

The Catoctin Banner

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Your Good News Community Newspaper Serving Northern Frederick County, MD Since 1995

Catoctin High School's Mr. Catoctin is Crowned

Katelyn Claxton

From stars on the field to stars on the stage, Mr. Catoctin is a perfect way to showcase Catoctin High School's Senior class.

The third annual Mr. Catoctin Pageant was held on December 3, 2014, at Catoctin High School. Not only was it a night filled with catchy tunes, up-beat dances, and tons of laughter, but it was a successful fundraiser for the Catoctin High School 2015 Safe and Sane Committee.

Safe and Sane is a non-profit graduation committee that provides a place for seniors to go after graduation, where they can celebrate all night in a safe and controlled environment.

Safe and Sane was "established to address the very serious issues of youth drinking, drug use, and driving behavior during one of the highest risk social events of their lives," said Cheryl Phelan, the Class of 2015 Safe and Sane head coordinator. To find out more about Safe and Sane and their upcoming events, like them on Facebook: Catoctin Safe and Sane 2015 and visit their website at www.catoctinsafeandsane.com.



Pictured from left are Matt Gartrell, Demetrius Patterson, Devin Cash, Mathew Viti, Andrew Niebecker, Dan Miller, Randy Stull, Jordan Hahn.

This year, eight senior boys—hand selected by teachers—were given a week to show their unique school spirit followed by one night on the stage to prove to a panel of judges why they should be crowned this year's Mr. Catoctin. The boys faced several obstacles throughout the process. The first obstacle being "Spirit Week." Each contestant had to dress according to assigned themes. They kicked off the week with Inanimate Object Day, followed by Nerd Day, Decade Day, Superhero Day, and ended the week with School Spirit Day.

"Putting together all of my costumes to show off my personality was worth all the time put in," said Jordan Hahn, a Mr. Catoctin contestant.

Photo by Mike Miller

On the night of the pageant, the boys went through many events to show off their well-rounded personalities. The show opened with the boys knocking out the crowd with a well-rehearsed dance number, choreographed by Katelyn Claxton and

Meredith Wilson. The dance number was followed by a festive display of seasonal wear, a show-stopping talent portion, a questionnaire, and ended with the boys flaunting their good looks with formal wear (tuxedos were donated by Men's Warehouse).

The 2014-2015 proud winner of the crown and the title of Mr. Catoctin was Dan Miller. Second and third place awards were given to Andrew Niebecker and Randy Stull.

"Being in Mr. Catoctin was a fun experience. I am incredibly grateful to have participated!" said Stull.

Catoctin High School is very proud of these eight contestants and is honored to see Catoctin's blue and white school spirit shining among the students.

Inside Issue

Where is the new Thurmont Town Office?

See page 8 for the story.



Who is Mount St. Mary's newly appointed president?

See page 9 for the story.



What are Catoctin's New Year resolutions?

See page 21 for the story.



What battle was fought on both sides of the Mason-Dixon line?

See page 15 for the story.



What is the global movement, Hour of Code?

See page 19 for the story.



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THE POSTAL CUSTOMER



Happy New Year
See the Winner of our Home
Holiday Decorating Contest

— page 14

Dear Reader:

Happy New Year 2015 to everyone! In 2014, we created our biggest issue in The Catoctin Banner’s history. We burst out of our usual 40-page run in the early months of 2014 with a 56-page turnout for May’s issue, then a consistent 48-page showing for the months after May’s issue, through to the end of the year. Starting out in 2015, we’ve returned to 40 pages to balance the slower news and winter advertising slate.

We will continue to share your good news and be the Catoctin Community’s voice, regardless of the number pages it takes each month to do that. We thank every single advertiser who has ever supported this mission!

I hope you had a Merry Christmas and have a great year in 2015!
— Deb Spalding, *Publisher*

Happy New Year, everyone! It’s 2015 and time to make your resolutions and stick to them. Everyone’s going to eat healthier, exercise more, and be kinder to the people around you. Right? And if you’re like many of us and break your first resolution early in the New Year due to various reasons, don’t worry, keep trying.

This issue of *The Catoctin Banner* you’ll get an idea about Catoctin High’s New Year’s resolutions and plans for 2015. But, before saying goodbye to 2014, you can read about how your friends and neighbors celebrated Christmas with different events and holiday decorations. You’ll also be informed about the opening of Thurmont’s new Town Office.

Take some time to read about some special people in our community: Dr. Bonita Krempel-Portier, new Mount President Simon Newman, and Mr. Catoctin. You’ll even read more about the Civil War with the new museum in Blue Ridge Summit, dedicated to the Battle of Monterey Pass, and a Looking Back column on the last two Civil War Veterans in Frederick County who happened to be from Rocky Ridge and Thurmont.

We continue to try and pack the pages with stories that, when you finish reading, won’t leave you feeling depressed or discouraged.

We’d also like to thank all of our advertisers, and you should, too. Why? Because it is through their support that we are able to bring you *The Catoctin Banner* each month. You can show your support by shopping at our advertisers and mentioning their ads in *The Catoctin Banner* when you do.

— James Rada, Jr., *Contributing Editor*

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Correction: The Emmitsburg Halloween Parade and Party that was reported in the December issue was put on by a larger group of agencies than was indicated in the article. Sponsors included VFW Post 6658, American Legion Post 121, The Emmitsburg Business and Professionals Association, Tyrian Lodge 205, and the Emmitsburg Lions Club.

Wishing You and Yours the
Happiest of Holidays!

—from your friends at
The Catoctin Banner Newspaper



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Military Rd.

Cascade, MD - \$139,900

2 bedroom brick home, full basement, enclosed front porch, 1 car garage



11743 Cash Smith Rd.

Woodsboro, MD - \$424,900

Gorgeous 3 bedroom, 3 full bath colonial w/fantastic views! Main level offers Living, Dining w/hardwoods, crown molding and chair rail, family room w/ gas fireplace & gourmet kitchen. laundry and 1/2 bath. Upper level offers spacious master w/ 2 walk in closets & private bath, 2 large bedrooms & hall bath! Huge rec room w/ full bath in lower level w/ walk up to rear yard! 2 x 6 construction!



231 N. Seton Ave.

Emmitsburg, MD - \$199,900

This lovely colonial has 4 bedrooms, 1.5 baths, spacious rooms with walk in bay windows in several rooms! Hardwood floors and pocket doors between dining and living room, walk up attic, beautiful staircase and updated kitchen with double ovens, cooktop, butlers pantry and mud room! Updated windows, spacious detached garage, shed, front porch and wonderful fenced yard! As-is but shows well.



16432 Sabillasville Rd.
Sabillasville - \$544,900

This spectacular 5 bedroom, 4 full bath colonial has so much to offer! 2 master suites (one on main)! Upper level master has a luxury bath and enormous walk in closet! Great deck & fenced yard!



Pennersville Rd
Cascade, MD - \$149,900

Cute brick 2 bedroom one bath home with one car garage, full basement on almost one acre.



6347 Debold Rd.
Sabillasville, MD - \$424,900

This amazing home has 4 bedrooms, 4.5 baths w/ gorgeous Cherry hardwood floors on main level, a stone fireplace & cathedral ceiling in living room! Incredible views from wrap around front porch!!



16111 Sabillasville Rd.
Sabillasville, MD - \$224,900

Beautiful Cape with yesteryear charm but many modern updates including new roof, & central A/C and heat pump installed 2008. Beautiful views all on almost 2 acres! A must see!!



394 Seven Stars Rd.
Gettysburg - \$299,900

This lovely Colonial set on 1.87 acres offers 3 bedrooms & 2 1/2 baths! Updated flooring including new carpet, ceramic tile and laminate! Great room with gas fireplace, Living room/office with French doors & main level laundry. Lovely front porch overlooking flower garden and small fish pond. Expansive unfinished lower level with walk out to rear yard. Some woods w/ a small trail! A must see!



Myers Road
Rocky Ridge, MD - \$140,000

Two bedroom mobile home on almost 5 acres. Detached 3 plus car garage with water and electric. Property is partially fenced. Mobile home was renovated a couple of years ago. Nice property.



501 East Main Street
Thurmont, MD - \$293,000

Lovely, spacious colonial w/ 3 bedrooms! Hard wood floors under carpet, updated windows, front porch, detached office/studio w/ heat and electric, walk up attic! Detached two car garage! A must see!



9629 Gravel Hill Rd.
Woodsboro - \$219,900

Wonderful Cape Cod offering 3 bedrooms, 1 & 1/2 Baths, and an office/den/nursery! Hardwood floors throughout (under carpet). Roof replaced in 2009! Expansive lower level with walk up. Great covered rear porch, front porch and 2 car garage!



Wigville Road
Thurmont - \$369,900

4 bedroom, 3-1/2 bath two story with attached 3 car garage and separate 2 car garage, Kitchen update and stainless appliances installed 2011 Heat pumps/AC installed 2006, Whole house generator installed 2013(propane) Many improvements on over 6 acres. FR 8457727



6629 Eylers Valley Flint Rd.
Sabillasville - \$399,900

Gorgeous woodland setting on 14.5 acres w/ 4 bedroom, 2.5 bath split level which offers 2700 sq ft of living space! Spacious rooms, hardwood floors, ceramic tile, laundry & mud room at kitchen level! Newer carpet in bedrooms, new HVAC system 2012, security system & wired for generator! Lovely screened porch that looks out to garden area, tractor shed, garden shed and work shop w/heat & electric! Surrounded by 241 acres of forest! Beautiful setting and just minutes to town! A must see!



131 Cody Dr. #24
Thurmont - \$153,500

Sought after 2nd floor condo in Albert Courts! 2 bedrooms, 2 full bath & elevator in lobby!



15210 Sabillasville Rd.
Thurmont - \$429,900

Unique, secluded property! 28+ beautiful wooded acres, main house w/ 3 bedrooms and 2 full baths. Tenant house has open floor plan with large master suite on main level!



Cherry Lane
Cascade, MD - \$144,900

4 bedroom, 2 bath rancher, carport, living room with fireplace, wood floors, basement has been waterproofed.



13626 Catoctin Furnace Rd.
Thurmont, MD - \$154,900

Spacious home on over 3/4 of an acre, currently 3 separate units. Could easily be returned to a single family. Great rental history! AS-IS.

**Beautiful
Lots!**



Old Frederick Rd./Loy Station
Rocky Ridge - \$49,900

Affordable 1.73 acre lot with endless possibilities! 4 bedroom conventional perc! Seller will drill well at this price prior to closing.. Winter views of the Loy Station Covered Bridge and short walk to Loy Station Park. Easy commute to Rt. 15. Come build your dream home! Take advantage of this affordable price, this won't last!



3 Gorgeous Building Lots
Wigville Rd., Thurmont, MD

3 gorgeous building lots.
• (\$199,900 - 13.35 Acres, 6 BR, perc, well)
• (\$149,900 - 5 Acres, 5 BR, perc, well)
• (\$159,900 - 5.57 Acres, 6 BR, perc, 2 wells)



16.2 Acres Lot Ward Kline Rd.
Myersville, MD - \$115,000

Lovely, wooded 16.2 acre building lot with well (8 gallons per minute) and 7 bedroom perc. Build your dream home and enjoy nature! Secluded setting with abundant wildlife including deer and turkey. Log road cut in to top of lot. Call for Plat.

Emmitsburg December 2014

Mayor Meets with New County Executive, Jan Gardner

Emmitsburg Mayor Don Briggs met with Frederick County Executive Jan Gardner to discuss ideas and concerns for the town of Emmitsburg. Briggs stated that Gardner is meeting with town mayors around the county to discuss their concerns and needs in preparation for her new role in Frederick County. Mayor Briggs expressed his concern for the lack of accessibility to programs and services for the elderly in Emmitsburg due to their distance from the city of Frederick. Briggs requested a possible improvement regarding the transportation options provided for senior citizens to get to Frederick for necessary services.

Emmitsburg Sustainability Certification

Emmitsburg Mayor Don Briggs and the "Green Team" will be meeting with the state of Maryland officials to further promote Emmitsburg toward a state of Maryland Sustainability

Certification. The Green Team, which includes the mayor and five other members, was formed to complete the requirements for the sustainability certification. Emmitsburg has already accomplished most of the required tasks, which include: an operational farmers market, a State certified green school (Mother Seton), a local business directory and promotion, a community garden, LED street lights, pet waste program, and ordinance and a solar power array (we have completed phase I). The City of Frederick is the only other town in the county with this certification.

Mount St. Mary's University Donating Clock to Town

Mount St. Mary's has donated a large vintage style clock to be included in the town's downtown square improvements project. The clock weighs 1,000 lbs. and has Roman numerals for clock numbers. Mayor Briggs was pleased to accept the donation and believes it will be a great addition for the town square. The placement for the

clock in the downtown square area has not been determined yet.

For more information about the Town of Emmitsburg, log onto www.emmitsburgmd.gov or call 301-600-6300.

Thurmont December 2014

New Town Office Opening

The new Thurmont town office will be located at 615 E. Main Street and will officially be in place by Monday, January 12, 2015. The town office will be closed on Friday, January 9, 2015, in preparation of the move from the old office to the new. A grand opening celebration is tentatively planned, but the date is yet to be determined.

Sidewalk Project Request

The town is asking citizens who live along the new sidewalk areas to use Non-Corrosive Salt to melt the ice and snow on these sidewalks to avoid damaging them this winter. Cement hardens over time. The new cement sidewalks need more

WARNING

Scam Warning

Melissa Wetzel, CPA in Emmitsburg, would like to inform readers about a common phone scam taking place.

THE SCAM: An unsolicited call during which the caller claims to be with the IRS and demands payment.

NOTE: The IRS Agency says it uses only mail to initiate contact with taxpayers. Report any incident to the Treasury Inspector General for Tax Administration at 800-366-4484 or use the Federal Trade Commission's "Complaint Assistant" at FTC.gov.

time to harden up and should be fine by next winter. Further construction on this project has been put on hold until the spring.

View the Town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

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Play Our Games

Each month, you're invited to participate in our Where Am I? Photo Contest and Hidden Object Game. The winners of each game are announced in the next issue of *The Catoctin Banner* newspaper. Winners are given a gift certificate to the advertiser of their choice. To participate, call 240-288-0108 or email news@thecatoctinbanner.com to record your guesses by the 15th of each month. Please don't forget to spell your full name and leave your phone number.

Where Am I? Photo Contest

For the "Where Am I?" Photo Contest, take a look at the photo to the right and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area, which is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown, and everywhere around and in-between.

Last month's "Where Am I?" photo was the Cornerstone on Elias Lutheran Church in Emmitsburg.

Last month's winner is Allison Raubaugh.



Photo by Irene Matthews

Hidden Object Game

Last month's Hidden Object was a Christmas Gremlin, wearing a Santa hat. It was located on page 15 in the Gateway Candyland advertisement. The winner of the Hidden Object Game is Greg Sterner. If the winner has not been contacted, please contact us to claim your prize.

This month's Hidden Object is a brown cat, wearing colored striped socks.

Note: Hidden Object is always hidden in one of our advertisers.

If you see your name listed as a winner, please email us at news@thecatoctinbanner.com with your name, address, and the name of the advertiser from which you would like your gift certificate, and we will send you your prize! If you do not have access to email, please call us at 240-288-0108 and leave us a message with the above information. Thank you.



Test Your Word Power

Recap of 2014 Words

(Answers on page 38)

- | | |
|--|--|
| <p>1. Pernicious [per-nish-uh s] (adj.)</p> <p>a) Unreasonable; stubborn
b) Causing great harm; destructive
c) Mysterious; enchanting</p> | <p>5. Flummox [flūm'aks] (v.)</p> <p>a) To agree or acknowledge
b) To take apart or destroy
c) To perplex or confuse</p> |
| <p>2. Guile [gīl] (n.)</p> <p>a) Crafty deception; skillful deceit
b) Plan; procedure
c) Belief; judgment</p> | <p>6. Saturnine [satəmin] (adj.)</p> <p>a) Remorseful; regretful
b) Sluggish; slow moving
c) Gloomy; moody</p> |
| <p>3. Forthright [fōrth-rit] (adj.)</p> <p>a) Impatient; bored
b) Not reliable; untrustworthy
c) To the point; straightforward</p> | <p>7. Ardent [ahr-dnt] (adj.)</p> <p>a) Intensely devoted; passionate
b) Flexible; resilient
c) Delicate; dainty</p> |
| <p>4. Pensive [pēn'siv] (adj.)</p> <p>a) Quietly sad; dreamily thoughtful
b) Bold; outgoing
c) Senseless; impractical</p> | <p>8. Accord [ə-kord] (v.)</p> <p>a) To be different; opposite
b) To grant; give consent
c) To set up; lay groundwork</p> |

The Catoctin Banner

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Graceanne Eyler and Allison Rostad, Advertising Design; Michele Tester, Managing Editor and Layout Design; James Rada, Jr., Contributing Editor; Lindsay Brandt, Photojournalist

POLICY: The publisher of *The Catoctin Banner* reserves the right to revise, reclassify, or reject any advertisement or any article for any reason, at any time, and to omit all copy when not submitted in time to conform with deadline. The views expressed in advertisements may not be those supported by the staff of *The Catoctin Banner*. The deadline for submission is no later than the 20th of the month prior to the issue month. Information and advertising copy received after the deadline will be accepted at the discretion of the publisher. The publisher assumes no liability for misinformation, misprinting, or typographical errors. The publisher reserves the right to edit all submitted material.

