

The Catoclin Banner

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“Bessie Darling” Musical Premiere Scheduled for Spring

by Deb Spalding



Courtesy Photo

Pictured is Spencer Watson.

Spencer Watson, local theatrical actor/director and playwright with the Thurmont Thespians, will host the premier production of his latest musical, “Bessie Darling,” this spring. “Bessie Darling” is the culmination of Spencer’s extensive research on the life and murder of the real Bessie Catherine Darling who ran a summer hotel called The Valley View Manor on the north slope of Catoclin Mountain in Deerfield, Maryland, in the 1920s and 1930s. She was buried in Thurmont, Maryland.

The plot of the musical is structured around many known facts about the life and death of Bessie Darling, based on extensive research and personal interviews by Spencer. About half of the story is conjecture by Spencer in order to convey life in and around our area—and the world—at that time. The play takes place through the Great Depression

when Germany was emerging as a war power and Naziism was on the rise. The New Deal was under way and there was an “isolationist” world view that the United States should mind its own business. This view is represented during the musical in a song called “Cage of Steel.” Also during the musical, you will see presidents shaping world events, as well as at least one of our local celebrities portrayed in his youth, not to mention a Halloween morning shooting at the hands of George “Doc” Schultz, Bessie Darling’s jealous suitor.

Many of the facts on which the musical “Bessie Darling” is based were compiled by Spencer during his interviews with the late Maizie Willard Bowman, who was a maid at Bessie Darling’s hotel during



Courtesy Photo

Pictured is Spencer’s mother, Barbara Watson. She wrote the score for the musical in the early 1980s.

the summer of 1933, and the only eye-witness to her murder. Spencer was referred to Maizie by Walter Brown and met with Maizie and her husband, Charles Bowman, on multiple occasions just months before both passed away in 1997—Charles passed away in July and Maizie in October. Special thanks to their sons, Joe and Charles, for arranging the meetings. Spencer expressed that,

“Without them (the Bowmans), parts of this local history would have been lost.” He added, “Bessie Darling had a magnanimous personality. Everyone liked her—kids, women, and men. She was a charismatic society person.”

The score for the musical was written by Spencer’s mother, Barbara “Bar” Watson in the early 1980s. New lyrics have been added to most

Bessie Darling — Continued on Page 14.

The Catoclin Banner’s Holiday Home Decorating Contest Winners Announced



Photo by Deb Spalding

The Ridenour’s home, winner of *The Catoclin Banner’s* Holiday Home Decorating Contest.

Congratulations to the winners of *The Catoclin Banner* Newspaper’s first ever Holiday Home Decorating Contest: the Ridenour Family at 11 William Drive in Thurmont won First Place with their creatively decorated home that danced to holiday music; the Hane Family at 3145 Stonehurst Drive in Emmitsburg won Second Place with a beautifully decorated home.

There were over 35 homes that were nominated into the contest—a good showing for a first-time event. We sent out two teams of judges on different nights. We had a festive time driving throughout our area to view the decorated homes. Thanks to all who took part. Special thanks to Jason and Jasmin Howard for helping out with our contest. Happy Holidays to all...let your lights shine!

Find information on when and where to audition for the Musical “Bessie Darling” on page 14.



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CIRCULATION: 10,500 copies mailed to all postal customers in Thurmont, Lewistown, Rocky Ridge, Cascade, Sabillasville & Emmitsburg, MD and hand out in surrounding areas.

Published as a project of E Plus Copy Center & Promotions

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The goal of The Catocin Banner is to provide good community news and information for residents of northern Frederick County, Maryland; promoting a sense of community pride and spirit.

Published on or before the 1st Thursday of each month. Publish date will be early if holidays or events warrant adjustment.

AD/CONTENT DEADLINE: The 20th of each Month.
YEARLY SUBSCRIPTIONS: \$15.00

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From the Publisher

Dear Reader:

We have had a holly, jolly Christmas here at *The Catocin Banner* Newspaper. Our first Holiday Home Decorating Contest was very successful and quite enjoyable. George W. Wireman, Arietta Grimmert, Lydia Spalding, Leah Tester, and I spent an evening judging Round One of our house nominations, and Grace Schramm and her crew followed up a few nights later to lend a hand in the final decisions. I had Arietta drive my car, so I could navigate, and she, let's just say, "tolerated me"—I'm not a very good passenger. Lydia and Leah kept George entertained in the back, as all good teenagers would. George may not have recuperated yet, but by 2012, I'm sure he'll be back to normal.

We have been out and about and caught many of you enjoying the many holiday events that have taken place in our communities. We hope you enjoy seeing yourselves and your friends and neighbors in print.

This month, we did print your deer pictures, and we hope you'll send in your "snowy" pictures for the February or March issues. I look forward to snow, and I've always thought that if it's going to be winter, it might as well act like it.

At the E Plus Copy Center, we've been busy with our holiday rush of shipping, greeting card printing, and t-shirt gifts. We're also working on the design of a new website, in addition to getting this newspaper to print on time. Believe me, there is never a dull moment and time seems to race by at an unprecedented pace. To celebrate the new year, I plan on sitting back and enjoying a nice bottle of some special wine—Marydell Wines "Two Sheets to the Wind" 2007 vintage blush. Thank you, Mary, for sharing that very special gift.

In this holiday season, I urge you to patronize the advertisers who reach out to you through *The Catocin Banner*. It has existed due to the advertising support of those featured in each publication. All of our advertisers, especially those who have been on board long-term, are greatly appreciated!

I wish each and every one of you a Merry Christmas and a very happy and healthy New Year!

Deb Spalding, *Publisher*

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**Wishing You and Yours
 a Happy and Healthy
 New Year!**

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John Glass • 301-447-3648
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Bill Boyd • 717-642-9717

www.vigilanthose.org

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FREE HEALTH SEMINAR

Taking Control of IBD

WEDNESDAY, JANUARY 18, 2012
6:00PM - 8:30PM

University of Maryland Medical Center's Inflammatory Bowel Disease Program invites you to a discussion about the latest therapies, research and treatments for Crohn's and colitis. Our goal is to empower patients with information so that they may confidently work with their physician team in making decisions about their care.

Holiday Inn Hotel & Conference Center at FSK Mall
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Registration is required and space is limited.
Call **1-800-492-5538** today.
Dinner will be served.

SPEAKERS:



Raymond K. Cross, MD, MS
"Crohn's and Colitis: Why Me?"



Andrea Chao Bafford, MD
"Surgical Management of IBD"



Mark H. Flasar, MD, MS
"Medical Therapy for IBD"



Seema Patil, MD
"Women's Health Issues in IBD"



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MEDICAL CENTER

www.umm.edu/ibd

Emmitsburg, January 2012

Redirecting Traffic

The Commissioners approved a plan to help manage traffic in the Brookfield subdivision area. The plan involves moving traffic out of the Brookfield area onto Irishtown Road in an Exit-Only direction into Emmitsburg. This is to help with the backup of traffic caused by the Ski Liberty activities during the winter season. Over 160 residents in the Brookfield housing area will have an alternate way to exit their neighborhoods.

Revised Anti-Loitering Ordinance

A task force has been working on revising the loitering ordinance for Emmitsburg, in coordination with law enforcement and Frederick county laws. Previously, someone was found loitering and charged with a misdemeanor, which required the town to spend \$1,000 for court costs for a \$250 fine. Mayor Briggs states that when the town reviewed the ordinance for loitering, it was lacking "teeth" and cost too much to enforce. The ordinance will now charge a \$250 fine. In the instance where a child under the age of 18 is found in violation, their parents will be fined \$250. He also stated that there would be some exceptions to the rule, such as an older teenager

town hall reports

by Michele Cuseo

who works a job past 11:00 p.m. Under the revised law, a letter would be sent to the parent, along with the fine for the violation.

Water & Sewer Rate Increase Approved

Commissioners approved a rate increase to help pay for the state mandated improvements to the water and sewer system in Emmitsburg. The rates will be raised for citizens over a span of two years. The first rate increase is expected in spring 2012, and the second increase in 2014. The rate increases will be designed to charge less for those who use less water and more for the larger water users. Emmitsburg received 14.5 million in grant money to help pay for the upgrades. The rate increases are needed to cover the amount not covered by the grants. The town is borrowing 5.5 million from the Department of Agriculture at 2.4 percent over forty years to help pay for the additional cost of implementing the improvements.

Emmitsburg Town Sign Change

The Commissioners approved changing the entrance signs for Emmitsburg from "Incorporated

1825" to "Established 1785." Mayor Briggs explained that this change should help in a positive way for marketing the town and for recognizing the important history of Emmitsburg (before 1825).

For more information about the town of Emmitsburg, log onto www.emmitsburgmd.gov.

Thurmont, January 2012

Tax Equity vs. Tax Differential

Town Commissioners voted to keep the status quo with the Tax Equity form of Frederick County Taxes. This means that the county would refund a portion of the taxes that Thurmont pays to the county to cover police, parks, and planning/zoning expenses.

With the tax differential scenario, the town would pay less to the county but end up without the refund to Thurmont. Thurmont would then have to increase their town tax to cover the difference in loss of funds from the county. "Citizens would want to know how the new tax rate would be arrived at," stated Commissioner

John Kinnaird. Kinnaird stated that reviewing the tax differential option would still be worth exploring in the future.

Snow Emergency Plan

Thurmont citizens will be getting a letter in their electric bill with important information about changes to the snow emergency plan. It will contain information about having to move cars in certain areas to allow snow plows full access for snow removal.

Fuel and Food Assistance

Anyone in need of fuel or food assistance this winter can contact the Thurmont Ministerium, Rev. Ruth Ann Ward at 301-271-2802.

The general public/organizations can donate food, fuel funds, or clothing to help those in need. For more information, please call the town office.

View the town of Thurmont's website at www.thurmont.com or call the town office at 301-271-7313 for more information.

Ornaments created for the Community Remembrance Tree can be claimed on January 11, 2012, from 5:15 - 6:30 p.m. at the Cozy Restaurant in Thurmont. If you are unable to pick up your ornament at that time, call 301-606-5797.

Community Chorus Welcomes the Holiday Season with Song



Photo by Deb Spalding

The Emmitsburg Community Chorus performed at the Basilica of the National Shrine of St. Elizabeth Ann Seton on South Seton Avenue in Emmitsburg on Sunday, December 4, 2011. The choral blends, in their vocal arrangements, were sweet music to the ears of their audience. They sang many favorites, such as "Silent Night" and "Have Yourself a Merry Little Christmas," as well as some less commonly heard pieces, such as "I Believe" (Quodlibet with the Bach-Gounod Ave Maria) and "Sleep Holy Child" by John Peterson.

Several impressive soloists charmed the audience, including Mike Mathis, Paula Mathis, Cathy Pecher, Mary Barrett-Friend, Tom Steigerwald, Betsy Graham, and Cheryl Carney. During the choral intermission, Ben Mathis performed as a guest soloist and Ainslee Tremaine performed as a guest guitarist. The choral foursome, comprising the group "Just Because," also performed.

The concert was free to the public, thanks to grant funding provided by the Frederick Arts Council. Seton Heritage Ministries provides the Basilica for use by the Emmitsburg Community Chorus for practices and the Christmas Concert. The Emmitsburg Community Chorus is a long-standing group of individuals who come together to share their love of singing. This non-profit group is directed by Peggy Burrier and accompanied by pianist, Lisa Mattia.

If you would like more information about the chorus, or if you are interested in joining, please call Betsy Graham at 301-898-7821, Mary Barrett-Friend at 301-845-1282, or Shannon Boyle at 301-447-3121.

Send in Your Snowy Pics

Send us photos of you, your friends and family frolicing in the snow for our February and March issues of *The Catocin Banner*.

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8 PM—Midnight
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Proceeds benefit Emmitsburg Business And Professional Association
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(currently rented) could also
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bank with drive through. Call
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have been looking for! Rustic
home with gorgeous hardwood
floors, stone fireplace, screened
porch and recent spacious
addition to include a custom
kitchen and dining room with
the most magnificent view of the
valley! Situated on 57 acres of
woods that includes a pond, a
large 2+car garage and 30 x 58
pole barn. Call Bonita Smith!



134 Hammaker St.
Thurmont- \$159,900
3 bedroom, 2 full and
2 half bath townhome,
partially finished basement
with half w bath. Fenced
back yard. The carpets have
just been cleaned. Needs
just a little tender loving
care.



Wigville Rd- Thurmont
3 gorgeous building
lots just minutes from
Cunningham Falls
SP. (\$219,000- 13.35
Acres, 6 BR, perc, well)
(\$179,900- 5 Acres,
5 BR, perc, well)
(\$169,900- 5.57 Acres,
6 BR, perc, 2 wells)



14750 Sabillasville Rd.
Thurmont- \$362,900
Spacious 2750 sq. ft rancher
with in ground pool on over
.75 of an acre! Gorgeous
cherry kitchen, hardwood
floors, stone fireplace and
incredible library/office off
of master suite with built-
ins and separate entrance!



Happy New Year!

from J&B Real Estate



3 E. Main St.
Thurmont- \$164,900
Excellent opportunity to
own a retail storefront with
2 one bedroom apartments
upstairs (both currently
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floor for tenants, many
possibilities! Recently
updated. Storefront
currently offered for rent.
Call Bonita Smith!



Tower Road,
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3 bedroom, 1 1/2 bath
rancher, attached garage
plus large storage shed/
garage, on 1.09 acre
wooded lot. Needs a little
TLC. Call Bonita Smith
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Great opportunity! Value
is in land! Well installed,
175 ft., 8 GPM. House on
property is a total rehab or
demolition project to build
the beautiful
home of your dreams.
Call Bonita Smith!



113 Bennett Dr.
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UNIQUE PROPERTY!
Beautiful 3 bedroom, 3.5
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Bennett Estates! Come see
the beautiful hardwood floors,
large main level master suite,
lower level rec room with full
bath, huge 3 car garage with
full attic storage above and
fully fenced backyard with bi-
level deck! New Trane
HVAC system!

