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Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

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On the Wild Side-Nature's Quietude



POND HOCKEY TRADITION



For four generations, the Wivell family has strapped on ice skates and taken to the ice for some pond hockey.

Deb Spalding

Many of you can probably recall a memory of sitting by a camp fire, enjoying the glow of the flames, the toasty warmth on your legs, and the occasional pop of a spark. Just imagine. Despite the pesky mosquitoes, isn't that a nice place to be?

To generations of the largeextended Wivell family in Emmitsburg, this scenario is commonplace. In summer, they go camping. In winter, they snuggle close to a camp fire, while warding off a stiff sub-freezing chill on the non-toasty side of their bodies. They're dressed in layers for warmth, thick gloves, and... ice skates. Every now and then, when a skate starts to smoke, they check the bottom to make sure it didn't melt much, then return to the family pond for more ice skating and pond hockey.

As many as four generations of Wivells have been represented on the pond at one time in recent years.

Sarah (Wivell) Bryson said, "My dad was one of thirteen children and his dad was one of twenty."

Skaters of all ages show up to skate. The family's 'elders' are just as fast on skates—if not faster—than the youngsters. Sam Wivell and Roy Wivell, Jr., both in their 60s, are two of the most advanced skaters on the pond. They zip around the ice with ease, handling the puck with proficiency.

When a large crowd shows up, teams are created and games are timed (usually five to eight minutes), with the winners of each match staying on the ice. There



are plenty of falls, sprains, bruises, and challenges; however, the physical discomfort becomes insignificant compared to the foundation of heritage created in these treasured times.

"You've got to be prepared to bounce and go to work on Monday with a lot of bruises," said Chris "Chic" Wivell.

The ice is rarely perfect. The wishy-washy temperatures on the Mason Dixon line guarantee a challenge to keep the ice in a useable state. The winter of 2014 was a consistently cold winter, during which the occasional snow was quickly pushed off the ice with a snow plow. This season, however, the ice has been suitable for skating on only two days so far.

The Wivell pond was built in 1954, through the Maryland Soil Conservation, by Roy Wivell, Sr.

When conditions allow, pond skating takes place day and night. In earlier days, lanterns were used to light the ice at night; today, the Wivells use stadium-like lights, tied high in a tree to light up the ice. Music blasts from a nice sound system, and everything is powered by a generator, except the camp fire

— Continued on page 9 —

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Dear Reader:

It may still be cold outside, but we are trying to keep it hot between the pages of this month's *Catoctin Banner*. How, you may ask? Well....

Find out some new ways to delight your sweetheart with our Valentine's Day tips. If you really want to impress the poet in your soul, you can find out how with our article about Catoctin Voices, Northern Frederick County's poetry group.

Another way to heat things up: Take a look at the new officers and faces at your local fire and ambulance companies.

The final way to heat things up: Work up a sweat while ice skating. Enjoy the story about pond skating with the Wivell family.

As always, you'll find a mix of our regular columns, featuring new business, local history, arts and entertainment, and town hall goings on. It's your most-complete snapshot of the Catoctin region for February.

We continue to try and pack the pages with stories that won't leave you finishing reading the paper feeling depressed or discouraged.

We'd also like to thank all of our advertisers, and you should, too. Why? Because it is through their support that we are able to bring you *The Catoctin Banner* each month. You can show your support by shopping at our advertisers and mentioning their ads in *The Catoctin Banner* when you do.

—James Rada, Jr., Contributing Editor

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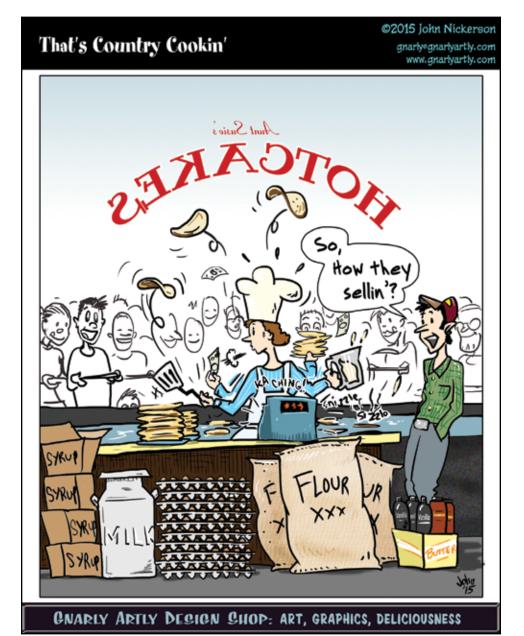


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Correction: In the January 2014 "Our Neighborhood Veterans" column, 1st Sergeant Robert David Maddox's parents were named incorrectly. Their correct names are Charles and Annabelle Baker. We apologize for the error. In the November 2014 issue, we misspelled Chris Haugh's name in the Blue Mountain City video premiere by John Nickerson. It was spelled Hough in the article. We apologize for the error. Both adjustments have been made online at The Catoctin Banner.com.

<u>PATRONIZE OUR ADVERTISERS!</u>



The Catoctin Banner exists due to the advertising support of those featured in each issue.

What's New: Tax Season 2015

United Way of Frederick County and the Housing Authority of the City of Frederick have partnered with the Frederick County Financial Literacy Council to provide free tax preparation (VITA) and resources that improve financial stability.

Volunteer Income Tax Assistance (VITA) is a free program staffed by IRS-certified volunteers and offers tax preparation to qualifying individuals and families. Volunteers ensure that taxpayers are aware of various incentives, such as the Earned Income Tax Credit (EITC), Child Tax Credit, and Credit for the Elderly or Disabled. Last year as many as 3,100 families failed to claim more than \$6.2 million in tax credits in Frederick County.

New this year, the Coalition is offering more VITA sites throughout Frederick, Emmitsburg, Thurmont, and Walkersville. New partnerships with the Asian American Center of Frederick, Frederick County Bank, and Goodwill of Monocacy Valley add even more sites to the list, making it easy to find a location

and appointment time that accommodates the needs of taxpayers. BB&T Bank will also offer a mobile site in Brunswick and at Lucas Village.

www.TheCatoctinBanner.com

Also new in 2015 is that appointments can be made by calling 2-1-1. MyFreeTaxes.com is another free tool available to Frederick residents, acting as an online tax preparation option for those who choose to prepare their taxes on their own. VITA sites will open on January 20, 2015—instead of in February as in previous years—and provide assistance until April 15, 2015.

United Way's AmeriCorps member Taylor Liddiard is dedicated to the success of these programs, especially VITA. Liddiard believes that these projects are instrumental in making Frederick a better place, saying, "United Way is confident that local dollars create local solutions, and using these resources to bring thousands of

dollars back to Frederick families is a great step to take."

"With more sites, an online service, an earlier start date, and appointment scheduling with 2-1-1, this year's services are poised to help more families access the money they deserve," Josh Pedersen said. Pedersen, CEO of United Way, explained that these expanded activities are the highest priority at United Way.

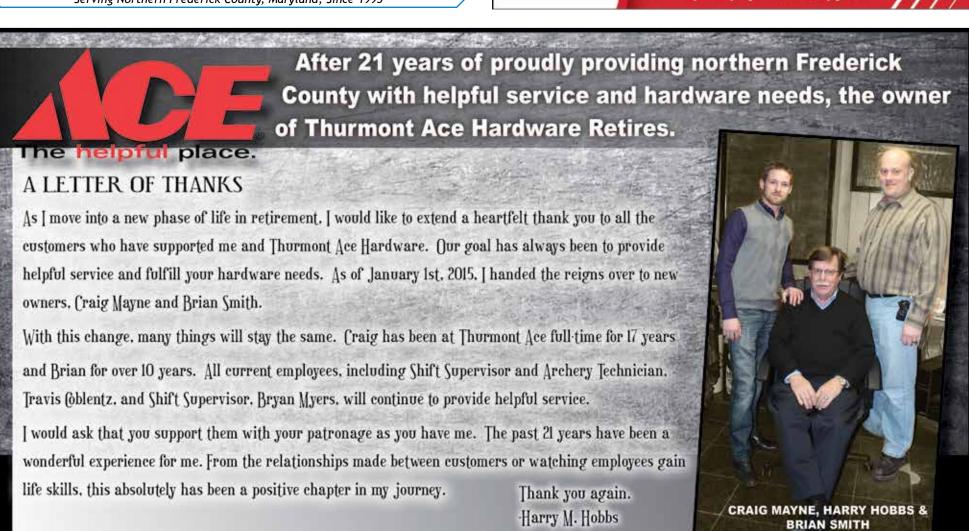
United Way of Frederick County is a community change organization. United Way works across the County to leverage resources, businesses, experts, and other service providers to advance the common good. They prepare young people to work, help families become economically self-sufficient, and help individuals choose healthy lifestyles.

For additional information or to make a donation, contact United Way at 301-663-4231 or visit their website at www.unitedwayfrederick.

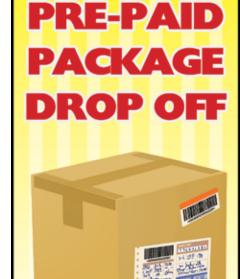


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town hall reports

by Deb Spalding

Emmitsburg January 2015

January 5 Town Meeting Town

The meeting scheduled for January 21, 2015, was canceled due to weather.

Discussion was held regarding future planning to put in a dog park. The location is to be determined.

Discussion was also held regarding the clock that Mount St. Mary's donated to the Town. The Town would like to put the clock at the square, but they are not sure exactly where, as of yet. The timeframe for installation is two years out.

Roger Wilson, Liaison for Frederick County Government, was on hand and asked if there was anything the County could help with.

The Town donates \$1,200 to the Fire Fighter's Museum every year. That money is mainly used for water and sewer for the facility. Discussion was held about whether the Shrine Museum is eligible for money from the Town.

The Town considered demolition of a barn on Scott Road.

Next meeting is to be held on February 2, 2015.

For more information about the Town of Emmitsburg, log onto www.emmitsburgmd.gov or call 301-600-6300.

Thurmont January 2015

The first meeting by the Town of Thurmont in the Town's new municipal building was held on Tuesday, January 20, 2015, at 7:00 p.m. with Commissioners

Bill Buehrer, Wayne Hooper, Wes Hamrick, and Marty Burnes in attendance, and Mayor John Kinnaird presiding.

The Town asked for reports on \$25,000 Supplemental Funding that was provided by the Town to the Guardian Hose Company and the Thurmont Community Ambulance Company.

Wayne Stackhouse, president of the Guardian Hose Company, said that the majority of their money goes towards the mortgage on their current property. Lowman Keeney, President of the Thurmont Community Ambulance Service, indicated that their new event complex will require approximately \$120,000 in mortgage payments per year. The town's \$25,000 donation this past year was graciously put to use to purchase a brand new 2015 ambulance. This unit is bare (not stocked with equipment). They are working diligently to provide services and maintain units.

Discussion was held about various points in the lease agreement for the Thurmont Food Bank lease of the former town office premises.

Commissioners Comments

Commissioner Buehrer discussed two initiatives to start the new year: (1) The State of Maryland is initiating recreation in local parks for seniors. Discussion was held regarding available space for this function; and (2) Consider hiring an Economic Development Director. There is interest in determining a basic plan.

Commissioner Hamrick spoke about the Thurmont Food Bank. The Food Bank will hold an official Grand Opening on Saturday, March 7, 2015, at 10:00 a.m., with

refreshments, tours, and a ribboncutting ceremony. If there is snow, there will be a one-week delay. The Food Bank will be open Tuesdays, 5:00-730 p.m.; and Fridays, 4:00-6:00 p.m. Donations of nonperishable food may be dropped off at any time and placed in the shopping card in entryway.

Discussion was held regarding vacant properties and whether an incentive should be established to attract businesses.

Town CEO, Jim Humerick, indicated that the contract has completed for Moser Road circuit at the Sub Station. There will be an interruption of power between 6:00-7:00 a.m. on January 31.

The Town received not-sogreat news from Program Open Space. Funds have been frozen. But, Frederick County Parks and Recreation has some first-come, firstserve funds for municipalities. Town submitted for three projects: West Main Street Little League Property, Trolley Trail Paving Project, and Eyler Road field #2.

Thanks to town staff for organizing the new building. Thanks to Butch and his crew for their hard work at the old location helping to get the food bank set up.

Mayor Kinnaird noted that the water leak that day on Apples Church Road was repaired in record time. Hats off to all.

The Town of Thurmont will hold a Grand Opening on Saturday, January 31, from noon to 4:00 p.m. with a 1:00 ribbon-cutting for the official dedication of the building.

View the Town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.









Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@ thecatoctinbanner.com to record your guesses by the 15th of each month. Please don't forget to spell your full name and leave your phone number.

Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was a barrier on a large pipe crossing the creek at the Rt. 77 bridge, next to the Crow's Nest Campground in Thurmont.



Photo by Irene Matthews

The winner of the "Where Am I?" game is Bernhard Cohen.

Hidden Object Game

Last month's Hidden Object was a brown cat, wearing colored striped socks. It was located on page 24 in the Website Design, E Plus Copy Center advertisement. The winner of the Hidden Object game is Abigayle Bowley. If the winner has not been contacted, please contact us to claim your prize.

This month's Hidden Object is a penguin wearing a tuxedo.

Note: Hidden Object is always hidden in one of our advertisers.

If you see your name listed as a winner, please email us at news@thecatoctinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.





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The goal of *The Catoctin Banner* is to provide good community news and information for residents of northern Frederick County, Maryland—promoting a sense of community pride and spirit.

Published on or before the beginning of each month. Publish date will be early if holidays or events warrant adjustment.

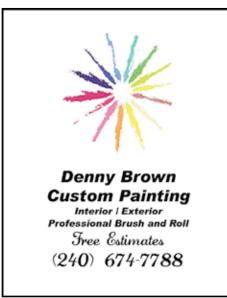
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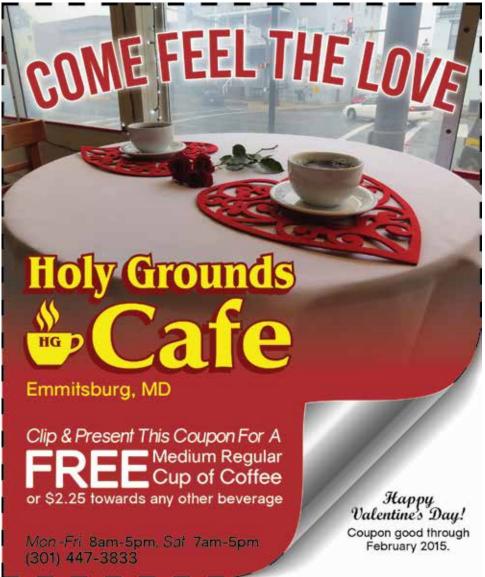
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Graceanne Eyler and Allison Rostad, Advertising Design; Michele Tester, Managing Editor and Layout Design; James Rada, Jr., Contributing Editor; Lindsay Brandt, Photojournalist

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Art in Motion—ESP Performing Company 2015 Dance Showcase at CHS

Experience Art in Motion! Come out for the Elower-Sicilia Productions (ESP) Performing Company Showcase Fundraiser on Saturday, February 28, at 7:00 p.m. in the Catoctin High School (CHS) auditorium. This is your opportunity to experience the award-winning ESP Performing Company live onstage in your community. The choreography and dances presented in the showcase have already won numerous awards this season. We are excited to present these performances to our community, as well as continue to travel the east coast this competition season.

Doors will open at 6:15 p.m. Concessions will be available, as well as 50/50 drawings and gift basket raffles. Tickets are available for purchase in advance. The cost is \$5.00 for students and \$10.00 for adults. Tickets may be purchased by contacting ESP Dance at 301-271-7458, by visiting the studio at 15 Water Street in Thurmont, or by contacting any company dancer. Tickets will also be available for purchase at the door: \$6.00 for students and \$12.00 for adults. Please join them on February 28 at CHS and help keep art alive in Thurmont!

Also keep in mind that registration is still open for spring 2015 classes at the studio, culminating with our annual recital at the Weinberg Center on Friday, June 17, 2015. All levels of classes are available. ESP specializes in all types of dance, including tap, ballet, jazz, hip hop, lyrical, acro, and pointe. Participating in dance class is a great way to build confidence, strength, and have tons of fun! Contact the studio office at 301-271-7458 or espdance.com for further information. Check them out on Facebook at ESP Dance and ESP Performing Company. This event is made possible in part by a grant from the Frederick Arts Council.

View Elower-Sicilia Productions of Dance and Music's advertisement on page 23.

Pictured from left are: (first row) Olivia Gamer, Claire Daly, Keira Taylor, Jack Estep, Kristen Felichko, Rose Weedy, Emma Taylor, Carson Fry; (second row) Olivia Ecker, Aubrey Summerall, Julie Beech, Sophia Daly, Lyla Zelenka, Jenna Taylor, Maceo Zelenka; (third row) Autumn Little, Michael Wilson, Ashlyn Summerall, Summer Clausen, Makayla Eibert, Catherine Estelle; (fourth row) Robbie Doyle, Cheyenne Favorite, Toni Marceron, Meredith Wilson, Becca Hill, Emily Mitchener, Lucy Estep.



AROUND town

Country Butchering

A Country Butchering will be held on February 21, 2015, at the Rocky Ridge Volunteer Fire Company. A pancake breakfast will be served on the morning of the butchering, from 6:00-10:00 a.m. Benefits the Rocky Ridge Volunteer Fire Company. View their advertisement on page 25 for more

Blue Ridge Sportsmen's Events

The Blue Ridge Sportsmen's Association in Fairfield will host the following events in February 2015: Cash Bingo at 1:00 p.m. on February 1; Bar Bingo at 7:00 p.m. on February 6, 13, and 20; Wagner Shoot on February 7 and 21; Meat Shoot on February 14; Valentine's Day Dinner on February 14; Meat Raffle and Buffet on February 27. View their advertisement on page 21 for more information.

MSS Thirty-One, Coach & Vera Bradley

Mother Seton School (MSS) is holding a Thirty-One, Coach & Vera Bradley Bingo on February 21, 2015, at Mother Seton School, located at 100 Creamery Road in Emmitsburg. Doors open at 5:30 p.m., with games beginning at 7:00 p.m. Tickets are \$20.00 if purchased in advance or \$25.00 at the door the night of the event. View their advertisement on page 22 for more information.

His Place Car Show

Mark your calendar for the 6th Annual His Place Car Show, being held on Saturday, May 2, 2015, at Mother Seton School, located at 100 Creamery Road in Emmitsburg. Event features three awards each, for five categories; raffle, food, door prizes, and more. View their advertisement on page 30 for more information.

