

Clean-up at the Creager House in Thurmont

(right)
Pictured in the back of Creager House from the left are Boy Scout Troop 270 Kyle Cover and Trevor Bostian.



Courtesy Photos



(left)
Pictured from the left at the front of Creager House cleaning the flower beds are Venturing Crew 270 Kelsey Stafford and Josh Bostian, and Boy Scout Troop 270 Rocco Patrick.

Boy Scout Troop 270 & Venturing Crew 270 Take the Swim Test

Courtesy Photo



Join Cub Scouting—Have an Adventure

by Kathleen Knill

For over fifty-five years, Cub Scouts have been in Thurmont having the time of their lives—making new friends and learning new skills in an environment designed to help young boys succeed. From building their own Pinewood Derby car to learning how to roast the perfect marshmallow at family campouts, your child will love being a Cub Scout. Give your son a valuable gift by encouraging him to join Cub Scouting today. The time you invest in him today will make a difference in the person he becomes tomorrow. If your son is going into the first through fifth grades (7-10 years old), then he can have fun with the Cub Scouts.

Cub Scout Pack 270's dens meet weekly or bi-weekly depending on the age of the Scout and the activities planned. The pack also meets monthly as a group, on the third Monday of each month.

For more information, visit our website at www.cubpack270.com or call Cubmaster Brian Seiss at 240-626-0789.

Make A Difference...

Share Your Good News in *The Catoctin Banner!*

■ Message Line 240-288-0108 ■ Fax 301-447-2946 ■ news@thecatocinbanner.com

A d v e r t i s e ! a d s @ t h e c a t o c t i n b a n n e r . c o m

Auto Insurance

Great coverage and superior service
(that's easy on your wallet)

Powell Insurance Agency

130 Frederick Road Suite B
Thurmont, MD 21788
www.powell-insurance.com

Joanne Patenaude
joanne@powell-insurance.com

Janice Fisher
janice@powell-insurance.com

Virginia Harne
virginia@powell-insurance.com

ERIE INSURANCE

Powell Insurance Agency

WWW.POWELL-INSURANCE.COM

the health jeanne

by Jeanne Angleberger, Shaklee Associate for a Healthier Life

There is a nutrient very important to building and repairing body tissue. You may have already guessed it. If "protein" is your answer, you are correct!

Yours truly recently attended a health class, where I learned a great deal about this nutrient.

Proteins fight infection and help to maintain skin elasticity. They regulate enzymes and hormones and are an energy source for the body.

Sources of protein are seafood, lean meat, poultry, eggs, beans and peas, soy products, nuts and seeds, milk products, grains, and some vegetables and fruits.

If possible, choose lower-fat protein foods. You can remove the skin from chicken and turkey and trim any visible fat from lean cuts of meat. Also, using egg white products instead of whole eggs can be an option.

Protein requirements vary according to age and gender. Men need more protein than women. The reference chart indicates a female over the age of nineteen should have 46 grams of protein daily. A man requires 56 grams daily.

Some sample protein amounts are: Cup of milk—8 grams; Eight ounce container of yogurt—11 grams; Cup of dry beans—16 grams; Three ounces of meat—21 grams. Everyone should be able to satisfy their daily protein amounts.

Check an online protein source to learn your specific grams based on gender and age.

Think about including a protein source when you're preparing the family dinner. Making the choice to be healthy is related to the food we eat! Nourish the body with the right foods!

GET YOUR QUALITY HAND-CRAFTED

Cabinets, Furniture, Hutches, China Cupboards, Dressers, Bookcases, Fireplace Mantels, Gun Cabinets & So Much More at..

REAVER'S WOODWORKING

Residential • Commercial
Licensed • Insured

BRIAN P. REAVER, SR.

Shop: 301-447-3386 • Fax: 301-447-1750



A Special Announcement from....

Thurmont Feed Store

HOURS MONDAY - FRIDAY: 8 AM - 4:30 PM
SATURDAY: 8 AM - 12 PM

36 Walnut Street - Thurmont, MD 21788 - 301.271.7321

If you plan to show & sell 4-H animals this fair season PLEASE register them with Thurmont Feed Store LLC! If they are raised on our feed, they will receive a premium on their sale price!

Good Luck 4-H'ers!
From your buddies at Thurmont Feed Store LLC



CRAIG'S Mower & Marine Service

WE FIX IT ALL... INCLUDING...

Mowers • Chain Saws • Tillers
Generators • Snow Blowers
Boats • Pontoons • Trailers
Inboards & Outboards

We have a variety of fishing & crabbing supplies! Check 'em out!

Get your Crab & Fishing License Here!

14736 A MUD COLLEGE ROAD • THURMONT, MD 21788 • 301-271-2196



ads@thecatocinbanner.com

Mike's AUTO BODY Collision & Restoration

YOU BEND 'EM & WE'LL MEND 'EM!

Call Mike's Auto Today!!
301-271-7626

Your friendly neighbors at Mike's Auto Body will help make your auto body repairs and restoration work a breeze!!

- Professional, courteous service from the office to the shop!
- **LIFETIME WARRANTY ON ALL REPAIRS**
- Complete Auto Body and Full-Time Restoration Services
- All Major Insurance Carriers Accepted
- Servicing Thurmont for over 20 Years
- 24-Hour Towing
- All Makes and Models
- Car Rentals Available On-Site

Please be safe...
DON'T TEXT AND DRIVE!
It's illegal & dangerous.



Conveniently Located on along Rt. 15 12917 Catoctin Furnace Rd., Thurmont, MD

L&S Furniture and Mattress Center

Family Owned & Operated

Mon • Tues • Thur 10-5 • Fri 10-7 • Sat 9-3

FREE DELIVERY!
*within 30 miles

CUSTOM UPHOLSTRY
in just 3 weeks!

Receive 5% OFF
Your purchase with this ad. Only valid through 06/30/2013

(717) 762-6939
www.lsfurniture.com

11778 Buckhorn Trail • East Windsor, PA
713 Church Street • Harrisburg, PA
(717) 630-2801

Nails by Anne

Excellence in Nail & Foot Care
Anne Scott

301-271-2247

Evening and Weekends Available

June Special
\$2.00 off Any Service

13 Water Street in Thurmont



www.bakertreeservices.com
MD Tree Expert Lic. #904 • ISA Cert # MA- 4258A

BAKER TREE SERVICES, INC.

Eric Baker - Owner

Thurmont, MD • 1.800.383.4595 • Licensed & Insured



DISCOVER VISA MasterCard



Blue Ridge Summit Library

Bordering on the Pennsylvania side of the Mason-Dixon Line is the Blue Ridge Summit Library. Once a railroad station for the Western Maryland Railroad, it now houses 26,000 volumes of books and reading materials. According to Nancy Bert, Branch Manager, the first library in the area was opened in 1922. The original library was housed in a room on the second floor of the Parish House of the Church of the Transfiguration. In 1957, the building was sold to the library by the owners of the railroad for the price of \$1.00, which included the plaza-parking lot across the street. Under the agreement, the property can only be used to house a library and cannot be sold. Instead, it reverts back to the original owners of the railroad. It is currently funded as branch of Waynesboro Library system.

The current building was completed in 1911 and retains its train station features; much of the wrap-around porch has been enclosed, allowing for more space inside. A rustic log-cabin outside the main building was once the library for the area, and the Blue Ridge Summit Garden Club maintains the landscaping and clean-up. Inside and next to a window facing the track, hangs a chalkboard once used for announcing train schedules. Framed pictures of times past line the library walls. From 1872 to 1957 it provided passenger service to Blue Ridge Summit, visitors arriving from or traveling to Baltimore and other large northern cities; many enjoyed the cool summer weather of the Pen Mar Amusement Park. Today, its rooms are filled with local children and adults finding adventure through a different medium: books.

Nancy Bert is the friendly, helpful face that greets you as you enter through the front door of the library. She has been with the library for thirty-five years, starting as a volunteer in 1975. She became the manager in 1992, and knows every book in the library. She loves books and people, a perfect combination for running a library. The children love her riddles and jokes. "If you drop a book, I'll need to call a 'toe' truck," is a favorite. One time she heard that a Pitt Bull was outside. Instead of a danger, the pet proved

to be gentle and playful. The owner's phone number was kept close in case it got out again. Another time, she saw a black bear run the full length of the porch before disappearing into the trees. She wants the library to be known as the Friendly Library, no shushes allowed. Children have a large floor area to read and play with puppets. Space is set aside for quiet study and places for lap tops. With inter-library access capabilities, she is able to help writers with research and collect books for teachers creating theme units, such as glaciers or animals.

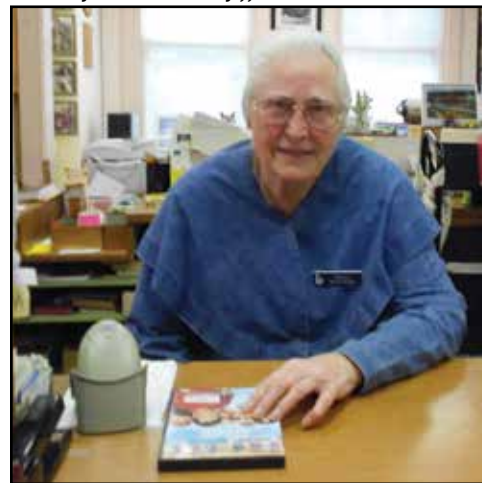
The library has two major fundraisers. The biggest event is coming up in July. The annual Ice Cream Social and Book Festival takes place on July 20, 2013, from 9:00 a.m.-3:00 p.m. Antietam Dairy is in charge of the ice cream. Hot dog stands, tables of bake goods and preserves, and thousands of books for sale fill the plaza across the street. Fire truck rides and a magician are part of the fun. This is a huge event with visitors from all over the states, and many local families plan reunions so they can enjoy the annual event. Last year, the library made an amazing \$10,000. Book donations are welcome any time. Volunteers are needed for help during the event and for clean-up. You can leave your number at the library at 717-794-2240. A Spring Fun Drive is the second major fundraiser, this year bringing in \$5,000. Wow!

The library is open Monday-Thursday, 3:00-8:00 p.m.; Saturday, 10:00 a.m.-2:00 p.m. Children's hour is on Saturday: 11:00 a.m.-Noon. It's not too early to sign up for the 2013 Summer Reading Program; registration begins on June 3. The first program begins on June 22 at 11:00 a.m.

Note:
Driving by the library for the first time, I followed a train making its way past the library along tracks paralleling the building. Traveling through a wooded area of pre-spring trees, the black engine, pulling a long line of boxcars, was a reminder of the cultural ties and historical connections between the railroad and the people of South Mountain.

Trains are destined for places we can only imagine in our minds. Their movements stimulate our

Photos by Ann Marie Bezayiff



(left) Nancy Bert, Branch Manager of the Blue Ridge Summit Library.

(below) The original train schedule board announcing incoming and outgoing trains. Schedules were handwritten. It now hangs in the back of the library overlooking the train tracks.

curiosity—where do they come from and where are they going? So, too, do the books lining the shelves of a library become a vehicle transporting us to other times and unknown places, tickling our curiosity and taking us to places beyond our experience and knowledge. Blue Ridge Summit Library, a train station turned library, traveling at its best.



Your Paper – Your News!
Send your community news and photographs to share with others.
• news@thecatocinbanner.com • 301-447-2946 fax •
• 301-447-2804 phone •

WILEY-X • RAY BAN, NIKE SPORT & OAKLEY
SPORTS REC SPECS FOR BOYS & GIRLS

FIND YOUR PERFECT FIT THIS SUMMER
2 East Main Street, Thurmont MD • www.thurmonteyecare.com

EXAMINATIONS for Glasses or Contact Lenses!
LASIK CONSULTATION Pre-Op & Post-Op LASIK Care
EMERGENCY EYE SERVICES 24 HR. Line 240.997.1181
Over 750 Frames to Choose From!
ALL EYE GLASS ADJUSTMENTS & REPAIRS

SUMMER SAVINGS!
ALL SUNGLASSES IN STOCK 20% OFF
EX. 06/30/13

FRIDAY NIGHT LIGHTS
JUNE 28, 2013 Live Music, Open Bar, Catered Food, Local Vendors, 50/50 Raffle, Door Prizes, and fun!
4 P.M. - 8 P.M.

301-271-0554 Mon. & Thurs. 10 am - 8 pm
Weds. - Closed • Tues. & Fri. - 9 am - 5 pm
Emergency Contact: 240-997-1181 Sat. - 8 am - 2 pm • Sunday - Closed

Friday Night Lights sponsored by Thurmont Eye Care

Arts & Entertainment



Arts & Entertainment is a place where you can express and share your creative side with the community, whether it be poetry, short stories, art, photography, and the like, we welcome you to send us your entries at news@thecatocinbanner.com. Let your creativity shine.

Photography

Photos submitted by Mary Davis, 16 years old & a junior at Fairfield High School. She has been doing photography since she was 12 years old. Check out her Facebook page: Mad Tree Photography, where you can see all of her work. She'd like to hear what you think.



An "Olaf Original"

by Francis Smith

Haiku originated as a three-line verse form with a syllable count of 5-7-5, used as a greeting among genteel Japanese men. The polite response consisted of two lines of 7 syllables each, called a Tonka. Typically, it was an interplay of clever repartee.

Here are a few samples; try your hand at repartee! Or compose your own Haiku.