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8:00 pm - 12:00 am



For Tickets Call...
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Irish Women's Little Christmas

The day is January 6, 2015. After much ado, the twelve days of Christmas have successfully been budgeted, baked, wrapped, roasted, hustled, decorated, negotiated, and wined into submission. In wee Ireland, upon the completion of these tasks, the lady of the house goes out to celebrate. It is the Feast of the Epiphany and the official end of Christmas. The twelfth day has finally arrived.

For many decades in the century past, an Irish woman would drape her woolen shawl over her shoulders and walk to the local public house. Along the way, she teamed up with other ladies for the evening. Participants relaxed and let the weight of the past weeks dissolve away.

Ladies, enjoy this Irish tradition by stopping by the Shamrock Restaurant, located at 7701 Fitzgerald Road, along Route US 15, just outside of Thurmont, on January 6. Enjoy live music, a special ladies menu, and complimentary corned beef. View Shamrock Restaurant's advertisement on page 29 for more information.

Blue Ridge Sportsmen's Events

The Blue Ridge Sportsmen's Association in Fairfield will host the following events in January 2015: Bar Bingo at 7:00 p.m. on January 2, 9, 16, and 30; Wagner Shoot on January 3; Cash Bingo on January 4; a Meat Shoot on January 10; a Meat Raffle and Buffet on January 10; a Meat Shoot on January 24; an Oyster Feed on January 31; and a Wagner Shoot on January 31. View their advertisement on page 24 for more information.

Vigilant Hose Company's Annual Spring Fling

The Vigilant Hose Company will host their annual Spring Fling event on May 16, 2015, on the grounds of Mount St. Mary's University. It's time to get your ticket. Contact Chris Stahley at 301-447-3081, John Glass at 301-447-3648, Gabe Baker at 301-447-2212, or Bill Boyd at 717-6423-9717 for more information or to arrange your purchase. View their advertisement on page 6 for more information.

Super "Healthy" Saturday

Take part in the Super "Healthy" Saturday on Saturday, January 10, 2015, from 10:00 a.m.-noon with weight loss specialist Susan Torborg at Fort Ritchie Community Center. Learn how to use healthy recipes, take part in an interval training exercise class (bring your sneakers), learn how to eliminate your sugar addiction, create nutrition plans, and receive a wellness overview about toxic-free and "green living."

A healthy lunch is included in this \$10.00 session. Call Susan Torborg at 717-642-5977 or view her advertisement on page 27.

Open House at Stultz Fitness

Stultz Fitness, located in Fairfield, Pennsylvania, will hold an Open House on January 4, 2015, from 10:00 a.m.-1:00 p.m. View their advertisement on page 35 for more information.

AROUND town

Save the Date — 6th Annual EBPA Rock n' Roll Relics Dance

The 6th Annual Dance fundraiser will be held on Saturday, January 24, 2015, from 8:00 p.m.-12:00 a.m., at the Emmitsburg Volunteer Ambulance Company building, located at 17701 Creamery Road in Emmitsburg. Enjoy rock and roll sounds from the 50s and 60s. Tickets are \$15.00 in advance; \$20.00 at the door the night of the event. Sponsored by Emmitsburg Business and Professional Association (EBPA). View their advertisement on page 6 for more information.

Take-a-Tour Tuesday at Mother Seton School

Mother Seton School, located in Emmitsburg, is hosting a Take-a-Tour Tuesday on January 3 and 20, 2015, at 10:00 a.m.-1:00 p.m. and 4:30-6:30 p.m. On January 25, 2015, they will be holding an Open House from 1:00-3:00 p.m., with a spaghetti dinner from 12:00-4:00 p.m. View their advertisement on page 34 for more information.

EBPA Featured Business Luncheon

Join the Emmitsburg Business and Professionals Association (EBPA) for a luncheon to celebrate the EBPA's First Quarterly Featured Business, Sleep Inn & Suites, on March 6, 2015, from 12:00-1:00 p.m., at Sleep Inn & Suites. A buffet lunch is \$5.00 during this event. View their advertisement on page 39 for more information and visit their website at EBPA.biz.

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BUSINESS news

New Premises for Thurmont Town Offices

Lindsay Brandt

On January 12, 2015, the Thurmont Town Office will open in a new location at 615 East Main Street, in the premises of the former Dailey Funeral Home. After a full renovation of the building, which was once the residence of former Thurmont Mayor James Black, the new offices are inviting, parking is spacious, and service is complimented with modern conveniences.

The move to the new premises will bring many positive changes for the staff and citizens of Thurmont. The spacious building will hold approximately 10 different sectionals, rooms, and offices for the staff. Although not all rooms will be open to the public, the space is being put to good use.

Upon stepping through the large front doors, you can choose entering the reception area to your right or entering the spacious commissioners meeting room to your left.

In the reception area, the receptionist's station is the first work area you see. If Debbie Ecker and Melody Dix are busy with patrons who arrived beforehand, you may peruse the media area of brochures and pamphlets or sit and watch a flat screen television that will be running through announcements.

On the other side of the building, in the back of the commissioner's meeting room, you will find restrooms, a drinking fountain, and beautiful, large windows that seem to draw visitors in. The meeting room can hold 50 chairs compared to the 35 chairs available in the previous building, and if more than 50 people are anticipated for a town meeting, additional chairs can certainly be added.

Some of the offices that the public will not have direct access to are;

Lori Kaas, who is involved with permits and utility building; Becky Long who assists with Planning and Zoning and works with grants; and Tracy Schur and Wanda Stottlemeyer in the Finance Office. As always, the public will be able to pay utility bills, ask questions, inquire about permits for parks and pavilions, and submit plans for permits, construction, and variances.

The second floor has a conference room, the commissioner's office, and the mayor's office. "We will be using the conference room a lot. Right now, I can accommodate four people in my office, but if we have meetings larger than that, we have to go to the meeting room. So this will be a nice place to bring people in to talk about things," said Chief Administrative Officer Jim Humerick.

Before the town offices move, the building needed to have work done, both inside and out. The renovation of the building was a combined effort of the Lone Star Builders, Inc., Dorsey Brothers, Green Brothers Construction and Town of Thurmont Dept. of Public Works. Some of the different areas of renovation include: electrical, landscaping, sewer line connections, signs for the parking lot, flooring, and windows. The city accepted a grant to install energy-saving equipment, including new lighting and a state of the art energy efficient HVAC system. "With moving from the old to the new [building], the energy savings will be tremendous," Humerick said.

Photo by Lindsay Brandt



(left)

Pictured are Ricky Lewis, Paul Davis, Wayne Dorsey, Leo Schill, and Steve Gleason. These gentlemen are handling the renovations of the building.

(below)

Bruce Mills is shown working on the floor of the new Thurmont Town Offices.



An open house is in the works but the date has yet to be set. After the Town of Thurmont staff are settled in and they make sure operations are running smoothly, they plan for a weekend open house so the community can venture in and have a look around. There is no need to be worried about finding parking for the open house because the new building has 50 parking spaces, instead of the four at the old building. Another excellent feature of the parking lot is a drive-through lane with a drop box for people who are in a hurry and don't want to leave their vehicle to drop off a bill.

The Public Works division will continue to work out of the 10 Frederick Road, location. Additionally, the Thurmont Food Bank will be relocating into the former town office building. There is no set date for the move, but it is hoped that towards the end of February, 2015, they will be ready for business.

The current office will be closed on Friday, January 9, so staff can make the move to the new location. Cubicles, furniture, and appliances

will be among the items transferred to the new building.

"I think the new municipal offices will be a welcome improvement for both our staff and the residents of Thurmont, and I want to thank the Board of Commissioners for their shared vision of this new public facility and for their support during the entire process. A special thanks goes to Jim Brown and Jim Humerick for their oversight of the project and for managing to satisfy all the Commissioner's requests and concerns during the renovations," said Mayor John Kinnaird.

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Advance Auto Parts Opens in Thurmont

Lindsay Brandt

Advance Auto Parts opened the doors to their new building at 131 Frederick Road in Thurmont on December 20, 2014.

The Grand Opening ceremony started at 11:00 a.m. when the Advance Auto Parts staff welcomed friends, families, and current and previous Town of Thurmont staff members by gathering in the parking lot for speeches and dedications.

"We were made to feel so welcome that we were coming, and little by little we started to hear the buzz around town, and everybody was so excited," Lou Perez, District Manager for Advance Auto Parts, said. "I think this was the right move for our company and the right move for Thurmont."

Thurmont Store Manager Donald Starliper is excited about the new location in Thurmont. He has been with the company for three years and has been looking forward to his transfer to Thurmont. He explained about store-wide Grand Opening deals and the free services the company provides that include, testing car batteries, installing



Photo by Lindsay Brandt

batteries, and the free installation of wiper blades.

The ceremony also included a donation to the Thurmont Food Bank from Advance Auto Parts. Pastor Sally Joyner-Giffin accepted the \$1,000 check on behalf of the Thurmont Food Bank.

"I think it's a great addition to Thurmont; everybody seems excited about it and it's been nice watching it grow from a hole in the ground to the finished product. Everybody is kind, courteous, and very willing to help you," customer Sharon Richards said.

Advance Auto Parts is open daily from 8:00 a.m.-9:00 p.m., except Sundays during which hours are 9:00 a.m.-8:00 p.m. Call the store at 301-271-1113 for more information.

EBPA Reviews its Work in 2014

James Rada, Jr.

While the name of the Emmitsburg Business and Professional Association (EBPA) would make one think that the group is only interested in business issues in town, it does much more than that for the Emmitsburg community. This never becomes more obvious than during the EBPA's annual banquet.

This year's banquet was held in JoAnn's Ballroom at the Carriage House Inn in Emmitsburg on December 5, 2014.

One of the major donations that the EPBA makes each month is to the Emmitsburg Food Bank. Board member Bob Rosensteel came up with the idea years ago to leave boxes at the registers of local businesses to collect loose change customers received after purchases.

"We never dreamed it would do what it's doing, with something as simple as pocket change," Rosensteel said.

In 2014, the change boxes collected nearly \$5,500, which was

then donated to the food bank to help feed local families.

"It just keeps coming," EBPA Treasurer Allen Knott noted.

Similarly, the EBPA also donated \$600 to the Emmitsburg Lions Club annual food drive.

EBPA board member Chris Ohanion reminded the audience that the EBPA had also taken over paying for the annual fireworks show during the Lions Club Emmitsburg Community Day.

"The generosity here in Emmitsburg is second to none," said Rosensteel.

The EBPA is made up of nearly three dozen Emmitsburg-area businesses, who network and help promote Emmitsburg as a community.

The EBPA also sponsors local business luncheons to promote better business methods and local events.

For more information about the Emmitsburg Business and Professional Association, visit the EBPA website at www.ebpa.biz.

Check the Community Calendar

Reference the Community Calendar on page 39 to find events of interest.

Mount St. Mary's Appoints New President

Simon Newman, Chief Executive Officer of Cornerstone Management Group—a private equity, merger and acquisition, and strategic consulting firm based in Los Angeles, California—has been appointed the 25th President of Mount St. Mary's University.

Newman succeeds Thomas H. Powell, president of the university since 2003. Newman's appointment concludes a six-month national search process conducted by a committee comprised of members of the University Board of Trustees, as well as individuals representing the Mount community. Francis W. Daily, a member of the Board of Trustees and a 1968 graduate of the Mount, led the search.

"The committee entered this process with a clear understanding of the board's requirements for our next leader. We focused on those candidates with experience in fund raising, strategic planning and fiscal leadership, strong communication skills, and a deep Catholic faith," said Daily. "I commend my colleagues for the time they gave in searching for our next president."

The announcement was made during an on-campus Mass celebrating the Feast of the

Immaculate Conception.

Born in the United Kingdom, Newman, fifty-one, holds a BA degree (with honors) and an MA degree in natural sciences from Cambridge University, in Cambridge, England. Founded in 1209, Cambridge is the second-oldest university in the English-speaking world and the world's third-oldest university. He also earned an MBA from Stanford University's Graduate School of Business, in Palo Alto, California.

"Simon brings a strong background in business, finance, and leadership to our campus," said John E. Coyne, III, C'77, Chairman of the Board of Trustees. "He has many strengths: his collaborative management style, vision, progressive leadership, experience as a successful entrepreneur, and passion for our



Photo Courtesy of Mount St. Mary's

Simon Newman appointed 25th President of Mount St. Mary's University.

mission—all remind us of the skills of our founder, Fr. John Dubois."

"He is a devout Catholic—involved in his parish, serving as a religious education teacher, and for many years as an instructor working with youth held in detention. Simon's energy and accomplishment, and notably his firm commitment to the Mount's strong Catholic liberal arts tradition, will serve the University well

as we enter a most competitive and critical decade in higher education," Coyne added.

"I am honored to help continue the Mount's rich legacy and to further lead the University on its quest for greatness," said Newman. "President Powell has elevated the University's academic profile as a leading Catholic liberal arts University. I am inheriting a very solid foundation for future growth and development, and very much

look forward to joining the Mount community."

Newman has almost thirty years of experience working as an executive with a strong background in private equity, strategy consulting, and operations. He is currently a Managing Director of the private equity fund JP Capital Partners, as well as President and CEO of Cornerstone Management Group, founded in 1997.

During his career he has started or co-founded four different businesses, completed more than \$33 billion in transactions, and raised more than \$3 billion in equity funding for ventures and bids he originated. He has led several business turnarounds and delivered more than \$200 million in profit improvements.

He started his career in consulting working with Bain & Co and LEK Consulting where he managed the media and entertainment practice working with clients such as Warner Bros., Disney, and Universal Studios. He has also worked at Canal+ International, Liberty Media and the investment bank, Wasserstein & Perella.

An avid sportsman, Newman and his wife, Michelle, have two children: Chantel (six) and Sienna (three).

COMMUNITY news

Thurmont Grange Presents Community Citizen Award

Donna Voellinger, dedicated volunteer at the Thurmont Historical Society, was awarded the Thurmont Grange's Community Citizen Award during a Grange dinner held on November 24, 2014, at the Grange Hall in Thurmont. In addition to her commitment to the Thurmont Historical Society, Donna is a compassionate and dedicated individual who would help

anyone in need, and does so in a variety of roles within her reach. The adage, "If you want something done, you ask a busy person to do it," seems to fit Donna perfectly. She most often anticipates the needs of others in their time of illness, shut-in, hospital, doctor visits, or bereavement, offering assistance before being asked. She is always ready to help at her church, especially with the food committee, by serving meals and making potato salad.

As a long-time member of the Thurmont Historical Society, Donna has most recently been serving as president. Through her efforts and enthusiasm, the Thurmont Historical Society remains strong, and she continues to seek ways to expand its mission to preserve the rich history of Thurmont. She is also involved with the Frederick Historic Sites Consortium, the Gale House, the Heartly House, Thurmont's Halloween in the Park, Thurmont Main Street, the Frederick County Historical Society, and some local and state-wide political campaigns.

In earlier years when her children were in Thurmont schools, Donna was very much involved in Little League sports, SHOP, and Safe and Sane. It was evident that many students and their parents felt comfortable working with "Mrs. V" in accomplishing whatever task was at hand.

It was noted humorously by several at the dinner that Donna has earned a reliable reputation for using her big snow blower to clean her neighbors' driveways. Deb Spalding with *The Catoctin Banner* said, "Donna and her husband were my CYA girls' basketball coach in middle school. She had an early influence on several of us who earned state semi-final championships in high school basketball for three years. Donna always smiles when she remembers the first practice, where stand-out Tammy Joy showed her abilities. Donna has had an impact in many areas and in many people's lives."

For more information about the Thurmont Grange, please call Rodman Myers at 301-271-2104.

Photo by Deb Spalding



Donna Voellinger (center) is presented the Thurmont Grange's Community Citizen Award on November 24, 2014, by Helen Deluca (left) and Rodman Myers (right).