Moving Sale

A Moving Sale will take place February 20-22, 2015, from 11:00 a.m. to 4:00 p.m., at the Cozy Inn, 103 Frederick Road in Thurmont. Items for sale

include 450 salt and pepper shakers, home decor, Camp David and Cozy items, figurines; coffee table, claw foot tub, hutches, cupboard, safes, desks, cabinets, sewing machines, stained glass canopies; office items such as computers, binders, swivel chairs, and stationary, and much more. Also a mini doughnut making machine will be sold.

Rental spaces are available (all inside). View their ad on page 31 for more information.

Calendar of Events

Reference the Community Calendar on page 39 for events of interest.



All-You-Can-Eat Spaghetti Dinner

The American Legion Riders are sponsoring an All-You-Can-Eat Spaghetti Dinner on Sunday, February 15, 2015, from 1:00-4:00 p.m., at Woodsboro American Legion, located at 101 W. Elizabeth Street in Woodsboro, Maryland. The cost is \$10.00 per person (children under 12 years old are free). Tickets can be purchased at the door. View their advertisement on page 16 for more information.

EVAC Bingo Bash

Don't miss Bingo Bash at Emmitsburg Volunteer Ambulance Company (EVAC) on March 21, 2015. Doors will open at 4:00 p.m., with games beginning at 7:00 p.m. Tickets are \$40.00 if purchased in advance, and \$50.00 if purchased at the door the night of the event. Bingo features twenty-two games, paying \$250 each, with three \$1,000 jackpots, plus a meal. View their advertisement on page 11 for more information and where to purchase your

Vigilant Hose Company's Annual Spring Fling

The Vigilant Hose Company will host their annual Spring Fling event on May 16, 2015, on the grounds of Mount St. Mary's University. It's time to get your ticket. Contact Chris Stahley at 301-447-3081, John Glass at 301-447-3648, Gabe Baker at 301-447-2212, or Bill Boyd at 717-6423-9717 for more information or to arrange your purchase. View their advertisement on page 13 for more information.

St. John's Christian Preschool's Open House

St. John's Christian Preschool will hold an Open House on Friday, February 27, 2015, from 9:00-10:00 a.m., at 15 North Street in Thurmont. View their advertisement on page 17 for more information.

NIGHTLY SPECIALS

MONDAY 3-9

Corned Beef and Cabbage \$10.50

TUESDAY Closed

Closed until March 3rd

WEDNESDAY 4-9

Prime Rib of Beef, au jus \$19.95

Veg. & Salad Bar

THURSDAY 4-9

Steak 'n Bake \$15.95

10 oz. Choice Steak, Chef's Sauce Salad Bar and Loaded Potato



February 13th, 14th and 15th

SPECIAL MENU Soup through Dessert

Menu on Shamrockrestaurant.com Reservations Suggested.



(301) 271-2912

7701 Fitzgerald Rd Thurmont, MD 21788

Business news

Jen's Cutting Edge Moves to New Location

Grace Eyler

Jen Weddle, owner of Jen's Cutting Edge hair salon, recalls memories of the start of her career. At age fifteen, she began working part-time for Catoctin Hair Studio as a shampoo girl. While attending Catoctin High School, the young stylist began her cosmetology education at VoTech in Frederick (what CTC is today). When the Catoctin Hair Studio salon closed, the opportunity arose for her to open her very own shop. At the young age of twenty, she opened Jen's Cutting Edge Salon in the Cozy Shoppes in Thurmont. In 2010, long-time friend, Missy Morgan, joined Jen's team, then Lois Gaber also joined in 2013. Jen takes care of the hair, and Missy and Lois schedule, take calls, and happily welcome their clients.

This year, Jen's Cutting Edge hair salon is celebrating fifteen years in business. When the Cozy Shoppes closed, Jen was forced to relocate.

"It's been a quite a transition," said Jen.

In her prior location, she also offered tanning. Jen plans on reopening that tanning portion of the business in the future. In the meantime, every product and service that you remember from her previous location is available in the new location, and the new shop is only two miles away from the old location. In the past, people would park in the Cozy parking lot, crossing the busy street to get to her shop. The new location features easy and convenient parking, which makes it very accessible to senior or disabled clients, especially during bad weather. Another perk that came with her new location is a kid-friendly environment, with a tot-sized table



Jen Weddle, owner of Jen's Cutting Edge, is shown with one of her many loyal clients.

and an assortment of interesting toys for entertainment.

"We are hair care for the whole family, and we are happy to give children their first haircut, and every cut from there on out!" said Jen.

With a strong focus on accommodating not only ladies, but the entire family, Jen offers a wide array of services, including haircuts, waxing, perms, updos, foil and cap highlights, and all-over dye. Jen's Cutting Edge also provides high quality hair products and high-end nail polishes. Even though tanning isn't currently offered, if you're looking for discounted lotions or goggles for the local gym's tanning beds, these great ladies will have you covered!

Appointments are highly recommended. To schedule your appointment, contact the salon at 301-271-0011. Hours of operation are Tuesday and Thursday, 9:00 a.m.-8:00 p.m.; Wednesday and Friday, 9:00 a.m.-6:00 p.m.; Saturdays, 7:00 a.m.-1:00 p.m.; closed on Sundays and Mondays.

Hazel's Thrift Store Opens on the Emmitsburg Square

Grace Eyler

On January 3, 2015, Anita Marsellars opened Hazel's Thrift Store on the square in Emmitsburg. This is Marsellars' first business venture, in honor of her late mother, Hazel.

"She was such a kindhearted person who loved to give back to her community," said Marsellars.

With that in mind,
Marsellars understands how
the costs of living continuously
creeps up over time. This leaves
many in need of an affordable
alternative for clothing,
electronics, accessories, home items,
toys for children, and other such
items. Marsellers brings a wide array
of very lightly used merchandise into
her store for customers to purchase
at a low price.

"I wouldn't want to sell anything to my customers that I wouldn't buy myself," she said.

To make sure she brings the best quality of used goods to Emmitsburg, she travels as far as Ohio, North Carolina, and other bordering states to build her inventory. Many of the clothing items are even brand names—Coach Purses are displayed on the wall.

Marsellers, who makes a commute from Germantown to Emmitsburg every day, is very familiar with this area, attending Emmitsburg Auction's



Pictured is Anita Marsellars, owner of Hazel's Thrift Store in Emmitsburg.

weekly auctions. When CJ's recently closed their storefront and relocated to their South Seton Avenue location, she jumped on the opportunity to rent the vacated space to open Hazel's Thrift Store.

She said that while preparing the store, "We've had many people stopping in to take a look around, or do a little shopping. Also, many locals have been stopping in to welcome me to Emmitsburg."

Stop by and visit "Miss Anita" Marsellers at Hazel's Thrift Shop on the square of Emmitsburg. Her door is open from 10:00 a.m.-6:00 p.m., Mondays through Saturdays, and closed on Sundays. If you have any questions, just give Anita a call at 301-447-4323.

View Hazel's Thrift Store's advertisement on page 32.

H&R Block's Grand Opening in New Location in Thurmont



Pictured from left are David Wells, Fernanda Wells, Mary Nix, Tom McCullough, Milt Herring, Cherise DeSheers, Karen Lampe (Office Manager), Carolyn Cross (District General Manager), and Rhonda Turman.





IB (a) RE∕MBX ♥





Level, open building lots - 2 adjoining one acre lots both with percs and wells for \$125,000.

Pond Hockey — Continued from cover page



Issiah "Bub" Wivell is shown tying on his skates for an afternoon of skating in January 2015.

and the skaters. Even with today's technology evident, you can get to the ice only one way: by walking through the pasture among the goats, cattle, and chickens.

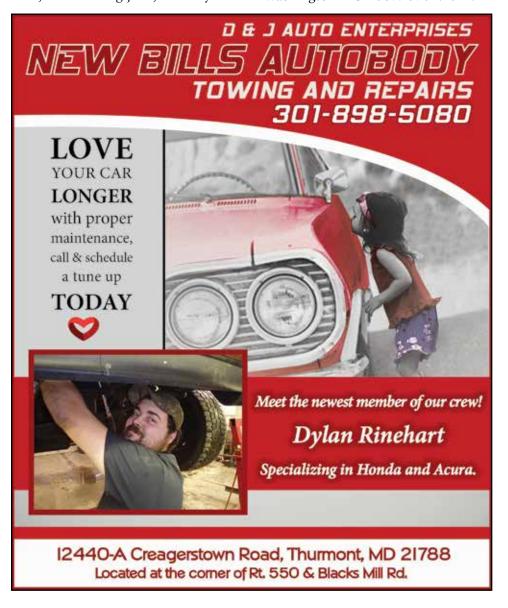
The Wivells are generations of farmers. The descendants of those original 20 siblings number 536 these days.

"Chic" Wivell said, "Growing up, it was go to church, milk the cows, and pond hockey on weekends. In that order."

With such a large family today, many family members hold fulltime, non-farming jobs, but they return to the farm when they can to help out.

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A video called *The Magic of Pond Hockey* was created by Danny Favret and Jason Pugh. It showcases the Wivell family's unique heritage of pond skating. The video was part of a documentary that NBC-4 aired in 2014, leading up to the Washington Capitals Winter Classic game that was played outside at Nationals Park on New Year's Day. View the documentary at www.nbcwashington.com/news/sports/1224-pugh-ice-sports_Washington-DC-286798701.html.



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COMMUNITY news

Shamrock's Little Christmas

Deb Spalding

On Tuesday, January 6, 2014, the public was invited to enjoy the Irish tradition of Women's Little Christmas at Shamrock Restaurant in Thurmont.

Outside the dining room windows that day at Shamrock, diners observed beautiful soft snow falling, as they settled in the firewarmed dining room listening contently as singers, Nita Corn and her daughter Eileen, sang Irish and holiday tunes. For the folks who ventured out, it was an enjoyable afternoon.

Shamrock's Donna Demmon welcomed visitors by visiting each table. She explained that after the ladies in Ireland have worked to create a festive holiday for their families, they are rewarded with a girl's outing to celebrate.

"Ladies would go to the pub and sit and have a Guinness. The publican (man or woman who owns the pub) would serve them free corned beef sandwiches on Women's Little Christmas. We're serving to everyone who comes in today, ladies and gentleman, a complimentary Reuben Sandwich," said Demmon.

Donna enjoyed visiting the folks at each table and making sure they understood the tradition that was being celebrated. She presented each table with free corned beef pinwheels.

Before the snow, Donna said that the reservations for the event were



The Catoctin Banner Newspaper

Shamrock Restaurant's Donna Demmon is shown serving Jackie Campbell, Carol Robertson, and Kathy Cogan corned beef pinwheels during Little Women's Christmas.

more than she had hoped, but with the weather conditions, many did not venture out. She plans to host the event annually and continue to share the tradition.



Lewistown Ruritan Club's Ladies Night

The Lewistown Ruritan Club held Ladies Night at Springfield Manor Winery & Distillery. The guest speaker was Monocacy National Battlefield Park Ranger, Barbara Justice, who gave an interesting presentation on love letters from the Civil War.

The Ruritan Club also presented annual donations to the following organizations: Pastor Elza Hurst, Thurmont Food Bank; Gail Boggs, Lewistown Methodist Church Ladies Auxiliary; Dick Baseley, Thurmont Library; Debbie Enlich, 4H Therapeutic Riding Program; Ron Demory, Ruritan Club President; Charles Smith, 4H Camp Center; and Harol Staley, Lewistown Elementary PTA. Additional donations were made to Catoctin Safe and Sane and the Lewistown Volunteer Fire Department. These donations were made possible through the Ruritan's famous Chicken BBQs. The BBQs will be held on May 17, June 7, July 12, August 9, September 6, and October 4, 2015, at the Ruritan Picnic area along Route US 15 South at Fish Hatchery Road in Lewistown.



Pictured from left are: (front row) Pastor Elza Hurst, Thurmont Food Bank; Gail Boggs, Lewistown Methodist Church Ladies Auxiliary; Dick Baseley, Thurmont Library; (back row) Debbie Enlich, 4H Therapeutic Riding Program; Ron Demory, Ruritan Club President; Charles Smith, 4H Camp Center; and Harol Staley, Lewistown Elementary PTA.

Remembrance Tree Globe Pick Up - Individuals who place remembrance globes on the annual Thurmont Lion's Club remembrance tree can pick up their globes on Wednesday, February 25, 2015, between 5:00 and 6:30 p.m. in the entrance lobby of the Mountain Gate Restaurant. The Thurmont Lions Club would like to thank everyone who participated this year.

"Teens for Jeans" - The CHS "Teens for Jeans" Project is ongoing until the second week in February! CHS Leo's have chosen for the second year in a row to participate in this national campaign sponsored by DOsomething.org and Areopostale. Donations may be dropped in the CHS administrative office.







P.A.K.N. (Police and Kids Night)

The P.A.K.N.
Program (Police and Kids Night) is a free drop-in cooperative between the Thurmont Police Department and the Frederick County Division of Parks and Recreation. This is a fun opportunity for youth ages 11-17 to play pick-up basketball, soccer, kickball, flag football, or just hang out with



friends. It's a place to interact with the Thurmont Police officers in a relaxed atmosphere. Located in the Thurmont Recreation Center (the county-run Recreation Center in the gym of Thurmont Middle School), this activity is held every third Thursday of the month. The next P.A.K.N. drop-in will be held February 19, from 6:00-8:00 p.m.

"We have a great program, we need to spread the word to community members," said Carrie Sprinkle, Recreation Coordinator with Frederick County Parks and Recreation.

Thurmont's Police Chief Greg Eyler said, "The program is a way we, the police, can interact and meet many of the kids in town. We believe the program will be beneficial for us and the kids and it promotes our community policing efforts. There are many programs and activities for the kids. We wanted to provide a more personal one where the kids could see that their police officers have a different side to them, not just the official side. The police department and the Frederick County Division of Parks and Recreation believe in this program, and we are hopeful that attendance will increase. Interaction and communicating with the citizens, no matter what age, is of utmost importance. It builds a foundation of trust, which is one of our goals."

Just drop in and have some fun! Call 301-600-2936 with any questions.



Emmitsburg Masonic Lodge 205 Installs Officers for 2015

Courtesy Photo



Pictured from left are: (front row) Bert Edmonston III, Grand Inspector; Ed Hahn, Senior Warden; Ernie Gelwicks, Worshipful Master; Kevin Poole, Junior Warden; Ron Hedges, Junior Deacon; (back row) Austin Fogle, Senior Deacon; David Wilt, Senior Steward; and Ron Cool, Sec.

Emmitsburg Lions Club Provides Holiday Food Boxes

On December 21, 2014, the Emmitsburg Lions Club celebrated its thirty-first year of providing holiday food boxes to needy families in our communities.

This year, the Emmitsburg Lions Club provided all the staples needed to make a great holiday dinner for fifty-six



Pictured from left are Lions, Mary Flickinger, Connie Kapriva, Elizabeth Sweeney, Sharon Hane, Ann Kulceski, Cliff Sweeney, and Dale Shields.

families in the community.

The Emmitsburg Lions wish to thank all those who contributed either food or financial assistance for this very worthwhile effort.

Reference the Community Calendar on page 39 to find events of interest.





First Town Meeting in the New Thurmont Town Municipal Office Building

The Catoctin Banner Newspaper

Courtesy Photo



First Thurmont Town Meeting in new Municipal building (from left): Town Commissioner Bill Buehrer, Commissioner Wayne Hooper, Mayor John Kinnaird, Commissioner Wes Hamrick, and Commissioner Marty Burns.

Brad Bates is helped by Debbie Ecker.





The first meeting in the new Thurmont Town Municipal Office building at 615 East Main Street was held January 20, 2015. The Town of Thurmont personnel will hold an open house and dedication ceremony at the new offices on Saturday, January 31, from 12:00-4:00 p.m. Everyone is welcome to attend and to have a look through the new facility. The dedication will take place at 1:00 p.m.





(top) A view from the mayor's seat in the public meeting room.

(left) Tracv Schur and Wanda Stottlemever are shown working to put their offices in order.

The driveway to the building is a one way loop, with the entrance located closest to the building so that the drop box can be accessed by the driver.





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Vigilant Hose Company Holds 131st Annual Banquet

The 131st Annual Banquet of the Vigilant Hose Company (VHC) was held on Saturday, January 3, 2015, at Mother Seton School in Emmitsburg. Company President Tim Clarke served as Master of Ceremonies, often sparring with outgoing Chief, Frank Davis, about their opposing teams taking to the grid iron (televised during the banquet) for NFL playoffs. Clarke, a Steelers fan, unknowingly stood in front of a Ravens logo affixed to the front of his podium. Later, Clarke shrugged off his suit jacket and donned a Steelers jersey. Despite the sparring, a deep respect was conveyed between the two. The Ravens won the contest 30-17 that evening.

While welcoming Chad Umbel as the incoming chief, Tim Clarke had kind words for outgoing Davis, "When you think of karma, think of Frank Davis. Good karma is a force created by a person's actions to create good. Frank made us a better department, better firefighters, better people. He left a legacy of professionalism, honor, and courage."

Later, it was Davis' turn to speak well of Clarke, as he surprised him by announcing Clarke's induction into the Vigilant Hose Company's Hall of Fame. This took place after Clarke had inducted John A. Glass and the late Dr. William Green into the Hall of Fame.

During the banquet, the 2015 officers of the company were installed by Dave Keller.

Administrative Officers

Photos by Lindsav Brandt

President—Timothy M. Clarke; Vice President—David Wilt; Treasurer— Steven M. Hollinger; Assistant Treasurer—William D. Boyd, Jr.; Secretary—Steven W. Valentine; Assistant Secretary—Thomas Vaughn; Board of Directors—Hugh Boyle, Gene Fauble, Randy Myers, Douglas D. Orner, David Stonesifer, and Carl A. White.

Line Officers

Chief—Chad M. Umbel; Deputy Chief—James E. Click; Assistant Chief—Christopher A. Stahley; Captain—Robert A. Rosensteel, Jr.; 1st Lieutenant—Joshua Brotherton; 2nd Lieutenant—Jason Powell; 3rd Lieutenant—Douglas Yingling; 4th Lieutenant—Derek Rosensteel; and Sergeant—Alex McKenna.

Fire Police

Captain—Paul Krietz; 1st Lieutenant—Lynn Orndorff; 2nd Lieutenant—Steve Orndorff.

Auxiliary Officers

President—Diana Hoover; Vice President—Tina Ryder; Treasurer— Jo Ann Boyd; Secretary—Joyce E. Glass; Financial Secretary—Mandy Ryder; and Co-Historians—Jennifer Boyd and Katie Davis.