Good morning, kind sir,
The robins are quite busy
Searching for breakfast.

On a summer's day
Bright blue sky and puffy clouds
Sudden thunderstorm

Ah so, the early bird, you see,
Is searching the foremost worm.

Soft the falling rain
Patters on the window pane
Waters God's garden

Such a pretty day
Out of the bright blue sky
Rain falls suddenly

On a day like this
Visiting Long Green Valley
Hailstones like marbles

Stark the springtime storm
Lightning sparkles, crashes loud
In thunder God speaks

Book Signing: Catoctin Furnace Historical Society, Inc. is holding a book signing event of Elizabeth Yourtee Anderson's book *Catoctin Furnace: Portrait of an Iron-Making Village* at Barnes & Noble at the Francis Scott Key Mall, located at 5500 Buckeystown Pike, Frederick, Maryland, on Saturday, June 22, 2013, from 1:00-3:00 p.m.

Gift of Change

by Helen Ramsey

Change and excitement live down by the shore
open to the sounds of the sea,
romping the beach and rolling the floor
of mighty ocean - now free to
investigate silence in nook and in cove,
vigorous action of tides moving in -
ecstatically carried from deep end to shallow
with sea weed and sea shells where new lives begin.
Silence and quiet exalt atmosphere
True - self and Spirit unite,
human retreats in order to learn
to grow in the Spirit - that Light
Anchor me in the waters of your Spirit
cleansed in your wake I shall shine,
Life will fulfill with peace and good-will
True - self plus Spirit - "quasi divine!"

(Helen Ramsey is from Damascus, Oregon. She received and enjoyed poems from The Catoctin Banner, sent to her by her nephew. She has been writing all her life. She is now 93 years old and still loves contributing and wanted to contribute to The Catoctin Banner.)

Beloved

by Helen Ramsey

Wrapped in the debt of gratitude
we sail into life, build false-self
within and think we're God's gift
to the world. Years pass before
we reflect on why we are here.
Most see life accidental,
belonging to each
who deserves his own space.
The journey is unconditional acceptance of others.
A time arrives to "let go" and "let God"
Our reason for being
is love and thanksgiving
we plot our course with the Lord -
source of true-life
and true living.

Sunday & Monday

Bingo

Doors Open at 5 PM
Games Begin at 7 PM

\$1000 Jackpot • \$500 Jr. Jackpot
Regular games pay \$100
Winner-Take-All • (2) 50/50's • U-Pik-Em
Smokeless • Refreshments Available

Bring this ad in for a FREE JACKPOT!

The Holiday Bonanza Goes Off - June 9 & July 1

Beth Sholom Community Center
1011 N. Market St. | Frederick, MD | 21701
301-663-0267 • www.bethsholomfrederick.org

We reserve the right to reduce payouts if fewer than 100 players.

New Book Tells Story of the Second Invasion of Gettysburg

In 1865, more than 165,000 soldiers fought—and tens of thousands died—on the battlefield of Gettysburg, Pennsylvania. Many historians consider this the turning point of the Civil War.

As the years passed, the surviving veterans grew older and passed away. The remaining veterans were in their 70's. As the 50th anniversary of the Civil War approached, it became apparent that if the country intended to honor its veterans, this would be the last chance to thank many of them.

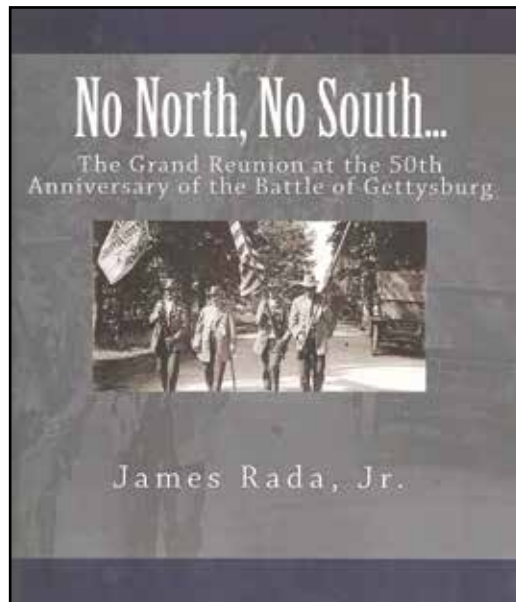
In the early years of the 20th Century, plans began forming for a Grand Reunion in Gettysburg for the 50th anniversary of the battle. More than 54,000 Civil War veterans, plus tens of thousands of spectators, family, visitors, and journalists, descended on Gettysburg in 1913. The veterans stayed in a tent city on the battlefield, as they remembered the great battle fought there.

James Rada, Jr., has written the story of the greatest reunion of Civil War veterans that was ever held. *No North, No South... The Grand Reunion at the 50th Anniversary of the Battle of Gettysburg* is the story of the reunion and the Union and Confederate veterans who came together there to remember their service to country and celebrate renewed friendships.

"I actually started out writing a very different book, but once I stumbled into the veteran stories from this reunion, my focus became more and more on the 1913 50th anniversary," Rada said.

No North, No South... contains more than 120 black and white photographs from the 1913 reunion, which was called "The Grand Reunion." The pictures, along with the stories from the event, gives readers a sense of what it was like to be part of the greatest reunion of Civil War veterans that there ever was.

James Rada, Jr. is an award-winning writer who *Midwest Book Review* called "a writer of



The cover of James Rada, Jr.'s new book, which tells the story of the second invasion of Gettysburg.

considerable and deftly expressed storytelling talent." Small Press Bookwatch said that Rada's last book, *Saving Shallmar: Christmas Spirit in a Coal Town* was "highly recommended." He has two dozen writing awards from the Associated Press, Society of Professional Journalists, Maryland-Delaware-DC Press Association, Maryland State Teachers Association, and Utah Ad Federation.

Rada is the author of four historical fiction novels and five non-fiction history books. His articles have been published in magazines like *The History Channel Magazine* and *Boy's Life and Allegany Magazine*. He also writes four local history columns for the *Cumberland Times-News*, the *Gettysburg Times*, the *Chambersburg Public Opinion* and *The Catoctin Banner*.

No North, No South... The Grand Reunion at the 50th Anniversary of the Battle of Gettysburg retails for \$17.95 and is available at local bookstores, online retailers, and ebookstores. For more information about James Rada's books, visit his website at jamesrada.com.

Emmitsburg Auction Service
17319 N. Seton Ave.
Emmitsburg, MD 21727

COMPLETE AUCTION SERVICES

Real Estate • Estates
Old Toys • Antiques
Household • Coins
Guns • Vehicles

AUCTIONS EVERY SUNDAY @ 10:00 A.M.

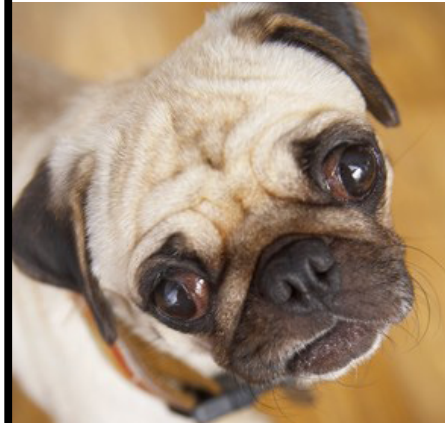
Call us at 301.447.2300
Bruce & Barb May, Prop.

Happy Father's Day!



—from all of us at
The Catoctin Banner

Looking For Someone Who Cares?



CLC Pet Sitting

Care, Loving, Concern

In the comfort of your home
Days/Overnight/Vacation

Bonded & Insured / VISA & Master Card Accepted

Recommended by Catoctin Veterinary Clinic

Cindy L. Colburn

240-288-8279
301-524-0004

CATOCTIN MOUNTAIN SPA & TUB

• Spas & Accessories
• We Service all makes & models
• Spa Chemicals with FREE DELIVERY!

Great NEW Tubs... at GREAT Prices!

CALL US TODAY! 301.271.4704

14135 Graceham Rd., Thurmont, MD

HOBBS' HARDWARE

3 Cu. Ft. of MULCH Just \$3.99

Full Line of Stones, Soils & Mulch

Flowers & Vegetables IN STOCK!

Fishing Supplies & Licenses SOLD HERE!

Stop into Hobbs' for quality colors from Glidden

Call-301-271-2233

OPEN 7 DAYS A WEEK

15 East Main Street
Thurmont, Maryland
(ACROSS FROM PNC BANK)

BETTER REAL ESTATE INFORMATION.
BETTER REAL ESTATE DECISIONS.

THE LONG & FOSTER MARKETMINUTE

Looking for current statistics on our local market? Check out the L&F Market Minute on my website.

Kimberly Clever, Realtor
(C) 443.604.4162 (O) 301.694.8000
kimberly.clever@longandfoster.com
www.kimberlyclever.lnf.com

Grocery Delivery

www.Frederick Maryland Grocery Delivery.com
240-347-1417

Computer Repair

www.Frederick Maryland Computer Repair.com
240-818-6124

STONE WORX

Locally Owned
SPECIALIZING IN STONE VENEER FOR
FIREPLACES, HOUSE FRONTS, FOUNDATIONS, AND CHIMNEYS

443-536-5902

ALL TYPES OF FLAGSTONE WORK FOR WALKS, PATIOS & PORCHES

Quality Craftsmanship
New Construction & Remodeling

MELISSA M. WETZEL CPA, P.C.

Certified Public Accountant

Individual and Business Tax Returns, Consulting, Payroll Services, & Notary



301-447-3797 Fax 301-447-3755
301 West Main St. • PO Box 990
Emmitsburg, MD 21727

looking back — 1969

Graceham Post Office Sends its Last Letter

by James Rada, Jr.

As September of 1969 drew to an end, business at the little Graceham Post Office picked up. The post office was closing, and Postmaster Mildred Grushon was canceling stamps on stacks of letters and postcards from all over the United States. Collectors wanted a postmark from a post office that would soon no longer exist.

Grushon had served as the Graceham postmaster since June 1942, but she had decided to retire on the advice of her doctor.

“Being postmaster isn’t just working during the hours you see posted on the door (7:30 a.m.-12:30 p.m. and 3:00-6:00 p.m.). My days used to start at 5:30 a.m., when I slung the mailbag onto the mail crane, and, as the train whizzed by, the outgoing mail was exchanged for the incoming mail, which had to be sorted and put in the boxes. There’s lots of midnight oil burned too, bookwork, you know. Sometimes I don’t get out of this office until 12 midnight,” Grushon told the

Catoctin Enterprise.

Grushon had led a notable career in the USPS. She was the first Postmaster to ask for, and receive, permission to write money orders on Saturday morning, according to the Catoctin Enterprise. She also was third in the nation for “Postmaster of the Year” for the extra services she offered her customers, according to the Frederick Post.

In one instance, a foul-up in newspaper delivery caused the newspapers going to Graceham residents to be delivered somewhere else. Grushon decided to get the newspapers and deliver them herself.

One Christmas morning, a letter arrived for the Frank Lawson family from their son Michael, who was fighting in the Vietnam War.

“I knew they hadn’t heard from him for quite a while and were quite worried, so I called them on the phone and told them they had a letter from Mike, and almost before I hung up the phone, Mr. Lawson was at

the door for the letter,” Grushon told the Catoctin Enterprise.

In one humorous instance, Grushon went to receive the daily mailbag of incoming mail that was dropped off on the mail hook by a Western Maryland Railroad train.

“One day I saw them smiling as they slung the bag on the crane; I picked up the bag and a live rabbit jumped out,” Grushon told the Frederick Post.

The 64-year-old Grushon didn’t work alone in the pink post office. Assistant Postmaster Lorraine Boller and part-time employee Judy Hatfield helped Grushon make sure that Graceham’s mail got delivered in a timely manner. However, the U.S. Postal Service had decided to use the occasion of Grushon’s retirement on September 19 as a reason to close the small rural post office. It was part of a national trend to consolidate post

offices and expand rural delivery routes.

“I personally feel bad about leaving the community without a post office, but I don’t feel I should jeopardize my own health. I have enjoyed every day; this is the most fascinating work you can get into,” Grushon told the Catoctin Enterprise.

Graceham residents would be served by a rural delivery route out of Thurmont’s post office. This also meant that the residents would have to notify newspapers, magazines, friends, and family of a change to their addresses.

Photo Courtesy of Tim Bentz



The Grushon home with the post office addition on the left.

A d v e r t i s e ! a d s @ t h e c a t o c t i n b a n n e r . c o m

Stuck?
**You may be addicted to...
 sugar!**

STOP!
Lose the Weight!

**Lose 20 Pounds in 13 Weeks
 Guaranteed!**

**Susan Terberg has the
 simple plan that will help!**

- Weight Loss and Green Living Consultant
- Certified Fitness Instructor & Personal Trainer
- Holds a Degree in Exercise Science

Call 717-642-5977

www.TaylorSellsMaryland.com

123 Bosc Ct., Thurmont, MD - \$369,900

4 bedrooms
 3.5 baths
 Pristine condition,
 3 finished levels.
 Located on a private
 cul-de-sac,
 pool, fenced yard,
 spacious kitchen
 Open layout.

*Give me a call for your
 personal tour!*

**YOUR
 LOCAL REALTOR**

Taylor Lawyer
 Realtor, SFR

M (240) 315-8133 O (301) 694-8000
 Taylor@TaylorSellsMaryland.com
 www.TaylorSellsMaryland.com

Long & Foster Real Estate, Inc.
 5301 Buckeystown Pike • Frederick, MD 21704
 Giving each and every client 120% - everytime.