Thanksgiving Day Meals Provided by Guardian Hose Company

The Guardian Hose Company again this year provided Thanksgiving meals for several families in the Thurmont area.

This effort is made possible by donations from friends of the fire company, as well as its members. This is the fifth year the fire company has provided meals to less fortunate families in the Thurmont area.

Courtesy Photo



EBPA Awards Portier its Extraordinary Service Award

James Rada, Jr.

The Emmitsburg Business and Professional Association (EBPA) awarded Dr. Bonita Krempel-Portier its annual Extraordinary Community Service Award on Friday, December 5, 2014, during the EBPA annual dinner.

"I can't think of anyone else who has served this community more so quietly," said Mayor Donald Briggs.

The audience of approximately fifty people gathered in Joann's Ballroom in the Carriage House Inn in Emmitsburg.

Following dinner and entertainment provided by Knight Time Impressions and the Fairfield High School Show Choir, the audience watched a video of local residents talking about Dr. Portier. They spoke of her kindness and quality care and how she was a role model to those around her of how to serve others.

"People through service bind a community," Briggs noted.

Portier runs the Emmitsburg Osteopathic Primary Care Center (EOPCC) on West Main Street in Emmitsburg. The center has 5,700 patients visit a year, and one out of four of the patients seen at the Care Center have no health insurance. Portier also does all of her work at the Care Center for free.

The EOPCC website notes that, "In 2008, EOPCC donated \$29,000 in services for the uninsured alone. This does not include donated medications. Nor does this include

Photo by James Rada, Jr.



EBPA awards Dr. Bonita Krempel-Portier with its Extraordinary Community Service Award during its annual dinner on December 5, 2014.

services at severely reduced reimbursements such as medical assistance programs."

Portier, who was awarded the 2006-2007 Maryland Osteopathic Physician of the Year by the Maryland Association of Osteopathic Physicians, is a 1991 graduate of the West Virginia School of Osteopathic Medicine. She completed her residency at Franklin Square Hospital Center in Baltimore in 1995.

The EOPCC began in Thurmont in 1999, and expanded to a Gettysburg office two years later. The current and permanent site for the EOPCC opened at the end of 2005, where it continues to provide quality health care to patients, regardless of their ability to pay.

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Great Turnout for the Emmitsburg Lions Club's Annual Children's Christmas Party

The Emmitsburg Lions Club hosted its annual Children's Christmas Party on Saturday, December 6, 2014, at the Vigilant Hose Company facility in Emmitsburg. Over 105

guests, comprised of children and their parents, attended and enjoyed the crafts, magic show, food, and drinks. Santa also dropped by to hear the Christmas wishes of each child, as well as some parents. Children enjoyed a special treat of having their picture taken with Santa and Mrs. Claus.



Courtesy Photo



Call 301-447-2804 or email ads@thecatocinbanner.com

St. Mark's Welcomes New Pastor

St. Mark's Lutheran Church in Sabillasville welcomed its new pastor, Rev. Mike Simane, on November 1, 2014. Rev. Simane holds a Master of Divinity degree from the Lutheran Theological Seminary in Gettysburg, Pennsylvania. In addition to serving at St. Marks, Rev. Simane also works as a chaplain at Hospice of Washington County.

Pastor Mike, as he likes to be called, lives in Smithsburg, Maryland, with his wife of twenty-five years and two daughters. Pastor Mike enjoys reading and spending time working in the yard.

"There is a peace that comes when you're mowing the lawn or tending the garden," said Pastor Mike. Although, he jokes, "It's not too peaceful shoveling snow."

Please welcome our new pastor at St. Mark's. Worship service is at 9:15 a.m. on Sunday mornings. For more information, please visit www.stmarkssabillasville.org.



Courtesy Photo

Pastor Mike Simane

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Christmas in Thurmont Arrives Despite the Rain

James Rada, Jr.

Christmas in Thurmont on December 6, 2014, wasn't white, but it certainly was wet. Luckily, with the opening of the new visitors' center in town, events had moved from outdoors at Mechanicstown Park to indoors at the new Thurmont Main Street Center.

"Everyone came in soaking, but the turnout was still great despite the rain," said Heather Dewees, who was the chairperson for this year's event.

Nearly fifty Thurmont-area businesses sponsored this year's Christmas in Thurmont, providing treats, money, and prizes. Mayor John Kinnaid said that despite the rain, there were 201 children and 78 adults entered into the prize drawing held in the evening, which is approximately the same as it was in 2013.

Kathy Baker of Thurmont plodded through the rain with her children to participate in the day's events.

"We did it last year and the kids had a ball," she said. "It's a fun thing for the whole family to do."

They were among the shoppers going store to store to get an elf



Christmas in Thurmont featured the display of trees decorated by local businesses and organizations as part of the Thurmont Festival of Trees.



stamp from participating businesses in order to be eligible for the prize drawing that evening.

In the Thurmont Main Street Center, members of the Thurmont Middle School Show Choir sang carols amid trees that had been decorated by local businesses and organizations. The tree display was part of the Thurmont Festival of Trees. Children and adults took a few moments to sit on Santa Claus's

lap and tell him what they wanted for Christmas this year.

Having their picture taken with Santa is an annual tradition



(above) Kids, as well as adults, got to sit on Santa's lap and tell them what was on their Christmas list this year.

(right) Members of the Thurmont Middle School Show Choir are shown singing carols.

for Austin and Amy Frushour of Thurmont.

"It's a family tradition," Amy said. "We've been doing this since the first year they had this."

She said she enjoyed walking around the town during Christmas in Thurmont to see what new stores were in town. She always gets her mother's Christmas gift during the event.

After the events of the day, the prize drawings were held in the Guardian Hose Company. This was also a change necessitated by the rain, but no one seemed to mind the change, and everyone enjoyed the evening.

"Guardian Hose Company was awesome," Dewees said. "They helped us out on short notice, and they even cleaned up after us."

It is all part of displaying the Christmas spirit.



Photos by James Rada, Jr.



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Emmitsburg Kicks Off the Christmas Season

Lindsay Brandt

Emmitsburg's Christmas Tree Lighting Ceremony and the annual "Evening of Christmas Spirit" events took place in Emmitsburg on December 1, 2014. The Christmas Tree Lighting Ceremony was held at the Emmitsburg Town Square



There were hayrides, hot dogs, cookies, hot chocolate, and burn barrels to warm up the damp holiday goers. For the children, the true warmth of the evening was being able to speak to Santa. With umbrellas in hand, families waited patiently for their time to speak to the man in red. Eyes sparkled as the children would stand on their toes to get a glimpse of Jolly St. Nick and discussions broke out among the line about what they would ask for this holiday season. The topics were certainly varied, but Santa heard more than a few requests for Disney's Frozen Queen Elsa and Anna merchandise.

next to PNC Bank to kick off the holiday season. Even though it was a rainy evening, members of the community gathered in the square to watch the Silver Lining Band and Mother Seton School Choirs perform, listen to holiday classics, count down the lighting of the tree, and watch Santa ride up on an old fire truck.

Bob Hance, co-owner of the Carriage House Inn, said, "I was talking to Santa this afternoon and when I asked if the rainy weather would be a problem, he said, 'It has never stopped me before. It's a go!'"

After Santa's appearance on the square, families and friends made their way to the Carriage House Inn, where an evening of entertainment, refreshments, and fellowship was enjoyed by those who visited for holiday activities throughout the evening. A nativity scene, courtesy of Tom's Creek United Methodist Church, was reenacted and children were delighted by the sheep they were able to pet.



Photos by Lindsay Brandt

Inside JoAnn's Ballroom at the Carriage House, entertainment was on hand throughout the evening with the Silver Lining Band with Jenni Joy and Pr. Jon Greenstone; Soloist Chris Petrocelli; St. Joseph's Choir with Director, Bev Adams; Mount St. Mary's Choir with Andy Rosefeld; the Emmitsburg Community Chorus with Betsy Graham; and finally, the Fairfield Show Choir, "Knightime Impressions" with Katie Myers.

"This is our twenty-sixth year," Hance said, "a bit of rain didn't stop people from coming out for it." The Christmas Tree Lighting Ceremony and "Evening of Christmas Spirit" kicked off another memorable Holiday season for the Emmitsburg community.



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Answer on page 38

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The Catoctin Banner's Holiday Home Decorating Contest Winner



Photo by Mike Tester

The 2014 winner of The Catoctin Banner's Holiday Home Decorating Contest:
112 Bosc Court in Thurmont

Congratulations to this year's winner of *The Catoctin Banner* newspaper's 4th Annual Holiday Home Decorating Contest! This year's winner receives \$50.00 (please call 301-447-2804 to claim your prize). This home in Thurmont is decorated with thousands of lights, adorned with festive lawn decorations, and features lights that flash to upbeat Christmas music.

Thanks to all those who sent in their nominations. We had a difficult time choosing, as all of the homes we looked at were decorated so festively and brightly.

Have a Happy New Year...let your lights shine!

Officers Elected at Rocky Ridge Progressive 4-H Club Banquet

Courtesy Photo



An election of officers was held at the November 2, 2014, Rocky Ridge Progressive 4-H Club Banquet.

The new officers for 2015 are: President—Ashley McAfee; Vice President—Margo Sweeney; Secretary—Lauren Schur; Treasurer—Ashley Ridenour; Reporters—Caroline Clark, Laura Dutton, Logan Long, and Karianna Strickhouser; Recreation Leaders—Nikita Miller and Jason Baust; County Council Representative—Olivia Dutton.

The Maryland Cooperative Extension Service's programs are open to all citizens without regard to race, color, sex, handicap, religion, age or national origin.

Vigilant Accepts Small Equipment Donation

Courtesy Photo



Shown left to right are Paul Harrington, Vigilant's Cliff Shriner, Robert Harrington, and Vigilant's Alex McKenna.

Emmitsburg's Vigilant Hose Company recently received a chain saw donation from Harrington and Sons. Vigilant's Vice President Bob Rosensteel said, "We would like to thank Robert and Paul Harrington of Harrington and Sons, who provided our department with fast dependable service and parts for our small motor needs for over thirty years; they are a great asset to our Department and Community."

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New Museum Remembering Battle of Monterey Pass in Blue Ridge Summit

James Rada, Jr.

As the Confederate Army retreated from Gettysburg on July 4, 1863, they encountered Union troops in the area of Blue Ridge Summit. A two-day battle ensued in the middle of a thunderstorm that eventually spilled over the Mason-Dixon Line into Maryland.

"It is the only battle fought on both sides of the Mason-Dixon Line," said John Miller, Director of the Monterey Pass Battlefield Museum in Blue Ridge Summit.

While lots of books, movies, and stories have focused on the importance of the three-day Battle of Gettysburg, little light has been shed on how the Confederate Army made its retreat south from the battlefield through enemy troops with weary men. The Battle of Monterey Pass involved about 4,500 men with 1,300 of them winding up as Union prisoners and 43 soldiers being killed, wounded, or missing. Major Charles K. Capehart of the 1st West Virginia also earned his Medal of Honor during the battle.

Through the efforts of Miller and other volunteers and supporters, Blue Ridge Summit has a small museum and a growing area of protected land dedicated to educating the public about the battlefield.

The museum opened last October on 1.25 acres along Route 16 in Blue Ridge Summit. The Monterey Pass Battlefield Museum displays a collection of artifacts related to the Battle of Monterey Pass. It has galleries that look at different aspects of the battle, such as the overall Confederate invasion of Pennsylvania and Washington Township at the time of the battle. Outside the museum is a marker erected by the State of Michigan commemorating

the participation of Michigan troops in the battle.

"It is one of only five such markers outside of the state of Michigan," Miller said.

Most of the uniforms, weapons, pictures, and other artifacts were donated to the museum, and the attractive building was built through the hard work of volunteers.

"The purpose of the museum is to educate people about the battle," Miller said, "but it also can set a standard for other community organizations along the retreat route that want to see how they can do it."

Places like Hagerstown and Falling Waters are among the towns looking at doing something similar in their communities.

Although the museum wasn't open in time to catch a lot of the tourist traffic in 2014, more than 300 did visit.

"It's been slow at first, but the number of visitors will grow as more people learn about it," said Miller.

The Friends of Monterey Pass have been working with tourism councils in the surrounding counties to tie the museum into the counties' Civil War tourism plans.

When it reopens in April, the Friends of Monterey Pass hope to add 116 acres of land over which the battle was fought to the museum. Miller said that before the museum reopens for 2015, he hopes to have some additional displays in the museum as well as some interpretive panels for a driving tour of the new piece of land.

Monterey Pass Battlefield Park is located at 14325 Buchanan Trail East, Waynesboro, PA 17268. For more information, visit their website at www.montereypassbattlefield.org.

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Me Ma & Jeff



Happy 96th Birthday!

Donald Lewis

His birthday, December 17, was a special day for Mr. Lewis, with a surprise party at Homewood at Crumland Farm's The Meadows Rehabilitation Center.



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IN THEIR OWN WORDS

Thank You to Participants and Visitors

The Catoctin Furnace Historical Society, Inc. would like to thank the participants of and visitors to their 4th Annual Traditional Village Christmas, held on Saturday, December 6, 2014, at the Village of Catoctin Furnace. Visitors toured and shopped in the ca. 1810 Collier's Log House, the ca. 1774 stone house, and the Harriet Chapel parish hall. Custom-made wreaths were decorated while visitors selected handmade Christmas gifts. The goals of the event were two-fold: to share the history and culture of the pre-revolutionary village and industry with the public, and to raise funds for the restoration of the 1817 Forgerman's House and the Museum of the Iron Worker. Members of the society who worked and contributed to this event's success include Chris Gardiner, Joel Anderson, John and Amie St. Angelo of Springfield Manor, Elizabeth Comer, Margaret Comer, Sue and Bo Ciaverelli, Pat Schoonover, Nelda Burdette, Patricia Grove, Mary Ethel Michael, Glenn Rickard, Jerry and Nancy Anderson, Beth McGee, Lisa Sweeney, Joann Miller, Nancy Dutterer, and many others. We would like to thank the craftspeople who made the day a success: Caroline Twigg—rug hooking; Bill Sipes, student/athlete Jackson, and the woodworking class

of Silver Oak Academy—wooden ornaments; Valerie and Randy Nusbaum—original water colors, homemade potpourri, and wooden items. A special thank you to Catoctin Mountain Orchard for their generous donation of cider;



Photos by C.L. Harbaugh Photography

to Esterly Antiques of New Market for furnishing the log house with period antiques for the event; to members and friends of the society who made and donated delicious baked goods; to Carlton Harbaugh for photographing the event; to Annie Malone for designing and making wreaths, to Donna Voellinger and the Thurmont Historical Society for assistance with publicity; and to Mayne's tree farm for supplying the wreaths and roping at cost.

The Catoctin Furnace Historical Society, Inc. will hold the 5th Annual Traditional Village Christmas on Saturday, December 5, 2015. Please visit our website at www.catoctinfurnace.org for news and event information.

— The Catoctin Furnace
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The Guardian Hose Company, Inc. would like to thank all of the sponsors and golfers that made the James H. Mackley Golf Day a success on September 19, 2014, at the Maple Run Golf Course located in Thurmont. The proceeds from the event will be used toward a scholarship for a graduating senior from Catoctin High School in 2015. The person receiving the scholarship must be taking a course of study in the First Responder Area (Fire, EMS, Police, Nursing, Etc.). The applications for the scholarship may be picked up at the guidance office at Catoctin High School and must be returned back to Guardian Hose Company, Inc. at 21 North Church Street, Thurmont, Maryland 21788, no later than February 15, 2015. The Guardian Hose Company will also be renewing the three scholarships that have been given out the past three years.

The following businesses and individuals sponsored this event: Graceham Fire Department; Lewistown Fire Department; Pondscapes, Inc.; The Mackley Family; Guardian Hose Company, Inc.; Stauffer's Funeral Homes, P.A.; Mountain View Lawn Services; Mick's Plumbing and Heating; Trout's Supreme Seafood; Thurmont Eye Care LLC; Beckley's Enterprises, Inc.; Wolfsville Fire Department; Center of Life Chiropractic; Edwin C. Creeger Post 168; Town of Thurmont; Emmitsburg Glass Company; Catoctin Mountain Orchard, Inc.; and Criswell Chevrolet.

Congratulations to the winners of the scholarships and thanks to all the golfers who took time from their busy schedules for coming out and supporting this event again this year. We will be looking forward to working with you at the 2015 event.

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Ecumenical Prayer Service Celebrates Annual Week of Prayer for Christian Unity

The Thurmont Ministerium will hold a worship service for the Week of Prayer for Christian Unity, January 18-25, 2015. The Ministerium began this annual service in 2014. Congregations from the Thurmont area, representing a number of Christian denominations, will come together for an Ecumenical Celebration of the Word of God on Saturday, January 17, 2015, at 11:00 a.m. at the Graceham Moravian Church, located at 8231-A Rocky Ridge Road in Thurmont.