Length of Service Awards (presented to those with five-year increments)

5 Years—Roger Arrowood, John Javor, Alex McKenna, Chad McNair, and Kenny Shoemaker; 10 Years—Karyn Myers, Lynn Orndorff, and Dave Stonesife; 15 Years—Ronnie Topper; 20 Years—Chad Umbel; 30 Years—Chris Byard; 35 Years—Jim Click and Steve Orndorff; 45 Years—Gary Glass; 60 Years—Art Damuth; and 65 Years—Charles Hartdagen.

Tot 10 LOSAP

Top 10 LOSAP Awards were presented: 10th—Tim Clarke (92); 9th—Doug Orner (94); 8th—Bradley

Hartdagen (95); 7th—Tom Vaughn, John Glass, Derek Rosensteel (97); 6th—Tim McKenna (97); 5th—Frank Davis (107); 4th—Bill Boyd, Jr., and Josh Brotherton (109); 3rd—Jim Click (112); 2nd—John Damskey (119); and Top LOSAP—Cliff Shriner (158).

Top 10 Responders

Top 10 Responders were: 10th—Dave Stonesifer (121 calls); 9th—Bob Rosensteel (141 calls); 8th—Tyler Arrowood (167 calls); 7th—Tyler Bennett (168 calls); 6th—Doug Yingling (171 calls); 5th—Tim McKenna (186 calls); 3rd—Derek Rosensteel (188 calls); 2nd—Josh Brotherton (200 calls); and Top Responder for 2014—Cliff Shriner (259 calls).

Training Awards

Training Awards: 3rd—Mike Orndorff (44 calls); 2nd—Steve Orndorff (74 calls); and Top Responder for 2014—Sam Cool (96 calls).

The Training Award for 2014 was presented to an individual who attended the most hours of in-house training and training conducted outside the VFC to include Maryland Fire and

Rescue Institute, the National Fire Academy, and the Frederick County Fire & Rescue Association. This includes department drills and recertifications. The Training Award was presented to Derek Rosensteel.

Frank Rauschen Berg was awarded the President's Award for 2014; Josh Brotherton was awarded the Chief's Award for 2014; and Bill Boyd, Jr. was awarded the Member of the Year Award for 2014.

The highest award to be presented at the annual banquet is the Hall of Fame Award. The VHC inducted John A. "Lightning" Glass, Timothy M. Clarke, and the late Dr. William Green into the Hall of Fame.

During the banquet, the VHC Auxiliary presented a check to the department in the amount of \$40,000.

The Company paid respect to the members of the Vigilant Hose Company who passed away in 2014: S. Robert Adams, Sr. (June 2, 1929-June 14, 2014); Charles J. Champlain (October 24, 1942-July 28, 2014); D. Arthur Staub (January 18, 1959-October 26, 2014); Lloyd K. "Ike" Vaughn (January 14, 1930-December 19, 2014).



John A. "Lightning" Glass, Timothy M. Clarke, and the late Dr. William Green were inducted into the Hall of Fame, the highest award presented at the annual banquet.



Top 10 Responders



Length of Service Awards (LOSAP)

Thurmont Ambulance Company's Annual Awards Banquet

The Thurmont Community Ambulance Company held their annual Awards Banquet on Saturday, January 17, 2015, at the Emmitsburg Ambulance Company's banquet hall.

The banquet was catered by members of the Rocky Ridge 4-H. Company President, Lowman Keeney, served as Master of Ceremonies. Invocation was given by James Hamrick. Jacob Dumbroski of Venture Crew 270 gave an overview of their year.

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In 2014, they set a new record for apple dumpling sales at the Colorfest. They broke ground on the new Event Complex on the east side of town. The plan is to open this facility in June/July. The Town of Thurmont donated \$25,000 that the Company is using for a down payment on a new Freightliner ambulance that will replace

Ambulance #309. That will be the biggest operational expense of the upcoming year.

Chief Dennis "DJ" Ott said this was the busiest year for the Company, with them running 1,336 calls and driving a total of 49,253 miles on calls. In total, members committed 16,101 hours of their time to the Company.

Operational awards were presented by DJ Ott.

Top Responders

The 2014 Top Responders were: DJ Ott (253); Jen Frushour (232); Rose Latini (174), William Ott (156); Lisa Eichelberger (150); Kassie Manahan (143); Matt Demarias (130); Amanda Kefauver

(111); Travis Unger (81); Eric Stackhouse (77); and Lowman Keeney (65).

Administrative Officers

The 2015 Administration Officers include: President—Lowman Keeney; Vice President—Dave

(right)
Operations Officers

Riffle; Secretary—Joyce Stitely; Asst. Secretary—Shirley Stackhouse; Treasurer—Judy White; Asst. Treasurer—Dennis Ott, Sr.; Board of Directors—James Hamrick, Glenn Muth, and Tim Wiltrout.

Operation Officers

Operations Officers include: Chief—Dennis "DJ" Ott, Jr.; Asst. Chief—Rose Latini; Lieutenant— Lisa Eichelberger; Sergeant—Kassie Manahan; Sergeant—William Ott; and Sergeant—Deverule Shafer.

Special thank you was extended to sponsors: Catoctin Mountain Orchard, Gateway Flower Shop, ACE Hardware, and Gateway Farm Market & Candyland.





(above)
Administrative Officers

(right)
Chester Fogle, Sr. and
Paulette Mathias are shown
with their Life Membership
awards.

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Rocky Ridge Volunteer Fire Company Holds Annual Banquet

The Rocky Ridge Volunteer Fire Company, Inc. held its annual Awards Banquet on January 22, 2015, at the New Midway Fire Hall. New Midway's members served the banquet. After dinner was served, Rocky Ridge's Chaplain, Rev. James Russell, opened with the benediction. Master of Ceremonies, Dale Kline, took the stand to lead the awards. Chief, Alan Hurley, presented awards to the top 10 Responders and introduced line officers for the year.

Top Responders were Christina Hurley (106 calls), Matthew Moser (98 calls), Alan Hurley (96 calls), Bonny Hurley and Leon Stover (95 calls), Kevin Albaugh (59 calls), Wesley Burrier (57 calls), Larry Humerick, Jr. (52 calls), Craig Hovermale (49 calls), Donald Kaas (46 calls), and James Rice (43 calls).

The 2015 Officers were sworn in by Dave Keller from the Maryland State Fire Association. Administrative Officers include: Dale Kline-President; Dennis Mathias-Vice President; Paulette Mathias— Secretary; Melissa Mathias—Assistant Secretary; Bernard R. Wivell-Treasurer; Bonny Hurley—Assistant Treasurer; Rev. James Russell— Chaplain; Board of DirectorsAndrew Mathias, Jamison Mathias, Donnie Kaas, Jr., Craig Hovermale, Leon Stover, Jr., Steve Orndorff, and Wesley Burrier. Operations Officers: Fire Chief—Alan Hurley, James Rice—1st Asst. Chief; and Larry Humerick—2nd Asst. Chief. Junior Fire Co. Officers: Jolene Mathias-President; Jacob Dolly—Vice President; Josie Kaas—Secretary; and Breezy Comb—Treasurer.

The Catoctin Banner Newspaper

Dale Kline presented the President's Award to Ronnie Eyler. Dale Kline said, "Thanks to Ronnie's hard work and dedication, he and fellow members of the Rocky Ridge Fire Co., raise over \$4,000 during every car show." The Chief's Award was given to Alan Shields.

Paulette and Denny Mathias awarded pins to many members for their years of service. Of note, 50 Year Pins were given to Kenneth Hines and Dale Kline, Sr. This year's Honorary Member Award was given to Patricia Haines Riggs.

Betty Anne Mumma presented the Charles W. Mumma Award to Luke Humerick. The Outstanding Juniors Award was given to Breanne Combs. The juniors were thanked and given watches and keychains by Luke Humerick for dedicating 735

volunteer hours over the course of 2014. Wesley Burrier was recognized by Dave Keller for receiving the George Colbert Act of Heroism

Award last year. Betty Anne Mumma presented a check for the amount of \$15,000 from the Rocky Ridge Auxiliary to Dale Kline.

Photos by Grace Eyler



2015 Officers sworn in at the Rocky Ridge Volunteer Fire Company's annual Banquet.



Rocky Ridge Junior Fire Company.

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Man was made in the image of God, Genesis 1:26. God formed the spirit of man within him, Zechariah 12:1. He is called the Father of spirits, Hebrews 12:9. And we are called "the offspring of God" Acts 17:29. At death "and the dust returns to the earth as it was, and the spirit returns to God who gave it." Ecclesiastes

It does not matter how we die; an accident, old age or tragically. The spirit God has given us returns to Him and He will do with it what is just and right according to His Divine will. Death can be wonderful and we all have a reservation with death unless our Lord returns. To die "in Christ" is to embark on a glorious voyage, because when we die we are loosed from the limits of this body and allowed to set sail on the sea of eternity. Paul said,

For to me to live is Christ, and to die is gain. If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell. I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better. But to remain in the flesh is more necessary on your account. Philippians 1:21-24.

Are you making the necessary preparations for the voyage we must all take? If not you need to start planning before it is to late. Learn how to prepare by worshiping with us. Your questions are always welcome.



Photo by Allison Rostad

February 2015

Future Farmers of America (FFA) Banquet

Allison Rostad

The Catoctin FFA Alumni held their annual banquet on Thursday, January 8, 2014, at 6:30 p.m. at Mountain Gate Family Restaurant in Thurmont. A welcome was given by Ray Martin, III, Alumni President, before tables were released to help themselves to the dinner buffet prior to the night's presentations.

After a filling meal, guests turned their attention to Elizabeth Shriver and Daniel Myers who gave a presentation on the process of earning their FFA American Degree within the Future Farmers of America (FFA) organization.

Shriver explained, "You have to get three other degrees before you can get your American Degree."

These degrees are the green hand degree, which members receive after their first year as an FFA member; the chapter degree, earned after two years in the FFA; and lastly, the state degree, earned after three or more years in the FFA. The American Degree can then be pursued by completing an Supervised Agricultural Experience (SAE) project.

Shriver completed her FFA American Degree in sheep

production, while Myers completed his degree in dairy production entrepreneurship.

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"Ever since I was a green hand in freshmen year, a lot of people don't go for their American degree, which is kind of a shame since there are over 600,000 FFA members currently in the FFA. Roughly only 3,500 receive it annually," Myers explained. He said that the reason he pursued his degree was that, "...all five, six, and seven years you work towards that, you don't want to just end it."

At the conclusion of their presentation, Elizabeth stepped down and Daniel began his own presentation about his trip to Africa as a 2013-2014 FFA State Officer. In that capacity, he had the opportunity to apply for an international leadership seminar. This past year, he spent several days traveling in South Africa from farm to farm, while seeing the different types of agriculture the land offered.

Following Daniel's presentation, Ray Martin, III and Bob Valentine prepared a small awards ceremony for those who won a Thurmont and Emmitsburg Community Show Sportsmanship Award. Kayla Neff

won the goat division. Kallan Latham won the sheep division; BreAnn Fields won the beef division; Joseph Hubbard won the dairy division; and, lastly, Logan Long, who was not present, won the swine division.

Winners took their seats and Ray invited Denise Shriver and Bobby Myers to present the Alumni Appreciation

Award. Although he was unable to attend the banquet, Denise described Mr. Quesada, Principal of Catoctin High School, as extremely deserving of the award.

"He realizes how important agriculture is to our community," Shriver praised. She added, "He has supported the Community Show, the FFA Chapter, and, of course, our butchering." Although Mr. Quesada was not present at the banquet, Shriver made sure to arrange a time

Ray Martin, III is shown with award recipients Joseph Hubbard, BreAnn Fields, Kallan Latham, and Kayla Neff.

where the award and an FFA vest with his name embroidered on it would be presented to him to show FFA's appreciation.

After all awards and presentations were given, door prizes were handed out and the Catoctin FFA Alumni Officers for the 2015-2017 years were introduced to everyone: Ray Martin, III, President; Matt Dellinger, Vice President; Jenn Martin, Secretary; and Cathy Little, Treasurer.



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Give Him a Home Where the Buffalo Roam

James Rada, Jr.

Lewistown Elementary School student, Nik Contreras, hunches over a notebook, writing down figures for a loan he needs to buy a bison for his farm. Coming up with his total, he flips to another page and begins sketching a design for the corrals on his farm. It's all part of his business plan.

Then the school bell rings and recess is over.

Nik is only nine years old, but he has a vision for his future, and it is centered around the huge shaggy animals from western lore, typically called buffalo.

"The settlers in the West knew about European buffalo, and, since bison looked like buffalo, that's what they called them," Contreras said.

A few years ago, Nik saw his first bison at a park in Virginia, and they captured his imagination. He liked their big heads and shaggy bodies.

He began drawing them in a sketchbook and searching for pictures on the internet of bison that he could use for models. He happened to click on one of those pictures, thinking it would enlarge, but instead it took him to the National Bison Association website.

He began exploring the website, learning more about bison and how to raise them for meat like cattle.

"People tell me why not raise cattle, but I say bison is better," said Nik. "You don't need to feed them as much. They can take care of themselves better than cows. You just need nice grass and water."

Nik can tell you all about considerations for planning a ranch on which to raise bison. He continues researching them, because his plan is to eventually buy his own ranch.





Bill Edwards of SB Farms in Hurlock, Maryland, and Nik Contreras are pictured, with bison bull, Captain Hook.

His first step toward this goal is to buy his first bison. Many places around the country will sell bison at auction, just like a cattle auction. His research has allowed him to pick out an auction where he believes he can find the best deal. He has also found out that he can get an unsecured Rural Youth Agriculture loan for up to \$5,000.

Now, he just has to turn ten, which will happen later this year.

Nik is now a junior member of the National Bison Association, and he also became the very first junior member of the Eastern Bison Association.

"They're great people," said Cindy Burnsteel, Nik's mother. "They answer his e-mails and calls and treat him as they would any other adult."

Since becoming interested in raising bison, Nik has attended different round-ups, visited a number of bison ranches, and even lobbied members of Congress about the benefits of bison meat.

"It tastes better than beef," Nik said. "It's a little sweeter. It's also low in fat and cholesterol. You can use it to make a lot of things, like soup, tacos, and burgers."

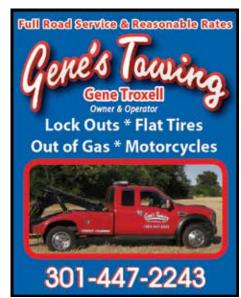
Published by www.EPlusPromotes.com

Nik even knows how he will raise the money to make loan payments and pay for the upkeep of his bison at a ranch. He is going to make bullwhips and sell them. It is a skill that he has been learning for quite some time, and he believes that he can make better ones than you can often purchase in stores.

Once the first bison he buys has had a few

calves, he will sell it and raise the young ones. He will continue raising and breeding them, slowly growing his herd and his income until he has enough money to buy his first ranch. He figures that it will be in Michigan or Wisconsin.

Not surprisingly, he has also researched the places in the United States that have the best conditions for raising bison.





THEIR OWN WORDS

www.TheCatoctinBanner.com

Wivell Annual Christmas Party



Pictured from left are: (back row) Eugene Wivell, David Wivell, Thomas Wivell, Samuel Wivell, Bernard Wivell, Richard Wivell, Paul Wivell; (front row) Helen Reaver, Therese Topper, Henry Wivell, Jenny Little, Joan Matthews.

The descendants of Roy and Helen Wivell held their annual Christmas Party on December 28, 2014, at Mother Seton School in Emmitsburg. Everyone was welcomed, and the blessing was led by Helen Reaver. Attendance was 173, and the family now totals 538. An update was given: the Wivells had three births and four weddings. All the wedding anniversaries were acknowledged for every five years: Lisa and Brian Weaver (15), Arlene and Jay Putnam (20), Chris and Mary Ann Wivell (20), Vince and Cathy Reaver (20), Stephanie and Paul Harrington (15), Mary Anne and David Shields (25), Carol and Greg Davis (25), Gary and Cindy Wivell, Phyllis and Bob Green (40), Joan and John Matthews (45), Jenny and Ronnie Little (45), Dave and Betty Wivell (50), Helen and Ed Reaver (55). Congratulations to all the couples.

Door prizes were then drawn, consisting of Christmas pictures, cookies, candy, money, and eggs. Winners were Anita Foder, Shane Wivell, Robbie Reaver, Lisa Weaver, Chris Wivell, Helen Reaver, Therese Topper, Skylar Wivell, Julie Harris, and Jenny Little.

Next was the Nativity Scene, portrayed by the great-great grandchildren and directed by Cathy Yoder. Carolyn Wivell read the story of Jesus' birth, and original Christmas songs were sung while the children made their way to the stage. Participants were: Jesus-Maxwell Reaver; Mary-Katlyn Robertson; Joseph—Robbie Reaver; Angels—Mattie Barker, Riley and Sydney Lambert, Elijah Damico; Shepherds—Cole Merriman, Lyndon Wivell, Alex Kuhn, Autumn Kuhn, Madison Kuhn, and Carter Reaver; Kings—Herbie Matthews, Sam Parson, Erykah Damico, and Elijaah Damico.

The family gave a generous donation to the Emmitsburg Food Bank. Everyone enjoyed a delicious buffet. Santa and Mrs. Clause made a "noshow"—gifts were given out by Brian Weaver and Paul Wivell. As always, the family wishes everyone a happy, blessed, and healthy New Year. God Bless!

The writer regrets any mistakes or names missed.

— Helen Reaver

After 21 years of proudly providing Northern Frederick County with helpful service and hardware needs, the owner of Thurmont Ace Hardware retires.

A Letter of Thanks

As I move into a new phase of life in retirement, I would like to extend a heartfelt thank you to all the customers who have supported me and Thurmont Ace Hardware. Our goal has always been to provide helpful service and fulfill your hardware needs. As of January 1, 2015, I handed the reigns over to new owners, Craig Mayne and Brian Smith.

With this change, many things will stay the same. Craig has been at Thurmont Ace full-time for 17 years and Brian for over 10 years. All current employees, including Shift Supervisor and Archery Technician, Travis Coblentz, and Shift Supervisor, Bryan Myers, will continue to provide helpful service.

I would ask that you support them with your patronage as you have me. The past 21 years have been a wonderful experience for me. From the relationships made between customers or watching employees gain life skills, this absolutely has been a positive chapter in my journey. Thank you, again.

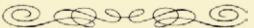
— Harry M. Hobbs

Obituary



Marguerite Larue "Weetie" Baker





Mrs. Marguerite Larue "Weetie" Baker passed away into the loving arms of God on Wednesday, January 7, 2015, after a brief stay at the Kline Hospice House in Mount Airy, Maryland. She had also resided at Homewood at Crumland Farms since 2009. She was 88 years old.