Tom's Creek
UNITED METHODIST CHURCH
FESTIVAL

SATURDAY, JULY 13, 2013
10:00 AM TO 5:00 PM

Silent & Live Auction
Farmer's Market - Laser Tag
Baby Contest - Live Music
Vendor Booths - Dunking Booth
Bull Riding w/ Picture
Wagon Rides - Pony Rides
Moon Bounce - Horseshoes
Hay & Tractor Climb
Barrel Train Kiddie Ride
& Much More!

HOME-COOKED FOOD MENU

Crab Cakes
BBQ Chicken Platters & Pit Beef
Hamburgers & Hotdogs
Snow Cones, Pie & Ice Cream!

BRING THE ENTIRE FAMILY FOR A GREAT TIME!

AT THE 'PROMISED LAND' ON RT. 140
JUST EAST OF EMMITSBURG
www.TomsCreekUMC.org



Indian Lookout Conservation Club
17107 Riffle Road Emmitsburg, MD
301-447-2568

3D Target Shoots
Every Thursday Night
Starting April 18 - September 6
Registration 5 p.m. - Dusk
\$5.00/Adults • FREE/ 12 & Under (with attending adult)
A variety of 3-D targets.

Connecting God & Community
Christ's Community Church

JOIN US TO CELEBRATE...
Friends, Family & Fun
in the Emmitsburg Community Park!

June 7, 2013
5:00 pm - 8:00 p.m.

Bring a covered dish to share, board games, and outside play equipment!

Services on Sundays at 10:30 a.m. and Wednesdays at 7:00 p.m.

303 West Lincoln Ave., Emmitsburg, MD 21727
Next to the Town Pool (P) 717-642-9955
www.cccemmitsburg.org
(Email) cccemmitsburg@gmail.com




Class of 2013
Congratulations Graduate
Heather Gray



Carol Abraham Gray is proud to announce that her daughter, Heather, received a Bachelor of Arts degree in Sociology from Frostburg State University on May 18, 2013. At FSU, Heather played Varsity Field Hockey four years and served as Captain her Senior year. She also served as Captain of The Relay for Life. She made Dean's List and graduated with a 3.0. Heather will continue her fourth year with the Baltimore Field Hockey Assoc. and will serve as a Volunteer Coach with Catoctin High School Field Hockey. She has been accepted to McDaniel College where she will pursue a Masters degree in Human Resources Management this Fall.

Class of 2013
Congratulations Graduate
Nick Tester



Very proud parents, Michele & Mike Tester, would like to congratulate their son, Nick Tester, on his graduation from Catoctin High School on June 5, 2013, as well as on his ambitious and honorable future goals.

A goal since he was in the 4th grade, Nick has enlisted in the U.S. Marine Corps Reserve and will leave this summer for Boot Camp. He has also been accepted and will attend the University of North Carolina at Wilmington (UNCW) in the Fall of 2014, following his Boot Camp and Marine training.

LOOKING FOR SOMETHING FUN TO DO THIS SUMMER?

Now enrolling for Summer!

QUALITY CHILDCARE * AFFORDABLE RATES * FLEXIBLE SCHEDULES

18 months to 12 years • **Nature Walks**
Full & Part Time Schedules Preschool Curriculum
Field Trips • Activities • Arts & Crafts
Nutritious Breakfast, Lunch & Snacks (No Extra Cost) • **Swimming**
Outdoor Adventures • Special Center Events • Story Time
Educational Curriculum • **Sprinkler Fun**

ENROLL NOW & RECEIVE YOUR FIRST WEEK'S OF TUITION FREE*

Emmitsburg Early Learning Center
16840 S. Seton Ave., Emmitsburg, MD 21727
(301)447-6100 • www.luvyourkids.net • Proud to be a 501(3)(c) Non Profit Agency!






130 Frederick Road, Suite C • Thurmont, MD 21788 • 301-271-0077

**Get ready for summer
...enough said!**



FREE SUMMER ENROLLMENT

Limited to the first 20 new members in June!

Based on Annual Contract.
CALL FOR DETAILS.

Patronize the Advertisers in *The Catoctin Banner!*

For Parents

3 important things
to help keep alcohol out of the hands of kids:

- ① Refuse to purchase alcohol for people under 21.
- ② Refuse to provide alcohol or allow individuals under 21 to drink alcohol in your home or on your property.
- ③ Clearly communicate your rules and consequences regarding underage alcohol use. Stick to them.

Sponsored by:

- Frederick County Health Department
- The Asian American Center of Frederick
- The Frederick County Alcohol Prevention Initiative (FC-API) Coalition

www.faceproject.org ©2009 FACE. All rights reserved.



fitness matters

Expert Answers to your Health and Wellness Questions

by George Puvel, Anytime Fitness Owner

Question: How do you manage healthy eating while on vacation?

Answer: There's no doubt that eating healthy can be very tricky when you're on vacation. Whether you're short on time or you want to experience all of the different foods available, it can be difficult to stick to a particular diet plan. And you may not be as familiar with the local foods, so knowing how nutritious they are becomes a real challenge. If you're traveling by car, you can certainly bring your own snacks for the ride. This may help you avoid the need to pick up costly convenience foods. If you're traveling by plane, asking the flight attendant for low-fat or heart-healthy options can also help. It might be wise to book hotel rooms that have kitchenettes, and if that's the case, you can always visit the local grocery store to get some fresh fruits and vegetables and other healthful items. And if the hotel has a continental breakfast, you can try to fill up on fruits or yogurt before you head out on the town. Be sure to visit sit-down restaurants instead of fast food establishments, since servers are generally better equipped to educate you about the food they're serving. But in the end, just do the best you can, and remember that you're on vacation. If you do deviate from your normal eating habits, just be sure to get back on track once you return home.

Question: Is it alright to start an exercise program at the age of 50, and if so, what types of exercise would be advisable?

Answer: First of all, it's clear that individuals may need to do different exercises depending on their activity levels and overall health. And the sooner you start exercising, the more beneficial it will be in the long run. Being active can increase bone strength, improve cardiovascular function, and prevent numerous chronic diseases. Structured exercise can also increase mobility and stability, which can help prevent falls as you age. If you're just beginning a workout program, it's important to start slow and begin with the basics. It is also important

to listen to your body. If you start to sense physical pain, make sure to stop immediately. And don't forget to do a proper warm up and cool down. Keep in mind, it will take older individuals a bit longer to recover between workouts. As a result, light to moderate intensities are recommended. I would advise resistance training 2-3 times a week, along with some basic aerobic exercise as well. Walking and jogging are certainly reasonable exercise options, but swimming and biking will put less stress on the joints. In the end, it may be best to speak with a personal trainer so that he/she can create a customized workout program for you.

Question: I have trouble remembering to stretch after my workouts. Is it really that important, and if so, what am I missing by not doing it regularly?

Answer: Yes, stretching is a very important part of an overall fitness routine. In fact, it's just as important as strength training and cardiovascular conditioning, though many individuals don't adhere to a regular program like they do with these other forms of exercise. Stretching offers numerous benefits, including injury prevention, an increased efficiency of movement and improved blood flow and nutrient delivery to the joints. It also improves muscle coordination, overall balance and postural alignment. It can even help to alleviate muscle soreness and stress after a workout. These are pretty impressive results for just a few minutes of relaxation. Unfortunately, people always seem to be crunched for time, and stretching is usually the first thing to go. In order to make it a consistent part of your training regimen, you need plan for it. Reserve the last ten minutes of your session for stretching, and try not to let your schedule get in the way. After all, you wouldn't normally cut your lifting or cardio sessions short, would you?

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

Looking for Something Fun to Do?

Check the Community Calendar

Reference the **Community Calendar** on page 39 to view the calendar for events of interest, including bingos, breakfasts, dinners, programs, benefits, dances, shows, library programs, and much more!

Graceham Volunteer Fire Company Holds Annual Banquet

Photos by Mark Spalding

The Annual Graceham Volunteer Fire Department Awards Banquet was held April 27, 2013, at the fire house in Graceham. Master of Ceremonies was Brian Boller. The invocation was given by Pastor Sue Koenig. Certificates of Appreciation were presented to Amy Morgan, Bill Morgan, Scott Willard, Kelli Willard, Katie Miller, Matt McKeel, and Sterling Seiss. The President's Award was presented by Chief Jim Kilby, to Brian Boller. Special recognition was given to Bill Wachter, who was presented with a watch to celebrate his support of the Company and his retirement from his business, Bill's Auto Body, Inc. Outstanding Service Award was presented to Jim Kilby.

Appreciation was extended to Mr. & Mrs. Beard and Pastor Sue Koenig. Hall of Fame Inductees were Lester "Sonny" Sovocool, Jr. and Kenneth "Doc" Simmers, Sr. The late Meade Eyer was remembered during a Memorial Service led by Pastor Sue Koenig of Graceham Moravian Church.

2013 Administrative Officers are: Brian Boller, President; B. Scott Willard, Vice President; Kelli Willard, Secretary; A. Katie Miller, Assistant Secretary; Sterling Seiss, Treasurer; Jim Kilby, Assistant Treasurer. Board of Directors are: Kenneth "Doc" Simmers, Sr.; Anthony Weddle; Sterling Seiss; George "Junebug" Morningstar; Robert Morgan; and William Morgan. Operational Officers are: Jim Kilby, Chief; James Coyle, Sergeant; and B. Scott Willard, Sergeant.



2013 Graceham Volunteer Fire Company Officers are sworn in during the Annual Graceham Volunteer Fire Company's Award Banquet on April 27, 2013.



(left) Jim Kilby is shown presenting the President's Award to Brian Boller (pictured on right).



(below) Bill Wachter (pictured on left) is presented a watch by Jim Kilby for his service and contributions to the Company.

"By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong."
 ~ Charles Wadsworth

Earn cash when you SPEND. **Earn cash when you SAVE.**



Stellar Checking
 WITH *Smart Rewards*

A BETTER-THAN-FREE CHECKING ACCOUNT
 No minimum daily balance Annual Loyalty Reward
 No monthly service fee FREE Mobile Deposit

To open your account, visit us:

Smithsburg Branch 22940 Jefferson Boulevard Smithsburg, MD 301.824.2071	Rouzerville Branch 12875 Washington Township Blvd. Waynesboro, PA 717.762.0273
---	--





Gateway Printing, Inc. has been offering quality printing to the area since 1982. We specialize in providing printing and related communication services to individuals and companies through out the tri-state area. Gateway Printing provides a range of graphical services, including one to four color conventional printing, prepress, finishing, and direct mail.

Call Us Today For Your Free Quote!

Brochures	Wedding Invitations
Newsletters	Rubber Stamps
Books	Black & White Copies
Letterhead	Color Copies
Envelopes	Fax Service
Business Cards	Full Bindery Service
Flyers	Mailing Service
Labels	Graphic Design
Carbonless Forms	And So Much More!

603 East Main Street
 Thurmont, MD 21788
 301.271.4685 Ph
 301.271.3634 Fx
 mail@gateprint.com
 www.gateprint.com

Full Service Commercial Printer

our neighborhood veterans

by Jim Houck, Jr.

U.S. Army E 7 Rocky Allen Henemyer

Born on Father's Day, June 16, 1957, in Wabash, Indiana, was a baby boy whose father was a huge fan of western movies (cowboy shows); therefore, he named the baby Rocky Allen after a cowboy star.

Rocky's father passed away when Rocky was very young, and his mother (Caroline) remarried a man named Lennie Rose. Lennie became Rocky's father in every way, and together, Lennie and Rocky's mother raised him.

Rocky spent his entire youth in Wabash; in 1975, he graduated from Wabash High School. While in high school, he played tennis and helped out with some of the school plays as a behind-the-scenes guy. He worked the curtains and moved scenery around and helped with the lighting. While still in high school, he worked at a gas station to help pay for a 1963 Ford Falcon Future, his first car. Rocky got hired on as summer help at the metal foundry and helped make water valves and water piping parts during his junior and senior year in high school. He was active in Boy Scouts, becoming an Eagle Scout when he was 17 years old, as well as an Arrow Scout. He was in love with the outdoors and camping, was into motorcycles, and loved fishing and hunting.

At 17 years of age, Rocky got a job at the factory where his dad worked, and where his grandfather worked after he retired from the Fire Department. Rocky still worked for the foundry for a year after graduating high school. He was then accepted at Indiana University at Bloomington, Indiana. He took classes, but he really didn't know what he wanted to do, so he ended up majoring in "fun," because he had lost focus for a time. He graduated in 1981 from Kelly School of Business, but was definitely not on the Dean's list.

Jobs were tight, so Rocky ended up going to Arizona, where he got a job with Bell Telephone and Mountain Bell. He did that for a couple of years, but kept getting laid off. This was at the time that Bell and AT&T were splitting. He got laid off for the third time, ultimately getting called back again. He just wasn't sure he could survive another layoff. So, he went by a recruiter's office. He had an uncle that was in the Army in WWII, and his birth father was in the Army in the Korean War. He said he didn't know

what he was thinking, but he didn't even talk to anyone else but the Army recruiter. They told him they had a program where he could basically take a leave of absence from work and could keep crew seniority.

Rocky signed up for the Army for four years. He planned to save enough money to go back to college and earn a Master's Degree, desiring to get serious about education, and eventually, to go back to work for Bell Telephone.

