charles J. Rowe, Gerald N. Ryder, Arthur Starner, William Sterbinsky, Dr. O.H. Stinson, Louis Stoner, Harry Valentine, Robert Valentine, George Wagerman, John Walter and Curtis Weddle.

The deceased members of the Post are John H. Rosensteel Jr. and Robert Valentine.

The present total membership is sixty-one.

I would like to share with you the last words written by Francis X. Elder in a letter to his mother from the front line in France.

Dearest Mama,

As I am about to enter the big fight for Democracy it is my desire now, whilst I have the opportunity to pencil you a few lines briefly, and bid you, Papa and all, a sincere farewell and may our dear and most precious God always protect you in this life, and knowing this, I will die cheerfully for a good cause, if it to be his holy will, otherwise it will be the happiest moment of my life when I can once

more kiss those motherly lips. If the worst happens to me, take the news, courageously be brave!, as I am going to try and be. If I come through O.K. I will write at once and let you know.

Hoping for the best and trusting I will see you all on earth, or that we will meet in Heaven, I am your most affectionate and loving son."

Farewell,  
Priv. Francis X. Elder

Happy Birthday, Francis X. Elder  
American Legion Post 121.

God Bless America, God Bless our American Veterans, and God Bless You.

## Community Veteran Event Board

### Send your Veteran Organization's News

• Phone 301-447-2804 • Fax 301-447-2946 • news@thecatocinbanner.com •

### Sons of AMVETS Post 7

26 Apples Church Road, Thurmont

The Oyster Feed is on Saturday, March 7, 2015, at AMVETS Post 7, from 1:00-4:00 p.m. Event is open to the public (adults, 21 years of age or older). The cost is \$30.00 per person (includes sides, dessert, and refreshment).

The Annual Fried Catfish and Chicken Feed will be held on Saturday, March 21, 2015, from 4:00-7:00 p.m. Doors will open at 3:00 p.m. The cost is \$15.00 per person (includes sides, dessert, canned AMVETS milk, soda, and water). All you can eat and drink. Stay after and sing and dance until midnight to music provided by Dr. Mudcat DJ & Karaoke (Mike Mahoney).

### Thurmont American Legion

8 Park Lane, Thurmont

Ed Gravatt, Commander

Just think, it is almost Spring! At the time of this writing, it is nine degrees outside. Yet, pretty soon, we will be mowing the grass and complaining about how uncomfortably warm it is. Funny how that works.

March is the official start of our spring season, the Thespians are holding their performances upstairs, and we are getting ready to open the Pavilion. More on the Pavilion later.

There isn't very much going on here as far as entertainment this month. On the weeks that the Thespians are here, we will have an open Juke Box on Fridays, and when the Thespians aren't here, we will have Karaoke. On Thursdays, Bingo is still a good bet for those of you who love to play; Wednesday is Corn Hole and Ace of Hearts—more than a thousand bucks for some lucky person.

We are in the planning stages for some improvements; if anyone has some spare time and would like to give a hand, please give me a call.

The Pavilion is set to open the last of March; it is available for rental and the price cannot be beat. Anyone may rent the Pavilion, a perfect venue for any type of an event. Our Ball Room is also available for anyone to rent; it has the largest wooden dance floor in the county. There is also a full kitchen available in both the Pavilion and the Ball Room.

Please contact Mac Maguire for more information.

Our kitchen is open on Wednesday, Thursday, Friday evenings and Sunday afternoon.



**WEBSITE DESIGN**

BY  
**E PLUS COPY CENTER**

Is your website out of date? Need a new website?

**LET US HELP YOU!**

We specialize in great customer service at affordable prices.

Customized Web Design  
Web Development  
Web Hosting  
Domain Registration  
Search Engine Optimization  
E-Commerce Solutions  
Website Maintenance  
PHP Forms

DO WE HAVE YOUR ATTENTION?  
Then stop by, or give us a call for more info!

**301-447-2804**  
**E PLUS COPY CENTER**  
In the Lobby of Emmitsburg's Jubilee  
www.epluspromotes.com

## Patronize Our Advertisers!

*The* **Catocin Banner**

*The Catocin Banner exists due to the advertising support of those featured in each issue. Be sure to patronize our advertisers.*



## Hashing Out Saint Patrick's Day

Buck Reed  
The Supermarket Gourmet



Okay, okay...I get it. We like corned beef and cabbage on St. Patrick's Day. Yet, there is an array of perfectly good Irish food we can eat on this day that might be considered more appropriate. We have coddle, Irish salmon, or my personal favorite, Irish stew. Don't get me wrong, I like corned beef and cabbage, but I would order Irish-style bangers and mash on St. Patrick's Day over corned beef and cabbage any time. But, I know every restaurant and bar will be serving corned beef and cabbage, as if this is the only thing they eat on the Emerald Isle. And, of course, you will probably pass up the Guinness and go for whatever beer they happen to be adding green dye to.

However, if you are one of those many who will be foregoing the bar-hopping tradition, you will hopefully be cooking at home and maybe even invite a few friends or neighbors over. Although Irish food is well known for being uncomplicated, most of you will still be making corned beef and cabbage. If you are inviting me over, I like horseradish sauce with mine. One friend of mine once made corned beef and cabbage, but the store was out of green cabbage. She was in a hurry, so she purchased red cabbage instead, and everything she served was purple. The hard part of this operation is trying to convince your guests that purple potatoes were St. Patrick's favorite way to eat them.

I say go ahead and have a small party. Except for a few of the more morose poets and a couple of

murderous monarchs, the Irish are a mostly friendly people. And we all love that snake-chasing patron saint, so a party in his honor is more than appropriate. So, get your shamrock decorations ready, put on your "Kiss Me, I Should Be Irish" green shirt, and make some corned beef and cabbage. Even better, make extra corned beef and cabbage. It really isn't that much extra work, and the leftovers can be turned into wonderful dishes. Here are a few ideas:

- Make hash by chopping up the corned beef and potatoes and fry it up with just a touch of horseradish.
- Even better, add chopped beets to the above to make a red flannel hash.
- Save the broth and make a coddle-like dish with the vegetables and a bit of corned beef and maybe a nice piece of sausage.
- Fried corned beef might become your second favorite side meat to serve with fried eggs.
- Make a corned beef and cabbage burrito for a quick on-the-go lunch (probably great for a hangover).
- As long as we are on the fusion thing: try corned beef and cabbage stir-fry or, even better, serve it up over your favorite ramen.
- Back to Irish cuisine: how about colcannon?

Need a recipe or have an idea for an article, email me at [rguyninthekitchen@aol.com](mailto:rguyninthekitchen@aol.com).

## Tickling Our Tastebuds

by Denise Valentine



Hello, everyone. Is it just me or are you ready for the snow, wind, and freezing temperatures to disappear and make way for spring? As I am writing this message, it is snowing...again. So, I am in the mood for some hot, tummy-warming food. I decided to share a main dish recipe that has it all: meat, potatoes, and several other vegetables.