She was lovingly known by all who knew her as "Weetie" and was the wife of the late William G. (Bill) Baker, whom she married in 1947. They lived most of their life farming in Creagerstown, Maryland.

Born June 1, 1926, in Woodsboro, Maryland, Weetie was the daughter of the late Marshall Warfield Stitely and Belva Llewellyn Fox Stitely of Woodsboro. She was predeceased by one brother, Edward (Buddy) Stitely, and one sister, Dorothy Crawford, son-in-law, Lenny Cross, and her daughter, Katrina Bradshaw.

Mrs. Baker attended school at Woodsboro Elementary School, Frederick High School, and earned an Education Degree at the University of Maryland. She later pursued courses to earn a library science degree and was a librarian at Thurmont Elementary School for twenty-three years.

Mrs. Baker was a member of the Linganore United Methodist Church in Unionville, Maryland, and of the LUMC Women's Group. She was also a member of the Frederick County Public School Retired Teachers Association, the Gamma Chapter of Delta Kappa Gamma, a past member of the ARRC at Mount St. Mary's University, a past member of the Frederick County Public Library Board, and a past member of the Thurmont Public Library Board. As a youth, Weetie loved to ride horses, play the piano, and go dancing. As an adult, she loved to read, go swimming with the arthritis swim class at the ARRC, play bridge with friends, go to the beach, and use humor to co-emcee meetings for different organizations with her husband, Bill. She also wrote a chapter on storytelling in a book called Mixed-Up Magic.

Mrs. Baker will be truly missed by her loving family: son, William E. Baker, and wife, Denise; daughter, Rebecca E. Cross; son-in-law, Jerry Bradshaw; grandchildren, Erika Cross, William Cross and wife Caroline, and Nicholas Bradshaw; one sister, Janet Dudderar; and numerous nieces, nephews, and cousins. She will also be missed by her special friends, the caregivers from Right at Home.





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SCHOOL news

CHS Senior Receives the King Award

Catoctin High School (CHS) was well represented at the 25th Rev. Dr. Martin Luther King Jr. Celebration on Thursday, January 15, 2015, at

Governor Thomas Johnson High in Frederick, Maryland.

The Catoctin Banner Newspaper

CHS senior Raven Garver won the Martin Luther King Jr. Character Award. To earn the King Award, the student must have demonstrated leadership qualities characteristic of Dr. King and exhibited the Character Counts pillars: responsibility, caring, fairness, trustworthiness, citizenship, and respect.

CHS students, Veronica Smalldone,

Randy Stull, and Taylor Zentz presided over the ceremony. Additionally, CHS students Katelyn Claxton and Taylor Zentz sang "The Star Spangled Banner." Courtesy Photos



(above)

The Martin Luther King Jr. Character Award is presented to Raven Garver. a Catoctin High School senior, at the 25th Rev. Dr. Martin Luther King Jr. Celebration on Thursday, January 15, 2015.

(right)

Catoctin High School students (from left), Taylor Zentz, Randy Stull, and Veronica Smalldone, presided over the ceremony.



Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing

~ Abraham Lincoln

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Legal Fights are Fun for the CHS Mock **Trial Team**

James Rada, Jr.

How might the Ferguson, Missouri, case have played out with different witnesses, questions, and attorneys? The members of the Catoctin High School (CHS) Mock Trial Team are seeing that play out this year with the case patterned after the Ferguson case.

The team will compete against other county highs schools four times this year and then in the playoffs. Sometimes, Catoctin will be the prosecutors, and other times, they will serve as the defense team.

The Maryland Mock Trial Competition is sponsored by the Maryland Bar Association, the Maryland Judicial Conference, and the Citizens Law-Related Education Program for the Schools of Maryland. They create the case background and witness stories and other evidence for the case each year. For 2015, the groups chose to mirror the national headlines.

Catoctin High's Mock Trial Team has twelve members who compete for a position on the team and who are then assigned a role that they play throughout the season. There are three prosecuting attorneys, three defense attorneys, three prosecution witnesses, and three defense witnesses. Each school works with the same background information, and so the advantage comes from how that information is presented.

"I like to say that we have the best and brightest in the school, competing against the best and brightest in other schools," said team coach Stephen Cree.

The sponsors say that the competition promotes a better understanding of the legal system and law, as well as promoting skills like public speaking and logical thinking.

Although no one on the current Catoctin High School team is looking to become a lawyer, a few of them have considered it.

"It has helped me decide what I want to do," said senior Savannah Soter.

Mock Trial combines knowledge and quick thinking, as well as theatrics and presentation.

"It's definitely not for a shy, quiet kid," Cree said. "They have to be able to think on their feet, because once the trial starts, I can't help them."

Each trial is held at the Frederick County Courthouse and is judged and scored by Frederick County attorneys who have volunteered to help with the competitions. The top teams in each county will compete in Annapolis for the state title. Over the past six years, the closest Catoctin High has come so far is to place second in the county, though the team is consistently in the county playoffs.

This year's Catoctin High School's Mock Trial Team members are: seniors—Blake Godlove, Savannah Soter, Brie Summers; juniors—Kyle Crampton, Landry Garrett, Anna Rogers, Dayna Valek, Megan Wright; sophomores—Lily Bean, Steven Clarke, Josephine Isaacson; freshmen—Zack Carter.

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Mother Seton School Students Honored for "Caring"

Despite the frigid temperatures outside, the halls within Mother Seton School glowed with warmth, thanks to the number of students honored with the Christian Character Trait Award for Caring.

Teachers recognized the following students from their classes who demonstrated the attributes for this particular trait, including compassion, kindness, willingness to forgive, loyalty, and helping those in need: Brody McQuay, Josephine Metz, Peyton Myles, and Gwyneth Yanike (Pre-K); Gabriella Brauning, Olivia Jaeger, Jillian Jurchak, and Nate Rawlings (Kindergarten); Aubrey Harrington and Gianna Kinnamont (Grade 1); Sean Grube (Grade 2); Ella Lowry and Timothy McCarthy (Grade 3); Jaime Price (Grade 4); Keola Evans and Zoe Kean (Grade 5); Emily Dewees (Grade 6); Quinn Alley and Lea Roberts (Grade 7); Amina Beasley and Hannah Hartness (Grade 8).



Pictured from left are: (front) Peyton Myles, Brody McQuay, Josephine Metz; (second row) Jillian Jurchak, Gabriella Brauning, Olivia Jaeger, Nate Rawlings, Aubrey Harrington, Timothey McCarthy, Gianna Kinnamont; (third row) Emily Dewees, Amina Beasley, Hannah Hartness, Quinn Alley, Zoe Kean, Ella Lowry. Not pictured: Keola Evans, Sean Grube, Jaime Price, Lea Roberts, and Gwyneth Yanike.

Words for Thirds

Thurmont Grange No. 409 recently presented dictionaries to all third grade students at Lewistown Elementary School in Thurmont. This is part of a community service activity called "Words for Thirds."



Pictured are Cheryl Lenhart (far left), member of the Thurmont Grange, with students from Kaitlyn Miller's third grade class at Lewistown Elementary.

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2015 CHS Safe and Sane News

The Catoctin High School (CHS) Committee for a Safe and Sane graduation is continually working hard to raise the necessary funds for the aftergraduation party. A sincere thank you to everyone who has supported us to this point—we couldn't do this without you! We have some more exciting events planned and ask for your continued help.

On Saturday, January 31, Wing Night will be held at the Vigilant Hose Company in Emmitsburg. Tickets are \$20.00 per person. Doors open at 5:00 p.m.; food will be served at 6:00 p.m.; DJ begins at 8:00 p.m. Beverages included. Contact Cheryl Phelan for tickets or more information at bochph@ aol.com or 301-524-3106.

On Friday, February 13, Ladies' Night Wine & Paint will be held at the Carriage House Inn, JoAnn's Ballroom, in Emmitsburg. Tickets are \$40.00 per person and include art supplies, appetizers, and complimentary wine. Cash bar available. Doors open at 6:00. There will be fantastic raffles and vendors on site. Contact Cheryl Phelan for tickets or more information at bochph@aol. com or 301-524-3106. Tickets are limited.

On Saturday, February 21, a Sportsman's Raffle will be held at the Vigilant Hose Company in Emmitsburg. Tickets are \$30.00 per person. Doors open at 5:00 p.m.; dinner will be served at 6:00 p.m.; drawings begin at 6:15 p.m. Beverages included. Contact Cheryl Phelan for tickets or more information at bochph@aol.com or 301-524-3106. This event was previously scheduled for March 7 at the Lewistown Fire Hall; however, due to a scheduling conflict, they had to change date and venue.

Saturday, February 28, is the Ott House fundraiser. The proceeds from your cover charge will be donated to Safe and Sane. Sticktime will be providing the musical entertainment. There will be drink specials and a live auction at 11:00 p.m.

On Friday, March 20, a BBQ Chicken Dinner will be held at Catoctin High School. Tickets are \$10.00 per person and include chicken, baked beans, cole slaw, roll, drink, and dessert. Please contact Cindy Grimes for tickets or more information at cindy_grimes@msn.com or 301-788-5354.

On Saturday, April 11, there will be a Cornhole Tournament at the Thurmont American Legion/Pavilion Area. More information to follow.

They are also planning a St. Patty's Day Dance and Golf Tournament. Details forthcoming.

Parents of 2015 graduates, please get involved. Our planning meetings are the second Wednesday of each month at 7:00 p.m. in the CHS Media Center. Please join them to learn how you can help.

Frederick County Agriculture Week

The Frederick County Agriculture Week will be held on February 16-21, 2015, at the Francis Scott Key Mall in Frederick, Maryland, with the theme of "Farmers Supporting Families in Frederick County." Many displays and events are being planned for this year; changes have been made to the schedule and times of events, which will appear in an upcoming press release.

Please contact Ted Albaugh at 240-446-3054 or at dayslandacres1@ comcast.net or Ronald Murphy at 301-788-3847 or at rwm186@hotmail.com if your business or organization would like to place an exhibit during Ag Week at the Mall or if you have any questions. Exhibits may be set up on Sunday, February 15, 2015, from 6:00-8:00 p.m.



Sports news

Catoctin Girls Mid-Maryland JV Team Wins Tournament

The Catoctin Banner Newspaper

The Catoctin Mid-Maryland Girls JV travel team recently won the "Holiday on the Hill" Christmas Tournament, held at McDaniel College. The Cougars won the Championship game 29-19. Congratulations to the girls and coaches.



Pictured are Head Coach Chris Barnhart; Lily Smith; Jaida Snider; Kallan Latham; Allie Thomson; Coach Jason Smith; Coach Scott Thomson; Courtney Eyler; Phoenix Staub; Hailey Crawford; Alana Harris; Madison Tobery; Rachel Fox; Chayney Barnhart; and Madison Flohr.







2015 Thurmont Little League Registration Still Open

Registration for the 2015 Spring Thurmont Little League (TTL) is now open. Online registration is available at their website until Friday, February 20, at www.TLLbaseball.com.

Players for Thurmont, Sabillasville, Emmitsburg, Rocky Ridge, Woodsboro, Taneytown and Union Bridge are welcome to register. Come be a part of the Little League experience.

At the T-ball, Instructional, Minor, and Major divisions, all of their games are played in-house at the Thurmont Little League Complex. This provides families the convenience of not having to travel around the county during school nights for games. Each division's coaches follow a strict core of coaching objectives developed by their program to ensure all children are taught the same basic skills to develop their baseball talents. The TLL Coaching Coordinator oversees the implementation of this program at all levels. Each level provides flexibility with respect to age, so players advance according to their ability. Young players who master the skills are able to advance and are not held back simply because of their birth date.

Additionally, they have undergone major improvements to their facilities to ensure their ball players get to take advantage of the best facilities their program can provide. More improvements are on the way come spring.

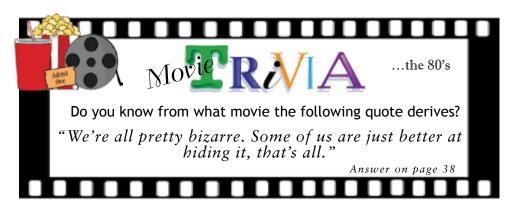
All games are played at the Thurmont Complex: T-Ball (ages 4-6): typically 7-10 teams; Instructional League (ages 5-8): typically 6-8 teams; Minor League (ages 7-11): typically 6-7 teams; Little League Major (ages 9-12): new this year, they will field 6 teams.

If you cannot sign up online, please visit them for the following in-person registration dates: Saturday, February 7, from 12:00-2:00 p.m.; Sunday, February 8, from 12:00-2:00 p.m.

Minor and Major tryouts will be conducted on February 21 and February 28. First-time Minor or Major players must attend one tryout.

Both in-person registration dates will take place at their Clubhouse, located at 275 Westview Drive in Thurmont. The Thurmont Little League looks forward to seeing your player on the Little League ball fields.

Feel free to call 267-664-5059 with questions or email them at thurmontbaseball@hotmail.com. You can find them on Facebook at Thurmont Little League and on Twitter/Instagram at the TLL network.





Play Catoctin Youth Association Lacrosse

It's a new year—why not try a new sport? Anyone can play lacrosse—big or small, experienced player or beginner player. There are some great waves being made for the upcoming 2015 spring season, including a new website, a U7 scoopers program, and online registration.

Known as the oldest sport in North America, lacrosse was one of many varieties of stickball games played by Native Americans at the time of early settlement, distinguished from field hockey by the use of a netted racquet (crosse stick) used to scoop up, throw, catch, and pass the ball into the goal to score a point. The cardinal rule is that the ball cannot be touched with the hands. This sport has aspects of basketball, soccer, football, and hockey, all rolled into one. The game focuses and rewards coordination and agility, not how big the hit. Lacrosse isn't just a sport, it's a community. Catoctin Youth Association Lacrosse league is part of the Western Maryland Youth Lacrosse Conference, which partners with U.S. Lacrosse to provide a level of standards, as well as trained and vetted officials.

The \$90.00 registration fee is for ages 8-14 and includes a uniform. This year, the league is introducing a co-ed U7 team (non-contact), with a registration fee of \$25.00, which will include a stick and protective eye wear. Discounts are offered for multiple players.

Their season runs from March through early June, with a single

tournament played locally. Practices are held on the fields of Thurmont Middle School. Currently, they have active boys' teams, but they would love to provide an opportunity to girls. If interested in joining a girls' team, grab a friend and send them your contact information!

Boys lacrosse and girls lacrosse are completely different games—different skills, tactics, and strategies. There are different sticks that are used for boys and girls lacrosse: the boys have a larger pocket than the girls do, and defensive boys can use longer sticks. The field setup is different as well. Boys use protective equipment, as it is a contact sport. Girl's lacrosse is non-contact only.

Registration is currently open online at www.catoctinlacrosse.com. There is never a late registration fee, and scholarships are available for those who qualify—if you want to play, they will work with you.

Not sure if lacrosse is a right fit for you? Come out and give it a try for free! Bring a friend and join them for the first week of practice. Information will be available on both their website and Facebook page.

Catoctin Youth Lacrosse is a nonprofit, volunteer-based organization, supporting the community of Thurmont and surrounding feeder areas. Their teams are filtered into the Catoctin High School lacrosse team. Questions? You can email them at cyalacrosse@gmail.com or call 240-342-6238.

Come scoop it up with Catoctin Youth Lacrosse!

Emmitsburg Baseball & Softball League Registration

Registration for spring baseball and softball with the Emmitsburg Baseball and Softball League will continue on Saturday, January 31, from 9:00 a.m.noon, at the Vigilant Hose Company on West Main Street in Emmitsburg.

For more information, Call Tom Kelly at 301-252-4471 or email tmkelly744@comcast.net.



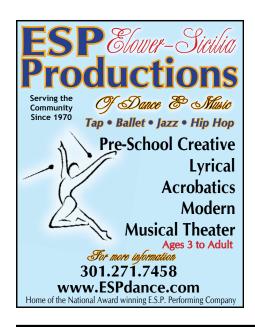
Catoctin-Aires Looks to Recruit **New Members**

The Catoctin Banner Newspaper

Catoctin-Aires, a nationally recognized and award-winning baton twirling and marching corps, is looking to recruit new members. They are looking for beginners, five years of age and older. Catoctin-Aires is holding a free 4-week introductory course for baton twirling, beginning on Tuesday, January 27, 2015, in Emmitsburg, and continuing for the next three consecutive Tuesdays. They have qualified instructors and will provide all of the equipment necessary at no cost.

Come be part of their elite group of competitors. You will learn a special sport that is unique and fun, while building self confidence and poise, getting some exercise, and building new friendships with a great group of people!

For more information, please email Vicki@holtzople.com or call Vicki at 240-674-8189.







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Drop Your Change



forget to drop your change to benefit area food banks.

Don't

Long-Lasting Love

The Catoctin Banner Newspaper

Ashley McGlaughlin

People of varying ages hold a wide range of perspectives on what love is and how to make it forever lasting.

How do we tolerate the ones we do love through all situations? What can we do—or not do—to make love endure? Even though you might be older, and Valentine's Day seems like just another day, we all have somebody that we love and this is the day to represent that feeling. After being married for a while, it's not as common to go on dates anymore, and it's more common to disagree on different subjects. So, what is the key to long-lasting love? Well, some people might say you need to keep a bottle of liquor underneath the cabinet. Others, like Colleen Smith (age 59) of Thurmont, when asked what the key to longlasting love is, said, "Kids, kids, and more kids."

Despite the ups and downs we experience in pursuit of a long-standing love, being parents and grandparents can lead to an even stronger bond between mates. At that point, you're most likely so comfortable with your partner that you're able to speak your mind freely. Some days, you just need

to have alone time with them, and just laugh, and others times, your attention is devoted to taking care of, and bonding with, your children.

Being able to watch your children develop around you is an amazing experience, yet, being parents can lead to stress and disagreements. Some may not have planned to have children, saying it just happened.

As Larry Glass of Emmitsburg said, the key to a healthy, long-lasting relationship is "lots of sex!" This may, or may not, be everyone's perspective, but it's safe to assume that his wife is probably rolling her eyes. They did create a family of five children, and they are still happily together.

While being in love, you will encounter decisions you have to make without your partner. At times, you have to take matters into your own hands to lead to what you feel is a better outcome.

Patty McGlaughlin (age 71) of Emmitsburg, said, "You have to think around him! You have to make decisions quick, without them even knowing."

While this might not work or be a good idea in some relationships, Patty has been married to her husband, Dennis, for fifty-one years. We've all heard common sayings like, "He's sleeping in the dog house tonight!" or "Love makes you do crazy things."