The date of Rocky's enlistment was December 1982, and he reported for basic training in April 1983. He did his basic training at Fort Dix, New Jersey. When he finished at Fort Dix, he did his advanced training at Fort Sam in Houston, Texas, where he took a medical linguistic course and graduated from that course with distinguished honors. Rocky didn't have placement after graduating and was sent to Walter Reed, which was a flagship from the Army Medical System at that time; this was his first duty assignment upon graduating from basic training. When he got there, he liked it but didn't care for the big city, originating from a small town of 15,000 people. Rocky was stationed at Walter Reed, and he liked the job. However, he was doing property management, and he didn't really care for that part of the medical linguistics, so he put himself on levy to go to Korea, figuring he would get to see the world. Rocky always liked to travel but didn't get to travel when he was a kid, so he signed up to go to Korea. This was unusual, because most people were trying to get out of going to Korea, and here Rocky was trying to get out of Walter Reed to go to Korea.

Rocky met his wife-to-be, Denyse, in Washington D.C. At that time, she was working at American Indian National Bank, a minority bank. Denyse's father was in charge of the Department of Indian affairs at that time and her mother worked for the Department of Education. Rocky and Denyse started dating and, wouldn't you know it, he came up on assignment; he now didn't want to go. He was assigned to Tripler Army Medical Center in Honolulu, Hawaii. He had wanted to be assigned to Korea. Rocky asked Denyse if she would marry him and go to Hawaii with him for a four-year honeymoon. Denyse said yes, and they married on November 10, 1984, at Isleta Pueblo,

New Mexico, on The U.S. Marine Corps Birthday, (Rocky's father-in-law was a former Marine, a sniper in Vietnam). They left for Hawaii in December 1984, and that is where both children were born: Melissa Henemyer was born on August 7, 1885; Matthew Henemyer was born on March 21, 1988.

Rocky was fast tracking at that time and was promoted to E-5 in less than three years. He was selected as NCO of the quarter. He had actually competed as a specialist, and at first, they didn't know what to do with him—since he won the award and came out on the promotion list—so that was when they gave him the NCO of the quarter award.

Bell wanted an answer as to whether Rocky was returning to work for them. This came at the four-year mark, and Rocky still had a year left on the Hawaii tour. Rocky was surprised when they went ahead and held his job for him for another year. He had to make a decision at the end of his Hawaii tour, but knowing he was promotable then, Rocky signed on for four more years.

The family waited until their son was old enough to fly and left Hawaii in the spring of 1988. Rocky got to choose where he wanted to be stationed, because it was his first enlistment. He chose Fort Meade, Maryland, so his wife could be back around her family. He was assigned to the 85th Medical Battalion at Fort Meade. He was in the 702nd Medical Clearing Company and made E-7 Staff Sergeant shortly after arriving at Fort Meade. While at Fort Meade, he decided to go to air-borne school, since the unit he was in fell under 18th air-borne corps and they had jump slots open.

At that time, Rocky was on a few missions to Honduras with the unit. He was in that unit for two years and then moved over to the Hospital at Fort Meade and took over as NYNCO Medical Logistics at the warehouse. One of the areas he was responsible for was site R, and it was during that time at Fort Meade when Desert Storm kicked off. He tried to go back to his other unit, because they got deployed; yet, they pulled another soldier from the Hospital instead. Rocky was already on call to go to Korea, so they figured they were going to lose him anyway and just shuffled him off to the unit. Rocky was being deployed to Canton, Ohio, so he joined up with them on his wife's birthday in 1990. He then deployed to Saudi Arabia on the border of Iraq and was there a little over six months during the first Gulf War.

Prior to that, Rocky had enlisted again to go to Japan and had an



assignment to Camp Zamia. During the war, they canceled everyone's orders, so he ended up returning to Fort Meade, losing his dream assignment to Japan. Rocky was there for less than four months when he received orders for Germany. They sent him to Germany on his wife's birthday in 1991, and because it was a short notice from when he got the assignment until he had to report, he couldn't get concurrent travel. The family didn't actually join Rocky until Easter of 1992. In Germany, he was assigned to 7th Medical Command under General Staff under medical supply and his job was related to draw down. While in Germany, Rocky helped draw down eleven hospitals to five. His job had him traveling to different medical facilities that the Army had in Europe, doing inspections and site existence visits, and draw downs of the hospitals as they turned them back over to the Germans. Rocky considered that a fun assignment, because he got to see a lot of Europe on Uncle Sam's dime. His family really enjoyed that, even though they were a little disappointed they didn't get to go to Japan; but, once they got to Germany, they had a good time. Rocky was able to pick the places for inspection, so he could schedule the family sight-seeing tours. While they were there they managed to visit Czechoslovakia, Italy, France, England, Poland, Switzerland, Austria, and all of Germany.

Rocky and his family had a great time while stationed in Germany, and he thinks that is how his daughter got such an interest in history. That tour of duty lasted four years. While Rocky was there, the 7th deactivated and became the European Regional Medical Command and the 30th Medical Brigade, and he was reassigned to the 30th Medical Brigade. It was a General Staff and Brigadier General Brady was First Commander. Rocky's Boss became the Chief of Staff for the new unit.

Our Neighborhood Veterans—Continued from page 30

At the end of that four years, Rocky's Boss was talking to him about a Medical Logistics intern program that was at Fort Detrick, Maryland, that they had recently opened up to NCO's. Before that, it was a course for Junior Midgrade Officers, Captains, and Majors. Rocky was in the second or third class after they opened it up for NCO's. His boss recommended him for the course, so he applied. The way Rocky saw it was that if he was accepted he would take the assignment. If he was not accepted, he would stay in Germany, because he loved Germany. He got accepted and was assigned to Fort Detrick in December of 1995. He was in the internship from January to June—a six month program—and it basically taught him everything, from Battalion Level Medical logistics all the way up through Strategic Level Logistics (except for DLA Level). He also went through a contracting course at Fort Lee, Virginia.

Rocky got his first level in the contracting program and went through a facilities management course. He went all over Europe again, back to the depot. What he learned was how the transportation system worked and how the civilian sector practiced logistics, warehousing, and operations, and how the military did it. They kept kind of a big high level view of things. When Rocky graduated from that course, he got a utilization tour where he had to apply what he had learned. While he was in Germany, Rocky always had an interest in their Medical Logistics systems; he would hang around with the system guys and actually learned quite a bit. While

he was there, he got selected to help with the fielding. They converted the Army Depot in Europe from a system called Sails to a new system—a Medilog system. When he graduated from the internship program at Fort Detrick, they tracked him into Medical Logistics information systems and he got put on a new program called Defense Medical and Standard Support.

Rocky was at Fort Detrick in uniform from 1996 until 2000, and had various jobs defining the new system for medical supply. He ran the service help desk for the system that they were fielding, and had five civilians working for him.

Rocky finally came down on assignment for Korea and reported to the 16th Medlog Battalion, which was a Depot Level operation that took care of the Pacific. He was the accountable officer for a while, in between officers; the rest of the time he was chief of medical logistics and supervised eight Korean Nationals and twenty to thirty military who worked in the warehouse for him. Rocky did that from 2000-2001.

When 9/11 happened, Rocky was in Korea. There was a big change in how everything operated on the peninsula from pre-9/11 to post-9/11. When 9/11 happened everything was on lockdown for 72 hours and everyone was recalled to base; no one knew what was happening. Rocky lived off base at the time and he had to bring all his gear in. He slept in the warehouse until they finally released him. Even after they released him from lockdown, there was a curfew and he had to sign out when he left base. He had to call in once

—Continued on page 34

community veteran event board

Thurmont AMVETS Ladies Auxiliary Bingo

Thurmont AMVETS Ladies Auxiliary, located at 26 Apples Church Road in Thurmont, is hosting a Cash Bingo, held every other Wednesday. Doors open at 5:30 p.m. Games begin at 7:00 p.m. There will be tip jars and refreshments available. Dates for Bingos held in June are: June 5 and June 19, 2013.

Ladies Auxiliary of VFW Post 6658

The Ladies Auxiliary of VFW Post 6658 held its regular meeting on Wednesday, May 1, 2013, with eleven members present. President Sandy Seidel presided. New member, Dionne Favorite, was introduced, along with Patricia McConville, who would preside over the installation of officers during the meeting.

Chaplain Gloria Bauerline reported that a donation had been sent to a local church in memory of the husband of a deceased member, and that get well and sympathy cards would be sent to two former members.

Members were encouraged to pay dues for 2014 by the end of May if possible. Dues are \$20.00. If paid by October 1, 2013, dues are \$17.00.

Two members will attend the upcoming Maryland State Convention in June. Several officers will attend the School of Instruction to be held on June 29, 2013.

Flags will be placed on the graves of deceased veterans on Thursday, May 23, 2013, beginning at 6:00 p.m. at the Emmitsburg Memorial Cemetery. Any member who is able is invited to help with this.

Officers for the coming year were installed as follows: President – Sharon Williams; Senior Vice President – Patty Troxell; Junior Vice President – Jane Sprague; Treasurer – Barbara Knott; Chaplain – Gloria Bauerline; Conductress – Shannon Cool; Guard – Joan Tracey; Patriotic Instructor – Jane Gjerde; Secretary – Gwen Topper.

The next meeting will be held on Wednesday, June 12, 2013, at 6:30 p.m. at Kump's Dam Park, Harney Road in Emmitsburg.

Thurmont American Legion News

It is summer! School will be out, the grass needs mowing, and BBQs are taking place. Summer can be very busy and stressful months for some; for others, we just coast along without a care in the world, enjoying the warmth of the summer sun. Speaking of school being out, why not bring the kids down to the Legion and allow them to play on the Wii or the Air Hockey table? We open at Noon. Tired of fixing supper? Our kitchen is open Thursday, Friday, and Saturday, from 5:30-8:00 p.m., serving up some of the best food in Northern Frederick County.

Want to plan ahead? We are having our annual Luau on August 10, 2013. There will be a Lei for everyone, as well as good food and good music with DJ and Karaoke with Don Stone. So, get out your grass skirt and come have some fun. There will be a prize for the best Hawaian costume.

This month we have a few things going on—most important is Flag Day. There will be a ceremony in Memorial Park on the June 14, 2013. If anyone has an American Flag that needs to be destroyed, please bring it to the Legion. Part of this ceremony is the Burning of the Flags that are no longer useable. Following the ceremony, sandwiches will be served at the Legion.

Also this month, the Cub Scouts will be having their "Camp Out" at our Pavilion on the weekend of June 1-2, 2013. The Relay for Life Golf Tournament 19th Hole Banquet will be held at the Pavilion on June 8, 2013.

On the June 15, 2013, the Dance Club will have their monthly dance in our Ball Room. They will be featuring the area's best Oldies Band: Rock and Roll Relics, performing at 7:30 p.m. The public is invited to attend. Remember, no jeans, t-shirts, or sneakers. The following Saturday, June 22, 2013, the Legion will be going to the Frederick Keys Baseball Game. The cost is \$10.00. Please contact the Post for further information.

Every Thursday throughout the summer, we will still be having Bingo, starting at 7:00 p.m.

Our meetings are held monthly: the Veterans is on the third Tuesday; the SAL is on the second Thursday; and the Auxiliary is on the third Wednesday. All meetings are at 7:00 p.m.

We have an excellent banquet hall that is available for rental. Also, our pavilion is available for your outside gatherings.

Specials this month are: June 1, Broasted Chicken; June 7, Fish Sandwich; June 8, BBQ Chicken; June 14, CLOSED for Flag Day; June 15, Meatloaf; June 21, Fish & Shrimp Platter; June 22, Chicken Fingers; June 28, Pit Beef (cooked on outside cooker); and June 29, Pit Pork (cooked on outside cooker).


CRABS: Please call Jim Norris for availability/price and to place an order at 717 - 387 - 0396.

ALWAYS PROVIDING THE BEST SERVICE!

The **NEW** Bill's Auto Body

YOUR AUTO BODY SPECIALIST

24 Hour Towing Services · Professional Paint
Quality Service & Reasonable Prices
All Major Credit Cards & All Major Insurance Accepted!



NEW

AUTHORIZED RHINO LINER APPLICATOR

Same Quality!
Same Honesty!
Same Craftmanship!

301-898-5080

12440-A Creagerstown Road
Thurmont, MD 21788
Located at the corner of Rt. 550 & Blacks Mill Rd.



Stop by & visit us anytime!!

David & Judy Ridenour

Explore Historic, Fascinating Gettysburg This Summer

by Joseph Kirchner

This year marks the 150th anniversary of the Battle of Gettysburg—a key moment in this nation’s Civil War, making it an especially opportune time to visit this wonderful destination. Of course, the famous battle will be commemorated throughout the summer with many unique events, but Gettysburg and the surrounding areas provide an unlimited array of activities and special attractions to suit every need. In Gettysburg, you may take a walking tour of the town and relive the civilian experience of the Civil War; you may dine in historic settings; you may lodge in quaint bed and breakfasts, charming lodges, or comfortable hotels; you may enjoy countless wonderful shopping opportunities, relish the arts and theater, or may spend time in nature hiking or kayaking. In addition, there are many fascinating attractions just a bit off the beaten path such as the ghost tours and three very special places highlighted later in this article. There is really something for everyone in Gettysburg, Pennsylvania, so let’s get started by exploring just a few of the countless treasures at this remarkable destination!