The Rev. Ken Powell, Pastor of Christ Lutheran Church will deliver the message. Rev. Powell is a retired military Veteran and church mission developer in Baltimore, Maryland. A choir from Christ Lutheran will sing the Prelude. Special music will also be provided by a community “pickup” choir, directed and accompanied by Jessica Bobb and by soloist Dayna Lane. Those who would like to sing are asked to arrive for practice at 9:45 a.m. In the event of snow, the service will be held on January 24, 2015, at 11:00 a.m.

Begun in 1908, the Week of Prayer for Christian Unity is celebrated each year in cities and towns across the country and around the world.

The theme for the 2015 observance is Jesus said: “Give me a drink.”(John 4:7). The theme and text for each year’s observance of the Week of Prayer for Christian Unity are chosen and prepared by representatives of the Pontifical Council for Promoting Christian Unity and representatives of the World Council of Churches. The international texts are developed, adapted, and published for use in the USA by the Graymoor Ecumenical & Interreligious Institute.

An offering for the work of the Thurmont Ministerium will be received. Non-perishable food items for the Thurmont Food Bank will also be received. A soup, bread, and dessert lunch will be served immediately after the service in the Fellowship Hall. The public is cordially invited.

“Be at war with your vices, at peace with your neighbors, and let every new year find you a better man.”

~ Benjamin Franklin



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Special Thanks to the Town of Emmitsburg, the Frederick County Sheriff's Dept., the Frederick County Fire Police, and all of you, our Friends and Family

SCHOOL news

Hour of Code

Lindsay Brandt

Technology never seems to be too far from our hands these days. We have smart phones in our pockets; iPads, laptops, and desktop computers for work; and even smart TVs. Although nobody wants their loved ones to be addicted to technology, it is hard to deny that technology is an important and essential tool that every student should learn to utilize.

During the week of December, 8-12, 2014, seventh grade students from Thurmont Middle School participated in the global movement, Hour of Code.

Code is the process of telling the computer what you want it to do. Instead of their usual computer class schedule, students were taught the beginning basics of coding through computer games and lesson programs. Students played games to help them begin to learn the basic steps of code during their 47-minute block of computer class. It would be difficult for the students to become bored, considering the variety of different themes for the students to play and participate in, such as virtual ice-skating with Disney's Frozen characters, battling ogres, and drawing.

According to the event's website, Hour of Code is organized by www.code.org, a public 501c3 non-profit dedicated to expanding participation in computer science by making it available in more schools, and increasing participation by women and underrepresented students of color.

Sandy Zimmerman, who teaches Inventions and Innovations class and Communication Techniques class at Thurmont Middle School said, "The field of computer science is growing by leaps and bounds. Today's student is tech savvy. This helps with critical thinking and problem-solving skills; it incorporates math skills, science skills, and brings in the STEM (Science, technology, engineering, mathematics) initiative."

Mrs. Zimmerman has taken the required services and state tests, dual majored in Early and Elementary Education, and she is certified

to teach Technology Education, Business Education, and Family and Consumer Science.

She began teaching at Thurmont Middle School in 1998.

When asked whose idea it was to become involved in Hour of Code, she replied,

"[It was] suggested by our Curriculum Specialist, but not mandatory. However, there is a computer programming component in the Communication Techniques Essential Curriculum."

Seventh grader, Austin Beard, is one student who has taken a particular interest in learning computer science. Austin stated that he uses computers to browse the web, but with being taught coding, it has been a whole new experience.

"It's really fun. You get to tell the computer what to do. It came naturally during the couple of sessions I've had with it. I had to figure out what to do, but once I got the hang of it, I was able to do a lot more things, because the computer has to do what I tell it to do," said Austin. Austin is already interested in attending a college that will provide classes particularly for coding and computer science.

As every parent and teacher knows, it is impossible to completely monitor everyone at once, but Mrs. Zimmerman has the ability to view the progress and statistics of each of her students through the program. The students are individually tracked through their personal log. Then the information is sent to Mrs. Zimmerman, who monitors the progression through the system. She is shown different states of



Austin Beard demonstrates how one of the many coding games is played.

completion through checks. A dark green check shows the code was completed as instructed, whereas, a light green check signals that the program was completed, but perhaps with a different way of reaching the final result.

"Its like math," Zimmerman said, "you have the correct final result, but you may have been using a different formula to reach the correct answer."

A special guest was invited to view the students working on their tasks. Susan Ferris, of Wells

Fargo Home Mortgage - Frederick Branch, was asked to speak with the students and offer help to the students if needed. Ms. Ferris has a degree in Computer Science from Shippensburg University, and she applies her coding skills to her career with Wells Fargo.

"It's a fun career with plenty of opportunities," Ferris said. "As frustrating as it can be, that code, those numbers, they are only doing what you tell it to do." Ms. Ferris enjoyed watching the kids work through the learning games.

Some parents may have concerns about their students being on computers, but the teachers have security blocks to prevent students from venturing to websites that aren't classroom approved.

This is the first Hour of Code event for Thurmont Middle School, and if it proves to be a success, perhaps it will spread to all grade levels. Globally, 75,237,749 students have participated in the project so far.

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2015 CHS Safe and Sane News

The Catoctin High School (CHS) 2015 Safe and Sane Graduation Committee is diligently working to provide a fun and safe graduation night for the Class of 2015. To date, they have held multiple fundraisers and events and would like to thank everyone who has supported them to this point. They have many exciting events planned and are asking for your continued support. They are asking all parents of graduates to please get involved; they need tremendous help to ensure their efforts are successful.

On Saturday, January 17, 2015, there will be a Cash Bash and Dinner at the Guardian Hose Company Activities Building in Thurmont. Doors open at 5:00 p.m., with dinner served at 6:00 p.m.; drawings begin every fifteen minutes at 6:00 p.m. Tickets are \$40.00 and admit two people. Please contact Cheryl Phelan (bochph@aol.com or 301-524-3106), Cindy Grimes (cindy_grimes@msn.com or 301-788-5354), or Shannon Wetzal (shanypany328@yahoo.com or 301-748-7068) for tickets or more information.

Wing Night will be held on Saturday, January 31, 2015, at the Vigilant Hose Company in Emmitsburg. Doors open at 5:00 p.m. Tickets are \$20.00 each and include meal, wings, and beverages. Please contact Cheryl Phelan (bochph@aol.com or 301-524-3106) for tickets or more information.

On Saturday, March 7, 2015, Safe and Sane will hold a Sportsman's Dinner at the Lewistown Fire Hall. More information will be coming.

Safe and Sane meetings are held the second Wednesday of each month at 7:00 p.m. in the Catoctin High School Media Center. All are welcome and encouraged to attend. For a listing of their current events, please "like" them on Facebook: Catoctin High Safe and Sane 2015 or visit their website at www.catoctinsafeandsane.com.

Catoctin High School Collecting Winter Clothing for those in Need

Rachel's Challenge Club at Catoctin High School is collecting winter coats, hats, and gloves to donate to local families in need this winter. Please bring in your gently used or new items and put in the boxes located throughout the building.

Leo Club Collecting Jeans for Youth Experiencing Homelessness for National Teens for Jeans Campaign

The Catoctin High School (CHS) Leo Club is collecting jeans for Teens for Jeans, a national campaign in partnership with Aéropostale and DoSomething.org, the largest not-for-profit organization for young people and social change. Teens for Jeans encourage young people across the country to run a jean drive in their school or community to help provide clothing for youth experiencing homelessness.

Over a million young people experience homelessness in the United States every year, and one of the most requested items that young people in homeless shelters ask for is a pair of jeans. In the past seven years, young people across the country have collected over 4.3 million pairs of jeans through Teens for Jeans. This year, the top collecting high school, middle school, elementary school, and college will each win a \$5,000 school grant. In addition to the school grant, the school that collects the most jeans will win a private school concert by pop band The Vamps and Aéropostale t-shirts for the entire school.

Members of the community can support CHS Leo Club's drive by dropping off their gently used denim at Catoctin High School Administration, from January 5 through February 10, 2015. Additional donation boxes planned at several local places within the Thurmont and Emmitsburg area.

For more information, please visit TeensForJeans.com or contact Wendy Candela at 301-717-7813 or email catoctinleoclub@gmail.com.

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Mother Seton School Students Recognized for Citizenship

Courtesy Photo



Mother Seton School recognized the following students for exemplifying Citizenship as part of their Christian Character Trait program: (Front, L-R) Lillian Clark (Pre-K), Francis Rosato (Pre-K), Madalyn Keesee (Pre-K), Eva Doll (Pre-K); (Middle, L-R) Brady Flickinger (K), Emma Simmons (K), Sarah Simmons (K), Cassidy Sill (Gr 3), Logan Berg (K), Sophia Erdman (Gr 1), Vincent Guo (Gr 1), Pearl Walker (Gr 4), Parker Hohenstein (K); (Back, L-R) Sr. Brenda Monahan, D.C. (Principal), Luke Iferd (Gr 3), Natalya Jacobson (Gr 5), Megan Adams (Gr 5), Jack Guinan (Gr 6), Grace Blanchard (Gr 7), Jonah Cavey (Gr 8), Isabella Alley (Gr 8), Brenda Hackley (Learning Center/Christian Character Trait Program Coordinator). Not pictured: Jonathan Glass (Gr 7)

The Christian Character Trait program is once again active at Mother Seton School. Each month, teachers nominate those students they feel best demonstrate the featured trait for that month. In November, the following students were recognized for exemplifying the Christian Character Trait of Citizenship: Isabella Alley & Jonah Cavey (Gr 8); Jonathan Glass & Grace Blanchard (Gr 7); Jack Guinan (Gr 6); Megan Adams & Natalya Jacobson (Gr 5); Pearl Walker (Gr 4); Cassidy Sill & Luke Iferd (Gr 3); Kiernan Myles (Gr 2); Sophia Erdman & Vincent Guo (Gr 1); Parker Hohenstein, Logan Berg, Emma Simmons, Sarah Simmons, & Brady Flickinger (Gr K); Eva Doll, Madalyn Keesee, Lillian Clark, & Francis Rosato (Pre-K).

CHS Students Compete in SkillsUSA

Congratulations to all Catoctin High School (CHS) students who recently competed in the SkillsUSA Local competitions. These students competed against their peers, showcasing the skills they have learned in their respective technical programs. The next step will be the SkillsUSA Regional competitions, scheduled to take place in February 2015. Students placing 1st, 2nd, or 3rd, thus earning a Gold, Silver, or Bronze medal in the Local competitions, are eligible to compete regionally.

Digital Design and Printing Methods – Advertising Design—1st place: Kelsey Stafford (grade 12); Digital Design and Printing Methods (Screen Printing)—1st place: Becky Compton (grade 12); Culinary Arts (Commercial Baking)—2nd place: Tiffany Gladhill (grade 12); Criminal Justice (Criminal Scene Investigation)—1st place: Morgan Andrew (grade 12); Criminal Justice (Criminal Justice)—Honorable Mention: Ian Swanson (grade 10); Cosmetology (Esthetics)—3rd place: Emily Smallwood (grade 12); Cosmetology (Nail Care)—1st place: Amber Moberly (grade 12); Construction Electricity (Electrical Construction Wiring)—1st place: Colton Stahley (grade 11), 3rd place: Kyle Davis (grade 12); CISCO (Internetworking)—3rd place: Nathaniel Werlang (grade 11); Carpentry (Carpentry)—1st place: Austin Hahn (grade 12); Automotive Technology (Automotive Service Technology)—2nd place: Kyle Lucas (grade 12); Auto Body – (Refinishing)—2nd place: Tyler Sandy (grade 11), 3rd place: Austin Conley (grade 11); Auto Body – (Collision Repair)—1st place: Tyler Sandy (grade 11), 2nd place: Brianne Selders (grade 11), 3rd place: Austin Conley (grade 11); Ag Metals (Welding)—Honorable Mention: Dusty Hahn (grade 11); Academy of Health Professions (Nursing Assistant)—3rd place: Amber Smith (grade 12); Academy of Health Professions (Medical Assisting)—2nd place: Jenna Seiss (grade 12), 3rd place: Chelsea Sayler (grade 12), Honorable Mention: Amber Smith (grade 12); Academy of Health Professions (Basic Health Care)—1st place: Jessica Lauren Bryant (grade 10).

“One person with passion is better than forty people merely interested.”

~ E. M. Forster, English Novelist

Catoctin's New Year Resolutions

Ashley McGlaughlin

Although 2014 has ended, our home town school of Catoctin High School (CHS) is beginning 2015 with a lot of new year resolutions. Many of the resolutions remain consistent with an overall inspirational goal. Administrators, educators, and students have a positive outlook on Catoctin's start to the second semester of the school year. This means that there is much in store for students to learn, and even more activities in which to succeed.

January not only brings a new year, but it also brings HSAs (High School Assessment) and PARCC (Partnership for Assessment of Readiness for College and Careers) assessments. The education system in Maryland has recently changed, replacing HSAs in subjects like English and mathematics with PARCC testing. PARCC is a new efficient way to test students. This is leaving only biology and government HSAs. The teachers at Catoctin are ready to receive and develop a way of teaching with the new curriculum headed their way.

"Teachers have strengthened their professional practice through professional development, and they have a grasp on all the changes that have occurred in their curriculums," said CHS Vice Principal, Marcus Allen.

Educators at Catoctin all wish for students to do their best. Since PARCC is new, there is no scoring benchmark.

Catoctin has been having some difficulties with electricity; some of the school is still part of the original building, built almost fifty years ago. Over Christmas break, electrical work was completed by many entities, but mainly the folks at the Dixie Electric Company.

"The town of Thurmont, Dixie Electric, and Frederick County Public Schools (FCPS) have done great work together to update some equipment that is part of the original building that has lastled nearly forty-six years. This is really complicated and difficult work, and hats off to the Town of Thurmont for the job they have done in making

sure the school has continued uninterrupted. We will have one last big electrical update that will be finished over Christmas break," said CHS Principal Bernard Quesada.

This electrical update is another resolution, so there will not be any more issues with the electricity.

To make sure students know their opinions are important to the CHS administration, the administration surveyed the students to see where they need to make improvements the most.

"We surveyed our students about a month ago to listen to where we can improve, so we are always looking to reach the needs of our kids. That being said, we work with FCPS to keep our school system policies relevant and consistent," stated Quesada. This commitment will continue to be a resolution in 2015.

Also, new rules have been added for behavior issues, bullying, and so on to protect the students at Catoctin High School. "Two new changes at CHS include a FCPS update to the Bullying, Harassment and Intimidation Process, and a revision to the Discipline Regulation. It contains a much greater latitude in providing a variety of consequences than the prior version of the regulation," stated Allen.

Another New Year resolution from Quesada is: "Our entire staff has been working hard to keep improving our school culture and level of rigor in the classroom. Our school is great, and we want to keep moving forward so that our students will be able to compete academically with anyone from anywhere. Every new achievement raises the bar a little higher; we don't believe in complacency."

Everyone at Catoctin High School wants to keep having a powerful school spirit, a safe environment, and to keep spreading the positive attitude for years to come. These New Year resolutions will lead to another awesome year here at Catoctin, and many years to come. Have a safe and happy New Year, from Catoctin High School!

STEM Club Makes Learning at Lewistown Fun

James Rada, Jr.

One fun way to get students interested in science and math is to let them put it to use. Members of the Lewistown Elementary STEM Club are building boats, creating with Legos, and making mag-lev train race along tracks.

"The premise of the club is that we can use STEM (Science, Technology, Engineering, and Math) to close the achievement gap. The hope is that we will be able to increase our students' math and science scores," said Principal Shirley Olsen.

The club is in the second year of a three-year grant that allows three teachers to work with thirty students on Monday afternoons for an hour after school.

"They use a wide variety of methods to engage students in science and technology," Olsen said.

This month, for instance, the students are using magnets to create levitating trains. It's the same technology used to build high-speed trains. Tools like Legos or Engineering is Elementary are used regularly to connect with students. They are building wind devices and holding a boat regatta, learning about science and math without realizing it.

"STEM tends to be a more-dynamic way to engage them and also tends to be more transdisciplinary," Olsen said.

The school also sponsors a STEM night in March to bring in community members to demonstrate different occupations that use STEM. Olsen said that she wants students to see the real-life connections to STEM. The evening event also allows students to show off projects they have been working on during the year.

Along with club projects, the students can also get help with their science fair projects.

Last year, Olsen said there was an increase in students' math and science testing scores, but it wasn't as much as had been hoped.