The following is a Beef Stew recipe from a "Fix-It and Forget-It" Cookbook, filled with slow cooker recipes that I found at a local farm store. This is a great and easy recipe, because you just toss your ingredients in and turn on the crock-pot to desired temperature, depending on when you want it to be ready.

I hope you enjoy it!



### Beef Stew

#### Ingredients

2 lbs. beef chuck, cubed  
1/4 to 1/2 cup flour  
1 1/2 tsp. salt  
1/2 tsp. black pepper  
1 tsp. paprika  
3 1/2 tbsp. quick-cooking raw tapioca  
1 tsp. Worcestershire sauce  
2 cups beef broth  
1/2 a garlic clove, minced  
1 bay leaf  
4 carrots, sliced, or 1-lb. bag whole baby carrots  
2 onions, chopped  
1 rib celery, sliced  
3 potatoes, diced  
2 cups tomatoes, diced

#### Directions

Place meat in slow cooker (approximately 4 1/2 quart size is recommended).

Combine flour, salt, pepper, paprika, and tapioca in a small bowl. Stir into meat until coated thoroughly.

Gently stir in remaining ingredients. Mix well. Cover.

Cook on low 8-10 hours or on high 3-4 hours. Remove bay leaf and stir before serving.

Cheryl Bottomly - Owner & Certified Dog Groomer

# C&K Grooming & Doggie Salon

**Full Groom - \$35.00**  
**Senior Citizens - \$28.00**  
**Doggie Baths - \$10.00 Nails - \$5.00**

Business Hours • 301-271-7813  
Mon. - Sat. • 9 AM - 1 PM By Appointment Only  
13717 Hillside Ave., Thurmont, MD  
\*Please provide 24 hr. notice upon cancellation

[www.thecatoctinbanner.com](http://www.thecatoctinbanner.com)

Your Good News Community Newspaper  
Serving Northern Frederick County, Maryland, Since 1995



Christine Schoene Maccabee



## On The Wild Side

### Winter Musings: What is Seed Stratification?

Through the many days and nights of the long, cold winter, trillions of seeds lay sleeping. They rest in their icy cradles of soil and stone, awaiting the warmth of spring. Offspring of grasses, flowers, and trees, these seeds—though inactive—are changing nonetheless, being prepared by moisture and essential freezes, which we humans must endure by piling on layers of clothing.

Stratification, though a perfectly natural process, is often used by botanists under controlled conditions in order to germinate the toughest of seeds. Some large nurseries start their fruit and nut trees, and shrubs such as dogwood and holly, from seed by use of this method. It is a bit more trouble than you and I would go to, requiring these hard seeds to be layered in damp sphagnum moss, peat or vermiculite and chilled for one to four months. Most wildflower seeds also need this hard freeze period. I have learned through trial and error that the germination rate of wildflower seed mixes is much higher in the seeds that are sown in the fall or winter. With seed mixtures you might order through the mail, frequently you will see instructions to place your seeds in the freezer for a period of time, prior to sowing them in the spring. As for vegetable seeds, simply keeping them in a cool place, not freezing, is sufficient. All seeds will suffer if too warm and too dry.

As human beings, we experience many cold, even difficult times in our lives, perhaps as a form of “human stratification.” Surely out of struggle and depth of feeling have come some of our greatest symphonies, art masterpieces, writings and other human accomplishments too innumerable to list here. Against all odds, such as Beethoven’s deafness or Van Gough’s madness, even out of the depths of depression, creative potential and genius are released

through the cracking of a sort of protective epidermis. One of my favorite songs to sing with the guitar is “Beside Still Waters” by Dottie Rambo, whose pain nearly drove her to suicide. It is a powerful song, expressive of her pain, yet also the faith and hope she had in order to overcome it. Human stratification.

As I sit by my window, gazing out onto frozen gardens, fields, and mountains painted in shades of grays and browns on a backdrop of white, I acknowledge my own need for this “down” time. For many of us, January and February can be too cold, too difficult, even depressing. No one is exempt from those feelings at this time of year. To comfort myself, I reflect on all the wildflower seeds I scattered a few months ago in various places around the property, as well as all the seeds mother nature herself left to winter over on the ground. Those seeds will stratify and manifest into a beautiful, as well as useful, community of mostly native plants, such as black-eyed susan, daisy fleabane, cone flower, lupine, cinquefoil, evening primrose, vervain, moth mullein, milkweed, etc. Each perfect bloom that I will witness throughout the warm months ahead will have come forth as a result of successfully prepared seeds, some of which are even tinier than a grain of mustard seed.

Time passes all too swiftly some say. Even lonely, frozen days in February will pass more pleasantly if we contemplate the flowers to come, the potential within the soil, and the potential within ourselves. All we need, like the seeds, is to weather the elements of our lives with patience and hope.

*Christine is starting a Friends of Nature Garden Club, which is seeking members for projects involving wildflower meadows, as well as formation of nature programs in the area. If interested, call Christine at 301-271-2307 or email at sonbirdschant@gmail.com.*

## Join the National Park Service in Ringing “Bells across the Land: A Nation Remembers Appomattox”

For the past four years, the National Park Service and many other organizations and individuals have been commemorating the 150<sup>th</sup> Anniversary of the Civil War and the continuing efforts for human rights today. On April 9, 1865, Union Gen. Ulysses S. Grant met Confederate Gen. Robert E. Lee to set the terms of surrender of Lee’s Army of Northern Virginia.

In conjunction with a major event at Appomattox Court House National Historical Park, the National Park Service and its partners invite communities across the nation to join in this commemoration. The bells will ring first at Appomattox at 3:00 p.m. on April 9, 2015. The ringing will coincide with the moment the historic meeting between Grant and Lee in the McLean House at Appomattox Court House ended. While Lee’s surrender did not end the Civil War, the act is seen by most Americans as the symbolic end of four years of bloodshed.

After the ringing at Appomattox, bells will reverberate across the country. Churches, temples, schools, city halls, public buildings, historic sites, and others are invited to ring bells precisely at 3:15 p.m. for four minutes (each minute symbolic of a year of war).

The end of the Civil War has different meanings to different people. Each organization may customize this idea to its own situation. We ask participants to ring bells across the nation as a gesture to mark the end of the bloody conflict in which more than 750,000 Americans perished. Some communities may ring their bells in celebration of freedom or a restored Union, others as an expression of mourning and a moment of silence for the fallen. Sites may ring bells to mark the beginning of reconciliation and reconstruction or as the next step in the continuing struggle for civil rights.

Schools, parks, and communities from all over the country will be participating in this event. Share how you observed it with #BellsAcrossTheLand2015. Stories will be compiled in one place to see how each one helps build our national story.