This spacious 5 bedroom, 3.5 bath
modified cape is just fantastic! Over
3400sq. ft. with large living spaces,
tons of hardwoods, a stone fireplace
and in-ground pool, all located on
22 acres of expansive pastures with
gorgeous views! A lovely pond, creek,
greenhouse, barn and tractor shed
round out the property! Updated
windows, roof, HVAC and is freshly
painted! This is a must see.



13005 Graceham Rd. Thurmont - \$499,900

9 Meadow Lane, Thurmont-\$157,500



Practically Brand New! This
home is so well done! 2 bedroom,
1 bath newly renovated rancher.
Sunny kitchen offers, custom
cabinets, ceramic tile floor and
new appliances. Updated bath,
with ceramic tile and solid
surface vanity top! New windows
throughout. Hardwood floors,
crown molding, new vinyl siding,
front porch, central heat and a/c
and so much more!

Fort Ritchie Community Center's Annual Christmas Bazaar

by Arietta Grimmert

Over seventy vendors displayed various items—Christmas ornaments, wreaths, candles, Old Saint Nick in various shapes and sizes carved out of wood, crocheted scarves, holiday pictures, many gifts for the appetite and appearance, plus devotional calendars, jewelry, toys, and so much more—for shoppers to choose from. And, yes, the children were so busy shopping with their parents that only Jim Bittner was left to visit Santa for a picture for the paper. Thanks, Jim and Santa, for helping me out!



Photos by Arietta Grimmert



Pictured top: Jim Bittner visits Santa.

Pictured above: A beautiful example of what was displayed.

Pictured right: President of One Mountain Foundation, Bill Carter and wife, Heather.



The 6th American Cancer Society Benefit Dance

The 6th American Cancer Society Benefit Dance, sponsored by Relay for Life Team The G.O.L.F. C.L.U.B., will be featuring Frederick's Premiere Classic Rock Band, Sticktime. The Benefit Dance will be held on Saturday, February 11, 2012, from 8:00 p.m. until Midnight, at the Thurmont American Legion, located at 8 Park Lane, Thurmont, Maryland.

Tickets are a minimum \$10.00 donation per person (300 tickets to sell). Proceeds benefit the American Cancer Society. You must be 21 years old to attend. Doors will open at 7:00 p.m. There will be a Cash Bar. Chips and pretzels will be provided; feel free to bring your own snacks.

For ticket information, please contact Lisa Reed at 240-315-5331 or Lynn Ott at 301-447-3060.

Community Woman's Bible Study

Victory Tabernacle invites women of the community to join a daytime Bible Study, held on Mondays, from 10:00 a.m. to 11:30 a.m., beginning on January 9, 2012, in the church modular building.

The study topic is "New Beginnings: God's Transforming Love in the Lives of Biblical Women." Lesson One looks at the life of Eve. All women are welcome, regardless of level of Bible knowledge.

There is no cost. Please preregister by January 6, 2012, by calling Kathy Jenkins at 301-271-3658.

Victory Tabernacle is located at the corner of Kelly's Store Road and Catocin Furnace Road, Thurmont, Maryland.

Vigilant Hose Company Spring Fling

Get Your Spring Fling Tickets Now! Vigilant Hose Company #6's 4th Annual Spring Fling event is scheduled for Saturday, May 19, 2012, on Echo Field at Mount St. Mary's University. Register in full by February 1, 2012, to be entered in a bonus drawing for \$500. During this popular event, over \$30,000 in prizes is given away. Other features include horseshoes, good food, live music and tons of fun.

The Spring Fling is a benefit for Vigilant Hose Company and VHC Explorers Post. For tickets or information, call Chris Stahley at 301-447-3081, John Glass at 301-447-3648, Gabe Baker at 301-447-2212 or Bill Boyd at 717-642-9717. See their ad on page 3.

Special Explorer's Registration Night for Youth Interested in Fire Procedures

On January 11, 2012, at 7:00 p.m., there will be a special youth registration event for co-ed youth (ages 14-21) who are interested in fire company operation and procedures. In operation for many years now, "Explorer Post 6" is a scouting program sponsored by the Vigilant Hose Company Junior Fire Company Organization. Graduates of this program often go on to work with the Vigilant Hose Company or become career firefighters.

All registration fees are being waived for this one-night-only at the Fire Hall. Youth must be accompanied by a parent to register.

For more information, please contact Bob Rosensteel, Executive Youth Advisor, at 301-447-6272.

R.L. Delphey

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Fort Ritchie Polar Plunge

Fort Ritchie Community Center (FRCC) will host a Polar Plunge at Lake Royer on the Fort Ritchie campus in Cascade, Maryland, on January 1, 2012. A polar plunge party with a bonfire on the beach, S'mores, hot chocolate, and music will begin at 12:00 p.m., with the plunge occurring about 1:00 p.m. The beautiful Lakeside Fort Ritchie restaurant will be open, featuring a roaring indoor fire place, cash bar, and hot soups.

"A polar plunge is a fun way of incorporating our mission of promoting an active lifestyle with the unique and gorgeous natural setting Fort Ritchie offers," said Kirsten Hubbard, Business Manager for FRCC.

Participants are required to raise at least \$25 to support Fort Ritchie Community Center programming, which entitles them to a long-sleeved polar plunge t-shirt. Participants under the age of 18 need supervision and a parent or guardian's signature. Spectators are invited to join in the party and to watch the Polar Plunge free of charge.

Pledge forms and additional information may be found on www.TheFRCC.org or by calling 301-241-5085. Find the polar plunge on Facebook at 'polar plunge 2012 at Lake Royer,' text the word 'polar' to 22828, or email khubard@TheFRCC.org. Sponsorship opportunities are also available.

Fort Ritchie Community Center is a non-profit organization, with a mission to create and provide healthy lifestyle and leisure activities, foster community traditions, and promote cultural development through the arts, education, sports, technology, and natural resources to enhance the quality of life for area residents.

Graceham Moravian Church Offers Course in Handbell Ringing

Graceham Moravian Church will be offering "Introduction to Handbell Ringing" in January 2012, taught by Jack Fisher. This will be a four-week course designed to teach the basics of handbell ringing for those who have never played handbells before. It will also be appropriate for individuals who have limited experience or who played years ago and would like a refresher course. The course is open to anyone ages 12 and up. No musical experience is required.

Sessions will be taught on four consecutive Sundays, January 8-29, 2012, from noon until 1:00 p.m., at the church which is located at 8231 Rocky Ridge Road, Thurmont, Maryland. Topics covered include basic ringing technique, introductory music reading, dynamics, and ensemble ringing. At the end of the course, the ringers will be able to put together all they have learned by playing together as a group.

Mr. Fisher has over 40 years of experience ringing, directing, composing, and arranging music for handbell choirs. He first studied handbell ringing under the direction of Dr. James L. Fisher, who started the first handbell choir at Graceham Moravian Church in 1966. He has also studied under Larry Henning, founder and director of the Westminster Ringers. For additional information about this course or about Graceham Moravian Church, please contact Pastor Sue Koenig at 301-271-2379.

Christmas Putz at Graceham Moravian Church

The Graceham Moravian Church will present its Christmas Putz on Friday, January 6 and Saturday, January 7, 2012, from 6:00-8:00 p.m. Showings will be offered every half hour, and are open to all. The word "putz" comes from the German word "putzen," which means "to decorate." The



Courtesy Photo

putz retells the story of Christ's nativity through a series of miniature scenes. Natural materials, including pine, moss, holly, and rocks are used to construct the background into which the figures for each scene are placed. The scenes are lighted as the story of the birth of Jesus is narrated and carols are played. The church is located at 8231 Rocky Ridge Road, Thurmont, Maryland. For additional information about the Christmas Putz or to make arrangements for a showing for a group, please contact Pastor Sue Koenig at 301-271-2379.

The Ott House Pub to Host Safe and Sane Benefit

The Ott House Pub, located on the Emmitsburg Town Square, will host a Catocin High School (CHS) Safe and Sane Fundraiser to benefit CHS graduates in the Class of 2012. Stop in for some fun on Friday, January 6, 2012. The band "Sticktime" will play while door prizes and a live auction round out a memorable evening. Admission is a \$5.00 donation at the door. See the Ott House Pub's entertainment schedule for January on this page. Call 301-447-2625 for more information.

Rock N Roll Relics Dance

On January 21, 2012, Emmitsburg Business and Professional Association (EBPA) will be hosting a Rock N Roll Relics Dance. Enjoy original Rock & Roll sounds from the 1950s and 1960s. The event is being held at Mother Seton School, located at 100 Creamery Road, Emmitsburg, Maryland, from 8:00 p.m.-Midnight. BYOB. Proceeds benefit Emmitsburg Business and Professional Association. For tickets or more information, please contact Bob Rosensteel at 301-447-6272 or Kim Gore at 240-357-7043. See their ad on page 4.

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It's a Wonderful Life in Thurmont



Courtesy Photo

Pictured are a few of the many volunteers who helped with the 2011 Christmas in Thurmont. Left to right: Joanne Patenaude, Jen Wathen, Stacie Zelenka, Macio and Leila Zelenka, Cindy McKane-Wagester, Elf Carol, Diana Stull, Mrs. Claus & Santa, Madison Dewees, Bill Gorman, and Irene Matthews.

The holiday season in Historic Main Street Thurmont, Maryland, is a magical one. On Saturday, December 3, 2011, all were invited to participate in the 9th Annual Christmas in Thurmont, an old-fashioned holiday event. Our visitors explored the many fine businesses that make Thurmont their home. Santa was with us all day long and had gifts for the first 200 children who had their photo taken with him. Children ages 0-17 could register to win grand prizes to be given away at 5:00 p.m. For the adult children, they received a map on which they needed to secure stamps by visiting 25 local businesses throughout the town. Turning in the stamped page made them eligible for grand prize drawings. These prizes were donated by the EDC (Economic Development Committee), many local businesses, and residents in Thurmont. Everyone enjoyed cookies, hot cider, and apples. Everyone came together at 5:00 p.m. for Christmas caroling, led by the Thurmont Lions Club, around the Lions Club Remembrance Tree.

During the day, there was dancing by our own ESP dancers, singing by the Catoctin Show Choir, touring at the historic Creeger house, Santa reading to children at the Thurmont Public Library, face painting, and, of course, the best part...Christmas presents! At 5:00 p.m., after the caroling, everyone met at Hobbs Hardware, where members of the EDC of Thurmont First, Inc. raffled off grand prizes to five categories of children, ages: 0-4, 5-8, 9-12, 12-17, and 18+. Over \$4,000 in prizes were raffled off. Before everyone left, we chose our winner of the Scooter raffle (worth \$2,000) and the winner of the Washington Capitals Hockey package donated by WTHU radio. A wonderful day was had by all. Our community wants to thank all of the volunteers, individuals, businesses, and organizations that helped make this day such a success. We thank the following for donations: Stauffer Funeral Homes; Catoctin Wildlife Preserve and Zoo; Scootertronics; Powell Insurance Agency; Catoctin Mtn. Trains & Hobbies; Timeless Trends Boutique; Pondscapes; Catoctin Colorfest, Inc.; Virginia & Jay LaRoche; Simply Asia; Irene Matthews; R.S. Kinnaird Memorials; Twice Is Nice; Morningstar: The Perfect Gift; Catoctin Mtn. Spa and Tub; That Rebel Place; Main Street Groomers; Brown's Jewelers; Hobbs Hardware; Bill Gorman; PNC Bank; Ace Hardware; WTHU Radio; Catoctin Mtn. Orchard; Intown Barber; Shamrock Restaurant; Amvets Post 7; Mike's Auto Body; The Cozy Inn; Karen & John Kinnaird; Mountain Gate Restaurant; Town & Country Liquors; Fratelli's; Affordable Storage; Thurmont Bar and Grill; Alizee Pathology, LLC; Here's Clydes; Healing Touch Massage; Thurmont Kountry Kitchen; Blockbuster; Joyce McKane; Quiznos; Elizabeth & Richard Lee; Rocky's Pizza; Heather and Scott Dewees; Cindy McKane-Wagester; and Elsie Nails.

Be sure to go to our website www.thurmontfirst.com or our Facebook page Main Street Thurmont for information on all our upcoming 2012 events in Historic Thurmont, Maryland, and to see some great photos. Come and make lasting memories in Thurmont. For more information, please contact Stacie Zelenka, Chairperson, at 240-446-2846 or pspondscapes@msn.com or Cindy McKane-Wagester, Main Street Manager, at 301-271-7313 or cindy@thurmontstaff.com.



The Great Pumpkin

Kylie Weant made a "snow pumpkin" during the snow storm in October 2011.

Courtesy Photo

**Wishing You
a Happy
New Year!**

from all of us at
The Catoctin Banner

Men's Oasis: Celebrating Five

Men's Oasis Barber Shop is proud to have completed five years of service to Thurmont and the surrounding areas. They always knew that Thurmont was a warm, friendly town, and after five years in business, this has proven to be true. Many of their early "professional" relationships have developed into "family-style" relationships, and they look forward to building more in the years to come. "It is gratifying to have seen these familiar, friendly faces continue to return through all of the five years we have been open. We have even made return customers out of many 'tire-kickers' who came in to 'just try us out.' It is also quite humbling to have customers come in for a haircut from near and far after hearing about us from their friends and family," states Sandy Miller, owner. In addition to Thurmont, they have had clients from Gettysburg; Waynesboro; Mt Airy; Brunswick; and even Alexandria, Virginia.



Courtesy Photo

Pictured is Sandy Miller, Owner, and a Men's Oasis customer.

"This was even more evident when clients helped my family out when my husband was laid off right before Christmas in 2009," added Sandy. To try to repay all of the support given to us through the years, Men's Oasis was proud to become a sponsor this year of the Thurmont Little League, and they look forward to many more seasons ahead.