Thinking about it...even if "he" were to sleep in the dog house, other than him spending more time with the dog, what would this solve?

At the end of the day, we all love having someone devoted to us. Our other halves are there to keep us sane. Well, most of us.

In reality, some of the keys to long-lasting love are ingredients like communication, compromise, friendship, commitment, enough space, affection, appreciation, trust, and being able to understand one another. Another reality is that relationships take work.

There are a million things you may need, but there is no such thing as perfect love. Everyone's relationship is different, as the people who are in them are different. Relationships are unique and, just like life, go through their own stages.

Congratulations if you have stayed, or plan to stay, with one person for the rest of your life. If you're not in a relationship at the moment, chin up...your future love could be right around the corner.



fitness matters

by George Puvel, Anytime Fitness Owner



Expert Answers to Your Health and Wellness Questions

Question: Do I really need to wipe down every piece of workout equipment after I use it?

Answer: Yes. Sweat and germs can linger on weight benches, cardio equipment handles, exercise mats, and other equipment. When not disinfected frequently or properly, gym goers are more likely to get sick with the cold or flu virus. If you are working out with multiple machines (e.g. circuit training), cut down on cleaning time by placing a towel on whatever piece of equipment you are using, making sure to always keep the "clean" side down. Most gyms provide disinfectant spray or wipes, so keeping a clean workout environment is easy and shows good gym etiquette.

Question: I've heard a lot of talk about the health benefits of drinking apple cider vinegar? Can it really help me lose weight?

Answer: As with any "magic trick" pertaining to weight loss, if it sounds too good to be true, it is. The claim states that drinking an apple cider vinegar drink before meals will help curb appetite and will boost metabolism, however, there is little

scientific evidence to back this up. There are partial truths to the claim, however. Our brains can perceive thirst as hunger, leading to the overconsumption of food. By simply staying hydrated throughout the day and drinking a glass of water before meals—with or without vinegar—we tend to take in fewer calories, and thusly, weight loss may follow.

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Additionally, the acetic acid in vinegar has been shown to raise G6P, a sugar molecule involved in metabolic processes (that's where the increased metabolism claim comes from). However, if energy is not expended, G6P can also be converted to starch and ultimately stored—similar to excess fat. So the basic rule still applies: expend more energy than you take in, and you will lose weight.

Studies show that consuming apple cider vinegar does have an effect on insulin sensitivity in people who are insulin resistant. Essentially, the acetic acid suppresses enzymes responsible for breaking down sugar, producing a similar effect to that of Metformin. For that reason, it is very important that people with Type 2 Diabetes consult with a registered dietitian before consuming a daily mixture of vinegar.

To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.



Thurmont Food Bank is on the Move

The Thurmont Food Bank will be moving to 10 Frederick Street in Thurmont, across the street from the town park, in the building where the town offices used to be. The move will take place sometime in mid-to-late February, so watch for signs posted in front of the building. Everyone is invited to a grand opening celebration that will be held on March 7, 2015, at 10:00 a.m., with a snow date of March 14. There will be refreshments, tours, and a ribbon-cutting ceremony. Please come and bring a food donation to place on the new shelves.

After the move, Thurmont Food Bank hours will be changing. The new hours will be Tuesday, from 5:00-7:30 p.m.; and Friday, from 4:00-6:00 p.m. Donations of non-perishable food can be dropped off any time; please place them in the shopping cart in the entryway of the food bank. Both perishable and non-perishable foods can be delivered during food bank hours or on Tuesday mornings from 11:00 a.m.-noon. Please check to be sure all items are not spoiled or expired before donating them.

The Thurmont Ministerium—the organization that runs the Thurmont

Food Bank—would like to thank St. John's Lutheran Church for their generous hospitality in allowing the Food Bank to use their chapel and fellowship hall for the last several years. The Ministerium also wishes to thank all the loyal volunteers who work tirelessly, as well as the Town of Thurmont for providing a new home for this important community outreach. The Thurmont Food Bank's motto "Neighbors Helping Neighbors" is proven to be true again and again, because so many people contribute food, time, and financial assistance. Thank you to everyone who has helped to keep the food bank going and to all who are helping with this move.







The Catoctin Banner Newspaper



the health jeanne

Some may say that February is celebrated by lovers. This is true. However, February is also American Heart Month. For sweethearts, Valentine's Day is a special day in February. Are you taking care of your sweetheart's heart?

American Heart Month was established to encourage Americans to recognize the problem of heart disease and to support programs that solve the problem.

Heart disease is the leading cause of death among men and women in the United States, so let's look at some of the risk factors of heart disease: high blood pressure,

high cholesterol, Diabetes, obesity, physical inactivity, tobacco use, family history.

Published by www.EPlusPromotes.com

Learning and developing healthy habits can help prevent heart disease. A heart-healthy lifestyle should include daily exercise, eating a balanced diet, maintaining a healthy weight, limiting sodium, avoiding any type of tobacco use, and moderating alcohol consumption.

Men and women should learn the warning signs of heart attack and stroke.

For more information, visit www. heart.org.

Let's Have Another Cup of Coffee

More good news for coffee drinkers. A new study shows that the beverage can help keep your weight down, according to the Association of Mature American Citizens.

A study conducted at the University of Georgia's College of Pharmacology and published in the journal Pharmaceutical Research indicates that the chlorogenic acid [CGA] found in coffee reduces the buildup of fat.

Yonglie Ma, who headed up the research project, noted that "Previous studies have shown that coffee consumption may lower the risk for chronic diseases like Type 2 diabetes and cardiovascular disease. Our study expands on this research by looking at the benefits associated with this specific compound [CGA], which is found in great abundance in coffee, but also in other fruits and vegetables like apples, pears, tomatoes and blueberries." For more information, visit www.amac.us.







Some Birds of Winter

I'm not a "birder," although I find birds fascinating.

I'm amazed

when a pileated woodpecker lofts hereabouts, catching my eye before it lights in a pine tree. And I'm intrigued with his wee relation, the downy woodpecker that visits feeders in the backyard. The cardinals that touch down at the feeders fly into the nearby shrubs and perch like crimson ornaments left over from Christmas.

The winter avian visitors that captivate me above all others are the cedar waxwings (shown above).

When I was a child and homebound for whatever reason, I'd pore over my parents' encyclopedias, and always pull out the volume that contained descriptions of birds and some color plates. The page which held me transfixed was one that depicted the cedar waxwing.

It wasn't until relocating here some twenty-eight years ago that I saw my first cedar waxwing. It wasn't just one cedar waxwing, it was a massive gang flocking over a particular crabapple tree on the fence line, about which our dear friend Clarence Hahn often expressed a deep affinity.

Not only did the tree draw in the elusive birds that I'd long to see, but our "ornamental" pond drew them even closer in to drink, so there was no need to trot out binoculars or a camera with telephoto lens. Again, I was transfixed, but all I had to do was furtively slip aside the curtain to glimpse one of the most beautiful birds in the region.

I know more about the cedar waxwing's appearance than its habits, which I've only observed in the dead of winter, while they voraciously consume the crabapples.

The cedar seems to be clad in satin. One cannot discern where one feather meets the next. Its seamless melding of feathers go from the most intriguing brownish humble crest to an enigmatic black mask outlined in white, then melds into soft brown wings, also outlined in white. The underside of the cedar is pale lemon yellow. Its tail tips are brighter yellow.

There are few crabapples left for the cedar waxwings this winter. The trees and the ground have been swamped by ravenous hordes of robins. Robins are said to join flocks that can number in the thousands. The lone bird or two we see in spring, cocking its head toward the turf to listen for worms, is carving out territory for a nesting site.

Fortunately, we are graced with the presence of many bird species that over-winter on the Mountain. Each species has its own appeal, whether it be its habits/behavior, the intrinsic beauty of the bird's plumage, or something like the stark call of the blue jay in the hush of a winter day.

I get a kick out of our winter birds. The nuthatch, a bird that spends much of its time upside down moving around tree trunks, lights at the feeder and is gone in a blink. It's as cute as a button. It wedges its found nut in tree bark, then hammers the nut with its bill until the nut is "hatched."

I provide birds a commercial mix that includes seeds, nuts, and dehydrated fruit, which attracts more than twenty species. Millet seems to be the least attractive to the birds, so I avoid mixtures that contain it.

The Christmas tree is useful as a makeshift shelter, tethered on the windward side on a table that holds a roofed feeder and loose food scattered about on a shallow platform. The tree offers the birds some semblance of shelter, so they can feed in peace, while allowing me to gaze at my avian acquaintances without disturbing them.

Windows are a clear and present danger to birds (no pun intended).

Cornell Lab of Ornithology at Cornell University in Ithaca, New York, urges folks to place feeders within three feet of windows. Birds aren't flying full tilt, and boogie in that short distance, thereby lessening the chance that a collision with a window will kill the bird upon takeoff. Theoretically, birds collide with windows because they reflect the natural environment, i.e. clouds, sunlight, trees, turf, and water.

An estimated eighty species of birds utilize cavities for shelter and nesting. There are "primary" cavity builders such as the woodpeckers, and "secondary" cavity dwellers that will opportunistically squat in a cavity. For this reason "snags"—dead trees that are often riddled with insects, providing food for the insectivorous birds and ready shelter—are considered a boon to wildlife, providing they aren't a threat to human life or habitat.

If a bird lover wants to provide cavity shelters for birds, there are many ways for a naturalist to be creative using found materials. One can also find plans for building cavity shelters for birds on the Internet that include an important feature, perches or roosts.

Providing a habitat benefits many species, including the birds of winter. A deserted corner of a small property that's been allowed to grow back to nature can support many species of creatures as can a snag or a rotting tree stump. Perennial plants left standing with their seed heads can be another food source for birds.

Fortunately, residents of our rural environment can enjoy many opportunities to observe wild animals in their natural habitat.

The best part of watching the birds of winter is that one doesn't have to don a heavy coat and can enjoy them while sitting in a comfy chair by the fireplace or back window.





The Catoctin Banner Newspaper



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at news@thecatoctinbanner.com. Let your creativity shine.

Community Arts Development Grants Recipients

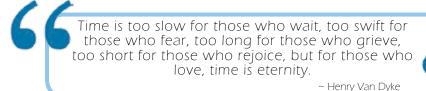
The Frederick Arts Council is pleased to announce the recipients of the Community Arts Development (CAD) Grants for FY15. The CAD Grants program provides support for local arts programming to occur in Frederick County.

Nonprofit arts organizations and other community organizations interested in conducting arts programming may apply annually for general operating or project support. The 2014-15 CAD Grant recipients represent the best that Frederick County has to offer our thriving arts community, and the Frederick Arts Council is proud of each and every one of the following local arts and community organizations: The Arc of Frederick County; Calvary United Methodist Church; Choral Arts Society of Frederick; Delaplaine Visual Arts Education Center; Downtown Frederick Partnership; Elower-Sicilia Productions; Emmitsburg Community Chorus; Equinox Dance Company; The Frederick Children's Chorus; The Frederick Chorale; Frederick Community College Music Program; Frederick County Public Libraries & Frederick Reads (Friends of FCPL); Frederick Regional Youth Orchestra; The Frederick Symphony Orchestra; The Fredericktowne Players; Housing Authority of the City of Frederick; Maryland Ensemble Theatre; Other Voices Theatre; Point of Rocks Ruritan Club; Spires Brass Band; Weinberg Center for the Arts.

Arts and Communications Academy Showcase

The public is invited to see students in the Frederick County Public Schools' (FCPS) Arts and Communications Academy (ACA) showcase their talents in art, music, and theatre on Wednesday, February 11, 2015, at Gov. Thomas Johnson High School in Frederick, MD. The school will display student artwork beginning at 6:30 p.m. in the auditorium, and student music and theatrical performances will follow. Admission is \$5.00 for adults, and \$3.00 for senior citizens and students, with a \$10.00 maximum for each family arriving together. FCPS Employees with I.D. are admitted free.

For more information, please visit www.aca.sites.fcps.org or contact FCPS Secondary Visual and Performing Arts curriculum specialist, Dr. Randy Rumpf, at 301-644-5161.





Catoctin Voices Offer the Lyrical Sound of Poetry

James Rada, Jr.



Reader is Martin Malone from Mount St. Mary's University.

Many Emmitsburg residents have the soul of a poet that is striving to be released. On the third Friday of each month they gather in the Holy Grounds Café inside St. Philomena's Catholic Books and Gifts on the square in Emmitsburg. They order a drink and then settle down to read poetry or to simply listen to it being read.

The members of Catoctin Voices, Emmitsburg's local poetry group, come from all walks of life, but they all share a love for the rhythm of words.

"I am always amazed at the different styles and voices we have reading to us," said Lisa Cantwell, the group's founder. "And the more we have, the better it will be."

Catoctin Voices met for the first time in November 2013, and has been going strong ever since.

"Word is getting out," Cantwell said. "Poetry needs to be out there in the public eye."

The meetings begin at 7:00 p.m., and after a few short announcements, members read a couple short pieces to the group. Sometimes it is a poem the member has written, but other times, it's simply a piece that appealed to the reader. The pieces may be short or long, humorous

or serious. Some of the subjects at a recent meeting were seasons, photographs, love, diets, and dead cats. Often there is a guest speaker at the meetings.

"We've had Virginia Crawfort, Maryland's Poet in Residence, come from Baltimore to speak with us, as well as Sis. Ann Higgins, who has been featured twice on National Public Radio (NPR)," said Cantwell.

The guest speaker at the meeting on February 20, 2015, will be Mark Greathouse. Greathouse not only writes poetry, but has published a self-help book and young-adult novel. He is also the president and managing partner of Strategic Capital Partners, LLC, a business that connects early-revenue-stage, technology-based ventures with the private equity capital necessary for growth.

Catoctin Voices is not meant to be a critique group. Some members meet separately to critique each others' works. The group was set up to give poets an outlet where they can read their work and to allow them to inspire and delight each other through their works.

"Poetry speaks to the soul," Cantwell said. "These mountains seem to speak out and tell stories."



Samantha's Tips for Success

www.TheCatoctinBanner.com

Anonymous

You think you live in my shadow But you're brighter than I will ever be You think that you're not good enough But I'm glad you're not like me You're beautiful and child like You're strong and you're caring You're smart and strong And you're secretly daring You try to be like I, But I don't want that And there's a reason why, Because I'm suicidally trapped So don't follow in my footsteps Its a long, dark path Take the road less taken And don't look back Grow up and have kids Make them laugh and smile I'll be watching And I'll see you in a while Make good choices And don't grow up too fast Take school seriously And make your childhood last So promise me, Whatever you do, Don't make the same mistakes I did Because I love you.



I believe in you Students, Teachers, Friends, You are THE ones who count You are my raison d'etre. Without you, Skies would still be blue And water wet And grass green.

Mountains still would be tall Valleys still lie low; You all still would be, But where would I? Come, run with me Believe in me as I believe in YOU!

Other Voices Theatre Presents The Wizard of Oz

Other Voices Theatre will present The Wizard of Oz on February 27 and 28, 2015, at 8:00 p.m., at The Performing Arts Factory, located at 244 S. Jefferson Street in Frederick, Maryland. They will also have performances on March 6 and 7 at 8:00 p.m. and March 1 and 8 at 2:00 p.m.

Call 30-662-3722 for tickets and visit their website at www. OtherVoicesTheatre.org.

After the Snow

by Kathleen Renninger of Blue Ridge Summit

The sky, like a glass of crystal liquid Varying with density, from pale to deep blue; Clear and brilliant and waiting to be tasted Pick up the glass, and drink it—do!

The shadows of azure that dance across white Led by the wind as it takes the trees' hands; Snow-light fluorescing with each changing step Dance with it; dance while you can!

For this day, more rare than gems or gold Must be enjoyed; ignore the cold! For the snow will melt, and the clear light pass Yet through Memory you'll dance, And savor the glass.

© Kathleen A. Renninger 2013 Reprinted by permission from the book Pages from a Nature-Lover's Diary.

The First Snow

by Dorothy Coyle of Cascade, Maryland



The first snow of the New Year of 2015 came to us at night in the early hours of Tuesday morning, January 5th. By 1:00 PM the snow was still gently falling, by then 3 - 4 inches deep.

It was piling on the tree limbs, and my blue spruce pine looked so pretty with the snow on its boughs. I saw a male cardinal against the snow; he looked like a bright red jewel. It snowed until about 2:30 PM; then it was all over. The next couple of days were so cold and windy; the wind chill was -12 degrees, so cold the snow is still with us.

The "Rock and Roll Relics" Return to Emmitsburg

On March 14, 2015, from 8:00 p.m.-12:00 a.m., the Emmitsburg Lions Club will sponsor an evening of music and dancing at the Emmitsburg Ambulance facility on Creamery Road in Emmitsburg.

Highlighting the evening will be the great sounds of the "Rock and Roll Relics" band. Prices are \$15.00 for tickets purchased in advance and \$20.00 for tickets purchased at the door.

For additional information and/or advance ticket purchases, please call Sharon Hane at 301-447-2401 or Zurgable Hardware at 301-447-2020.

Published by www.EPlusPromotes.com

happily ever after



Must Be Love

by Valerie Nusbaum

The Catoctin Banner Newspaper

"Whatever you do, don't tell Randy."

My mother has uttered that phrase to me many times over the years, but her most recent exclamation came a few weeks ago. Forgive me, but I need to give you some backstory for this tale to make sense.

Back in the summer, Mom and I were having lunch at a Roy Roger's Restaurant with a few of Mom's friends. I'm the designated driver, and also the interpreter, since most of them are wearing hearing aids and the rest can't hear very well. But I digress...

I had gotten up to get something for someone when I noticed a man staring at me and grinning. I assumed that I must have known him, so I smiled back and mouthed, "Hello." The thought passed through my mind that he was probably a guy named Jeff with whom I had attended high school. Someone tugged on my sleeve and asked, "What did she say?" So

I turned back to the ladies and promptly forgot all about the man.

A few months later, Mom and I were lunching at McDonald's. She was at the counter waiting for her French fries. Mom always orders unsalted fries, so they will be fresh and hot. I turned around and saw the same man standing ten feet away. He was grinning at me again.

I thought, "That surely is Jeff something-or-other, because he clearly knows me from somewhere." I smiled back, and he started talking to me. He mentioned Mom, and told me about the route he travels for work. I nearly referred to him as Jeff, but then I noticed the name on his uniform shirt, and it wasn't "Jeff." Oops. I wracked my brain trying to figure out where our paths had crossed.

I discussed the man's possible identities with Mom, but she didn't know him either. As we were talking, he drove his truck up to the front window of McDonald's and started waving and pointing.