Please join the National Park Service in the historic commemoration. Let bells ring across the land!



**Looking for a deal?** **Here it is!**

**99¢ Kid's Meals**

**Join Us from 5:00 p.m. to 8:00 p.m. - Dine In Only**

**Hamburger • Cheeseburger**

**4 pc. Chicken Nuggets**

**Includes child size fry, apple slices, and small soft drink. (Toy not included) for only 99¢**

**Mondays McDonald's in Emmitsburg**

**Tuesdays McDonald's in Thurmont**

**Wednesdays McDonald's in Walkersville**





# looking back

by James Rada, Jr.



## Emmitsburg Waits Seventy-three Years for a New Post Office

The effort for Emmitsburg to get its current post office took nearly thirty years. At that point, the people who had started the push had passed on.

Many long-time residents of Emmitsburg will remember the post office when it was located on the southwest corner of the square. The building served as the post office from 1893 to 1966, according to *The Gettysburg Times*.

In the beginning, the building remained a private home and the U. S. Post Office Department paid rent for the front room of the home. As the town grew, so did the business in the post office.

A group of people in town decided in late 1937 that the volume of business handled by the post office warranted a government-owned building like many other communities were getting.

When U.S. Senator Millard Tydings was approached about the possibility of getting a new post office for the town, he said that he couldn't back anything unless there was a petition and request sent to the Post Office Department.

A group of citizens, with the backing of the Emmitsburg Burgess and Town Council, circulated a petition and quickly collected 170 signatures.

"It is understood that merchants and other business men of Emmitsburg are sending in separate letters to the Post Office Department urging the claims of the town to this building," the *Catoclin Clarion* noted.

The petition noted that Emmitsburg was the third-largest municipality in the county (behind Frederick and Brunswick), and that the current post office served an estimated 3,400 people. This included town residents, people living out of town who used the post office, and students at St. Joseph College and St. Mary's College.

The petition also pointed out that from 1934 to 1936, stamp sales had exceed \$10,000 (a first-class stamp cost three cents at the time). Stamps sales for 1937 were also expected to exceed \$10,000.

"For the investment of a modest sum the government could own its own property in Emmitsburg and provide its patrons with far more satisfactory accommodations in the way of a modern and up-to-date post office," the petition noted.

The petition was submitted at the end of 1937, and hearings were held in Washington, D.C. the following June. A number of town officials and businessmen traveled to the city to testify for a post office.

Nothing happened. The project wasn't approved.

The Emmitsburg Post Office continued to operate out of the building on the square, although it did take over more space.

It wasn't until 1964 that a new post office was approved for the town. Even that project experienced some delays, but construction on the \$50,000 building began in November 1965, and the new building opened in June 1966, at its current location on South Seton Avenue.

*The Frederick News* noted that the new building had 2,806 square feet of interior space, compared to 1,113 square feet in the building on the square.

Even though the federal money built the building, it had to remain in private hands because of various regulations. The Postal Service could only buy capital equipment for the building, not the building itself. The Postal Service still had to pay rent for its new space to a private owner.

However, Emmitsburg finally had its new post office.

## Emmitsburg Senior News

by Susan Allen

We'll start out March with a Birthday Party and Cake after lunch on Wednesday, March 4. 'Tis the month of wearing green and celebrating all things Irish! Our seniors will have a chance to do just that with a St. Patty's Day surprise on March 17. We've scheduled Green Bingo on March 18, when the prizes will be anything green.

We can't take you to the Emerald Isle itself, but there are two Friday trips planned: Friday, March 13—National Electronics Museum, from 9:00 a.m.-3:30 p.m. (\$35.00 per person); Friday, March 20—The National Guard Memorial Museum, from 9:00 a.m.-3:30 p.m. (\$30.00 per person.) Registration for both trips closes March 6.

Our favorite medical expert, Nurse Steve, will be with us on March 17 at 11:00 a.m. to help answer the question: "Is It Just Old Age?" Susan Dwyer will bring us important information on Alzheimer's disease on Thursday, March 19, from 11:00-11:30 a.m.

The first day of spring is March 20, and we have a new exercise series

to put a spring in your step for the new season: Chair Exercises begin on Monday, March 2, at 11:00 a.m., and will run on Monday, Wednesday, and Friday throughout the month, with the exception of Wednesday, March 25 when we will play Trivia at 11:00 a.m.

So pin a shamrock on your shoulder, and let your Irish eyes smile throughout the month of March. Happy St. Patrick's Day; let's welcome in spring!

Regular Activities: Art Class (Mondays), 1:30-3:30 p.m.; Bowling (Mondays), 12:15 p.m.; Bingo (Wednesday, March 4); Bridge and 500 (March 11 and 25), 12:30 p.m.; Strength Training (Tuesdays and Thursdays), 10:00 a.m.; Pinochle (Thursdays), 12:30 p.m.; Canasta (Fridays), 12:30 p.m.; Cards and Games (March 3, 10, 24, and 31), 12:30 p.m. You can join us for any or all of these activities at any time.

For information on the lunch program and all other activities, please contact the coordinator, Linda Umbel, at 301-600-6350, or send an email to [LUmbel@FrederickCountyMD.gov](mailto:LUmbel@FrederickCountyMD.gov).

## Frederick County Gardener Free Seminars

University of Maryland Extension (UME) Frederick County Master Gardeners are volunteers who love gardening and have been specially trained to help other gardeners. Their mission is to educate Maryland residents about safe, effective and sustainable horticultural practices that build healthy gardens, landscapes, and communities. UMEFC Master Gardeners present the following 2015 free seminars in March for the general public (beginning and advanced gardeners alike): Saturday, March 7—10:00 a.m.-noon (topic: Attracting Pollinators and Birds with Native Plants); Saturday, March 28—10:00 a.m.-noon (topic: Practical Structures in the Garden). All classes taught at UME office, located at 330 Montevue Lane in Frederick, Maryland. Register at [www.extension.umd.edu/frederick-county/home-gardening/mg-happenings](http://www.extension.umd.edu/frederick-county/home-gardening/mg-happenings), or call Lisa at 301-600-1595. Walk-ins are welcome if there is room.

**Are you turning 65?**  
Find out about Medicare Open Enrollment Qualification.

**OPEN ENROLLMENT**  
means you can choose:

- \* Any Medigap Plan
- \* Part D (Drug Plan)
- \* Take advantage of any new plans, without medical questions

**Senior Benefit Services, Inc.**  
60 Water Street Thurmont, MD  
(301) 271-4040

**The right choices can save you hundreds of dollars each year. You may also qualify for extra help.**

**Free Review & Services Call Us Today or Visit**  
[www.medicarebenefitsagency.com](http://www.medicarebenefitsagency.com)

**IT'S NOT JUST "HARMLESS WATER VAPOR"**

**E-cigarette aerosol contains at least 10 chemicals known to cause cancer, birth defects or other reproductive harm.**

**Chemicals listed:** TOLUENE, ACETALDEHYDE, BENZENE, CADMIUM, FORMALDEHYDE, ISOPRENE, NICKEL, LEAD, NICOTINE, N-NITROSONICOTINE.