"We didn't make the gains we had set goals for, so we have adjusted the program to do more math," said Olsen.

She said that teachers are tracking the data about student performance regularly and even making interventions during the school day to help students if necessary.

"The students seem to be pumped up and excited about the program," Olsen said.

This includes students whose behavior during the school day can be very challenging. "They typically do well in STEM Club," stated Olsen. "That says to me that they are involved and engaged."

The students don't mind as long as they are having fun, and they seem to be.

For the teachers, the grant also allows for them to get professional learning opportunities to learn how to reach different types of students in order for them to perform better.

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SPORTS news

Thurmont Little League is Gearing up for a New Season and Some Exciting Changes for 2015



Melissa Kinna

It may be cold outside, but that isn't stopping Thurmont Little League (TLL) as they prepare for the upcoming 2015 Spring Season. Some exciting happenings taking place include a new logo; a new website that will be released soon; the extension of the league's boundary to areas east; and new programs for coaches, umpires, and players.

Thurmont Little League may be the name of the organization, however, Thurmont Little League is open to players within many communities in the region: Thurmont, Emmitsburg, Sabillasville, Woodsboro, Rocky Ridge, Taneytown, and Union Bridge.

"Thurmont Little League and Little League International thrives by building virtues of character, courage, and loyalty to the community, which is why the board of directors here at TLL feel so strongly about the Little League mission and the benefits it provides to our servicing communities. By expanding our league's boundary to the outlying communities, we are broadening the Little League virtues and exposing our players to those qualities with the intent to bettering the overall communities in our region. Our goal is to make these youth athletes successful on the field, but more importantly, successful off the field," said Ed Lowry, president of Thurmont Little League.

Eager to start the 2015 season, board members are currently building new programs to include clinics for coaches and umpires. The league strongly encourages parents to become involved in the league and will now

offer training to coaches and umpires to ensure a positive experience for both players and parents.

This past fall season, the league was able to offer clinics focusing on outfield basics, infield basics, and hitting. The clinics were a success, players had fun, and it provided additional hands on experience. Starting Saturday, January 17, 2015, the league will offer a five-week Winter Clinic to prepare players for the spring 2015 season. The registration is now open and ends Friday, January 16. The cost will be \$40.00 for the entire five-week program. The clinic will run from 8:30-10:00 a.m. You may register for this winter session and for the spring 2015 season by visiting www.eteamz.com/thurmont/.

In an effort to raise money for the league, Mountain Gate Family Restaurant will host an In-Person Registration and a Dine-In, Help-Out event on Thursday, January 15, 2015. The league will be sharing tickets for the event on their Facebook page at facebook.com/ThurmontLittleLeague. When you present one of those tickets when dining at Mountain Gate Restaurant, Mountain Gate will donate ten percent of your bill to Thurmont Little League.

"We encourage everyone in the community to go to our Facebook page and print out a ticket to support our league on January 15. Throughout the years, Mountain Gate has supported the league, and we appreciate their continued support with this Dine-In, Help-Out event," said Lowry.

Opening day for Thurmont Little League will be held on Saturday, April 18, 2015.

Be sure to check out registration, which is now open for the 2015 spring season. Players can receive a \$10.00 discount if they register before January 15. Visit www.eteamz.com/thurmont/ for more details.

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Spring 2015 Registration Opens for Catoctin Youth Lacrosse

Think you know about lacrosse? Think again! Anyone can play lacrosse—big or small, experienced player or a beginner. The game requires and rewards coordination and agility, not brawn. Quickness and speed are two highly prized qualities in lacrosse. Long sprints up and down the field, with abrupt starts and stops, precision passes, and dodges are routine in both boys and girls lacrosse. Participants can learn to play at any age.

Teams are forming now for both boys and girls in Kindergarten through eighth grade. The Catoctin Youth Lacrosse is gearing up for another great season!

Registration is currently open online at www.catoctinlacrosse.com or you can register in person on the following dates and times: **January 7**—at Thurmont Elementary School, from 6:00-8:00 p.m.; **January 14**—at Lewistown Elementary School, from 6:00-8:00 p.m.; and **January 28**—at Thurmont Middle School, from 6:00-8:00 p.m.

Want to learn more? Be social with them on facebook.com/catoctinlacrosse or check out their new website at www.catoctinlacrosse.com. Questions? You can email them at cylacrosse@gmail.com or call 240-342-6238. Come scoop it up with Catoctin Youth Lacrosse!

Catoctin Youth Lacrosse is a non-profit, volunteer-based organization, supporting the lacrosse-loving youth of Thurmont. They are here to enhance the positives of team sports for our youth while advancing the sport within our community. They are part of the Western Maryland Youth Lacrosse Conference and offer teams for ages U7-U15.

Save the Date for the 2015 Catoctin Duals Wrestling Tournament

The 2015 Catoctin Duals wrestling tournament is set to take place on Friday, January 16 and Saturday, January 17, 2015, at Catoctin High School (CHS). Now in its nineteenth year, this annual local event promises plenty of wrestling action and excitement, as the defending Frederick County champion Cougars host a number of squads from several states.

The Cougars will showcase their largest freshman class of young wrestlers in four years, as well as several veteran grapplers and team leaders looking to make it into the record books as they battle some of the area's top wrestling programs. Come out and support the state-wide nineteenth ranked CHS wrestling team as they continue the tradition of success of the past three years with twenty-five Frederick County place-winners, fifteen regional place-winners, and ten place-winners at the state level, including four state champions.

Doors open at 3:00 p.m. on Friday and at 8:00 a.m. on Saturday. Concessions will be available both days and several vendors will be on site.

Head Coach Ryan Green and his staff would like to thank Catoctin High School, CHS Athletic Director Kevin McMullen, and the numerous committed parents and volunteers who unselfishly give their time behind the scenes, as well as the generous sponsors in our community who contribute to make this event possible. Thank you for your continued support of Catoctin High School wrestling.

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2014 Catoctin Youth Association (CYA) Football and Cheerleading



CYA Varsity Football



CYA Flag Football



CYA Junior Varsity Football



CYA Mini Pony Football



CYA Pony Football

CYA Photos — Continued on page 24

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Emmitsburg Baseball & Softball League Registration

Registration for spring baseball and softball with the Emmitsburg Baseball and Softball League will take place at the Vigilant Hose Company on West Main Street in Emmitsburg on Friday, January 16, from 5:00-8:00 p.m.; Saturday, January 17, from 9:00-noon; and Saturday, January 31, from 9:00 a.m.-noon.

Call Tom Kelly at 301-252-4471 or email tmkelly744@comcast.net.

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2nd, 9th, 16th, 30th - Bar Bingo 7:00PM

3rd - Wagner Shoot - Call 717-398-7492

4th - Cash Bingo - \$25.00 Doors open at 11:30PM - EB
12:45PM Bingo starts at 1:00PM

10th - Meat Shoot

17th - Meat Raffle & Buffet

24th - Meat Shoot

31st - Oyster Feed \$30.00 - Deadline for tickets 1/19/15

31st - Wagner Shoot

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CYA Photos — Continued from page 23



CYA Junior Varsity & Varsity Cheerleading



CYA Pony Cheerleading



CYA Flag Mini Pony Cheerleading

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Question: Is it safe to work out after giving blood?

Answer: The American Red Cross suggests that blood donors do not exert themselves too much for the rest of the day after giving blood.

A typical blood donation is a pint. The absence of red blood cells, iron, plasma, and water is enough to decrease oxygen delivery to your muscles by about ten percent, causing dehydration, dizziness, and fatigue. The American Red Cross suggests drinking plenty of fluids before your donation and an additional 32 fluid ounces after your donation to make up for lost blood plasma. If you do choose to exercise, participate in low to moderate aerobic activity, avoid lifting weights, and cease exercise if you begin to feel dizzy or light-headed.

Question: I enjoy walking outdoors and walk four to five days per week. I feel this is a good workout for me, but do I need to be doing more?

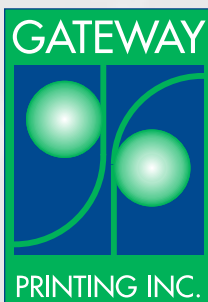
Answer: A good fitness program should include a balance of cardiovascular, strength, and flexibility training. But if walking is what you are enjoying right now, then keep at it! Understand that, at some point, you'll want to incorporate the other components to improve your overall fitness. If you are a beginner, walking just thirty minutes a day can help keep your bones strong, exercise major muscle groups, and reduce your risk of cardiovascular disease. If you have been walking for some time now, maybe your body is plateauing, in which case you just need some new techniques to intensify your walking workout.

Vary the pace of your walk by alternating slow and quick steps. Challenge your walk by incorporating hills, a steep incline, or stadium stairs within your walking route. Adding the use of trekking poles or a weighted vest can also ramp up the intensity of your walking workout.

To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

Check the Community Calendar

Reference the Community Calendar on page 39 to find events of interest.



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the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

Starting a new year is the best time to evaluate your health status. How can you be healthier than last year? Taking care of your health and body should be a priority.

You may want to ask yourself some questions.

Is your energy level good? How do you feel? Does your diet include the vitamins and minerals needed to have a healthy body? Do you have a fitness program?

I believe getting started is the hardest part. Begin believing how much better you'll feel by simply making a few changes. It's a choice!

Take an evaluation of your health. Set up a complete physical with your health care provider. Be honest about what you want. Share it with him or her. Decide on your goal. Begin planning now on how to reach it.

Post reminders around your house: *This is my plan to healthiness,*

and I will accomplish my mission! Again, you must have a plan.

The next step is to activate your plan. Write it down. It is your choice whether you choose a daily or weekly plan. But, get started.

A fitness trainer can provide a fitness program. Initially start with a certified trainer. If you prefer working out at home, ask the trainer what exercises you can do without professional equipment.

Nutrition information is available online. Also, consulting with a nutritionist is valuable. After all, we are what we eat! Our cells require nutrition to function. Junk foods simply are not nutritious. Learning about and making the right food choices is very important.

Your daily choices add up to either unhealthiness or healthiness. Simple, but powerful. Everyone deserves to be healthy. Will 2015 be your year?

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by Chris O'Connor



A Snapshot of my Friends at the Farm

It was kismet that I met David and Marge Harman of Sunnyside Hill Farm in Sabillasville, around fifteen years ago. My daughter attended school in Emmitsburg; but, after two years, we made the fortuitous choice to transfer her to Sabillasville Elementary. One day, I happily noticed that the Harmans had round hay bales for sale, and so began our friendship.

Driving to the new school was down Route 550 that dissects the Sunnyside Hill Farm's picturesque farm fields like a lazy river at an amusement park. Over the years, I've noticed that the road has become more like a Grand Prix race course, where most don't heed the speed limit or the signs that indicate a farm entrance just over a blind hill.

After meeting the Harmans, I broke my leg. Marge Harman would drive me to the doctor in Waynesboro, Pennsylvania, then we'd go eat at the former Waynesboro Mountain Gate Restaurant. Then it was on to rehab in Thurmont after the cast was removed until I finally regained some function of my busted wheel. Marge would haul me down there, then back to the farm where she'd fix me something to eat, then she'd run me back to the house where I strived to limp another day.

Very early one summer morning, I went to their farm to spend a few hours on the front lawn to view the Perseid meteor showers. David and Marge got up at the crack of dawn and went into town, returning with fresh donuts. I went inside shortly after, and David fixed me bacon and eggs. Bacon and eggs are especially delectable when one is covered in morning dew.

When I go for hay, David ties the bales down with quick-release knots. Knot-tying is one of many lessons David learned during his formative years climbing the ranks of the Boy Scouts of America. He was inspired to a life of service and hard work then, earning innumerable badges while helping build camp sites and the lake for the scouts at Camp Tuckahoe near Biglerville, Pennsylvania. He often aided the camp's cook by "bugling" in the scouts for chow time.

David became an Eagle Scout, honing many life skills, including swimming and lifesaving. Few know that David saved a boy's life when the boy panicked and found himself in too deep in a pond.

David and Marge became acquainted in 1955 while he was a produce manager at Acme Grocery store in Gettysburg. Marge happened in one December evening with members of her family.

Marge is the second to the youngest of Pauline and Walter "Buck" Lantz's five kids. David strived to visit the farm to join in the celebration of Marge's sixteenth birthday, but was unable to find the farm that her parents acquired in 1942.

David recalls how folks he approached to get directions were confused when he referred to Marge's father as Walter Lantz.

The second time David came to Sabillasville looking for directions to Walter Lantz's place, someone asked if he was referring to "Buck" Lantz. Bingo! David finally found the farm and the girl of his dreams. They learned they shared a sense of morals, work ethic, humility...and a sense of humor.

The rest is history.

David and Marge married in June 1958. He shipped out to Army boot camp in New Jersey for six months, before transferring to radar school at Ft. Sill in Lawton, Oklahoma.

David, home on leave for their first wedding anniversary, brought Marge a dozen roses. Then they packed a '55 Plymouth to the gills. Soon, it was pedal to the metal, westward-bound for the high desert of Ft. Carson, Colorado Springs, Colorado, a marked contrast to the verdant hills of north central Maryland. At Ft. Carson, David was promoted to the rank of sergeant.

Upon discharge from the Army, David secured a position at The Thurmont Bank as consumer loans manager. He spent a few decades there, during which time the bank changed hands in succession by Suburban, Sovran, CNS Sovran, then Nations bank. He played all positions in the bank: manager of consumer loans, teller, and head teller, until being promoted to manager in 1981, where he

remained until his retirement in 1993.

All the while, David helped his father-in-law, Buck, with the farm. David would milk the dairy cows in the morning, then clean up and go to work at the bank. He urged Buck to acquire a baler to help streamline the hay harvest. At that point, they were harvesting using one of two mules and storing hay in loose stacks in the mow.

These days, Marge and David, their sons, extended family, and good friends throw in together, whether its time to sow or harvest or help is needed with the endless chores.

They raise crops to feed livestock, which has included dairy cows, mules, hogs, chickens, goats, cattle, and their pet donkeys. Now they market beef, hay, straw, corn, and soybeans.

Generations of accumulated knowledge, work ethic, modern farm equipment, newer outbuildings, and

mechanical acumen has been integral to the success of a farm. Common sense, mathematical ability, and team work are important—especially now considering the increasingly demanding regulatory environment that requires ever-mounting paperwork and accountability as to any farmer's methods and practices.

The Harmans strive to maintain their way of life while balancing the vagaries of nature and considering the complexities of all the external variables.

That being said, visiting my adopted home place is more fun than a barrel of monkeys.

And I've never left hungry.

Photo by Deb Spalding



Marge and David Harman

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Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, story excerpt, art, photography, and the like, we welcome you to send us your entries at news@thecatoctinbanner.com. Let your creativity shine.

Own One-of-a-Kind Item by Artist Yemi

There are still prints, etched pieces, and wine glasses available of the murals from the Trolley Substation in Thurmont. These items are available and represent a once-in-a-lifetime opportunity for the community to own. They include limited-edition prints, artist-proof prints, and single prints of all the murals including "Rail History," "Covered Bridges," "Area Attractions," and "Historic Buildings," along with etched glass pieces, including wine glasses. Also available is the book *Thurmont – Murals and Memories*, which includes sketches by Yemi, area photographs, and the murals (with historic information about the six murals). All of these pieces are made available by the Thurmont Lions Club in celebration of their 85th Anniversary in Service to the Thurmont Community.

If you are interested in any of these items, call or email Lions Nancy Dutterer (301-271-6965 or nsdutterer41@comcast.net) or Joann Miller (301-271-3913 or pjmiller45@comcast.net).



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Remembering What Once Was by Linda Calhoun

When life was easy and the days were endless.

The world was my play ground I was the best.

Imagination on overtime, me with no limits.

Each day a new adventure not once did I sit.

Many things to do, many things I did.

Explored all that was, so felt like a kid.

Endless energy I had day in and day out.

Turn back the time I so want to shout.

My worlds much smaller, many limits I have.

Most days are so hard, sometimes I'm just sad.

Limitations are many and adjustments I'll make.

Rethink my strategy for my very own sake.

I still have my goals but changed they are.

Back to the simple days I've progressed thus far.

To when things were easy and time stood still.

I've modified my plans and recaptured the hill.

Friends ~ we must let go with what was and on with what is. Yes, we have challenges but we are still the same person inside. Our soul, the inner workings of who we are, has never changed. The longer you hold on to what was, the less you will enjoy what is LIFE ~ A most special gift we all have been given. Alter what we have, adjustments CAN be made ~ an adventure it is.

Is the cup half full or half empty? Choices we all have.