I realized what he'd been pointing at when I walked out to my car after lunch. The man had stuck his business card in my car door and had written a note on the back for me to call him sometime. He'd listed all his phone numbers. Had he thought that I'd been flirting with him? I was only speaking to someone I thought was a former classmate. I was mortified and a little unsettled. How did he even know what I was driving? Was he stalking me? Should a woman not even smile at a man anymore?

Hence, Mom's warning for me not to tell Randy. Now, I'm not in the habit of keeping things from my husband, and since this particular incident had left me a bit rattled, I told Randy about it that evening. I half expected him to display a little anger or even a smidgen of jealousy, but that's not in Randy's makeup. He looked at the business card and said, "You should have told him that we already buy our propane from his company. Clearly he was trying to drum up business."

I didn't know whether to laugh, be insulted, or smack Randy in the head like Cher did to Nicholas Cage in Moonstruck, and yell, "Snap out of it!" Did my hubby really think that no one else could want me? I took the business card out of Randy's hand, turned it over and handed it back to him.

"Gosh that guy is persistent," was his response. Then the light bulb turned on. "Wait a minute. Was he trying to pick you up? Were you wearing your wedding ring?"

"Of course I was wearing my ring. I always wear it in public, except when I forget or when I'm doing dirty work. This was not my fault. I did nothing wrong."

Randy thought about it for a bit longer, and then suggested that he call the guy's company and report him for using his business card as a way to meet ladies. I told him to forget about it, and promised that if I ever see the man again, I'll keep moving.

I did see him once more—again at McDonald's. I pretended that I didn't see him in the parking lot, but he pulled his truck up to the window and waved again. I barely responded. I hate being rude, but he clearly got the wrong idea when I was friendly.

I must confess, it's been a long time since I've noticed a man noticing me. The ninety-year-old husbands of Mom's friends don't count, even if one of them did refer to me recently as "that sweet young thing." I was a tiny bit flattered by the gas man's attention. I was also a bit scared that he might be a serial killer. I watch entirely too much television.

When I mentioned to Randy that I notice when other women appear to find him attractive, his response was, "If any other woman does think that of me, it's only because she looks at you, and thinks 'Wow! If that guy can get a woman like that, he must be really special'." How could I argue with that? Yes, I know he's full of it.

Having a husband who doesn't get jealous isn't the worst thing in the world.

I know he loves me. I love him, too. You can tell because he's still breathing.

Happy Valentine's Day!



Your Paper - Your News!

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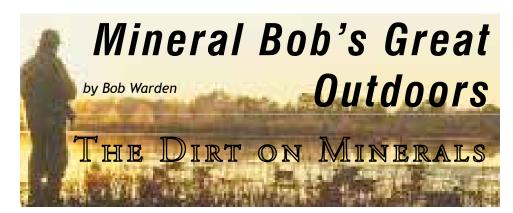
301-271-4551

Senior Citizen Perms \$30

Tue 1 - 8 p.m. • Thu 7 a.m. - 7 p.m. Fri 7 a.m. - 5 p.m. • Sat 7 a.m. - 1 p.m.

Call 301-271-4551 for appointment. Please leave message after 4 rings.

Page 31



I hope your hunting season went well, and your freezer is full of venison and your mind full of memories. My season was successful and I have plenty of bologna, chip, and hot dogs to get us through the year.

Now we start the real work to help our deer herd make it through the winter and into the spring, antler growing and fawning seasons. As soon as possible, if you are on private land, you need to start replenishing what the deer have lost through the breeding season and the cold winter months. By this, I mean helping them replenish fat reserves, vitamins, and minerals. I am big on deer nutrition for the health of the herd and for antler growth.

Through the winter, where it is legal, I use a grain-based product, Maxi-1 (15 percent protein) by

WYLD Mineral products. Please do not use just corn. Deer need a variety of things, and only feeding them corn does not give them the protein they need. Corn is just a carbohydrate, and too much corn can actually change a deer's digestive process. They can starve with a full stomach of corn. If you research it on the Internet, you will see what I

As you can tell by my nickname, "Mineral Bob," my big thing is getting the right minerals in my deer. You can do this year round but it is highly important from March through September. During these months, as things green-up, deer eat a lot of vegetation that is high in water and potassium, which will make them urinate more and in the process, they lose high amounts of salt, calcium, and phosphorus. By

just putting out a salt block, the deer will be attracted to it, but will miss the two main minerals they need: calcium and phosphorus. These minerals will help in milk and fawn production, muscle development, and antler growth. So, use the salt as the attractant (this time of year deer crave salt) to get the deer to take in the other essential minerals for overall health.

Look at the labels on the product you use, choose as close to 30 percent total calcium and phosphorus as possible, with calcium being close to twice the amount of phosphorus. The amount of salt in your product is a welldebated topic. I use WYLD Minerals Orchard blend, which is 47 percent salt, 15 percent calcium, and 9.5 percent phosphorus, along with other trace minerals.

One thing to remember is that the closer you are to the ocean, the less salt the deer need.







Emmitsburg's Green Efforts Paying Off

James Rada, Jr.

The Town of Emmitsburg recently replaced its street lights with LED lights. The result is that the cost to run those lights has dropped by nearly two-thirds.

This is just one of the ways that the town's efforts to go green—while reducing costs and maintaining the quality of life in town—have paid off.

Last year, the town signed a resolution to participate in the Sustainable Maryland Certified Municipal program.

"It's a state program with the University of Maryland Environmental Center that puts together a series of tasks or projects that lead toward the better use of community resources," said Jerry Muir, who is coordinating the town's certification efforts.

To become certified "Sustainable," a municipality must accrue 150 points from a project list. According to a memo to the town from Muir, "These include, in general groupings, Local Food initiatives such as the Farmers Market; Energy Efficiency such as establishing a carbon footprint; Community Wellness programs;



Green Business recognition; Land Use Planning and Conservation; Pet Waste disposal and education programs; Environmental Conservation Programs such as Tree City, Watershed Protection, etc." There are dozens of projects a town can choose from to accumulate enough points.

Emmitsburg had already been doing some of the potential tasks, such as having a farmer's market and community gardens. Seeking the certification has pushed the town to look for new ways to become green. One such innovation was that the town built a solar energy field to provide it with 100-percent renewable energy.

"The long-term benefit is a better use of resources, and the town becomes a lot more environmentally aware," Muir said.

He also added that should environmental grants become available in the future, the certification will help in winning them.

In Frederick County, Frederick City is already certified and Brunswick is working towards that goal.

"In the next few months, we should have enough points to be certified," Muir said.

The last thing that Muir expects to be needed to accumulate enough points for certification is for the town to send out an energy survey. Once that is complete and the points added to Emmitsburg's tally, certification can be made.

"The Mayor and Town Council have made an environmental commitment to become as environmentally efficient as can be," Muir said.





our neighborhood veterans



North Point Center

The New Beginning for Homeless Veterans and a Challenging Volunteer Project for Department of Maryland Sons of AMVETS and their Squadrons

The sad truth about many Veterans is that when they return home from active duty, some of them have problems adjusting back to civilian life, sometimes turning to either alcohol or drugs. Then it only becomes a matter of time before they become homeless and take to living on the streets of our cities.

A census was taken in January 2011 that showed that on any single night in the United States of America over 67,000 homeless Veterans are on the streets. I would venture a guess that the numbers have increased considerably with today's changes in our country.

I am so happy to be writing about a nonprofit organization that specializes in transitional housing just for rehabilitating homeless Veterans (right now they are only accepting Veterans in the Hagerstown and Washington County area), helping them to return to society clean and drugfree and to stand on their own with a job and a home. No Veteran with a dishonorable discharge from the military is accepted. The Department of Veterans Affairs (VA) provides the discharge information for the program. The homeless Veterans—with priority given to female Veterans—are allowed to stay in the program for up to two years; they are then aided in finding a job and housing to live on their

The Veterans—on the day they are ready to make the transition to their new residence—are assisted by volunteers from the Department of Maryland Sons of AMVETS and their Squadron members. The volunteers work very hard gathering complete furnishings for the new home of the Veteran, arriving on moving day to transport and help set up the furnishings in the Veteran's new home.

The facility that the Department of Maryland Sons of AMVETS (American Veterans) is so excited about is North Point Veterans Home, which is located in Hagerstown, Maryland.

"It is a transitional living house that provides employment training and helps Veterans work toward finding a permanent place to reside. Jennifer Drake is the Program Supervisor and is the person that keeps us informed of what is needed," said Commander Ed Stely of the Department of Maryland Sons of AMVETS. He is committed to this program and is in constant contact with all who are involved.

Items are collected to kick-start their independent living in a new home: kitchen furniture, living room furniture, bedroom furniture, pillows, bed sheets and comforter, hangers, floor lamp, surge protector, extension cords, towels, kitchen towels, wash cloths, shower curtain with rings, microwave, knife set, cutting board, cups and glasses, silverware, plastic wrap, foil, coffee maker, pot holders, cleaning supplies, string mop and bucket with ringer, dish scrub brush, space heater, and plates.

The budget for this venture is funded solely by grants and donations. The staff is paid by Veterans Affairs, and the jobs training is funded by the U.S. Labor Department. These programs are an asset to the community and to the Veterans, and I cannot see it other than a win-win situation all the way around. This is what being an American really means, and I am proud to be a part of something this great.

I know that you would like to help put some homeless Veterans back into mainstream America. If you can contribute some furniture or appliances or any necessities needed in running a household, please contact Ed Stely at 301-524-9333 or Jim Payne at 301-271-3371 and leave a message; they will answer you promptly.

God Bless the United States of America, God Bless our American Veterans, and God Bless You.

community veteran event board

www.TheCatoctinBanner.com

Send your Veteran Organization's News

• Phone 301-447-2804 • Fax 301-447-2946 • news@thecatoctinbanner.com •

VFW Post 6658

12 W. Main Street, Emmitsburg

On Saturday, February 7, VFW Post 6658 will host DJ/Karaoke, from 8:00 p.m.-12:00 a.m. On Saturday, February 28, DJ Southpaw will be at the Post from 9:00 p.m.-1:00 a.m.

Sons of the American Legion Squadron 121

105 N. Seton Avenue, Emmitsburg

The Sons of the American Legion Squadron 121 is holding a Sandwich & Sub Sale fundraiser. Orders and money must be in by February 3, 2015, and orders are to be picked up at Post 121 after 12:30 p.m. on February 10.

Sons of AMVETS Squadron 7

26 Apples Church Road, Thurmont

The Sons of AMVETS Squadron 7 is holding their annual Fried Catfish and Chicken Feed on Saturday, March 21, 2015, from 4:00-7:00 p.m. Doors will open at 3:00 p.m. The cost is \$15.00 per person; all you care to eat and drink (includes sides, dessert, canned AMVETS milk, soda, and water). Event is open to the public; you must be 21 years of age or older to attend.

Stay after and sing and dance until midnight to music provided by Dr. Mudcat DJ and Karaoke (Mike Hahoney).



Thurmont American Legion

8 Park Lane, Thurmont

Ed Gravatt, Commander

It is February already, and the crocuses are blooming; spring is almost here.

Last month, we had an exciting event: the band Poverty Ridge played here for a dance. Everyone raved about how good they were; the exciting thing was that they donated a Fender Guitar that was raffled off for our Scholarship Fund. Thanks to the band, we were able to raise \$180.00, which will go to a good cause. Thank you, Poverty Ridge.

There will be a Sweethearts Dance on Valentine's Day, February 14. The Band Wylde Fire will be playing from 8:00 p.m.-12:00 a.m. at the Legion. The cost is \$5.00 at the door (no tickets), and this is open to everyone. So grab your sweetheart or someone else's, and come on out and have some fun. At all of our dances, the proceeds go towards our Scholarship

We will be having our Sunday Movie on February 15; the movie this month is *How To Train Your* *Dragon* 2. Movies will be shown on the third Sunday, from 1:00-3:00 p.m. There is no charge and movies are open to anyone who wants to come. Light refreshments will be served. Upcoming: Frozen on March

Some people aren't aware that we have Bingo every Thursday, from 7:00-9:00 p.m. This is a fun time; the kitchen is open and there are a couple of prizes.

Our kitchen is open on Wednesday, Thursday, and Friday evenings, and Sunday afternoons. We have entertainment every Friday night, from 8:00 p.m.-12:00 a.m., in our party room. We usually have either a DJ or Karaoke. This month, we have Big Al on February 6; Ralph Gann on February 13; DJ Jimmy James on February 20; and DJ Jake on February 27.

On Wednesdays, we have Corn Hole Tournaments, upstairs. The bar is open and so are the doors to anyone who would like to play.

Check the Community Calendar

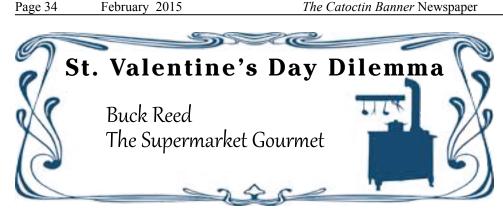
Reference the Community Calendar on page 39 to find events of interest.











Valentine's Day: flowers, candy, romance, and hearts all spring to mind on this holiday. But, few people remember that it was named for a Roman priest around 269 AD. He believed that one man wedding one woman for life was more in keeping with Christianity than the polygamy that was so popular in that day. Because of his belief, he was imprisoned and sentenced to death by beating, stoning, and, finally, beheading. To say the least, there are more than a few men who may believe St. Valentine got off easy.

The commercialization of Valentine's Day is just the tip of the iceberg for this romantic holiday. The price of roses at this time of year is higher than any other time of the year. Restaurants enjoy preparing a special menu for lovebirds, but getting a reservation is sometimes difficult. Granted, many establishments will try to extend the holiday by offering their special menu through the weekend. Valentine's Day for a restaurant can sometimes be a hardship, with up to ten percent of reservations turning into "no shows." To prevent this, restaurants may either overbook their dining room, or worse, take your credit card number and run it for a fee if you do not honor your reservation.

There are many solutions to this problem, but since this is a cooking article, let's talk about preparing a meal at home for your loved one. Imagine the shock you might summon if you surprised your loved one with a special meal prepared lovingly with your own hands. You can grab an even greater reaction if you've never cooked before! Here are some tips:

• Keep it simple. Don't get too extravagant or try to prepare something too far above your skill set. Start with some sliced cheese and crackers, and then sit

did you

down with a plated salad. Follow with your main course and finish with a dessert.

- Pick a menu that shows you know your partner's tastes, desires, and most of all, allergies. Cooking for someone is the most intimate thing you can do for that someone special (okay...second most intimate), so put some thought into it.
- Try to pick menu items you can set up a day or two before the event. Having things that are ready to be popped in the oven or vegetables that are cut and ready for the pan will make the day's workload considerably easier. Safety Tip: Make sure you keep things covered and refrigerated once you prep them.
- Once you have figured out your menu, practice it. Try actually making it for yourself and a friend before you bring it out to your loved one. The effort will show.
- Pick a wine that works. If you know their favorite wine, great! If not, talk to the guy behind the counter. If they cannot help you, find another shop. Or maybe your loved one's favorite wine is beer. That works, too.
- Set the table. Put a little effort into the table and the room. Carefully pick your music. Clean up a bit, adjust the lighting, add a nice centerpiece; these are the details that can make for a memorable night.

Some easy menu ideas are: Rock Cornish Game—roasted with herbs or a glaze; Lobster—expensive but easy and always impressive; or a pasta dish-easy to set up ahead of time and can be a baked dish as well.

Need some tips on menu ideas? Send me an email at news@ thecatoctinbanner.com, and I will try to help you in any way I can.

Valentine's Day Fun Facts

Many believe the X symbol became synonymous with the kiss in medieval times. People who couldn't write their names signed in front of a witness with an X. The X was then kissed to show their sincerity.

Physicians of the 1800s commonly advised their patients to eat chocolate to calm their pining for lost love.

Tickling Our Tastebuds by Denise Valentine

Hello, everyone. The recipe I am sharing this month again comes from the Lewistown Mt. View 4-H Club Cookbook; I have found so many great recipes in it over the years. Usually, I look for a recipe that I like and then get the ingredients to prepare it. This time, I was getting some corn out of the freezer for family dinner, and I saw blueberries that I had. I grabbed them, thinking that maybe I would bake a pie. But when I looked in my cookbook to check out other options, I came across this recipe for "Easy Berry Cobbler"—perfect!

This recipe was submitted by Louise Ediger. I know Mrs. Ediger and thought any recipe she would submit would be good. It did not disappoint. Everyone loved it. My daughter, Amanda, tried it with strawberries and it was just as good. I told her that it would be a good recipe to share just before berry season, and she pointed out that this baked cobbler would be even better to use during a cold month. So here it is. I hope you enjoy it as much as our family did.



Easy Berry Cobbler

Ingredients

1/4 cup butter or margarine

3/4 cup milk

1 cup sugar

1 cup flour

1 1/2 teaspoons baking powder

2 cups berries, cherries, etc. (fresh or well-drained if canned or frozen)

1/4 to 3/4 cup sugar

Directions

Preheat oven to 350 degrees.

Melt butter in 8 x 8 baking dish or pan. Mix milk, 1 cup of sugar, flour, and baking powder. Pour over the melted butter. DO NOT STIR. Pour the fruit of your choice over the milk mixture. AGAIN, DO NOT STIR. Sprinkle remaining sugar evenly over the top, using as much as you want of the 1/4 to 3/4 cup, depending on the tartness of the fruit. Bake 35 to 40 minutes or until golden brown.

Note: For a 9 x 13 size cobbler, double the recipe and increase baking time by 10-15 minutes.



Traveling somewhere interesting or maybe just going on a day trip? Take The Catoctin Banner along with you! Have someone take a photo of you holding The Catoctin Banner, and you could be included in our next issue. Email your photo, along with the details of where you traveled, name(s) of person(s) pictured, and any details you would like to add, to news@thecatoctinbanner.com.



What is there to life if one cannot hear the lovely cry of the whip-poor-will or the music of the frogs around a pond at night?

— Chief Seattle, 1855, in his letter to President Pierce about the proposed purchase of his tribes land.

I live in a valley cradled between the ancient rolling mountains, just north of Thurmont. This area is a perfect habitat for many species of frogs, toads, birds, and mammals, and I feel blessed to live here. Even though I am a musician, the best and most soothing music for me is the sound of peepers in the spring, crickets and katydids, and bird songs all around me in every season. The other day, after pulling up to the front of my home after a long day in Frederick, I turned off the noisy engine of my car, opened the door, and was greeted by the sweet, melodious song of a bird in the pine trees. Instantly, my whole body relaxed and I was happy. There is nothing more gratifying for me than this—and nothing more healing.