**Public Health**

Goniewicz, M.L., et al., Levels of Selected Carcinogens and Toxicants in Vapor from Electronic Cigarettes. *Tob Control*, 2014, (23): 2, 133-9.  
Williams, M., et al., Metal and Silicate Particles Including Nanoparticles are Present in Electronic Cigarette Cartomizer Fluid and Aerosol. *PLoS One*, 2013, 8(3): P: E57987.  
American Cancer Society, 2014. Known and Probable Human Carcinogens. Accessed at: [http://www.cancer.org/cancer/cancercauses/other\\_carcinogens/known\\_and\\_probable\\_human\\_carcinogens](http://www.cancer.org/cancer/cancercauses/other_carcinogens/known_and_probable_human_carcinogens). Accessed: Feb 18, 2015.



# senior moments

by Pam Robbins

Hello, from the Thurmont Senior Center. First, we'd like to thank Helen DeLuca for all of her contributions to the Thurmont Senior Center. She is an extremely valuable asset for the Center. Helen was the author of the Senior Moments column in *The Catocin Banner* for many years, and she did an awesome job! She asked me to take over writing Senior Moments for her, and I can tell you it's going to be a challenge to fill her shoes. I will do my best to meet the high standards she has set.

I'd like to take a moment to introduce myself. My husband and I have lived in Thurmont for almost nine years. I was fortunate enough to retire from the Federal Government this past July, after thirty-four years of service. I worked in Bethesda most of my government career, so I didn't have a lot of opportunities to meet friends from my community. I needed a way to meet new friends and volunteer, so I decided to check out the Senior Center. I was welcomed with open arms, and have met so many warm-hearted, loving people. Teresa, the Senior Center's coordinator, and all of the volunteers are awesome. Thank you so much to everyone for accepting me as one of the family!

There are many fun activities to join in at the Center. There is 50/50 Bingo, Wii bowling, cards and games, exercise and Tai Chi sessions, knitting and quilting group, singing, puzzles, special guest-speaker events, potluck lunches, dances, and more. If you'd like to meet some new friends as I did, and participate in one of the existing activities or introduce us to a new one, please come on out to the Senior Center. We'd love to meet you! If you find yourself with a little extra time and would like to volunteer, we'd love to have you assist at the Center. We're always looking for volunteers, especially to help serve and deliver lunches, run errands for homebound seniors, and give rides to seniors who do not drive.

I hope everyone has been able to stay warm and healthy. I can't wait for spring, how about you? There were a few days in February when I was wishing I was a snow bird in Arizona!

February has been a very busy month. Because there was so much interest, we started having our 50/50 Bingo the first and third Wednesday of the month. Huge success; folks love their bingo! They enjoy getting to see their friends and to make some

new ones. Our 50/50 Bingo is open to the public and is for all ages. We provide free coffee, iced tea, and snacks, such as chips, pretzels, or popcorn. Be sure to mark it on your calendars: 50/50 Bingo (first and third Wednesday, starting at 1:00 p.m.).

We had a great time at our Valentine's Day party, held on February 13, 2015. The Teen Group from the Thurmont Library did a wonderful job with the crafts. It was fun showing our creative side. A big thank you goes out to the Teen Group and Clare Bush from the Thurmont Library for helping and participating in this event, as well as to all of the volunteers who brought in goodies and baked cookies.

We've got a few extra activities in the month of March. On Wednesday, March 4, at 12:30 p.m., representatives from Anytime Fitness in Thurmont will be giving information about their Senior Discount Program, free week passes, and the importance of exercise to keep us young. On Friday, March 13, we will be starting the first part (of three parts) of the movie *Pearl Harbor*; Part 2 will be shown on March 20; and Part 3 will be shown on March 27—all showings will be 10:45-11:45 a.m. Come join us for a movie and popcorn. We will be having a Pot Luck lunch on Tuesday, March 17 to celebrate St. Patrick's Day! Call or stop in the Center to sign up. You have the option of bringing a dish to share or paying \$5.00. The Senior Center will supply chicken. Wear your green and come join us! On Tuesday, March 24, there will be a Genealogy Event, sponsored by the Thurmont Historical Society, from 10:00 a.m.-12:00 p.m. They will break for lunch and resume from 1:00-3:00 p.m. They are photographing Family Bibles and interviewing seniors. If you wish to participate in the session and/or lunch, please call Teresa at 301-271-7911 by 3:00 p.m. on Friday, March 20. I hope you can join us on Wednesday, March 25 for our fashion show. It's going to be a great time. This will be my first modeling job! The show will take place from 11:00 a.m.-2:00 p.m. We all need something new to wear, right? You may need a new Easter outfit or something new to make you feel good. I know wearing something new always makes me happy! There will be some items discounted 50 percent. I know I love a good sale, how about you? So come out to the fashion show, have lunch, and



## February Birthdays

Pictured from left are: (front, seated center) George Deluca and Jeanette Wiley; (back row, standing) Tony Cornejo, George Anzelone, Greta Lambert, and Dorthy Clever.

Photos by Irene Matthews

## Valentine's Party

The Teen Group from the Thurmont Regional Library came to the Thurmont Senior Center to share Valentine's Day Crafts with seniors.



shop. (Remember, if you'd like to have lunch, give Teresa a call the day before, so we have a count of how many lunches to order). We will be having a dance on Saturday, April 4. JR Country Band will be playing Country Music, so come on down and have a "boot scootin'" good time! The cost is \$10.00 a person or \$15.00 a couple. Food and drinks will be available for purchase. For a current listing of events, you can stop by the Senior Center and pick up our calendar or send a request via email to [thurmontseniorcenter@zoho.com](mailto:thurmontseniorcenter@zoho.com).

We've been working on our calendar of events for 2015. Here are a few of the highlights: Dances, Volunteer Breakfast, Pot Luck Lunches, Annual Birthday Party, Carnival Parade, Annual Picnic, Thurmont Community Show, Colorfest Yard Sale, and Annual Christmas Party. Specific details of these and other events to be scheduled will be mentioned in future Senior Moment articles, as well as posted in the Senior Center and on our monthly calendars. We will be working on our Facebook page as well and creating a website for the Senior Center. This will give us the ability to share with our community a calendar of events, monthly lunch menus, and announcements.

We are always looking for grants to assist us with our lunch program, as well as other expenses, such as transportation for the Center. If you know of any grants or can assist with

the processes, please contact us. We are always looking for volunteers who have expertise with these types of processes.