Gettysburg National Military Park Museum and Visitor Center

No trip to Gettysburg is complete without a stop at the Gettysburg National Military Park Museum and Visitor Center, where you will find everything you need to orient yourself to Gettysburg and the battle that shaped our nation. You may watch the scintillating film *A New Birth of Freedom* (narrated by Morgan Freeman), which explains the Battle of Gettysburg and Lincoln’s Gettysburg address in the larger context of the Civil War. This half-hour film will prepare you for visiting the nearby battlefields. Here you may also see the famous Cyclorama Painting, a massive work originally displayed in 1884 that literally surrounds you with the fury of Pickett’s Charge, the climactic struggle of the famous three-day battle. Larger than a football field, this monumental lifelike portrayal will transport you to the battlefield, making it a truly unforgettable experience. Here you may also visit the museum, and tour twelve exhibit galleries featuring artifacts, interactive displays, and films that will immerse you in the Battle of Gettysburg and help you understand the enduring relevance of this significant moment in history. You will want to visit the wonderful bookstore, where you will find gifts, souvenirs, and valuable information



Photos by Joseph Kirchner

The Historic Train Station, the official Visitor Information Center of the Gettysburg Convention and Visitors Bureau.

to enhance your appreciation of the battle. And, of course, a tour of the battlefield is essential to your Gettysburg experience! Stand where the Union and Confederate soldiers fought and learn the meaning of their courageous sacrifice. How will you see the battlefield? You may tour the Gettysburg National Military Park on Segway, by horseback, on a carriage, by bicycle, on foot with a battlefield guide, or on a special bus tour. You may also conduct your own self-guided tour; however, no matter how you see this hallowed ground, you will find it truly memorable! Just ask the guides at the visitor center, and they will be more than happy to help you plan your Gettysburg experience.

For further information, please contact: Gettysburg National Military Park Museum and Visitor Center, 1195 Baltimore Pike, Gettysburg, PA 17325; Phone: 800-337-5015.

For information regarding events commemorating the Battle of Gettysburg, visit the website at www.gettysburgcivilwar150.com

Explore the Town of Gettysburg

Now you know how to navigate the world-famous battlefield. Yet, in order to enjoy the complete Gettysburg experience, you must visit the town, see it on foot, and understand how the Battle of Gettysburg profoundly affected every aspect of civilian life in the

1860s and beyond. As you walk Gettysburg, you will discover that in July 1863, the citizens of Gettysburg watched 163,000 soldiers converge on their thriving community by way of ten roads, and waged a ferocious battle for three days in their town and on their farm fields. Before the historic battle ended, a great number of their homes and churches became makeshift hospitals. Truly, the Battle of Gettysburg transformed the town and its citizens forever. Today, as you walk these hallowed grounds, you will note the remaining Civil War-era buildings marked by bronze plaques, many bearing scars of the famous battle. Among the stops on your walking tour, you will see the beautiful “square” in the heart of downtown Gettysburg and visit many notable sites, including The Historic Gettysburg Train Station, where President Lincoln arrived on November 18, 1863, for the dedication of the Soldier’s National Cemetery and the birthplace of Jennie Wade—the only Gettysburg civilian killed in the three-day battle. You will find walking through Gettysburg educational, inspiring, and very enjoyable. To arrange a walking tour and to plan your Gettysburg experience, I heartily recommend that you visit the official Visitor Information Center of Gettysburg Convention and Visitor’s Bureau: Historic Train Station, 35 Carlisle Street, Gettysburg, PA; Phone: 800-337-5015.

For a full, updated calendar of events, visit www.gettysburg.travel.

The Historic Round Barn and Farm Market

This unique farm market is one of the more interesting attractions you will find in the Gettysburg area. Nestled in the beautiful Pennsylvania hills, just eight miles west of Gettysburg off Route 30, this is one of only a small handful of round barns still in existence. Built in 1914, it is now well known as one of Adams County’s special landmarks. The circumference of the barn is 282 feet with a diameter of over 87 feet, and is constructed around a central silo that is 60 feet high and 12 feet wide, making it a very impressive sight!

The market features a wide selection of high-quality “own grown” and locally grown annuals, bedding plants, hanging baskets, as well as fruits and vegetables in season. You will also discover “heirloom” or antique fruits and vegetables that might not be beautiful by today’s standards, but are chock



The Pennsylvania Memorial at Gettysburg National Military Park, dedicated to the Pennsylvanians who fought at Gettysburg battlefield. At 110 feet high, it is Gettysburg’s largest monument.

Gettysburg — Continued from page 32

full of old-fashioned goodness. Because the Round Barn farm is the site of the first commercial apple orchard in Adams County, you will find here one of the largest selections of apple varieties in the area, as well as delicious fresh-squeezed apple cider. As you wind your way around the barn, you will also find many interesting food, decorative, and gift items. Located in a stunning pastoral setting, you are sure to enjoy the peaceful atmosphere and the many treasures of this unique Gettysburg area attraction.

Historic Round Barn and Farm Market, 298 Cashtown Road, Biglerville, PA 17307; Open daily 9:00 a.m.-5:00 p.m., May through October. Call or visit the website for seasonal hours November through April; Phone: 717-334-1984; Website: www.RoundBarnGettysburg.com.

Land of Little Horses Farm Park

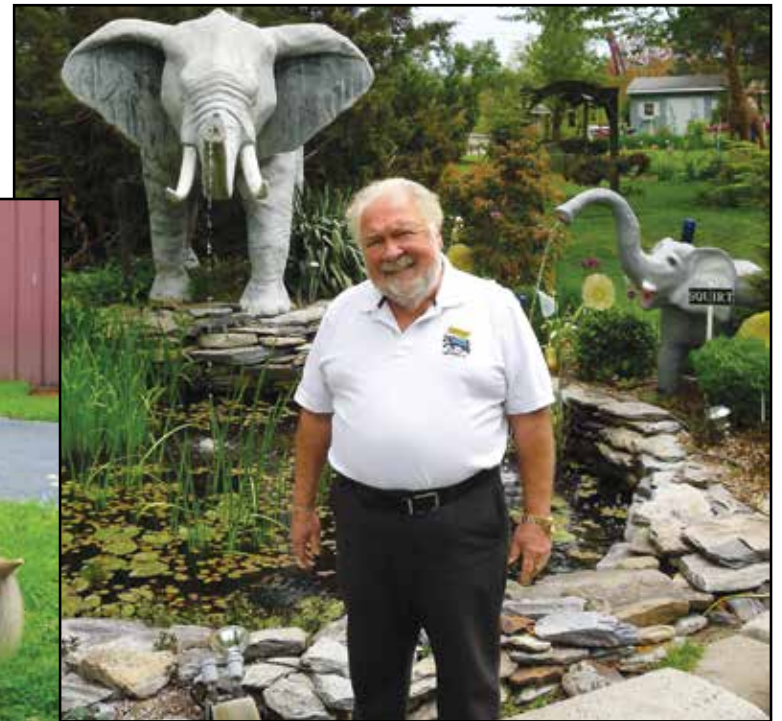
If you love animals and want to enjoy beautiful scenery in a peaceful setting, then this is the place for you! Located on 86 acres in the country, you and your children will need at least two hours to enjoy the many activities of this special attraction. While you will certainly see the adorable little horses up close and personal, you will also find many other animals here to pet and feed, including giant rabbits, pigs, goats, calves, and even emus. Children just love being close to the animals, and they will have the opportunity to take part in hands-on activities, ranging from milking demonstrations to grooming and bathing real horses. During the daily events, the staff also shares with guests what it takes to operate this special farm, making this an educational adventure as well. Interesting and fun-filled events vary daily, but there are certain wonderful activities you will want to explore



Historic Round Barn and Farm Market, built in 1914, this is one of only a handful of round barns still in existence today.

(right) Ed Gotwalt—"Mr. Ed"—owner of Mister Ed's Elephant Museum and Candy Emporium, located in Orrtanna, Pennsylvania.

(below) Joseph Kirchner pets a miniature horse named "Shortcake" at the Land of Little Horses Farm Park.



Photos by Joseph Kirchner

any time you visit: touring the miniature Western town and enjoying a wagon ride pulled by a tractor, live pony rides, navigating the rope maze, as well as the mining sluice, where you can mine for hidden treasures. You definitely do not want to miss the Performing Animal Show (a 45-minute performance shown three times daily), featuring incredible acts by many different animals. Finish your fun day with a visit to The Hobby Horse Gift Shop, which offers a delightful selection of items for all ages. The Land of Little Horses Farm Park is great fun for all kids and "kids at heart."

Land of Little Horses Farm Park, 125 Glenwood Drive, Gettysburg, PA 17325; Phone: 717-334-7259; Website: www.LandOfLittleHorses.com.

Mister Ed's Elephant Museum and Candy Emporium

If you crave something truly unique, this is the place for you. Here

you will find Ed Gotwalt—"Mr. Ed"—himself—the owner and a legendary character sometimes affectionately called the "P.T. Barnum of Route 30." The mastermind behind this memorable family-oriented business has pleased countless little kids and big kids alike since 1975; he remarks "we specialize in warm fuzzies—walk through our store and enjoy what you see, stroll through our beautiful gardens and see the fish in the pond, and just have the warm fuzzies!" Having made the trip myself, I guarantee that you will indeed get warm fuzzies and become a kid again. This is a delightful, joyful oasis! Here you will find the Elephant Museum, Mr. Ed's personal collection of pachyderms, numbering more than 12,000, making it the Nation's largest. When he received an elephant for a wedding gift back in 1967, he never dreamed it would lead to this! Do you remember the candy you had when you were just a kid? With more than 400 varieties—from fireballs to root beer barrels and Mary Janes—you

will find all of them here. You will also find delicious, creamy homemade fudge, the East Coast's largest display of Pez, fresh roasted peanuts prepared in Mr. Ed's antique 1903 peanut roaster, and a wonderful selection of toys and animals for kids of all ages. After you have visited the magnificent elephant collection and bought your special treats, you are invited to take a stroll through the beautiful grounds, where you will find Miss Ellie (a life-size talking elephant), as well as Commander Robert Eli, who supplies water to the fish pond with his trunk. Walk through the stunning gardens and bring your lunch to enjoy at one of the picnic tables. You are bound to enjoy Gettysburg area's most unique attraction!

Mister Ed's Elephant Museum and Candy Emporium, 6019 Chambersburg Road, Orrtanna, Pennsylvania 17353; Phone: 717-352-3792; Website: www.mistereds.com. Open every day, 10:00 a.m.-5:00 p.m., with extended hours during summer months. Admission is free!

Zurgable Brothers

Serving our community with quality service since 1946

**Lumber
Hardware
Plumbing
Red Wing Boots
Garden Supplies
Valspar Paint
Propane
Holland Gas Grills**

Mon. - Fri. 7 a.m. - 6 p.m.
Sat. 8 a.m. - 5 p.m. | Sun. Closed
Emmitsburg, MD

301-447-2020

HARDWARE

Join Us For VBS!

Monocacy Church of the Brethren

Everywhere **FUN FAIR** GOD'S WORLD COMES TO LIFE

July 25th - July 27th
Rocky Ridge, MD 21788

For info on times and registration, Contact...
Carreanne @ 717-642-5940
or Crystal @ 301-471-3982

Tickling Our Tastebuds

by Denise Valentine



Hello, everyone...finally some beautiful weather. It's just in time to celebrate "June – Dairy Month." I visited recently with 2012-2013 Frederick County Dairy Princess Shelby Hahn. Shelby has been an active member of 4-H, the Milking Shorthorn Association, Holstein Association, and the Catoctin FFA Chapter. She has served in leadership positions, has been a member of various teams, and was the 2011 Milking Shorthorn Queen. Shelby will be attending Penn State University to study Veterinary Medicine.

The Maryland Dairy Princess Committee publishes a pamphlet of Dairy Recipes each year. The recipes are submitted by the County Dairy Princesses. Shelby shared several recipes that she submitted, and I chose her "New York-Style Cheesecake" to pass along to you this month.

Special thanks to Shelby, and we wish you much success with your future plans. As a dairy farmer myself, this month holds special significance for our family. As you enjoy your dairy products—especially this month—keep in mind that a farmer out there is trying to provide you with a healthy and nutritious product.



New York-Style Cheesecake

Crust:

26 regular size butter cookies (about 1 1/4 cups crushed)
4 tbsp butter or margarine, divided

Filling:

4 packages (8 ounces each) cream cheese, softened
1 cup sugar
3 tbsp all-purpose flour
1 tsp lemon zest, finely chopped
1 tbsp lemon juice
4 eggs, room temperature
1/2 cup sour cream
1/2 tsp vanilla

1. Preheat oven to 325 degrees F. For crust, place cookies in a resealable plastic bag; crush into fine crumbs using rolling pin. Melt 3 tbsp of the butter, add cookie crumbs and mix well.
2. Brush sides of spring form pan with remaining 1 tbsp of butter. Add crumb mixture. Tilt pan to lightly coat sides and then press the rest into the bottom of the pan. Bake 8 minutes.
3. For filling, place cream cheese, sugar, flour, lemon zest and juice in a mixing bowl and beat at medium speed with electric mixer for 3 minutes until well blended. Add eggs; mix at low speed for 2 minutes. Blend in sour cream and vanilla.
4. Pour filling into crust. Bake 55-60 minutes or until center appears nearly set when gently shaken. Remove from oven to cooling rack. Immediately run paring knife around sides of cake to loosen from pan. Cool completely.
5. Release collar from pan. Refrigerate at least 4 hours or overnight.