Many famous writers have expressed the need we all have for such quiet times, away from the noise of churning engines and demanding electronic sounds of telephones, TVs, leaf blowers and, well, you name it. However, when I say it is a need we all have, I do not mean just human need. It has now been scientifically documented that wild birds need quiet to find mates and to defend territories. According to the National Park Service's own studies, there has been a detrimental impact on red-tailed hawks, spotted owls, elk, caribou, mountain goats,

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and many other forms of wildlife due to plane overflies and the use of intrusive all-terrain vehicles.

Even Charles Lindbergh, famous for being the first pilot to fly across the Atlantic, expressed concern when he said, "I would rather have birds than airplanes." Impressive. That reminds me of Albert Einstein's letter to President Roosevelt, stating that if he had known what harm atom bombs could do, he would never have recommended that they be manufactured. Perhaps it is not so wise for humans to run with every invention they come up with; although, progress must go on at any cost—or so "they" say. Question is: Are we building a literal tower of Babel for ourselves?

"The day will come when man will have to fight noise as inexorably as cholera and the plague," said the Noble prize-winning bacteriologist, Robert Koch, in 1905. Heavy duty and prophetic.

Today, "the rate of quiet places extinction vastly exceeds the rate of species extinction," said Gordon Hempton in his book One Square Inch of Silence. Mr. Hempton, an acoustic ecologist and lover of quiet, went from coast to coast trying to find wild places devoid of human sound, winding up in the halls of Congress to make a case for less noise in our national parks. Because



of his dedication, legislation was passed in 1987 to reduce air traffic over the Grand Canyon.

Let me return to the simple truth of my own life when I say that not only do I love nature's music better than most songs on the radio, but I direly need nature's quietude to survive, literally. I do not do well, physically or emotionally, with a lot of technological speed and clamor; though like everyone, I have no choice but to live with it the best I can. Many people seem to have no problem adapting to noise, although it may affect them more than they know. I honestly am not in judgment of some types of technology or people who love the sounds associated with it. I am simply acknowledging how it affects me and the natural world that I love so dearly.

So, I limit my trips to town in the car, I leave the house when my son's music gets too loud, and I listen to bird songs. I suppose because I am a musician, I am particularly attuned to beautiful bird songs. Over the last couple of years, I have written many of them down on staff paper—in the very keys the birds sing them! Some

early morning bird songs are in the keys of D flat minor, D flat major, and F major. By evening, the songs slow down, and one particularly poignant melody I heard sounded more like a sigh than a song—done in the key of C minor. Its beauty astounded me, and I feel profoundly blessed to have heard it.

I have a challenge for you. On some clear day, no matter the season, hike into the Catoctin Mountains alone or with a comrade of similar interest. Do little or no talking, and once you are as far away from human noise as you can get, hold your breath, for breathing makes sound. Listen for the natural sounds of leaves fluttering in the wind, or bird calls, or perhaps, if you are lucky, you will hear the profound sound of total silence...of no sound!

Mostly, I hope you can find some peace and quiet wherever and whenever you can. This long cold winter, see if you can hear the sound of snowflakes falling. And if you are suffering from anxiety, just take a deep breath and know that quiet is quieting, and now and then "God speaks to us in whispers."

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Courtesy Photo

looking back — 1953

by James Rada, Jr.



Guardian Hose Company Makes a lot of Noise

Photo Courtesy of Guardian Hose Company

The Catoctin Banner Newspaper



Photo is the old Guardian Hose Company.

From November 16 to November 21, 1953, the fire sirens went off a lot more often than usual around Thurmont, and people took particular note of where they were when they heard the sirens.

It wasn't that there was a rash of fires in Thurmont. Guardian Hose Company just wanted to see which of the two sirens they had could be heard the furthest away from town.

The officers of the Guardian Hose Company had asked that citizens listen for the sirens and call in their location to the company.

"So that they will be able to make the comparison, the firemen announce that the old siren will be sounded first with three blasts, and then the new siren will be sounded with three blasts," the Catoctin Enterprise reported.

The fire company had installed the new siren in October of 1953 but hadn't taken time to test it against their old siren. The test was to sound each siren at noon during the test week and see which one could be heard furthest away.

Since the siren alerted the firefighters that they needed to report to the station, the further away it could be heard, the more firefighters could potentially hear it.

In December, "D. Sayler Weybright reported that the new siren given to the company by Civil Defense officials was the loudest and could be heard the furthest, will be used at all times," according to the newspaper.

The new siren was used in the relatively new Guardian Hose Company fire station. Guardian Hose Company had the old town hall on North Church Street razed in 1950. Then a new building was constructed on the site that was large enough for four firefighting vehicles, a meeting room, a furnace room, and a storage area. The cost at the time for the new station was \$38,000 (about \$375,000 today). It was funded through bonds from the Thurmont Bank.

The cornerstone for the building was laid on July 4, 1950. It was a big event in Thurmont that drew a large crowd.

Even with a loud siren, someone still needed to sound it. That job usually fell to one of the firefighters who worked closest to the station. When Wayne Stackhouse joined Guardian Hose Company in 1969, that job fell to the chief.

"The chief was a local barber named Harry Miller," Stackhouse said in an interview last year. "The call would come into his shop, which was close to that station. He'd come in and set off the siren."

Guardian is still protecting the community from its station on North Church Street, though it has been redone to fit more equipment that is larger. It also has more space for the firefighters. When there's a fire, a lot of calls go out to pagers and cell phones and the siren still

Gerrie Inducted into the YMCA Sports Hall of Fame

James Rada. Jr.

When Kim Wivell Gerrie was a young girl, she would watch her father when he played softball with different Thurmont-

"I wanted to step out on the field with him," Gerrie said.

Gerrie went on to become quite the athlete. She played softball and ran track and field while attending Thurmont Middle School. Then, while in Catoctin High School, she played softball, soccer, and basketball. During her senior year, the softball team had a record of 21-1, losing only in the state championship game.

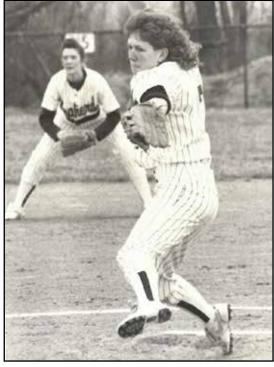
She graduated in 1990 and went on to Shepherd University to play softball. Although her team had a different coach each year, they still managed to have a winning record each year.

And, now, she will be inducted into the YMCA of Frederick County Alvin G. Quinn Sports Hall of Fame on February 7, 2015. She is one of eight inductees this year.

Her bio for the Hall of Fame reads:

KIM WIVELL GERRIE Recordsetting Softball Pitcher

Kim Wivell Gerrie has set softball records at every level she has played. A versatile athlete during her middle school years with blue ribbons in several track events, it was softball where Kim excelled the most. She was a member of the Little League All-Stars that played in the Maryland State Tournament. At Catoctin High she participated on the varsity soccer team for four years, played basketball all four years, and was truly outstanding in her four varsity years playing softball. She



Kim Wivell Gerrie's playing days at Shepherd University.

was a first team MVAL selection, starting in her sophomore year and repeated every year afterwards. In her senior year she was All-Area Player of the Year. She went on to a record-setting career at Shepherd University, where she was inducted into the SU Hall of Fame in 2007. She still holds five Shepherd pitching records.

"When I walked into the room (the Hall of Fame), it was very humbling to see all of those athletes and coaches on the wall," Gerrie

The other inductees are Troy Barrick, Stan Biggus, Richard Burgee, Stan Goldberg, Chery Poirier, Bill Stup, and Guy Whidden.

The induction banquet will be held at the Walkersville Fire Hall this month. This will be the 39th annual induction ceremony.



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senior moments

by Helen Deluca

Hello again to all you seniors young and old! It's that time of the year when the Christmas decorations have been put away, the presents have been exchanged, leftovers are long gone, and we are now in a new year.

We lost many of our friends this past year. We miss their presence, and we sympathize with their families. As life goes on, we welcome all who would like to share their time with us in the New Year at the Thurmont Senior Center.

To start the New Year, we celebrated with a pot luck dinner and had a great crowd. You know you are getting older when you celebrate New Year's Eve at noon, but how many of us thought we would be welcoming in 2015? It was a really special day for me. The Board of Directors (BoD), volunteers, and all of my friends at the Center presented me with a monetary gift and certificate of appreciation for my years of service. It was a total surprise, and I'm glad to have this opportunity to thank everyone again.

There were a lot of birthdays to celebrate in January. If you are celebrating your birthday in February, come and join us on February 12 at 12:30 p.m.; come early to have lunch. Call ahead (cost is \$5.00) or come at 12:30 p.m. to share some cake and ice cream and a pleasant afternoon.

In addition to all the regular activities—exercise class on Tuesdays with an instructor, Thursday exercise and Tai Chi with tapes, Wii bowling, quilting, Bridge, Pinochle, Rummy Cube, 500, Phase 10, Dominos, puzzles, 50-50 Bingo, and music with Terry at lunch time—there are some special events added each month. Come in and ask about the flyer, which lists all of the activities for the month and also lists the menu for the month. The food is catered by Mountain Gate Family Restaurant.

There will be the conclusion of the movie Almost Blue Mountain City on January 30.

Also, I want to tell you about some information we received from St. Joseph's Ministries regarding "Staying Safer in Your Home." The Centers for Disease Control and Prevention estimates that one out of every three Americans, 65 and older, will sustain a fall this year; those 50 and older account for nearly eighty percent of all fall-related hospitalizations. You are invited to attend an afternoon of useful health

information at St. Joseph's Ministries (formerly St. Catherine), located at 331 S. Seton Avenue in Emmitsburg on January 28, from 1:30-3:30 p.m. Please RSVP by January 23, by calling 301-447-7000. Light refreshments will be provided.

The new Thurmont Town Office opened on January 12, once Dailey's Funeral Home. If you are in the area, come by and visit us at the Senior Center. We are just down the street

As you may have heard, we won't have the income tax assistance at the Center this year. Our volunteers have retired, but you can call the Volunteer Tax Assistance (VITA) office at 301-662-2255 to schedule an appointment at the Thurmont and Emmitsburg libraries (by appointment only). Other volunteer tax preparations will be available at the Frederick Senior Center (301-600-4555) and Glade Valley Food Bank in Walkersville (301-845-0042).

The following details what is happening in February at the Center. By popular request, we will be having two 50-50 Bingos each month. Mark your calendars for the first and third Wednesdays for 50-50 Bingo. Bring a friend—all ages are welcome. On February 6, from 10:45-11:45 a.m., we will finish up the Thurmont movie and start "Greetings from Pen Mar." On February 13, from 1:00-2:00 p.m., we are having a Valentine's Day party in conjunction with the Teen Group from the Thurmont Regional Library. There will be cards and crafts and punch and treats. Come out and have some fun—feel young again. Did you know we also have our calendars and events flyers at the Thurmont Library? Look for them on the table in the lobby area.

A spring fashion show is being planned for March 25, 2015, with Mary Ann Priddy of Taylor Marie Apparels. She will also have some items reduced 50 percent. The show will start at 11:00 a.m.; shopping will follow, with lunch at 12:00 p.m. Call ahead to order lunch for \$5.00. Watch Channel 99, the sign out front of the Center, and the Catoctin Banner for more information.

The BoD has invited County Executive Jan Gardner to lunch at the Center, a new way to show her what an awesome Center we all

Something else the BoD is working on: the need to replace our van, which has totally broken down. A small grant was received, but not



(right)

George Anzelone is shown presenting Helen Deluca a Certificate of appreciation.

(below)

January Birthdays

Pictured from left are Robert Fallon, Anne Holmes, Corrine Ligsay, Sue Ann Wilms, Anna O'Donnoghue, Janice Snyder, Roxie Fritz, Emory Motter, Dick Glass, and John Dowling.



nearly enough to buy a replacement. If you can help or have any suggestions, your input is welcome.

I would like to share a quote I read recently: "The most worthwhile thing is to try to put happiness into the lives of others"...sounds like the Thurmont Senior Center to me.

Don't forget to smile and have a great day!

Emmitsburg Senior News

by Susan Allen

Life for our Emmitsburg seniors is slowing down a bit after all the holiday celebrations and all of the rushing here and there. Before we move on to new events, we want to acknowledge two people who provided the beautiful Christmas tree centerpieces that added to our enjoyment of the season: thank you, Ben and Emily Jacobson, for your thoughtfulness and generosity.

February is the shortest month of the year, and a lot of trips and other activities have been squeezed into our schedule. On Friday, February 13, we have a trip to IKEA (\$30.00 fee.) On the following Friday, we go Snow Tubing (\$55.00 fee). Registration for both trips ends on February 6. Thoughts of Valentine's Day reminds us to consider our hearts, so we will have a speaker on "Heart Health" on Thursday, February 5, at 11:30 a.m. Nurse Steve will continue the topic of heart health when he visits on Tuesday, February 17, with "The Beat Goes On." Last but not least, we round out the month with "Cabin Fever 2015" at the Frederick Senior Center with lunch and activities (\$10.00 fee.)

We've added computer games and trivia to our Tuesday offerings, and our "Poetry in Motion" exercise activity on Wednesday and Friday mornings at 10:30 a.m. Don't forget to hug your favorite gal or fella on February 14.

Regular Activities: Art Class (Mondays), 1:30-3:30 p.m.; Bowling (Mondays), 12:15 p.m.; Bingo (Wednesday, February 4); Bridge and 500 (February 11 and 25), 12:30 p.m.; Strength Training (Tuesdays and Thursdays), 10:00 a.m.; Pinochle (Thursdays), 12:30 p.m.; Canasta (Fridays), 12:30 p.m.; Cards and Games (February 12 and 26), 12:30 p.m. You can join us for any or all of these activities at any time.

The senior citizens encourage everyone fifty years of age and older to join their activities at the Emmitsburg Community Center. Persons sixty years of age and over are eligible for the hot lunch program.

For information on the lunch program and all other activities, contact the coordinator, Linda Umbel, at 301-600-6350, or email LUmbel@FrederickCountyMD.gov.

your public library



Where Community & Ideas Connect

by Linda Frydl, Library Associate, Thurmont Regional Library/Emmitsburg Branch Library, lfrydl@frederickcountymd.gov, 301-600-7212

Free Job Assistance – Drop In: Goodwill of Monocacy Valley and the Thurmont Regional Library partner to provide free job counseling every first and third Tuesday. This includes oneon-one help with interviewing, resume writing, online application help and computer training. Can't make it to the workshop? Jobs Assistance Packets are always available at the library during open hours. This community partnership was created to help place people in job situations. We look forward to helping you. Can't make it to the library? Call Goodwill for more information at (301) 662-0622 ext.209.

Volunteer Income Tax Assistance: Drop in for free help and avoid high fees. Get your taxes prepared by IRS certified volunteers. Get your refund in 1-3 days. Individuals/families with adjusted gross income up to \$60,000 are eligible. Registration is recommended by calling Housing Authority of Frederick at 301-662-2255. This free service is a partnership of Frederick County Public Libraries, United Way of Frederick County, and the Housing Authority of the City of Frederick, and is part of the efforts of the Frederick County Financial Literacy Council to provide free tax preparation (VITA) and resources that improve financial stability. Saturdays at Thurmont Branch Library and Emmitsburg Branch Library, from 11:00 a.m.-4:00 p.m. (January 31-March 28). Dropins are okay but REGISTRATION IS RECOMMENDED by calling Housing Authority. (Special Note: The Wednesday night Thurmont session originally planned has been cancelled due to lack of VITA volunteers.)

Community Toy Swap: Is your house filled with toys that no one plays with? Want to get your kids something new to play with? Drop in during our community toy swap on Saturday, February 21, from 1:00-4:00 p.m. and freshen up your toys without spending a dime. Bring a new or gently used toy and swap it for another. Any leftover toy donations will be sent to Goodwill. Guidelines: Children must be accompanied by an adult. Games and puzzles must include all pieces. Anything cloth (i.e. stuffed animals, etc) must be laundered before bringing in.

Delaplaine Satellite Gallery – Thurmont Branch Library: February through May, our featured artist is Jing-Jy Chen. Born in Taiwan, Jing-Jy Chen received a BA in Chinese literature from Taiwan Normal

University and a Masters Degree in Education from the University of Rochester. She started Chinese painting during her college years. She exquisitely portrays images of wildlife and nature through her delicate watercolor technique, and keeps with Chinese tradition by using written characters and red signatures. The subtle strokes, simple lines, and limited color areas create an excellent sense of negative space. Her work has a graceful fluidity, and the refined but fragile beauty and mystical quality of her renderings invites viewers into the story and presents them with new

Special Programs for Children Celebrate Groundhog Day: Are you ready for spring? Bring the whole family to find out what the groundhog has to say about the weather on Monday, February 2, from 6:30-7:15 p.m. Don't forget to bring your shadow. A special afternoon session just for preschoolers will be held the same day at 1:30 p.m. Register online at www.fcpl.org or call 301-600-7212.

Circle Loom Friendship Bracelet: Just in time for Valentine's Day, learn how to make colorful friendship bracelets on a home-made circle loom (for grades 3-8) on Friday, February 13, from 2:00-2:45 p.m. Register online at www.fcpl.org or call 301-600-7212.

Sweetheart Dance & Valentine Bingo: Enjoy a special afternoon for you and your little sweetie on Saturday, February 14, from 2:00-3:30 p.m. Dress your best and dance the afternoon away. Round out your date with a few rounds of Bingo. All ages with an adult. Register online at www.fcpl.org or call 301-600-7212.

Preschool Power: Celebrate President's Day: Afternoon fun for our preschool friends on Tuesday, February 17, from 1:30-2:15 p.m. Join us for a special visit from two of our favorite Presidents. Learn facts and ask questions, then look the part by making a tricorn and stove pipe hat. Register online at www.fcpl.org or call 301-600-7212.

Meet a Hedgehog: School is out early today. Love cute animals? Love cute little animals that roll into a ball and have spikes? Here is your chance to meet a real hedgehog. Two sessions (space is limited, so register early): February 27: Session 1—2:30-3:00 p.m.; Session 2—3:30-4:00 p.m.

All Frederick County Public Library branches will be open regular hours on President's Day, Monday, February 16.

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Wanted

WANTED: Any unwanted lawn mowers, tillers, snow blowers or yard items. Will pick up FREE! Call 301-271-4266.

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2 NASCAR racing tires made into small tables with legs: 1st tire is an actual Dale Earnhardt Sr. tire with a glass top with a Dale Earnhardt Sr. silhouette face and the #3 engraved into the glass top; 2nd tire was run at Richmond in the mid '90s by Brett Bodine and the #26 team. This tire has also been made into a table with Dale Jarrett silhouette engraved into the glass along with the #18 (Joe Gibbs racing). \$125 for the set, OBO. 301-788-6417.