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Big “Dutch” Treat for Hope Alive

On Sunday, December 4, 2011, at 1:00 p.m., Dutch’s Daughter restaurant in Frederick, again, opened its doors to host their second annual Hope Alive, Inc. Christmas brunch. Owner, Eileen Gideon, follows her heart’s leading to provide this generous affirmation to Hope Alive’s residents, staff, and Board of Directors. The brunch offered a beautiful space to gather, excellent waiting service, and a large buffet, featuring tasty food selections of crab soup, omelets, prime rib, and scrumptious desserts—just to name a few. Volunteer James Julian provided a Christmas story for the children. Volunteers of the Year were also honored with individual gift plaques, and their names will also be placed on a permanent plaque that hangs in the entrance hall of the Hope Alive home. Barbara Dangler received the 2009 award for her long-standing and faithful service in in-kind gift management and fundraising. Diane Miller received the 2010 award for her—and her family’s—generous gifts of time, resources, and love to mentor and support a Hope Alive graduate family. Penny Millison received the 2011 award for her outstanding Board leadership, which provided a deeply-needed stability to the ministry. Hope Alive, Inc. is a faith-based, nonprofit program in Sabillasville, Maryland, called to provide a transitional home and comprehensive support services to empower homeless women and their children with values, dignity, and with the skills they need to live self-sustaining lives filled with hope and a future.

Mount St. Mary’s to Build Visitor Center

Mount St. Mary’s University in Emmitsburg, Maryland, will construct a Visitor Center for the National Shrine Grotto of Lourdes this spring, providing much-needed resources for the hundreds of thousands of people who annually visit the historic campus landmark.

Funding for the project was recently secured, allowing the University to move ahead with the 5,000 square-foot facility. The proposed two-story structure, designed to wrap around the existing 100-foot Pangborn Memorial Campanile, will house a large, multi-purpose conference room, a gallery and gift shop, outdoor gathering spaces for visitors, and administrative offices.

“We are extremely blessed to have this glorious national shrine on our campus, and soon we will have an extraordinary center to welcome our many visitors,” said University President Thomas H. Powell.

The \$2.7 million project is funded primarily by donor gifts to the Grotto and will remain open during construction with regular hours and masses held daily. Completion of the Visitor Center is expected in early 2013.

“The Center will have so much to offer,” says Bill Tronolone, director of the Grotto. “It will be equipped to host weddings, business meetings, conferences and retreats, and will be a great destination for visitors year-round, even when the temperatures drop during the winter months.”

The National Shrine Grotto of Lourdes welcomes more than 300,000 annual visitors from across the globe. It features one of the oldest American replicas of the Lourdes shrine in France, built about two decades after the apparition of Mary at Lourdes in 1858. For more information on the Grotto please visit, www.msmary.edu/grotto.

business news

Plaza Restaurant Closed

by Joan Fry



Photos by Joan Fry
Pictured are Jack Martin, Manager; Jason Lawler, Paige Shilling, and Julie Wantz, employees of The Plaza Restaurant.

The Plaza Restaurant was a gathering place, a place to meet or take friends and family, a place to expect to see the “regulars.” At the end of October 2011, The Plaza Restaurant, located at Blue Ridge Summit (just off the plaza and across from the library) closed.

I want to take this opportunity to tell you about the manager of the restaurant, Jack Martin. Jack managed the restaurant for about 20 years, and during that time, became known as a quietly generous person. He donated holiday meals to those less fortunate; held “waiter nights” to help raise money for Boy Scouts, children in need, and Mountaintop Heritage Day, encouraging young people to get into the act for their charity. Coordinating with two local elementary schools, Jack contributed to holiday meals, clothes, and toys,

and allowed organizations to hold Bingo at the restaurant to raise money for worthy community projects.

In addition, Jack plowed snow for the library without charge, and he would take money from his own pocket to help someone truly in need.

Since breakfast is my favorite meal, I now plan my errands around it. If I’m going in the direction of Waynesboro, my favorites are Brothers Pizza in Rouzerville or The Parlor House on Potomac Street. On weekends, I go to the Blue Ridge Sportsmen (membership not required), and if running errands in Waynesboro, Thurmont, or Emmitsburg, I like Mountain Gate Thurmont or Waynesboro. Both Mountain Gates serve breakfast anytime. The other restaurants mentioned serve breakfast daily from 9:00-11:00 a.m.

At this special time of year—and all year—we can take notes from Jack. He, his employees, and The Plaza Restaurant will be deeply missed. It is hoped that they will find much happiness in their future endeavors.



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Both were shot in Middlepoint, Maryland



Pictured (above) is Michael Clise's first deer, an 8 point, shot on youth day. The following week, he shot an 11 point (right). Michael is 14 years old.



Pictured (right) Jim Hoover with his deer.



Pictured (above) are Devin Shorb, Benjamin Hemler, and Garrett Shorb (ages 11, 8, and 8) hunting squirrels in Breezewood, Pennsylvania, with their grandfather, Ronald Hemler.



Pictured (right) is Russell Rice from Sabillasville with an 8 point buck.

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Pictured (above) is Michael White with his first deer of 2011.



Pictured (left) is Dustyn Icard (age 15) of Thurmont who shot a long horn spike whitetail deer on November 12, 2011, on youth hunt day in Montgomery County.



Pictured (right) is Matthew White with his first deer of 2011.



Pictured (above) is Benjamin Hemler's (age 8) first deer from Youth Day 2011.

Hidden Object Game, "Where Am I?" Photo Game & "Who Am I?" Game

Congratulations!

From the December issue of *The Catocin Banner*, Sandy Long is the winner of this month's Hidden Object Contest (\$25 gift certificate). There were a hand full of people who really did find the hidden skunk in last month's issue. Deb couldn't even find it, and she put it in there. It was teeny tiny and placed in the Stone Worx ad on page 31. Kathleen Sanders was selected as the winner of the "Where Am I?" Game (\$10 gift certificate). Last month's "Where Am I?" Photo was taken at Rainbow Lake in Emmitsburg. This month's Hidden Object is an airplane. Special thanks to Jonathan Guidone Airline Photography.

For the "Where Am I?" Photo contest, take a look at the photo and tell us where it was taken. It is somewhere in or around our Northern Frederick County Area. Our area is defined as Rocky Ridge to Cascade and Lewistown to Emmitsburg, Foxville to Creagerstown and everywhere around and in between. Call 240-288-0108 to leave a message or e-mail news@thecatocinbanner.com. Don't forget to leave your name and phone number. Congratulations!



Check the Calendar

Be sure to check the calendar on page 31 for bingos, breakfasts, dinners, programs, benefits and other events of interest.

"There is no man living who isn't capable of doing more than he thinks he can do."
~Henry Ford

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people making news

Catoctin Champion Medal Winner

On Saturday, December 3, 2011, Lillie Perella—daughter of Christine and Charles Perella—competed at the AAU National XC Championship Cross Country Meet in Orlando, Florida. Lillie proved that “Desire+Effort=Success,” as she raced to a personal best time of 11:58.57, beating her previous best time by eight seconds. Lillie was one of 84 runners in her age group, competing in the 3K (1.86 miles), finishing in 14th Place. Lillie is the first National Champion Medalist for the Catoctin Youth Association (CYA) XC program.

After the race, Lillie commented that she “felt good” and that the best part of the race was “passing all the other runners.” In preparation for this event, she trained at night, two nights per week and on Saturdays, on trails throughout Frederick County for the seven weeks leading up to the race.

Lillie has been a member of the CYA XC and Track and Field program for the past five years. She is currently a seventh grader at Thurmont Middle School in Thurmont, Maryland.



Courtesy Photo

Pictured is Lillie Perella, the first National Champion Medalist for the CYA XC program.

Children Caring for Children



Courtesy Photo

Pictured are youth and adult Sunday School class members of St. John’s Evangelical Lutheran Church.

The Sunday school classes of St. John’s Evangelical Lutheran Church in Thurmont, Maryland, prepared 26 boxes to send to children around the world to help spread hope through the Good News of Jesus Christ. The gift items in the boxes included toys, school supplies, and hygiene items. In addition, some of the children also wrote personal notes to be included in the boxes to inspire and encourage the children. The ministry opportunity is operated by Samaritan’s Purse and is called “Operation Christmas Child.” Members and friends of St. John’s brought the contents to fill each of the shoe boxes. Two of the children—Tyler and Alex Hauk—participated in last year’s “Operation Christmas Child,” and in anticipation of packing the boxes for this year, saved their happy meal toys throughout the year and donated them to be included in the boxes. The shoe boxes are then wrapped in festive Christmas paper. It is inspiring and uplifting to see children get so excited about preparing gifts for other children who are less fortunate than themselves.

Guardian Hose Company Gives Back to the Community

Junior members of the Guardian Hose Company recently gave back to the Thurmont community by collecting donations and supplying four area families with a holiday meal.



Courtesy Photo

Pictured from left to right are Samantha Duble, Brooke Miller, Tyler Burke, Donald Easterday, Daniel Myers, Chris Yingling, and Chris Kinnaid Jr.

“In the long run, we shape our lives, and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our responsibility.”
~Eleanor Roosevelt

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Thurmont Grange Holds Annual Ceremony

by Arietta Grimmett

Over the years, the Thurmont Grange has been involved in several community improvement projects, such as placing identifying markers on water hydrants, installing signs for local churches, as well as other community signage.

Recently, they presented over 200 dictionaries to third graders in surrounding area Elementary schools. Members are currently involved in preparing fruit baskets and care packages for six families in need.

Since the inauguration of the Thurmont Grange at the Odd Fellows Hall on January 26, 1946,

with M. O. Royer as presiding Master, many have joined the organization.

On November 28, 2011, Master Rodman Myers gave recognition to the following individuals for duration of service: Russell Moser—an active member for 60 years and an avid sports enthusiast; Jim Moser—an active member for 60 years who served as Master from 1964-1965; Mary Ann Sharer—an active member for 40 years; Wendell Zentz—an active member for 40 years; Myron Troxel—an active member for 25 years and served as Master in 1996 and 1997; and Dottie Huffer Plummer—an active member for 60 years.

Grange Lecturer, Helen Troxell, presented the Grange's Annual Community Citizen Award. Each year the recipient of this award is kept secret and this year it was a surprise to Deb Spalding, a graduate of Catocin High School and Towson State University, and owner of E Plus Copy Center and *The Catocin Banner* Newspaper. Thurmont Town Commissioner, John Kinnaird, presented Deb with a Proclamation from the Town of Thurmont.



Photos by Arietta Grimmett

Above: Recognized for duration of membership were, left to right: Jim Moser, Russell Moser, Mary Ann Sharer, Myron Troxel, and Rodman Myers. Below: Deb Spalding is shown left being presented the Thurmont Grange's Annual Community Citizen Award by Grange Lecturer, Helen Troxell.



Sidney Moser Plummer recognized for making lap robes for area nursing homes.

Several people commented regarding their appreciation of Deb's active role in community service and her contributions community-wide.

Deb stated, "The best part of being the recipient of this award is that it is given by a group of people who are the people you see doing so much in the community. It is an honor to be recognized by them."

Several members of Deb's family were in attendance,

including her parents, Robert and Barbara Abraham; sister, Carol and niece, Paige Gray; parents-in-law, Don and Joan Spalding; great aunt,

Hazel Zinkhan; uncle, Jim Bittner; and aunt, Joan Fry.

Recognition was given to Sidney Moser for making several lap robes to be distributed to area nursing homes.



Courtesy Photo

The Thurmont Grange recently presented dictionaries to all third grade students at the Lewistown Elementary (left) and Emmitsburg Elementary (below) Schools in conjunction with their Words for Thirds community service program. All third graders in the Catocin Feeder area received dictionaries from the Thurmont Grange in November or December.



Photo by Danielle Hoff

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“Bessie Darling” Musical Premiere Scheduled for Spring — Continued from coverpage.

of the songs Spence selected for use in this musical. Doug Benson of Harvest Recording Studio in Thurmont originally arranged and performed some of her music in the 1990s. Spence indicated that, “Bessie Darling’s life revolved around music. She was an accomplished pianist.” Her talent as a pianist led her to Joseph Pache, a choral conductor and voice teacher in Baltimore, who gave her a job as his assistant. The play starts with Bessie applying for a job with Mr. Pache. Mr. Pache wanted a retreat during the summer months for him and his friends in the Oratorio Society of Baltimore and the Choir Invisible, a Washington, D.C. chamber ensemble. This endeavor led Bessie to Deerfield.

The last act of the musical depicts events from the attempted suicide and subsequent murder trial of George Schultz, Bessie Darling’s ex-lover, in the Frederick County Courthouse in 1934, all the way to Winston Churchill’s famous May 1943 visit to President Roosevelt at Shangri-La. By that time, Valley

View Manor (refurbished by WPA workers and renamed Mount Lent) was part of what was known as the Catoctin Recreational Area (now the Catoctin Mountain Park). About 1,800 acres of the park were taken over by the War Department during World War II and was used for O.S.S. spy training from 1942-1944.

While Bessie’s murder occurred in 1933, it is known that Valley View Manor, although ransacked frequently, existed largely intact as late as 1955 or 1956. However, it is still a mystery to Spence as to the exact year when it finally burned. Only parts of three walls and the basement remain standing today, and are now almost unreachable, even on foot. The Bessie Darling Story, along with the fascinating history and importance of this local Federal park land during WWII, can be accessed on the Catoctin National Park website at <http://www.nps.gov/cato> by clicking on the menu selection “History and Culture.”

For musical audition information, please see article to the right.

Thurmont Thespians Announce Auditions for World Premier of “Bessie Darling,” a musical by Spencer and Barbara Watson

Most Thurmont folks have heard the story of Bessie Darling, the beautiful actress who was murdered in Highfield in 1933 by a jealous lover. If you have lived in Thurmont for very long, you probably have heard at least a bit of the story. If not, hold on to your hat, because the story is coming full blown to the American Legion Stage in March of 2012!

Spence Watson interviewed the first-hand witness to Bessie Darling’s murder—Maizie Willard—at length after he moved to this area in 1997, taping the interviews so there would be a documented record of her memories. Using music, Spence Watson is putting this local story to music in an exciting re-creation of the story from start to finish. However, this is not going to be the usual three or four character play. We need the community to get behind this and to join in the fun.

The basic script calls for over 20 men (there are 12 jurymen alone) and at least as many women. There will be doubling of roles, so the fun of playing one role in the first act and another role in the second act, is to be anticipated.