Our Neighborhood Veterans—Continued from page 31

he arrived at his quarters and he had to call from his quarters when coming into base. When he arrived at quarters, he was not allowed to leave; this lasted for a long time post-9/11. Rocky tried to come back to this area because his daughter was a senior at Walkersville High School, and the Army had decided Rocky needed to go to Fort Bragg, South Carolina, instead of somewhere close to home. So, he tried to extend the Korean Tour for another year, but they sent him to Fort Bragg. He was at Fort Bragg for approximately fourteen months. He then submitted his paper work to retire in April 2003 at the end of twenty years of service.

Rocky almost got caught up in the stop loss, because they were getting ready to deploy from Fort Bragg to Iraq, but he just made it by a couple of days and was able to retire. Rocky said what really drove the retirement was that the folks he had worked for at Fort Detrick asked him what his plans were after twenty years, basically offering him a job. He was really lucky in the respect that he did not have to apply or go through an interview process for the job, because he would be doing the same job as a civilian as he was doing as a soldier.

As a civilian, Rocky went to work at Fort Detrick in 2003, doing contract work for them as he did while in uniform. He did this for five years. In 2008, Rocky worked on medical logistic system, did building and training to Army Units, and worked on data stabilization and pharmacy interface piece. Rocky missed being with—and working

with—soldiers. An opportunity came up through the same company he was working for to change contracts. He went to a program called MC4, a medical communications and casualties program. In 2008, Rocky deployed to Iraq as a contractor, supporting the systems that he had helped to build at Fort Detrick. MC4 was an Army component of a DOD Program that supported electronic medical record software for both inpatient and outpatient care and medical logistic software. Rocky has been doing that since 2008. He has been to Iraq multiple times, Afghanistan twice, on the program fielding training and supporting the software. That is the type of work Rocky still does. He has done this work for thirty years, either involved directly or indirectly with the Army.

Rocky's family lived in the Walkersville area until he retired in 2003; he then bought a home in Thurmont. He and his family have been here ever since. I have been trying to interview Rocky for over two years, and am happy he finally gave in. He is a very knowledgeable person, very friendly and personable. I feel honored to know Rocky and to have had the privilege of writing about him and his family. Rocky is a member of AMVETS Post 7 Thurmont, and he does a lot of volunteer work at the Post. He is also in the Post 7 Honor Guard and participates in most Honor Guard activities. I used to go to the movies and enjoy the Rocky Allen cowboy movies, and I enjoy being around Rocky Allen Henemyer, and I think you would, too.

Patronize the Advertisers in *The Catoctin Banner*

The Catoctin Banner exists due to the advertising support of those featured in each issue.

BRING
COMFORT AND
PERFORMANCE
TO YOUR LAWN

TEST DRIVE
TODAY

 **Simplicity**

**VISIT YOUR
LOCAL DEALER**



Harrington's Equipment Company

Broadmoor™ 2325D

475 Orchard Road | Fairfield, PA 17320

717-642-6001 • 410-756-2506

www.harringtonsequipment.com

Your Paper – Your News!

Send your community news and photographs to share with others.

- news@thecatocinbanner.com • 301-447-2946 fax •
- 301-447-2804 phone •

senior moments

by Helen Deluca

Hello to all! This unusual spring weather hasn't stopped the Rocky Ridge 4H Club from doing a fantastic job of sprucing up the front of the Senior Center. The flowers are absolutely beautiful! It sure is a welcome improvement, and all of the seniors are most appreciative. Thanks to all!

Also, we want to thank the Knights of Columbus for donating a very nice wheel chair. It's at the Center and is on loan to anyone who has a need. In addition to the wheel chair, there are other ambulatory supports available to you at no cost.

We had our April birthday party, and, as you can see (pictured right), these four lovely ladies were enjoying the day. The monthly birthday parties are always a nice way to get together. Call the Center to order your lunch. Birthday cake baked by George; ice cream and good wishes are served immediately after lunch. Do you have your birthday listed at the Center? Do it and join in the fun!

The Annual Birthday Party was on May 15, 2013, at the Cozy Restaurant, with a large crowd as usual. The next Center party will be on June 19, 2013, combined with our General Meeting and pot luck lunch. As always, call the Center and offer to bring a dish, or pay \$5.00 to attend. You can learn what is going on at the Center and enjoy a great lunch, desserts, and some entertainment. Sounds good, doesn't it?

Some other events coming up in June are: June 6—"Girl's Day In," with pampering by Tisha from Mary Kay, and tea and snacks provided; June 13—The first party of the summer of "Flash-Backs," starting with 1950s trivia and reminiscing; and June 26—50/50 Bingo.

Also, I'm reminding you to mark your calendars for August 7, 2013, for the Pen Mar Picnic. We are planning a Brown Bag Bingo for that day. Brown Bag Bingo—if you never experienced it—is "exciting." You win a brown bag with prizes you "can't possibly live without." It's just a fun day. Call the Center for price of the lunch with hot dogs, hamburgers, etc. Also, bring an item for the

Thurmont Food Bank.

October is a long way off, but please don't forget the Center yard sale on October 10 and 11, 2013. We need your donations. If you're spring cleaning, downsizing, and so on, please bring your still usable items to the Center in September and October. It's an important fundraiser for us, and we need your help.

If you're hosting a special event and are in need of an attractive facility that has plenty of parking and is handicap accessible, the Center is available at a very reasonable price. Call 301-271-7911 for more information.



April Birthdays at Thurmont Senior Center

Pictured (center, front) is Gene Fox; (standing, from left) are Gloria Griffin, Pauline Grimes, and Beverley Kolb.

After a discussion at the last Board of Directors meeting, it was decided that a better way to express your concerns or to make suggestions to improve the Center in any way is a locked "Suggestion Box," which will be available at the front desk. Your complaints or compliments are always welcome and will be answered in a confidential manner.

Did you see the article in *The Frederick Post* regarding the costs of certain medical procedures in different areas? The purpose was to call attention to the wide disparity in charges for common inpatient procedures. For instance, a pacemaker implant in Uniontown, Pennsylvania, costs \$19,747. In Phoenixville, Pennsylvania, the same procedure costs \$211,534. There were ten different procedures listed with as much as \$218,000 disparity in prices. For those insured patients, Medicare will pay hospitals on its own fee schedule; however, for the uninsured,



Photos by Irene Matthews

Yoga Group at Thurmont Senior Center

Pictured (left to right) are Sylvia Hudson, Doris Smith, Lynn Mosley (instructor), Nancy Davis, and Chooi-hah Monroe.

the patient could be billed for the full amount. If you're anticipating any type of surgery, it's wise to check with the hospital for prices in advance.

On this Memorial Day, let us keep all our veterans—past, present, and future—in our thoughts and prayers. Until next time, keep smiling!

WE ARE PROUD TO OFFER YOU *The knowledge that comes with being one of the largest distributors of Medicare related products in the Northeast USA.*

- Advisors with an average of 15 years experience
- Offering most major insurance carriers
- Specializing in insurance and financial needs for retirees
- In-office or home service appointments available
- Practice "safe money" principles for retirement plans

SENIOR BENEFIT SERVICES, INC. *Providing our clients hands on personalized service.*

301-271-4040 • 60 WATER STREET • THURMONT, MD

Decks - Patios & Improvements LLC

Patios - Paver Driveways
Decorative Walls - Stone Fire Pits
Concrete - Custom Decks
Walkways - Retaining Walls
Pool Decks
Drainage & Erosion Control
Treated Decks Pole Barns
Basements - Garages

Additions, including all types of Home Improvements

Free Estimates
 MHIC #74344

(301) 271-4263
 www.frederickpatios.com

Looking for a deal? *Here it is!*

99¢ Kid's Meals

Join Us from 5:00 p.m. to 8:00 p.m. - Dine In Only
Hamburger • Cheeseburger
4 pc. Chicken Nuggets
 Includes child size fry, apple slices, and small soft drink. (Toy not included) **for only 99¢**

Mondays McDonald's in Emmitsburg

Tuesdays McDonald's in Thurmont

Wednesdays McDonald's in Walkersville



Vigilant Hose Company's 5th Annual Spring Fling Event a Success Despite Sprinkles



Photo by Danielle Hoff

Emmitsburg's Vigilant Hose Company's (VHC) Annual Spring Fling Fundraiser was held Saturday, May 18, 2013, on Echo Field at Mount St. Mary's University. A short rain shower and some sprinkles didn't dampen the attendance or the number of winners at the event.

Approximately 2,000 people attended the event, with \$30,000 in prize money raffled off to many lucky winners. Frankie Hobbs was the winner of the \$4,000 grand prize. The prize tracking sheet is posted in the Jubilee Lobby on the E Plus Copy Center window. Be sure to check the sheet if you don't know if you won.

Special thanks to all who attended, as well as the sponsors and participating vendors. Event Coordinator, Gabe Baker, said, "A lot of non-members (of the VHC) and people in the community helped. While we can't name them all because we don't want to miss anyone, we want to make sure they are thanked."

Next year's event will be held again in May.

Patronize the Advertisers in *The Catoctin Banner!*

NOW OPEN!
 Frederick County's Newest Full Service Garden Center!

BARRICK GARDEN CENTER

OUR NEW STORE FRONT

ANNUALS & PERENNIALS

Area's Best Selection of Landscape Stones • Patio Furniture
 Huge Selection of Flowers & Vegetables • Great Gifts for Mother's Day • Delivery Available • Topsoil • Screen Topsoil
 Leafgrow • Gravel • River Rock • Large Indoor Area Retail Area
 Unique Selection Garden Pottery, Planters & Ornamental Plants

ALL TYPES OF MULCH STARTING AT \$12.00/YARD
 Single • Double • Triple Ground

RECEIVE 10% OFF YOUR PURCHASE!
 With this ad. Not valid with other offers or prior purchases. Offer expires 7-30-13

We're your ONE STOP SHOP for all outdoors needs!

301-845-0444

HOURS OF OPERATION
 Mon.-Thurs. 8:30 a.m. - 5:00 p.m.
 Friday 8:30 a.m. - 6:00 p.m.
 Saturday 8:00 a.m. - 3:00 p.m.
 Sunday 11:00 a.m. - 4:00 p.m.

9726 Daysville Road | Walkersville, Maryland | At the corner of Rt. 194 | BarrickGardenCenter.com

CHS Chorus & Band Put on a Nice Show



Mr. Benjamin Zamostny is shown directing the CHS Chorus during a concert on May 23, 2013.

Mr. Benjamin Zamostny is the band, chorus, and guitar teacher at Catoctin High School (CHS). He is the first teacher, after many years, to bring back Catoctin High School's Alma Mater. During Catoctin High School's Spring Concert on May 23, 2013, Mr. Zamostny—also called “Mr. Z” by students—directed his talented musicians as they sang “The Star Spangled Banner,” played “Mash-Up” by the Red Hot Chili Peppers on the guitar, and blended many instruments in the band as they played “Tribal Quest.” All of these groups performed excellently. Mr. Z looked fashionably dashing in a suit with tails.

Mr. Z introduced Mrs. Gail Slezak to the attendees. Mrs. Slezak was Catoctin's first vocal music instructor with Frederick County Public Schools and the first at Catoctin High School when it opened in 1969. The students in her first Music Theory Class in 1970 wrote the school's Alma Mater to the melody of “Crown Imperial” by the English composer, William Walton.

Three members of that 1970 Music Theory Class were in attendance at the concert, as well as several alumni of Catoctin High School's Chorus program.



The alumni in attendance included the International Operatic Tenor and Thurmont native, Richard Lee Troxell.

Mrs. Slezak recently retired, after forty-two years as Chancel Choir Director at the Frederick Church of the Brethren.

Mrs. Gail Slezak is shown seated (left) in this photo of Alumni.

Photos by Deb Spalding



Catoctin Chronicles

by Labella A. Kreiner

Finishing the Season Strong

This past month, many sports teams at Catoctin High have finished their season with a bang! The boys baseball team has defeated their many opponents this season, and now they are pressing forward to states. The young men on this team are very excited, as well as their families. You can constantly hear them talking about it in the halls, as they share their excitement with their fellow peers.

The junior varsity boys lacrosse team also had a great season. With a 9-3 finishing record, they carry a lot of our school's pride on their backs. For the third time this season, the boys were able to defeat Brunswick, who is our school's rival. “When all was said and done, it was one of, if not one of the most, successful seasons this program has ever had.” One of the coaches posted on the lacrosse team's website.

Our high school's softball team tried their best this year and came home as accomplished athletes. Kaylee Kreitz finished this spring with a batting average of .574, Courtney Clemons finished with a batting average of .564, Kristy Erfurt had 24 R.B.I's, and both Rhianna Drieu and Katie Kinna lead the team with eight wins. These spectacular girls guided the team along to win the 1A Maryland State Championships with a 10-0 final score. You go, girls!

With the track and field season almost over as well, we still have a handful of students who did a fantastic job at regionals and are even

going on to the state level! Kevin and David Dorsey are both going to the state level for their mile runs, and both are excited. “I've been there before, and I'm happy about going again,” David told me the evening of regionals. He also ran in the 4 by 800 meter relay, contributing in the breaking of the school's record. “It's very exciting,” David said, breaking approximately three school records this season.