From the book, *Mister God, this is Anna* ~ draw a circle with many dots inside....each dot is what we are worrying about day in and day out. Remove the dots that we can not change, the worries that we have no control over...issues we can't solve...things we can't purchase...our wants...etc. Replace with ONLY the dots we actually need. Less dots taking up space...less thoughts to worry about.

Now isn't that better; a life that can be more manageable. Simplify, it can be done ~

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The Highlands

by Greg Price, 13 November 1992

I had almost forgotten about
The beautiful white birches.
Later driving by an old graveyard
I realize death happens here as well...
In Vermont I mean
I almo
I almo what? Who knows?
Sometimes I stop myself and think
Do I really know what I'm talking about.
Large granite rocks
Remind me of tombstones.

Later that night
Listening to Scotty on the porch
He's wearing his semi-formal kilt
Telling me that silver buttons were once
Money sewn to the coat
Sharing his wealth without even
Loosening a stitch...
The sun is shining in pitch black.



by Francis Smith

Only half a silent sun
lingers on the mountaintop
momentarily
its fiery glare
for a mini minute
rests in peace
then quietly slips
into the horizon.

Feint is the fever
of the afterglow
pinkandpurpleandgold
allatonce commingled
and the cloudless blue
stretches far and wide
above the gray-black ridge
of a mountain bathed in shade.

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It's Only Words

by Valerie Nusbaum

It was Christmas Eve, and we were at Aunt Shirley's annual family party. Young Frank, my cousin Blane's son (one of the twins), was greeting everyone with a smile.

I asked, "How are you Frank?"

"Good," he answered, "I'm doing good."

Frank's first cousin, Josh, glared at him and snapped, "Well. You're doing well."

Frank looked at me and whispered, "That guy is wearing sandals in December, and he's criticizing ME?"

Sadly, Josh, in his Birkenstock-clad glory, was correct, albeit somewhat rude.

That exchange prompted me to begin my annual accounting of how the English language is being mangled, or as I like to call it "Us People Don't Talk Good." I don't make a lot of New Year's resolutions, because I know I won't keep them and it seems a waste of time, but I do resolve to work harder on my speech

and grammar all through 2015. It never hurts to learn new things or to make changes for the better.

I'd love to hear your thoughts on this, but in my opinion, the three most overused words in our language are complicated, amazing, and pop.

If one more actor utters the phrase, "It's complicated" when describing a relationship, I swear I'll pull an "Elvis" and shoot my television.

I wish someone would please explain to the powers that be that "amazing" is an adjective. One cannot look amazing. One can, however, look amazed or be amazed, and I am amazed that this one little word is used to describe everything that is wonderful, exciting, and beautiful.

Don't get me started on "pop" either. Everything pops these days—colors, decorations, outfits, hairstyles. There are many, many words in the dictionary that we could use instead.

As I said, those are things that irritate me, and I am a committee of one.

Evidently, I am easily irritated, because my jaw gets tight when I hear certain words being mispronounced, most notably mischievous and nuclear. I usually don't discuss politics in print, but when George

W. Bush was President, I used to cringe every time he gave a speech because I knew that he'd say "noo-cu-lar" at least five times. Randy and I got into many an argument over the President's faux-pas. Randy said that Mr. Bush was a man who liked to do things his way, and who stood his ground when he believed in something. My hubby felt that we needed someone like that in charge of our country. I argued that the President surely had a team of paid advisors who attempted to school him on the correct pronunciation of the word nuclear, and that the President's blatant disregard of their advice might well carry over into other aspects of his presidency. Please understand that I'm not dissing anyone's politics. I'm simply stating that the man was WRONG and didn't care.

Randy is bothered when the words recurring and reoccurring are confused. We're not even sure if reoccurring is a real word. One of us should probably look it up.

Speaking of Randy, he just returned from a business trip to London and Cambridge, England. He came home with a whole passel of new words for us to ponder. Instead of saying "no problem," the Brits tell us "There's no drama." In England, it's called a "nature break" instead of a "potty break." The British are very polite. They take the tube from place to place and instead of an "Exit" sign there's a "Way Out." This has absolutely no bearing on my column this month, but Randy has been speaking in a bad British accent ever since he got home. He wasn't gone that long, but I swear I can't understand a thing he's saying.

I'm just glad he's home safely and that he didn't insult anyone over there with his accent.

The words ironic and literally are often used incorrectly. That's not a problem, though, because the folks who are in charge of the dictionary will eventually give credence to those incorrect usages and will incorporate them into a future published version. If enough people misuse a word, it becomes acceptable. Made-up words are added to the dictionary every year, too: hashtag, ginormous, and selfie to name a few. Granted, I realize that we need to be flexible and adapt to the changing times. Wouldn't it be nice, though, if we at least sounded intelligent while we're doing that?

I'm on my soapbox this month, but as I've said before, someone has to pick up Oprah's mantle and run with it. Honestly, I'm not asking anyone to join me in my quest to get a better grip on speaking English (except maybe President Bush and really just that one word). It simply makes me sad to hear and read how lax we've become. This committee of one will be making an effort to improve.

In closing, I want to wish the happiest of birthdays to my wonderful mother. She'll be celebrating her 83rd birthday on January 19. Mom, you always were and always will be my hero, even if you do think that I don't own a decent kitchen knife.

To all of you, dear readers, I wish you a very happy New Year, filled with good health, much happiness, prosperity, and good grammar.

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Your Hunting Photos

Featured are the hunting photos sent in to us by our dedicated readers. We would like to thank everyone who participated.



Naomi Hurley (Age 15) shot this 149 lb., 7 point in Walkersville.



Justin McAfee shot this 8 point on his last youth day.



Luke Hurley (age 12) shot this 138 lb., 6 point in Walkersville.



"Got me one!"



Pictured are: (front) Jacob Hurley, Luke Hurley, and Naomi Hurley; (back) dad, Eric, and grandad, Dale Hurley.



Jacob Hurley (age 14) shot this 112 lb., 8 point in Foxville.



Kellie Cool shot this 10 point in Graceham, Maryland, on youth day.

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by Jim Houck, Jr.

1st Sergeant Robert David Maddox

Robert “Bob” Maddox was born December 27, 1954, near Mount St. Mary’s College. He grew up with his parents, Charles and Annabelle (Baker) Maddox, and three siblings: Doug, John, and Terry.

Bob attended eight years of education at Emmitsburg High School. He then attended Catoctin High School from grades nine through twelve, when he graduated. He worked at Mount St. Mary’s in the kitchen while attending school. After graduation, he went to work for Worthington Pump Company in Taneytown, Maryland. He moved to upstate Pennsylvania for a little over a year. Upon returning home to Emmitsburg in 1974, he joined the U.S. Army.

Bob joined as an aircraft crew chief on a Chinook, yet, when he got to Fort Hood, he was informed that they had too many Chinook mechanics, so he was sent back to Cobra school. At Cobra school, Bob made “distinguished graduate” in his first class and “honor graduate” in his second class. He was promoted after each class. About a month after his graduation, while riding down the street, he saw a sign that read “Explosive Ordinance Disposal.” He stopped in and they said, “If you would like to volunteer, we take volunteers.” Bob volunteered and went to EOD School, which was located in Indian Head, Maryland. He said it was the hardest school he had ever gone to; they teach two years of college-level information in six months. Bob said that the failure rate at that time was eighty-seven percent, and only he and one other person from the class were enrolled in another class to finish.

Leaving EOD School in 1976, he and his fiancée, Denise Herring (Bob met Denise while talking on a CB radio; Denise lived on Harney Road in Emmitsburg), returned to Fort Hood, Texas, where they were married. They had their daughter, Thea, while at Fort Hood. Shortly thereafter, they left for Germany. When they arrived in Germany, they were stationed at the 636 Ordnance Company EOD. It was a chemical company that took care of a classified chemical sight in Clausen, Germany. Bob said that evidently at one time, the United

States sneaked some chemicals in and they were doing a renovation there. They had to have the EOD personnel present. He was there for about two years, when he then moved to Giessen, Germany, to the twenty-first explosive detachment. He was there for a little over a year, when their son Charlie was born in 1981. After the birth of their son, they came back to Fort Bliss, Texas. He was there only a short period of time, when he was deployed to the Multi National Peace Keeping Force in the Sinai Peninsula in Egypt. Staying there for a little over six months, Bob returned to Fort Bliss, Texas, and received orders to go back to Germany. He went to Kaiserslautern, Germany, where he spent next five years. They did a lot of traveling while there. He said it was neat because of all the countries he got to go to in support of the President and the Vice President of the United States while they were visiting. Bob said the EOD Personnel do all the bomb searches prior to all VIP arrivals traveling from country to country.

Bob said it was an interesting job and that he was on call twenty-four hours a day, seven days a week. He said he was called for terrorist bombs or the Red Army Faction, or just plain fruitcakes here in the U.S.—bomb threats, bank robbery with a bomb threat, or old dynamite with nitroglycerin, making it sweat and needing to be removed. Even hand grenades, mortar shells, and any other live explosives brought back from war by our fathers as souvenirs, he and his crew would go out and take care of bringing it back, saving it, taking it to demolition range, and destroying it.

Bob and his family came back from Keisenslaughter, Germany, in 1989, and went on to Andrews Air Force Base and a Courtesy Photo Special Improvised Explosive Device Unit, which were primary responders for improvised nuclear and chemical explosives. They had high tech sensors, such as infrared alarm systems that were hooked to these things to protect them. Bob’s team had a lot of high tech gear they used in order to prepare for the special improvised explosive device response. Also, being close to Washington, D.C., and at Andrews Air Force Base, he and his team did all the

bomb searches for the President when he was leaving or arriving at Andrews. In addition, there were a lot of very important person missions in and around Washington, D.C. A call would come in and say that there wasn’t enough protection for the President’s arrival in Houston, Texas, or somewhere else, and Bob and his team would have to respond to wherever they needed them. He and his team would be sent to unknown destinations, not knowing when they would return. His wife didn’t care for that part of his job, because she never knew where he was.

Following his two years at Andrews, Bob and his family returned to Manheim, Germany, to an explosive ordinance disposal control detachment that provided evaluations, oversight, and assignments to all the units that were in Europe (EOD Units).

He said it was interesting, but they were only there for a couple of years. They were then sent back to the 67th EOD detachment at Fort McNair in Washington, D.C. Bob retired from the U.S. Army there—the 67th EOD, specifically a Very Important Person Unit that only takes care of movements in D.C. While there, Bob’s wife woke him up one night and said, “Hey, they need you to go to work right now. A plane just crashed into the White House.” Bob got ready to get on the road, and Denise turned on the news. She said if that really happened, it should be all over the news. There was nothing on the news, so Bob got on the road, and, it wasn’t a half hour later, when a news bulletin came on that a plane had just crashed into the White House. After Bob retired in August 1998, he became a Deputy Fire Marshal for a year, when he got a phone call from the Department of Defense asking him to come back to EOD as a civilian. So, he went into what is called the Technical Escort Unit, which covers all recovered chemical warfare material, whether it be ordinance or a special improvised explosive device containing chemicals.

Bob does that same job today. He has two remediation response groups that actually go out and dig up the things that the United States buried in the forties and fifties when it was accepted. They are now out there digging those chemical weapons up to destroy them, keeping them out



Pictured are Robert Maddox on the right and his son, Charlie, on the left.

of the wrong hands. Bob’s team also takes care of any bombs or chemicals that may wash up on the beach, and they remove all chemical warfare agents. He has a C12 aircraft, two UA72s, a mobile laboratory that has two light and two heavy mobile labs that can do the analysis for chemical, biological, and everything up to forensic analysis. He has a unit stationed at Pine Bluff (about forty people stationed there), one unit here, a small aviation attachment, and a laboratory. Bob works from Headquarters and is the unexploded co-ordinance manager. Anytime something is found, he photographs, x-rays from high powered x-ray machines that are portable, and uses the isotrofic neutron spectrofac. The latter is a low-level neutron assessment machine that is nonintrusive and emits neutrons that go into the item, excite the atoms, which then send off charged electrons that are gathered, transferred to a spectrum, and, depending on which item it comes from, has different energy levels. He can then figure what elements are in it and make a determination. Bob’s son, Charlie, works with the team and operates one of the most sophisticated machines they have.

Bob and his team are still on call twenty-four hours, seven days a week. I know it is a very dangerous job and not many people could handle it, but I could tell he wouldn’t want to do anything else. I, for one, am thankful that we have someone like Bob Maddox in a position of such importance to the safety of Americans. He told me that he and his team party hard after a mission, and I for one hope they always come back to be able to party hard. Bob lives in Emmitsburg, and I hope you get a chance to meet him, because I think you would want to listen to the stories of his dedicated and exciting life for hours—I know I could.

God Bless Bob, his Team, and the United States of America.

Courtesy Photo

community veteran event

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Jubilee Recognized for their Support of Girl Scouts

Photo by Grace Eyler

Tammy Bowling, Girl Scout Troop 81758 Leader, presented Rich Boyd of the Emmitsburg Jubilee with a recognition plaque on December 5, 2014. Tammy and the troop thanked Rich for Jubilee's help and support throughout the year.

Pictured are Tara O'Donnell, Emily Longenecker, Hannah Hartness, Rich Boyd, Haleigh Bowling, Katie Adams, and Adrianna Bussey. Not pictured: Arielle Mumm, Maria Torborg, and Adrianna Viti.



Rocky Ridge Progressive 4-H Club Spreads Christmas Cheer by Caroling Around Emmitsburg



The Rocky Ridge Progressive 4-H Club went caroling in Emmitsburg on Friday, December 12, 2014. They visited St Joseph's, went on a wagon and stopped at the Lincoln apartments, Emmet Gardens, as well as some homes in Emmitsburg.



Courtesy Photos

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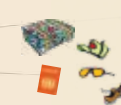
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—The Catocin Banner staff

A Cranberry for All Seasons

Buck Reed, the Supermarket Gourmet



Cranberries come from the family of Ericaceae, which is described as an evergreen dwarf. They are cultivated from October until December, which probably explains their popularity during the holiday season.

Cranberries are a great source of vitamin C, vitamin A, B-carotene, lutein, zeaxanthin, folate, potassium, and manganese. Studies have shown that the consumption of berries has potential health benefits against cancer, aging and neurological diseases, inflammation, diabetes, and bacterial infections. Also, cranberries have antioxidant compounds, which may prevent cardiovascular disease, help lower LDL cholesterol levels and increase HDL cholesterol levels in the blood. Furthermore, cranberries are beneficial to your teeth as well as your urinary tract.

They start out as a white berry that ripens to a deep red, and has a unique tart acidic flavor that overwhelms its sweet flavor. It goes without saying that they are most popular during Thanksgiving as a sauce served with roast turkey or sold as juice that is enjoyed all year long. This being the case, doesn't it seem a shame most of us only enjoy the whole berry during the holiday season?

The easy solution is to buy fresh whole berries after the holiday season when the price drops, double bag them and keep them in the freezer, up to a year, until ready to use. You can also go ahead and cook them down a bit and again store them in an airtight container and freeze them for a quick enhancement to your everyday cooking. Freezing berries helps break the skin and makes the juice easier to extract, so when defrosting them, make sure you do so in a bowl to catch all the juice.

Here are a few ideas for using those cranberries:

- Cook whole cranberries into your oatmeal for a morning delight.
- Add whole cranberries into your pancake, waffle, or coffee cake recipe.
- Use whole cranberries (frozen and thawed) in your sangria or mojito recipe, or add into a fruit punch for a sizzling summer pleasure.
- Serve cranberry sauce with grilled sausage, pork or chicken at your next barbeque.
- Add pureed cranberries into your favorite barbeque sauce for a unique flavor.
- Mix cooked cranberries with mustard and serve with hot dogs or as a spread for any sandwich (roast turkey sounds like a natural).
- Use whole cranberries in your favorite oatmeal or chocolate chip cookie recipe instead of raisins.
- Puree cranberries into your favorite vinaigrette recipe and toss with salad greens (think raspberry vinaigrette).
- Use cranberry sauce and walnuts on your baked Brie.
- Add whole cranberries to a beef stew recipe.
- Add whole cranberries or cooked cranberries into a baked cobbler or crisp recipe, with apples or most any other berry for a delicious dessert.

Just remember, now is the time to purchase your cranberries. If you need a recipe for any of these ideas, please email the editor at news@thecatocinbanner.com.

Tickling Our Tastebuds

by Denise Valentine



Hello, everyone! Maybe you are having family stay with you over the holidays and you want to plan some easy, make-ahead-of-time meals. So, I wanted to share an easy make-ahead breakfast recipe for you to enjoy. The holidays can be a little hectic, but it is still nice to include some breakfast.

This spin on French Toast is prepared the night before, and all you have to do the next morning is just put it in the oven. It would also make a great addition to your New Year's brunch.