Auditions for this extravaganza are being held on January 8, 9, and 10, 2012, at St. John’s Lutheran Church Social Hall, 15 North Church Street, Thurmont, Maryland, at 7:00 p.m. Director Beth Watson asks that you come prepared to read from the script, sing something of your choosing, and check out the tentative rehearsal schedule for your availability. We need all ages, but are going to need a predominance of mature folks. The lead roles will be expected to attend at least three rehearsals a week, but the chorus and walk-ons are promised to not be called more often than once a week until tech week.

If you have always wanted to get your feet wet with singing or acting, this is your chance! We expect this to be a community undertaking, and we need all the people who are willing to help. In addition to on-stage work, a back-stage crew of at least eight people will be needed—four to a side. If you have seen our large shows in the summer, you know how big and versatile the stage can be.

For any questions regarding the auditions, please call Beth Watson at 301-416-0864. Hope to see you at St. John’s in January for auditions, and be sure to mark your calendars for the last two weekends in March, so you don’t miss the world premiere of “Bessie Darling.”



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Joint Service

Sermon Series in January
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Traditional Worship Service
Sundays Starting January 8th - 9:00 a.m.

Bible Study for Adults
Sundays at 10:15 a.m.
Wednesdays at 10 a.m., “Ephesians”
(come at 9 a.m. for Wii & Fellowship)
Thursdays at 7 p.m. on “Ephesians”

40 Minutes of Hope Service
Sundays starting January 8th - 11:20 a.m.

Heart and Hands Service
A monthly worship service
focused on missions
Thursday, January 26th

Prayer Shawl Ministry
January 18th, 7:30 p.m.

Rock Solid Children’s Program - ages 3-10
Wednesday, Jan. 4th & Jan. 18th
6:30 - 7:30 p.m.

Youth Group
For ages 11-18,
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senior moments

by Helen Deluca

In spite of running into a few unexpected problems, the renovating of the Thurmont Senior Center is running close to schedule.

In my last article, I gave quite a list of what is needed at the Center. I hoped there would be a "Santa" out there that might have a gift for us. I asked for dishes and silverware, among other things, and we received a call from Arietta Grimmett from the Church of God of Prophecy in Sabillasville, telling us that they had dishes, silverware, and other kitchen supplies that they wanted to donate to the Center. What a wonderful gift, and we offer all of them our sincerest thanks for their generosity.

I would like to clarify what the renovating grant means to the Center. The grant money is used only for the purpose for renovating the building to meet the American Disabilities Act. All the monies go into the reconstruction of the building. Other needs, such as drapes, blinds, dishes, utilities, insurance, and maintenance are not included in the grant. If you are in the position to help with any of these expenses, we would love to hear from you. The Center is being operated by volunteers, but it should be considered a community project.

I know there are clubs and groups that support boy scouts, playgrounds, town projects, and so forth, but aren't the seniors just as important? Isn't it necessary for the seniors to have a place to go for lunch and companionship? We are looking forward to the day when we can have a grand reopening of the Center, but we need your help and cooperation.

The Thurmont Center has been receiving some very complimentary

comments in the press lately. The lunch program is continuing. The Cozy Restaurant has graciously agreed to deliver the food to Our Lady of Mount Carmel parish center during the month of December. Cost is still \$5 or a donation. You must call 301-271-7911 to make reservations one day ahead.

The Thurmont Senior Christmas party was a huge success. The food prepared by the volunteers at Graceham Moravian Church was delicious and plentiful. John and Peggy Offutt provided wonderful entertainment, and door prizes were appreciated by everyone. The quilt raffle was won by Paula Mathis, second prize of \$100 went to Bonnie Coblenz, and third prize of \$50 went to Ellen Wilson. Santa took time out from the town festivities to visit with the 90 seniors present who were having a grand time.

The Census Bureau recently had an article in the Frederick News Post about the growing amount of seniors throughout the state and county. The newspaper used a picture from the Thurmont Senior Center with the story. Did you recognize anyone from that article? I would like to quote Mr. Ted Meyerson, President of the United Seniors of Maryland, "If this country is going to look like the country I grew up in, we need to take care of the people who need taking care of." Personally, I couldn't agree more. I've said it before, and I'll say it again, without the past you have no present, without the present you have no future. We can't and shouldn't ignore the seniors.

Let's all pray for peace and prosperity in the New Year.

Thurmont Senior Christmas Luncheon

Photos by Irene Matthews



Pictured are John and Peggy Offutt.



Pictured are Patt Troxell and Commissioner John Kinnard as Santa.

Dear Seniors and Young at Heart

I would like to invite you to the Emmitsburg Senior Center. We are very fortunate to have a lovely center that has many fun activities and programs:

Wii bowling, card games, exercise and strength training, bingo, and dominos, and we are always open to new games and fellowship. We have a nurse who comes to the Center every third Tuesday of the month, taking blood pressures and giving educational health talks. Our Center also highlights other speakers throughout the year.

Please make a New Year resolution to come to the Center in 2012. Have a healthy and happy New Year.

The Emmitsburg Senior Center is located at 300 South Seton Avenue, Emmitsburg, Maryland. For more information or if you have any questions, please call Linda Umbel, Senior Center Coordinator at 301-600-6350.

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Submit Your Senior Moments

We invite citizens who would like to contribute to this section to email news and photos to news@thecatocinbanner.com. You don't have to be great writers or great photographers, you just have to send your items. We especially reach out to the Emmitsburg Senior Center, Mountain Top Seniors, Thurmont Senior Center and any other senior-related group or individual to send in updates and pics. While we aren't expecting a word play on "Senior Moments," feel free to take a moment to be creative and make it your own.

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5th Annual EBPA Banquet Held

The 5th Annual Emmitsburg Business and Professional Association (EBPA) Banquet was held Friday, December 2, 2011, in Joanne's Ballroom at the Carriage House Inn in Emmitsburg, Maryland. EBPA's President, Chris Ohanian, served as Master of Ceremonies. While Chris has the unique distinction of not owning a business in Emmitsburg [he owns Infinity Global Travel in Taneytown], he said that he's noticed that Emmitsburg "has a lot of citizens that give a darn."

He reviewed that 2011 was an exciting year for the EBPA with networking events at member business locations, including Elizabeth's Helper Cleaning Servants, Stavros Pizza, St. Philomena Books & Holy Grounds Café on the square, and Catocin Mountain Orchard in Thurmont.

The EBPA's annual scholarship through the Community Foundation of Frederick County went to a North County student in the amount of \$1,150; in February, a Green Homes Challenge was held in conjunction with the Frederick County Office of Environmental Sustainability; and also EBPA's first annual Business Expo was held in June with over 20 businesses and organizations participating. A first for EBPA was an evening networking event in partnership with the Thurmont EDC. The folks at Catocin Mountain Orchard hosted the event, and it was a nice success.

Several members of the community were recognized, including the Emmitsburg Volunteer Ambulance Company's contribution to the "Change For Food" program that benefits the Emmitsburg Food



Photos by Deb Spalding

EBPA President, Chris O'Hanian, is pictured left presenting a plaque of appreciation to Pam Sielaff of St. Philomena's Book Store and Holy Grounds Cafe.

bank. The Ott House was also recognized for hosting a celebrity bartender night, where over \$1,400 was raised for Change for Food.

Former EBPA President, Conrad Weaver, was recognized for his work on the www.EBPA.biz website. The Most Improved Business Award was presented to St. Philomena Books and Gifts and Holy Grounds Café, located on the square. And finally, the Extraordinary Community Service Award was presented to Mark Zurgable of Zurgable Hardware in Emmitsburg. A nice video presentation featuring interviews of Mark's friends and associates brought to light that Mark was a perfect recipient for the special award.

A luncheon will be held Thursday, January 19, 2012. Guest speakers



Mark Zurgable of Zurgable's Hardware Store in Emmitsburg was presented EBPA's Extraordinary Community Service Award. Pictured left to right are Robert Rosensteel, Sr., Chris O'Hanian, EBPA President; Mark Zurgable; Bob Hance and Dale Shields.

Free Thanksgiving Dinner at AMVETS Post 7

The AMVETS Post 7 in Thurmont, Maryland, gave a Thanksgiving Turkey Dinner at the post home from 12:00 p.m. to 3:00 p.m. for families signing up at the food bank, and they also accepted walk-ins. The event was chaired by Jim Burns, and he did a great job of organizing the event. Mary Forrest was in charge of food preparations and serving. Joe Forrest greeted people at the door and handed out gifts.

Many volunteers donated food, came to help prepare the food, set up for serving, served the food, and helped with the clean up.



Courtesy Photo

Volunteers: Jim & Sandi Burns, Tom & Ruth Joy, Keith & Kathy Hoovermille, Nick & Lynn Cherish, Wayne & Lisa Reed, Joe & Mary Forrest, Jim Jr & Joan Houck, Jim 111 & Cheryl Houck, Chris & Missy Saylor, Ed Superczynski, Pete Forrest, Sean Warner, Dick Fleagle, Donnie McKinnon, Darryl Smith, Mike Mahoney, Stacy Long, Laken Grossnickle, Gerry Bowers, Caroline Parker and AMVET YOUTH- Cara Smith, Bri Saylor and Charity Warner.

will be Jane Hyde, the CEO of Gettysburg Hospital, as well as Frederick County Commissioner Kirby Delauter, who will speak about the state of the County.

EBPA's annual fundraiser Rock N Roll dance, featuring the Rock N Roll Relics, will be held at Mother Seton School on Saturday, January 21, 2012. Also, the latest edition of EBPA's Emmitsburg visitor's brochure and map has a new look and format that everyone will enjoy. See page 6 for details about the dance or visit www.EBPA.biz for more information.

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Wildlife Day at Sabillasville Elementary School



Courtesy Photos

Back row- Catocin High School volunteers: James Winfrey, Richie Doney, Aspen Tressler, Wyatt Farmer, and Nate Wagner. Front row: Fifth grade students Robert Hahn, Owen Brown, Sammy Hurley, Kimberly Linebaugh, and Sydney Willard.

On November 17, 2011, Sabillasville Elementary fourth and fifth grade students enjoyed Wildlife Day. Throughout the day, students participated in many activities. In the morning, students from Catocin High School's Wildlife class read books about deers and bears to the students. Students learned about adaptations, animal characteristics, and survival needs.

Jeff McAfee (Maryland Department of Wildlife) and volunteer Dean Weagley shared information about bears in the area. Students were able to make real-life applications of science skills learned in the classroom. Students learned information about hibernation, overpopulation, and how humans can have negative and positive effects on the environment. Students also had the opportunity to see firsthand how the fur of an animal helps it

adapt to various weather conditions. Department of Natural Police Officer, Rich Doney, visited and discussed laws regarding wildlife and the jobs of a Natural Police Officer.

Sabillasville Elementary students and staff would like to thank all of the volunteers for helping to make this day such a success, as well as Brian Hendrickson, Charmane Nesbit, and Jan Witt from Catocin High School for helping to make this day possible.



Standing: Fifth Grade students Dan Selders, Emma Bentz, Kayla Grimes. Sitting: Karlie Martinez and Dylon Cooley.

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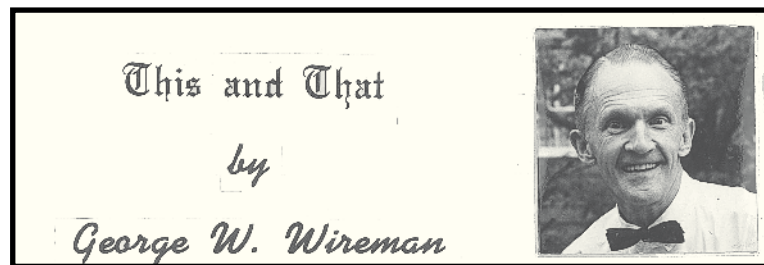


Play Our Games

See page 11 to take part in our "Where Am I?" and Hidden Object games.

See page 23 to play the "Who Am I?" Game

Call our contest line at 240-288-0108



Some Thoughts for the New Year

Over the years as a writer, I have been in the habit of collecting important bits of information on a variety of subjects. I have kept this information in a small notebook, and on occasions, I have referred to it when faced with everyday frustrations. I have found this information to be very helpful, indeed.

With the New Year 2012 upon us, I have picked some thoughts pertaining to the subject of “communications,” which play a major part in our daily lives, no matter whether it be at home or at work.

Communications play a very important part in the newspaper business, is very important in our daily work schedule, and in our associations with friends and family. The secret of being a good communicator—whether at home or work—depends upon six important points, which I would like to share with the readers of this column.

(1) BE PROMPT. No information, no matter how reliable, is worth communicating if it is too late to be acted on. At work, how quickly you should tell the boss about something often depends upon your judgment of its importance. It you have a rush job, don't depend on the routine methods in communication with the boss or superior. Promptness is the key.

(2) BE ACCURATE. Somebody told me information reports that are mostly based on assumptions, conclusions that are founded upon inadequate facts, gossip, and the like are the “bugaboos” of communications. Keep in mind that your superior may have to act on what you tell him. If due to urgent circumstances, it is important that your report of “hearsay” information, should, by all means, be labeled as “hearsay,” because you have not had time to investigate the details.

(3) BE COMPLETE. Give the full story right away. Except in emergencies, it is very wise to assemble all the facts and check them carefully before you give them

to your boss or to a friend. Never consider your communication complete on the subject just because you think so. The unexpected may upset your plans.

(4) BE LOGICAL. Always make sure that your information you are about to communicate is organized before you give or report it. If your communication is confused with a welter of meaningless detail, or if the facts are out of sequence or not related to the main topic, chances are you may bury your message under a mass of out-of-place commentaries. Your object is to give the boss or your friend a straightforward presentation, not to make him or her figure out a puzzle.

(5) BE OBJECTIVE. Don't tamper with the news. Regardless of who you are communicating with—family, friend or the boss—it is your job to give unvarnished facts, not an interpretive analysis of them. Remember, if he or she needs your opinion, they will ask for it.