We would like to remind everyone that a hot daily lunch is served at the Senior Center. The food is prepared by Mountain Gate Restaurant in Thurmont. We have wonderful volunteers who pick up the lunch, deliver to homebound folks, and serve the lunches at the Senior Center. The cost of the lunch is \$5.00. We ask that you contact the Senior Center the day before, so we get a count of how many lunches to order. The Center's phone number is 301-271-7911.

If there are any activities or services you'd like to see, please come to the Senior Center and provide us with your suggestions. We're always looking for new ideas and suggestions. This is your Senior Center, and we want to meet your needs as much as possible. We need your help either by volunteering, participating at our fundraisers, or making financial donations to make this the best Senior Center for the community. The Thurmont Senior Center is not part of the Frederick County Department of Aging, so we don't receive any funding from the county. We are operating as an independent non-profit 501 (c) (3) organization, so our funds are limited. We want to express our sincere thanks to those who are already supporting our programs.



# your public library



## Where Community & Ideas Connect

by Linda Frydl, Library Associate, Thurmont Regional Library/Emmitsburg Branch Library, lfrydl@frederickcountymd.gov, 301-600-7212

Join us for the 2015 Celtic Concert, featuring the popular band The ShamRogues. The ShamRogues are part of the trendy Irish pub scene in Baltimore and as part of their stage performance they involve the audience in a fun, lively evening of songs and stories of Ireland.

The ShamRogues will perform at 7:00 p.m. on Thursday, March 19, at the Marion Burk Knott Auditorium at Mount St. Mary's University in Emmitsburg. Admission is free (all ages welcome). Tickets are required. Free advance tickets can be picked up (limit four/person) at the Emmitsburg or Thurmont Libraries, beginning March 2 at 10:00 a.m. Patrons with advance tickets will be seated between 6:30-6:45 p.m. Seats are not guaranteed after 6:45 p.m. for advance ticket holders. Patrons without advance tickets are strongly encouraged to pick up numbered standby tickets in the concert hall lobby, beginning at 6:00 p.m. Any unoccupied seats, if available, will be filled by standby ticket holders. Due to no-shows, some seats are always available. For further information, contact the Emmitsburg Branch Library at 301-600-6329.

Bringing Yoga to the local community, Sera Crandell hosts this free one-hour "Intro to Yoga" at the Thurmont Regional Library. Certified in yoga and Pilates, Sera currently teaches at Ananda Shala Yoga and Pilates Studio in Frederick, as well as the Center of Life Pilates Studio in Thurmont. No need to register—just drop in. Wear comfortable clothes, no jeans. Yoga mats will be available, but please bring a mat if you have one. Classes will be held for three afternoons on third Saturday of the month, 3:00-4:00 p.m.: March 21, April 18, May 16.

Join friends and neighbors on Thursday evenings in March and April at the Thurmont Regional Library to work on crafts you enjoy with other crafty people. This free series is being arranged as a community service through the Friends of the Thurmont Regional Library. Meet-ups are 6:00-7:30 p.m. No need to sign up; bring your own project and supplies. Work on your projects, share and trade ideas. Schedule through April: Fiber Arts (Knit, Crochet, Needle Felt)—March 5 and April 2; Scrapbooking, Card making and Stamping—March 12 and April 9; Jewelry and Bead Making—March 19 and April 16; Quilting—March 26 and April 23.

Happy Birthday, Dr. Seuss! We will start with our Penny Theater presentation of "The Cat in the Hat," followed by games and crafts. For all ages (children must be accompanied by adult). Two showings: March 3 at 6:30 p.m.; March 4 at 10:30 a.m.

Preschool Power: St. Patrick's Day Afternoon fun for our preschool friends. Join us for a colorful St. Patrick's Day Puppet Show. Learn about leprechauns and set a trap. Will you be lucky enough to catch a leprechaun? Tuesday, March 17, 1:30-2:15 p.m. Register: [www.fcpl.org](http://www.fcpl.org) or call 301-600-7212. *Another showing will be held the same evening at 6:30 p.m. (for all ages, with adult). No registration required.*

Children's Book Club — Endangered Animals: Do you love learning about animals and helping endangered species? This is the club for you! Grades 1-5. March 11, 18, 25 and April 1, from 4:30-5:30 p.m. Register: [www.fcpl.org](http://www.fcpl.org).

STEM Programs for Children: The a-MAZE-ing Marble Run. Making homemade marble run tracks out of masking tape and paper recyclables! Design, build, and test your own unique track design and then watch those marbles fly! Grades 1-5, with adult. Extra cardboard tubes/recyclables welcome. March 7 at 11:00 a.m.-12:00 p.m. Register: [www.fcpl.org](http://www.fcpl.org).

LEGO® Fun Friday! School's out early, so join us for an afternoon of LEGO® fun! Best for ages 5 and up, with adult. March 20 at 3:00-3:45 p.m. Register: [www.fcpl.org](http://www.fcpl.org).

Make Batteries Using Fruits and Metals: Using lemons, oranges, and grapefruits with common metals such as copper wire, zinc-coated nails, and iron nails, this activity will focus on making simple batteries to power LED lights and run small motors. Ages 10 and up. Thursday, March 12, 5:00-6:00 p.m. Register: [www.fcpl.org](http://www.fcpl.org).

The Thurmont Center for Agricultural History at the Thurmont Regional Library has a wonderful collection of local yearbooks from both Thurmont High School (starting with 1960) and Catoctin High School (starting with 1969). Volumes donated by the Emily Sixx Family, as well as other donors. The library's goal is to have a complete set. If you have one of the following volumes you'd like to donate, please drop it off at the library: 1960, 1962, 1970, 1975, 1976, 1977, 1979, 1980, 1982, 1984, 1996 through 2014.

## classifieds

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Services Classifieds are \$1 per word with a minimum of \$25. Photo Classifieds are \$20 per ad limited to 1" height. Email your written listing to [news@thecatoctinbanner.com](mailto:news@thecatoctinbanner.com). To pay by check, mail payment to: *The Catoctin Banner* at 515B East Main Street, Emmitsburg, MD 21727; to pay by credit card, call 301-447-2804; to pay in person, stop by E Plus Copy Center in the lobby of Jubilee Grocery Store in Emmitsburg.

### Wanted

WANTED: Any unwanted lawn mowers, tillers, snow blowers or yard items. Will pick up FREE! Call 301-271-4266.

WANTED: Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection, or entire estate. 301-514-2631.

DONATE YOUR CAR: All proceeds benefit the Catoctin Pregnancy Center. 301-447-3391.

### For Sale

2 NASCAR racing tires made into small tables with legs: 1st tire is an actual Dale Earnhardt Sr. tire with a glass top with a Dale Earnhardt Sr. silhouette face and the #3 engraved into the glass top; 2nd tire was run at Richmond in the mid '90s by Brett Bodine and the #26 team. This tire has also been made into a table with Dale Jarrett silhouette engraved into the glass along with the #18 (Joe Gibbs racing). \$125 for the set, OBO. 301-788-6417.