I hope you enjoy it! Happy New Year!



Upside Down French Toast

Ingredients:

- 1 stick of butter
- 1 cup of brown sugar
- 1 teaspoon cinnamon
- 5 eggs, beaten
- 1½ cups of milk
- 12 slices of bread

Directions:

Melt butter; mix with brown sugar and cinnamon. spread in greased 9 x13 baking dish. Place 6 slices of bread over this mixture, then top with the other 6 pieces of bread. Beat eggs and milk and pour over bread. Cover with foil. Refrigerate overnight.

When ready to bake, uncover and place in cold oven. Turn oven on to 350 degrees and bake for 55-60 minutes. Turn upside down onto serving platter. Cut and serve. Sprinkle with 10x sugar if desired.

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Christine Schoene Maccabee

On The Wild Side

"Earth's crammed with heaven, And every common bush afire with God."

—Elizabeth Barrett Browning

Hibernation: A state of being during extreme cold, forcing many creatures to become dormant in their hibernacula (their winter quarters or place of retirement...Florida?).

It's winter. It's very cold. Climbing out of my warm nest to put a log on the fire, I feel like a turtle in its shell. I would much rather just stay under my warm covers and hibernate!

My theory is this: it is natural for warm-blooded humans to slow down in cold weather. I will call it the burrowing impulse. I suppose this goes against many other theories that suggest that humans need to speed up and keep the blood flowing to keep warm, but somehow this does not always work for me. So, I resort to a cup of coffee in the morning—as many of us do—and pasta dishes, which become increasingly important for energy. Then there are energy bars and some strongly caffeinated drinks, which are really not good for people. Sometimes plain old inspiration provides motivation to get going, and then there is always the fear of losing one's job if late for work. Perhaps the most popular incentive is the pleasure of foraging for food at a favorite local market place. One way or the other, warm-blooded humans rally to the cause of living in this human world we have created.

After running around, doing all the outdoor chores on this icy, windy day, all I want to do is lay down and curl up with a good book, or a good man if I had one, and relax. My fingers and feet are cold, and I am lethargic. Is lethargy a form of mental hibernation? There are many types of dormant conditions in the

natural world. So I contemplate hibernation, and how nice it would be if only....if only I were a bear or a coon or a snake or a turtle. However, in my reading on the subject, I have learned that many critters do not really go into true hibernation. Such is the case for most bears, especially the polar bear, for the female usually births her cubs, cleaning and feeding them, during hibernation. The male is usually out fishing!

Here in the mountains where I live I am thankful that the black snake, by now in deep hibernation, is no longer after my chicken eggs; although, fewer eggs are laid due to the cold, shorter days. Perhaps I should get solar panels on the roof of the coop as a source of electricity. Not a bad idea. The woodchucks have happily withdrawn into seclusion, dormant in their burrows. Their breathing and heart rates are slowed and body temperatures lowered. I am happy—no, thrilled—not to see them! Of course, they are now no threat to the vegetables in my gardens, as there is nothing growing right now, except for the salad bar in my cold frames, which I mostly keep closed from the weather.

One thing I always miss throughout the winter is the wonderful music of crickets, katydids, frogs, and toads; I must patiently await their emergence from sleep. Spring cannot come soon enough for most of us, but winter is a necessary time of renewal. Most

seeds need stratification, or a period of deep freeze, in order to germinate in the spring. Also, many pests who do not manage to sneak into your house or find a warm place to hide, will die off. I am thinking specifically of the infamous stink bug!

Of course, the butterflies have disappeared, too. Some, like the Monarchs, migrate south. However, one tough cookie, the Mourning Cloak, spends the winter in hollow trees and some live to "talk" about it. I wonder what they would say about their time in the tree all winter. Maybe something like "Boring!" Same goes for moths, which are in the pupa stage, all wrapped up in cocoons. I am beginning to wonder if I really want to hibernate. Maybe I should go south, but one needs money for that, plus I really am not retired, and likely never will be.

I would be remiss if I did not mention turtles, one of my very favorite animals. A good friend of mine who lives in Northern Minnesota, where temperatures have already been down as low as -25 degrees, said in an email that he does not know how turtles manage to survive winters there. Most winters, the ground freezes anywhere between three and six feet down. So how does the soft body of the turtle, encased in a thin shell, manage not to turn into an ice cube? This has always been my question, too. Perhaps we should just chalk it up to one of those great mysteries of life. Any theories?

Not all turtles manage to emerge from the ground in the spring, as was the case of *Timothy* in a semi-true story by Verlyn Klinkenborg. Told from the turtle's perspective, his last thoughts were, as recorded in

Photo by Christine Maccabee



Turtle sculpture looks like a turtle emerging from the ground.

the book: "I dig and dig. Settle the dirt on my shell. As deep as I can go into the warmth of earth. Carefully overlaid with autumn's debris. Anchored. Immured. Landlocked. Becalmed..." and never to rise again from his hibernaculum, dead about the age of sixty.

I believe I shall be content with that cup of coffee in the morning as I watch the snow fall; with finding delight in the variety of birds eating black sunflowers at my feeder; with taking that brisk, life-giving walk to care for my chickens; and with singing "Silver Bells" as I give thanks for being a warm-blooded human being.

Many Blessings to all.

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looking back

by James Rada, Jr.



— 1938 —

The End of a Generation in Thurmont

When Thomas H. Shelton died on February 19, 1938, Frederick County lost its last Veteran of the Civil War, seventy-three years after the war ended.

Shelton died at the home of his daughter-in-law, Stella Shelton, who lived near Rocky Ridge. The ninety-seven-year-old had been healthy at the start of the month, but then his health had quickly turned, and he had been sick for about a week prior to his death.

As a young man of eighteen, Shelton had served in Company I of the 1st Maryland Regiment. He had missed fighting at the Battle of Antietam in 1862, because he had been taken as a prisoner of war at Harpers Ferry the day before.

Eventually he was paroled, and he returned to his company and was with them when they fought at the Battle of Gettysburg in 1863. His company did not fight in the other nearby battle at Monocacy in 1864.

When the war ended and his regiment was discharged, Shelton re-enlisted with the 13th Regiment.

Shelton was buried with full military honors in the Garfield Mt. Bethel United Methodist Cemetery. He had outlived all of his children, but he was survived by nine grandchildren, twenty-seven great-grandchildren, and three great-great-grandchildren.

Frederick County had lost its last two Civil War Veterans within four months of each other.

Although Shelton hadn't been a native Frederick Countian, Henry Clay Fleagle of Thurmont had been. He had been the second-to-last Civil War Veteran in the county, and the last one who had lived his life here.

Fleagle died in November 1937 at age ninety-four. He was a first-generation

American whose parents had been born in Holland.

He had been born in Unionville and served in the Civil War under Capt. Walter Saunders.

"He served for nearly the entire four-year duration of the war, charging with the line of blue at Gettysburg," the *Catoctin Clarion* reported.

The end had been a relief for Fleagle. *The Frederick News* reported that he had been only partially conscious the week before his death at the home of his son, George Fleagle.

Henry's wife, Lillie Creager, had died two years earlier. He was survived by one daughter, who was married to Wilbur Freeze, four sons, nineteen grandchildren, and twenty great-grandchildren.

Henry was also the last member of the Jason Damuth Post of the Grand Army of the Republic in Thurmont.

It would still be nearly two decades before the last Civil War Veteran died. The final Veterans of the Confederate States armed forces died in the 1950s. A number of men claimed to be last remaining Confederate Veteran. These men died throughout the 1950s. Many of their claims were debunked as more information about their births was uncovered. The largest problem in verifying their claims was that many Confederate records had been destroyed or lost, because the Confederate government had no official archive system.

Pleasant Crump of Alabama died at the end of 1951 at the age of 104. He was the oldest of the group of Confederate Veterans who had a verified service record.

The last Union Veteran was Albert Woolson, who died in 1956 at the age of 109.

Photos Courtesy of Thurmontimages.com



Photo is from 1916 and shows a group of Civil War Veterans posing in front of the grocery store that stood on North Church Street. This building was located in the now-vacant lot next to the Historical Society building.



A view of Veterans standing in front of the old town hall.

President Dwight D. Eisenhower said, following Woolson's death, "The American people have lost the last personal link with the Union Army ...

His passing brings sorrow to the hearts of all of us who cherished the memory of the brave men on both sides of the War Between the States."

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senior moments

by Helen Deluca

Hello, again, to all you seniors of Thurmont and the surrounding areas.

I could start out by complaining about Christmas shopping coming before Thanksgiving, or Thanksgiving dinner being disrupted because a family member has to go to work that day, or being told that it is not proper to wish someone a Merry Christmas because of the religious connotation. Happy Holidays is now the proper term.

Instead, I'll go on with a happy note. Our annual Christmas party was a wonderful success. Not only was the food delicious and plentiful, but Peggy and John Offutt outdid themselves with their rendition of the "Twelve Days of Christmas." As you can see from the picture (on bottom, right) individuals were given numbers for each of the twelve days. I can't begin to describe some of the "gifts" we presented as we all sang along. It was hilarious, and I know that rendition of the "Twelve Days of Christmas" will always come to mind each time I hear it. Commissioners Bill Buehrer and Marty Burns were really good sports and joined in the fun. As you know, it's a busy time of the year for Santa Claus, so Mayor John Kinnaird was unable to attend—but, on his behalf and the entire Board of Commissioners, Bill and Marty presented a check for \$20,000 to the Thurmont Senior Center.

In July 2011, when the Thurmont Senior Center separated from the Department of Aging, we became a non-profit 501c(3) approved independent organization. The Center's Board of Directors (BoD) has an estimated annual budget of \$60,000. This covers the coordinator's salary, utilities, inside maintenance, insurances, legal services, office supplies, housekeeping, and so forth. A grant is kept in a separate fund, which is used solely to subsidize the lunch program. We have been able to operate the Center only by money received from the town, grants, donations from various organizations, your generous support, and fundraisers organized at the Center. And, to all of you, we are truly grateful. It's your Center and your support is always needed.

The BoD along with Teresa, our coordinator, and all the volunteers, continue to plan and schedule activities that will interest you. We always welcome you to come and participate. We have served over 10,250 meals since we became

independent. The food is catered by Mountain Gate Restaurant. The cost is still \$5.00, and we continue the honor system for payment to make it possible for everyone to enjoy a hot meal.

Recently, we had the Golden Tones Chorus entertaining us before lunch, and we hope to have them back. They are a large group (twenty-four in all), and they really presented a wonderful program of Christmas music. They stayed and enjoyed having lunch with us.

Speaking of food, don't forget the pot-luck lunch at 12:00 p.m. on New Year's Eve. Bring a dish or pay \$5.00. Please call ahead if you plan to attend 301-271-7911.

Starting in February, I want to tell you about something new we are going to try. After the holidays, when things begin to slow down and you feel cabin fever setting in, would you like to join us for 50/50 Bingo twice a month? We have had several requests to add another Bingo. So, starting in February, on the first and third Wednesday of the month, join us at 1:00 p.m. for 50/50 Bingo. Like I said before, the payoff won't be enough to brag about, but it is a great reason to get out of the house for a little while and have some fun. You can bring a friend—all ages are welcome. Call ahead and join us for lunch and cure that cabin fever. Dates in February for 50/50 Bingo are February 5 and 19.

In addition to all of the regular activities in January, including 50/50 Bingo on January 21, plan on joining us at the movies. You may have heard about the movie *Almost Blue Mountain City*. It depicts the history of Thurmont and has had excellent reviews. The movie is three hours long. Starting on Friday, January 9—and each Friday during the month of January at 10:45-11:45 a.m.—an hour of the film will be presented before lunch. Also coming will be the movie *Greetings from PenMar*. On January 27, at 10:30 a.m., Nurse Steve, Department of Aging, will be taking vitals and giving a talk.

And now for a personal note. I always knew that if I kept my priorities in order, I would have a good life. But as I get older, those priorities are more time consuming. I speak for myself when I say that what I could do before in thirty minutes seems to take me three hours now. So, it all comes down to TIME. It's time for me to resign from the BoD and let a younger senior with

(right)
The Golden Tones Chorus presents their Christmas concert to the Senior Center.



Courtesy Photos



(left)
Part of a rendition of the "Twelve Days of Christmas," led by Peggy and John Offutt at the Senior Center's Christmas party.

time and new ideas to fill the seat. It takes time to write the "Senior Moments" column, so it's time to turn it over to Pam Robbins. During my time at the Center, I hope I have contributed something positive. Will I miss it? You bet! But it's time to sit back and enjoy it with the rest of you.

On behalf of the BoD, Teresa, and all of our volunteers, we wish

you and yours a happy, healthy, and prosperous New Year.

One more thought, and you just knew there had to be one! Remember this: Before you eat too many goodies during the Holidays... "Nothing tastes as good as thin feels!"

But go on have fun, eat, and enjoy...and always SMILE!

Emmitsburg Senior News

by Susan Allen

We dashed and jingled our way through Christmas, and now we are going to be toasting in the New Year, as we watch the crystal ball fall in New York City on TV! January 2015 is going to be filled with activities—new and old—to engage and entertain us.

The newest activity is Open Gym for Grandparents. Grandparents may take their grandchildren to the gym whenever school is closed, Monday-Friday, 10:00 a.m.-2:00 p.m. Seniors may also use the gym anytime during those open hours.

A new exercise activity, Poetry in Motion, begins on Friday, January 2, and runs on Monday, Wednesday, and Friday mornings throughout the month. This program replaces our Walkers Group activity for the winter months. Alyssa and Carl will meet us for "Fall Prevention & Balance Skills," on Thursday, January 15. There are two trips available through the Frederick center this month: (1) Friday, January 9, to the Baltimore

Museum of Industry, 9:00 a.m.-3:30 p.m. (Cost is \$45.00 per person); and (2) Friday, January 30, "Smithsonian Your Way," 9:00 a.m.-3:30 p.m. (Cost is \$30.00 per person.)

Regular Activities: Bowling (Mondays) at 12:15 p.m.; Bingo on Wednesday, January 7; Bridge & 500 (January 14 and 28) at 12:30 p.m.; Strength Training (Tuesdays and Thursdays) at 10:00 a.m.; Pinochle (Thursdays) at 12:30 p.m.; Canasta (Fridays) at 12:30 p.m.; Cards, Games & Puzzles (January 8, 22, and 29). You can join us for any or all of these activities at any time.

The senior citizens encourage everyone fifty years of age and older to join their activities at the Emmitsburg Community Center. Persons sixty and over are eligible for the hot lunch program. For information on the lunch program and all other activities, contact the coordinator, Linda Umbel, at 301-600-6350, or email Lumbel@FrederickCountyMD.gov.



your public library

Where Community & Ideas Connect

by Linda Frydl, Library Associate, Thurmont Regional Library/Emmitsburg Branch Library, lfrydl@frederickcountymd.gov, 301-600-7212

Teen Volunteer Corp

All teens (ages 12-18) are invited to a Teen Volunteer Corp (TVC) informational meeting. The TVC collaborates with staff on special projects throughout the year. You might find yourself helping with children's activities and programs or using your art skills for displays and crafts. Earn school service hours, too. This is a good way to get work experience and meet new people. To learn more, join us Thursday, January 8, at 5:00 p.m. Register online at www.fcpl.org or call 301-600-7212.

STEM for Teens

Trivia Contest and Cupcakes: Have fun testing your STEM (Science, Technology, Engineering and Math) skills with our trivia challenge. There will be prizes, plus everyone gets to decorate (and eat) a cupcake! Thursday, January 15, at 5:00 p.m. Register online at www.fcpl.org or call 301-600-7212.

Yo-Gi-Oh Club

Are you interested in joining a tween/teen Yo-Gi-Oh Club at the Thurmont Regional Library? Call 301-600-7212 to add your name to our interest list.

Special Programs for Children

Preschoolers (ages 18 months-4 years w/adult): Playdough Playtime! Chase away winter blues and explore homemade playdough with your child. Develop fine motor skills and have creative fun. Register online at www.fcpl.org or call 301-600-7212.

STEM: Futuremakers: Drawing Machines: Create miniature electromechanical creatures that draw fantastic patterns or wiggle all over. For grades 3-7. Saturday, January 17, 1:00-2:30 p.m. Register online at www.fcpl.org or call 301-600-7212.

Preschool Power: Fairy Tales and Fables: An afternoon of fun for our preschool friends. Enjoy some favorite stories and then take an active role in acting them out. Tuesday, January 20, 1:30-2:15 p.m. Register online at www.fcpl.org or call 301-600-7212.