(6) BE SPECIFIC. When communicating—at home or at work—be sure you talk about one point or subject at a time. If you try to cover the waterfront every time you communicate, you will often find yourself in deep water. Always remember, if one item is of overriding urgency, give it the full treatment. You can always pick up the minor matters later.

No matter where you go in life, regardless of what type of job you have, effective communication is very important. The above six points can be very helpful to anyone who will follow them. As we face the new year, let us pledge to make all of our communications effective.

Kenneth McFarland once remarked about being successful and enjoying life....

“If you want to be not only successful, but personally, happily, and permanently successful, then do your job and live your life in a way that puts lights in people's faces. Do that job in such a way that, when you are out of sight, folks will always know which way you went by the lights you left behind.”

Jake Spalding Celebrates 80th Birthday



Courtesy Photo

Members of the former Paul's Pit Stop Softball League made a special appearance during Jake Spalding's surprise 80th Birthday celebration.

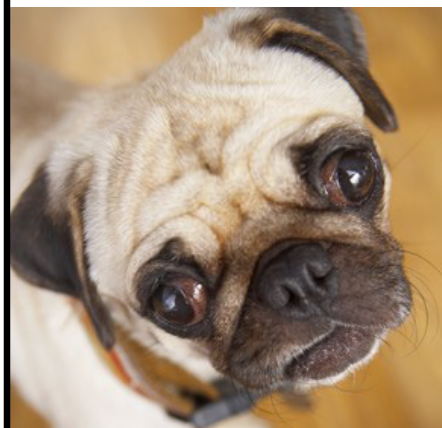
On December 10, 2011, family and friends gathered at the St. John's United Church-Christ (UCC) Parish Hall in Sabillasville, Maryland, to celebrate Jake Spalding's 80th birthday. A team of family and friends pulled off a true surprise party for him. Some players from Paul's Pit Stop Softball Team that was coached by Jake Spalding also attended.

Funny stories about the life and times of Jake Spalding were shared by many. Family from New Jersey, Connecticut, Pennsylvania, and Virginia traveled to attend. The event featured a pig roast and was catered by Ed and Margaret Baker of Sabillasville, Maryland.

*“Kind words can be short and easy to speak,
but their echoes are truly endless.”*

~Mother Teresa

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Catoctin Football Teams Donate More Than \$2,500 to Benefit the FMH Hurwitz Breast Cancer Fund



Courtesy Photo

Pictured (left to right) Back Row: Ken Coffey, FMH V.P. & Chief Development Officer, Josh Laramore, Brandon Cool, Garrett Rohrbaugh, Richard Doney, and James Winfrey. Front Row: Zach Paguirigan, Zach Willard, Devin Sanders, and Brad Exline.

Recently, Catoctin High School's freshman, junior varsity, and varsity football teams decided to take action in the fight against breast cancer. Together, the teams raised more than \$2,500 by selling t-shirts at school and at games to take action and help the FMH Hurwitz Breast Cancer Fund continue their fight against breast cancer in our community.

"The FMH Hurwitz Breast Cancer Fund is grateful for the generosity of the Catoctin High School's Football Teams. With their support, we are able to continue our quest to bring the most advanced technology for early detection and treatment of breast cancer to Frederick County," said Ken Coffey, V.P. & Chief Development Officer for Frederick Memorial Hospital.

About the Hurwitz Breast Cancer Fund

In 1999, Jeffrey and Patricia Hurwitz founded the FMH Hurwitz Breast Cancer Fund with an initial contribution of \$25,000. Over the past decade, more than \$600,000 has been raised to help the hospital provide the community with the latest technology for the early detection and treatment of breast cancer. The fund has purchased state of the art diagnostic equipment, and recently has been instrumental in helping create a healing environment in the new Women's Center at FMH Crestwood.

Every dollar donated to the Fund is used for direct patient benefit; there are no administrative costs. For more information on the FMH Hurwitz Breast Cancer Fund, please visit their website at www.fmh.org/pinkribbon.

For more information or to schedule an interview, please contact Kenneth R. Coffey, II – FMH Vice President & Chief Development Officer. Kenneth can be reached at 240-566-3478 or kcoffey@fmh.org

Catoctin Youth Association Competition Cheerleading

Sign-ups and Parent Meeting for Catoctin Youth Association (CYA) Competition Cheerleading will be held on February 27, 2012, from 6:30-7:45p.m., at the Thurmont Regional Library, Small Conference Room.

If you are interested and would like more information, please call Penni Wiltout at 301-748-0765 or Carrie Ridenour at 240-315-5021 or email us at cyacompetitioncheer@hotmail.com or visit us on Facebook at Catoctin Cheerleading.

Thurmont Little League Registration

Thurmont Little League will be having registrations for the upcoming 2012 spring baseball season. Sign-ups will be held on January 7 and January 21, from 9:00 a.m. to 2:00 p.m., at the Thurmont American Legion. You can also register online at our website: <http://www.eteamz.com/thurmont/>. Please visit our website if you have any questions, or you can call League President Mike Randall at 301-271-3958. Happy Holidays from Thurmont Little League.

sports

Registration for CYA Lacrosse

Want to play the fastest game on two feet? Catoctin Youth Association (CYA) Lacrosse is registering players for the 2012 spring season. All boys and girls ages 5 through 14 are eligible to participate—no experience is needed. Registration will be held at Thurmont Middle School, from 9:00 a.m. until 12:00 p.m. on the following dates: January 7, 2012; January 21, 2012; and February 4, 2012.

Fees are \$ 85.00 per player. However, no child will be turned away due to the inability to pay.

Want to sign up early or by mail? Please visit our website at www.leaguelineup.com/catlax for registration forms. Send to Laurie Wilhelm, ATTN: CYA LAX, 5149 Wigville Rd, Thurmont, MD 21788. Checks should be made out to CYA LAX. If you have any questions, contact Dave at 301-471-7318 or Laurie at 301-748-7597; email: CYALacrosse@gmail.com; or Facebook: www.facebook.com/cya.lacrosse.

4th Annual Cougar Challenge

Congratulations to all of our wrestlers for a fantastic job on Sunday, December 4, 2011, at the Cougar Challenge. Champions: Junior 90—Joshua Small; Junior 108—Kane Richardson; Inter: 114—Ryan Taylor; Bantam 45—Peyton Castellow, 3rd Place; Bantam 55—Logan Mulligan, 4th Place; Bantam 60—Colby Keiholtz, 2nd Place; Bantam 65—Matthew Hadeed, 2nd Place; Bantam 65—Ryan Fitzgerald, 3rd Place; Midget 70—Jason Baust, 2nd Place; Midget 85—Tyler Grasmick, 2nd Place; Midget 120—Matt Linker, 2nd Place; Junior 70—Ethan Fuss, 2nd Place; Junior 115—Joshua Grasmick, 4th Place; Junior 130—Nathan Schwartzbeck, 4th Place; Inter: 80—Alex Taylor, 3rd Place; Inter: 90—Joshua Small, 4th Place; Inter: 100—Jarryd Rosenberry, 3rd Place; Inter: 190—Payne Harrison, 2nd Place; Inter: 190—Ryan Springer, 3rd Place.

"Good Sportmanship"

At one point during a game, the coach said to one of his young players, "Do you understand what cooperation is? What a team is?" The little boy nodded in the affirmative.

"Do you understand that what matters is whether we win together as a team?" The little boy nodded yes.

"So," the coach continued, "when a strike is called, or you're out at first, you don't argue or curse or attack the umpire. Do you understand all that?" Again, the little boy nodded yes.

"Good," said the coach, "now go over there and explain it to your mother."

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The Mountaintop Help Hotline

The Help Hotline has been in existence for 30 years, providing food to those who are in need on the mountaintop and surrounding areas. During this economical down-turn, many have lost their jobs and are unable to find work. Many times, they come to the Help Hotline in desperate



Courtesy Photo

Pictured left to right: Lucille White, Arietta Grimmert, Dorothy Buhrman, Carol Shorn, and Josephine Willard.

situations, in need of assistance for food, electric bill, and so forth. This organization has been able to assist virtually thousands over the past 30 years.

With the retirement of Director Mary Lindquist, the Help Hotline is reorganizing, initiating a new Board of Directors: Josephine Willard, Waynesboro, Pennsylvania, who has been assisting in the Help Hotline since its inception, was asked to be Director/Treasurer by the newly developed board; Carol Shorn, Waynesboro, Pennsylvania, is Assistant Treasurer; and Dorothy Buhrman, Sabillasville, is Assistant Director. The Board members also include Lucille White of Waynesboro, Pennsylvania, and Arietta Grimmert of Cascade, Maryland. The board members came together and prepared twenty food gift boxes for the needy for Christmas.

Those who are interested in donating to the Help Hotline, please call 717-762-9050 or 717-794-2229 for your nearest drop location. Monetary means also can be mailed to the Help Hotline at 13998 Mar Penn Ave., Waynesboro, Pennsylvania, 17268.

Fort Ritchie Community Center Charity Week—A Huge Success



Courtesy Photo

Maryland and Pennsylvania residents teamed up with Fort Ritchie Community Center again this year to collect clothing, food, and other items for the less fortunate in our area. The Cascade, Maryland-based center sponsored its 4th Annual Charity Week on December 4-10, 2011. Area residents collected over 50 coats, several bags of gloves and mittens, toys, boxes of food, items for nursing homes, pet supplies, and baby items. All the goods were collected at the Center, then distributed to various non-profit groups in the area.

“No matter how bad the economy is, people find it in their hearts to contribute to this event,” said Bev Coyle, Fort Ritchie Community Center Public Relations Director. She noted that this year the Community Center provided items for Hope Alive, Pregnancy Ministries, Antietam and Washington County Humane Societies, Food Bank in Blue Ridge Summit, the Welfare Association, and a local nursing home.

In addition, several hundred holiday cards were signed, by the very young to adult, to be sent to military personnel serving the nation. In addition, Fort Ritchie Community Center capped off the week with its Holiday Craft Bazaar on Saturday, December 10, 2011. Over 500 people stopped by to shop the 70-plus vendors for Christmas gifts and decorations, and a chance to visit Santa and eat delicious food prepared by Sons of the American Legion - Cascade Post 239. (see pictures of the annual Christmas Bazaar on page 22.)

Fort Ritchie Community Center is a 501(c)(3) non-profit organization and welcomes tax-deductible contributions to support its programs. For more information about upcoming events and programs, call 301-241-5085, visit www.TheFRCC.org, or stop by the center at 14421 Lake Royer Drive at historic Fort Ritchie.



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Students at Mother Seton School Know How to “Keep Christ in Christmas”

Students from Mother Seton School (MSS) recently participated in the Knights of Columbus, Brute Council’s “Keep Christ in Christmas” poster contest. On December 14, 2011, the winners were presented with cash awards by Fr. John Holliday, C.M. from St. Joseph’s Church in Emmitsburg, Maryland. Winners from Grades 1-3 were: First Place—Caitlin Maron; Second Place—Matthias Buchheister; and Third Place—Clarence Pavlovic. Winners from Grades 4-5 were: First Place—Neoline James; Second Place—Haleigh Bowling; and Third Place—Ana Hand. Winners from Grades 7-8 were: First Place—Mackenzie Kirby; Second Place—Carrie Reaver; and Third Place—Paige Orner.

Mother Seton School is an independent faith and family focused school, sponsored by the Daughters of Charity, approved by the Archdiocese of Baltimore, accredited by the Middle States Association Commission of Elementary Schools, and certified as a Maryland Green School.

For more information, please visit www.mothersetonschool.org.



Courtesy Photo

Pictured is Mackenzie Kirby’s First Place winning poster for the Knight’s of Columbus, Brute Council’s “Keep Christ in Christmas” poster contest. Mackenzie is a 7th grader at Mother Seton School.



Courtesy Photo

Fr. John Holliday, C.M., Pastor of St. Joseph’s Catholic Church in Emmitsburg, stands with the winners of the Knights of Columbus, Brute Council’s “Keep Christ in Christmas” poster contest. Pictured, Front row: Clarence Pavlovic, Caitlin Maron, Haleigh Bowling, Matthias Buchheister; Back Row: Paige Orner, Carrie Reaver, Fr. Holliday, Mackenzie Kirby, Ana Hand, and Neoline James.

school news

Mother Seton School and Toys for Tots



Courtesy Photo

Mother Seton School (MSS) students Steven Hochschild, grade 6; Kimberlee Ahlers, grade 6; and Sister JoAnne Goecke, D.C., Principal of MSS, present donations to representatives from “Toys for Tots,” along with Teresa Mena, MSS Parent Coordinator.

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tickling our taste buds

by Denise Valentine, *A monthly column by a community member who loves to cook!*

I guess our next big holiday after New Year's will be in the first part of February—you know the one: "Super Bowl Sunday." Some of you are laughing right now, but the true sports fans understand completely. Through these messages each month, you've learned tidbits about me, my family, and my interests. I don't recall mentioning the "sports thing" previously, so here's another piece of my puzzle.

I do love sports—all sports pretty much. I don't want to upset anybody, but one of my least favorite sports is ice hockey. I just don't understand it, and it seems to be vicious at times. When I'm in the house doing something and have the television on in the background, it's usually set to a sporting event. Whether it's professional, college, or high school sports, I'm your typical sports fanatic.

My recipe for this issue is "Savory Sandwich Ring." It's the perfect masterpiece for your snack table during the Super Bowl. It's also great for luncheons, showers, or game night with the family. Enjoy!

Savory Sandwich Ring

- 2 packages (11 ounces each) refrigerated French bread dough
- Vegetable oil
- 3 garlic cloves, pressed
- ½ teaspoon each: oregano and basil
- 2 cups lettuce, sliced
- 1 medium each: onion, green bell pepper, and tomato, all thinly sliced
- ½ cup pitted ripe olives, sliced
- 8 ounces of thinly sliced deli meat such as: hard salami, bologna, ham or turkey (use several kinds for the best flavor)
- 4 ounces of thinly sliced cheese such as Muenster, Swiss or American
- 6 tablespoons of Italian dressing, divided

Preheat oven to 350 degrees. Place dough, seams side down on a 15" baking stone or pizza pan. Join end of dough together to form 1 large ring.