Used left handed "YES C Grove" golf putter. Very good condition. Well taken care of!! Good for someone learning to play the game. It's 33" in length. Also a soft cover for protection. Asking \$40 OBO. 301-788-5944.

### Notices

YOU WILL FLIP over our new catalog!! Home Interiors is BACK! Call 301-447-2073 or email [hgparygirl62@aol.com](mailto:hgparygirl62@aol.com).

How Would You Like To FEEL 25 Years YOUNGER and LIVE 25 Years LONGER? Go to [www.Shaklee.net/JCE](http://www.Shaklee.net/JCE) NOW! Read how VIVIX Cellular Anti-Aging Tonic is a REVOLUTIONARY BREAKTHROUGH in the fight against cellular aging. All natural. Order yours TODAY! Contact Jeanne at 301-305-1466. [www.Shaklee.net/JCE](http://www.Shaklee.net/JCE).

### Services

Critter Care by Greta. Full Service care for all domestic and farm animals. Call for a quote. Prices based on individual needs. Call Greta at 240-367-0035.

Day Care — Thurmont area now has two openings for ages 2 and up. Call Joann 301-271-2180.

Bookkeeping / QuickBooks services provided. Very reasonable rates; excellent references. If interested, please call 301-676-0657.

Rick Hurley & Son Small Engine Repair Service. Call 301-271-2117 or 240-285-2494 (leave message).

PIANO LESSONS: Experienced professional musician and certified public school teacher. All ages; Adults welcome. Located in Thurmont. Call or text Beth at 240-529-8108 or email [bethkeys88@gmail.com](mailto:bethkeys88@gmail.com).

Guitar, Bass, Banjo Lessons. All Levels, All Ages, All Styles. Over 20 Years of experience with degree in Guitar Performance. Convenient location near Thurmont. Call or Text 301-514-0115.

FREE PICK UP: Appliances working or not working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

### For Rent

RENT: Looking for a place for a meeting, reunion, reception, picnic, or party? St. John's UCC in Sabillasville rents their pavilion or their parish hall. For information, contact Shanda Eyler at 301-241-4522 or e-mail [jofry241@yahoo.com](mailto:jofry241@yahoo.com). Reserve early.

FOR RENT: Thurmont Senior Center for rent, evening and weekends. Call 301-271-7911.

APARTMENTS FOR RENT: One and Two bedrooms in the Cascade, Blue Ridge Summit area. Call Kelly Ash at 301-241-4726.

HALL RENTAL: Weddings, Banquets, Events of any kind. Call the American Legion at 301-271-4411.

MOON BOUNCE FOR RENT: \$100.00 per day. 240-674-3856.

### Help Wanted

PART-TIME KITCHEN HELP: Grill cook with experience. Apply within. Palms Restaurant, 20 W. Main street, Emmitsburg.

WANTED HELP: Full-time Grill Cook, must have experience, able to work days, nights, and weekends. Apply in person at Thurmont Kountry Kitchen, 17 Water Street, Thurmont. Phone Calls will not be accepted!

HIRING: Employment Plus. Hiring for successful, local production plant in Thurmont: sorters, warehouse, machine operators, audit control clerks, mailroom clerks & more. [www.apply.employmentplus.com](http://www.apply.employmentplus.com). 301-271-5853.

### Play Our Games

Go to page 5 to play our Where Am I? and Hidden Object games. You could win a gift certificate to one of our advertisers!

#### Test Your Word Power

— Answers —

- |            |      |      |
|------------|------|------|
| 1. a       | 3. c | 5. a |
| 2. b       | 4. b | 6. b |
| 6. epitome |      |      |

#### Answer to Movie Trivia

Quote derives from the 1994 American epic romantic-comedy-drama film, *Forrest Gump*, starring Tom Hanks and Sally Field. The movie was based on the 1986 novel of the same name by Winston Groom.



## march

- 1 ..... Mother Seton School Mother-Daughter Friendship Tea, 100 Creamery Rd., Emmitsburg. 2:00-4:00 p.m. Mothers/daughters (grades 4-6). Speaker: Beth Myers, LCSW ("Step Into Your Light—Be Real!"). RSVP 301-447-3161.
- 2 ..... "Served with Grace" Free Community Meal (1st Monday each month), Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All welcome. 301-271-2379.
- 2 ..... Thurmont Ministerium's Community Lenten Service, St. John's Evangelical Lutheran, 15 North Church St., Thurmont. 7:00 p.m. All are welcome.
- 2 ..... Cash Bingo, Woodsboro Vol. Fire Co., 10307 Coppermine Rd., Woodsboro, MD. Doors open 5:30 p.m.; games 7:00 p.m. \$25 (\$30 value). Sue 301-401-5698. Benefits WVFC.
- 4 ..... Overeaters Anonymous (OA) Meeting (meets every Wednesday), Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 6:30 p.m. Janise 717-253-7787.
- 5 ..... Koinonia Evening Prayers, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:15 p.m. All welcome. 301-271-2379.
- 5-7... Indoor Yard Sale, Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 10:00 a.m.-4:00 p.m. 301-447-6239.
- 6 ..... All-You-Can-Eat Fish Bake Friday, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/adults; \$5/ages 4-12; Free/3 & under. 301-447-2367.
- 6 ..... EBPA Luncheon, Sleep Inn & Suites, Emmitsburg. 12:00-1:00 p.m. \$5. ebpa.biz.
- 7 ..... Thurmont Food Bank Grand Opening Celebration, 10 Frederick St., Thurmont. 10:00 a.m.-noon. (snow date: March 14). Refreshments, tours, ribbon-cutting ceremony. Bring food donation to place on new shelves.
- 7 ..... Cabin Fever Yard Sale, Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. 8:00 a.m.-1:00 p.m. 301-241-5081.
- 7 ..... Oyster Feed, AMVETS Post 7, 26 Apples Church Rd., Thurmont. 1:00-4:00 p.m. Open to public (21 years of age or older). \$30/person.
- 7 ..... Annual Spring Supper, Elias Lutheran Church, 100 W. North Ave., Emmitsburg. 12:00-5:00 p.m. Roast Beef, Turkey & Ham. \$12/adult; \$4/ages 6-12. Carryout \$13. 301-447-6239.
- 7 ..... Celtic Spring Dinner, St. Joseph's Church Parish Center; North Seton and DePaul Ave., Emmitsburg. Celtic music by Cormorant's Fancy. Benefits EOPCC. \$60/couple; \$35/person. Check to: EOPCC, PO Box 291, Emmitsburg, MD 21727. Bill O'Toole, otoole@msmary.edu or 240-439-7218.
- 8 ..... Country Community Breakfast (buffet-style), Our Lady of Mount Carmel Parish Center, Thurmont. 8:00 a.m.-1:00 p.m. \$8/adults; \$4/ages 4-10; Free/ages 3 & under. 301-447-2367 or www.emmitsburg.net/sasolmc.
- 8 ..... Sunday Country Breakfast (all-you-can-eat), Union Bridge Fire Co., Social Hall, 8 W. Locust St., Union Bridge, MD. Doors open 7:00 a.m. \$8/ person. 410-775-7104; www.ubfc8.org.
- 9 ..... Monday Night Bingo, Union Bridge Fire Company's Ladies Auxiliary, Fire Co. Social Hall, 8 W. Locust St., Union Bridge, MD. Doors open 5:30 p.m.; games 7:00 p.m. 410-775-2509; 410-775-2872; ubfc8.org.
- 9 ..... Thurmont Ministerium's Community Lenten Service, Our Lady of Mt. Carmel, Parish Center, 103 North Church St., Thurmont. 7:00 p.m. All welcome.
- 9-13...Mother Seton School Science Fair, 100 Creamery Rd., Emmitsburg. Public invited. Judging takes place March 11. www.mothersetonschool.org.