The boys 4 by 200 meter relay (composed of RJ Tucker, Patrick VanDerCruyssen, Matt Athey, and Diondre Braithwaite) ran an outstanding time and qualified for Nationals! R.J. Tucker was one of the boys on this team who ran so quickly that if you blinked, you would have missed about a third of his run. “It's a great feeling. I've never gone to states before,” R.J. told me, seeming pretty stunned by his performance.

All in all, the high school had a successful run this season, with most of the sport teams leaving their paw prints on the ground at our school. It's been fun cheering on everyone and sporting Catoctin's blue colors. But the sports teams aren't the only ones leaving their paw prints. Graduation is finally here, and our seniors are moving on with their lives, pushing forward to a greater future beyond that of our small pond. Wish them luck as they leave us behind and head towards the wide horizons of college.

If you have suggestions for future topics you want to see, email me at abellakreiner@hotmail.com.

www.thecatocinbanner.com

Your Good News Community Newspaper
Serving Northern Frederick County, Maryland, Since 1995

GET YOUR PLANTS NOW!
HAVE FRESH
VEGETABLES ANYTIME!!

STOP BY AND VISIT
OUR "GREEN HOUSE!"

Tomatoes, Peppers, Squash, Cabbage,
Broccoli, Cauliflower, Thyme, Dill,
Parsley, Rosemary & Much More!

LANDSCAPING
SERVICES

We have Mulch for Sale!

Mowing • Brush Removal
Trimming • Mulching
Lawn Maintenance

Hours of Operation
Fri & Sat 9-5, Sun 10-3

MOUNTAINSIDE FARM

15038 Kelbaugh Rd • Thurmont, MD • 301-271-7563

Your Hassle - Free Local Home Buying Team

Rich Shank
Broker/Owner

Shank & Associates Realty, LLC
60 Water St., Thurmont, MD
301.271.1122 (O) • 301.471.2953 (C) • 240.696.4507 (F)
Licenced in MD & PA
www.shankhomes.com

&

Kim Delauter
Senior Loan Officer

30 West Patrick Street, Suite 300
Frederick, MD 21701
301.712.9703 (O)
301.748.1141 (C)
kdelauter@embracehomeloans.com

classifieds

For Rent

One and two bedroom apartments for rent in the Cascade area. Call Kelly Ash at 301-241-4726.

OCEAN CITY, MD RENTALS: 32nd Street Bayside efficiency, sleeps 4, no pets, 2 blocks to beach, 3-night minimum. \$125 per night, tax included. 301-447-2923.

MOON BOUNCE for rent, \$150.00 per day. 240-674-3856.

Wanted

WANTED: Any unwanted lawn mowers, tillers, snow blowers, or yard items. Will pick up. 301-271-4266.

DONATE YOUR CAR: All proceeds benefit the Catoctin Pregnancy Center. 301-447-3391.

Notices

Brand New Company, Penelope Ann, ground floor opportunity, no experience necessary, start your own business for as little as \$99. Call 301-447-2073 or email hgpartygirl62@aol.com. Visit my tent during Heritage Day.

How Would You Like To FEEL 25 Years YOUNGER and LIVE 25 Years LONGER? Go to www.Shaklee.net/JCE NOW! Read how VIVIX Cellular Anti-Aging Tonic is a REVOLUTIONARY BREAKTHROUGH in the fight against cellular aging. All natural. Order yours TODAY! Contact Jeanne at 301-305-1466. www.Shaklee.net/JCE

Services

Carpentry work; Repairing gutters; Spray washing; Yard work & yard cleaning; Home Improvements; Home Repair; Tree Trimming; Mowing; Adding Insulation in your home. Free estimate. Call Larry 301-293-9992.

Tree removal and trimming. Free Estimates! Call 240-385-7277.

Strong Worker Saving for College. Reuben Scalsee needs summer work. Can do heavy lifting, yard work, mowing, painting, cleaning, etc. \$12/hour. 301-241-4169.

Licensed CNA available full/part-time to help in home care, meal prep, personal care, light housekeeping, and errands. Call Bonnie! 240-385-7277.

Send Us Your Fishy Pics!

Featured in August issue.

Email to news@thecatocinbanner.com; mail to 515B East Main Street, Emmitsburg, MD 21727 or 13425 Moser Road, Thurmont, MD 21788; or stop by E Plus Copy Center in Emmitsburg.



Affordable Self Storage

Need Room? Too Much Clutter? Let us store it for you!

NOT JUST FOR PUBLIC!
FOR BUSINESS TOO! CALL TODAY!

Conveniently located on Maple Drive
Across from Thurmont Feed Store

301-271-7455

FREE PICK UP: Appliances working or not working. Also, old mowers, tillers, etc. Anything metal. 240-674-7788.

GUITAR LESSONS: Acoustic/Electric. Beginners to Advanced. All styles, all ages. Taught by an instructor with over 20 years teaching and performing experience. Call Brent at 240-586-1128 or email brent@brentguitar.com.

Rick Hurley & Son Small Engine Repair Service. Call 301-271-2117 or 240-285-2494 (leave message).

Quality wedding invitations/accessories at a discounted price! Joyce at 301-271-1107.

Guided rock climbing, caving, rappelling, kayaking, and other outdoor adventures and parties. Daybreak Excursions 240-731-9936.

For Sale

Homegrown Strawberries, \$4.00/quart; Broccoli, \$2.00/bunch; Homemade Apple Butter, \$4.00/pint. Call ahead 301-271-3239.

1985 Motor Home Pace Arrow by Fleetwood, 31 feet long, 68,000 miles. In very good condition. Contact Donald Wiles Sr. at 301-271-5424 or 240-675-6325.

Yard Sale

EMMITSBURG COMMUNITY-WIDE YARD/SIDEWALK SALE, Saturday, June 29. 8:00 a.m.-2:00 p.m. All around town. 301-447-1712.

LARGE YARD SALE, May 31 & June 1, Parish House of St. John's Church, 8619 Black's Mill Rd., Thurmont. 7:00 a.m.-3:00 p.m. Some small furniture, small appliances, collection of Boyd's Bears Christmas, Boyd's Bears clocks, some boys toys in need of repair or used for parts.

MULTI-FAMILY YARD SALE, June 7-8. 8:00 a.m.-Noon. Toys, clothes, household items. 120 Bennett Drive, Thurmont. NO EARLY BIRDS!

YARD SALE, June 15-16, 108 Bennett Dr., Thurmont. 8:00 a.m.-Noon. LOTS of gently used (some new!) children's and men's clothes, toys, and accessories. Proceeds to benefit youth mission trip through Thurmont United Methodist Church.

Help Wanted

McDonald's Hiring (Thurmont location): All hours & positions available. Competitive pay. Apply online or contact James at 301-271-3003.

Test Your Word Power
— Answers —

1. a 2. c 3. c 4. b

5. notoriety

Play Our Games

Hidden Object and Where Am I?
Games on page 5!

MOUNTAIN VIEW LAWN SERVICE, INC.

- Mowing
- Trimming
- Mulching
- Yard Cleanup
- Hauling
- Gutter Cleaning
- Mulch Delivery

MTVIEWLAWNS@AOL.COM
Thurmont, Maryland

301-271-2832

your public library

Where Community & Ideas Connect

by Erin Dingle, Administrator, Thurmont Regional Library/
Emmitsburg Branch Library, edingle@frederickcountymd.gov

Dig into summer! Pick up a reading gameboard and enjoy loads of activities and events all summer. Kids and teens can register online or in person at any FCPL branch to be part of Summer Reading and just have to complete simple reading tasks to receive prizes. Teens keep track of their accomplishments online and are entered into gift card drawings. To be eligible for the grand prizes, register by August 10. This year, the grand prize is a \$300 gift certificate to Great Wolf Lodge, plus \$300 in spending money and an evening with special box seating at a Frederick Keys game!

There are plenty of story programs and registration-only programs this summer so check out on our website or pick up your summer copy of our award-winning program guide, BookMarks.

The programs below are drop-in programs for June that require no registration, so cut this out and mark your calendar now. Programs may be at either Thurmont or Emmitsburg but you're invited to visit both branches to enjoy the fun.

Magic Shows: Ed Russe Magic – June 8 at 10:30 a.m. at Emmitsburg.

LEGO Mania All Day in the Thurmont Children's Area: June 8, 9, 16, 22, 24; join us for LEGO® and Mega Blok fun and build tall buildings and create mysterious scenes.

Meet your Favorite Characters—don't forget your camera: Maisy –Thurmont, June 15 at 10:30 a.m./ June 19 at 11:00 a.m.

Curious George – Emmitsburg on June 20 at 10:30 a.m.

Frederick Keys' Keyote – Thurmont on June 28; Emmitsburg on July 9 at 10:30 a.m.

Splat the Cat: Thurmont on July 12 at 1:00 p.m.; Emmitsburg on July 13 at noon.

Emmitsburg Branch
K'Nex Mania: June 11 at 3:00 p.m. Join us for an afternoon with K'Nex construction sets. Build tall buildings, racecars, and more.

Wild Tales with Wildlife Adventures: July 13 at 11:00 a.m. Literature based program that explores the who, what, and why of storytelling. Rich tales delight children and promote literacy. A few stories told are authored by children. And, meet Splat the Cat at 12 noon.

Thurmont Branch

Milkshake Concert: Monday, June 24 at 2:00 p.m. Shake it up with Baltimore's own Milkshake, the Grammy-nominated rock duo for kids and kids at heart.

Lunch and a Movie: June 21, 26, 28. All movies start at 12:00 noon. Bring a blanket and lunch.

And how about more free family fun on the library deck all summer. Music on the Deck concerts are held every fourth Sunday at 2:00 p.m., rain or shine (the deck is covered). The series is underwritten by the Friends of the Thurmont Regional Library.

The Martin Family Band: June 23, offering an unmistakable signature sound drawing on the traditions of old time Appalachian string band music, dance music of Ireland and even Colonial music.

Charlie Hope Family Concert: June 30, featuring the 2012 Juno Award winner for Children's Album of the Year. This is a show for the whole family.

Our family friendly feature this summer is Nighttime on the Deck and is held on the third Thursdays at 6:30 p.m. and underwritten by the Thurmont Lion's Club.

Awesome Animals: June 20, Catoctin Creek Nature Center.

Thurmont Regional Library is connected to the community this summer, and we're ready to welcome you and your family seven days a week. Please contact me at edingle@frederickcountymd.gov to create a partnership with us and discover the many services we provide.

Find FCPL at www.fcpl.org, Facebook, Twitter and Pinterest. Call us anytime at 301-600-7212 for information.

PATRONIZE OUR ADVERTISERS!

The Catoctin
Banner

The Catoctin Banner exists due to the advertising support of those featured in each issue.

Your Paper – Your News!

news@thecatocinbanner.com • 301-447-2946 fax • 301-447-2804 phone

june

community calendar

- 1.....Thurmont High School Alumni Association, Lewistown Volunteer Fire Hall, Lewistown, MD. \$20/person. Paid reservations must be returned by May 18. Joan Freeze 301-271-7387; Victoria Mathias 301-271-7614.
- 1.....Safe Summer Event. Little Sister Band, Souls Fire, Balloon Guy and many exhibits. Waynesboro YMCA outdoors. Free admission. Noon-3:00 p.m. 301-271-3733.
- 1.....Walk to Stand Against Drugs, sponsored by SHOP (Students Helping Other People) club at CHS. 1:00 p.m. (start at CHS, ending at Thurmont Community Park). Walk is free; come show your support! Donations accepted. All collections will go to the Mountain Manor Treatment Center. Facebook: Walk to Stand Against Drugs. Rebecca Scott: Rebecca.scott@fcps.org.
- 1.....Summer Yard Sale, Fort Ritchie Community Center, 14421 Lake Royer Dr., Cascade, MD. 8:00 a.m.-1:00 p.m. www.TheFRCC.org.
- 2.....Clabaugh Reunion, at Parish House in Creagerstown, 1:00 p.m. Meat is furnished, bring your setups and drinks. RSVP 301-271-7975.
- 2.....Service of Blessing for 2013 Graduates, Elias Lutheran Church, 100 W. North Ave., Emmitsburg. Emmitsburg Council of Churches/CHS Safe & Sane Committee invites all Graduates and their families. Special guest speaker Monte Leister; reception follows. 7:00 p.m. Allyson Rohrbaugh 410-756-6485 or Pastor Jon Greenstone 301-447-6239.
- 2.....Sons of the American Legion Squadron 121 Annual Kids Fishing Derby, Kline's Pond. Ages 3-15 will be awarded trophies and prizes. Registration 7:30-9:00 a.m.; Fishing 9:00-11:00 a.m.; Judging/Prizes 11:00 a.m.-12:00 p.m. Free. Catch and Release Program.
- 3.....Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 6:00-7:30 p.m. Open to public; all items FREE, including clothing, linens, shoes, & household items as available. 301-271-4511.
- 5.....Northwestern Frederick County Civic Assn Meeting, Guest Speaker Gary Cox (WCF Church Pastor) at Sabillasville Elementary School. 6:30 p.m. President George Kuhn 301-241-3997.
- 5.....Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m. Tip Jars & Refreshments Available.
- 6.....Rabies Vaccination Clinic, Thurmont Community Park, Thurmont. \$8/animal. 5:00-8:00 p.m. Dogs, cats, and ferrets (3 months of age or older). Rain or Shine. Please have animals properly contained, leashed, or in carriers. 301-600-1717.
- 7.....Friends, Family and Fun in the Park Event, Christ's Community Church, 303 West Lincoln Ave., Emmitsburg. 5:00-8:00 p.m. Bring covered dish to share. www.cccemmitsburg.org.
- 8.....Slippery Pot Pie Dinner, Trinity United Church of Christ, 101 East Main Street, Thurmont. 12:00-5:00 p.m. \$11/adult, \$5/ages 5-10, Free/Under 5 years, \$12/Carry-outs, \$4/Quart of Pot Pie. Tootie Lenhart 301-271-2305.
- 8.....Family Style Dinner, St. John's Lutheran Church Parish Hall, 8619 Black's Mill Rd., Creagerstown, MD. 12:00-5:00 p.m. \$13/Adults; \$7/Children 6-12; Free/Children under 6. \$14/Carryout. Baked Items for sale. Proceeds to benefit St. John's Lutheran Church.
- 8.....Mt. Tabor Church of Rocky Ridge Festival, Mt. Tabor Park (home of the BIG SLIDE). Home-cooked food & games. 4:00 p.m. Music by "JR