Using a serrated bread knife, cut 6 to 8 diagonal slashes (1/2-inch deep) on top of dough. Lightly spray or brush dough with vegetable oil. Press garlic over dough and spread evenly. Sprinkle with oregano and basil. Bake 26-30 minutes or until deep golden brown. Immediately remove to cooling rack; cool completely. Slice lettuce into thin strands with a plastic or nylon knife (this will prevent the lettuce from browning). Using a slicer, thinly slice onion, bell pepper and tomato. If not pre-sliced, slice the olives with an egg slicer.

To assemble sandwich, cut bread in half horizontally using a serrated bread knife.

Arrange meat and cheese evenly over bottom half of bread. Top with lettuce.

Drizzle 2 tablespoons of the dressing evenly over lettuce. Top with onion, bell pepper, tomato and olive slices. Using a pastry brush, brush cut side of bread top with remaining dressing; place over bottom half. Cut into wedges and serve.

****this recipe from The Pampered Chef*



The Palms Restaurant

On the advice of my coworker, Grace Schramm, I decided to visit The Palms Restaurant in Emmitsburg for this month's Feedbag

column. In recent years, The Palms Restaurant has established itself as one of Emmitsburg's top destinations for breakfast. It takes little time to see that even on Yelp.com (an online guide for reviews on restaurants, shopping, and so forth), the number of positive reviews of this establishment is high.

As I entered The Palms Restaurant, I took notice that the main dining area was well occupied by customers. With approximately ten to twelve tables—half of them arranged for groups of six—one could easily gain a feel that The Palms Restaurant is a place for social dining.

The interior of The Palms Restaurant is simple: brick walls with a Tuscan red trim, with a variety of art work decorating the walls. Near the front counter is an entryway to a separate bar area. The bar area also has its own outside entry, separate from that of the main dining area.

Today's sampling was a bit light: a Crab Cake sandwich (\$8), French fries (\$2), and a Sprite (\$1.75). The menu featured typical American cuisine, such as burgers and subs, as well as steak and pot roast, an assortment of selections aimed to satisfy everyone in your group.

After about fifteen minutes, the crab cake arrived with its side of fries. The very first thing I noted was the lack of filler. This crab cake was

The Palms Restaurant at approximately 2:00 p.m. Below: The crab cake sandwich with no filler, but plenty of french fries, pickle slice, and a Sprite.



Photos by Aaron J. Heiner

piled high with all crab meat, served on a soft hamburger bun. The fries were crisp and hot, and with a little extra salt added, perfected them to personal taste. This meal made for a very good lunch, without breaking the bank. My total for the day came to \$12.40—not bad for a crab cake lunch.

While I did not have the time to sample other entrees at The Palms Restaurant, I would venture to say that the quality of their other menu items would be on par with the crab cake. Overhearing other patrons commenting to their dining companions on their satisfaction with their meals, I think this would be a fair assumption.

If you are in Emmitsburg, and you are looking for a good lunch at a great price—in a casual, friendly environment—The Palms Restaurant will not disappoint.

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Check the Calendar

Be sure to check the calendar on page 31 for bingos, breakfasts, dinners, programs, benefits and other events of interest.

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Who Am I?



Who Am I? Next Issue

Your clues are: *“He’s known by his nickname; he’s in the food profession; he’s a family man; he’s Vigilant and has a fling every year.”*

You can submit your answer in either of two ways: call 240-288-0108 and leave a message or send an e-mail to who@thecatocinbanner.com. Correct answers will be entered into a contest for prizes at the end of the year. Each month’s winners will be revealed in the following month’s issue. Each month a new “Who Am I?” will be featured, plus we will reveal the answer to the previous month’s local mystery figure.

Article and photo by Deb Spalding, parade shots are courtesy photos.

Germany or remain in America. Henry chose to remain and married a Wilhyte (now family name Wilhide) settling in Thurmont to raise their 13 children. Pat’s lineage continues from there. Also, her roots go back to the Weller family, one of Thurmont’s founding families.

Pat attended a two-room school in Catocin. It was an adventure for her since she was the only girl with 6 boys in grades 1 through 6. It was a big occasion to start school at Thurmont High School in the 7th Grade. She said, “The country girl moved up (3 miles) in the world.” She said high school was exciting and she made lots of new friends.

At age 16, Pat was part of the Lions Club’s Royal Court for the Thurmont Bicentennial Celebration that took place in 1951. The celebration featured a huge parade in which she rode the Thurmont Lions parade float. She was a member of the Thurmont High School Glee Club where she always had a small part in Miss Trivett’s extravaganzas. Pat said, “For little Thurmont High School, Miss Trivett put on big time stuff. It was over the top. That’s how she did things.”

At age 18, Pat married her wonderful husband, Don Weddle, to whom she is still married 58 years later. They have two children, Dave and Wendy, who have children and grandchildren of their own.

When she was only 14 years of age, Pat started working for Margaret Thompson who ran a small clothing store in Thurmont. When Margaret retired, Pat’s husband’s brother and sister-in-law, Ray and Pat Weddle opened the Le-Rae Shop at 3 East Main Street in Thurmont. You may have seen Pat dressing the mannequins in the shop’s windows. Women traveled for miles to patronize the shop where they knew they would receive professional



assistance to select attire that was flattering for them.

In 2001, Pat was given the challenge of reuniting the royal court of seven princesses from the 1951 Bicentennial. She tracked down each of the ladies, reaching out as far as Minnesota to invite them for the reunion. All of them attended for the Town of Thurmont’s 250th Celebration for which they again rode the Lions Club float in the parade.

Pat was instrumental in bringing mandatory recycling to the Town of Thurmont. She is a member of the Thurmont Economic Development Committee, Thurmont Main Street and the Thurmont Historical Society. She is very involved with Apples Church where she makes sure the church is decorated beautifully in all seasons.

This past year, Pat and Don moved into a condo. It is just the right size for the two of them. Pat said, “I am so blessed to have been born, and always lived in the Thurmont area.”

Your clues were: *“A member of a bicentennial court; grew up at the furnace; a historical VP; could be seen dressing windows near the Thurmont square for 39 years; worked for mandatory recycling.”*

We missed listing these individuals who guessed correctly last month: Brian D. Glass, Tina Reeves, Kristin Andrew. This month, those who guessed correctly were Karen Kinnaird, Lottie Bush, Carol Myers, Becky Little and Nancy Rice.

I am Pat Weddle

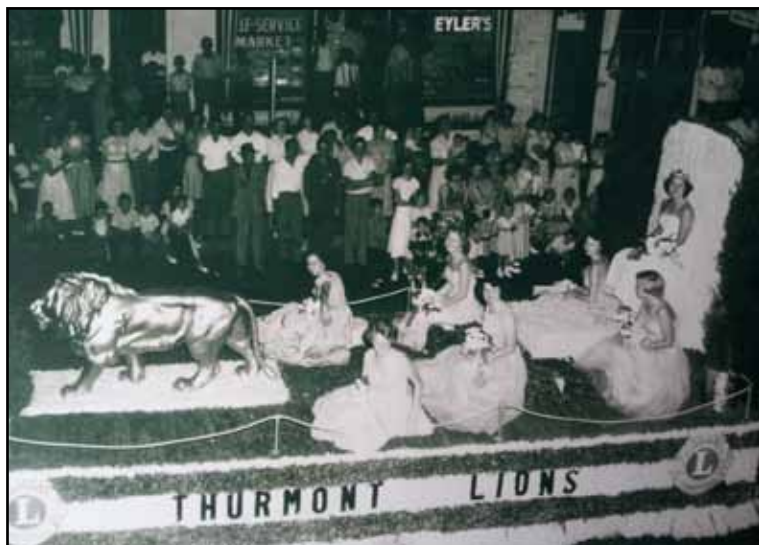
Patricia Fraley Weddle remembers World War II in Catocin. Her grandfather, Frank Weller Fraley, owned F.W. Fraley’s General Merchandise Store in Catocin Furnace. His store was a gathering place where wives of servicemen would share their letters. The letters were reassurance that their husbands

and loved ones were still alive.

Her ancestor, Heinrich Frolick (Henry Fraley) was a Hessian Soldier; a German soldier paid by the British during the Revolutionary War. He was captured in Yorktown, Virginia and sent to do hard labor at the Catocin Iron Works while imprisoned at Frederick’s Hessian

Barracks. When the war was over, Hessians were given the option to return to

Top right, this month’s Who Am I? mystery figure, Pat Weddle, is pictured; left, the Bicentennial Court is shown on the Lions Club float in 1951; the Court reunion princesses are pictured in 2001. The Bicentennial court included the Queen, Elizabeth Reid, and her court: Janet (Lohr) Dahlquist, Phyllis (Martin) Wastler, Lila Lee (Schildt) Martin, Ruby (Lidie) Trout, Beth (Royer) Watson and Pat (Fraley) Weddle.



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the health jeanne

by Jeanne Angleberger, *Shaklee Associate for a Healthier Life*

The start of a New Year is one of our most powerful opportunities to change our health practices and to create a fresh start. It's a choice available to each of us, and being connected proves to be a good place to start on the road to good physical and mental health.

Recently, yours truly, attended a conference featuring the main speaker sharing with us regarding how important "connection" is to the human being.

Not only is it a good feeling—it is a healthy one—to have our hearts "knit together," creating a bond of unity with others.

People with strong support systems are more likely to process their needs and feelings, resulting in a physically healthier person, with a stronger immune system and less illness. In addition, people with support systems are emotionally healthier, hence less stress and less anxiety.

The level of connection we have—or don't have—to others definitely influences everything we care about and everything we do. Meaningful

connections can help us to achieve good things, as well as help us to overcome negativity. Bottom line, we need each other.

One of Dr. Henry Cloud's (a well-known clinical psychologist and author) favorite studies consisted of monkeys being placed in high-stress situations alone. While in a stressed environment, stress hormones were measured in their brains. A baseline measurement was recorded. Without changing the stress level, they put another monkey in the cage. Re-measuring the stress hormones, they found they were reduced by about half. The reason: the monkey had a buddy—a support system—in there with him!

Perhaps, this is your year to get reconnected with a friend with whom you have lost contact over the years. Or, maybe there is a need to bond with people in your community. Whoever and wherever you are, embrace the opportunity to reach out to someone. We are all members of one great body, planted by nature in a mutual love—we truly need each other!

Ask the Anytime Fitness Gal

Expert answers to your health and wellness questions
by Inga Olsen



Question: Is it wise to include supersets in my workouts and, if so, what are the advantages?

Answer: Supersets involve performing two exercises back to back with little or no rest in between. And if you're looking to change up your workouts a bit, they're definitely worth a try. There are numerous superset variations, but the most common types would be same muscle supersetting or antagonistic supersetting. As the name implies, same muscle supersetting incorporates two different exercises for the same muscle group. For example, one set of dumbbell chest presses could be followed by barbell incline press. Antagonistic supersetting involves opposing muscle groups, so you might combine biceps curls with triceps extensions, again with no rest in between sets. No matter what type of supersetting you engage in, there are three obvious advantages to utilizing

this method of training. First of all, doing supersets saves time, which is clearly advantageous when people want to get in and get out. It also allows an individual to train at a higher intensity, which can produce better results in the long run. And lastly, because supersetting allows for increased workout intensity without using very heavy weights, the likelihood of injury decreases significantly. Give 'em a try and see what you think!

About the author: Inga Olsen is the Club Manager and NSPA Certified Conditioning Specialist and Nutrition and Weight Management Specialist at Anytime Fitness in Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

FCPS high school sophomores and juniors may apply to serve as the 2012-2013 Student Member of the Board of Education. The nomination deadline is Friday, January 27, 2012, for the one-year term beginning in July 2012. Please see details online at <http://fcps.schoolwires.com/news>.

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Cub Scout Pack 270 Plants Trees in Catoctin Mountain Park



Courtesy Photo

Top row: Noah F., Dalton C., Seth Y., Colton C., Kale H., Austin S., Bill K. Bottom row: Preston O., Cody R., Asher C., Garrett M., Matt H., Connor K., Kyle D., Joey R. Not Pictured: Garrett F.

On November 19, 2011, Cub Scouts from Pack 270 in Thurmont, Maryland, gathered at the Catoctin Mountain Park Visitor's Center, ready for a tree planting conservation project in the heart of the park. The boys planted a total of 250 trees of native species—red bud, sugar maple, sycamore, basswood, witch hazel, tulip poplar, red oak, and hornbeams.

On September 17, 2004, as the remnants of Hurricane Ivan moved through Maryland, some severe weather followed, including an F2 tornado that touched down in the national park. The trees that fell as a result of the tornado left a one-tenth of a mile wide and approximately three mile-long debris path through the park, along the banks of Hunting Creek. The loss of trees took a toll on trout streams after the homes of certain water organisms were disturbed by sediment, creating a break in the foodchain and killing the macro-invertebrates the trout feed on.

Also, Hemlock trees have been hit hard by the Woolly Adelgid—a pest native to East Asia—that feeds by sucking the sap from Hemlock trees. John Smucker, who has helped put this project together for the Scouts, noted that data collected by the park showed a healthy trout population prior to the hurricane and a sharp decline just after the hurricane.

Pack 270 hopes to lessen the effects of the loss of trees, due to weather and infestation, by planting trees along the banks of the trout stream. Dens of Pack 270 often hike and camp in and around the park, and they want to do their part to help conserve it.



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catocin corner

by Meghan Jackson

Hey there, Cougars! Catoctin High School has been pretty busy these past two months, and I'm here to fill you in on everything that has been going on!

To start off, I want to inform everyone about the princesses/princes for our 2011 homecoming: Senior King and Queen were Rachel Fogle and T.J Raubaugh; Senior Prince and Princess were Renee Delauter and Evan Lambert; Junior Prince and Princess were Collin Schildt and BreAnn Fields; Sophomore Prince and Princess were Sarah Thompson and Christopher Yingling; and Freshman Prince and Princess were Courtney Bear and Joey Puvell. Congratulations to everyone!