## community calendar

- 10 .... Mother Seton School Take-a-Tour Tuesday, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30-6:30 p.m. Applications for 2015-2016 now being accepted. No need to pre-register. Denice Vaught 301-447-3161 or dvaught@mothersetonschool.org.
- 12 .... Koinonia Evening Prayers, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:15 p.m. All welcome. 301-271-2379.
- 13 .... CHS Softball Team's Crab Cake Dinner Fundraiser, Fire Hall, 25 W. Main St., Emmitsburg. 4:00-7:00 p.m. \$15/person (eat in or carryout). Tickets: any CHS softball player or Coach Jess 301-788-0976.
- 13 .... All-You-Can-Eat Fish Bake Friday, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/adults; \$5/ages 4-12; Free/3 & under. 301-447-2367.
- 13 .... CANA (Christian Adults Nurturing Another) sponsoring a St. Patrick's Day Dinner and Celebration for Single Adults (age 30 & above), Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 6:30 p.m. 301-271-2379.
- 14 .... Rock & Roll Relics, Emmitsburg Lions Club Sponsoring evening of music & dancing, Emmitsburg Ambulance facility, Creamery Rd., Emmitsburg. 8:00 p.m.-12:00 a.m. Rock N Roll Relics band. \$15/in advance; \$20/at door. Tickets: Sharon Hane 301-447-2401; Zurgable Hardware 301-447-2020.
- 14 .... Mother Seton School HSA Hosting St. Patrick's Day Dinner, The Carriage House, Emmitsburg. 6:00-9:00 p.m. Adult-only event. \$60/ticket; \$450/table of 8. MSS for tickets 301-447-3161.
- 14 .... All-You-Can-Eat Breakfast Buffet and Pork Sale, Tom's Creek United Methodist Church, 10926 Simmons Rd., Emmitsburg. 6:00-10:00 a.m. \$8/adult; \$4/ages 5-10; Free/ages under. Pork sale orders due by March 8. Orders: Ernie 443-605-2995, Dottie 301-447-2403, or Rose 443-605-2675. 301-447-3171.
- 14 .... Oyster, Turkey and Country Ham Dinner (buffet-style), Lewistown Fire Hall, 11101 Hessong Bridge Rd., Thurmont. 12:00-5:00 p.m. \$17/adults; \$7/ages 6-12. Carryout \$18. 301-898-9988.
- 14 .... Fried Oyster and Turkey Dinner, St. John's Lutheran Church, 8619 Blacks Mill Rd., Creagerstown, MD. 12:00-5:00 p.m. \$16/adults; \$7/ages 6-12; Free/ages under 5. \$17/carryouts.
- 14 .... Art Clinic w/Dorothea Barrick, Emmitsburg Community Center, 300A S. Seton Ave., Emmitsburg. 9:30 a.m.-12:00 p.m. All materials provided. Ages 14 & up. \$30/class. Register: 301-600-2936 or www.Recreator.com.
- 14 .... SECAC's Annual Resource Fair, Rock Creek School, 191 Waverley Dr., Frederick, MD. 10:00 a.m.-2:00 p.m. Connect w/local org. that provide services to persons with special needs and their families. 240-236-8744; email susan.donoghue-rick@fcps.org.
- 14 .... Germantown Church of God showing movie: *When the Game Stands Tall*, 16924 Raven Rock Rd., Cascade, MD. 6:30 p.m. Free event; community invited. 301-241-3050; www.germantowncog.org.
- 15 .... Movie Day, Thurmont American Legion, 8 Park Ln., Thurmont. 1:00 p.m. Movie: *Frozen*. Shown on lower level. Everyone welcome; bring blanket, pillow, and/or chair for your comfort.
- 15 .... Southern Gospel Music Mercy's Vessel, Deerfield U.M. Church, 16405 Foxville Deerfield Rd., Sabillasville, MD. 10:15 a.m. All welcome. 301-241-3158.
- 16 .... Thurmont Ministerium's Community Lenten Service, Harriet Chapel, 12625 Catocin Furnace Rd., Thurmont. 7:00 p.m. All welcome.
- 16 .... Cash Bingo, Woodsboro Vol. Fire Co., 10307 Coppermine Rd., Woodsboro, MD. Doors open 5:30 p.m.; games 7:00 p.m. All 25 games: \$25 (\$30 value). Sue 301-401-5698. Benefits WVFC.
- 18 .... Slippery Pop Pie Dinner, Lewistown United Methodist Church, 11032 Hessong Bridge Rd., Lewistown, MD. 12:00-5:30 p.m. \$11/adults; \$6/ages 6-12. Carryout \$12. 301-898-7888.
- 19 .... Koinonia Evening Prayers, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:15 p.m. All are welcome. 301-271-2379.
- 19 .... The ShamRogues, Marion Burk Knott Auditorium, Mount St. Mary's University, Emmitsburg. 7:00 p.m. Admission free. Tickets required. Tickets: Emmitsburg or Thurmont Libraries beginning March 2.
- 19-21...Special Sale Event, Seton Center's gymnasium, 16840 Seton Ave., Emmitsburg. 10:00 a.m.-3:00 p.m. March 21: 10:00 a.m.-2:00 p.m. All items sold as is. Customers responsible for removing items day of sale. 301-447-6102, ext. 15; email Kenneth.droneburg@doc.org.
- 20 .... 11th Annual Thurmont Business Expo, Catocin High School, 14745 Sabillasville Rd., Thurmont. 6:00-8:30 p.m. Free admission. Bring non-perishable food or cash donations for Thurmont Food Bank. Heather Dewees 301-471-7313; Rob Renner 301-788-2235; email thurmontbusinessexpo@gmail.com.
- 20 .... All-You-Can-Eat Fish Bake Friday, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/adults; \$5/ages 4-12; Free/3 & under. 301-447-2367 or www.emmitsburg.net/sasolmc.
- 20 .... "Catocin Voices" Evening of Poetry, Holy Grounds Café, Emmitsburg. Guest Poet: author and Mount St. Mary's professor of English, Dana Sauers. 7:00 p.m. Open mic preceding.
- 20 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 7:30 p.m. \$15/person. 301-271-7613.
- 21 .... Easter Bazaar, Woodsboro Fire Co. Activities Bldg., 10307 Coppermine Rd., Woodsboro, MD. 8:00 a.m.-2:00 p.m. Crafts, slippery pot pie & more! Benefits Ladies Auxiliary. Rent table or order qts. pot pie in advance: Mary 301-401-2824.
- 21 .... Spring Craft Show, Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. 9:00 a.m.-3:00 p.m. 301-241-5081.
- 21 .... Annual Fried Catfish and Chicken Feed, Sons of AMVETS Squadron 7, 26 Apples Church Rd., Thurmont. 4:00-7:00 p.m. Doors open 3:00 p.m. \$15/person. Open to public (must be 21 or older). Stay after for music by Dr. Mudcat DJ and Karaoke (Mike Hahoney).
- 21 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 7:30 p.m. \$15/person. 301-271-7613.
- 21 .... Spring Mart, Union Bridge Fire Company's Ladies Auxiliary, Fire Company Social Hall, 8 W. Locust St., Union Bridge, MD. 9:00 a.m.-3:00 p.m. Free admission. Supports local First Responders. Missi Green 410-775-2872/443-340-9462; www.ubfc8.org.
- 21 .... Seton Center Thrift Shop \$5 Bag Sale, 16840 Seton Ave., Emmitsburg. 10:00 a.m.-3:00 p.m. Seton Center provides grocery-sized paper bag. Overflow bags \$7. Strollers/baby buggies prohibited. Vintage & specially priced items not included in sale. 301-447-6102.
- 22 .... Easter Children's Bingo, Woodsboro Fire Hall, 2 South Third St., Woodsboro, MD. Doors open 12:00 p.m.; games 1:00 p.m. \$5/ person. Food available. Ruth 301-845-8406; Mary 301-401-2824.
- 22 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 2:00 p.m. \$15/person. 301-271-7613.