- Country," 6:00-9:00 p.m.
- 8.....Cornhole for a Cause, Emmitsburg Community Park. Benefits the Leukemia & Lymphoma Society. Cash prizes. Singles tournament: 9:00 a.m., \$10 donation/player; Doubles tournament: 10:00 a.m., \$20 donation/team. Register (in person) May 29, Francis X Elder American Legion, Emmitsburg, 5:00-8:00 p.m. or www.leaguelineup.com/b4bc.
- 8.....Thurmont American Legion The Relay for Life Golf Tournament 19th Hole Banquet, held at the Pavilion.
- 8.....Strawberry Festival & Albert's Yard Sale, St. Mark's Lutheran Church, 17015 Sabillasville Rd., Sabillasville, MD. 9:00 a.m.-2:00 p.m.
- 9.....Thurmont's own Gospel Travelers, St. John's Lutheran Church, Thurmont. 4:00 p.m. Light refreshments follow in the Church Social Hall. 301-271-7877.
- 9.....Gettysburg Festival Fringe Event, Encounter Mount Misery—The Battle of Monterey Pass, Martin House Bed & Breakfast, 1085 Jacks Mt. Rd., Fairfield, PA. 3:00-8:00 p.m. www.martinhousebandb.com or 717-642-5645.
- 9.....Lewistown Ruritan Chicken Bar-B-Q, U.S. 15 North & Fish Hatchery Road.
- 14.....Karaoke and Open Mic Night. Music and snacks. Morning Star: A Perfect Gift, Thurmont Plaza, 6:00-9:00 p.m. 301-271-3733.
- 14.....Thurmont American Legion Flag Day Ceremony, .
- 15.....Cash Bash, Thurmont AMVETS, 26 Apples Church Rd., Thurmont. 6:00 p.m.-midnight. All proceeds go to PPF, Inc. for Stacey Godlove, battling high-risk MDS. \$25/person. Music by DJ Micha & Rob Hagans, dinner, raffle, tip jars, & more. Kim Seiss 240-367-6226.
- 15.....Mountain Heritage Day-Civil War Theme, Creeger House & Main Street, Thurmont, 11 N. Church St., Thurmont. 10:00 a.m.-4:00 p.m. Historical Civil War era skills and crafts. Fife & Drum Corps.
- 15....."Party of Parties" Fundraiser, Mike Grime's Kidney Fund, Thurmont Carnival Grounds, 123 E. Main St., Thurmont. 11:00 a.m.-5:00 p.m. Vendors; Cash-n-Carry items; Door prizes/raffles. Donations gratefully accepted. Lori Grimes Kaas 301-271-7794; Jen Eiker 301-271-1747.
- 15.....Ladies' Tea and Silent Auction, hosted by Saint John's Lutheran Church & the Thurmont Thespians, 15 N Church St., Thurmont. 11:00 a.m. \$15/person. Reservations/info: 301-271-7613. Reservation deadline for the tea: June 8.
- 15.....Thurmont Mountain Heritage Day. Exhibitors and book signings. Morning Star: A Perfect Gift, Thurmont Historical Society, Timeless Trends and various other locations. 10:00 a.m.-4:00 p.m. 301-271-3733.
- 15.....Thurmont Lions Club host Summer Sandwich Sale, Bell Hill Farm, 15202 Catoctin Mountain Hwy, Thurmont. 10:00 a.m.-3:00 p.m. (until sold out). 301-271-0558; www.thurmontlionsclub.com.
- 15.....Thurmont First Main Street Flea and Farmers Market starts, Guardian Hose Company Carnival Grounds, Thurmont. 9:00 a.m.-Noon. Karen Kinnaird 301-271-4811 to register as vendor or any questions. Applications available online www.thurmontfirst.com or Thurmont Town Office.
- 15.....Thurmont American Legion Dance, Ball Room. Featuring Rock and Roll Relics, 7:30 p.m. Open to public. No Jeans/T-shirts/Sneakers.

- 16.....ESP Dance and Music school Recital "E.S.P. Rocks," Weinberg Center, Frederick, MD. Tickets: www.weinbergcenter.org/3475/e-s-p-rocks/ or at box office 20 W. Patrick Street, Frederick, MD. 301-600-2828.
- 18.....Community Clothes Closet, Thurmont United Methodist Church, Long Rd., Thurmont. 10:00-11:30 a.m. Open to public; all items FREE, including clothing, linens, shoes, & household items. 301-271-4511.
- 18.....The Emmitsburg Community Chorus sings for residents and staff, Gettysburg Lutheran Home. 6:30 p.m. Betsy Graham at 301-898-7821.
- 19...Special Lunch/General Meeting, Thurmont Senior Center, 806 E. Main Street Thurmont. 12:00 p.m. 301-271-7911.
- 19...Cash Bingo, Thurmont AMVETS Ladies Auxiliary, 26 Apples Church Rd., Thurmont. Doors open 5:30 p.m.; Games 7:00 p.m. Tip Jars & Refreshments Available.
- 19-21.....First Baptist Church of Thurmont presents Colossal Coaster World Vacation Bible School (1st Grade-Adult). Picnic on June 22. 6:30-8:30 p.m. Call 301-447-3677 for registration.
- 22.....Thurmont American Legion going to Frederick Keys Baseball Game. \$10. 301-271-4411.
- 23...Emmitsburg Community Chorus performs at Crumland Farms. 7:00 p.m. Betsy Graham at 301-898-7821.
- 23-27.... "God's Big Backyard, where kids have a blast serving Jesus," Weller UMC, Thurmont. 6:15-8:30 p.m. Register first night; to pre-register 301-271-2802. Registration free (open ages Pre-K through 5th Grade).
- 28...Annual Spring Concert, the Emmitsburg Community Chorus, Emmitsburg Park, Emmitsburg. 7:00 p.m. Betsy Graham at 301-898-7821.
- 28-30.....National Shrine of Saint Elizabeth Ann Seton holding three-day Heritage Festival to commemorate the occupation of the town of Emmitsburg before the Battle of Gettysburg. www.setonheritage.org; 301-447-6606.
- 29....Community-Wide Yard/Sidewalk Sale, Emmitsburg. 8:00 a.m.-2:00 p.m. Yard/Sidewalk sales all over town. 301-447-1712.

- 29...Homeschool Open House, Walkersville Christian Family Schools Premier K-12 Homeschool Academy Since 1983, 16827 Sabillasville Rd., Sabillasville. 10:00 a.m.-2:00 p.m. 301-241-2072.
- 29...Registration CYA Football/Cheerleading Fall 2013 season, Thurmont Ambulance Company, Thurmont. 9:00 a.m.-4:00 p.m. Football players (even returning players) need copy of their birth certificate. Sherry 301-447-3430 or Rob 301-305-1132.
- 29...\$5 Bag Sale, Seton Center Thrift Shop, 16840 Seton Ave., Emmitsburg. 10:00 a.m.-3:00 p.m. Bags provided; shoppers not to bring own bags. No infant strollers/baby buggies in store (limited space). 301-447-6102; www.setoncenterinc.org.
- 29....Registration: CYA Football/Cheerleading Fall 2013 season, Thurmont Ambulance Company, Thurmont. 9:00 a.m.-4:00 p.m. Football players (even returning players) need copy of their birth certificate. Sherry 301-447-3430 or Rob 301-305-1132.
- 29....Emmitsburg Community Heritage Day, Emmitsburg Community Park. Vendors, history tours, fireworks, yard sale, & more. www.setonheritage.org; www.emmitsburg.net; 301-447-1712. P/U brochure at area businesses.

july

- 6.....Home Run Car Show and Flea Market, Harry Grove Stadium Frederick, MD (rain date: July 7). Cars, trucks & motorcycles welcome. Registration 9:00 a.m.-12:00 p.m. (\$10.00 donation). FREE admission/parking. Benefits Vets Journey Home, Vietnam Veterans & Korean War Veterans Association Frederick County. Jay 301-831-0154 or Roy 301-898-8090. www.goldengears.org.
- 9.....Computer Classes at Blue Ridge Summit Free Library, Blue Ridge Summit, PA. "One-on-One" classes, 3:00 p.m. (series of five, 45-minute classes). Email: brsummit@yahoo.com; 717-794-2240.
- 25-27.....Vacation Bible School, Monocacy Church, 13517 Motter's Station Road in Rocky Ridge. Registration Carreanne 717-642-5940 or Crystal 301-471-3982.
- 25....Vacation Bible School starts, Monocacy Church of the Brethren, Rocky Ridge, MD. (July 25-27). Contact Carreanne 17-642-5940 or Crystal 301-471-3982.

Your Paper – Your News!

Send your community news and photographs to share with others.

- news@thecatocinbanner.com • 301-447-2946 fax •
• 301-447-2804 phone •

GET A TRIM, AND LOOK GOOD FOR VACATION!

Gary the Barber \$1.00 OFF

By Appointment & Walk-Ins Accepted

HOURS

7 a.m. - 9 p.m. (Mon., Tues., Thurs., Fri.)
7 a.m. - 6 p.m. (Weds.)
7 a.m. - 3 p.m. (Sat.)
1 p.m. - 5 p.m. (Sun.)

Visit me at

101 Tippin Drive, Thurmont, MD

Call (301) 305-7895
for an appointment

\$1.00 OFF

Customer Appreciation Coupon

Not valid with any other discounts.

Valid with coupon through June 2013

Join Us As We Celebrate Our 10 Year Anniversary!

E Plus Copy Center

**Your super-friendly source for
Graphics, Printing &
Apparel!**

The **Catoctin
Banner**

IN-STORE CONVENIENCE SERVICES

Send & Receive Faxes
Copy & Printing - B/W & Color
Graphic Design Services
Packing & Shipping
UPS - FEDEX - POSTAL
Kodak Photo Printing
Banner & Wide Format Printing
Email, Scanning & Typing
Large run Business Cards, Post Cards,
Raffle Tickets, Fliers & Mailers

Did you know we do all this other cool stuff?

• Publish The Catoctin Banner Newspaper!

Bring your stories, events & pictures into E Plus to get what is important to you in the next issue!

• Design & Print Promotional Items!

WE CAN PRINT ANYTHING - just ask. E Plus provides our customers with the best resources to promote and advertise your business or service. We promise!

• FULL COLOR Shirt Printing!

Bring in a saying, picture or just give us a idea of the shirt you want... and we will bring it to life! Order one - or a ton. Is a birthday or holiday quickly approaching - custom shirts make a great present for any age!

• Digitizing OLD Photographs & Slides

Slides are bulky and out of date. Bring them to us - and we will DIGITIZE them for you! Never worry about your slides being destroyed and losing family history!

But to make it a celebration... we need some specials!

FREE

**UPS Package
Drop-Off**

Valid til 07.30.13. Pre-Paid packages
ONLY. No Cash Value.

FREE

**5x7 or 6x8
Photo Print!**

Valid til 07.30.13. Must purchase 20 or
more 4x6 pictures on Kodak Printer

FREE

**80 Return
Address Labels**

Valid til 07.30.13. White stock only.
Set-up fee applies. Must present coupon.

FREE

**10 B/W or Color
Copies**

Valid til 07.30.13. Must present coupon.
With the purchase of 50 or more.

\$1.00 OFF
**1'x4' In-House
Banners**

Starting at \$15.99

Valid til 07.30.13. Offer only applicable
to paper banners. No Cash Value.

10% OFF
**Wide Format
Prints!**

Color OR B/W

Valid til 07.31.13. Offer includes color &
B/W printing. Color minimum applies.

**BUY 3 GET 1
FREE**
**Business Card
Laminations**

Valid til 07.30.13. No exceptions.
Must present coupon.

10% OFF
**Classified or
Display Ad!**

In The Catoctin Banner

Valid til 07.31.13. Applicable to one
month of advertising - For new ads ONLY.



**E Plus Copy Center
& Promotions**

(P) 301-447-2804 • (F) 301-447-2946

EMAIL • epluscopycenter@aol.com

www.EPlusPromotes.com

www.TheCatoctinBanner.com

FREQUENT FLIER CARD

Get this card punched
10 times
for a free E Plus T-Shirt!!



All punches require at least \$3.00
store purchase. Bring card in for a
free lamination

1 2 3 4 5 6 7 8 9 10