In these upcoming months, Catoctin is having afterschool academic help. If you need somewhere to go and do your homework or to complete a project, you can go to the Media Center from 2:30 to 4:00 p.m. and do your work there. Teachers will be available to assist you if need be. Also, I want to draw attention to our seniors. Most of you are preparing to go to college in the fall, and most college application deadlines are January 1, 2012, so please make sure to get those applications in. Congratulations to Catoctin High School senior, Meghan Stouter, for getting accepted to Penn State! Way to go!

In the month of November, we had our school play “Nevermore.” It was a reenactment of Edgar Allen Poe's last five days alive. It was a huge success! Great job to the whole cast; it was very enjoyable. On November 11, 2011—Veterans Day—Catoctin High School celebrated with a moment of silence, accompanied by the playing of Taps by our school trumpet players. We thank you for expressing your support to our troops.

Don't forget that Yearbooks are currently on sale. Yearbooks are \$80 each, if ordered before January 31, 2012; if ordered after January 31, they will be \$85 each. Forms for Yearbook orders were mailed to everyone's home. You also can pick one up at the main office or on the door of Room 101. As well as information on Yearbooks, I have information about the 2012 Prom. The Prom will be on Friday, April 27, 2012. I hope to see you all there!

Finally, I wanted to acknowledge the Catoctin Wrestling Team. They beat Boonsboro—56 to 12—at their first match. They also took Third Place at the prestigious Mad Mats Tournament—amazing effort, guys!

Well, this concludes what's been up around Catoctin High for this month. I hope you all had a wonderful Thanksgiving, filled with family and friends. Happy holidays to everyone, and I will be back in 2012! Catch ya' on the flip side!

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our neighborhood veterans

We the Sons of American Veterans

by Jim Houck, Jr.

I am so proud to be a part of three veteran organizations in the western district of Maryland. The three veteran organizations I am a member of and will write about are: Francis X. Elder American Legion Post 121 Emmitsburg, MD; Veterans of Foreign Wars Post 6658 Emmitsburg, MD; and American Veterans (AMVETS) Post 7 Thurmont, MD.

I am proud to be the elected Commander of the Sons of the American Legion (SAL) Post 121, and I have a great team of elected officers helping to make my job easier. We—together as a team—have a meeting on the first Tuesday of every month to decide what we can do to help our post, our veterans, and our community. The entire memberships are invited to attend and help with our decision making. Being a non-profit organization, we try to have as many fundraising functions as possible, so we can help the many worthy causes in our community. We also do volunteer work in the community; for example, we help the staff at St. Catherine's Center by going along on outings, helping push the patients in their wheelchairs, helping to serve their food at restaurants, and, if needed, helping to feed the patients. We also are helping physically and monetarily with the remodeling of our post home. We have installed two new flat screen TVs in the bar

area. The post owes a special thank you to American Legion Son Steve (Growl) Adams for all of the time and materials he donated for the remodeling of our social room and bar area over the past few months. We would also like to thank Steve's brother, Dennis Adams (also a SAL member), who helped install the new ceiling in the social room and bar area. We appreciate the support from the community by attending our fundraising functions, thus contributing toward helping those in need. We, The Sons of the American Legion Squadron 121, are proud to be honoring our family veterans who have made it possible to join such a fine organization—putting God, country, and family before self.

The Veterans of Foreign Wars Post 6658 Men's Auxiliary is another organization of which I am proud to be a member. President Leo Hobbs is our leader and is dedicated to helping our post and our community. We donate to Emmitsburg Vigilant Hose Co., Emmitsburg Ambulance Co., Emmitsburg food bank, Emmitsburg Lions Club, Seton Outreach Program, and children groups like Little League and Boy and Cub Scout units. Leo knows that to help these worthwhile causes, we need to generate funds. To generate these much-needed funds, we need to hold community functions, such as feeds and dances. We will be

having our first event of 2012 on February 4, in the form of a Shrimp and Chicken Feed at the post home, and we hope to see you there. The members will welcome you with open arms and assist you in feeling comfortable while attending our feed. The profit from the feed will go back to our community and will aid many people. I urge you to come in to Post 6658 and talk to us about the possibility of becoming part of a veteran organization that helps the community in which you live. The membership applications are available at the bar, and all you have to do to acquire one is to ask the bartender. We hold our meetings the first Wednesday of every month, and vote approved new members in at each meeting. I hope you make this great organization a part of your life; I know I am a better man because it is a part of my life.

Sons of American Veterans (Sons of AMVETS [SOA]), Squadron 7 Thurmont, Maryland, is another veteran organization I am very proud to be associated with. Commander Joe Forrest is the leader of our membership, and is in my opinion, one of the best leaders I have had the privilege to be associated with. Commander Forrest keeps up on all of the latest information that affects the SOA, and at our monthly meeting

(first Monday of each month) he informs all attending of the updates. I am proud to be Chaplain of our squadron and try to uphold the duties associated with the position. We donate to veteran organizations and our community by giving both our time and money to all who are in need. We sponsor many functions, so we can keep giving to worthwhile causes. We have been fortunate to have tremendous turnouts at our functions. The membership attendance at our meetings is good, and we have had a lot of discussion on the floor before we vote, and this is good. We seem to have at least one new member to swear in at our meetings. I think if you would come in and talk to our members and pick up an application, Dick Fleagle, the Son in charge of membership, will check it out and have you sworn in at the very next meeting. You will become a part of something that is so contagious you will spread it everywhere you go.

I hope that in the coming year you can and will become a part of one or all of the great veteran organizations that I have had the privilege to belong to. You will feel the joy I feel by being able to assist veterans and those in need around our neighborhood communities.

Lions Christmas Food Drive

On December 17, 2011, the Emmitsburg Lions Club, with assistance from Mayor Don Briggs and his wife Libby, provided Christmas Food Boxes to fifty-five Emmitsburg resident families. The Emmitsburg Lions wish to thank all of those who contributed either food or financial assistance to this very worthwhile effort.



Courtesy Photo

Pictured left to right are lions Connie Kapriva, Sharon Hane, and Mary Flickenger.

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It's Not the End of the World

by Valerie Nusbaum

Happy New Year! It's 2012, and some people are saying that the end of the world is near. I don't necessarily believe that's true, but, just in case it is, I'm taking a serious look at my "bucket list" to see what still needs to be done before my time is up.

Actually, I'm just messing with you now. I really don't have a bucket list. I didn't even make the usual New Year's resolutions. I can say with all honesty that I don't want to lose any weight this year. Truth is... there aren't many things I've wanted to do that I haven't already done. Sure, there are places I'd like to visit, but if I don't make it there, I'll be fine. I'm tired and lazy, and I just don't care. So, there.

Yes, I'm in a bad mood. I've had a horrible day so far. I woke up in a good mood this morning, having slept for several hours straight—which is unheard of for me. I was ready to jump into my day and eager to accomplish all of the things that I had planned.

At 7:00 a.m., I discovered that I didn't have all the ingredients

I needed to make my "famous" party mix, so I had to make myself presentable to head to the grocery store. When I jumped in the car, I saw that we'd had a heavy frost overnight, so I had to sit in the driveway while the defroster did its thing. These things are trivial, I know, but you know how it is: You've planned out certain things and something comes along and throws a monkey wrench in it.

I got home from the grocery store and noticed that our sump pump was making horrible noises again. I had told Randy about it a few days ago, but when he went to check on it, the pump refused to make the noises. Does that happen to you, too? An appliance or piece of equipment will act up when you're all alone with it, but just let someone else show up to take a look at it, and the darn thing behaves itself. Anyway, I decided we needed a plumber, because I didn't want a flood in our basement over the weekend when plumbers charge time-and-a-half.

Randy—bless his heart—took care of making the call for me. When I'm

all fired up about something, I can't be trusted. I concentrated on making my party mix, and then I moved on to making chocolate-covered pretzels, peppermint bark, and chocolate-covered nut and raisin clusters. The white chocolate performed perfectly, but the milk chocolate just refused to cooperate.

The plumber showed up, and Randy walked through the door not long after that, scaring me half to death. I told Randy that he didn't need to be here, but he informed me that he'd tried calling me several times and apparently my phone wasn't working. I hate that phone. The sump pump wouldn't act up and make the noises for the plumber or for Randy. I hate that pump, too.

To make matters worse, I couldn't get the milk chocolate to melt the way it was supposed to, and my candy didn't turn out as well as I would have liked. The chocolate was so hot it caused the waxed paper to stick to my cutting boards, making it impossible to get the waxy film off.

For lunch, I decided to have a salad. It tasted fine, but then my stomach didn't feel well. Oh, and my computer was making that grinding noise again. We had someone from the Geek Squad come out two weeks ago to fix it. Of course, he couldn't hear the noise, because the computer was being good when he was looking

at it. Then, the UPS guy left a box on our front porch. When I picked it up to bring it inside, I could hear things rattling and tinkling, so I knew something was broken. I figured I'd deal with that later.

It's on days like these that I wish I could find my hammer, but Randy hid it from me after I killed the smoke detector with it.

Believe me, I do realize that things could be a whole lot worse, and I am grateful they aren't. I'm just blowing off some steam, and, hopefully, by tomorrow, I'll be back to my smiling, sunny self. (I'm picturing those of you who know me laughing out loud at that last line.)

Maybe, I should seriously re-think the whole "bucket list." It might be a good idea, after all, to have some things to look forward to and work toward.

Bucket List Item #1: Find my hammer.

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body wisdom

by Teresa Dukich, L.M.T.

Thirty years ago, we didn't hear much about a disease called Alzheimer's. It was believed that people lost their memory because of old age. That simply isn't true. Folks are getting Alzheimer's earlier in life, and, today, more than 5 million Americans are believed to have this dreaded disease. By 2050, that number could reach 15 million. I do not speak of this subject from a wealth of medical knowledge, but more from what I've learned on a personal level.

My family was robbed of our grandmother nine years ago when the nerve fibers of the hippocampus (the brain's memory center) began to tangle. The tangling prevents nerve messages from getting to and from the proper areas of the brain. Plaque may also build inside the nerve and create memory roadblocks where new memories cannot be stored. That's why a person can remember information from early life and not remember what they had for breakfast. Our dear grandmother was finally relieved of this demon when she passed away in August. It is a terrible disease.

Dementia is the first stage of Alzheimers. It can result from a hardening of the arteries in the brain which slowly cuts off the blood supply to the brain. We all forget things once in a while in our busy lives. Forgetting where you put your car keys would be normal; if you can't remember what kind of car you drive, you might want to be tested for dementia.

So much information is available to us now about these two diseases. Checking online with Alzheimer's Association will give you a wealth

of information. My purpose for this month's column is to encourage you to be proactive. Keeping the mind-body connection flowing by exercising daily will increase oxygen and fresh blood supply to the brain.

Did you know that there is a correlation between aluminum and Alzheimer's disease? It is believed to increase our risk. Think about how much we're exposed to aluminum. From our pots and pans, to beer and soda cans, foods, and even our deodorants contain aluminum, and there is a destructive connection between the two.

Eating a heart healthy diet has an indirect but significant affect on brain health. Doctors recommend a heart healthy Mediterranean diet consisting of small amounts of red meat, whole grains, fruits, vegetables, fish, shellfish, nuts, olive oil, and other healthy fats. Eating a consistent diet of fast food is not healthy for any part of our body, but we now know it's not brain healthy either.

Keeping socially active and engaged with people who challenge our intellect, as well as build "heart" healthy relationships, is extremely beneficial.

Crossword puzzles, Sudoku, creating art, puzzles, word searches, taking a class, learning to dance, reading books that make you think, and limiting television are all good ways to keep our brains healthy. Television does all the thinking for you. Unless you're watching endless episodes of Jeopardy, you are probably not using or building too many brain cells just lying there on the couch. Remember, all things in moderation.

An Evening of Christmas Spirit in Emmitsburg

The Emmitsburg Christmas Tree Lighting Ceremony was held at the Town Square in Emmitsburg to kick off the holiday season on December 5, 2011. Folks made their way to the Carriage House Inn, where an evening of entertainment, refreshments, and fellowship was enjoyed by an estimated 700 people who visited the activities throughout the evening. The Carriage House's Bob Hance said, "Eight hundred hot dogs and thirty gallons of hot chocolate were consumed. Wow!"

Various choral and community groups performed and helped out with the event. Some of the entertainment included performances by the St. Joseph's Crack Pots, the Fairfield High School Knight Tyme Impressions Show Choir, Mother Seton School's Choir, the Emmitsburg Community Chorus, and several more. Brian and Jeff Glass hosted hay rides and Frank Schmersol represented Santa Claus as he's done for many years.



Photos by Rosensteel Studio



Pictured top: Callie Watkins, pictured front, turned on the Christmas Tree lights. Mayor Don Briggs, Jimmie Click and Dave Haller are pictured behind Callie.

Shaun Hane and Connie Kapriva are shown accepting a donation for the Emmitsburg Lions Club Food Basket Drive from EBPA's Treasurer, Allen Knott.

Photo on slant: Connor Joy is shown at Emmitsburg Spirit of Christmas.

Pictured below: Grace Blanchard and Mychela Kelley are on board for a Holiday Hay Ride.



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Scouts Donate Toys for Tots



Courtesy Photo

Pictured, Row 1: Den 4 Tigers—Charlie Farkas, Chris Farkas, Tanner Seiss, Peter Ambrose, Nicholas Willard, Alan Chmiel, Aubrey Summeral, and Cody Romsburg; Row 2: Richard Long, Cub Master; Den 3 Wolf—Jacob Lewis, Preston Ochs, Evan Jacobs, Wyatt Mullican, Tyler Hadel, James Knill, Ryan Horning, Ayden Child, and Kyle Cantwell; Row 3: Den 2 Bears—Seth Young, Dalton Caudill, Austin Smith, Noah Forrest, Matt Hammond, Garrett Fraley, Connor Kock, Kyle Dutrow, Danny Janc, Mason Joy, and Peter Wright (Den Chief); Row 4: Den 1 Webelos I—Thomas Gipe, Nicolas Rinehart, Issac Love, Colby Horning, Nate Willard; Den 6 Webelos II—Danny Dutrow, Austin Fogle, Galen Ruppel, and AJ Child; Row 5: Brian Seiss, Tiger Den Leader, Jeff Geyer, Webelos Den Leader; Santa Clause, Sgt. Liller, PFC Miller, PFC Raithel, and Rick Mayhew, Wolf Den Leader.