Snowmen at Night: Find out what snowmen do at night, then make your own snowman sock craft. Monday, January 26, at 1:00 p.m.; and January 27, at 6:30 p.m. Register online at www.fcpl.org or call 301-600-7212.

Free Job Assistance

Drop In Goodwill of Monocacy Valley and the Thurmont Regional Library partner to provide free job counseling every first and third Tuesday. Jobs Assistance

Packets are always available at the library during open hours. This community partnership was created to help place people in job situations. Thurmont Library Small Meeting Room: January 6 and January 20, between 3:00-5:00 p.m.

Volunteer Income Tax Assistance

Trained volunteers will provide free assistance in both the Thurmont and Emmitsburg Branch Libraries through the end of March. Through the IRS VITA program, median to low-income tax payers are able to access free tax preparation services for simple returns for individuals earning less than \$51,000 annually. January 31, Thurmont Small Meeting Room, 11:00 a.m.-4:00 p.m.; January 31, Emmitsburg Community Room, 12:30-4:00 p.m.

Favorite Books of 2014

It's cold outside, so why not snuggle in with a good book? Catch up on some 2014 favorites you might have missed, such as: *The Storied Life of A.J. Fikry* by Gabrielle Zevin. In this novel middle-aged A. J. Fikry lives alone, his bookstore is experiencing the worst sales in its history, and now his prized possession, a rare collection of Poe poems, has been stolen. But when a mysterious package appears at the bookstore, its unexpected arrival gives Fikry the chance to make his life over—and see everything anew.

Or, how about: *All the Light We Cannot See* by Anthony Doerr, a National Book Award Finalist. This *New York Times* bestseller is about a blind French girl and a German boy whose paths collide in occupied France, as both try to survive the devastation of World War II.

For more suggestions, stop in the branch and check out our Staff Picks shelf or go online and visit our Pinterest Board, "Your Next Book" at www.pinterest.com/fredcolibrary/your-next-book/.

Train Display

Visit the library lobby this month to see a special display of toy trains, including some antiques, courtesy of Jack Crawford. Pick up the printed informational sheets about the railroads of Frederick County, MD from 1870-1910, and enjoy our special wall signage, focusing on the Western Maryland Railroad and the Pennsylvania Railroad.

Holiday Closings: All Frederick County Public Libraries will be closed New Years Day, January 1; and Monday, January 19, in observance of Martin Luther King Day.

classifieds

Classified Advertising costs 40¢ per word with a minimum of \$10 for line listings. Services Classifieds are \$1 per word with a minimum of \$25. Photo Classifieds are \$20 per ad limited to 1" height. Email your written listing to news@thecatocinbanner.com. To pay by check, mail payment to: *The Catocin Banner* at 515B East Main Street, Emmitsburg, MD 21727; to pay by credit card, call 301-447-2804; to pay in person, stop by E Plus Copy Center in the lobby of Jubilee Grocery Store in Emmitsburg.

Wanted

WANTED: Any unwanted lawn mowers, tillers, snow blowers or yard items. Will pick up FREE! Call 301-271-4266.

WANTED: Antiques & Collectibles like crocks, jugs, postcards, photographs, advertising items, old signs, toys, trains (pre-1965), vintage jewelry (sterling & gold), antique furniture, guns, pottery, old holiday decorations, political items, hunting/fishing items, artwork, old dolls, etc. Will buy one item, collection, or entire estate. 301-514-2631.

DONATE YOUR CAR: All proceeds benefit the Catocin Pregnancy Center. 301-447-3391.

For Sale

FOR SALE: HULLED BLACK WALNUTS . 301-271-1915.

A Twin Size Platform Bed with 3 underneath drawers and Head Board with a small area for space, along with mattress. Excellent condition, \$200/OBO. 301-788 6417 or 301-788-4549.

2 NASCAR racing tires made into small tables with legs: 1st tire is an actual Dale Earnhardt Sr. tire with a glass top with a Dale Earnhardt Sr. silhouette face and the #3 engraved into the glass top; 2nd tire was run at Richmond in the mid '90s by Brett Bodine and the #26 team. This tire also has been made into a table with Dale Jarrett silhouette engraved into the glass along with the #18 (Joe Gibbs racing). Would prefer tires to be sold together. \$125/OBO. Call 301-271-4280.

2013 Hammerhead GTS150 Dune Buggy, 2 person, royal blue. Low miles, recent tune up. \$1,999/OBO. 301-271-1050.

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PIANO LESSONS: Experienced professional musician and certified public school teacher. All ages; Adults welcome. Located in Thurmont. Call or text Beth at 240-529-8108 or email bethkeys88@gmail.com.

Cuddles Cat Rescue has cats and kittens up for adoption. 301-606-0261, info@cuddlescatterescue.com.

For Rent

1st Floor Condo for rent in secure building in Thurmont. 2 bedrooms, 2 baths, w/d, garage, \$1250 per month plus utilities, security deposit required. Call 301-271-4811.

FOR RENT: Thurmont Senior Center for rent, evening and weekends. Call 301-271-7911.

APARTMENTS FOR RENT: One and Two bedrooms in the Cascade, Blue Ridge Summit area. Call Kelly Ash at 301-241-4726.

HALL RENTAL: Weddings, Banquets, Events of any kind. Call the American Legion at 301-271-4411.

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PART-TIME KITCHEN HELP. Grill cook with experience. Apply within. Palms Restaurant, 20 W. Main street, Emmitsburg.

Answer to Movie Trivia

Quote derives from the 1971 movie, *Dirty Harry*, starring Clint Eastwood.

Test Your Word Power
— Answers —

1. b	3. c	5. c	7. a
2. a	4. a	6. c	8. b

Play Our Games!

Go to page 5 to play our **Where Am I?** and **Hidden Object** games. You could win a gift certificate to one of our advertisers!

december

- 30....Post-Christmas Sale, Seton Center's Thrift Shop, 16840 South Seton Ave., Emmitsburg. (Runs through Jan. 10.)
- 31....New Years Eve, Thurmont American Legion, Thurmont. Open until 1:00 a.m. DJ and no cover charge. Please bring dish to share.

Happy New Year!


january

- 2.....Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 7:00 p.m. 717-794-5404.
- 3.....New Year Party, VFW Post 6658, Emmitsburg. 9:00 p.m.-1:00 a.m. Featuring DJ South Paw.
- 3.....Wagner Shoot, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 717-398-7492.
- 3.....New Year Party, VFW Post 6658, 12 W. Main St., Emmitsburg. 9:00 p.m.-1:00 a.m. DJ South Paw.
- 3.....Take-a-Tour Tuesday, Mother Seton School, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30-6:30 p.m. 301-447-3161. www.mothersetonschool.org.
- 4.....Cash Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 717-794-5404. \$25. Doors open 11:30 a.m.; Bingo 1:00 p.m.
- 4.....Stultz Fitness Open House, Fairfield, PA. 10:00 a.m.-1:00 p.m.
- 5.....Free Community Meal, Served with Grace, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 5:30-7:00 p.m. All are welcome. First Monday free community meals are held monthly; meals are canceled if Frederick County Public Schools are closed due to weather.
- 5.....A Service of Lessons and Carols, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 7:15-8:00 p.m. Bells of Grace Handbell Choir and hymn singing. All are welcome.
- 6.....Irish Women's Little Christmas, Shamrock Restaurant, 7701 Fitzgerald Rd., Rt 15, just outside of Thurmont. Enjoy live music, a special ladies menu, and complimentary corned beef. 301-271-2912.
- 7.....Catoctin Youth Lacrosse Registration, Thurmont Elementary School, 805 East Main St., Thurmont. 6:00-8:00 p.m.
- 9.....Mother Seton School Feast of Elizabeth Ann Seton Mass, National Shrine of St. Elizabeth Ann Seton Basilica. 10:15 a.m. 301-447-3161 or www.mothersetonschool.org.
- 9.....Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 7:00 p.m. 717-794-5404.
- 10....Oyster, Turkey and Country Ham Dinner (served buffet style), Lewistown Fire Hall, 11101 Hessong Bridge Rd., Thurmont. 12:00-5:00 p.m. \$17/Adults; \$7/ages 6-12. \$18/Carryout. 301-898-9988.
- 10....Meat Shoot, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 717-794-5404.
- 10....Super "Healthy" Saturday w/ Weight Loss Specialist, Susan Torborg, Fort Ritchie Community Center, Cascade, MD. 10:00 a.m.-noon. \$10 session (healthy lunch included). 717-642-5977.
- 10....Dance, Thurmont American Legion, Thurmont. Poverty Ridge Band (they are donating a Fender Electric Guitar to Scholarship fund; raffled off at dance). No advance tickets; only \$5.00 at door.

community calendar

- 11....Country Community Breakfast (buffet style), Our Lady of Mount Carmel Parish Center, Thurmont. 8:00 a.m.-1:00 p.m. \$7/Adults; \$3/ages 4-10; Free/ages 3 & under.
- 13....Mother Seton School Take-a-Tour Tuesday, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30 p.m.-6:30 p.m. Applications for 2015-2016 now being accepted. No need to pre-register. Denice Vaught 301-447-3161; dvaught@mothersetonschool.org.
- 14....Catoctin Youth Lacrosse Registration, Lewistown Elementary School, 11119 Hessong Bridge Rd., Thurmont. 6:00-8:00 p.m.
- 16....Emmitsburg Baseball & Softball League Registration, Vigilant Hose Co., W. Main St., Emmitsburg. 5:00-8:00 p.m. Tom Kelly 301-252-4471.
- 16....Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 7:00 p.m. 717-794-5404.
- 16,17. 2015 Catoctin Duals Wrestling Tournament, Catoctin High School, Thurmont. Doors open 3:00 p.m. Friday; 8:00 a.m. Saturday. Concessions available.
- 17....Emmitsburg Baseball & Softball League Registration, Vigilant Hose Co., W. Main St., Emmitsburg. 9:00 a.m.-noon. Tom Kelly 301-252-4471.
- 17....Week of Prayer for Christian Unity Worship Service, Graceham Moravian Church, 8231-A Rocky Ridge Rd., Thurmont. 11:00 a.m. Rev. Ken Powell preaching. Sponsored by the Thurmont Ministerium. Special music by Christ Lutheran Church of Baltimore; community pick-up choir directed by Jessica Bobb & soloist Dayna Lane. Those wishing to sing in the pick-up choir arrive at 9:45 a.m. Lunch following worship. Open to all. (Snow date: Jan. 24).
- 17....Art Clinic with Dorothea Barrick, Emmitsburg Community Center, 300A S. Seton Ave., Emmitsburg. (Fred. Co. Div. of Parks & Rec.) 9:30 a.m.-12:00 p.m. Instructive art clinics for any skill level. Each class will focus on different new techniques and mediums. All materials provided. Ages 14 and up. \$30/class. Register: 301-600-2936 or www.Recreator.com.
- 17....Thurmont Little League Five-week Winter Clinic. 8:30-10:00 a.m. Registration ends Jan. 16. \$40/player. www.eteamz.com/thurmont/.
- 17....Cash Bash and Dinner, Guardian Hose Co., Thurmont. Doors open 5:00 p.m.; dinner 6:00 p.m. Drawings every 15 minutes at 6:00 p.m. \$40/two people. Benefits 2015 CHS Safe and Sane. Cheryl Phelan 301-524-3106; Cindy Grimes 301-788-5354.
- 17....Ecumenical Celebration of the Word of God, Graceham Moravian Church, 8231A Rocky Ridge Rd., Thurmont. 11:00 a.m.
- 18....Free Family Movie Day at the Thurmont Legion, Thurmont. On the BIG screen, upstairs. *How to Train Your Dragon*. All ages welcome.
- 20....Mother Seton School Take-a-Tour Tuesday, 100 Creamery Rd., Emmitsburg. 10:00 a.m.-1:00 p.m. & 4:30 p.m.-6:30 p.m. Applications for 2015-2016 now being accepted. No need to pre-register. Denice Vaught 301-447-3161; dvaught@mothersetonschool.org.
- 20....Home School Heritage Day Open House, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD (Frederick Co. Div. of Parks & Rec.). 11:00 a.m.-3:00 p.m. \$5. 301-600-1650; www.rosehillmuseum.com; www.recreator.com.
- 24....Oyster Feed, Men's Auxiliary, VFW Post 6658, Emmitsburg. 4:00-7:00 p.m. Doors open 3:00 p.m.
- 24....Meat Shoot, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 717-794-5404.
- 24....DJ/Karaoke with Brian's Songs, VFW Post 6658, Emmitsburg. 8:00 p.m.-midnight.
- 24....6th Annual EBPA Rock n' Roll Relics Dance, Emmitsburg Vol. Amb. Co., 17701 Creamery Rd., Emmitsburg. \$15/ in Advance; \$20/at door. Sponsored by Emmitsburg Business and Professional Association (EBPA).
- 25....Mother Seton School HSA Spaghetti Dinner, 100 Creamery Rd., Emmitsburg. 12:00 p.m.-4:00 p.m. \$8/ages 11+; \$5/ages 3-10; Free/ages 2 & under. Tickets: 301-447-3161. www.mothersetonschool.org.
- 25....Mother Seton School Open House, 100 Creamery Rd., Emmitsburg. 1:00 p.m.-3:00 p.m. (Information Session at 1:30 p.m.) Enjoy a delicious hot meal before tour. Informational session 1:30 p.m. Denice Vaught 301-447-3161; dvaught@mothersetonschool.org for more info. or to RSVP.
- 26....Red Cross Blood Drive, Our Lady of Mount Carmel Church, 103 N. Church St., Thurmont. 2:00-7:30 p.m. Terry 301-271-7872 to schedule appt. or for more info. Walk-ins welcome.
- 26....Engineering Architecture, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD (Frederick Co. Div. of Parks & Rec.). 11:00 a.m.-3:00 p.m. Ages 5 and up. \$5. 301-600-2936 or www.Recreator.com.
- 27....Nurse Steve, Dept. of Aging, at Thurmont Senior Center, Thurmont. 10:30 a.m.
- 28....Catoctin Youth Lacrosse Registration, Thurmont Middle School, 408 East Main St., Thurmont. 6:00-8:00 p.m.
- 30....Bar Bingo, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. 7:00 p.m. 717-794-5404.
- 31....Wing Night, Vigilant Hose Co., Emmitsburg. Doors open 5:00 p.m. \$20/ person (include meal & beverages). Benefits 2015 CHS Safe and Sane. Cheryl Phelan 301-524-3106.
- 31....ACS Relay for Life Benefit Dance, American Legion, 8 Park Lane, Thurmont. Sponsored by the G.O.L.F. C.L.U.B. Team. Entertainment by Sticktime. 8:00 p.m.-midnight. Doors open 7:00 p.m. \$15/in advance; \$20/at door. Must be 21 year old to attend. Tickets on sale Jan. 2: Lisa Reed 240-315-5331 or Lynn Ott 301-447-3060.
- 31....Registration for Emmitsburg Baseball and Softball League, Vigilant Hose Company, West Main St., Emmitsburg. 9:00 a.m.-noon. Tom Kelly 301-252-4471 or email: tmkelly744@comcast.net.
- 31....Oyster Feed, Blue Ridge Sportsmen's Association, 3009 Waynesboro Pike, Fairfield, PA. \$30/person. Deadline for tickets Jan. 19. 717-794-5404.
- 31....Pot-luck Lunch, Thurmont Senior Center, Thurmont. 12:00 p.m. Bring a dish or pay \$5. Please call ahead if you plan to attend 301-271-7911.
- 31....Cupid's Creatives, Children's Museum of Rose Hill Manor Park, 1611 N. Market St., Frederick, MD. 1:00-3:00 p.m. \$5. 301-600-2936 or www.recreator.com.
- 14....Art Clinic with Dorothea Barrick, Emmitsburg Community Center, 300A S. Seton Ave., Emmitsburg. 9:30 a.m.-12:00 p.m. For any skill level. Focus on different new techniques & mediums. All materials provided. Ages 14 & up. \$30/class. Register: 301-600-2936 or www.Recreator.com.

february



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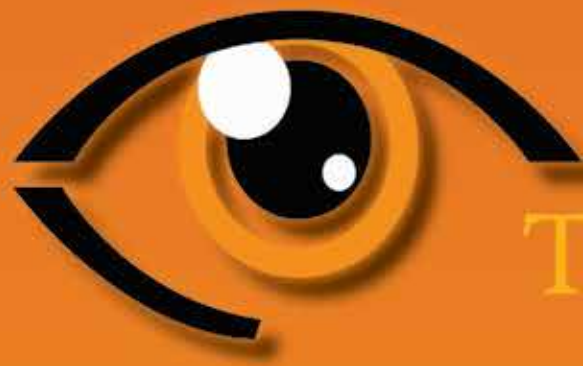


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