Used left handed "YES C Grove" golf putter. Very good condition. Well taken care of!! Good for someone learning to play the game. It's 33' in length. Also a soft cover for protection. Asking \$40 OBO. 301-788-5944.

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Answer to Movie Trivia

Quote derives from the 1985 coming-of-age comedy-drama, The Breakfast Club.

The film was written, produced, and directed by John Hughes.

january

- 30.... Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 7:00 p.m. 717-794-5404.
- 31.... Wing Night, Vigilant Hose Co., Emmitsburg. Doors open 5:00 p.m. \$20/ person (include meal & beverages). Benefits 2015 CHS Safe and Sane. Cheryl Phelan 301-524-3106.
- 31.... ACS Relay for Life Benefit Dance, American Legion, 8 Park Lane, Thurmont. Sponsored by the G.O.L.F. C.L.U.B. Team. Entertainment by Sticktime. 8:00 p.m.midnight. Doors open 7:00 p.m. \$15/in advance; \$20/at door. Must be 21 year old to attend. Lisa Reed 240-315-5331.
- 31.... Registration for Emmitsburg Baseball and Softball League, Vigilant Hose Company, West Main St., Emmitsburg. 9:00 a.m.-noon. Tom Kelly 301-252-4471 or email: tmkelly744@comcast.net.
- 31.... Oyster Feed, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. \$30/person. Deadline for tickets Jan. 19. 717-794-5404.
- 31.... Pot-luck Lunch, Thurmont Senior Center, Thurmont. 12:00 p.m. Bring a dish or pay \$5. Please call ahead if you plan to attend 301-271-7911.
- 31.... Open House at new Town of Thurmont Municipal Offices, 615 East Main St., Thurmont. Noon-4:00 p.m.; 1:00 ribbon cutting. Refreshments and prizes.
- 31.....Wing Night, Vigilant Hose Company, 25 E. Main St., Emmitsburg. \$20/person. Doors open 5:00 p.m.; food served 6:00 p.m.; DJ 8:00 p.m. Beverages included. Benefits 2015 CHS Safe and Sane. Cheryl Phelan bochph@ aol.com or 301-524-3106.

february

- Cash Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 1:00 p.m. 717-794-2695; www.brsportsmens.com.
- 2...... Thurmont Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. Clothing, linens, coats, small household goods & shoes as available. Anyone welcome. Donations accepted (call ahead for anything large). No toys accepted at this time. 301-271-4511.
- "Served with Grace" Free Community Meal (1st Monday each month), Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All are welcome.
- 3 Sons of the American Legion Squadron 121 Sandwich & Sub Fundraiser. Orders and money must be in by Feb. 3. Orders picked up at Post 121 after 12:30 p.m. on Feb. 10.
- 5 Bingo (every Thursday), Thurmont American Legion, 8 Park Lane, Thurmont. 7:00-9:00 p.m.
- 6...... Entertainment: Big Al, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m.midnight.
- 6...... CANA (Christian Adults Nurturing Another) Women and Men over the age of 30 are invited to attend an organizational meeting for new singles' ministry that will provide Christ-honoring activities in a spiritually nurturing and supportive environment. Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont, 7:00 p.m. 301-271-2379.
- 6 Let's Move, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD. 9:30–11:00 a.m. Let's Build a Snowman (ages 2-6). \$4. Pre-registration: 301-600-2936; www.recreater.com.
- 6 Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 7:00 p.m. 717-794-2695; www.brsportsmens.com.

community calendar

- 7...... Fried Oyster and Turkey Dinner, St. John's
 Lutheran Church, 8619 Blacks Mill Rd.,
 Creagerstown, MD. 12:00-5:00 p.m.
 Fried Oysters, Turkey, Mashed Potatoes,
 Dressing, Gravy, Sauerkraut, Succotash,
 Cranberry Relish, Rolls and Cake. Fancy
 Table. \$16/Adults; \$7/ages 6-12; Free/ages
 under 5. \$17/Carryout.
- 7..... Wagner Shoot, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 8:30 registration; 10:00 start. 717-794-2695; www.brsportsmens. com.
- 7...... DJ/Karaoke, VFW Post 6658, 12 West Main St., Emmitsburg. 8:00 p.m.-12:00 a.m.
- Explore and Create, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD. 11:30 a.m.-12:30 p.m. Explore the Night Sky (ages 2-5). \$6/ Adult & child. Pre-registration: 301-600-2936 or www.recreater.com.
- 7,8... Thurmont Little League Spring 2015 Inperson Registration, 275 Westview Dr., Thurmont. 12:00-2:00 p.m.
- 10.... Mother Seton School Take-a-Tour Tuesday, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30-6:30 p.m. Applications for 2015-2016 being accepted. No need to pre-register. Denice Vaught 301-447-3161 or dvaught@mothersetonschool. org.
- 13 Ladies' Night Wine & Paint Night, Carriage House Inn, JoAnn's Ballroom, 200 S. Seton Ave., Emmitsburg. \$40/person (includes art supplies, appetizers, and complimentary wine). Cash bar available. Doors open 6:00. Raffles and vendors on-site. Benefits 2015 CHS Safe and Sane. Cheryl Phelan bochph@aol.com or 301-524-3106. Tickets limited.
- 13.... Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 7:00 p.m. 717-794-2695; www.brsportsmens.com.
- 13.... Cupid's Creatives, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD. 1:00-3:00 p.m. \$5. 301-600-2936 or www.recreater.com.
- 13.... Entertainment: Ralph Gann, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m.-midnight.
- 14.....Art Clinic with Dorothea Barrick, Emmitsburg Community Center, 300A S. Seton Ave., Emmitsburg. 9:30 a.m.-12:00 p.m. For any skill level. Focus on different new techniques & mediums. All materials provided. Ages 14 & up. \$30/class. Register: 301-600-2936 or www.Recreater.com.
- 14 Cash Bash, Our Lady of Mount Carmel's Parish Center, 103 Church St., Thurmont. Doors open 2:00 p.m.; Bingo 3:00-8:00 p.m. Sponsored by Our Lady of Mount Carmel and Saint Anthony Shrine Parishes. Grand prize \$3,000. Only 500 tickets sold \$25/ticket. 301-447-2367.
- 14.... Valentine's Day Dance, Thurmont American Legion, Thurmont. Featuring Wylde Fire Band. 8:00 p.m.-12:00 a.m. \$5/ person (no tickets, pay at door).
- 14.... Meat Shoot, Blue Ridge Sportsmen's Waynesboro Pike, Fairfield, PA... 8:30 registration; 10:00 start. 717-794-2695; www.brsportsmens. com.
- 14 Valentine's Day Dinner, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. Dinner reservations only. 717-794-2695; www.brsportsmens.com.
- 15.... Movie: How To Train Your Dragon2, Thurmont American Legion, 8 Park Lane, Thurmont. 1:00-3:30 p.m. Free.
- 15.... All-You-Can-Eat Spaghetti Dinner, Woodsboro American Legion, 101 W.

- Elizabeth St., Woodsboro, MD. 1:00-4:00 p.m. \$10/person (under 12 free). Don 301-514-2588 for tickets. Sponsored by American Legion Riders.
- 16-21. Frederick County Agriculture Week, Francis Scott Key Mall, Frederick, MD. Theme: Farmers Supporting Families in Frederick County. Exhibits may be set up Feb. 15, 6:00-8:00 p.m. Ted Albaugh 240-446-3054 or Ronald Murphy 301-788-3847 if your business or organization would like to place exhibit or with any questions.
- 17.... Shrove Tuesday All-You-Can-Eat Pancake Supper, Harriet Chapel, 12625 Catoctin Furnace Rd., Thurmont. 5:00-7:00 p.m. \$5/ adults; \$3/ages 7-12; Free/ages 6 and under. 301-271-4554.
- 17.... Thurmont Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00 - 11:30 a.m. Items include clothing, linens, coats, small household goods & shoes as available. Anyone welcome. Donations gladly accepted (please call ahead for anything large). No toys accepted at this time. 301-271-4511.
- 18.... Ash Wednesday, receive ashes while you stay in your car, drive by Harriet Chapel from 6:30-7:00 a.m. or 6:30-7:00 p.m. Ash Wednesday Services at 7:00 a.m. and 7:00 p.m. Harriet Chapel, 12625 Catoctin Furnace Rd., Thurmont. 301-271-4554.
- 18 Mother Seton School Ash Wednesday Mass. 10:15 a.m. Join in worship as the Holy season of Lent begins w/Ash Wednesday Mass. www.mothersetonschool.org; 301-447-3161.
- 20.... "Catoctin Voices" Evening of Poetry, Holy Grounds Café, Emmitburg. Poet and author Mark Greathouse, guest reader. 7:00 p.m. Open mike preceding.
- 20.... Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 7:00 p.m. 717-794-2695; www.brsportsmens.com.
- 20 Entertainment: DJ Jimmy James, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m.-midnight.
- 20-22...Moving Sale: Most Everything Must Go, Cozy Inn, 103 Frederick Rd., Thurmont. 11:00 a.m.-4:00 p.m. Rental space available (all inside). 301-271-4301.
- 21.... Ham, Turkey & Beef Slippery Pot Pie and Country Ham Sandwich Carryout, Woodsboro Lutheran Church, 101 S. Main St., Woodsboro, MD. Pick-up: 11:00 a.m.-4:00 p.m. Orders: 301-271-3309 by Feb. 18. Quarts \$6.00; country ham sandwiches \$4.00. Bake table available.
- 21.... Sportsman's Raffle, Vigilant Hose Company, 25 E. Main St., Emmitsburg. \$30/person. Doors open 5:00 p.m.; dinner served 6:00 p.m.; drawings 6:15 p.m. Beverages included. Benefits 2015 CHS Safe and Sane. Cheryl Phelan bochph@aol.com or 301-524-3106.
- 21.... Mother Seton Bingo, Mother Seton School, 100 Creamery Rd., Emmitsburg. Doors open 5:30 p.m. \$20/in advance; \$25/at door. Prizes from Vera Bradley, Coach & Thirty-One. (snow date: Feb. 28)
- 21 Wagner Shoot, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 8:30 registration; 10:00 start. www.brsportsmens.com.
- 21.....Country Butchering, Rocky Ridge Vol. Fire Co., Rocky Ridge, MD. Pancake breakfast served 6:00-10:00 a.m. Benefits the Rocky Ridge Vol. Fire Co. Orders must be placed before Feb. 15. 301-271-4057; 301-271-4253.
- Thurmont Ministerium's Community Lenten Service, St. Paul's Evangelical Lutheran Church, Utica, 10621 Old



- Frederick Rd., Thurmont. 7:00 p.m. Open to all.
- 24.... Mother Seton School Take-a-Tour Tuesday, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30-6:30 p.m. No need to pre-register. Denice Vaught 301-447-3161 or dvaught@mothersetonschool.org.
- 24.... Frederick County Public Schools (FCPS)
 22nd Countywide Technology Fair, Francis
 Scott Key Mall, Frederick, MD. 6:00-8:00
 p.m. (Snow date Feb. 26.)
- 27.... Entertainment: DJ Jake, Thurmont American Legion, 8 Park Lane, Thurmont. 8:00 p.m.-midnight.
- 27.... Meat Raffle, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA... 717-794-2695; www. brsportsmens.com.
- 27.... Open House, St. John's Christian Preschool, 15 North St., Thurmont. 9:00-10:00 a.m. 301-271-4109.
- 27,28. Other Voices Theatre presents *The Wizard* of Oz, The Performing Arts Factory, 244 S. Jefferson St., Frederick, MD. 8:00 p.m. (also March 6 &7 at 8:00 p.m.; March 1 and 8 at 2:00 p.m.) Tickets: 301-662-3722. Other Voices Theatre.org.
- 28.... Ott House Fundraiser, 5 West Main St., Emmitsburg. Proceeds from cover charge donated to 2015 CHS Safe and Sane. Featuring Sticktime. Drink specials and live auction 11:00 p.m.
- 28.... Benefit Dance for Gary Frock, Sr., Cascade American Legion Post 239, Cascade. 8:00 p.m.
- 28.... DJ Southpaw, VFW Post 6658, 12 West Main St., Emmitsburg. 9:00 p.m.-1:00 a.m.
- 28 Art in Motion, ESP Performing Company Showcase Fundraiser, Catoctin High School auditorium, Thurmont. Doors open 6:15 p.m. Concessions available, 50/50 drawings, & gift basket raffles. \$5/students; \$10/adults. Tickets: 301-271-7458 or studio at 15 Water St., Thurmont (at door: \$6/students; \$12/adults).
- 28.... Dance 4 A Cure Zumbathon, Vigilant Hose Co., 25 W. Main St., Emmitsburg, 1:00-4:00 p.m. Parking at Emmitsburg Elementary. \$10 min. donation in advance: deadline 2/27 (pay by check: Leukemia & Lymphoma Society, mailed to c/o Kelly Reid, PO Box 875 Emmitsburg, MD 21727 or online http://pages.lightthenight.org/md/ WestMD15/Barkers4BloodCancer).\$15 min. donation accepted at door. Open to public; all skill levels/ages. b4bclls@yahoo.com; Kelly 240-674-6444. Benefits Leukemia & Lymphoma Society.

march

6..... EBPA Luncheon, Sleep Inn & Suites, Emmitsburg. 12:00-1:00 p.m. \$5. www. ebpa.biz.

Share Your Good News!



Cindy Grimes

301-271-3487, x24 301-788-5354 Cindy Grimes@msn.com frederickcountyhomefinder.com

J & B **Real Estate**

131/2 Water St. Thurmont, MD

For All Of Your Real Estate Needs!



16432 Sabillasville Rd. Sabillasville - \$544,900

This spectacular 5 bedroom, 4 full bath colonial has so much to offer! 2 master suites garage, (one on main)! Upper level on master has a luxury bath and enormous walk in closet! Great deck & fenced yard!



Pennersville Rd Cascade, MD-\$149,900

Cute brick 2 bedroom one This amazing home has Beautiful bath home with one car 4 bedrooms, 4.5 baths w/ almost one



6347 Debold Rd. Sabillasville, MD-\$424,900

full basement gorgeous Cherry hardwood Incredible views from wrap around front porch!!



16111 Sabillasville Rd. Sabillasville, MD -\$224,900

Cape yesteryear charm but many modern updates including acre. floors on main level, a new roof, & central A/C stone fireplace & cathedral and heat pump installed ceiling in living room! 2008. Beautiful views all on almost 2 acres! A must see!!



Gorgeous woodland setting on 14.5 acres w/ 4 bedroom, 2.5 bath split level which offers 2700 sq ft of living space! Spacious rooms, floors, ceramic tile, laundry & mud room at kitchen level! Newer carpet in bedrooms, new HVAC system 2012, security system & wired for generator! Lovely screened porch that looks out to garden area, tractor aarden shed and work shop w/heat & electric! Surrounded by 241 acres of forest! Beautiful setting and just minutes to town! A must see!



Sabillasville-\$392,000

hardwood 11743 Cash Smith Rd. Woodsboro, MD -\$424,900 Gorgeous 3 bedroom, 3 full bath colonial w/fantastic views! Main level offers Living, Dining w/hardwoods, crown molding and chair rail, family room w/ gas fireplace & gourmet kitchen. laundry and 1/2 bath. Upper level offers spacious master w/ 2 walk



Myers Road Rocky Ridge, MD -\$140,000

Two bedroom mobile home on almost 5 acres. Detached 3 plus car garage with water and electric. Property is partially fenced. Mobile home was renovated a couple of years ago. Nice property.



501 East Main Street Thurmont, MD - \$289,900

Lovely, spacious colonial w/ 3 bedrooms! Hard wood floors under carpet, updated windows, front porch, detached office/ studio w/ heat and electric, walk up attic! Detached two car garage! A must see!



221 W. North St. Waynesboro, PA-\$78,900

over/under Quaint one 1 bedroom with 1 bath. garage, Kitchen update and Walk up attic could be finished into 3rd bedroom 2006, Whole house generator upper unit. Newer installed windows! Fenced yard and Many Off street parking included! over 6 acres.

Beautiful Lots!



Wiaville Road Thurmont-\$369,900

1/2 4 bedroom, 3-1/2 bath two duplex. Two units, one 2 story with attached 3 car bedroom w/ 1 bath and garage and separate 2 car stainless appliances installed 2011 Heat pumps/AC installed 2013(propane) improvements FR 8457727



Military Rd. Cascade, MD -\$139,900

bedroom brick home. basement, enclosed front porch, 1 car garage



131 Cody Dr. #24 Thurmont-\$153,500

Sought after 2nd floor condo in Albert Courts! 2 bedrooms, 2 full bath & elevator in lobby!



15210 Sabillasville Rd. Thurmont-\$429,900

Unique, secluded property! beautiful wooded acres, main house w/ 3 bedrooms and 2 full baths, . Tenant house has open floor plan with large master suite on main level!



Cherry Lane Cascade, MD -\$139,900

4 bedroom, 2 bath rancher, carport, living room with fireplace, wood floors, basement waterproofed. been



Old Frederick Rd./ Loy Station Rocky Ridge- \$49,900

Affordable 1.73 acre lot with endless possibilities! 4 bedroom conventional percl Seller will drill well at this price prior to closing.. Winter views of the Loys Station Covered Bridge and short walk to Loys Station Park. Easy commute to Rt. 15. Come build your dream home! Take advantage of this affordable price, this won't last!



3 Gorgeous Building Lots Wigville Rd., Thurmont, MD

3 gorgeous building lots.

 (\$199,900 - 13,35 Acres. 6 BR, perc, well)

· (\$149,900 - 5 Acres, 5 BR, perc, well)

· (\$159,900 - 5.57 Acres, 6 BR, perc, 2 wells)



1/2 baths! Updated flooring including new carpet, ceramic

tile and laminate! Great room

with gas fireplace, Living room/office with French doors & main level laundry. Lovely front porch overlooking flower garden and small fish pond. Expansive unfinished lower level with walk out to rear yard. Some woods w/ a small trail! A must see!



in closets & private bath, 2

large bedrooms & hall bath!

Huge rec room w/ full bath

in lower level w/ walk up to

rear yard! 2 x 6 construction!

This lovely colonial has 4 bedrooms, 1.5 baths, spacious rooms with walk in bay windows in several rooms! Hardwood floors and pocket doors between dining and living room, walk up attic, beautiful staircase and updated kitchen with double ovens, cooktop, butlers pantry and mud room! Updated windows, spacious detached garage, shed, front porch and wonderful fenced yard! As-is but shows well.