Pack 270 has been a part of Toys for Tots for the past four years, and this year was no different. With the help of local business and members of the Thurmont Community, Pack 270 was able to donate over 300 new toys this year. On December 13, 2011, Cub Scout Pack 270 of Thurmont, Maryland, along with Santa, presented their annual Toys for Tots donations to the U.S. Marines from 4th Light Armored Reconnaissance Battalion (LAR Bravo), Fort Detrick, Maryland.

Our scouts have big hearts and feel very proud and honored that they are able to help and give to others during this time of the year. On behalf of the U.S. Marines, Santa, and Cub Scout Pack 270, we wish to give a warm thank you to all those that support Toys for Tots with their generous donations and continued support.

If you would like to find out more about Cub Scouts and Pack 270, visit <http://www.cubpack270.com/> or contact Cub Master Richard Long at 301-898-1660 or by e-mail at rcl.chevy@verizon.net.

A Day of Medieval Enchantment

Have a ball at an enchanted medieval dance! Enter a world of enchantment at the Thurmont Library's winter medieval ball just for tweens on Saturday, January 21, 2012, from 2:00-5:00 p.m. Come dressed as your favorite knight or princess and enjoy an afternoon of dancing, games, and crafts. After the ball, sit back and relax while watching the feature film *Enchanted*.

The fun starts at 2:00 p.m., with the enchanted ball. Not into the ball? No problem! There are a variety of medieval-themed events for you to enjoy, such as board games, jewelry making, and a photo-op station. Light refreshments will also be served.

Liz Bowen, a Library Associate at the C. Burr Artz Public Library, says "If you're a tween, ages 9 through 14, don't miss out on this fun, free event at the Thurmont Regional Library! Play medieval-themed board games or have a ball at the dance. Be sure to stay throughout the afternoon for a showing of the film *Enchanted*. This event is free and fun for all tweens!"

This event is aimed at tweens, ages 9-14. No registration is necessary. The snowdate, in case of wintry weather, will be January 28, 2012.

For more information, please call 301-600-1630 or visit us at www.fcpl.org.

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books, nooks, programs & more @ the library

by Erin Dingle, Administrator, Thurmont Regional Library

The Thurmont Regional Library staff sends out greetings for a happy, healthy, prosperous New Year. We hope to see you and your family using our free community services in 2012.

One such service is an Introductory Computer Class beginning January 4, at 6:30 p.m. in our small meeting room. The three-part series is presented by library volunteer and computer expert Mike Mathis. Students will be signed up to participate in all three sessions (January 4, February 1, March 7). The instructor covers basic information about setting up email, password security, using a mouse and more. Registration is limited. Call today to save your seat at 301-600-7212.

Families with young children will want to drop in to see the new Literacy Corner at the library. It focuses fun activities related to pre-reading, letter recognition, rhyming words and other early literacy skills. The Literacy Corner is hands-on and guaranteed to enrich your child's experience at the library. For more information about how we can help with your child's literacy needs, ask to speak to a Children's Librarian next time you visit.

You can be part of the excitement at the library by joining our Friends of the Library organization. The next Friends meeting is January 17, at 6:30 p.m. Opportunities to help with the annual book sale and other fundraisers are available and new ideas and members are always welcomed. Recently the Friends of the Thurmont Regional Library were awarded the Mary Lou Dewey \$500.00 grant from Citizens for Maryland Libraries. The Friends are using the funds to sponsor 'Nighttime Nature on the Deck' this summer. This event will feature storytelling, music and more for families. The Friends said, 'We hope that by increasing awareness of the library's location and its beautiful deck and easily accessed outdoor space, we can shine a light on the Thurmont Regional Library as a community meeting place with exciting, fun and education offerings for families that go far beyond books.'

In addition to the many regular story programs at the library, some of the activities coming up include music, movement and plenty of fun for kids and teens. Register at www.fcpl.org!

For more information about your local library, contact Erin Dingle at edingle@frederickcountymd.gov or stop by the Information Desk. The library is open seven days a week. Mondays through Thursdays 10:00 a.m. to 8:00 p.m., Fridays and Saturdays 10:00 a.m. to 5:00 p.m. and Sundays 1:00 to 5:00 p.m. 301-600-7212 or www.fcpl.org.

Frederick Community College Offers Education Classes at Thurmont Library

Frederick Community College (FCC) now conveniently offers local Adult Education Classes at the Thurmont Regional Library, located at 76 East Moser Road, Thurmont, Maryland.

FCC offers classes at different levels, so each student can get the instruction that meets his or her needs. Most classes are free, but you must first attend a free three-hour orientation. At the orientation, you will be tested to determine which class is right for you. This is a wonderful opportunity to complete your General Education Degree (GED) without having to travel to Frederick. For more information about the Thurmont Regional Library class location, and to find out how you can register for an orientation session, call the college at 240-629-7960.

classifieds

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Help Wanted

HELP WANTED: Person to assist customers at the Emmitsburg Antique Mall/Emmitsburg Self Storage, 2-3 days a week, \$9 per hour, will not start till Jan/2012. Apply Within, 1 Chesapeake Ave, Emmitsburg, MD.

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january

- 1....Polar Plunge, hosted by Fort Ritchie Community Center, Lake Royer on the Fort Ritchie campus, Cascade, MD. Polar plunge party and music at 12:00 p.m.; plunge at 1:00 p.m. Participants required to raise at least \$25 (entitles them to a long-sleeved polar plunge t-shirt). Participants under 18 need supervision and a parent or guardian's signature. Spectators invited to join party and watch Polar Plunge free of charge. Pledge forms and additional information may be found on www.TheFRCC.org or by calling 301-241-5085.
- 6....CHS Safe & Sane Fundraiser, The Ott House Pub, Emmitsburg Town Square, Emmitsburg, MD. Benefits CHS graduates in the Class of 2012. Featuring the band "Sticktime," door prizes, live auction. \$5.00 donation at door. Call 301-447-2625 for more information.
- 6,7 .Christmas Putz, Graceham Moravian Church, 8231 Rocky Ridge Road, Thurmont, MD. 6:00-8:00 p.m. Showings will be offered every half hour; Open to all. The putz retells the story of Christ's nativity through a series of miniature scenes. Contact Pastor Sue Koenig at 301-271-2379.
- 7....Thurmont Little League Spring Registration, Thurmont American Legion, Thurmont, MD. 9:00 a.m.-2:00 p.m. Register online at www.eteamz.com/thurmont/.
- 7....Little Music Makers, Thurmont Regional Library, East Moser Road, Thurmont. 10:30 a.m. Ages 5 - 8 interested in music and singing will enjoy this sample class presented by the Frederick Children's Chorus staff. 301-600-7212 or www.fcpl.org.
- 7....Registration for CYA Lacrosse, Thurmont Middle School, Thurmont, MD. 9:00 a.m.-12:00 p.m. Open to boys and girls ages 5-14. Fee: \$85/player. Register early or by mail, go online at www.leaguelineup.com/catlax for registration forms. Send to Laurie Wilhelm, Attn CYA LAX, 5149 Wigville Rd., Thurmont, MD 21788.
- 8....Sing Fest, Creagerstown Chapel, 8619 Creagerstown Rd. 3:00 p.m. Featuring hand bell choir and several vocal groups. Contact 301-418-1760.

- 8-10 "Bessie Darling" auditions, at St. John's Lutheran Church Social Hall. 7:00 p.m. Beth Watson 301-416-0864.
- 8-29 Introduction to Handbell Ringing, Graceham Moravian Church, 8231 Rocky Ridge Road, Thurmont, MD. Four-week course—on Sundays—to teach basics of handbell ringing. Noon-1:00 p.m. Open to anyone ages 12 and up. Contact Sue Koenig 301-271-2379.
- 9....Daytime Bible Study, Victory Tabernacle invites women of the community to join, corner of Kellys Store Rd. and Catocin Furnace Rd., Thurmont, MD. Held on Mondays, from 10:00-11:30 a.m., beginning on January 9. No cost. Preregister by January 6. Kathy Jenkins 301-271-3658.
- 10 ..Soup and Sandwich Sale, St. John's Lutheran Church, 8619 Blacks Mill Rd., Creagerstown, MD. Soups (\$4.50/qt.): Vegetable Beef, Ham & Bean, Turkey Corn, Chicken Noodle. Sandwiches (\$3.00/ea. or \$33/doz.): Country Ham, Smoked Turkey, Chicken Salad. Order by January 10, 2012. Pick-up: January 26, Parish House, 11:00 a.m.-5:00 p.m. To order, call Linda at 301-898-5167.
- 11 ..Ornaments created for the Community Remembrance Tree can be claimed from 5:15 - 6:30 at the Cozy Restaurant, Thurmont. If you are unable to pick up your ornament at that time, call 301-606-5797.
- 11 ..Special Explorer's Registration Night for Youth Interested in Fire Procedures, Vigilant Hose Company Fire Hall, Emmitsburg, MD. Event sponsored by the Vigilant Hose Company Junior Fire Company Organization. 7:00 p.m. For co-ed youth (ages 14-21). Registration fees waived for this one night. Youth must be accompanied by a parent to register. For more information, please contact Bob Rosensteel, Executive Youth Advisor, at 301-447-6272.
- 20 ..Rock Out at the Library, Thurmont Regional Library, East Moser Road, Thurmont. 2:00-3:30 p.m. Kids ages

community event calendar

- 8-11 will play like rock stars on their own custom-made air guitar! We'll supply materials. Then they can try out rock n' roll skills on Wii Guitar Hero. Come as you are or dress like a star. Light refreshments will be served. 301-600-7212 or www.fcpl.org.
- 21 ..Rock N Roll Relics Dance, hosted by Emmitsburg Business and Professional Association (EBPA), Mother Seton School, 100 Creamery Road, Emmitsburg, MD, from 8:00 p.m.-Midnight. Original Rock & Roll sounds from the 50s and 60s. BYOB. Proceeds benefit EBPA. For tickets, call Bob Rosensteel at 301-447-6272 or Kim Gore at 240-357-7043.
- 21 ..Twins Winter Medieval Ball, Thurmont Regional Library, Thurmont, MD. 2:00-5:00 p.m. Dress as your favorite knight or princess. Enjoy dancing, games, and crafts. Following the dance will be a showing of Enchanted. Light refreshments served. Event is free; aimed at tweens, ages 9-14. No registration necessary. 301-600-1630 or www.fcpl.org.
- 21 ..Registration for CYA Lacrosse, Thurmont Middle School, Thurmont, MD. 9:00 a.m.-12:00 p.m. Open to boys and girls ages 5-14. Fee: \$85/player. Register early or by mail, go online at www.leaguelineup.com/catlax for registration forms. Send to Laurie Wilhelm, Attn CYA LAX, 5149 Wigville Rd., Thurmont, MD 21788.
- 21 ..Thurmont Little League Spring Registration, Thurmont American Legion, Thurmont, MD. 9:00 a.m.-2:00 p.m. Register online at www.eteamz.com/thurmont/.
- 23 ..Red Cross Blood Drive, Our Lady of Mount Carmel Church, 103 N. Church Street, Thurmont, MD. 2:00-8:00 p.m. To schedule an appointment or for more information, call Terry at 301-271-7872. Walk-ins welcome.
- 26 ..Minute to Win It, Thurmont Regional Library, East Moser Road, Thurmont. 6:00 p.m. Hey Teens - Are you up for a challenge and have nerves of steel? Join us and bring a friend! 301-600-7212 or www.fcpl.org.
- 27 ..Kids in Motion, Thurmont Regional Library, East Moser Road, Thurmont. 10:30 a.m. and 11:30 a.m. for preschoolers. Movement builds strong bodies and minds! This action-packed story program combines creative literacy games with pre-sport movement activities in a format that lets children explore and learn at their own pace. For children ages 3-5 with an adult to partner with them in activities. Wear clothing suitable for movement! 301-600-7212 or www.fcpl.org.
- 27 ..Lego Block Party, Thurmont Regional Library, E. Moser Road, Thurmont. 2:00 p.m. Provided: Lego blocks for the older kids; Mega Blocks for the younger kids. Great for all ages and abilities. 301-600-7200.
- 29 ..Button Bracelet Craft Party for Teens, Thurmont Regional Library, E. Moser Road, Thurmont. 6:00 p.m. Grades 6-12. 301-600-7200.
- 29 ..Wags for Hope - Read to a New Dog Friend, Thurmont Regional Library, East Moser Road, Thurmont. 2:00 p.m. Wags is back for a one time program! Improve your reading skills and make a new friend by reading aloud to a therapy dog and its owner/trainer! All reading levels welcome. 301-600-7212 or www.fcpl.org.

february

- 4....Registration for CYA Lacrosse, Thurmont Middle School, Thurmont, MD. 9:00 a.m.-12:00 p.m. Open to boys and girls ages 5-14. Fee: \$85/player. Register early or by mail, go online at www.leaguelineup.com/catlax for registration forms. Send to Laurie Wilhelm, Attn CYA LAX, 5149 Wigville Rd., Thurmont, MD 21788.
- 11 ..The 6th American Cancer Society Benefit Dance, sponsored by Relay for Life Team The G.O.L.F. C.L.U.B., Thurmont American Legion, 8 Park Lane, Thurmont, MD. Featuring Sticktime. 8:00 p.m.-Midnight. Tickets: minimum \$10.00 donation per person (300 tickets to sell). Proceeds benefit the American Cancer Society. Must be 21 years old to attend. Doors open 7:00 p.m. Chips and pretzels provided. Cash Bar. Lisa Reed at 240-315-5331 or Lynn Ott at 301-447-3060.
- 27 ..CYA Competition Cheerleading Registration, Thurmont Regional Library, Small Conference Room, Thurmont, MD. 6:30-7:45 p.m. Penni Wiltrout at 301-748-0765 or Carrie Ridenour at 240-315-5021 or email cyacompetitioncheer@hotmail.com.



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