- 22 .... Morning Star Family Church, 14698 Albert Staub Rd., Thurmont. Guest speaker: Dr. Gail Januskiewicz, Professor, Faith School of Theology. 10:45 a.m.
- 23 .... Thurmont Ministerium's Community Lenten Service, United Church of the Brethren, 14 Altamont Ave., Thurmont. 7:00 p.m. All are welcome.
- 25 .... Lenten Program, Harriet Chapel, Catocin Episcopal Parish, 12625 Catocin Furnace Rd. (Rte. 806). Rabbi Ted Simon. 7:00 p.m. Free-will offering taken to defray Rabbi Simon's expenses.
- 26 .... Koinonia Evening Prayers, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:15 p.m. All welcome. 301-271-2379.
- 27 .... Thurmont Lions Club Bingo, Guardian Hose Co. Activities Bldg., 123 East Main St., Thurmont. Doors open 5:00 p.m.; bingo 6:45 p.m. \$20/in advance; \$25/at door. 301-271-2924.
- 27 .... All-You-Can-Eat Fish Bake Friday, Our Lady of Mount Carmel Parish Center, Thurmont. 5:00-7:30 p.m. \$10/adults; \$5/ages 4-12; Free/3 & under. 301-447-2367.
- 27 .... Family-style Turkey and Oyster Dinner, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 3:00-7:00 p.m. \$18/adults; \$9/ages 6-10. Carryout \$19.
- 27 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 7:30 p.m. \$15/person. 301-271-7613.
- 27-28...AACA-SMR 45th Annual Antique Auto Swap Meet, 706 Agriculture Center Dr., Westminster, MD. Free Admission. Doors open 8:00 a.m. 301-829-2000.
- 28 .... Family-style Turkey and Oyster Dinner, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 1:00-6:00 p.m. \$18/adults; \$9/ages 6-10. Carryout \$19.
- 28 .... Bass Fishing Tournament, Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. More info. to come. 301-241-5081.
- 28 .... Dinner Theater, *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 6:00 p.m. \$35/person. Reservations: 301-271-7613.
- 28 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 7:30 p.m. \$15/person. 301-271-7613.
- 28 .... Community Egg Hunt (for ages 0-12), Mt. Moriah Lutheran Church Community Center (Foxville Schoolhouse), 14814 Foxville Deerfield Rd., Sabillasville, MD. 11:00 a.m. Light refreshment to follow egg hunt. Pastor Julie Brigham 240-405-2173.
- 28 .... Mother Seton Bingo, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m. \$20/ in advance; \$25/at door. Prizes from Vera Bradley, Coach & Thirty-One.
- 28 .... Cruise in Memory of Jacob Loudon. Meet at Catocin High School parking lot, Thurmont. 11:00 a.m.; depart noon. 717-398-6276.
- 29 .... Spring Bazaar, Woodsboro American Legion, 101 W. Elizabath St., Woodsboro, MD. 11:00 a.m.-4:00 p.m. Over 50 crafters & vendors, food & more. Benefits Woodsboro American Legion 282 Auxiliary Community Service Program. 301-473-0723.
- 29 .... *Meshuggah-Nuns: The Ecumenical Nonsense*, presented by Thurmont Thespians, Thurmont American Legion, 8 Park Ln., Thurmont. 2:00 p.m. \$15/person. 301-271-7613.
- 29 .... Holy Week Service (March 29-April 1), Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:00 p.m. All are welcome. 301-271-2379.
- 29 .... Easter Egg Hunt, Gateway Candyland, Rt. 15 & N. Franklinville Rd., Thurmont. Ages 10 & under. 1:00 p.m. Weather permitting.



# Ladies SPA DAY For the Eyes

May 2<sup>nd</sup> • 2-5PM

The Event is FREE but RSVPs are preferred!

**301-271-0554**

- Eye make-up application lessons
- COLORED CONTACTS  
--try them on see!
- Sunglass sale 30% off that day only
- & much more!

*We will have drinks & appetizers, gift bags,  
& prizes too!*

Ladies Only! Ages 14 & Up Welcome!



EYE CARE + EYE WEAR  
**THURMONT  
EYE CARE**

## HOURS OF OPERATION

Mon. & Thurs. • 10 am - 8 pm

Weds. & Sun. • Closed

Tues. & Fri. • 9 am - 5 pm

Sat. • 8 am - 2 pm

24 Hr. Emergency Line - 240.997.1181

2 East Main St. • Thurmont, MD 21788